COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 1 1 2 CITY COUNCIL CITY OF NEW YORK 3 4 -----Х 5 TRANSCRIPT OF THE MINUTES 6 Of the 7 COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND 8 COMMITTEE ON HOSPITALS 9 ----- Х 10 December 7, 2020 Start: 10:08 a.m. 11 Recess: 4:17 p.m. 12 HELD AT: REMOTE HEARING 13 BEFORE: Helen K. Rosenthal, 14 Chairperson for Committee on Women and Gender Equity 15 Mark Levine, Chairperson for Committee on 16 Health 17 Carlina Rivera, Chairperson for Committee on 18 Hospitals 19 20 COUNCIL MEMBERS: Diana Ayala 21 Laurie A. Cumbo Ben Kallos 22 Brad S. Lander Adrienne E. Adams 23 Alicka Ampry-Samuel Inez Barron 24 Andrew Cohen Mathieu Eugene 25 Vanessa Gibson Robert Holden

1	COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 2
2	COUNCIL MEMBERS(CONT.):
3	Farah N. Louis
4	Keith Powers Deborah Rose
5	Alan Maisel
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	
22	
23	
24	
25	

1	COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 3
2	APPEARANCES
3	Jacqueline Ebanks
4	Executive Director from the Commission on Gender Equity or CGE
5	Estelle Raboni
6	MPHMCHES Acting Assistant Commissioner from the
7	Bureau of Maternal, Infant and Reproductive
8	Health at the New York City Department of Health and Mental Hygiene or DOHMH
9	Dr. Wendy Wilcox Clinical Service Line Lead from Maternal Mortality Reduction at the New York City
10	Health + Hospitals
11	Bruce McIntyre III
12	Save A Rose Foundation
13	Nonkululeko Tyehemba
14	Certified Nurse Midwife
15	Lorraine Ryan
16	Senior Vice President at the Greater New York Hospital Association
17	Emily Frankel
18	Government Affairs Manager for Nurse Family Partnership
19	
20	Maryam Mohammad-Miller Government Relations Manager at Planned
21	Parenthood of Greater New York.
22	Danielle Castaldi-Micca
23	Vice President of Political and Government Affairs at the National Institute for
24	Reproductive Health
25	

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 4 1 2 A P P E A R A N C E S (CONT.) 3 Denise Bolds Native New Yorker and a Hospital Doula 4 Debra Lesane 5 Director of Programs at Career of Young Women's 6 Health Association 7 Eugenia Montesinos Midwife at Metropolitan Hospital 8 9 Neelu Shruti Birth Advocate in New York City 10 Myla Floris[SP?] 11 Working with Annette Perel, a Community Member of 12 the Birth Doula's and Birth Workers 13 Patricia Loftman Certified Nurse Midwife, Fellow of the American 14 College of Nurse Midwives 15 Tricia Shimamura 16 Proud woman of color, Social Worker, wife and mom 17 Thamar Innocent Birth Worker 18 19 20 21 2.2 2.3 24 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 5 1 2 SERGEANT LUGO: Cloud recording good. 3 SERGEANT ?: Back up is rolling. 4 SERGEANT LEONARDO: Okay, Sergeant Martinez. SERGEANT MARTINEZ: Good Morning and welcome to 5 today's remote New York City Council hearing of the 6 7 Committee on Women and Gender Equity jointly with the Committee on Health and the Committee on Hospitals. 8 9 At this time, would all panelists please turn on their video. To minimize disruption, please silence 10 11 your electronic devices. If you wish to submit 12 testimony, you may do so via email at the following 13 address, testimony@council.nyc.gov, 14 testimony@council.nyc.gov. 15 Thank you for your cooperation. Chair's, we are 16 ready to begin. 17 CHAIRPERSON ROSENTHAL: [GAVEL] Good morning and 18 thank you for joining today's Committee's on Women 19 and Gender Equity, Health and Hospitals Virtual 20 Hearing on Maternal Mortality and Morbidity in New 21 York City. I am Council Member Helen Rosenthal, 2.2 Chair of the Committee on Women and Gender Equity. 23 My pronouns are she, her, hers and I want to start by thanking everyone who came out here to testify today. 24 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 6 1 Maternal mortality and morbidity is one of the 2 3 greatest public health crisis in the country. Yet as 4 a City we have been late to address what Black and Brown communities and many community-based 5 organizations have been sounding the alarm on for 6 7 decades.

8 So, I want to start by saying that while there 9 are dedicated people working in hospitals in the 10 City's Department of Health, some of you here today 11 are doing your best and we appreciate that. But as a 12 whole, as a City, we are failing and it is because of 13 racism in all its forms, structural, environmental, 14 direct and implicit.

Even after recent efforts to close the gap, the latest data still shows that Black and Brown giving birth in New York City are 8-12 times. That's at least 800 more likely to die than their White counterparts. And this is death exclusively, not to mention the thousands of cases in which people almost die of childbirth related causes.

22 Moreover, Black infants in the City are also 23 three times more likely to die than White newborns. 24 A gap that is nearly 50 percent greater than the 25 national average. This committee last held a hearing COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 7 on maternal mortality in New York City in June 2018, when we heard two bills that have become law, both demand accountability.

5 The first, Local Law 187 requires DOHMH to assess the needs of pregnant people and the availability of 6 Doula's to meet those needs, then produce a plan for 7 increasing access to Doula's. DOHMH must also 8 release an annual report with known organizations 9 that provide Doula services and training and the 10 11 information on areas on the City that experience 12 disproportionately high rates of maternal mortality, 13 infant mortality and other poor birth outcomes. And second, Local Law 188 of 2018, which requires 14 15 DOHMH to expand the City's annual reporting on 16 maternal mortality and morbidity with additional 17 reporting and a five year report. The law also 18 codified the Maternal Mortality and Morbidity Review Committee M3RC and required DOHMH to post information 19 on the disciplines represented by the members of the 20 21 M3RC with the indication that more people with lived 2.2 experiences should be on the Committee like Doula's, 23 midwives and those who have experienced near death encounters. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 8 1 The 2019 report gave us information on the 2016 2 3 mortality rate, 37 people died in childbirth in 2016. 4 The 2020 report has not come in yet and we look forward to that data. Because of delays in 5 reporting, we won't know the number for 2020 for some 6 7 time which drives home a sobering point. We know very little about the experience people have had 8 9 giving birth during COVID-19. The little we do know comes from the press and it is terrifying. We know 10 11 that several women have died in childbirth since 12 COVID, including Amber Isaac. A 26-year-old Black 13 woman who left us a chilling final message about her experience with healthcare while pregnant just four 14 15 days before she died.

We know that for a period of time, people giving birth in hospitals were without birthing partners and so, they didn't have anyone to advocate for them. To witness any mistreatment or just give support.

Today, we would like to learn more about how rates of maternal mortality and morbidity have been impacted by COVID-19 and as well, how the City is addressing, has addressed and is addressing factors that threaten to further exacerbate racial inequities

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 9 among birthing people and what steps the City plans to take to improve these outcomes.

4 As we all know, statistics only tell part of the 5 story. We desperately rely on your stories. The qualitative data that is your lived experiences. 6 Ιf you or a loved on have had inappropriate experience 7 8 in the New York City medical system, we urge you to 9 submit written testimony which you can do on the record for this hearing until Thursday at 10 a.m. by 10 11 sending it to testimony@council.nyc.gov.

Finally, the Committee's will be hearing several pieces of legislation today that my colleagues will discuss, including Intro. Number 2017 related to visitation policy guidelines for hospitals during public health emergencies like COVID-19. Intro. Number 2042 related to expanding access to resources by posting information about midwives online.

Resolution 1239 related to making Doula's more accessible to individuals with Medicaid and those without health insurance and Resolution 1408, which I am proud to be the prime sponsor on related to state legislation on the accreditation approval and operation of midwifery birth centers.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 10 1 2 Thank you to my colleagues, Council Member Levine 3 and Carlina Rivera for Co-Chairing this hearing and to all of the Doula's, mother's, father's advocates 4 of every stripe. Thank you for your tireless work on 5 this issue. Thank you for joining us and sharing 6 7 your experience. As an advocate said at this morning's rally, the goal is for us to get where we 8 9 don't have to hear from broken hearted loved ones. Finally, I would like to thank my team Chief of 10 11 Staff Cindy Cardinal, my Legislative Director Madhuri Shukla as well as Committee Staff for their work in 12 13 preparing this hearing, Brenda McKinney Legislative Counsel, Chloe Rivera Senior Policy Analyst, Monica 14 15 Pepple Financial Analyst, Elizabeth Artz[SP?] and

17 And I would now like to acknowledge my colleagues 18 who have joined us, Council Members Levine, Rivera, 19 Adams, Council Member Ampry-Samuels, Ayala, Barron, 20 Cohen, Gibson, Kallos, Holden, Louis, Powers, Maisel, 21 Council Member Rose and Council Member Eugene. Ι 2.2 will announce more as they arrive and now, I would 23 like to invite Council Member Rivera, Chair of the Committee on Hospitals to provide opening remarks. 24

John Valasgo from Community Engagement.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 11 1 2 CHAIRPERSON RIVERA: Thank you so much. Thank 3 you so much. Good morning everyone. Thank you Chair 4 Rosenthal. Thank you Chair Levine for Co-Chairing this hearing with me today. I am Council Member 5 Carlina Rivera, Chair of the Committee on Hospitals 6 7 and I want to start by thanking everyone present today. 8 9 Maternal mortality and morbidity is a topic I care deeply about. We were just joined by almost 100 10 11 advocates, birth workers, elected officials and individuals with very, very, tragic experiences who 12 13 all know that birth justice cannot wait. 14 Hundreds of years of race based medicine coupled 15 with systemic racism and other forms of oppression have led to stark, desperate health outcomes. 16 То 17 reiterate some of the figures already shared, 18 maternal mortality disproportionately impacts Black women and birthing people with Black people 8-12 19 times more likely to die when giving birth than their 20 21 White counterparts in New York City and Latino's with three-times the rate of maternal morbidity compared 2.2 23 to White women. Studies have shown that regardless of educational 24

25 attainment and income, Black women are still more

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 12 1 likely to die from childbirth than White women. 2 3 According to the most recently released City data, 4 while about 25 people in New York City die each year of a pregnancy related cause, approximately 2,800 5 people experience morbidity or almost die during 6 childbirth. Morbidity disproportionately impacts 7 8 Black, Latino and other racial and ethnic minority 9 women and birthing people.

10 The fact that Black women and birthing people are 11 not receiving the care and resources they need to 12 survive childbirth is inexcusable. The fields of 13 gynecology itself is rooted in racism and was only 14 advanced because of the abuse of enslaved Black 15 women.

A recent article from the journal of Minimally Invasive Gynecology notes that after public outcry and response to the murders of George Floyd and Breanna Taylor and others. Over 18 organizations signed the Collective Action Statement against racism in the field of obstetrics and gynecology.

A portion of the statement acknowledged many examples of foundational advances and the specialty of obstetrics in gynecology are rooted in racism and oppression. For example, in the mid-1800's surgical

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 13 1 experimentation of James Marion Sims was performed on 2 enslaved Black women including women; Betsy, Lucy and 3 4 Anarca[SP?] who underwent repetitive gynecologic procedures without consent. This historical context 5 further highlights how deeply these injustices run 6 7 and how rooted health care is in race based medicine 8 and racism.

9 My Committee along with the Committee's at the 10 Council have heard from the City and other experts 11 over the years about the numerous initiatives at the 12 state and city levels aimed at addressing maternal 13 mortality and morbidity.

14 I look forward to hearing from the City and 15 others today about these efforts, as well as our proposals for new legislation. COVID-19 has had an 16 17 enormous impact on maternal health. There are 18 renewed conversations and efforts around improving maternal care, such as ensuring access to midwife led 19 20 birth centers. Something that is long overdue in New 21 York City.

Intro. Number 2017, legislation I am proud to sponsor, relates to visitation policy guidelines for hospitals during public health emergencies such as COVID-19. During the COVID-19 pandemic there were COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 14 large gaps in information provided by hospitals to patients and birth workers regarding visitation policy, certification barriers and the possibility of being separated from ones baby.

Even though the state has issue guidelines and
guidance permitting a partners and/or support person,
including Doula's to attend the birth of a patient,
we are still hearing about barriers to visitation.
This legislation aims at ensuring the City creates
clear guidelines for such instances, which can help
ensure access to meaningful care.

We are also hearing Resolution 1239, which I am also proud to sponsor, calling on the New York State legislature to pass and the governor to sign legislation making Doula's more accessible to individuals with Medicaid and those without health insurance.

We know that Doula's improve maternal health outcomes. We know that they are critical in this fight for equity. The state should work alongside Doula's as partners to see if we can improve access to Doula care for those with Medicaid and other forms of insurance. This is a process that must be lead by

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 15 1 2 those on the ground. All of our actions are to 3 prevent future and maternal deaths and near deaths. 4 Today, we must center ourselves on the purpose of the work and we must honor and remember those we have 5 lost. Amber Isaac, a 26-year-old Black woman, died 6 7 on April 21, 2020 shortly after delivering her son at Montefiore Medical Center in the Bronx. 8 Shaasia 9 Washington, also a 26-year-old Black woman died on July 3, 2020 during childbirth at Woodhull Hospital. 10 11 Pandel Lezzer[SP?], a 33-year-old Orthodox Jewish woman died on November 19, 2020 in Maimonides in 12 13 Brooklyn from complications related to COVID-19 one 14 day after delivering her fifth child. 15 We remember them today, as well as those who have 16 died before them and anyone who may have died and who 17 is not covered in the news. We are mindful of all 18 those still with us today who nearly died while 19 giving birth. My thoughts are with the families and friends of those mentioned. 20 21 I am also sincerely grateful for the advocates, Doula's midwives and other birthing professionals who 2.2 23 have been working to address maternal mortality and morbidity for years. I hope you feel heard and seen 24 today. While we look for your guidance regarding

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 16 1 2 birth workers, I know that we cannot task you with 3 fixing this crisis alone. You have my commitment as 4 a partner in this work and I look forward to hearing from you and continuing to work together. 5 I would like to thank the Hospital Committee 6 7 Staff Council Harbani Ahuja, Policy Analyst Emily 8 Balkan, Finance Analyst John Cheng and Data Analyst 9 Rachael Alexandroff. I also want to thank my team Alexis Richards, 10 11 Isabelle Chandler, Jeremy Unger and a number of 12 others, all who have been incredibly helpful in 13 making sure we are hearing from as many people as 14 possible. 15 Thank you so much. Thank you all for being here 16 and I will now turn it over to Chair Levine for his 17 opening remarks.

18 CHAIRPERSON LEVINE: Thank you so much Chair 19 Rivera. Thank you Chair Rosenthal for all that you 20 have done to advance this issue to ensure we have 21 held this very important hearing today and I also 22 want to thank the Chair of the City Council's BLAC 23 Adrienne Adams who has been such a champion for this 24 important cause and many other members of our women's

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 17 caucus including Council Members Louis, Barron, Gibson, Rose, Ampry-Samuel and others.

4 As Chair Rivera mentioned, I am City Council Member Mark Levine and I Chair the Health Committee 5 in the City Council. Pleased to be Co-Chairing this 6 7 hearing today in which we will be focusing on maternal mortality and morbidity in New York City, as 8 9 well as considering a package of legislation including two bills and two resolutions relating to 10 mental health. 11

12 The morally outrageous disparity and maternal 13 mortality and morbidity in New York City between 14 Black women and other birthing people and White New 15 Yorkers was well known before COVID. But we have reason to believe that this crisis has exacerbated 16 17 this terrible disparity by disrupting the normal 18 channels of care, low-income birthing people in 19 particular rely on. With decreased in-person 20 appointments and a reliance on telehealth services, 21 decreases in prenatal care service overall and postpartum follow-up. Persistent discrimination in 2.2 23 healthcare and a risk factor which I fear we have largely overlooked isolation. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 18 1 2 As for example, hospitals have been forced to 3 limit the number of people in delivery rooms. 4 Sometimes leaving mothers to deliver alone. So, we need to double down now on the strategies that we 5 know can help reverse this terrible disparity. 6 Addressing explicit and implicit biases in 7 discrimination in healthcare systems among providers. 8 9 Collecting and utilizing more data to understand risk factors. Addressing health inequities that persist 10 11 before and during pregnancy, such as access to 12 comprehensive healthcare including nutritious food. 13 Educating and empowering birthing individuals, to 14 advocate for themselves within a medical setting. 15 Continuously reviewing and accessing medical 16 practices to determine what improvements are needed 17 and fostering collaboration among hospitals, 18 providers, community-based organizations and 19 government entities to ensure that the best care is 20 being properly resourced and delivered. 21 Our hearing today will focus on the imperative 2.2 [LOST AUDIO 19:15- 19:20] to support women who are 23 being left behind in the maternal and birthing process. I look forward to hearing from the 24 Administration and hospitals today on exactly what 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 19 they are doing to achieve these goals and I look forward to hearing from advocates on how New York City can bring justice for the women and birthing parents who are being left behind.

As always, I thank the Administration for your 6 7 work and for being here today and I want to thank the 8 staff of the Health Committee including Counsel's 9 Harbani Ahuja and Sara Liss, Policy Analyst Emily Balkan, Finance Analyst Lauren Hunt, Data Team 10 11 Rachael Alexandroff, Rose Martinez, Melissa Nunez, 12 Mason Sarkissian and Julia Fredenburg and Amy 13 Slattery, my Legislative Director.

14 Thank you so much and I will pass it back. 15 CHAIRPERSON ROSENTHAL: Thank you Council Member 16 Levine. Before we turn it over to our Moderator, I now want to turn it to the Co-Chairs of the Council's 17 18 Women's Caucus and BLAC Caucus who will also provide 19 remarks starting with BLAC Caucus Co-Chair Council 20 Member Adams followed by Council Member Gibson and then Council Member Louis from the Women's Caucus. 21 2.2 Council Member Adams, please begin when you are 23 ready.

COUNCIL MEMBER ADAMS: Thank you so much ChairRosenthal and good morning everyone. I would like to

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH
COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 20
once again thank all of the Chairs, Council Member's
Rosenthal, Levine and Rivera for convening this very,
very, critical hearing this morning.

I am Council Member Adrienne Adams, Co-Chair of 5 the Black, Latino and Asian Caucus of the New York 6 7 City Council. Maternal mortality and morbidity has plaqued us for far too long and the problem is much 8 9 more severe in Black women. Despite advances in the healthcare system, we continue to go through this 10 11 crisis, whether through personal experience or data. 12 We all know that there are deep racial disparities in 13 our healthcare system. We have the resources. We have the review boards. We have the data. We even 14 15 have the protocols but women and more prevalently 16 Black women continue to suffer disproportionately.

17 If economic class access to healthcare, education 18 and genetics could not explain this crisis, we have 19 to acknowledge several problems when it comes to maternal mortality. Ongoing systemic disparities, 20 21 implicit bias and listening, actually listening to 2.2 the patient. We need solutions to address this. It 23 is not just a women's issue. This is a human and civil rights issue. It is clear now more than ever 24 25 that we need solutions to address these problems and

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 21 1 2 I look forward to hearing from everyone today to working with you on this very, very important issue. 3 We must work holistically to ensure that no one dies 4 5 a preventable death while bringing beautiful life into this world. 6 7 Thank you again to our Doula's, our Midwives, our Advocates and other dedicated parties for your 8 9 unwavering commitment to ending this moral, disgraceful crisis. Thank you Chair's for this 10 11 hearing. Thank you very much. CHAIRPERSON ROSENTHAL: Thank you so much Council 12 13 Member Adams. I stand with you as an ally. Next, we are going to hear from Council Member 14

15 Gibson.

COUNCIL MEMBER GIBSON: Thank you so much Chair 16 17 Helen Rosenthal and good morning everyone. It is a 18 great honor and privilege to join with all of you. Ι also want to recognize my fellow Co-Chair of the 19 Women's Caucus, Chair Farah Louis, our BLAC Co-20 21 Chair's, Chair Adrienne Adams and Chair Daneek 2.2 Miller. I want to thank our Committee Chair's, the 23 Committee on Women and Gender Equity. Thank you Chair Rosenthal. The Committee on Hospitals, Chair 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 22 Carlina Rivera and our Committee Chair on Health, Chair Mark Levine.

I also want to thank Majority Leader Laurie Cumbo, all of the women in the Women's Caucus and all of my colleagues in the City Council. Thank you so much. Today is a very important discussion on Black maternal mortality and morbidity and reproductive justice in our city.

Earlier this morning, we had a virtual rally and 10 11 I want to lift up our brother Bruce McIntyre the Founder of Save A Rose Foundation for being an 12 13 advocate. He lost his gueen and he has turned his pain into purpose with a plan and we thank you so 14 15 much for continuing to lift up the name of your queen and all of the work you are doing around advocacy. 16 17 We lift up all of the names of our sisters, so

18 many, African American, women and Latina's that we 19 have lost are in this fight for birth justice. Council Member Rivera called their names and we want 20 21 to continue to pray for those families who will never 2.2 be the same again. There are too many, too many 23 stories that we have heard. High rates of Black maternal mortality and morbidity is really a result 24 of years of systemic racism in our healthcare 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 23 1 industry that continues to contribute to the 2 3 mistreatment and mishandling of Black women patients 4 in this country. It is unacceptable in 2020. Too many women have died as a result of this public 5 health crisis and we cannot wait for yet another 6 7 preventable death before we take action. Black women and Black birthing individuals deserve our support. 8 9 They deserve our love, our compassion. They deserve access to quality patient centered and comprehensive 10 11 holistic treatment, reproductive healthcare that is 12 culturally sensitive.

13 Policy makers, healthcare professionals, our CBO's, our Doula's, our midwives, all of our 14 15 communities can work together to improve Black women's maternal health by expanding access to health 16 17 coverage and information on midwives and doula's. Ι 18 am very proud of the package that is assembled today 19 and one of the bills I have is Intro. 2042, which 20 will make public information on licensed midwives, so 21 inspecting mothers can make informed decisions for 2.2 their families as we work to dismantle medical 23 oppression and undue the years of systemic inequality that has plaqued our healthcare system. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 24 1 I want to thank all of our advocates. 2 Ι 3 certainly want to thank Bronx Health Link, Bronx 4 Health Reach and so many of the partners I had the honor of working with in the Bronx but all of our 5 citywide organizations. The City Council has every 6 year championed a City Council initiative on maternal 7 8 healthcare because we recognize that we can't just 9 talk about it, we have to be about it and put money where our commitment is. 10

11 All of our advocates, those that have shared your 12 stories that are very influential and powerful and 13 meaningful and I look forward to today's input and all of the advocates who are here, and I also want to 14 15 thank the Administration for joining us today. Your 16 partnership is critical in our overall work. Thank 17 you so much Chair Levine, Chair Rivera and thank you 18 Chair Rosenthal for today's important hearing. Thank 19 you.

20 CHAIRPERSON ROSENTHAL: Thank you very much. 21 Now, we are going to hear Council Member — sorry, 22 Council Member Lander has joined the hearing and now 23 we are going to hear from Council Member Louis. We 24 are so glad you are here today with us Council Member 25 Louis.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 25 1 2 COUNCIL MEMBER LOUIS: Thank you so much Chair 3 Rosenthal and I want to thank my colleagues, you Chair Rosenthal, Chair Rivera, Levine and my fellow 4 Co-Chair Venessa Gibson and the BLAC Co-Chairs Adams 5 and Miller for creating a space to hear untold 6 7 stories from birth advocates, women and their 8 families affected by the maternal mortality and 9 morbidity issues here in our nation but most importantly in our city. 10 11 Today's oversight hearing is an opportunity to engage in thoughtful discussions about how the 12 13 Council as a legislative body can reform our 14 healthcare system to better support expected mothers. 15 I represent District 45 that includes East 16 Flatbush and Flatbush in Brooklyn, a predominant 17 Black and immigrant community that is 18 disproportionately at risk for maternal morbidity and 19 mortality. 20 As Black women, we are experiencing poverty, 21 economic and social pressures at alarming rates. 2.2 While coping with anxiety, isolation and pain, before 23 and during and after children birth are largely ignored. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 26 Economic housing and food insecurity would be stressful on many New Yorkers but the consequences would be dire for expected mothers. The additional stress could endanger the physical and mental wellbeing of both mother and child.

7 Before the pandemic, we were still compiling data to give us a clearer picture of our city's healthcare 8 9 systems and racial disparities. Amid a global health crisis and the increased use of telemedicine to limit 10 11 the spread of COVID-19, I hear that the maternal health outcomes in Black communities will worsen 12 13 because of the digital divide. It is already difficult for patients to communicate their symptoms 14 15 to nurses and doctors in person and feel 16 acknowledged. I have experienced it myself.

17 Can you imagine how much harder it is to monitor 18 high risk patients remotely let alone those who lack 19 access to the devices or internet service to speak to 20 their doctors. We are talking about actual people 21 who reluctantly put their trust in a system where 2.2 Black women are subjected to riskier procedures like 23 cesarean section and denied medical treatment to address pregnancy complications until it is too late. 24 We remember every day, especially today Amber Isaac, 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 27 1 2 Shaasia Washington and countless other women deprived 3 of the opportunity to celebrate their child's 4 birthday's the first day of school and graduations. We owe their families answers and sweeping 5 healthcare reforms. I look forward to hearing from 6 7 the Administration, effected families, birth advocates, like the Caribbean Women's Health 8 Association that is working very hard in my district 9 10 to support preqnant and postpartum women, as well as 11 other families through support groups. Parent 12 workshops and expanded services. Thank you Chair 13 Rosenthal and to all the Co-Chairs for working on this today. I look forward to today's hearing. 14 15 Thank you. 16 COUNCIL MEMBER ROSENTHAL: Council Member Louis,

17 thank you for stepping up for your community and 18 engaging with those who are trying their best to make it better. I really appreciated your word 19 reluctantly. You know, when you are birthing person, 20 you don't have a choice. You have to give birth and 21 2.2 yet, the systems are not there to protect you. Just 23 who you count on are not there. Thank you for your leadership Council Member Louis, appreciate you. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 28
Now, I am going to turn it over to our Moderator,
Committee Council Brenda McKinney who will review
some procedural items relating to today's hearing and
call on our first panel of witnesses.
COMMITTEE COUNSEL: Thank you so much Chair

7 Rosenthal. My name is Brenda McKinney and I am the 8 Legislative Counsel, the Committee and Women and 9 Gender Equity at the New York City Council. I will 10 be moderating today's hearing and calling on 11 panelists to testify.

Before we begin, please remember that everyone will be on mute until I call on you to testify. After you are called on, you will be unmuted by the host. Note that there will be a few second delay before you are unmuted and we can hear you. You may also see a box pop up click on to accept the unmute.

Please listen for your name, I will periodically announce the next few panelists. Council Member questions will be limited to five minutes. Council Members note that this includes both questions and witness responses. We will be allowing a second round of Council Member questions today. For public testimony, I will be calling up

25 panelists in panels. I will be calling up

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 29 individuals in panels. Council Members, if you have questions for a particular panelist, please use the raise hand function in Zoom. You will be called on in order after everyone on the panel has completed their testimony.

7 For public panelists, once I all on your name, a member of our staff will unmute you and the Sergeant 8 9 at Arms will set a timer and give you the go ahead to begin your testimony. All public testimony today 10 11 will be limited to three minutes. After I call your 12 name, please wait a couple of seconds for the 13 Sergeant at Arms to announce that you may begin before starting your testimony. And again, you will 14 15 see a box pop up to accept the unmute request. 16 With this, we will move to Administration 17 testimony. At today's hearing, the first panel will 18 be the Commission on Gender Equity, the Department for Health and Mental Hygiene DOHMH and the 19 Department of Health + Hospitals for the 20 21 Administration H+H followed by Council Member 2.2 questions then public testimony. 23 I will list the names of each member of the

Administration as a group and then call on you

25 individually to reply to the oath.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 30 1 2 So, I will now call on members of the 3 Administration to testify. In order of speaking we 4 will have Jacqueline Ebanks Executive Director from the Commission on Gender Equity or CGE, Estelle 5 Raboni MPHMCHES Acting Assistant Commissioner from 6 7 the Bureau of Maternal, Infant and Reproductive Health at the New York City Department of Health and 8 9 Mental Hygiene or DOHMH and Dr. Wendy Wilcox Clinical Service Line Lead from Maternal Mortality Reduction 10 11 at the New York City Health + Hospitals H+H and the 12 Women's Health Chair of the OBGYN at H+H of Kings 13 County. 14 Additionally, we will have several members of the 15 Administration on hand for technical support and I 16 will also be calling on them to respond to the oath. 17 This includes Maidel De La Cruz from H+H, Chelsea 18 Cipriano from DOHMH. Please excuse any pronunciation 19 error. Patricia Moncure from DOHMH and Gale Black 20 from CGE. I will now administer the oath to the 21 2.2 Administration. When you hear your name, please 23 respond. Thank you. CG Director Jackie Ebanks? JACQUELINE EBANKS: Yes. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 31 1 2 COMMITTEE COUNSEL: DOHMH Assistant Commissioner 3 Estelle Raboni? 4 ESTELLE RABONI: Yes. COMMITTEE COUNSEL: Thank you so much and there 5 is a delay, so thank you so much, apologies. Dr. 6 7 Wendy Wilcox from H+H? 8 I think you are still on mute Dr. Wilcox. 9 DR. WENDY WILCOX: Yeah. COMMITTEE COUNSEL: Great thank you so much. 10 11 Just for the record, we need the sound. Thank you. Ms. Maidel De La Cruz? 12 13 MAIDEL DE LA CRUZ: Yes. 14 COMMITTEE COUNSEL: Thank you so much. Ms. 15 Cipriano? Ms. Chelsea Cipriano from DOHMH? I will come back. Ms. Moncure? 16 PATRICIA MONCURE: Yes. 17 18 COMMITTEE COUNSEL: Thank you so much. Ms. Black 19 from CGE? We can come back if we need to do and 20 administer the oath later, if we need to. Just one 21 last check for Ms. Cipriano? Okay, we will move on 2.2 and if we need to, we can administer the oath for 23 those individuals on hand for technical support. So, today, we will be starting with testimony for 24 CGE followed by DOHMH followed by H+H. So, first we 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 32 1 will hear from Director Jackie Ebanks from CGE. 2 You 3 may begin your testimony once the Sergeant at Arms 4 has given you the queue. SERGEANT AT ARMS: Starting time. 5 JACQUELINE EBANKS: Thank you so much. Good 6 7 morning Chair's Rosenthal, Rivera and Levine and 8 members of the Committee's. I am Jacqueline Ebanks, 9 Executive Director of the Commission on Gender Equity. I am joined today by my colleague Estelle 10 11 Raboni, Acting Assistant Commissioner for the Bureau of Maternal Infant and Reproductive Health at New 12 13 York City Department of Health and Mental Hygiene, DOHMH and Dr. Wendy Wilcox Chairperson of Obstetrics 14 15 and Gynecology from New York City Health and Hospitals H+H. 16 17 As Executive Director of the Commission on Gender 18 Equity, I also serve as an Advisor to the Mayor and 19 First Lady on policies and issues impacting gender 20 equity in New York City. For all girls, women, 21 transgender and gender nonbinary and nonconforming 2.2 New Yorkers regardless of their ability, age, race, 23 faith, gender expression, immigrant status, sexual

orientation and socioeconomic status.

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 33 1 2 CGE works to create deep and lasting 3 institutional commitment to tearing down equity 4 values across New York City and we carry out our activities in three areas of focus within a human 5 rights framework and using an intersectional lens. 6 7 These areas of focus are first, economic and mobility opportunity. Where we strive to create a 8 9 City where people of all gender identities and gender expressions live economically secure lives and have 10 11 access to opportunities to thrive. Second, our health and reproductive justice focus 12 13 area has a goal to foster a city free from gender and health disparities. And thirdly, our safety focus 14 15 area has a goal to foster a city free from gender and 16 race based violence. 17 Within our health and reproductive justice 18 portfolio, CGE recognizes the importance of ensuring 19 access to and affordability of comprehensive, 20 culturally competent sexual and reproductive healthcare services for all New Yorkers regardless of 21 2.2 gender identity and gender expression. With this in 23 mind, in our 2018-2021 strategic plan, CGE identified reducing infant and maternal mortality in Black and 24 Latinx communities as one of our lead initiatives. 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 34 1 As a result, we maintain key partnership with 2 3 proud advocates and our colleagues at DOHMH and 4 Health + Hospitals. In doing so, we are able to 5 ensure responsiveness to the needs of pregnant and childbearing women and gender nonconforming and 6 7 nonbinary New Yorkers. 8 We are pleased to count health advocates as 9 members of the Commission. With their involvement, we have numerous direct opportunities to learn about 10 11 issues of sexual and reproductive health that face New Yorkers where they live and work. 12 13 At this moment, I would also like to thank Chair 14 Rosenthal. 15 SERGEANT AT ARMS: Time expired. 16 JACQUELINE EBANKS: Chair Rosenthal and Chair 17 Rivera for their leadership on our Commission as 18 members and really their involvement also in our 19 health and reproductive justice work group. 20 May I proceed or? 21 CHAIRPERSON ROSENTHAL: Go ahead. 2.2 JACQUELINE EBANKS: Our partnership with the 23 colleagues at DOHMH has included serving as a member of the Maternal Morbidity and Mortality Steering 24

25 Committee, which participated in the M3RC.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 35 As members of the Steering Committee, we worked with a multidisciplinary team to explore policy in programs recommendations to reduce maternal mortality and severe maternal morbidity in New York City with an equity focus.

7 We advised and supported DOHMH and its partners on ways to implement the recommendations and 8 9 participated and communicated in the findings and the recommendations to key stakeholders and constituents 10 11 and advocating for their support. In our 2019 annual 12 report, CGE was proud to highlight Health + Hospitals 13 comprehensive offering of blended training programs 14 to build competency in providing affirming services 15 for members of the LGBTQ community.

16 This work has significant positive implications 17 for the provision of support in sexual and 18 reproductive healthcare services for LGBTQ New 19 Yorkers. In fact, also in 2019 for the 4th year in a row, 23 patient care locations within the Health + 20 21 Hospital Network received the designation leader in 2.2 LGBTQ healthcare equality by the Human Rights 23 Campaign.

