CITY COUNCIL
CITY OF NEW YORK

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TRANSCRIPT OF THE MINUTES

of the

COMMITTEE ON STATE AND FEDERAL LEGISLATION

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City Hall

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statements.

CHAIRPERSON FOSTER: Before you get started, I just want to let everyone know that the Speaker will be coming up in a minute. When she does, I might interrupt whomever is speaking, just to acknowledge her and see if she has any opening

JOEL BERG: Sure. We always yield for the speaker. Thank you, Chairwoman Foster for your incredible leadership on this vital issue. I handed in written testimony so I'll summarize the main point. The main point really is that we need Congress to step up with the bucks. As you know, the city can't print money. The state can't print money. Only the federal government can print money.

The President has made a courageous commitment to end child hunger by 2015 as a down payment on ending all hunger in America. In the richest country in the history of the planet, there are tens of millions of American children, including more than 400,000 in New York City alone that live in households that cannot afford enough food.

Saying we can end hunger without a

lot more federal spending is like saying we can end drought without a lot more water. It is a critical vital component. We believe that the budget would take at least another \$4 billion a year in federal spending, or about \$40 billion over ten years to really place that serious down payment on ending hunger among children entirely. Combine that with the continuing food stamps benefits and raised wages, because we do believe that the single best solution to hunger is living wage jobs for all Americans and all New Yorkers.

It would take, we really think, \$40 billion over ten years. The President very responsibly proposed a billion dollars over ten years. And he proposed ways to pay for it in his budget. It is very disappointing that the version that's now moved through the Senate Agriculture Committee only has half of the president's requests.

Mostly, in my judgment, because certain entities don't want to take on agribusinesses and somehow don't want to make the billionaires pay their fair share. We've got to pay for this somehow and I believe this society

has more than enough money to pay for it.

Child hunger costs this society tens of billions of dollars a year and yet to say we can fix it for a few billion dollars a year, if there was a hole in our roof and a handy woman or a handyman came to us and said the hole in your roof is costing you \$30 a year and you can fix it for \$4 or \$5, you'd certainly take the deal.

What would this money pay for?

First and foremost I would say it needs to pay for universal in classroom school breakfast. More then two-thirds of the children currently receiving school lunches in New York City are not getting school breakfast.

So it's great we've moved to somewhat universal school breakfast. It's great that there's been a very small pilot project in New York City starting in a few schools to do school breakfast in the first period classroom; the vast majority of the 1,600 schools in New York City are not providing breakfast in the classroom.

The mayor and the chancellor could do this tomorrow on their own, but it would be a lot easier to do and a lot better economic deal

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for the city if federal law made sure there were reimbursements for doing it and made sure there was a lot less paperwork in doing it.

I'm about to release a paper in a few weeks for the Center for American Progress in Washington, D.C. Building on some of my amazing work of many of my colleagues in this room, I calculated that nationwide the paperwork alone costs us about a billion dollars a year. Why spend a billion dollars on paperwork to keep meals away from low income children?

I'll just close by this. Sometimes people who oppose spending resources on this say well we have to choose between higher quality meals or making sure more hungry children get meals. We've been working very hard with my colleagues in the alliance here to have a unified stand that basically says we can and must do both.

We must ensure there's enough money to ensure there are high quality meals and we must have enough money to ensure more hungry children have enough meals. There are now 56 billionaires in New York City, surely we can ensure no child goes hungry.

hunger. So then add in the number of adults that
get included into that number. That happens while
childhood obesity has doubled here in New York
over the past 25 years and now accounts for \$242
million in statewide medical costs. Put that in

the context of the state budget discussions.

Now these are two sides of the very same issues and ones that we've been working and Council Member Crowley and Chair Foster have been big parts of those efforts working very hard to address.

They are problems, quite frankly, that we can no longer continue to ignore. But unlike so many other issues we face in this city or world, some that there just aren't cures to.

Diseases you don't know how to cure. Problems you don't know the answer to. This is not one of them. If we decide we're going to, I believe we can actually fix and solve both of these problems.

We can increase people's access to quality affordable food in their neighborhoods and we can decrease the availability and the consumption of unhealthy fast foods.

Now one of the ways we can do that,

will go home and teach their parents what their parents may not know.

That said, I and I think the

Council still have major concerns with the bill's current form and would like to see some key

changes that will benefit students here in New

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1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 12 York City and I think in other cities across the 2 3 country. 4 First, the reauthorization should 5 increase the funding from \$450 million to a 6 billion dollars per year to match President Obama's plan to eliminate child hunger by 2015. 7 8 Second, the bill needs to ensure that the excellent snap education program is not 9 10 sacrificed in favor of other nutrition programs. 11 This is really important, particularly for all of 12 us. We also want to see the program directly certify Medicaid recipients for free lunches 13 14 expanded to become a full program. 15 These and other critical 16 improvements are outlined in the resolution we are 17 hearing today and I want to thank Chair Foster for 18 moving on it quickly. I want to note that 19 Philadelphia, Chicago and Rochester have already 20 begun similar efforts at our urging to pass 21 resolutions in their city councils. We're trying 22 to get as many cities across the country to join 23 this campaign. 24 In addition, here in the Council 25 we've been doing outreach to get letters sent to

1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 13 the President and to Congress. We started this 2 3 last week. We're already over 500 letters and 4 coming up on 600 letters. So I want to thank everybody who has helped with that. 5 Again, I want to thank Chair Foster 6 7 and Council Members Arroyo, Palma, Recchia, 8 Jackson and Fidler who have worked on this resolution. I want to thank our staff: Sarah 9 10 Brannen, Danielle Porcaro, Joe Mancino, Phil Monaco, and Dave Pristin for their work. 11 12 to thank all of our partners in this, particular

Alliance for Child Nutrition Reauthorization as

well as Senator Kirsten Gillibrand who has really

been working very hard to try to get this issue

16 focused in the halls of Congress.

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I just want to say, if we miss this opportunity it could be a really long time before we get another one and lots of children's health will be lost in that period of time. So I want to thank everybody's who is here today to send an important message from New York and other urban centers to Washington. Thank you, Madame Chair.

CHAIRPERSON FOSTER: Thank you for your leadership on this. We just finished hearing

1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 14 2 Joel, so we can continue however you decide to go 3 next. 4 AINE DUGGAN: Good afternoon. I'm 5 Aine Duggan and represent the Food Bank for New York City. I just want to thank the Council and 6 7 the Speaker and this committee in particular for 8 keeping the Child Nutrition Reauthorization bill front and center for the city. Like Joel, I'm 9 10 just going to summarize the written testimony. 11 I didn't know better I'd say the Speaker had just 12 read it because those are basically the same 13 points that we want to make. It's all about the amount of 14 15 funding that's in the current proposals, the 16 inadequacy of that funding and also that it's 17 coming from the wrong place. 18 When we repeat the need, and I'm sure several of us will, and we all have different 19 20 statistics, I don't think that it's a moot issue. 21 I mean, I think it's important for us to note that 22 27% of children in New York City are living in 23 poverty and that doing something about that and 24 making sure that they have access to food is

important for all of us to remember.

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The one statistic that I quite like to use is that the United States ranked 20th out of 21 industrial nations in a 2007 Unicef study on child wellbeing. So we certainly have a long way to go.

The Child Nutrition Reauthorization bill presents an opportunity to fix a number of issues, including getting more healthy food to children in need. It's been proven time and time again, particularly by research done by the USDA that when children have access to school meals they do have access to more nutritious meals and they are healthier as a result.

Notwithstanding all of the recent media focus on school lunches not being healthy, it should be noted that here in New York City, school food has done an enormous amount of work to increase the nutritious value of the food provided in school meals. We still have a long way to go. We have a long way to go in terms of giving kids access to those meals, but we should note the improvements that have happened.

For that reason, I really want to focus on school lunch as being the most important

part of Child Nutrition Reauthorization. I think we need to look at the way reimbursement works and we need to look at the system that is put in place around reimbursement. Just like the cost of food increasing affects families and their ability to put food on the table, it also affects school food and other school districts around the country and their ability to put nutritious food on the table. So if we want them to continue the work that they have been doing in improving the quality of the

Secondly, the system that's currently in place for reimbursement, i.e. the long application forms that have to be submitted annually by parents, is an unnecessary burden on the parents. It's an unnecessary burden on the school system. I'm sure we'd all prefer to see teachers and school administrative staff educating our children rather than counting forms.

food, we need to see reimbursement rates that

reflect the actual cost of the food.

It's an unnecessary burden, if you will, a clichéd, cruel and unusual punishment on the very children that get excluded from school meals because their parents haven't submitted the

forms or because they've submitted inaccurate forms. So to that end, and I know that there is some disagreement about the term that would be used, whether we call it universal, whether we call it alternative counting, whether we call it direct certification, I think we can all agree that the name doesn't matter.

We need a system that allows kids to have access to lunch without filling in long forms. So we would like to see, if nothing else, that a universal meals pilot at least, if not full program, come out of Child Nutrition Reauthorization.

In order for it to happen, we need to see more money going in to Child Nutrition

Reauthorization. I would say let's make it simple. Instead of arguing about the numbers, let's just take the 4.5 million, cross out the M and put a B after it because we should be talking about billions in order to pay for this thing.

