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TRANSCRIPT OF THE MINUTES

Of the

COMMITTEE ON HIGHER EDUCATION

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September 20, 2021 Start: 10:08 a.m. Recess: 12:20 p.m.

HELD AT: Remote Hearing (Virtual Room 3)

B E F O R E: Inez Barron CHAIRPERSON

COUNCIL MEMBERS: Ydanis Rodriguez Eric A. Ulrich Laurie A. Cumbo Alan N. Maisel

A P P E A R A N C E S (CONTINUED)

Dr. Denise Maybank, Interim Vice Chancellor for Student Affairs and Enrollment Management CUNY

Ryan Camire, Director for Mental Health and Wellness CUNY

Remy Salas, Campaign Director CUNY Rising Alliance

Anna Compton, CUNY Student Hunter College

Azania Sammie Maitland, CUNY Student Hunter College

Gregory Kuhlman, Director of Personal Counseling Brooklyn College

Lisa Nishimura, Engagement Coordinator Young Invincibles

1 COMMITTEE ON HIGHER EDUCATION 4 2 SERGEANT-AT-ARMS: We can start the 3 recordings. PC recording is underway. 4 SERGEANT-AT-ARMS: Backup is rolling. 5 SERGEANT-AT-ARMS: Recording to the cloud 6 all set. 7 SERGEANT-AT-ARMS: Sergeant Polite? 8 SERGEANT-AT-ARMS: Thank you. Good morning 9 and welcome to the remote hearing on the Committee on Higher Education. Will Council members and staff 10 11 please turn on their video at this time? Thank you. 12 To minimize disruptions, please place all cell phones 13 and electronics to vibrate. You may send your 14 testimony to testimony@Council.NYC.gov. Once again, 15 that's testimony@Council.NYC.gov. Chair Barron, we 16 are ready to begin. 17 CHAIRPERSON BARRON: Good morning and 18 thank you joining the Committee on Higher Education 19 for this very important oversight hearing on mental health resources for students at CUNY. I am Council 20 21 member Inez Barron and I am the Chair of the Committee on Higher Education and a proud CUNY alum. 22 23 During today's hearing, which will be an update on 24 the Committee's October 2020 hearing, we will examine 25 a longstanding issue that has been exacerbated by the

pandemic, but remains critical to the success and 2 3 wellbeing of the entire CUNY community: access to 4 mental health resources. The college experience is a uniquely challenging period of transition as student 5 adapt to new academic, financial, and social 6 7 expectations. Additionally, many college aged individuals are in a critical age of development 8 9 known as emerging adulthood which is characterized by a complex physical and psychological -- no. 10 11 psychosocial transitions. It is during this vulnerable period, between the ages of 18 to 25, 12 where many mental health disorders may emerge. With 13 14 the exception of dementia, emerging adults experience 15 more of every diagnosed mental health disorder than 16 any other group. Prior to the pandemic, a 2019 17 health CUNY survey found one in six CUNY undergrads 18 experienced depression and moderate to severe 19 psychological distress. One in five reported 20 experiencing anxiety disorders and, most worryingly, 21 75 percent of students who reported symptoms of depression, anxiety, or psychological distress have 2.2 23 not seen a mental health professional in the previous year. Now, while we have been all deeply affected by 24 the immense suffering loss and social upheaval caused 25

2 by the pandemic, young adults, in particular, have 3 been disproportionately impacted. In a recent CDC 4 survey, 63 percent of young adults reported experiencing anxiety and depression, a rate second 5 only to that of essential workers and unpaid 6 7 careqivers. Moreover, this is only compounded by the 8 continued racism, continued white privilege, and 9 continued oppression that exists in our everyday lives. We owe it to CUNY students, most of whom are 10 11 black and brown, and a great majority of whom are 12 graduates from public schools where the city and 13 state failed to me their mental means and now they 14 continue to struggle in college. Most of these 15 students are also well income and many are first-time 16 generation college students. We know that academic 17 success is closely tied to a student's mental well-18 being and these students deserve culturally competent 19 counseling, including academic and career counseling. 20 We are adding turning point not only in this city, 21 but in the country and we must meet the moment. At 2.2 today's hearing, the committee will seek to gain a 23 better understanding of mental health resources offered at CUNY, including issues and ongoing 24 concerns that emerged or were complicated by the 25

2 pandemic. This includes student experiences, as well 3 as how the University and campuses promote available mental health services to students. The committee 4 will also seek to understand utilization rates, as 5 well as how to better serve students in a post 6 7 pandemic world. Finally, the committee is interested in understanding how CUNY ensures its counseling 8 9 services are culturally responsive to the universities diverse student population. 10 In, 11 preparing for this hearing, I would like to think Mr. 12 Omowale Clay [sp?], My Chief of Staff, Ms. Indigo--13 Indigo Washington, my Director of Legislation in Μ. 14 CUNY liaison, Chloe Rivera, the committee's senior 15 policy analyst, Amy Briggs, the committee's counsel, Michelle Peregrine, the committee's financial 16 17 analyst, and Frank Perez, the committee's community 18 engagement representative. Lastly, I would like to 19 thank all of the Council staff, including especially 20 the sergeant-at-arms who are working very hard behind 21 the scenes to make this hearing possible. And before 2.2 we hear from the administration, I'm trying to find 23 them pull up my next-- I want to read into the record a letter which I received from the black 24

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1	COMMITTEE ON HIGHER EDUCATION 8
2	faculty of CUNY. And if you bear with me, I should
3	be able to get it. I believe this is it. Yes.
4	The Association of black faculty and
5	staff of CUNY consist of a range of faculty and staff
6	across CUNY who work in various disciplines,
7	departments , and programs. This hearing on mental
8	health resources for CUNY students in view of the
9	reopening of campuses in the midst of a pandemic is
10	very timely. Members of our Association review the
11	status of how CUNY students have been affected by the
12	reopening. Although classes began on August 25th,
13	2021, we found that there were a number of issues
14	which are affecting student enrollment in individual
15	campuses because of the readiness of the reopening of
16	campuses which has been left up to individual
17	campuses. This has resulted in morphed differences
18	across the campuses and in and even this regarding
19	the implementation of those plans. Research on the
20	dire impact of COVID on the black and brown community
21	is well documented. These race related and economic
22	factors should be taken into account to ensure the
23	success of black, Latino, and people of color
24	students who often face financial hardships and
25	serious challenges in maintaining social distance of

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their homes and community and have not been 2 3 adequately supported by CUNY. Regarding instruction 4 modes, in person instruction varies widely with one percent in person instruction in New York City Tech 5 to 28 percent in person instruction into Hunter 6 7 College. Hybrid instruction varies from six percent 8 at Medgar Evers College to 38 percent at Hunter 9 College. In an online survey of the current climate around COVID and their experiences with remote 10 11 learning, 124 of 227 Sikh students said they preferred fully online classes. 52 of 227 stated 12 13 that they preferred hybrid courses -- a mix of online 14 and in-person classes. Only 27 students preferred in 15 person only. When asked how much they were concerned about the Delta variant, 115 of 227 students said 16 they were very concerned and 55 of 227 students said 17 18 that they were somewhat concerned. In person 19 courses are not only about social distancing in the 20 classroom, but also how students travel to campus. 21 Some students take trains, subways, and buses to get to campus. There are risks of getting COVID 19 in 2.2 23 Delta. We are not only students or staff, but also someone's children, partner, parent, sibling, and 24 grandchild and friend. Not all college students live 25

1	COMMITTEE ON HIGHER EDUCATION 10
2	by themselves. Many of us live with parents and
3	grandparents in children who are not vaccinated.
4	Education is super important to everyone, but if I
5	can get to the same knowledge online is going to
6	school, why should I risk my life? The
7	recommendation that instruction modes increased in
8	the spring semester should be revisited.
9	Ventilation. Although campuses were
10	reviewed to ensure that proper ventilation protocols
11	were being used, there are some campuses that still
12	have ventilation problems. For example, at Queens in
13	Hunter College, some windows cannot be opened. All
14	areas that have evidence of ventilation problems
15	should be closed toe faculty, staff, and students
16	until there is an independent verification that these
17	areas are properly ventilated. There are no clear
18	contact tracing protocols for students and one
19	college, after being told that they were exposed to
20	COVID 19, students were asked to sit in the last row.
21	Some colleges are relying on an audio system with
22	respect to student vaccination.
23	Student comments: been exposed to a
24	person who had positive COVID, although he was
25	vaccinated. That had put my entire family on high
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alert because most of us are vaccinated and my 2 3 youngest of 13 months isn't. This is making it very 4 stressful for everyone in the household. This can 5 happen inside a campus even if precautionary actions are being taken into consideration. I suggest going 6 7 back to fully online classes until everyone of all ages have been vaccinated or there is no trace of 8 9 this disease that will be menace to our homes.

10 Student performance. The rush to 11 return students to campus without protocols that 12 allow for all students to return without interruption 13 to their instruction will have a disparate impact. We're very concerned about the October 7 deadline for 14 15 students taking in person or hybrid classes to be 16 fully vaccinated. It is our understanding that 17 students who fail to meet this deadline will be 18 dropped from classes without refunds. So far, we 19 fear this policy will have a disproportionate adverse effect on black and brown students who come from the 20 communities with the lowest vaccination and rampant 21 misinformation about the vaccine. 2.2 They stand the 23 possibility of not only losing this semester, but perhaps a significant interruption in the educational 24 25 We hope that the administration is careers.

1COMMITTEE ON HIGHER EDUCATION122sensitive to these concerns and develops strategies3to mitigate the impact on these vulnerable4populations. Even more troubling, it appears that5there is no appeal process for students who do not6meet the October 7th deadline.

In summary, CUNY must go beyond strong 7 words and move to strong and decisive action to 8 9 address issues of equality, racial justice, and antiblackness. The pandemic has exacerbated these 10 11 issues. CUNY must delve deeper into the structural 12 funding policies and unofficial practices that 13 continue to sustain the inhospitable community that 14 black, Latino, and people of color students and 15 faculty and staff experience at CUNY. We fear that, without serious intervention, these continued actions 16 17 will lead to a precipitous decline of students of 18 color, faculty, and staff engaged at CUNY. This 19 would be a grave miscarriage of racial justice. 20 Black, Latino, people of color students 21 have been negatively impacted by COVID. There should

have been a uniform plan and timeframe that accounted for and gave weight to maximum proof of vaccination for returning students and faculty to campus. It appears that the accelerated reopening was driven by

1	COMMITTEE ON HIGHER EDUCATION 13
2	budgetary needs rather than the health of the
3	students. We recommend that the chancellery revisit
4	its reopening plans and consult with medical
5	professionals, faculty, campus advisors, staff, and
6	student leaders so that the views of all stakeholders
7	are given full consideration. Given the health and
8	safety concerns, we must act as one university and
9	not 25 separate campuses. Respectfully, the CUNY
10	Association of Black Faculty and Staff.
11	And I think that that letter will help to
12	guide many of the questions and discussions that we
13	are going to engage in in today's hearing. And with
14	that, I will now turn it back to Amy, our counsel, so
15	that she can direct us further.
16	COMMITTEE COUNSEL: Thank you, Chair
17	Barron. My name is Amy Briggs. I serve as counsel
18	to the Committee on Higher Education at the New York
19	City Counsel. I will be moderating today's hearing
20	and calling panelists to testify. Before we begin,
21	please remember that everyone will be on mute until I
22	call on you to testify. After you are called on, you
23	will be unmuted by a member of our staff. Note that
24	there will be a few seconds delay before you are
25	unmuted and we can hear you. For public testimony, I
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1	COMMITTEE ON HIGHER EDUCATION 14
2	will call up individuals in panels. Please listen
3	for your name and I will periodically announce the
4	next few panelists. Once I call your name, a member
5	of our staff will unmute you, the sergeant-at-arms
6	will set a clock and give you the go ahead to begin
7	your testimony. All public testimony will be limited
8	to three minutes. After I call your name, please
9	wait for the sergeant-at-arms to announce that you
10	may begin before starting your testimony. For
11	today's hearing, the first panel will include
12	representatives from CUNY followed by Council member
13	questions, then public testimony. For CUNY, we will
14	have Dr. Denise Maybank, interim Vice Chancellor for
15	student affairs and enrollment management, and Ryan
16	Camire I'm sorry. Hopefully I pronounced that
17	correctly University director for mental health
18	and wellness who will be answering questions. I will
19	now administered the oath to the administration.
20	When you hear your name, please respond once a member
21	of our staff unmute you. Dr. Maybank and Director
22	Camire, do you affirm to tell the truth, the whole
23	truth, and nothing but the truth before this
24	committee and to respond honestly to Council member
25	questions? Vice Chancellor Maybank?
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1	COMMITTEE ON HIGHER EDUCATION 15
2	VICE CHANCELLOR MAYBANK: I do.
3	COMMITTEE COUNSEL: Thank you.
4	Director Camire?
5	DIRECTOR CAMIRE: I do.
6	COMMITTEE COUNSEL: Thank you, Vice
7	Chancellor Maybank, you may now begin your testimony.
8	VICE CHANCELLOR MAYBANK: Thank you.
9	I'm hoping you can hear me?
10	CHAIRPERSON BARRON: Yes.
11	VICE CHANCELLOR MAYBANK: Thank you.
12	So, good morning, Chairperson Barron and members of
13	the Committee on Higher Education. Thank you for the
14	opportunity to provide testimony before you as we
15	offer an update for mental health services for the
16	City University of New York and its students. Excuse
17	me. My name is Denise Maybank and I am honored to
18	serve as the interim Vice Chancellor for student
19	affairs and enrollment management for CUNY. I began
20	my tenure at the City University of New York with the
21	opportunity to come before you on October 14th, 2020
22	as you and the Committee on Mental Health,
23	Disabilities, and Addictions received testimony on
24	mental health services at CUNY. I must admit I was
25	excited about the opportunity to come downtown and to

1	COMMITTEE ON HIGHER EDUCATION 16
2	be in the same space with all of you and to finally
3	meet you in person and the rug was pulled out from
4	under me. It is my hope we will get to that day when
5	I will be able to meet you in person rather than
6	continue in the Brady Bunch space we are in today.
7	From the experience I had last year, I know you were
8	keenly aware of the need for mental health services
9	among college students and we just heard Chairperson
10	Barron talk more about that in her introductory
11	comments. But the fact is, college students of all
12	ages, from all racial and ethnic background, at all
13	socioeconomic levels, and participating in all levels
14	of study experience challenges that are associated
15	with mental health and the need for support. You are
16	also clearly aware of the impact this pandemic has
17	had on the socioemotional well-being and mental
18	health of our students. As you know, today, I am
19	accompanied by Ryan Camire who serves as the
20	University director of mental health and wellness.
21	He is also prepared to offer perspective on
22	university wide mental health services and data. My
23	focus today is on providing you with updates on
24	mental health needs, resources, and services across
25	CUNY since we last came together for this purpose.

