

CITY COUNCIL
CITY OF NEW YORK

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TRANSCRIPT OF THE MINUTES

Of the

COMMITTEE ON GENERAL WELFARE JOINTLY WITH
COMMITTEE ON MENTAL HEALTH, DISABILITIES AND
ADDICTIONS

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February 27, 2018
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HELD AT: 250 Broadway-Committee Rm, 16th Fl.

B E F O R E: STEPHEN T. LEVIN
Chairperson

DIANA AYALA
Co-Chair

COUNCIL MEMBERS:

- ADRIENNE E. ADAMS
- VANESSA L. GIBSON
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- MARK TREYGER
- FERNANDO CABRERA
- JIMMY VAN BRAMER
- ROBERT HOLDEN
- ALICKA AMPRY-SAMUEL

A P P E A R A N C E S (CONTINUED)

Gary Belkin
Executive Deputy Commissioner of the Division of
Mental Hygiene at the New York City Department of
Health and Mental Hygiene

Steven Banks
Commissioner of the New York City Human Resources
Administration/Department of Social Services, HRA

Hillary Kunins
Assistant Commissioner of the Bureau of Alcohol
And Drug Use

Catherine Trapani
Executive Director at Homeless Services United

Cecilia Gentili
Director of Policy at GMHC

Dr. Andrea Littleton
Medical Director at BronxWorks

Doug Berman
Vice President for Policy at the Coalition for
Behavioral Health

Giselle Routhier
Policy Director at the Coalition for the Homeless

Josh Goldfein
Staff Attorney at the Legal Aid Society

Jody Rudin
Chief Operating Officer from Project Renewal

Jasmine Budnella
Policy Analyst from VOCAL-NY

Jordan Rosenthal
Advocacy Coordinator at BOOM Health

A P P E A R A N C E S (CONTINUE)

Kassandra Frederique
New York State Director at the Drug Policy
Alliance

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[gavel]

CHAIRPERSON LEVIN: Good afternoon

everybody. So, thank you for your patience we're waiting for the feed to go up into the cafeteria which is... there... we have people for the hearing who are in overflow so, hopefully that'll be up and running in a moment. My name is Steve Levin, I'm Chair of the Committee on General Welfare and today I am joined by my colleague, Diana Ayala, Chair of the Committee on Mental Health, Disabilities and Addiction and this is her first hearing that she is Chairing as a Council Member so, congratulations...

[cross-talk]

COUNCIL MEMBER AYALA: Thank you... [cross-

talk]

CHAIRPERSON LEVIN: ...to Council Member

Ayala and we look forward to working closely together on this very important issue. I want to thank you all for coming today to this important hearing on the opioid epidemic and opioid overdoses among New York City's homeless population. While the opioid epidemic impacts people from every race, gender and socioeconomic status it's effects are felt in uniquely harmful ways by people who are experiencing

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2 homelessness. Evidence indicates that substance use
3 disorders know... are known risk factors for
4 homelessness and data clearly shows that substance
5 abuse and overdose disproportionately impact homeless
6 individuals. The New York City Department of Health
7 and Mental Hygiene, DOHMH issues an annual report on
8 homeless deaths. The report defines a homeless person
9 as quote, "a person who at the time of death did not
10 have a known street address of a private residence at
11 which he or she was known or reasonably believed to
12 have resided" this includes individuals living in
13 shelters, those living unsheltered on the street or
14 in other public spaces and those who are doubled up
15 or staying with loved ones. According to the most
16 recent DOHMH report the leading cause of death in FY
17 '17 was drug use among homeless individuals totaling
18 103 deaths which accounted for more than one third of
19 all homeless deaths. The sheltered homeless
20 population made up 37 percent of drug related deaths
21 while the non-sheltered homeless population made up
22 29 percent. The overall number of 103 deaths related
23 to drug use increased by 69 percent compared to the
24 61 deaths in FY '16 so, year over year from FY '16 to
25 '17 an increase of 69 percent. Further 86 of the drug

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2 related deaths in FY '17 result, resulted from
3 overdoses as compared to 51 deaths in FY '16, the
4 remaining 17 were from chronic drug use so the vast..
5 the, the large majority 86 compared to 17 were, were
6 due to overdose instead of.. as, as opposed to, to
7 chronic drug use. In addition, according to the
8 preliminary Fiscal '18 Mayor's Management Report 18
9 overdose incidents occurred in the homeless shelter
10 system in the first four months of FY '18 compared to
11 12 drug overdoses during that same period in FY '17,
12 that's... as reported last week in the MMR there was an
13 article in the Daily News that spoke to that. This
14 means that the number of overdoses incidents in the
15 city's homeless shelter dramatically increased by 575
16 percent during that period. I think that bears
17 repeating, the number of overdoses in our New York
18 City shelter system for the first four months of FY
19 '18, which is July to November of.. or July, July to
20 October of, of last year compared to the year before
21 that same period increased by 575 percent. In that
22 same four-month period that, that overdose incidents
23 spiked so did the use of Naloxone by shelter staff
24 more than doubling from 39 to 86 incidents. These
25 statistics are alarming, and they will only get worse

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2 if the city does not do more now to address this
3 crisis. The city has expanded its efforts to respond
4 to the opioid epidemic over the past two years
5 including training to administer Naloxone otherwise
6 known as Narcan, a drug that can reverse the effects
7 of an opioid overdose and prevent death. Local Law
8 225 of 2017 requires training for certain staff
9 working in DHS shelters and HRA... HIV/AIDS Service
10 Administration facility or otherwise known as HASA in
11 administering Naloxone to individuals who have
12 overdosed on opioids. Local Law 225 also requires
13 those facilities to have at least one trained staff
14 on duty at all times. The law also requires the
15 agencies to develop and implement a plan to offer
16 training to residents of HASA facilities and DHS
17 shelters who may encounter person's experiencing or
18 who are at a high risk of experiencing an opioid
19 overdose. In 2016 DHS trained its shelter providers
20 Naloxone administration with the goal of ensuring
21 24/7 coverage and reducing overdoses. DHS announced
22 that it will distribute 6,500 kits in city shelters
23 and will continue training its shelter providers in
24 Naloxone administration. At today's hearing the
25 Committee on General Welfare is interested in

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2 learning what efforts are currently in place to
3 address the opioid crisis within the shelter system
4 and will examine the effectiveness of these measures.
5 The community will also explore what improvements can
6 be made to ensure that both sheltered and unsheltered
7 individuals have access, have better access to needed
8 services and remain safe from harm as well as what
9 type of outreach is being done to educate people
10 about the dangers associated with opioids and
11 treatment options available. In addition, I am
12 particularly interested in learning what the city is
13 doing to provide medically assisted treatment
14 otherwise known as MAT such as Buprenorphine which is
15 considered the gold standard in substance abuse care.
16 According to experts in the field expanding access to
17 Buprenorphine is integral to fighting the opioid
18 crisis. I'm also interested to learn about the city's
19 position on establishing safe injection facilities
20 otherwise known as SIFs which advocate... which
21 advocates are strongly supportive nationwide and as
22 you probably know there was a, a, a... an editorial in,
23 in... just this week in the New York Times advocating
24 for greater access to SIFs. SIFs have been in
25 existence for 30 years and have proven... a, a proven

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2 record in reducing overdoses and helping those start
3 the road to recovery from opioid addiction. In 2016
4 the New York City Council allocated 100,000 dollars
5 for DOHMH to conduct a feasibility study on SIFs and
6 the committees would like to know what this report
7 says and when it will be issued, we have a full
8 expectation this would be issued with all deliberate
9 speed and we, we hope to get an update on that at
10 today's hearing. Before I turn it over to my
11 colleague I just want to say that opioids and opioid
12 addiction ruin lives, there are those that find
13 themselves in the increasingly difficult and
14 difficult to control and, and often hopeless
15 situation of, of becoming increasingly addicted to
16 opioids and those that are around them, their loved
17 ones, friends and family share a similar sense of
18 hopelessness and helplessness and people are dying.
19 There is just in recent years obviously an uptick in
20 the presence of Fentanyl that is largely cut into
21 heroine that is being dealt and bought and shot up
22 in, in our... in our city and we have to do more when
23 it comes to providing people both those people that
24 are finding themselves homeless and, and those that
25 are not with paths to recovery and there's no single

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2 path, in fact there are bound to be thousands of
3 different paths to recovery, every individual has
4 their own path but the city has the responsibility to
5 make sure... and the government, the state and the
6 federal government has a responsibility to make sure
7 that everybody has... that, that, that is ready to go
8 on that path to recovery has access and when they...
9 when they need it that its right there for them and
10 whether that's through peer advocates helping them
11 along the way, people that have been there before,
12 whether that's access to, to Methadone treatment,
13 whether that's access to Buprenorphine treatment and
14 primary care we have to make sure that everybody at
15 every point along the continuum especially those that
16 find themselves within the shelter system and having
17 points of contact with the city and then in fact we
18 are responsible for those that are living in the
19 shelter system, we have a unique responsibility for
20 that, that everybody has access at every point along
21 the way and you know to, to lose somebody to, to an
22 overdose has a devastating impact on, on those that
23 are... that are left behind and you know increasingly
24 that is impacting more and more families, more and
25 more families are shattered, more and more lives are

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2 shattered, more and more lives are lost unnecessarily

3 and we have to have a collective reckoning as to what

4 we're doing and whether what we're doing is

5 sufficient and frankly, you know cost should never be

6 an issue because we're talking about saving lives.

7 So, with that I'd like to thank the General Welfare

8 Committee staff for their work in preparing for

9 today's hearing; Amita Kilowan [sp?], our Committee

10 Council; Tonya Cyrus, our Policy Analyst; Nameera

11 Nuzhat, our Finance Analyst; Finance Unit Head Dohini

12 Sompura; our Legal Fellow, Ravia Quaseem. I'd also

13 like to thank the staff of the Mental Health

14 Committee. I'd like to acknowledge members of... that

15 are here as well, Council Member Adrienne Adams of

16 Queens, Council Member Barry Grodenchik of Queens,

17 Council Member Andy Cohen of the Bronx, Council

18 Member Mark Gjonaj of the Bronx, Council Member

19 Antonio Reynoso of, of Brooklyn and Queens, Council,

20 Council Member Robert Holden of Queens and, and

21 Council Member Alicka Ampry-Samuels of Brooklyn,

22 that's everybody... and Cabrera's here as well, we'll

23 acknowledge him when he comes in the room. And with

24 that I would like to turn it over... I'd also like to

25 thank members of the administration that are here to

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2 testify and answer our questions, Dr. Belkin and
3 Commissioner Banks and, and all the other officials
4 here from the Department of Health and Mental Hygiene
5 and DSS and with that I'm happy to turn it over to my
6 colleague Diana Ayala, the Chair of the Committee on
7 Mental Health and Substance Abuse to, to have opening
8 remarks as well.

9 COUNCIL MEMBER AYALA: Thank you. Well
10 good afternoon, I'm Council Member Diana Ayala Chair
11 of the Committee on Mental Health and Disabilities
12 and Addiction. I would like to thank all of you for
13 attending and for giving us your time today. This
14 hearing will focus on steps that the city is taking
15 to mitigate the prevalence of opioid overdoses within
16 our shelter systems. Although we have tried to
17 confront this crisis by expanding training to
18 administer Naloxone we have seen an extraordinary
19 increase in the number of opioid related deaths in
20 homeless shelters over the last year. If the measure
21 of a society is the way that it treats its most
22 vulnerable citizens, we have a lot of work to do
23 before our aspirations match reality. According to
24 the Center for Disease Control and Prevention
25 approximately 64,000 people died from drug overdoses

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2 in 2016, three fourths of those were caused by
3 opioids and that represents a 21 percent increase
4 from the previous year. These drugs make no
5 distinction between the old, the young, the rich and
6 the poor or any other distinction that you can think
7 of, no matter who you are or where you're from you
8 can get hooked on these drugs and they can you're
9 your life that's the bad news but the good news is
10 that the scale of this crisis presents an
11 opportunity. If the city of New York can turn this
12 around, if we can get a handle on this epidemic then
13 we will send a ripple of hope throughout this state
14 and across this country that's why I'm excited to
15 dive into this hearing and reach a full appreciation
16 of the facts on the ground and will... that will lead
17 us towards the right solution. There are so many
18 people in this room with so much passion for this
19 topic and so much expertise to offer that I know that
20 the day will come. I would like to thank the
21 committee staff, council's Sylvester Yavana, Policy
22 Analyst Michael Kurtz, Finance Analyst Jeanette
23 Merrill and my Legislative Director Bianca Almedina
24 for their work in making this hearing possible. Thank
25 you to the members as well.

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2 CHAIRPERSON LEVIN: Okay, so before we
3 begin testimony Commissioner Banks and Dr. Belkin
4 would you mind raising your right hand please? Do you
5 affirm to tell the truth, the whole truth and nothing
6 but the truth in your testimony before this
7 committee... these committees and to respond honestly
8 to Council Member's questions?

9 GARY BELKIN: Yes.

10 CHAIRPERSON LEVIN: Okay, whoever wants
11 to begin.

12 GARY BELKIN: Okay, thank you I think I'm
13 lead off. Chair Ayala and Levin, I want to thank you
14 both first for your leadership on this issue which
15 has been persistent, long standing, unapologetic,
16 super well informed and very personal and the energy
17 in leadership from the council only helps us and the
18 agency succeed and we... and we appreciate you shining
19 a light on this issue once again. I also want to
20 acknowledge and thank everyone in the room, just
21 glancing over the room we have drug treatment
22 programs, advocates, I think I saw Vocal and drug
23 policy alliance in the house. It needs a really
24 robust community of interest to beat this epidemic
25 and, and we have that. So, good afternoon Chair

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2 Levin, Ayala and members of the committees. I'm
3 Doctor Gary Belkin, the Executive Deputy Commissioner
4 of the Division of Mental Hygiene at the New York
5 City Department of Health and Mental Hygiene. On
6 behalf of Commissioner Bassett, I want to thank you
7 again for the opportunity to testify on the opioid
8 overdose epidemic in New York City. Nationally we are
9 in the midst of an epidemic driven by both
10 prescription and illicit opioids primarily heroine and
11 Fentanyl. In New York City drug overdose is the
12 leading cause of unintentional injury death for all
13 New Yorkers and the leading cause of death among New
14 Yorkers aged 25 to 34. In 2016 there were 1,374
15 overdose deaths from all drugs in New York City, the
16 highest on record. A New Yorker dies from drug
17 overdose every seven hours in this city, this is more
18 than the number of deaths from homicides, suicides
19 and motor and motor vehicle crashes combined. Opioids
20 were involved in more than 80 percent of all drug
21 overdose deaths in 2016 which the.. with the vast
22 majority involving heroine and or Fentanyl. This
23 crisis effects every neighborhood in New York City.
24 The drug overdose death rates are highest in Staten
25 Island and the South Bronx. If the South Bronx were

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2 its own state it would have the sixth highest drug
3 overdose rate in the nation. Certainly, if Staten
4 Island were its own state it would also be in the top
5 ten. The largest numbers of overdose deaths are among
6 Bronx residents followed by Brooklyn residents, so it
7 is everywhere. The overdose epidemic affects all
8 racial groups in New York City, 2016 the rate of
9 opioid overdose deaths was highest among white New
10 Yorkers followed closely by Latino New Yorkers and
11 then black New Yorkers. However sadly death rates
12 among black New Yorkers have increased 85 percent
13 between 2015 and 2016, more than double the rate
14 increased among white and Latino New Yorkers. There's
15 clearly a lot of work to do and a lot of catching up
16 to do. Specific to today's hearing people who are
17 homeless or unstably housed are at particular risk of
18 drug overdose or harms related to drug use. The
19 homeless account for one percent of New York City
20 population but in 2016 they accounted for seven
21 percent of drug overdose deaths and as you'll hear
22 soon from Commissioner Banks drug overdose and as
23 we've heard from the Chair, drug overdose... drug
24 overdose is the leading cause of death among homeless
25 New Yorkers. We found that the stigma associated with

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2 drug use and addiction remains one of the biggest
3 barriers to people seeking help especially for low
4 income communities, particularly those of color that
5 were targeted by the war on drugs. It is not enough
6 to increase the availability of treatment and social
7 services we must also break through the stigma,
8 identify community voices and leadership and provide
9 harm reduction services that meet people where they
10 are at. This administration strongly believes in the
11 public health approach to ending overdose deaths, one
12 that works alongside our criminal justice partners.
13 To address the opioid epidemic the administration is
14 undertaking a number of new and expanded initiatives
15 that focus on both the geographic areas and
16 populations most severely effected including people
17 who are homeless or unstably housed. In March 2017
18 the Mayor launched Healing NYC, a comprehensive
19 response to the opioid overdose epidemic building off
20 the key principles for public health action for
21 mental health or Thrive NYC, it aims to reduce opioid
22 related deaths by 35 percent over five years by
23 focusing efforts on four goals. These are first;
24 prevent deaths, by distributing Naloxone, the life
25 saving drug that can reverse opioid overdose deaths

1 all communities and social networks where risk of
2 drug overdose is highest should have ready access to
3 Naloxone. Second, to prevent opioid misuse and
4 addiction by investing in prevention and education as
5 well as by providing counseling and linkages to care
6 for individuals who use opioids or who recently
7 experienced an overdose. Third is protect New Yorkers
8 with effective drug treatment by making investments
9 into our health care system in order to increase
10 capacity to provide medications for addiction
11 treatment which are the most effective form of opioid
12 use disorder treatments. And fourth to protect New
13 Yorkers by reducing the supply of dangerous opioids
14 through data driven law enforcement strategies. The
15 Health Department is leading the implementation of
16 several of the 12 strategies that derive from these
17 four principles in Healing NYC and I will highlight
18 just a few of our achievements to date. We've
19 distributed over 45,000 Naloxone kits to registered
20 opioid overdose prevention programs as of January
21 31st putting us ahead of our pace to meet the initial
22 100,000 Naloxone kits annual goal in New York City.
23 We launched Relay, a nonfatal overdose response
24 system in five hospital emergency departments, Relay
25

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2 deploys pure advocates into hospitals where they meet
3 with individuals immediately following an overdose to
4 provide Naloxone overdose risk reduction support and
5 connections to other services and care. We've trained
6 and provided technical assistance to over 630
7 prescribers on Buprenorphine. Along with Methadone,
8 Buprenorphine is the most effective treatment for
9 opioid use disorder and protects people from dying of
10 overdose. We've awarded funding to seven
11 organizations to implement the Buprenorphine nurse
12 care manager initiative, which will expand access to
13 Buprenorphine in primary care sittings across 14
14 individual geographic sites. These sites are all
15 federally qualified health centers in safety net
16 settings serving people who are public insurance
17 beneficiaries who are uninsured or underinsured in
18 all five boroughs hoping to help close the
19 Buprenorphine gap. When fully operational these
20 initiatives will have a capacity to serve over 2,500
21 patients. And we launched a new outreach team called
22 Rapid Assessment and Response, which allows us to use
23 real time data to identify neighborhoods experiencing
24 adverse health consequences associated with drug use.
25 To date this team has been deployed to five New York

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2 City neighborhoods where they have educated people
3 who use drugs, substance use treatment programs,
4 other community members as well and overdose
5 prevention and harm reduction. These neighborhoods
6 include Crotona, Tremont, Highbridge, Morrisania,
7 Hunts Point, Mott Haven and the Lower East Side of
8 Union Square as well East Harlem. So, the Health
9 Department is also working closely with many of our
10 sister agencies on this important work including the
11 Department of Social Services. Because of the high
12 risk of overdose among people who are homeless we
13 have partnered with the Department of Homeless
14 Services and community-based organizations on several
15 key initiatives that address this population and
16 Commissioner Banks will be addressing these efforts
17 in more detail in his testimony. Turning now to a
18 suite of bills that are being heard, pre-considered
19 today, the Health Department supports the intent of
20 this legislation, we share the council's goals to
21 ensure the distribution of Naloxone for example and
22 to provide adequate training and education to New
23 Yorkers on this important public health issue. Much
24 of this work is already underway through Healing NYC
25 and we look forward to discussing you further how to

1
2 amplify their impact. For example, the Health
3 Department has been providing free Naloxone to
4 syringe exchange programs since 2009 with over 42,000
5 kits distributed through those programs to date.
6 Syringe exchange programs have a long history in New
7 York City and are on the front line of this epidemic
8 and I'm sure you will hear from many of them today.
9 We trust in the expertise of these program's
10 leaderships to train their own staff, to distribute
11 Naloxone and in fact this has been one of the core
12 functions of syringe exchange programs in New York
13 City for the past decade. In addition, our I saved a
14 life citywide media campaigns currently running on
15 social media in transit centers, local newspapers,
16 subway cars and bus shelters throughout the city
17 feature stories of six heroic New Yorkers who have
18 used Naloxone, six among many, hundreds of heroic New
19 Yorkers who have used Naloxone to save the lives of
20 family members, friends, neighbors and others. It
21 also directs the public to call 3-1-1 or to our
22 website for more information on where to get Naloxone
23 as well as other resources. So, I think a lot of the
24 intent and ground intended by the proposed bills we
25 are on the path and we look forward to discussing

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2 that legislation further with the council. I also
3 want to thank the Mayor and First Lady for their
4 unprecedented and explicit public support and
5 energies on this topic and thank you as well to
6 Speaker Johnson and to you Chairs again Levin and
7 Ayala and the members here today for your
8 partisanship and partnership, not your partisanship..
9 for your partnership and your voices, together I
10 believe we will turn the tide against the opioid
11 epidemic but it requires our joint and relentless
12 attention. I'm happy.. I will be happy to take your
13 questions, thank you.

14 CHAIRPERSON LEVIN: Thank you Dr. Belkin.
15 In, in fact this is one of just a few issues in our
16 country that actually receives, you know generally
17 bipartisan support and I think that that's actually
18 something that, you know bears noting. Commissioner
19 Banks.

20 STEVEN BANKS: Good afternoon Chairs
21 Levin and Ayala and members of the two committees.
22 I'm going to summarize some of our testimony so that
23 we can have a very focused discussion on, on opioids.
24 I appreciate the opportunity to appear before this
25 committee or committees.. these committees on this

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2 topic and I look forward to hearing some of the
3 testimony that our staff will hear from so many
4 people in this room and from the questions that you
5 as the members of these committees will ask. I have
6 learned in my short time in government that hearings
7 like this can provide very valuable information. In
8 my first two years as the HRA Commissioner these
9 kinds of hearings provided valuable information as we
10 reformed the agency and in these last two years
11 overseeing both HRA and DHS the hearings have
12 provided invaluable information for us. So, in that
13 spirit I come to present to you information about
14 what we're doing, and we will certainly take to heart
15 the kinds of issues you are interested in as members
16 of these committees and members of the advocacy
17 community and providers and, and the public who'll be
18 testifying as well. I know I will be testifying in a
19 couple of weeks about the broader topic of
20 homelessness and providing services to low income
21 people in the city but I would be remiss if I didn't
22 at least start off by saying that of course our
23 biggest investment and our highest priority is
24 preventing homelessness before it starts in the
25 beginning and in the testimony for the record some of

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2 our prevention investments are highlighted and I know
3 we will talk about them more in the... in the hearings
4 that are upcoming. Turning to page five of the
5 testimony though, as part of the reform efforts that
6 we've already put in place at the Department of
7 Homeless Services following the 90-day review of
8 homeless services in 2016 and additional issues that
9 we put in place. In September 2016 the Department of
10 homeless services strengthened its long-standing
11 Naloxone training practice by promulgating an agency
12 policy requiring staff from all department of
13 homeless services shelters to participate in
14 comprehensive Naloxone trainings to ensure shelters
15 across the city are equipped to administer the life
16 saving drug. To date all providers have participated
17 in the training and all shelters now have staff
18 equipped to administer Naloxone including frontline
19 staff, security staff and social services staff at
20 shelters for both adults and families. Staff on our
21 street outreach teams in a dedicated facility for
22 street homeless individuals such as safe havens and
23 drop in centers have also been trained. In early 2017
24 DHS became the independent state certified opioid
25 overdose prevention program led by the Office of

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2 Medical Director Dr. Fabienne Laraque is the director
3 and she's here with me today. The Medical Director is
4 also the clinical director of the state certified
5 opioid overdose prevention program and the existing
6 licensed social workers are, are also part of our
7 initiative. The Naloxone training program uses a
8 train the trainer model thereby multiplying the
9 impact of the program by establishing the existence
10 of at least one trainer per site able to train other
11 staff and clients and as a result of the partnership
12 with the council led by Council Member Ritchie Torres
13 and Vocal and other groups this policy is now
14 codified in law, Local Law 225 of 2017 and later in
15 this testimony I will update you on the numbers of
16 clients and staff who have been trained so far. In
17 discussing substance use among our homeless
18 population it's critical to note that the addiction
19 more often than not proceeds the experience of
20 homelessness and as was discussed by Dr. Belkin like
21 substance misuse in general the misuse of opioids
22 cuts across age, race, ethnicity, class and
23 neighborhood. Both our DHS system and our HRA, HRA
24 HASA or HIV Aids Services Administration have
25 screening services in place for clients with medical

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2 or behavioral health conditions. For single adult
3 clients seeking Department of Homeless Services,
4 services intake occurs at three locations, for men at
5 the 30th Street shelter in Manhattan, for women at
6 the Franklin shelter in the Bronx and... or the Help
7 Women's shelter in Brooklyn. Recently we modified our
8 intake questions so as to obtain additional useful
9 information from clients; we ask are you currently
10 using any illegal drugs or prescription medication
11 for non-medical reasons and we added three questions
12 on history of overdose. Following intake clients
13 enter assessment shelters where we use two validated
14 drug and alcohol screening tools; one the AUDITC for
15 alcohol use disorder identification and two, the
16 DAST, DAST-10 for illicit and prescription drug
17 misuse. Within DHS there are six assessment shelters
18 which require that shelter medical providers offer
19 each client the opportunity to engage in a medical
20 history and physical as well as a psychiatric
21 assessment within the first five to ten days in the
22 shelter of the family... of the client's arrival
23 recognizing that entry into the DHS system may be the
24 first contact the client has had with health care
25 systems in several years. The medical history and

