CITY COUNCIL
CITY OF NEW YORK

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TRANSCRIPT OF THE MINUTES

Of the

COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION

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HELD AT: REMOTE HEARING VIRTUAL ROOM 2

B E F O R E: Chair Farrah Louis

COUNCIL MEMBERS: Farrah Louis

Diana Ayala Helen Rosenthal Robert Cornegy

Alicka Ampry-Samuel

Adrienne Adams Kevin Riley

## A P P E A R A N C E S (CONTINUED)

Jumaane Williams Susan Herman Myla Harrison Rebecca Linn-Walton David Prezant Theresa Tobin Michael Clark Joo Han Diya Basu-Sen Zana Octavio Yuna Youn Zaynab Tawil Hawa Bah Nadia Chait Cal Hedigan Joyce Kendrick Ruth Lowenkron Fiodhna O'Grady Melissa Moore Gary Stankowski Leonor Walcott Sabrina Evans-Ellis Beth Haroules Anthonine Pierre Peter Horan Eric Vassell Michael Matos Steven Mazzucchi Jeanine Rocke Christine Henson Camilla Spielman Ricardo Miranda

Sarah Sitzler Christina Sparrock Jeff Strabone Khaleel Anderson Carl Valere

COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 2 3 JOHANNA M. CASTRO: We're live. 4 SGT. MARTINEZ: PC recording is underway. 5 SGT. JONES: Cloud has started. 6 MALE VOICE: Backup is rolling. 7 SGT. MARTINEZ: Sergeant Kotowski 8 SGT. KOTOWSKI: Good morning and welcome 9 to today's remote New York City Council Hearing of 10 the Committee on Mental Health, Disabilities, and 11 Addiction. At this time will Council staff please 12 turn on their video. Please place electronic devices 13 on vibrate or silent. If you wish to submit 14 testimony, you may do so at 15 testimony@council.NYC.gov, that's 16 testimony@council.NYC.gov. Thank you. Chair, we are 17 ready to begin. 18 CHAIR LOUIS: Good morning everyone. 19 Council Member Farrah Louis, Chair of the Committee on Mental Health, Disabilities, and Addition, and I 20 21 would like to thank everyone for joining us today for 22 this important hearing. Today, we have with us 23 Council Members Riley, Cabrera, Cornegy, Adams, 24 Ampry-Samuel, Ayala, and if I forgot anyone else, 25 please forgive me. We'll do another round of those.

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This morning we are holding a hearing on New York City's Mental Health Emergency Response, and we are hearing two pieces of important legislation which I am proud to be co-sponsoring. The first sponsored by Council Member Diana Ayala is Introduction Number 2210 in relation to creating an office, health, and city-wide mental emergency response protocols. will also hear Introduction Number 2222 sponsored by public advocate Jumaane Williams in relation to creating a three-digit mental health emergency hotline. For too many New Yorkers, the impact of untreated mental illness is a mental health crisis. A situation in which a person's mental illness prevents them from being able to care for themselves or function effectively in the community. Mental Health crisis can disrupt a person's mood and affect their ability to think rationally and cope with their stressors of daily life. Contributing factors to our mental health crisis can arrange from internal stressors such as undiagnosed or untreated mental health disorders to external and environment stressors such as changes in home, school, or work life, personal loss, trauma, or exposure to violence.

The COVID-19 pandemic has further worsened the mental

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health and well-being of New Yorkers. According to New York State Health Foundation, February 2021 report, one-third of all adult New Yorkers reported symptoms of anxiety and/or depression at a rate more than triple the previously self-reported pre-pandemic rates. Currently, the New York City Police Department and Fire Department and Emergency Medical Technicians respond to nearly all mental health 9-1-1 calls, regardless of their severity of help needs, rather a crime is involved, or rather there is an imminent risk of violence. It is sad that we need to say this in 2021, but law enforcement professional are not mental health providers. Even in the best of circumstances, a police response to a mental health emergency is not the appropriate response. presence of police frequently worsens mental health crisis rather than de-escalating or mitigating them. Traumatizing the individual suffering, and in worse cases, results of violence and death. Unfortunately, there are too many tragic examples to talk about today. Some of you are aware of those, but I was working as a public servant when Dwayne Jeune, from East Flatbush was shot and killed by police. Dwayne was only 32 years old. He was diagnosed with

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schizophrenia, and he was struggling. His mother called 9-1-1 and told them that her son was experiencing a mental health emergency, and their response resulted in deadly use of force that killed Dwayne needed mental health intervention, not police. Dwayne needed mental attention. He did not need police. Dwayne needed help, not the police. Dwayne's story is too common and too familiar to New Yorkers, especially black and brown New Yorkers. When mental health emergencies arise, we need mental health responses, not policing, and even before crisis ensues, we need our most police and most impacted communities, black and brown communities to have more access to affordable, high quality, community-based mental health resources. Too many black and brown New Yorkers live in mental health deserts, and they do not have access to health insurance. They don't have culturally sensitive care within their communities, and therefore, tend to experience higher rates of mental health crises. need access for all New Yorkers to affordable, culturally sensitive mental health care, and we need appropriate mental health responses when emergencies So, how many more New Yorkers do we need to arise.

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die or experience violence or trauma at the hands of police before we say enough? Should we try something different? We'll learn today. At today's hearing, the Committee will be hearing from administration providers, community-based organizations, and applicants about how New York City can drastically change the way in which we respond to address mental health crises and emergencies once and for all. want to thank the administration DOHMH, THRIVE, NYPD, and the FDNY who are here with us today. I know you are committed to working on this issue for all New Yorkers, and to effective address the mental health needs that arise in our communities, and I look forward to hearing from you all today. I also want to thank my colleagues as well as Committee staff, Senior Council Sara Liss, Legislative Policy Analysis Kristy, Finance Analysis Lauren for making this hearing possible today, and for all your support over the last couple of weeks, and now, I will turn to our Bill sponsors, Council Member Diana Ayala. After her, will be Council Member Cornegy, then Public Advocate Williams for their opening remarks. Council Member Ayala, you may proceed. Thank you.

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CM AYALA: Good morning, and welcome to the Committee. Chair Louis, I'm really excited to be here today. So, I'm really excited to be here today, and obviously, you know, we're co-sponsoring one of the Bills, and this Bill is very personal to me and I'll share my story. So, a few years ago, my family and I were dealing with the situation of a family member in emotional distress. At first, we didn't recognize what was happening, but after a few days, it was pretty apparent that this individual was suffering from a manic episode. I tried for a couple of days to convince this person to seek outpatient care, because something just didn't seem right. That person declined because they didn't recognize that they were going through something serious. During this time, the person's behavior became more and more erratic until such time, as they shared they had serious concerns about another family member and made comments about seriously hurting that member of the family in an effort to save the entire family. told you that I was not afraid to call 9-1-1, I would be lying. First, because I felt tremendous guilt, and second because I was afraid that something would go wrong, and that this person may be seriously hurt.

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I too had heard of all of the cases when 9-1-1 was called and a police officer responded and somebody ended up, you know, dying as a result, and all of that continued to play over and over in my minds for days and days. I can still remember the feeling of that fear that took over me, and I don't wish that on I eventually made the call and tried to very clear that no weapon was involved, and that the person should be approached calmly. So, NYPD officers responded at first, and after having spoken with him for a little while, they all decided collectively to go downstairs into the front of the building and wait for the ambulance. In the hallway, as they were leaving, I was able to just stand there and look both, and I'm observing the situation, and I could see that there was fear coming from both sides of that hallway. I could tell the police officers were uneasy with handling the situation and were not sure, you know, as he became more and erratic, why his reaction would be, and I could also tell that he was uneasy about what was about to happen to him. was almost as if each side was just waiting to see what the other would do. It was a moment in time of feeling a new awareness that I will never ever

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forget. Our encounter ended well, but it was apparent to me, the police officers, even when armed with the best of intentions, are simply just not equipped to deal with situations like these. escalation of a person in mental distress is a skill set that police officers, and quite frankly many people, are just not trained in. So, this Bill would establish, would require establishment of an Office of Community Mental Health within the Department of Mental Health and Hygiene. This office would create a city-wide mental health emergency response protocol, one which we simply don't have, and a mental health emergency response unit to respond to mental health emergencies within 30 minutes of receiving a mental health emergency call. This Bill would also require the office to identify gaps in mental health provisions in New York City, coordinate with city agencies and community-based organizations and mental health providers and provide training to all relevant city agencies regarding the established mental health emergency protocol. This Bill would additionally require the New York City Department in conjunction with the Office of Community Mental Health to train all members of service; 9-1-1 call

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operators and the academy recruits in the mental health emergency response protocol. Finally, this Bill would require the office to report monthly and annually about the emergency mental health calls received and other work that the office is conducting. Now, I have heard from the advocates in the last week or so, and I know there is a lot of excitement, but there's also a lot of, you know, concern, regarding this bill, and the continued involvement of the NYPD, and I want to add that I think that that is the purpose of today's hearing is to really hear what your thoughts are on how we can, you know, better address the needs of New Yorkers and mental distress in the city, and I look forward to hearing from all of you. Thank you all for having me.

CHAIR LOUIS: Council Member Cornegy/

CM CORNEGY: First of all, thank you and congratulations, Madame Chair Louis. This is another opportunity to watch my colleague coalesce around a very important issue after taking incredible action, both policy and legislative-wise. 1-800-237-8255. Please remember that phone number because it's our

National Suicide Prevention Hotline which can save a

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life for someone in crisis. If you have a fire in your apartment, call 9-1-1. If your garbage wasn't picked up, you can call 3-1-1. None of these numbers are appropriate for someone experiencing a mental health or suicide crisis. Many people say they want to prioritize mental health, especially after the recent stabbings on the A trains. It's time for a phone number for immediate health and assistance that's easy to recall. That's why I'm co-sponsoring the proposal for 2222. After the death in District of Saheed Vassell, who was a young man who was known to the community to have mental health issues. community helped that young man, and when he was in crisis, would reach out to the parents, and it was just an awful situation because he was killed by officers who had no familiarity and came on the scene. Even New Yorkers who were common to that community were aware of Saheed. It would establish a three-digit hotline, staffed by mental health cooperators for individuals experiencing a mental health emergency. The COVID-19 pandemic has exacerbated the mental health challenges here in New York City. Words cannot express the pain we felt with the wave of death due to Coronavirus.

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Unfortunately, the emotional impacts will continue for years to come, and we need to be better prepared to support ourselves. That's why I'm proud to join Council Members Ayala and Public Advocate Jumaane Willams in co-sponsoring this Intro 2210, which would establish an Office of Community Mental Health. can't wait until the next needless tragedy. We need to pass these bills as soon as possible and get the health and lifeline to our people struggling with mental health in communities of color and in communities across the city. So, thank you so much, Chair Louis for hearing these important Bills. Just so you know, this is what we call Baptism by Fire, not getting an easy situation to have to deal, but you're more prepared as a Chair to help us foster and usher us through this very difficult time and these very difficult situations. Thank you again everybody who was involved in the writing and authoring of these Bills, and I look forward to the next hearing where we'll be discussing a vote. Thank you.

CHAIR LOUIS: Thank you much, Council

Member Cornegy, and now we'll turn to our best Public

Advocate Williams who has been working very hard on
this piece of Legislation. Public Advocate Williams.

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PA WILLIAMS: Thank you so much, Madame As mentioned, my name is Jumaane Williams, Chair. Public Advocate for the City of New York. I want to thank Chair Farrah Louis for holding today's hearing. This is a vital topic and give a huge congratulation for the first hearing that you are chairing. Looking forward to the excellent leadership I know you're going to provide on this issue and many others in this committee. A few years ago, when I was Council Member, I will never forget I was doing, I believe it was a gun violence press conference with Borough President, Eric Adams. In the middle, a woman ran out, got on her knees, and was begging us for help for her son who was in mental health crisis. It was a very emotional time, but I remember her very specifically saying how terrified she was to call 9-1-1. She didn't want to call 9-1-1 because they would kill him. That was the word that she used, and that has been said in my reign, remembering, and at that point understanding the intersecting issues were being brought up there, the need for her to get some real care for her son, and also the things that we were doing to police officers, the places we were sending them without the tools or the training and

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asking them to solve a problem that they simply don't have the capability to solve. On all sides, we're setting up people for failure. For far too long, our city's response to mental health calls has been a failure. Police Officers are dispatched as first responders for people struggling with mental illness. In addition, access to a continuum of care is, in fact, nonexistent for a large part of the population. In some cases, this can be fatal. In the past six years, at least 16 people undergoing a mental health crisis were killed by officers. Notably, 14 were people of more color. That is both devastating and a significant reason as to why New York City Police Department cannot respond to mental health calls as the first responders. Last, my first report in September of 2019, we put out a report on how badly we were doing in handling mental health crises, and I just want to congratulate the City Council for putting this hearing and actually going headstrong into dealing with this and beginning to reframe what public safety is. After many years of waiting, we have the opportunity to change our response. 2210, prime sponsored by Council Member Ayala shifts mental health responses from the NYPD into a new

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office within the Department of Health and Mental Hygiene. Units of mental health clinicians and peers will respond to mental health emergencies within 30 minutes of a call. These teams will follow up with calls among other things that are mentioned there. In addition to that, my Legislation Intro 2222 creates a three-digit hotline as an alternative to 9-1-1. Right now, we only have a criminal response to what everyone has known to be a health crisis. newly created office would hire operators to respond to calls. Any mental health related calls going through 3-1-1 or 9-1-1 would be redirected through this new three-digit hotline. Calls will not be directed to 9-1-1 unless an operator determines there was a public safety emergency. Finally, the hotline becomes available no later than December 31st of this year. Currently, NYC well system is used for mental health calls. In 2019, there were around 170,000 mental health related calls. Yet, those calls went through 9-1-1. There must be a conveniently easy to remember number rather than the city's long elevendigit NYC well system. That's why the Bill will create a three-digit number, 9-8-8, that will redefine our response system. These Bills offer a

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chance for us to rectify the failure of our mental health responses. Cities such as Eugene, Oregon, Olympia, Washington and others have already implemented non-police or limited police responses. We must follow these examples and go bold in the idea presented. New Yorkers deserve a plan that addresses mental health as a public health issue, not a policing one. However, we know we have to be more intentional. These Bills must do more to explain the role of when and if the police department would get involved. The definition of public safety emergency, a crime in progress, violence, or situation likely to result in eminent harm or danger to the public as defined by the newly created Office of Community Mental Health, in its vagueness, may cause unintended confusion. How will a person interpret violence or a situation that may result in harm? Interpretations are left up to the officer or realistically, the operator. What happens if police are mistakenly told a person is likely to create harm. This is not hypothetical. As was mentioned here, police responded to a call that Saheed Vassell, as a 34year-old black man living with bipolar disorder held Police arrived and fatally shot Vassell, who

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actually held a pipe, not a gun. Also mentioned was the tragic case of Dwayne Jeune, what happened in the District I represented several years ago. Those tragic events and many others, highlight the potential danger that can result from one wrong decision or a misinterpretation. If this is not dealt with more intentionally, I fear more lives may be lost. We have seen far too many incidents with the inclusion of officers in unpredicted situations wrongfully escalate. Mental health should not be seen or responded to as an untreated public threat. I understand that many of advocates and providers we'll hear from today are also concerned of the codification of co-response teams and some other features in both of these bills. What we should make sure to ensure is the codification that police are no longer the first responders when New Yorkers are in acute mental health crisis. I believe Council Member Ayala, Council Member Cornegy, and the Chair, as well as myself are deeply committed to getting this right, and I'm sure we welcome any feedback on how we can best improve the Bills. Today's hearing is yet another step in the right direction in identifying the city's existing problem, and ineffective mental

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health response. We know there are other professionals and pairs in our communities that are better equipped to address mental health crisis than the police. I hope through our Legislative process, we can collectively create a crisis response for persons living with mental health diagnosis feel safe in their communities and know they'll receive the proper care that they need. I also hope that we can bring healing to families that have experienced a loss or any trauma as a result of the system we now have in place. I know this is a difficult conversation. It is one that elicits fair. It's one that changes dynamic. To for too long, our equation of public safety to police have brought us a system that we know needs to be changed. In doing that, we'll be concerned. I know folks will bring up the fact, we have to also remember what when something goes wrong, if something went wrong, everyone would say, "Well, where was the police". We have to change our dynamic because we know that even when police are there, things go wrong, and people are killed, and so that can't be the right way we go. We have to have to find a system that allows people to bring the tools and expertise they have to the situations at

hand, and right now, we're not doing that. I thank the Chair for allowing me to speak. I look forward to today's testimony. Thank you so much.

CHAIR LOUIS: Thank you Public Advocate
Williams, and now we'll turn to Committee Council
Sara Liss to go over some procedures matters for the
hearing, but before we do that, I just want to
mention that Council Members Van Bramer, Rosenthal,
and Borelli have joined us. Committee Council, you
may begin.

very much, Chair Louis. I am Sara Liss, Legislative
Council in the New York City Council, and I will be
moderating today's hearing. Before we begin, I
wanted to go over a couple of procedural matters. I
will be calling on panelists to testify. I want to
remind everyone that you will be on mute until I call
you to testify, and you will then be unmuted by the
host. As always, we want to note that there may be a
few seconds of delay before you are unmuted, and we
thank you in advance for your patience. At today's
hearing, the first panel will be the Administration,
followed by Council Member questions, and then the
public will testify. During the hearing, if Council

2	Members would like to ask a question, please use the
3	Zoom raise hand function, and I will call on your in
4	order. I will now call on members of the
5	Administration to testify, and that will include
6	members who are testifying and members of the
7	Administration who will be answering questions.
8	Susan Herman, Director of the Office of ThriveNYC,
9	Dr. Myla Harrison, Acting Executive Commissioner,
10	Division of Mental Hygiene at the Department of
11	Health and Mental Hygiene, Rebecca Linn-Walton, PhD,
12	LCSW, Assistant Vice President of the Office of
13	Behavioral Health at New York City Health and
14	Hospitals, Dr. David Prezant, Chief Medical Officer,
15	FDNY, Theresa Tobin, PhD, Chief of Interagency
16	Operations NYPD, and Michael Clark, Managing Attorney
17	of Legislative Affairs for NYPD. I will first
18	administer the oath, and after, I will call on each
19	panelist of the Administration to respond. To affirm
20	to tell the truth, the whole truth, and nothing the
21	but the truth before this committee and to respond
22	honestly to Council Member questions? Director
23	Herman.

## COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 2 COMMITTEE COUNCIL SARA LISS: Thank you. 3 Deputy Commission Dr. Harrison. DC DR. HARRISON: I do. 4 COMMITTEE COUNCIL SARA LISS: I didn't 5 6 hear you Dr. Harrison, sorry. 7 DC DR. HARRISON: I do. COMMITTEE COUNCIL SARA LISS: Thank you. 8 9 Vice President, Dr. Linn-Walton. VP DR. LINN-WALTON: I do. 10 COMMITTEE COUNCIL SARA LISS: Chief Dr. 11 12 Prezant. 13 CHIEF DR.PREZANT: I do. COMMITTEE COUNCIL SARA LISS: Chief Dr. 14 15 Tobin. 16 CHIEF DR. TOBIN: I do. 17 COMMITTEE COUNCIL SARA LISS: And Managing 18 Attorney Clark. 19 MA CLARK: I do. COMMITTEE COUNCIL SARA LISS: Thank you 20 very much. Director Herman, you may begin when 21 22 ready. 23 DIRECTOR SUSAN HERMAN: Thank you. Thank you, Sara. Good morning. Good Morning Chair Louis 24 and Members of the Committee on Mental Health, 25

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Disabilities, and Addictions. My name is Susan Herman, and I am a Senior Director to the Mayor and Director of the Mayor's Office of ThriveNYC. I am joined by several colleagues. Dr. Myla Harrison, Acting Executive Commissioner of the Division of Mental Hygiene at the Department of Health and Mental Hygiene, Chief Theresa Tobin, Chief of Intergovernmental Operations at the NYPD, Dr. David Prezant, Chief Medical Officer for the FDNY, and Dr. Rebecca Linn-Walton, Assistant Vice President, Behavioral Health of NYC Health and Hospitals. you for the opportunity to testify. Sorry, I just had to get something off the screen. First, I'd like to extend a warm welcome to Chair Louis. We enjoyed a close and productive partnership with former Chair Ayala, and we are very much looking forward to working with you as you are taking over chairing this important committee. The Mayor's Office of ThiveNYC, created in 2019, is the first Mayorial office devoted to promoting access to mental health care for New Yorkers. We currently oversee 30 programs designed to close critical gaps in mental health care through innovation. Our programmatic budget as well as data on the reach and impact of our work are all on our

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In addition, we promote cross agency collaboration and help shape mental health policy in the city. This work includes sharing the crisis prevention and response task force of over 80 experts from the nonprofit sector, elected leaders, and city government. We also chair the Mental Health Council which includes the leadership of over 30 city agencies working together to maximize the city's mental health related initiatives. Over the last seven years, the city has made great progress, strengthening how we prevent and respond to mental health crisis. We appreciate that the City Council has been a critical partner in this effort. Legislation we're discussion today should be viewed in the context of what we have seen work and the progress already under way. I'd like to begin by discussing crisis prevention. As many of you have already noted, many mental health crises can be prevented if people are able to access and stay connected to needed care. Yet, for decades, too many New Yorkers have gone without mental health treatment or support when and where they have needed it. are 17 federally designated mental health care shortage areas in New York City. Like food deserts,

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these are neighborhood without sufficient access to mental health care. One way we have worked to increase access to care is by changing the mental health care landscape. Thrive programs have added hundreds of new service locations across the city, over 70 of which are in the federally designated mental health care shortage areas. We have partnered with 13 city agencies and nearly 200 community-based organizations to add new onsite support in over 200 high-need schools, 100 shelters for families, 45 centers for older adults, every precinct and PSA in the city, and all runaway and homeless used residence. That's onsite care in all those locations. We also support 57 mobile treatment teams that bring intensive ongoing clinical care to people with serious mental health challenges right in their communities. We have also expanded access to services through NYC Well, the city's comprehensive mental health helpline that serves as a gateway to care thousands of times every week. Starting out as a suicide hotline, NYC Well now answers calls, texts, and chats for a wide range of behavioral health needs. It offers immediate support, referrals for ongoing treatment, and when appropriate, deploys

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mobile crisis teams to respond to urgent concerns in In 2020, New York City Well answered an average of 6200 requests for support every week. These new services build on a strong foundation. part from its partnership with ThriveNYC, the Department of Health and Mental Hygiene spends nearly \$500 million dollars annually for people with mental health concerns, substance misuse, intellectual and developmental disabilities. Among other services, this includes supportive housing, crisis respite centers, mobile treatment, and school-based mental health services. New York City Health and Hospitals, again, apart from its partnership with ThriveNYC, invests about \$800 million every year in acute inpatient and outpatient behavioral health services. The Department of Homeless Services street outreach teams and safe havens increasingly connect people to behavioral healthcare, and NYC Care, our citywide quarantee of healthcare includes behavioral health services. The city has made significant progress over the last seven years. A lot of new work began in 2014 with the Task Force on Behavioral Health and Criminal Justice system which brought together over 300 advocates, practitioners, academics, and

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governmental officials to develop recommendations to reduce the number of people with behavioral health needs who cycle through the criminal justice system. All of these recommendations are now under way, including new support for people awaiting trail or detained in the city's jails, crisis intervention training for police officers, and support connection centers formally known as diversion centers which offer short-term stabilization services to people with mental health and substance use needs. The East Harlem Support and Connection Center, which opened a year ago, gives police officers an alternative to avoidable emergency room visits or enforcement interventions. The city's collaborative work on mental health crisis continues through the recommendations of the crisis prevention and response task force, approved by the Mayor in 2019. Even with the COVID-19 pandemic and a fiscal crisis, we have brought many of these recommendations to life. While we could not add more act mobile treatment teams as we had planned because of the state's cap on Medicaid, we have added four new intensive mobile treatment teams fully funded by the city, bringing the total capacity of all the mobile treatment teams

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functioning in the city to almost 4000 clients at any given time. These teams continue to make a profound difference in people's lives. For example, during the first three months of the fiscal year, we could see that of those clients who began receiving IMT services while homeless, many of whom were experiencing street homelessness, 47% moved into permanent housing during their engagement with IMT, and 90% of clients stayed connected to treatment for 12 or more months. Mobile treatment teams serve people who otherwise might never have been connected to either housing or treatment, and they are no doubt helping to prevent crisis. The result right now with all of these new services in place, New York City provides more mental health support to more people in more places and in more ways than ever before. Now, I'd like to discuss crisis response. Now all crises require an emergency response. Some mental health crisis requiring urgent, but not an immediate response. For that reason, we have also enhanced our mental health urgent response infrastructure. crisis include clinicians and peers who provide in person assessments and connection to care for people experiencing behavior health crisis. These teams are

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deployed about 20,000 times a year by NYC Well, public hospitals, and healthcare providers. Because of the Crisis Prevention and Response Task Force, they will soon be able to respond to people within a few hours during the day and early evening, every day of the year. This reflects great improvement from only a year ago when most responses were the next day and weekend calls resulted in significant delays. more New Yorkers become aware of this service and experience it, we hope to see more and more people turning to NYC Well and mobile crisis teams rather than 9-1-1. As we enter 2021, following several years in which more mental services have been available to New Yorkers and we are both preventing and responding to crises more effectively, we are beginning to see the tide turn. Mental health emergencies are declining from 2008 to 2018, the number of mental health 9-1-1 calls in New York City nearly doubled increasing every year and in every precinct. In 2019, the total number of calls dropped for the first time in a decade. Mental health calls dropped for the first time in a decade by 5% or over 8000 calls. In 2020, the number of calls fell by another 6% or over 9000 calls, and according to a

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recent NYC Well evaluation by an independent evaluator, more than 20% of surveyed NYC Well users who contacted NYC Well for themselves, reported that they would have considered called 9-1-1 or going to an emergency room if not for NYC Well. They knew they had another option. To continue this positive momentum, in November, the Mayor announced that for the first time in our history, health professions will be the default response to 9-1-1 mental health crisis calls. This new health-centered approach called BEHEARD, the Behavioral Health Emergency Assistance Response Division will be a critical step forward in the city's commitment to treat mental health crises as public health problems, not public safety issues. Currently NYPD officers and FDNY EMS Emergency Medical Technicians respond to all mental health crisis calls to 9-1-1. This is regardless of the severity of the mental health need or rather a crime is involved or rather there is an eminent risk of violence. All 9-1-1 mental health calls get this joint response. Beginning in spring 2021 in Northern Manhattan, specifically the 2528 and 32 Precincts in East and Central Harlem, the new mental health response teams of Health and Hospital social workers

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and FDNY EMTs will be the new primary response to mental health emergencies. In emergency situations involving a weapon on eminent risk of harm, NYPD officers and EMTs will continue to respond as before. Mental health response teams will have the experience and expertise to de-escalate crisis situations and respond to a range of behavioral health problems such as suicidal ideation, substance misuse, and serious mental illness, as well as physical health problems which can be exacerbated by or mask mental health problems. This pilot has been shaped by a steering committee that includes FDNY, NYC Health and Hospitals, the Department of Health and Mental Hygiene, NYPD, and the Mayor's Office ThiveNYC. have been intentional about its design. We have consulted cities across the country that are undertaking similar work and have met with members of the crisis prevention and response task force, advocates from correct crisis intervention today, CCIT NYC, and elected officials to hear their thoughts. First, we think it makes good sense to build on the tremendous capacity and decades of experience within FDNY's emergency medical services which currently responds to over 150,000 mental

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health emergencies every year. EMTs will be able to arrive on the scene within minutes and have expertise to access and treat many health issues. Second, Health and Hospitals, the largest public hospital system in the country, is the city's behavioral health safety net operating psychiatric emergency departments as well as inpatient and outpatient behavior healthcare. H and H also manages several mobile crisis teams and assertive community treatment teams or act teams that offer ongoing mobile treatment to people with serious mental illness in their communities. EMS and H and H both have deep expertise running emergency operations. These are the right partners to create the right teams of experienced EMTs and social workers and they are the right partners to provide the appropriate training and supervision for these teams. Third, in introducing this entirely new service to New York City, we have ensured that we are integrating lessons learned in other jurisdictions. Our model builds on the most established program in the country, CAHOOTS, Crisis Assistance Helping Out on The Streets in Eugene, Oregon. CAHOOTS, a program of a communitybased clinic handles cases sent by their 9-1-1

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First screened by their 9-1-1 system, designed to address a wide array of physical and mental health problems in non-violent situations, CAHOOTS teams of paramedics and social workers responded to approximately 24,000 calls last year. New York City will be the largest city to roll out this kind of an approach. To inform our pilot, we have also spoken to large cities such as Denver, Chicago and San Francisco that are just beginning this work, as well as nearby Otsego, Albany, and Orange Counties. All of these programs are dispatched out of 9-1-1. There are many similarities with our model. Every model is using a social worker or clinician and an emergency medical responder, an EMT or a paramedic. No team exceeds three people. No team is directly providing medical transports to hospitals. Each is calling ambulances to provide transport when needed. Denver and San Francisco are basing their teams within their EMS services function of their fire departments, as are we, and contracting out for social workers to add to their teams. Chicago is pursuing a hybrid model. They plan to hire some mental health professions directly through their health department and contact with community

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partners to hire others. They want to test both approaches. None of these teams will respond to 9-1-1 calls that involve violence. While there is some variation in how cities define violence, the presence of a weapon automatically excludes these new teams from responding in ever city we have spoken to, including the CAHOOTS model in Oregon. The design of New York City's pilot differs from models elsewhere in several key ways. Some cities are integrating pre-exisiting mobile crisis teams into their 9-1-1 systems. In New York City, mobile crisis teams respond to urgent situations, not emergencies. some cities (inaudible) are part of the crisis response team in addition to mental health clinicians. Denver and San Francisco's models are overseen by their local public health authorities; however, in both of these cities, their health authority includes the entire public hospital system. In New York City, our public hospital system is a separate entity, health and hospital. There are also some limitations on the kinds of situations teams respond to. For instance, in San Francisco, teams are only dispatched to public locations. In big cities nationwide, health-centered approaches to

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mental health emergencies are new. Denver's began in June 2020, San Francisco's in November 2020, and Chicago is aiming to begin in the summer of 2021. There are few established best practices yet in large cities. We are all designing these initial pilots carefully and learning from one another. Fourth, we want to ensure that the teams in the pilot phase are based in communities with sufficient operational infrastructure to support rapid implementation and arrange of community mental health care options. needed to select to select a single 9-1-1 radio dispatch zone, usually two or three continuous precincts where everyone is on the same radio frequency making dispatch easier. We chose zone seven which includes the 2-5, 2-8, and 3-2 precincts or East Harlem and parts of north and central Harlem because of the high volume of mental health calls. Zone 7 had 9058 mental health 9-1-1 calls in 2019 and 7400 or more calls between January and November 2020, the most in the city, and the complete numbers as of the end of 2020, I understand, take us slightly higher, but they were the highest in 2020. H and H has hospitals, clinics, and a psychiatric emergency program in this zone and the new East Harlem support

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connection center which offers short-term stabilization services is here as well. Furthermore, EMS has facilities nearby that could be quickly adapted to serve as a base for operations. been hard at work over the last few months. Operational protocols are nearly finalized, the training is designed, and hiring is underway. will launch as soon as everyone is hired and trained. Once we launch, we will monitor this project to ensure we can scale, go city-wide as quickly as Specifically, we will gather detailed data possible. on metrics such as the percentage of mental health 9-1-1 calls selected for the new teams, the number of teams times the new teams are dispatched, the time from dispatch to arrival on scene, and the kinds of locations to which the teams are dispatched, and how calls are resolved. This pilot represents an important change in how New York City responds to mental health crisis, and it is imperative that we get it right. We want to make sure the protocols are correct, the training is sufficient, and the staffing levels are right before we expand, but the plan is to go city-wide as soon as we can. Even the work currently under way, the city shares the commitment

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to spirit of Intro number 2210 which would create an Office of Community Mental Health and a city-wide mental health emergency response protocol. However, we think it's premature to mandate city-wide implementation of a different model with different agencies involved. There is too much to learn from the pilot to decide now to use a different approach. The city also has concerns with Intro 2222 which would create a three-digit mental health emergency hotline. As I mentioned earlier, a recent independent evaluation of NYC Well made clear that many New Yorkers are already turning to the helpline instead of calling 9-1-1 or going to an emergency Staffed by trained counselors and peers, NYC room. Well can provide immediate crisis counseling and suicide prevention as well as dispatch mobile crisis teams to provide in-person assessments for people experiencing a behavioral health crisis. The city has invested in capacity at NYC Well, refined its services and conducted significant outreach to New Yorkers to encourage them to contact this helpline. In addition, last summer, the FCC enacted rules to establish 9-8-8 as the three-digit phone number to connect people in crisis with suicide prevention and

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mental health crisis counselors. BY July 2022, all 2 phone service providers will connect 9-8-8 calls to 3 the existing National Suicide Prevention Hotline. In 4 5 New York City, NYC Well answers the National Suicide Prevention Hotline calls. As such, we believe 6 7 existing infrastructure already accomplishes many of the aims contemplated in this bill. We have not 8 found an alternative three-digit number in any 9 10 jurisdiction in the country that dispatches emergency responses. We teach our children from a very young 11 age to call 9-1-1 in any kind of emergency, rather 12 it's a safety problem, a fire, or a health emergency, 13 14 you shouldn't haven't to think hard about who to call 15 in an emergency. If it's any kind of emergency, call 16 9-1-1. I thank this community for your ongoing partnership and commitment to continuing to 17

COMMITTEE COUNCIL SARA LISS: Thank you very much, and we now to turn to Chair Louis to begin questions.

strengthen mental health crisis prevention and

questions you may have.

response in our city. We're happy to answer any

CHAIR LOUIS: Thank you so much Sara. We've also been joined by Council Member Lander. All

right, so I'll just right in. The first question is, do you believe, and anyone on the panel can answer this, do you believe that NYPD, police, law enforcement; whatever you want to call it, is the right response for a mental health call?

DIRECTOR SUSAN HERMAN: We believe that the primary response to a mental health crisis should be a health-centered response, and that's why we're joining together the experience of EMTs and social workers to respond to primarily what are mental health crises.

CHAIR LOUIS: So, does the city consider, what does the city consider a mental health response?

DIRECTOR SUSAN HERMAN: A mental health response?

CHAIR LOUIS: Yes.

DIRECTOR SUSAN HERMAN: Well, it depends on rather we're talking about, I tried to distinguish in my testimony the difference between mental health responses that are connecting people to care and in that way, trying to avert crisis to mental health crises where people need an urgent response, but not necessarily an immediate one within minutes, and an emergency where someone needs to have attention

within minutes. All of these, we believe, need primary response whenever possible, should be a health-centered response.

CHAIR LOUIS: Right. So, what is the currently protocol when responding to 9-1-1 calls that may be triggered by mental health emergencies, cause I think that's the part of the reason why they're presenting this Bill today. So, what is the current protocol for responding to the 9-1-1 calls?

protocol for 9-1-1 mental health crises is a combination of a police response and an EMS response, and that's we're shifting to a new format and piloting EMTs and social workers.

CHAIR LOUIS: Right. So, let's talk a little bit about the data because I think that will help with some of the issues that, you know, we've been bringing up with these Bills and conversations over time, so can you please describe what kind of data the city currently collects on incidents of mental health crisis response? How many calls does the city receive per year on mental health responses, and what platforms does the calls go through? Is

2 that 3-1-1, 9-1-1, NYC Well, all these different
3 components?

DIRECTOR SUSAN HERMAN: Well, certainly,

I'll begin and just say that calls that come through

9-1-1 that people are calling because it's an

emergency response, there were, in 2020, there were

154,000 mental health crisis calls as opposed to 2018

when there were 171,000 crisis calls, and that's the

decline that I was talking about. I will turn to Dr.

