CITY COUNCIL
CITY OF NEW YORK

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TRANSCRIPT OF THE MINUTES

Of the

COMMITTEE ON EDUCATION JOINTLY WITH COMMITTEE ON HEALTH AND COMMITTEE ON WOMEN'S ISSUES

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October 27, 2015 Start: 11:22 a.m. Recess: 04:10 p.m.

HELD AT: Council Chambers - City Hall

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CHAIRPERSON DROMM: Okay good morning everyone and welcome to this joint hearing of the Education, Health, and Women's Issues Committee on sex education in New York City schools. Today we will hear testimony on three bills; Intro 952 sponsored by Council Member Laurie Cumbo, Intro number 957 sponsored by Council Member Vanessa Gibson, and Intro number 771 sponsored by Council Member Corey Johnson. I'll talk more about these bills shortly after some opening remarks. And then we'll move on to hear about my co-chairs. Sex education was first introduced in the New York City school system in 1967 when the Board of Education initiated the family living including sex education program as an elective for grades pre-k to 12. In 1987 New York state mandated that HIV/AIDs curriculum be taught in grades K to 12 in all public schools. It is important to note that both of these initiatives included all grades from K to 12 especially since the DOE's 2011 sex education mandate only included middle and high schools, not elementary schools. At present New York City public schools, middle schools and high schools are

required to provide one semester of daily health 2 3 education including the mandatory sex education 4 component which must be taught by a certified health education teacher. Ever since sex education was first introduced in the city's school's 6 7 implementation has been a problem. Some schools 8 fail to incorporate instruction in sex education because they lacked trained staff or felt they didn't have enough time given the emphasis on 10 11 English and math and preparation for standardized tests. In other cases, the content of sexual health 12 13 education was strictly limited based on local community values. For example, in community school 14 15 district 24 in Queens where I taught the school 16 board closely regulated what could be taught as 17 part of the sexual health education. Going so far 18 as to actually ban the use of four specific words; abortion, birth control, masturbation, and 19 20 homosexuality. While we've come a long way from the 21 four forbidden words and we're grateful that the 2.2 DOE is mandating that sex education be included as 2.3 part of comprehensive health education in middle and high school's implementation of this mandate is 24 25 still problematic. We've heard from advocates that

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many schools are not fully meeting sex education 2 3 requirements. Even when schools do teach sex education it's often not offered until 12th grade 4 in high schools contrary to the DOE's strong recommendation that health instruction take place 6 in 9th or 10th grade when it would be of greater use 7 as a preventative tool. In today's world it is 8 essential that New York City schools provide students with age appropriate information on sexual 10 11 health starting in elementary school. Between television, movies, and the internet children are 12 13 exposed to more sex related content than ever before. In this information age kids need a safe 14 15 space to discuss all these issues and to separate 16 fact from misinformation. It is also critical that 17 the curriculum be LGBT inclusive covering such 18 issues as sexual orientation and gender identity. Providing such LGBT inclusive curriculum could go a 19 long way towards preventing bullying and harassment 20 21 of lesbian, gay, bisexual, and transgender students and teachers like the harassment that I experienced 2.2 2.3 when I came out as an openly gay teacher. Today's hearing will provide an opportunity to review the 24

DOE's current policies and programs on sex

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education as well as any planned changes. The 2 3 committees also look forward to hearing the 4 concerns and recommendations of parents, students, educators, advocates, CEC members, and other stakeholders on this issue. As I stated earlier we 6 7 will also hear testimony on Intro number 952, Intro 8 957, and Intro 9... and Intro 771 today. Intro 952 would require the DOE to submit to the council and post on the DOE's website an annual report starting 10 on December 1st of 2016 with data on comprehensive 11 12 health education in New York City schools. The bill 13 would require DOE to report information on the number and percentage of students who have 14 15 completed mandatory comprehensive health education as well as the requisite number of lessons in 16 17 HIV/AIDS education. The bill would also require 18 information regarding how DOE tracks compliance 19 with a comprehensive health education and HIV/AIDS 20 education requirements, how health education 21 curriculum is evaluated, and the percentage of 2.2 visits to a school nurse or guidance counsellor by 2.3 students in grades six to 12 where reproductive health information is sought. Intro number 957 24

would require the DOE to submit to the council and

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post on the DOE's website an annual report starting 2 on February 15th, 2016 with data on numbers of 3 health instructors and certified health instructors 4 in New York City schools. The bill would also require information regarding the total number and 6 7 percentage of such instructors who received professional development provided by the department 8 on sexual health education in the prior school year and the number of training sessions they attended. 10 11 Intro number 771 would require the DOE to submit to the council an annual report by November 1st of 12 13 each year with data on provision of health services of public schools during the previous school year. 14 15 Among the information required to be included in 16 this report would be a breakdown of full and part 17 time nurses available at schools, the number of 18 health related encounters between students and nurses other than mandatory screenings, the number 19 of referrals for urgent health services via 9-1-1 20 calls, the number of health screenings, the amount 21 2.2 of medication ordered, the number of case 2.3 management meetings, the number of students with reported special need care... special health care 24

needs, and the number of school based health

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clinics. I would like to remind everyone who wishes to testify today that you must fill out a witness slip which is located at the desk of the Sergeant at Arms near the front of this room. If you wish to testify on Intro 952, Intro 957, or Intro 771 please indicate on the witness slip whether you are here to testify in favor or in opposition of the bills. I also want to point out that we will not be voting on these bills today as this is just the first hearing. To allow as many people to testify as possible testimony will be limited to 3:00 per person. And I want to note that all witnesses will be sworn in before testifying. And now I'd like to turn the floor over to my colleague Laurie Cumbo.

my colleague Council Member Danny Dromm as well as my colleague Council Member Corey Johnson. Good morning, I am Council Member Laurie Cumbo, chair of the Committee on Women's Issues. I'd like to thank my co-chairs Council Member Danny Dromm as well as Council Member Corey Johnson for working with me to bring this very important discussion forward. It is certainly an idea whose time has come. And this has been a hearing that's been very long awaited by