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2 physical includes routine laboratory testing and
3 preventative care including PAP smears, screening for
4 colon and prostate cancer or a referral for
5 mammograms. The client is also screened for
6 communicable or infectious diseases such as
7 tuberculosis and HIV. The psychiatric assessment
8 includes but is not limited to any chief complaint,
9 history of any present illness, past psychiatric
10 history, substance use history, medications, family
11 and social history and full mental status
12 examination. In addition to the medical and
13 behavioral and social health assessments each
14 client's financial and housing history is obtained at
15 intake. HASA clients must meet eligibility criteria
16 of the program including applying and being found
17 eligible for cash assistance. All clients applying
18 are recertifying for cash assistance who self-
19 identify or appear to have a substance use history
20 are referred for a substance use assessment by an
21 onsite credentialed alcoholism and substance abuse
22 counselor, CASAC and are offered a referral for the
23 appropriate treatment and our harm reduction services
24 as needed. We use an electronic instrument that is
25 based on the addiction severity index that assesses

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2 client functioning with respect to substance use and
3 treatment history as well as medical, mental health,
4 employment, legal, and housing needs. It also
5 includes a section to assess a client's motivation
6 towards treatment and has decision support logic that
7 helps the CASAC make determinations and standardizes
8 determinations among CASACs. With respect to
9 connections to care both DHS and HASA work to meet
10 clients where they are at, an important tenet of harm
11 reduction and trauma informed approach to care. Using
12 peer reviewed evidence-based research we continue our
13 work to engage clients and connect them to
14 appropriate care both on and off site. Among the
15 facilities that constitutes the DHS portfolio 47
16 single adult shelters have access to onsite health
17 care, the other facilities within the DHS portfolio
18 are for single adults secure and maintain linkage
19 agreements to neighborhood and community health
20 providers to which clients are referred. This
21 continuum of care and presence of options is
22 important as some clients will choose to utilize off
23 site services as a result of being previously
24 connected to care or to maintain their privacy. As
25 with so much of our work within the shelter system we

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2 recognize that a one size fits all approach is not
3 always going to work and that the availability of
4 choice ultimately benefits our clients. At DHS
5 shelters there are opportunities for clients to
6 participate in a variety of behavioral health
7 services including psychiatric assessment, ongoing
8 medication management, individual therapy and group
9 therapy related to medical illness and substance use
10 as well as psycho education related to trauma. For
11 clients with co-occurring mental health and substance
12 use disorders the medical provider will work... first...
13 to first stabilize the client and then provide
14 supportive services including harm reduction and
15 health promotion to reduce the frequency and duration
16 of both drug and alcohol and or psychiatric
17 hospitalizations. As mentioned earlier DHS through
18 our Office of the Medical Directors, an independent
19 state certified opioid overdose prevention program
20 DHS is in the process of finalizing its written
21 substance use and overdose response policy. This
22 policy has been developed by the medical director and
23 her team and will formalize a series of robust action
24 steps we're taking to address opioid overdose deaths
25 and substance use in shelter. We are also developing

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1 a comprehensive overdose response and substance use
2 tool kit for shelter staff that includes tools for
3 overdose response trainers and an overdose prevention
4 champions as well as tools for staff trained to
5 administer Naloxone, education materials and
6 resources for clients. Overdose prevention champions
7 are being identified at shelters and other DHS sites
8 to serve as the lead trainer and coordinator for all
9 overdose prevention and response activities at their
10 site. This substance use and overdose response policy
11 will cover topics related to substance use and
12 overdose prevention, overdose response in Naloxone
13 administration, how to obtain Naloxone, training
14 policy, training targets, client engagement following
15 non-fatal overdoses, utilizing proven harm reduction
16 approaches, resources for substance use prevention,
17 harm reduction and reporting information. For
18 example, the policy will focus on enquiring about
19 whether linkages to a substance use treatment and
20 Medicaid assisted treatment or MAT were made by
21 hospital staff following up if such connections have
22 not been made and monitoring if connection to care is
23 refused by the client. Currently at DHS the office of
24 the medical director follows up on every overdose to
25

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2 require shelter providers to link the client to drug
3 treatment programs, counseling and harm reduction
4 programs, additionally providers will conduct a
5 refresher Naloxone administration training in a
6 client Naloxone dispensing drive. The shelter
7 directors are required to offer Naloxone
8 administration training to the affected clients, his
9 or her roommates and friends, DHS also educates
10 providers on harm reduction and on the availability
11 of medication assisted treatment. The shelter staff
12 members are trained to follow up on non-fatal
13 overdoses and offer clients to substance services.
14 The shelter providers and onsite medical providers
15 are expected to refer clients who have a substance
16 use disorder to drug treatment programs regardless of
17 whether they've had an overdose. Through it's medical
18 director HRA is also an independent state certified
19 opioid overdose prevention program. All HASA clients
20 applying or recertifying for cash assistance are
21 referred for a substance use assessment by an onsite
22 CASAC, clients who are identified as having a
23 substance use disorder are offered a referral to... for
24 the appropriate treatment and or harm reduction as
25 needed. Those identified as using opioids or are in

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2 contact with other clients using opioids will be
3 offered responder training and provided with Naloxone
4 under our approach. Following the implementation of
5 resident training our resident training plan pursuant
6 to Local Law 225, at intake all HASA clients will be
7 offered training as a responder, clients can opt out
8 of this training following training each trained
9 responder will be given a Naloxone kit. HRA's plan
10 will ensure a sufficient supply of kits and proper
11 storage. This approach is the result of meeting with
12 advocates and hearing directly from impacted
13 individuals concerning implementing a training plan
14 that decreases stigma. We believe that this opt out
15 approach at the front door is just that. All HASA
16 contracted transitional housing programs are required
17 to offer referrals for appropriate substance use
18 treatment to its... to residents, commercial emergency
19 housing operators who are required to have linkages
20 to community-based organizations providing such
21 services such as treatment referrals and harm
22 reduction including Naloxone responder training.
23 Additionally, the HASA program is in discussion with
24 Vocal and New York and the harm reduction coalition,
25 the New York harm educators and other community-based

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2 organizations to formulize partnerships to train
3 residents to administer Naloxone with a focus on our
4 SRO sites. DHS via its... via its medical office is
5 partnering with all the medical clinics, federally
6 qualified health centers and providers of health care
7 for homeless New Yorkers who serve the shelter system
8 meeting monthly to plan programs, exchange ideas and
9 brainstorm on best ideas to meet the numerous
10 challenges of the clients and our settings. The DHS
11 office of the medical director additionally has begun
12 to meet with an independent state certified OOPP's
13 that serve shelters. The DHS office of medical
14 director also actively participates in RxStat, a
15 citywide multiagency task force in opioid overdoses
16 is representative of the municipal drug advisory
17 council. In addition, the DHS office of medical
18 director started a more tailored review committee
19 where deaths that meet certain criteria are examined
20 and a city medical examiner participates on this
21 committee. Opioid misuse continues to be a national
22 and citywide challenge. In FY '17 there were 1,461
23 overdose deaths citywide compared to 85 overdose
24 deaths among homeless persons including both street
25 and homeless individuals and shelter residents. Drug

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2 overdose has been the leading cause of death among
3 individuals experiencing homelessness since 2014. In
4 FY '17 overdose deaths compromised the largest
5 proportion of homeless deaths with 85 or 27 percent.
6 Overall at least 311 homeless people died in 2017, FY
7 '17 and the leading cause of death among them was
8 drug use with 103 deaths as the Chair Levin described
9 earlier. Of those 85 were from drug overdoses and the
10 remaining 18 were from chronic drug use, of these 85
11 deaths 26 occurred in shelter up from the 20 that
12 occurred in shelter in FY '17, 36 occurred in a
13 hospital up from the 13 that occurred in a hospital
14 in FY '16 and 24 occurred outdoor or in other
15 locations up from 18 that occurred outdoors and in
16 other location in FY '16. More than three quarters of
17 the overdose deaths in shelter were opioid overdose
18 according to toxicology reports received from the
19 office of the chief medical examiner by our office of
20 the medical director. In FY '17 within DH... FY '16
21 within DHS facilities DHS staff administered Naloxone
22 112 times, in calendar year '17... I apologize, that
23 was calendar year '16 DHS staff administered Naloxone
24 112 times, in calendar year '17 DHS staff
25 administered Naloxone 236 times saving 214 lives by

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1 reversing those overdoses. This data shows that 94
2 percent of clients who are experiencing overdoses in
3 shelters were saved with Naloxone administration in
4 2017 with an overall increase to 94 percent in the
5 last quarter of calendar year '17. Our policy is to
6 respond to the prevalence of substance use and
7 substance use disorders among our shelter population
8 do not end at connecting clients with appropriate
9 care, we're also working to prevent overdoses through
10 the utilization of additional harm reduction
11 approaches. Building on nearly a decade of work we
12 continue to train staff, security and residents.
13 Beginning in 2009 DHS peace officers have been
14 trained in Naloxone administration during their basic
15 training. Since 2014 we've partnered with the NYU
16 Medical School to train clients at the 30th Street
17 intake shelter with more than 120 clients trained in
18 the last year alone and in the fall of 2016 DHS
19 through our office of medical director implemented
20 the policy for at least one trained staff member per
21 shift to be present on site at all shelters and we're
22 now finalizing the plan required by Local Law that
23 will be due shortly. In August 2017 DHS launched a
24 new initiative to identify and train opioid
25

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1 prevention champions as a lead trainer and
2 coordinator at each shelter, to date 117 champions
3 have been identified and trained, our office of
4 medical director conducts the trainings for the
5 champions each month. In 2017, 2,323 DHS staff
6 including shelter staff, champions and DHS peace
7 officers were trained and 2,861 Naloxone kits were
8 dispensed as part of that training, an additional 310
9 outreach staff members have been trained to
10 administer Naloxone, a total of 770 clients have also
11 been trained so far by DHS, DOMH and NYU medical
12 students including the 120 in the past year, in all
13 there have been 265 training sessions that have been
14 held. Within HASA and HRA all CASACs are trained in
15 Naloxone administration and HRA as well DHS will be
16 submitting our plan to fully implement the resident
17 training pursuant to Local Law 225 shortly. Naloxone
18 is just one element of our multipronged approach to
19 addressing the opioid epidemic, we recognize
20 addiction as medical condition and we're working to
21 change and challenge stigma especially among these
22 most vulnerable New Yorkers. We're working to ensure
23 that clients know that they can speak openly about
24 their substance use to staff and encourage clients to
25

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2 disclose to case managers so the connections to care
3 can be made. Providers often will utilize house
4 meetings to disseminate information to clients about
5 recognizing overdoses and the availability of
6 Naloxone as well as training schedules. We also
7 recognize the value of our advocate community and
8 peer leaders and we're working in partnership with
9 them to disseminate information about harm reduction
10 and safer using practices. Recognizing that clients
11 may be using substances we communicate with clients
12 about how taking breaks or missing doses can lower
13 their tolerance and make them more susceptible to an
14 overdose. We also provide information about the
15 danger of mixing opioids with other medications or
16 drugs especially Benzathines, alcohol or cocaine.
17 Information is also provided on the dangers of
18 Fentanyl and that that drug is a much stronger opioid
19 and may require additional doses of Naloxone to
20 reverse an overdose. We also inform clients that
21 Fentanyl is only found... is not only found in Heroine
22 but also in Cocaine and counterfeit street pills that
23 can't always be detected by site, taste or smell. We
24 provide this information and warning because clients
25 may not always be aware they, they are using Fentanyl

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2 and makes the risk of overdosing increasingly likely.

3 We also provide Fentanyl warning posters in shelters,

4 safe havens and drop in centers. Working in partner

5 with NYPD DHS peace officers received and will

6 continue to receive enhanced training to handle a

7 mental health crisis. This enhanced training is

8 intended to give DHS peace officers the skills to

9 identify the use of controlled substances both

10 illegal and legal. DHS first responders are on the

11 front lines of fighting this epidemic. DHS peace

12 officers and DHS funded private security inspect

13 restrooms regularly to ensure the safety of our

14 clients. We are in the midst of a crisis and by

15 utilizing evidence based compassionate client

16 centered responses we are seeing some shifts in how

17 we identify and respond to substance use and the

18 presence of clients with substance use disorders in

19 our shelter system. We are seeing an increase in

20 Naloxone administration as a result of increased

21 training, we're reviewing and implementing new

22 policies and procedures informed by data and best

23 practices and we look forward to partnering with,

24 with the council as we continue our response to this

25 terrible epidemic and its devastating impacts. Thank

1
2 you for this opportunity to testify and I welcome
3 your questions.

4 COUNCIL MEMBER AYALA: So, we wanted to
5 recognize Council Members Lander, Gibson, Van Bramer
6 and Torres. Thank you for your testimony, I have a
7 couple of questions. First I wanted to say thank you
8 because I... that was a pretty comprehensive
9 explanation of everything that you've been doing in
10 the last year and I appreciate the city's rapid
11 response to being proactive in terms of training
12 staff especially staff that's on the front line to,
13 you know be able to administer the Naloxone but I
14 wonder is there any... is the city measuring the
15 metrics used to evaluate the efficacy of providers
16 and how we are measuring wellness?

17 GARY BELKIN: Yeah, I'll let Commissioner
18 Banks talk about specifically how he's looking at
19 that with his staff but in general first we're
20 committed to several ways that more people need to be
21 trained not only in delivering Naloxone but also to
22 be able to provide what we think are underused
23 medications as treatments like Buprenorphine, that
24 means trying to expand the places that these things
25 are, are accessible and particularly around the

1 training in Naloxone and making that more ubiquitous
2 the goal that the, the city has set out is as I
3 mentioned in my testimony 100,000 kits distributed
4 this year. One thing I want to make clear is that
5 that was an estimated demand, we are responding to
6 the demand, we will not hold back from our harm
7 reduction providers, the general public, first
8 responders, drug treatment programs, medical
9 providers, all city agencies, all the opportunities
10 we have to put Naloxone out there we will not
11 withhold from demand, we will figure out a way to get
12 Naloxone out there and it... so when I mentioned that
13 we are ahead of our pace for 100,000 that means that
14 the demand has been a little higher than we thought
15 would be there and we're meeting it. So, one metric
16 is just, you know merely meeting a, a goal that we
17 estimated was, was needed and we're certainly meeting
18 that goal. We're trying to get better about finding
19 out where that Naloxone goes and purposefully trying
20 to target it into the geographies and populations and
21 areas that we're seeing the highest need for.
22 Refining that is a little harder, right, because a
23 lot of this goes to programs who then give them to
24 individuals and we're not keeping, you know records
25

1 and taking names so we're trying to work with the
2 programs that we have to get a better sense of the
3 geographic region that we're hitting the places that
4 we... that we want to hit. Now in terms of the impact
5 of all this on overdose deaths, which is our main
6 reason for Naloxone specifically, right, to blunt
7 this meteor, meteoric rise of overdose deaths in the
8 last year or so, the jury for year one is still a
9 little out, we are... there's been some public reports
10 of what 2017 looked like so you know the Health
11 Department is very fastidious with its data for good
12 reason because that becomes what we all look to and
13 we're waiting for the... to working with the medical
14 examiner to understand what the deaths were for 2017
15 as they feel they've closed out their cases but as
16 there have been reports and now our own reporting
17 quarterly of overdose deaths it looks possible that
18 there may... that there may not be this year the sort
19 of increase we saw last year and may be more of a
20 straighter line, we're not ready to say that but
21 we're hopeful that, that perhaps that's, that's the
22 case.
23

24 STEVEN BANKS: And I would just add to
25 that that I think we've put a lot of effort into

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2 training to save lives and I think connecting people
3 to care is equally important and as we increase our
4 investments in our shelter providers and there are
5 some terrific providers in the room today that I'm
6 sure you'll, you'll hear from, you know we've
7 invested 200 million dollars in new, new investments
8 in the shelter provider and home services provider
9 sector because for many years there have been
10 disinvestment in that sector and the additional funds
11 we think will raise the bar on services and enable
12 the providers to provide the kind of services that
13 they have identified as critical for our clients so
14 we want to support them in those efforts. I think one
15 of the challenges too that our providers have as do
16 we is that there are people who use substances
17 outside of shelter and come into shelter and the
18 place where the use took place that's leading to the
19 overdose may not be in shelter, we want to be there
20 in order to save a life when someone comes in and
21 that's why we're very focused on helping our
22 providers be able to connect people to care because
23 we can't simply focus on what happens in the four
24 walls of our... of our actual shelters because people
25 are out in the... out to... around the city and, and

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2 encounter situations that we can't address outside of
3 the shelter but what we can address is try to address
4 things in the shelter and connect people to care. I
5 think as you heard in the testimony we have a lot of
6 focus on meeting people where they are, and we have
7 people that decline services but that doesn't mean we
8 keep... we don't keep offering them and then again, we
9 have terrific frontline service providers that are
10 critical in that effort.

11 COUNCIL MEMBER AYALA: Are we also
12 measuring the number of deaths that, that are
13 occurring with non-sheltered homeless individuals?

14 STEVEN BANKS: You mean on the streets?

15 COUNCIL MEMBER AYALA: Yes.

16 STEVEN BANKS: Yeah, a part of the
17 analysis gives us that as well in terms of the
18 breakdown of where the deaths occurred, let me see if
19 I can find where that is... of the 85 deaths 26
20 occurred in shelter and 36 occurred in a hospital.

21 COUNCIL MEMBER AYALA: But it doesn't
22 specify that these were street homeless individuals,
23 right?

24 STEVEN BANKS: Some of these clients are
25 street homeless individuals... [cross-talk]

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2 COUNCIL MEMBER AYALA: The 36... [cross-
3 talk]

4 STEVEN BANKS: ...as well... some of them are
5 and some of them were brought to hospitals but we
6 can... we can give you a more granular... [cross-talk]

7 COUNCIL MEMBER AYALA: Okay... [cross-talk]

8 STEVEN BANKS: ...information, the Health
9 Department report breaks down the difference between
10 people who are unsheltered and people who are... who
11 are sheltered by cause of death, so we can give you
12 that information.

13 COUNCIL MEMBER AYALA: Okay. I think
14 actually I asked you the second question. So, what...
15 could you explain like what are some of the barriers
16 to expanding treatment interventions in city shelters
17 and non-profit supportive housing and what is the
18 need for these agencies to kind of overcome some of
19 these barriers?

20 STEVEN BANKS: I think that Dr. Belkin
21 put it well, stigma I think is a big... is a big issue
22 but again I think our providers are very much focused
23 as I said in meeting people where they are and
24 connecting them to services and if someone doesn't
25

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2 accept services I know our providers are very focused
3 on continuing to connect them to those services.

4 COUNCIL MEMBER AYALA: I would also like
5 to add that and I think I've mentioned this in a
6 couple of meetings that I've had individually with
7 Dr. Belkin and, and several other members of the
8 administration is also in the messaging I think that
9 when we're doing public awareness campaigns we have
10 to be... we have to learn to speak to our audience and
11 in communities of color I think that there's' a lot
12 of, of resentment and just lack of understanding of
13 what, you know all of the, the attention, you know to
14 this issue is all of a sudden when this is an issue
15 that has, you know affected them for many, many years
16 and so I think that, you know we, we need to kind of
17 be very careful in terms of what the messaging is to
18 communities of color so that we... you know we're,
19 we're getting the, the type of, of, of attention...
20 well they're getting the type of attention that they
21 need because I don't think that there... that they
22 really... you know really understand that this is an
23 issue that's effecting black and brown people as
24 well, I think that, you know there's a sentiment that
25 now that, you know this is hitting other communities

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2 and now the special attention and a lot of, of
3 efforts being put into diversion programs and other
4 types of treatment options but I think that messaging
5 is very important in terms of getting information out
6 to the people that need it the most. Did you... I want
7 to pass it over to Chair Levin, thank you.

8 CHAIRPERSON LEVIN: Thank you very much

9 Chair Ayala, thank you both for your testimony.

10 Before I get to questions I actually want to just

11 acknowledge, a couple weeks ago I spoke to Scott

12 Auwarter at... from BronxWorks who... at a conference and

13 he shared with me what he's seen at his facilities in

14 the last couple of months and what he described to me

15 and I think that he or his medical director will be

16 describing later is, is, is very harrowing in terms

17 of the, the, the... what's, what's happening on the

18 ground because, you know Fentanyl if you... if you

19 shoot up Fentanyl, you know there's a good chance

20 that the first dose of Naloxone might not work. As,

21 as you said it's... [cross-talk]

22 STEVEN BANKS: Correct... [cross-talk]

23 CHAIRPERSON LEVIN: ...its 50 times

24 stronger than heroine and it can kill you in a matter

25 of seconds I think or... you know less than a minute.

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2 His security, the security guards that work at, at
3 BronxWorks have administered Naloxone, they've done
4 mouth to mouth resuscitation, they've done mouth to
5 mouth on... resuscitation on individuals that have not
6 come back. What he described is on a different level
7 now than I think that what... at least what he was
8 seeing a year ago and to that end I wanted to ask
9 about the numbers that came out in the PMMR last week
10 and I'll read them, some of the increase in the
11 critical incident rate in adult shelters was also
12 impacted by an increase in overdose incidents from
13 the prior year with a reported 81 overdose incidents
14 in the first four months of fiscal '18, that's July,
15 August, September, October of, of 2017 compared to 12
16 in the 2017... in the FY '17 period so that would be
17 the prior year. This is due both to the national
18 opioid crisis in DHS's enhanced overdose preparedness
19 training distribution of Naloxone kits in shelter and
20 training of staff and clients to be overdosed, first
21 responders with... shelter... all shelters now having
22 staff trained and equipped to administer Naloxone.
23 Can you explain... I mean is, is it... my, my first
24 question is, is this a spike or is this a long-term
25 trend because a 575 percent increase year over year

1 comparing apples to apples to me looks like a spike,
2 is this a spike or is this a... is this a long-term
3 trend?
4

5 STEVEN BANKS: I, I have to come back to...
6 and I... and you know you, you and I go back a long
7 time on this issue but whether it's one person or six
8 people it's one or six people too many. That
9 particular metric in looking at four months is just
10 what it is, but I want to step back from it, I
11 actually don't think from our perspective whether or
12 not, you know the daily news got it right or not and
13 they're reporting is to... I'm, I'm reacting more
14 generally to your question Council... Chair. We're
15 certainly seeing the prevalence of the problem in the
16 larger community affecting us in the shelter system
17 and it's been increasing since 2000... you know
18 homelessness increased 38 percent between 2011 and
19 2014 and so certainly the increase that we have seen
20 since 2014 is related to, to sheer numbers but it's
21 also related to what Dr. Belkin talked about that
22 we're seeing in the outer... out, outside of the
23 shelter system, the same kinds of challenges that our
24 clients have. I think what Scott Auwarter who I've
25 known for a long time, I have great respect for him

1 is reacting to there is the same thing we're all
2 reacting to as human beings is that we're seeing our
3 clients coming to us having used this substance
4 that's, you know a killer and our defenses to that
5 are more Naloxone and more connection to services but
6 we still see our clients coming to us under desperate
7 circumstances.
8

9 CHAIRPERSON LEVIN: Okay, I'm just... I
10 mean are we... Dr. Belkin I mean are, are you... is... how,
11 how can we explain a 575 percent increase that's
12 reflected in the MMR, I mean I'm, I'm reading
13 directly from... I'm not read... not reading from the
14 MMR?

15 GARY BELKIN: No, I understand that.

16 CHAIRPERSON LEVIN: Yeah, so what's,
17 what's, what's to explain a 575 percent increase in
18 the same snapshot of that four month... this is quarter
19 one, I mean actually Scott was telling me about
20 quarter two and quarter three actually because we're
21 in quarter three right now so he was... he's telling me
22 what's happened since the beginning of December not
23 what was happening in July and August so I mean are,
24 are, are we seeing is this a geographically based
25 thing, are we seeing more Fentanyl in the Bronx, is

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2 that what's leading to this or, or, or is this a... I
3 mean in, in terms what he's seeing or are... or are we
4 seeing this as an issue from the overall system, I
5 mean you just said that we're seeing a flatter trend,
6 can you explain... in the context of that can you
7 explain this 575 percent increase that's, that's
8 written... you know in, in the MMR?

9 GARY BELKIN: Yeah, so, so I don't know
10 how the... how those MMR indicators are defined, the...
11 and periodic year to year source of comparisons are
12 not the most reliable ways to look at, to answer your
13 question a spike or a trend... [cross-talk]

14 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

15 GARY BELKIN: So... [cross-talk]

16 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

17 GARY BELKIN: ...we have to look at what
18 the trend was to make that judgment, taking a select
19 swatch a year apart is not... is not a... [cross-talk]

20 CHAIRPERSON LEVIN: I mean... [cross-talk]

21 GARY BELKIN: ...is not a robust way of, of
22 looking at it, I mean it, it may make good newspaper
23 writing but it doesn't really tell you what's going
24 on in the... in... [cross-talk]

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2 CHAIRPERSON LEVIN: I don't care what the
3 Daily News actually writes about it or not... [cross-
4 talk]

5 GARY BELKIN: Right... [cross-talk]

6 CHAIRPERSON LEVIN: ...the MMR says...
7 [cross-talk]

8 GARY BELKIN: Right... [cross-talk]

9 CHAIRPERSON LEVIN: ...12 to 81... [cross-
10 talk]

11 GARY BELKIN: Right... [cross-talk]

12 CHAIRPERSON LEVIN: ...in a four-month
13 period... [cross-talk]

14 GARY BELKIN: So, so what it does...
15 [cross-talk]

16 CHAIRPERSON LEVIN: ...year over year...
17 [cross-talk]

18 GARY BELKIN: Right, right... [cross-talk]

19 CHAIRPERSON LEVIN: What is... what,
20 what's... [cross-talk]

21 GARY BELKIN: So, it doesn't... [cross-
22 talk]

23 CHAIRPERSON LEVIN: ...what's to explain
24 such a thing.

1
2 GARY BELKIN: ...what it... what it does not
3 tell is a... is a naturalistic curve of the problem,
4 what it does tell is we better pay attention because
5 something is going on... [cross-talk]

6 CHAIRPERSON LEVIN: We better have our
7 hair on fine...

8 GARY BELKIN: Right and we... and we... and
9 tells us where to look more closely. In terms of the
10 background as I mentioned what's going on in the... in
11 the... in the background environment as I mentioned we
12 are... there has been over the last couple of years a
13 shift in the rapidity of, of increase in, in the... in
14 the Bronx especially the South Bronx so this could
15 reflect an uptick in surrounding neighborhoods.