Harrison to talk about the numbers of people who call

NYC Well. I have said that there are over 6000

contacts for calls, texts, and chats to NYC Well

every week. Myla, do you want to elaborate on that?

DR. MYLA HARRISON: Sure. So, you know, the NYC Well call center operates 24 hours a day, 7 days a week and is staffed with counselors and peers and is available to receive any kinds of calls that come their way, and as, you know, as Susan said, at this point, we are answering by call, text, or chat well over 1000 calls a day, and that volume is higher than we have seen in the past. Most of the calls for NYC Well are resolved with people on the line. They will evaluate and access for crisis for de-escalation and will make referral to appropriate services where

that's being requested, and a very small portion of the calls to NYC Well will go to a mobile crisis team, a very small percentage. Most of the calls that come in are people asking for information on referral. When it is a higher level of need, then they can involve a mobile crisis team. Again, from the NYC Well perspective in a general year, only about 10,000 of those calls that come through are going to mobile crisis teams. So, most are managed by the counselors responding on the phone.

CHAIR LOUIS: Dr. Harrison, is the data disaggregated by zip code, race, ethnicity, gender?

DR. MYLA HARRISON: So, you're asking about the NYC Well calls that we get. So, NYC Well, for the most part, will not require you to give information if you do not want to give information about your race, ethnicity, gender; so, it is an anonymous line. When somebody gets to the point of needing a referral for a mobile crisis team, then obviously, they need information about where that person's located, address, phone number, that sort of information. So, we do not have complete data on the people that are calling cause people don't have to reveal that information. So, we have incomplete data

2 about who is accessing the line for the most part.

We do ask it when people will reveal it, but again, 4 it is not complete, and then, as I said for mobile

5 crisis team referrals, we know where they are going

6 because they have to actually go onsite so we have

7 that level of information from NYC Well.

DIRECTOR SUSAN HERMAN: An independent evaluation of NYC Well which does disaggregate the demographics of a large sampling of NYC Well users and that full evaluation is on our website. We'd be happy to get that to you, but I think it's important to note that we're talking about many different things. We're talking about preventing through connecting people to care, keeping people connected to care. We're talking about urgent responses, and we're talking about emergency responses where you need people there within minutes. I just want to keep distinguishing those things.

CHAIR LOUIS: Thank you. So, in regards to the mobile crisis team, whose collecting this data? Is it Thrive, NYPD, Do it, DOH?

DIRECTOR SUSAN HERMAN: So, mobile crisis teams are dispatched both by NYC Well and by

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hospitals. They're overseen by the Health Department as well as the State, they are licensed by the State.

CHAIR LOUIS: Got it. Let's talk really quickly about gaps in mental healthcare and treatment, and I'll turn it over to my colleagues who have questions. Does the city analyze gaps in mental health treatment across all five boroughs?

DIRECTOR SUSAN HERMAN: Yes. The Health
Department regularly distributes a community health
survey to determine access to care. We have focus
groups. We look at emergency room data. We look at
9-1-1 information. We look at the federally
designated mental health care shortage areas. There
are a number of ways that we look at how many of New
Yorkers who need care are connected to care.
Surveys, lots of different ways, different agencies
are looking at it.

CHAIR LOUIS: And do we track this information, like can that information that you're sharing now, be shared with the Council?

DIRECTOR SUSAN HERMAN: There is a report that the Health Department creates for the State every year that is a public report that can be shared, but Myla, do you share the results of the

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Community Health Survey? I think you're trying to say yes. Yes?

DR. MYLA HARRISON: Yes, sorry, I missed my, I missed my unmute cam. Sorry about that. So, the Community Health Survey is administered by the Health Department on a regular basis and the data is available publicly. We frequently also will also put out reports for the data from the Community Health Survey, and that is a broad health survey. includes mental health and substance use as well as a lot of other health information. A few years ago, there were community surveys that were released that compiled a few years of data, so that they were able to talk at community levels, and those are available on the city, Department of Health and Mental Hygiene's website as well. What you should know about community health surveys, it takes time to analyze the data, and so it's not always a timely way to get at what's happening today, but it is certainly useful information that we compare over time. So, we can see changes over time at various levels.

CHAIR LOUIS: All right, thank you for that Dr. Harrison. I'll come back with more

questions. I'm going to turn it over to colleagues that have a few questions.

very much Chair, and as a reminder to Council

Members, if you have a question, you can use the Zoom raise hand function at the bottom of the screen. So, for questions, we're going to turn first to Council

Member Ayala, followed by Council Member Ampry
Samuel, followed by Council Member Adams, followed by Council Member Riley. So, Council Member Ayala, you

CM AYALA: Good morning everyone. So, I have a couple of questions. First, will the EMS, mental health teams fall under Thrive managed program Crisis Prevention and Response Task Force?

can begin when you're ready.

DIRECTOR SUSAN HERMAN: They have grown out of the work of that task force and they'll be overseen by Thrive, but they are managed, implemented by FDNY EMS and H and H. NYPD is certainly working with us, and the Department of Health is working with us to make sure that all aspects of it are appropriate, but these teams will be managed by H and H and FDNY EMS, overseen by Thrive.

CM AYALA: Dr. Herman, you mentioned in your opening remarks that it's premature to introduce to Bill 2210, right, at a time when we're piloting this new program, which, you know, I'm excited about, obviously it's my District and I'm excited to see it coming to my District, but I wander. We have nine months left in this administration. Is it realistic to believe that we have enough time to unpilot, and then expand this existing program if successful citywide in that time frame?

DIRECTOR SUSAN HERMAN: I think we have 10 months left, don't we?

CM AYALA: Yeah.

and on the ground shortly, and we will be gathering data and we will be seeking your input, community members from the Districts involved, making sure that we modify it as needed, but we are planning for an expansion, and we will do everything we can to start phasing that in if necessary or go citywide if possible.

CM AYALA: How long is the pilot period?

Is there an estimated time?

DIRECTOR SUSAN HERMAN: Well, we will know very shortly within a month, 45 days, you know, two months, we will know rather the protocols are right and training is sufficient, and we can start to think about expanding.

CM AYALA: Yeah. I think that's...

DIRECTOR SUSAN HERMAN: We will be modifying it and adapting it for a long time, but I think we will know very soon rather this model is a good model. I hope we always improve it, like everything else.

CM AYALA: Okay, so regarding the gaps in services, cause I think, you know, this Bill kind of tackles two things. One, it creates an Office of Mental Health Responses with protocols and all of the good stuff, but it also asks for, you know, a protocol that also addresses and identifies gaps in services. So, the family member that I referenced, right, as an example, you know, even as a young child, right, I remember my parents trying to access, you know, certain mental health services for them, and not being able to do that. I remember, you know, the sense of freely, just like, you know, being overwhelmed and not knowing who to turn to next, and

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trying to get petitions and then eventually this, you know, individual ending up, you know, as a child, you know, incarcerated, and then incarcerated again and again, and not being; I mean, I can name twenty, thirty instances where, you know, something should have happened that did not happen. You know, some as recent as last week. Is this something that the Department of Health is looking at? For instance, you know, I'll just throw out the Health and Hospitals, right, you bring a person in for an emergency health crisis. That person is seen by, you know, the onsite physician, right? And they decided, well, you know what, there's nothing wrong. Maybe the person was manic when, you know, when you made the call, but they seem fine now, and they put them out on the street. That's a problem. Sometimes, they're admitted for a 72-hour hold, and I have spoken to psychiatrist after psychiatrist who have told me that they have had instances where a patient have gone to the mental health courts that exists within some of these hospitals, and that the judges have actually released against doctor's orders. to me, is also a missed opportunity, so I wander is Health and Hospitals working with the Department of

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little bit.

Health or with Thrive to identify some of gaps, so that you can better advocate to address them?

DIRECTOR SUSAN HERMAN: Well, there are many ways that we have worked with the Department of Homeless Services, the Department of Corrections, H and H, the Department of Health, NYPD to make sure that people with needs are connected to the care that they should have. So, there have been many protocol changes, agencies are talking to each other and sharing information more than ever before. We have made it easier for mobile treatment teams to go to Riker's and meet people before they are discharged. We've made it easier for the Department of Homeless Services to say, these are the people that we are most concerned about and give their names to the Health Department and focus attention on them. We've added mobile treatment teams. We're about 50% greater capacity now than we were five or six years ago in terms of serving people on mobile treatment teams. We're trying to do that. If you're asking specifically about H and H and their protocols when somebody comes in, I'd ask Rebecca to talk about it a

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CM AYALA: Yeah, but it's not specific to just Health and Hospitals. I think that sometimes, you know, I mean, and I'm not implying that we don't have resources in place, and that, you know, some people may not be benefiting from them, but not all of the people that should be receiving these services or should be coming in contact with someone, is at this moment, right, and that concerns me cause I think that, you know, in some communities, like my community, we're seeing the highest rates of, you know, of calls, but then, you know, you walk out into the street, it's pretty obvious that we have a lot of people that are just walking around in serious mental crisis, and that, that to me, is really alarming, and I get, you know, I mean, I just, I don't see, I don't that, you know, I'm trying to figure out who is responsible for ensuring the quality control, right? Is this working? Is it not working? How do we tweak it? Are we using family members? Are we using people that are impacted, right, as informants? they contributing to the conversation? Are they sharing with you, and is somebody listening cause I think it's very easy for all of us, right, to check off a box and say, well, we did this, and we're doing

that, but is it working, cause we put a lot of money quite frankly into a lot of these programs and services, and they don't always work, right? They need to be tweaked along the line, and I just wandered, whose responsible for that? Whose picking up where those gaps in services are because they exist, and they impact communities of color the most. So, whose responsible for that?

DIRECTOR SUSAN HERMAN: Well, let's break it down, and talk about, it is, while I am very pleased with the progress that the city has made, and we've made enormous progress over the last seven years, albeit, and I think every person on this panel would be right there with you saying more needs to be done, and that there are still inequities in mental healthcare that we need to reach black and brown people in more ways than we are. We need more treatment to be available and we need it be easy to access. So, I, I absolutely agree that more can be done. How are we working on this though? I would like you hear a little bit from Myla about HEA-Teams and I'd like you to hear a little bit from Rebecca about what happens when somebody goes to a hospital

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2 and the kind of work that's done. Rebecca, why don't you start?

VP REBECCA LINN-WALTON: Thanks so much, and I just wanted to thank you all for having me here today. I too believe in this work on a personal level. I've help family and friends navigate through serious behavioral health needs, and also have been the recipient of life-saving service myself. So, I try to come to work every single day with a spirit of service identifying gaps for New York's most vulnerable and trying to get them the same care that did save my life. So, I hear you, and the pandemic has made this work even more dire. You know, I would say what's most beneficial about a pilot is the opportunity to, we're building a really intensive supervision model, and that's what I got in the beginning of my days as a social worker, and what really led to me knowing what to do in a crisis, how to talk to someone, how to not get in the way of providing help if I get scared or anything like that, and so, what's so important about a pilot is the ability each week to have that intensive supervision, to have a small group where we're meeting with the EMT workers and also the social workers, and we have

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a supervision structure where we're really able to say in an honest way, here's what's working, here's what's not working, and then Directors of the programs are involved at a high level and also on the ground as well. So, they can see how it's working as well. With regards to what happens when someone comes to the hospital, the first answer is, I don't want people to go, we don't want people to go to the hospital who don't need it. So, a major purpose of this work is so that people don't need to go to the hospital which can destabilize them further or may not be necessary. So, we want to provide care right there in the community, and I'll let Dr. Harrison talk about that in one second, but then if people are brought to the hospital, we're working constantly to figure out how to make it so that once they leave the hospital, they're still connected, they're still involved. We have people go out to them. working to identify additional needs and additional types of staff with peers. We have peers right there in emergency department and inpatient psychiatry, and then also peer with substance use experience as well, either their own or family members who can help. Sometimes, those are underlying issues that lead to

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needs for emergency care that if they had been seen earlier and gotten care earlier, they wouldn't have reached that emergency moment. So, I think we're constantly trying to figure the same thing you are with what's not working and how to provide better care to keep people engaged in treatment and not have an emergency.

DIRECTOR SUSAN HERMAN: Thank you. Myla.

DR. MYLA HARRISON: Yeah, thank you again for that, you know, these really thoughtful questions. The Health Department is committed to ensure that every New Yorker who experiences a mental health crisis or emergency has access to timely mental healthcare, and there are numbers, you know, a number of services that we offer to help with those connections, and you've heard talk about some of them already, some of our mobile treatment teams which include assertive community treatment teams and intensive mobile treatment teams where they focused a lot on engagement, and then there are also HEA-Teams or Health Engagement and Assessment Teams which are made of peers, people who have lived experience and clinicians who really will work with individuals and engage with them and make the connection to the

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services that they need. They will stay involved for a few months, as long as it takes to help make the connections to the next level of care which is what I kind of heard you talking about in terms of your question. So, I think there are numbers of ways that we do that, and I just gave you a few examples.

CM AYALA: Yeah, I mean, I think the (inaudible) number is very small in person-to-person, but you know, as a family member who deals with this every single day, it's been really interesting because I, you know, I'm keenly aware of all of the ways in which we continue to fail people with mental health issues, and it's continuing to happen today, right, and I get like this and I want to applaud all of the efforts, cause I know how hard you all work on these issues every single day, and I don't want to take any of that credit away, and I am not trying to diminish or, you know, undermine any of the work that you have been doing. I think that this Bill offers us a very unique opportunity to really codify a lot of those good policies, you know, and ideas, and ensure that they outlive this administration, right, that where we're doing good work, that we're able to keep that and we're able to just, you know, protect

it in that way. I happy to, you know, to continue the conversation. I want to obviously allow time.

I'm sure that my colleagues have many questions as well, but thank you, thank you Chair Louis.

COMMITTEE COUNSEL SARA LISS: Thank you very much Council Member Ayala. We now turn to Council Member Ampry-Samuel, followed by Council Member Adams, followed by Council Member Riley.

Council Member Ampry-Samuel, you can begin as soon as the host unmutes you. Thank you very much.

SGT LUGO: Starting time.

CM AMPRY-SAMUEL: Good morning everyone.

Of course, Council Member Ayala asked exactly what I was going to ask and say, but that's usually how our Districts work. We usually have the same exact issues, always, and so, thank you so much for that, Council Member Ayala. But I do want to just add that I had four young black men killed by police in my District since I started my term, and they all had a mental illness, and they were all known to have a mental illness, and again, I had four young black men with a history of mental illness killed in my District in the past three and a half years of being in office, and that hurts like hell. It hurts like

2 hell, and I personally had to experience my own mother...

COMMITTEE COUNCIL SARA LISS: It looks
like Council Member Ampry-Samuel might be having some
technical issues. So, we can turn to Council Member
Adams and then come back to Council Member AmprySamuel.

SGT LUGO: Starting time.

CM ADAMS: Thank you so much.

Congratulations Chair Louis. You look very, very good up there doing this thing, so congratulations to you on this wonderful committee. Thank you to my wonder colleague that proceeded you as well, Council Member Ayala for bringing her personal situation to this committee which we all have felt since day one of her taking the seat. She has absolutely flourished and brought this to the attention of so many, that she doesn't even realize how many she's brought this very critical situation to the forefront. So, for that, I salute you as well, Council Member Ayala and everything that you've done and continue to do. My first question, I think I'm going to direct it to the NYPD, and just taking a

look at, the percentage of mental health emergency

#### COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 2 calls per year, compared to other calls, do you have 3 that figure? 4 DIRECTOR SUSAN HERMAN: I'm trying to see the NYPD on the screen. 5 CM ADAMS: The NYPD is muted. Can 6 7 someone unmute them. Okay. NYPD: Yes, so in terms of 9-1-1 calls. 8 CM ADAMS: Yes. 9 NYPD: We, in 2020, we had about 160,000 10 person in crisis calls and about 6.2 million 9-1-1 11 calls overall. I haven't done the map on that, but 12 it's, that's the numbers. I haven't done a 13 14 percentage map on it though, but those are the 15 numbers. 16 CM ADAMS: Okay, so the 160,000 have to 17 deal specifically with mental health calls? 18 NYPD: Right, and out of 6.2 million calls for service. 19 CM ADAMS: Okay, and do you have any 20 statistics on how many of those mental health 21 22 responses resulted to transference to a hospital or 23 were possibly arrested? 24 NYPD: Roughly 6% were taken to the

hospital and less than 1% were arrested.

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#### COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 2 CM ADAMS: What was that figure for 3 arrest? 4 NYPD: Less than 1%. 5 CM ADAMS: Okay, I had another 6 question for you about percentages of homeless, 7 homeless responds compared to resident individuals when comes to mental health? 8 NYPD: I, I don't have that breakdown. 9 10 CM ADAMS: Okay. NYPD: We can look into that, but we 11 don't have how much of that is homeless individuals 12 13 versus people with homes. DIRECTOR SUSAN HERMAN: Council Members 14 15 Adams, are you ask for the percentage of the 9-1-116 calls that were experiencing homelessness? 17 CM ADAMS: Yes. 18 DIRECTOR SUSAN HERMAN: Okay. 19 CM ADAMS: Yes, mm-hmm. Okay, and 20 Director Herman, I guess my last question is for you, perfect timing. On the pilot, it's very interesting 21 22 to hear about the pilot that will, I guess, begin 23 sometime this spring coming up. The pilot, I assume

that's going to be a 24 x 7 operation?

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DIRECTOR SUSAN HERMAN: The pilot is actually going to be 16 hours a day because there's a tremendous drop off after early morning hours of how many of these calls come in. So, we're maximizing the number of calls that these teams can respond to for 16 hours a day, and (crosstalk) that it makes more sense to staff it 24 hours a day, we can look at that going forward, but one of the things that we will learn during the pilot is rather the staffing levels are appropriate.

CM ADAMS: Okay and to that point, how many, how many people per team?

DIRECTOR SUSAN HERMAN: There will be three people per team, two EMTs and one social worker.