Through our partnerships with health advocates,the DOHMH and H+H, CGE strives to develop and

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 36 1 2 maintain a comprehensive solution oriented approach 3 to New York City's high maternal mortality and 4 morbidity rates in Black and Latinx communities. In so doing, CGE is able to amplify and support various 5 programmatic policy and public education initiatives 6 launched and managed by our colleagues at DOHMH and 7 Health + Hospital. This helps us better connect to 8 9 pregnant and childbearing New Yorkers at critical times and in a timely manner responsive to their 10 11 pregnancy related medical care needs.

We look forward to deepening our work with these partners in New York City in the next year. I think it is essential to create the shifts that we so desperately see in improving conditions for Black, improving outcomes for Black and Latinx pregnant and childbearing communities.

18 Regarding the bills under consideration today, I 19 want to turn to my colleagues Estelle Raboni at DOHMH 20 and Dr. Wendy Wilcox to provide comments. CGE stands 21 in support of their recommendations. Again, thank 2.2 you for this opportunity to testify on this critical 23 issue. I look forward to continuing our partnership in improving outcomes for Black and Latinx pregnant 24 and childbearing communities. Thank you. 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 37 1 2 CHAIRPERSON ROSENTHAL: Director Ebanks, I just 3 want to thank you for coming today and your 4 leadership in this in many areas. Thank you. 5 JACQUELINE EBANKS: Thank you. Thank you so 6 much. 7 COMMITTEE COUNSEL: Thank you so much. We will now hear from Assistant Commissioner Raboni from 8 9 DOHMH. You may begin once the Sergeant at Arms gives the queue. Thank you. 10 11 SERGEANT AT ARMS: You may begin. ESTELLE RABONI: Good morning Chair's Rosenthal, 12 Rivera and Levine and members of the Committee's. I 13 am Estelle Raboni, Acting Assistant Commissioner for 14 15 the Bureau of Maternal Infant and reproductive Health 16 at the New York City Department of Health and Mental 17 Hygiene. 18 I am joined by my colleagues Jacqueline Ebanks, 19 Executive Director of the Commission for Gender 20 Equity and Dr. Wendy Wilcox, Chairperson of Obstetrics and Gynecology from New York City Health + 21 Hospitals. On behalf of Commissioner Chokshi, I want 2.2 23 to thank you for the opportunity to testify today on this important topic and for your commitment to 24 improving maternal health outcomes for New Yorkers. 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 38 1 2 I want to say here loud and clear; racism is a 3 public health crisis and one of the most startling 4 statistics we have in New York City to demonstrate this crisis pertains to maternal health and 5 mortality. Black women in New York City are eight 6 7 times more likely to die from pregnancy related 8 causes than White non-Latino women. In fact, White non-Latino women without a high school diploma have 9 better maternal health outcomes than Black women with 10 11 a college degree.

This is the unacceptable and unjust reality in 12 New York City. Decades of structural racism and 13 14 pervasive historical disinvestment of Black and Brown 15 communities have led to these avoidable disparities. 16 Despite improvements and reducing deaths related to pregnancy and childbirth, more needs to be done. 17 18 Reducing maternal deaths and life threatening 19 complications is a priority for this Administration. 20 Access to quality family planning services, maternal healthcare and sexual and reproductive healthcare 21 2.2 services are foundational components of our work to 23 eliminate disparities in Black and Brown communities. The Health Departments five year plan has been 24 pivotal in our efforts to change the narrative and 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 39 achieve health equity and injustice for Black New Yorkers.

4 In 2017, the Health Department established the New York City Maternal Mortality and Morbidity Review 5 Committee referred to as the M3RC. The goal of the 6 7 M3RC is to reduce preventable maternal deaths by gaining a holistic understanding of each maternal 8 9 death to determine cause, assess preventability and identify contributory factors and actionable 10 11 recommendations to prevent future tragedies.

12 More recently in 2018, the Health Department in 13 partnership with H+H worked together to bolster the city's - I am sorry, I just lost my place. Efforts 14 15 to reduce racial and ethnic disparities in maternal 16 health. This work includes enhanced public health 17 surveillance through M3RC and deploying a three 18 pronged strategy to improve the quality of maternity care at hospitals. This strategy includes: 19 One, 20 developing a pilot project with three hospitals to 21 conduct in hospital quality improvement reviews of 2.2 severe maternal morbidity SMM cases. These are life 23 threatening events that occur after childbirth and include heavy bleeding, blood clots, kidney failure, 24 stroke and heart attack. 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 40 1 Two, implementing a qualitative research study to 2 3 explore the perceptions and experiences of pregnant 4 and parenting people who experienced a severe maternal morbidity while giving birth and the 5 consequences of the severe complication on their 6 7 lives. And lastly, three, informing and supporting 8 mobilization around maternal health by sharing 9 findings, engaging community stakeholders and hospital partners to change the systems and 10 11 structures in which people give birth with a focus on 12 SMM.

13 Additionally, the Health Department works directly with communities facing the most significant 14 15 social and economic challenges by engaging birth 16 justice defenders to conduct community outreach and 17 education about the New York City standards for 18 respectful care at birth. These standards were created to inform, educate and support people giving 19 20 birth. These standards encourage pregnant people to 21 know their basic human rights and be active decision 2.2 makers in their birthing experience and are also 23 helpful for providers to remind them to respect and be aware of their patients human rights during 24 25 pregnancy, labor and childbirth.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 41 We are currently implementing the New York City standards for respectful care through virtual trainings with 14 maternity hospitals who serve the majority of pregnant Black and Brown people in the city.

7 I will now share more detail on some of the work led by the Health Department beginning with the M3RC. 8 9 The Health Department formed and convened its first ever M3RC Review Committee in 2017 using methods, 10 11 quidance and tools from the Centers for Disease Controls Maternal Mortality Review Information 12 13 Application. The Health Department reviews all 14 maternal deaths through this multidisciplinary, 15 multiethnic and racially diverse M3RC.

16 Membership of this Committee is drawn from 17 clinical and nonclinical providers across all 18 specialties and includes Law Enforcement, Community 19 Partners, the New York City Medical Examiners Office 20 and key leaders within American College Midwives and 21 New York Medical College. The M3RC contributes to 2.2 the larger repository of data and literature in this 23 field.

24 Most recently, the M3RC made recommendations 25 based on in-depth review of all pregnancy associated

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 42 1 deaths that occurred in 2016 and 2017. 2 These 3 recommendations address improvements in systems and 4 facilities in which pregnant people give birth, improving provider care and raising public awareness 5 among community stakeholders and pregnant people of 6 7 postpartum warning signs and their basic human right 8 to respectful care.

9 Since the start of the pandemic, the Committee has been working - sorry, the Committee has been 10 11 meeting virtually and has continued this important 12 work. This Committee meets every two to three months 13 to conduct a multidisciplinary expert review of each maternal death in New York City from both clinical 14 15 and social determinates of health perspectives. At 16 the end of every calendar year, the Committee 17 proposes key recommendations to improve the care of 18 pregnant persons.

With respect to the Departments work on SMM, we are convening a virtual New York City Maternal Health summit called Improving Care and Supporting Healthy Childbirth Experiences on Wednesday - sorry, Tuesday, tomorrow, December 8th. To date, there are over 300 people registered for this event reflecting interest to hear from experts from clinical and community

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 43 1 settings to discuss findings from the severe maternal 2 morbidity project, the virtual summit will also 3 4 include web-based panels that will explore the 5 various components of the project and offer participants an opportunity to learn about SMM's 6 7 efforts, projects efforts to address maternal health 8 inequities.

9 Another significant component in our work to improve maternal outcomes is the Maternal Hospital 10 11 Quality Improvement Network or MHQIN. Spearheaded by 12 the Health Department and in partnership with H+H, 13 MHQIN is a comprehensive strategy with the New York City public and private maternity hospitals to 14 15 address the root causes of persistent racial and 16 ethnic disparities and maternal mortality and severe 17 morbidity with an emphasis on establishing an in-18 house quality improvement process. Specific efforts taken include implicit bias training for clinical and 19 20 nonclinical staff at the City's maternity hospitals 21 to improve equity in childbirth and training on 2.2 trauma and resilience informed systems, which 23 provides a shared language and understanding of how stress and trauma effect individuals, institutions 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 44 1 and communities along with practical tools to address 2 3 implicit bias in clinical decision making. 4 We have supported clinical training and medical simulation for leading causes of SMM and improved 5 hospital Doula collaboration by focusing on capacity 6 building. At the start of the pandemic, public 7 8 health emergency, we face some challenges in this work. For example, case abstractors were not allowed 9 on site as hospital facilities do to infection 10 11 control measures and virtual meetings with hospitals 12 were temporarily paused as staff were entirely 13 dedicated to immediate COVID-19 response. 14 Since May, we have reinstated monthly calls with 15 most of the MHQIN Hospitals and case abstraction has 16 resumed at most sites. Both our Doula capacity 17 building and implicit bias trainings have moved from 18 in-person to virtual modalities. Furthermore, under 19 MHQIN, the Birth Justice Defenders continued their 20 engagement efforts in communities impacted by 21 maternal health disparities and worse health 2.2 outcomes. Virtual webinars reviewed 7,000 times by 23 community members. In order to meet emerging health needs resulting for the public health emergency, we 24 also developed tailored resources including a 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 45 specific web page dedicated to addressing the needs of pregnant persons during the pandemic.

4 In addition to these resources, the Health Department has developed a series of public awareness 5 campaigns to compliment our community-based work. 6 То 7 gain community input on these campaigns, we conducted 8 listening sessions with community members consisting 9 of persons of reproductive and parenting age representing the five boroughs. As well as focus 10 11 groups with healthcare providers. These campaigns 12 include safe and respectful care aimed at community 13 residents and healthcare providers to educate New Yorkers about their rights and options before, during 14 15 and after pregnancy and to promote the standards for 16 respectful care. A public health detailing campaign 17 for health providers centering on having a healthy 18 pregnancy and educating patients on chronic disease 19 prevention and management as well as providing tools 20 and resources to support diabetes and hypertension 21 self-management and finally, the M3RC tool kit for 2.2 healthcare providers community organizations and 23 local Health Department summarizing our work on this topic and making the knowledgeable accessible for 24 others. We are fiercely committed to changing the 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 46 culture around birthing care in New York City and are proud of the work this Administration has led to taking significant steps toward reducing disparities and care.

I will now speak to the bills being heard today 6 7 before handing it over to my colleague Dr. Wilcox 8 from H+H. Intro. 2017 would require the Health Department to develop voluntary guidelines for 9 hospital visitation policies in the event of the 10 11 public health emergency and to distribute such 12 guidelines to every hospital in New York City. Post 13 such guidelines on the agencies website and submit such guidelines to the Mayor and Speaker of the 14 15 Council. The Health Department understands Council's interest in ensuring there is clear guidance during 16 17 an emergency and that public health considerations 18 are incorporated into any emergency measures taken by the healthcare facility. 19

However, the Health Department does not have regulatory authority over hospitals. That authority sits with the State Health Department and as such, it would be problematic and confusing to the public to issue voluntary guidance that could conflict with state guidance and regulations. With regard to

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 47 1 Intro. 2042; Intro. 2042 would require the Health 2 3 Department to post information about midwives including the services they offer and how to find 4 them on our website in English and each of the 5 citywide designated languages. We support this 6 7 legislation and Council's interest in making more information on midwives available and accessible to 8 9 New Yorkers. We are open to discussing what would be most useful to share on our web pages. 10 I do want to thank the Council for their 11 12 dedication to this topic and for holding this hearing 13 today. We are proud to be partners in this work and I am happy to answer any questions. At this point, I 14 15 would like to pass it to my colleague Dr. Wendy Wilcox of H+H. 16 17 COMMITTEE COUNSEL: Dr. Wilcox, we should be 18 unmuting you as soon as the Sergeant calls the clock, 19 you may begin. Actually, apologies, we don't have a 20 clock. You may begin when you are ready. 21 DR. WENDY WILCOX: Thank you. Can you hear me? 2.2 COMMITTEE COUNSEL: We can hear you. Thank you 23 Dr. DR. WENDY WILCOX: Thank you. Good morning 24 Chairperson Rivera, Chairperson Rosenthal, 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 48 1 2 Chairperson Levine and members of the Committee on 3 Hospitals, Women and Gender Equity and Health. 4 My name is Dr. Wendy Wilcox, I am Chair of the 5 Department of Obstetrics and Gynecology at New York City Health + Hospitals Kings County and Clinical 6 7 Service Line Lead for the Maternal Mortality Reduction and Women's Health for New York City Health 8 9 + Hospitals. I am also the Co-Chair for the New York State Task Force on Maternal Mortality and Disparate 10 11 racial outcomes. I have been a practicing clinician for over 20 12

13 years and have worked for New York City Health + Hospitals since 2008. I am joined by my colleagues 14 15 Jacqueline Ebanks, Executive Director from the 16 Commission on Gender Equity and Estelle Raboni, 17 Acting Director of the Bureau of Maternal Infant and 18 Reproductive Health for DOHMH. Thank you for the 19 opportunity to discuss maternal mortality and 20 morbidity in New York City today.

New York City Health + Hospitals have a long history of working to improve the health of women and children and pregnant persons in the City. As you are aware, our patients are often un or under insured

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 49 1 2 and may come from underserved neighborhoods. Thereby 3 necessitating a more urgent need for attention. 4 For over 10 years, Bellevue Hospital has served as the New York State Department of Health Regional 5 Perinatal Center for New York City Health + 6 7 Hospitals. As a Regional Perinatal Center, 8 Bellevue's responsibilities include monitoring 9 quality metrics from across our system holding educational events for Health + Hospitals perinatal 10 11 staff accepting transfers for complex and higher 12 equity patients from the other 10 Health + Hospital 13 facilities and providing 24 hour specialty and subspecialty consultation services as well as patient 14 15 transport. 16 The Regional Perinatal Center conducts onsite 17 visits to the other facilities within Health + 18 Hospitals to review cases and conduct quality 19 reviews. 20 In 2013, Health + Hospitals joined the American 21 College of Obstetrics and Gynecology Safe Motherhood 2.2 Initiative, which implemented standardized 23 intervention to reduce adverse events related to sever hypertension in pregnancy, prevention of 24 25 thromboembolic events of pregnancy, meaning of

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 50 prevention of life threatening clots. Which can be caused by deep vein thrombosis or pulmonary emboli and managing severe life threating maternal blood loss or maternal hemorrhage.

6 The three leading causes of maternal mortality at 7 the time. And still, among the top causes of 8 maternal mortality. In fact, at the time, New York 9 City Health + Hospitals was recognized by ACOG 10 District II as the only health system in New York 11 State which had every hospital in its system 12 participating in the safe motherhood initiative.

13 In 2014, New York City Health + Hospitals established the Institute for Medical Stimulation and 14 15 Learning, also known as iMSAL, where we prepare for 16 real life threatening events. We developed simulated 17 scenarios in obstetrics and other clinical areas, so 18 that our provider and nursing teams can practice the 19 skills necessary to respond to these rare events. 20 Those rare events were a quick and correct response 21 can make the difference between life and death.

For obstetrics, we have simulations in shoulder dystocia, a revised and improved maternal hemorrhage stimulation course and when to respond to cardiac arrest in pregnancy. Our stimulation course to

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 51 1 manage severe hypertension in pregnancy will begin 2 3 once our hemorrhage stimulation has been completed. 4 We anticipate this will be late 2021. The implementing of obstetric stimulations, we have seen 5 an improved response in these occurrences and a 6 7 reduction in medical malpractice indemnities paid. 8 In 2015, all 11 hospitals the Health + Hospital 9 system joined the Greater New York Hospital Association Depression Collaborative, which was part 10 11 of New York City Thrive and implemented perinatal 12 depression screening as part of the prenatal, 13 postpartum and new born visits. 85 percent of people 14 who screened positive for depression work method 15 directly to care. In 2018, New York City Health + Hospitals 16 17 invented Reliance, an online educational course that 18 provides assessment based personalized learning and is accepted by the American Ford of Obstetrics and 19 20 Gynecology for maintenance of license insured certification. 21 Health + Hospitals invested in Reliance to 2.2 23 increase the clinical knowledge and judgement of our provider team, adopt best practices, improve teamwork 24

and communication, decrease variation among

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 52 1 clinicians and reduce clinical errors. 2 Thereby 3 reducing the number of obstetrical adverse events. 4 Reliance is now required for attaining and maintaining privileges in our perinatal services. 5 Also, in 2018, Health + Hospitals partnered with 6 City Hall and DOHMH to begin implementing a 7 8 comprehensive quality improvement program, to improve 9 the care of pregnant persons and focus on reducing preqnancy related morbidity and mortality for persons 10 11 of color. In our maternal medical home, also known as MMH, 12

13 care coordinators and social workers provide enhanced support and wrap around services for pregnant persons 14 15 who are at risk for undesired pregnancy outcomes due 16 to medical, behavioral health or social determinants 17 of health factors. The maternal medical home 18 provides health education and encourages self-19 efficacy. It helps build trusting and lasting relationships between the patient and the MMH team, 20 as well as between hospitals and community-based 21 organizations. It helps standardize obstetric 2.2 23 screening and assessment across the New York City Health + Hospitals system and it connects patients 24 with needed resources and services. 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 53 1 The maternal medical home also encourages and 2 3 facilitates patient autonomy for patients in their 4 prenatal care and birthing experiences. As I previously mention in the stimulation 5 program, it trains the OB healthcare team to manage 6 7 the top three causes of maternal mortality, cardiovascular collapse, acute life threatening blood 8 9 loss, also hemorrhage and severe hypertension. The Interval Pregnancy Optimization Program helps 10 11 to improve maternal health by training primary care 12 providers to ask patients specifically about 13 pregnancy intensions. The patient is asked whether 14 they are planning to become pregnant in the next 15 year. If yes, they are referred for preconception counseling. If not, they are referred for effective 16 17 contraception of their choice. 18 Our Mother, Baby Coordinated Visit Program aims 19 to increase adherence to the postpartum visit by 20 having the patients postpartum visit scheduled with the babies pediatric visit. 21 In terms of addressing implicit bias, this is a 2.2 23 priority at New York City Health + Hospitals. Health + Hospitals has conducted implicit bias training for 24 our board of directors and for medical and 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 54 1 operational leaders in all 11 of our facilities plus 2 3 our Gotham sites with perceptions institute. We have also worked hand-and-hand with DOHMH to 4 provide training sessions to the Maternal Hospital 5 Quality Improvement Network OR MHQIN. Which you 6 7 heard my colleagues Ms. Raboni discussed. 8 The MHQIN is a comprehensive partnership between 9 DOHMH and 14 New York City maternity hospitals to address the root causes of persistent racial and 10 11 ethnic disparities in maternal mortality and severe 12 maternal morbidity with emphasis on the importance 13 and the how to of setting up quality improvement 14 process in their department. 15 With DOHMH support, MHQIN integrates reviews of all cases of obstetrical hemorrhage in ICU admissions 16 17 into OB Department Quality Improvement Prophecies. 18 MHQIN hospitals also provide data back to DOHMH to

19 inform future population based strategies to address
20 these conditions.

21 New York City's Health + Hospital's Community 22 Care Program ensures that pregnant women have access 23 to the highest quality care in a home setting. This 24 includes but is not exclusive for anti-partum 25 assessment and instruction, teaching and support for

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 55 1 breastfeeding and supporting care of infants who are 2 3 at high risk for neonatal morbidity or mortality. 4 As part of the New York City's Birth Equity Initiative, Health + Hospitals partnered with DOHMH 5 and the Centering Healthcare Institute to launch 6 7 censoring pregnancy and evidence-based group Prenatal Program at New York City Health + Hospital Elmhurst 8 9 Hospital. Although further research is needed, there is evidence that centering pregnancy can improve 10 11 maternal and infant health outcomes including preterm birth reduction in certain populations. Centering 12 13 encourages greater patient engagement during the prenatal experience. The program features group 14 15 pregnancy visits with a provider networking with 16 other pregnant women, group discussions and prenatal 17 wellness and education classes on nutrition, stress 18 management and breastfeeding.

All pregnant women are eligible to participate in a group care sessions and are asked to join the group during their initial prenatal visit unless the pregnancy shows signs of being already or becoming very high risk. The sessions begin at about 16-20 weeks gestation and occur with the same frequency as routine prenatal care visits.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 56 1 Midwifery services are offered throughout New 2 3 York City Health + Hospitals to improve patients 4 experiences. New York City Health + Hospitals employs over 70 midwives across the system and is the 5 largest employer of midwives in New York City. 6 7 Patients may access Doula services through our relationship with community-based organizations. 8 9 Patients who request Doula services are referred to community providers including Brooklyn Perinatal 10 11 Network, By My Side, Caribbean's Women's Health 12 Association, Bronx Rebirth and [INAUDIBLE 1:05:30]. 13 Over the last three years, we have made many referrals for Doula support for patients and are 14 15 looking to expand these referral services. 16 In conclusion, we would like to thank the Council 17 for its support of Health + Hospitals to improve the care and outcomes for the women we serve. I am happy 18 to answer any questions. 19 Thank you. COMMITTEE COUNSEL: Thank you so much for your 20 21 testimony. At this point, we will be moving to 2.2 Council Member question and answer. Chair Rosenthal? 23 CHAIRPERSON ROSENTHAL: Great, thank you. Thank you so much and thank you all for your testimony and 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 57 obviously all your care and your dedication to addressing this crisis.

I am going to start with the maternal, the DOHMH Maternal Hospital Quality Improvement Network. I am wondering if you can tell us a little bit about the impact of that and whether or not the Mayor has committed to continue the funding for it in the coming fiscal year and beyond?

ESTELLE RABONI: Thank you so much Chair 10 11 Rosenthal for your question. The impact is being measured in terms of, it is very early in this 12 13 process. We are conducting these trainings, most recently we conducted with 13 hospitals and what we 14 15 have seen is qualitative research, qualitative 16 information, which suggests that first acknowledging 17 that there is implicit bias in the hospital institution or the facility. There is bias among 18 19 providers and recognizing what those biases are. 20 Recognizing that a White presenting physician may have a bias towards someone who does not look like 21 2.2 that person and acknowledging that that needs to 23 change and that the interaction that that patient has with the hospital is likely to be compromised in some 24 25 way.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 58 1 2 Some of the qualitative research has shown that 3 there is overwhelming support to integrating a lot of 4 the changes and the perspectives found in the implicit bias training and that has been 5 operationalized and we are starting to roll that out. 6 7 Up to this point, we have trained 700, both clinical and non-clinical staff on all levels from leadership 8 9 to administrative staff and midwives as well as others and with regard to funding, we are committed 10 11 to this work. We know that this is important work. This is what we need to do in order to change bias 12 13 that is being performed in all the spaces in which Black and Brown pregnant people are in and we are 14 15 moving forward with that. 16 CHAIRPERSON ROSENTHAL: Are you saying that the 17 Mayor is committed to the funding for this? 18 ESTELLE RABONI: I am sorry, the beginning of your question dropped out. 19 20 CHAIRPERSON ROSENTHAL: Sure, sure. So, my 21 understanding is the funding ends this year. The 2.2 money is not in the budget for Fiscal Year, it would 23 be '22. Has the Mayor committed to keeping the money in the budget or adding now money to the budget for 24 the continuation for this program? Or do you feel 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 59 1 2 that the work that you have done, that you have 3 completed so far has taken care of this issue? 4 ESTELLE RABONI: No, I think the work needs to 5 continue and certainly the Department of Health has that commitment. It is a core value of the 6 7 Department of Health to improve maternal health 8 citywide. 9 CHAIRPERSON ROSENTHAL: Can you confirm that they will continue the funding? Have you put in a request 10 11 to the Mayor's Office for funding for the network 12 program and have they already said yes? Was the 13 money put in the November plan? Is it expected to be put in the January plan? It's just yes or no and no 14 15 shade, whatever the answer is on you. 16 ESTELLE RABONI: We have put forward that we want 17 to continue this work. I don't have any other 18 information, whether or not -19 CHAIRPERSON ROSENTHAL: It's put in the budget 20 though, right? It's not in the budget? Can you 21 confirm the funding is not in the budget for Fiscal Year 2022? 2.2 23 ESTELLE RABONI: I don't have the answer to that Chair Rosenthal. I apologize. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 60 1 2 CHAIRPERSON ROSENTHAL: Do you think you can text 3 somebody and ask them to get the answer to that 4 before the end of your time as a panelist? 5 ESTELLE RABONI: I will certainly do that. CHAIRPERSON ROSENTHAL: Great, thank you. 6 I will 7 come back for the answer to that. Second question is, can you tell us one or two, you said the M3RC 8 9 with an instituted formerly in 2017, can you tell us one or two findings from the most recent M3RC meeting 10 11 that has led to and what the tangible change is that 12 you have made in the way care is provided for Black 13 pregnant people? 14 ESTELLE RABONI: Much of the findings are 15 actually being operationalized in the programs that 16 we have now, so I terms of MHQIN changing hospital 17 cultures, changing providers, making sure that both 18 providers and community stakeholders are aware of the 19 CHAIRPERSON ROSENTHAL: Right, forgive me for 20 interrupting. We just have so many people who want 21 2.2 to testify. I think I didn't articulate the question 23 the right way. In the M3RC Committee meetings, it is my understanding that you take a specific case, in 24 25 other words, you go through the example of a

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 61 situation where a physician who was caring for in this case, a Black pregnant person and the Black pregnant person died and you go through exactly what happened and you learn from that to change something for the better.

7 Can you tell us about, not with the names or no 8 privacy you know, indicating information but 9 something you learned, one thing that was learned 10 from the most recent M3RC Committee meeting. It 11 could be hospital specific. It could be physician 12 specific. That's fine but I just want to hear what 13 it is.

14 ESTELLE RABONI: I would say with regard to that, 15 I think it was mentioned by one of the Council 16 Members. One of the largest issues is listening to 17 Black and Brown pregnant people when they air 18 concerns and taking those concerns very seriously. That initial interaction between provider and a 19 pregnant person is very important because if their 20 21 concerns are dismissed, they are unlikely to go back to that provider or to raise additional concerns. 2.2 23 CHAIRPERSON ROSENTHAL: I mean, that's a hell of a finding. It's a hell of a finding and you said you 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 62 1 have trained now 700 medical professionals. How many 2 3 more need to be trained? 4 ESTELLE RABONI: Our goal for this year was 1,000. We did have a little bit of loss in momentum 5 when the pandemic hit because originally all of our 6 7 trainings were in-person. 8 CHAIRPERSON ROSENTHAL: Right but how many 9 medical professionals are there in total? ESTELLE RABONI: It's the majority. I don't have 10 11 a number off the top of my head but it's overwhelming 12 it's the majority. The majority of those trained are 13 clinical people. We are trying to make a big impact 14 on those. 15 CHAIRPERSON ROSENTHAL: Do you do follow-ups in 16 the M3RC to learn whether or not in fact behavior has 17 changed? 18 ESTELLE RABONI: Yes, the relationship is long-19 term. We don't just provide a training and then leave those people trained. We follow up and then we 20 21 operationalize a plan on how can we make changes 2.2 within the system to change outcomes. 23 CHAIRPERSON ROSENTHAL: Alright. Local Law 914 of 2018 codified the M3RC and expanded on maternal 24 mortality reporting requirements. Would it make 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 63 1 2 sense for the M3RC to share an annual report? Why or 3 why not?

4 ESTELLE RABONI: Thank you Chair Rosenthal. Ι The fact is that the 5 understand the question. timeline from maternal death to M3RC review actually 6 7 meets the gold standard for timeliness according to the CDC guidelines for maternal mortality review. 8 9 And it is the result of the time required for case ascertainment, collection of medical and other 10 11 relevant records and case abstraction and case 12 review. I recognize that every maternal death is a 13 tragedy and we agree. However, it is a very rare event and unfortunately it requires time for us to 14 15 see changes.

16 CHAIRPERSON ROSENTHAL: So, last year I think it 17 was, 26 women died in childbirth. The ratio of 8 to 18 1. Eight Black women died for every one White woman. How many of the cases of Black women who died went 19 20 through a quality review whether or not it rises to 21 the level of an M3RC or just a basic quality review? How many of those cases for the Black women? 2.2 23 ESTELLE RABONI: I would have to take a look. Ι don't have the answers to that. I know that we 24 receive information of maternal deaths and we look

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 64 1 2 into those and that becomes part of the conversations 3 with the M3RC but I don't have that information. Ι 4 would like to ask my colleague Dr. Wilcox, who does sit on the M3RC if she could answer that question. 5 DR. WENDY WILCOX: Sure, thank you Ms. Raboni and 6 7 Chair Rosenthal. So, all of the maternal deaths are 8 reviewed as a group and a death is any death with 9 temporal proximity to a pregnancy of a year. So, for 2018, not just the women who died in the 10 11 hospital, the women who died at home or in other 12 locations within a year of a pregnancy, no matter how 13 far along are all put in a cohort and then reviewed. This year, we are reviewing deaths from 2018. 14 15 Because it takes that long to you know, have someone 16 abstract the charts, so that things are identified 17 and no personal information is known to any member of the group. Only the person who abstracts the chart 18 knows the actual details of the nonclinical and non-19 circumstantial details of the deaths, everything is 20 21 to be identified. The group then comes up with 2.2 recommendations and I would say that as we go through 23 the review of the deaths, the recommendations are collected and what you find is similar 24 25 recommendations being made along the way.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 65 1 2 The way that CDC has set it up and the M3RC follows the CDC guidelines, those guidelines, is to 3 4 come up with recommendations whether it is on a hospital level, a provider level, a patient level, a 5 city level. And then the how to is kind of sorted 6 7 out and then people have to work on that. I would say the deaths are often incredibly complex. We find 8 9 I would say, you know, how the CDC says communication is the number one cause for adverse events in the 10 11 clinical realm. Communication whether its from where 12 someone received prenatal care to the hospital and 13 then from the hospital to other specialties or from the hospital to other entities. We frequently are 14 15 coming up with recommendations that involve improving 16 communication between all of the different entities. CHAIRPERSON ROSENTHAL: Got it, thank you. You 17 18 know, I think one of the things that everyone is 19 talking about is the fact that - is the fact that you 20 know, these deaths are preventable. According to the 21 CDC, it is 3 out of 5 are preventable. 2.2 When we look at New York City, it is clear we 23 have a segregated hospital system, right. Where the big network hospitals, New York Presbyterian, Mount 24 Sinai, etc. You know, are not taking the patients 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 66 1 2 who they should take. Would it be possible for the 3 City, have you considered requiring these hospitals 4 as part of your affiliate contract for example, to take more prenatal, more Black pregnant people for 5 prenatal and postpartum care? 6 7 ESTELLE RABONI: I would have to -CHAIRPERSON ROSENTHAL: It is my understanding 8 9 that the City can order hospitals to care for more Black and Brown patients or take away some 10 11 privileges. ESTELLE RABONI: Thank you Chair Rosenthal for 12 13 your question. I think we would certainly take that 14 under consideration. Currently -15 CHAIRPERSON ROSENTHAL: Is it part of the discussion in any meetings that you have been in? 16 17 ESTELLE RABONI: I would like to defer to Dr. 18 Wilcox if that has been part of any discussion. 19 CHAIRPERSON ROSENTHAL: Wow, I mean, I really 20 have to say that's heartbreaking. New York City, I 21 mean, I have been working, thinking about those affiliate contracts since I worked under the Koch 2.2 23 Administration. You have so much leverage under those affiliate contracts. Your hospitals provide 24 25 the patients for these medical students. So, the

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 67 1 2 fact that the City according to what your knowledge 3 is has never used this opportunity to require the private hospitals take the affiliate hospitals do 4 5 more prenatal and postnatal care never? I will move 6 on. 7 ESTELLE RABONI: I would have to - Chair Rosenthal, thank you. I would have to go back to my 8 9 colleagues as this is not work that falls under my bureau but I can take this question to my colleagues 10 11 and -CHAIRPERSON ROSENTHAL: Yeah, I would love to 12 13 hear from the legal team on this and I see you taking notes Director Ebanks. I appreciate you, it's a 14 15 perfect sort of overview question. I appreciate your 16 following up on this, I really do. 17 Last set of questions, given that Black women are 18 eight times more likely to die from pregnancy related 19 cases than White women and three times more likely to have a life threatening complication, I am interested 20 21 to know if you plan to extend the pilot project you 2.2 mentioned with three hospitals to conduct the quality 23 improvement reviews. Whether or not you plan to extend that to eleven hospitals now? 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 68 1 2 ESTELLE RABONI: Yes, thank you Chair Rosenthal, we do. This cohort is just the first cohort. 3 The 4 plan was always to expand to all the maternity hospitals. Our initial attempt was to use the 5 limited resources that we have to impact those 6 7 hospitals that are responsible for [LOST AUDIO 8 1:23:53] among Black and Brown pregnant people. 9 CHAIRPERSON ROSENTHAL: Should I ask you which those three hospitals are? Is that public 10 11 information? ESTELLE RABONI: I would have to get back to you 12 13 on that. I am sure I have it here. 14 CHAIRPERSON ROSENTHAL: If it is public 15 information, by the end of your time as a panelist, I 16 would love to hear the answer to that. I am going to 17 turn it back to my colleagues - or to the Moderator. 18 Thank you very much for your testimony. 19 ESTELLE RABONI: Thank you. COMMITTEE COUNSEL: Thank you so much Chair 20 Rosenthal. We will now move to Chair Rivera and 21 2.2 Chair Levine if they have questions before moving to 23 other Council Members. CHAIRPERSON RIVERA: Thank you so much for your 24 25 testimony. Just a few questions because I do realize COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 69 the time and we have many people waiting to testify whose I think experiences, stories and testimony are important to get on the record.

5 I guess I will start with Health + Hospitals or 6 anyone can really answer this question and I want to 7 ask a little bit about kind of where we are right now 8 during this pandemic. So, how do Health + Hospitals 9 currently admit birth workers such as Doula's to pre-10 and postnatal visits during deliveries?

DR. WENDY WILCOX: Thank you Chairperson Rivera. So, during the first surge, all patients visitation at New York City Health + Hospitals was suspended with a few exceptions including for a visitor of a woman in labor, an infant in the neonatal ICU or pediatric patients.

Doula services during this time became very innovative and provided services virtually. Our current policy follows New York State's guidance, which is that patients may have one support person during labor and a Doula when the patient has a Doula.