16 CHAIRPERSON LEVIN: Okay, I mean I...
17 [cross-talk]

18 GARY BELKIN: But either way... but, but
19 either way you slice... I, I'm... [cross-talk]

20 CHAIRPERSON LEVIN: ...pretty sure these
21 answers are satisfactory, they're... we went from 12 in
22 a four-month period in adult shelters, I don't know
23 whether that actually includes unsheltered
24 individuals so, it doesn't... [cross-talk]

1
2 STEVEN BANKS: It includes... that includes
3 only individuals in sheltered but... [cross-talk]

4 CHAIRPERSON LEVIN: In shelter... [cross-
5 talk]

6 STEVEN BANKS: ...but as, as, as I said to
7 you the numbers convey to us the urgency of what
8 we're trying to do, I think your description of, of,
9 of the urgency is a very apt description and that's
10 how we're approaching this... [cross-talk]

11 CHAIRPERSON LEVIN: Yeah because outside
12 of... there's no... you know a 30 percent increase, a 50
13 percent increase, an 80 percent increase, 100 percent
14 increase that's one thing, 575 percent increase this
15 is off the charts... [cross-talk]

16 STEVEN BANKS: Any of those increases
17 would lead us to the urgency that this problem
18 requires and we're particularly looking at this in an
19 urgent way that you would want us to and as I said
20 our, our first baseline response... [cross-talk]

21 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

22 STEVEN BANKS: ...has been to increase
23 training, our related is what more can we do to
24 connect people to care and as we've been throughout
25 the reforms that we've been making in both the

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2 agencies we're welcoming ideas that might come out of
3 this hearing and from the advocates that provide us
4 information all the time so I just want... I don't want
5 you to... [cross-talk]

6 CHAIRPERSON LEVIN: Sure... [cross-talk]

7 STEVEN BANKS: ...leave, leave this with
8 any sense that we don't see this as an urgent matter
9 to address.

10 CHAIRPERSON LEVIN: Understood... [cross-
11 talk]

12 GARY BELKIN: Because, because I... and I...
13 and I hope I was understood the same way, it's less
14 fixating on the statistical inference than the fact
15 that something is going on that is aberrant and...
16 [cross-talk]

17 CHAIRPERSON LEVIN: Yeah... [cross-talk]

18 GARY BELKIN: ...you know both at the
19 community level and I... and in... and in the shelter
20 system as well where we're now able to transition to
21 as much more focused responses so the rapid
22 assessment response teams I mentioned led us at the
23 community level and, and, and the degree of now skill
24 and literacy across the shelter system allows being
25

1 able to hot spot and focus and be more, you know
2
3 focused on, on where needs are.

4 CHAIRPERSON LEVIN: Okay, I got a couple
5 of... I got a bunch more areas I want to cover here so.
6 I went back I looked at the Healing NYC report which
7 is a very comprehensive report from about a year ago,
8 you know I did a key word search for homeless,
9 there's one reference to homeless, there's one use of
10 the word homeless other than in the appendix that
11 says Department of Homeless Services that's in, in
12 reference to Naloxone and so what I didn't see in
13 that report is a strategy for how we are connecting
14 people who find themselves homeless with long term
15 care and so I think... the first thing I want to say is
16 I, I think you'd agree... we're... this is a public
17 health issue, correct, whether we're talking about
18 the general population or talking about individuals
19 that find themselves homeless this is a public health
20 issue, right, I mean that's, that's how we should be
21 approaching this? So, if we're approaching it in
22 terms of... as a public health... from a public health
23 perspective then what I would like to know is what is
24 the... what is the path to care; harm reduction,
25 recovery through... whether its... whether its Methadone

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2 or whether its Buprenorphine or, or other long-term
3 treatment? So, I want to actually ask about kind of
4 different scenarios and, and, and.. I just want to..
5 because I want a sense of how this actually all comes
6 together so I'll start with individual on.. that's
7 living on the street, how do they connect to long
8 term care or medically assistant treatment?

9 STEVEN BANKS: And I think the, the, the
10 most critical thing is to get them off the street and
11 then off the street into a drop in center or
12 ultimately a safe haven hopefully, the excellent
13 providers that we have that run safe havens connect
14 people to care, they have staff that are very skilled
15 at doing that, they don't always succeed.

16 CHAIRPERSON LEVIN: So, how.. in terms of..
17 okay, so how does that work exactly, if you're.. you
18 go into a drop-in center are you able to then connect
19 to a primary.. are you able to connect to a primary
20 care physician in a reasonable time frame that could
21 potentially prescribe you Buprenorphine prescription?

22 STEVEN BANKS: And look I can speak to
23 how our, our system runs, I, I, I want to answer your
24 hypothetical... [cross-talk]

25 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

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2 STEVEN BANKS: ...because that's what I'm
3 here for... [cross-talk]

4 CHAIRPERSON LEVIN: Right... [cross-talk]

5 STEVEN BANKS: ...from persons you
6 encounter on the street as you know it might take an
7 average of five months to get someone to agree to
8 come in... [cross-talk]

9 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

10 STEVEN BANKS: ...and now they have come in
11 let's say to a safe haven, they've come in to
12 BronxWorks, a great program, they have terrific
13 medical staff there that are part of connecting
14 people to care programs in the community... [cross-
15 talk]

16 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

17 STEVEN BANKS: ...and the kind of care
18 people are connected to in the community is
19 reflective of the overall care that's available to
20 any of our clients whether they're housed or not.

21 CHAIRPERSON LEVIN: So, so... [cross-talk]

22 STEVEN BANKS: Again, from the
23 perspective of running a social services program our
24 perspective of someone on the street, get them off
25 the street and get them someplace where they can be

2 provided with high quality services by a reputable
3 provider who then can connect them to the various
4 care systems that exist for people whether they're
5 housed or not.

6 CHAIRPERSON LEVIN: Do street outreach
7 teams in New York City today and there are, you know
8 a, a number... a few providers... [cross-talk]

9 STEVEN BANKS: There are five under
10 contract with us.

11 CHAIRPERSON LEVIN: Five under contract?

12 STEVEN BANKS: Yeah...

13 CHAIRPERSON LEVIN: Do they have specific
14 job descriptions that include peer... you know people
15 that have... that, that have gone through, you know
16 recovery peer to peer, yeah?

17 STEVEN BANKS: Not necessarily, they do
18 have peers that work for different providers but
19 again what we're focused on and the... I... as I said at
20 the beginning of this hearing interested to hear what
21 ideas emerge from it but what we've been focused on
22 is making... [cross-talk]

23 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

24 STEVEN BANKS: ...sure that our providers
25 have the ability to connect clients... [cross-talk]

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2 CHAIRPERSON LEVIN: But there are going
3 to be people... [cross-talk]

4 STEVEN BANKS: ...to, to services... [cross-
5 talk]

6 CHAIRPERSON LEVIN: ...that... there are
7 going to be people that, that might not go in to, to,
8 to shelter that also may actually be interested in,
9 in getting on treatment even if they're not in
10 shelter, it's not... they're not mutually... you know
11 the... it's not as if it's a... it's a prerequisite to
12 treatment to be in shelter.

13 STEVEN BANKS: That's, that's correct but
14 remember what our first priority is, is to get people
15 in off the streets, that's, that's our first priority
16 no, no matter what.

17 CHAIRPERSON LEVIN: Okay. Now... [cross-
18 talk]

19 STEVEN BANKS: In addition to preventing...
20 [cross-talk]

21 CHAIRPERSON LEVIN: Sure... [cross-talk]

22 STEVEN BANKS: ...people from becoming
23 homeless...

24 CHAIRPERSON LEVIN: Now there was an
25 article in the Times a couple of weeks ago about the

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2 disparity between the, the racial disparity and, and
3 economic disparity between those that are entering
4 into a Methadone treatment versus Buprenorphine
5 treatment and how, how, how do we address that
6 disparity within the shelter system, so if somebody
7 presents through... whether it's at assessment, whether
8 in shelter, whether they at some point... whether its,
9 you know at some point along their trajectory they're
10 ready for treatment how, how do we present people
11 with the options, Buprenorphine works for some
12 people, Methadone works for other people but do
13 people... does everybody... the... part of the... one of the,
14 the obstacles presented is that there are... that, that
15 primary care physicians, you know may not take
16 Medicaid to, to be a prescriber so while the, the
17 Buprenorphine prescription itself is covered the
18 physician is not, how do you... how do we address that?

19 STEVEN BANKS: I mean from again from a
20 social services perspective our perspective is to
21 connect people to Medicaid which is the insurance
22 program that we can connect clients to.

23 CHAIRPERSON LEVIN: Right but then how do
24 you... but then the question then is for DOHMH, how
25 does DOHMH fill that gap so that those people that

2 are connected they're... they have a point of contact,
3 they're in shelter, when they're ready, I mean one of
4 the biggest challenges and I, I... you know you talked
5 to, to, to people that work in this field is try and
6 try again, try and try again, people may not be ready
7 but when they are ready how do we ensure that, that,
8 that that particular service is available to them
9 because... I mean... I mean for those that don't know,
10 you know Buprenorphine is, is prescribed by a primary
11 care, care physician, you could take it at home, you...
12 Methadone is very different you have to go every day...
13 this article lays it out very clearly, you know you
14 have to go every day, it can take up half of your day
15 to go get your Methadone and it, it, it is an
16 inhibitor to, to keeping a full time job because you
17 have to spend a lot of time going, going on site,
18 getting your prescription, waiting in line, you know
19 it doesn't always work like that but it's a much more
20 regimented, it might not work for everybody, how do
21 we... how do we... how do we get more Buprenorphine
22 available to, to, to individuals in shelter that,
23 that need it?

24 GARY BELKIN: Yeah, so the same as we

25 need to, to get... be more available to all, all New

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2 Yorkers, we, we really have to make it more the path
3 of least resistance to get so we're trying a couple
4 of things at once, one is we think you should be able
5 to start a prescription in the emergency room, we
6 think you should be able to start getting a
7 prescription from a syringe exchange program, we
8 think you should be able... we should diversify what
9 primary care settings offer it so we're on all, all
10 those fronts, we're working with, with ten emergency
11 departments, seven syringe exchange programs and I
12 mentioned 14 but we're looking to expand
13 substantially our work with a nurse care manager
14 approach that supports a primary care practice and
15 HQHC is in more underserved... what we think are
16 underserved areas in New York City. So, those are our
17 initial down payment on really trying to diversify
18 and open up where one can get Buprenorphine. The
19 things I just mentioned we think can add a capacity
20 of ten to 15,000 treatment options... treatment...
21 courses of treatment for... [cross-talk]

22 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

23 GARY BELKIN: ...for folks as well... on top...
24 including training 15... about 1,500 more prescribers...
25 [cross-talk]

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2 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

3 GARY BELKIN: ...but this time we're trying
4 to follow up those prescribers with, with follow up.
5 What happens is we train prescribers and they don't
6 prescribe.

7 CHAIRPERSON LEVIN: Right... [cross-talk]

8 GARY BELKIN: So, we're... the system we
9 have the most open-door invitation to work with is at
10 Health and Hospitals, how can we make that an on-
11 demand system for Buprenorphine I think that is...
12 [cross-talk]

13 CHAIRPERSON LEVIN: Is it on demand right
14 now?

15 GARY BELKIN: I... probably, I, I don't
16 know but I... [cross-talk]

17 CHAIRPERSON LEVIN: Is it... [cross-talk]

18 GARY BELKIN: It probably is not.

19 CHAIRPERSON LEVIN: Right, so... [cross-
20 talk]

21 GARY BELKIN: So, we, we are... but, but
22 that... I think that is a shared aim.

23 CHAIRPERSON LEVIN: With, with Health and
24 Hospitals so, so healing NYC that points to Health
25 and Hospitals as the, the, the center of excellence

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2 that we... you know it's, it's... it becomes the backbone
3 between now... you know through the implementation of
4 that plan for this... for this healthcare delivery
5 network, right now February 2018 how many hours a
6 week does Belleview have to get a prescription for
7 Buprenorphine?

8 GARY BELKIN: I don't know that offhand...
9 [cross-talk]

10 CHAIRPERSON LEVIN: I was told its five
11 hours away...

12 GARY BELKIN: We, we, we could... we
13 should... [cross-talk]

14 CHAIRPERSON LEVIN: I was told like five
15 hours... like literally five hours away, that obviously
16 has to change.

17 GARY BELKIN: I, I don't think anyone
18 disagrees with that.

19 CHAIRPERSON LEVIN: I... there's actually...
20 when I had a meeting last week with a lot of
21 providers and we talked about Health and Hospitals
22 being, being the, the main means of service delivery
23 to address this massive crisis, this spiraling crisis
24 there was a lot of eye rolling in the room because
25 everybody was skeptical that Health and Hospitals has

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2 the flexibility or, or even the ability admits it's,
3 its, its ongoing massive fiscal problems to take on
4 this particular challenge because this... taking this
5 on I think as a... you know in... is inherently costly
6 and like they're running an 800 million dollar
7 deficit every year so how does that work?

8 GARY BELKIN: So, I mentioned five
9 strategies that we're trying which one is Health and..
10 expanding Health, Health and Hospital's capacity. You
11 could say what you want and, and you should just talk
12 with Health and Hospitals but I, I don't know of
13 another health system that has their reach, their
14 degree of welcoming everybody through their doors no
15 questions asked so whether or not we roll our eyes we
16 have to work together to make that system work.

17 CHAIRPERSON LEVIN: Is it... right, it was
18 just an eye rolling because it was like who, who, who
19 actually thinks that's going to work.

20 GARY BELKIN: Well I would roll my eyes
21 much more aggressively about other health systems..
22 [cross-talk]

23 CHAIRPERSON LEVIN: Okay... [cross-talk]

24 GARY BELKIN: ...stepping up to this task.
25

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2 CHAIRPERSON LEVIN: There... sorry, just a,
3 a couple more questions here and then I'll turn it
4 over to my colleagues, sorry. The Governor has a plan
5 around peer to peer outreach as part of his, his, his
6 overall allocation to homelessness and... are there...
7 are there peer to peer outreach programs that are
8 contracted with the city or are we coordinated with
9 state oasis program... funded programs or how does that
10 work? So, I, I... the reason I ask so if, if... and I'm...
11 if you go to... back in October there was an article
12 in... or a report in PBS News Hour on a program called
13 Anchor Recovery in Rhode Island and they have, you
14 know a multi-pronged effort that is state funded and
15 some private funding that does street outreach peer
16 to peer and works on getting people into treatment
17 and has had significant successes, very moving
18 stories of people that have been in recovery. They
19 have... if you... if there's... if there's an overdose that
20 goes into an emergency room at any hospital in Rhode
21 Island they're contacted and they're on site in like
22 20 minutes, it's a small state so you can get, get
23 there in 20 minutes but... is the city engaged in
24 similar programs, funding similar programs or do we
25 rely on that state Governor's Initiative or what's

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2 the coordination there and, and how is that working

3 in New York City and if there's an overdose that goes

4 into an emergency room in New York City is there a...

5 is there a not-for-profit peer to peer advocate there

6 in 20 minutes like it is in Rhode Island?

7 GARY BELKIN: Yeah, so we have, and I

8 mentioned it in passing I think Project Relay where

9 we're now in five emergency rooms which the fifth I

10 think was announced today in a press release, at

11 Saint Barnabas but that's a 24/7 availability of a

12 peer advocate to come to emergency room, I believe

13 within an hour... [cross-talk]

14 CHAIRPERSON LEVIN: Okay... [cross-talk]

15 GARY BELKIN: ...for any non-fatal overdose

16 where they provide counseling, education about

17 Naloxone, they distribute Naloxone, they... [cross-

18 talk]]

19 CHAIRPERSON LEVIN: I'm just going to

20 interject for a second, you said five E-R's, there

21 are 11 H... Health and Hospitals in... in you know HHC...

22 [cross-talk]

23 GARY BELKIN: Right, so we're... [cross-

24 talk]

25

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2 CHAIRPERSON LEVIN: ...hospitals... [cross-
3 talk]

4 GARY BELKIN: ...expanding... we're expanding
5 it to ten... [cross-talk]

6 CHAIRPERSON LEVIN: Uh-huh.

7 GARY BELKIN: And the peer advocate also
8 follows up with the individual, we've... you know we're
9 still ramping this up, we've engaged a little over
10 200 folks about two thirds of those agreed to follow
11 up and 55 percent of those are reached within 24 to
12 48 hours, we're now looking to also outreach over a
13 90 day period and look at... see what those outcomes
14 are... [cross-talk]

15 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

16 GARY BELKIN: ...but there's an, an
17 opportunity there for me to get work on harm
18 reduction and also connecting to care and, and we
19 actually... the Anchor ED program you talked about in
20 Rhode Island informed the design of our project
21 Relay.

22 CHAIRPERSON LEVIN: Okay, good to know,
23 yeah...

24 STEVEN BANKS: I should add... [cross-talk]

25

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2 GARY BELKIN: And Rhode Island has an
3 eighth of the population of New York City..

4 CHAIRPERSON LEVIN: Right, which means
5 that our numbers should be eight times as big as
6 their number.

7 GARY BELKIN: We'll, we'll get there.

8 CHAIRPERSON LEVIN: Yeah.

9 STEVEN BANKS: Just to, to answer your
10 answer your question with respect to the state so
11 we've actually been working in partnership with the
12 state office of mental health and they have funded
13 and added ten new act teams sort of community
14 treatment teams... [cross-talk]

15 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

16 STEVEN BANKS: ...for our clients, they've
17 got ten of them... are already operational and they
18 have assigned up to 680 slots over the course of the
19 year, they're... already 150 of our clients are in
20 those slots and we've also been working in
21 partnership with Oasis in ten other shelter locations
22 to provide community-based substance use disorder
23 treatment to clients on site through Oasis's
24 providers. So, those two initiatives are part of the
25 things that I talked about earlier in, in our first

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2 phase of this was to address Naloxone training and a
3 second phase has been to connect people... and a second
4 phase has been to connect people to care and some of
5 that care is what we can do in the city and some of
6 that care is by welcoming other resources that we can
7 secure and here with both state OMH and State Oasis
8 we've been able to increase the availability of
9 services, we'll see how these models work and see
10 whether or not they have the impact that we hope they
11 do and there is some peer component in those programs
12 I think as you described earlier.

13 CHAIRPERSON LEVIN: Okay, thank you, I'm
14 going to turn it over to my colleagues I was going... I
15 was going... Barry Grodenchik was going to be first,
16 but I took his questions, I'm going to turn it over
17 to Council Member Adrienne Adams.

18 COUNCIL MEMBER ADAMS: Thank you Chair
19 Levin. First of all, I want to thank you for holding
20 this hearing and congratulate my colleague Diana
21 Ayala for your diligence on this matter and for co-
22 hosting us today in this hearing, thank you very
23 much. Welcome to you both, Dr. Belkin and
24 Commissioner Banks, always good to see you. I'm going
25 to gear my, my questions and my comments specifically

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2 around some issues that are near and dear to my
3 district and Commissioner Banks I guess you and I
4 will, will chat a little bit about this and hopefully
5 address some of these things. Realizing that we are
6 in Southeast Queens, home to the largest percentage
7 of homeless shelters within the entire borough of
8 Queens and we are still looking for equity in that
9 placement or in those placements the unsheltered
10 population is one that I live with on a daily basis,
11 I take public transportation on a daily basis so I
12 see this epidemic daily in my community in Southeast
13 Queens. To Chair Ayala's point this epidemic has been
14 prevalent for people of color for decades and we want
15 to make sure that we are addressing it appropriately
16 and that our tones are reasonable when dealing with,
17 with this epidemic and fighting this horrible,
18 horrible epidemic, we note also in your remarks that
19 the death rates among black New Yorkers increased 85
20 percent between the years of 2015 and 2016 more than
21 doubled the rate increase among white and Latino New
22 Yorkers, that is significant to me. What, what I
23 would like to find out is that we're looking right
24 now basically at continuing to try to shelter the
25 unsheltered so in, in looking at this epidemic now,

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2 at the proportion that we are at according to budget
3 testimony submitted to Coalition for the Homeless to
4 New York Legislature we have right now looking at the
5 number of supporting housing placements for single
6 adults in New York City which dropped to a six year
7 low of 1,500 yet and still the need increased so more
8 people are homeless than ever before and more single
9 adults are homeless, we have homeless single adults
10 in sheltering and an average length of stay in
11 shelter exceeding 12 months for two years, we're
12 still looking for housing placements so Commissioner
13 Banks can, can you just first address for us the
14 delay in, in housing placements and how many
15 developers have put in for supporting housing capital
16 RFPs?

17 STEVEN BANKS: So, let me try to take
18 those in sequence and I appreciate your question and
19 I know that you and I have been focused on the
20 challenges in Southeast Queens and I, I know I had a
21 very productive meeting over the summer and I know
22 I'll have continued conversations. I think one of the
23 biggest challenges in supportive housing is the gap
24 in the development pipeline that occurred when the
25 New York, New York three city and state agreement

1 ended and, in the sense, that all the funds have been
2 granted out and that there was no, no agreement in
3 place, the city stepped into that breach and created
4 a New York 15/15 program, 15,000 units over 15 years
5 which is the most significant commitment of any
6 municipality in terms of this, this effort that was
7 announced two years ago and it takes some time to
8 actually develop the housing, the first units are
9 starting to come online now, there are... and I, I know
10 we'll get into this in my budget testimony coming up
11 in a couple of weeks, there are I think 1,400 units
12 that have been awarded with service contracts, there
13 are several hundred people that have already moved
14 into the units and essentially New York City's
15 rebuilding the pipeline that occurred because of that
16 gap. I, I'm familiar with the coalition's testimony
17 in the legislative arena which... and the state
18 legislative arena which is largely focused on the
19 importance of having there be additional resources,
20 we welcome additional resources but we've gone ahead
21 and put our own resources in as a city and this
22 program is beginning to take hold now because we
23 obviously expect it to be some lead time between the
24 end of New York, New York three and the beginning of
25

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2 this new program which is all city... a city only
3 initiative. So, the first couple... first couple
4 hundred people have already gotten units and we're
5 going to keep rolling them out.

6 COUNCIL MEMBER ADAMS: Okay, I think I
7 heard in there this question addressed but I will ask
8 it anyway, what do you predict... what do you predict
9 placements to be in 2018?

10 STEVEN BANKS: I would think given the
11 fact we're literally in the sort of the second year
12 of the beginning of the roll out of the program I, I
13 think we're going to probably have a couple hundred
14 more and I'll, I'll have more information for you
15 when I testify at the... at the budget hearing, this is
16 a multiagency effort, some of the units are capitally
17 funded by HPD, the service contracts are held by the
18 Department of Health and Mental Hygiene a great
19 partner to us on this and we as the agency providing
20 the shelter connect the clients to the units. So, I
21 can tell you I've already got several hundred moved
22 in just a couple months into this year and that's a
23 good place for us to be and we're going to keep
24 moving throughout the course of the year, but we'll

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2 have more information when I testify at the budget
3 hearing.

4 COUNCIL MEMBER ADAMS: Okay, are there
5 any ramp up efforts being done?

6 STEVEN BANKS: I mean it's a rolling RFP
7 and so we look for providers to make proposals to us
8 in sort of several different ways, one is with HPD to
9 be able to develop the units, second is with us and
10 the Department of Health to provide the services and
11 we're... it's a rolling RFP, we've gotten a, a... I think
12 a pretty robust pipeline of, of proposals that are
13 being made to us to begin to bring these units
14 online, but you highlighted in your question what I
15 think is one of the great problems here which is that
16 gap and we're literally rebuilding the pipeline and,
17 and moving forward with it.

18 COUNCIL MEMBER ADAMS: Okay, thank you
19 very much. I guess my only last comment would be
20 we've got 15,000 supportive housing units coming
21 online in 15 years and to me it, it's a lot but we've
22 got to do better.

23 STEVEN BANKS: Well I, I think you're
24 right it speaks to what the need is, there's been
25 about 1,000... if you sort of look at it over 15 years

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2 the pace will be about 1,000 a year coming, coming
3 online and I think that was the, the perspective of
4 that state legislative testimony that you referenced.

5 COUNCIL MEMBER ADAMS: Thank you very
6 much, thank you both.

7 CHAIRPERSON LEVIN: Thank you Council
8 Member Adams. I almost let you guys off the hook
9 without asking about this before. The report on, on
10 SIFs, when is that coming out?

11 GARY BELKIN: So, as the Mayor announced
12 we expect the report out soon and... [cross-talk]

13 CHAIRPERSON LEVIN: Because it was
14 commissioned a while ago.

15 GARY BELKIN: It was commissioned a while
16 ago and we appreciate the council enabling us to do
17 that and what that allowed us to do was get some... an
18 array of detailed analysis, legal, we were able to
19 project what we think the impact might be, there are
20 a lot of feasibility issues that needed to be looked
21 at which we then pulled together in, into a
22 synthesized report with recommendations and that's
23 what's going through the works with being finalized.