1	COMMITTEE ON HIGHER EDUCATION 17
2	So I will not repeat previous testimony as I know you
3	have the written version from last year. But I may
4	reference some of the previous information for
5	purposes of context. So I want to respond to just a
6	couple of the things that Chairperson Barron shared
7	from the letter before I jump into my prepared
8	testimony because I think it relevant. As you know,
9	we came before the committee, I think it was last
10	month, even, to share information about reopening
11	plans. And so, as I listened to the overtures and
12	the passion from the black faculty and staff of the
13	University, I certainly understand the concerns that
14	they are expressing. Some of those issues, I
15	believe, we will need to provide the committee with
16	more information on as we go forward. So a copy of
17	the communication or, at least, bullet points from
18	that communication would be very useful because I
19	don't want to leave it unaddressed. The things they
20	raised in terms of concern about their own health and
21	wellbeing and the space that we are asking people to
22	provide instruction in matters. It is not something
23	that we are ignoring or that we are casting a blind
24	eye on. It's important that we pay attention to
25	ventilation, to space, to distancing, and to all of

2 those things. I was trying to keep up and take notes and make sure that I could hit some of these points, 3 4 so please forgive me if I don't get to everything 5 that was really significant, but I definitely want to be certain that I, along with the team of folks from 6 7 the City University of New York who are here today 8 and listening today, that we do get back to you in 9 response to those things. I want to make sure that I talk a little bit about where we are with the October 10 11 7th deadline, that that deadline was established in 12 the context of the policy for student vaccination. 13 So it was said as a 45 day date from the time that 14 the vaccination was approved by the FDA. So that is 15 how that date comes into being and we can go into 16 more depth about how we are going to manage that. 17 But, yes. Campuses will be in a position to think 18 about what is happening with individual students and 19 to be able to respond to that, as well. So I did 20 want to make sure I hit those things and to let you know that we are not insensitive to what all of this 21 2.2 means because each of us is impacted by what is 23 happening with the Delta variant. Each of us is impacted by the interaction with people we don't know 24 the status of. We don't know if people are 25

2 vaccinated. We don't know what jeopardy we may put 3 ourselves in and I understand the commute now that 4 I'm doing it in New York. I totally get it. When 5 you're sitting on a train, whether a commuter train or a subway, and you're near people, you start to 6 7 wonder. You really start to wonder and I know that, 8 if I get a tickle in my throat, I'm afraid to cough 9 because I don't want anybody to think that anything is going on with me in that moment. So, I totally 10 11 understand that I am not insensitive. I may be 12 making light right now, but I truly do understand 13 the impact of all of that and what we are concerned about taking home to older members of our family, to 14 15 younger members of our family and to possible 16 impacts. So I did not want to go past that without 17 some recognition and the commitment to getting back 18 to you on the points that were made. And we will 19 gladly receive that more specifically. So I am going 20 to go back to the prepared testimony and offer some 21 things about what we heard last time when we were 2.2 present here because I think that that is important. 23 I, as a newbie to the CUNY experience, listened to students testify last year and learned of their pain 24 25 and concern firsthand. I heard experience that left

1	COMMITTEE ON HIGHER EDUCATION 20
2	me concerned about our ability to meet the needs of
3	students stressed by life's circumstances, compounded
4	by the unprecedented factors of the pandemic. I had
5	to accept mental health issues and services as a
6	critical area on which I need to focus effort and
7	attention. Through the voice of Juvani, she let us
8	know the significant impact being inflicted by the
9	pandemic on students in the presence of limited
10	resources across the University. Amber emphasized
11	the urgent need for mental health services and her
12	person experience with long wait times and time
13	limited service. Neha drew attention to the lack of
14	awareness of services, insufficient services, and the
15	need for better marketing, communication, and
16	coordination to increase access for students. Anna
17	confronted us with the reality of seeking continuity
18	of care and services to manage anxiety as she
19	transferred to CUNY and the difficulty she
20	experienced in connecting with services despite
21	having insurance which so many think is the answer to
22	it all. The top three presenting problems identified
23	by students were CUNY counseling services and through
24	the technology-based support services were and
25	continue to be anxiety, depression, and academics
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1	COMMITTEE ON HIGHER EDUCATION 21
2	and, likely, how all of those things come together,
3	as well. Counseling center directors advocate the
4	need for additional practitioners to meet the
5	burgeoning demand for services. Students come to the
6	place they know to find help with the elusive and
7	unknown experiences of remote learning challenges,
8	displacement, loss of friends and family, general
9	anxiety, and intensified mental health and emotional
10	distress. Already stressed counseling centers and
11	practitioners were and are being challenged to
12	respond to an increased demand for services. I will
13	tell you that the individuals who serve our students
14	through out counseling centers are amazingly
15	committed to what they do far and beyond the things
16	that we might just think in the ordinary course of
17	the responsibility. They are concerned, committed,
18	and making every effort to go above and beyond to be
19	certain they are providing the needed support to our
20	students, whether that be in individual, in group, or
21	through other tools that we have at our disposal.
22	What did we do based on what we heard? So I will
23	start by saying to Juvani, Amber, Neha, and Anna,
24	along with the others who testified last year, we
25	heard you and your voices continue to resound in my

1	COMMITTEE ON HIGHER EDUCATION 22					
2	ears, certainly. I had the privilege of getting					
3	acquainted with those representative from Young					
4	Invincibles and we still meet with them and hear the					
5	things that they know from the experiences of working					
6	with students from CUNY. I think about the young					
7	woman who, last year, couldn't testify because it					
8	just became overwhelming for her and I reached out to					
9	her, as well, last year. And so, it is a matter of					
10	recognizing just what is real in this space that is					
11	just clouded by COVID, but also is real for our					
12	students without any additional pressure. They have					
13	the pressure of being a student while also managing					
14	all of the other roles in their lives and we need to					
15	be ready and responsive to support them and to be					
16	certain they can accomplish the ends for which they					
17	come. So as you may recall, \$5 million of the funds					
18	received by the University through the federal CARES					
19	Act was allocated to expand mental health related					
20	tools and services. Funds were distributed to					
21	campuses in a portion of the funds was designated					
22	centrally to support the procurement of university					
23	wide tools. We had the opportunity to procure tools					
24	and resources for access to quality mental health					
25	services, addressing the needs we know our Paramount					

2 for our population of students in the practitioners 3 serving them. Crisis text line has been operational for six months and over 600 students have utilized 4 the crisis texting service to discuss issues such as 5 academics, anxiety, and depression -- the top three 6 7 presenting concerns. Crisis text line is free, available 24 hours, seven days a week and do support 8 9 through trained counselors for those in crisis and is accessible from anywhere in the United States. Over 10 11 200 faculty and staff have completed training with 12 Cognito software to respond to students with mental 13 health needs into provide appropriate resources. 14 This suite of real-time simulation products helps to 15 educate faculty and staff about mental health in 16 suicide prevention, which supports improved academic 17 performance, student retention, and campus safety. 18 Nearly 5000 international and out-of-state students 19 have access to Talk Space with enrolled users 20 reporting anxiety and depression as the two top 21 issues of concern. Talk Space is the most convenient and affordable way to connect with a licensed 2.2 23 therapist all from the privacy of one's own personal device. Students can send their therapists a text, 24 audio, picture, or video message at any time and they 25

2 will respond daily, five days a week. Talk Space will remain available at least through the next two 3 4 semesters the supplement services for students using the virtual learning environment or preferring this 5 option. Over 20 percent of the faculty and staff 6 7 across the University have completed the grief and bereavement and self-care and resilience Blackboard 8 9 courses offered since fall 2020. These courses were offered to support employees in their own care into a 10 11 them in better understanding the experiences been 12 shared during the pandemic. The 10 Minute Mind 13 mindfulness course has 34,972 registered CUNY users 14 with over 80 percent of the users being students and 15 using the course more than three times weekly. This 16 online, guided mindfulness meditation program, 17 focusing on reducing stress and anxiety by 10 minute 18 daily mindfulness exercise is available to all 19 students, faculty, and staff for daily mindfulness 20 meditation practices. Sometimes, you just need to 21 pull away and have some time to ground yourself in 2.2 the midst of all that is going on around you. Tele-23 counseling has been successful at CUNY with usage numbers and requests for services remaining steady 24 throughout the 2021 academic year. While adherents 25

1	COMMITTEE ON HIGHER EDUCATION 25				
2	with counseling services has risen dramatically,				
3	specific figures for the academic year are still				
4	being tabulated and results will be provided to the				
5	Council when calculations are complete. Marketing				
6	and communication was raised as a concern last year				
7	and it has increased with the support of the central				
8	office communications team. This includes a revamped				
9	website, a larger social media presence,				
10	communications sent directly to students regarding				
11	until health support, and press briefings on major				
12	initiatives. We have monitored a number of marketing				
13	and communication metrics following the feedback				
14	during the last year. Since the start of the COVID				
15	19 pandemic, CUNY's social media accounts have posted				
16	about mental health or ovarian to hundred times,				
17	reaching more than 700,000 unique users. In that				
18	time span, we have posted about mental health on				
19	twitter 94 times, yielding 459,280 impressions and				
20	7290 engagement. On Facebook, we have posted about				
21	mental health 49 times, reaching 114,194 users and				
22	yielding 122,810 impressions and 2964 engagements.				
23	On Instagram, we have posted about mental health 57				
24	times, reaching 138,099 users in yielding 151,955				
25	impressions. Now, I did not check to see how this				

1	COMMITTEE ON HIGHER EDUCATION 26					
2	stacks up against one of the more popular things that					
3	are going on out there in terms of all of these					
4	spaces. Facebook, Instagram, and so forth, but I					
5	know it's better than it was last year for us. So,					
6	you know, I'm hoping that we can keep up with Beyoncé					
7	and Jay-Z and whatever is happening in Drake's life					
8	at any given moment, but we're doing better in making					
9	sure that students know what is happening at CUNY in					
10	these spaces. To announce the new crisis text line					
11	service, the press release was published that					
12	received 9945 page views and 4501 unique visitors.					
13	We also created a social media toolkit with various					
14	graphics and language shared by social media channels					
15	across CUNY's 25 colleges. A CUNY brief newsletter					
16	from February 2021 announced the crisis text line					
17	service and other mental health resources and was					
18	opened by 79,425 members of the CUNY community,					
19	including 69,253 students. Since the summer, we have					
20	added a mental health resources footer to each CUNY					
21	brief newsletter helping students access our resource					
22	hub quickly and easily. Our mental health resource					
23	hub webpage received 45,639 page views and 30,125					
24	unique visitors. Our CUNY student continuity page,					
25	now known as the CUNY Student Survival Guide, was					
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1	COMMITTEE ON HIGHER EDUCATION 27
2	launched in April 2020 to host an abundance of mental
3	health tips and resources and has since received
4	59,419 page views and 50,615 unique visitors. Those
5	are all numbers. There are faces and people behind
6	those numbers and that is what matters most. We need
7	to know that the information is landing. We need to
8	know that students are getting what they need from
9	all of these opens, these likes, these impressions,
10	and connections. That is what matters most. And so,
11	we need to be about the business of figuring out
12	impact, as well. When I came before you last year,
13	though full-time equivalent of mental health
14	practitioners available across the University was
15	108. As we begin this academic year, there has been
16	an increase in the FTE number of practitioners
17	providing mental health services across the
18	University. We have more substantially increased the
19	number of clinicians available to CUNY students
20	through the stimulus funding I will talk about in a
21	moment. The counselor to student ratio CUNY was one
22	to 2550 in the fall of 2019. That same ratio
23	improved in fall 2022 one to 2374 students. For
24	spring 2021, the ratio was reduced to one clinician
25	for every 2151 students. Campuses have made the
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1	COMMITTEE ON HIGHER EDUCATION 28					
2	decision to invest in staffing to provide more direct					
3	services resulting in this reduction in the ratio.					
4	At the time that I finalize my written testimony, I					
5	did not have the details I am about to share with					
6	you. We want you to know that campuses were able to					
7	add 54 part-time and nine full-time clinicians using					
8	the CARES Act funding, taking us to total full-time					
9	a: of 146 practitioners. This increase in					
10	practitioners reduced the clinician to student ratio					
11	for the spring semester to one clinician for every					
12	1621 students, bringing us much closer to the IACS					
13	standard. And IACS is the International					
14	Accreditation of Counseling Services. Bringing us					
15	closer to their standard of one clinician for every					
16	1500 students. These are temporary lines based on					
17	one times stimulus funds. The need for additional					
18	base budget investment is necessary to establish					
19	permanent positions beyond the next couple of years.					
20	What investments have been made? As Chairperson					
21	Barron emphasized during the last related hearing,					
22	the commitment of funds to address these issues is					
23	critical. The investment in CUNY is necessary in					
24	order to assure reasonable levels of service to me					
25	student mental health needs. The federal stimulus					