On top of that, we need to look at where the money is coming from. As the Speaker mentioned, taking money out of SNAP-Ed and putting it into Child Nutrition Reauthorization is the

1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 18 cheekiest version of robbing Peter to pay Paul 2 3 that I have seen in public policy. 4 If we want to take it out of Aq, 5 and I'm not saying that we should, but to me it's a little bit like watching a doctor do a skin 6 7 graft. They're not going to go for the leanest 8 part of the body; they're going to go for the fleshy part. If we want the fleshy part of the Aq 9 10 budget, we need to go for Title 1 of the Farm Bill. In that way we would kill two birds with 11 12 one stone. We would reduce the amount of money 13 going into the production of high fructose corn 14 15 syrup infused foods that are targeted to low income children and at the same time, we would 16 17 boost Child Nutrition Reauthorization. So if we 18 want to be strategic about it, there are better 19 ways to qo. 20 We would like to see new money out 21 in the table and we'd like to see a universal 22 We totally support the Council's hearing 23 here today and Resolution 79. Thank you. 24 KRISTEN MANCINELLI: I worked 25 really long to get my oral testimony to three

1	COMMITTEE ON STATE AND FEDERAL LEGISLATION 19
2	minutes.
3	CHAIRPERSON FOSTER: Introduce
4	yourself for the record please.
5	KRISTEN MANCINELLI: Kristen
6	Mancinelli from City Harvest. So I'm just going
7	to read it as is. Good afternoon, Chairwoman
8	Foster and committee members.
9	SPEAKER QUINN: If I can interrupt,
10	I just want to take a second to congratulate City
11	Harvest not just on your hunger work but your
12	environmental work because you're probably the
13	greenest fleet of any fleet out there.
14	KRISTEN MANCINELLI: Thank you very
15	much. We did green our entire fleet of trucks.
16	Thank you so much for the opportunity to speak
17	today on behalf of City Harvest and the 85
18	organizational members of the New York City
19	Alliance for Child Nutrition Reauthorization.
20	As many of you know, City Harvest
21	rescues food that would otherwise go to waste and
22	delivers it to pantries and kitchens throughout
23	the five boroughs. Because meals at school and
24	child care are critical to the diets of many
25	thousands of kids fed by New York's emergency food

programs, City Harvest also works to promote and expand the reach of the Child Nutrition programs.

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We've done so this past year by 5 coordinating the New York City Alliance for CNR to

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advocate for the city's children in this bill

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currently moving through Congress. This alliance

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was formed in part on a recommendation from the

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Council in late 2008 when it was acknowledged that

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the upcoming Child Nutrition Reauthorization was

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an important and timely opportunity for the city

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to meet the food needs of growing numbers of New

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York families struggling in the midst of the

economic recession.

economies.

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City Harvest reached out to a broad range of partners, many of whom are here, and

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solicited input for a common advocacy platform for

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CNR around four goals: to end child hunger in food

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and security, to ensure that all children have

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access to nutritious foods, to reduce childhood

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obesity and support regional farm and food

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So we thank the Council for

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encouraging this collaboration and appreciate the

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work you've done this past year to raise the

events, professional meetings and other activities to create a broad base of advocates who will continue to fight for the food needs of New York City children even after CNR has passed.

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But that moment has not yet come. So what are we doing now? After a year of

advocacy with Congress we've heard time and again, as my colleagues have mentioned, that our priorities are very welcome but the challenge is finding the money to make child nutrition programs substantially better. So this group has set its sites squarely on building the political will necessary to make a significant investment of new dollars in CNR.

In the last three months we've gotten over 3,000 letters signed to key Congress members with influence over the bill. We're terribly disappointed with the bill that came out of the Senate Agriculture Committee, with only \$450 million a year, less than half of the one billion called for by President Obama, and much less than the \$4 billion New York City has called for since the start of this debate.

The Senate version contains only a six cent increase in the reimbursement rate.

Though it's much less than the 70 cents New York

City wanted, it still takes up a big portion of the new money included, about \$3 billion of the \$4.5 billion allocated to the bill over ten years.

Other essential changes needed to

expand access to meals for low income children
have not gotten even such a big share of the pie.

That's why it's critical that we keep pushing for
a bigger investment than Congress has so far made
in this bill.

We are continuing advocacy with Senator Schumer's office to urge the Finance Committee to invest more on the Senate side. Just last week, the dedicated members of this alliance secured the sign-on of every single representative from New York City to a dear colleague letter calling on the House leadership to secure full funding for CNR.

So again, we thank the Council for raising this issue to the forefront at a critical time, just as the House of Representatives is drafting their bill. We understand that the House will introduce its bill in mid May and ask that the Council continue to call on Congress to secure substantial new funding for CNR of one billion dollars at a minimum so that these vital programs can better provide all kids with nutritious food.

Moreover, we call on Congress to make sure the Child Nutrition bill goes before the

legislation.

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For now, we continue to focus on

billion more and for that money to come from the

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1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 26 2 right place. 3 I just wanted to throw out a couple 4 of statistics related to children and also add a 5 little bit about CACFP since that wasn't mentioned, although we do support everything 6 stated about universal breakfast and lunch. 7 8 According to the Department of Health and Mental Hygiene, nearly half of New York 9 10 City's elementary school children are either overweight or obese and 27% of the kids in Head 11 12 Start programs are obese. In a national comparison, New York has the 18th highest rate for 13 overweight and obesity in children and 14 15 adolescents. We need to do better for our kids than that. 16 17 Our youngest New Yorkers are often in city and state subsidized child care centers 18 19 for 8 to 10 hours a day. So what they eat there 20 will influence their lives for a very long time. 21 In fact, in childcare and Head State programs, 22 over 36 million meals are served each year. 23 part of CNR, this reauthorization is also really 24 important and the funding for that. 25 Currently, kids in child care

JOEL BERG: It is all of those things. It's also leadership. The Mayor did, thankfully, announce about a year and a half ago that he was going to expand the in-classroom breakfast pilot project to a few hundred schools. But the truth is, I think only a handful have the

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1	COMMITTEE ON STATE AND FEDERAL LEGISLATION 28
2	breakfast in every single classroom.
3	The Department of Education has
4	basically made the voluntary, up to the
5	principals, based on the claim that the
6	Administration doesn't want to dictate to
7	principals how to run their schools. I'm
8	sympathetic to that philosophy but I guess I would
9	argue I'm not sure they've been consistent about
10	it.
11	When they Mayor wanted to end
12	social promotion, he didn't have a vote among
13	principals. When he wants to close down a school,
14	he didn't have a vote to see if the principals
15	want it.
16	So I think the School Food Services
17	has done an excellent job with the direction
18	they've gone. But you really need folks at the
19	top to understand this isn't just some namby pamby
20	sort of social work thing the do-gooders want to
21	throw in.
22	This is central to educational
23	performance. There is a boatload of evidence that
24	improving school nutrition dramatically and
25	immediately increases school performance. And I'm

and kids have to say I'm the poor kid, let me show up separately.

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In the in-classroom breakfast there are basically three different models and we don't say one size fits all. There's the model where

schools do this on test days because they know it

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1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 31 improves performance and they don't do it every 2 3 day. 4 AINE DUGGAN: The other important 5 factor to bear in mind is the relationship between 6 breakfast and lunch. I mean we have universal 7 breakfast in New York City. Yes, the time of day 8 that it's being provided is definitely a challenge and certainly in-classroom breakfast and grab and 9 10 go do provide some relief. 11 But the other issue to bear in mind 12 is that the lunch system is a tiered system. So we have free, reduced and full priced lunch. 13 That tiered system only serves to reinforce class 14 15 stigma. So that the kids who are actually eligible for free, particularly in high schools, 16 17 don't actually want to avail themselves of it 18 because they don't want to be seen as the poor 19 kids. 20 That stigma is going to translate over onto breakfast as well. So until such time 21 as the entire school meal system is universal, 22 23 we're going to see kids who are eligible for free 24 meals not availing themselves of the option. 25 CHAIRPERSON FOSTER: In terms of

the paperwork, a part of me and I don't know if
this is my conspiracy theory thing, but a part of
me believes that the paperwork is in place just to
deter those that are most in need from getting
what they need. If we were really concerned, you
wouldn't make it that difficult. Has anybody done
studies as to how it can be trimmed down or
eliminated and still supposedly capture the

information that's needed?

AINE DUGGAN: I think even in the current proposals in Congress there are a couple of options, not the least of which is using existing government data to identify who should be eligible. So even using census data, you can identify who is eligible and determine which schools would be reimbursed at what rates. We would fully support that as a pilot moving forward.

In fact, using government data should allow them to move beyond pilot and move to full implementation within the first year. There are other options on the table as well, of course.

JOEL BERG: Madame Chairwoman, just because you're paranoid doesn't mean everyone is

not out to get you. There is no question that research I've done about these programs that there were very conservative people who had many cultural biases who purposely set up the programs to limit certain types of people they found objectionable getting help from these programs. Philadelphia has used a pilot authority to dramatically reduce the paperwork the schools have using census data.