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myself and many other colleagues. And so I'm so 2 3 happy that we were able to do this today. I want to 4 thank those of you that were able to join us on the steps of City Hall for our press conference. It was incredible to hear the testimony of so many of the 6 7 advocates around this very important issue. We were also joined by Michael Chaskes the Director of 8 Public Affairs and Policy at the Gay Men's Health Center. And I want to thank all of the advocates 10 11 that came because you are the ones who are doing 12 this work and your voice has been silenced for far 13 too long. We teach our young people a number of things during the school day. While formal learning 14 15 takes place in the classroom so does relationship 16 development and informal group thinking and what's 17 normal and what's accepted. Unfortunately, there's 18 a lack of information and a lot of in... misinformation that also goes on. Many of us 19 20 remember growing up that so much of this 21 information was found in the streets. And it's so 2.2 important that we make sure that it's our 2.3 responsibility as adults to take hold of that information. Comprehensive sex education can 24

address all of the ways in which young people

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develop. It could give them the basic tools to 2 3 understand their bodies and most important 4 decisions about their sexuality and health. Talking about reproductive health should not be confused with an initiation to begin to having sex. This is 6 7 a conversation that we are beginning to make sure that young people are empowered with all of the 8 information that they need to make the most educated decision about their body as well as that 10 11 of their partner. It could teach options for young 12 people to respond to stress and learn what's 13 acceptable in a healthy relationship. Young people need to be given the tools to make informed 14 15 decisions about their health and wellbeing. After 16 all some of these decisions that our young people 17 are making are impacting their entire adult life. So many of these decisions you cannot turn the 18 hands of time back on. As chair of the Women's 19 Issues Committee I have particular concerns 20 surrounding certain issues including teen 21 2.2 pregnancy, intimate partner violence, and assisting 2.3 young women who might be at risk and from underserved communities. Comprehensive sexual 24

education is needed now more than ever. According

to the American Academy of Pediatrics kids are 2 3 starting to date if you can believe that earlier 4 than ever than before with the average age of 12 and a half for girls and 13 and a half for boys. 5 While arguments can be made about age 6 7 appropriateness let's be frank, the truth is it's 8 happening. And without honest dialogues and fact based curriculums our children might not be equipped to handle what's next. We need to equip 10 11 and empower our people, our young people with 12 knowledge and not wait until it's too late to turn 13 back the hands of time. Although teenage pregnancies are declining overall teens in the 14 15 highest poverty neighborhoods are more likely to 16 become pregnant compared with teens in the lowest 17 poverty neighborhoods. About nine in 10 pregnancies 18 in New York City are unintended. There are over 17,000 teenage pregnancies that happen every single 19 20 year. But today in 2015 is not like it was at a 21 certain time. When a young person decides that they 2.2 want to make the decision to have a child in their 2.3 teenage years it is our responsibility to give them all of the guidance and the support and the 24 25 resources that they need to carry through their

position. We can no longer continue to ostracize 2 3 and force young people to keep their pregnancies 4 silent in that way. Teenage mothers have greater challenges as it pertains to obtaining their high school and college degrees as well as their ability 6 7 to raise their children outside of poverty. We need to give them all of the resources so that they can 8 make the best decisions about their reproductive health as well as that of their partner. 10 11 Additionally, dating violence statistics are discerning. According to the 2011 New York City 12 13 high school youth risk behavior survey in New York City 10.4 percent of male and female high students 14 15 reported being hit, slapped, or physically hurt on 16 purpose by a boyfriend or a girlfriend within the 17 past year. Unhealthy relationships have long term 18 and negative effects on emotional and physical wellbeing. Excuse me. [coughs] Quality education 19 that teaches healthy boundaries is essential. Today 20 we hope to hear from young women and men and 21 2.2 organizations that provide services to assist them 2.3 to help us understand the importance of providing options that enable girls and boys to have healthy 24 25 and empowered futures. I would also like to point

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out that we will be addressing a bill that I 2 3 introduced along with Council Member Ben Kallos; 4 Intro number 952. This bill would require the New York City Department of Education to report 5 annually information regarding school compliance 6 7 with state regulations governing comprehensive health education and HIV/AIDS education for 8 students in grades six through 12. Although HIV/AIDS education has been required since 1987 10 11 today we have no real sense of what the status is 12 on New York City's implementation. And this issue 13 was far too important for us to ignore. We can't afford to ignore this issue. The information that 14 15 my bill would mandate will assist us in moving forward to ensure that schools are held 16 17 accountable. I look forward to hearing about what 18 the Department of Education is doing with regard to 19 sex education and reproductive health. And about 20 what more can be done to ensure that our young 21 people get the appropriate information they need to make responsible decisions when it comes to their 2.2 2.3 sexual lives and their overall wellbeing. I want to thank again Council Member Danny Dromm as well as 24

Council Member Corey Johnson as well as all of

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those that are introducing bills today. This is an important hearing. This is so important for our young people. And I'm so glad that so many of you have joined us here today to have your voice heard. I hope that this conversation will resound all throughout the nation and all throughout the world because New York City must be at the forefront of making this an issue that impacts the lives of our young people. Thank you.

CHAIRPERSON DROMM: Thank you very much.

And now Council Member Corey Johnson would like to
make an opening remark.

COUNCIL MEMBER JOHNSON: Good morning.