1	COMMITTEE ON HIGHER EDUCATION 29					
2	dollars providing to colleges and universities have					
3	helped us me some of those means. Under the CARES					
4	Act. Comparable amounts have been designated from					
5	the Coronavirus Response and Relieve supplemental					
6	Appropriations Act, known as CRRSA, and the latest					
7	American Rescue Plan Act, ARPA, and those funds will					
8	be available, as well. These resources, along with					
9	the \$1 million allocation from the state,					
10	specifically for mental health services, provide a					
11	recent allotment of funds that will total \$14,400 to					
12	enhance mental I'm sorry. \$14,400,000 to enhance					
13	mental health services. Yeah. That wasn't					
14	impressive at all when I said it the first time.					
15	Which is supplemented by increased funding and for					
16	the individual colleges, as well. The use resources					
17	certainly make a difference, but additional					
18	investment in commitment required to address the need					
19	for more practitioners, reduction in wait time, and					
20	enhanced service ozone response to increased demand					
21	due to pandemic -related stressors. The \$1 million					
22	provided by the state will afford opportunity to					
23	establish some permanent positions, but will not get					
24	us to those being added through will not get us to					
25	the same level of the number being added from					

2 stimulus funds into the level of FTE necessary to 3 mirror the IACS standard. Additional investment is 4 required. So, all that said, there is still more 5 that needs to be done. You are probably aware of the initiatives to alleviate some of the stressors that 6 7 exist for CUNY students. I highlight two initiatives 8 in particular: the CUNY Comeback Program coupled with 9 the release of transcript and diploma holds for those with outstanding debt to the university. The CUNY 10 11 Comeback program was launched by Chancellor Matos Rodriguez to relieve the tuition and fee debt of 12 approximately 50,000 CUNY students using up to \$125 13 million in federal stimulus funds. This debt 14 15 forgiveness initiative is complemented by a policy change lifting transcript and diploma holds for 16 students with outstanding debt to the university. 17 18 These initiatives created the opportunity for 19 students to reenroll starting this semester and to 20 advance their educational and career goals. This 21 semester, we have heard students express an added 2.2 anxiety of having to socialize in person again. Our 23 marketing and communications team is rolling out a Here For You mental health campaign to showcase the 24 best of CUNY's mental health resources. We will have 25

1	COMMITTEE ON HIGHER EDUCATION 31					
2	new graphics of these resources, graphics of 40 new					
3	mental health tips, welcoming video messages from					
4	counseling center staff members, in a revamped mental					
5	health webpage. We are also launching CUNY's very					
6	first student podcast with the inaugural episode					
7	featuring our own CUNY trustee, Juvani Piquant,					
8	discussing the importance of mental health and her					
9	personal experiences. By making CUNY's commitment to					
10	students' mental health clear priority, we hope to					
11	support their success during this unprecedented in					
12	transitional semester. I mentioned the directors and					
13	clinicians and I again want to emphasize that they					
14	are committed to serving our students and they					
15	continue to advocate for resources necessary to make					
16	a difference. Who would know better what is needed					
17	than those who are confronted with that need? Does					
18	the counseling psychologist and someone who has					
19	worked in campus counseling centers, I know what it					
20	means when you know there might be a term limit for					
21	services and you are drawing close to the close of					
22	that with a client you have worked with for a while.					
23	And you know that more may be necessary, but we have					
24	to do what is therapeutically appropriate and also					
25	allow for as many students to get what they need as					
I						

1	COMMITTEE ON HIGHER EDUCATION 32				
2	possible. So, just herald the work of our counseling				
3	center staff, but recognize there is so much more				
4	that we need to do to support them and assure they				
5	are provided with the services necessary. Our				
6	colleagues at Healthy CUNY survey students regarding				
7	their well-being from a variety of perspectives. The				
8	data and analyses help us to have a good sense of				
9	what is happening in this regard among CUNY students.				
10	Recently, these researchers surveyed students				
11	regarding their health insurance status and use of				
12	health services. Preliminary analysis indicates 10.2				
13	percent of survey respondents lacked health				
14	insurance. Referral for services to address mental				
15	health needs of CUNY students will remain a reality.				
16	Healthcare insurance is essential for this purpose.				
17	This is a reality deserving attention in response in				
18	order to assure access to necessary mental health				
19	services. According to a preliminary analysis of the				
20	recent student parents survey conducted by CUNY, 81				
21	percent of students utilizing counseling reported it				
22	been very helpful and 96 percent of students				
23	utilizing services reported it being somewhat helpful				
24	or very helpful. We are grateful to know that this				
25	segment of students is highly satisfied with the				

1	COMMITTEE ON HIGHER EDUCATION 33					
2	counseling services they have received and we					
3	recognize the need to extend that experience for					
4	other students who do not express this level of					
5	satisfaction. I hope, should I have the privilege of					
6	coming before you on this topic again, that I will be					
7	able to bring you news of greater investment in					
8	mental health services, resulting in an even more					
9	improved clinician to student ratio. Along with data					
10	and information about the effective uses of resources					
11	and services being made available, the City Council					
12	has been incredibly supportive of CUNY and we would					
13	certain welcome additional recurrent City Council					
14	funding directly targeted at increasing mental health					
15	staffing capacity. I will not blow smoke or pretend					
16	we will be able to immediately conquer it all or					
17	fully meet the mental health needs of our students.					
18	What we will do is to continue to track our					
19	improvement in doing so. We will continue to focus					
20	on and set proximal goals to that end. We will work					
21	to increase mechanisms for accountability and to					
22	gather the creative responses of 25 unique colleges					
23	and schools addressing the mental health needs of					
24	more than 234,000 students who entrust the					
25	partnership in their destiny to those of us at CUNY.					
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1 COMMITTEE ON HIGHER EDUCATION 34 2 Thank you for this opportunity to provide an update 3 on where we are and to remain accountable to you as 4 city leaders, to the people of the city of New York, 5 whom we all serve, and, most importantly, to the students of the City University of New York who 6 7 deserve our support, our commitment, and 8 responsiveness to their mental health needs. I 9 conclude with this quote from John Maxwell: The pessimist complains about the winds. The optimist 10 11 expects it to change. The leader adjusts the sails. 12 End quote. We are poised for that sail adjusting 13 with you, on behalf of CUNY students, as we continue 14 to navigate through this experience that is COVID and 15 seek to offer appropriate support to be certain CUNY 16 students thrive. We are available for your 17 questions.

18 COMMITTEE COUNSEL: Thank you for your 19 testimony. Before I turned to Chair Barron for 20 questions, I would like to remind Council members to use the raise hand function in so to indicate that 21 2.2 they have a question for this panel. Chair Barron? 23 CHAIRPERSON BARRON: Thank you very much, Ms. Briggs. And I want to thank Dr. Maybank 24 for her testimony and for making that connection to 25

1	COMMITTEE	ON	HIGHER	EDUCATION	
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previous attendants at hearings and the topics that 2 3 we had addressed in that and bringing it forward to 4 this time. I do appreciate that. Before I oppose my questions, I do want to acknowledge that we have been 5 joined by Council member Ulrich who was a member of 6 7 this committee. First, I have about four categories of questions in the first one, the first third of 8 9 questions talks about the COVID virus itself. The safety protocols that are being implemented because 10 11 of COVID. So, my understanding that each campus has 12 their own plan. Is that the case?

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13 VICE CHANCELLOR MAYBANK: Yes. Campuses 14 were expected to submit plans for approval in, 15 everything, and our most recent testimony prior to 16 this one, it was about reopening. In scope, 17 submitted information was provided during this time. 18 But, yes. Each campus or those expected to submit a 19 point in that was reviewed and had to be approved for 20 central office operations.

21 CHAIRPERSON BARRON: Okay. Thank you. 22 I don't know if you have the information before, but 23 we would like to know at which phase of resuming in 24 person instruction is each college campus and are

1COMMITTEE ON HIGHER EDUCATION362there any campuses that have fully resumed in person3instruction?

4 VICE CHANCELLOR MAYBANK: So, I don't have the specifics and we will get that information 5 for you, but in person instruction is happening on 6 7 just campuses. I think there might only be one that 8 doesn't have in person classes at all. But there are 9 in person classes happening on campuses throughout the system. So, we will get it up to Don where we 10 11 are in the process.

12 CHAIRPERSON BARRON: Thank you. What 13 percentage of CUNY students are fully vaccinated and 14 can we have that disaggregated by campus?

15 VICE CHANCELLOR MAYBANK: So we have that information. I have the privilege of managing 16 17 the responsibility for making sure the uploaded 18 information gets approved in the system, so we are 19 maintaining data on that and we do know how many 20 students are enrolled in person and in hybrid classes 21 and, therefore, must be vaccinated in order to 2.2 participate in those classes. So, we've been most 23 closely monitoring are in person enrollment information. And before I get off, I can probably 24 pull that up. I just don't want to stop working the 25

1	COMMITTEE ON HIGHER EDUCATION 37
2	camera and paying attention to start to stare at the
3	computer to try to find it all.
4	CHAIRPERSON BARRON: Okay.
5	VICE CHANCELLOR MAYBANK: But we do have
6	some of that information in will get that back to
7	you. I will tell you that we also are paying
8	attention to the overall number of students and where
9	they are in their vaccinations status, as well. So,
10	we saw an increase over time and with the constant
11	overtures to say that you need to be vaccinated, you
12	need to upload your information. We saw a
13	significant increase in the number that or putting
14	that information in who are enrolled in in person
15	classes. So, I know, at one point let me not
16	guess. Let me not for percentages out there because
17	I will be guessing, but I will get that information
18	and we will get it to you.
19	CHAIRPERSON BARRON: Thank you. I
20	understand the policies that all students must be
21	vaccinated in submit documentation by September 27 or
22	phase academic consequences. So, how many campuses
23	are insuring in person instruction is as safe until
24	the 27th?
25	VICE CHANCELLOR MAYBANK: So students

2 CHAIRPERSON BARRON: How are campuses
3 ensuring that?

4 VICE CHANCELLOR MAYBANK: So, anyone who is not uploaded information into the system for 5 approval is to be tested. Testing is available in 6 7 their testing sites. I believe there are 20 testing 8 sites and, Ryan, you know better and I see you 9 nodding your head, so I am going with that. There are 20 testing sites and students can use those 10 11 resources to make sure that they are approved to be 12 on campus physically. I am trying to remember--13 CHAIRPERSON BARRON: So, if they are not 14 vaccinated, they can provide or present, rather, 15 documentation that they are--16 VICE CHANCELLOR MAYBANK: Of testing. 17 Of a negative test. 18 CHAIRPERSON BARRON: A negative test of 19 COVID. 20 VICE CHANCELLOR MAYBANK: Within seven 21 days of the time that they are--2.2 CHAIRPERSON BARRON: Say again? 23 VICE CHANCELLOR MAYBANK: The test must be within a seven day period of the time they're 24 coming. 25

2 CHAIRPERSON BARRON: Within seven days.3 Okay.

4 VICE CHANCELLOR MAYBANK: So, the expectation is that you are uploading your proof of 5 vaccination that that, then, goes through a process 6 7 of approval and then you are in the system for 8 receiving a pass that gives you access so that there 9 is no question about your status. And, as I said, if you can't, then you test in that same system will 10 11 then indicate that you are approved to be on campus. You mentioned the date of the 27th. That date was 12 13 set based on the 45 day date of October 7th so that there would be time to approve information that was 14 15 uploaded. So, we are hoping that students have fulfilled the fully vaccinated protocol. 16 In other 17 words, if you have the two dose series, that you are 18 two weeks beyond her last dose or that, if you are 19 taking no one does protocol with Johnson and Johnson, 20 that you have that in our two weeks beyond the date of that vaccination. And--21 2.2 CHAIRPERSON BARRON: And is Lemus--23 Yes. I'm sorry. Go ahead. VICE CHANCELLOR MAYBANK: 24 No. No, 25 please.