CM ADAMS: Okay.

DIRECTOR SUSAN HERMAN: And then there are supervisors that are available on both sides on the EMS and the Health and Hospital side.

CM ADAMS: Just curious also, the, you mentioned the NYC Well, the three-digit hotline.

What is the experience of the people responding to those calls?

DIRECTOR SUSAN HERMAN: Some of them are peers, people with lived experience, either with substance misuse or mental illness, and some of them are social workers.

CM ADAMS: And what is the, I guess my last question is kind of along those line. I guess something along the lines of...

SGT LUGO: Time expired.

CM ADAMS: Positivity rate or rate of help, anybody that's led to get subsequent help from those calls?

DIRECTOR SUSAN HERMAN: Myla, can you talk about the experience of the mobile crisis teams? Again, reminding you that half of them, 10,000 a year, come from NYC Well and about 10,000 a year come from hospitals, are dispatched by hospitals and healthcare providers, so let's just talk about the NYC Well version.

DR. MYLA HARRISON: Thank you very much for the question. You're asking about NYC Well in general, when they refer to a mobile crisis team, which is not often out of all of the calls that they get, the mobile crisis teams are very successful at de-escalating the situation on the ground and will

to her.

SGT LUGO: Starting time.

CM AMPRY-SAMUEL: Hi. I was Brownsville. 3 4 My internet sucks. So, I will just jump right into, 5 I probably didn't need to go all into that other 6 stuff, I'll just read what I was going to say. 7 October 2019, 33-year-old Kwesi Ashun was shot and killed by police officers. His sister, Alma Bartley 8 told us that she had been trying to get a mental 9 10 health support since 2004 when he was first diagnosed with bipolar disorder. Without steady health 11 insurance in primary healthcare, Kwesi continued to 12 decline. For 15 years, Alma was in contact with the 13 14 Department Health, their mobile crisis unit, and 15 other public outlets that she thought would be a 16 resource, but nobody gave him the treatment or 17 support that Kwesi needed. In fact, the response was 18 always to call 9-1-1 if he became violent, and that's 19 exactly what they did. They called 9-1-1 until their 20 final call resulted in Kwesi losing his life in October of 2019 at the age of 33 by NYPD, and I know 21 22 we talked a lot about what's going to happen and 23 changes in policy and procedure, but I just want to get like just a quick response. What can I tell Alma 24 25 and her family today that would be different from

what they experienced for so many years and where we are at as a city in New York today? I have everything that you said. It was a lot of technical information, but what I can say that is just simple to a family like Alma and Kwesi, what they went through, what they were experiencing? What can I tell them today about where we are as a city?

situation, all of the situations that you described and other described, these are tragic situations and they horrible for everyone who has lived through it, and they're horrible for all of us. What you can say, I believe it that we've made a lot of progress trying to find new ways to help people like him, so that he does stay connected to care, both through mobile treatment, and through more locations all around the city, New York Care that would have provided insurance for him, and you can say that when emergencies do occur, the city is moving towards having a health-centered approached with health EMS and social workers responding to somebody like him.

CM AMPRY-SAMUEL: Thank you.

COMMITTEE COUNSEL SARA LISS: Thank you very much Council Member, and we now turn to Council

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Member Riley to ask questions. You can begin as soon as the host unmutes you. Thank you.

SGT LUGO: Starting time.

CM RILEY: Thank you Council, and I would like to congratulate Chair Louis for leading us through this committee, this area especially during the time we're going through right now, through the pandemic. I would like to thank the panel for their testimony. I would like to thank my partner in the Bronx, Council Member Ayala for that wonderful legislation. I just have two questions. Is seems like accessibility to mental health service within out communities seems to be an issue. For instance, I had a constituent call me this weekend who is going through mental health problems with his son, and he doesn't know which direction to go to. I did hear you state, Ms. Herman, that we're working with the NYPD, Health and Hospitals, and other municipal organizations, but my question is how can we better involved community-based organization with accessibility to mental health services to our communities, residents within our communities, and the next question is to the NYPD. 160,000 mental health calls, did we see a significant spike with

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mental health calls since last year due to the pandemic?

DIRECTOR SUSAN HERMAN: So, for the first question, Council Member, I thank you for that question. It can be overwhelming for anybody to try and find the right service for somebody that you're worried about. It can be really, just difficult and challenging because you're worries so much about somebody, and that's why we have expanded NYC Well the way that we have. The website that NYC Well, if I'm correct, I believe it's been visited 400,000 times. Do you have the website figure, Myla? they have taken, you know, answered 200,000 calls, texts, and chats just during the pandemic alone, and we think of it as our gateway to behavioral health services. It's a place that somebody can call to get help right then in the moment, and as Myla said, they can talk to a peer, if they want to talk to a peer, but they can also get a referral, and they can say, "I want to be near home, I want to be near work, I want it to be in this neighborhood because I always visit my family there", or "I'm calling about someone else that I care about. Can you help me figure out the best way to get help for that person?" And

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that's what NYC Well is all about. That's why you know, sometimes people are calling, and they need urgent response right away in person. they dispatch the mobile crisis teams, but so many, the overwhelming majority of the calls are for people who need help in the moment and talking help them, or texting, chatting, helps them, or they get a referral. They need to talk to somebody, and they want to talk to somebody on an ongoing basis, or they want to hand a name of a person to someone they care That is what NYC is all about, and they do it about. very, very well, 24 hours a day, 7 days a week, and we would look forward to working with you and every Council Member to make sure that, in addition to all the texts that the city sends out and the, the billboards and the posters and the announcements that you get out in any way you can when you send out emails to your constituents, when you put out publications that you have a little summary from us that describes what NYC Well does, and help inform your constituents. I think from all the work that we've done over the years, we know that rather than just say to somebody, "if you need to, if you have a mental health issue, call NYC Well". It's a much

better exchange if you can say, if you have a behavioral health issue, call NYC Well because this is what they do.

5 CM RILEY: Yeah.

DIRECTOR SUSAN HERMAN: This is what they offer, and we have write ups like that. We've distributed them before, we're happy to distribute it again, and any way we can let more New Yorkers know about NYC Well, we're happy to do that.

CM RILEY: Thank you. If you can please send some information like that to my office so I can distribute that, that would be, you know, well-appreciated.

I'd also be happy to meet with you to talk to you as I did, Chair Louis, this past week. I'd be happy to meet with you and tell you a little bit about some of the services that are available in your District.

What's there on the ground that you can tell your constituents about. Maybe we can hear from the police department about rather there was a spike in mental health calls during the pandemic.

NYPD: The calls for people in mental health crisis increased.

### COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 2 SGT LUGO: Time. 3 CM RILEY: I'm sorry, I didn't hear. said decreased? 4 NYPD: Increased. 5 CM RILEY: Increased, thank you, and do 6 7 you have a percentage or no? NYPD: Sure, in 2020, we have 161,268 8 compared to 171,498 in 2019. 9 CM RILEY: Thank you. 10 DIRECTOR SUSAN HERMAN: So, the pandemic 11 being the better part of 2020. 12 13 CM RILEY: Yeah. Thank you. Thank you, 14 Chair. 15 COMMITTEE COUNSEL SARA LISS: Thank you 16 very much, Council Member Riley, and we'll now turn 17 back to Chair Louis, who will continue with 18 questions, and just, again, as a reminder to Council Members, you can use the Zoom raise hand function if 19 20 you have any questions. Thank you. 21 CHAIR LOUIS: Thanks Sara. Alright, so there was a lot of information that was shared in 22 23 many responses in regards to whose doing what when it comes to this new system, but I wanted to know, who 24

is the coordinator between all of these systems in

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the city? Like, who, is everybody going to be speaking to on another, how does this information come together? Let's particularly talk about the new mobile crisis team. Does EMT speak with H and H and everyone else, and how does all that information get collectively put in one place?

mobile mental health response teams will be jointly managed by H and H and FDNY EMS, and they talk to each other multiple times a day when they will colocated. Some of the teams will have a base where they are co-located, and they're very much in communication and it's a, you know, jointly run operation.

CHAIR LOUIS: But the data that they're collecting as their going out all the time, where is that information being placed, what does the follow up look like cause I know, you mentioned like in two months, we'll have some type of outcome, and I would love to know where that information is going to be shared, but where are they placing all that data?

DIRECTOR SUSAN HERMAN: So, the EMTs have a data collection system that they've used forever and the social workers at H and H, the same. So,

# COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION

they will be sharing information. We'll also be using some of the NYPD data to make sure that we know what percentage of the calls are going to these teams. So, there are multiple agencies involved here, and we will be sharing information and analyzing as needed, regularly.

CHAIR LOUIS: And where would that information be given in two months after the pilot is over?

DIRECTOR SUSAN HERMAN: Well, I'm not going to give you a hard and fast date that it's over in two months. I'm saying that we will have learned a lot in two months, and we will hope to expand as soon as possible, but just to be clear, I wouldn't say the pilot's over. We will probably be modifying it on a regular basis even as we expand, and some of the metrics that I mentioned in my testimony, those metrics will be reported publicly.

CHAIR LOUIS: Alright, we will look forward to seeing that. What's the, this is for NYPD, what's the current average response time to mental health emergencies in New York City, and does that always involve the NYPD?

We'll be checking out for that. I just wanted

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to go back really quickly to the mobile crisis team. What kind of aftercare and wrap around services or referral services are being offered to the pilot participants once the crisis has stabilized?

DIRECTOR SUSAN HERMAN: Chair Louis, I just want to make a distinction between the mobile crisis teams that already exist that are offering referrals and as Dr. Harrison said, often stay with somebody two or three times. They can go back, they can visit. The teams that we are creating now, the new mental health response teams, those teams will be focusing primarily on the de-escalation, assessment of both physical and mental health needs, and we hope to in short order, be developing connections to follow up care, but that will likely be in sort of, phase two of pilot, but out hope is that we will be using many of the responses of HEA-teams, of community-based organizations, of H and H, outpatient clinics, the resources that are there, the support and connection center. We hope to be using many resources to provide follow up.

CHAIR LOUIS: I look forward to that cause I think that's part of the issue of there's some type of response, but the follow up always

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lacks, so I look forward to seeing that information. Were there neighborhoods known to have existing gaps in access to treatment, but the new pilot is working with?

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DIRECTOR SUSAN HERMAN: This zone was chosen because it has a very high volume of mental health crisis calls, so we knew that we would have enough calls to see rather this approach made a lot of sense. It was also chosen because the East Harlem Support Connection Center is there, and so, we will be able to, it's small, so we won't be able to have a lot of people go there, but we will be able to offer it some people; you only go there on a voluntary basis, but they do both residential and nonresidential work with people, and during COVID, they're at about half-capacity, so it will not be for many people, but we'll be able to use it, and there's a rich array of community-based outpatient work in that zone.

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CHAIR LOUIS: All right, and how can better adjust gaps in mental health services, particularly in black and brown communities?

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DIRECTOR SUSAN HERMAN: I think this is a problem that's persisted for a long time. It's

something we're dedicated to working on. We focus very much on trying to promote greater equity and access to healthcare, and that's one reason why we located the site-based services in these communities that are, there's often a real connection between race and poverty and lack of services and so, 70% of our services are located in those communities. It's also why we think about reaching people in different contexts, not just having a brick-and-

mortar clinic where someone has to go,
but providing mobile services, providing services in
your local community by connecting with primary care
provider, and having them know where they can access
mental health care for someone that they're working
with otherwise. Sometimes, you have a trusted
primary care provider, and if they know where to
refer you to, that's a good way to access services.
So, we're trying to reach people in a number of ways,
and we believe that this kind of effort is turning
the tide, that more and more people are connected,
but there's a lot more work that needs to be done.

CHAIR LOUIS: Of course, so we, I hope to see that information in the report after this pilot is over to ensure that we are including more black

#### COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION

and brown communities and that's there's a better outcome due to this new piloted program. That is all the questions I have. Do we have any other Council Members that have questions?

COMMITTEE COUNSEL SARA LISS: It seems that there are no Council Members with further questions. Chair Louis, I don't know if you wanted to make a quick closing remark for the Administration before we turn to the next panel.

CHAIR LOUIS: Thank you to all of you who came this morning to testify, to answer questions, and to share more information about the trajectory and how things are going. We look forward to a follow up in regards to the piloting program. I hope that Public Advocate Williams and Council Member Ayala can you get you support on the Bills. It's really important that we think forward cause what we have now has not be working, and I think that's evident, so this is opportunity for us to do something better and to really help the mental health community. So, thank you all for being here this morning.

DIRECTOR SUSAN HERMAN: Thank you. We look forward to working with you.

very much to this panel, and we're now going to turn to Public Testimony. A quick procedural matter. All public testimony will be limited to two minutes, but written testimony can be submitted and will be read in its entirety. After I call your name, please wait a brief moment for the Sergeant at Arms to announce that you may begin before starting your testimony. The first panel in order will be Joo Han, Diya Basusen, Zana Octavio, Joy Luangphaxay, and Yuna Youn, and so, we'll give the host a moment to unmute these panelists, and as soon as you're ready and the Sergeant cues you, Joo Han, you may begin your testimony.

SGT LUGO: Starting time.

JOO HAN: Thank you. I want to thank
Chair Louis and the Committee Member for holding this
important hearing. My name is Joo Han. I'm the
Deputy Director of the Asian-American Federation. We
represent the collective voice of more than 70 Asian
non-profits serving 1.3 Asian New Yorkers. I want to
recognize Council Member Ayala and Louis' Bill, an
effort in address violence against communities of
color with the Introduction of Bill number 2210 about

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needs in our communities for immediate response to mental health incidents lead and guided by mental health professionals who employ mitigation tactics to keep affected person safe and not criminalize them for having mental health needs. We also appreciate that this Bill acknowledges the importance of community-based organizations that are already doing critical work of supporting individuals seeking connections to care. We know the Asian community and communities as a whole; communities of color as a whole have been really hit hard by the pandemic. Asian small businesses are struggling to survive, hit earlier and harder due to anti-Asian xenophobia. seniors don't have enough food to eat and are suffering from severe isolation, and our community has experienced the highest rates of unemployment across all the racial groups in New York City. Adding to the mental health burden is a surge in anti-Asian violence that's not been adequately addressed. There's been about 500 biased incidents against Asian New Yorkers in the past year. The past few weeks alone, there have been people who have been violently slapped across the face or pushed to the ground, and we know that these incidents are under

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reported because of multiple barriers that exists. The Asian community is about 16% of the New York population, and we have the highest poverty rates, also 70% of us are immigrants, and 50% of us have limited English proficiency, and we know that poverty and mental health, there's a correlation between the two, and because of de-cultural stigma and language diversity in our community, it's that much harder to get services, and especially, we have low utilization rates in our community, especially from programs like New York City Well, which I believe this report shows that New York City Asian New Yorkers rarely utilize, and some of our partners who are testifying with me today, are also providing some of these communitybased responses. We're asking the Council to incorporate some of these recommendations.

SGT LUGO: Times expired.

JOO HAN: Staffing must prioritize the hiring of culture-competent Asian staff who not only speak the top Asian languages, but also trained in outreach and services approaches that are familiar and not threatening to Asian immigrants. The city must invest in and prioritize Asian CBOs that are already doing the work, enabling to hire culture-

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competent mental health providers, providing mental health communication and mental health education, and this is really important because connections to care has to meet both immediate mental health crisis and offer preventive measures to mitigate crisis in the first place, and these groups will be critical to offering aftercare and wraparound services, and in light of the uptake in anti-Asian violence, this new office should also ensure that individuals that are impacted by persons with mental illness be connected to culturally-competent mental health services immediately following pieces of assault and for a period of time thereafter. On behalf of the Federation, I want to thank you for letting us speak about COVID's impact on our community and look forward to working with all of you to ensure Asian New Yorkers are safe and secure in our own city.

and just to reminder to Council Members, that you can use the Zoom raise hand functions to ask questions for the end of each panel. We'll now hear from our next panelist, Diya Basu-Sen. You may begin as soon as the Sergeant cues you.

SGT LUGO: Starting time.

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DIYA BASU-SEN: Thank you for convening and for your time today. I'm Diya Basu-Sen, Executive Director of SAPNA-NYC. SAPNA is the only community-base organization in the Bronx that offers linguistically accessible and culturally atoned programming and services to the Pan-South Asian community and (Inaudible). We support Council Member Ayala's Bill to better address the mental health crises, and we call on the Council to ensure that if created, the Office of Community Mental Health Center's language access and cultural competence, creating partnerships with and investing in the CBOs including AP and (Inaudible) CBOs to ensure that our most communities are not left behind. While our APA communities are growing by leaps and bounds, our needs are often left behind when it comes to both truly accessible services and investment of city dollars. Access to mental health services and the stigma surrounding it are a significant issue in the South Asian community. Imagine being the survivor of domestic violence and having to speak through a language line using an interpreter who may or may not speak your dialect to get counseling. Being able to express ourselves in the language that most fully

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conveys the depth of our hopes and ideas, our frustrations and problems, is essential for quality mental health services. However, isn't just language barrier that poses a problem. It's also lack of digital literacy and access in our community, and not having providers who understand the intricacies of the cultural context, that informs both your experiences and your need. Imagine having to explain a partition and how the intragenerational trauma is still impacting your family, with the intricacies of the South Asian multi-generational joint family dynamic before being able to dive into the issues you're having at home. A lack of culturally competent linguistically accessible mental health services means that even for those community members who have managed to overcome the stigma to having seeking help, it's nearly impossible to find affordable, accessible and appropriate care. I thank you for your time today, and the efforts to really address the mental crisis in our city. Thank you. COMMITTEE COUNSEL SARA LISS: Thank you

very much. We'll now turn to our next panelist,
Zaynab Tawil. You may begin as soon as the Sergeant
cues you.

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SGT LUGO: Starting time.