23 CHAIRPERSON RIVERA: I will ask you about those 24 guidelines in a second. What certification and

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 70 testing requirements are in place for birth workers during the pandemic?

4 DR. WENDY WILCOX: I am so sorry; I am not 5 understanding. What - please rephrase.

6 CHAIRPERSON RIVERA: Sure. For birth workers and 7 during the pandemic, how are you offering services 8 certification to make sure that they can continue to 9 do their work to make sure that we can get people 10 continuously certified during the pandemic, so that 11 they can continue to provide these services?

DR. WENDY WILCOX: To my knowledge, there is no certification for Doula's. We certainly, as I said in my testimony refer to our community-based organizations. We refer patients to them for Doula services and our patients obtain Doula services through the community-based organizations. We do not employ Doula's.

19 CHAIRPERSON RIVERA: What I mean is certification 20 requirements to enter the hospital.

DR. WENDY WILCOX: So, again, a patient may enter with a support person. Our admitting procedures are made aware to the people at the front desk as well as our patients are available on our website. So, patients are aware that they are allowed a support

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 71 1 person when they come in for their birthing 2 3 experience and the Doula may come with the patient. 4 CHAIRPERSON RIVERA: Understood. I ask because laying the ground work for consistently positive 5 relationships between hospitals and birth workers is 6 7 critical as you mentioned in your testimony. So many Doula's have shared with us that they have been 8 9 turned away or been told that hospitals would only accept certification from certain organizations. 10 11 So, how can we work with hospitals to ensure that 12 birthing persons are not in a position where they are 13 chosen and often paid out of pocket, Doula will not 14 be turned away when they need them the most. 15 DR. WENDY WILCOX: So, as you are aware, the 16 patients sometimes do not have means and so, 17 certainly our expectations when we refer is that 18 patients without means will be provided with you 19 know, Doula services that are compensated in other 20 ways and we refer, like I said, patients to these 21 organizations that will help provide these services for our patients. 2.2 23 CHAIRPERSON RIVERA: I will ask about the

24 organizations in a second as well. It is just that 25 some hospitals require some certification, others

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 72 1 It has been very unclear and I realize these 2 don't. 3 are unprecedented circumstances but in regards to what you mentioned on state policy, how can - may be 4 this is for the Department of Health. How can 5 pregnant people and birth workers currently find 6 hospitals visitation policies, both for support for 7 family members, familial support and birth workers. 8 9 How do New York City hospitals communicate state guidance on visitation policies and can you clarify 10 11 why the state guidance on visitation policies has resulted in different policies in different 12 facilities? 13 14 DR. WENDY WILCOX: I will just answer for New 15 York City Health + Hospitals, our visitation policies 16 are on our website and also during the care that we 17 give our prenatal patients, the providers and nursing 18 staff will let the patient know what our policies 19 are. 20 CHAIRPERSON RIVERA: Does Department of Health have anything to add? I just want to be clear. 21 So, 2.2 you are saying it is in-person to the patient and it 23 is online? 24 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 73 1 2 ESTELLE RABONI: That's correct and I believe it 3 was also in the New York State website as well when 4 the executive orders were established. CHAIRPERSON RIVERA: And you know, I just want to 5 emphasis Council Member Farah Louis, Co-Chair of the 6 7 Women's Caucus mentioned how there is a digital 8 divide, not everyone has access to internet and so, 9 having those conversations in different ways is really important and mentioning specifically Brooklyn 10 11 and I know there are amazing organizations that have 12 been doing this work for a very long time. Brooklyn 13 Perinatal Network is certainly I know a partner of 14 yours. 15 So, despite all the efforts made by DOHMH and H+H 16 and other hospitals, we are still seeing the 17 disparate maternal health outcomes and there are 18 those long standing CBO's working to address these 19 outcomes and they are pillars of our community as we 20 all know. How has the Department of Health partnered with these CBO's and actively engage with them to 21 2.2 continue to improve our efforts to save lives? 23 ESTELLE RABONI: We engage with many community stakeholders because we recognize the expertise in 24 25 the community. So, to Dr. Wilcox's point, we do work COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 74 with you know, community-based Doula programs in New York City such as By My Side, Birth Support Program. We do work with other you know, community stakeholders to improve the quality of service to pregnant people.

7 CHAIRPERSON RIVERA: Okay, do you believe that 8 there are enough resources for pregnant women in New 9 York City?

ESTELLE RABONI: I think there could be more 10 11 services certainly, as I mentioned, we are trying to 12 concentrate the resources that we do have on those 13 hospitals that manage the highest number of births among Black and Brown pregnant people but of course 14 15 there could always be more and there could be more 16 coordinated communication and information sharing, so 17 that more people are aware of what services are 18 available to them.

19 CHAIRPERSON RIVERA: And you know, during the 20 pandemic, I feel like with the strain on our hospital 21 system, patient advocacy is very, very important and 22 that's why I was so committed to making sure that the 23 visitation guidelines were changed or really amended 24 to make sure that people felt like they had that 25 support.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 75 1 2 I am a little torn on whether we have enough resources. I don't think that they are there. I 3 4 just feel like the evidence is clear, whether qualitative or quantitative and it's systemic and it 5 has been going on for a long time. What resources 6 7 does a pregnant person have if they do not feel like they know how to navigate the medical system or they 8 9 experience complications and they do not feel like they are being heard? 10

11 ESTELLE RABONI: Chair Rivera, I understand the 12 passion behind your question. There are services 13 within the City. We also have other programs that advocate on behalf of pregnant people. For instance, 14 15 the Health Department regardless of the pandemic, 16 continues to support vulnerable families and new 17 families through our Newborn Home Visiting programs, 18 as well as the Nurse Family Partnership program and serving thousands of families every year to make sure 19 20 that pregnant people and postpartum people have all 21 the services that they need to raise healthy and 2.2 happy children, as well as to maintain maternal 23 health.

There are other programs throughout the City that support people. Can we have more services? COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 76 Absolutely and more coordinated services and more coordinated communication of services. But to your point, it takes time to change hospital culture and that's what we are trying to do. So, we need long term investment to change what's going on.

7 CHAIRPERSON RIVERA: And in speaking of those 8 services, Doula's and midwives, I think we could all 9 agree improve maternal health outcomes full stop.

Can Health + Hospitals just give an update about - I know there was some in the testimony and I appreciate the length of your testimony. Can you provide an update about on how you are working to improve access to midwives within the hospital system?

16 DR. WENDY WILCOX: So, midwives are at all of our 17 facilities, except for three. Certainly during the 18 initial prenatal visit, a patient a lot of screening 19 is done, some of which is clinical and certainly if 20 someone from a clinical standpoint can have you know, 21 is eligible for midwifery services, then they are 2.2 referred at that site. As well as if a patient would 23 like midwifery services and does not have it at that particular facility, they can certainly access it at 24 25 another open hospital facility.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 77 1 2 CHAIRPERSON RIVERA: I am sorry, I didn't 3 understand the last part. They can go to a different 4 hospital. DR. WENDY WILCOX: Within Health + Hospitals. 5 We can help facilitate that. 6 7 CHAIRPERSON RIVERA: There are three of them that do not have the services. Can you tell me why? 8 9 Where are those hospitals? DR. WENDY WILCOX: It really is just a way that 10 11 the Department of Obstetrics and Gynecology just evolved over time. 12 13 CHAIRPERSON RIVERA: Okay, so you are saying that there are reasons for why there are no midwifery 14 15 programs in these hospitals? What are the factors 16 that would lead to that decision ultimately? 17 DR. WENDY WILCOX: I don't necessarily think it was an intentional decision. Just over time there 18 19 were some departments, three out of eleven that just 20 do not have midwifery services. 21 CHAIRPERSON RIVERA: But you are not sure why? I 2.2 am sorry, I am just really want to clear that up. 23 DR. WENDY WILCOX: I am not sure that there was actually a definite plan. We certainly think that is 24 just the way the department has evolved. Throughout 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 78 1 2 Health + Hospitals, there are more than 70 midwives, 3 includes of a full-time, part-time and peridium 4 employment status and again, Health + Hospitals is the largest employer of midwives in New York City. 5 CHAIRPERSON RIVERA: Are there expectations to 6 7 expand that program given the crisis? 8 DR. WENDY WILCOX: Expand what program, excuse 9 me, sorry. CHAIRPERSON RIVERA: To expand those services. 10 11 DR. WENDY WILCOX: Midwifery services? CHAIRPERSON RIVERA: 12 Yes. 13 DR. WENDY WILCOX: So, in a lot of our facilities, midwifery services compliments the full 14 15 breath and depth of obstetrical services that are 16 offered at the facility. 17 CHAIRPERSON RIVERA: And I ask because also at a 18 January 2020 hearing, that I Chaired, Dr. Katz shared 19 that Health + Hospitals partnered with Department of Health at the Mayor's Office to begin implementing a 20 21 comprehensive maternal care program. 2.2 DR. WENDY WILCOX: Yes. 23 CHAIRPERSON RIVERA: In that you have a focus right, on identifying and responding to pregnancy 24 related morbidity and mortality for women of color. 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 79 1 2 Well, I want to just say, I know we bring up morbidities and high risk pregnancies, I think it is 3 4 important to note that we know most people who give birth are healthy but we need to focus on systemic 5 failures rather than an individuals health status. 6 So, having said all of that, can you please 7 provide an update on those efforts that Dr. Katz 8 9 mentioned. DR. WENDY WILCOX: I would be happy to, thank 10 11 you. So, the maternal medical home staff, as you know, we have embedded in maternal medical home 12 13 within our facilities and the purpose of this 14 maternal medical home staff is to really provide wrap 15 around and enhanced service for individuals and to 16 also provide screening, standardized screening so 17 that we can identify those women who maybe at risk 18 for having an adverse outcome due to medical 19 complications, behavioral health or social determinates of health factors. 20 21 Since that time, our maternal medical home staff 2.2 have seen more than 2,500 clients and made over 1,800 23 referrals to services such as Doula services, nutrition counseling, behavioral health services and 24

counseling, WIC, nurse family partnership, SNAP,

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 80 substance use, just to name a few. And our maternal medical home members have also made over 650 referrals to community-based organizations.

5 We have trained over 1,100 clinical staff in our 6 OB life support simulation course. Our OB hemorrhage 7 course is launching. The didactic sessions are now 8 underway and we intend to train the same number of 9 clinical providers to reach a saturation of about 90 10 percent trained.

11 For our pregnancy intention, that was embedded in 12 our epic electronic medical record and so, patients 13 are being asked about pregnancy intention and our newborn and postpartum coordinated visit program did 14 15 have to halt a little bit during you know for 16 infection control reasons during the height of COVID. 17 The COVID surge but those are starting to get off the 18 ground again.

19 CHAIRPERSON RIVERA: What does patient monitoring 20 and care look like from when a person first expresses 21 interest in becoming pregnant to when they are 22 postpartum?

23 DR. WENDY WILCOX: Thank you for asking that 24 question. So, from the moment a patient expresses 25 interest in becoming pregnant, she is referred for COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 81 preconception counseling. This may include her taking folic acid supplementation, general health screening and possibly changing the patients medication regime if she is on any.

Once she becomes pregnant, she may access 6 7 midwifery services, as previously discussed if health allows and if she is at one of those other facilities 8 9 and once in care, the patient receives the highest evidence based standards of prenatal care. 10 This 11 includes genetic screening, ultrasound services, other fetal testing, as well as standardized 12 13 screening and referrals when necessary. 14 CHAIRPERSON RIVERA: And I wanted to ask because 15 Health + Hospitals provided an update about a maternal depression screening initiative through 16

17 Thrive NYC.

18

DR. WENDY WILCOX: Yes.

19 CHAIRPERSON RIVERA: And what is the status of 20 this work? And I just want to add, in terms of 21 depression, mental health, we want to do this work 22 you know trauma informed and so, I would like to know 23 the status of that work for maternal depression but 24 also through entire kind of gynecological services 25 whether pregnant or not. I think asking questions

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 82 1 2 about trauma to really make sure the work is holistic 3 and comprehensive is incredibly important. So, can 4 you give us the status of that work? 5 DR. WENDY WILCOX: Sure, so the maternal depression collaborative with Thrive ended on 6 7 December 31, 2019 but really our depression screening has become hard wired into our normal and regular 8 9 processes. So, patients are routinely screened during 10 11 prenatal, postpartum and newborn baby visits. 48 12 clinic sites and 25 New York City hospitals were 13 involved. Over 36,800 prenatal women were screened. 14 Over 23,100 postpartum women were screened and 85 15 percent of patients who screened positive were 16 directly connected to care. It really is part of 17 just standardized processes and how we do business. 18 CHAIRPERSON RIVERA: No, I understand and I realize that I think all of you wake up in the 19 morning to do your very, very best and to take care 20 21 of people in hope that they feel seen and heard. 2.2 Just the stories and the experiences are just, they 23 are showing otherwise and it is leading to tragic, tragic outcomes and families devastated. 24

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 83 1 So, I want to just thank you for answering my 2 3 questions. We have many people here including Mr. 4 Bruce McIntyre who has been here for the duration of the day with his own story to share and I want to 5 thank you for your testimony. I am going to turn it 6 7 over to Chair Levine to ask question because like I said, for sake of time. Thank you for being here. 8 9 Thank you for answering our questions. CHAIRPERSON LEVINE: Thank you so much Chair 10 11 Rivera and thank you Chair Rosenthal for what's 12 already been an important and impactful hearing. 13 I want to ask a few brief questions and I will be brief about data. Because there is no way we can 14 15 measure our progress in solving this crisis unless we 16 have clear transparent and regularly reported data. 17 In fact, it is one piece of data, the horrifying 18 disparity of 12 to 1 in maternal mortality between 19 White and Black mothers which has really led to 20 unprecedented and long overdue attention to this 21 issue in the last two years with more media coverage. It has finally belatedly focused attention of the 2.2 23 public on this reprehensible disparity. So first, I would like to ask about news that I 24

think you have broken in the last day or two about

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 84 1 2 what appears to be a new figure you are using or the 3 disparity in mortality between Black and White 4 mothers in New York City. Which you are now saying is 8 to 1. I wonder whether this perhaps could be a 5 question for Assistant Commissioner Raboni. Whether 6 7 that number has or the data behind it has been yet 8 made public and if not, when we can expect that? And 9 whether we can expect regular updates on this critical statistic going forward? 10 11 ESTELLE RABONI: Thank you Chair Levine for your

question. Yes, the data that says that Black women are 12 times more likely to die from a pregnancy related death is actually from the 5 year report that spans 2006 to 2010. The most recent report that spans between 2011 and 2015 actually shows 8 times more likely. Still concerning in terms of the disparity but heading in the right direction.

Our next report is scheduled to be released in I believe it is 2021 and we are looking forward to seeing if there is a downward trend, to see if there is an improvement in that respect.

CHAIRPERSON LEVINE: But Commissioner, how is that we are operating on 5-year-old data even with your update?

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 85 1 2 ESTELLE RABONI: It does take time to collect 3 information, as I mentioned previously, it takes time to abstract the cases, assess the cases, evaluate 4 them. It is a CDC best practice in terms of timeline 5 and because as tragic as maternal deaths are, it is a 6 7 very rare occurrence and so, we require having to get 8 more information and more data in order to make any 9 kind of determinations. CHAIRPERSON LEVINE: But we have all sorts of 10 11 health data in this city, which is updated yearly, 12 quarterly, monthly, in some cases, even daily. 13 Surely we can have an annual update on data which is 14 just so critical. 15 ESTELLE RABONI: I have to say again, it really is based on the science and what the best practices 16 17 are and the best practices suggest that in terms of 18 maternal mortality and severe maternal morbidity, it 19 requires some amount of time. I would love for Dr. 20 Wilcox to opine, as she is also part of these conversations as well. 21 2.2 DR. WENDY WILCOX: Thank you Ms. Raboni. Again, 23 you know the data that we are looking at is for an entire year. It is suggested that you look at them 24 not as they come in but as an entire cohort and I 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 86 1 think it has been getting faster. When we first 2 3 started, we were reviewing I don't know 2015-2016 data and so far it has been 2018. The addition of 4 the pregnancy check box on death certificates which 5 is unfortunate and morbid topic but has enabled 6 7 easier identification of persons for review. 8 So, you know it would be nice if it was an easier 9 thing to do but it is a lot and it is complicated. CHAIRPERSON LEVINE: Right but the Surgeon 10 11 General, the American Medical Association Society for 12 Maternal Fetal Medicine, they all talk about the 13 importance of regular data and they really are the 14 science authorities that we need to be listening to. 15 But I do want to move on for time and ask what the 16 data that we have is telling us about the trend. То 17 the extent to which the data you believe is 18 indicating progress or heaven forbid that we might be 19 stalling or backsliding. 20 ESTELLE RABONI: I hesitate to suggest that we 21 are making progress because again, I feel that we need to see the next cohort of data to make that 2.2 23 determination if it's a downward trend or not. Ιt could fluctuate so much within a particular year that 24

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 87 1 2 I think it would be responsible for me to suggest 3 that there is a trend at this point. 4 CHAIRPERSON ROSENTHAL: I am sorry Council Member 5 Levine, can I just follow-up. CHAIRPERSON LEVINE: Please. 6 7 CHAIRPERSON ROSENTHAL: Really nailing it questions. Are you saying - what I think I just 8 9 heard you say is that you don't know the information about whether or not the death was related to 10 11 pregnancy until the death certificate comes out and 12 so, you are waiting for that until you have the data? But even if that's true, which is mind numbing 13 because I would imagine given that the number is so 14 15 little that every death would send a red flag 16 immediately up the chain to tracking. 17 So, but even if you are waiting to review death 18 certificates, surely you can review the death certificate, you have the data from calendar year 19 20 2019 now. You have the data from calendar year '18, 21 '17, '16. So, given the data that you have for that 2.2 four year period, because I understand you know, it 23 is important for privacy to you know, not use specific figures or names in a current year. What 24 were the numbers for each of those four years and 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 88 1 2 then let other people think about patterns or 3 whatever. But what was the number of people who died 4 in 2017, 2018 and 2019? DR. WENDY WILCOX: May I just - would it be okay 5 if I just added something. I think it might have 6 7 been helpful to have an overview of pregnancy associated versus pregnancy related deaths. 8 9 CHAIRPERSON ROSENTHAL: Look, I am down with you on all of this nuance and specifics, so you can 10 11 report it the way that it is accurate. I am not 12 going into the details and I know you have the 13 medical specifics on this. I just, and I understand 14 every nuance. So, if you want to have those two 15 different categories, you know, what ever the right 16 way is to show it but surely you have the numbers now 17 for each of the last four years, no? 18 ESTELLE RABONI: We do have data which we are 19 looking at and currently doing data analysis on. 20 CHAIRPERSON ROSENTHAL: Right, no I am not asking 21 for the analysis. I am not asking for the review; I 2.2 am asking for the raw numbers. 23 ESTELLE RABONI: I don't have that information with me at this time. 24 25 CHAIRPERSON ROSENTHAL: Okay, gosh.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 89 1 2 ESTELLE RABONI: Dr. Wilcox, would you like to 3 weigh in on that? 4 DR. WENDY WILCOX: I just think that it is a little difficult because there are some deaths that 5 are incidental to a pregnancy that really have 6 7 nothing to do -CHAIRPERSON ROSENTHAL: Of course and the CDC 8 9 says 3 out of 5 are related to preventable issues. Obviously that means 2 are not preventable but I just 10 am interested in the raw numbers. 11 12 ESTELLE RABONI: We can give you that information Chair Rosenthal. 13 14 CHAIRPERSON ROSENTHAL: I mean, that would be 15 great. Maybe by the end of - if staff are watching now, if they could send that over to you and put a 16 big old foot note on it with the nuance. 17 That's 18 important to put on but I would imagine you could 19 have that information from your staff before this 20 panel closes. Chair Levine, I am so sorry to have 21 interrupted you. CHAIRPERSON LEVINE: Not at all Chair, those are 2.2 23 excellent follow-ups. I want to ask similarly about data on underlying conditions, which we know 24 contribute to mortality and morbidity in birth, in 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 90 1 2 childbirth. Here again, there are enormous racial disparities driven by a variety of environmental 3 4 factors from lack of equal access to healthy food to broader stress arising from racism in society. 5 Do you have data on the prevalence of such conditions 6 7 and people giving birth in New York City. For 8 example, rates of diabetes that we could compare 9 across various racial and ethnic groups? ESTELLE RABONI: Thank you Chair Levine for your 10 11 question. It is safe to say that what we are 12 concentrating a lot of our work in, in the Health 13 Department are the same neighborhoods that have multiple health indicators that are fairly negative. 14 15 Whether it is diabetes or hypertension or maternal 16 health outcomes during pregnancy. These are 17 neighborhoods that been historically tested that have 18 been impacted by racism. We are doing everything 19 possible to mitigate the effects of that racism and 20 disinvestment.

21 COMMITTEE COUNSEL: Estelle Raboni, I am so sorry 22 to interrupt. We are getting a bad audio feed from 23 you. It is almost skewed, so we are going to try to 24 mute you and unmute you again. It wasn't happening 25 earlier but it started now.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 91 1 2 ESTELLE RABONI: Can you hear me? 3 COMMITTEE COUNSEL: We can. There is some 4 feedback, it sounds like you are under water with the 5 microphone. ESTELLE RABONI: Should I log out and log back 6 7 in? 8 CHAIRPERSON LEVINE: Yes and while you are 9 perhaps - while you are dealing with that technical issue Commissioner perhaps I could just follow-up 10 11 with Dr. Wilcox. The Commissioner very accurately stated the broad conditions which are leading to 12 13 these inequalities but my question is whether we are collecting data. If we knew for example that certain 14 15 groups of people coming in to give birth had higher 16 rates of diabetes, that would indicate a real problem 17 related to medical risk at birth and we could track that over time. 18 19 It would be one indicator of progress that 20 perhaps we could have real time because it doesn't 21 have the complexity that tracking birth certificates 2.2 does. Are we collecting data on underlying 23 conditions in people giving birth in New York City

24 and what is it telling us over time?

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 92 1 2 DR. WENDY WILCOX: I do think Ms. Raboni would be 3 better to answer that. However, I will let you know 4 from being a member of the Committee what I have seen 5 and also, from being one of the authors of the maternal mortality report from 2006 to 2010. One of 6 7 the authors of the New York City Department of Health Report and what that showed was over 50 percent of 8 9 the women who died had one and or more, it was greater than 50 percent. One and or more preexisting 10 11 conditions, inclusive of hypertension, diabetes, 12 asthma, obesity, etc. I think it was upwards of two-13 thirds. And so, we do know that these chronic 14 conditions do predispose to poor outcomes at deliver. 15 Certainly, these are all examined in a process of the 16 review and these also appear in the reports. 17 So, in the last report and in the upcoming report 18 as Ms. Raboni stated that data should be in there. 19 CHAIRPERSON LEVINE: Right, I understand but can you tell us for example, so far in 2020 whether there 20 21 have been disparate rates of such underlying 2.2 conditions in all women giving birth across various 23 racial and ethnic and demographic groups? DR. WENDY WILCOX: I am not able to give that 24 25 data.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 93 1 2 CHAIRPERSON LEVINE: Right, that would be the 3 kind of close to real time data that we could look at 4 that I think would be a marker of our progress and if 5 we did see that we were closing the disparity in those underlying factors, even independent of the 6 7 tragic incidents of mortality. That would show that we are making progress at least on one front and I do 8 9 want to move on but just lastly along those lines, do we have data and methods that we know help solve this 10 11 problem? 12 For example, can we track our progress in 13 increasing the number of mothers, birthing people who have Doula or other birthing assistance and again, 14 15 track whether that the gap is closing amongst 16 different groups? 17 DR. WENDY WILCOX: Again, I would have to refer 18 that to my colleague Ms. Raboni to talk about 19 citywide data. However, to tie back your question as 20 to why we thought the Maternal Medical Home was so crucial is because and that model was based off of 21 2.2 the medical home that was created in internal 23 medicine for chronic diseased patients such as HIV care or diabetic care. 24

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 94 1 2 So, the Maternal Medical Home really was 3 fashioned over that model, which said that if we have 4 patients who we realize may be a little bit more 5 complex to care for, let's put an extra layer of support in there both for the patients sake, to make 6 7 sure that that patient has someone to reach out to and to talk to and to make sure that she gets tied 8 9 into Doula care.

But also, to all the other services she may need, such as enhanced nutrition, whether it is through SNAP or WIC. You know, housing, legal services, nutrition counseling, other forms of support. And so, that model of the Medical Home can be applied and is being applied currently to our prenatal patients specifically for that reason.

CHAIRPERSON LEVINE: Okay, I am going to wrap up 17 18 because we have so many colleagues and advocates 19 asking for questions but you know, the adage is that 20 if you don't measure it, you can't fix it and I think 21 we need to get transparent as close to real time data 2.2 on not just mortality and morbidity rates but 23 underlying conditions and the methods that we know can help solve this. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 95 1 2 We need that as a city and we will certainly 3 continue to advocate for that. Thank you and I will 4 pass it back to you Chair Rosenthal. CHAIRPERSON ROSENTHAL: Thank you so much Chair 5 Levine. I will now ask the Moderator to call on my 6 7 colleagues with questions for the Administration. 8 COMMITTEE COUNSEL: Thank you so much Chair 9 Rosenthal. The next Council Member with questions will be Council Member Barron. 10 11 SERGEANT AT ARMS: Starting time. 12 COUNCIL MEMBER BARRON: Good morning. How are 13 you? 14 ESTELLE RABONI: Good, how are you? 15 COUNCIL MEMBER BARRON: I am well, thank you. 16 Just a few questions. We talked about most recently 17 in the questioning here about the lag, the delay from 18 the time that we have when we get the data. Why is 19 that - most recently Council Member Levine asked, why 20 can't we get it sooner? 21 ESTELLE RABONI: Well, as I have mentioned 2.2 before, there is a standard protocol that we are 23 following from the CDC that suggests that there is a two year delay in order to track this data and to 24 25 report on it responsibly. It takes time. As I

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 96 1 2 mentioned before, as tragic as maternal deaths are 3 and they are tragic, they are rare and so, it is a 4 relatively small sample size to be assessing. 5 Of course, you know, so we are trying to follow a particular protocol in order to assess accurately. 6 7 COUNCIL MEMBER BARRON: Thank you. I have lots of questions but I am going to be quick. I think I 8 9 heard testimony that there were 3 out of 11 hospitals that have no midwifery services. Is that what you 10 11 said? Is that what was reported on the record? DR. WENDY WILCOX: [LOST AUDIO 2:03:33] Health + 12 13 Hospitals facilities that do not have midwives. 14 COUNCIL MEMBER BARRON: And can you tell us what 15 area of these 3 hospitals are located in? 16 DR. WENDY WILCOX: I do not have those 3 17 hospitals listed right now. CHAIRPERSON ROSENTHAL: I am sorry, this doesn't 18 need to eat into Council Member Barron's time. 19 Then can you read the names of the hospitals that do have 20 21 the midwifery service and we will figure it out from 2.2 there. 23 DR. WENDY WILCOX: I am so sorry; I regret to say I do not have the specific hospitals that do or do 24 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 97 1 not. Perhaps we could provide that to you after. 2 I 3 don't have it in my information. 4 CHAIRPERSON ROSENTHAL: Okay, if you could please add Sergeant a minute to Council Member Barron's 5 6 time. 7 COUNCIL MEMBER BARRON: Thank you Madam Chair and I did want to follow protocols and thank the Chairs 8 9 for having this very important hearing, Levine, Rosenthal and Rivera. 10 11 I am suspect and it's not paranoia but I am 12 suspect as to what the 3 hospitals are, why they 13 don't have it because I don't believe that it just evolved. I think that there were factors at play in 14 15 determining whether or not a particular hospital 16 would have these kinds of services. It has been said 17 that the problems are systemic and not necessarily 18 individual and I think that as we try to address these issues, we have got to make it systemic. 19 When HIV became a real crisis, when the opioid 20 crisis became touching other communities other than 21 2.2 Black communities, the City put millions and millions

of dollars into solving that problem. I understand that every life is valuable. Every life is important and I accept that and I have heard it said, well

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 98 1 2 there were only a few. There aren't a large number 3 but the percentages by which Black and Latino women 4 are disparately impacted in a negative way still needs to have the money put into address solving this 5 issue. I think that the social determinant factors 6 7 in these issues talk to the systemic racism that is prevalent and persistent to this day and I think that 8 we have got to make sure that this City puts money in 9 and not puts a cap on what we do based on what the 10 11 feds and what the state does but based on what we see the areas are that need attention. 12

13 We are talking about a massive campaign to have people understand well, yes, historically we know we 14 15 were given the guts of the hog for our sustenance but 16 now we have got to help people understand that we can 17 evolve and do better. We also understand that we 18 have this so-called deserts that don't have the nutrition. We have got to make sure that we provide 19 those kinds of forces and put the money in it. 20 I think it's about money. I think it is also about 21 2.2 social consciousness and this is the time for us to 23 make sure that we do that.

We talk about preexisting conditions. Thoseconditions are reflection of this society

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 99 1 underplaying, undermining, undervaluing Black and 2 3 Brown lives. Until we make investments large scale 4 about social programs, about health, about education and about providing jobs to people, we are not going 5 to get the results that we are looking at. 6 7 Someone else earlier in the testimony said that the health outcomes for Black women with higher 8 degrees was worse than it was for White women with a 9 basic high school degree. That's a reflection of 10 11 racism. So, it doesn't matter that you continue to 12 go on and get higher degrees and advance education. 13 It is determined by your skin color and until we face 14 that and say listen, we are going to bombard the 15 media. We are going to bombard public announcements, 16 public service announcements and help elevate 17 people's understanding of what they themselves -18 SERGEANT AT ARMS: Time expired. 19 Thank you. Until we can COUNCIL MEMBER BARRON: 20 understand that that is what we have to do to really 21 make sure of this and until we understand that this 2.2 is so important that we must have real time data. We 23 can't get data 4 or 5 years later and say, oh, well you know, 5 years ago this was happening and we 24 should have done such and such and we didn't do that. 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 100 1 2 So, we have got to make that commitment. We have 3 got to put money into this. We have got to make sure 4 that all of these issues get the financial underpinning to make them successful and get the 5 results that we need to let Black and Brown women 6 7 know that this society, because they already know it 8 in most degrees but that this society has got to 9 address that and reflect that. Thank you so much, I 10 appreciate it. 11 COMMITTEE COUNSEL: Thank you so much Council 12 Member Barron. Council Member Cohen has his hand 13 raised. 14 SERGEANT AT ARMS: Starting time. 15 COUNCIL MEMBER COHEN: Now, I am unmuted. Thank 16 you Chair's. Thank you for the testimony. This has 17 been really a fascinating hearing and highlighting 18 you know, a just serious and tragic problem. 19 This may have been discussed and maybe I missed 20 it but Doula and midwife services, are they Medicaid eligible? Anyone? 21 ESTELLE RABONI: Sorry, I am looking at my notes. 2.2 23 I would like to defer to Dr. Wilcox, yes. DR. WENDY WILCOX: Midwives are Medicaid 24 25 eligible; I believe. They are part of our clinical

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 101 1 healthcare team. They are actually employees of many 2 3 hospitals. There are private practices of midwives 4 as well. I believe Doula services, there were two 5 state trials going on to try to work out reimbursement for midwives. One in Buffalo and one 6 7 here in Brooklyn and so, I am not sure that we can answer that but there was a program through New York 8 State Medicaid that was trying to pay for Doula 9 services. Those were two pilot programs is the 10 11 wording I was looking for. COUNCIL MEMBER COHEN: But you don't know if 12 13 Health + Hospitals bills for Doula services? DR. WENDY WILCOX: Oh, we do not. They are not 14 15 employees of our hospital. We refer to CBO's and 16 they handle the Doula employment. 17 COUNCIL MEMBER COHEN: So, you don't know if they 18 get paid by - those expenses are reimbursable by -19 DR. WENDY WILCOX: There were two pilot programs where New York State Medicaid was trying to work out 20 21 how that could happen. I am not aware of the update 2.2 on those programs. 23 COUNCIL MEMBER COHEN: I know this is an old fashion notion but this problem seems maybe 24

particularly well suited for in-home visits. Like,

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 102 1 2 is there any problem and I see you nodding doctor, 3 would you talk about what is available? 4 DR. WENDY WILCOX: Thank you for asking that 5 question. So, we have through our Community Care provided at home services for our - I am looking for 6 7 the information right now. Community Care was able 8 to provide at home prenatal support, Doula services 9 and also care for neonates or newborns who were at high risk. 10 11 I am looking for the actual numbers for that 12 through Health + Hospitals. Oh, here it is. So, 13 prenatal home visits since 2018, the grand total is 602, newborn visits 13,433 and postpartum visits 14 15 12,981 for a total of 27,016. 16 COUNCIL MEMBER COHEN: The prenatal number is 17 pretty low. 18 DR. WENDY WILCOX: Yeah, we - I believe we send 19 it to complement our existing structures. We also, I 20 don't have the numbers here but we also enlisted some 21 tele-visits but I am sure you realize that you know 2.2 the gold standard is really -23 COUNCIL MEMBER COHEN: But COVID aside, it seems like you know, prenatal visits are an ideal way to 24 identify people in need of early intervention who 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 103 1 2 might need some handholding to get the services that they ultimately require. I mean, that seems like 3 4 that's got be - that seems an easy way to expand and maybe make sure people who need care get it. 5 ESTELLE RABONI: So, Council Member Cohen, we do 6 7 have that nurse family partnership at the Department of Health which does work with thousands of families 8 9 at 26 weeks of pregnancy to up to 2 years, the 2year-old birthday of the infant. 10 11 So, there is that program and has been continuing 12 even despite the pandemic. 13 COUNCIL MEMBER COHEN: Who makes the visits for 14 the Health Department? 15 ESTELLE RABONI: Excuse me? 16 COUNCIL MEMBER COHEN: Who makes the visits for the Health Department? 17 18 ESTELLE RABONI: Nurses, qualified nurses. So, 19 we actually have nurses within the Health Department 20 that conducts those visits. We also contract with 21 other organizations like Public Health Solutions, 2.2 Visiting Nurse Service and others to do that work as 23 well. COUNCIL MEMBER COHEN: Do you know how many 24 prenatal visits by nurses the Health Department made? 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 104 1 2 ESTELLE RABONI: I mean considering that we visit 3 thousands of women and families, I would say it is in 4 the thousands. I don't have that number. 5 SERGEANT AT ARMS: Time expired. COUNCIL MEMBER COHEN: I think that would be 6 7 helpful and maybe tracking you know, outcomes for 8 people who have gotten those visits versus people who 9 didn't get those visits might be very helpful to. ESTELLE RABONI: We have that information. 10 It 11 actually is a very positive outcome to have a nurse 12 family partnership or a newborn home visiting type of 13 visit, home visit in support of pregnant and 14 parenting people. 15 COUNCIL MEMBER COHEN: Thank you very much 16 Chair's. Thank you for your testimony. 17 COMMITTEE COUNSEL: This concludes Council Member 18 questions. Are there any other Council Members that 19 have questions with the Administration or would the 20 Chair's like to ask additional questions? Chair's Rosenthal, Rivera and Levine? 21 2.2 CHAIRPERSON ROSENTHAL: Thank you. I would like 23 to jump in with a few more and first start by thanking Council Member Cohen for his interest and 24 25 asking questions at this hearing.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 105 1 I want to reiterate that the point of this 2 3 hearing is accountability. The Administration is in 4 a position to address the disparity of mortality and morbidity between people of color and White women. 5 And I understand that the numbers may be small. I 6 7 understand that reimbursement is challenging but the impact of prevention. The impact of better 8 9 communication is so clearly huge that it explains the reason why we're - you know, we have had a hearing on 10 this topic in the City Council, at least one a year. 11 12 I asked a couple of questions that I just want to see 13 if you were able to get some information on. What are the hospitals that do not have midwifery 14 15 services? 16 DR. WENDY WILCOX: I am sorry Chairperson 17 Rosenthal I do not have that information. 18 CHAIRPERSON ROSENTHAL: Is it on the website to the hospitals? So, if I did some detective work and 19 20 went to - where could I find this information online? 21 DR. WENDY WILCOX: We should be able to get this 2.2 to you soon. I just, I don't have it. 23 CHAIRPERSON ROSENTHAL: Can the public access this information? 24 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 106 1 2 DR. WENDY WILCOX: I believe so. I believe on 3 each hospital website it does describe the types of 4 services each department has. CHAIRPERSON ROSENTHAL: So, they would be able to 5 see that midwife is not listed. If H+H is not 6 7 planning on bringing midwifery services to those 8 hospitals would it consider making a note on the 9 websites where there are not midwifery services that explicitly they do not exist? Or do you plan on 10 11 bringing midwifery services to all the hospitals? DR. WENDY WILCOX: I am not able to answer that 12 13 at the time. However, we will get a response to you. 14 CHAIRPERSON ROSENTHAL: Okay, thank you. I heard 15 over and over you say that the lack of communication 16 seems to be the main reason for maternal mortality 17 and morbidity. Did I hear you right? 18 ESTELLE RABONI: Yes, that is a major factor. 19 CHAIRPERSON ROSENTHAL: Yeah, can you repeat the 20 list that you identified? I just didn't get it in my notes of communication between who and who is 21 2.2 problematic? 23 ESTELLE RABONI: Well, predominantly communication between providers and the patient as 24 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 107 1 2 well as institutions and patients are problematic or 3 can be problematic. 4 CHAIRPERSON ROSENTHAL: Yeah sure. Why not institute a simple checklist like the ones that 5 6 surgeons use in the operating room. For example, at 7 the beginning of a surgery, they check to make sure that certain tools, equipment is there or people are 8 9 in the room. Why not have a checklist like that, that could be part of the medical record in your 10 11 database? I am sorry Chair Rosenthal is 12 ESTELLE RABONI: 13 the question that there should be a checklist in providers databases or? 14 15 CHAIRPERSON ROSENTHAL: Yeah, I mean, why can't 16 you have a checklist so that when anyone is in 17 contact with the woman, with the pregnant person, 18 there is a checklist of what needs to be communicated 19 or -20 ESTELLE RABONI: When we do implicit bias 21 training, we don't necessarily provide a checklist 2.2 but we do - because it is a very nuanced conversation 23 each person is unique, we do have guidance and quidelines on how to access ones own implicit bias or 24 25 personal bias and how to counteract that and to

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 108 1 2 recognize that prior to the conversation. So, it's 3 not so much of a checklist to ensure you know, a 4 particular equipment is there but rather to those biases and ensure that whatever the conversation that 5 there is a really keen sense of listening to what the 6 7 patient is asking about, responding respectfully, 8 communicating to the patient that they have rights 9 and that they should you know, be active decision makers in their care. 10 11 CHAIRPERSON ROSENTHAL: Okay, there is a kernel 12 of something in my question but I don't quite have it 13 yet. I am hearing what you are saying though and I 14 appreciate it. 15 Let's see, is the funding for the maternal 16 hospital quality improvement network in next years 17 budget? ESTELLE RABONI: It is still in discussion. 18 19 Unfortunately I don't have additional information. Ι 20 did ask my staff but the discussions are ongoing 21 regarding future funds. 2.2 CHAIRPERSON ROSENTHAL: And just to be clear, the 23 fact that it is an ongoing discussion, great. I am glad you guys are pushing for it but that means 24 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 109 definitionally it is not in the budget for the next fiscal year, is that accurate?