24 CHAIRPERSON LEVIN: Okay, so the report
25 is written, the recommendations have... are, are on

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2 paper it just has to go to the printer and.. [cross-
3 talk]

4 GARY BELKIN: The report is.. [cross-
5 talk]]

6 CHAIRPERSON LEVIN: You can email it to
7 us...

8 GARY BELKIN: Is being.. [cross-talk]

9 CHAIRPERSON LEVIN: ..I mean it doesn't
10 have to printed you can just.. [cross-talk]

11 GARY BELKIN: Well is in.. [cross-talk]

12 CHAIRPERSON LEVIN: ..email it.. [cross-
13 talk]

14 GARY BELKIN: ...the work of being
15 finalized.

16 CHAIRPERSON LEVIN: Okay. Alright, so we
17 should expect... so the 27th today, should expect it
18 by... today is Tuesday... [cross-talk]

19 GARY BELKIN: I, I'd appreciate.. [cross-
20 talk]

21 CHAIRPERSON LEVIN: ...we should expect it
22 by... [cross-talk]

23 GARY BELKIN: I appreciate the interest
24 of the council on seeing the report.

25

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2 CHAIRPERSON LEVIN: Great. Okay, we're
3 all... we're all... you know very eagerly awaiting this
4 report, it's coming right, we're going to get it, we
5 will get it, right?

6 GARY BELKIN: The, the report is being
7 finalized.

8 CHAIRPERSON LEVIN: Okay. Okay, I'm going
9 to turn it over to Council Member Mark Gjonaj.

10 COUNCIL MEMBER GJONAJ: I just want to
11 thank both Chairs for being so precise in your
12 questioning, your testimony for an epidemic that has
13 been repeated over and over again that has impacted
14 so many New Yorkers regardless of their ethnicity,
15 their education or their wealth, this is one the
16 plagues, the entire country but in particular it
17 hardest amongst this borough... the boroughs. Dr.
18 Belkin and Commissioner Banks thank you for your
19 testimony, a little... very detailed and oriented but
20 long winded and to me its about numbers and I'm
21 hoping you can help me just get to the bottom of what
22 is the total dollar amount that has been forcing this
23 upcoming budget toward the opioid addiction and the
24 overdose problem?

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2 GARY BELKIN: So, the newest investment
3 through Healing NYC was about a 40-million-dollar
4 commitment but that's not the last word on our work...
5 on opioids, there was work proceeding that and there
6 have been extensions of that since so we can try to
7 estimate a total dollar figure, I can't... I won't be
8 able to give you one accurately now, but it would be
9 North of that number.

10 COUNCIL MEMBER GJONAJ: So, North of 40
11 million by...

12 GARY BELKIN: I, I will... I would have to
13 pull, pull those together.

14 COUNCIL MEMBER GJONAJ: Okay.

15 GARY BELKIN: And it's not just our
16 agency so... I mean if... so if you want a citywide
17 estimate I think that's something we'd have to...

18 [cross-talk]

19 COUNCIL MEMBER GJONAJ: To begin with 40
20 million dollars with 38 million to reduce over five
21 years 35 percent of the overdoses just doesn't go far
22 enough, you know its... it translates to about 400 and
23 change lives that you're calculated that you'll save
24 over five years and the other 65 percent its... sorry,
25 you fell through the cracks. What more can the city

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2 do that we haven't done and what resources would be
3 needed to meet those needs to prevent another life as
4 so eloquently put one or six lives is one to many,
5 what more can we do and how does that translate into
6 services and dollars?

7 GARY BELKIN: So, in the last year or two
8 we've seen an exponential rise in the tools and
9 resources that we have, we think that they cover the
10 ground and we're learning... which where we need to
11 expand, what we need to extend and so I... as I said I
12 don't think... I think this is a dynamic picture, this
13 isn't the last word, no, nobody thinks that and so
14 I'm sure that this will be... this is... there will be
15 more to come.

16 COUNCIL MEMBER GJONAJ: There's nothing
17 more that you can add that we can expect from you as
18 out of the box thinking?

19 GARY BELKIN: Well I think you've heard
20 remarkable out of the box thinking in, in a short
21 period of time in a year or so that we have stood up
22 programs that really extend our reach into, into our
23 hospitals, into our communities, into new treatment
24 settings, into new agency settings and ways that just
25 was not visible a year or two ago in very short order

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2 so we are running at fast speed and, and not sitting
3 down.

4 COUNCIL MEMBER GJONAJ: Dr. Belkin with

5 all due respect 38 million which is 120th of one

6 percent of the total budget for this upcoming year is

7 not out of the box thinking. Commissioner the borough

8 of the Bronx has more supportive housing units than

9 any other borough per capita, 44 percent more than

10 Brooklyn, 13 percent more than Manhattan, 99 percent

11 more than Staten Island and twice as many as Queens,

12 as well noted the borough of the Bronx has more

13 overdoses than the South Bronx in particular than any

14 other borough, with more shelters and more supportive

15 housing units coming, coming into our borough what

16 more can we expect or is needed to combat this for

17 the borough of the Bronx that is obviously struggling

18 alongside of other boroughs but at a rate that is

19 alarming.

20 STEVEN BANKS: I, I think that from a

21 shelter plan perspective which is different than from

22 a prevention or a... of homelessness or permanent

23 housing perspective, I think that the transformation

24 of the shelter approach of this haphazard approach

25 where, you know you could be from the Bronx and you

1
2 end up in Brooklyn or you could be from Brooklyn and
3 you end up in Queens will ultimately result in the
4 Bronx having a capacity to shelter the numbers of
5 people that have become homeless from the Bronx
6 within the borough and similarly with Queens and
7 similarly with, with Brooklyn and Manhattan and
8 Staten Island and I think that that ultimately.. its
9 not what are we going to do tonight but I wanted to
10 give you that context but ultimately I think that
11 will create greater stability for the individuals
12 that are confronting this epidemic because we'll be
13 housing people closer to their supports, closer to
14 family networks, close to the things that we all know
15 that are anchors in life that give people the kind of
16 hope to connect to treatment so I think ultimately
17 the reason why we're doing this plan is for a whole
18 range of reasons but it has the beneficial effect of
19 once you connect people to their support systems or
20 enable them to remain connected to their support
21 systems that it'll have a beneficial effect here. In
22 terms of the here and now I, I want to say to you
23 that from a social services perspective we're going
24 to keep trying to save lives, we're going to keep
25 connecting clients to the cares that's available and

1
2 for clients in your district or throughout the
3 borough we're happy to work with you and, and any
4 member of the delegation of how we can improve the
5 delivery services, I know when you're in the state
6 legislature, we... our, our offices were in contact
7 about how we could help clients in your district and
8 I'm, I'm... I stand ready to continue to do that with
9 you.

10 COUNCIL MEMBER GJONAJ: I want to thank
11 you and I reinforce the notion that more must be
12 done, I don't see you asking for more to combat this
13 epidemic and, and it's a real injustice to every
14 family that has lost a family member or every family
15 that will lose a family member in the years to come,
16 this burden is solely on our shoulders and we're
17 failing New Yorkers.

18 CHAIRPERSON LEVIN: Thank you Council
19 Member Gjonaj, Council Member Torres.

20 COUNCIL MEMBER TORRES: Commissioner
21 Banks, Dr. Belkin good to see you both, I've
22 obviously partnered with the two of you closely and
23 Commissioner I was pleased with where we landed on
24 Local Law 225, I thought I was a mutually agreeable
25 compromise that fulfils the original intent and I

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2 hope you feel like the implementation is going
3 smoothly or...

4 STEVEN BANKS: I, I do, and I appreciate
5 being trained together.

6 COUNCIL MEMBER TORRES: Yes, yes.

7 Although you retained the training better than I did.

8 I, I know Dr. Belkin you said you don't quite have a

9 handle yet on the preliminary overdose numbers if I

10 heard you correctly earlier in 2017 but you have some

11 sense of the trend and I don't know if I heard you

12 correctly you said... [cross-talk]

13 GARY BELKIN: Yeah, I said we haven't... we

14 haven't come up with the final count, we work with

15 the Medical Examiner's Office, Office to close out

16 where their investigations are, we rely on them for

17 final cause of death and often that trails a couple

18 of months the close of the calendar year so we can't

19 specify a number and, and last year the number

20 unfortunately climbed quite substantially during

21 those catch up months so we, we don't want to put out

22 a number that we then have to back off of but what I

23 did say is our quarter to quarter counts seem to

24 point to a... a hopeful... hopefully a direction where

25

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2 we're not seeing the kind of increases we've seen
3 year to year over the last several years.

4 COUNCIL MEMBER TORRES: So, it's not a
5 decline in the number of overdoses, it's a decline in
6 the rate of increase?

7 GARY BELKIN: It could be a rough
8 leveling out but we, we don't... we... I'm, I'm hesitant
9 to commit to people to think that but we're... we think
10 that it, it may be more in that direction than the
11 increases we've been seeing.

12 COUNCIL MEMBER TORRES: Do you track both
13 fatal and non-fatal overdoses?

14 GARY BELKIN: We track... well we can't get
15 a full picture of non-fatal overdoses, we're trying
16 to get to that point not only with those that we
17 connect with through the... now through, through this
18 relay capacity but also working more closely with our
19 other first responder partners to see if there's a
20 way we can get a better tally of that. We do have
21 surveillance of emergency rooms in the city which is
22 imperfect in its ways but gives us also another lens
23 into counting overdoses but we don't necessarily know
24 the outcomes of those overdoses from that data so, so
25 we're trying to look at a, a bunch of inputs and

2 improve them all to get better information but in
3 terms of deaths themselves cautiously hopeful that
4 we're seeing a leveling off or at least not a
5 significant increase this year.

6 COUNCIL MEMBER TORRES: Yeah and I think
7 it's, its vitally important to track the number of
8 non-fatal overdoses... [cross-talk]

9 GARY BELKIN: Absolutely... [cross-talk]

10 COUNCIL MEMBER TORRES: ...to see if we're
11 not merely responding effectively but also succeeding
12 at prevention as well... [cross-talk]

13 GARY BELKIN: No, it's a great earlier
14 upstream intervention and we also want to know them
15 because we want to touch those people.

16 COUNCIL MEMBER TORRES: And what's the
17 trend in our shelter system?

18 STEVEN BANKS: I mean when we look at
19 calendar '17 we certainly see an increase, but I
20 think there are a number of things that are... that are
21 important to focus on when I... when I say that not to
22 take that out of context. First of all the things
23 that are driving people into shelter may not... may be
24 behind trends that public health community is
25 experiencing because our clients as I said in some of

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2 the testimony earlier the addiction proceeds
3 homelessness and so coming into our system may well
4 not have benefit yet from the kinds of things that
5 are being done out in the community, we will have to
6 see that. I think the other thing that's important to
7 focus on within our system as opposed to within the,
8 the broader community is the numbers of overdoses
9 that we're preventing or save... lives saved because of
10 the training so some of this is we've got a much more
11 effective reporting, we have more effective training
12 but on the other hand we're continuing to see usage
13 and, and the, the... this is a leading cause of death
14 within our client population so we're going to keep
15 working very closely with the Health Department in
16 terms of what they're doing outside of the shelter
17 system to see if that can benefit us inside the
18 shelter system.

19 COUNCIL MEMBER TORRES: Do, do we track
20 the... what about the unsheltered homeless population?

21 STEVEN BANKS: Track, tracked as well and
22 I, I promised the committee that I would get back
23 with some additional data on that.

24 COUNCIL MEMBER TORRES: Do we have some
25 sense of the trend or..

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2 STEVEN BANKS: I think the trend is
3 roughly parallel inside shelter outside shelter but
4 we'll... I want to be careful what I say under oath
5 that I don't know all the facts I want to come back
6 to you with the information.

7 COUNCIL MEMBER TORRES: And, and again I
8 know... I know Doctor you don't have a handle on the
9 numbers just yet, but do you have some sense of
10 whether the trend is unfolding uniformly across every
11 borough, is, is, is... what's the... you know...

12 GARY BELKIN: You know I don't think we
13 know precisely yet whether this hopeful settling
14 trend is, is reaching all boroughs because
15 unfortunately, you know the rise was not uniformly
16 experienced by boroughs some more than others and so
17 I think we'll... we want to wait to see... to see the
18 final numbers.

19 COUNCIL MEMBER TORRES: And, and
20 obviously for many of the most vulnerable members of
21 the homeless population the best form of health care
22 is often housing and supportive housing, do we track
23 overdoses in supportive housing?

24 STEVEN BANKS: The information is less
25 comprehensive because of the multiple different

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2 funding sources from different levels of government
3 for supportive housing... [cross-talk]

4 COUNCIL MEMBER TORRES: Yeah... [cross-
5 talk]

6 STEVEN BANKS: ...so whereas the shelter
7 system we're running it we were able to track it, I
8 think that you don't... you... there's not a complete
9 picture because of all the different levels of
10 government that are involved in the funding streams.

11 COUNCIL MEMBER TORRES: Because one
12 concern I have is, you know I suspect the services
13 vary widely from supportive housing to supportive
14 housing facility as is true of every... and if you had
15 a supportive housing facility that had an unusually
16 high number of overdoses that would... that would
17 possibly raise questions in my mind about the quality
18 of those services so that would seem like a, a
19 particularly important piece of data point to track
20 and I, I know that would require intergovernmental
21 coordination...

22 STEVEN BANKS: But, but what I can...
23 [cross-talk]

24 COUNCIL MEMBER TORRES: Yeah... [cross-
25 talk]

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2 STEVEN BANKS: ...say to you is for the
3 city finance program, the 15/15 Program we will be
4 focusing on that be... for just the reason that you
5 are... [cross-talk]

6 COUNCIL MEMBER TORRES: Okay... [cross-
7 talk]

8 STEVEN BANKS: ...that you're raising which
9 is it reflects... look supportive housing's been the
10 gold standard within two years at least three
11 quarters of the people remain in place, people that
12 are very vulnerable, substance use disorder is one of
13 the vulnerabilities that we're looking for in terms
14 of placing people in those units so the idea that the
15 retention rate has historically been that high
16 reflects how important the service is but we want to
17 make sure that as you say as people are being
18 relocated from homelessness to housing that they're
19 able to stay there and get the services they need.

20 COUNCIL MEMBER TORRES: And I just want
21 to echo again how grateful I am to you for how
22 cooperative you've been on, on some of our shared
23 legislative priorities so thank you.

24 STEVEN BANKS: Well it's been a good
25 partnership because in the end its really helping our

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2 clients and I appreciate the partnership with you on
3 these things.

4 COUNCIL MEMBER TORRES: Thank you. Thank
5 you, Mr. Chairman, thank you Miss Chairman as well.

6 CHAIRPERSON LEVIN: Thank you very much
7 Council Member Torres. So, I have a few more
8 questions here. What federal regulations are there
9 that may limit the city's ability to do innovative
10 treatment models, I, I think that there's... my
11 understanding is there's some funding attached to the
12 HRA budget but that its limited to total abstinence
13 programs, is that right?

14 STEVEN BANKS: I'm going to have to get
15 back to you on that but in general there are certain
16 federal grants that require a drug free environment.

17 CHAIRPERSON LEVIN: And so that's, that's
18 funding that we could not use for Methadone or
19 Buprenorphine... [cross-talk]

20 STEVEN BANKS: Again I'm, I'm not... I'm
21 not familiar with the... with the provisions you're
22 asking me about so I, I need to get back to you on it
23 but I, I know from my prior life that I had before I
24 came into government that there were certain federal
25 grants that require there to be a drug free

1 environment, I don't know the applicability for some
2 of the programs who are operating currently with
3 respect to that and what... and what barriers they may
4 or may not... that may or may not present.

5
6 GARY BELKIN: And the... some federal
7 issues we run into on and we've discussed
8 Buprenorphine at length, as you know there are
9 federal requirements around one the training.. [cross-
10 talk]

11 CHAIRPERSON LEVIN: Right... [cross-talk]

12 GARY BELKIN: ...we described but also..
13 [cross-talk]

14 CHAIRPERSON LEVIN: Yeah... [cross-talk]

15 GARY BELKIN: ...capping the... [cross-talk]

16 CHAIRPERSON LEVIN: Number of patients..
17 [cross-talk]

18 GARY BELKIN: ...number of patients you
19 could be prescribing, the first year I think is 30
20 and then a cap of 100, now I know you may be rolling
21 your eyes now that we should be so lucky, right,
22 that, that all our eligible prescribers have
23 caseloads of 100... [cross-talk]

24 CHAIRPERSON LEVIN: Right... [cross-talk]

1 GARY BELKIN: ...but nonetheless those,
2 those are... those are obstacles... [cross-talk]

3 CHAIRPERSON LEVIN: Right... [cross-talk]

4 GARY BELKIN: ...and I... and I do want to,
5 you know get back to your, your point about how we
6 make this more the norm, the city can do some things
7 but we... one thing the city can do is get the rest of
8 the system to get its act together and... [cross-talk]

9 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

10 GARY BELKIN: ...and we've been working for
11 example with managed care plans to look at their
12 networks; do they have Buprenorphine prescribers, do
13 they know how much they're prescribing, we've looked
14 at some of those initial data from some of these
15 plans and we see... [cross-talk]

16 CHAIRPERSON LEVIN: And that's to the
17 state Department of Health?

18 GARY BELKIN: The Medicaid... no, this is...
19 we're working... [cross-talk]

20 CHAIRPERSON LEVIN: Medicaid... [cross-
21 talk]

22 GARY BELKIN: ...directly with the Medi...
23 with the Medicaid managed care plans.

24 CHAIRPERSON LEVIN: Okay.
25

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2 GARY BELKIN: And you know not
3 surprisingly they have very low ratios of, of, of
4 clients prescribed to prescriber and so.. [cross-talk]

5 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

6 GARY BELKIN: ...we're trying to nudge the
7 rest of the system, I mean more than nudge, we're
8 really trying to bring this to bear on the rest of
9 the system that they are providers, really need to..
10 need to step... that's where the... that's where the
11 bandwidth is.

12 CHAIRPERSON LEVIN: Absolutely, I... if... I,
13 I looked up, you know like the state Department of
14 Health website and its... it... literally it says
15 doctors, exclamation point, do you want... could... do
16 you want to prescribe it here's how, do you not want
17 to prescribe it, here's how you refer somebody but it
18 was like, you know in, in large font exclamation
19 point, you know try... I mean trying to persuade
20 doctors and so I... actually I wanted to point to
21 another article that came out, so... things are rapidly
22 evolving in this field as we're... you know as we're
23 having this discussion. The New England Journal of
24 Medicine had a... had a, a report from a physician in
25 Boston just two weeks ago about her apprehension as a

1 physician, a primary care physician to, to go through
2 to get the waiver to be able to prescribe
3 Buprenorphine and it's a very sad story where she had
4 a, a patient who was older and had gotten addicted
5 and asked her as her primary care physician to be
6 able to prescribe it to her and she didn't... she, she
7 said look I don't... I don't prescribe that, she had...
8 she talks about the reasons why she's not a... she
9 wasn't a prescriber. One of the reasons was that she
10 had a, a bias against patients that, that are going...
11 that, that, that would need it and you know issues
12 around the amount of, of her own bandwidth it would
13 take to, to treat other issues that they may be
14 coming... walking in the door with and she speaks very
15 candidly and very frankly about it, her patient ended
16 up dying of an overdose and she was a grandmother, I
17 mean I, I encourage you to read this, this article.
18 What can... how... what can we do to work with our
19 networks of primary care physicians, I did a, a
20 search on... that was linked from, from the DOHMH
21 website for, for... to Buprenorphine prescribers, you
22 know there's a map... there's a... that you can access
23 and you know there are some neighborhoods that have
24 maybe one or two prescribers, Southeast Queens has a

1
2 handful, neighborhoods like Bushwick have a handful,
3 the majority are concentrated in Manhattan not
4 surprisingly. What are we do... how do we... how do we...
5 how do we work through that issue, it's a long...
6 that's got to be a long-term strategy?

7 GARY BELKIN: Yeah and, and one, one
8 we're thinking about and it starts not just at the
9 end of, you know licensed professionals but you know
10 who are medical schools training and how are they
11 focusing on this issue and what are their
12 expectations and how do we generate more addiction
13 specialists and... it, it really is across the board on
14 the pipeline and, and the sort of atmosphere and
15 culture that you describe of that part in the New
16 England Journal report is, is not unusual. A lot of
17 the stigma is internal to the... to the health care
18 system but we're looking at how... where are our
19 opportunities to push the system more aggressively.
20 Our immediate impact opportunities are these
21 prescribers we're training and... that we're trying to
22 follow up with and, and with the system that we're
23 working most closely with Health and Hospitals, but I
24 think there is untapped need to really go in the
25

1
2 direction I just mentioned, this meeting we had in
3 managed care plans was last week... [cross-talk]

4 CHAIRPERSON LEVIN: Right... [cross-talk]

5 GARY BELKIN: ...and we talked about
6 sharing... you know would you agree to share this data
7 together that we just regularly were looking at, the
8 percent of your folks with this disorder on
9 medication assisted treatment and so I think that's a
10 way to really get to broader scale and to look at
11 things like you said about well where are the
12 prescribers, are the networks adequate in terms of
13 geography and accessibility and those are questions
14 we have to start asking.

15 CHAIRPERSON LEVIN: Do you have the hard
16 number of prescribers, the, the doctors and MTs and
17 physician assistants that have the waiver now in New
18 York City? The reason I ask is that there's a report
19 that came out Avalere Health... [cross-talk]

20 GARY BELKIN: Yeah... [cross-talk]

21 CHAIRPERSON LEVIN: ...put out a report
22 this week that showed that there are some states that
23 have... you know in terms of the ratio they, they
24 could... this did it by ratio of... [cross-talk]

25 GARY BELKIN: Right... [cross-talk]

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2 CHAIRPERSON LEVIN: ...of, of opioid
3 related deaths to prescribers and New York States
4 somewhere around .78, the national average is .6 so
5 it's a little bit better than national average but
6 other states like California have, you know over... its
7 like .3 or something... [cross-talk]

8 GARY BELKIN: Right... [cross-talk]

9 CHAIRPERSON LEVIN: ...point 13, sorry... or
10 one... sorry, 1.3 so you know a higher ratio of
11 prescribers versus... but then there are some states...
12 you know some of the, the worst hit states in the
13 country are West Virginia and you know I think like
14 Georgia, you know have, have, have much lower numbers
15 so we're... but I, I couldn't... [cross-talk]

16 GARY BELKIN: Its hard... [cross-talk]

17 CHAIRPERSON LEVIN: ...they didn't have... I
18 actually called them, and they didn't have the data...
19 they didn't have the percentage, the ratio for New
20 York City they had it for New York State... [cross-
21 talk]

22 GARY BELKIN: I don't know that we have a
23 clear number but it... in part because it's a moving
24 target, right, so, you know we've been training folks
25 in this for ten years so... [cross-talk]

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2 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

3 GARY BELKIN: ...who's still in the city,
4 you know where do... where do you go to track that so..
5 that's why we started going to the plans because they
6 have registries they should know this and so that
7 could be a more real time... [cross-talk]

8 CHAIRPERSON LEVIN: And what can the
9 plans do, I mean what's the... what, what, what is the,
10 the, the plans can make it easier to bill for..
11 [cross-talk]

12 GARY BELKIN: So... [cross-talk]

13 CHAIRPERSON LEVIN: ...what would they..
14 [cross-talk]

15 GARY BELKIN: ...so there are... there are..
16 there have been... and, and we... some plans have
17 actually been more aggressive on this where they've
18 set aims, specific aims that they're networks achieve
19 certain performance, 50 percent increase in
20 prescriptions, 50 percent and so forth and so we're
21 trying to see if we can more buy in across, across
22 the city on things like that.

23 CHAIRPERSON LEVIN: But what's the
24 consequences of either achieving those aims or not

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2 achieving those aims, I mean in terms of like within...
3 how are they... [cross-talk]

4 GARY BELKIN: Yeah... [cross-talk]

5 CHAIRPERSON LEVIN: ...how are they trying
6 to reach those objectives just through greater
7 resources in terms... [cross-talk]

8 GARY BELKIN: Through resources,
9 communications to their providers... [cross-talk]

10 CHAIRPERSON LEVIN: But no carrots and
11 sticks, they're not saying if you don't do it you're...
12 you know... [cross-talk]

13 GARY BELKIN: Yeah, I'm not sure that
14 they can enforce those... [cross-talk]

15 CHAIRPERSON LEVIN: Right... [cross-talk]

16 GARY BELKIN: ...but I think that if, if
17 government comes into the picture and, and starts
18 shining a light on these disparities then maybe we
19 can get more movement.

20 CHAIRPERSON LEVIN: Yeah. If you can
21 share with us that, that ratio for New York City
22 because they just didn't... they didn't... [cross-talk]]

23 GARY BELKIN: Yeah, I don't know that we
24 have a stable number we believe in, do you want to...

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2 HILLARY KUNINS: So, I... the... Hillary
3 Kunins, Assistant Commissioner for the Bureau of
4 Alcohol and Drug Use, I affirm to tell the truth. So,
5 we know that in New York City last year there were
6 about 1,900 individual prescribers who wrote one or
7 more prescriptions for Buprenorphine... [cross-talk]

8 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

9 HILLARY KUNINS: ...we think the number who
10 actually writes a prescription may be more
11 instructive than the number of people who are
12 waived because... [cross-talk]

13 CHAIRPERSON LEVIN: Sure... [cross-talk]

14 HILLARY KUNINS: ...we know many people who
15 are waived don't actually actively prescribe. I
16 don't know that ratio, but we can certainly look at
17 that report and calculate it. The other thing I just
18 want to add for additional context, one special
19 strength of New York City is that we have substantial
20 number of... amount of Methadone capacity and so we are
21 really wanting to look at the availability of
22 medications for addiction treatment more broadly than
23 perhaps other jurisdictions where Methadone is
24 essentially unavailable.