3 ZAYNAB TAWIL: Hello everybody,

Chairperson Ayala, Member of the Committee on Mental Health, Disabilities and Addiction. I want to thank you all for the opportunity to testify before you here today. My name is Zaynab Tawil. I'm the Domestic Violence Program Manager and the Community Mental Health Organizer with the Arab-American Association of New York. Hamed Bah was many things to many people, a son, a brother, an honor student, and a friend. When his mother called an ambulance to assist him during a mental health crisis on September 25th, 2012, the NYPD officers who actually responded to her call, saw him very differently. Without the training or knowledge of how to properly respond to his mental health crisis, they did what they do far too often and ended his life. Almost a decade later, New York's Arabs and Muslim live in the shadows of Mr. Bah's killing, but we know his case is far unique. To say that there's a profound mental health crisis in New York's Arab American community would be an understatement. The lack of access to mental health care available to Arab-Americans and the stigma surrounding access, has done a great deal of

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harm in our community. For years, families and lives have been irreparably damaged as a result to the lack of access to affordable and culturally sensitive mental healthcare for Arab-Americans. Since the beginning of the COVID-19 epidemic, these challenges have intensified severely. Families and individuals in our community are starting to crack under the pressure of loss of income, at-home schooling, domestic quarantine, and countless other mental health stressors caused by COVID-19. Lack of access to mental healthcare has created a crisis in our community, but the NYPD's response to this crisis has created a string of tragedies, both small and large, and it is time for this to end. Almost always, the NYPD is the first, and too often, only lifeline individuals in these situations have. For example, when an instance of domestic abuse is responded to by law enforcement, they're often untrained to handle these situation and risks everyone involved.

SGT LUGO: Time expired.

ZAYNAB TAWIL: Ultimately, I'm sorry, my testimony was so long, but ultimately, we just want to say that our city's response to mental health crisis has destroyed many lives across domestic

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violence and mental health crisis, but it doesn't have to for much longer. This Bill, along with many others, making their way through City Counsel, will have a profound impact on countless lives, and I strongly urge you to support it. Thank you.

COMMITTEE COUNSEL SARA LISS: Thank you very much. We next turn to Joy Luangphaxay. You may begin as soon as the Sergeant cues you. Thank you.

SGT LUGO: Starting time.

JOY LUANGPHAXAY: Good afternoon. Μv name is Joy Luangphaxay. I'm the Executive Director at Hamilton-Madison House. We are a nonprofit settlement house located in the lower east side in Manhattan. We're also the largest outpatient behavioral health provider for Asian-Americans on the east coast. Currently, we operative five mental health clinics, a personalized recovery orientated service program, and a supportive housing program for individuals with severe mental in two locations in Manhattan and Queens. Our staff are bilingual, and we provide services for the Chinese, Korean, Japanese, Cambodian, and Vietnamese community. the last decade, Asian-Americans continue to be one of the fastest growing populations in the New York

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Metropolitan area. Approximately 70% of the Asians in New York City are immigrants. Currently in Hamilton-Madison House Behavioral Health Programs, including our mental health and addiction services, 80% of our program clients identify as firstgeneration immigrants. For Asian-Americans access to emergency care is already challenged by a variety of factors from the lower utilization rates because of cultural stigma and not having enough cultural linguistic competent providers. In the case of emergency, it should be expected that incidents in mental health difficulties will arise, and it would be wise for us to plan in advance to employ creative strategies for additional mental health workers and training all emergency responders to respond appropriately, including being culturally sensitive to the community members. As the number of COVID-19 and anti-Asian violent crimes occur, so do the symptoms of anxiety and depression. In our mental health clinics, we saw 25% increase in referrals since March 2020, many of the clients seeking emergency mental services. Hamilton-Madison House supports the Bill creating an Office of Community Mental Health and city-wide emergency response

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protocol; however, we would like to make the following recommendation in the Bill. Due to the stigma of mental health services in the Asian community, please make resources available in various languages and have culturally competent and linguistically professionals responding to emergencies.

SGT LUGO: Time expired.

JOY LUANGPHAXAY: Increase capacity for community-based providers to integrate aftercare, support services after emergency response is implemented so individuals can also obtain continuing care. It would be crucial to develop creative staffers used to employ additional mental health workers to organizations experiencing any increase of demand for current aftercare support services. H goes to great lengths to customize their services in ways that bring familiarity and trust among our clients and participants. Support should also include funds to permit the hiring of multilingual staff as well as to cover experiences associated with engaging graduate students requiring a sponsorship. It is also imperative that resources are also allocated to community-based organization that have

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the trust in the communities to educate and encourage 2 those in need of accessing emergency support. 3 Lastly, collaborate with CBOs to provide training and 4 education to emergency responders and increase 5 6 partnerships among the agencies. Additionally, 7 during emergency responses, many community non-profit providers are compelled to take financial risks in 8 9 providing services and response to an emergency. 10 Please develop clear polities to cover expenses that extend beyond the scope of services already in 11 12 effect. Hamilton-Madison House supports the community on immigration and the community on mental 13 health disabilities and addictions and thanks the 14 15 Committee Members in introducing this very important

COMMITTEE COUNSEL SARA LISS: Thank you very much, and we'll turn to the final panelist for this panel, Yuna Youn. You may begin as soon as the Sergeant cues you.

Bill to address the growing need for culturally

competent emergency services to the community.

SGT LUGO: Starting time.

COMMITTEE COUNSEL SARA LISS: Okay. It looks like this panelist may be having some technical issues. So, we can turn back to them as soon as it's

play a vital role in crisis responses, taking

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hospital referrals, and connecting clients to higher of care and providing culturally and linguistically appropriate therapy and medication management services. The policy of our clinic is that anyone in the community with a mental health issue should be seen, and the discretionary fund helps us support that policy. At the same time, we continue to have a wait list as funding has been cut for us to increase our capacity when the need has increased. Thought we provide medications and therapy and connect client with other services at KCS, we cannot provide the extent of support from clients needs such as with substance abuse. Transitioning into a (Inaudible) is a constant struggle as is finding ways to help our clients beyond telehealth. We also want to increase our impact through outreach and providing spaces to heal around issues that impact all communities such as our collective grief and loss from COVID, and the complex and multi-layer wounds arriving from racism. As Assistant Director and a Licensed Clinical Social Worker who sees a couple of the clients that the clinic, myself, through my work and my own identity as a Korean-American, I can attest that healing does not happen in a vacuum. These isolating times,

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while communities mourn loss and struggle for resources, we must do so together. The stories we would otherwise miss due to language barriers speak to this as clients work through their isolation chain, external and internalized depressions, and traumas arising from immigration into generational wounds and racism. Messages we receive from the media on anti-Asian violence by select individuals, amplify collective fear, distress, anxiety...

SGT LUGO: Time expired.

YUNA YOUN: That can lead to, that can contribute to a spike during COVID, of substance abuse, domestic violence and suicides. We need mental heath treatment through the lines of restorative justice to facilitate lasting and community-wide healing, and that requires tangible and intangible resources in the form of increased funding and collaboration between community that make it clear to everyone that's supporting the KPA community, would support other communities, and vice versa in this inevitably interconnected city that has demonstrated so much resilience to our history.

very much to this panelist. We'll just wait a minute to see if any Council Members will have questions. Seeing none. We can thank this panel and move on to the next panel. The next panel will be Hawa Bah, Nadia Chait, Cal Hedigan, and Joyce Kendrick, and we'll begin as soon as the host unmutes this panel and the Sergeant cues you. So, Hawa Bah, you will be beginning this panel. Thank you.

SGT. LUGO: Starting time.

HAWA BAH: Hi. I'm obviously not Ms.

Bah. I'm Yosan Lee from the Justice Committee. I'm

going to read Ms. Bah's testimony because she was

unable to make this time yesterday. The counselor

actually went back on the agreement to have Mr.

Vasquin and Ms. Bah speak before Admin because they

found out that the family is actually opposed Bill

2210. So, this is her testimony. My name is Hawa

Bah. I am the mother of Mohammed Bah. Mohammad was

killed by the NYPD in 2012. In 2012, Mohammad was

depressed and didn't sound like himself. I flew all

the way from Guinea to try to help him. I tried to

get him in different programs, but everyone told me

you have to call 9-1-1 if you want medical help. On

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September 25th, 2012, I called 9-1-1, but NYPD came They forced their way into my son's home, even though I begged them not to, and shot and killed him execution-style. The jury for the civil suit found Officer Mateo used excessive force (inaudible) supervised, but they weren't fired. These officers should be fired, and the NYPD must be removed from any mental health response, especially in black communities. I want to tell you why I oppose Bill 2210. First, sending NYPD and the mental health team together will not work. We have to remove police completely, even if the 9-1-1 system must be removed from NYPD's control. I'm against what you call coresponse teams and any police response when someone needs medical care. Second, there needs to be accountability for officers who hurt or kill people or break protocol, but this Bill does not ensure Third, the Bill does not help us to prevent crises. It ignores that there are almost no mental health services specifically for black communities. The City Council should defund the NYPD so that money can go to the services we need. We need jobs, housing, education, health services and for them to treat us with dignity.

SGT. LUGO: Time expired.

MAWA BAH: Not more training and more money for the police. Fourth, the bill doesn't say anything about getting input from families like mine whose children have been killed by police and those who struggle with mental health issues who have been targeted by the NYPD, but you need our input to get this right. Today, I'm here to say Intro 2210 will not save lives of people like my son, Mohammed Bah, and also Mateo and Lacitra should be fired. I pray that you will listen to me and other families who oppose this bill.

COMMITTEE COUNSEL SARA LISS: Thank you very much. The next panelist will be Nadia Chait. Nadia, you can begin as soon as the Sergeant cues you.

SGT. LUGO: Starting time.

NADIA CHAIT: Thank you. I'm Nadia

Chait. I'm Director of Policy and Advocacy of

Coalition for Behavioral Health. We represent over

100 community-based mental health and substance use

provider who collectively serve over 600,000 New

Yorkers annually, and one of the key concerns for our

members, is the criminalization of individuals with

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mental health and substance challenges. So, we're very pleased to see the Council tackle these issues in the hearing today, and with the two Bills that have been proposed. We think old Bills take important steps to change our city's response to mental health crisis and ensure that individuals who need mental healthcare or substance use care receive that care rather than a public safety response, that best results in them feeling criminalized or results in tragic circumstances including their death. will focus my remarks today on Intro 2222. We think this is very much a step in the right direction, and really appreciate the Council taking a look at this issue. We would encourage the hotline to be 9-8-8, since that's happening at the Federal and at the State level. We think it's critical that the numbers be the same so that individuals know what number to call and aren't confused between two numbers. Bill addresses the need for public outreach, and we would just second that that is going to be critically important to get individuals to call this number. Certainly, outreach to individuals like those we serve who we think will relatively quickly adapt to this number, but particularly to members of the

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public who may be seeing someone on the street or seeing someone on the subway in crisis. We need them to know that this number exists, and we also need to make sure that when those numbers of the public do call 9-1-1, which of course, will happen, that those calls are appropriately sent to 9-8-8. So, we would encourage significant training of the 9-1-1 dispatchers to ensure that these calls are forwarded to 9-8-8- when appropriate. Lastly on Intro 2210, we really support the inclusion of peers. We think that's a key part of the model, and...

SGT. LUGO: Time expired.

NADIA CHAIT: We look forward to discussing more. Thank you.

COMMITTEE COUNSEL SARA LISS: Thank you very much. Our next panelist will be Cal Hedigan.
You can begin as soon as the Sergeant cues you.

SGT. LUGO: Starting time.

CAL HEDIGAN: Good morning. Thank you,

Chair Louis and Members of the Committee for

convening this hearing. My name is Cal Hedigan, and

I am the CEO of Community Access, an organization

that has long been in the forefront of efforts to

transform our mental health system into one where the

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voices and perspectives of people living with mental health concerns are centered. Community Access is proud to be a founding member of the Correct Crisis Intervention today in New York City coalition, or CCIT-NYC. I ask you to please direct your attention to my written testimony which goes into greater detail than times allows for this morning. focus on two key areas that must be addressed regarding the Legislation before the Committee. Intro 2210 does not go far enough to remove police from mental health crisis response. The term public safety emergency is too broadly defined within the Legislation, as written, almost anything can be defined as a public safety emergency, thus leading the NYPD to be dispatched, contrary to the very goal of this reform effort. Given how many times people responses to mental health crisis calls have resulted in violence or death, the importance of crafting Legislation which ensures that police are not dispatched to mental health crisis cannot be overstated. Secondly, while I applaud the inclusion of peers as members of the proposed response teams, I am deeply concerned by the lack of involvement of peers and impacted communities throughout other

components of the Bill. Peers and impacted communities must be at the center of every aspect of these reforms, most critically in the development of re-visioned emergency response protocols. As written, 2210 does not incorporate those whose expertise is necessary to realize deep transformation in how our city responds to people experiencing mental health crisis.

SGT. LUGO: Time expired.

CAL HEDIGAN: I believe 2210 contains elements that could move us to a more just and compassionate health only mental health emergency response system but requires significant changes in order to realize that intention. Thank you for your attention to this important issue. Lives are at stake.

COMMITTEE COUNSEL SARA LISS: Thank you very much. We'll now turn to Joyce Kendrick. You can begin as soon as the Sergeant cues you.

SGT. LUGO: Time started.

JOYCE KENDRICK: Good morning to all. My name is Joyce Kendrick, and I am the Attorney in charge of the Mental Health Representation Team of the criminal defense practice at Brooklyn Defender

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Services. I want to thank the Committee on Mental Health, Disabilities, and Addiction, and in particular Chair Diana Ayala for holding this important hearing on this city's response to mental health emergencies. For too long, our city has relied on policing and jails to address issues of mental illness and substance abuse. It is a fact that individuals experiencing a mental health crisis, are more likely to be engaged by police than medical providers. This involvement of police too often leads to disastrous consequences for the person that helped with (inaudible). DBS supports Intro 2210 and Intro 2021 in relation to creating an Office of Community Mental Health and citywide mental health emergency response protocol. The creation of a mental health emergency response protocol will provide people in crisis and their loved one's comfort because they will know that it was devised by mental heath specialists. This will certainly encourage families to seek assistance before a situation escalates. The spirit of this Legislation is to removed NYPD from mental health responses, recognizing that the traumatic and sometimes fatal consequences of an NYPD response. In our written

comments, we offer several suggestions for strengthening this Legislation, specifically, including people with mental illness, their loved ones, and mental health advocates in the emergency response planning process, and creating measures to ensure that NYPD does not respond to mental health emergencies, and if they do become involved, that there is a review of the incident and a process to hold officers accountable if they are found to have escalated situation.

SGT. LUGO: Time expired.

JOYCE KENDRICK: As written, this Bill is unclear concerning what will happen if NYPD inappropriately responds or escalates the situation. Thank you.

COMMITTEE COUNSEL SARA LISS: Thank you very much, and as a reminder to all panelists, that you can submit written testimony of any length and it will be read in its entirety. I'm going to pause a moment to see if any Council Members have questions for this panel. Seeing none. We can turn to the next panel which will be Ruth Lowenkron, Fiodhna O'Grady, Melissa Moore, and Gary Stankowski. Ruth

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Lowenkron, you can begin as soon as the Sergeant cues you.

SGT. LUGO: Time started.

RUTH LOWENKRON: Good morning. Thank you very much. Ruth Lowenkron, Director of Disability Justice Program at New York Lawyers for the Public Interest, and we too are active members of CCIT-NYC, Correct Crisis Intervention Today in New York City, an organization of over 80 other organizations, and I have to tell you, we are greatly disappointed by the Legislation, and to the extent there was a lot of talk about the Thrive pilot. We've let Susan Herman know that we are disappointed in that as well. Yes, there are things that are good about both of those, but one problem is that the people who really know what needs to happen for people with mental disabilities, our groups that have had focus groups and have had over 100 families in two different sessions talking about this, were not really listened to. We have the highest hopes, we spoke with the Public Advocate. I must say, the Public Advocate's report is amazing, but this Legislation is far from amazing. It is a great disappointment because in huge part, it would let the police in at just about

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any matter, and that is because it uses an overly broad definition of public safety emergency. you're saying that can include any crime in progress, any type of violence, any act likely to harm the public, we are making that definition way too broad. The good news, we think this can be remedied. will sit with you and help you remedy it. We are also very concerned about the role that's been assigned to DOHMH. We do not think that any kind of a program of this sort should be housed within a city agency. The city agency should in fact, be contracting out with not-for-profit organizations as many have said. And to talk about the CAHOOTS model, that is something that the CAHOOTS model, of course, does as well. We are also terribly, terribly upset with the thought that we are talking about...

SGT. LUGO: Time expired.

RUTH LOWENKRON: A 300-minute response time. Where does that come from? How is that acceptable? You can talk about emergencies urgent as Commissioner Herman did, but when you're talking about emergencies, as this Bill does, you cannot say you're going to respond to any emergency with people with mental disabilities in a far greater time than

the eight to 10 minutes that you do typically now.

So, there are things about this as others have said that are also good. We're very excited about this hotline. We're very excited about the inclusion of peers, we're very excited about the reporting responses. We can get into that. This could be salvaged, but the police issue has got to go. That's your goal, to get the police out of there. This does not do that. Thank you so very much.

COMMITTEE COUNSEL SARA LISS: Thank you very much. Our next panelist is Fiodhna O'Grady. You can begin as soon as the Sergeant cues you.

SGT. LUGO: Starting time.

FIODHNA O'GRADY: Hello there. My name is Fiodhna O'Grady and on behalf of Samaritan Suicide Prevention Center, a member of the world's oldest and largest suicide prevention network with centers in 40 countries, we thank the Committee and especially Chair Farrah Louis, who I'm very pleased to continue to work with, having been working in her District and also to see that Council Member Ayala and others are here today. It's no secret that suicide and self-harming behavior were significant public health problems before COVID-19, and that the number of New

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Yorkers at risk has significant increased, in some cases, doubled or tripled during the pandemic. the New York City community-based organization whose sole mission is the prevention of suicide and saving lives, Samaritan supports and encourages the City Counsel to expand and enhance the quality of and access to New York City's crisis response and suicide prevention services, hoping to contribute to the success of the counsel's Legislation goals, Samaritan's would like to share what we've learned over 40 years, and some of the unintended consequences that resulted from the development of previous new suicide prevention initiatives. Most striking, frequently when new citywide suicide prevention programs were created, there was corresponding reductions in the budget's inability of those community-base organizations that were already entrenched in New York City's diverse communities to provide care and support to those at risk. We saw this with the launch of Thrive which resulted in dozens of community-based organizations that were successfully providing essential crisis services, having their budgets dramatically reduced.