4 ESTELLE RABONI: I don't have that information 5 unfortunately. I don't know for certain.

6 CHAIRPERSON ROSENTHAL: For the record, it is not 7 in the budget for next year. You mentioned that you 8 would give me the names of the three hospitals that 9 were in the pilot program. Can you do that publicly? 10 ESTELLE RABONI: I was not able to get that

11 information as well but I can get it to you.

12 CHAIRPERSON ROSENTHAL: Okay, is that information 13 something you can share publicly or that I can share 14 publicly after you send it over? You can say no or 15 you can say you are going to tell me yes or no when 16 you share it with me but I am just wanting to know. 17 ESTELLE RABONI: Let me share it with you either 18 yes or no once I know for certain.

19 CHAIRPERSON ROSENTHAL: Gotcha. You mentioned I 20 think two categories of pregnancy, of maternal 21 deaths. Pregnancy related and then pregnancy 22 associated, were you able to pull out those numbers 23 for any of the prior years? 24 ESTELLE RABONI: No, I would have to follow-up

25 with you on that. That requires some work.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 110 1 2 CHAIRPERSON ROSENTHAL: Alright, thank you. I am 3 turning it back to Moderator, thank you. 4 COMMITTEE COUNSEL: Thank you Chair Rosenthal. Chair Rivera or any other Council Members, do you 5 have any questions? Chair Rivera. 6 7 CHAIRPERSON RIVERA: Oh, I would like to move on to hear from participants, thank you. 8 9 COMMITTEE COUNSEL: Thank you so much. So, I will do one last call for Council Member questions. 10 11 If there are any other Council Members that have 12 questions, if you can please use the raise hand 13 function. We are not seeing any other Council Member questions. 14 15 So, Chair Rosenthal, we have concluded the 16 Administrations testimony and we will turn to public 17 testimony and Chair's Rivera and Levine. 18 CHAIRPERSON ROSENTHAL: If I could just jump in, if I could ask the Administration to stay on the 19 Zoom. You can turn off your videos if you want and 20 just have it as background something to listen to. I 21 think the stories we are about to hear are riveting 2.2 23 and important. So, I would ask you to stay on. Thank you. 24

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 111 COMMITTEE COUNSEL: Okay, thank you Chair's. So, with this, we will now move to the public testimony portion of our hearing. Thank you very much to the Administration.

First, I would like to remind everyone that individuals will be called up in panels. Council Members who have questions for a particular panelist should use the raise hand function in Zoom to be called on and they will be called on in that order that they have raised their hands after everyone on the panel has completed their testimony.

13 For panelists, please do not use the raise hand function, you will called up in panels. Once your 14 15 name is called, a member of our staff will unmute you and you may begin your testimony once the Sergeant at 16 17 Arms sets the clock and gives you the queue. All 18 testimony will be limited to three minutes. Please note that there is a few second delay when you are 19 unmuted before we can hear you and there is also a 20 box that pops up and you need to accept the unmute 21 2.2 option.

Please wait for the Sergeant to announce that you may begin and start the clock before starting your testimony. The first panel today in order of

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 112 1 speaking will be two individuals, Bruce McIntyre III 2 and Nonkululeko Tyehemba. We will start with Mr. 3 4 McIntyre. So, Mr. McIntyre, if you are ready to 5 begin, you may begin once the Sergeant calls the clock. Thank you so much. 6 7 SERGEANT AT ARMS: Starting time. BRUCE MCINTYRE III: Thank you for having me. 8 9 This is not going to be a pleasant conversation. So, I just want to start off a little bit about Amber. 10 11 So, Amber had actually received her bachelor's 12 degree in psychology of May 2018. She wanted to 13 introduce art therapy to the youth as the youth to express themselves. Also, while pregnant, she was in 14 15 a master's program for business development. She 16 wanted to start an early life childhood program. She 17 would be walking here and receiving her masters this 18 month. So, my spouse and the mother of my son Amber Rose 19 Isaac passed away on April 21st at 12:36 a.m. at 20 21 Montefiore Hospital in the Bronx. She received the 2.2 same treatment from two different Montefiore 23 facilities. On September 21st, I am sorry 27th, we found out 24

that we were having a baby at 7:44 in the morning

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 113 1 2 exactly. We were excited and ready to become a family and we planned this for months in advance. 3 We 4 were excited to have this baby but all of this excitement went out the window during our very first 5 appointment with our OBGYN at Montefiore Moses and it 6 7 was just, it was really unsettling and it drained the excitement out of the pregnancy. 8 I remember feeling judged after our first visit 9

because we were two Black parents who were unmarried 10 11 but we had plans for marriage. But yeah, I just 12 remember feeling judged by the OBGYN and she was just 13 being mistreated by not only the doctor, not only the OBGYN's but the staff of the facilities. 14 Amber 15 complained of the lack of communication between 16 doctor's offices from the beginning of her pregnancy. 17 Amber had actually to get her mother involved on 18 numerous occasions because her mother had been a long-term employee with Montefiore for 25 years, 25 19 20 years. Amber is 26-years-old.

Amber's mother had called the doctors office more than once to speak on you know, the mistreatment of her daughter. You know, luckily my job was lenient enough for me to take Amber to her appointments. Whenever I would take her to some of her appointments

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 114 1 2 and we would get there, some of the appointments that 3 she had scheduled were not appointments at all. We would go and say that we have an appointment 4 and they would tell us oh, you have no appointment 5 set for today and then they would have to reschedule. 6 7 Amber was also an early life teacher. She taught in Harlem. She taught a group of young kids in 8 9 Harlem. Whenever the pandemic started to arise, right you know, some of the schools were the last 10 11 facilities to shutdown because they were trying to 12 soak up as much money -13 SERGEANT AT ARMS: Time expired. CHAIRPERSON ROSENTHAL: This panelist can have as 14 15 much time as he needs. Thank you Sergeant. 16 BRUCE MCINTYRE III: Thank you but yes, the 17 schools were shutting down because of COVID. This 18 was the last facility to shut down. Amber, who is pregnant right and she is feeling these changes in 19 her body. She knows that her health is 20 21 deteriorating. She is having troubles breathing as 2.2 her platelet levels are deteriorating but we don't 23 know this at this time. She is constantly having to carry children up and 24

25 down stairs in this condition. She has to travel up

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 115 and down stairs. She has to deal with children who are coming to school sick with no doctor's note and the school is allowing this, right. So, there are sick children who are rubbing their saliva on Amber, sneezing on Amber, coughing on Amber.

7 She voiced all of her concerns to her OBGYN because she felt like her safety and her health was 8 9 at risk. She would express these to her OBGYN because she was trying to get early leave. She was 10 due May 30th, May 30th was her due date. She wanted 11 12 to leave in April. She wanted to have early dismissal for April because of her conditioning. 13 14 She expressed these concerns to her OBGYN. She 15 didn't feel safe, she couldn't breathe, it was really 16 hard for her to breathe whenever she walked for a 17 while. She would have these pains in her legs and 18 instead of the OBGYN being attentive to Amber, she tells Amber, well, there are pregnant women who are 19 squatting and lifting in this office, why can't you 20 do that at work? 21

So, on Amber's FMLA forms, the OBGYN stated that Amber wanted to leave for personal reasons, personal reasons. Amber was denied FMLA by HR at her job. We had to redo the whole process. We had to resubmit. COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 116 This time we got Amber's mother involved yet again and instead of the OBGYN then being attentive to her needs, she was more or less worried about who Amber's mother was and what her relationship is to Montefiore, right.

7 And she tells Amber, well the only way that you 8 are going to get early leave from FMLA is if you see 9 a high-risk doctor. That was the only time we were 10 appointed to a high-risk doctor. Not because her 11 platelet levels were decreasing. Not because her 12 health was deteriorating. Just to get the FMLA forms 13 filled out.

We also were trying to find her a new doctor as 14 15 well. We had to seek a high-risk doctor to fill out the FMLA forms that she wanted to you know, she 16 17 wanted to leave early and back in March, right when 18 you know, the end of February, beginning of - I mean, 19 end of March. I am sorry, the end of February coming 20 into March right, telehealth was being introduced. 21 When Amber needed to be seen clearly.

Telehealth was being introduced and before her last appointment, we spoke to another OBGYN at the same facility and she told Amber that Amber - her iron was really low. So, they prescribed her iron

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 117 1 2 pills, right. They prescribed her iron pills, a 3 blood pressure monitor and told her to monitor 4 herself. That they will follow-up with her every two weeks during the Zoom meetings right and after facing 5 so much neglect and so much incompetence through the 6 7 telehealth program we decided that we wanted to hire midwives and doula's instead. People that were going 8 9 to be more attentive to Amber's needs and we found a group, right. 10

11 We sent over all of the information. We sent over all of Amber's health records, which took 12 13 forever to get back because it wasn't on the My Chart. It wasn't on My Chart; it wasn't showing up. 14 15 We finally get the records over to our midwife, right and on April 3rd is when our midwife views it and she 16 17 is so confused to why Amber had not been receiving 18 treatment and why she is being ignored and not being 19 seen.

20 We were denied a home birth due to Amber becoming 21 high risk. We tried to get into a birthing center 22 because we don't want to go to a hospital now because 23 we dealt with the negligence and these hospitals are 24 being overwhelmed with COVID patients. So, we are

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 118 1 2 thinking okay, maybe we can get into a birthing 3 center. We were also denied into a birthing center. Even with Amber having exceptional insurance 4 5 through the hospital, right. We were still going to have about \$4,000 out of pocket for a home birth and 6 7 we were willing to do it. We were willing to spend our hard earned money to get the care that Amber 8 9 needed. After previous visits, right, the OBGYN - Ambers 10 11 visits with the OBGYN, Amber's platelets were 12 dropping without her knowledge since December of 2019, since before COVID, since before COVID was 13 announced. 14 15 Then we had to find another high risk doctor. 16 This time, we went through Amber's mother's job. We 17 went to the facility that she worked at because they 18 had everything set up for us. They know about our situation; they were going to take good care of 19

20 Amber. They assured her mother they were going to 21 take good care of her. That was a lie.

Amber never even got to meet her high risk OBGYN due to the first appointment being cancelled. The doctor was, there was a subsequent appointment by phone and orders for blood were not given until April

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 119 1 10th. After receiving those results, right, the 2 3 doctor calls Amber and they tell her, your platelet 4 levels are dropping and that she was concerned about her liver enzymes as well and the doctor told Amber 5 to go to the following appointment on April 17th, 6 7 right.

We went in on April 17^{th} to get blood work drawn 8 9 for Amber. The orders weren't in the system from April 10th. Amber had to call the doctor's office to 10 let them know that the staff tried to locate the 11 12 OBGYN or another physician to call to input the order. Amber waited for over 2 hours and nothing was 13 done. I took her back home, brought her back once 14 15 they got everything collected and yet again, Amber's mother had to reach out to somebody to reach out to 16 somebody to reach out to us. 17

18 The OBGYN's neglect as well as the high risk 19 doctor, a few minutes after Amber had received the 20 call from the high risk doctor apologizing, said that 21 she didn't know why the orders weren't in the system and doesn't know why the lab staff didn't call her. 2.2 23 She gave her Amber's personal cellphone number and instructed her to go back, right. That's when Amber 24 left her last Tweet, that gained national attention 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 120 on April 17th, when she stated that she wanted to write a tell all about the incompetence and the negligence that she was facing from both Montefiore facilities. Montefiore Moses and Montefiore Einstein.

7 They called us the very next day, April 18th, 8 told us that we have to go in immediately for 9 treatment. We are thinking that we are going to be 10 in there for treatment and that they were going to 11 raise her platelets. That couple of hour visit 12 turned into okay, she needs to be here for a day, 13 okay she needs to be here all weekend.

On April 20th, Amber calls me after being in the 14 15 hospital all weekend. She is telling me that they are going to induce her labor knowing that her 16 17 platelet levels are at a dangerous level, they were 18 going to induce her labor. She called me to the 19 hospital, I was allowed to come up finally after 20 taking my COVID test. She was tested for COVID 21 twice, came back negative. They didn't understand 2.2 what was going on with her and why her platelets were 23 deteriorating.

24 They later found out that it was HELLP syndrome, 25 H-E-L-L-P syndrome, which is a serious of high blood COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 121 pressure during pregnancy, Hemolysis Elevated Liver Enzymes, Low Platelet count, HELLP Syndrome. And HELLP syndrome usually develops in the third trimester but many women are diagnosed with preeclampsia beforehand, right.

7 One out of two women are developed to have HELLP 8 syndrome out of 1,000 pregnancies. Mortality rate on 9 that is 100 percent preventable. If treated early, 10 they had plenty of time to treat this, they had 11 plenty of time to catch this and they didn't until 12 the day that they decided to induce her labor, right.

13 With her platelets being dangerously low, they came back to us with the options for a cesarean. 14 15 Said that they needed to perform a C-section on her immediately. That the baby was not handling the 16 17 contractions well and she was only dilated by 2 18 centimeters. They didn't give her enough time. I 19 was supposed to be there for a day or two. I was 20 with Amber in that room for maybe a couple of hours 21 before they made that decision.

22 With her platelet levels being so low, they still 23 decided that they wanted to perform a cesarean on 24 her. Her blood at this point was like water. Her 25 blood was unable to clot.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 122 1 2 We were asking these doctors; do you have 3 everything? Are you guys prepared? Are you guys 4 ready for her? They are assuring us they have everything prepared for her in that room. That was a 5 lie. The nurses are telling me not to come too close 6 7 to Amber because of COVID. They don't know who has 8 COVID at this point. They don't even know if the 9 nurses have COVID because the nurses weren't being tested. 10 11 That was very unsettling for Amber and I. The

12 last thing that Amber says to me is all three of us 13 are going home. We are all three going home after this. That was the last time I seen Amber alive. As 14 15 soon as they cut her open, her heart stopped 16 immediately and she started to bleed out. I am 17 asking nurses, what's going on because I am supposed 18 to be waiting. They told me it was going to be I will be waiting in the room for 20 minutes, 19 quick. she will right back. I was waiting for hours. 20 No 21 doctor was telling me what was going on. I asked 2.2 numerous times.

It took a Black nurse, a Black head nurse to answer some of my questions and she didn't even want to. I am asking them; she has low platelets and you COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 123 guys cut her open. Did you guys at least sew her back up after the C-section? No, they didn't. They had to cut open her chest and message her heart manually. So, they cut her open twice with low platelets.

7 I asked them, well, did you sew her back up after 8 that? No, they didn't. They didn't know or 9 understand where the bleeding was coming from, so 10 they performed a hysterectomy on Amber and they took 11 out her uterus, which was very disheartening to me 12 because Amber and I had plans to have another child 13 in a year or two.

After everything said and done, the doctors are 14 15 leaving the room. Black doctors are standing in the 16 hallway with this look on their face, with this 17 disgust on their face that they can't believe what 18 just happened. And they are staring at me in the 19 hallway and they look like they have to tell me something but they can't. Meanwhile, there are White 20 doctors who are coming out and they are patting me on 21 2.2 my back. You are going to be fine. You are going to 23 be okay. You are going to be fine.

And if I can just double back to when Amber was trying to get her FMLA and early leave. Amber was COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 124 due May 30th. They induced her labor April 21st. She wanted to leave in April. There were White women who were due after Amber who were getting early FMLA but Amber was not and that's something that I cannot understand.

7 They didn't know Amber had HELLP syndrome this whole time since December. They had plenty of time 8 9 to treat her condition, which they did not and you would think my trauma is going to stop there but no. 10 11 My trauma doesn't stop there. As a COVID response, 12 these hospitals were leaving death certificates 13 blank. Blank as a COVID response they tell me. Under the section of the death certificate where 14 15 Amber's mother's name is supposed to be, who had been a long term employee for 25 years, they left Amber's 16 17 mothers name blank.

For the father of the child, which they knew who I was, which was the only reason why they let me upstairs during COVID times, they left my name blank. They left the location for Amber to go to Heart Island to be dumped with the rest of the COVID patients.

If I wouldn't have took affirmative action then,
Amber's body would have been thrown in the back of an

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 125 1 ice truck and she would have been buried with COVID 2 3 patients, even though she did not have COVID. You 4 think my trauma ends there and it doesn't, unfortunately because also during these times, 5 funeral homes aren't accepting patients for the next 6 7 four to five months. I had to figure that out. 8 Do you think that this hospital that killed Amber 9 paid a penny, a penny towards funeral expenses? I had to come up with funeral expenses during COVID 10 11 times. I had to come up with funeral expenses 12 through crowd funding. Then you would think my 13 trauma is going to end there, no, no. The hospital 14 was not trying to allow me to check my own son out 15 because Amber and I were unmarried and by law, they 16 could not release my son to me because Amber was no 17 longer alive to contest that I was the father of my 18 child. Even though she was before she was alive. 19 The hospital then told me to fill out these 20 forms, send it to this address, you will be fine, you 21 will be taken care of, your name will be on the birth 2.2 certificate. I did, yet again, exactly what the 23 hospital had asked me to do. I had received a letter two months ago denying my request. Saying that I 24 have to take it to family court which was closed due 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 126 to COVID. And that's what I am still fighting for till this day. Till this day, I am still fighting for that.

5 I am sorry you all. In less than 8 months, this happened less than 8 months ago. I have had to 6 7 become a doctor, I have had to become a birth worker, a maternal health activist, a community leader, a 8 9 politician, all while father a son who will never get to see his mother. Why is it that I have to do all 10 11 of this research. I don't even have time to grieve. Why is it that I have to do all of this research, 12 13 right to help create bills on how our government should already be treating us. Why do we have to 14 15 pass a bill for this?

From the collections of studying that I have done around the U.S. right, every year in the U.S. 700 to 900 women are dying due to pregnancy related complications. Our maternal mortality rate is higher than any higher income country but yet we are paying the most in healthcare today.

The maternal mortality rate has increased in the past decade while other countries have managed to reduce their rates but like I said, yet again, we are still paying the most in healthcare and I am pretty

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 127 1 sure that a good majority of you doctors in this room 2 3 know what's killing these mothers. And if you don't it's cardiovascular disease, high blood pressure 4 causing seizures or strokes, blood clots or 5 infections, preeclampsia, HELLP Syndrome. These are 6 7 some of the leading causes in maternal mortality, including incompetence, negligence, insubordination 8 9 and lack of moral value, right. So, that means for every death, for every death 10

11 right, 100 women suffer from severe complication 12 related to pregnancy and childbirth, resulting in over 60,000 women every year developing one of these 13 conditions. Maternal mortality is still on the rise 14 15 here in the U.S. and these are life altering changes. 16 It is estimated that between 1.5 to 2 percent of 4 17 million deliveries that occur every single year in 18 this country are associated with one of these events. So, that's 5 to 6 women every hour having a blood 19 clot, a seizure, a stroke, receiving blood 20 21 transfusion and organ damage such as kidney failure, 2.2 right.

The most unforgivable part about this right, is over 60 percent of these complications are deemed to be preventable. That's more than half we are talking

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 128 1 I keep hearing all these talks about budgets 2 about. 3 and you don't need that. There are concrete steps 4 and standard procedures that can be implemented, that can prevent these outcomes and save lives. You don't 5 need new fancy machines or budget cuts to prevent 6 7 these outcomes from happening. You just have to ensure equal standard of care between hospitals. You 8 9 have to value the quality of care for pregnant women before, during, and after pregnancy which is what 10 11 midwifery and doula associations are about. That's 12 what they do.

13 The insurers should have more payout options, more home births. They should have more payout 14 15 options for homebirths, just like they do for these 16 hospitals. We need to make midwifery and doula 17 services more accessible and more affordable to the 18 people of our communities. And since that hasn't 19 happened, we took the initiative ourselves, right and 20 we created the Amber Rose Isaac Access to Homebirth 21 Scholarship program which offsets the cost of 2.2 insurance premiums and covers what insurance does 23 not. 24

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 129 We have been able to help 16 families thus far with this program and most of these women do have government assisted insurance.

5 These women are scared to go into these institutionalizes hospitals with these doctors, so 6 7 why not put them in the hands of the people who are going to be more attentive to our family's needs? 8 Ι 9 have been working with a collective on bringing a free standing midwifery led birthing center to the 10 11 Bronx as well. I am a part of that effort. The 12 reason why I jumped into that right, is because the 13 Bronx has the highest C-section rate in New York 14 City.

15 Mind you, over 60 percent of these women don't need cesareans. They don't need it and I think it is 16 17 no secret that these hospitals within these 18 underprivileged families, within these 19 underprivileged communities are being underfunded, 20 right. Giving me the reason to insinuate that these 21 hospitals are putting profit over people. Securing 2.2 an extra, let's say, I believe it is around \$8,000 23 for a C-section versus a natural birth. Over 60 percent of these women are getting C-24

25 sections. They are securing an extra \$8,000 per C-

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 130 section to I guess substitute for these budget cuts, right.

So, this crisis has actually been going on long before me but I do believe that midwifery and doula associations are key solutions to better birthing outcomes, as they provide care before, during and after pregnancy. Meeting mothers and family tailored needs.

We need to redirect the course of birthing equity 10 11 by passing the New York Health Act as the start of 12 this change, right. After advocating and gaining national attention, Andrew Cuomo was very much aware 13 14 of Amber's situation. He actually mentioned her 15 situation without having to mention her name and said 16 that his maternal task force was on it. Where are 17 they at?

18 We have seen nothing. In fact, Mr. Cuomo's 19 father was dealing with the same accusations when it 20 came to turning a blind eye to maternal health. Ιf 21 this matter is going to continue being ignored 2.2 further, then there needs to be a public service 23 announcement stating while Black, Brown and indigenous families within our communities cannot be 24 prioritized by our government elected officials whom 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 131 1 2 we are paying for their chair to protect us. This is 3 a clear bias agenda that's infiltrating our civil and 4 human rights and it needs to be addressed, not sooner than later but it needs to be addressed now. 5 That's all I have for you. Thank you guys so 6 7 much. 8 CHAIRPERSON ROSENTHAL: Mr. McIntyre, I have no 9 This Committee sees you; we hear you, respect words. you and we want to be with you. It is very difficult 10 11 to move on but I fear we have to. You have answered 12 every single question. You have hit on every single 13 point that is worth talking about. You have become an expert when you shouldn't have to be but you have. 14 15 BRUCE MCINTYRE III: Thank you. CHAIRPERSON ROSENTHAL: We are honored that you 16 17 testified today. Thank you. BRUCE MCINTYRE III: Thank you. 18 19 CHAIRPERSON ROSENTHAL: Oh and of course, I offer my condolences and I am so, so, sorry for your loss 20 21 and my guess is that for litigious reasons the system 2.2 doesn't apologize to you. It is ridiculous. I am 23 so, so, sorry for your loss. BRUCE MCINTYRE III: Thank you, thank you but I 24 have started the Save a Rose Foundation in honor of 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 132 1 Amber and we have been dismantling the system that 2 falls within the healthcare system and we have been 3 4 redirecting the way birthing equity should be directed as well. I have worked with numerous 5 offices including Kamala Harris's office and 6 7 Underwood's office and plenty, plenty more 8 politicians and been helping families within our 9 communities all in her honor because she deserves and she was an excellent woman who didn't deserve 10 11 this at all. She had so much to offer the world and she was cut short. 12 13 CHAIRPERSON ROSENTHAL: You have carried on her memory so respectfully and beautifully. I see 14 15 Council Member Barron has her hand raised. I want to 16 recognize her. If the Moderator could - thank you. 17 COMMITTEE COUNSEL: Council Member Barron. 18 SERGEANT AT ARMS: Starting time. 19 COUNCIL MEMBER BARRON: Thank you and I am going 20 to be brief. I just want to say we extend our 21 condolences. You should not have had to endure what 2.2 happened. We have our prayers for your family and 23 for your beautiful child and I just want to commend you for the strength during this time of grieving to 24 25 step forward and to step up and to say, I am going to

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 133 1 take action so that others don't suffer what it is 2 3 that I have suffered. And that's all that I am going 4 to be able to say but just to commend you and to 5 support you as you go forward. Thank you. CHAIRPERSON ROSENTHAL: I am going to turn it 6 7 back to the Moderator. 8 COMMITTEE COUNSEL: Thank you so much Chair 9 Rosenthal. We have one other person on this panel and I will read that person's name now. It is 10 11 Nonkululeko Tyehemba. Ms. Tyehemba, please accept my 12 apologies for any pronunciation. When the Sergeant 13 calls the clock, you may begin your testimony. 14 SERGEANT AT ARMS: Starting time. 15 COMMITTEE COUNSEL: The witness is still muted; 16 it might take just a minute. Okay, you should be 17 unmuted. Thank you so much. 18 NONKULULEKO TYEHEMBA: Thank you so much. Good 19 afternoon to all. My name is Nonkululeko Tyehemba 20 and I am a Certified Nurse Midwife who lives and 21 works in the Harlem Birth Action Community. I am also a laid off midwife who worked at one of 2.2 23 the hospitals of the New York City Health and Hospital Corporation who no longer have midwives to 24 service the women in our community. For my written 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 134 statement, I would like to state but I was one of the founders of the Harlem Committee, an organization that seeks to empower women and bare families through education and information.

6 In 1989, our organization was founded because of 7 our concern with the high informality rates that 8 existed in our community at that particular time. In 9 the 1990's, we became an intimate part of the 10 perinatal networks that lead to healthy start 11 programs and other groups. We vigorously fought to 12 reduce the health crisis to some success.

13 In the last 20 years though, the rate of maternal mortality and maternal morbidity have reached as we 14 15 know, pronounced an egregious levels in our community, our city, in our nation. This year for 16 17 example, at least 4 to 5 known healthy Black mothers 18 have died before birth or shortly after birth due to 19 pregnancy childbirth related complications. We can 20 only guess though the number of unknown mothers who 21 have died or developed some preventable complication.

From the tennis champion Serena Williams spoke out about the medical emergency she endured after the birth of her child in 2017, that could have led to her death and she suffered the psychological trauma COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 135 as she stated as a result and that led to a continued long overdue debate on dismal rate of maternal death and injury in our country.

As well as the ways that women and people of color bear the brunt of subpar care. Studies have indicated that over 60 percent of these tragedies did not have to occur. Many investigators are stating that some of these extremely harmful results happen because birthing mothers and their companions -

11 SERGEANT AT ARMS: Time expired.

NONKULULEKO TYEHEMBA: Are not being listened to. We need - and at the same time, I wanted to say and I will try and finish very quickly. At the same time, the rates of defensive obstetrical interventions that lead to a cascade of operative events have increased astronomically.

For example, one out of every three women are having unnecessary C-sections. Despite the guidelines by Rural Health Organization that the rates should be no more than 15 percent. Nationwide we read 35 percent, over 90 percent of first time mothers have episiotomies that a large number do not need to have. Don't even mention the number of women

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 136 who are having epidurals, unnecessary sometimes inductions, that far exceed the need. We need a revolution. Not of guns but of minds.

We need a new paradigm of reproductive justice 5 healthcare. We need it right now. We need to 6 7 increase the number of midwives attending our mothers, our families. We need to demand more 8 9 midwives in our hospitals. Particularly those three hospitals that do not have any midwives at all. 10 11 Because I worked for one of them, so I do have an understanding of the situation. 12

We need to emphasize, prioritize and educate more midwives in our communities. Particular in hospital and community settings. We need to adopt a model of care with midwives to prioritize for low risk mothers and parents.

18 Midwives tend to focus on the physiological 19 management of birthing and if midwives are good for 20 the royal family of England, they are good for us in 21 our community. Despite the governments task force on 2.2 internal healthcare and this organization and that 23 organization and the time that's necessary to change, the tragedies are continuing. Women are dying, they 24 25 are dying or they are having these pregnancy

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 137 1 2 complications that are overlooked because they are not listening. For some reason, is it racism? 3 Is it 4 bias? And how many trainings are we going to have to have to change the system? We are in the year 2021 5 now and you know, back in 1920, more than 100 years 6 7 ago, which is even further than that, there was a 8 definite campaign to get rid of midwives. They were 9 called ignorant, they were called illiterate, they were called dirty. It was a structural campaign to 10 11 get rid of them and they have. They blame midwives 12 for everything.