Thank you Chair Dromm. I'm Corey Johnson, Chair of the Council's Committee on Health. I'd like to thank my co-chairs for holding this hearing today;

Council Members Dromm and Council Members Cumbo and for their leadership on the important issue of sex education in our schools. The health benefits of comprehensive sex education for students are well documented. Sex ed has been shown to reduce the incidence of teenage pregnancy, increase the use of condoms and contraception once teens become sexually active and reduce the infection rate of

sexually transmitted diseases. Given these benefits 2 3 it is no surprise that comprehensive 4 developmentally appropriate sex education is 5 endorsed by leading national health and education organizations like the American Medical Association 6 7 and the American Academy of Pediatrics. We have seen some support for sex education from the 8 Department of Education in recent years. Most notably the 2011 mandate from then Chancellor 10 11 Walcott that schools teach a semester of sex education in both 6th or 7th and 9th or 10th grades. 12 13 The sex ed mandate can be included in the school's existing health education classes. While this 14 15 mandate could go further in requiring age 16 appropriate sex ed throughout a child's schooling 17 as a first step I believe the department must track 18 whether even the current mandate is being followed by schools. Introduction 957 by Council Member 19 20 Gibson would be a good step in this direction. 21 We're also hearing two bills today on the broader 2.2 topic of health resource and education in our 2.3 schools. Introduction number 952 by Council Members Cumbo and Kallos and a bill that I introduced 24 Introduction 711. I cannot overstate the importance 25

of educating our young people on physical and 2 3 mental health and ensuring that services are 4 available for them at our schools. I'd like to close with a thought on council mandated reporting requirements. Two of the city council's key goals 6 7 in our city government are legislation and oversight. The legislative process is well 8 understood. And we typically have the information we need or the ability to get it to legislate 10 11 effectively. Parties that might be affected by 12 legislation are generally willing to give us 13 information to assist our decision making. Indeed, when entities in or outside of the government 14 15 perceive that legislation could affect their interest there are real incentives to provide us 16 with the information that we need. Effective 17 18 oversight depends even more on good information. And yet we are less able to get the facts we need 19 when it comes to oversight as opposed to 20 legislation. One way of accounting for this 21 2.2 disparity is by using our legislative power to 2.3 bolster our ability to conduct effective oversight. That is our charter mandated responsibility. We do 24 25 that by legislating that information be provided to

requires

2	us. That doesn't mean that every bill that re
3	reporting is perfect or that every potential
1	reporting bill requirement will always be wo
5	burden. But I believe that when we discuss
ĵ.	reporting requirements this is the framework
7	should use to evaluate whether or not it is
)	worthshile Defere I hand it had aver to Ch

worth the rk we S worthwhile. Before I hand it back over to Chair Dromm I just want to say I think this is a very important hearing as we heard from the previous chairs. And just personally as one of six LGBT members of this council and as someone who is HIV positive I know how important it is to actually talk about these issues openly and honestly and without shame. And that is important for adults but it is as equally as important for young people to understand there should be no shame in talking about these issues to be able to ask difficult questions and to be able to be armed with the tools and facts that can guide them to better sexual and reproductive health. Thank you very much Chair Dromm.

CHAIRPERSON DROMM: Thank you Council Member Johnson. Now I'd like to ask Council Member

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Vanessa Gibson to give an opening statement on
Intro number 957.

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COUNCIL MEMBER GIBSON: Thank you very much Chair Danny Dromm. And good morning to each and every one of you. Thank you for being here at this very important hearing. Thank you to the cochairs of this hearing, co-chair Council Member Laurie Cumbo and Council Member Corey Johnson. It's truly a privilege to be here and to be the prime sponsor of Intro 957. I am thankful for the opportunity to talk about important legislation that will truly bring transparency to the level of education and op... optional professional development that's obtained by our educators who teach sexual health education in our New York City public schools. The bill I have introduced, 957 would require the Department of Education to report on the number of full time and part time sex education instructors who are certified sexual health instructors and the number of full and part time instructors who have taken the department's optional professional development courses in this subject area. Our city has recognized the importance of sexual health education and has since

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the academic year 2011/2012 has mandated that all 2 3 public school students take a semester of sex ed in 4 both middle and high school. Conversations around sexual health can be extremely sensitive especially with our teenagers. But it is truly essential that 6 7 all of our teachers are knowledgeable, experienced, and prepared to discuss what can be a very 8 difficult subject. Despite the mandate that educators have in teaching these subjects we do not 10 11 have a standard curriculum and are not required to 12 obtain certification. The Department of Ed provides 13 optional professional development. But whether or 14 not someone chooses to take that is not tracked nor 15 is there a follow-up. Sexual health education saves 16 lives and it is imperative that all of our young 17 people have equal access to well informed and 18 experienced teachers. Intro 957 would require the Department of Ed to report on the number of 19 20 teachers who are certified in sexual health education and also the number of teachers who have 21 taken the optional DOE professional development 2.2 2.3 courses in teaching sexual health. Simply put the quality of our student's sex ed and health outcomes 24

are too important to be determined by the level of

2 instruction that their teacher chooses to obtain.
3 With this important information we can begin to

4 better evaluate and understand the sex education

5 mandate and improve sexual health education for all

6 of our young people. I am thankful that we have the

7 administration here looking forward to a very

8 productive conversation. And thank you to our co-

9 chairs Danny Dromm, Laurie Cumbo, and Corey Johnson

10 for convening this very important hearing today.

11 And I look forward to having a very fruitful

12 discussion. Thank you Chair Dromm.

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CHAIRPERSON DROMM: Thank you very much
Council Member Gibson. And we're going to switch
back to the vote in a moment but let me announce
who's joined us today, what council members are
here. And I'm going to start over with Council
Member Inez Barron from Brooklyn, Council Member
Corey Johnson who's been introduced, Council Member
Andy King from the Bronx, Council Member Peter Koo
from Queens, Council Member Chaim Deutsch from
Brooklyn, Council Member Vanessa Gibson again,
Council Member Mathieu Eugene from Brooklyn,
Council Member Karen Koslowitz from Queens, Council
Member Debbie Rose from Staten Island, Council

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Member Margaret Chin from Manhattan, Council Member Laurie Cumbo again, Council Member Mark Levine as well. And I hope I got everybody. Alright and with that I'm just going to switch back to the vote and allow two council members to vote. So we're going to take one moment to do that.