Samaritan's is one example operating New York City's

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only confidential 24-hour suicide hotline for over 30 years, answering 1.3 million calls in that time.

DOHMH cut our contact by 85%. We were not the only ones. It does not help to add, if you subtract at the same time to create the new at the cost of the old, also with due respect to our friends at New York City DOHMH whom we hold in highest regard. No matter the intent...

SGT. LUGO: Time expired.

obviously encourage seeking help, and we would also like you to concern putting new services under a different umbrella than the department that already oversees the majority of city mental health initiatives, but no matter how you proceed, is the organization that created the world's first suicide hotline 70 years ago. Samaritan's offers the Council our help, our expertise, our support as new initiatives, which we do support, are devoted to helping New Yorkers and in their time of crisis.

Thank you very much. We'll next turn to Melissa Moore.

SGT. LUGO: Starting time.

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MELISSA MOORE: Thank you very much for the opportunity to speak at today's much needed hearing. For decades, we've watched as policing has played a pivotal role in the racist drug war, and how resources have been funneled into law enforcement instead of vital services that make our community In too many cases, drugs and also mental health issues have used by the NYPD, the largest and most militarized police force in the united states, as an excuse to target, harass, assault, and kill black New Yorkers. This certainly occurs in response to co-appearing mental health and substance use disorders. New York City absolutely has to act in this historic moment to fundamentally change the paradigm around policing in New York and responses to these issues. Even low-level contact with law enforcement has lasting negative effects, but in physical and mental health consequences for people. In fact, in 2019, the New York City Department of Health and Mental Hygiene release their research brief summarizing the findings that the criminal justice system and policing overall negatively impact New Yorker's physical and mental health, warning the public that contact with the criminal legal system,

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everything from police stops or searches or other interactions poses a public health risk. As we're discussing today, addressing mental health issues, we absolutely have to look at this data that shows the NYPD itself has a huge impact in harming New Yorker's mental health and wellbeing. New York City Counsel should instead invest in evidence-based resources for people and New Yorkers all across our city instead of investing in law enforcement and continuing to use law enforcement in the response. These programs have to be built on sound research and evidence and be trauma informed and culturally and gender competent. We have an assured goal of ensuring that New Yorkers do not die at the hands of the NYPD, but we have serious concerns about this Bill's ability to accomplish this goal. There absolutely cannot be carve outs for the NYPD to responds to mental health or substance use calls, and our work around drug enforcement, we've seen, unfortunately, how this sorts of carve outs or public safety emergencies unfortunately have led to horrific outcomes due to racism...

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SGT. LUGO: Time expired.

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MELISSA MOORE: ... just a couple of weeks ago, a video emerged of NYPD officer harassing and arresting a man who had just nodded out on the street in Harlem. When community members tried to intervene, the officer became belligerent toward them and referred to the person that they were arresting in absolutely horrible stigmatic terms. For the safety of New Yorkers, we need to fully remove the NYPD from these responses. They have be extracted from the equation in order to prevent harm, and furthermore, any Legislation covering this intersection, absolutely has to include accountability for when officers who aren't even called, but might show up on the scene do not listen to the peers and to the staff who actually part of the response teams, must include privacy protections, and also must have clear process for decision making, thus more power with peers so that the deference isn't necessarily to people who are from outside of the communities. Overall, we cannot support an effort with these mental health aims that still involves the NYPD in response. We look forward to further conversation with the Council regarding the

2 implementation of these recommendations and thank you
3 very much for your time.

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COMMITTEE COUNSEL SARA LISS: Thank you very much, and our final panelist on this panel will be Gary Stankowski.

GARY STANKOWSKI: Good afternoon, I'd

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SGT. LUGO: Time started.

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like to thank Chair Louis and the Committee Members for this hearing. I'm Gary Stankowski, Chief Operating Officer at NADAP. We are a community-based social service agency with six offices in New York City. We provide care coordination to about 5000 people each year with the majority having cooccurring medical and mental heath disorders. About half have both the mental health diagnosis and a substance use disorder. NADAP supports the Council's Bill to create an Office of Community Mental Health and a citywide mental health emergency response protocol to add support services to first responders and the ensure that vulnerable New Yorkers receive needed services. We ask that the City Council consider the following components in determining the Bill. Training for emergency call staff and first responders on assessing and managing behavior health

## COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 2 factors when responding to emergencies situations, the utilization of brief assessments to identify 3 4 mental health and substance use disorders, use of 5 video technology to add behavioral healthcare 6 specialist when responding to emergency calls, 7 feedback and involvement from people with behavioral health disorders to help inform policy decisions, 8 establishing an advisory panel to provide input into 9 the Bill and establish the office, and utilization of 10 community resources for training and behavioral 11 health services. Thank you. 12 COMMITTEE COUNSEL SARA LISS: 13 Thank you 14 very much, and it looks like Council Member Rosenthal 15 has some questions for this panel. So, as soon as 16 the host unmute Council Member Rosenthal, we can 17 begin with her questions. 18 CM ROSENTHAL: I think I'm good. Can you hear me? 19 20 SGT. LUGO: Starting time. COMMITTEE COUNSEL SARA LISS: We can hear 21 22 you. 23 CM ROSENTHAL: First of all, Chair Louis, 24 man, you, you, you fit, you fit the seat well.

Congratulations on earning this Chairmanship. I'm so

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excited to see where the committee goes under your leadership. So, I really want to add my congratulations to you, and I also want to thank this panel for the variety of ways you all have articulated some of the same thoughts, and it's good for us to hear about it from different perspectives. So, I really thank everyone. I have one specific question for the last speaker. If you could just describe a little bit more what you were thinking of when you said the use of video. I'm not sure, it's what I think it was, but I think it sounds really interesting, and I was hoping you could talk about that.

know, with so many emergency calls coming in and so many needs out there, it's sometimes difficult to get the behavioral health specialist where they're needed because it takes time to get to different locations, and even with the pilot that we heard today, you know, there's just a limited amount of people resources to be able to address the many situations. So, I put that on there as a possibility to, you know, are there ways to connect first responders with the mental health person who can actually see what's

going on and be able to provide feed back and let people, you know, guide the first responders based on what they're seeing in order to be able to better handle the situation.

is pretty shotty, so if I get disconnected, just go on to the next speaker, but can I repeat what you just said? So, you're saying perhaps the NYPD, the police officer could use their body cam and be present time connection with a behavioral health specialist who would guide that police officer in their response. Is that what you're saying?

GARY STANKOWSKI: Yes. I mean, if police are going to continue to be involved in those responses.

CM ROSENTHAL: Yeah.

GARY STANKOWSKI: Then maybe that's something that can help with the situations because, you know, at any moment, you know, there could be a dozen of these or more going on at any given time.

CM AYALA: Yeah, I just think that's interesting. I mean, I tend to confer with folks who think there should be no police involved, but you know, as we are waiting to figure it out, I think

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that's a really straight forward sort of weigh station that the city could do quite easily, I would quess, and then linked to that, again, I'm really trying to be very practical about what people are suggesting, and you know the reason, so, so, many years ago, EMS was actually a part of the Health and Hospitals Corporation, and about, I guess 25 years ago, they were moving in under fire department in order to focus on an expedited response, so the fire people are trained now and some of the EMTs, you know, very fast responses that need to happen. But the reason EMS get also, gets a site so guickly is, is because of the way that EMS is geographically placed throughout the city, and I'm wondering to any of the panelist if you think that, and you're using the word behavioral health specialist, so I'm just going to use that same word, although I'm sure it has baggage that means something, but are you suggesting that there be a behavioral health specialist in each of the EMS vehicles? Like I'm trying to get a practical understanding.

GARY STANKOWSKI: Are you referring specifically to the video technology?

CM ROSENTHAL: No. This is for ...

STG. LUGO: Time expired.

CM ROSENTHAL: This is truly for all of the panelists. I'd be interested in hearing sort of how we would, at a practical level, like if police were no longer involved, how do we get a behavioral health specialist to the location immediately, is it that we would add a staff person to the EMS vehicle or, how do you envision, how do we get people there really fast?

RUTH LOWENKRON: Council Member
Rosenthal, it's Ruth Lowenkron. I'd be happy to
answer that question because...

CM ROSENTHAL: Thank you.

RUTH LOWENKRON: Thank you for the opportunity. CCIT-NYC, Correction Crisis

Intervention Today, New York City has a proposal. We have been working on this issue for at least, eight years now, and of course, the situation has become much more prominent with what we're seeing with Black Lives Matter and so on, but this is something we've been working on for the longest, and well before the immediate crisis before us, we came up with a proposal and I think with all modesty, we have the answers in that we have looked around the country to

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see how others do this. Others have already spoken about CAHOOTS in Eugene, Oregon. We think that's an excellent model, and our proposal is modeled on that, and ideas say that both the Thrive model and the Bill before us have elements of the CAHOOTS model in it, but they just don't go far enough, and why I raise this at this moment Council Member, is because you want to know, does this happen, can this happen, how can we do it without the police? You should know that in Eugene, Oregon, they've been running their system for over 30 years successfully with very, very few instances of even needing the police to come in. Less than 1% of the calls in all these years, have brought police there, and even those very, very few calls, have not resulted in any kind of injuries to the police or to the individuals with the crisis, and one very important thing about the Bill in front of us, is it recognizes that if police are to come in, in of course, what we say is, right now, they're going to be coming in all the time, so, that's not good, but if that's very, very, very, very, very much narrowed, and the police still are to come in, one of the excellent things about the Bill as proposed is the recognition that the police stand back; an

unusual roll for the police, but that they stand back and take the direct actions from the mental health team on the spot, and I think that's the way that it can work. So, (crosstalk).

CM ROSENTHAL: Let me be honest. You had me at hello, like I agree with what you're saying, I'm happy for you to repeat it, but I, I'm with you. I'm not familiar with CAHOOTS model, so could you just, for one more minute share; I appreciate your patience and I won't ask any more questions after this, but if someone could just explain to me how does the behavioral health specialist get to the site expeditiously?

RUTH LOWENKRON: Sure, absolutely. What happens is, in that instant is does go through 9-1-1, but there's a lot of work being going on in Eugene to get it out of 9-1-1 as we very much proposed doing here, and as the Legislation, again, a part that we support would do here, get it to different number, but be that as it may, it responds as an emergency number, and what's very critical is, it does the triage that is necessary as Susan Herman suggested, well there's urgent, there's emergent, but if it is emergent, I can assure you, and the numbers back me

up, that they respond with far fewer than 30 minutes. So, it is doable. They are working in the CAHOOTS model and then mind you, there are many other models now cropping up around the county. I can just, and I'll just refer to that, cause it's been in place for 30 years, but that model and others recognize that, in fact, they are the responders and they can respond with alacrity to what is obviously a crisis, and mind you, the police, here before, were no happy with how they responded, because we know how many times they kill people, but we also know that they responded to speedily, and that has to be an element here, and it is an element of CAHOOTS. I hope I answered your question.

Member, I'd like to also just take a minute to respond. Thank you so much for your interest and for asking this important question. I just want to say, you know, when we look at response times and how we actually make sure that the communities who need these resources are getting them, we have to look at the fact that the New York City budget for policing far outstrips any sort of money that going to important health and social services. Policing

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receives a large share of the city's budget than public health, homeless services, youth services and other vital agencies combined. So, when we're talking about how to make sure that the responses are going quickly and swiftly and that are communitybased, we have to make sure that the funds that are actually going to be used for social services are directed away from criminalizing New Yorkers and back into the sorts of efforts that are going support community lead efforts for health and safety. I think, you know, community is no bust, what's actually going to keep their people safe and well, and so being able to work within a model that, in fact, gives the sort of agency back to community leaders, to be able to make those distinctions, and if it's a community-based model, they're already there. It's not a matter of coming in from some other part of the city. People are there in neighborhoods, in communities already, and so I don't think we necessarily have to build a whole other apparatus for that piece if we're really intentional about crafting what the proposal looks like and shifting resources away from criminalization and into these much-needed other efforts.

RUTH LOWENKRON: 100%

CM ROSENTHAL: Thank you so much. Back to you, Chair.

very, very much to this panel. I'm going to pause for another moment to see if there are other Council Member questions. Okay, seeing none. We're going to turn to the next panel, Leonor Walcott, Sabrina Evans-Ellis, Beth Haroules, and Anthonine Pierre. Leonor Walcott, we can begin with you as soon as the Sergeant cues you.

STG. KOTOWSKI: You time starts now.

LEONOR WALCOTT: Good afternoon. My name is Leonor Walcott, and I'm a Licensed Social Worker and the Director of Youth Services at Sheltering Arms. Thank you, Chair Louis and Members of the Committee for the opportunity to testify before you today. Sheltering Arms is one of the city's largest provider of education and youth development and community and family well-being programs in the Bronx, Manhattan, Queens, and Brooklyn. We serve nearly 15,000 children and youth and families each year and employ more than 1200 staff from across New York City. Sheltering Arms has served youth and

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(inaudible) systems for over two decades. Our staff provides social support and safe and stable living environments where young people can reside free of When youth are in crisis, staff are trained harm. and equipped to meet the immediate and individual needs of youth; however, our frontline staff are not mental health professionals. If a youth is experiencing a mental health emergency, that is beyond the scope of our direct line staff. It is the difference between treating a paper cut versus a wound that requires stitches. In cases where a youth is experiencing a psychiatric crisis, the youth may be incoherent, having difficulties determining what is real from what is not, delusional, disorganized thinking, experiencing hallucinations both visual and auditory, may be suicidal, could be experiencing mood instability with aggression, and making lift threats to harm himself and others. At such, the safety of the youth and staff is paramount. Such instances require immediate psychiatric intervention. Youth in the RHY programs are transient and often do not have adequate health support, proper medications, or preexisting community support. Given the age of onset of mental illness, many of the youth in our RHY and

full secure programs are also experiencing their first mental health emergency. We are glad that the Council recognizes that the current resources for emergency mental health calls are not sufficient.

Our team has experienced long response times, over two hours, outside responses, and insufficient assistance with NYPD has arrived on site. A recent call where a young person was locked into the bathroom and was refusing to engage with staff and verbal responses also having an extensive history in mental illness, summoned... (crosstalk).

SGT. LUGO: Time expired.

LEONOR WALCOTT: It is such response that cause not only re-traumatization to the youth, but also to the other young people in the home.

Additionally, we have found that sometimes, some police officers arrive and they're looking for a young person to act out as if that is the only indication of mental illness. They are unfamiliar with trauma and form techniques that coach the youth's accept services and in times, have made it extremely difficult to have a young person escorted to the psychiatric ER. We believe here at Sheltering Arms that Intro 2210 is long overdue, important, and

necessary to support and affect the system for emergency mental health response. Sheltering Arms strongly supports this Bill as well makes the following recommendations to strengthen the Bill. The protocols must be developed with meaningful involvement of community-based organizations, mental health providers, and NYPD. We support setting a 30-minute response time and urge the Council to ensure that the Office of Community Mental Health receives resources it takes to make this a reality. Thirty minutes is an ambitious response time give that mobile crisis response within 2 hours. Finally, we support Intro 2222. Thank you.

COMMITTEE COUNSEL SARA LISS: Thank you very much. Our next panelist will be Sabrina Evans-Ellis. You may begin when the Sergeant cues you.

SGT. KOTOWSKI: Your time starts now.

SABRINA EVANS-ELLIS: Good afternoon,

Chair Louis, Bill sponsors and other esteemed guests.

Thank you for hosting this forum for public testimony and response to the proposed Bill to create an Office of Community Mental Health and a citywide mental health emergency response protocol. My name is

Sabrina Evans-Ellis, and I'm Executive Director of

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the New York City Office of Ramapo for Children. late 2020, three organizations Ramapo Training, the National School Climate Center, and the Youth Development Institute of which I was Executive Director began a merger to leverage the collective strengths of our historic work and service of children and youth. This partnership combines YDI's unique approach of developing sustaining high quality youth development programing, Ramapo's expertise and coaching and training adults in the skills and technique that lead to supportive communities, and the National School's Climate leadership in developing systemic capacity for school climate improvement. I testify here on behalf of our collective experience and expertise in creating innovative training and capacity building opportunities for professionals. We support the introduction and the spirit of this Legislation. Ιt is particularly timely in the wake COVID-19 pandemic and it's resulting effect on the mental health of New York City residents, especially young people. American youth have been history makers over the last year leading the charge for racial justice, serving

their communities by checking in on adults, and

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volunteering, and adjusting to the seismic shift in the way that they learn unlike any generation before them, but we know that history makers are also stress bearers. We know that uncertainty breeds anxiety and loss of human life and an accustomed lifestyle can bring a depression that yields not only the presence of sadness, but the absence of joy. The creation of this office is both timely and essential. Our mental health system has been overrun with the effects of this pandemic introducing new pressures and exposing and deepening fissures in an already flawed and inadequate system. What is critically missing from this Legislation is the explicit intention to provide targeted services to young people. Community... (Crosstalk).

STG. LUGO: Time expired.