Honestly, if census data is good enough to determine who our United States Congress people are, it should be good enough to determine who gets school meals.

just add that the Medicaid pilot that's in the
Senate bill right now to allow direct
certification from the Medicaid program into
school meals only allows for the first year of the
pilot to have 2.5% of the eligible free and
reduced priced children in the country. New York
City has already more than that, almost 4% of
those kids. So we are not eligible to participate
in that pilot because it's not big enough. So we
would love to see that pilot expanded or even

1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 34 2 going to full program. 3 CHAIRPERSON FOSTER: Thank you. 4 We've been joined by Council Member Recchia, chair 5 of the Finance Committee and Council Member Crowley has a question. 6 COUNCIL MEMBER CROWLEY: 7 Thank you, Chair Foster. I really do agree with the idea of 8 having the school breakfast in the classroom. 9 Т 10 think as a parent who has two school age children, all too often they're just getting to school right 11 12 when school starts. For those students that don't have breakfast, this will make sure that they 13 actually have the time for breakfast. 14 15 My question is about the WIC 16 program as it relates to expectant mothers. 17 much discussion has gone on about that particular 18 program. I think it's a wonderful program. Are 19 there ways in this plan to expand on that to reach 20 more parents and infants? 21 KRISTEN MANCINELLI: We do have 22 Stacey Flanagan here from Public Health Solutions 23 which is the largest WIC agency. She will be 24 providing testimony and I think she can probably 25 answer more. I can say that I'm aware that the

1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 35 certification period being extended from six 2 3 months to one year for children is a good change. 4 I don't know if anyone else has comments. JOEL BERG: The only basic thing 5 I'd say is with the exception of commodities going 6 to food banks, it's the only major federal 7 8 nutrition assistance program that is not an entitlement and is a discretionary program. 9 That 10 means if 50 million people were eligible for it 11 and Congress only came up with 30 million people 12 worth of dollars, they're out as opposed to food stamps, now the SNAP program, school meals which 13 rise when the need increases. 14 15 My organization actually hopes this 16 bill creates WIC as an entitlement program. 17 think the political tea leaves are that's not going to happen. That would cost a lot more 18 19 money. And there are serious problems with the 20 infrastructure to manage WIC and it has been less 21 responsive to the economic downturn than the SNAP 22 food stamps program has or school meals, and we 23 definitely think that's something that this bill

One good thing that happened in WIC

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should address.

all political spectrums, if you believe you're

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pro-life you should support extra funding for a program that keeps babies from dying at birth.

very much. I just have one last question. What can be done as lay people to educate each other further or like in council offices? I have five council meetings a month, so I've got a very diverse range of constituents coming through that we can educate them in terms of what they're entitled to and also to be very vocal in getting this message out.

respond to that. As kind of the administrative coordinator of the New York City Alliance for CNR, this last year we have gotten so many more individuals who are not professional advocates to engage in this debate. So we took a group of chefs and culinary professionals down to D.C. to make lobby visits. Some people said that they had never experienced anything like that. They didn't know they could speak to their elected officials. It was totally new to them.

So I would congratulate the folks who have been participating in this alliance for

bringing up the Child Nutrition Reauthorization in so many different forums to educate their peers and others about this. They've done letter writing at the Green Market. They've done letter writing in schools. They've just talked about the legislation, which is not something that often happens for some obscure legislation that comes up every five years that's a national debate.

Then for the Council, absolutely the letters that are going around now that you've already gotten 500 signatures. You had an action page on the Council website last year on this, which is phenomenal. The press conferences and holding a hearing like this one is just a great boost to the movement. I would say those are great things.

would add in addition to all of the advocacy the Council is doing around CNR which is magnificent, I would say that the Council can play a real role in terms of helping schools to adopt the inclassroom breakfast and the grab and go. In fact, at the Food Bank we've done some work with some Council Members around the city so that they can

1	COMMITTEE ON STATE AND FEDERAL LEGISLATION 40
2	so Lou Dobbs hears, but the truth is there are no
3	immigration requirements on WIC, on school
4	breakfast, on school lunch, on after school
5	snacks, on summer meals, so everyone you can help
6	us get the message out in multiple languages.
7	People should come and get it. Their tax dollars
8	have paid for it.
9	CHAIRPERSON FOSTER: Do you
10	actually have information that we can put in
11	Council offices that speak to this?
12	JOEL BERG: Yes. I believe I'm
13	meeting with your staff on Friday and we'll hand
14	deliver some.
15	CHAIRPERSON FOSTER: Great. Thank
16	you very much. Our next panel is Kathy Goldman
17	from Community Food Advocates, Mark Dunle, Janet
18	Poppendieck and Stacey Flanagan.
19	KATHY GOLDMAN: My name is Kathy
20	Goldman. I'm with Community Food Advocates.
21	Actually, my colleague Agnes Molnar is the person
22	that Aine Duggan referred to who is the world's
23	leading expert on WIC. So if you want some
24	information about that, she's right there.
25	CHAIRPERSON FOSTER: Are you signed

1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 41 2 in to speak? 3 KATHY GOLDMAN: No. We figured 4 only one of us would do it. 5 CHAIRPERSON FOSTER: Why don't we do this, if we can give her a paper to sign in 6 7 when you finish handing out paper so that way when 8 you need to jump in we'll know who you are and you can answer Council Member Crowley's question even 9 10 though she had to run. All of you can jump in. 11 Thank you, we can start with you. 12 KATHY GOLDMAN: My name is Kathy 13 Some of the questions you asked I 14 thought were really important because those of us 15 who do this work every day, some of it is pretty 16 technical and so forth and it's impossible to 17 expect every Council Member to get to know all of this stuff. We are available to you at any time 18 19 of day and night and we'll be happy to go into it. 20 I also don't want to repeat what's 21 been said. We are part of the alliance and agree 22 with the points that were made. I would rather 23 focus at this point on a couple of points, 24 particularly about this issue of what we call 25 paperless universal school meals.

I just want to say why we're interested in this. I mean it's very wonderful to not have the city of New York spend somewhere between \$25-\$40 million a year checking up on whether this kid ate or that kid ate, but it's the basis of the reimbursement. That's what those forms are for. There are other ways of doing this, as was mentioned before. That is what we have to move to as quickly as possible.

The fact is we have had an opportunity even in the last couple of years to do this through a pilot operation. The city of New York has not moved to do that and it would be really important. But again, why is that? It's because the stigma that was referred to before.

There are kids that will not eat because they don't want anybody to think they're poor, even if they are poor, and especially if they are poor. But then nobody eats. We have less than a third of the kids in high schools that eat meals in school, which is insane.

It starts in junior high and in the middle schools when they start worrying about what their peers are going to think about them. That's

So they all know about it and it just keeps kids from eating. That is the main point about this, especially honestly those kids who need it the most. With a system where you use census data or something of that nature to do this instead of having people fill out forms.

Again, it was mentioned before, it is the only time in public education that anybody asks you about your income. So it just sets up a whole routine. Aside from the fact that if you even did it right, you'd have to have teachers collecting money. You'd have to have schools actually have Brinks trucks coming to pick up.

It's just nuts no matter which way you look at it.

Again, our concern, truthfully, is that more kids eat and therefore that's the whole point. In the testimony that we've provided to you, it lists the accountability system of ten different things that every school has to do, aside from picking up the forms, every single day they have to sit there and have somebody checking off who exactly ate. The question is, if you can do this by census data and figure out that school x has 80% of the kids eligible for free meals and

2 10% for reduced price and 10% for paid that's the 3 basis of the reimbursement and all you have to do 4 is multiply it by the number of meals that are 5 served that day. So it changes the whole thing.

These are entitlement programs.

That is a big deal. In the high schools we have less than 10% of the kids eating breakfast. This is crazy. You asked if the money is there. The money is there. Breakfast in particular is heavily funded. There is no reason on earth not to be feeding every single child.

I do want to say that the Council is really doing something terrific in making its positions known to the federal government because that's where the game is right now. We hope that the Mayor's Office will do the same thing so that the points that we make here and many of our advocates and so forth have made get made to the people in Washington so that all of the other points that have to be made so that this happens.

It doesn't happen all the time.

This is once every five years if we're lucky. So we really need this to go through now and especially this pilot program that we can start

COUNCIL MEMBER RECCHIA:

Right.

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KATHY GOLDMAN: So that is

definitely some possibility. But the issue that

was raised before of eating in the classroom in a

way takes care of that. It also is a real

equalizer. It's not like somebody forces

everybody.

COUNCIL MEMBER RECCHIA: But there's a major problem with that and that is the custodial staffing. That has been tried and it's a problem with the custodians. That's what we have found out. Listen, I've tried everything and I've seen everything been tried. That is a problem.

KATHY GOLDMAN: Well, I mean I have a lot of comments about whether you should have the custodians telling the school what they can do and what they can't do.

COUNCIL MEMBER RECCHIA: No, but when you have certain contract details about what teachers could clean, what they can't mop, what they could sweep. God forbid they mop or sweep. I've seen it all.