[pause]

CHAIRPERSON DROMM: Alright thank you.

We're now we're back to the hearing on sex
education. And I want to say that we've been joined
again by Council Member Elizabeth Crowley. And with
that I'm going to ask Roger Platt from the DO Each...
from the DOE, Department of Health and Mental
Health, Office of School Health, Lindsey Harr
Office of School Wellness Program from the DOE and
Katie Hansen from the Office of Academic Policy in
the DOE to raise your right hands. And do you
solemnly swear to tell the truth, the whole truth,
and nothing but the truth, and to answer Council
Member questions honestly? Okay and who'd like to
start? Doctor Platt? Thank you.

DOCTOR PLATT: Good morning Chairs

Dromm, Cumbo and Johnson and all the members of the

Education, Women's Issues, and Health Committees

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here today. I am Doctor Roger Platt, Chief 2 3 Executive Officer for the Office of School Health. 4 Joining me are Lindsey Harr Executive Director of the School Wellness Programs in the Office of School Health and Katie Hansen Senior Director of 6 the Office of Academic Policy and Systems within 7 DOE's Division of Teaching and Learning. We 8 appreciate the opportunity to discuss our work to expand sexual health services and education 10 11 available to our students and support sexual health instruction as part of comprehensive health 12 13 education in New York City and to comment on intros number 771, 952 and 957. The Office of School 14 15 Health, OSH, is a joint program of the New York 16 City Department of Education and the New York City 17 Department of Health and Mental Hygiene and was 18 created to support the physical and emotional 19 health and academic growth of all students to a 20 comprehensive offering of integrated supports and 21 services. The most recent data on New York City teams indicates that by $9^{\rm th}$ grade one out of four 2.2 2.3 students has had sex and by high school graduation 60 percent of students report being sexually 24

active. Each year more than 4,000 females under the

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age of 18 become mothers or terminate a pregnancy. 2 3 Almost all of these pregnancies are unintended. To 4 provide New York City teens with the information, support, and tools they need to make healthy 5 decisions, have healthy relationships, and prevent 6 7 unwanted pregnancies the Office of School Health has developed a comprehensive set of resources and 8 services including support for middle and high school instruction on sexual health and direct 10 11 reproductive health services in school settings. Currently there are 142 school based health centers 12 13 serving over 200,000 New York City students. 2008 with the support of a private donor we launched the 14 15 New York... the school based health center 16 reproductive health project to reduce unintended 17 teen pregnancy among New York City public high 18 school students. Providing reproductive health 19 services in school based health centers including 20 on site contraception, distribution, and long 21 acting reversible contraception allows for easy access to these services and increases utilization 2.2 2.3 by teams. Today 60 of the 71 school based health centers serving high school students participate in 24

this program. In an effect to reach students in

schools not served by school based health centers 2 3 with reproductive health services we developed an 4 on-site reproductive health program called connecting adolescence to comprehensive health care or CACH. While not a full service school based 6 7 clinic free and confidential services are provided by Office of School Health Staff including school 8 nurses, physicians, and nurse practitioners. CACH 9 services including pregnancy testing, emergency 10 11 contraception, oral contraceptive pills, and 12 providing information on contracept... contraceptive 13 methods, pregnancy options, and sexually transmitted infections and their prevention. 14 15 Students can also receive referrals for STI testing 16 and treatment at a local community based teen 17 friendly clinic as whereas... well as referrals for 18 mental health counselling and an appropriate community based mental health agency. Parents may 19 opt their teenagers out of CACH services. Last year 20 in the 31 participating high schools 52 percent of 21 2.2 the estimated sexually active females in the school 2.3 utilized CACH services and of these 53 percent received birth control on site. Currently 46 24 25 percent of all high school students have access to

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school based reproductive health care, services 2 3 including on-site contraception dispensing either 4 through a school based health center or the CACH program. In the coming years as part of this 5 administration's community school initiative both 6 7 school based health centers and CACH will be 8 expanded to 25 additional school sites. We believe expanding reproductive health services has contributed to the decline in teen pregnancy in New 10 11 York. In 1995 there were 85 pregnancies for every 1,000 females aged 15 to 17. In 2013 that number 12 13 dropped to 29.5. While more than 4,000 females 14 under 18 became mothers or terminated a pregnancy 15 in 2013 the comparable number in 1995 was more than 16 13,000. Additionally, the required high school 17 condom availability program gives students access 18 to trained school staff who provide free condoms as 19 well as information about sexual health in teen 20 friendly clinics. As we expand the health services 21 available our ... to our students we must also ensure 2.2 that we are educating and empowering teens to 2.3 access these resources through health education classes. Comprehensive health education is 24 fundamental for the wellbeing of the whole child.

In addition to providing students with functional 2 knowledge this instruction covers a wide variety... 3 4 wide range of schools like communication, decision making, healthy relationships, and how to access health services. New York state requires that all 6 7 schools provide comprehensive health education in 8 grades K through 12 based on state and national standards with specific guidance on what students should know and be able to do at each grade level. 10 11 Sexual health is one of several health education 12 topics along with physical fitness and nutrition, 13 violence prevention, alcohol and drug prevention, and others. Health education schools include 14 15 learning how to manage stress and relationships, 16 goal setting, and advocacy, skills a student must 17 develop across these topics to be healthy. The 18 state expects school districts to use its guidance to assess curriculum. According to state 19 20 requirements elementary schools must integrate 21 health education topics into classroom instruction. 2.2 In addition, students must receive five HIV/AIDS 2.3 lessons every year in each grade K through six. State requires one semester of daily comprehensive 24 25 health education in middle school and again in high