1 COMMITTEE ON HIGHER EDUCATION 40 2 CHAIRPERSON BARRON: Is there a separate 3 office or division or department that's dedicated to 4 doing that so that we know what the reporting is? VICE CHANCELLOR MAYBANK: 5 Separate office for--? 6 7 CHAIRPERSON BARRON: For validating the 8 information that is being presented by students that 9 they are vaccinated. VICE CHANCELLOR MAYBANK: 10 How we--CHAIRPERSON BARRON: How we are making 11 sure that that is being tracked and monitored and not 12 going to fall between the cracks any place? 13 VICE CHANCELLOR MAYBANK: 14 The 15 information is been uploaded into the CUNY First 16 process in system that has been designated in that 17 way and there are individuals who have been identified as location vaccine authorities. We just 18 19 call them LVA's for sure. So, everything gets an 20 acronym at CUNY. So, that LVA's are responsible for 21 going in and reviewing what has been uploaded and doing the approval so that it then moves forward so 2.2 23 that it becomes a pass for accessing campus. They are also reviewing medical exemptions and religious 24 exceptions that are being submitted. 25

2 CHAIRPERSON BARRON: For those campuses 3 that have different policies, I would think that 4 would be, perhaps, a negative impact. If a student 5 wants to take classes at a visiting campus as a visitor they are in the protocols are different, I 6 7 mean, we talk about pathways in the advantage of 8 pathways that there would be this seamless movement 9 around all 25 campuses, and I am wondering how is it, now, that these 25 campuses in this instance have 10 11 their own unique protocols and programs and how that 12 is going to impact the student who wants to take or 13 monitor outclassed intake a class as a visiting 14 student at a different campus which may have very 15 different protocols? VICE CHANCELLOR MAYBANK: 16 Okay. So, 17 that helps me because the policy is the policy.

18 There is one policy, but there may be different 19 processes. One policy, multiple processes and 20 protocols may exist. So, the approval in the 21 documentation that is associated with your 2.2 vaccination status is specific to the student and 23 goes with the student. So, whatever the circumstance may be on the next campus, the student is approved. 24 25 They are vaccinated. We have that information. So,

1	COMMITTEE ON HIGHER EDUCATION 42
2	it is then just a matter of whatever the processes
3	may be about how are you show your pass. That you
4	have a pass at that point. Because it is student
5	specific. It is tied to the student, not the campus.
6	CHAIRPERSON BARRON: Thank you.
7	VICE CHANCELLOR MAYBANK: For the very
8	reason that you identified, Chairperson Barron.
9	Yeah. Because we have students that are, you know,
10	have been around for any reason. I may work in the
11	Bronx and so I wanted
12	CHAIRPERSON BARRON: Right.
13	VICE CHANCELLOR MAYBANK: to take
14	classes there and live in Queens. So, yeah.
15	CHAIRPERSON BARRON: Great. So, there
16	seems to be or I have been told that there may be an
17	issue with students who have what is called that
18	breakthrough, even though they are fully vaccinated.
19	They do contract the virus again or test positive for
20	the virus again and may not have any symptoms. If a
21	student tests positive, even though they may be fully
22	vaccinated, how does that instructor, that staff
23	person, the faculty person, going to know, wait a
24	minute. This student shouldn't be here? And
25	particularly in light of the HIPPA laws which provide
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1	COMMITTEE ON HIGHER EDUCATION 43
2	particularly needed protection to individuals? So,
3	doesn't instructor get a notice of, well, one of you
4	students has tested positive? How does the
5	instructor I hope been told that instructors got
6	no notice that one of your students has tested
7	positive. Can that be the case? And if the student
8	is either, oh, gosh. I've got to get this last class
9	before I stay home or, for whatever reason, not
10	removing themselves, how then is that class
11	population going to be protected?
12	VICE CHANCELLOR MAYBANK: Chairperson,
13	Barron, in all honesty, I don't know that I'm the
14	best person to respond to that with any detail. All
15	I can tell you is that, if a person tests positive,
16	they do not have access to the campus. That is the
17	best that I can offer at this point, but we will get
18	back to you and let you know if there is any notice
19	that says anything. But, you know, we as you
20	said, HIPPA and FERPA causes us to have to be careful
21	about what we say
22	CHAIRPERSON BARRON: Right.
23	VICE CHANCELLOR MAYBANK: and how we
24	communicate that.
25	

1 COMMITTEE ON HIGHER EDUCATION 44 2 CHAIRPERSON BARRON: Okay. So, who is 3 responsible on campus for monitoring that students, faculty, and staff are, in fact, masked in keeping 4 social distanced on campus? 5 VICE CHANCELLOR MAYBANK: That might 6 7 differ with each campus protocol. 8 CHAIRPERSON BARRON: Okay. Each campus 9 should have someone designated for that. Is there a title for that person? 10 VICE CHANCELLOR MAYBANK: 11 I'm not familiar with that. As I said, there may be others 12 13 who would be better to respond to that. I have not monitored that and didn't check it before coming for 14 15 this purpose. So, I'm not really in the best 16 position to respond to that. 17 CHAIRPERSON BARRON: Okay. So, we know 18 that, when public schools opened last week, there 19 were, I believe, 53 cases or thereabouts 80 cases of 20 people who tested positive. Looking at the higher 21 education programs, what will it take to trigger a shift from in person instruction to distance learning 2.2 23 and does that very from campus to campus? VICE CHANCELLOR MAYBANK: I think that 24 that would be something that would happen primarily 25

1	COMMITTEE ON HIGHER EDUCATION 45
2	from central setting some standards, but I can't
3	speak to what it would be at this point because I'm
4	not privy to us having had a conversation about that
5	very directly. It may be And I know that there
6	are things embedded in the individual plans for
7	campuses about what would change in that regard. So,
8	again, just not the best person to respond to that.
9	CHAIRPERSON BARRON: Okay. So if you
10	VICE CHANCELLOR MAYBANK: But given
11	you've posed the question, I'm sure someone will be
12	able to get back to you.
13	CHAIRPERSON BARRON: Thank you. So
14	we'll be looking forward to having that answered
15	because I'm sure that CUNY has been forward thinking
16	to say, well, listen, we've got this program now. We
17	have these hybrid models, but just in case
18	VICE CHANCELLOR MAYBANK: Yes.
19	CHAIRPERSON BARRON: there's a surge, we
20	want to know what is that threshold that would
21	trigger that response.
22	VICE CHANCELLOR MAYBANK: And as I said,
23	I know there are things in the individual plans, but
24	I think there, you know, is probably a statement at
25	

1COMMITTEE ON HIGHER EDUCATION462the central level, as well. I'm just not aware right3now.

4 CHAIRPERSON BARRON: Okay. We received information about a photo that was shared that showed 5 900 students in a lecture hall. A photo shared by a 6 7 parent of Hunter College auditorium packed with 8 students with the comment "approximately 900 9 students, according to the professor". If that is the case, how can-- why did that happen? 10 VICE CHANCELLOR MAYBANK: 11 I can't 12 imagine where that happened or how that could have 13 happened because we are required to keep a reasonable 14 level of distance and I don't know of any spaces that 15 people were being allowed in to that extent. I'm not 16 familiar with that, Chairperson.

17 CHAIRPERSON BARRON: Okay. But, well, 18 again, it was reported to us that that was the case 19 and we will share that with you, as well, so that you 20 can pursue it further. I'd like to move on now to 21 general questions and questions about staffing. I was pleased to hear the movement in the ratio that 2.2 23 approaches what it is that the standards say should be achieved. Pleased to know that it went from one 24 to 2500 down to one to 2334-- 374 down to one to 25

1 COMMITTEE ON HIGHER EDUCATION 47 2 2161. And I believe the last number you gave me was 3 even lower than that. 4 VICE CHANCELLOR MAYBANK: Yes. It is 5 below 2000. So it is one to 1661, I believe, is the number. 6 7 CHAIRPERSON BARRON: Okay. 8 VICE CHANCELLOR MAYBANK: I'm sorry. 9 Six-- 1600-- Yeah. That's right. 61, I think, is right. Ryan, please jump in here. I'm not looking 10 11 at my notes right now. I'm looking at the screen. 12 Are you allowed to unmute or no? CHAIRPERSON BARRON: I'll ask---13 DIRECTOR CAMIRE: It's 1621. 14 15 VICE CHANCELLOR MAYBANK: 21. Thank 16 you. 17 DIRECTOR CAMIRE: You're welcome. CHAIRPERSON BARRON: Okay. How were you 18 19 able to achieve that in such a short period of time? 20 I think that's commendable. I have to say that. And 21 how were you able to achieve that? 2.2 VICE CHANCELLOR MAYBANK: Well, we added 23 54 part time and nine full time clinicians and so when we were able to do that using the stimulus funds 24 that were made available -- because, I think, to a 25

1	COMMITTEE ON HIGHER EDUCATION 48
2	person and I'm going to give you, Ryan, a chance
3	to respond to this. I believe, to a person, the
4	counseling center directors were saying we need
5	additional clinicians. That's what we need. It's
6	like it's nice to have the tele-counseling and all of
7	those things, but we need additional clinicians. So
8	given the opportunity to do so, they employed on a
9	temporary basis.
10	CHAIRPERSON BARRON: Hm.
11	VICE CHANCELLOR MAYBANK: clinicians.
12	Ryan, you want to
13	DIRECTOR CAMIRE: Yes. Just before I
14	delve into that, I just want to thank Chair Barron
15	and the committee for having us both here again.
16	Yes. You know, we understood that the CARES stimulus
17	funding would come with some direction to invest in
18	mental health. Based on, you know, many things we've
19	been hearing and based on our appearance before the
20	Council last year and discussions with various
21	stakeholders across the university, that it was
22	important to have additional funding for mental
23	health and, specifically, for staffing. So, when the
24	stimulus funding was made available to campuses, they
25	jumped at the chance to be able to hire part-time
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1 COMMITTEE ON HIGHER EDUCATION 49 clinicians. And they really saw the benefits of 2 3 adding additional staff to their rules in order to 4 continue to provide services at a higher level to 5 campus students. CHAIRPERSON BARRON: Thank you. So you 6 7 said that the funds were able to have additional hiring of 54 part-time and nine full time. So what 8 9 now are the total numbers? 10 VICE CHANCELLOR MAYBANK: The total--11 CHAIRPERSON BARRON: Or additional 12 workers? VICE CHANCELLOR MAYBANK: The total full 13 14 time equivalent of the equivalent clinicians 15 available is 146. 16 CHAIRPERSON BARRON: And part time? 17 VICE CHANCELLOR MAYBANK: That's 18 everybody. So, that accounts for--19 CHAIRPERSON BARRON: That's everybody. 20 VICE CHANCELLOR MAYBANK: how much time 21 is--2.2 CHAIRPERSON BARRON: How much time they 23 give. So can you break that out? Can you disaggregate that so that we'll know how many are 24 part time and how many are full time? 25

1	COMMITTEE ON HIGHER EDUCATION 50
2	VICE CHANCELLOR MAYBANK: Overall, the
3	146, how many are part time and how many are full
4	time?
5	CHAIRPERSON BARRON: Yes.
6	VICE CHANCELLOR MAYBANK: Is that
7	Okay. So, yes. We should be able to do that.
8	DIRECTOR CAMIRE: Absolutely. We can
9	break that down for you.
10	CHAIRPERSON BARRON: I do want to
11	acknowledge we've been joined by Council member
12	Majority Leader Laurie Cumbo who is a member of this
13	committee. Thank you. How are students How do we
14	determine the number of hours a student may need in
15	terms of interacting and whether it should be in
16	person or whether it can be tele-counseling. How do
17	we determine that?
18	VICE CHANCELLOR MAYBANK: I can tell you
19	that some of that is determined by the present
20	[inaudible 1:06:54]. That, you know,
21	therapeutically, what seems appropriate, there are
22	standards that have been set for years in the
23	counseling and psychology context and in college
24	counseling context that look at what it is that seems
25	reasonable in terms of offering support to students

and students sometimes being able to get a series of sessions and then leave and come back and that being therapeutic in the process. But I am going leave Brianna talk more specifically about CUNY and how we make that decision here.