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2 CHAIRPERSON LEVIN: Right and that
3 article by the way which I know you wrote a letter to
4 the editor following up on speaks to the fact that
5 New York City in... developed the, the infrastructure
6 for, for Methadone, you know in a prior generation so
7 we, we have that existing infrastructure mostly in
8 place.

9 GARY BELKIN: Unfortunately, too few of
10 those 1,900 are prescribing in the sort of volume
11 that... [cross-talk]

12 CHAIRPERSON LEVIN: Yeah, that's... I'm
13 going to turn it over to Council Member Holden for
14 questions.

15 COUNCIL MEMBER HOLDEN: Yes, thanks
16 Chairs Ayala and Levin for your leadership, it's,
17 it's obviously comprehensive and what I... what I want
18 to ask and I want to thank Dr. Belkin and certainly
19 Commissioner Banks for your testimony today which is
20 again very enlightening however we are, you know
21 behind the curve here, we are doing catch up and we,
22 we... I'm really... I really want to focus on certainly
23 the path to recovery because that seems to be the
24 answer here to... once we identify addiction they go
25 into a recovery... it's my understanding they can opt

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2 out at any time obviously a patient or a client, is
3 that true if they... if they have a serious problem...
4 let's say they did overdose, they go into the system,
5 they go into recovery, what happens, can they just
6 opt out and say I can't do this anymore?

7 GARY BELKIN: Yeah, we, we don't have
8 legal sanction to force treatment.

9 COUNCIL MEMBER HOLDEN: So, at, at a
10 point though you can only do so much if they don't
11 want help we could... we'll lose them and so obviously
12 education is important here and reaching those, the
13 age group I think we said 25 to 34 we're lose... that's
14 the number one cause of death in, in that age group
15 so what's being done for the outreach other than what
16 you mentioned in your testimony, what, what other
17 things could be done with more money, more money put
18 into the system here to reach those people?

19 GARY BELKIN: So, we are... you know we're
20 looking at every... we're constantly rethinking in real
21 time what we've already put on the ground so as fast
22 as we're putting all these things that you've heard
23 on the ground we're thinking about what are they
24 telling us about where we have to go next, what's
25 working, what's... where are we... where is the resonance

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1
2 happening that's bringing people in. So, I don't have
3 an answer for you right now but we... I want to assure
4 you that we, we are not standing still, I mean this
5 is... what we've presented is a summation of, of a lot
6 of activity over the last year or so but its going
7 to... as, as if... I testified a year ago I wouldn't have
8 known exactly where we'd be a year from now, but I
9 knew we wouldn't be in the same place and I assume... I
10 think the same will be true a year from now but
11 you're hitting on exactly the source of things we
12 have to do. What Chair, Chair Levin talked about in
13 terms of making certain forms of hard to reach
14 treatments reachable but largely, you know we have a
15 lot of unused treatment capacity and we need to get
16 to folks to address stigma, give them information,
17 lead with harm reduction because that is really often
18 the way in for, for many people and, and make it
19 again a path of least resistance to get... to get to
20 the care that we have. So, that's a lot of figuring
21 out communication using credible social networks and
22 messaging in the communities that are most hit which
23 is why we've developed a lot of these place... place
24 based targeted approaches and my guess is we'll be

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2 expanding those as we learn which ones are most
3 effective and we get more bang for the buck.

4 COUNCIL MEMBER HOLDEN: Commissioner
5 Banks how, how are they getting the drugs into the
6 shelters if they are at all, I know we check for
7 weapons are we checking for anything else?

8 STEVEN BANKS: Well I think what the NYPD
9 now is overseeing our security and so they have put
10 in place I think much more effective than ever before
11 contraband interdiction. One of the things that we
12 are starting next month is a new training facility
13 for peace officers that the NYPD has established
14 within the Bedford Atlantic shelter and one of the
15 things that is there I can... I've seen it myself with
16 my own eyes is, is a training set up of how to
17 actually do appropriate searches for people coming
18 into shelter but I think it's like the society
19 overall, people are able to get things that they
20 have... are... have a craving for but I do think that
21 with the NYPD running the shelter security that we
22 have seen improvements and we'll continue to see more
23 particularly this new training facility.

24

25

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2 COUNCIL MEMBER HOLDEN: But we are seeing
3 an increased amount of deaths so obviously something
4 else has to be done... [cross-talk]

5 STEVEN BANKS: Again, I think the... I
6 think the NYPD's focus and... on this is, is laser like
7 but I also want to reiterate something I said earlier
8 in my testimony that some of the overdoses and... as
9 well as some of the overdose deaths that we see are
10 from people using the substance outside of shelter
11 coming into shelter and that's something that we want
12 to see what innovative things we can do to try to
13 address that but we're, we're... I think you put it
14 well whether its trying to get somebody on a pathway
15 or trying to make sure that we can keep contraband
16 out of shelter we are not... we are ever vigilant we're
17 not say, saying to ourselves alright well that didn't
18 work nothing else we can do, we're... we continue to
19 try to engage people to get to treatment and we
20 continue to try to refine our efforts to keep
21 contraband out of shelters.

22 COUNCIL MEMBER HOLDEN: And one other
23 thing, Naloxone 45,000 kits were... are... were being
24 produced or being distributed you said earlier was
25

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2 that... and you said you want to go to 100,000, how
3 much are these kits per, per unit?

4 STEVEN BANKS: They're roughly about 70
5 dollars apiece.

6 COUNCIL MEMBER HOLDEN: 70, 70 dollars a
7 piece so... and when... and you don't have the data yet
8 on, on how effective they are, we'll, we'll see...
9 we'll be able to tell later on but... because this...
10 Fentanyl is... it, it gets to a point where somebody
11 that, that Naloxone won't help and we'll have to have
12 alternative measures to help them obviously and we
13 identified... and we identified... [cross-talk]

14 GARY BELKIN: Yes... [cross-talk]

15 COUNCIL MEMBER HOLDEN: ...those... [cross-
16 talk]

17 GARY BELKIN: Yeah, so we are... so we are...
18 so I mentioned overdose deaths in general but there
19 are other ways we're trying to understand the
20 effectiveness of our Naloxone distribution and one is
21 following up with users and people who've distributed
22 them to understand and we've done some earlier
23 studies looking... interviewing and following up with
24 responders in terms of the likelihood of use, the
25 outcome of, of the reversal to refine and target our

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2 distribution to get into those opportunities to
3 really be used effectively and so that's part of...
4 part of the learning curve I talked to you about, you
5 know you were asking what do we need to do more of so
6 we need to do more of the things that we're learning
7 or getting these into the situations where, where
8 they save a life so we can focus that, that 100,000.
9 So, I, I don't know if that answers your...

10 COUNCIL MEMBER HOLDEN: Yeah, thanks.

11 COUNCIL MEMBER AYALA: Commissioner could
12 you... could you explain what happens with an
13 individual who comes into shelter and is... when NYPD
14 is doing I guess the, the, the initial search or
15 whatever as you're entering found to have drugs on
16 them like are they arrested?

17 STEVEN BANKS: The NYPD applies the same
18 enforcement authority in their oversight of our
19 shelters that they do in the streets. If somebody has
20 an overdose the focus is to save a life, if somebody
21 is bringing contraband into the shelter NYPD's
22 oversight will have all the same enforcement that
23 would happen if somebody was bringing contraband into
24 this building.

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2 COUNCIL MEMBER AYALA: Do you happen to
3 have the number of individuals who were arrested in
4 shelter... [cross-talk]

5 STEVEN BANKS: We'll... [cross-talk]

6 COUNCIL MEMBER AYALA: ...for bringing in
7 contraband?

8 STEVEN BANKS: We'll, we'll have to get
9 that for you.

10 COUNCIL MEMBER AYALA: Could you please,
11 thank you.

12 STEVEN BANKS: If, if I could just
13 amplify my answer slightly, as, as you can see we
14 have very complicated choices to make here, on the
15 one hand we want to take a harm reduction approach,
16 on the other hand we want to have a safety approach
17 and one of the things I said earlier in this
18 testimony was a, a very high priority for us is
19 bringing people in from the streets and so we want
20 people to come in from the streets and feel safe and
21 part of that is to have the NYPD security approach
22 and safety approach which is very important at the
23 same time we want to be able to meet people where
24 they are and help them get on a path to recovery,
25

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1
2 that's the complexity of the task that we have to do
3 every day.

4 COUNCIL MEMBER AYALA: Yeah... no, I, I
5 appreciate it, but I mean we're, we're... [cross-talk]

6 STEVEN BANKS: I'm... [cross-talk]

7 COUNCIL MEMBER AYALA: ...moving, moving
8 away from criminalizing, right drug abuse and so I, I
9 just... I don't know that... I think a little bit
10 counterproductive if we're arresting people in
11 shelter because they're coming in because they have a
12 substance abuse issue with paraphernalia on them so,
13 I, I, I think that this merits further conversation,
14 you know and, and also... I don't know... I don't know
15 how we approach it but I, I thank you for bringing
16 that up because it, it didn't even occur to me but
17 it's a concern.

18 STEVEN BANKS: It, it is and we're happy
19 to continue discussions, of course we want to prevent
20 contraband from coming in that could... [cross-talk]

21 COUNCIL MEMBER AYALA: No, I understand...
22 [cross-talk]

23 STEVEN BANKS: ...be sold... [cross-talk]

24 COUNCIL MEMBER AYALA: Understood...
25 [cross-talk]

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2 STEVEN BANKS: ...that could lead to
3 overdoses... [cross-talk]

4 COUNCIL MEMBER AYALA: No, I... [cross-
5 talk]

6 STEVEN BANKS: ...so again it's a very
7 complex series of, of challenges that we have in
8 terms of safety and in terms of meeting people where
9 they are.

10 COUNCIL MEMBER AYALA: Yep, no, got it.

11 CHAIRPERSON LEVIN: Thank you. So, I have
12 some... a few more, I appreciate your taking the time.
13 Commissioner Banks I wanted to ask about HRA
14 services, so there's... we have a... following up on the,
15 the question I had around the federal funding, so we
16 have here 54 million dollars in substance abuse
17 services program in the HRA budget for rehabilitation
18 then an additional 15 million dollars as part of We
19 Care for Employment for Disability claimants and
20 that's in addition to HASA...

21 STEVEN BANKS: Correct.

22 CHAIRPERSON LEVIN: So, that's a total
23 of... not, not all of that was baselined so there was
24 an adopted... there... seems to be more in, in last years
25 adopted budget than in this year's prelim which we

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2 can talk about at the... at the budget hearing but I
3 just wanted to, to get a... drill down a little bit
4 more on that 54 million dollars for substance abuse
5 services programs and whether that... those are... what
6 those programs encompass and whether there's, you
7 know prohibitions on any medically assisted
8 treatments?

9 STEVEN BANKS: Okay, so let me... let me
10 try to give you an, an overview and I'm, I'm sure at
11 the budget hearing we'll have more time to get into
12 it more deeply. So, We Care does not provide direct
13 treatment, HRA clients including those who may be in
14 We Care with substance use disorders are referred for
15 substance use assessment and that's conducted by
16 again a credentialed alcohol substance abuse
17 counselor and clients who are identified as having a
18 substance use disorder are offered a referral for
19 appropriate treatment as needed including medication
20 assisted treatment such as Methadone, Buprenorphine
21 or harm reduction services... [cross-talk]

22 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

23 STEVEN BANKS: ...and those identified as
24 using opioids or in contact with other clients using
25 opioids will be offered re-starter training and

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2 provided with, with Naloxone as part of our overall
3 approach. Now we have sort of three substance use
4 case management programs for... that are among the
5 kinds of programs that you were... you were asking me
6 about... [cross-talk]

7 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

8 STEVEN BANKS: ...and some of these are
9 residential treatment center type programs, some of
10 those are sort of substance use assessment services
11 and some of them are comprehensive service models
12 like NEDAP and, and things that, that you're familiar
13 with... [cross-talk]

14 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

15 STEVEN BANKS: ...and part of... these
16 services relate back to our underlying obligations
17 under federal and state law to provide rehabilitative
18 services and to also connect people to employment who
19 are able to work... [cross-talk]

20 CHAIRPERSON LEVIN: Is part of those
21 rehabilitated services are... is, is, is medically
22 assisted treatment part of... part... allowed as part of...
23 in, in terms of federal rules that you operate under,
24 is it allowed in terms of drawing down those funds,
25 are those funds able to, to either be in referral to

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2 that or to compensate physicians or, or other costs
3 associated with the prescription... [cross-talk]

4 STEVEN BANKS: I'm going to need to get
5 back to you on the details on that either at the
6 hearing or be, be, beforehand, the big change we
7 made... [cross-talk]

8 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

9 STEVEN BANKS: ...from what the prior
10 administration's policies were was introducing harm
11 reduction as an available service that we provide to
12 clients so... [cross-talk]

13 CHAIRPERSON LEVIN: Including MATs or no?

14 STEVEN BANKS: Its, its... again its more
15 complex than that so I think we'd, we'd be better
16 served by laying it out more clearly in our... in our
17 budgetary testimony.

18 CHAIRPERSON LEVIN: Okay, we can follow
19 up on that. Okay, I'm going to jump around here
20 because I got sort of some, some loose ends. Back to
21 the MMR numbers, you don't dispute those numbers,
22 right?

23 STEVEN BANKS: No, no, no as I... [cross-
24 talk]

25

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2 CHAIRPERSON LEVIN: Those numbers are,
3 are legit...

4 STEVEN BANKS: No, no, no and I think
5 that's why in my testimony I wanted to be careful by
6 making it very clear that as I think Council Member
7 Holden said that whether you've got one death or the
8 numbers that you've described I'm... we're concerned
9 about it.

10 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

11 STEVEN BANKS: Outside of this, you know
12 there's been a lot of discussion about these things
13 and I think the best way to look at these things is
14 the MMR, the Health Department's death report we use
15 to evaluate our services and see where we can provide
16 enhancements so... [cross-talk]

17 CHAIRPERSON LEVIN: But if there's... you
18 know if we're looking at a fivefold increase... [cross-
19 talk]

20 STEVEN BANKS: If I... [cross-talk]

21 CHAIRPERSON LEVIN: ...if allocation of
22 resources need to be... in the... in the... in...

23 STEVEN BANKS: If I could just finish...

24 CHAIRPERSON LEVIN: Sure...

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2 STEVEN BANKS: So, for example the
3 training initiative to, to first, first responders
4 was a part, an initial reaction to the Health
5 Department's report, the data has got us very much
6 focused on how can our providers connect clients to
7 services and what other metrics can we put in place
8 to focus on that so the MMR numbers, the PMMR numbers
9 and the annual Health Department report are all
10 instructive for us in terms of making changes and
11 we're going to keep making changes.

12 CHAIRPERSON LEVIN: In connecting... this
13 is a big picture question.

14 STEVEN BANKS: Sure.

15 CHAIRPERSON LEVIN: Strategically are we
16 looking at on site services as being a better
17 connection to, to, to a primary care model or, or a
18 connection... you know wrap around services including
19 Methadone... [cross-talk]

20 STEVEN BANKS: I think it... [cross-talk]

21 CHAIRPERSON LEVIN: ...or are, are, are we...
22 you know are we... do we choose one or the other, do we
23 rely on existing networks of, of you know... I, I don't
24 know which... the Article 28 serve... you know whichever
25 programs have are licensed providers, you know with,

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2 with, with Oasis, you know some... which some are or
3 are we saying, you know HHC is the... is the... you know
4 should be the backbone of all of this and moving to
5 a... I don't know what that would be an offsite model
6 or a satellite model or... I mean I, I'm, I'm... I don't
7 quite get the big picture strategy of... with... as in
8 that intersection between the need for treatment, I,
9 I appreciate all of the Naloxone kits and the bills
10 that we do around Naloxone that's great we need it,
11 right, those are going to save lives what is the
12 strategy for connecting people to primary care, this
13 is a health issue, what is the strategy for
14 connecting people in our... in our care, I mean we're...
15 they're, they're living in a... in a city facility
16 connecting those people to... and I just... I don't... I'm,
17 I'm wondering what is that... what is that big picture,
18 are we... is it on site, is it... is it through HHC, are
19 we leveraging parts of both, you know if we were to
20 try to put it on a... if we were trying to draw it out
21 what does it look like?

22 STEVEN BANKS: I mean again going back to
23 the testimony the strategy up to this point is not a
24 one size fits all and to allow different kinds of
25 models to develop, some on site services, some

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2 taking... making use of the federally qualified health
3 centers... [cross-talk]

4 CHAIRPERSON LEVIN: Right... [cross-talk]

5 STEVEN BANKS: ...but I also think that,
6 you know we made the reforms at HRA was to get away
7 from the one size fits all when we began implementing
8 the forums at, at DHS over the last two years, it's
9 been avoid... getting away from the one size fits all,
10 we're certainly taking a look at what's worked and
11 what could work better as we move forward in the
12 midst of this epidemic and so I think the questions
13 you're asking are okay, our big picture was we're
14 going to have a, a... sort of a breath of different
15 approaches to avoid some of the client issues, client
16 choice is important here, stigma is important,
17 perhaps the client wants to get services off site
18 rather than on site, how do you allow for both, how
19 do you set that up and we've been providing a lot of
20 flexibility. We're going to take a look at how that
21 operates as we go forward and open the new shelters..
22 [cross-talk]

23 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

24 STEVEN BANKS: ...some of them are opening
25 with different models than we've used before and

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2 we're going to see which ones are, are more
3 effective.

4 CHAIRPERSON LEVIN: Dr. Belkin when you
5 mentioned around the FQHC initiative you said when
6 fully operational these initiatives will have the
7 capacity to serve over 2,500 patients, when, when
8 will they be fully operational, its on page three of
9 your testimony?

10 GARY BELKIN: Yeah, at, at that scale,
11 when do we... when do we think they'll be... because
12 we're also looking to expand...

13 CHAIRPERSON LEVIN: Uh-huh.

14 HILLARY KUNINS: To... just to answer that
15 too, there... the seven... or first funded seven
16 organizations across 14 sites are all currently
17 operational, they are in the process of receiving
18 referrals and so that number refers to what they're
19 total capacity will be once all the prescribers are..
20 go up to that 100 percent cap... [cross-talk]

21 CHAIRPERSON LEVIN: Okay... [cross-talk]

22 HILLARY KUNINS: ...so they need to be
23 prescribing for a year then they'll be able to go up
24 to that cap and they... [cross-talk]

25

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2 CHAIRPERSON LEVIN: You have to refer...

3 [cross-talk]

4 HILLARY KUNINS: ...need to get referrals
5 and patients coming in... [cross-talk]

6 CHAIRPERSON LEVIN: Are they getting...

7 [cross-talk]

8 HILLARY KUNINS: ...as well... [cross-talk]

9 CHAIRPERSON LEVIN: ...referrals from
10 shelters... from the shelters?

11 HILLARY KUNINS: We are working with our
12 colleagues at DHS to facilitate that.

13 CHAIRPERSON LEVIN: Uh-huh...

14 GARY BELKIN: And, and just to... the
15 innovation here is not just that its at FQHCs but
16 that its nurse care manager led so that gets through
17 this, this idea that the physician could be the
18 bottleneck of the hundred... of, of really reaching the
19 capacity... [cross-talk]

20 CHAIRPERSON LEVIN: Right... [cross-talk]

21 GARY BELKIN: ...is adding this other team
22 member who really can, can work through that and we
23 think that's the innovation here and, and hopefully
24 we can prove that concept and spread it.

25

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2 CHAIRPERSON LEVIN: Okay. Just a couple
3 more things here. The Healing... [cross-talk]

4 GARY BELKIN: You're, you're not going to
5 ask about SIFs again?

6 CHAIRPERSON LEVIN: No, no I'm... I, I got
7 the SIFs, Healing... the Healing NYC funding, 38
8 million dollars, 15 million dollars to NYPD that's
9 raised a lot of eyebrows, people have been concerned
10 about why so much is going to NYPD and not towards
11 treatment, you know it's a finite pot why not make it
12 38 million dollars for, for treatment and... 38 million
13 dollars for treatment and, and, and say you know NYPD
14 could be covered in the NYPD budget?

15 GARY BELKIN: Well I mean a couple of
16 things, one is I don't think that's the last pot as I
17 was saying, I think we're dealing with a dynamic
18 response but... [cross-talk]

19 CHAIRPERSON LEVIN: But OMB doesn't have
20 a... you know...

21 GARY BELKIN: But... right, but... [cross-
22 talk]

23 CHAIRPERSON LEVIN: Bottomless... [cross-
24 talk]

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2 GARY BELKIN: ...but even... but even how we...
3 even with the, the programs that we have how we can
4 tool and scale them in ways that, that may not be as
5 resource intensive but I mean NYPD we work with very
6 closely which is itself an important accomplishment
7 and have very frank conversations about the division
8 of labor, Fentanyl has changed the game here and
9 disrupting Fentanyl during the pipeline is an
10 important part of law enforcement that needed to be
11 bolstered... [cross-talk]

12 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

13 GARY BELKIN: ...but also you know a lot of
14 the programs we mentioned NYPD contributes to their
15 carries of Naloxone as first responders as you know
16 so there's resources for that, the co-response teams
17 which were increasingly thinking about as alternative
18 ways that behavioral health emergencies and overdose
19 emergencies be... get a mental health response, they
20 have been promoters of advertising and sending the
21 message around good Samaritan laws which is... you know
22 coming from NYPD as the messenger that please call
23 when you're with an overdose this will not lead to
24 arrests is really important... [cross-talk]

25 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

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2 GARY BELKIN: ...so there are many ways
3 that they partner and, and they receive resources for
4 that.

5 CHAIRPERSON LEVIN: You mentioned..
6 [cross-talk]

7 GARY BELKIN: But, but I... but I would
8 want to underscore this, this is a public health led
9 response and this is a, a cultural transformation
10 since the city last took on a heroine epidemic.

11 CHAIRPERSON LEVIN: I mean we didn't even
12 talk about Oxycodone and Prodipline and all of what's
13 led to this in the first place which is so
14 infuriating its hard to even contemplate.

15 GARY BELKIN: But it does... it does point
16 out one thing that we didn't outline as I realize in,
17 in my testimony, a big investment in getting
18 prescribers to change their... what they do... [cross-
19 talk]

20 CHAIRPERSON LEVIN: Yeah... [cross-talk]

21 GARY BELKIN: ...and that means not just
22 messaging but hands on in the office detailing in
23 high prescribing areas.

24 CHAIRPERSON LEVIN: Fentanyl testing
25 strips, we've heard that, that that is something that

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2 people want more of, are we paying for that out of
3 Healing NYC funding and is there an opportunity to... I
4 mean that clearly saves lives, I mean you know just
5 making sure that if you have Fentanyl in your
6 heroine... you know I think a lot of people would
7 choose not to use that bag if it contained Fentanyl,
8 I mean I would imagine right, its six times stronger.

9 HILLARY KUNINS: So, there's been a lot
10 of coverage nationally about the use of Fentanyl
11 testing strips, these strips were developed for
12 actually testing peoples urine so... as sort of a urine
13 analysis, there has been very little science to date
14 about the accuracy of the Fentanyl test strips for
15 detecting the Fentanyl in, in actual drug specimen
16 and there's just some recent data just now from a
17 group at Hopkins and Rhode Island and we are actively
18 looking at those... that very new science and we'll
19 evaluate this as a policy, we're not... [cross-talk]

20 CHAIRPERSON LEVIN: You don't want any
21 false negatives, right?

22 HILLARY KUNINS: So, you don't... one
23 doesn't want to see a... exactly, a false negative
24 which could be falsely reassuring indicating that
25 there's no Fentanyl when there actually is so we're

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1
2 very eagerly partnering with folks here in New York
3 City and, and other jurisdictions to examine that.

4 CHAIRPERSON LEVIN: And just to be clear
5 so the public knows this that Fentanyl could be cut
6 into a bag of heroine and not evenly and so it could
7 be in dose number four out of a bag of five doses.

8 HILLARY KUNINS: That's right, there's
9 uncertainty of dosing and there's also as you... as Dr.
10 Belkin mentioned earlier or Commissioner Banks its
11 also being cut into other illicit substances
12 including cocaine, including fraudulent pills and
13 that's what is concerning uncertain dosing and
14 available in non-opioids, non-heroin drugs.

15 CHAIRPERSON LEVIN: And then my last
16 question for... and you can stay if you want. You
17 mentioned Rhode Island and we talked about Rhode
18 Island before there's a... there was a new program that
19 was developed out of Brown University working with
20 the Rhode Island Department of Corrections around
21 making sure that when people are entering their
22 corrections system that, that there's... that, that
23 they're, they're connected with some medically
24 assisted treatment and I was speaking to an
25 individual who works in Rhode Island with the

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2 Governor's Office on these issues yesterday and I
3 said how many people are in your... in your system and
4 he said there are 3,000 in, in the Rhode Island
5 Department of Corrections, we have 10,000 at Rikers,
6 what are we doing around Rikers because that's... I
7 mean as you... you know that's where you lose your,
8 your, your tolerance and puts you at a greater risk
9 when you come back out for overdosing?

10 HILLARY KUNINS: So, I don't want to
11 speak for my colleagues in Health and Hospitals
12 Division of Correctional Health but what I will share
13 is they have a very... the oldest jail based Methadone
14 maintenance treatment program I, I believe in the
15 United States they also are increasing access to
16 Methadone as well as access to Buprenorphine care
17 very much eager to adopt evidence based practices as
18 widely as possible. However, our jail... prison system
19 in New York State does not routinely offer
20 medications for addiction treatment... [cross-talk]

21 CHAIRPERSON LEVIN: Uh-huh... [cross-talk]

22 HILLARY KUNINS: ...and that is a huge
23 source of vulnerability and one opportunity as Rhode
24 Island did to make medication treatment available
25 really throughout the correctional system and as they

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2 it sounds like you're aware of a report that just
3 came out that is being attributed to a decrease in
4 overdose deaths following release from... for... from
5 correctional.