It's funny because I've studied

Japan and the way they run their schools. In

I think we can solve all of those

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1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 50 2 problems. We just need a couple of plastic bags 3 and a rag. 4 COUNCIL MEMBER RECCHIA: I agree 5 with you. 6 MARK DUNLEA: Hi, my name is Mark Dunlea and I'm executive director of the Hunger 7 8 Action Network of New York State. Compared to Kathy and probably even to Jan, I'm a relative 9 10 newcomer. I've been working at this for 24 years 11 at the Hunger Action Network. We do have an office in New York 12 13 City for about the last 18 or 19 years, but I 14 myself just recently moved to New York City. 15 We're part of the New York City Alliance for Child 16 Nutrition Reauthorization. We're also part of the 17 Northeast Regional Anti-Hunger Network which 18 represents the eight northeast states. 19 We support all the statements that 20 have been made previously and I won't bother to go 21 into detail to sort of repeat those points. 22 Unfortunately, the bottom line issue in this is 23 money. It was very good that the City Council was willing earlier to come out in favor of the \$4 24 25 billion.

One of our concerns has been that since the Senate Agriculture Committee has done their markup of the bill and came in at only the increase of \$450 million a year over the ten year period, that a lot of groups more at the national level fortunately than at the city level, have retreated to the one billion dollar figure that President Obama has put on the table.

That's not going to solve the problem here. You can go through every policy change that is needed and they all cost money. Senator Gillibrand, very much to her credit, in the Senate Agriculture Committee, did speak in favor of the \$4 billion figure.

I think earlier speakers had mentioned that she has proposed increasing the reimbursement for the school lunch program by 70 cents per meal, a worthwhile goal. That alone probably costs somewhere in the neighborhood of \$3 billion. You don't get to that when you get to the billion dollars.

One of the problems with the present \$450 million that's been proposed by the Senate Ag Committee is that most of that money

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goes into increasing reimbursement and not increasing the number of hungry children being fed. Our group, we represent the 3,000 or so food pantries and soup kitchens in New York State. feed collectively about 3 million New Yorkers annually. About a third of them are children. Hunger among children is a very, very significant

problem in the United States.

That's not to say that we don't need to also deal with the nutrition issue. remember back in '93 my organization was actively involved when we got the state legislature to pass the rule that required schools that were offering the federal school lunch program to also offer the school breakfast program.

At that point back in '93, some of our board members, predominately the nurses and nutritionists on our board were concerned about supporting the school breakfast expansion because they were concerned about what they thought was sort of the weak nutritional quality of our school meals.

The agreement we made back in '93 internally on the board was that we would support Assembly Speaker Silver agreed to, the first thing they agreed to. Yet, somehow three years later the bill remains further away than it was three years ago. A big part of that was trying to

improve the nutritional quality of the meals being

served in the school lunch and the school breakfast program. That's one of the things this

bill really needs to do.

A lot of times the biggest opponents to our efforts to improve the nutritional value of the school meals has been the New York State School Board Association. Part of that is a philosophical objection which I believe over time they have begun to step away from. But the biggest part is the funding issue.

1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 54 Unfortunately, to provide better nutrition often 2 3 does require more money. 4 How do you fund the program? 5 actually support the resolution by City 6 Councilwoman James. We believe it's time to start taking money out of the military budget to begin 7 8 feeding our children. But right now the existing rule is you have to take the money out of existing 9 10 parts of the federal agriculture funding. Like a lot of the groups up here, 11 we do believe it's time to reform the farm bill. 12 13 One of the things that is quite shocking is that if you look at the counties in America which have 14 15 the highest rate of subsidies under the commodity programs, they're also the counties in America 16 17 with the highest rate of rural poverty. 18 So the fact that we're spending all 19 this money in the farm bill to subsidize 20 commodities is not actually helping people in 21 those communities where those prices are going. 22 We have a farm policy under the 23 farm bill which promotes cheap calories and we would say obesity and other problems and expensive 24

nutrition. We need to change that.

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I'll just conclude that we really appreciate this resolution. But the bottom line issue is to be willing to say at least \$4 billion to try to help childhood hunger in America. Thank you.

CHAIRPERSON FOSTER: Thank you.

JANET POPPENDIECK: I'm Janet

Poppendieck and I'm a professor of sociology at

Hunter College. I'm an active member of the

Brooklyn Food Coalition and through it of the

alliance. I'm also the chair of the board of

Community Food Advocates. I'm the author of this

book, "Free for All, Fixing School Food in

America".

What I want to talk about just for a minute this morning is the way in which the meal quality issue and the access issue are really one in the same issue. I actually want to start in the Gulf of Mexico with the oil spill, which may seem very far from childhood nutrition but is on the minds of many Americans, but in fact is directly related to child nutrition.

That is because the reason we need to drill and take those risks with our environment

future.

and with our seafood supply for all of those of
you who may have been trying to eat healthier by
including more seafood in your diet. I think you
can be expecting to pay more for it in the near

The reason we need to do this is because of the way we farm and live environmentally. Everybody knows about food miles and our carbon footprint. But school food in the United States is 7 billion meals a year. Now, if we procured the food for those 7 billion meals a year from sustainable raised and distributed sources, we could reduce our dependence on petroleum and our carbon miles.

I'm not going to go any further into this but just to say that there is a remarkable convergence happening. It's happening here in New York. It's happening in Washington. Between the anti-hunger agenda of making sure that all our children have access to the healthy food they need and the nutrition agenda around our children's health and the issues of obesity and the environmental agenda about the way in which we produce and distribute food in the United States.

Sometimes among the advocates of these components of this agenda, there's a tension. Mark just referred to it. The kind of tradeoff we sometimes perceive between access and quality. But what I want to say is it's a spurious tradeoff.

If we succeed in increasing the access to school food, we reduce the unit cost of producing a meal. The more kids that participate and we see that in the figures here in New York, the less money per child or per meal that goes into the administration and management. The more that's available for purchasing and preparing food, so the better the quality of the meal that we can produce.

So the access issues that are being presented, the possibility of direct certification, the pilots in paperless universal, all of the issues that are being raised by advocates in terms of making sure that our kids get access to these meals is also the route to offering higher quality meals. And obviously, the reverse is true. The better the quality of the meals, the more people will participate

1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 58 voluntarily and the more the stigma will be 2 3 reduced. 4 So don't let any of us tell you 5 that these issues are opposed to each other. We need that full funding. We need that full \$4 6 7 billion additional a year. It is additional 8 money. 9 I think it's important to make 10 clear that the money we're arguing over is new 11 money for the program because school food is an 12 entitlement. The money to pay for any meals we serve that meet the reimbursement qualifications 13 is there in the congressional structure. But we 14 15 need the full funding in order to be able to both 16 increase the access and improve the quality. 17 CHAIRPERSON FOSTER: Thank you. Are you ready to answer all of our WIC questions? 18 19 STACEY FLANAGAN: The ones I can't 20 answer, I know Agnes can. So good afternoon, my name is Stacey Flanagan. I'm the director of 21 22 public health service programs at Public Health 23 Solutions. 24 We're pleased that the City Council 25 is hosting today's hearing because we believe that

the city can play a highly meaningful role in overseeing the alignment of New York City strategies for achieving the president's goal of ending childhood hunger by support a strong child nutrition bill.

As a large nonprofit in public health agency we've been operating the largest WIC program serving about 46,000 individuals annually in New York State for about 35 years. Just for statistical purposes, you may or may not already know, that there are nearly 385,000 WIC participants in New York City and about 60% of all New Yorkers at this current time are born into a WIC program. So 60% of all children at birth currently are eligible for WIC.

We have a long-standing interest in and concern for reducing hunger, promoting improved nutrition, and fostering sustainable agriculture. As part of the work that Public Health Solutions does at many of its WIC centers is we try to encourage discussion around school food, eating locally, getting people enrolled in food stamps and supporting people with health insurance coverage. So a lot of these components

of automatic enrollment we see as something very
specific. If you are Medicaid eligible and you
have a Medicaid card, you don't have to go through
income screening for WIC. So there is a nexus
there that we know works. So it could work for

7 other programs.

Over the past two and a half years, we have been operating assistance programs particularly in a Spanish speaking community where we do a lot of our work where we pre-screen and assist households in SNAP benefits. In this location alone, our staff has reported an estimated 30% rise in requests for assistance over the past two years and our WIC program is now experiencing increased demand as well.

As Joel mentioned earlier, given the fact that WIC is a benefit not an entitlement program, there just isn't enough money to go around in order to serve every single one of those people that we intend to in the state. The state of New York has a goal to actually serve at least 50% of all eligible. So right there we already know that we cannot serve every person that's eligible for WIC. We haven't seen lines and

haven't needed to put anybody on a waiting list
many years ago; we have great fear of that right
now.

Unfortunately, there appears to be little reason to expect or anticipate any significant improvement in these trends in the near future, with recent reports of the unemployment rate in New York City and other issues around social dependence of these benefit programs. So we're really concerned about issues of recertification.

what we're talking about when we say moving this recertification from a six month to an annual certification. Every six months if you are currently receiving WIC checks, some people call them vouchers, you actually need to come into the center with all of your children and prove again that you have this great income need. We believe that if families have just had a child or within six months it's highly unlikely in this environment to be breaking out of the cycle of poverty to no longer need the WIC program.