13 We need more midwives in our communities and 14 until we do get them, this is going to continue. We 15 are going to continue to have these tragedies over 16 and over again. And I feel for your brother Bruce 17 McIntyre. I am in tears because I see it and I hear 18 it. Not only that, the mothers, they are fearful of going to the hospitals. Some of them just the other 19 day told me they are having free births. They are 20 21 going to have their own, unassisted births at home 2.2 because they are afraid to go to these hospitals. 23 They are isolated and they are in fear. They have to submit to all types of unnatural physiological ways 24 25 of giving birth. They are in bed, their IV's go on

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 138 1 2 the bed, nothing right and they are made to give 3 birth in positions that are totally, totally not right. We need a change. We need a revolution and 4 5 until we get it, we are going to have hearing after hearing, death after death. We are scared to death. 6 7 So, with that, I am going to end but I thank the Committee. I thank the Chair; I thank all of you and 8 9 I am so impressed with the passion that I am listening to. We have to be honest. We have to 10 11 really be honest and not say, oh, my job. Oh, I 12 can't say this. Oh, I don't know that. Just say it. 13 Let's make a change now. Thank you so much for 14 listening to me. 15 CHAIRPERSON ROSENTHAL: You know, Ms. Tyehemba, 16 thank you for your passion. I am going to say 17 something explicitly that you alluded to. So, my 18 guess is it's the association of obstetrical, gosh, I 19 am so like blown away, my brain is dead. Physicians, 20 obstetricians, that it's their association that has 21 led to the demise of midwifery. 2.2 NONKULEKA TYEHEMBA: Yes, exactly so. 23 CHAIRPERSON ROSENTHAL: And -24 NONKULEKA TYEHEMBA: I'm sorry. 25 CHAIRPERSON ROSENTHAL: No, no, you go.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 139 1 2 NONKULEKA TYEHEMBA: That James Marion Simms who 3 even became the first president of the American Medical Association. I mean, come on. Please, you 4 5 know, for our parents. Our families, our communities are being separated. Some don't have mothers to take 6 7 care of their babies and so forth. We need a change. 8 I see it and there are women - I am in the community 9 a lot more and when we are in company and we talk about it. They are scared to death and furthermore, 10 11 studies have indicated to that some of these deaths 12 that could be prevented are due to lack of 13 information. 14 CHAIRPERSON ROSENTHAL: Yeah. 15 NONKULEKA TYEHEMBA: Lack of education. They 16 don't know. They are not told. They don't know what 17 their right are. They don't know what their options 18 are as well. 19 CHAIRPERSON ROSENTHAL: Right, you can't ask the question if you don't know that there are options. 20 That there is information out there and to that 21 2.2 point, at our 2018 hearing, we were led to understand 23 that there was a new pamphlet that was going to be distributed to every incoming pregnant person. You 24 25 know, know your rights as a pregnant person. I am

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 140 1 quessing that Mr. McIntyre did not receive that 2 3 pamphlet nor did his girlfriend. Am I right? Yeah 4 and that was supposed to go to everyone. So, the pamphlets even exist and they are not distributed. 5 NONKULEKA TYEHEMBA: We need a new paradigm of 6 7 not only birthing, we need a new paradigm of prenatal 8 care. We need, yes, we do need centering. When 9 people come to the clinic or so, I have food for them, provide nourishment for the mothers. Provide a 10 11 block by block of B6 better birth block by block 12 reproductive health model to directly reach our 13 community block by block. 14 CHAIRPERSON ROSENTHAL: If there is additional 15 information you would like to submit for your testimony, please feel free to do so. 16 17 NONKULEKA TYEHEMBA: Thank you. 18 CHAIRPERSON ROSENTHAL: Information about 19 programs etc. You know, it is definitely the case 20 that the medical institutions led by males 21 intentionally want birth to happen at their 2.2 convenience and you are right to mention, even the 23 royals get a midwife. It is because in England they have the history and the confidence in midwives and 24 of course there is the wonderful TV show called 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 141 1 2 Midwives that everyone should watch about women who are midwives in England and know and have the passion 3 for their - I am not even going to say patients. 4 For 5 their pregnant people that they take care of. I want to honor you for your work and I guess 6 7 turn it back to the Moderator but thank you so much for being here, for testifying for your expertise and 8 9 your passion for what you do for the community. I 10 really bless you. 11 NONKULEKA TYEHEMBA: Thank you, thank you Chair Rosenthal. 12 13 COMMITTEE COUNSEL: Thank you so much Chair 14 Rosenthal and to the panel. Before we move to our 15 second panel, I just wanted to check if there are 16 Council Members that have additional questions for 17 this panel? 18 Not seeing any Council Members at this time, no raised hands. We will move to the next panel. So, 19 the next panel, panel 2 I will read the names of the 20 panelists and then call you individually. The first 21 2.2 panelist is Lorraine Ryan followed by Emily Frankel 23 followed by Maryam Mohammed-Miller. Lorraine Ryan, when you are ready, you may begin 24 25 once the Sergeant starts the clock. Thank you.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 142 1 2 SERGEANT AT ARMS: Time begins now. 3 LORRAINE RYAN: Thank you. Good afternoon 4 Chair's Rivera, Levine and Rosenthal and members of the Committee on Hospitals, the Committee on Health 5 and the Committee on Women and Gender Equity. As you 6 7 heard, my name is Lorraine Ryan, I am the Senior Vice 8 President at the Greater New York Hospital 9 Association and for more than a decade and a half, in my responsibility of hospital and healthcare quality 10 11 improvement, I have focused very deliberatively on 12 maternal health and equity and improvement efforts if 13 you will. 14 I have comprehensive prepared remarks that you 15 have in hand but I am going to go off script because I can't possible be considered credible without 16 17 responding to some of what I have heard today. And I 18 would also like to offer my sincere condolences to Mr. McIntyre. He is very courageous and I can't 19 imagine what it took for you to speak to us today and 20 21 also more importantly to endure what you have endured 2.2 in terms of the tremendous loss and you will be an

amazing parent because you have such compassion and

wisdom and you are channeling your grief in all the

25

23

24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 143 1 right directions, so I can't say enough about what I 2 3 think about you and we just met and virtually. I think I can best use my time and I am sorry but 4 there is noise outside of my home, I hope you are not 5 hearing that. Is that coming through? A little bit. 6 7 CHAIRPERSON ROSENTHAL: No worries. Keep going. LORRAINE RYAN: I will try my best. To address 8 9 some of the questions that were raised that I don't think were answered adequately. I am going to start 10 11 with doula's because there has been outreach to 12 Greater New York and to me personally several times 13 since the beginning of the pandemic and I appreciate that outreach because it gives me as a representative 14 15 of the hospitals an opportunity to address 16 challenging issues and issues that might not be 17 communicated effectively or totally or in a way that 18 is leading to a constructive end. 19 But we know that there has been challenges to 20 doula's access to patients and through Melissa 21 DeRosa's, the Governor's Task Force on COVID maternal 2.2 wellbeing and care and disparities in care. Back in 23 April, doula's were added to the list of those who could visit and be present as a support person in 24 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 144 1 addition to a significant other in the hospital 2 3 throughout labor, delivery and postpartum. 4 Apparently there is still some issues with that that we are trying to tackle and Greater New York has 5 agreed to host a forum with all the New York City 6 hospitals and the doula community to discuss those 7 8 challenges. 9 There are things we can't fix. Two bedded rooms are two bedded rooms. Social distancing is not 10 11 something that we can create overnight but we are 12 working to find adequate space so that a patient who 13 chooses to have a doula present as an important support through one of life's most challenging and 14 15 yet rewarding and gives you an amazing feeling to become a parent -16 17 SERGEANT AT ARMS: Time expired. 18 LORRAINE RYAN: So, we are working on that. 19 CHAIRPERSON ROSENTHAL: As a representative of 20 the Greater New York Hospital Association, I would 21 like you to continue on. 2.2 LORRAINE RYAN: Okay, I will. 23 CHAIRPERSON ROSENTHAL: Thank you. LORRAINE RYAN: Related to the doula issues are 24 testing and visitation and the New York State 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 145 1 2 Department of Health has been iterative in a very positive way about visitation policies. I can't 3 4 believe I have been here all morning and now they decide to make noise outside. I am sorry, can you 5 hear me okay? I don't want to be disruptive. Okay. 6 7 So, with regard to visitation in the very early 8 stages in March when COVID was presenting itself, all 9 visitation was shutdown. Within days it was opened up to obstetrical patients because of the realization 10 11 that you can't take away that once in a lifetime 12 experience of becoming and parent for another 13 significant other. 14 Shortly thereafter that in April, after 15 deliberations of the task force on COVID related 16 obstetrical care, visitation was expanded to allow 17 not only the significant other or partner but a doula 18 as well. So, I think we have been responsive maybe not always in the time that certain patients could 19 20 have benefitted from that presents but the state has 21 been responsive and I believe the hospital community has followed suit. 2.2

Another recommendation out of the task force on COVID and obstetrical care was testing and just last week, the Department of Health issued testing

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 146 1 guidance for all pregnant persons. In fact, they are 2 3 very specific that universal testing of all pregnant 4 individuals during pregnancy and within one week prior to the estimated due date or upon admission if 5 the second test is not conducted, one week prior is 6 7 to be undertaken.

8 There is a second recommendation, as increasing 9 testing availability presents itself, support persons 10 may also be tested. This could potentially also 11 include a doula. So, we are responding and you know, 12 it probably takes more to move an entire state in a 13 different direction of public policy than any one of 14 us would like, but I think we are getting there.

15 The other issue is visitation and as I mentioned, 16 I actually have already covered that and even with 17 visitation shutting down for all of the patients 18 except for categories of patients with obstetrics 19 visitation has always been permitted. There are a 20 myriad of quality improvement initiatives that you 21 have heard referenced today that Greater New York and 2.2 its hospitals along with the State Department of 23 Health and the City as well have been engaged in with our hospitals. Anything from reducing through the 24 Save Motherhood Initiative, complications from 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 147 1 2 hemorrhage, hypertension, venous thromboembolism. Α 3 new focus on opioid use disorder and neonatal 4 abstinence syndrome. There are a number of initiatives but none of them are getting where we 5 6 want to go as fast as we want to get there but it 7 takes time and I think we have to recognize the challenge of the day. We are still in a pandemic. 8 9 We have hospitals that are shutting down visitation in high impactivity zones across the state except for 10 11 obstetrics, pediatrics and two other categories of 12 patients. So, we are sensitive where the need is the 13 greatest to ensure that someone has a support person. With regard to doula's, I just want to mention 14 15 that there was a state pilot in Erie County as well 16 as Brooklyn New York. The Erie County pilot and this 17 was started as part of the governors task force recommendations from 2018. There hadn't been enough 18 doula's signing up for the pilot in Brooklyn. 19 A lot 20 of it could have to do with reimbursement is not 21 adequate. We are pushing for Medicaid reimbursement 2.2 for doula's. We are also looking at how doula's 23 through a managed care plan can be onboarded and become part of that insurance plan. 24

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 148 1 2 So, these are not solutions that are here today 3 but they are solutions that are being contemplated 4 and pushed forward. Health equity: We are all learning the difference between equality and equity. 5 CHAIRPERSON ROSENTHAL: Excuse me, Ms. Ryan, 6 7 could you - someone just flagged something. Just 8 real quickly, what did you just say about doula's? 9 LORRAINE RYAN: As part of the governor's task force from 208, one of the many recommendations was 10 11 to expand doula programs. 12 CHAIRPERSON ROSENTHAL: Yes. 13 LORRAINE RYAN: It was a doula pilot program in 14 both Erie County and Brooklyn. 15 CHAIRPERSON ROSENTHAL: Yes. 16 LORRAINE RYAN: To the best of my knowledge, the 17 one in Brooklyn has not been as well subscribed if 18 you will by doula's. I don't know why. 19 CHAIRPERSON ROSENTHAL: You said doula's didn't 20 sign up. 21 LORRAINE RYAN: Not enough have signed up, yes 2.2 exactly. And it could be because of the 23 reimbursement rate, which I know in the early deliberations was not considered adequate by the 24 25 doula's but it was a pilot and I see heads, they are

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 149 nodding. So, we are looking - or a way to sort of potentially address that is through Medicaid Manage Care Plans.

I can't say that it is going to be adequate but 5 it could be something that could promote more doula 6 7 interest, at least in that pilot. As you know, most doula's come to patients on their own. They are paid 8 out of pocket by the patient. They don't come 9 through insurance plans but that's something that 10 11 potentially we need to contemplate as a state in terms of getting appropriate reimbursement. 12

13 CHAIRPERSON ROSENTHAL: I just wanted to clarify 14 that, make sure for the record that you weren't 15 blaming doula's for not signing up.

16 LORRAINE RYAN: I am not blaming anybody for 17 anything. I am trying to just give you what I have 18 been told are the facts.

19 CHAIRPERSON ROSENTHAL: Yeah, I guess listen, I 20 hear your passion. I mean, if there is more that you 21 want to share but I would like to get to the heart of 22 this. I hear your passion Ms. Ryan but obviously we 23 are nowhere and so, what I want to know is in your 15 24 years at the Greater New York Hospital Association, 25 what have been the challenges you have faced?

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 150 1 2 Because I am sure you have pushed for this but what are the actual barriers to getting this done? 3 LORRAINE RYAN: I will tell you; I mean, I have a 4 5 couple of answers to that. The science of quality improvement needs to be applied in all facets. You 6 7 can't just you know, look at a problem and look at 8 the outcomes you are getting without understanding 9 the root causes and what are the root causes of those challenges that are leading to negative outcomes? 10 11 So, we have tried to do that and I mentioned 12 earlier working with the State Department of Health, 13 with the City, with ACOG. The clinicians need to be involved. We have looked at how do we identify the 14 15 root causes and you have heard earlier in the 16 maternal mortality review process, it's a long 17 protracted process. It doesn't happen overnight. 18 CHAIRPERSON ROSENTHAL: [INAUDIBLE 3:25:33] LORRAINE RYAN: I am getting there. 19 20 Communication, communication is huge. We have heard 21 it on this hearing from several different places. 2.2 CHAIRPERSON ROSENTHAL: But you knew that 15 23 years ago, so what's the problem with fixing the communication problem? You can't tell me that you 24 25 are just learning from this hearing communication.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 151 1 2 LORRAINE RYAN: No, no, I am not saying that at 3 all. Please, you know, I am trying to be as -4 CHAIRPERSON ROSENTHAL: We want to hear from the Greater New York Hospital Association. 5 LORRAINE RYAN: I think we learned a lot. 6 7 CHAIRPERSON ROSENTHAL: The hospitals throughout New York City which you know, if we want to hold 8 9 people accountable, I want to hear about your association holding the hospitals accountable. So, 10 11 what you have learned and I want to know from you 12 with your passion what are the hurdles to getting 13 this done? We are not talking about rocket science. 14 LORRAINE RYAN: I actually beg to differ. It is 15 very complicated and I think you have heard about 16 structural racism being a component. We as a 17 hospital provide care in the outpatient setting and 18 the inpatient setting. But there are other aspects 19 of someone's life and how they live their lives -20 CHAIRPERSON ROSENTHAL: The president of any hospital sets the tone, right for the hospital? 21 The 2.2 head of any institution does that. The guiding 23 philosophy of the president of a hospital sets the tone. So, what kind of implicit and explicit bias 24 training have we been doing for hospital presidents? 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 152 1 2 LORRAINE RYAN: This is an agenda item on our 3 Almost every meeting we discuss this. board. 4 Greater New York is supporting implicit bias training for hundreds of staff upwards of - I don't 5 even want to say how many because I don't know the 6 7 exact number. On its own, I started with 8 communication and I got a little bit sidetracked. We 9 heard from a listening tour that the State Commissioner of Health took about a year and a half 10 11 ago, pre-COVID, around the state, listening to women 12 in minority communities voice what they felt were the 13 problems and the issues of not being heard and implicit bias was clearly one that came through. 14 15 Through that, there are many different avenues now of implicit bias training, health equity conferences 16 17 that are taking place. It doesn't happen overnight. 18 It doesn't mean a CEO is not committed but one person 19 can't change societal challenges. This is more than 20 what's happening in a hospital. This is what is 21 happening with regard to food insecurity. With 2.2 insecure housing options. 23 CHAIRPERSON ROSENTHAL: I just - I need you to know that my blood is boiling. My blood is boiling. 24 25 LORRAINE RYAN: Well, I am sorry.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 153 1 2 CHAIRPERSON ROSENTHAL: I just can't imagine. 3 The people over the last decade who has had somebody 4 in their life died because talking about and training 5 hospital presidents on implicit and explicit bias is 6 hard. 7 LORRAINE RYAN: That is not what I said. That is not what I said. 8 9 CHAIRPERSON ROSENTHAL: Oh, clarify because I got to tell you, it is not going well. I am very upset, 10 11 so sorry, I will control my feelings but to hear that 12 - please continue. 13 LORRAINE RYAN: What I said to you was, it is an agenda item because it is important for hospitals to 14 15 address the needs and the challenges that implicit 16 bias can present. I did not say that we are training 17 hospital CEO's on implicit bias. 18 CHAIRPERSON ROSENTHAL: Why not. 19 LORRAINE RYAN: You know, I feel like I - whether I - I wanted to share the positives of what hospitals 20 are trying to do and our great concern, our greatest 21 2.2 concern with any morbidity and mortality related to 23 obstetrical care and maternity services. CHAIRPERSON ROSENTHAL: Well, I just want to 24 25 share with you that its not enough. It is not even

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 154 1 2 close to being enough. The fact that it is an agenda 3 item for years. So, it is an agenda item -4 LORRAINE RYAN: I think you are using - you know, I kind of wish you wouldn't take such offense to 5 maybe language that isn't communicating effectively 6 7 on my part. That this is a very serious issue. Ιt 8 is taken very seriously. We have president of 9 hospitals who are minorities themselves. Who are a big part of us attempting to dissect in a meaningful 10 11 way what we can to as a healthcare community but we 12 are part of the healthcare community. The hospitals 13 isn't the sole provider of services or can't impact all of the other life events if you will or as I 14 15 mentioned earlier, societal issues. We believe healthcare is a human right. 16 That

17 everyone should benefit from all that that can bring 18 in a positive way and we need to do better. I agreed 19 with that from the get go. Every death is a tragedy, 20 every preventable death is just unspeakable and 21 hospitals are working to get us to a better place 22 that we all need to go to as a society. We also have 23 to fund the care appropriately.

CHAIRPERSON ROSENTHAL: It is to lower yourcesarean rates. To intentionally bring in midwives

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 155 1 and doula's and we're just from this hearing, we are 2 3 seeing that's not happening. You know and then to blame it on reimbursement rates is a reflection of 4 racism. You either believe in doula's and midwives 5 changing outcomes or you don't. You either you know, 6 7 as Mr. McIntyre said, you know, a reimbursement rate, I understand about hospitals and living on the edge. 8 I mean, my goodness, you know, why not you know, if I 9 10 - gosh. 11 LORRAINE RYAN: I mean, I wish you wouldn't take everything I said as an attack. 12 13 CHAIRPERSON ROSENTHAL: The concept of doula is spitting money compared to what hospital presidents 14 15 are paid. You know, if the hospital presidents 16 across the city would agree to reduce their salaries

If we believe in this. If we believe that every death is a problem, show it. Show it personally. I want to see the hospital president announce that they are reducing their own salary and putting that money toward midwives and doula's. Because we know the

by \$50,000 and put that money to having doula's

attend births or a midwife at every hospital to

attend a birth, those obstetricians need to step out

17

18

19

20

of the room.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 156 1 cost of midwives and doula's in the context of a 2 3 hospital is spitting money and the impact it will 4 have on all the future Mr. McIntyre's is life and death. 5 LORRAINE RYAN: Yeah, I would like to sort of end 6 7 and I am sure you want to move on with on a positive 8 note that we look forward to working with the doula's 9 and bringing them together with the city hospitals and midwives as well. 10 11 CHAIRPERSON ROSENTHAL: When you say City 12 hospitals, you don't just mean H -13 LORRAINE RYAN: Those in New York City. Those in New York City, all hospitals in New York City. 14 15 CHAIRPERSON ROSENTHAL: Like including Mount 16 Sinai that just closed its -17 LORRAINE RYAN: All hospitals in New York City. They are all our members. They will all be invited 18 19 to participate and have a dialogue and get to a more 20 constructive relationship that promotes what a 21 patient might choose for their birth experience. 2.2 CHAIRPERSON ROSENTHAL: As a hospital 23 Association, did you put out a state when Mount Sinai closed the Mount Sinai West Birthing Center? 24 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 157 1 2 LORRAINE RYAN: We did not and you have to - no, 3 we did not. 4 CHAIRPERSON ROSENTHAL: I am going to turn it back to the Moderator. 5 COMMITTEE COUNSEL: Thank you Chair Rosenthal. 6 7 We will move to the next panelist at this time. We 8 have Emily Frankel. Ms. Frankel, you may begin once 9 the Sergeant sets the clock. SERGEANT AT ARMS: Time begins now. 10 11 EMILY FRANKEL: Before I begin my testimony, I 12 would just like to say that my heart goes out to 13 Bruce McIntyre and his entire family for the loss of Amber Rose Isaac. I am so sorry for your loss. 14 I 15 was personally moved by your words and thank you for your advocacy and I look forward to potentially 16 17 working with you in the best way I can. 18 My name is Emily Frankel and I am the Government Affairs Manager for Nurse Family Partnership. 19 Thank 20 you for this opportunity. Since I have a limited 21 amount of time, I am just going to try to summarize 2.2 my testimony as best I can. 23 Our nurses are on the frontlines of prevention efforts aimed at reducing maternal mortality and 24 25 achieving better pregnancy and birth outcomes. Nurse COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 158 Family Partnership is an evidence-based community health program that helps transform the lives of lowincome mothers who are pregnant with their first child.

Each first time mother is partnered with a 6 specially trained registered nurse early in her 7 8 pregnancy and receives regular ongoing nurse home 9 visits that continue through her child's second birthday. Our nurses help clients achieve healthier 10 11 pregnancies and birth, stronger child development and a path towards economic self-sufficiency. This is 12 13 accomplished through the provision of health 14 education and guidance, care coordination as well as 15 preventive services to NFP moms and their children.

Family served by NFP experience the following improvements in maternal health. 35 percent fewer cases of pregnancy induced hypertension and 31 percent reduction in very closely spaced subsequent pregnancies, as well as a reduction in pre-term births.

Since 2003, NFP has served over 16,400 families across all five boroughs through its five network partners. The New York City Department of Health and Mental Hygiene, Montefiore Home Care, Public Health COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 159 Solutions, SCO Family of Services and the Visiting Nurse Service of New York.

New York City NFP is currently funded to serve 4 2,985 families annually. A portion of this funding 5 is baselined in the New York City budget. 6 We thank 7 the City Council, the Office of the Mayor and DOHMH 8 for their support. NFP plays a vital role in 9 identifying and mitigating the risk factors that can lead to maternal mortality and morbidity. NFP nurses 10 11 use their clinical expertise and assessment skills to 12 understand the strengths and risks that mothers have 13 experienced in their lifetime that may impact their health and their children's health. 14

15 NFP nurses identify early warning signs of health problems during pregnancy, postpartum infancy and 16 17 early childhood that can lead to adverse outcomes, 18 even death. For example, during her last in-person home visit prior to the pandemic, a 17-year-old Bronx 19 mom was complaining of some preeclamptic systems. 20 21 The NFP nurse took her blood pressure and noted that 2.2 it was in the severe range. The nurse urged the mom 23 to go to the hospital to be evaluated and consulted her obstetrician who agreed. 24

25 The mom went to the hospital -

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 160 1 2 SERGEANT AT ARMS: Expired. 3 EMILY FRANKEL: And was found preeclamptic. May I continue? 4 CHAIRPERSON ROSENTHAL: Another minute, sure. 5 EMILY FRANKEL: Thank you. Was found to be 6 7 preeclamptic and her labor was induced. Following 8 her discharge from the hospital, the mom received a 9 telehealth visit from the NFP nurse. While conducting her assessment, the nurse identified 10 11 symptoms consistent with postpartum preeclampsia. 12 The nurse encouraged the mom to contact her 13 obstetrician. As a result, the mom was able to get a 14 blood pressure machine that same day. 15 Once the machine was delivered the NFP nurse 16 conducted a telehealth visit to teach the mom how to 17 use the device and educated her about the signs and 18 warning symptoms associated with elevated blood 19 pressure. When the mom found that her blood pressure 20 was too high, she was relucted to return to the hospital for treatment due to fear of COVID-19 21 2.2 exposure, so the nurse encouraged the mom to see her 23 doctor and she did. The NFP nurse was with the mom every step of the way. The life of this mom and her 24 baby were saved because she had an NFP nurse with the 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 161 experience, clinical reasoning and specialized training to assist her at critical moments during her pregnancy and in the postpartum period. Our nurses provide guidance and support to the

6 mother as she learns how to navigate the healthcare 7 system for herself and her child. This is really 8 important considering what we have discussed today 9 and the institutional racism and structural racism we 10 all have seen in our healthcare system.

11 NFP nurses empower mothers to advocate for 12 themselves to be seen and heard by their healthcare 13 providers and to have their health assessed when they 14 know that something isn't right.

15 A 20-year follow up study of the program shows that NFP's effective at reducing all-cause mortality 16 17 among mothers living in highly disadvantage settings. 18 This study showed that mothers who did not receive 19 nurse home visits were three times more likely to die 20 from all causes of death than nurse visited moms. We 21 need our partners in government to invest in evidence 2.2 based programs like NFP brining nurse family 23 partnership to scale in New York City who do a lot to prevent adverse pregnancy outcomes and maternal 24 mortality. With existing state and city funding, NFP 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 162 1 can only serve 5 percent of the eligible population 2 3 in the City. Every dollar invested in NFP saves New 4 York City \$8.30 in future costs for high risk families served. 5 With that, I will end to say we urge that the New 6 7 York City Council expands its funding for NFP, as well as invest in other policies that deal with 8 9 social determinates of health. We support doula's as well as midwives in conjunction with working with our 10 11 NFP nurses and thank you so much for allowing us to 12 present testimony today. 13 COMMITTEE COUNSEL: Thank you so much. The final panelist for this panel before we go to Council 14 15 Member questions will be Maryam Mohammed-Miller. You 16 may begin -17 SERGEANT AT ARMS: Time begins. 18 COMMITTEE COUNSEL: Sorry, go ahead. 19 MARYAM MOHAMMED-MILLER: Thank you, thank you so much. I also want to start by sending my condolences 20 and positive vibes to Mr. McIntyre and your family. 21 2.2 Thank you so much for sharing Amber's story and your 23 story today. Good afternoon. My name is Maryam Mohammed-24 25 Miller and I am the Government Relations Manager at

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 163 1 Planned Parenthood of Greater New York. I want to 2 3 thank the Chairs of the Health, Hospitals and Women 4 and Gender Equity Committee's for holding this important hearing on maternal mortality and morbidity 5 and advancing legislation that moves us closer to 6 7 achieving reproductive justice.

Planned Parenthood has been a trusted provider of 8 9 sexual and reproductive health service for over 100 years and provides care to all New Yorkers no matter 10 11 their background. We also recognize the important 12 role doula's and birth support workers play in 13 ensuring safe births before all people but 14 specifically Black women and stand alongside them and 15 in their work.

16 The COVID-19 pandemic reveal that there are many 17 inequities in our public health system. However, 18 this has been the reality for marginalized 19 communities that communities continue to face. 20 For Black and Brown people, specifically Black women, the compounded identities of race, gender and 21 often economic status, makes seeking maternal 2.2 23 healthcare increasingly difficult. Studies show the racial, the major racial disparities in maternal 24 healthcare with Black women being 4 times as likely 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 164 to die in childbirth than White women in New York State. And in New York City Black women are 12 times more likely to die from pregnancy related causes than White women.

These outcomes are a result of institutionalized 6 7 medical racism and implicit bias within our 8 healthcare system that leads to the unique needs of 9 Black women being ignored. Studies show that Black women are more likely to have their health issues 10 11 ignored by their doctor and are treated differently 12 than White patients when they present the same 13 symptoms.

14 Studies also indicate the presence of support in 15 individuals, including doula's, midwives and other 16 birth support workers and Black women are giving 17 birth lead to positive health outcomes for both 18 mother and baby.

Doula and midwifery care is a right that should be afforded to all pregnant people to ensure safe births and today, PBGNY supports the legislation that moves us further to a goal of providing holistic care for those most in need.

We support Resolution 1408 that calls on the state to pass A10440 and state bill, the senate bill

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 165 1 2 S8307 that works to remove the barriers to create 3 independent birthing centers in New York State. We 4 have seen a steady decline in birthing centers. This legislation will move us closer to the creation of 5 more birthing centers and provide alternatives places 6 7 for individuals to give birth safely. 8 We also support Introduction 2017. 9 SERGEANT AT ARMS: Time expired. MARYAM MOHAMMED-MILLER: Sorry, can I continue? 10 11 CHAIRPERSON ROSENTHAL: Yeah, yeah for just a bit 12 Thank you, thank you Ms. Miller. longer. 13 MARYAM MOHAMMED-MILLER: We support Introduction 2017 that clarifies visitation policies within our 14 15 hospital systems. We saw that inconsistent policies 16 led to a lot of confusion for patients, a lot of 17 confusion for families, doula's and other birth 18 support individuals. This introduction will allow 19 folks to have more clarity on who they can have in 20 their room while they are giving birth. We also 21 support all legislative measures that grows 2.2 accessibility to doula care and supports legislation 23 that will provide more information publicly on how individuals can access midwifery care. 24

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 166 1 2 We applaud the legislation today that 3 meaningfully addresses the issue of maternal 4 mortality in New York City and we look forward to working with the Council to making maternal mortality 5 a thing of the past. Thank you. 6 7 COMMITTEE COUNSEL: Thank you so much. I will now move to Chair Rosenthal. 8 9 CHAIRPERSON ROSENTHAL: Great, thank you so much. Thank you all for being here today and for 10 11 testifying. We really appreciate your time and your 12 I am very familiar with the work, the passion. 13 amazing work of the nurses and of planned parenthood 14 and really am grateful to your taking the time to 15 testify and of course, all your hard work. 16 Ms. Ryan, I want to start by apologizing to you 17 for losing my temper and maybe I didn't give you 18 really a chance to answer to this question. It is hard to hear about something that - hear when someone 19 says that there is a lot of talk on a topic at a 20 21 board meeting. That's it is on the agenda at 2.2 meetings but not hear about tangible actions that are 23 taken. Can we start there please? I think we're going to have to unmute Ms. Ryan or does she have to 24 25 unmute herself?

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 167 1 2 COMMITTEE COUNSEL: We are sending the request. 3 It should just take a second, apologies there is a 4 delay. 5 CHAIRPERSON ROSENTHAL: Got it. COMMITTEE COUNSEL: One moment, apologies, we are 6 7 having a technical difficulty. 8 CHAIRPERSON ROSENTHAL: No problems. I want to 9 thank; I see many other panelists who are waiting to testify. I want to thank you for your patients and I 10 11 appreciate your being here. COMMITTEE COUNSEL: Ms. Ryan, a box might pop up 12 13 that asks you to accept the unmute. There you go. 14 LORRAINE RYAN: Okay, I didn't quite take the 15 time to focus on the improvement projects that we 16 have been engaged with. Maybe that would help strike a better tone to understand that there is a lot going 17 on where it is more than talk. 18 19 In addition to promoting health equity through a 20 couple of different channels is we have worked at the New York Academy of Medicine before; we will be 21 2.2 hosting our second summit in January. We are not 23 hosting; we are just contributing to the summit and there will be doula's and midwives and physicians and 24 those that study the data and understand the root 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 168 1 2 causes of outcomes that are skewed very negatively 3 towards minority communities, so we look forward to that. We are also working as I mentioned with the 4 5 State Health Department on an improvement collaborative because we find that if we can change 6 7 processes, those that are not working then we can hard wire what is working that we see improvement, 8 9 then we see the data that reflects that. We have collaborated in our hospitals in the 10 11 City. When I say City, I don't mean NYC H+H, I mean 12 all the hospitals in the City participated in a 13 maternal depression screening program that is continuing to identify depression typically 14 15 postpartum in pregnant persons and getting them into 16 treatment earlier on. We are also working on a 17 statewide improvement collaborative to reduce opioid 18 use disorder in pregnancy and Neonatal Absence Syndrome, which is a syndrome where the infant is 19 demonstrating exposure to elicit substances. 20 CHAIRPERSON ROSENTHAL: Ms. Ryan, hang on one 21 2.2 second. I just want to make sure we can hear you. 23 Is it the background noise? LORRAINE RYAN: It is. 24

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 169 1 2 CHAIRPERSON ROSENTHAL: An earlier panelist just 3 had to re- call in but keep going, no problem. 4 LORRAINE RYAN: You know what, I could probably 5 change rooms, hold on and I will do that. I will take you with me and I will go to another room. 6 7 CHAIRPERSON ROSENTHAL: We are all coming to realize how much construction work happens during the 8 9 work day now that we are home. LORRAINE RYAN: Right. How is this? Is this 10 11 better? 12 CHAIRPERSON ROSENTHAL: Yes. 13 LORRAINE RYAN: Okay, sitting on the floor of my 14 daughters room, so. 15 CHAIRPERSON ROSENTHAL: Thank you. LORRAINE RYAN: We are engaged in opioid 16 17 admission, opioid use disorder, neonatal absence 18 syndrome program. This is something that with the 19 Department of Health was piloted in about 20 20 hospitals across the state and we are hoping to 21 engage and recruit all birthing centers that have any found issues with this condition which are all of 2.2 23 them and the goal is again to identify, treat and to reduce stigma with regard to drug substance use 24 disorders. 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 170 1 I quickly mentioned that with ACOG and the 2 3 Department of Health are focused on obstetric 4 hemorrhage project where we seen improvement in outcomes by preparing for a potential hemorrhage 5 situation. Avoiding it of course at all cost but if 6 it should arise to be able to respond appropriately. 7 8 Similarly there then in programs with ACOG, the 9 State Department of Health and others on reducing hypertension in pregnancy and venous thromboembolism. 10 And lastly, what we call the 4th trimester 11 12 looking at postpartum care to ensure that the 13 pregnant person has the necessary follow up. There is also a Medicaid component to this. We would like 14 15 to see Medicaid reimbursement extend beyond that 16 which it does now, so that birthing people can get 17 treatment well after the delivery of the child. But 18 clearly and based on all that we have heard today, we 19 must do more and what I was trying to say earlier is 20 the hospital certainly has its responsibilities but 21 as a society, we have responsibility because of food 2.2 insecurity, housing insecurity, lack of appropriate 23 childcare, education etc.

You are shaking your head but I will finish my remarks by saying that you know, we have a fraying

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 171 1 2 social safety net that has been further imperiled by 3 the pandemic and we are fighting in Washington for substantial relief for New York State in particular 4 in this case but that will benefit in minority 5 communities. Black and Latino women who rely heavily 6 7 on social service programs. I thank you for the opportunity to participate today and I hope that my 8 9 remarks were instructive and not insightful. So, thank you very much for the opportunity to 10 11 complete. 12 CHAIRPERSON ROSENTHAL: And you know that the 13 reason that I was shaking my head is because you know, it's - we know about the societal problems. 14 Ιt 15 is not for the greater New York Hospital Association 16 to remind us of that. I mean, you are here as a 17 representative of an association and we want to hear 18 what the association has done about this. I have two more questions for you. One is, do you know which 19 20 hospitals, in which Health + Hospitals don't have 21 midwifery services?