6 CHAIRPERSON LEVIN: Okay and then just
7 following... [cross-talk]

8 GARY BELKIN: And as you know we're
9 distributing Naloxone fairly intensely there both to
10 folks who are incarcerated but also their families.

11 CHAIRPERSON LEVIN: You mentioned the... on
12 the... going out to the emergency rooms and you said
13 five, five emergency rooms going up to ten, which
14 ones are they, we didn't... we didn't... we didn't cover
15 which ones they are?

16 GARY BELKIN: Yeah, so the current five
17 are Columbia Presbyterian, Montefiore MC, Saint
18 Barnabas, and... where? Maimonides.

19 CHAIRPERSON LEVIN: Right, so none of
20 those... those are all private hospitals, none of those
21 are... [cross-talk]

22 GARY BELKIN: Well Health and Hospitals
23 working in parallel to develop a similar capacity so
24 it's, it's in addition to what we hope exists there

25

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2 and we're looking as I said to expand ours to five..
3 to five more.

4 CHAIRPERSON LEVIN: Great so hopefully
5 it'll get to all, right?

6 GARY BELKIN: Well we want to get to the
7 bulk of where non-fatal overdoses happen...

8 CHAIRPERSON LEVIN: Right but you just
9 spoke to just this wide geographical... [cross-talk]

10 GARY BELKIN: Yeah... [cross-talk]

11 CHAIRPERSON LEVIN: ...you know from, from..
12 you're coming from Maimonides to Montefiore, right
13 so... [cross-talk]

14 GARY BELKIN: Yeah, yeah... [cross-talk]

15 CHAIRPERSON LEVIN: That's a large..
16 [cross-talk]

17 GARY BELKIN: But we're looking at the
18 volumes that these hospitals and we're trying to hit
19 the ones that are getting the greatest volume and
20 well I think we're going to get there.

21 CHAIRPERSON LEVIN: Okay, I mean that's
22 something that we got to continue to focus on.

23 GARY BELKIN: Yep.

24 CHAIRPERSON LEVIN: Alright, that's it
25 for me. Let's keep on talking about all this stuff,

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1
2 you know I think that we need to be doing more and,
3 and more comprehensively and you know this is... you
4 know every generation we don't get to choose our... the
5 issues that we... you know that are the crisis that
6 we're dealing with and this is something that our
7 generation has to deal with and we have to step up
8 and do that and... to the extent that like, you know we
9 need to make sure that, that everything that's...
10 everything's on the table and nothings... you know
11 that, that it... really we can't... you know I'm not
12 saying you guys are but cost shouldn't be an object
13 in this... in this instance we need to be doing
14 everything that we can capacity wise within our
15 capacity and then... and then working on expanding that
16 capacity, that's my opinion. Okay, thank you all very
17 much.

18 GARY BELKIN: Thanks.

19 STEVEN BANKS: Thanks.

20 CHAIRPERSON LEVIN: Okay, I'll call up
21 first panel; Andrea Littleton, BronxWorks; Cecilia
22 Gentili, GMHC; Catherine Trapani, Homeless Services
23 United; Doug Berman, Coalition for Behavior Health
24 Agencies.

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2 COUNCIL MEMBER AYALA: In order to
3 accommodate everyone, we're going to have... you're
4 going to each have three minutes on the clock so
5 please stick to that.

6 CATHERINE TRAPANI: I'm so sorry I have a
7 meeting across the street in 15 minutes so I'm going
8 to try to go first and stick to my time.

9 COUNCIL MEMBER AYALA: Well you only got
10 three minutes, so you have... [cross-talk]

11 CATHERINE TRAPANI: Okay... [cross-talk]

12 COUNCIL MEMBER AYALA: ...time... [cross-
13 talk]

14 CATHERINE TRAPANI: ...good. Excellent. My
15 name is Catherine Trapani, I'm the Executive Director
16 at Homeless Services United and I really just want to
17 first thank the council, it was so nice to see so
18 many members here today that this issue is getting
19 the attention that it deserves, this is a public
20 health crisis and people are dying and it is
21 critically important that we bring all the resources
22 that the... that the city has to bear to combat this
23 crisis so thank you very much. I also want to
24 knowledge the... what I believe to be really good work
25 by the Department of Homeless Services to get

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2 Naloxone out into the shelters and, and to get
3 everybody trained, you know we're often critical with
4 DHS but I think in this instance they've done an
5 excellent job of making sure that for person's that
6 are overdosing treatment is available on the spot.
7 So, I'm going to really dedicate my testimony for
8 saying well what next because its clearly not enough
9 and so certainly we can treat an acute situation
10 with... administer Naloxone which is what we're doing
11 which is excellent but we need to make sure that
12 appropriate treatment for addiction and prevention of
13 overdoses is available and so people are talking a
14 lot about harm reduction, I think that means
15 different things to different people so I really just
16 want to say that harm reduction isn't Naloxone, harm
17 reduction is an approach to treating addiction and
18 really meeting people where they're at and making
19 sure that the resources are available wherever the
20 person is in the continuum of care, small safe
21 continuum of care wherever they are in their journey
22 from homelessness to housing. So, Commissioner Banks
23 spoke about the, the notion of client choice and how
24 some shelters have medical services on site and some
25 don't, I think client choice is a little bit of a

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2 misnomer to characterize that situation because the
3 client doesn't get to choose which shelter they go to
4 and what, what kinds of services are available there.
5 So, HSU's recommendation is really to make sure that
6 all shelters are equipped with care that is on site
7 and that there is a robust community care network so
8 that the client gets to decide if they want treatment
9 in the shelter facility or if they'd be more
10 comfortable going to a community provider. So, that's
11 sort of issue number one that I wanted to respond to.
12 Issue number two just really agreeing with everybody
13 that we need to double down on the number of
14 physicians that are able to prescribe Buprenorphine,
15 there's not enough, it should be a requirement that
16 all Health and Hospitals doctors and nurse
17 practitioners go through the training required to get
18 the DEA waiver so that where our clients tend to
19 present for care there is an option. We would also
20 like to see a doubling down on the public education
21 campaign, I know that the city's done a great job
22 with the posters, advertising on Naloxone training, I
23 think that we need to have a similar public education
24 campaign to talk about Buprenorphine and other
25 treatment options that really speak to wellness and

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2 meeting people where they are so not just that if you
3 OD somebody might be able to revive you but if you
4 want to be well and not experience withdrawal
5 symptoms and, and seek treatment what kinds of
6 treatments might be available so really speaking as
7 you mentioned Chair Ayala to the needs of the persons
8 that might be experiencing the crisis. So, I think
9 that is my three minutes... [cross-talk]

10 COUNCIL MEMBER AYALA: We're going to
11 give you an extra minute, we're extending it... [cross-
12 talk]

13 CATHERINE TRAPANI: Thank you... [cross-
14 talk]

15 COUNCIL MEMBER AYALA: ...to four.

16 CATHERINE TRAPANI: Oh, I appreciate
17 that. Okay, so, so then final word that I want to say
18 is that, you know we've lost more people to the war
19 on drugs that we've lost... than we lost to the Vietnam
20 War. People are dying, and I think that, you know if
21 we're not bringing all of the resources to the table
22 then we're, we're simply choosing not to act, I think
23 we know what works. We know that harm reduction works
24 and, and real harm reduction not just overdose
25 treatment and so when we talk about safe injection

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2 sites and other treatment options that I think a lot
3 of people feel might be really controversial, I mean
4 I... all I can say when I think about this is thinking
5 about the leaders in the early days of the HIV
6 epidemic when, you know people were dying in large
7 numbers and there wasn't really a political will to
8 act and it took decades thanks to some of my
9 colleagues that are frankly in the room today to
10 really fight for those resources. The situation is
11 much the same then and now and we really need to be
12 aggressive and imbed these treatments in the homeless
13 services programs as well as in the community program
14 so I would love to see safe injection sites co-
15 located in drop in centers in shelters and in places
16 where people are already presenting to care to make
17 it as easy as possible to access and now I really
18 will hush up. So, thank you very much for the
19 opportunity to testify, I appreciate your... [cross-
20 talk]

21 COUNCIL MEMBER AYALA: Thank you... [cross-
22 talk]

23 CATHERINE TRAPANI: ...work... [cross-talk]

24 COUNCIL MEMBER AYALA: ...thank you for
25 your testimony.

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1
2 CECELIA: Hi, my name is Cecilia Gentili,
3 I am the Director of Policy at GMHC, but you know
4 I'm... I will speak today... but I, I made an effort to
5 come because this is very personal for me, you know I
6 used opioids for about ten years, I OD a couple of
7 times, one of them was... I appreciate what you
8 mentioned, coming out of Rikers like you know going
9 back to... you know shooting dope, I OD one of those
10 times. Since there was never a, a choice for me
11 because I'm a transgender woman and at the time it
12 wasn't a choice and I still believe that today the
13 shelter is not a choice for trans people so for some
14 reason many, many things came together and I found a
15 way to find recovery and that's the approach that I
16 think that we need to take is many, many, many
17 different things that we have to do. At GMHC we
18 believe the New York City and New York State need to
19 learn from the lessons of the HIV response and
20 develop a plan to end the opioid crisis in the city
21 by this date of 2025 employing a similar process of
22 partnering with relevant stakeholders to draft a
23 comprehensive strategic plan to address the problem,
24 it's not just one thing its going to be a... like a, a,
25 an intersection of many, many different things that

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2 we have to do. Programing on education and prevention
3 issues, intervention and strategies to address
4 overdose and prevent overdose deaths, harm reduction
5 strategies that provide effective treatment for
6 addiction such as improving access to Buprenorphine
7 and all Methadone, management of ongoing drug use
8 including access to clean needles and the opening of
9 safe consumption facilities. I... you know I... when I
10 was using I was going to use, you know what,
11 whatever... you know nothing was going to stop me from
12 using so I think its better if... you know for people
13 that are going to use to have a safe space to do it,
14 it doesn't get better than that, you know the
15 McDonald's bathroom doesn't have a nurse to help you
16 if you overdose, right, a supervised facility does
17 and if you made a decision to, to do something about
18 your addiction you can have somebody there helping
19 you go, you know through that process. Its, it's
20 amazing, the concept is amazing, and it does work.
21 Addiction treatment access including funds for
22 expansion of access to Buprenorphine allowing people
23 in shelters. The response to the overall issue of
24 pain management which drives the opioid use, we need
25 to develop better pain management strategies,

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2 development of road maps to care for different client
3 population including those living on the streets,
4 those in supportive housing and those in normal
5 shelter settings. Intervention for prevention of
6 blood borne infections like HIV and Hepatitis C due
7 to high risk sexual behavior and intravenous drug
8 use, while I was shooting dope I contracted Hep-C and
9 I'm, I'm glad that I was able to get the treatment
10 now, but you know its something that is inconvenient.
11 Addressing the chronic instability that often
12 accompanies opioid addiction, providing access to and
13 funding for health care and safe housing through
14 linkage agreements and the development of health care
15 facilities in housing for poor people living with
16 substance abuse and mental health issues. Like the
17 HIV and AIDS epidemic, the opioid epidemic is a
18 public health crisis and will require a comprehensive
19 strategy that incorporates all components of a
20 continuum of care and support for opioid users and
21 one that involves all stakeholders at all levels for
22 the response. Without this kind of comprehensive
23 response with buy in from all stakeholders the opioid
24 epidemic will continue to spin out of control and the

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2 city and the state will continue to needlessly lose
3 thousands of citizens each year.

4 COUNCIL MEMBER AYALA: Thank you Cecilia.

5 ANDREA LITTLETON: Thank you. My name is
6 Dr. Andrea Littleton, I'm the Medical Director at
7 BronxWorks and I wanted to thank you both for being..
8 raising this and having this arena to talk about this
9 epidemic. As you know BronxWorks is in the South
10 Bronx and has been really hit by this epidemic. I'm
11 not only Medical Director at BronxWorks, I also am an
12 Associate Professor of Medicine at Einstein and
13 Montefiore Hospital and I work with Care for the
14 Homeless to provide the services that we do at
15 BronxWorks at the Living Room Center which is the
16 drop-in shelter in the Hunts Point area of the Bronx.
17 I also teach residents and medical students and so
18 bring them into the shelter and try to help.. deal
19 with and address the, the epidemic and the stigma
20 that goes with the epidemic so that we can get more
21 physicians trained and feeling comfortable not just
22 having the waiver but actually using it and
23 prescribing Suboxone. In the Living Room in the
24 clinic that I work at I have about 40 patients that I
25 treat with Buprenorphine and its been very helpful to

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2 many of them, three of them had overdosed in... at the
3 Living Room and then were... been engaged in care and
4 have been successfully not using for the last several
5 months. As you know to combat the issue you have to
6 tackle it in many ways, I think that Buprenorphine is
7 one of the paramount of that, we've talked about that
8 as it really being the gold stone of treatment but I
9 think that other things are necessary to include in
10 that treatment having it co-located at the shelter
11 where the clients are actually using I think is
12 paramount, you have to reach them where they're at
13 and that's the best way to kind of engage them in
14 getting care. So, having more shelters that have
15 clinics inside of them I think is crucial to helping
16 deal with the epidemic, increasing access to harm
17 reduction treatment approaches as well is very
18 helpful and connecting them to services. The safe
19 injection sites are very important as well because as
20 she mentioned some people who are still using are
21 still going to want to use. One of my clients who is
22 being treated for Suboxone has relapsed and you know
23 he said that basically where he's at, at this point
24 in his life he has been incarcerated half of his
25 life, he has no family or friends who want to engage

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2 with him, he's living in a shelter, he says this is
3 the only thing I can do to feel better, you know and
4 so even being treated with Suboxone he's still using
5 so having places that they can use safely so that
6 they're not going to die from their addiction, you
7 know from their disease is crucial as well. So, I
8 hope that we can hear continuing conversations to get
9 safe injection sites into New York City because
10 that's paramount as well. Another important thing is
11 what the city is already doing in terms of accessing
12 people to Naloxone and Narcan training and they've
13 done a very good job with that and have supported us
14 greatly in the shelters and getting all of our staff
15 trained I think expanding that training to make sure
16 that it gets to the clients who need to use it
17 whether it's in the shelter or not is also crucial so
18 kind of continuing to expand that and get access and
19 training to the people who are using continues... needs
20 to be done as well. Dealing with public access I
21 think and public awareness is crucially important
22 too, so trying to get teaching and training in the
23 school system making sure that children are aware of
24 the harms that happen with it, use... making sure that
25 people are aware of having Naloxone and the

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1
2 availability to use it for all their family members I
3 think is also really important and just dealing with
4 the stigma of, of drug use and dealing with it as a
5 medical condition and not criminalizing it is also
6 important. Thank you so much for having this and
7 having... I hope we can have a task force that kind of
8 continues this conversation, I would be more than
9 happy to be very much a part of that because we need
10 to continue to have this conversation going and look
11 at ways that we can help the city address this
12 problem. Thank you.

13 COUNCIL MEMBER AYALA: Thank you.

14 DOUG BERMAN: I'm Doug Berman, I'm the
15 Vice President for Policy at the Coalition for
16 Behavioral Health which represents about 140 non-
17 profit community-based agencies serving more than
18 450,000 consumers. Many of our members operate not
19 only behavioral health clinics but operate shelters,
20 housing, and health clinics as well, many of them are
21 here today; Acacia, Gay Men's Health Crisis,
22 BronxWorks, Project Renewal and Care for the
23 Homeless. So, we're very grateful to be able to speak
24 here and speak for those of our members who are not
25 present. Our members know what works, they are

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2 experts in mental health and substance abuse
3 services, the problem is, is they don't have enough
4 resources to meet the demand nor to address many of
5 the collateral services, what we call social
6 deterrents of health that are really necessary for
7 recovery. Our members who operate shelter are
8 especially disturbed with the rise in opioid deaths
9 among the homeless community, they're very concerned
10 for the people who they have... they take care of but
11 the coincidence between mental health substance use
12 disorders and homelessness is saddening but its
13 unavoidable given the prevalence of individuals with
14 mental health and behavior... and substance abuse
15 disorders who are living within the shelter system.
16 While the estimates do change and, and are varied
17 between the shelters, they generally estimate that 20
18 to 25 percent of the individuals in the shelter
19 system have some sort of mental disorder.
20 Unfortunately the need to help them is really
21 sincerely hampered by the shortage of behavioral
22 health professionals in New York City, the Shaker
23 Center at the... UCLA recently did a study of
24 designated shortage areas for mental health
25 professionals in New York City of those 30... those

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2 designated shortage areas represent 30 percent of the
3 population but in those areas there are only 82 full
4 time behavioral health professionals to fulfil the
5 needs of most of the people who are low income and
6 living with some sort of mental health disorder yet
7 when they looked at that and they sort of looked at
8 what the appropriate staffing patterns would be for
9 behavioral health shortage areas they estimated that
10 we would need 118 more behavioral health
11 professionals in order to meet the demand of
12 individuals who are afflicted with substance use
13 disorders. I would like to just mention three
14 resources that I think are important particularly
15 when we talk about medical assisted treatment. I was
16 very pleased to hear the offering about FQHCs being
17 used by the city to work with individuals and I, I
18 just wanted to just sort of say that the health care
19 for the homeless program which is rather important is
20 among those FQHCs but those are specialists in
21 providing services to individuals who are homeless
22 and I do hope that more than the seven that they
23 mentioned are actually being drawn into this battle
24 against opioid use, there are I believe 14
25 organizations that provide services specifically to

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1
2 homeless individuals. The other two areas I would
3 like to mention of course of the community based
4 behavioral health clinics that we represent and also
5 a demonstration program by the federal government for
6 certified community behavioral health clinics. There
7 are five in New York City that are being funded by
8 the federal government and they are required to
9 include substance use disorders within the services
10 that they are providing. Thank you very much for this
11 opportunity and I hope we can talk again at much more
12 length, thank you.

13 COUNCIL MEMBER AYALA: Thank you.

14 CHAIRPERSON LEVIN: So, I want to thank
15 you all so much. If there were, you know one or two
16 recommendations that you could make that the city...
17 for... things that the city could implement now that
18 would have an impact, I mean I... I mean the, the
19 numbers that came out of the MMR... frankly when, when
20 I first heard from Scott a month ago, you know I, I
21 asked around I said are you all seeing what Scott's
22 seeing and I heard from other providers and other
23 people that say oh no, not really, we're not seeing
24 similar, similar... a similar spike at least it was
25 described that way and so I was kind of like well I

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1
2 don't... maybe... I don't know what's going on here, is
3 it... is there something... is it... is it... is it
4 geographic to the Bronx that there's maybe Fentanyl
5 that's, that's in the supply in the Bronx that's not
6 in the supply in, in, in Brooklyn or what... I don't
7 know what's going on but the numbers that came out in
8 the MMR is showing a 575 percent increase in, in
9 overdoses from, from the four month period in 2016 to
10 the four month period in 2017, I mean I don't know
11 how you can argue with that so, you know just to...
12 just in terms of like really we're in a kind of
13 triage right now like what, what could we do like
14 today that could help stem the tides?

15 CECILIA GENTILI: I, I cannot stress
16 enough the fact that supervised consumption
17 facilities would change the landscape of drug users
18 in New York City in a way that we cannot even
19 imagine. I also would like to reflect a little bit in
20 my own experience we usually like substance abuse
21 places have a very punitive kind of treatment that
22 doesn't work, we need to have treatment that is
23 compassionate and that is a comprehensive of many
24 others things besides using drugs, right because you
25 just don't use drugs because you use drugs, you use

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2 drugs because it is the whole landscape of you know
3 reality... of your... what your reality is or was that
4 take you there and until... if we don't address, you
5 know drug users in a more comprehensive way its, it's
6 hard to just... remember the Nancy Reagan just don't do
7 it doesn't work, you know you have to... [cross-talk]

8 CHAIRPERSON LEVIN: Just say no... [cross-
9 talk]

10 CECILIA GENTILI: You should just say no,
11 right, it doesn't work, its not like that, you know
12 you have to look at it in a comprehensive way in a...
13 in a compassionate way that's what worked for me and
14 it did work for ten years already.

15 ANDREA LITTLETON: Congratulations...

16 CECELIA: Thank you... [cross-talk]

17 COUNCIL MEMBER AYALA: Congratulations...

18 CHAIRPERSON LEVIN: Congratulations...
19 [cross-talk]

20 ANDREA LITTLETON: That's wonderful,
21 congratulations. I would agree with her, I think that
22 definitely safe injection sites having them here, I
23 mean, and we've looked at other countries and where...
24 places that they've had safe injection sites have
25 reduced their overdoses, I mean to almost nothing. I

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2 think that having them will definitely change the
3 landscape. Also having people... providers, providers
4 on site at our shelters who are trained and able and
5 willing to prescribe Suboxone or Buprenorphine as
6 treatment as well as having mental health services
7 co-located on site as well to try to address all the
8 other reasons that people are using, I mean people
9 who have been homeless have a history of, you know
10 mental illness and have had neglect and issues that,
11 that have never been addressed and until you do
12 address those you really aren't going to tackle the
13 substance use issues and then kind of continuing to
14 expand Naloxone and try to make sure that everybody
15 has a Naloxone bag, you know everyone, all citizens
16 of the city really should have one and, and know how
17 to use it and I think those, those, those three
18 things can really help change the landscape.

19 CHAIRPERSON LEVIN: Now so you have... you
20 prescribe Suboxone yourself?

21 ANDREA LITTLETON: Correct.

22 CHAIRPERSON LEVIN: Do you have a sense
23 of... so, if, if there is a... so, our system, our home,
24 homeless delivery system in general is, is, is all
25 over the map really, I mean it's, its... there's,

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2 there's providers that have medical directors, there
3 are providers that don't have medical directors...

4 [cross-talk]

5 ANDREA LITTLETON: Right... [cross-talk]

6 CHAIRPERSON LEVIN: ...so if you were in a
7 facility that doesn't have the, the type of services
8 that you would see at BronxWorks how... are there... and
9 the person presents says look I, I... now's the time I
10 want to get... I want to get clean is there... are there
11 specific hurdles to having access to a prescriber, a
12 primary care prescriber that could prescribe some...

13 [cross-talk]

14 ANDREA LITTLETON: Yes, I think there
15 are, I mean I think that as I mentioned earlier like
16 there's a lot of providers who have the training but
17 don't actually prescribe, right, so I think finding a
18 provider that's willing to prescribe is definitely a
19 big barrier for a lot of clients in being able to
20 have more providers feel comfortable with training
21 with being able to prescribe I think is crucial as
22 well so that if it is not able to be provided on site
23 there's at least a, a location nearby very close that
24 they could actually get the services.

25 CHAIRPERSON LEVIN: Right.

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2 CECILIA GENTILI: And I also think that
3 we should also revisit the idea of peer counseling,
4 right, like because if you are in that moment when
5 you say like I'm ready, I think I'm... I think I'm
6 there, I think I'm, I'm done with this and you have a
7 peer counsel like you know in front of you that was
8 like oh I know this doctor in BronxWorks that
9 prescribes, let me take you in there, right and get
10 you right there and then, you know you're... you know
11 boom there you are, you know it doesn't leave that
12 space of like you know doubt and then like oh in two
13 days I may see my counselor and may talk about this
14 in two days most likely you relapsed already and the
15 idea of recovery went away... [cross-talk]

16 CHAIRPERSON LEVIN: Right... [cross-talk]

17 CECILIA GENTILI: ...so peer counsel is
18 right there and then taking care of you and, and
19 understanding your reality because they've been there
20 before it, it'll change the landscape too.

21 ANDREA LITTLETON: Right...

22 CHAIRPERSON LEVIN: That, that article
23 that I was... that I was talking about the doctor...
24 [cross-talk]

25 ANDREA LITTLETON: Yes... [cross-talk]

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2 CHAIRPERSON LEVIN: ...in, in Boston, you
3 know she referred her to a friend of hers that was
4 able to write a prescription, but it was loss of that
5 closeness, there was a relationship between her and
6 her primary care physician that was the thing that
7 was lost... [cross-talk]

8 ANDREA LITTLETON: Uh-huh... [cross-talk]

9 CHAIRPERSON LEVIN: ...and, and she speaks,
10 you know very eloquently about it, but it was... that
11 was the... so, yes it was... its, its have... making sure
12 that you're taking advantage of the proximity and the
13 time frame and the frame of mind and all of that I
14 want... [cross-talk]

15 CECILIA GENTILI: Right place at the
16 right time.

17 CHAIRPERSON LEVIN: Right, right.

18 DOUG BERMAN: I agree with both of my
19 colleagues, but I want to put an additional stress on
20 the co-location of medical clinics within the shelter
21 system. Having providers who specialize specifically
22 in care for the homeless is essential in order to
23 reach the most difficult people to engage so the use
24 of the health care for the homeless FQHCs by the way
25 should really be thought, we're at an all time low of

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2 medical clinics in shelters. A number of years ago we
3 had about twice what it's... currently have now.

4 CHAIRPERSON LEVIN: Why is that?

5 DOUG BERMAN: Well some of... sometime...
6 partially due to the fact that it's very expensive to
7 co-locate clinics, the other thing was I think some
8 misguided policies on the Department of Homeless
9 Services but also a lot of the service model is
10 somewhat changing to healthcare for the homeless
11 actually using mobile medical units and I think it's
12 a transition that is much more cost effective for
13 them but still allows experts in engaging and
14 outreaching homeless people to practice medicine.

15 ANDREA LITTLETON: I think it's a also a
16 little bit about being more thoughtful of where the
17 services... which shelters they're located at, you know
18 they had a lot of clinics that were located in family
19 shelters where family members already had been
20 connected with an outside provider and so they
21 weren't getting a lot of service, services utilized
22 there and so I think relocating and, you know re-
23 mapping I think which, which clinics and which
24 shelters need the most services and would benefit in
25 kind of targeting those and be more helpful.