Recertification comes not only with

a lot of paperwork but a lot of time to make sure that we are registering each child and parent and identifying each individual nutrition needs. So this can take anywhere from a half an hour with one person to two and a half hours. So this occurs every six months.

We truly believe that we can serve more people and that we can have a greater continuity of service provided to our clientele and actually get them involved and get them to enjoy coming back to the WIC centers because in our WIC centers we're trying to do more than just give them checks for food.

A large part of what WIC does in nutrition education. So that's something very significant in what we see as important in the future.

We believe this reauthorization of the bill Congress and the president can jointly decide how better to spend this money but we do believe that reducing the certification will support an alignment and streamlining of programs and reduce the need for additional administrative funding for WIC to then serve more clients to

2 actually enable us to serve more than 50% of the 3 eligible in this state.

We cannot overstate the importance of these decisions. A strong child nutrition bill at the federal level will allow New York City to move closer to ending child hunger, prevent obesity and considerably improve the nutritional health of our children.

As Stephanie mentioned about the preschool obesity crisis, the New York State WIC program is the only WIC program in the country that is proven to reduce risk of obesity in the children in the program. They've been tracking this for the last three years. Currently, Robert Wood Johnson has been funding an extensive study that will continue for the next three years through Columbia University to continue to prove how WIC works well.

So in order to help Congress achieve these objectives, we have been working with the New York City Alliance for Child Nutrition Reauthorization over the past several months to really push for a reauthorization act that includes everything that we've mentioned thus

1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 64 2 far. 3 We really hope that the city can be 4 effective advocates in making federal child 5 nutrition programs universal and more nutritious 6 while reducing their bureaucracy and giving 7 programs more resources and technical assistance 8 to serve all children. 9 CHAIRPERSON FOSTER: Thank you. Τf 10 you can just switch seats quickly, Ms. Molnar, if 11 you could address some of the issues that Council 12 Member Crowley brought up with the WIC and 13 pregnant mothers and what we can do or what can be done or what is being done? Just introduce 14 15 yourself for the record. 16 AGNES MOLNAR: Agnes Molnar, 17 Community Food Advocates. In terms of the WIC 18 program, let me just say that right now we have 19 money statewide to serve 575,000 people in New 20 York State. We are only serving 510,000, if that. 21 We are struggling to get more caseload which is 22 sort of an anomaly and we can't understand what's 23 going on. Because if this is only 50% of the

caseload, where are those people and why are we

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not serving them?

women is that if we were serving everybody and a pregnant woman came to WIC and we said sorry, we have no money, that doesn't happen because pregnant are our number one priority and the WIC serves people based on their priority status. So no pregnant woman has ever been turned away from WIC regardless of what has been going on. They will always be put on, as will infants who are at risk. So those are our main priorities.

We think that what's happening now is there are a lot of people who don't apply for WIC who might be undocumented and terrified because WIC does ask questions, but nothing about residency or immigration status. As Joel mentioned that one, like all the other child nutrition programs, do not ask you how you're here or anything about your status.

There are many lawyers who deal with the immigrant population and who give them the wrong information. They tell them not to apply for WIC because it will affect their status and that is absolutely not true. So we need to get to those people. There's a big community out

that population. It's just an opposite from a

social service situation.

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billion increase and also a swift passage of astrong bill.

I have to say that as we ask people why they are joining the Brooklyn Food Coalition, school food is probably one of the most important issues for people in Brooklyn who are concerned about food issues, second only to access to healthy nutritious foods in all neighborhoods. I would say that they are so deeply intertwined it's almost impossible to tear them apart.

We've been getting hundreds of letter signed. There is a great momentum among parents and other food advocates in Brooklyn to make this bill a strong bill and well funded. I think those of us who have been on the inside of a school cafeteria in New York City know exactly what this food looks like and why it's not serving our children.

Those of us who are parents and speaking myself as a parent, this issue takes me to a completely irrational place. It's a very emotional issue for me. Seeing how food affects children, how it affects their cognitive abilities, their emotional lives, it's so

Т	COMMITTEE ON STATE AND FEDERAL LEGISLATION 6
2	important and we have absolutely no excuse not to
3	make this a priority. Thank you very much.
4	CHAIRPERSON FOSTER: Thank you.
5	KRISTEN SCHOONOVER: Hello
6	everyone, my name is Kristen Schoonover. I'm the
7	Brooklyn Program Manager for a nonprofit called
8	Wellness in the Schools.
9	We are a 501(c)3 organization that
10	works in New York City. We're in 13 different
11	schools and our mission is to improve the food and
12	fitness environment. Part of that is we put
13	culinary school graduates in the public school
14	kitchens to do cooking and training with the
15	existing staff.
16	Beyond that, I cook in the
17	kitchens, I teach in the classroom, mostly working
18	with elementary schools.
19	I just want to thank you Chairwoman
20	Foster and the rest of the Council Members for
21	having this hearing today. As we all know, this
22	is a vital opportunity to get additional funding
23	for child nutrition.
24	The reason I do the work that I do
25	is because the children in our public schools are

a captive audience and we have an obligation and a
unique opportunity to model the best possible
behaviors through serving balanced meals composed
of minimally processed foods. We currently have a
heat and serve culture in the school kitchens.

With additional funding we could serve more fresh
fruits and vegetables, which are proven to protect

health and prevent disease.

In the schools I work in, there has been significant pushback from the School Food Service Managers when we try to add Salad Bars for children, or to prepare something simple like a vegetarian chili or BBQ chicken recipe from scratch. Right now we have volunteers preparing the salad and volunteer parents serving it. The comments I hear are that we don't have enough staff to serve this food. We don't have enough staff to prepare it. We can't afford it. Fresh vegetables are simply too expensive.

Too expensive? Won't it cost us more later when these children are developing chronic diseases like obesity and diabetes? The New York City DOE School Food Service is serving 860,000 children a day, many of whom rely on

school meals for their nutrition. Some of them are eating three meals a day at school, and if they weren't eating at school, they wouldn't be eating at all. Many school children are already

food insecure, as we've heard this morning.

In my opinion, serving fresh food in our public school will help all of our children learn to eat healthily. With local sourcing mandates that the New York City Alliance for CNR has recommended, it will support New York State's economy.

With additional staff in the kitchen, we also have an opportunity for job creation. With more fresh fruits and vegetables and scratch cooked food on our menus, modeling healthy behaviors for our children, we will have less incidence of chronic diseases and lower health care costs.

All of these elements are a win for New York City. Public school children are voiceless constituents, but be sure that this issue is clearly actionable and it's something that public school parents will respond to once they're made aware of it.

I just urge the City Council to do whatever it can to get this vote done in a timely fashion in Washington. My understanding is that if it's not voted on by July 1st that it may be postponed as long as year. By that time, we won't have any money to do anything.

Just as a parenthetical note, Chair Foster, you asked about what resources you could provide your constituents for organizing on a local basis and there is something called a partnership meeting. It's a management thing that School Food does every month at every school. The School Food Service managers are meant to meet with a collection of children, the principal and possibly parents to talk about what's on the menu, what's being served and how they can improve that.

So that's something you can offer to your constituents as a means for getting involved and rallying around this issue. Thank you very much for your time and attention.

JENNIFER ROTHMAN: Good afternoon,
I'm Jennifer Rothman. I'm the Associate Vice
President for Children's and Public Education at
the New York Botanical Garden in the Bronx. I'd

1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 73 like to thank Chairwoman Foster, Speaker Quinn and 2 3 your colleagues for giving me the opportunity to 4 speak today. As we all know, the food system in 5 which we find ourselves today is doing tremendous 6 harm to our health and to the health of our 7 8 children. We've all heard the statistics that have been spoken of today. What I want to talk 9 10 about is about the education that is required to 11 make change. 12 We know that the prevention and management of obesity relies upon increased access 13 to quality food and also lifestyle changes such as 14 15 healthy eating and physical activity. These lifestyle changes come through education. 16 17 Research shows that garden based nutrition education has a significant impact on 18 19 the consumption of fruits and vegetables. that nutrition education alone is not as 20

Growing, harvesting and preparing

food leads to a sense of pride and ownership and

is shown to increase the quantity of fruits and

vegetables a student will consume.

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effective.

I've been teaching for nearly 15

years and I've never seen that aha moment that

educators speak about so profound and immediate as

when a child harvests a head of broccoli. And the

same child who vowed to never eat broccoli just

moments before will taste and enjoy the broccoli

because they grew it themselves.

I also want to read a quick section of a letter dating back nearly 100 years, written to the president and founder of the New York Botanical Garden. It reads: for some years I have been conducting children's gardens in New York City. I respectfully ask for your consideration the proposition of establishing in the New York Botanical Garden a training school for teachers of children's gardens. The New York Botanical Garden would seem to be the most desirable place because of the scientific knowledge and sympathetic educational environment.

Mr. Britton had the good sense to oblige Mrs. Parsons who wrote that letter, again nearly 100 years ago, with about an acre of land to create a teaching garden as well as access to classrooms and resources. And so began the

Botanical Gardens' long history of gardening instruction. This is not a new idea but it's a very good one.