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school where one credit of health education is 2 3 graduation requirement. The state also specifies 4 that six HIV/AIDS lessons are taught every year in each grade seven through 12. The state does not 5 require that sexual health be included in 6 7 comprehensive health education classes. In 2011 the Department of Education announced a citywide sexual 8 health education mandate and as for the required HIV lessons we allow parents to opt their children 10 11 out of certain prevention lessons except for those that discuss abstinence as the best and most 12 13 effective way to prevent pregnancy and sexually 14 transmitted diseases. At the end of the last school 15 year Chancellor Farina and Commissioner Bassett 16 notified high school superintendents in a joint 17 statement that male and female condom 18 demonstrations would now be permitted in high 19 school health education class recognizing that 20 learning how to use a condom correctly and 21 consistently belongs in the classroom as part of a required skill based health class. Previously 2.2 2.3 condom demonstrations were only available to students through the condom availability program. 24

To support schools with health education

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instruction the Office of School Wellness programs 2 3 provide schools with instructional support and free 4 professional learning opportunities and comprehensive health education including sexual 5 health topics. This office provides teachers with 6 7 the recommended research based curricula aligned with the state and national standards that include 8 lessons that cover sexual health knowledge and skills. Health teacher for elementary grades, 10 11 middle school health smart for grades six through 12 eight, and high school health smart plus reducing 13 the risk and understanding self-identity for high school as well as the DOE's own K through 12 HIV 14 15 curriculum. The recommended curriculum includes 16 lessons on sexual identity, a respect for self and 17 others, and healthy relationships. The Office of 18 School Wellness Programs instructional specialists provide free curricula, training, and technical 19 assistance to teachers citywide last year reaching 20 1,000 participants. Trainings include strategies 21 2.2 for creating safe supportive classrooms for all 2.3 students as well as how to incorporate topics of consent and respect for partners into health 24

lessons. In addition to condom availability

2	programs staff provide training and support to high
3	school staff on creating inclusive spaces for all
4	students to receive health services information,
5	referrals, and male and female condoms in a health
6	resource room setting. The Office of School
7	Wellness Programs also work closely with 26 high
8	schools in a Center for Disease Control, CDC, grant
9	funded program to improve sexual health
10	instruction, develop healthy health focused school
11	wellness councils, and build safe and supportive
12	learning environment. The grant includes a special
13	focus on LGBTQ students. And the School Wellness
14	Program's teams collaborate closely with the DOE
15	Office of Safety and Youth Development, a
16	gay/straight alliance network, and other partners
17	in this work. While we currently have a recommended
18	elementary curriculum we will convene a review
19	committee this year to take a fresh look at
20	curricula and supplementary resources focusing on
21	how K through 5 health education and HIV/AIDS
22	lessons can provide age appropriate content and
23	skills aligned with the national and state health
24	education standards as well as the national
25	sexuality education standards. The committee will

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provide a recommendation next summer. The DOE's 2 3 centralized scheduling system STARS [sp?] provides data on when students are scheduled for health 4 education. We recommend that schools schedule health education in sixth or seventh grade in 6 middle school and in 9th or 10th in high school to 7 ensure students get this important information when 8 it's most useful. STARS shows us that in 2014/15 more than half or 56 percent of high school 10 11 students were scheduled for semester of health education during 9th or 10th grade as recommended. 12 Among middle schools students, almost 70 percent, 13 received health education in 6th or 7th grade. While 14 15 STARS does not specify if these students received 16 sexual health lessons in their comprehensive health 17 education classes we do know what high school 18 students support on the biannual youth risk behavior survey and national CDC survey 19 administered in New York City public schools. In 20 both 2011 and 2013 about 60 percent of New York 21 2.2 City High School students reported being taught a 23 class about birth control methods such as the pill, the ring, IVs, birth control shots, patches, or 24

condoms. For the health of our students we need

this percentage to be much higher. To gather more 2 3 detailed information about when and where students learn about birth control the DOE has worked with 4 the DOHMH to make adjustments to 2015 youth risk behavior survey. We are also strengthening the use 6 7 of the National School Health Profile survey in New York City through a more uniform online 8 administration. Through this sample... through this survey a sample of principals and health teachers 10 11 provide information on a variety of topics including provision of health education including 12 sexual health and health services. In terms of 13 staffing we know that middle... many middle and high 14 15 schools do not a full time certified health instructor. There are about 160 certified health 16 17 education teachers employed by the department while 18 non certified instructors are permitted under certain circumstances to teach health education 19 20 certified health instructors are the best suited to 21 teach comprehensive health education. Both certified and noncertified health teachers can 2.2 2.3 receive free training and support from the Office of School Wellness programs. We are also exploring 24 staffing models that can help schools share a 25

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certified health teacher. To ensure that schools 2 3 deliver comprehensive health education to students 4 superintendents have new supervisory roles in their districts especially related to instruction. While 5 also... while also fielding feedback from families 6 7 and communities about the provision of 8 comprehensive health. Staff in the borough field support centers provide schools with resources for understanding and applying health education 10 11 requirements outlined in grade specific academic 12 policy guidelines. Now I would like to turn to the 13 proposed legislation. We support and prove 14 transparency throughout the school health system 15 including the provision of health services. We 16 believe that we can meet the goals of Intro 771 17 within... excuse me, within our existing reporting 18 system and we would be glad to discuss this with 19 the city council in more detail after the hearing. 20 I would also like to express our support for Intro 21 957 which requires DOE to report on sexual education training of teachers and Intro 952 in 2.2 2.3 relation to reporting on the provision of comprehensive health education in New York City 24

Schools. These reports will be an invaluable

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resource... resource to the DOE as well as school communities, elected officials, and other stakeholders. We look forward to working with the city council to ensure that the reporting requirements in these bills align with New York state mandates and what we currently track in our data system. We know that the compre... combination of comprehensive health education including age appropriate medically accurate sexual health lessons and access to health services can help our students make healthy choices, care for themselves, and be ready to succeed in school and in life. We look forward to working with the council on this important issue. Thank you again for the opportunity to testify and we are happy to take any questions.