7 DIRECTOR CAMIRE: Yes. Thank you, Vice Chancellor Maybank. I think what's-- we've been 8 9 doing a lot of learning, of course, over the course of the last 18 months through the pandemic and with 10 11 the ability to offer services as tele-counseling and ability to offer sort of unique technological 12 13 advances to supporting mental health, we have learned 14 that students respond very differently to the 15 available needs. And some students respond better to tele-counseling and some students just want, you 16 17 know, someone that they can send a text to, you know, 18 in a time of crisis and other want to sit in an 19 office with a clinical staff member. So I think the 20 important thing we have learned and what we have 21 tried to do during the course of the last 18 months 2.2 is start where the student is. And, you know, after, 23 of course, the psychological assessment to determine the means, as Dr. Maybank indicated, how are the 24 student feel most comfortable proceeding? And we 25

1	COMMITTEE ON HIGHER EDUCATION 52
2	think it is important for the students needs to be
3	met so that they can chart the course of their own
4	services and it is something that we will continue to
5	do as we continue with the known normal, as much as I
6	hate that phrase. But, you know, we definitely would
7	like to see a continued footprint of some of the
8	things that worked really well, including tele-
9	counseling going forward.
10	CHAIRPERSON BARRON: Thank you. As you
11	send the information about how many of the counselors
12	are full-time and part-time, we would also like to
13	have that information disaggregated by campus, if you
14	would. Well, what is the impact are you also
15	using interns as a part of the counseling services
16	that you provide to your students? Or are they only
17	seen by clinicians who have already completed their
18	training?
19	VICE CHANCELLOR MAYBANK: No. We
20	definitely use interns and I'm going to be quiet and
21	let Ryan talk about that, but I just wanted to talk
22	broadly about the importance of that. I remember
23	doing my own internship in a counseling center in the
24	significant experience that that is in the
25	opportunity to be supervised by those who are doing

1 COMMITTEE ON HIGHER EDUCATION this work on a regular basis makes such a difference 2 3 in your perspective about the importance of working in a counseling center and providing services to 4 So, Ryan? 5 students.

DIRECTOR CAMIRE: Yes. And I will echo 6 7 that to say that, as a clinician myself who also went through training in clinical settings, it is very 8 9 important to be in a position to train and then to be trained and then to train as a clinician. Because it 10 11 really creates a circular path in terms of the work that we do. Yes. We need to use interns from 12 13 various disciplines within our counseling centers. 14 Large amounts of psychologists, but also social 15 workers, mental health counselors, and various iterations to be able to do training within the 16 17 counseling centers and also to receive supervision 18 that all lines with the exemplary work that is done 19 in our counseling centers. We have also been very 20 mindful of where the clinicians in training are 21 coming from in trying to make sure that we give our CUNY students an opportunity to be able to serve in a 2.2 23 capacity with experiential learning should be able to provide them with these experiences. And, of course, 24 we have students from all over the city to be able to 25

1 COMMITTEE ON HIGHER EDUCATION 54 2 do these internships, but we also want to make sure that CUNY students are receiving services from both 3 4 types. 5 CHAIRPERSON BARRON: With the funding that you have received that allows you to hire 6 7 additional staff, how long will that funding remain in place so that these persons can remain on staff? 8 9 VICE CHANCELLOR MAYBANK: So, we can talk about two different sets of money. So, the 10 11 money that came from the state, the million dollars, 12 I believe that that is a permanent provision, so that 13 gives us the opportunity to hire permanent staff. Ι 14 am certain that the campuses were use those resources 15 to do just that. I doubt that that money will be 16 used to supplement teleservices or anything like 17 that. The money that is coming from the stimulus 18 funds use money that is time-limited. And I know 19 that the CARES Act money was extended to the next 20 year, to 2022 and then we have a new infusion of 21 money through the CRSSA and the ARPA money, as well. So, we aren't doing comparable amounts of money 2.2 23 there. So, I can say we can probably be three years out from this year with those resources, but beyond 24 that, we are going to need some additional resource 25

1	COMMITTEE ON HIGHER EDUCATION 55
2	those or ways to make certain that those positions
3	can be made permanent and made available. In make
4	people available to see your students, whether it be
5	in groups and individual or another types of
6	services. The psychoeducational services and so
7	forth.
8	CHAIRPERSON BARRON: Thank you. And as
9	you give the information about the breakdown of part-
10	time and full-time in disaggregated by campus, if you
11	would also give us current full-time mental health
12	counselor to student ratio at each campus, that would
13	be helpful.
14	VICE CHANCELLOR MAYBANK: Okay. Thank
15	you.
16	CHAIRPERSON BARRON: Thank you., You
17	had mentioned several programs that are available for
18	students. I think you said the crisis text line
19	VICE CHANCELLOR MAYBANK: Yes.
20	CHAIRPERSON BARRON: You said Talk
21	Space. You talked about in mindfulness programming
22	and tele-counseling and you gave both numbers as to
23	how students are utilizing or, at least, interacting
24	with these platforms or these programs. How are we
25	

1COMMITTEE ON HIGHER EDUCATION562going to get the word out to every CUNY student that3these programs exist?

4 VICE CHANCELLOR MAYBANK: And so, we also have bolstered our communications and marketing 5 efforts in an effort to do that and that is why say, 6 7 you know, I am not sure what the best trending is 8 for, you know, when you really have made it, you 9 know, and Instagram or on Facebook or whatever it is. I just know we are better than we were, but we still 10 11 have more that we can do, certainly, so we have the addition of the website in the addition of the briefs 12 13 that go out with the extra tickler at the bottom. 14 And so, we are hopeful that we will be able to push 15 information about these resources and services on a 16 regular basis. On some scheduled basis so that 17 students will see a. It is a matter of keeping it in 18 front of folks and making sure that faculty know 19 about what resources are out there so that they can 20 announce it and being certain that other students are 21 sharing it, as well. That word-of-mouth, that peer-2.2 to-peer experiences often the best way to get 23 students to use the resources that are available. Ryan, do you want to add to that? 24

2 DIRECTOR CAMIRE: Yeah. So, I think the 3 communications plan also is -- and the fact that we 4 have spent on technology is a multi prong approach because we think it is important not only to speak 5 directly the students, but also to make sure faculty 6 7 are aware of these resources so that they can 8 communicate them. So, step members, even those who 9 are outside of a mental health role will know about the resources. So, if they are able to communicate 10 11 with the student, they should feel comfortable to do 12 so. So, we find that or we feel that it is 13 important, you know, to expand the communication not just directly to students who are very busy in their 14 15 schoolwork, etc., but also to make sure that everyone 16 the community, as a CUNY community, is aware whatever 17 resources are available. 18 CHAIRPERSON BARRON: Thank you. And particularly talking about staff, Dr. Maybank, in 19 20 your testimony, believe you said that there was an

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opportunity for staff and faculty to be trained in some types of procedures that they can use or share with their students. I didn't have a chance to write down what that program was.

2 VICE CHANCELLOR MAYBANK: Cognito is the 3 tool and it is a simulation-based interaction so that 4 you get to know how to approach the student with information into provide them with resources. What 5 things might be said and how you can respond because, 6 7 more often than not, we are afraid to say the wrong 8 thing, so we say nothing. And we want to armor 9 faculty and staff with-- we want to empower them by helping them know it is better to step in and to 10 11 offer assistance. When someone is suicidal, what can 12 you say? What do you do? Where do you direct them? 13 And how do you make that meaningful and that experience without feeling like, you know, shouldn't 14 15 go there. That's not my stuff. I don't know what to 16 do with that, or just going to walk away. No. You 17 need to engage because people are looking for 18 support. You know, often, to cry for help in some 19 way that you even were aware. They were reaching out 20 in some way. And so, how do we empower faculty and 21 staff should then be able to do that? And so, that 2.2 is one of the tools that is helping get people ready 23 for that in no way that doesn't -- we are not asking you to go now I'm being trained as a counselor. 24 Were

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1COMMITTEE ON HIGHER EDUCATION592just trying to give you the tools that will allow you3to have the interaction.

4 CHAIRPERSON BARRON: Yes. The next 5 question in this area is can you describe why 6 counselors were once on a faculty line and are now on 7 the administrative line and how has this impacted the 8 responsibilities and ability to serve students? And 9 what is that number that we are looking at?

10 VICE CHANCELLOR MAYBANK: I'm going to 11 defer to Ryan on that switch because I am unfamiliar, 12 but being on a faculty line versus being on an 13 administrative line shouldn't change the way the 14 services being provided, but I am going to let Ryan 15 respond.

16 DIRECTOR CAMIRE: Sure. And it's a great 17 question and one that predates my time at CUNY by 18 quite some time, but I will take a stab at it. It is 19 my understanding that the role of College counseling, 20 as a doubled over the years and it was felt that the 21 positions of college counselor should be an 2.2 administrative role rather than in a faculty role. 23 There are still faculty counselors that exist at CUNY. I could not tell you of the top of my head how 24 many, unfortunately, but it is my understanding that 25

1	COMMITTEE ON HIGHER EDUCATION 60
2	the shift in College counseling to a more public
3	health model rather than an advisement model that
4	occurred in higher education over the years is the
5	reason for that switch. I would have to get some
6	detail from my predecessors at CUNY to be able to
7	provide more details, however.
8	CHAIRPERSON BARRON: So, what you
9	VICE CHANCELLOR MAYBANK: And that is a
10	national thing, Chairperson Barron. That is not just
11	something happening here. So, as people are retiring
12	or leaving roles, they are not being replaced with
13	faculty lines. They are taking the news other
14	administrative titles or classifications.
15	CHAIRPERSON BARRON: So, you alluded to
16	the fact that, even though the lines that they are on
17	may be different, there still offering the same type
18	and level of services?
19	VICE CHANCELLOR MAYBANK: Yeah. Because
20	were still hiring people with doctoral degrees in
21	counseling with licensed social workers. Ryan, you
22	would be better to kind of talk about who it is we
23	DIRECTOR CAMIRE: Yes. We are still
24	hiring those who, you know, have degrees in
25	psychology and social work and other mental health

1	COMMITTEE ON HIGHER EDUCATION 61
2	disciplines licensed professional counselors
3	should be able to provide mental health specific
4	work. So, the lines are not disappearing themselves.
5	They're just been transferred from a faculty position
6	who may have a dual role of providing, you know,
7	education and courses and advisement to someone who
8	is specifically designated to do the mental health
9	treatment services for the University.
10	CHAIRPERSON BARRON: Will there be any
11	distinction in their title or in their ability to
12	have the opportunity to move up, let's say, in a
13	department? If they were interdepartmental and they
14	were assigned to a department, there would be that
15	opportunity, I think, to move in that department. Is
16	that the same with the administrative line?
17	VICE CHANCELLOR MAYBANK: I think it is
18	different. There is a different kind of tenure read
19	because faculty get tenure and that is a different
20	process. But the other issues that are associated
21	with the faculty line, as well, whereas we do not
22	have access to them over the summer. But when you
23	have that administrative line, you have that longer
24	period in the year, as well. There are other ways of
25	establishing longevity in that classification system.

1 COMMITTEE ON HIGHER EDUCATION 62 2 CHAIRPERSON BARRON: And will the 3 salaries be the same? 4 VICE CHANCELLOR MAYBANK: I don't know 5 the answer to that. DIRECTOR CAMIRE: I will say that the 6 salaries are analogous to-- between the faculty 7 lines in the higher education associate-- the higher 8 9 education officer lines. That is obviously a union question for the PSC to discuss, but the salary lines 10 11 are identical between the faculty progression and the higher education officer progression when it comes to 12 13 the counseling-- those that are appointed in 14 counseling. Yes. 15 CHAIRPERSON BARRON: Thank you. I**′**m going to try to move briefly through the rest of my 16 17 questions. Or rather I should say quickly through 18 the rest of my questions so that my colleagues can 19 have an opportunity to pose questions also. Moving 20 on to the mental health Access for students, what are 21 the different ways that students can access campus mental health resources and can you provide data on 2.2 23 students who are utilizing teleconferencing services sources in person counseling? 24

2 VICE CHANCELLOR MAYBANK: Ryan, I'm3 going to be quiet.

4 DIRECTOR CAMIRE: I think the major inroad-- well, it's changed a little bit over the 5 past 18 months, obviously. So, we have relied more 6 7 on electronic technology to be able to have folks 8 emailing in and connecting into the zoom meeting. As 9 we are working on this transition back to on campus that the importance of word-of-mouth and faculty and 10 11 staff referrals and your information becomes more 12 important. So, we are in something of a transitional 13 time right now, but I can certainly look at the data 14 from last year and get back to you with the details 15 of what the footprint looks like.