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2 DOUG BERMAN: It also had a little bit to
3 do with the transition from FEFA services, Medicaid
4 to Medicaid Manage Care.

5 ANDREA LITTLETON: Yeah, yeah, it's
6 harder for people to access services then... [cross-
7 talk]

8 DOUG BERMAN: Yeah... [cross-talk]

9 ANDREA LITTLETON: ...and change their
10 providers.

11 DOUG BERMAN: And it was harder for the
12 providers to actually provide services to individuals
13 in the shelter who weren't with plans that they
14 accepted.

15 COUNCIL MEMBER AYALA: So, I think... so,
16 I'm, I'm trying to understand how, how difficult is
17 it to treat a person who has an addiction issue and
18 also is suffering from mental illness, has that... you
19 know is that something that we are addressing as
20 well, I mean my, my committee covers both and I know
21 they overlap, you know often times but I've made
22 referrals personally to, you know programs that exist
23 in my community for individuals with mental health
24 issues and you know they just... they seem to be
25 treating the addiction but not necessarily paying

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2 attention to the mental health component of it and so
3 there's a, a huge disconnect and so individuals end
4 up leaving these programs and are back in the street
5 and are continuing to use?

6 CECILIA GENTILI: I'm going to go back to
7 my own experience again, I think like in my case you
8 know those two issues live together, right, I was
9 using drugs because I had mental health issues and I
10 had mental health issues because I was using drugs,
11 right so they link together. So, when I went to
12 treatment one thing that worked well for me by being
13 trans is that when I went to treatment they didn't
14 have any trans knowledge about like you know how to...
15 how to give me mental health services and they sent
16 me outside so when I made that connection with a
17 mental health provider that understood me as a trans
18 person and understood me as a person that use drugs
19 and started taking, you know care of all those issues
20 that I was carrying since I remember when I was like
21 four or five years old is that I made that connection
22 and recovery made sense to me for the first time. So,
23 I think like treating these two things
24 comprehensively can make a huge difference in, in the
25 outcomes of people seeking recovery. Usually like

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2 people... you know it is this idea of like you know
3 recovery is just not using drugs, it's much more than
4 that, it's addressing all those, you know issues that
5 we have and, and that's the part where mental health
6 comes really handy and for me... like for some people
7 like you know AA or NA is somehow mental health
8 because you go and you talk, right, in a room of
9 people so that's mental health instead of having one
10 therapy you have like 40 or 50 in the same room and
11 that's wonderful, right, but for me like you know my
12 base of my recovery is my therapies like every week
13 even like you know if... I can't be on vacation, I, I,
14 I skype with her, she's like okay have a life, I'm
15 not... no, no I need to... no I need to talk with you
16 every week. So, you know for me its very important so
17 making that connection in between mental health and,
18 and addiction for me has been... it saved my life it
19 really did.

20 ANDREA LITTLETON: Yeah, I agree, I think
21 it's, it's crucial, you know to have good mental
22 health services, I think it's sometimes difficult
23 because some mental health providers don't address
24 the substance abuse problems and sometimes they won't
25 even treat, you know if somebody has substance use

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2 problems and kind of trying to find the, the right
3 providers who understand the whole problem and
4 addressing the whole problem is crucial and having
5 that co-located as well, you know because getting the
6 Buprenorphine alone or the medication alone is not
7 enough, they have to have connection to a mental
8 health services, they have to have support services,
9 they have to have all of the reasons why they're
10 using addressed or else they're going to go back.

11 DOUG BERMAN: Just a statistic, 46
12 percent of people in New York State with behavioral
13 health order of any type have both co-occurring
14 disorders of mental illness and substance use.

15 COUNCIL MEMBER AYALA: Very prevalent.

16 ANDREA LITTLETON: Yeah.

17 CHAIRPERSON LEVIN: Thank you all, I..
18 thank you for your testimony, thank you for your
19 story, it's, you know really meaningful to, to hear
20 from you.

21 ANDREA LITTLETON: thank you.

22 CHAIRPERSON LEVIN: And these are great
23 suggestions, this is just the beginning.. [cross-talk]

24 ANDREA LITTLETON: Yeah... [cross-talk]

25

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2 CHAIRPERSON LEVIN: ...like we want to... I
3 think that, you know we... this term... this is my last
4 term, this is Diana's first term, but this is my last
5 term so I'm like we got to... we got to... I have a... you
6 know a lot... a lot that we want to continue to do and...
7 [cross-talk]

8 CECILIA GENTILI: And we're, we're here
9 for you... [cross-talk]

10 ANDREA LITTLETON: Yes... [cross-talk]

11 DOUG BERMAN: All of us... [cross-talk]

12 CECILIA GENTILI: ...all of you working on
13 this...

14 ANDREA LITTLETON: Yeah... [cross-talk]

15 CHAIRPERSON LEVIN: Beautiful, beautiful...
16 [cross-talk]

17 ANDREA LITTLETON: Thank you so much for
18 everything... [cross-talk]

19 CHAIRPERSON LEVIN: Thanks for the work
20 you do, thank you... [cross-talk]

21 ANDREA LITTLETON: ...all the work.

22 CHAIRPERSON LEVIN: Josh Goldfein, of
23 Legal Aid and Giselle Routhier from Coalition for the
24 Homeless; Jasmine Budnella from Vocal New York; Jody
25 Rudin, Project Renewal, is Jody still here? This is

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2 our second to last panel and then we have one more.

3 Thank you everybody for your amazing patience today.

4 GISELLE ROUTHIER: Hi everybody, thank
5 you for the opportunity to testify. My name is
6 Giselle Routhier, I'm the Policy Director at the
7 Coalition for the Homeless. I want to start by
8 thanking the committees for holding this hearing and,
9 and really note that there's been almost a unified
10 voice here in all of the, the, the solutions that we
11 think are going to work for this problem. So, I'm not
12 going to repeat all the statistics that we... that have
13 been gone over a lot but I want to mention one in
14 particular that one in three reported deaths of
15 homeless people were drug related in Fiscal Year 2017
16 and that's up from one in five in 2014 so we are
17 absolutely dealing with a crisis and we need to think
18 about the best ways to address that. We wanted to
19 also mention and thank the council for the successful
20 passage last year of Intro 1443 that required DSS and
21 DHS to offer training to staff and shelter clients in
22 administering Naloxone, we think that's a critical
23 piece of what's happening now and some of the
24 increase in incidents that we've seen in DHS as a
25 result of that increased training and we look forward

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2 to the city's plan in which they're going to increase
3 training available specifically to residents of
4 shelters so that Naloxone is in the hands of folks
5 who may sometimes be the first responder on hand, it
6 may not be a staff person. So, and we wanted to
7 mention one of the pre-considered introductions in
8 particular, Intro 1430 which requires DSS and DHS to
9 refer individuals who've received opioid antagonist
10 for additional service, we support this and we, we
11 think that has a potential to help disrupt this
12 cycle. As we talked about getting people connected
13 with services in moments that, that may be most
14 opportune, but we can echo what we've heard here that
15 the unavailable to have treatment and harm reduction
16 services overall remains a barrier to successful
17 engagement among homeless individuals, its vital that
18 a sufficient number of providers in licensed settings
19 be trained to prescribe Buprenorphine. The city
20 should also encourage more medical professionals
21 serving in community based settings to receive the
22 necessary training and we encourage the city and
23 state to partner to increase community based care
24 options with appropriate licensing structures so
25 clients have ample access to medication assisted

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1 treatment and we also want to note the clients who
2 are prescribed Buprenorphine or other opioid
3 treatments who are on medication assisted treatments
4 should receive shelter placements that are consistent
5 with that need where there are services available to
6 actually assist them in continuing that treatment.
7

8 This year magnitude of the opioid crisis demands that
9 the city take bold steps and we recommend the city
10 reinforce effective harm reduction strategies most of
11 which have been mentioned already such as the opioid
12 antagonist training and distribution, syringe
13 exchanges, Fentanyl testing, also encourage the city
14 and state to license and open supervised injection
15 facilities to reduce the risks of death among people
16 using opioids. Initiatives to reduce opioid use in
17 the shelter system in particular, we do support the
18 increased use of peer support networks, I think
19 that's been proven to be very successful in helping
20 to engage folks at the beginning stages of recovery
21 and Josh will talk a little bit about the rest of our
22 testimony but I want to thank the council for
23 allowing me to speak today and thank you for
24 considering our recommendations.
25

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2 JOSH GOLDFEIN: I'm Josh Goldfein from
3 the Legal Aid Society, we are counsel to Coalition
4 for the Homeless, we've submitted joint written
5 testimony with Coalition as Giselle mentioned so I'm
6 not going to go through all of that but I, I do just
7 want to highlight in particular a point that Chair
8 Ayala made about use of law enforcement response and
9 what we see a disturbing pattern of kind of the city..
10 one... we have one city but the right hand maybe is not
11 talking to the left hand and so we continue to see
12 arrests taking place for possession rather than
13 diversion to treatment, criminal possession of a
14 controlled substance in the 7th degree is still one
15 of the five most frequently charged crimes. I know
16 there was a hearing about marijuana use earlier
17 about... marijuana arrests and that approach we see
18 apply to other substances as well. We... Legal Aid
19 staff have documented that for instance in Brooklyn
20 police arrest... making arrests outside of Methadone
21 clinics as a way to make easy collars and keep their
22 numbers up which is not the, the right approach to
23 dealing with our substance abuse problems as a city
24 certainly isn't going to help here. And its
25 consistent with a pattern of problems that we've seen

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2 of overzealous law enforcement including warrant

3 sweeps taking place in shelters which are against the

4 NYPD's own policy and are... sweeps for instance in

5 Harlem where the NYPD comes in and removes people's

6 property and chases them out of public spaces rather

7 than adopting a more social service oriented approach

8 and as long as these kinds of approaches are used to

9 dealing with the homeless crisis in New York, you

10 know there, there are certainly going to have a

11 negative impact on the good work that you've heard

12 about today that other agencies are undertaking to

13 try and ensure that people get the treatment that

14 they need and we can reduce the, the levels of, of

15 death that we're seeing as a result of the opioid

16 crisis. Thank you.

17 JODY RUDIN: Good afternoon Chairs, thank

18 you for pulling together this hearing and thank you

19 very much for your leadership. My name is Jody Rudin

20 and I'm the Chief Operating Officer from the Project

21 Renewal and its an honor to be here to testify today.

22 Project Renewal is a 50-year-old comprehensive

23 homeless services organization, we serve 16,000

24 individuals annually and I'm going to read this and

25 can get through it relatively quickly I promise.

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2 Project Renewal's health care services include
3 primarily oral and... primary care and oral health
4 along with a range of behavioral health services such
5 as psychiatry and addiction treatment including
6 Medicaid... medication assisted treatment such as
7 Suboxone. These services are provided across multiple
8 settings in our shelters and our article 28 federally
9 qualified health clinics and in our three Oasis
10 licensed programs, our 16 housing programs include a
11 mix of shelters, transitional and permanent housing,
12 we run seven DHS contracted shelters with a total of
13 942 beds, all seven of our shelters have a
14 significant number of people struggling with
15 addiction, two of our shelters are specially
16 designated for folks with substance use disorders. As
17 part of Project Renewal's commitment to provide high
18 quality care and manage risk we maintain robust
19 systems for incident response reporting,
20 investigation and review. In June 2017 we began
21 tracking internal incidents involving the
22 administration of Narcan by shelter staff, over the
23 six... first seven months of Fiscal Year '18 we had 34
24 instances of Narcan administration which was double
25 the number compared to the last seven months of FY

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2 '17 which had 17 instances, in only instance the use
3 of Narcan did not result in an overdose reversal. The
4 use of Narcan in shelters has risen sharply over the
5 last two months, eight instances in December and ten
6 in January effectively tripling the number of times
7 Narcan was administered. Project Renewal has
8 responded to the rising risk of opioid related deaths
9 with an enhanced initiative to provide staff and
10 client training in Narcan in the first seven months
11 of FY '18, we trained 158 staff and 319 clients, in
12 the last seven months of FY '17 we trained 236 staff
13 and 79 clients, over the last ten years.. over the
14 last year ten clients have reported administering
15 Narcan to their friends who were also incorporating
16 Narcan training and orientation for all new Project
17 Renewal employees and we have commitments now from
18 our contracted security vendors that they too are
19 going to do trainings for the guards posted at our
20 sites. In order to ensure that these life savings
21 measures maintain the highest priority particularly
22 within our shelters we've designated a staff person
23 at each site to serve as a champion and we're
24 identifying resources to build the infrastructure to
25 support this program including data collection,

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2 report submission, inventory tracking, ordering and
3 trainings for staff and clients, the routine
4 overdoses occurring in our shelters and the role of
5 our staff in saving lives have raised many questions
6 about what shelters should look like in the context
7 of the opioid crisis, many of our shelter staff some
8 of whom are entry level workers have suddenly found
9 themselves at ground zero of the opioid crisis and
10 are routinely in the position of saving lives or
11 grappling with questions related to staff counseling,
12 reviewing physical environments of our facilities to
13 ensure that shelters are designated to allow for
14 rapid response on the part of our staff specifically
15 in bathrooms making sure... because that's where our
16 overdoses happen, making sure they're configured in a
17 way that we can respond quickly. We're also dealing
18 with the philosophical question of drug use in
19 shelters and the lack of safe places to do so
20 throughout the city. Historically there's been a
21 zero-tolerance policy related to drug use in shelters
22 however if the goal is to save lives it makes sense
23 to consider a more flexible approach to minimize the
24 risk to clients who may otherwise overdose in
25 locations where they are less likely to be found and

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1 saved. In order to have this conversation in a
2 meaningful way we need to have it alongside our
3 funders and partners and government to help formulate
4 the policy towards this and we recommend a joint task
5 force be convened with homeless service providers and
6 relevant agencies.
7

8 JASMINE BUDNELLA: Hello, I'm Jasmine
9 Budnella from Vocal New York. First, I want to thank
10 the council for allowing me this opportunity to
11 testify. The thanks comes not just from me but the
12 members and leaders of Vocal New York, we are a
13 grassroots organization that's dedicated to ending
14 the failed war on drugs, ending mass incarceration,
15 homelessness, the AIDS epidemic and AIDS epidemic
16 here in New York. I won't waste time talking about
17 the scale of this crisis we're in because sadly we
18 all know, and I've gone over a lot of the numbers
19 today. I want to start first with some positive steps
20 taken by this council and how they could be
21 strengthened. Going from study to... going from
22 studying to funding the safer consumption spaces.
23 Over a year ago the council allocated 100,000 dollars
24 to do a feasibility study on creating some safer
25 consumption spaces in New York City. These facilities

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2 are well studied proven health interventions, major

3 news sources across the country are showing support

4 for them and editorial pages most recently the New

5 York Times on Sunday and San Francisco, Seattle,

6 Philadelphia and Ithica have all taken action to, to

7 more forward on this public health intervention. The

8 council took the right step in funding this study and

9 thank you Council Member Levin for calling that out.

10 We now need the council's leadership again to

11 allocate funding or take legislative action to move

12 New York City forward with creating these facilities.

13 Going to Local Law 225 or 1443, for this legislation

14 to be successful the Department of Social Services

15 needs adequate funding, we need the council to urge

16 the city hall to put forward that funding. Next, I

17 want to speak about the bill discussed today, we want

18 to applaud the council for taking action to tackle

19 the opioid over... or the opioid overdose crisis but we

20 urge this body to look past Naloxone and begin to

21 look at other effective public health interventions

22 many of which have... were mentioned today with

23 Buprenorphine. To, to be clear we know that the focus

24 on, on Naloxone is not the fault of city council

25 members, its our job as harm reduction and public

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2 health community to provide you with additional
3 solutions which is what I want I want to begin doing
4 today in a minute. So, we've talked really great
5 about expanding access to Buprenorphine and echoing
6 Council Member Levin, city council should identify
7 legislative and budget action to expand access
8 Buprenorphine including increasing funding to the
9 Department of Health and Mental Hygiene and the
10 Department of Social Services to expand access to
11 people struggling with opioid dependency. Expanding
12 prearrest diversion programs, prearrest diversion
13 programs are expanding across the country, these
14 programs provide people struggling with chemical
15 dependency services instead of arrest, these programs
16 should be able... or should also be seen as tools for
17 law enforcement, currently police are providing no
18 alternative to arresting people even when we know
19 that the person needs help not a jail cell. These
20 programs are only effective when connected to
21 adequate services and are truly prearrest. City
22 council should look into legislation and budget
23 action to expand access to prearrest diversion
24 programs. In the last 30 seconds I wanted to focus on
25 Healing NYC as a misallocation of city funds. Thank

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2 you again for bringing this up today, over deaths are
3 going up and never has there been proof that law
4 enforcement is reducing drug use. In fact, the
5 country with the most successful... that has the most
6 success at reducing overdose deaths, incarceration
7 and the cost to government has been Portugal where
8 they have decriminalized drugs completely and money
9 has been invested into care and treatment, this
10 approach works. Sadly, with Healing NYC city hall
11 allocated half of the funding to the NYPD, city
12 council should urge city hall to expand funding of
13 Department of Health... to the Department of Health and
14 Mental Hygiene, DSS and other public health
15 interventions. Thank you so much.

16 CHAIRPERSON LEVIN: I just want to thank
17 you all for your... for all of your, your testimony
18 and, and suggestions on concrete things that we can
19 actually do and all of these are I think, you know
20 kind of... what I'm seeing is a, you know a coalescing
21 of, of ideas that I think are... you know I'm seeing
22 the repeated themes in testimony and so I, I think
23 that that's, that's good, I think that its... we have
24 an opportunity. One of the reasons why I think we
25 want to do this hearing in February as opposed to in

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1
2 April was because, you know we have preliminary
3 budget hearings coming up and we have an opportunity
4 to have this, this conversation the context of our
5 city's FY '19 budget which I think must happen and so
6 all of... all of these suggestions I think are really
7 important so in... you know in the absence of us
8 through legislation and paneling task force because
9 the... even if we were able to do that it would
10 probably not until after the budget, I think we have
11 an opportunity to have these conversations, you know
12 now so I want to thank all of you for, for, for being
13 here. Those of you that were at the meeting last week
14 thank you for participating in that meeting, sorry
15 Jody I'll have you at the next meeting. Jody I... one
16 thing that you said in your testimony this... I just
17 want to make sure that I'm, I'm, I'm understanding
18 this correctly, your... the use, use of Narcan in, in
19 Project Renewal shelters has risen sharply over the
20 last two months... [cross-talk]

21 JODY RUDIN: Uh-huh... [cross-talk]

22 CHAIRPERSON LEVIN: ...because that's what
23 we were hearing from BronxWorks as well and then not...
24 you know and then not hearing that from others and so

25

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2 do you have a sense of like what's... are those in, in,
3 in the Bronx or are they across the city?

4 JODY RUDIN: So, the two DHS shelters
5 where... that are designated for clients with substance
6 use happen to be in Lower Manhattan within... [cross-
7 talk]

8 CHAIRPERSON LEVIN: Okay... [cross-talk]

9 JODY RUDIN: ...Project Renewal doesn't,
10 you know mean that they're not from or socialize in
11 other boroughs...

12 CHAIRPERSON LEVIN: Right, might... and... I
13 mean I'm just... I'm, I'm almost thinking about like
14 where... how is, is it a... one of the thoughts that came
15 to mind when, when talking to Scott around BronxWorks
16 was... I don't know is it something around the actual
17 heroine that's on the market in the Bronx but if, if
18 this is happening in Lower Manhattan as well that's
19 probably not... [cross-talk]

20 JODY RUDIN: Yeah... [cross-talk]

21 CHAIRPERSON LEVIN: ...might not be the
22 case.

23 JODY RUDIN: Yeah, I mean I think we're
24 just seeing use go up and just a side note about
25 Fentanyl we're hearing from our clients oh yeah give

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2 us the strips, so we can confirm that there is
3 Fentanyl for a better high so definitely cutting both
4 ways.

5 CHAIRPERSON LEVIN: Right, right. As... you
6 know as in... as counterintuitive as that may be.

7 JODY RUDIN: Yeah.

8 CHAIRPERSON LEVIN: Okay, so, so the
9 alarm bells are going off for you guys as well?

10 JODY RUDIN: Definitely, it's become a
11 way of daily life within our shelters and we're
12 struggling mightily, you know, and I'll add that
13 Project Renewal is I think one of the few sort of
14 homeless services providers that's lucky to be
15 comprehensive and to have our own federally qualified
16 health centers embedded in... within three of our seven
17 sites but even those are only as good as being able
18 to have continuity of medical care and we're
19 constantly at a disadvantage because I think
20 providers generally speaking don't prefer to go into
21 shelters as their settings to deliver medical care
22 and we pay far less than our competitors in other
23 settings and so it's hard to maintain continuity of
24 medical staff, doctors, nurse practitioners,

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2 etcetera, we're definitely at a competitive
3 disadvantage.

4 CHAIRPERSON LEVIN: Because of the...
5 because of the cost of reimbursement because they,
6 they would be getting paid through a, a DHS contract?

7 JODY RUDIN: Yeah and... because we're just
8 not... I mean we pay roughly a third less to our
9 psychiatrists and to our primary care physicians than
10 they would make in other settings.

11 CHAIRPERSON LEVIN: Uh-huh. Dr. Belkin
12 was talking about with working with the plans, with
13 the managed care plans to try to address at least on,
14 on some of that does that... does that make sense or is
15 that a way to address some of that cost reimbursement
16 issue or is that not...

17 JODY RUDIN: Theoretically, yes but it...
18 yeah, its, its an issue.

19 CHAIRPERSON LEVIN: Okay. Does any... and
20 anyone else want to add to any of that or...

21 COUNCIL MEMBER AYALA: This is actually
22 for Legal Aid do, do we happen to have the number of
23 or an idea of what the number of arrests related to
24 opioid, opioid related arrests at shelters, do we... do
25 we know that, that number?

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2 JOSH GOLDFEIN: People arrested actually
3 at shelters?

4 COUNCIL MEMBER AYALA: Yeah.

5 JOSH GOLDFEIN: We could probably figure
6 that out by comparing the charges to the, the arrest
7 locations, the addresses but I think the... you know
8 it's, its, it's something we would have to... [cross-
9 talk]

10 COUNCIL MEMBER AYALA: Yeah... [cross-talk]

11 JOSH GOLDFEIN: ...run the data on to
12 discern that, we're not going to have a... there's not
13 going to be a report out there that will tell you
14 that, there are the critical incident reports that
15 the city produces that would tell you, you know
16 within them where, where arrests are.

17 COUNCIL MEMBER AYALA: Because I, I think
18 we kind of tackled this issue when we were going
19 through the synthetic marijuana debate, right? If
20 you're, if you're... if you have enough on you that it
21 could be considered for personal use, right, its
22 different than if you're actually selling, if you
23 have enough, right, if you're bringing in enough to
24 sell to other shelter residents so, I don't know if
25 there's a distinction that's made, is it... you know

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2 they catch you with, you know a few pills are you,
3 you know then cited a, a ticket or are you arrested,
4 are you... you know I, I'm trying to kind of get a
5 sense of how that looks like in the shelter system
6 because I don't think that we have an accurate
7 description of that.

8 JOSH GOLDFEIN: And, and I think that we
9 also want to be sensitive to the concern that
10 Commissioner Banks raised about trying to make sure
11 that the shelters themselves are safe places for
12 people, I mean we certainly have plenty of clients
13 who say they're afraid to go to shelter because they
14 don't feel safe there.

15 COUNCIL MEMBER AYALA: Yeah...

16 JOSH GOLDFEIN: So, we don't want to say
17 that there shouldn't be any law enforcement presence
18 in the shelter... [cross-talk]

19 COUNCIL MEMBER AYALA: No, no... [cross-
20 talk]

21 JOSH GOLDFEIN: ...but I think what we're
22 talking about and what... a theme of this whole hearing
23 has been that there needs to be a, a more sensitive
24 approach to reaching people where they are and
25 bringing them in... encouraging them to seek treatment

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2 rather than using the criminal justice system to
3 punish people because that's, that's not going to
4 help them get treatment.

5 COUNCIL MEMBER AYALA: No, that's,
6 that's, that's correct but there's a... there's a big
7 difference between, you know a person that's selling
8 drugs and a person that's taking drugs and so..
9 [cross-talk]

10 JOSH GOLDFEIN: Absolutely... [cross-talk]

11 COUNCIL MEMBER AYALA: ...if you're coming
12 into, into the shelter system and you have a few
13 pills on you and you know it just doesn't... it
14 doesn't... I, I don't... I can't wrap my head around, you
15 know a person like that being arrested and so I'm
16 trying to gather the, the number so that I better... I
17 have a better understanding of that and, and this
18 might seem like a really funny question but it isn't,
19 right, so we know, I know in my district that I see a
20 lot of activity, drug activity happening in the local
21 bathroom and we know that, you know this is exactly
22 where people are overdosing not necessarily at
23 McDonalds but in bathrooms so I wonder has there been
24 a conversation with local businesses specifically
25 McDonalds which seem for some reason that I

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2 understand to attract individuals who maybe want to
3 shoot up in a bathroom?

4 JASMINE BUDNELLA: I Think there is
5 conversation with business owners about how to move
6 forward but I think the ultimate like ultimate
7 solution is safer consumption services, you know and
8 its like it, it doesn't really make sense to ask
9 McDonalds to be like hey you can't do it here because
10 the other people are going to go elsewhere but if we
11 had a place where people could inject, where they
12 could, you know do what they need to do and then if
13 they are going to overdose in a bathroom it's a space
14 that they won't over, overdose, no one has ever died..
15 [clears throat] excuse me.. in a safer consumption
16 space across the whole U.S.. or across the whole world
17 and there's over 100 locations throughout 66
18 countries so I think the McDonalds isn't necessarily
19 the issue, the issue is like how do we be more
20 innovative with our conversation... [cross-talk]

21 COUNCIL MEMBER AYALA: No.. [cross-talk]

22 JASMINE BUDNELLA: ...around.. [cross-talk]

23 COUNCIL MEMBER AYALA: ...understood and I
24 completely agree but I wonder in the interim while
25 we're having the discussion, while we're waiting for

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2 the study to come in and we're training everybody

3 that'll listen, right and that's willing to be

4 trained are we having a conversation with individuals

5 in these businesses where we know that this is a

6 common practice? I don't know... you know I don't know

7 that you know the answer to that but...