CHAIRPERSON DROMM: Thank you very much.

And I want to announce that we have been joined by

Council Member Darlene Mealy, Council Member Steve

Levin, Council Member Rosie Mendez, I think I've

got everybody now. So let me start off by saying

thank you very much for your testimony here today.

And I have some questions. Do you know how many

certified health education teachers we have to

1	HEALTH AND COMMITTEE ON WOMEN'S ISSUES
2	teach health education in the middle and high
3	schools?
4	DOCTOR PLATT: We only have the total
5	number of those teachers with health education
6	licenses. That number is 160. I believe that the
7	vast majority of them are in middle and high
8	schools but we don't have exact numbers on that.
9	CHAIRPERSON DROMM: So 160 teachers
10	certified. The state mandates that they're
11	certified? Am I correct?
12	DOCTOR PLATT: Yes. It's a state
13	license… [cross-talk]
14	CHAIRPERSON DROMM: And how many high
15	schools do we have?
16	DOCTOR PLATT: We have over 400 high
17	schools.
18	CHAIRPERSON DROMM: And then you add in
19	elementary schools you're talking about you know
20	one for every five middle and elementary schools
21	total. Am I correct on in that thinking?
22	DOCTOR PLATT: We… we certainly do not
23	have as many certified health education teachers as

we would like to have.

a... really very very low number to be honest with you. And I think that's really the point of this legislation is to you know make sure that we can improve on that number. What did you say? 160 what?

DOCTOR PLATT: 1-6-0.

CHAIRPERSON DROMM: 1-6-0 is... it's actually... it's... it's floored me then to know that there's that few health educators in our system, sex education educators. And how do you divide up that work then? So there's not one in every school.

DOCTOR PLATT: That's correct. It's the responsibility of the principal to assign a teacher to teach the required health education courses in middle and high school.

CHAIRPERSON DROMM: But state law says they're supposed to be certified right?

DOCTOR PLATT: It is permissible for a teacher to teach a certain percentage of his or her time out of license.

CHAIRPERSON DROMM: Do we have a number on how many are teaching out of license?

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DOCTOR PLATT: We don't... we do not have an exact number. But it... I ... I can tell you that it is far higher than 160.

CHAIRPERSON DROMM: Okay. And I would like to get that obviously as we move forward. That'll be very very important. You know we had a forum earlier this morning that we attended sponsored by the Women's City Club and at that forum you mentioned the number of youth who are contracting sexually transmitted diseases. I didn't hear that in your testimony but I thought it was such an important point to make. Do you have numbers on how many young people are contracting sexually transmitted diseases in New York City?

earlier today on the panel you and I were both attending was at the rate of for chlamydia Infection in 2013 for females between 13 and 19 in New York City was 23 hundred reported infections per 100,000 people in that group. So that's two... that's actually 2.3 percent of females 13 to 19 have a reported chlamydia infection... had a reported chlamydia infection in 2013. The comparable number for Gonorrhea was 370. So that means about three

about that question. I can't give you an accurate

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2 answer about that question today in terms of what's 3 been reported in scientific literature.

CHAIRPERSON DROMM: So then why do you teach it?

DOCTOR PLATT: Well it's one thing to believe it and think it's the right thing to do.

It's another thing to have proven scientific evidence that shows that it actually reduces the incidents of infection.

CHAIRPERSON DROMM: Sure. So I... I was just saying as a professional do you believe that there is a correlation between teaching sex education and a reduction in numbers?

DOCTOR PLATT: I... I believe that it is important to teach comprehensive health education period.

CHAIRPERSON DROMM: Well that's a very interesting position for someone in your position to have. Believe me. And that you're not willing to comment on that.

DOCTOR PLATT: Well I'm... I'm not going to comment if I don't have the data. And it's...

I'll... we'll be happy to get back to you if... I'll...

I'll research it and when I have the data I'll be

happy to give you an opinion about it but I just don't have the data with me.

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CHAIRPERSON DROMM: So let me take it to the next level then. Beyond education... changing of behaviors. How do you work then to change behaviors in the public school system? I know that you said originally now... I mean not originally but now you're allowing condom demonstrations to be held in certain classrooms.

DOCTOR PLATT: I... I'm not sure I... I understand your question Councilman.

is one thing. Knowledge of saying you know to people that you should use a condom to... to prevent sexually transmitted diseases. People know that and they can understand that. And you know many high-schoolers can get it. But actually getting them to use condoms is another thing. How do we work on peoples' behaviors so that they take measures to... to practice safe sex. Ultimately that is the goal I would believe of sex education.

DOCTOR PLATT: I think that the educational process has to be more intensive. I think it has to include not only knowledge but

1	HEALTH AND COMMITTEE ON WOMEN'S ISSUES
2	skills. And therefore I think that the fact that we
3	are now going to be conducting condom
4	demonstrations in the classroom is a major advance.
5	So I I think repetition is a good thing and we
6	have to spend more time on this and pay more
7	attention to it.
8	CHAIRPERSON DROMM: So condom
9	demonstrations are not mandatory?
10	DOCTOR PLATT: Condom demonstrations
11	currently are permitted in the classroom setting.
12	They are also held with great frequency I would say
13	almost universally in health resource rooms.
14	CHAIRPERSON DROMM: In in all what?
15	DOCTOR PLATT: In health resource rooms
16	for the condom
17	CHAIRPERSON DROMM: Do you believe
18	DOCTOR PLATT:availability program.
19	CHAIRPERSON DROMM:that they should be
20	mandatory in all sex education classes.
21	DOCTOR PLATT: I think that the DOE has
22	to decide which which I cannot decide on what how
23	centralized the set of mandates it wants to have
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and how decentralized it wants to be. For the

moment the DOE's policy is that some of these

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decisions are the responsibility of the
superintendents and the principals.