SABINA EVANS-ELLIS: Upon the minds, hearts and hands of young people and youth are dependent upon the viability, vitality, and protection and attention of their community. Very specifically, our recommendations center on the provision of care particularly provided by schools, not-for-profit and community-based organizations, and are as follows. We must broaden our understanding of

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mental health support to not only focus on emergency response, but ongoing support strategies and the presence of mental health protective factors such as the presence of caring and trusting adults, high expectations, engaging activities, communities of support and opportunities to contribute to the world. As Public Advocate Williams so eloquently stated, mental health is not a public threat nor a criminal issue, it is a public health issue, and as such, prevention is just as important as emergency response. Number two, fully utilize the availability and reach of community-based organizations by training staff in mental health emergency first-aid, but also stress management, trauma, and resiliency and the healing centered engagement strategies of youth development and engagement, leadership, and positive-end supportive school climates. Number three, explore non-clinical approaches to supporting health. Not every mental health challenge requires a clinical intervention. There are grow, mindset, mindfulness, restorative practices and other interventions that promote and safeguard the positive mental health of children and youth and can be practiced by any adult that interacts with them,

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which brings me to my final recommendation. We often seek individual youth outcomes as proof of impact, which in many instances, put the onus on children and youth to demonstrate growth, healing and skills attainment. While this may be the desired outcome, it often leads to implementation of programs that underemphasize the role of environment and the behaviors and actions of the adults within them. It's as if we are tending to a plant that grows of its own volition and is not affected by the quality of the soil, the air, the water, or the attention it receives. This office must also have at its core, promotion of training and technical assistance to help community-based organizations and schools better train their staff, design scaffolded programing and interventions, and most importantly, engage young people, not as passive recipients of mental health services, but as active participants in their own mental health stewardship and the cultivation of positive mental health for their communities. you.

COMMITTEE COUNSEL SARA LISS: Thank you very much. We next turn to Beth Haroules. You may begin as soon as the Sergeant cues you.

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SGT. KOTOWSKI: Your time starts now.

COMMITTEE COUNSEL SARA LISS: You're on mute. So, we just have to work with the host to get

you unmuted.

BETH HAROULES: Okay, yeah, I'm muted. Hold on, let me recast. I am Beth Haroules, the Senior Staff Attorney at the New York Civil Liberties Union. New York Civil Liberties Union has long been a coalition partner above CCIT-NYC and Communities United Police Reform. I have listened and appreciated the Council Members and Public Advocates well-conserved remarks about the intent behind Inros 2210 and 2222 and your deep commitment to getting it right for your family members, your constituents, and for all New Yorkers. It is for those reasons, we urge the Council to withdraw both 2210 and 2222 in favor of developing a truly comprehensive mental health system. One that is based on prevention, one that includes an appropriate and comprehensive community-based strategy for responding to people experiencing mental health crises, one that actually does not embed and perpetuate the NYPD involvement as responders, and one that uses a racial equity framework to inform its design and performance.

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You'll have my written testimony on matters before this Committee later, so I focus on a few points. 2210 proports to limit the reach of law enforcement leading to the elimination of NYPD from mental health crisis response. As you have heard, as written, 2210 regardably maintains and embeds the outside role of NYPD in mental health crisis response due to the astonishingly broad definition of public safety emergency. 2210 contains a selection of piecemeal actions that neither establishes an appropriate crisis response model nor effects the breadth of systemic change necessary to address 180,000 crisis calls NYPD receives annually. At bottom, 2210, is most pernicious because it diverts public attention from the need for generally transformative changes towards your system care to address the needs of community members, preventative services, crisis response and stabilization services, and longer term supports and services, which when provided appropriately in partnership with the impacted person become preventative services. The city should take this opportunity to immediately establish a civilian crisis system that deploys culturally and gender competent social crisis workers, medics and peers and

response in New York City. I want to say thank you

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to Committee Chairs Adams and Lois, Committee Members and other Council Members here today. So, while we appreciate that the intent of Intro 2210 is to remove the NYPD from mental health responses and to honor the lives of people kills by NYPD, nothing in the policy language of the Bill achieves these goals. When we talk about removing the NYPD from mental health responses, the positive language actually increases the role of the NYPD where NYPD currently does not have a define legal role in mental health responses. Also, when we talk about this Bill's capacity to save the lives of future folks who might be killed by NYPD, if we're talking about passing this Bill to support the families of folks like Saheed Vassell and Kwesi Trewick, their lives would not have been saved by this Bill. In particular, Saheed Vassell's family worked for a long time to try to find comprehensive, preventative, and follow up services for mental health that were no available in Crown Heights. So, this Bill needs to ensure that the system works just as well on the upper west side as in Crown Heights. We know that black and other communities of color have a history of racist (inaudible) from public health and mental health

infrastructure and for this Bill to put forth some ideas around crisis response, but not address infrastructure really means that it won't be able to prevent futures events. Finally, I say that this Bill, even though it establishes an Office of Community Mental Health, it was clearly created without consultation with community, and for these reasons, we oppose Intro 2210.

very much, and I'm going to pause for a moment to see if any Council Members have any questions or comments. Okay, seeing none, we can turn to the next panel, which will be Peter Horan, Eric Vassell, Michael Matos, and Steven Mazzucchi. We'll begin Peter as soon as the Sergeant cues you.

SGT. KOTOWSKI: Your time starts now.

PETER HORAN: Good afternoon Committee

Members. My name Peter Horan. I'm a long-time

resident of New York City. I'm currently residing at

District 40 in Flatbush, Brooklyn. Right now,

there's people, as we've seen in story of people's

testimonies, that people are afraid to call 9-1-1 for

mental health crisis because they know that an armed,

untrained police officer might show up and seriously

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harm or kill someone they love. Nobody takes the job of being a police officer so they can help people with mental issues. Those people become social workers and mental health professionals, and these are the people who should be handling these issues. Everywhere we see more NYPD, we see problem. More police on the subway means not just more threats of violence and harassment to unhoused New Yorkers, but actually a spike in crime is reported today by CBS New York. More police in schools, we have student conduct issues resolved with handcuffs, more police handling DOT responsibilities, means, squad cars on sidewalks and placard abuse. There's simple better people and better offices to handle all these issues, more specifically to the hearing, I don't believe the NYPD's involvement in mental health crises is appropriate at all. As the saying goes, when all you have is a hammer, everything looks like a nail. pandemic has only increased public awareness of mental health and its complications, experiences, and treatments. Why the NYPD suspended training for mental health because of COVID, is beyond me. First Grade can continue in the city, I don't understand why mental health training can't continue

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for the NYPD, especially when New Yorkers need it the most, and I just want to say that we should just let trained professionals do their job, do the training, and be allowed to respond appropriately to mental health crises in the city. Thank you.

COMMITTEE COUNSEL SARA LISS: Thank you very much. Our next panelist is Eric Vassell. You can begin as soon as the Sergeant cues you.

SGT. KOTOWSKI: Your time starts now. You're still muted.

ERIC VASSELL: Yeah, good evening, uh, good afternoon Counsel. My name is Eric Vassell, father of Saheed Vassell who was killed by the Strategic Response Group Officers on April 4th, 2018. I am here today to oppose Bill 2210. The topic of this Bill is close to my heart because my son, Saheed struggled with mental health issue. I want to make it clear that this Bill would not have saved Saheed's life. First, you cannot build a mental health response system without also creating and funding better mental healthcare for the black and brown community. The mental issue we are facing in the black and brown community is another pandemic because of racism. We need a different model, not the side

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catch model that Intro 2210 will realize. My son, Saheed first struggled with mental health issue after a close friend of his was killed by the police. Saheed needed help to process the trauma, but he was given a whole lot of tablets. For Saheed being in the hospital is like being in prison. We could not find any program that would help him. Intro 2210 only connects people with systems that dehumanizes and criminalizes them. The city has not made it a priority to develop this service we really need in the black and brown community. Second, Intro 22 makes it so that NYPD will still arrive, many of the situations when people just need help. This will not work if you are a black or brown. When the NYPD see the color of your skin, ego kicks in. Maybe they will step up if the person is white, but even if this Bill is passed, they will still treat black and brown people are criminals. It is not enough to re-train 9-1-1 operator when one man problem is that the NYPD controls 9-1-1.

SGT KOTOWSKI: Time expired.

ERIC VASSELL: Racism means that black and brown children are always seen as dangerous. We need the 9-1-1 system to be taken out of the hands of

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the police. I appreciate you trying to address this problem, but please do it right. Intro 2210 should not move forward or else there will be more Saheed Vassell, more Mohammed Bah and more Kwesi Trewick. Thank you very much for listening to my testimony.

COMMITTEE COUNSEL SARA LISS: Thank you very much. Our next panelist will be Michael Matos. Michael, you can begin when the Sergeant cues you.

SGT. KOTOWSKI: You time starts now.

MICHAEL MATOS: Thank you. Good afternoon. My name is Michael Matos. Born and raised a New Yorker and a concerned citizen. I'd like to first thank the Counsel for the opportunity to speak on this incredibly important issue. For a long time, the topic mental health crisis has often been a neglected subject for conversation, but it gladdens me to see Legislation being drafted to address it. In my experience as a first responder with the US Coast Guard, I've learned the extreme importance of utilizing the right resources when handling life threatening situations. In matter of mental health emergency response, our current system is ineffective and proven dangerous. Officers of the NYPD lack the training, qualification, and judgement

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to recognize and address mental health crises as they occur. As many before me have mentioned, the countless instances of fatal encounters during such crisis and NYPD prove that change must be made. one reaching out for help while enduring a mental health emergency wants to be deemed a "threat to officer safety" upon first contact. I'd like to thank Chair Louis and all additional sponsors of 2210 for pushing this Bill forward. However, we must relieve the NYPD of this responsibility and ensure the response is refocused to address matter for which they are trained and funded for, violence crime. d also like to express my support for 2222 and applaud Public Advocate Williams for sponsoring this groundbreaking Bill. The establishment of a threedigit hotline dedicated to mental health emergency response is an excellent example of our commitment as a community to effectively handle this ongoing issue. This hits home for myself and the love I have for the Military for our community where mental health emergencies are unfortunately, all too common. the past year, there have been numerous situations where I wish I had such a hotline that exists, that I could utilize to assist my friends who experience

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such emergencies without them fearing of being mistaken for an act of threat. Thank you for your time.

5 COMMITTEE COUNSEL SARA LISS: Thank you.
6 Our next panelist will be Steve Mazzucchi. You can
7 begin when the Sergeant cues you.

SGT. KOTOWSKI: Your time starts now.

STEVE MAZZUCCHI: Thank you all. appreciate it. I live in Chelsea, and I thank you all for your time and for listening. I appreciate what others have said before me, and I just want to echo their support for Intro 2210, especially the mental health emergency response unit, and stress that we do need an alternative to police responses to these situations. We've seen the tragic effects of armed responses to mental health crisis for years. People like Daniel Puden and Walter Wallace, Jr. their stories are as heartbreaking as the numbers are painful. The biggest one for me is 1400 which is the number of people in a mental health crisis who have lost their lives to police since 2015, according to the Washington Post. Clearly, the wrong people are being sent to many of these distress calls and to thousands more that result in violent and unnecessary

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arrests, and studies have shown that even when cops have extra crisis training, the violence doesn't significant drop. De-escalation is key in these situations, and I can tell you that as a bike protestor, who has been needlessly arrested myself, I can tell you that is not the strong suit of armed and armored cops. The right people are medics and crisis workers like those in Eugene, Oregon's alternative program, CAHOOTS, which I'm sure you're familiar with. They take upwards of 20,000 distress calls per year, and their unarmed response teams resolve more than 99% of them without calling for police backup. A much bigger city, Denver is taking a page from their book and launched a pilot program called Star Last Summer which handles hundreds of trespassing alerts, welfare checks, and similar issues with no need for police backup or arrest at all. approaches dramatically boost the odd of people with mental health issues getting the help they need and drop the odd of them getting needlessly arrested, injured, or killed.

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STG KOTOWSKI: Time expired.

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STEVE MAZZUCCHI: Right now, New York

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City has a unique opportunity to be a leader to the

rest of the country that mental health crisis can be handled with compassion, not cuffs, and this is that opportunity. Thank you.

very much to this panel. I'll now pause for a moment to see if we have any Council Members questions.

Okay, seeing none. We're going to turn to the next panel. Jeanine Rocke, Christine Henson, Camilla

Spielman, and Ricardo Miranda. Jeanine Rocke, you can go as soon as the Sergeant cues you.

SGT. KOTOWSKI: Your time starts now.

JEANINE ROCKE: Good morning. My name is

Jeanine Rocke, and I thank you for this opportunity.

In order to keep people safe and address the needs of
the public, I wanted to express my support for the
establishment of an Office of Community Mental
Health, but ultimately to remove any police
involvement. Mental Illness should not be a death
sentence. Unfortunately, this has been the fate of
those who have lost their lives at the hands of
police responding to mental crises. It's so
important that people with the proper training and
experience are responding to these issues and not
armed officers. NYPD and law enforcement nationally

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have displayed de-escalation skills. A gun shouldn't be so easy to each for and a life should not be easy to take. During a mental health check, a police officer shot and killed 52-year-old Texan, Patrick Warren in January after someone yelled for the officer not to shoot. His family had called for help the previous day and a mental health profession responded and could relate to and calm more, and who agreed to go to the hospital. The unpreparedness of the officer who had responded to the family's call the following day would result in the loss of a man's life. In our own State of New York, March of last year, several officers responding to one man's emergency resulted in the loss of Daniel Prude. Pennsylvania, a 19-year-old Christian Hall had his hands up when he was shot and killed by police. we've heard today, there are many more in the city I may not have even heard about yet but use of excessive force by police is nothing new. The day after Walter Wallace's shooting, our then President, proclaimed his dance with law enforcement and just said, "Let them do their job". Police, however, have demonstrated how ill-equipped they are. This isn't a job for them. It's necessary not only to save lives,

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but also to provide resources for individuals and their families and putting specific procedures into lasting law. This office should coordinate the needs of agencies and organizations citywide and listen to their expertise, and I know I would feel much more confident having a number to call as I find calling the police to be inviting a genuine threat into my neighborhood, but the need for support for mental health, that could mean anyone and everyone. I'm not just speaking up for those who are experiencing a crisis today, but for all of us. The way we can respond to those in need reflexes on our own humanity. Thank you again for listening to me today, and I want to thank the Council, those who worked on writing this Bill, and I want to thank those working to serve mental health needs in specific communities, and I want to thank the tireless work of activists, organizers, and protesters who hitting the streets time and time again. I've learned so much from these folks, and their work is the reason we can speak up and have our voice heard, but the voice of the people is also always on the streets as well. Thank you.

COMMITTEE COUNSEL SARA LISS:

25 very much.

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STG. KOTOWSKI: Your time starts now.

CHRISTINE HENSON: Hello, my name is Christine Henson, and my son's name is Andrew Henson. He is affected by autism and limited speech. Andrew was 16, he was assaulted by NYPD officers. Andrew's first encountered, he is lucky, as we are, his family to be lucky that he's a survivor. here to oppose Intro 2210 and make sure you understand that it's not going to work to have NYPD show up with mental health response teams. My son's experience is not, you know, something that we will be able to disregard. NYPD is not fit to provide the care for loved ones affected by special needs and mental distress. Shamefully, the Bill will continue to put families like mine in dangerous situations where we could lose our loved ones with disabilities. My son needed an evaluation. Instead, he was brutalized by police officers. On October 9, of 2018, I had set up a meeting with his principal because he needed an updated speech evaluation. principal recommended Bronx Care. She had a staff member place a call for ambulance to transport us there, and the evaluation was supposed to take place that day. The principal instructed a staff member to

call for an ambulance. However, police officers were present on the scene before the ambulance. Police officers disregarded me. No one said anything to me. When we stepped out of the ambulance, we noticed that there were over two dozen NYPD officers present. I asked why the police were there, no one answered me. I was ignored. After we stepped out of the ambulance to entered into the location, he told me he wanted something to eat. He took a step, the EMT placed his hand on his shoulder to prevent him from walking and that must have been a lead for officers to then jump on his son... (crosstalk).

SGT. KOTOWSKI: Time.

CHRISTINE HENSON: on his back by five officers while a security officer placed his hands around my son's neck and twisted his neck. Again, my son is affected by limited speech and he is a child. Again, I was ignored, I was totally disregarded. I screamed for them to stopped. No one listened. They surrounded my son. They piled on top of him. I watched my son's body go limp after that provide, that, you know, that choke hold. I heard Andrew scream in excruciating pain (inaudible). They forced my son on his knees and his face went to a bench. My

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son needed medical attention and care (inaudible) trauma or near-death experience. My son's experience is exactly what will continue to happen if Intro 2210 is passed. This bill ensures that NYPD will show up along with mental health response teams and many, if not most case, just as they showed up along with my EMTS and my son's experience. The Bill should not be allowed to be passed. It does not honor the families who have lost loved one to police, who are in emotional distress, and it does not honor families like mine. We also must remove 9-1-1 from the control of NYPD or else black and brown communities will continue being criminalized, restraining is not enough. If 9-1-1 stays with NYPD to default will also to be to send police. that you put yourself in my shoes, in my family's shoes, especially Andrew's shoes, who, his voice is limited, and if you're a person of color, do you want to live in fear? What is it like to not have a voice, to live in fear or you can be brutalized or even worse, killed. Mental health emergencies can happen to anyone. Our loved ones with special needs do not need to brutalized. Do you truly think it is safe to have NYPD to be sent to emotional distressed

calls? We need to break this pattern and stop criminalizing black and brown people who are struggling with mental health and disabilities that need a certain appropriate and safe and secure type of attention, not to be able to endure pain and suffering that has longevity and frightens them.

Thank you, I thank you for this opportunity. Please, it needs to stop. Thank you.

COMMITTEE COUNSEL SARA LISS: Thank you very much for your testimony. Our next panelist is Camilla Spielman. You can begin as soon as the...

(Crosstalk).

STG. KOTOWSKI: Your time starts now.

CAMILLA SPIELMAN: Morning Chair Louis and Members of the Committee on Mental Health,
Disabilities, and Addictions. My name is Camilla
Spielman. I thank the Committee for the opportunity
to testify. Also, I thank you, Christine Henderson,
for speaking up. I appreciate your courage and
however, I will say that I am speaking in support of
Intro 2210 because I believe it is our pathway to get
the NYPD out from the umbrella of the responsibility.
So, I'll begin, yes. So, I know many New Yorkers
will agree when I say this, I do not trust the NYPD.