16 CHAIRPERSON BARRON: And so, are there 17 any limits on how students may ask those mental 18 health resources? For example, is there a maximum 19 number of sessions that a student may have with the 20 counselor? Is that separate the beginning? So they 21 are going in, you know, each student is allowed three 2.2 sessions? Four? Eight? Is that a set number? 23 DIRECTOR CAMIRE: The last time we collect

24 those data was pre-pandemic to discuss session limits 25 and I think we are in a different place right now to

1	COMMITTEE ON HIGHER EDUCATION 64
2	be able to look at that figure. And I can certainly
3	collect some data and get it back to you. Typically,
4	the way it works is depending on the volume of
5	students in the clinicians available, there is a set
6	limit that is sorted out so that at the beginning of
7	each student's time with the counseling center.
8	Since we have had such an increase with the part-time
9	hires that we have mentioned before incident or you
10	have been virtual, those numbers may be sort of quite
11	distorted from where they had been. But I will
12	collect some information from the counseling centers
13	and I can get back to you on that certainly.
14	CHAIRPERSON BARRON: Thank you. Our
15	students allowed to access different resources? For
16	example, can they use both teller counseling and in
17	person counseling or they restricted to one form once
18	they are in this counseling?
19	DIRECTOR CAMIRE: They are not restricted
20	per se. I mean, we would like to encourage our
21	students to use whatever resources are available to
22	them. If someone is working with the counselor and
23	in the counseling center, however, we would prefer
24	them not to have another counselor through a
25	different service that they would use just to make

1	COMMITTEE ON HIGHER EDUCATION 65
2	sure that we're providing the best care available.
3	But there is no restrictions on anything that we are
4	offering in terms of services." The question that
5	does come from students from time to time and our
6	counselors are happy to discuss what they think is
7	the best option.
8	CHAIRPERSON BARRON: And so, what do
9	students do when they have exhausted all campus
10	resources?
11	DIRECTOR CAMIRE: When they have exhausted
12	all their campus resources, they can work along with
13	their counsel or and other case managers that may be
14	of employee in the counseling centers to help them
15	transition to an outside source of mental health
16	support. This is also important, obviously, for
17	folks that are in need of a higher level of support
18	then we can provide and so we do have staff that are
19	able to help them with that transition. We will
20	certainly not turn anyone away and move someone comes
21	back and says that that didn't work for me, we will
22	continue to work with them until a plane comes
23	together.
24	CHAIRPERSON BARRON: So, does CUNY track
25	those students and consider their needs and tried to
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1	COMMITTEE ON HIGHER EDUCATION 66
2	make sure that, once they have exhausted what CUNY
3	has to offer, that there is still ongoing outreach?
4	Do you track those students or do you just send them
5	to a person and hope that they follow through?
6	DIRECTOR CAMIRE: I believe Again, this
7	is a question that I would have to get some more
8	details on from the counselors
9	CHAIRPERSON BARRON: Okay.
10	DIRECTOR CAMIRE: but I do believe that
11	they are attracting terms of, you know, this is the
12	plan that we have set with the student and, you know,
13	we will follow-up to make sure that that happens.
14	CHAIRPERSON BARRON: Okay. And then
15	VICE CHANCELLOR MAYBANK: I believe it
16	was Amber I'm sorry, Council member
17	CHAIRPERSON BARRON: No. God ahead.
18	VICE CHANCELLOR MAYBANK: Chairperson.
19	CHAIRPERSON BARRON: Yes. Continue.
20	VICE CHANCELLOR MAYBANK: I believe that
21	it was Amber last year that talked about that. It
22	was either Amber or Anna that talked about that last
23	year and talked about the fact that they felt that
24	there should have been a little more connectedness.
25	CHAIRPERSON BARRON: Right.

2	VICE CHANCELLOR MAYBANK: And so, it is
3	something on my radar we can definitely take a look
4	of that and, if it is inadequate, certainly figure
5	out how we might put plans in place for better
6	tracking and communication. It's about how we
7	communicate with students, really, in that regard
8	because, when you make a referral, you don't want
9	them to feel like you are just pushing them off or
10	passing them on, but that you're still there with
11	them. They're still our students.
12	CHAIRPERSON BARRON: Thank you. And
13	how many referrals to counselors make and to whom do
14	you find that there is a particular type of issue
15	that gets more of a referral than others?
16	DIRECTOR CAMIRE: I would not say that
17	there's an issue, per se, that would get a referral
18	to others. I think it has to do with the level of
19	treatment that the student needs and is able to
20	provide. I will just give one example. For
21	medication management, most of our campuses do not
22	have a psychiatrist on staff. So, that is something
23	that we would need to connect a student with an
24	outside clinician for. But we, you know, it would
25	

1COMMITTEE ON HIGHER EDUCATION682not necessarily be issue based, but more of level of3service based.

4 CHAIRPERSON BARRON: Do counselors have 5 an opportunity to, in a structured way, meet with 6 other counselors to share information or to discuss 7 protocols or any other pertinent issues?

8 DIRECTOR CAMIRE: Yes. We have a twice 9 monthly counseling center directors meeting which takes point is now virtually, but will resume in 10 11 person hopefully. And, basically, it's a meeting 12 with all of the directors, plus myself, and just as 13 stated, Dr. Maybank is come to that meeting, as well, 14 and it's a time for us to discuss protocols and 15 communicate between campuses, but also from central 16 to campuses and vice versa. So, we have that regular 17 arrangement.

Can sessions be 18 CHAIRPERSON BARRON: 19 extended to include other family members? 20 DIRECTOR CAMIRE: Yes. Absolutely. We 21 offer services that incorporate family, couples 2.2 counseling as needed. Obviously the family unit in a 23 persons community and social ties are important to their mental health, so we do offer those as 24 25 appropriate.

2 VICE CHANCELLOR MAYBANK: The other 3 thing that I wanted to add is just as a matter of 4 practice in counseling psychology and counseling 5 centers, there is a matter of case management and so, often, there is consultation with colleagues around, 6 7 you know-- it's like, I'm kind of stuck. I've been 8 seeing this person and I really would like some help 9 with this. And so there are ways to engage to the benefit of your student client. And to be able to 10 share information and to learn from one another, 11 12 also, in that process which can be really useful. 13 DIRECTOR CAMIRE: Absolutely. 14 CHAIRPERSON BARRON: How long is the 15 waiting list? Or how long does -- How much time does 16 it take for a person to get services either in person 17 or virtual? And can we find out what that is by each 18 campus? 19 DIRECTOR CAMIRE: I can certainly find 20 that out for you. Again, we've been-- the numbers 21 are a bit askew because we've been online and we've 2.2 been trying o offer with the virtual service, 23 obviously, a much more rapid response because we are capable of doing it because we're--24 25 CHAIRPERSON BARRON: Right.

2	DIRECTOR CAMIRE: and enhancing weekend
3	services and evenings, etc. So, we will get numbers
4	back to you on that. I can tell you that,
5	traditionally, we like to the counseling directors
6	like to keep it very low, but, again, we can get
7	numbers back to that.
8	CHAIRPERSON BARRON: And very important
9	for me, how are addressing the significance and
10	importance of having counselors that are culturally
11	reflective of the students that we are serving? And
12	trained in cultural sensitivity for the students that
13	we are dealing with? What are the number of
14	counselors that are black that are on our campuses?
15	What are the number that are Latino? Because those
16	are the major groups that we have at CUNY. So, what
17	are those numbers and, if they are not of those
18	ethnic groups, what kind of sensitivity training?
19	And I know they are counselors and they're
20	professionals, but what kind of sensitivity training
21	do they receive?
22	DIRECTOR CAMIRE: Sure. We will certainly
23	get back to you with numbers. We had provided some
24	numbers last time around, but, obviously, since we've

done hires, we want to update those for you. So

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we're certain to do that. And I will say, in terms 2 3 of ongoing training and professional development, 4 it's a big piece of what we do in the counseling 5 centers themselves, but also from central office and a lot of the work that I try to do revolves around 6 7 professional development around many, many issues. 8 You know, we have recently had several campuses train 9 in anti-black racism and supervision and how to deal with those issues in treatment and in supervision. 10 11 So that is a regular clinical matter, as well as a 12 training matter, just as one example. So, there are 13 many, many more and I would be happy to provide you 14 with more detailed responses about the professional 15 development that we do.

16 CHAIRPERSON BARRON: Great. How has 17 CUNY made efforts to reach immigrant and first 18 generation college students who may not be aware of 19 mental health services available on their campus? 20 The particular segment that we need to carve out for 21 them to make sure that they know? Because it may not 2.2 be a part of their culture to even acknowledge that 23 there are these kinds of issues.

24 DIRECTOR CAMIRE: Sure. That's always25 been-- I'm sorry. Please.

2 VICE CHANCELLOR MAYBANK: No. You go3 ahead. You go ahead, Ryan.

4 DIRECTOR CAMIRE: No. And the question has come up before and it's something that we are 5 definitely looking at in terms of improving and 6 7 working on because it is very difficult and we've offered, you know, a particular service this time 8 9 around and for international and out of state students for the pandemic, but I think we need to be 10 11 as clear with our communications as we're being to--12 in other areas to target those specific groups. And 13 so I will defer to Dr. Maybank for more comment on 14 that.

15 VICE CHANCELLOR MAYBANK: I just believe 16 that, you know, making sure we had Talk Space an 17 option for our students who were in other countries 18 or in other states, that was one way that we were 19 engaging them, but I agree that, you know, we have to make certain students understand that this is a 20 21 service that is a part of the experience for them as a student at CUNY and make certain that they know how 2.2 23 to access that infor-- access those services and resources because it is important and people who are 24 having that cross cultural experience as an 25

1 COMMITTEE ON HIGHER EDUCATION 73 international student coming into this space may have 2 3 particular stressors for which they would need support, as well. So, it is of concern and something 4 which we are paying attention to. 5 CHAIRPERSON BARRON: And can you confirm 6 7 that each individual college has updated their website to reflect all mental health services 8 9 available to students this semester? VICE CHANCELLOR MAYBANK: Can't tell you 10 11 that today, but we certainly can check. 12 CHAIRPERSON BARRON: Great. Thank you. 13 And then, just shifting a few questions for faculty-regarding faculty and staff. In addition to CUNY's 14 15 employment assistance program, EAP, do CUNY employees 16 have access to mental health resources through the 17 university? 18 DIRECTOR CAMIRE: Outside of the employee 19 assistance program, they don't have any University-20 provided mental health benefits. However, I understand the EAP benefits that are on offer are 21 2.2 quite good. I would defer to my Human Resources 23 colleagues in that area. We do attempt, in and as Dr. Maybank spoke about before, we offered some 24 25 Blackboard courses on selfcare and bereavement and

1	COMMITTEE ON HIGHER EDUCATION 74
2	grief. And while those courses were sort of a dual
3	role for helping to help students, as well, we
4	understood that some folks may be using them for
5	information for themselves, as well. So, I would
6	defer to Human Resources for the actual offerings.
7	CHAIRPERSON BARRON: And the next
8	question in this category is do colleges provide
9	faculty and staff with information on identifying
10	students that may need a referral for mental health
11	counseling? And, I imagine, if that's a part of
12	Cognito, as you mentioned I would imagine that
13	that is a part of that, but are there other
14	VICE CHANCELLOR MAYBANK: You're a quick
15	study, Chairperson Barron. You got that one. So,
16	yeah. So that is designed for that purpose, but
17	there are other ways, as well, that, you know
18	because there's something called oh, goodness. I
19	just lost that fast, Ryan. First Aid Is it mental
20	health
21	DIRECTOR CAMIRE: Mental Health First Aid.
22	Yes.
23	VICE CHANCELLOR MAYBANK: Mental Health
24	First Aid. Thank you. And then QPR is another
25	program. So there are different things that some of

1	COMMITTEE ON HIGHER EDUCATION 75
2	my colleagues who are in counseling psychology, they
3	would know about and be able to offer in their campus
4	setting. But we wanted to make sure that Cognito was
5	available across the board and that is why that one
6	was purchased centrally. But there are a number of
7	different tools that help those who are not in the
8	field of counseling and psychology and psychiatry to
9	get the tools to be able to have that conversation
10	and to know when, to say what, and what to do to get
11	students connected with resources.
12	CHAIRPERSON BARRON: Thank you. So,
13	you've talked about the \$5 million allocated through
14	CARES and you've talked about CUNY having an
15	additional 1.9 million added since adoption. In
16	addition, cuties budget includes 77.1 million for FY
17	23 should be allocated at the discretion of the
18	community colleges. How has CUNY campuses spent
19	their allocation for FY 21?
20	VICE CHANCELLOR MAYBANK: We were deaf I
21	have to get back to you on that because that would be
22	something we would have to gather from each of them.
23	CHAIRPERSON BARRON: Okay.
24	VICE CHANCELLOR MAYBANK: As Ryan worked
25	diligently to get that number of 54 and nine for us

1 COMMITTEE ON HIGHER EDUCATION 76 2 CHAIRPERSON BARRON: Yes. VICE CHANCELLOR MAYBANK: You know, it 3 4 takes a little do to make sure we are getting it for 5 you. CHAIRPERSON BARRON: To date--6 7 illicitly also be a question that you can get back to us on. To date, how much of the federal funding 8 9 earmarked for mental health has been allocated to each of the community colleges and what was the 10 11 methodology used for distribution of these funds? 12 Who made the decision of mandated distribution 13 inherent from each of the eight packages? Was it 14 based on student population? Was it based on 15 demonstrated me through the past number of students? 16 What were the formula? 17 VICE CHANCELLOR MAYBANK: We will get 18 that for you. 19 CHAIRPERSON BARRON: Thanks. 20 VICE CHANCELLOR MAYBANK: And you said 21 you are particularly are interest in that at the 2.2 community college. 23 CHAIRPERSON BARRON: Yes. What is the base line funding comprised of city tax levy for in 24 25 FY 22 for mental health resources for students at the

1	COMMITTEE ON HIGHER EDUCATION 77
2	community college and, then, what is the total
3	budget? And we will send you these in writing. Then
4	what is the total budget for mental health services
5	including all revenue streams for FY 22?
6	VICE CHANCELLOR MAYBANK: Got it.
7	CHAIRPERSON BARRON: Okay. And there
8	are two other questions and we will put them in
9	writing to you. One is of the \$77 million in federal
10	aide in FY 23 for community college, what portion of
11	this funding will be allocated towards mental health
12	and do the community colleges have enough funding to
13	deliver the support necessary to its student
14	population? And, if not, what is the deficit?
15	Again, we will send you these in writing. And I
16	wanted to know, what had been individual campuses
17	efforts and successes in getting additional funding
18	through other sources than through the usual
19	pipeline? Have they made those efforts and have they
20	been successful?
21	VICE CHANCELLOR MAYBANK: Ryan, do you
22	know of any particular circumstances?
23	CHAIRPERSON BARRON: There have been
24	some efforts in the past. One that comes to mind
25	immediately is the substance abuse grant from the New