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CHAIRPERSON DROMM: So with regard to LGBT students, high incidence of HIV/AIDS one of the best ways to prevent HIV/AIDS transmission is through condom usage. How do you handle that specifically in the classrooms?

 $$\operatorname{\textsc{DOCTOR}}$ PLATT: Excuse me, I'm going to turn that question over to...

CHAIRPERSON DROMM: Mm-hmm.

DOCTOR PLATT: ...to Lindsey Harr.

LINDSEY HARR: Hi. So we incorporate lessons for all students with a special focus in some cases on LGBTQ students. So we talk about male and female condoms. We now can in high school setting do demonstrations of male and female condoms in our lessons. Again for all students we talk about high risk behaviors, how to avoid those behaviors and... and how to have within the school and the community an inclusive and supportive environment to help all students make healthy and safe decisions.

CHAIRPERSON DROMM: So in those lessons do you talk about sex acts such as hilatio

[phonetic], anal intercourse between same sex couples?

LINDSEY HARR: Yes.

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CHAIRPERSON DROMM: So it gets that specific? And do all kids in the classroom hear that?

LINDSEY HARR: If they are in the health education classroom.

CHAIRPERSON DROMM: And it's specific to same sex, not just to heterosexual?

LINDSEY HARR: That's correct.

CHAIRPERSON DROMM: Okay. Alright so I'm going to ... I'm going to stop here because we have a million people to testify today. And... and I know my... my colleagues want to ask questions as well. So thank you. I'm going to now turn it over to Council Member King followed by Council Member Cumbo, Johnson, and Gibson.

COUNCIL MEMBER KING: Good morning.

Thank you again for your testimony. I'll be real brief. As someone who works with children in the schools when I'm not here at city hall I understand sex education is part of their life. What...

25 whatever's being fed in television and in music can

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shape their thinking and activity. I heard my 2 3 colleague Council Member Cumbo talk about how do we 4 educate on the reproductive system without turning it into lustful sexual acts. That's where my questions comes from because I like to see teens be 6 7 focused on how they pass SATs and Regents and all other things that make them productive people as 8 opposed to engaging in so much activity that revolve around every productive system. So my 10 11 question is how... are... are they any programs that 12 talks a lot about not being engaged in sexual 13 activity, abstinence? How much is that promoted in any sexual education communication that's being 14 15 engaged in? And... and secondly how do you address education for students who might not be ready for 16 17 certain levels of sexual communication whether it's 18 in the sixth grade or whatever? How do you... how do 19 you educate that student or group of students who 20 are saying you know we're not really ready for 21 that? You know it's like if I don't know how ... 2.2 excuse my language on this one, if I don't know how 2.3 to smoke crack how do I watch a documentary that shows me how to smoke crack now all of a sudden I 24

want to engage in that activity? So I know it's a

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little extreme but if you give it to a six... a sixth grader who never thought about engaging in sexual activity now you show them how to do everything where do we... which direction are we leading them in? So thank you.

LINDSEY HARR: So throughout our middle school and high school curriculum abstinence is described as the only 100 percent sure way to avoid unintended pregnancy and STI. At the same time, we believe it's very important for students to learn how to keep themselves safe whether they are sexually active at the age of 16, 26, 66. So that by the... whenever it is that they decide to become sexually active that they have medically accurate information and they can... and that they have the skills and the knowledge to keep themselves safe and their partner or partner safe. Doctor Platt mentioned in his testimony the importance of the skill safe health education. And these skills are really critical for all students again regardless of what decisions they're making. They're about goal setting, identifying their values, their goals for their life, how to make decisions that are consistent with their goals that can help them meet

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their goals, communication, self-advocacy, ways

that they can avoid high risk situations, and live

healthy and productive lives. So that's a lot of

the focus of the health education, sexual health

6 education lessons.

I'll end with this. When we talk about sex education a lot of times with whole... whole host of education value systems come into play. How do you balance the value system of... society or the homes that the children come from to implement an education that doesn't violate that as well?

LINDSEY HARR: Absolutely. I... there's a lot of discussion in our recommended curriculum acknowledging that there's a wide range of values and beliefs for our students, our families, our communities and that it's important for students to be able to identify those and again set goals and make decisions that are consistent for them with those. And to also understand that we have a very diverse community and that it's important to understand and respect the beliefs and values of others as well.

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CHAIRPERSON DROMM: Thank you Council Member King. Council Member Cumbo followed by Council Member Johnson and then Gibson.

COUNCIL MEMBER CUMBO: Thank you. Thank you so much for your testimony. Wanted to follow up with some brief questions about your testimony. You stated that there are 142 based health centers with the support of a private donor. And I want to get back to the private donor aspect. How do you determine what schools and what neighborhoods receive the 142 health based centers? How does that actually happen and what is the process. And also there are 142 out of a potential how many going back to Council Member Dromm's question?

DOCTOR PLATT: Thank you for that question. The... the total number of campuses that DOE runs is about 13 hundred. But we don't consider a school based health center suitable unless the campus has at least 700 students because there simply isn't the volume of work to make it viable financially. School based health centers have to generate a lot of their support from insurance reimbursement. And so they need a... a total of patients and a certain type.

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2 COUNCIL MEMBER CUMBO: On that point if
3 you go to a smaller school would you then be
4 instructed to go to a larger school for those same

5 services?

DOCTOR PLATT: Unfortunately, school based health centers are regulated by New York state under Article 28 and New York state does not permit a school based health centers to serve anybody except the students in the building where the school based health center is located.

COUNCIL MEMBER CUMBO: So if you were attending a smaller school you would not have access to those same services?

DOCTOR PLATT: That is correct.

COUNCIL MEMBER CUMBO: So of about... of the 142 based health centers there's a potential 13 hundred campuses of varying sizes that if in an ideal world they'd all have it but based off of the size of the school 142 have it currently?

DOCTOR PLATT: Well 142 have it currently. I think there are several issues if we want to build an additional school based health center. And in fact we are in the process of opening additional sites over the next year or two.