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I know myself and many other New Yorkers have taken up the practice of policing the police. When I see an officer arresting someone, or engaging with anyone, I stand by and begin recording because I have seen how situations that should have been responded with standard protocol have ended up in physical abuse or death, and far more often for black and brown people. NYPD officers and most police departments around the country carry too much power and bear too much responsibility with too little training. NYPD officers are not equipped to resolved situations where individuals are experiencing mental health emergencies. While the NYPD did receive a short training on this, we know that frequently, they are not prepared, and then in fact, NYPD quite often tends to escalate situations with people who are having mental or behavioral health crisis. I think we can all agree that police officers are not trained to address the needs of the person, and they are not practiced enough in the empathy and care that is needed to safely and successfully guide someone in a I believe that passing this bill, along with creating a three-digit mental health crisis call number would create the resources our community lacks

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for safely responding to mental health crises, remove police officers from their role as first responders, and would equip community members, friends, neighbors, and bystander who, out of distrust, want to avoid calling the NYPD at all times with effective means to keep each other safe. Finding the gaps within mental health provision, coordinating between city agencies, community organizations, mental health providers to create a baseline protocol will create the infrastructure to maintain the system and move out from under the umbrella of police responsibility, and in the ramping up time, while this process is being established or in the case that a mental health emergency response protocol can't provide services for every emergency call, NYPD must have protocols in place to realistically de-escalate situations and hopefully have training that last more than four days, as currently is the case, and most honestly and accurate report what happens on these calls. protest we ask, "who will keep us safe"? And we answer, "we keep us safe" because we know, with the system how it is, we have to look out for each other. How about our city? Our police department keeps us safe? Pass these Bills. Establish and Office of

Community Health, establish a mental health emergency response unit, send mental health professionals to care for our people and effectively train police to de-escalate and be accountable for protecting the people they claim to protect. Thank you for the opportunity to testify.

COMMITTEE COUNSEL SARA LISS: Thank you very much. Our next panelist will be Ricardo
Miranda. You can begin as soon as the Sergeant cues you.

SGT. LUGO: Starting time.

RICARDO MIRANDA: Hello, my name is
Ricardo Miranda. I am a veteran of the United States
Air Force, a former educator working with children
with physical and mental disabilities, and almost a
5-year resident of the city. I also suffer from PTSD
related anxiety attacks. This past fall, I was with
people protesting outside of one police plaza. At
this time, I was tackled by more officer than I can
recall. The one thing that really sticks with me
outside the fact that one sergeant, very gleefully,
took to punching me in the face more than once, is
the entire group of police officer yelling "stop
resisting" over and over and over again as they dog

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piled on top of my body. The fact that they cannot understand a basic human condition of fight or flight in a situation like this, gives me no confidence that if they were to encounter one of former students or one of my fellow veterans suffering from some sort of mental break, that they would have any sort of ability to control themselves and not put these people in more danger. If you approach a situation armed and ready to use that armament, the situation will only end in conflict utilizing that armament. There's no reason for anyone with a weapon to show up to the situation where someone is having a mental health crisis. I spent the entire last week trying to come up with some sort of an analogy for what sending an armed police officer to a situation requiring empathy would be, but the best I could come up with is that it is much like sending an armed police officer into a situation where empathy is required. This is not a situation that they are trained for, it is not a situation where even want to That is evident by the fact that when see these situations, they are always angry. They start out angry, and they end in injury and death more often than they should. I had some more personal stories,

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but I don't think that I have the time to convey them. So, thank you for your time.

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very much, and again, as a reminder to all panelist, if you want to submit written testimony, there's no length limit, and we read all of it. Thank you. I'm going to turn to Council Member Ayala who has some questions for this panel.

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CM AYALA: Yeah, I don't have a question, per se, but I just wanted to, you know, to thank Ms. Henson for coming in to testify, and just to clarify, that I think that they intent of the Bill, and I think this is a great conversation, it's a great start, but the intent of the Bill is to remove the NYPD. I don't know how many of you caught my opening remarks, but, you know, and this is something that, and I consider myself part of the impact of the community as well. My family has been, you know, dealing with mental illness, some members of my family have been dealing with mental illness for most of their lives and, you know, and I mentioned the, you know, the fear of having to make that 9-1-1 call because quite frankly, when I was making the 9-1-1call, I wasn't intending to call the NYPD.

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merely looking to contact someone with emergency health experience, right, I was hoping that the EMT would respond first, but unfortunately, that doesn't happen, and we don't control those systems right now, right, we don't control who responds and when and how they react once they get there, and I think that the intent of the Bill is really to clarify those roles to remove the police department from responding in the first place, but in those instances where we cannot control, and we won't be able to control all situation, if the police, by, you know, coincidence or because someone else made a different type of call, that does happen to show up, that they are also trained in how to respond appropriately. So, I really just want to say thank you, and I want to recognize, you know, that, you know, I am hearing all of the feedback, thank you for all of the wonderful suggestions. I understand where the, you know, ambiguity is coming from. That is not our intent and we, you know, have no intentions of passing a Bill until we get it right because we want to make sure that this Bill is actually helping to impact the community and not hurting it. So, thank you all for coming to testify today.

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very much Council Member Ayala. Our next and final panel will be Sarah Sitzler and Christina Sparrock, and we'd like to tell folks that if we inadvertently missed anyone, please use the Zoom raise hand function at the bottom of the screen and we'll make sure that you can testify afterward. So, we'll begin with Sarah Sitzler. As soon as the Sergeant cues you, you may begin.

STG LUGO: Starting time.

SARAH SITZLER: Thank you, Chair Hi. Louis and thank you Council Member Ayala for making that clarification because I'm, well, my name is Sarah Sitzler. I'm a resident District 40 and I really, I wanted to focus on changing the language as so many people have mentioned. Changing the language of the Bill to really explicitly exclude NYPD involvement, and thank you to everyone that spoke and all the people who are working like every single day directly with people who are suffering from mental illnesses, and I just want to say police should not be called for mental health emergencies ever because deploying the police implies a criminal element is present, and it's detrimental to that person in

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crisis, getting the help that they need. A person in a mental health crisis requires help from individuals who possess a delicate skill de-escalation training and experience and the police, no matter what training that they receive, they just don't possess the same skills to really be proactive in these cases of crisis because they are not healthcare providers, and we just can't allow anymore senseless deaths at the hands of the police. According to the Treatment Advocacy Center, people with untreated mental illness are 16 times more likely to be killed during a police encounter than other civilians approached by law enforcement, and as we've seen time and time again, police response to individuals in mental health crisis, especially black men, have tragically resulted in their deaths, and these men deserve not only humanity which they are denied at the hands of a police, but they deserve real compassion and care, and I want to stress the importance of the preventative care here, because they deserve care not only in the moments that they were in a crisis, but they deserve care in the days, weeks, months leading up to this crisis, and it's not only the senseless

deaths that are destroying families, but there's so much trauma experienced by... (crosstalk).

STG KOTOWSKI: Time expired.

vulnerable moments, in times of crisis when they are dehumanized and brutalized by police. There are experiences that leave emotional scars that often lifelong afflictions compounded on top of their mental illnesses. It's just an immeasurable disservice to the public and to the NYPD to keep officers involved in mental health emergency responses, and it's time that we start treating mental health as a medical issue that it is, and not a criminal that it is not. Thank you so much.

COMMITTEE COUNSEL SARA LISS: Thank you very much. Our next panelist will be Christina

Sparrock followed by Jeff Strabone. So, Christina, you can begin as soon as the Sergeant cues you.

STG KOTOWSKI: Time starts.

CHRISTINA SPARROCK: Greetings. My name is Christina Sparrock. I'm a stirring committee member of Correct Crisis Intervention Today or CCIT-NYC, an organization with over 80 members advocating for a non-police responses to mental health calls.

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I'm a mental health advocate, a para-specialist and a Certified Public Accountant, and I've had direct experience with policeman having a mental health crisis of my own. CCIT has six major concerns with 2210. First the role of the police. Our concern is the inclusion of police as responders as opposed to pair lead mental health crisis response team. Police respond to criminal and people having mental health crisis are not criminals, but in fact, like the previous presenter, 16 more times likely to be killed by police compared to those without a mental illness. In the past five years, despite the CIT training, 16 individuals experiencing mental health crisis were killed by police of whom 14 were black or people of color. As the public safety emergency definition, by including terms like crimes, violence, and harm to public is too broad and allows police to be involved in potentially all mental health crisis, not acceptable. Our second concern is the role of the Department of Mental Hygiene and Health. DOHMH should not be entity to provide crisis response services, but contract with the peer-driven community-based organization. Additionally, mental health counsel consisting of at least 51% pairs who

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are trauma informed and culturally sensitive should be working along side DOHMH to make decisions. Third, the racial equity framework. The proposed crisis response program does not use racial equity framework to inform its design and performance. program is to exist in isolation, divorced from comprehensive public health system that based on crisis prevention and does not address health and recovery outcomes. Fourth, the emergency response The mental health emergent response team in 30 minutes poses a great heath risk as well as an increased chance of police involvement. It is outright discrimination for emergencies experienced by individuals with mental health disabilities to have a longer response times than other emergencies. Notable, EMS average response time for life threatening medical emergencies is 8.32 minutes, and non-life-threatening medical emergencies is only 10.4 minutes. All lives matter. Mental Health Live Matter. Fifth, the emergency medical technicians. We are concern with some undefined mental health conditions, responding to mental health crisis. Mental health clinicians who are often detached to

the individuals practice a clinic model where

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individuals are diagnosed, medicated, and possibly stabilized. In addition to CCIT-NYC, we strongly recommend that mental health crisis response teams consist of emergency medical technicians. Often physical health problems are masked by mental health crises. So, the service of EMT can be crucial in the crisis response, and last, but not least, the lack of consultation with peers and advocates hoping, going forward, nothing about us as our peer and mental health community policy, and we hope that we can sit at the table going forward to help make better decisions. However, there are aspects of the Bill of 2210, that CCIT does support. One, the mobile peers, two, the alternative hotline number, like 9-8-8, monthly and annually reporting, the follow up by mental health emergency response units with an individual who sought help from the unit, the goal of reducing mental health emergencies through preventative care, and lastly limiting police dispatch when summoned by mental health emergency units and assuring that once dispatched, the police follow the unit's instructions. Thank you.

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COMMITTEE COUNSEL SARA LISS: Thank you very much. Our next panelist will be Jeff Strabone.

Jeff, you can begin as soon as you are cued.

STG. LUGO: Starting time.

JEFF STRABONE: Good afternoon. Good afternoon Chair Louis and Members of the Committee. My name is Jeff Strabone. I'm a lifelong resident New Yorker and former Vice Chair of Community Board 6 in Brooklyn. I live in the 39th District. I thank the Committee for its time and for listening. subject of my testimony today is Intro 2210. To put it simply, people with mental health emergencies don't need police with guns. They need a different kind of help, and around the country, many police forces know this too. My written statement will include testimony from October by the Connecticut Chapter of the National Association of Social Workers listing cities around the country that have created or piloted similar 9-1-1 alternatives using social workers. Denson, Texas, Dallas, Alexandria, Kentucky, Greensboro, North Carolina, Eugene, Oregon, Olympia, Washington, Denver, Albuquerque, Los Angeles, Buffalo, Willimantic, Connecticut, and New Haven. I hope New York City will add itself to this

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list of innovative cities. New York should not be outdone by Willimantic, Connecticut. Police are not social workers or psychologists, and we should not task them with roles and responsibilities far beyond their expertise. Police know this. After a mass shooting of police officers in Dallas in July 2016, Dallas Police Chief, David Brown said the following, "Were asking cops to do too much in this country. We are. Every societal failure, we put it off on the cops to solve. Not enough mental health funding, let the cops handle it. Not enough drug addiction funding, let's give it to the cops. That's too much to ask. Policing was never meant to solve all those problems". Chief Brown was right, and New York should listen. Since the election of Ronald Reagan in 1980, our Federal, State, and Local governments have cut and cut all but two types of funding, war and police. If you cut mental health spending and increase police spending year after year, you're going to be sending police to mental health crisis that they're not equipped to deal with.

23 STG. LUGO: Time expired.

JEFF STRABONE: Fifteen seconds, if I may. You all know the same. Don't bring a knife to a gun

assembly member testify?

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COMMITTEE COUNSEL SARA LISS: Sure.

JOHANNA CASTRO: Thank you.

COMMITTEE COUNSEL SARA LISS: And we'd like cue New York State Assembly Member, Khaleel Anderson. As soon as the Sergeant cues you and the host unmutes you, you can begin your testimony.

KHALEEL ANDERSON: Thank you so much Council and thank you so much Chairwoman for having this critically important hearing and discussing around what mental health looks like in the NYPD. You know, I'm here to voice my support for removing police and law enforcement from mental health crises and emergencies. For far too long, we have casually accepted, for that matter, police and law enforcement to be the swiss army knife, to be the folks that are the main responders, if you will, for every crisis and every emergency, rather it's a dog being lost to a cat stuck in a tree, to more serious cases that should be flowed outside of the NYPD. Academic research, national and local news reports, and all the traumatic lived experiences are concluded that we as a society need to reimagine the basic fundamental role of policing, and that's what I believe this discussion around mental health and NYPD's role in

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that space is about today. We're just very familiar with all the research, rather it's for the prison pipeline, etc., those different types of pipelines, there is a pipeline of mental illness to incarceration, and if we don't stem that pipeline now, in this moment, and in this discussion, we're going to be faced with over-policing as we are faced with now but increased over-policing in that respect. Particularly, I want to comment on this piece too, particularly because we don't have institutions and spaces for folks who are suffering with mental illness to be able to rehabilitate the space of incarceration, our prisons, our criminal justice system becomes the space in which they occupy. don't have supportive housing, we're losing mental health beds, even this executive budget that was recently proposed by Governor Cuomo, that we're currently, as a Legislature, reviewing has some problematic things as it relates to investing in mental health, and I say problematic at the bear minimum of the feelings that I have about this budget. We can't live a city where our imagination in general is just so bankrupt that we can't envision alternatives to abusive, predatory, unethical,

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illegal recklessness, and violent policing while also not addressing some of the systemic underlying issues as it relates to their relationship with folks. We also must dare to imagine family calling for help for a loved one whose emotional distress but scared rather or not to call the police or to call a service provider, and when they call the police, it could result in the death of that loved one or family member. We shouldn't be afraid in that moment to call out for help, and that's what many New Yorkers are afraid of, and lastly, I think we need to imagine a city where mental health is destigmatized and also decriminalized. We should not be criminalized for being folks or folks who struggle with mental health issues and that's kind of where I stand on that issue, and having a district and representing a district where we've had negative interaction with police as it relates to mental health and I'm speaking from experience, I'm speaking for what I've seen and watched, and I would also dare to say that some of our colleagues who are in policing, would agree that a lot of issues rest on their shoulders that really should not, and I strongly believe that this one of them. Thank you.

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very much Assembly Member. We're just going to give one more minute in case any additional panelists sign on. Okay, and I see that we've been joined by Carl Valeri, who will be testifying next as soon as the host unmutes them and the Sergeant cues them, they begin testifying.

STG LUGO: Starting time.

CARL VALERE: Thank so much. Thank you to Chair Louis as well as the Mental Health Committee. My name is Carl A. Valere. I am the Chief of Staff to New York City Assembly Member Khaleel M. Anderson here in District 31 of Queens. I'm also a former Department of Health and Mental Hygiene Mental Health Instructor and Trainer where nearly 4 years, I taught mental health course across New York City. I would teach diverse audiences that included our faith communities, different healthcare professionals as well as law enforcement, and the narrative and the facts remain the same that we want to make sure that police, as the Assembly Member said, aren't the swiss army knife to respond to any and every crisis or emergency. In fact, during the many courses that I taught, police officers and law

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enforcement would say that they didn't want to be the only response. They weren't trained. They weren't adequately equipped to be able to respond to mental health crises, okay. As a lifelong New Yorker, for the entirety of my time here in New York City, we've seen unfortunately, far too many tragedies. When I was a community organizer in Flatbush Brooklyn, there was the tragic story of Dwayne Jeune, whose mom called in search of help, in search of assistance for her son, who was experiencing a mental health crisis and emotional distress, when tragically, he was killed in Flatbush Gardens. Just a few years ago, in Crown Heights, Saheed Vassell was also killed when he was experiencing a mental health crisis, and so as the Assembly Member just said, we know that there are school to prison pipelines, we know there's school to confinement pipelines, but there's also mental illness to incarceration, mental illness to homelessness, and mental illness to death... (Crosstalk).

22 SGT. LUGO: Time expired.

CARL VALERE: Pipeline, so we want to make sure that we get folks the services and support they need. Thank you.

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very much, and I'll pause to see if we've inadvertently missed any Members or any panelists.

Okay, seeing none. I will now turn back to Chair Louis to give closing remarks, and to close out the hearing. Thank you.

CHAIR LOUIS: Thank you, Sara. you, Assembly Member Anderson, for joining us today and for our remarks. I also want to thank Council Member Ayala for her leadership and for her advocacy and for wanting to push harder for equitable and appropriate mental health services and support to those that need it here in New York City. Thank you for all you do. I want to thank all the advocates, families that testified today and for lending your voice to this conversation. These discussions help us to learn about the policy changes that need to be made and the appropriate needs that need to be provided and expedited, and it's up to us to take those steps to ensure we get this right. So, I want to thank you all for being here today, and as Chair, I just want to also share that I look forward to supporting my colleagues and advocates on ways we can reform responses to mental health crises, as well as

## COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION reducing the stigma and discrimination around mental health, and creating more supportive measures. Thank you again the Committee staff for your support on my first day of being Chair for this Committee, and I am calling this meeting to a close. Thank you.

## ${\tt C} \ {\tt E} \ {\tt R} \ {\tt T} \ {\tt I} \ {\tt F} \ {\tt I} \ {\tt C} \ {\tt A} \ {\tt T} \ {\tt E}$

World Wide Dictation certifies that the foregoing transcript is a true and accurate record of the proceedings. We further certify that there is no relation to any of the parties to this action by blood or marriage, and that there is interest in the outcome of this matter.



Date April 15, 2021