1 COMMITTEE ON HIGHER EDUCATION 78 2 York State Office of-- OASIS, they renamed it. So I have trouble remembering the new name. New York 3 4 State OASIS. So they have a grant for five campuses. More recently, I would have to get back to you on 5 that, but there are opportunities that do present 6 7 themselves. 8 CHAIRPERSON BARRON: Thank you. Well, 9 that concludes the questions that I have and I do want to thank you for, at the outset, responding to 10 the fact that we did receive a letter from the CUNY 11 12 black faculty and staff and that you would be 13 interested in getting a copy of that. we will make sure that we get that to you and that you have 14 15 indicated that you would love to respond to them and 16 be involved with that. So we do appreciate that and, 17 at this time, I want to thank you for coming and I 18 will turn it now to the host, our counsel, Amy 19 Briggs. 20 COMMITTEE COUNSEL: Thank you, Chair 21 Seeing as we have no other Council members Barron. 2.2 waiting to ask questions, we can now turn it over to 23 the public testimony portion of this hearing and we have concluded the administration's testimony. 24 25

1 COMMITTEE ON HIGHER EDUCATION

2 CHAIRPERSON BARRON: Thank you to the 3 administration for coming, once again.

4 COMMITTEE COUNSEL: Thank you. I would like to remind everyone that we will call individuals 5 in panels. Once your new move called, a member of 6 7 our staff will unmute you and you may begin your 8 testimony once the sergeant-at-arms sets the clock 9 and gives you the cue. All testimony will be limited to three minutes. Remember, there is a few second 10 11 delay would you are unmuted before we can hear you. 12 And please wait for the sergeant-at-arms to announce 13 that you may begin before starting your testimony. 14 The first panel for public speaking with include Remy 15 Salas from CUNY Rising Alliance, Anna Compton from 16 the New York Public Interest Research Group, and 17 Xenia Sami Maitland. Remy Salas, you may begin your 18 testimony. I will now call on Remy Salas to begin 19 his testimony.

SERGEANT-AT-ARMS: Time begins now.

21 REMY SALAS: Hello, everyone in the entire 22 Higher Education Committee and Chair Barron. My name 23 is Remy Salas. I am the campaign director for the 24 CUNY Rising Alliance, as well as a professor in the 25 Department of Ethnic and Race Studies at CUNY BMCC

1	COMMITTEE ON HIGHER EDUCATION 80
2	and a proud union member for the PSC CUNY. CUNY is
3	lagging way behind on the recommended ratio of one to
4	1000 clinical professional counselors per student.
5	This is according to the Accreditation of Counseling.
6	Right now, CUNY averages one mental health counselor
7	to 2700 students which is unacceptable. The CUNY 19
8	pandemic has been devasting for all students trying
9	to cope with how it impacts their lives while they
10	are still pursuing their education. As a professor,
11	it breaks my heart to see many of my former student,
12	even active students, not have enough support to help
13	them thrive, causing many to struggle academically
14	and even going as far as dropping out. CUNY has so
15	much untapped potential in human capital and great
16	students not to provide the efficient mental health
17	resources. The demand for more clinical
18	professionals arose way before the pandemic.
19	Advisors can be very vital to any student's mental
20	health where they can speak, clear their minds, and
21	provide students the direction and guidance on how to
22	deal with life's challenges while completing their
23	education. I would also like to add that and note
24	that there are more than 50 percent of CUNY students
25	that live below the poverty line and face housing and

1	COMMITTEE ON HIGHER EDUCATION 81
2	food insecurity. Some are even living in shelter as
3	they fight to improve their lives and fight to
4	improve the lives of their families. It is our
5	responsibility to ensure that students are given all
6	the tools and resources they need to be healthy and
7	successful. Once again, I want to thank everyone at
8	the Higher Education Committee and all the members of
9	the committee for the opportunity for students,
10	staff, and entire community. Thank you.
11	COMMITTEE COUNSEL: Thank you for your
12	testimony. I will now call on Anna Compton.
13	SERGEANT-AT-ARMS: Time begins now.
14	ANNA COMPTON: Good morning. Thank you
15	for having me. My name is Anna Compton and I am a
16	senior at Hunter College. This is not my first time
17	testifying on mental health. Although there have
18	been improvements, we need to ensure that resources
19	are not only available, but accessible. Transferring
20	in 2019 was not easy, especially with the student
21	with an IEP from a two-year SUNY to a four year CUNY.
22	It was extremely isolating and the only reason I
23	learned about services like the counseling center was
24	because I registered with the Accessibility Office.
25	I quickly learned that this wouldn't be easy and, top

1	COMMITTEE ON HIGHER EDUCATION 82
2	of this, the intake appointment would take four to
3	six weeks. I was told by friends of mine to be
4	careful with how much I shared because they are quick
5	to send you to the outside provider. I immediately
6	communicated that I was fine with short-term
7	sessions, but I was still referred off-campus. I was
8	given a list of 10 therapists in the city that took
9	my insurance. With this list came many barriers.
10	Many of these providers should not take my insurance
11	and, for those that did, the waiting period for an
12	intake would be about eight weeks and sessions were
13	not guaranteed and could take up to 12 weeks. On top
14	of this, many of the providers were an hour away
15	and/or only had sessions during class times and had
16	limited hours or they never called me back. In March
17	2020, I was desperate. Distance learning with a
18	disability was brutal. I just needed someone to
19	listen, even if it was only for session. I
20	essentially begged Hunters counseling services to do
21	short-term sessions, but was given the same list of
22	referrals that they gave me in September 2019. It is
23	also important to know that, before we even and
24	online learning, I had been in their offices three
25	times and in one of these visits, my counselor even

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2 sat down with me and we called the referrals together 3 and she was able to see that they weren't working. 4 Once July 2020 rolled around, I got a call back. I begin sessions with a therapist, but it was not a 5 positive experience and I had to end immediately. 6 Fall 2020, I was able to complete a handful of 7 8 sessions and then December came around and, as I 9 settled in, I was told that my therapist at been transferred to another facility and I was able to 10 11 stay with this place, but I get sessions rolling 12 until around April. And this being our first 13 semester fully online, my mental health was at an all-time low this point in April and I'm reminded of 14 15 this on the daily with my GPA and grades from last 16 semester. We are now in fall 2020 and I am starting 17 this process all over again. In the last five 18 months, I have had four sessions, similar to my 19 summer situation. There's only one open time for her 20 to meet with me. I asked if it was possible to see 21 another therapist in house and she told me I would 2.2 have to be waitlisted for an intake appointment and 23 it could take up to six weeks. I understand therapists cannot be available to us 24/7, but in 24 25 these cases, I feel that campuses need to help

1 COMMITTEE ON HIGHER EDUCATION 84 students find a solution and meet us halfway. 2 Ι 3 think there should be--4 SERGEANT-AT-ARMS: Time expired. counselors available--5 ANNA COMPTON: 6 Oh, sorry. Sorry. Am I cut off? 7 CHAIRPERSON BARRON: You may continue. ANNA COMPTON: 8 Okay. Can I continue? 9 Okay. CHAIRPERSON BARRON: Yes. 10 11 ANNA COMPTON: So, I think, in situations like this, there needs to be some kind of 12 13 emergency session available. I'm sorry. I'm almost 14 done. Not only do we need more counselors, but we 15 need more counselors to work with students with 16 disabilities, students who are [inaudible 01:49:34] 17 housing insecure, students of color, and LGBTQ 18 students. We needed this before the pandemic you 19 certainly need it now. We need direct actions from 20 our New York leaders to invest in in prioritize the well-being of public school students. This includes 21 2.2 the governor, City Council, the Board of Trustees, 23 and campus presidents. We need to look at how other colleges are addressing mental health in invest in 24 options that work for all CUNY students and ensure 25

that the wellness fees we are paying for our actually 2 3 being utilized for us and by us. NYPERG is calling 4 for more funding for on-site mental health services on campus and to decrease weight times like the ones 5 I have experienced. I also asked for the creation of 6 7 a funded outreach should be created so we can destigmatize mental health in extend support to more 8 9 students so that they can receive the help they need. I believe this can be done with the help and support 10 11 of the city Council by ensuring adequate funding for mental health services, passing new deal for CUNY, 12 and we can bring about structural change for 13 14 educational experiences for students. Thank you. 15 COMMITTEE COUNSEL: Thank you for your 16 testimony. I will now call on Azania Sammie Maitland

17 to testify.

18 SERGEANT-AT-ARMS: Time begins now. 19 AZANIA SAMMIE MAITLAND: Good almost 20 afternoon. My name is Azania Sammie Maitland and I 21 am speaking as a student at Hunter College. Thank 2.2 you for inviting me to testify. Today I will be 23 speaking on the importance of mental health support service on campus. We are trying times in which the 24 very fabric of our society and notions of who we are 25

1	COMMITTEE ON HIGHER EDUCATION 86
2	as Americans and residents of New York State have
3	been stretched nearly to the breaking point. So,
4	it's no surprise that the psychological resilience of
5	many has been rendered threadbare. College students
6	inhabited a precarious mile marker on the road that
7	is life. It is a journey of judgment, obstacles, and
8	becoming. It is the process of professionalizing
9	personhood, to be sorted and sideload into the career
10	in which your actual survival and societies tied to.
11	Even in the most privileged of circumstances, it can
12	trigger an existential crisis. So, what is the
13	trajectory for students who are facing poverty, food
14	insecurity, housing insecurity, and the myriad of
15	challenges that working-class New Yorkers must
16	overcome every single day to successfully navigate
17	the road of life? Side, yet of equal consideration,
18	I implore all decision-makers and agenda setters to
19	take into account the need for culturally competent
20	mental health services. There are difficult
21	dialogues to be unpacked within discussions about
22	racism in America and if the objective is mending in
23	healing in the service of wellness healthy
24	personhood, to best navigate the road of life, then
25	asking black students should cross racial lines on

1	COMMITTEE ON HIGHER EDUCATION 87
2	that journey to appease may be quite tumultuous. We
3	must share him for access to LCSWs and counselors of
4	color. NYPERG is calling for more funding for onsite
5	mental health services on campus and to decrease wait
6	times. I am also asking you to consider providing
7	the funding for creating an outreach program so we
8	can take the shame out of needing mental health
9	support and extend these support services to students
10	who may have never reached out for help before. An
11	outreach program could also enable data collection to
12	gain a qualitative understanding of the human impact
13	these expanded support services have. With the
14	commitment of the City Council to ensure adequate
15	funding for mental health services in the passage of
16	the new deal for CUNY, we can repave potholes, reduce
17	gridlock, and widen lanes that enable more people to
18	have safe and successful journeys down the road of
19	life. Thank you.
20	COMMITTEE COUNSEL: Thank you for your
21	testimony, Azania. I will now turn it to Chair

Barron for questions. 22

CHAIRPERSON BARRON: Thank you, Ms. 23 Briggs. I want to thank the panelists for coming and 24 25 sharing their testimony with us and it seems like

there is a steady recurring theme which talks about 2 3 the long wait time and how long it takes to get an 4 appointment and when those referrals are given, they 5 are not responsive or they are not appropriate, given the time, or the provider is just not willing, for 6 7 whatever their reason, to engage in that. And that 8 is really troubling. To Professor Salas, you have 9 They have said they have come down and heard CUNY. the ratio is now-- I think it's one to 1600 odd 10 11 students which is approaching what the International 12 Accreditation of Counseling services required. So, 13 we should be seeing some -- We should make sure that 14 that's, in fact, happening which is why I did ask for 15 disaggregation of the numbers of counselors per campus so that we can see is it equitable? 16 Is it 17 appropriate for the number of students that any 18 particular campus has? So, we will be involved in 19 checking that and seeing that and sharing that with 20 you. And to the CUNY students, be encouraged. 21 You're on a journey that is beginning or midway of a 2.2 lot of other things that are going to be open to you 23 and please keep us informed of how things are going. And we certainly need to look at the issue of not 24 25 being able to get a referral. That is an appropriate

1	COMMITTEE ON HIGHER EDUCATION 89
2	response. And particularly, knowing that you have
3	tried for three months I think it was Azania
4	said over a period of three semesters, such a
5	limited response and even having her counselor on
6	site sitting there with her and validating the
7	experience that she had. So we do thank you for
8	coming and sharing your concerns and raising these
9	issues to us and we will stay in tune with getting
10	answers to those questions. Thank you. I will turn
11	it back now to the host.
12	COMMITTEE COUNSEL: Thank you, Chair
13	Barron. Our next panel of public testimony in order
14	of speaking will be Gregory Kuhlman Brooklyn College
15	at CUNY and Lisa Nishimura from Young Invisibles.
16	Gregory Kuhlman, you may now begin your testimony.
17	SERGEANT-AT-ARMS: Time begins now.
18	GREGORY KUHLMAN: Hi. I am Greg Kuhlman.
19	I'm the director of what we call personal counseling
20	at Brooklyn College and I am very grateful for the
21	opportunity to speak with you today. And I am also
22	want to express my gratitude and appreciation to the
23	Vice Chancellor, to the Chancellor, to Ryan Camire
24	for all of their efforts to improve the resources for
25	mental health at CUNY and at Brooklyn College. And I