22 LORRAINE RYAN: I do not know that. I believe 23 that Health + Hospitals was asked that question so, 24 but I don't know that.

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 172 1 2 CHAIRPERSON ROSENTHAL: Do you know which of the 3 private hospitals do not have midwifery services? 4 LORRAINE RYAN: Not off the top of my head. I 5 have surveyed hospitals on that. I probably have that information but -6 7 CHAIRPERSON ROSENTHAL: Do you have guess? LORRAINE RYAN: Pardon me? 8 9 CHAIRPERSON ROSENTHAL: If you were hazarding a guess, what percentage of the private hospitals in 10 11 New York City do you think -12 LORRAINE RYAN: I am not going to guess. I am 13 not going to hazard a guess. 14 CHAIRPERSON ROSENTHAL: Would Greater New York 15 Hospital Association consider funding the DOH 16 Maternal Hospital Quality Improvement Network? 17 LORRAINE RYAN: I don't know enough about it or 18 what would entail. I think you mentioned earlier, 19 you asked a couple of times of the City, the 20 Administrative staff if that was in the next city 21 budget. Is that what you are talking about? 2.2 CHAIRPERSON ROSENTHAL: So, you are not familiar 23 with the Maternal Hospital Quality Improvement Network? Are the affiliate hospitals just not 24 involved? 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 173 1 2 LORRAINE RYAN: I am familiar with many of the 3 initiatives that the city is undertaking. I am not familiar with the details of this. The one that you 4 are referencing right now. 5 CHAIRPERSON ROSENTHAL: I have no further 6 7 questions. Thank you. 8 COMMITTEE COUNSEL: Thank you so much Chair 9 Rosenthal. At this point, we do not have any other Council Members who have raised their hands, 10 11 including from the other Chair. 12 CHAIRPERSON RIVERA: I did have a question. 13 COMMITTEE COUNSEL: Oh, sorry Chair Rivera, go 14 ahead. 15 CHAIRPERSON RIVERA: Thank you so much. Ms. 16 Ryan, I just wanted to ask about just one thing in 17 your testimony. I am very surprised that no one 18 seems to know where there is a lack of midwifery 19 programs considering there are only 11 acute facilities. 20 21 I think I know which ones they are. I think it's Lincoln, Harlem and Queens. I don't know why no one 2.2 23 else seems to know those answers besides. I got that information from fellow midwives and doula's and what 24 25 concerns me and I am trying not to make a connection

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 174 is that those hospitals exist in historically underserved Black and Brown low-income immigrant communities where these rates, these statistics have hit disproportionately with COVID on top. That wasn't my question.

7 My question is on something that you mentioned in your testimony which was, let me make sure I get it 8 9 right here. When discussing the state pilot program, you stated you don't know why it was not well 10 11 received and in the steps, you mentioned that Greater 12 New York is taking to address implicit bias and how 13 is doula feedback and expertise included in that? 14 LORRAINE RYAN: I am confused by the first part 15 of what you said. You referenced the pilot in Brooklyn and then you went to a comment. 16 I am not 17 sure I am connecting the dots.

18 CHAIRPERSON RIVERA: I will repeat it, it is not 19 a problem. When discussing the state pilot program 20 in Brooklyn you stated you don't know why it was not 21 well received and I know we mentioned -

LORRAINE RYAN: I didn't use the term well received. What I said is that there were two county's in New York State, approximately a year and a half, it could have been slightly longer when the

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 175 1 Governor's recommendations came out that were awarded 2 3 as pilot test sites for doula programs. 4 CHAIRPERSON RIVERA: I'm just going to - and the 5 quotes weren't around well received. There was you said, you don't know why. My question is -6 7 LORRAINE RYAN: No, I did, well, if I could just finish. The one upstate -8 9 CHAIRPERSON RIVERA: I want to finish my question and then you can finish your answer. 10 11 LORRAINE RYAN: Okay. 12 CHAIRPERSON RIVERA: In the steps you mentioned 13 that Greater New York is taking to address implicit bias and I want to know, as you are addressing 14 15 implicit bias, how is doula feedback and expertise 16 included in addressing that issue? And I believe 17 that the doula community in New York City has been 18 extremely clear about many specific concerns is why I 19 asked. 20 How are you incorporating doula expertise and 21 feedback as you address implicit bias within your greater New York Hospital Association facilities? 2.2 23 LORRAINE RYAN: What I did mention that Greater New York was supporting was an implicit bias training 24 We are working with an outside organization 25 program.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 176 1 that is focused purely on obstetrics and how patients 2 3 are communicated with. Whether or not the workforce 4 is sensitive to the needs of their patients if they are different than the patients that they are 5 serving. Doula's wouldn't necessarily be excluded 6 from that but I don't know that that has a particular 7 focus on doula's. What I did mention is that the 8 doula community through its advocates and community-9 based organizations has approached Greater New York 10 11 about having a forum with hospitals, so that they 12 could speak for themselves in expressing the benefits 13 of the doula's presence and how they could work more cooperatively hospitals and doula's together in 14 15 welcoming doula's and ensuring that doula's have 16 access and in understanding some of the limitations 17 that might be because of space considerations in the 18 era of COVID. That was my reference to hospitals and doula's having a forum. It starts with communication 19 and I am happy to bring the parties together, so that 20 they can have the direct one on one with one another 21 2.2 to understand, for the hospitals to understand the 23 role of doula as a non-clinician support person and for the doula's to understand what some of the 24 25 restriction might be because we are in the middle of

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 177 1 2 a pandemic and the numbers are just going up again. 3 They are not unfortunately leveling off. 4 CHAIRPERSON RIVERA: Understood and considering 5 the pandemic, the state has provided guidance indicating that doula's and other support persons are 6 7 able to accompany a person giving birth. However, we 8 have heard from advocates that different hospitals 9 are interpreting this guidance differently leading to access issues. 10 11 So, can you please restate the policy for 12 allowing doula's to be present at births during the 13 pandemic? 14 LORRAINE RYAN: I read it the way you read it. 15 That is a patient chooses to have the doula as a 16 support person, they can be present during labor, 17 delivery and in the postpartum phase. 18 One thing hospitals may have some specific need to restrict because as I mentioned earlier, we don't 19 have private rooms in all of our safety net 20 hospitals. So, you have a doula and a significant 21 2.2 other and a patient times two. Six feet of 23 distancing isn't going to work. So, there might be some situations that have 24 25 presented challenges. That by and large, you and I

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 178 1 2 understand the state policy the same way. That 3 doula's are permitted at the request of the patient 4 as a nonclinical support person. CHAIRPERSON RIVERA: Does a doula have to how 5 paperwork in order to enter the facility? 6 7 LORRAINE RYAN: You know that has come up a lot. I don't know that they even ask for paperwork. 8 The 9 noise is moving, so I am moving but what I have heard is that doula's have been asked if they are 10 11 certified. They don't have to be certified. I think 12 some hospitals have asked what their training is. Ι 13 don't know if there is a hesitation to speak to the training but as far as the states policy, they should 14 15 not be required to be certified. 16 CHAIRPERSON RIVERA: Well, I mean, it's just 17 concerning because doula's need to know ahead of time 18 that they need to show any sort of paperwork and this 19 needs to be across the board the same. 20 LORRAINE RYAN: Yeah, one of the things on our conversation with the doula community last week, I 21 recommended that it would be useful to communicate 2.2 23 previously to the hospitalization. The patient can communicate it or if the doula attends prenatal 24

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 179 visits that they plan on being present in the hospital for the delivery.

So, and they actually embraced that concept. That information is you know, knowledge is helpful. So that the expectation that there will be a doula present with the patient and potentially another support person is useful information for a hospital for planning.

But these are the kinds of things that I think 10 11 would come out when we host this conference call, 12 forum, Zoom meeting, whatever it turns out to be. 13 CHAIRPERSON RIVERA: I think bringing the parties together seems like a very needed and simple first 14 15 step. When is that forum scheduled? 16 LORRAINE RYAN: It isn't scheduled yet. 17 CHAIRPERSON RIVERA: Okay but there is a forum in 18 the works? 19 LORRAINE RYAN: We spoke last week, yeah, I am 20 working on it. 21 CHAIRPERSON RIVERA: Okay, well, we would be 2.2 thrilled to know when that happens and to be able to 23 make sure as many people are participating as possible, relevant stakeholders. Well, thank you 24 25 very much.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 180 1 2 LORRAINE RYAN: You are welcome. 3 CHAIRPERSON RIVERA: I just want to be clear is you know, the last thing that someone needs to worry 4 about in a pandemic is showing up and being told they 5 can't access or can't help or can't support. 6 That's 7 why we have been so consistent about having some sort of standards. Considering there is no standard 8 9 certification for doula's right now, so the lack of consistency around requirements is troubling. But I 10 11 thank you for your answers and for being here and for 12 testifying and thank you Chair for allowing the 13 questions. 14 LORRAINE RYAN: Thank you. 15 COMMITTEE COUNSEL: Thank you so much Chair 16 Rivera. I am going to check if there is any other 17 Council Members that would like to ask a question or 18 if Chair Rosenthal or another Chair would like to ask any other questions. Okay, thank you. We will move 19 20 to the next panel. 21 So, panel three, I will read the names and then 2.2 call on you individually. The next panel will be 23 Danielle Castaldi-Micca, Denise Bolds and Debra Lesane. So, the next panelist will be Danielle 24 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 181 1 Castaldi-Micca. You may begin when the Sergeant 2 3 calls the clock, thank you. 4 SERGEANT AT ARMS: Starting time. 5 DANIELLE CASTALDI-MICCA: Hi, thank you so much for having me. Thank you to all the Chair's and in 6 7 particular, I want to thank Council Member's Rivera and Rosenthal for staying. I know that that's not 8 9 like visible on the livestream, but I think for all of the presenters, it is really valuable to see you 10 11 and to know that you are here. So, thank you very 12 much. It is hard to speak into the void. 13 So, again, my name is Danielle Castaldi-Micca, I am the Vice President of Political and Government 14 15 Affairs at the National Institute for Reproductive 16 Health. At NIRH, we work to secure access to 17 reproductive healthcare, protect reproductive freedom 18 and ensure reproductive justice at the state and local level across the country. We are based here in 19 20 New York. 21 While NIRH is a reproductive rights organization 2.2 that most frequently would be speaking with the 23 Council about abortion or contraceptive access, it was important for us to be here today because the 24 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 182 ability to have safe and healthy births is the other side of that same coin.

The principle of reproductive justice, which is a 4 phrase we have used a lot here today, is most 5 frequently - I think people use the sister song 6 7 definition which is the human right to maintain personal bodily autonomy, have children, not have 8 9 children and parent the children we have in safe and sustainable communities. And it feels very clear 10 11 before this but certainly from the testimony we have 12 heard here today that we are failing on nearly every 13 piece of that definition in New York City and the 14 racial disparity component of that is so stark and 15 shameful.

I am really happy the Council is taking up this issue and given the bills and resolutions that are being considered, taking a broad view of ways to address it. We cannot accept that maternal deaths are just a part of birthing.

I don't think I need to say this to the members who are here but to the rest of the Council, I hope that our elected officials are listening closely to the birth workers and providers and parents

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 183 1 testifying here today and that we use every tool at 2 3 our disposal as a city to help address this. 4 As someone who lobbies on reproductive right issues a lot, the one thing I often say is there are 5 a lot of structural things that we can change. 6 It is 7 much harder to legislate racism out of healthcare. 8 If we could pass a law, that would be amazing. 9 So, I am not going to go through the statistics, we have had plenty of public health experts do that. 10 11 We know what is at stake here. What I am going to 12 say is that I urge the City Council and the 13 Administrative agencies that are here today to work together to shape a city where childbirth does not 14 15 have to be a high risk activity. That is a city where everyone has access to range of birthing 16 17 options. 18 SERGEANT AT ARMS: Time expired. 19 DANIELLE CASTALDI-MICCA: I will be quick, thank 20 you. Where everyone has access to a range of 21 birthing options that includes not just hospitals but also home births, midwifery led birthing centers and 2.2 23 everything in between regardless of their income or neighborhood. It is a city where the health and 24 25 safety of those giving birth and their children is of

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 184 1 2 the utmost priority over convenience procedure or 3 It is a city where those giving birth have profit. access to affordable prenatal midwifery, doula and 4 postpartum care in their own communities and where 5 those providers are fairly compensated. And it has 6 7 to be a city where healthcare providers are held responsible for rooting out their own biases and 8 9 racism and our institutions are required to do the same. And I appreciate the vigor with which Chair's 10 11 Rosenthal and Rivera are trying to do that today. 12 So, NIRH supports Intro. 2017, 2042 and Reso.'s 13 1239 and 1408 but we emphatically urge you to continue to do more. While 2020 has been a year 14 15 defined in New York City by a singular public health 16 crisis of COVID, maternal mortality and morbidity has 17 been a crisis for decades and we owe it to the 18 families of all whom have been lost to keep doing this work. And I want to add I think to everyone's 19 condolences and thanks to you Bruce. I know again, I 20 am a live city feed, you can't see it but I know you 21 2.2 are here watching and I am exhausted and heartbroken. 23 And so, I can only imagine what this day is like for you and thank you for being so brave and so open. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 185 1 2 And the last thing I will say, which I also said 3 at the rally in the morning, my job, I get paid full-4 time to be a government affairs professional that talks about reproductive health. We all need to be 5 working towards a day when I can do that for my full-6 7 time job but you don't have to be out here doing it. That's not your job and that all of the parents get 8 9 to just be parents and all of the birth workers get to just be birth workers and usher in health, happy 10 11 families. 12 So, thank you so much for having me and again, to 13 the Council Members who are here and who have stayed, thank you for showing your faces. It is really 14 15 important. COMMITTEE COUNSEL: Thank you so much for your 16 17 testimony. We will move to the next panelist now, 18 Denise Bolds. Starting time. 19 SERGEANT AT ARMS: DENISE BOLDS: Hi, good afternoon everyone. 20 My 21 name is Denise Bolds and I am a Native New Yorker. Ι 2.2 was born in Harlem Hospital where my mom had an 23 unassisted birth because as a Black woman who was ill at the time during her pregnancy, the clinical staff 24 25 did not want to come in and help her deliver me, so

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 186 she basically had an unassisted birth in the hospital. That's how Black birth starts. That's how my birth started back in 1964.

5 I just want to say also to that I am a donor certified birth doula past six years, over 173 family 6 7 supported. I am a hospital Doula. I am known for 8 high risk births because of my prior careers, where I 9 was a trauma technologist at Bellevue Hospital where I learned a lot in the ER and the OR. That was two 10 11 of my favorite places in the world to be back in the 12 early 80's and I also then became later on; I became one of the first medical social workers with a 13 14 master's degree in social work to be hired here in 15 New York State to do case management for managed care organizations back in the 90's. 16

17 So, I did medical case management for insurance 18 companies and I did it for high risk pregnancies and 19 I can tell you that the one entity that we are all 20 trying to get around here in this room is money. 21 Money controls just about everything when it comes to 2.2 healthcare and it is the money that we have to look 23 at. For these for profit hospitals that are complaining about, they don't know what to do, if 24 they put on their budget line a budget for doula 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 187 1 2 care, for doula support services, I can promise you 3 that there are statistics in customer satisfaction as 4 well as their birth outcomes will change. Insurance companies as well as hospitals, they 5 have to answer to quality assurance regulations and 6 7 we all know that doula's make a difference, okay. For Lorraine Ryan, please if you can think 8 9 consciously to stop using the word minority. It makes me flinch. It is an outdated term. 10 It is up 11 there with negro and I can't stand it. 12 At this point, we are people of color or we are 13 BIPOC but I am no one's minority, thank you. The way I feel about this is very, very personal 14 15 near and dear to me because of the work that I have 16 been called to do. As a doula, I have been called to 17 do this work and as a high risk doula who is in the 18 hospitals a lot, I see many, many, many things that are happening here when it comes to birth that can be 19 20 avoided. I see a lot of fear. I see a lot of intimidation. I see a lot of lack of communication. 21 2.2 I see a lot of miseducation that's happening to 23 families, good people, good hard working degree earning, tax paying law abiding people and they are 24 pushed into this vacuum and treated like it is an 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 188 1 2 assembly line. Where you don't know that patients 3 name. You didn't look at their chart. You don't 4 know their background. You don't know what it took for them to get here. You don't know anything other 5 than the diagnosis code. Because that's the way the 6 7 medical model has shifted now. 8 SERGEANT AT ARMS: Time expired. 9 DENISE BOLDS: We have begun to treat pregnancy like it is more of a clinical situation, more of a 10 11 disease, more of a code, more of a reimbursement. And what we have to understand here is that this is a 12 13 three legged stool that we have to hold hospitals accountable as well as the insurance company and the 14 15 community.

16 I have written doula proposals for major 17 hospitals. As a medical case manager for Emblem, MVP 18 and Oxford Health, I know the intricacies of what insurance companies do and how they impact hospitals 19 and how that impacts the care of a community. I have 20 21 written doula proposals for hospitals. Whereas Chair 2.2 Rosenthal said, just a couple thousand dollars to 23 start a doula program, you will see a difference but the resistance that you see here today in the way 24 Lorraine Ryan has communicated, that is the same 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 189 1 bureaucratic communication that the upper echelon of 2 3 the medical model, the CFO's and the CEO's, that's exactly the way they speak and that's exactly the way 4 they think. Okay, they are on the defensive, they 5 don't want to be corrected, they are putting 6 7 something on an agenda for ten years and you better like it because that's the way its got to be. And I 8 am saying that that's no longer acceptable anymore. 9 It is just not acceptable. 10

11 This is a crisis against humanity. When Black 12 and Brown women are dying. I can go and have a 13 triple bypass or quadruple bypass and come out faster than I would giving birth. Think about that. 14 I can 15 come out very well in cardiology but I am taking a 16 huge risk when it comes to labor and delivery. And 17 these women are coming to me and they are asking me 18 to do something that puts them at more risk. Unassisted birth, they don't want to go to a 19 20 hospital. They are afraid and not every woman is a 21 candidate for a birth center birth. We have many, 2.2 many moms who do need the support of the hospitals 23 and it is the hospitals responsibility to do that well. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 190 1 2 The last thing I would like to say here also is 3 that we need to look at the midwives who are here in 4 New York practicing at hospitals. What do they look They are White. They don't even have enough 5 like? representation of diversity for midwives who are 6 7 allowed to practice here in New York hospitals because the White, there is an influx of White 8 9 midwives but it is very, very hard to get a Spanish speaking or a Black midwife into these hospitals to 10 11 serve for people that look like me. 12 So, I am really, really keen Lorraine and whoever 13 else is possible. Please, this doula forum, I would love to speak there because of my prior history, 14 15 because of my prior career and because of the work 16 that I am doing. I am taking COVID tests like you 17 wouldn't believe because I am trying to appease every 18 single hospital and each hospital is a personal silo. I went to Montefiore, the two Montefiore's in the 19 Bronx Einstein and the other one. Einstein said, you 20 21 got to have the COVID test. You got to walk in with 2.2 the COVID test. You can't come in here and support 23 this birth unless you have a COVID test. My client went to Einstein to give birth. 24 It was

25 too crowded. They sent her over to the other

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 191 1 2 Montefiore hospital, okay. She went there, went into 3 labor and labor in the triage room for 8 hours 4 because there wasn't a room for her. I couldn't come and support her until they got her into a room, 5 I understand that. I understand, no problem. 6 right. 7 I went and showed the nurse my doula certification, my medical malpractice insurance and my negative 8 9 COVID test, you know what that nurse told me? Oh, you don't need to have that here. 10

11 Do you know what I went through to navigate getting the COVID test within the 72, you know the 2 12 13 day, the 72- hour period to make sure that I am not 14 reinfecting. Do you know the stress and strain of 15 this family? This poor mom is huffing and puffing. 16 Denise, did you get a COVID test? Can you come? 17 The stress and strain that we are putting on our 18 families and the essential workers who are on the 19 frontline. Why? A lot of this is avoidable but I do want to say, I would love to participate in this 20 21 doula forum that's coming up because I do have a lot 2.2 of exposure being a hospital doula. That's what I 23 do. I work as a hospital doula and I have seen all of these hospitals, including the one out on Long 24 Island, Northwell, where they don't want doula's. 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 192 Even with an executive order, they are allowed to exclude themselves from the executive order and ban doula's from their hospitals.

5 Okay, so let's talk about the amount of autonomy and the amount of power that these hospitals give and 6 7 it is not benefiting the communities. It is not. Ιt 8 is not helping communities at all. When you can 9 override an executive order from the governor of the State of New York, that's a lot of power. That's a 10 11 lot of power and that's a lot of money and we have to 12 call it as we see it. These for profit hospitals can 13 no longer broke. Oh, we don't have money for a doula support but if you want to come in and do it for 14 15 free. No and to answer Lorraine Ryan, yes, we had a 16 doula pilot program here in Brooklyn. I was one of 17 the first doula's to get my NPI and do everything to 18 sign up to be a Medicaid Doula because that's what I 19 was called to do.

But you know what happened? The reimbursement rate. There is no way I can live on \$600 before taxes and there is no way that I can do 6 prenatal visits and 6 postpartum visits and support a birth on average that lasts about 27 hours. It is punitive what New York State did when it came to the Medicaid COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 193 reimbursement for doula programs. It was punitive what you did.

Other states, they are paying \$800, \$900, \$1,200, 4 \$1,500 up in Massachusetts for a doula reimbursement 5 program. But here in New York, all we could negate 6 7 was \$600 and told, you better like it because that's all you are going to get. And then you are going to 8 9 sit here and say, well, gee I don't know why the doula's in Brooklyn didn't sign up. Because you 10 11 can't survive off of that and it doesn't make sense. 12 6 prenatal visits and 6 postpartum visits, how are 13 you going to fit all of that in? It is almost virtually impossible, especially being on call to 14 15 support the birth as well.

So, that's why the medical model failed when it 16 17 came to Medicaid for doula's in Brooklyn. Because 18 you did not set this up, you did not listen to the 19 doula's. You picked one doula to speak for all 20 doula's and that's a big mistake. We have very 21 intelligent doula's here in New York State and you 2.2 cannot just pick one doula and one doula organization 23 to speak for all doula's. That's plantation mentality. That's racist and its got to stop. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 194 1 2 That's all I have to say because I am losing my 3 temper. Thank you very much. COMMITTEE COUNSEL: Chair Rosenthal. 4 5 CHAIRPERSON ROSENTHAL: I want to continue with the panel but I really want to thank you. 6 7 DENISE BOLDS: It breaks my heart. It absolutely breaks my heart. Why women were treated better as 8 9 slaves when they were pregnant because they were somebody else's property. When we were no longer 10 11 slaves, then we had a problem here called maternal 12 health disparities. This model was never for us. The AMA banned Black doctors when we were 13 emancipated. This medical model was never for Black 14 15 people. It was never for people of color. So, you 16 are trying to build something on a very unstable 17 foundation. 18 CHAIRPERSON ROSENTHAL: Thank you for your anger 19 and expressing it. Really appreciate you, very, very 20 much. We still have the rest of the panel, is that 21 right? 2.2 COMMITTEE COUNSEL: Chair Rosenthal, so we have 23 one more panelist on this panel and that panelist is Debra Lesane. 24 25 CHAIRPERSON ROSENTHAL: Thank you.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 195 1 2 COMMITTEE COUNSEL: Ms. Lesane, you may begin 3 when the Sergeant calls the clock. Thank you so 4 much. 5 SERGEANT AT ARMS: Starting time. CHAIRPERSON ROSENTHAL: I think Ms. Lesane needs 6 7 to be unmuted. There you go. 8 DEBRA LESANE: Thank you. Thank you so much. 9 Thank you Chair Rosenthal, Chair Rivera, Chair Thank you for the opportunity. My name is 10 Levine. 11 Debra Lesane, I am the Director of Programs at Career 12 of Young Women's Health Association and we provide a 13 range of services for our community but I quess I am here today because we coordinate a doula program. 14 We 15 provide doula services in actually four boroughs. 16 Brooklyn, Manhattan, Bronx and Queens and I just 17 submitted written testimony but I wanted to use my 18 time to some of the issues that came up and I wanted 19 to speak before but I wasn't able to. So, I want to respond first to an issue brought 20 21 up by Chairperson Rivera. I want to say that our 2.2 doula program, Healthy Women, Healthy Futures is 23 funded by New York City Council. So, we thank you very much for the opportunity to serve our community. 24 This is our seventh year of funding and the funding 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 196 for our doula program allows us to provide doula support to the women from the four boroughs at no cost to the women but it also allows us to recruit and train people from the community to become doula's.

So, that's something in response to Chairperson Rivera that something that we do every year. We recruit a cohort of [LOST AUDIO 4:22:22] trained upwards of 75 new doula's across all five boroughs. Okay and that's something we have been doing every year for the last seven years.

13 In response to Chairperson Rosenthal, your suggestion of Greater New York Hospital Association 14 15 supporting the MHQUIN project. That is an excellent idea [LOST AUDIO 4:22:49;22:54] some components of 16 17 the MHQUIN. One component that I have worked very 18 closely with them is promoting doula access and 19 specifically I work very closely with promoting doula 20 access at Montefiore Hospital and Metropolitan 21 hospitals. And in promoting doula access there are 2.2 number of steps that we have taken in working with 23 those hospital and one of the steps is to help the hospital develop a doula policy for that hospital. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 197 1 2 So, that everyone at the hospital is clear on 3 what the doula policy is and people outside, 4 including doula's can know before they come to the hospital. What is that hospitals policy in terms of 5 doula access. 6 7 And so far, we have developed a really nice policy and procedure with Metropolitan Hospital. 8 Ι 9 believe they are the first hospital to complete the doula policy and we are working with Montefiore 10 11 Hospital at this time for them to complete their 12 doula policy. 13 So, even though as Chairperson Rivera noted, even though we have a mandate from the governor on doula 14 15 access-16 SERGEANT AT ARMS: Time expired. 17 DEBRA LESANE: Even though we have a mandate from 18 the governor's office, every hospital was developing 19 their own policy and procedure and it was often times 20 individual depending on who was meeting the doula at the door. 21 2.2 I have had to - on a personal note, I had to 23 actually go to my office at 9 p.m. one night and write a letter for doula to be able to have access to 24

be able to support her client. Mount Sinai Hospital

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 198 1 would not allow a doula to [LOST AUDIO 4:24:40-2 3 4:24:44] and women don't deliver on any schedule, so 4 this was an emergency and she was unable to go in unless I was able to provide a letter on letterhead 5 at 9 p.m. Okay, so these are things that are 6 7 happening but with the development of each hospital having a doula policy, hopefully we will be able to 8 9 get rid of these issues. So, what Ms. - the lady from Greater New York 10

10 so, what Ms. - the lady from Greater New York 11 mentioned about working with individual hospitals, it 12 is something that MHQUIN is already doing and they 13 already have a template and a format. Okay, so you 14 know, as much as they can contribute to that process, 15 I think it would be helpful and that process should 16 continue.

I want to What Ms. [INAUDIBLE 4:25:37] said about the Medicaid Doula Pilot for Brooklyn is correct. It is not that the doula's didn't want to sign up. The doula's were not able to participate because of the reimbursement. It was prohibitive.

So, what that means is that women on Medicaid in Brooklyn did not have the ability to have a doula paid for by Medicaid and I think that's a travesty at this point. It is just really a travesty.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 199 1 2 Early on communication was mentioned as an issue 3 that basically lack of communication is contributing 4 to an ongoing problem with maternal mortality and morbidity and that communication [LOST AUDIO 4:26:19-5 4:26:28] client and the providers are important but 6 7 we are seeing women from the time they know they are pregnant, actually before they know they are 8 9 preqnant, throughout their pregnancy up until a year after they give birth. Because maternal mortality is 10 11 defined as any pregnancy or delivery related that's 12 up until a year after the child is born. So, during 13 that time, communication with community-based providers is very important and needs to be 14 15 supported. Hospitals have to be open and recognized. That community-based providers provide support to 16 17 women before they go to the hospital and after they 18 get out of the hospital. 19 So, yes, we should be working with hospitals but

20 we should also provide adequate resources to 21 community-based organizations so that we can provide 22 the necessary level of services that are required.

And the last thing I want to say is we know that the COVID pandemic has heightened the disparities that exist. We serve upward of 600 women per year

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 200 1 2 pregnant and postpartum and we seen a real increase 3 in women who need housing. We have many women who are now in shelters who are pregnant and going 4 5 through pregnancy in shelters. We have women who also have food insecurity and women who have 6 7 heightened mental health needs.

8 So, I would recommend that New York City develop 9 some system so that pregnant women have priority [LOST AUDIO 4:28:09-4:28:12] should just have to go 10 11 through the shelter system while she is pregnant or 12 with a newborn baby. There has to be some priority 13 given to serving pregnant people in New York City. 14 And that completes my testimony. Thank you very 15 much and I just wanted to give my condolences to Mr. 16 McIntyre. As much as we do, it is not enough as long 17 as women are dying. It is just not enough and we

19 COMMITTEE COUNSEL: Thank you so much. Chair's 20 Rosenthal and Rivera.

have to do more. Thank you all.

18

21 CHAIRPERSON ROSENTHAL: Yeah, well first of all 22 Ms. Lesane, thank you for everything that you do. It 23 is pretty remarkable and really appreciate your 24 comments. You know, Ms. Bolds, halfway through your 25 testimony or about a quarter of the way through,

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 201 1 2 interestingly Greater New York Hospital Association 3 Representative hopped off. So, Greater New York was not able to hear. 4 Their 5 representative was not able to hear both your and Ms. Lesane's really good suggestions for them and it was 6 7 noteworthy. 8 DEBRA LESANE: Predictable. 9 CHAIRPERSON ROSENTHAL: Yeah and let's see, so I had a question for both of you. Are either of you on 10 11 the city's M3RC? DEBRA LESANE: I was a member for the first two 12 13 years. So, my position expired in December of 2019. 14 DENISE BOLDS: No, I am not on but I would 15 certainly make every effort to contribute any way 16 that I can. 17 CHAIRPERSON ROSENTHAL: Do you work, Ms. Bolds 18 are you in touch? Is DOHMH in touch with you on your 19 work? 20 DENISE BOLDS: No, no, this is my work. I have a 21 full-time doula business, full-time doula practice. 2.2 This is what I do for a living. That and I am a CLC, 23 so I also work with breastfeeding women and no, I have not heard from the Department of Health with 24 25 that.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 202 1 2 CHAIRPERSON ROSENTHAL: So, they are required to 3 do an analysis of the doula services that are 4 provided in New York City now and come up with a plan of action to increase the number, increase access to 5 doula's. You are telling me they have never reached 6 7 out? You have never heard from anyone at the Department of Health? 8 9 DENISE BOLDS: No. CHAIRPERSON ROSENTHAL: That's concerning. 10 11 DENISE BOLDS: It is. I mean, I have an LLC. Ι 12 am an MWBE. I have done everything the right way 13 when it comes to my business, so my information is out there. I also have an NPI number. I am out 14 15 there. I am accessible. 16 CHAIRPERSON ROSENTHAL: Clearly. Thank you. Ms. 17 Lesane, you talked about a doula access plan that you came up with for Metropolitan. You are working on 18 19 one now for what was it Montefiore or Mount Sinai? 20 DEBRA LESANE: Yes, Montefiore. 21 CHAIRPERSON ROSENTHAL: And again, do you work in 2.2 collaboration with the city on that, Department of 23 Health? DEBRA LESANE: Right, that's one aspect of the 24 25 MHQUIN project is to improve doula access at the

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 203 1 2 MHQUIN member hospitals. So, we have gone to both 3 Montefiore and Metropolitan many times to speak with 4 the staff to engage the staff around doula access. Educate the staff [LOST AUDIO 4:31:39-4:31:42] 5 appreciate the role of the doula. So, and also to 6 7 get them as I mentioned policy that is an official hospital policy on doula access, so that all of the 8 9 hospital staff is following the same policy and that policy can also be publicized to the public and to 10 11 the doula community. And doula's are involved in the 12 development of the doula policies at the hospitals. 13 CHAIRPERSON ROSENTHAL: That's great, that's 14 great. Two quick questions. How much money does 15 your organization receive from the network project? 16 In other words, if the project is not funded for next 17 year, how much money will your organization lose? 18 DEBRA LESANE: We don't receive any funding to 19 participate on the MHQUIN. So, we you know, receive 20 funding to provide our doula program and coordinate 21 our doula program in four boroughs but we -2.2 CHAIRPERSON ROSENTHAL: But you are doing the 23 work. 24 DEBRA LESANE: Yes.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 204 1 2 CHAIRPERSON ROSENTHAL: The bill requires on 3 coming up with doula access plans. You are doing that work and not getting reimbursed by the city? 4 DEBRA LESANE: No. 5 CHAIRPERSON ROSENTHAL: The City Council funding? 6 7 DEBRA LESANE: No. Our City Council funding is 8 only to coordinate Healthy Women Healthy Futures 9 Doula Program. So, we take it as [LOST AUDIO 4:33:19-4:33:24] Health and Mental Hygiene because 10 11 doula access is important for us to be able to do what we do but we don't get funded for that 12 13 specifically. 14 CHAIRPERSON ROSENTHAL: Would you have liked to 15 have continued on the M3RC? And I know your screen 16 is occasionally frozen, so -17 DENISE BOLDS: And once again, that's the 18 mentality when it comes to community doula work, when 19 it comes to serving your community. It is the BIPOC. 20 It is the women of color who step up and do this 21 work. 22 DEBRA LESANE: I missed your question. Chair 23 Rosenthal? 24 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 205 1 2 CHAIRPERSON ROSENTHAL: Yeah, got you. One 3 second, one second please. Please continue Ms. 4 Bolds. I agree with you 100 percent. DENISE BOLDS: Yeah, so we don't get reimbursed. 5 Debra was saying in Healthy Women Healthy Futures, 6 7 along with several other organizations have been 8 working very hard and look at all this wonderful work 9 that she is talking about and she is not being reimbursed in any way. This is going to impact a lot 10 11 of families and a lot of the community and that's the 12 pattern when it comes for community doula work when 13 it comes to Black women. You will do the work but you will not be 14 15 adequately compensated for your expertise and for 16 your intellect. That's intellectual property. 17 That's theft. 18 DEBRA LESANE: I didn't hear your question Chair 19 Rosenthal. 20 CHAIRPERSON ROSENTHAL: I was wondering. Thank you Ms. Bolds for that comment. Ms. Lesane, I was 21 2.2 asking whether or not you would have liked to have 23 continued on the M3RC and if knew the name of the doula organization that continued the work after you 24 left. 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 206 1 2 DEBRA LESANE: I am not sure. I just received a 3 letter stating that my term was over. So, I am not sure that [LOST AUDIO 4:35:11-4:35:14] decision. I 4 5 was not informed. I was just informed that my two 6 year term was expired. 7 CHAIRPERSON ROSENTHAL: While you were on during those two years, do you feel like your voice was 8 9 heard during the Committee meetings? Ms. Lesane, while you were a Committee Member, do you feel like 10 11 your voice was heard on the M3RC? 12 DEBRA LESANE: Definitely, it was and I was 13 thinking that the information that I gained from being a member of that Committee has helped me to be 14 15 able to improve the level of support that our doula's 16 are providing. As we are going through cases, we 17 hear about gaps in services and care, so that when we 18 receive doula referrals, you know, I can know for 19 example you know, I will say a women you is an 20 immigrant who has recently arrived here is at greater

22 that.