8 JOSH GOLDFEIN: I mean motion detectors

9 is another way that could be used without necessarily

10 invading people's privacy but to alert that someone

11 has gone into a space and then stayed there for

12 longer than you would otherwise expect as a possible

13 indicator that they're in distress.

14 COUNCIL MEMBER AYALA: Okay.

15 JASMINE BUDNELLA: And I think... one last

16 thing on that topic I think the tough part is having

17 the conversation with somebody at McDonalds and

18 changing their bathrooms to be more accessible to an

19 overdose and then train everybody at McDonalds on

20 overdose prevention seems like there's a whole

21 different conversation that we could save the time on

22 that and the interim of the study... [cross-talk]

23 COUNCIL MEMBER AYALA: Yes, yes... [cross-

24 talk]

25

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2 JASMINE BUDNELLA: ...is... I think it's like
3 how do we get the study released, you know... [cross-
4 talk]

5 COUNCIL MEMBER AYALA: Yeah, yeah, yes.

6 CHAIRPERSON LEVIN: I think they said
7 that it was going to be released.

8 COUNCIL MEMBER AYALA: Soon, soon, the..
9 its soon.

10 CHAIRPERSON LEVIN: So... [cross-talk]

11 COUNCIL MEMBER AYALA: I think I had
12 another question, I just have one question. So,
13 we're, we're training professionals how, how, how
14 readily are we making Naloxone available to family
15 members, I mean just regular people?

16 JASMINE BUDNELLA: Yeah, so you can pick
17 up Naloxone at a pharmacy so you... any pharmacy go in
18 and pick up Naloxone, there's actually endcap which
19 is... you can pick up one Naloxone if you don't have
20 insurance or I think its through Medicaid, right,
21 through Medicaid so then the cost is, is way less. At
22 any syringe exchange program, you can pick up
23 Naloxone so like Naloxone is very well around the
24 city and accessible.

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2 COUNCIL MEMBER AYALA: How do I as an
3 individual know to go there like I think that that's
4 kind of where... you know the... I'm a little bit kind of
5 frustrated with the outreach efforts and the public
6 awareness campaign, you know part of this whole
7 conversation is that unless you're connected, unless
8 you're, you know involved with a provider you
9 necessarily don't have, you know all of the
10 information that you would need so if my brother was,
11 you know was using and he happen to come to my house
12 quite often and... how, how do I as a sister, as a... I
13 mean the, the, the city gave us this beautiful
14 package of people that saves lives, right but it
15 seems to me like most of these people are connected
16 in some way, they, they went to some sort of training
17 how does a regular person, how does your grandmother,
18 your mother get access to this is, you know they just
19 don't know like what, what, what are we doing around
20 that, how can we be helpful?

21 JASMINE BUDNELLA: Yes, the Department of
22 Health and Mental Hygiene does a lot of public ad
23 campaigns so I've... just even coming here on the
24 subway there was like a campaign of one of our
25 members and leaders saying like I saved a life and

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1
2 that's just on the subway so like there's quite a bit
3 that the Department of Health and Mental Hygiene does
4 around just overall public awareness campaigns
5 specifically geared towards Naloxone, I haven't... I
6 think there's been like a few times on the trains
7 where I haven't seen it to be honest and they also
8 have like a great extensive website like if you go on
9 there and you're like hey I am a... an aunt or a
10 grandmother like I'd be interested in getting
11 Naloxone and it tells you where all of the places you
12 can get it. To get trained there's different
13 trainings throughout the city, multiple different
14 times, you can get trained at any syringe exchange
15 program and then by getting trained then you can just
16 pick up Naloxone and go from there, I don't know if
17 that fully answers your question but... [cross-talk]

18 COUNCIL MEMBER AYALA: No, I mean I think
19 I, I know that they, they're, they're making a big
20 effort to try to get information out there I just
21 don't think that its getting to everyone and it's not
22 getting to a lot of people that really need it. I, I
23 mean I attend a lot of meetings, a lot of... a lot of
24 meetings, I go to residential presentations, precinct
25 council meetings, no one is talking about this in my

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2 community but yet two.. you know the South Bronx and
3 the East Harlem part of my districts are both, you
4 know one of the highest use and so there's a
5 disconnect somewhere for me and again this was.. this
6 was also the case when we were going through the
7 synthetic marijuana, right, all of the providers knew
8 if you went into a local shelter they knew exactly
9 what it was, where you can get it, what the chemical
10 composition was but yet I'm walking around with
11 little packages and I'm finding and I'm talking to
12 grandmothers and mothers and they had no idea what
13 this product was and so for me its.. you know I mean
14 if we're going to educate the public then we need to
15 educate everyone and that includes family members
16 that happen to have, you know issues in their own
17 households and you know so..

18 JASMINE BUDNELLA: And I think it's
19 really great that you're on this right here and we're
20 talking about this because your leadership is already
21 a step in moving towards public education as well.

22 COUNCIL MEMBER AYALA: Thank you.

23 GISELLE ROUTHIER: And I just want to
24 mention one quick thing too that I can't necessarily
25 speak to the education of the.. in the broader

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2 community but in several of our meetings with DHS
3 where we're pushing the issue of training residents
4 of shelters they, they have said that they've
5 prioritized the training of adult families because
6 those families are often placed in their own units
7 and therefor are not really visible by staff walking
8 through the facility and so that they thought that
9 that was a priority to make sure that, you know if an
10 individual is, is part of a couple and they're in
11 their own unit both of those people are trained just
12 in case something happens behind closed doors and
13 staff can't, can't get to them so we thought that
14 that was certainly appropriate and should be expanded
15 in the... in the best way possible.

16 CHAIRPERSON LEVIN: Thank you all so much
17 for your testimony. The final panel; Anya Van and I'm
18 sorry, I'm going to have a hard time with the...
19 Wagten, Wagtenda; Jordan Rosenthal from Boom Health;
20 Kassandra Frederique from Drug Policy Alliance.
21 Whoever wants to lead, yeah. We're ready.

22 JORDAN ROSENTHAL: There we go. Okay, so
23 Boom Health is a community-based non-profit in the
24 Bronx and we are a harm reduction facility
25 specifically the location in the South Bronx is a

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2 harm reduction center which would be a place where we
3 would like to see safer consumption spaces.

4 Basically, I'm going to just jump right in, the
5 everyday reality for individuals experience addiction
6 in housing and stability is not easy. For many of
7 them their primary focus is survival and they're
8 constantly facing stigma and being ostracized by
9 society, this is really damaging to our self esteem
10 and kind of fuels someone's feelings for wanting to
11 numb the pain. Studies have shown that individuals
12 with drug use disorders are at an increased risk of
13 homelessness and homelessness has been linked to
14 subsequent increases of drug use including injection
15 related risk behaviors. Earlier we kept on hearing
16 how people were using drugs and that's what made them
17 homeless, that's not always the case, sometimes
18 people are homeless and because they're in
19 desperation they turn to drugs, it's not a one-sided
20 situation. Researchers in Boston and Philadelphia
21 have conducted large scale studies that have shown
22 housing instabilities already a major risk factor in
23 death and then adding drug overdose on top of that
24 its making them even more vulnerable. One of the
25 greatest predictors of death is unobserved overdose

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2 and individuals who are street homeless are at
3 greatest risk because they're forced to use in these
4 public and semi-public spaces. A survey conducted by
5 the injection drug user's health alliance, IDUHA,
6 found that individuals who are street homeless were
7 9.2 times more likely to report injecting drugs in a
8 street or park and 8.2 times more likely to inject in
9 a public bathroom. This survey also found that those
10 who inject in public and semi-public spaces are twice
11 as likely to have overdosed in the past year compared
12 to those injecting in private residences and harm
13 reduction participants who reported injecting in
14 public spaces were 62 percent more likely to have
15 witnessed an overdose in the past year. We had a lot
16 of conversation before hearing from people about
17 connecting individuals who are in shelter with
18 services, we need to be connecting people who are
19 living out on the street with services. These are
20 people who come to places like the Boom Health drop
21 in center every day. This is where they have those
22 relationships, we've heard also that when people are
23 ready for treatment and ready to go into recovery its
24 on their time to find it's not on ours, having these
25 places where you already build that relationship and

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2 repertoire and they're coming in its easier to
3 connect people to services, this is their daily
4 community or... this is their family. It just makes
5 sense to implement safer consumption spaces because
6 these are where the best relationships and the
7 strongest relationships are, these are where people
8 go to not feel judged. Staff and harm reduction are
9 trained to meet people where they are in a non-
10 judgmental and non-cohesive manner, we can't force
11 people into treatment, we have to meet them on their
12 terms and that means having that constant
13 relationship and there's no way to really have that
14 unless we have safer consumption spaces. I kind of
15 was going on for a lot of this but you know what I'm
16 just going guild my time because we've had a really
17 long day so thank you so much for your time and
18 support and Kassandra's going to take us home.

19 KASSANDRA FREDERIQUE: So, Kassandra
20 Frederique, Drug Policy Alliance, the State Director
21 for New York. Thank you so much for having us here.
22 Obviously, we support safer consumption spaces but
23 I'm also going to talk about some of the other issues
24 that I think are important. So, access to permanent
25 and affordable housing is a critical component of

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2 maintaining housing stability of people actively
3 engaged in drug use and those in recovery.

4 Homelessness and unstable, unstable housing often
5 concur with substance use disorder. Indeed, drug use
6 can contribute to homelessness as a result of
7 policies and practices that force people who use
8 drugs out of their homes. Alternative forms of

9 transitional or supportive housing have emerged to
10 meet the needs of people who use drugs and who

11 experience chronic homelessness. However, several of
12 those... some of those program mandate low threshold...

13 sorry, some of those programs mandate abstinence as a
14 condition of housing, those who cannot comply find
15 themselves homeless again. In particular while

16 Governor Cuomo has committed ten billion dollars to
17 affordable housing units throughout the state and

18 Mayor De Blasio has pledged to create 15,000 units of
19 supportive housing over the next 15 years homeless

20 single adults with a substance use disorder cannot
21 access this housing unless they complete a course of

22 treatment and demonstrate that they need housing to
23 sustain abstinence. If we know people need to be

24 housed then we should house people, we don't need to
25 give people additional barriers to meet what we feel

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2 is necessary for them to be housed. Further those who
3 are in recovery and lack housing are vulnerable to
4 exploitation in the form of unregulated three-quarter
5 housing which has proliferated in the absence of
6 permanent housing to meet the growing need of New
7 York's homeless population. Three quarter housing are
8 privately operated, for-profit family homes or
9 apartment buildings that rent beds to single adults
10 and were developed in New York City to contend with
11 the housing shortages particularly for vulnerable
12 residents. Exploitative and dangerous housing
13 practices within the three-quarter housing units is
14 widespread and well documented. In order to maximize
15 profits property owners pack tenants into small rooms
16 far exceeding the appropriate occupancy, routine
17 maintenance is neglected, and the units are often
18 plagued by infestation of bed bugs and vermin. So,
19 this is... goes to the fact that people that use drugs
20 deserve dignity and respect and the housing should
21 reflect that as well and often times because this
22 market is very unregulated it leads people to going
23 back out on the street and being unsheltered when
24 they might have had housing. Without access to stable
25 housing people who use drugs can find themselves

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2 caught in the cycle of repeat incarceration and

3 dependency on emergency medical services. Without

4 significant reform of housing policy both within the

5 public and private sector we will continue to be

6 stuck in a vicious cycle, people who use drugs cannot

7 secure housing because of their substance use and yet

8 without housing they will not be able to adequately

9 address the risk or harms of their substance use. So,

10 some things that I think would be super helpful that

11 we have not talked about already is support the

12 housing needs of people just released from jail or

13 prison, increase access to low barrier supportive

14 housing and end reliance on three quarter housing and

15 shelters, support the housing needs of people

16 discharged from Oasis in patient treatment

17 facilities, these are all things that haven't been

18 brought up before in addition to safer consumption

19 spaces but some of the things that I wanted to talk

20 about is when we talk about people have use, used the

21 term interchangeably supervised injection facilities

22 and safer consumption, we use safer consumption

23 because people use drugs... more drugs than just

24 opioids so people that are using heroine are also

25 smoking crack and if we're going to create a place

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2 where people can use drugs under medical supervision
3 we should leave the room open for people to use other
4 drugs outside of intravenous drug use... drugs. So,
5 that's super important and then I think what's also
6 really important for us to continue to educate is
7 that law enforcement doesn't equal safety and I think
8 that has been a conversation that we've had multiple
9 times, so I'm really disturbed to hear that people
10 are getting searched as they enter into our homeless
11 shelters. I recognize that there's a conversation
12 around safety and I think we can achieve that with
13 cooperation of people that are in those services,
14 service providers without needing law enforcement
15 because if we want people to use shelters we can't
16 increase another barrier for them to feel like this
17 is not a place that they can enter.

18 COUNCIL MEMBER AYALA: I, I think that,
19 that... no, I, I completely agree, it's a... its, its
20 very... its tricky, right... [cross-talk]

21 KASSANDRA FREDERIQUE: Uh-huh... [cross-
22 talk]

23 COUNCIL MEMBER AYALA: We've had
24 incidences, I know in my district where we had a, a
25 gentleman that was murdered... [cross-talk]

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2 KASSANDRA FREDERIQUE: Yeah... [cross-talk]

3 COUNCIL MEMBER AYALA: ...at, at one of our
4 sites and so I think that kind of precipitated that
5 conversation about law enforcement in the shelters
6 and so you, you want to kind of balance the two out
7 but I am actually a fan of yours Cassandra, I've seen
8 you in action talking about the, the safe injection
9 facilities and I appreciate, you know the support, I
10 think that there's a lot of stigma around those as
11 well... [cross-talk]

12 KASSANDRA FREDERIQUE: Yeah... [cross-talk]

13 COUNCIL MEMBER AYALA: ...and so there's a
14 lot of fear, I know in my community about introducing
15 yet another program... [cross-talk]

16 KASSANDRA FREDERIQUE: Uh-huh... [cross-
17 talk]

18 COUNCIL MEMBER AYALA: ...because its... you
19 know it... [cross-talk]

20 KASSANDRA FREDERIQUE: Yeah... [cross-talk]

21 COUNCIL MEMBER AYALA: ...considered
22 another program so I, I, I don't know that, you know
23 the idea of, you know creating a new facility as
24 opposed to maybe enhancing the services in existing,
25 you know programs is, is... I think is a better option,

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2 I think it's something that people can kind of live
3 with while, while we pilot this and show, you know in
4 numbers that is an effective method of treatment, but
5 I thank you also for cheerleading in the back, I saw
6 you.

7 KASSANDRA FREDERIQUE: Yeah, well, well I
8 would say that that's mostly what we've been
9 advocating for is to let people that are already
10 working with people use drugs to enhance their
11 services to do it so that we're not... I don't think we
12 should eliminate the option of creating new
13 standalone spaces, but I think because the numbers
14 are so high and we... [cross-talk]

15 COUNCIL MEMBER AYALA: Yes... [cross-talk]

16 KASSANDRA FREDERIQUE: ...need to get this
17 up and running that we should work with the people
18 that are doing that... [cross-talk]

19 COUNCIL MEMBER AYALA: That are doing the
20 work... [cross-talk]

21 KASSANDRA FREDERIQUE: ...the homeless
22 shelters, syringe exchanges, Methadone clinics.

23 JORDAN ROSENTHAL: We actually have a
24 mock SIF in our harm reduction center... [cross-talk]

25 KASSANDRA FREDERIQUE: Yeah... [cross-talk]

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2 JORDAN ROSENTHAL: ...and its in a room
3 like its ready to go, we want to start using it and
4 even put more in there and the idea is to have them
5 in harm reduction centers so you're not like creating
6 extra infrastructure, its seamless, no one would
7 really know the difference except the people who are
8 utilizing the services... [cross-talk]

9 KASSANDRA FREDERIQUE: Right... [cross-
10 talk]

11 JORDAN ROSENTHAL: ...and going back to
12 what we were saying before the importance of
13 wraparound services. In the facility that I work in
14 not only can people take a shower, three hot meals a
15 day, wash their clothes they can see a doctor, get
16 their meds filled and go to therapy, not like therapy
17 but like support groups, you know so the idea of
18 having that all in one space is so important.

19 KASSANDRA FREDERIQUE: Yeah, I would
20 strongly suggest that the council visit Boom Health
21 to see what it looks like.

22 COUNCIL MEMBER AYALA: No, I, I plan to
23 visit it, it's in my district.

24 JORDAN ROSENTHAL: Yeah, try to get
25 Salamanca to come too.

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1
2 KASSANDRA FREDERIQUE: One of the things...
3 one of the things that I would also say that I
4 didn't... I ran out of time was that when we're talking
5 about the homeless population often times when we're
6 talking about the opioid crisis we are not talking
7 about pregnant women and we're not... or pregnant
8 people and we're not talking about people with
9 children so often times those two conditions being a
10 parent and expecting eliminate them from the
11 conversation around harm reduction because people
12 have very strong feelings and I think the... that the
13 science and the evidence is on our side when we say
14 that we cannot not deal with people that are
15 parenting and that our support... that there are
16 distinct supports that those people need, those that
17 have children and those that are pregnant at the time
18 to access services and that's something that I don't
19 think our shelters have really wrapped their heads
20 around in terms to this particular population.

21 COUNCIL MEMBER AYALA: Good point, that's
22 why I'm a fan you see...

23 JORDAN ROSENTHAL: Yeah and... [cross-talk]

24 KASSANDRA FREDERIQUE: Oh sorry... [cross-
25 talk]

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2 JORDAN ROSENTHAL: I was going to say I
3 actually used to live in Seattle and there are low
4 barrier shelters there and although drugs are not
5 included in technically low barrier shelters and its
6 more so alcohol, drugs are used and the outcomes of
7 those spaces are so dramatic and that people can
8 actually when they're ready for recovery its there
9 and they're not like pretty fun places to be, its not
10 you know lavish, you walk in, in the front... like the
11 first floor and a stench hits you, do you know what I
12 mean but like its, it works, there's no reason for us
13 not to be having them here. Seattle's not that
14 progressive, we're more progressive than that like we
15 need to show them.

16 KASSANDRA FREDERIQUE: And I just... sorry,
17 I'm just... I wrote down your questions that you were
18 asking other people and so I just want to give you
19 the answer. So, I think you asked about public
20 education and I think that you're absolutely right,
21 we talk to the people that already know what we're
22 talking about and I think part of that responsibility
23 is not on the service providers I think part of it is
24 also on elected and I think one of the things that
25 we've done is do borough wide delegations to do

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2 information and to talk to elected about how to move
3 the conversation within communities so doing Town
4 Halls or doing knock on doors, we're working
5 currently on a house party model where that
6 grandmother she like calls you and is like we want to
7 talk about overdose because I think my son is using
8 that you could call like active... advocates in New
9 York and be like... and we could do like a Tupperware...
10 I don't know if people remember that but Tupperware
11 or Avon parties where we can come and talk to them
12 and let them know where they can find like Methadone
13 or Buprenorphine or where a harm reduction agency is
14 or where an abstinence only recovery treatment
15 facility is and that's something that we're willing
16 to work with the council on. We... last... two years ago
17 we did a harm reduction tour where we invited your
18 colleagues to the different boroughs where we talked
19 about harm reduction and ways that they could take
20 advantage of advocates, it was not that well attended
21 by council members, but we're open to doing it again
22 but only if people are going to show up. So, that's
23 super important and you can also ask Healing NYC to
24 give the 70 million dollars that they gave to NYPD to
25 invest in public education and then lastly your point

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1
2 that... Council Member about race and the opioid crisis
3 is one that I've been talking about since 2014 and
4 the thing is, is that its very true and that its part
5 of the reason why when I consistently go to the
6 community events that you've seen me at and people
7 will always say like we are only here because white
8 people are dying and the thing that I consistently
9 say as a black woman that... a black Haitian woman that
10 grew up here in New York City is that we can't throw
11 the baby out with the bathwater because what you
12 heard Gary Belkin say is that overdose went up 85
13 percent among black New Yorkers and in 2015 in the
14 Bronx it went up 51 percent among Latinos and so I
15 think part of the conversation is that the media is
16 shaping the way that we see this and I think we talk
17 about it a lot but you know we're like little
18 activists that people swat down and so I think for us
19 we're really interested in seeing elected officials
20 of color have this conversation, elected officials of
21 color need to increase their capacity in education
22 around harm reduction and overdose especially when we
23 think about who were the elected that took the
24 biggest risk when we were in the HIV/AIDS crisis, it
25 was Mayor Dinkins that opened a syringe exchange and

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1 bowed to the pressure after all this stuff but I was
2 Mayor Dinkins, it was Almont, it was Joyce Rivera
3 like there's such a strong history of Puerto Rican
4 harm reductionists in New York City that pushed us to
5 this place, there... you know when you're thinking
6 about in the Bronx Lincoln Hospital how the young
7 lords and the black panthers took it over in the
8 heroine crisis in the 50's, 60's, and 70's to give
9 people access to detox, right, to do acupuncture, to
10 give people supports like this is our history and I
11 think... I think that this a moment for us to do
12 multiracial organizing but I also think it's an
13 opportunity for us to disrupt the way that the drug
14 war has been shaped and that's why it's so important
15 for us to move from having conversations solely about
16 opioids and also talking about stimulants because
17 people are still using crack and we're not having
18 that conversation and we're not building the capacity
19 for compassion for people that use other drugs that
20 are not over... all over the newspapers right now. And
21 I'm very open to working with the council to have
22 that conversation and curating that. If you go to our
23 website, [www dot color of pain dot org](http://www.dolorofpain.org) we've already
24 launched a campaign on that and we held a conference
25

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2 in 2016 called White Faces Black Lives, Race
3 Reparative Justice in the era of the War on Drugs.

4 COUNCIL MEMBER AYALA: Thank you so much
5 Kassandra and I, I... listen, I volunteer my, myself
6 and district, you know if you want to pilot something
7 there, you want to start a movement, I mean I'm known
8 as the K2 lady in my district and it was really
9 because is coerced DOHMH into creating this ugly
10 flyer for me that I went from meeting to meeting, you
11 know educating my community about and so it didn't
12 matter that it was in the trains, I mean it's nice... I
13 don't take the train, you know and so I... [cross-talk]

14 KASSANDRA FREDERIQUE: Yeah, people
15 walking... [cross-talk]

16 COUNCIL MEMBER AYALA: ...and so I never
17 see it... [cross-talk]

18 KASSANDRA FREDERIQUE: Yeah... [cross-talk]

19 COUNCIL MEMBER AYALA: ...why aren't we, we
20 are putting it at the local clinic, right, where you
21 know... [cross-talk]

22 KASSANDRA FREDERIQUE: The Bodega like...
23 [cross-talk]

24 COUNCIL MEMBER AYALA: ...people are
25 standing there and the bodega and the pharmacies, I

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2 mean in, in practical locations and so... that's really
3 where, you know... [cross-talk]

4 KASSANDRA FREDERIQUE: The laundromat...
5 [cross-talk]

6 COUNCIL MEMBER AYALA: ...I was trying to
7 kind of steer that conversation... [cross-talk]

8 KASSANDRA FREDERIQUE: Where people go,
9 the supermarket... [cross-talk]

10 COUNCIL MEMBER AYALA: That's right...
11 that's right and so you know I appreciate that and
12 again you know I would love to work with you to kind
13 of you know maybe start some of that work, you know
14 in my district... [cross-talk]

15 KASSANDRA FREDERIQUE: Yeah... [cross-talk]

16 COUNCIL MEMBER AYALA: ...where I know that
17 we have some of the highest numbers of opioid use
18 both in East Harlem and the South Bronx and to see
19 how we, you know reshape the way that we provide
20 services and our thinking outside of the box and
21 also, you know educating the community on the
22 importance of having these injection facilities.

23 KASSANDRA FREDERIQUE: Yeah and we'd love
24 to talk to you about... [cross-talk]

25 COUNCIL MEMBER AYALA: Okay... [cross-talk]

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2 KASSANDRA FREDERIQUE: ...Methadone because
3 I know that's a big issue... [cross-talk]

4 COUNCIL MEMBER AYALA: Perfect... [cross-
5 talk]

6 KASSANDRA FREDERIQUE: ...for you.

7 COUNCIL MEMBER AYALA: Thank you.

8 JORDAN ROSENTHAL: Thank you.

9 CHAIRPERSON LEVIN: Thank you both for
10 that amazing testimony, no, no you can... go here. So,
11 I want to thank everybody for, for, for being here
12 for staying for so long, I want to... I want... I forgot
13 to acknowledge Lynn Schulman who was... who was helpful
14 also in preparing for this hearing today. I want to
15 thank our Sergeants at Arms for, for, for putting
16 this altogether and for being here for four hours and
17 all committee staff that worked on this and, and
18 lastly, I want to give a congratulation to my Co-
19 chair Council Member Diana Ayala for her first
20 hearing, chairing here in the New York City Council
21 so congratulations...

22 [applause]

23 COUNCIL MEMBER AYALA: Thank you... [cross-
24 talk]

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2 CHAIRPERSON LEVIN: ...to Diana and you can
3 gavel out, you got to gavel.

4 COUNCIL MEMBER AYALA: Oh, oh.

5 [gavel]

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C E R T I F I C A T E

World Wide Dictation certifies that the foregoing transcript is a true and accurate record of the proceedings. We further certify that there is no relation to any of the parties to this action by blood or marriage, and that there is interest in the outcome of this matter.



Date

March 14, 2018