The family garden where every day children tend, maintain and harvest vegetables continues to thrive and hosts thousands of children each year. We are currently in year two of a pilot program with C.S. 211 in the Bronx to not just build a garden on the school grounds but to provide the information and resources that the teachers and administrators need to maintain the garden and successfully integrate it into their existing curriculum.

Just a few days ago I planted peas with a kindergartner. I know that the connection to the food he eats has drastically changed because of that tiny pea. It is imperative that we help children to understand how to make good choices when it comes to their nutrition. And even more so that we make these choices available to them at their homes, in their neighborhoods and most importantly in their schools.

Last year the Sanders Amendment added authorization language to the Child

1	COMMITTEE ON STATE AND FEDERAL LEGISLATION 76
2	Nutrition Act to create a school garden pilot
3	program. And a very small \$1 million was added to
4	the FY10 Ag bill. USDA still needs to issue an
5	RFP for programs and we are advocating for the
6	program's implementation and expansion in the
7	Child Nutrition Reauthorization. Thank you so
8	much.
9	CHAIRPERSON FOSTER: Do you have
10	testimony or just are support? Okay. No
11	questions at the moment. I want to thank
12	everybody for testifying. I guess Miguel Acevedo
13	left? Okay. Thank you.
14	ADRIANA VELEZ: I'm sorry. I also
15	just wanted to mention that the Brooklyn Food
16	Coalition has on their website additional
17	resources for parents who want to participate in
18	the partnership meetings. Instructions on how to
19	get started, what you can ask for, and what kind
20	of changes you can make at your school.
21	CHAIRPERSON FOSTER: Very good.
22	CARRIE LANEY: I just wanted to
23	add.
24	CHAIRPERSON FOSTER: Say who you
25	are for the record please.

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CARRIE LANEY: Carrie Laney from
the New York Botanical Garden. One of the reasons
why we wanted to testify today is to bring
awareness to those types of educational programs.
The last page of the Power Point, we have an
educational briefing on May 12th. So I'd like to
invite everybody who is interested in learning
more.

CHAIRPERSON FOSTER: Great. Thank
you very much. The next panel is Stefania
Patinella, Sarah Frank, Bryan Mullen, and Rev. Dr.
Ben Monroe. You may get started in any order.

SARAH FRANK: Good afternoon all.

My name is Sarah Frank. I'm a resident of West

Harlem and I work as a health educator and mentor

with HealthCorps, a non-profit organization

focused on fitness and nutrition education.

I work full time at Edward A.

Reynolds West Side High School in Manhattan. On
behalf of HealthCorps, my school community and my
students, I appreciate the opportunity to speak
today to the New York City Council State and
Federal Legislation Committee. Thank you all for
being here today to discuss the Child Nutrition

Nutrition Act and examined the role of school

This class was created because we

meals in their own lives.

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At West Side High School, we are in

year two of New York City's Universal School Meals

Program under Provision 2. I believe that our

Provision 2 status has led to an increase in the

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number of students who eat school lunch and a decrease in the stigma so often associated with school food.

Provision 2 status means that our students do not have to fill out the paperwork we've been talking about required by other schools to participate in school food. We have no money exchanged at all for food in our school. And I'll note, we have no competitive foods, which no one has talked about yet, but there is no food sold in competition with school lunch.

At West Side, we also have a closed campus, which means that our students cannot leave to buy lunch at the many stores and restaurants nearby. School food is no longer the lunch for poor students who can't afford to go out; it is simply what's for lunch for everyone.

When our four years of Provision 2 status finish and we have to begin collecting school food applications for reduced and free lunch again, I worry that our participation rates will decline. I know that this has been the case for many other schools.

Many of my students rely on two

meals a day from school. Many have challenging home lives, and for a variety of reasons cannot count on a nutritious meal from home, even if their family might not qualify for free or reduced price lunch.

I started a grab and go breakfast and lunch program in my school in which I give out cold, brown-bag breakfasts and lunches on the first floor of the school. Every day I have students tell me how grateful they are to have such easy access to food. Many students tell me that without school food and without grab and go, they would wait until school ended to eat their first meal or they would cut class because they were too hungry to stay in school.

We all know that feeding New York
City students breakfast and lunch is integral to
their success. Just as they have a right to
attend school, they have a right to good,
nutritious, high-quality food every day that
they're there. And as we would encourage our own
children to eat breakfast and finish their
vegetables, we must empower all New York City
students to do the same.

I believe that Universal School
Meals will be essential to ensuring that all
school children eat at least two nutritious meals
a day and will help reach President Obama's goal
to end Child Hunger by 2015. Without adequate
funding for the Child Nutrition Act, feeding all
of our school children will not be possible.

As a HealthCorps Coordinator, every day I do my best to make sure that the young people I work with eat breakfast and lunch, make healthier choices, and advocate for their health and well-being.

On behalf of HealthCorps and students in the program, I ask you all today to write to Congress and ask that they increase the funding to Child Nutrition Reauthorization and strengthen the Universal School Meals provision. Thank you again.

20 CHAIRPERSON FOSTER: Jump in.

21 STEFANIA PATINELLA: Hi.

22 CHAIRPERSON FOSTER: Hi.

23 STEFANIA PATINELLA: I'm Stefania

Patinella. I'm director of food and nutrition programs at the Children's Aid Society.

I want to sort of echo what many of my colleagues have said and just say that I support many of the comments that have been said today, including things along the lines that access and nutritious high quality foods don't have to be things that we separate and work towards separately. We should work towards them together.

I'm submitting written testimony.

I want to just jump to talking about CACFP a

little bit. CACFP is the Child and Adult Care

Food Program. We've talked a lot about school

food today which I think is super important. I'm

focusing on CACFP because we run a lot of early

childhood programs and after school programs. So

we have a chance to feed children in those

contexts.

In the daycare programs and Head Start, CACFP basically will give kids two full meals plus a snack and sometimes even an extended day snack. So it could add to sort of almost three meals a day. That represents about 80% of the calories that those kids are eating every day from Monday through Friday. So that's an

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2 extremely important amount of food that we're
3 providing them. It's a huge responsibility.

There has been reference a couple of times to sort of the heat and serve model that we have in school food and in other children's food service programs. That's largely true across the country. It's unfortunate because it doesn't have to be that way.

I want to talk to you a little bit about a program that we've been doing at Children's Aid Society for about three years where we looked closely at our food service program. I want to talk about this because I kind of want to present a vision of what the extra 70 cents per meal will be able to get us. We've been able to sort of invest about that much more money. I'll talk about that a little bit more.

Basically the difference between heat and serve and cooking from scratch sort of hinges on a couple of things, money and also training for cooks. We haven't invested in training our food service staff because basically their jobs have been to largely take things out of packages and pop them in ovens.

So we have things like pizza and chicken nuggets and tater tots and things like that which present a picture of children's food service or kid friendly foods that's extremely limiting. If we don't put really delicious, healthy and sort of well seasoned and cooked vegetables in front of them then we're not only missing an opportunity to feed them those foods so the nutrition will actually be absorbed in their body but to teach them that this is something fun and interesting for life, so basically to teach healthy habits.

Our program right now looks very different from the heat and serve model. Three years ago we decided to invest in bringing all of our cooks together in one room and training them. What's the training like? We basically talked to them about nutrition; how to read labels, what it means that something is cooked from scratch versus something that's heated up.

Now what's the difference? So when you read the label and you see the 30 ingredients in there versus your homemade blueberry muffin then you know the difference. There's that and

then there's just cooking. There's getting into a room and cooking with the cooks. We have been able to decrease the amount of processed foods by a lot. I would say almost eliminate them. We have increased by a lot the amount of fresh fruits and vegetables that we serve and how we serve them. We've made meals more interesting.

To give you some examples of sort of the things we deal with in trainings is how to roast vegetables so that it will bring out their natural sweetness or to blanch broccoli to keep it green and things like that.

We went into this project a little bit tentatively for a lot of reasons and the money is not the least of it. But we have seen that we've had such success with the program that we really started to talk about it more and realize that this training is something that we can teach other people as well to do.

I know we're certainly not the only ones who are doing things like this. There's kind of a bubbling of this kind of thing going on.

What we've found is that in some ways we find some cost savings. If we reduce the

amount of meat that we serve children and increase the amount of beans, that automatically offsets a little bit. But overall, by far they're more expensive. So we find that they're about 25 cents per meal per kid more expensive. That 25 cents is on the baseline of what we were spending already which was already higher than the \$2.68 per meal.

So that's sort of a little picture of what we've been doing and what we'd like to see everywhere for every kid. Again, not excluding at all that this is also an issue of access and that we have to think about the two things together, and this includes breakfast and lunch. It includes school food, it includes CACFP, summer food and all of the things that we're talking about.

I gave you a couple of letters that we collected from some kids. We too have been doing some of this advocacy. Education programs are a big part of our program. We've gotten kids together to talk about what this means to them, what this obscure piece of legislation could possibly mean. So they wrote some really great letters. So I included them.