23 Women who are in shelters, you know, we try to 24 give them additional support because we know they are

risk. And so, we pay special attention to cases like

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 207 1 2 at greater risk. Women who may not speak English are 3 at greater risk. 4 CHAIRPERSON ROSENTHAL: And you learned all of that by being a member of the M3RC. 5 DEBRA LESANE: Participation on that Committee. 6 7 CHAIRPERSON ROSENTHAL: Great, thank you all so much. I could talk to you all day long. There is 8 9 another panel waiting and you have important work, so thank you so much for your time. It is really 10 11 valuable for us to be able to push the ball forward. 12 I just so appreciate everyone. Thank you. COMMITTEE COUNSEL: Before we move forward Chair 13 Rivera, did you have any questions? 14 15 CHAIRPERSON RIVERA: I just want to thank you all so much. This is, I think Ms. Bolds, you kind of 16 17 laid it all out. We are built on an unstable 18 foundation. So, we are trying to essentially build 19 something new and no one is giving us the tools. DENISE BOLDS: And it hurts. It cuts so deeply 20 for me. It really does. It is something that keeps 21 2.2 me up at night. I hear the terror; I see my peers 23 working alongside me so hard. I hear stories like Mr. McIntyre. This is not what I had anticipated 24 when I stepped into this role of being a doula. I 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 208 1 had no idea the enormity and like I said, it is 2 3 because of the cellphone that we are able to stay 4 connected and it has really opened up the enormity of this maternal crisis that we are in because the 5 cellphone is able to connect millions of people at 6 7 once and document something that has happened. If it 8 didn't document, it didn't happen and that's why we fell into this abyss for so long. But it is just, it 9 is devastating for me. 10 11 CHAIRPERSON RIVERA: Thank you. Thank you for 12 all you do. Thank you Chair. 13 COMMITTEE COUNSEL: Thank you so much to our panelists and also to the Chair's. I don't see any 14 15 other Council Member hands for this panel. We will just do one check for Council Member questions using 16 17 the raise hand function in Zoom. We don't see any hands, so we will move to the next panel. This next 18 19 panel will be our final panel. There will be five 20 panelists, so we will call the panel and then each 21 individual by name followed by a check after this 2.2 panel, for any panelist that we may have missed. 23 So, we know some people have logged out and may log back in. So, we will do a check after this panel 24 25 but for right now, it is our final panel.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 209 1 Panel Four will be Eugenia Montesinos, Neelu 2 3 Shruti, Annette Perel, Patricia Loftman and Tricia 4 Shimamura. So, again, we will start with Ms. Eugenia Montesinos. You may begin when the Sergeant calls 5 the clock. Thank you. 6 7 SERGEANT AT ARMS: Starting time. EUGENIA MONTESINOS: Can I start now? 8 9 COMMITTEE COUNSEL: Yes, please begin. Thank 10 you. 11 EUGENIA MONTESINOS: Hi, good afternoon. My name 12 is Eugenia Montesinos, I am a Midwife at Metropolitan 13 Hospital. I have been working for 20 years here and it is a hospital that serves a minority of Brown and 14 15 Black mothers. And so, I just want to talk a little 16 bit about what is going on. 17 Like plenty of the previous people on that were 18 saying how much maternal mortality is a pandemic that 19 was happening way before COVID. It has been 20 happening way before and I have been witnessing, I 21 mean, it was happening but with COVID that increased, 2.2 it surfaced more what is really happening, especially 23 with our Black and Brown mothers. I just want to start how even that much people 24

notice it even more why maternal care was so

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 210 1 2 important in the city and why it makes more news, not 3 because they weren't paying attention to our Black 4 and Brown mothers. It was because our White mothers, they got hit. They never got hit in a way that now 5 your partner cannot go in with you and that make it 6 7 big news.

8 So, it was not - if it wasn't that, I don't think 9 they would pay attention to that. It is not on the 10 news, the newspaper, the media, everybody was paying 11 attention to now. Because of White mothers being hit 12 for the first time with these big disparities that is 13 happening.

14 So, on one of the teams said it was very 15 disheartening with me that would happen. They were able to look for options. They were able to look for 16 17 having a home, I mean a birth home, you know they can 18 have it at home. They can pay for that or they can 19 pay to be going out of the city where [INAUDIBLE 4:42:18] is not in there. So, they can go to their 20 21 country houses which you are not getting infected but 2.2 our Black and Brown people, they have no options 23 whatsoever. They have to be there. They lose jobs, their partner losing jobs and there is no way to get 24 25 communicated with us because we were not prepared.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 211 1 2 We didn't have anything - how are we going to 3 find out like what is it. There is no phone. 4 SERGEANT AT ARMS: Time expired. EUGENIA MONTESINOS: For them also there was no 5 way to be communicating to us because we - when you 6 7 went into the hospital, you are not assigned to a 8 specific provider. It's a group and there is a 9 number our clinic chose and they were calling and there is no way to get in touch with us. 10 11 So, it was really more and the whole problem got 12 really very bad for us also and for the mothers and 13 for every people who was taking care of them. Doula's could no longer come in. Mothers can be 14 15 having the babies alone. I mean, no one in there, no 16 one. Not even [INAUDIBLE 4:43:44] we couldn't even 17 go too much to the room because we don't want to be 18 exposed. Because we have to take care of another 19 mother. 20 So, it was very sad and traumatic for everyone. 21 It was not only traumatic for the mother, it was 2.2 traumatic for us, traumatic for the partner and it 23 was really bad. And when you are a White person, you can scream, you can get and sometimes you can get 24 25 your way but when you are a minority, when you are

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 212 1 2 Black or Brown, they are not going to listen to you 3 or you are not aware of your rights. That is one 4 other thing. So, doula's are not advocates and they are not 5 there. We are advocates yet we can't cover 6 7 everything. So, it was a big thing on the maternal mortality and morbidity. With this one, we really, 8 really see how Black and Brown women suffer and there 9 were the consequences for that. You know, they lost 10 11 their job. Sometimes the traumatic - it's just all alone and some people, some of the mothers, the 12 13 domestic violence got higher. 14 CHAIRPERSON ROSENTHAL: Yeah. 15 EUGENIA MONTESINOS: And also, they were not on 16 call. They got pregnant while they were in 17 quarantine and nobody can leave and they got 18 pregnant. Unwanted pregnancies, they can't get in touch with us to have their contraception or if they 19 become pregnant, they can't have an abortion. 20 21 So, it got completely chaos on everything and we wanted to do our best to but there is no way how we 2.2 23 can get in touch. As I said before, we lost a lot of mothers and we just saw them when they were coming to 24 have a baby and we didn't see them for months. And 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 213 1 2 we were talking to them, what happened? They said, I 3 don't have a phone. I don't know how to get in touch 4 with you. My husband died because he got infected, 5 the whole family got infected and it is just very 6 sad. 7 So, for me, we need to implement. As midwives we

8 try to do very holistic care and that is not what it 9 is and we have to change that and if we want to 10 decrease the maternal mortality, we have got to get 11 very serious about it and change how we approach 12 women care period. Not in a way how it is right now.

13 Right now, all our mothers who suffer during the pandemic who had a baby like that including now, they 14 15 are trauma and it is going to be a big trauma not 16 only the parent and also the child because when you 17 were born and you don't have skin to skin, there is 18 not such a connection. It is separated and its going to be a big trauma. We are going to see that in 15, 19 18 years from now, it is going to be a big mental 20 21 pandemic and it is going to hit us. We are not 2.2 thinking about that.

23 We will not see the whole picture and we try to 24 see the whole picture and that is why it is so 25 important to have that option for women. The

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 214 1 2 midwifery option. If they want to chose that, this 3 option should exist for them but we don't have that. 4 Plenty hospitals don't have that. So, we should 5 implement it, if the woman chooses, good. If she doesn't chose, good because we have to offer options 6 7 and that is for me one of the things that, when I think about mothers in general, maternal care have to 8 9 be changing. Look at we have in England, Netherlands, Denmark, they have a very good outcome 10 11 because why? The fist line of midwives and when they 12 have a problem they go to a doctor. So, they do have 13 high risk, low risk and that is what we have to do. 14 United States paid billions and billions of money 15 for prematurity. We spent so much money and it is 16 just enormous and that we can fix it. And just that 17 alone, why are we having premature babies? Premature 18 babies they have problems. They have delayed in 19 learning. It costs us amounts of money and there is 20 no need to go through this. If we are serious to 21 change our lives, the new generation life and I think 2.2 that's the most I can say. 23 There is times that I can keep talking but I think I am going to give a chance to the next ones. 24 25 Thank you for listening.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 215 1 2 CHAIRPERSON ROSENTHAL: Thank you and thank you 3 for sharing what you witnessed all these months. 4 EUGENIA MONTESINOS: Thank you. 5 COMMITTEE COUNSEL: Thank you so much and thank you Chair. We will move to the next panelist who 6 7 will be Neelu Shruti. 8 SERGEANT AT ARMS: Starting time. 9 COMMITTEE COUNSEL: Ms. Shruti, you may begin your testimony. You are still on mute; you probably 10 11 have to accept. A little box will pop up asking you to unmute. You need to be unmuted. There is a 12 13 delay. We are working on a technical issue, one 14 moment. 15 NEELU SHRUTI: There it is. Thank you. 16 COMMITTEE COUNSEL: You may begin when the 17 Sergeant calls the clock. Thank you so much. 18 SERGEANT AT ARMS: Starting time. 19 NEELU SHRUTI: Hi everyone, my name is Neelu 20 Shruti. I am a Birth Advocate here in New York City. 21 I am a student midwife. I run a support space for 2.2 expecting a new parents and I am also part of a group 23 opening a midwifery led birthing center in New York 24 City.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 216 1 I would like to start by pointing out and 2 3 speaking to the specific bills and resolutions that 4 we are talking about today, in the context of reducing racial disparities in maternal mortality. 5 In terms of the first one which talks about I believe 6 7 it is number 2017 as it applies to visitation policy 8 quidelines. In order for this bill to truly address 9 racial disparities in maternal mortality, it needs to include that doula's are allowed to visit birthing 10 11 clients in all hospitals without any certification barriers and for the doula's presence not to be 12 13 counted as a visitor as they are essential workers. 14 For pregnant and birthing people to have a 15 companion at prenatal visits during birth ensure no separation from baby unless medically necessary and 16 17 in case the patient is readmitted for postpartum that 18 the baby is not considered a visitor and allowed to 19 room in. 20 For the second, which is number 2042, which pertains to posting information about midwives on 21 line on the DOHMH website, in order for this bill to 2.2 23 truly address racial disparities in maternal mortality, it would be necessary to include the 24 benefits of using midwives, include nationally 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 217 available data and statistics of C-section rates, maternal and infant disparities, in mortality and choosing to use midwives as well as links to resources to help pay for midwifery services.

For Resolution number 1239, which relates to 6 7 making doula's more accessible to individuals with 8 Medicaid and those without health insurance. Yes, of course, doula's should be more accessible; however, 9 in order for this Resolution to truly address the 10 11 racial disparities in maternal mortality, this Resolution must focus on midwives. Yes, access to 12 13 doula's should be increased but doula's do not solve the racial disparities in maternal mortality as they 14 15 have no role in providing healthcare or not healthcare professionals. We should be relying on 16 17 healthcare professionals that are trained and have 18 proven time and time again to have better outcomes for birthing people of color. 19

And finally, in terms of this Resolution 1408, calling on the New York State legislation to pass a related accreditation approval for a midwifery led birth centers. To clarify all birth centers in New York, even if they are the two emergency birth

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 218 1 2 centers are all physician led. To this day, we have 3 zero midwife led birth centers in New York. 4 SERGEANT AT ARMS: Time expired. NEELU SHRUTI: There remains zero midwifery led 5 birth centers in New York despite the governor's 6 7 executive order. Despite the recommendations of the New York Maternity Task Force. There is a stark 8 9 difference between the two. In addition to the language for this bill for it to be truly effective, 10 11 all midwife led birth centers must receive deemed 12 status for this certificate of need process, which is 13 onerous, expensive and prohibited, which is why we do not have a community birth center facility. 14 15 I would also ask the Council to support 16 Resolutions to pass an executive order for this 17 deemed status to happen because it might take a while 18 for this bill to get passed. We also need a Resolution to allow certified professional midwives 19 20 to have permanent full scope of practice and 21 immediately make funding accessible for any group 2.2 that is trying to open a midwife led birth center in 23 New York City. Thank you. CHAIRPERSON ROSENTHAL: Yeah, thank you and thank 24 25 you for your attention to the bills in particular and

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 219 1 sharing those thoughts on the record. I really 2 3 appreciate that. Is there anything else you wanted 4 to add? I don't want you to feel - I mean, that was, 5 you really just helped us. So, if there is anything, one or two more 6 7 sentences that you want to add, you are so 8 knowledgeable about this. I really appreciate you. 9 NEELU SHRUTI: This is the first time that I have been included in a gathering such as this and so, I 10 11 appreciate that. I do think that voices such as mine 12 for folks who are doing this actual work and have 13 policy related issues and policy related ideas need to be taken into consideration. 14 15 I do think we need a midwifery school in New York 16 City that is a direct entry program, that is publicly 17 funded to offer and expand midwifery services in this 18 City. That would make a huge difference in the maternal mortality, the disparities in short and 19 20 there are lot more ideas but I wanted to focus on the 21 specific things that we are talking about today and 2.2 would love to continue this conversation as many

times as you need but hopefully not to many more.

CHAIRPERSON RIVERA: I just wanted to ask -

25

23

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 220 1 2 CHAIRPERSON ROSENTHAL: I just want to continue, 3 oh, I am sorry Council Member. We are going to continue with questions after the whole panelists 4 finished. I just wanted to jump in on that. Council 5 Member? 6 7 CHAIRPERSON RIVERA: Yeah, I just wanted to yeah, just jump in and say, I am looking forward to working 8 9 with you Neelu. I appreciate your edits and your expertise, I really do. 10 11 NEELU SHRUTI: Thank you. 12 COMMITTEE COUNSEL: Alright, thank you so much 13 Chair's. We will move to the next panelist Annette 14 Perel. Thank you. You may begin, Ms. Perel, you may 15 begin when the Sergeant calls the clock. 16 SERGEANT AT ARMS: Starting time. 17 ANNETTE PEREL: Hi all, can you hear me okay? My 18 name is Myla Floris[SP?], I am working with Annette I am a community member of the birth doula's 19 Perel. and birth workers out here. I have been a birth 20 worker for 14 years. One of the things that I work 21 2.2 with is with Uptown Village Cooperative, which is a 23 multicultural group of perinatal professionals that are based in and serving upper Manhattan in the 24 25 Bronx.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 221 1 2 I have worked with Neelu a ton recently and Bruce 3 a ton recently on advocacy efforts towards our missions and the different levels of the different 4 5 points that have been made. Thank you Neelu so much for all of that detail and your sharpness and 6 7 dedication and I just want to also thank everyone here for your commitment. Our leaders, the birth 8 9 workers who have been tirelessly dedicated to improving birth justice and those who have been most 10 11 deeply impacted by issues that we are speaking of and those who have been neglected, who have been left 12 behind and we are here for all of them and for all 13 birthing people. And so, I just want to appreciate 14 15 that we are here in the effort to bring things 16 forward and consider these wonderful creative ideas. 17 We all know and have a whole bunch of data, a 18 whole bunch of solutions. We even have protocols, 19 like lots of specifics and I just want to again echo 20 many of the recommendations that have already been 21 made and for now, I am going to focus on the last 2.2 point that Neelu just touched on and it is really, 23 really driving home this ask for Governor Cuomo to use his executive authority to allow midwife led 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 222 birth centers deemed status so that we are granted certificate of need.

If we meet the rigorous standards that CABC lays 4 out in their free standing birth center accreditation 5 process, this should be sufficient to exist in New 6 7 York and this should be sufficient for providers who are working in this setting to have reimbursements 8 9 and for the facilities to be reimbursed. This would be a tangible action towards the intent that the task 10 11 force made to create safe alternatives for out of 12 hospital birthing sites. As she stated, there are 13 none. We have zero midwifery led birth centers and during this COVID-19 pandemic and the pandemic that 14 15 existed prior with the maternal mortality, this is a 16 crisis on top of a crisis and it is not being 17 properly addressed.

So, birthing options remain unavailable to New Yorkers and this is a key birthing option. We should have access to birth centers. We should have access to midwife led birth centers and we want creative approaches to collaborative care in a model cognizant of the complexities around what our communities face. A lot of these birth workers -

25 SERGEANT AT ARMS: Time expired.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 223 1 MYLA FLORIS: Can attest to the different stories 2 3 that we faced in supporting our birthing families. 4 My most recent and I am only going to name just the most recent things. My most recent lactation client, 5 she, 19-years-old, birthing in a New York City 6 7 hospital saying wow, my doctor, I didn't even know he 8 was my doctor. He just came in and would 9 occasionally talk to the nurse and then leave and afterwards I found out he was my doctor but exchanged 10 11 zero words with me. I wish I had one of my nurses 12 was a person of color, you know, and she describes 13 this experience that she had a healthy outcome but 14 she is traumatized. 15 And so, you know, that's a lactation client. 16 From like the birth perspective, I have two people 17 back to back at a private hospital in you know, the 18 parts that I serve, upper Manhattan and the Bronx but 19 the one was White, one was Black and the same 20 circumstance happened induction and the way that the 21 Black person had to advocate for herself in order to still be provided substandard care and still have 2.2 23 outcomes that were negative and pushed on her in comparison to what the White person had to do when 24 25 she just set her mind and didn't make it an argument

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 224 1 2 and I was just like, wow, okay, she is just being 3 listened off the bat. And this is all stuff we know of. 4 5 You know, I don't have to name case after case of what we see all the time but I just wanted to just go 6 7 ahead and illustrate, these are the common things and as a birth doula in the birth field with a whole 8 9 group of 17, 18 mentees that are speaking to me about their issues on a regular, I am noticing the same 10 11 things and I just want to speak also to the doula 12 program, the pilot. 13 You know, Uptown Village Cooperative had to secure funding from a private grant source in order 14 15 to provide the care that we wanted to in the way that 16 we wanted without the whole 6 prenatal's and 6 17 postpartum's and so we were able to pay our doula's in that way and that's a model that we wanted to 18 continue to do but we ran out of funding. 19 We have community-based, community-led 20 initiatives from organizations like birthing services 21 2.2 like Bronx Rebirth, that are able to get communities 23 to help fund them to support people in their communities, right. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 225 1 2 So, that we can reflect the care so that we can 3 reflect culturally and energetically the type of 4 people that we are serving and they have been successful at that. And so, there are community led 5 initiatives that I believe we should be aware of and 6 7 in support of and oh, my gosh, Debra Lesane and all 8 the work that you are doing with Healthy Woman, 9 Healthy Futures, just like what you have to manage in order to keep that program floating and you know, 10 11 thriving and you know, I am in touch with the doula's. 12

13 Some of the many doula's who pass through that program and you know, we still remain appreciative in 14 15 knowing you know what's out there and the barriers that we are all facing in being like some of the 16 17 primary stakeholders in improving maternal health for 18 our communities. And we all recognize how important it is, how time sensitive it is and we don't want to 19 be going through these slow boiling, slow grind of 20 21 you know, getting these bills passed especially for something as simple as a public statement that has 2.2 23 been we need midwifery birth centers to exist. So, now can we get those steps taken. And so, I 24 25 hope that anyone here and the circles of influence

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 226 1 2 you have - influences that you have can really 3 consider putting a press towards the Governor Cuomo because those offices who we have also been in touch 4 with Neelu and I with the Department of Health and 5 basically, you know, those are under the executive 6 7 authority and therefore, like if he were to go ahead 8 and push forth this commitment, it can change. 9 The last thing I wanted to mention, was just you know, it's been known that we have resources here in 10 11 this state. I know it is a complex year but truly we 12 need to put our money where our commitment is. There 13 are other states, Eugenia had just mentioned countries that are doing things successfully. 14 Right 15 here in the United States there are places, there are 16 jurisdictions that are doing things gorgeously. I 17 have been following and just wanted to mention a 18 jurisdiction in Seattle that has the office of 19 planning and community development. 20 They have an economic development initiative 21 there. It is a fund created to respond to the needs 2.2 of marginalized populations, reduced disparities and 23 support access to opportunity in health vibrant communities and it was championed by the community 24

organizations concerned about the you know, pressures

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 227 1 and the lack of investments in the communities of 2 3 color. And so, the Mayor proposed a sustained 4 funding source and awarded a bunch of organizations led by and serving people of color that would 5 basically allow for capacity building, property 6 7 acquisition and capital expenses.

8 And so, we know again, midwifery led birth 9 centers are necessary among other things. I am just driving that one home because I really want us to 10 11 consider creative ways to use every resources available to us and every tool possible to help make 12 13 change. And that's all I want to say for now. 14 COMMITTEE COUNSEL: Thank you so much for your 15 testimony. We will move to the next panelist and 16 then we will take questions at the end of the panel. 17 If that's okay with the Chair's. Okay, the next panelist is Patricia Loftman. 18 19 SERGEANT AT ARMS: Starting time. 20 PATRICIA LOFTMAN: Hi, good afternoon and 21 greetings. I would like to thank you for this 2.2 opportunity to provide testimony before the Hospitals 23 Committee on Maternal Morbidity and Mortality. But before I start, I would like to comment that 24 one of the limitations of committee's such as yours 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 228 is that you don't have the benefit of individuals like myself who have been doing this work for about 4 years and so, you don't have the benefit of our historical memory and information.

So, for example, Neelu referenced the bill that 6 7 would provide information on the number of midwives etc. That already exists. This bill is redundant. 8 There is a New York State Maternity Information Law 9 that dates back to the 1990's that provides 10 11 information on childbirth practices and policies 12 including whether a hospital has a midwife. The 13 number of midwifery births, the C-section rate, the VBAC rate, Vaginal Birth After Cesarean. 14 This 15 information is packed with a lot of information that 16 families such as Mr. McIntyre could have used in 17 making an informed decision of where to go for 18 maternity care. The problem is, is that because this emanated in the 90's, there are few people who remain 19 20 who even know that this New York State Law exists and 21 consequently it is not enforced.

So, you have a bill now that is recreating what already exists but no one knows that it is not enforced. So, why don't we, before we continue this bill, research the maternity information law and COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 229 enforce it. Make certain that it works. So, that's number one.

So, I am sorry, my name is Patricia Loftman, I am
a Certified Nurse Midwife, Fellow of the American
College of Nurse Midwives and Former Hospital Center
Midwifery Services Director from 1984 to 1999. I
practiced full scope midwifery for three decades, I
retired from clinical midwifery in 2010 but clearly I
am still around, so I have not left the field.

When I retired in 2010, I was attending the births of infants that I had brought into this world, which means I had taken care of over two generations of families. And what that attests to was the satisfaction of having someone cared for by someone who looked like you.

The American Public Health Association identified 17 18 racism as a public health issue and described how 19 racism effected public health and health disparities. 20 Racism is the power to control the distribution of 21 money, power and resources and the differential 2.2 access to good services and opportunities based on 23 race at the global, national and local level. So, for example, when COVID occurred -24 25 SERGEANT AT ARMS: Time expired.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 230 1 2 PATRICIA LOFTMAN: And women were - thank you and 3 women were afraid to go into the hospital, a 4 midwifery led birth center was actually open in 5 Manhattan. Except the problem is, is that COVID rates in Manhattan were the lowest. Where that birth 6 center should have opened, would have been in the 7 Bronx or Queens or Brooklyn where the COVID rates 8 9 were high.

10 So the resource was placed in the area that 11 needed the resource the least, rather than the area 12 that needed the resource the most. Structural racism 13 is the foundation from which social determinates of 14 health and health emanate an account for persistent 15 health inequities.

You know, we throw these terms around without really understanding what these terms mean. Social determinants of health are the condition in which people are born, grow, work, live, age and the wider set of forces and systems shaping the conditions of their daily life. Which means this happens from the time you are in utero in your mom's belly.

23 Maternal mortality is a direct consequence of 24 social determinants of health more than health 25 behaviors and clinical care. So, if a woman didn't

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 231 1 2 go for prenatal care at all, it is the condition in 3 which she lives that would impact her outcome more 4 than anything else. Historically, women at risk for 5 a poor pregnancy outcome were characterized as those with no prenatal care, low income, low literacy, 6 7 engaging in unhealthy behaviors such as tobacco, alcohol and/or illegal drug us, exposed to intimate 8 9 partner violence and having mental health challenges. However, as early as 1992, a centennial study 10 11 published in the New England Journal of Medicine 12 demonstrated that being a college educated middle 13 class African American woman was not protected against poor birth outcomes. And this disparity was 14 15 reaffirmed in 2019. So, we have known about this for 16 a long time. We just have not put a name to what was 17 the condition that created disparity for African 18 American women and we now know that it is structural 19 and institutional racism. 20 What's important for the Committee to understand is that maternal mortality is a process that begins 21 2.2 long before a woman becomes pregnant. The vascular

24 begins in utero. Traveling a life course that builds

changes that contribute to the maternal mortality

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 232 1 and accumulates with each experience of stress and 2 daily living of being Black, Latinx or indigenous. 3 4 The COVID pandemic only exacerbated these inequities. Strategies to address maternal mortality 5 for Black and indigenous women require a systemwide 6 7 approach to address factors related access to care 8 and the quality of that care. 9 For example, evidence documents that Black and Latinx women in New York City experience a higher 10 11 risk for sever maternal morbidity compared with White 12 women within the same hospital. Even after 13 controlling for patient insurance and hospital 14 characteristics. 15 So, if I choose a hospital because I think there 16 are more White women in that hospital so I will get 17 better care. The answer is no. One strategy to 18 promote access to care is supporting increased racial 19 and ethnic diversity in the maternity health 20 workforce. Delivery in care encompasses two 21 elements. I always taught the students that what I 2.2 preached at their students. The first element 23 centers on the relationship between the provider and the woman. The second element centers on the 24 25 provider quality. Does the provider present the most

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 233 1 current medical information and technical skill to 2 3 render high quality, evidence-based healthcare. 4 While both elements are critical, the more important of the two is the provider woman 5 relationship. Women must be motivated to enter and 6 7 remain in the healthcare system to avail herself of 8 the available medical. It makes absolutely no 9 difference if you have all the technology in the building if the woman won't come in. It makes no 10 11 difference. She will not access those wonderful 12 services that you think that she needs. Race 13 concordant care has been associated with strengthen patient provider relationship. Further a growing 14 15 body of evidence suggests better outcomes for individuals cared for by race concordant providers. 16 17 What is the value and significance of race 18 concordant care? Race concordant providers usually reside in the community and posses shared experiences 19 20 of daily life, language, values, customs and cultural 21 norms. Individuals report feeling more connected and 2.2 comfortable, respected and trusted, satisfaction and 23 confidence with race concordant providers. As a result, individuals demonstrate increased 24

25 adherence with appointment and treatment plans and

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 234 increased retention in the healthcare system. Individuals report negative attitudes from providers from other racial and ethnic groups reflect internalization of broader issues around societal racism.

7 Evidence-based outcome data is lacking about race concordant care provided by Black, Latinx and 8 9 indigenous midwives to Black, Latinx and indigenous The sparce evidence that does exist however, 10 women. 11 documented that 13 percent of Black women reported 12 that they were treated poorly in hospitals during 13 their last childbirth because of race, ethnicity, 14 language or cultural background.

15 As a result, 23 percent of Black women reported 16 that they would be willing to consider a home birth 17 for their next pregnancy. That is unbelievable. 18 According to the American College of Nurse Midwives, 19 there are approximately 12,907 certified nurse midwives and 117 certified midwives as of August 20 21 2020. Black, Latinx and indigenous midwives 2.2 represent 13 percent of this number for a national 23 total of 1,660 midwives.

That means BIPOC midwives across the entireUnited States are less than 2,000 and in New York

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 235 1 City, in New York State there are approximately 1,000 2 3 licensed midwives, the bulk of whom are in New York 4 City but are not midwives of color. This statistic provide that both Black, Latinx and indigenous women 5 including pregnant and childbearing women never be 6 cared for by a race concordant midwife. 7 I was 8 privileged during my 30 years practicing midwifery at 9 Harlem Hospital Center to participate in two clinical projects rendering women's healthcare. One was in 10 11 Harlem Hospital focusing on pregnant drug using 12 women.

The second was located outside of Harlem Hospital 13 in a community-based health center that focused on 14 15 women's healthcare across a lifespan. However, the 16 unique characteristic of both clinical sites was that 17 they were completely staffed by Black and Latinx 18 providers in all of the disciplines. Internal 19 Medicine, OBGYN and Pediatrics. And the community 20 was able to see the relationships that occurred 21 between us. So, what was reinforced was the 2.2 importance of remaining in the health system because 23 that's where they would be cared for and have their health maximized. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 236 1 2 Both sites experienced high attendance rates with 3 low no show rates demonstrating high patient 4 satisfaction as a recurring scene. In conclusion, the conventional strategy to 5 address maternal mortality has been to focus on the 6 7 maternity cycle from preconception care to one year postpartum. That's very short sided. 8 The most 9 effective strategy would be to focus on rendering preventive women's healthcare long before pregnancy. 10 11 Ideally women should enter the maternity cycle 12 healthy. 13 This results from health promotion and maintenance activities that begins in adolescents and 14 15 continues throughout the reproductive years. Healthy women have healthy babies. Post pregnancy women 16 17 should return to their health promotion and health 18 maintenance providers focusing solely on the maternity cycle precludes the opportunity to 19 20 stabilize and control chronic conditions that are 21 associated with poor outcomes. 2.2 In the end however, only by intentionally 23 addressing structural and institutional racism which

I said is the distribution of resources can health

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 237 equity be achieved and maternal mortality be eliminated.

You know, for Mr. McIntyre, as I listened to you 4 I said oh, my God, you know, Amber should not have 5 died just because she wanted to experience 6 7 motherhood. That is something that we all look forward to and we should enjoy our pregnancies, not 8 9 be fearful of becoming pregnant, which a lot of Black and Latinx women now they can't enjoy their pregnancy 10 11 because they are now internalizing the data that if 12 they are Black and Latinx, they are going to die.

So, they are focusing now on, am I going to die before I can see my baby. Before I can experience their first Thanksgiving or their first Christmas and that should not happen. And I just want to go back to two questions that Council Member Rosenthal and Rivera asked about. Which are the institutions that no longer have midwifery services.

The answer are of course, Harlem Hospital. You might recall that earlier this year in January, I testified the Harlem Hospital was the second oldest midwifery service. So, Harlem Hospital no longer has a midwifery service. Lincoln Hospital no longer has a midwifery service.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 238 1 2 There are midwives at Kings County Hospital and Coney Island but we call them place holders because 3 4 you are asking the wrong question. If you ask which hospitals don't have midwives, that's the wrong 5 question because in these hospitals there are 6 7 midwives but they are not a midwifery service. They are not providing midwifery care. They are not 8 9 practicing the midwifery model.

And Council Member Rosenthal asked about the 10 11 affiliation contracts and what could the private 12 institutions, you know, should they be shouldering 13 more of the responsibility. Just to kind of bring 14 you up to date, that affiliation contract ended in 15 2010. So, there are no longer any affiliations between the privates and the public institutions but 16 17 what is important is that at the state level, the 18 privates get considerable tax benefit without having 19 to shoulder their burden of poor, you know, 20 financially challenged individuals.

So, on one hand they get significant tax breaks that H+H hospitals don't get and H+H hospitals are then burdened with all the patients that the privates don't have to take.

25 CHAIRPERSON ROSENTHAL: Thank you.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 239 1 Thank you so much. Chair's, 2 COMMITTEE COUNSEL: 3 I am going to go to the final panelist for this panel 4 and then we will move to questions. The final panelist on this panel is Tricia Shimamura and I have 5 noticed that some people are raising their hands. 6 7 So, we will ask for anybody that we have missed after this panel. Since you raised your hands, we will be 8 9 doing questions after this panel but thank you and I see you raising your hands for testimony after this 10 11 panel. 12 So, the final witness again is Tricia Shimamura. 13 Thank you. 14 SERGEANT AT ARMS: Starting time. 15 TRICIA SHIMAMURA: Hi everybody. I just want to 16 say to Sir Bruce, thank you so much. My heart and my 17 families heart are with you and I just want to thank 18 you so much for your bravery. It is really an honor 19 to add my voice to the incredible chorus of advocates 20 who has spoken today and I agree so much with 21 everything that has been said. I am going to be very, very brief. Again, my 2.2 23 name is Tricia Shimamura and I am a proud woman of color. I am a Social Worker, a wife and most 24 importantly today and every day, I am a mom. Just 18 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 240 months ago when my son entered the world, he became my entire world and my packed motherhood was anything but easy.

5 Midway through my pregnancy, I was diagnosed with 6 gestational hypertension which progressed to 7 preeclampsia, a condition which we have spoken a lot 8 about today but that one is characterized by high 9 blood pressure and possible damage one's liver, 10 kidneys or other organs.

For months leading up to my delivery, I spent hours in waiting rooms and hospital beds being monitored for the health of my baby and myself. I was fortunate enough to have the work flexibility to attend these appointments and was supported when I was hospitalized on the three occasions prior to my delivery.