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2 believe that, in spite of these efforts, that we have 3 a long way to go. And I would like to highlight a 4 couple of things for you. One is that these outside 5 referrals to communities services for students are great when the student is motivated and has the 6 7 resources to take advantage of them. But, for most 8 CUNY students, especially the most disadvantaged 9 group, it is really not a viable option and they are concerned that their family is going to see the 10 11 explanation of benefits from their insurance 12 provider, they don't have the co-pay, you heard about 13 the difficulties that, I think, even a relatively 14 intelligent and articulate student had making these 15 connections. And so, that is why our model what 16 Brooklyn college is we attempt to provide group 17 counseling services on an ongoing basis to every 18 student who needs them. And, so far, we have been 19 able to do that. It is a challenge educating 20 students that that is a first-class service that 21 sometimes is better than individual counseling. I 2.2 think I don't have that much time to highlight a lot 23 of different things, so I am just going to say that, when you are looking at student took counselor 24 25 ratios, would urge you to pay a tension to a couple

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1	COMMITTEE ON HIGHER EDUCATION 91
2	of things. I think it's really important to have
3	permanent full-time counselors for continuity of
4	care. If a student comes in on Monday seeking
5	services because they are suicidal, it's not a great
6	idea to have the counselor not available until the
7	following Monday or even in three days. There is a
8	role for part-time counselors, but most of the
9	counseling needs to be done by fulltime professionals
10	to provide that kind of continuity of care and,
11	especially, when you are using a lot of interns and
12	other trainees who need pretty intensive supervision.
13	There is a role for them, too, but it has to there
14	has to be a core of stability and professionalism.
15	Okay. I'm done.
16	COMMITTEE COUNSEL: Thank you for your
17	testimony. I will now call on Lisa Nishimura.
18	SERGEANT-AT-ARMS: Time begins now.
19	LISA NISHIMURA: Good afternoon. My name
20	is Lisa Nishimura and I am the engagement coordinator
21	at Young Invincibles. As you know, Young Invincibles
22	is a policy and advocacy nonprofit dedicated to
23	elevating young adults in the political process and
24	expanding economic opportunities for our generation.
25	We work with young adults to ensure that our voices

1	COMMITTEE ON HIGHER EDUCATION 92
2	are at the table when it comes to higher education,
3	healthcare, workforce development, and civic
4	engagement. I want to thank the New York City
5	Council, Chairwoman Inez Barron, in the Committee on
6	Higher Education for the opportunity to testify at
7	today's hearing. So, today's hearing is for the
8	Committee on Higher Education and is held at a
9	crucial time for New York's college students. We
10	have seen how the COVID 19 pandemic has indoor
11	miscellany impacted college students mental health.
12	According to active minds, more than 80 percent of
13	college students reported that COVID 19 had
14	negatively affected their mental health. For CUNY
15	students, more than half reported experiencing
16	anxiety and/or depression, but have stated that they
17	needed mental health support as a result of the COVID
18	19 pandemic. However, even though half felt they
19	needed mental health support, it does not mean that
20	they actually received services or quality care given
21	limited capacity. According to a national survey
22	from Inside Higher Ed and College Post, after a year
23	into the pandemic, more than 60 percent of college
24	students nationwide reported having fair or poor
25	mental health and, out of those, about 60 percent
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1 COMMITTEE ON HIGHER EDUCATION 93 2 graded their campuses mental health services a C or 3 lower. This particular statistic is not surprising 4 those CUNY students have expressed similar sentiments in regards to campuses mental health services such as 5 waiting time to see a counselor. Some of our 6 7 advocates at Young Invisibles stated there were 8 counselor waitlist with no guarantee. Some students 9 reported that they were told that they would be able to see a campus counselor within three to four weeks, 10 11 but ended up ultimately waiting more than six months with no updates on when they would be seen. 12 То 13 highlight this issue, about 86 percent of CUNY 14 students who have anxiety, depression, or serious 15 psychological distress have not visited a campus 16 mental health center within the last 12 months, 17 according to Healthy CUNY. This could be due to 18 various factors such as inaccessibility to these 19 centers, that of being able to see a counselor or 20 even stigma. In addition, students have expressed a 21 lack of diversity of mental health professional on their campus, vocalizing how they do not feel 2.2 23 represented which can affect the student's ability to connect with their counselor and ultimately continue 24 seeking services. The urgency to resolve the core 25

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2 issues of mental health services expressed by 3 students is even more critical, given this could be a 4 matter of life and death. According to Active Mind, suicide is the second leading cause of death among 5 young adults. Among CUNY students, about 10 percent 6 7 ages 18 to 25 had serious thoughts of suicide while 8 about six percent ages 26 and older had the same 9 thoughts, according to Healthy CUNY. Giving the city's commitment to public higher education system, 10 11 supporting CUNY must be elevated as a priority so that all students who seek services receive them. 12 Ι 13 am asking the city to increase investments on campus 14 mental health resources that would help increase 15 capacity such as investing in peer to peer mentoring programs that would supplement services students are 16 17 receiving. This would be both-- I'm almost done. 18 This would both increase capacity while also giving 19 students the job. In addition, it would also help 20 build a pipeline to a more diverse pool of 21 counselors. Given the urgency of this matter, I 2.2 strongly urge the city to help fund hiring more 23 counselors for CUNY to me the ever-increasing demand of students seeking support. Lastly, I recommend 24 that the city support Senate Bill S844 which requires 25

1	COMMITTEE ON HIGHER EDUCATION 95
2	CUNY and SUNY campuses to have at least a ratio of
3	one mental health professional to 1000 students. I
4	urge the Committee on Higher Education to consider
5	the concerns and solutions of other students and
6	student-led organizations speaking today. Thank you
7	for your time.
8	COMMITTEE COUNSEL: Thank you for your
9	testimony, Lisa. I will now turn it to Chair Barron
10	for any questions.
11	CHAIRPERSON BARRON: Thank you. I want
12	to thank this panel for coming and sharing their
13	testimony and I'm glad to see that the CUNY
14	administration is still on the line to hear directly
15	from you what your concerns are. And, Dr. Kuhlman,
16	you talked about group counseling which is something
17	that I had thought of previously but didn't bring up
18	in this session and it would be interesting to know
19	how popular is your group counseling sessions, what's
20	the percentage of students who are in group
21	counseling as opposed to those who are in one to one
22	counseling, and what's been the response of students
23	to group counseling? I can see that there is an
24	advantage to peers sitting down and talking about
25	similar kinds of issues, but I also think there might
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1	COMMITTEE ON HIGHER EDUCATION 96
2	be something that has a greater need than what would
3	be talked about in a group counseling. So, how
4	popular is the group session? How many students are
5	generally there? How often do they mean and how
6	often does that compare to individual one to one?
7	Professor Kuhlman, can you answer that? Oh, okay.
8	Well, if you can find that information out and send
9	that to us, we would be glad to
10	GREGORY KUHLMAN: I was muted.
11	CHAIRPERSON BARRON: Oh, okay.
12	GREGORY KUHLMAN: I was not able to unmute
13	myself. The host has control of that, which is
14	appropriate. And I can say I don't have exact
15	figures for you, but maybe a quarter of students or a
16	third of students are motivated to take advantage of
17	the kind of unlimited group counseling and it is not
18	suitable for all students if they have trauma or they
19	have a high level of risk. We would want to follow
20	them individually. But having the group counseling
21	option allows us to direct our resources to, you
22	know, the higher clinical priorities and with respect
23	to group counseling, you know, it is really
24	interesting how students can watch more experience
25	students who have more experience in counseling, the

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less experienced students can learn from the more 2 3 experienced students how to use counseling, how to 4 participate in it so that they get the maximum value 5 from counseling. So, it really, in some ways, for most students, it is more valuable experience than 6 7 individual counseling and it is kind of a counterintuitive thing, but it is supported by 8 9 research in the field.

CHAIRPERSON BARRON: Thank you. 10 And to 11 Ms. Nishimura, we thank you, again, for your comments 12 and highlighting the need for a population that 13 reflects the diversity of students should be involved 14 in and providing services. And, again, we hear about 15 the long delay in getting a response wait time, that 16 waitlist, and that seems to be a recurring theme that 17 we are hearing. So, as I said, Dr. Maybank is here 18 and she is taking notes copiously. So, I'm sure 19 that, as the program goes forward, she will include 20 that. And, Dr. Maybank, if the host couldn't meet 21 you, what is the forms of counseling that are 2.2 presented it if you could come in your responses to 23 says we posed earlier questions, indicate how many campuses are utilizing group counseling for meeting 24 the mental health needs of students and how effective 25

1	COMMITTEE ON HIGHER EDUCATION 98
2	counselors or the students that have indicated how
3	that is been for them? So if you could find that
4	information and share that with, we would appreciate
5	that, as well.
6	VICE CHANCELLOR MAYBANK: Most
7	definitely. And I just want to echo Dr. Kuhlman's
8	characterization. Group as a therapeutic
9	intervention matters. I've seen it work. I've seen
10	it work in so many ways for so many young people over
11	the course of my career that I definitely hope that
12	we will take a look at that. And even if you have a
13	waitlist group, it matters. Things come to a head
14	and can be addressed in that context, as well. So,
15	definitely we will look at that.
16	CHAIRPERSON BARRON: Good. Okay.
17	COMMITTEE COUNSEL: Oh, Chair Barron,
18	apologizes. You are muted.
19	CHAIRPERSON BARRON: Thank you. I just
20	wanted to pose another question to Dr. Maybank. And
21	it gets back to an earlier topic that I raised with
22	you regarding part-time and full-time. I'm not
23	familiar with all the intricacies of that, but I
24	think I think getting little notes here that it
25	may be that part-time counsel may work as few as five
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2 hours per week. And so, as you break down that 3 information for me as to the number of part-time and the number of full-time, if you would further 4 5 disaggregate it so that I'll know, of the part-time people, how many hours or days or whatever they are 6 7 working. And the other question is does the ratio--I don't have information about the International 8 9 Accrediting Counseling Services, but do they have different standards for different titles or is it 10 11 blanket that they have one counselor per 1500 12 students which is an amazing amount.

VICE CHANCELLOR MAYBANK: 13 There is a 14 rather lengthy document that provides standards 15 associated with counseling services. And so, the 16 thing that most universities are looking for, 17 campuses are looking for, is that ratio. You know, 18 that is the thing that most people go to, so it is 19 set as a standard and they have a statement that 20 says, you know, that the advice is 1000-1500. And 21 so, it depends on the nature of the campus. Ιt 2.2 depends on the setting. It depends on the market in 23 which you sit, as well. And so, they have kind of set that as the overall standard, but they talk about 24 different types of clinicians in the documents that 25

1	COMMITTEE ON HIGHER EDUCATION 100
2	they produce and in the different ways that the
3	services can be structured and may offer different
4	ways of engaging students. So, I can get you a
5	link
6	CHAIRPERSON BARRON: Okay.
7	VICE CHANCELLOR MAYBANK: So that you
8	can kind of explore their website.
9	CHAIRPERSON BARRON: Okay. Thank you.
10	And I have a note that Dr. Kuhlman has raised his
11	hand. I don't know if that is before or if that's
12	from now. So, if it is for now, the host can unmute
13	you and you can pose or whatever your comment is.
14	GREGORY KUHLMAN: Hi. Thank you very much
15	for recognizing me. I would just like to urge that
16	when we look at student to counselor ratios, that we
17	be careful that we are looking at not at FTE
18	students, because you can't counsel a quarter of a
19	student or a half of a student. So I would like to
20	urge that we look at the ratio of counselors to
21	actual enrolled student persons, not FTE according to
22	the number of credits for which they are enrolled.
23	CHAIRPERSON BARRON: Oh. Interesting.
24	That makes sense. Yes. Thank you, Dr. Kuhlman. And
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2	I will now turn it back to our host, Amy Briggs, to
3	take us further. Thank you to the panel.
4	COMMITTEE COUNSEL: Thank you, Chair.
5	Chair, seeing no other Council members waiting to ask
6	questions, we have now heard from everyone that has
7	signed up to testify and we appreciate your time and
8	presence. If we have inadvertently missed anyone
9	that would like to testify, please use the raise hand
10	function in zoom and I will call you in the order of
11	your hands being raised. Seeing no one else, I would
12	like to note that written testimony which shall be
13	reviewed in full by committees staff submitted to the
14	record up to 72 hours after the close of this hearing
15	by emailing it to testimony@Council.NYC.gov. Chair
16	Barron, we have concluded public testimony for this
17	hearing.
18	CHAIRPERSON BARRON: Thank you. Seeing
19	that there is no further business before this body,
20	we are no adj
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CERTIFICATE

World Wide Dictation certifies that the foregoing transcript is a true and accurate record of the proceedings. We further certify that there is no relation to any of the parties to this action by blood or marriage, and that there is interest in the outcome of this matter.



Date October 12, 2021