A couple of the excerpts, I'll just
close out with them. Luz, she's 11, said I would
like school lunch to have fruit, salads, fruits
with salads and cheese sticks. So she really
likes fruits and salads

Another says, I would like more money Mr. Senator and Ms. Senator because we need healthier food and more good, delicious food.

This is a particularly civic minded kid, Nanjelyn, she's 11. She said I really think the lunch ladies should get more money than they get because they work really hard and some lunch ladies need more money to pay for rent, for food, for water and taxes.

A couple of the younger kids just drew pictures like this.

CHAIRPERSON FOSTER: We have it. Thank you. That's great.

STEFANIA PATINELLA: So thank you so much. You're leadership on this has been really phenomenal. It's wonderful to advocate alongside everybody in New York City on the alliance and with the Council on this really important issue.

CHAIRPERSON FOSTER: Thank you.

BRYAN MULLEN: Hi, my name is Bryan

Mullen. It's great to be here. It's my first

time in City Hall. I represent ES Foods. I

represent private industry which I think I'm

probably in the minority here, which is a first

for me.

We produce and distribute foods primarily for schools nationally. So the last six or eight weeks or so I've been across the country in Milwaukee, Los Angeles, New Orleans, Florida, Massachusetts. I'm here to tell you that the things that are being discussed here today are happening all over the country. The difference is that New York City is just so much bigger than everyone else. So in Milwaukee they have less than 100,000 kids. You have a million plus.

years. Primarily we're focusing on programs with low participation or low access, breakfast, after school and summer. Everything is relative. When I hear people talk about school lunch, I know the goal with school is to increase the nutritional. School participation in lunch is actually pretty

1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 90 good. Everything is relative. 2 3 If you look at breakfast, it's 4 tiny. There has been some back and forth, some 5 conversations about why it's low. I think the bottom line in studying it for us has been that 6 breakfast in the cafeteria doesn't work. 7 8 you've had universal breakfast since around 2003 9 or 2004 and yet participation levels are still 10 hovering in the 20% range. 11 When you bring it into the 12 classroom, participation levels can get to 80% and To date there have been pilots done and 13 14 there has been testimony from people who have been 15 part of those pilots and how successful they are. It really works. 16 17 Janet mentioned this earlier. It's terrible to talk about the financials because it's 18 19 about feeding kids. But the financials actually 20 work. So if you increase participation your costs 21 go down. So it's kind of a no-brainer. 22 stretch your labor costs, you feed more kids, and 23 you increase your reimbursements. 24 I'm not here with rose-colored 25 glasses. It works. Participation goes up, kids

So I applaud you guys for your efforts with CNR in terms of the funding. If you can get the funding back to the 100% level that would be great and to improve nutrition for lunch, et cetera. But I'm here to tell you that there

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most advanced and wealthiest nations." With this

in mind, my passion for hungry people revolves

around hungry families, which includes children.

That is why, to receive my doctorate degree, I

developed a model at New York Theological Seminary

called Cold or Hot Food and Music Ministry.

This model introduces an expansion of the food pantry ministry to include referrals to community services, nutrition education, food choice selection and enhanced hospitality. This model has increased vital social and spiritual services to empower and transform the lives of people.

Presently, COHFAMM provides free meals, independently, to seniors at USA Diner in Rosedale, Queens, New York, and at the same time, offers scholarships to young people ages 18 to 24 to help position them to be present and future volunteer advocators against hunger.

While children's hunger is our main concern here today, and we want every pertinent agency to hear and act upon our concerns about CNA or CNR, I feel that in order to move this issue about children's hunger forward, while we are waiting for the government to act, and further on,

1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 94 we can address innovative ideas such as appealing 2 3 to existing supermarkets, restaurants and diners 4 to give free food to women, infants, children and seniors one time, or more, per month. 5 6 The supermarkets could allow shopping for needed food without charge. 7 8 restaurants and diners could serve them food with dignity free of charge. This would include the 9 10 whole family, which is not always a nuclear family. 11 In such a ministry, food becomes 12 not only the means for physical and social 13 survival, but also the basis of dignity in food 14 15 choices, and a spiritually enhanced hospitality 16 that is meant to comfort people where they need 17 comforting. 18 Again, I thank the Council for 19 allowing me to speak at this hearing and hope that 20 my suggestions have been helpful and they can be 21 acted upon. Thank you very much. 22 CHAIRPERSON FOSTER: Thank you very 23 much. I encourage all of you on the panel, as well as those that are left to please be in 24

contact with my office with any additional

1	COMMITTEE ON STATE AND FEDERAL LEGISLATION 95
2	suggestions and testimony so that we can start
3	implementing some of these suggestions to the best
4	of our ability in terms of the Council.
5	STEFANIA PATINELLA: I'll say that
6	CACFP, basically all teenagers in CACFP, this is
7	unlike the elementary or daycare, they're
8	automatically enrolled in CACFP if they come from
9	certain neighborhoods, based on the demographics.
LO	It's basically based on census data.
11	So if CACFP can do that, I don't
12	see why school food can't do that. That's an
13	interesting sort of point to note because the
L4	mechanism is already there to some degree.
L5	CHAIRPERSON FOSTER: Thank you.
L6	Our final panel is Nancy Romer, Gregory Brender,
L7	Claudia Coger, Frances Chapman and Fern Gale
L8	Estro. Please come have a seat. You can get
L9	started. Just say your name for the record.
20	NANCY ROMER: Hi, I'm Nancy Romer
21	and I'm from the Brooklyn Food Coalition. We are
22	proud members of the New York City Alliance for
23	Child Nutrition Reauthorization.
24	You've heard about the Brooklyn
25	Food Coalition before. I'll just say that the

But also, the City Council can continue to play a role and that's what that little purple thing is about. There are a lot of different ways that we can all have an effect on school food and on child nutrition.

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I was fortunate to go to the White

House Advisory Committee for the Task Force on
Childhood Obesity, the Let's Move Initiative that
Michelle Obama is initiating. It was really a

very exciting and informative experience.

And also, to hear the extent and the cost of obesity; we know the cost of obesity in people's lives in how they feel about themselves. My day job is psychology professor at Brooklyn College. I can't help it. So of course it's how we feel about ourselves and how people feel about us and what we think our life chances are and in terms of health, of course, the huge consequences.

But in terms of cost for the entire society, we're talking about \$1,500 a year more per person who is obese in terms of health care costs. We're talking about \$150 billion a year more for obesity related illnesses in health care costs.

So these are long terms costs that the society carries and yet we're afraid to put in the \$4 billion a year to prevent these illnesses and these bad eating habits from starting. I think that's incredibly unwise. I know that we

work on a quarterly report. But we need to be thinking on a more long term basis. Those stats come from Peter Orzag. He's the Director of the Office of Management and Budget.

Everyone else has talked about the importance of healthy food and I want to endorse all of that but I don't want to repeat. So I want to talk about two other very quick issues, local sourcing and education.

First of all, New York City School Food makes 860,000 meals a day. That's a lot of meals a day. New York City makes a million meals a day. That's including the 860,000. If we were able to preference local sourcing and this is something we can do on a citywide level but also that the new CNR, if they include what we're asking for, will allow us to preference local sourcing.

Obviously we're not going to grow bananas in New York State and we're not going to have pineapples in New York State but we can begin to shift the agriculture and the food processing economy in New York State and that's something New York City really, really needs. We need to have

But the thing about the environment is that over time with that spill in the gulf, we're going to see more of that. We're going to see more and more environmental disasters occurring. We're going to see more climate disasters occurring. With that we're going to have to be changing a lot of what we do. Clearly, new safe and renewable energy sources but also

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different ways of doing business, different ways
of living our daily lives. And also agriculture
is going to be a very major part of it.

Anna Lapp, who is one of our
Brooklyn Food Coalition activists and a local New
Yorker has another wonderful book called, "Diet
for a Hot Planet," and it shows the relationship
between agriculture as it's practiced today and
climate change.

Agriculture as practiced today accounts for one-third of greenhouse gases. That is dangerous stuff. That means it's emitting carbon out there instead of sequestering or holding on to carbon which is what more organic practices, more traditional practices do. It's sending carbon out and it's getting more and more dangerous.