18 When my blood pressure finally continued to rise, my doctors decided that the best course of action was 19 to induce early. It was during my induction that an 20 21 on call attending performed an invasive and painful examination. He dismissed my pain and incorrectly 2.2 23 diagnosed me. It was only because in that moment, my husband ran out into the hallway and found my actual 24 doctor that my blood pressure was able to be lowered 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 241 from the dangerously high levels that it was at and I was scared from receiving the wrong drug and the wrong treatment for an incorrect diagnosis.

5 Later, days after giving birth to my son and 6 being sent home, my blood pressure again spiked. As 7 is often the case of preeclampsia. A doctor friend 8 of mine urged me to go to the ER and when I arrived, 9 with systolic blood pressure readings of well over 10 190, I was told that I was lucky that I didn't have a 11 stroke while holding my newborn.

12 I am one of the lucky ones. Along my path 13 towards motherhood, I experienced several luxuries that undoubtedly saved me and my child. I had access 14 15 to a medical professional whom I trusted and who took 16 my insurance. I lived near a hospital and I had a 17 job that supported my health needs and all of the 18 visits that were required. I had a support person 19 and my husband who was able to go with me to all of 20 my prenatal appointments and be with me in delivery 21 and who new when to get help.

And finally, I had a friend with a medical background who saved my life after I left the hospital with my baby. There are far too many women that we have heard about today who are not as lucky

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 242 1 as I was and the luxuries that I had should not be 2 3 luxuries at all. They should be part of the basic 4 level of care that we give all mothers and families. We know that increased access to midwives, 5 doula's and support persons -6 7 SERGEANT AT ARMS: Time expired. TRICIA SHIMAMURA: Health outcomes for both 8 9 mother and baby and studies show all the time that integrating midwives into our healthcare system could 10 11 significantly reduce maternal and infant death, with 12 some studies suggesting by 80 percent or more. 13 Still more phase area showing that access to doula's lowers rates of maternal and infant health 14 15 complications, preterm birth, cesarean sections and 16 other medical interventions. 17 Our mothers deserve better and we need timely 18 data from our hospitals, expanded communication 19 between our hospitals and universal access to 20 doula's. We need to diversify our maternal 21 healthcare workers and we need to stop treating 2.2 postpartum care as an optional recovery period and 23 instead, really mandate and expand the support for new mothers through 12 weeks after delivery. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 243 1 And one additional note, in my advocacy working 2 3 with doula's, we have continued to hear heartbreaking 4 stories, not just of doula's being denied access to patients during delivery but in the prenatal 5 screenings leading up to delivery. There have been 6 7 too many instances of women who have been alone when they find terrible heartbreaking news or when they 8 9 are forced to make challenging decisions by themselves in a prenatal visit. 10 11 So, taking every safety precaution into 12 consideration, I am particularly supportive of 13 increasing access to doula's and support persons at every stage of pregnancy, including the prenatal 14 15 screenings for the health of mother and baby. 16 So, I urge the City Council to pass Intro. 217, 17 Intro. 2042, Reso. 1239 and Reso. 1408 and I urge you 18 also to continue the fight for our mothers and Thank you so much. 19 families. 20 CHAIRPERSON ROSENTHAL: Ms. Shimamura, thank you so much for your testimony for the record. Other 21 2.2 people on this panel are applauding you. You have 23 been a terrific advocate and since the birth of your son, you have mobilized and created a community of 24 25 activists around you. Particularly as it relates to

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 244 the next City Council and I really appreciate you for that. Making sure that a year from now, those who walk in the door, keep their eyes on the prize with this issue. It is incredibly important and I want to thank you for that.

7 TRICIA SHIMAMURA: Thank you so much Council 8 Member Rosenthal and Council Member Rivera and 9 Council Member Levine for holding today's panel. It 10 is so incredibly important and I swear to you that I 11 am going to ensure that whoever is in our next City 12 Council prioritizes this issue.

13 COMMITTEE COUNSEL: Thank you. We don't have any 14 Council Members with raised hands but if there are 15 questions for this panel, we will go to the Chair's 16 first. Chair Rosenthal, Chair Rivera and Chair 17 Levine.

CHAIRPERSON ROSENTHAL: Yeah, I just, I noticed a 18 few people were raising their hands during it and 19 just Eugenia, I saw you raised your hands a couple of 20 21 times. So, if you could start and if there are 2.2 others of these panelists that wanted to add 23 something, please feel free to do so. COMMITTEE COUNSEL: Excellent and Chair 24 25 Rosenthal, we will also go after this, there will be

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 245 additional panelists that we have missed or that have come back on line. So, we will have additional witnesses after this panel.

5 CHAIRPERSON ROSENTHAL: Okay and I see Ms. Bolds6 putting up her hand.

COMMITTEE COUNSEL: Yeah, if we could please
unmute Eugenia Montesinos, excuse my pronunciation.
Thank you, you are unmuted.

EUGENIA MONTESINOS: Thank you, thank you. Thank 10 11 you for allowing me to add a few things that I have 12 been thinking about how to improve maternal care. 13 One of the things is we would love to see all the hospitals in the city offer midwifery care. And of 14 15 course, we are not going to have enough midwives. What we should do is also we have to maybe, I don't 16 17 know if you can help us, have to push for more for 18 midwifery school. That they can have more midwives 19 but we want midwives of color and that is what we 20 ask.

All the schools that we have and especially those
private schools, they are all White midwives.
Columbia and NYU is practically White New Yorkers. So
we want to increase the number of color midwives.
Every kind - that reflects of community. We have a

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 246 1 2 lot of, even in my hospital we have a lot of Arabic 3 patients and we should have that to. We should have 4 every kind of midwives that will reflect the 5 community that we serve and that is one of the things I would like to add and if you can recommend. 6 And 7 also, one of the things that we have a problem is about a clinical sites. A clinical site means when 8 9 you becomes a midwife, you need to go and learn apprentice hands on and we don't have that. 10

11 The School of Medicine, they do have a residency 12 program and they pay for that and that is what 13 midwifery should have. Should have like a kind of a residency program for midwives of training, so they 14 15 can go and they can get you know, the places where 16 they can go, they can be paid for that. And that 17 would be an incentive for the hospitals who offer 18 that to get.

So, that's is another thing and I another recommendation is that we should not only have birthing centers, we should have community centers that it would reflect and work in that community. Not everybody is going to be for a birthing center but we would like to have a community center with midwives, with doula's and they can choose where they COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 247 are going to go to have a baby. Either the birth center, the hospital but we should offer better care outside the hospital.

Another issue that I would like to address is 5 that the postpartum care should be covered by a visit 6 7 by a midwife or the one who deliver. We should have that. A community midwife that once a mom had a 8 baby, should have postpartum care in their home 9 because being a mom is very hard and if we can go 10 11 like that, we can check in the place how they are doing. 12 What is happening. We have support or not, 13 so that way we can help.

[PHONE RINGING] Sorry about that. So, that it will be one of the other good things that we should have. Another thing that I think we should, a lot of people are not aware about that, even if we want to work as a midwife. I am going to give you my point of view as a midwife.

If I want to work in community and I want to put my place as a midwife and I want to give the best care I can give to a community that I wanted, I can't do it because that insurance is super expensive and I cannot pay for that. So, that, also we have to be

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 248 thinking about even though we want it but malpractice insurance is prohibited. We cannot do it.

So, that is why many midwives, they are not 4 working in communities on their own even if they want 5 because we can't afford that. So, that is that and 6 7 another thing that we should get paid equal pay for equal job. Equity and pay and that is one of the 8 9 things that we have to have that. You know, we are women, we work and we care for women and that is what 10 11 we should do. And really, truly, frankly, people 12 don't realize how important it is when you are 13 pregnant only. Before that, nobody knows that. 14 Once you become pregnant, you are aware of all 15 the things that you have no idea. I say to my 16 clients, when you go to a restaurant, you look 17 before. You check what is the rating, we don't have 18 ratings about that. We don't have any ratings about what kind of obstetrical care you are going to have. 19 20 There is nothing of that. We should have availability of that. If you go and chose a 21 2.2 restaurant and say okay, let me see the rating and 23 that's where you go. When it is something super important that is a life of your baby, you are lost. 24 There is no rating, there is nothing where to go. 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 249 1 2 So, all those things we should teach, we should 3 put in there. It should be transparent. The 4 Department of Health should put that. Those are the 5 things that I recommend and if we can just come up with something, some kind of bills that we have to 6 7 fix that. This is the care of our future of our women of a new generation and we have to already be 8 9 mindful about these things. One other thing is, you know, as midwives we have 10 11 really, we are into the whole environmental care and 12 we are actually, our care is environmental. We are 13 less invasive. We use less things that will be 14 against environment. 15 So, it's just a win-win and that is what we should be doing. We are winning as a woman, we are 16 17 winning as a new generation and we are winning you 18 know, the environmental is coming and that should be 19 part of that. 20 CHAIRPERSON ROSENTHAL: Thank you. I want to 21 thank you for all these suggestions. You know, you 2.2 reminded me a friend at once suggested to me that we 23 should put the - for each hospital, there should be a billboard up. Just a giant billboard, those ones 24 that you see when you are driving on the highway that 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 250 1 2 reports for that hospital. What is the maternal 3 mortality rate. So, thank you for that. 4 EUGENIA MONTESINOS: Thank you. COMMITTEE COUNSEL: And Chair Rosenthal, I think 5 Chair Rivera might have a statement. Chair Rivera? 6 7 We might come back to her, apologies for jumping in. 8 CHAIRPERSON ROSENTHAL: No, that's fine and I 9 think while we wait, Ms. Bolds, I think wanted to make a comment. Can we go back to past panelists, is 10 11 that alright? 12 DENISE BOLDS: Thank you so much Chair Rosenthal. 13 I just want to say that we have to be very mindful of the environment that we are in. Here in New York 14 15 City, the hospitals and the medical physicians have really, have a very strong toll when it comes to 16 17 midwifery. It is almost a bad word to say and 30 18 years ago, I gave birth utilizing a midwife because 19 my insurance was downgraded to precap and as 20 punishment from leaving private medical insurance, 21 going to Precap, they assigned me a midwife. Well, 2.2 that was the best thing that could have done. Paula 23 Duran delivered my son up at the Allen Pavilion and I

had the best traumatic birth experience that a Black

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 251 woman could ever get even though you know, it was harsh but it was still something there.

4 I want to also address something really quickly with Neelu Shruti said. Neelu and I have worked on 5 several committee's and then Neelu ghosted and I was 6 7 always wondering what happened. So, it is always 8 good to see you back here Neelu. But I do want to 9 talk about the fact that we cannot separate doula's from midwives. Doulas are there when sometimes a 10 11 midwife can't be there and for the number of times 12 that I have gone to that prenatal visit and that 13 postpartum visit, in my intuition, invoke the conversation to my client to say, something doesn't 14 15 look right. I would like for you to call your 16 clinical staff support person and I would like you to 17 talk it out.

18 It is because the doula was there that we were able to support the midwife or that OB. 19 So, we cannot say that doulas don't do this and doulas don't 20 21 do that. Yes, we do have a scope of practice. We do 2.2 have boundaries, yes that we are to adhere to but as 23 a doula, I am here to tell you, I am in 100 percent support of supporting midwives and I will never try 24 25 to exchange or replace one for the other.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 252 1 This community should not have to say either/or 2 3 when it comes to a doula or a midwife. They both 4 work together and they work together well and I would like to see that continue to grow. So, that is a 5 very important factor that we have to keep in place. 6 7 We are not here to play politics. We are not here to substitute and we are not here to drink the 8 9 westernized medicine of Kool-Aid okay. I am a Black person, I am a woman of color and I am not going to 10 11 embrace the system because the system is not working 12 and Neelu, I suggest you reconsider your statements 13 as well but thank you. 14 CHAIRPERSON ROSENTHAL: You know what's so 15 interesting. I was looking during some of this and you know, the United States ranks 46th in the world. 16 17 And the rate that's listed by the CDC, which is back 18 to the data's from 2015, so a rank of 46 with the R 19 number being 14 deaths for every 100,000 but the same 20 year for Black women, it was 41 deaths per 100,000. 21 So, if you can imagine the average was 14 and that ranked us 46th but for Black women, so many more 2.2 23 preventable deaths. It speaks to the power of this hearing and all the testimony that's given today and 24 how incredibly helpful it is. 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 253 1 2 I am going to, sorry, I just had to get that off 3 my chest. Did someone else want to, any of the 4 panelists feel free to speak. COMMITTEE COUNSEL: So, Patricia Loftman had her 5 hand up and then we do have at least one other 6 7 witness after this panel. 8 CHAIRPERSON ROSENTHAL: Right, we should hear 9 from Neelu and I think Annette had her hand up as 10 well. 11 COMMITTEE COUNSEL: Ms. Loftman. 12 PATRICIA LOFTMAN: Yeah, I just wanted to speak 13 on two things on doula's. I think for Neelu to 14 recognize that years ago at the turn of the century 15 when all women were giving birth at home, they were 16 surrounded by all the women in their family. Their 17 moms, their aunties, their grandmothers, their 18 sisters, friends and the role they provided was the 19 supportive one. Because as we know, labor and birth 20 is a very hard process. 21 And so, to make certain that women were never 2.2 left alone, we had all the women in the family 23 surrounding them. Well, now the families are not close together in terms of proximity, doula's have 24 really taken that role. That role that their aunties 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 254 and moms took in terms of providing physical and emotional support.

So, it's really important that we understand the role that doula's play now. They have replaced our moms and our aunties and our sisters and our grandmothers and our friends and so, they are just as important to the process in terms of advocacy as the midwife is in terms of rendering direct patient care.

10 The other thing that I wanted to talk about is 11 the role that the Chair's of OBGYN Departments play 12 in terms of the ability of midwifery services to 13 exist and thrive because the power for a midwifery 14 service to thrive rests with the individual who sits 15 in that role, who is the Chair of the department.

16 When you look at the data where midwives are well 17 integrated, those hospitals are the ones that have 18 the best data in terms of outcomes but those are also 19 the services where the OBGYN Chair truly believes in 20 midwives and midwifery services and have embraced and 21 allowed midwives and services to not just survive but 2.2 to thrive as part of the Department as colleagues. 23 And so, where you don't have midwifery services or where you have midwives who are present but are not 24 25 providing continuous care, who are not doing birth.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 255 1 2 Those will be the institutions where you will not see 3 outcomes that are as good as they could be. 4 CHAIRPERSON ROSENTHAL: I so appreciate your 5 bringing that up because we are just repeating what we all said to the Greater New York Hospital 6 7 Association. It can't just be an agenda item. We want to see that your heads of hospitals are you know 8 leading by example. So, thank you for brining that 9 up again. I appreciate that. 10 11 I mean, you were talking about heads of 12 departments but they report to the president of 13 hospitals. 14 PATRICIA LOFTMAN: You are absolutely correct. 15 It is also the institution because I can remember you 16 know, Harlem Hospital was the first baby friendly 17 hospital in New York but when I took that information 18 to the executive director of the hospital, he 19 embraced it, he championed it and it became - it went into effect. 20 21 So, it's both the Chair but it is also the 2.2 executive director of the hospital. Whether they see 23 midwifery services as valuable and an integrate part of the institution. 24 25 CHAIRPERSON ROSENTHAL: Yeah, thank you.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 256 COMMITTEE COUNSEL: Chair Rosenthal, should we move to the next panel and then come back to comments? Move to the next panelist or move to other guestions.

6 CHAIRPERSON ROSENTHAL: I think you gently 7 guiding me to an answer there. There is one more 8 panelist and then we will come back. If anyone from 9 this panel wants to chime in. Okay, to the two 10 people who have their hands raised. We see you.

11 COMMITTEE COUNSEL: Apologies, thank you so much. 12 So, there are some people that have been here and 13 come back that we have skipped over on panels that 14 have logged out and logged back in due to conflicts 15 and parents and things. So, that's the other Council 16 Member offices have asked that we also make sure that 17 they are heard today before they have to leave again.

18 So, we are going to do a check for other 19 panelists now and anybody that we missed and then we 20 can come back. Also, just as a reminder, the 21 Sergeant said it at the top of the hearing but the 2.2 deadline for written testimony, which can be as long 23 as you would like is 72 hours after the hearing and so, you can send that to us and we will help make 24 25 sure it is in the right place. But you should email

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 257 1 2 it to testimony@council.nyc.gov. Again, written 3 testimony, testimony for the record can be as long as 4 you would like, you can also amend what you have if there is additional information you would like to add 5 due to the hearing and it should be submitted to 6 7 testimony@council.nyc.gov.

8 So, we will do a check now for the panelists and 9 then Neelu Shruti, I saw your hand raised, we will 10 come back after the next testimony. There was 11 another panelist that had her hand raised to go next 12 after the request for that and please use the raise 13 hand function in Zoom.

So, with this, we have heard from everyone that has signed up to testify that was on panels. So, again, we will come back for additional comments but if we inadvertently missed anyone that would like to testify, please, use the raise hand function in Zoom. Excellent and I will call on you in the order of hands raised.

So, Thamar Innocent you will be next. We will call on you next. So, as with previous panels, you may begin your testimony when the Sergeant calls the clock. The next witness is Thamar Innocent. Thank you.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 258 1 2 SERGEANT AT ARMS: Starting time. 3 THAMAR INNOCENT: Thank you. Good afternoon 4 everyone. I am a Birth Worker. I have been a Birth Worker for a couple of years now but I also want to 5 speak in the capacity of I used to work in a New York 6 7 City hospital, so I got to see hands on in an 8 administrative capacity. So, I got to see hands on 9 what was going on for you know, potential clients that I would have had in the future. 10 11 So, what I am noticing is that when I first started, when I became a doula and trained as a doula 12 and I trained as a doula and I trained with Ancient 13 Song, there was this piece that I didn't know about. 14 15 That I inadvertently became an advocate when I just 16 wanted to you know, care for families and love on families and be there for them but inadvertently I 17 became this birth justice warrior. I became someone 18 19 that was fighting, that was protecting women in 20 hospitals. 21 And, although that is beautiful in itself, that is something that we are focusing on a lot more. I 2.2

23 would love to focus on childbirth education but my 24 prenatal appointments have turned into, let me teach 25 you how to navigate the healthcare system. Let me

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 259 1 2 teach you the right words to say, so that they don't 3 try to take your baby away. Let me you know, fight for you. Instead of, let me hold your back. Let me 4 help you with the baby. Let me help you breastfeed. 5 A lot of these things have been pushed to the 6 7 side for me or put on the back burner to be done at a 8 later time because I am so busy fighting for this 9 woman's rights. In the hospitals, I believe there is a lack of 10 11 cultural competency. There is a lack of bedside 12 manner. There is a need for healthcare professionals 13 and staff. The need to want to intervene when it is unnecessary medically. There are continuously 14 15 disrupting the pregnant person ability to have a normal physiological birth and they do that so much 16 17 so that the pregnant person doesn't feel safe 18 anymore. And it is my job on top of my doula job to help them to feel safe, to feel comfortable enough to 19 20 want to give birth. 21 So, again, I feel there is a big lack of education in terms of the hospitals and the staff but 2.2

22 education in terms of the hospitals and the staff but 23 also the pregnant person. A lot of times there is no 24 money put into education to help women with advocacy, 25 understanding common hospital practices, COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 260 understanding childbirth education and their bodies and women's health.

I would like to see money go towards helping women prenatally or way before they are even thinking about having a baby and that takes me to family planning. Family planning for me when I gave birth lo years ago, was what contraception do you want and that was it.

10 There was nothing about understanding my body.
11 There was nothing about advocacy. There was nothing
12 else about anything.

13 SERGEANT AT ARMS: Time expired.

14 THAMAR INNOCENT: So, I want us to focus more on 15 educating people from way before they enter the 16 hospital. Yes, that's all I have today.

17 COMMITTEE COUNSEL: Thank you so much. Are there 18 any - Chair Rosenthal or Chair's, are there any 19 Council Member questions?

20 CHAIRPERSON ROSENTHAL: I just want to say Ms. 21 Innocent, when you said, you inadvertently became a 22 woman warrior, is that what you said?

23 THAMAR INNOCENT: Yes.

24 CHAIRPERSON ROSENTHAL: Yeah, I will say, I
25 understand the larger point you are making, which is

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 261 1 2 so very powerful but all I could think of when you 3 said that is how at Ancient Song, a lot of the sessions begin by giving this deep throated scream 4 5 and that's how sort of everyone in the room becomes a woman warrior. 6 7 THAMAR INNOCENT: Right. CHAIRPERSON ROSENTHAL: Boy do I relate that. 8 9 THAMAR INNOCENT: Absolutely and I have been doing it ever since and it doesn't look like it is 10 11 going to end. So, that's something that we have to do and be mindful of for a long time to come. 12 13 CHAIRPERSON ROSENTHAL: You are doing it all. So, thank you for that. I have no further questions. 14 15 Just thanking everyone. 16 COMMITTEE COUNSEL: Okay, thank you so much. Ιf 17 there are any other witnesses, if you can please use 18 the raise hand function in Zoom. Okay and Neelu Shruti also had her hand up. Chair, is that okay to 19 20 return to Ms. Shruti? Excellent. 21 NEELU SHRUTI: Hi all, I just wanted to clarify 2.2 because I think that maybe some of my comments were a 23 misunderstood. I was not at all saying that doula's

were not important. I just wanted to point out that

25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 262 within these four Resolutions that expanding access to midwives has not happened.

So, I would encourage for access to midwives to be as important and included as doulas are. So, that's my first point. So, I wanted to make sure that I am clear and that I am not putting doula's and midwives against each other by any means. I think that they are both incredibly important solutions to this problem and we do need focus on both.

11 The second point that I wanted to talk about was 12 regarding the bill and the data. I am aware of 13 course of the information act and that data is available. This bill specifically relates to 14 incorporating information about midwives on the DOHMH 15 website, which is great because it includes like a 16 17 lot of information about 311 and a lot of great - and 18 so, I think including those same statistics within 19 the access to midwives is important, so that people 20 understand why midwives are being listed on this 21 rather public website.

So, I just wanted to clarify those two points.Thank you.

24 CHAIRPERSON ROSENTHAL: Thank you and you know, 25 it is interesting, I appreciate you bringing that up,

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 263 1 both points really but on the first one. Let me tell 2 3 you why I am just sensitive to it because after the hearing that I Co-Chaired in 2018, we passed two 4 pieces of legislation regarding doula's, increasing 5 access and talking about doula's and also the M3RC 6 and similarly, quite a few midwives reached out to me 7 and said, you need to be talking more about midwives. 8 9 So, you know, noting the powerfulness of both professions. I really appreciate you for that. 10 11 Thank you and thanks for clarifying. 12 NEELU SHRUTI: Yes, of course. 13 CHAIRPERSON ROSENTHAL: I turn it back to the 14 Moderator. 15 COMMITTEE COUNSEL: Thank you so much Chair 16 Rosenthal. Ms. Patricia Loftman also has her hand up 17 and just to comment. So, we are unmuting now but if 18 you have other comments and testimony, if you can please add it to your written testimony and again, 19 20 you can amend it and just submit it to, it will be 21 part of the record but if you would like to add it to 2.2 your written testimony, you can send that to 23 testimony@council.nyc.gov up to 72 hours after the hearing. Thank you so much. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 264 1 2 PATRICIA LOFTMAN: I know that I mentioned in 3 Maternity Information Law that comes out of the State 4 of New York. That really provides a wealth of information about what happens in an institution. 5 So, for example, let me just read a couple of the 6 7 data that's included in this. The percentage of 8 birth that are C-sections. The percentage of primary 9 C-Sections. The percentage of repeat C-Sections. Whether there is continuous monitoring in labor. How 10 11 many, you know, whether there is rooming in. What is 12 the percentage of infants that are breastfed. 13 Whether you get an episiotomy. In other words, this provides information that families could use to 14 15 determine where they would want to give birth, so 16 that they could get the best outcome and this really 17 is a report card on all of the hospitals in New York 18 and this is - now, where does this information come 19 from? According to the state, the hospitals are 20 supposed to provide this information to the state. 21 2.2 The state then generates this, it populates this 23 information and this information is then available to the public by hospitals. 24 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 265 1 So, again, this information exists. I don't 2 3 think its been updated for years because nobody knows 4 the follow up and insists that hospitals provide this information to the state and that the state fulfills 5 their obligation to populate and generate this 6 7 information. This would be invaluable if it were released 8 9 tomorrow and this is something that we could certainly work on today. 10 11 CHAIRPERSON ROSENTHAL: Thank you. 12 COMMITTEE COUNSEL: Thank you so much. If there 13 are any other panelists or questions or if Chair's have any other questions. We will do one last call. 14 15 If we inadvertently missed anyone that would like to testify, please use the raise hand function in Zoom 16 17 and we will call on you. 18 Okay, Chair's Rosenthal, Rivera and Levine, if 19 there are no other questions and we do not see any 20 hands raised. Oh, Nonkululeko Tyehemba has her hand 21 raised, not in the Zoom function but she is waving, if it is okay to unmute her. 2.2 23 CHAIRPERSON ROSENTHAL: Absolutely. Thank you and then that will be - then we will wrap it up from 24 25 there.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 266 1 2 NONKULELEKO TYEHEMBA: Can I speak now? 3 COMMITTEE COUNSEL: Yeah, you should be unmuted. 4 We can hear you. Thank you so much. 5 NONKULELEKO TYEHEMBA: Oh, good, okay. I just want to make a comment in reference to the free 6 7 standing birth centers. Back in the maybe 1993 our 8 organization did a research analysis about how to 9 start a birth center here in Harlem. We researched and learned that the guidelines for birth centers, 10 11 it's almost prohibited. The application process 12 alone deemed that they had to have a college industry 13 to help group even to start an organization. Besides 14 the enormous amount of money that it took to get that 15 started. So, I am hoping that at this point and time, 16 17 almost 25 years later, that this would not be the 18 case for any midwifery led birth centers. The other 19 thing I do want to say though is, I did a birth in 20 April, a home birth in April with an insurance 21 company and I have yet not to receive any 2.2 reimbursement for that. It is almost like it is a 23 nightmare of colds and un-colds, in network out network. It is unbelievable in terms of how women and 24

how midwives are or not reimbursed.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 267 1 2 Finally, they said to the family that they will 3 see me as an in network provider but I would be paid out of network services which amounted to \$2400. 4 5 It's atrocious, so I hope that something and I am so glad to hear all the views and I have learned so 6 7 much. So, I thank all the birth workers and advocates and activists and thank you so much to the 8 This is such an important, important step 9 Chair's. forward. So, I have been invigorated. Thank you so 10 11 much again. 12 CHAIRPERSON ROSENTHAL: What a great way to end 13 it. It is true, it's a great group looking around 14 this Zoom. Pretty impressive group of people and I, 15 you know, actually I too was about 20 years ago, part 16 of a group of people trying to open a birth center. 17 We had property given to us. We had you know, 18 everything lined up except for state approval. And so, story after story after story. It is so 19 disheartening; we have to change this now. 20 21 I will pass it back to the Moderator I think. 22 COMMITTEE COUNSEL: Okay, thank you so much Chair 23 Rosenthal. We are just doing one more check for raised hands. 24

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 268 1 2 ANNETTE PEREL: I have been unmuted and it might 3 have been from a hand raised 20 minutes ago but I 4 just wanted to echo that nothing is separate from each other in the uplifting of midwifery and doula's 5 in the uplifting up hospital systems and midwifery 6 7 led birth centers. Physician led birth centers, home births, like, we want access to all of these things. 8 9 We want our birthing people to be cared for and we are all in different lanes. Some of our work 10 11 overlaps with other people, organizations and you 12 know, just kind of coming from that place of unity 13 and coming from that place of just that frame of mind of like, the inspiration that we get from one another 14 15 who are doing this work. 16 And when I also look around this room and I think 17 of the interactions I have had with different 18 individuals as well as the people's names I have heard of. As well as the history lessons offered and 19 just like, you know, wanting to really challenges us 20 21 to like put down any of our own biases about you

22 know, how we can sometimes feel like there is some 23 competition between like hospital and home and 24 midwife led, physician led, all of those things need 25 to get shutdown because ultimately like, we want

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 269 1 2 what's best for the birthing people of New York and 3 so, just thank you for the opportunity to again chime 4 in that thought. 5 CHAIRPERSON ROSENTHAL: Thank you. COMMITTEE COUNSEL: Thank you so much. We are 6 7 just dealing with a technical issue but we will be 8 ending the hearing if there are no other witnesses, 9 this would conclude public testimony. I am just checking, one second please. Please stand by. Okay, 10 11 and then one other comment by Patricia Loftman 12 If we can unmute her, thank you. please. 13 PATRICIA LOFTMAN: Thank you. To Chairperson Rivera and Rosenthal, I don't know how to thank you 14 15 for remaining constant on this call since 10 a.m. 16 this morning. You both sat there and listened to all 17 of us and I can't tell you how inspiring that is to 18 know that our public servants listen to us and 19 regardless of how long this meeting has taken place, you just have remained steadfast and listened to 20 21 everyone and that's important and we just thank you. 2.2 We are appreciative and just thank you. 23 CHAIRPERSON ROSENTHAL: Thank you. That's very kind. We have a lot to say. 24 25

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 270 1 2 COMMITTEE COUNSEL: Thank you so much Chair and 3 thank you to our panelists. So, Chair's Rosenthal, 4 Rivera and Levine, this concludes public testimony for this hearing. We have no other witnesses that 5 have raised their hands, so I will return to Chair 6 7 Rosenthal for closing remarks. Thank you. CHAIRPERSON ROSENTHAL: Great, thank you so much. 8 9 What have we heard today, big picture. It is time to dismantle the current perinatal care system in New 10 11 York City right now. COVID has made this glaringly 12 clear and implement the model that we have really all 13 been talking about and it's a model that other developed nations use. It is why their rates of 14 15 maternal mortality are far lower than those in New 16 York City and it has I think four components. We 17 have to integrate midwifery services. Every birth 18 should be attended by a midwife and an OBGYN involved

19 when needed. We have to increase access to out of 20 hospital births. It is shameful that there are only 21 two birthing centers in New York because it is 22 estimated that at least 70 percent of births could 23 occur outside of the hospital at birthing centers and 24 home births.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 271 1 2 We have to third, establish a pipeline for Black 3 and others, people of color as midwives to attend 4 midwifery school. And of course, there should be a similar pipeline for doula's. There are excellent 5 doula training centers and we need to increase access 6 7 to those for people of color. 8 And lastly, we have to make doula's available to 9 all birthing people who want one. We of course have

10 to assure appropriate reimbursement whether it be 11 through Medicaid reimbursement rates, which require 12 advocacy at the state level or through a payment from 13 a hospital that wants to ensure good birth outcomes 14 for the patients that they see.

15 So, one more time, I really want to thank all the 16 advocates that have shared their lived experience 17 today. Thank you for your expertise. As the Chair 18 of the Committee on Women and Gender Equity, I want 19 to especially thank those of you that have 20 articulated the connection to birth control, domestic 21 violence, equal pay for equal jobs and the 2.2 reverberating impacts on mental health from things 23 like lack of skin to skin contact immediately following birth. 24

Thank you. I will now turn it to Chair Rivera.

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 272 1 2 CHAIRPERSON RIVERA: Thank you so much everyone. 3 I have worked with many of you over the years but I continue to learn so much and I will continue to look 4 to your guidance and your experiences. As the Chair 5 of the Committee on Hospitals, I really tried my best 6 7 to use this Committee to address the root causes of maternal mortality and morbidity in Black and Brown 8 9 patients specifically. In three years, I have held several hearings on maternal mortality and prenatal 10 11 care and implicit bias.

We even held a hearing that would eventually 12 13 overturn the arbitrary drug testing on pregnant mothers disproportionately testing Black and Brown 14 15 mothers assuming drug use. All of that, all of that 16 to say, we have a very, very long way to go and I 17 thank you for staying in this movement and in this 18 fight when it is so physically, mentally, spiritually 19 Thank you to all that have been with me draining. since 9 a.m. this morning when we rallied almost 100 20 21 individuals and of course, to Chairwoman Rosenthal 2.2 for being here and for being so engaged.

23 So, thank you all. I look forward to working 24 with you and I do hope that this was a productive

COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 273 space and we do expect solutions and answers and transparency most of all. Thank you so much. Thank you Chair Levine, would you like to give some closing remarks? I think he needs to be unmuted.

7 CHAIRPERSON LEVINE: Thank you so much Chair Rosenthal and Chair Rivera for your outstanding 8 9 leadership. Years of leadership on this and for convening this hearing today which has been 10 11 simultaneously gut wrenching but also uplifting. Obviously wrenching to hear the first hand accounts 12 13 of loss and I am just so grateful to you Mr. McIntyre for the bravery to speak out on behalf of this cause. 14 15 I know that's not easy but it is impactful but also just uplifting to hear from so many of you who have 16 17 devoted your lives to this work.

18 Midwives, doula's, nurses, physicians and I feel 19 that our role is to life you up, to amplify your 20 voices. To amplify the voices of Black women in 21 particular who are on the front lines of this fight 2.2 and as allies, myself as Chair of the Health 23 Committee, I want you to know that I support you 1,000 percent and that I will stand with you as we 24 make something very clear. This problem is solvable. 25

	ll l
1	COMMITTEE ON WOMEN AND GENDER EQUITY JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON HOSPITALS 274
2	It is a question of resources. It is a question of
3	transparency and reporting. Ultimately, this is a
4	question of will. We can solve this if we have the
5	will to do it and the movement that is pushing to
6	make this happen is absolutely inspiring and I will
7	stand with you and in support of you as long as it
8	takes until we end these egregious disparities in New
9	York City and I thank you all for your leadership.
10	And again, I thank Chair's Rosenthal and Rivera for
11	incredible work today and beyond. Thank you
12	everybody.
13	CHAIRPERSON ROSENTHAL: Thank you Chair Levine.
14	This hearing is now closed. [GAVEL].
15	CHAIRPERSON RIVERA: Thanks everyone.
16	
17	
18	
19	
20	
21	
22	
23	
24	
25	

CERTIFICATE

World Wide Dictation certifies that the foregoing transcript is a true and accurate record of the proceedings. We further certify that there is no relation to any of the parties to this action by blood or marriage, and that there is interest in the outcome of this matter.



Date ____ December 28, 2020