At a certain point, we're going to have to make some changes. This is a good time to start that change, to slowly turn around the food economy in New York State so that it's ready for those big shifts so that it can feed more people in New York City, so it can provide the food that we need for New York City school kids. So I think

it's a win/win/win on that. 2 3 And then the final thing I want to 4 be able to say is about keeping food studies in 5 the curriculum. A number of people have pointed this out. When you study food as part of the 6 science and social studies and math curriculum, 7 8 when you garden and grow food, when you cook, when you visit farms, you have a much deeper 9 10 understanding of the purpose of food. It's not 11 just to feel good in your mouth. I think it helps 12 kids to resist the messages from big food, from McDonalds et al. It strengthens their own 13 understanding of themselves and their communities. 14 15 So I think these are all the kinds 16 of changes that we need to see that they're all in 17 the CNR. We really, really need the \$4 billion I hope that New York City Council will 18 increase. 19 be very serious about building the infrastructure 20 for a future that's going to include a lot of 21 changes. So thank you very much for the time. Ιf 22 there are questions I would answer them, but I 23 need to scoot out for another meeting. 24 CHAIRPERSON FOSTER: Thank you. 25 NANCY ROMER: Thank you very much

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1	COMMITTEE ON STATE AND FEDERAL LEGISLATION 02						
2	for the opportunity.						
3	GREGORY BRENDER: Hi, thanks for						
4	the opportunity to testify. My name is Gregory						
5	Brender. I'm here on behalf of United						
6	Neighborhood Houses, New York City's federation of						
7	settlement houses and community centers.						
8	I work most closely with our early						
9	childhood education providers which include both						
10	center based child care programs such as Head						
11	Start as well as family-based programs through						
12	Family Childcare Networks.						
13	We're a member of the Campaign for						
14	Child Nutrition Reauthorization and we support all						
15	the goals and support Resolution 79-A, so I won't						
16	repeat what everyone has said before.						
17	CHAIRPERSON FOSTER: Thank you.						
18	GREGORY BRENDER: But I do want to						
19	just talk about the specific proposals we have for						
20	the CACFP program which funds most of the food						
21	that's provided in early childhood education						
22	programs. We hope to include a fourth meal in						
23	full day childcare programs. These are for						
24	programs going over eight hours a day.						
25	We hope to have geographic						

reimbursement rates both for neighborhoods that are expensive where for example you don't have access to things like low cost supermarkets but also for cities like New York where food is expensive.

We want to allow staff
participation in family style meals. This is
actually something that the federal Head Start
guidelines recommend. Allowing it would not cost
much and it would also I think be a savings in the
end because of the paperwork of needing to
basically document which food was eaten by
children and which was eaten by a staff member in
a family meal.

We hope for funding for children with special dietary needs for medically based allergies. We have a lot of children in our childcare programs who have dairy allergies. We also support the proposal that ACS put forward for a pilot program for the promotion of wholesome and quality foods.

Lastly, we hope to eliminate some of the requirements that family childcare providers keep records and after their submitted

I advocate on behalf of my community. I am a parent, grandparent, great-grandparent and a foster parent. I interact with

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many families and agencies. I know from

experience that the process of filling out school

meal applications, for some families, can prohibit

a child from being the recipient of school meals.

As a foster parent, my experience with one of my teenage sons was that he would not participate because he felt that it segregated him from his friends as being poor, so he would not eat at school. That came from his own mouth. I believe that if all children had Universal School Meals, this would alleviate stigma.

The present system of proving your income is an added burden to families that live with a restricted budget. I personally have experienced parents who have knocked on my door requesting lunch money for their child. One of my neighbors asked me for lunch money because she was forced to choose between having carfare to go to the clinic with one child or give the other lunch money.

These should not be choices a parent or a child should have to make in their daily lives. Children should not worry about where their meals should come from. With better

1	COMMITTEE ON STATE AND FEDERAL LEGISLATION 06
2	access to school meals, students will be able to
3	focus more. This will make not only our children
4	stronger, but it will also make our nation
5	stronger.
6	I understand that there is a
7	proposal from the U.S. Senate Agriculture
8	Committee, which has some form of Universal School
9	Meals in it, however, this current provision will
10	allow only a few New York City Schools to
11	participate in that program.
12	I worked with Food Bank for New
13	York City, and other community advocates to get
14	signatures in support of Universal School Meals.
15	We went door to door talking about the importance
16	of Universal School Meals. Hundreds of Astoria
17	Houses residents signed letters in support of
18	Universal School Meals.
19	I have advocated not only in my
20	community, but have traveled to Washington, DC to
21	speak to staffers of representatives in Congress,
22	because I believe that Universal School Meals
23	would play an important role of reaching President
24	Obama's goal to end child hunger by 2015.
25	I, as a community advocate have

First I want to thank the elected officials here for the opportunity to speak. This cannot always be taken for granted in our city.

Yesterday, those of us who went to a rally in Times Square and a march to the UN to call for the abolition of nuclear weapons, which also pose a

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Recently, there has been concern about expanded and improved school lunch program without cutting other nutrition programs. The NYC Alliance for CNR has asked for a \$4 billion appropriation at the Federal level, while the Administration has asked for \$1 billion.

I want to remind citizens and officials here today that current building projects at Los Alamos and Kansas City for nuclear weapons research total \$6 billion. Why should nutrition education programs be cut for funding?

If we as a nation can spend \$6 billion on investment in weapons that we all certainly hope will never be used, can we not invest in our

1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 109 children, who are our future? 2 3 In the glass and steel skyscrapers 4 of our city, caterers routinely serve elegantly 5 garnished sandwiches and fresh vegetables at business meetings for prospective clients and 6 7 customers. In this setting, access to food is 8 considered a cost of doing business. Are children many of whom go home to an inadequate evening meal 9 10 less worthy of nourishment than dealmakers? They are our city's future. 11 12 Members, I realize that you do not 13 control the federal budget, but you do represent New York's citizens. Like the ordinary citizens 14 15 here in this room, and the professional advocates, you can only call for sufficient funding for CNR. 16 17 Many of you represent constituencies who do not 18 eat catered lunches or work in fancy offices. 19 Join with us to speak up and advocate for healthy, 20 appetizing school lunches for all school children 21 without the bureaucratic and demeaning 22 certification process for health and life.

I respectfully submit that calling for improved school lunches and appropriate funding for CNR should be a no-brainer. Our

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1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 10 children deserve no less. 2 3 The advocacy evidenced here and 4 your support for CNR are only a small, symbolic 5 first step to righting the priorities of our city. Many issues do fall within your jurisdiction. 6 our representatives, you work in public space and 7 8 thank you again for opening it to ordinary citizens. Every vote you cast should reflect a 9 10 judgment on whether it empowers citizens and expands public, as distinguished from governmental 11 12 space. I submit that over policing of 13 peaceful demonstrations be ended and the civil 14 15 liberty of assembly be restored. We must nourish 16 our children on the example of an active vocal 17 citizenry as well as on healthful food. Democracy does not exist solely in legislative chambers like 18 19 this one, it also is in the streets, or should be. 20 Let us fix New York together. Thank you. 21 CHAIRPERSON FOSTER: Thank you. 22 FERN GALE ESTRO: I'm Fern Gale 23 Estro and I thank you both Councilwoman Foster as

well as the representatives. I'm afraid I've come

from meetings today with Gillibrand's office so

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1 COMMITTEE ON STATE AND FEDERAL LEGISLATION 11 I'm kind of jumping around. I'm very grateful 2 3 that this hearing is taking place. 4 I've worked in child nutrition for 5 the past 15 years. I'm a registered dietician. Predominately my work at this time is with Head 6 Start. I work with the communities of Corona and 7 8 Woodside, I work in the South Bronx, I've worked in East Harlem, I work all over the city. 9 10 Child and Adult Care Food program 11 with the Children's Aid Society as well as United 12 Neighborhood Houses spoke to while I was here, I think spoke well to some of our concerns around 13 the early childhood and after school issues. 14 15 The overall problem that we have 16 with a lack of funding that what's been proposed, 17 what the president has asked for and what we need is just so real. We are dealing with an obesity 18 19 epidemic. It goes beyond obesity. We're dealing with heart disease. We're dealing with a 20 21 generation that will die earlier than their 22 parents did. 23 We have to find a way of modeling

for them appropriate foods, healthy foods.

have to provide those foods. Universal breakfast

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and universal lunch are really important. We talk the talk but we're not walking the walk.

Somewhere along the line we have to make the commitment to our youth, to our future, to our society and it just can't keep waiting until the

next reauthorization.

I have colleagues who have said we've done very well, we got something in and we're making movement. Yes, we are making some movement. I'm very happy to see the support from Michelle Obama. I'm very happy to see some of the farm to school support we've had. I do support local economy and purchasing from our New York State and regional farmers. Because ultimately I think the upstate/downstate relationship will be enhanced by that and our overall economy.

I also know that children respond better to food when it tastes good, but I think all of us do. Food that comes more locally tends to come from varieties of items that have more flavor. An apple from Washington State is not like having an apple from New York State. So having children experience that is really wonderful, and I do that actually as an

COMMITTEE ON STATE AND FEDERAL LEGISLATION 13 1 experiential sensory process as a nutrition 2 3 educator in my programs. 4 My experience covers also 5 agriculture and public health policy. So I truly 6 see where these two intertwine. I would like to make myself more available. I do not have a 7 8 prepared statement for you. It's been a rather busy time but I'm very grateful for these 9 10 hearings. 11 I encourage support of Gillibrand's bill. I don't know that it's been mentioned 12 13 specifically. But it is Senate 2749 and House 4402. If I can be of any assistance to the 14 15 Council, I am working with various members, I 16 would be more than happy to do so. 17 CHAIRPERSON FOSTER: Thank you very 18 much. I'd like to thank everyone that came out to 19 this hearing today. I think we have gotten some important information that we can run with. Thank 20 you very much. There being no testimony, this 21

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hearing is adjourned.

I, Donna Hintze certify that the foregoing transcript is a true and accurate record of the proceedings. I further certify that I am not related to any of the parties to this action by blood or marriage, and that I am in no way interested in the outcome of this matter.

		Dona	Centre	
Signature		-	0	
Date	May 18	2010		