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First there has to be available space. Some of our schools are very overcrowded.

COUNCIL MEMBER CUMBO: Mm-hmm.

DOCTOR PLATT: And carving out 15 hundred square feet for a school based health center is just not possible.

COUNCIL MEMBER CUMBO: Mm-hmm.

DOCTOR PLATT: A second issue is that there has to be will... a willing provider. That is, we need to identify a hospital or a community health center that wants to operate as a school based health center. We don't do that directly. And third there has to be the capital available to build the school based health center. Construction inside schools is very expensive. We budget about a million and a half dollars to build a new school based health center. So those are the expansion constraints. The space dollars and a willing provider. With that said we've opened 20 new sites over the past three years and we expect to... to open another 15 to 20 sites over the next two years.

COUNCIL MEMBER CUMBO: Do you have an understanding of the success of these particular health centers. Do we understand the impact that

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they're having? So for a school that does have one, a school that does not have one, do we have an understanding of... are we able to track in that way are STDs lower as a result, are teen pregnancies lower in schools where they have these services, have we ever been able to track what is impacted? And also back to the original question how do we determine what neighborhoods get them? And do we have a breakdown by borough?

DOCTOR PLATT: We can certainly provide that. We can provide you with a full list with a breakdown by borough, with a breakdown by sponsor so we will... we will get that to you.

COUNCIL MEMBER CUMBO: Okay.

DOCTOR PLATT: The by in large we try to locate these school based health centers in the areas of the highest need or higher need. They are disproportionately in the Bronx and in Manhattan and in lower income parts of... of Brooklyn.

COUNCIL MEMBER CUMBO: Mm-hmm.

DOCTOR PLATT: So we do try to focus on the areas where there is the greatest need. We've also had a focus in recent years on opening new school based health centers in high schools

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particularly because we believe that the single most problematic thing for our students is the access to reproductive health services in high schools. It's very tough for students to get completely confidential services...

COUNCIL MEMBER CUMBO: Mm-hmm.

DOCTOR PLATT: ...in... in the regular healthcare system. And in addition it's our experience that while parents certainly take younger children to the doctor with... with significant frequency and meet their needs that it's very common for high school aged students not to see a doctor for years at a time. So our emphasis in recent years has been on high schools. As far as tracking is concerned it's extremely difficult to match public health data such as data on STIs with data from inside an individual's school. We do have some information.

COUNCIL MEMBER CUMBO: Mm-hmm.

DOCTOR PLATT: It's been shown for example that in a school based health center or a really good school based health center reduces absences for asthma in its population. And we certainly know with respect to reproductive health

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that we're seeing far lower rates of positive 2 3 pregnancy tests in schools where our reproductive 4 health programs have been fully adopted by school based health centers. So the evidence is 5 fragmentary but I can tell you that when you go in 6 7 and have a conversation with a principal if you ever say to a principal well you know we're not 8 sure we can continue to support your school based health center there's an outcry about it. So it's a 10 11 service that both the school administration and the

students certainly value very highly.

COUNCIL MEMBER CUMBO: You spoke of a private donor. And I guess my concern with that is if you have a private donor is it one private donor that's supporting this entire operation? And is there a fear or a concern if there's just this one private donor that's providing a comprehensive service for the city of New York is there concern if that private donor should decide that its funding interests are different and then what would happen to the viability of this program?

DOCTOR PLATT: Yes. We certainly have concern about continued support for our programs.

The... there was a single private donor who over a

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five-year period contributed 10 million dollars to develop a comprehensive reproductive health program in our schools. That... those funds went for training...

COUNCIL MEMBER CUMBO: Uh-huh.

DOCTOR PLATT: ...for the development of a... an informational infrastructure and for actual purchase of contraceptives. Fortunately, after that five year period another foundation came forward. And we are in the midst of a three year grant from that foundation to support the program. We think we're in... we... we've constructed the data system so that's done. And we now have an experienced workforce who knows how to provide these services and is comfortable doing so. The remaining budget problem for us is the actual purpose... purchase of contraceptives and contraceptive supplies because that is not something that is normally reimbursed through the insurance system. If you have insurance ordinarily you go to ... go to your doctor, the doctor fee is reimbursed and you get a prescription, you go to the pharmacist and you get your supplies, your birth control pills, whatever else you need. We know that giving a prescription to a teenager

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and telling them to go to pharmacy doesn't work

very well. So our school based health centers

actually distribute the birth control pills and

other supplies that are needed. But insurance only

pays that money to a pharmacy. It doesn't pay that

money to the doctor who's providing the service.

And so...

COUNCIL MEMBER CUMBO: Mm-hmm.

DOCTOR PLATT: ...we need a flow of dollars to be able to provide those contraceptives in an ongoing way to students. So far we've been able to do it but it is a struggle.

COUNCIL MEMBER CUMBO: Let me just ask you this. If we know that let's say there are 17,000 teenage pregnancies that happen every year are we able to calculate the cost of that to the city of New York in terms of understanding usually given how expensive it is to live in New York City someone in their teenage years having a child is going to have to require some level of public assistance or support and there is a cost that's associated with that as well as treatment for STDs, potentially HIV. All of these things have a cost associated. I'm... I'm curious as to why if there is

a state mandate for so much of this why we have to

also turn to a private donor to carry the weight.

And have we thought about when Council Member Dromm

talked about having the right amount of certified

teachers, having the right amount of equipment, the

right amount of capital construction to go into

these types of programs. Have we thought about the

dollar amount of all of this and then advocating for that in the city's budget? Because it seems

11 | like it's costing the city to deal with it on the

12 | back end versus dealing with it on the front end.

13 And we could have an incredible impact on the

14 viability and the health of our young people at an

15 | early age.

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DOCTOR PLATT: Well we certainly would be delighted to see more support for these programs and we'd be delighted to continue to expand the programs. I think if the council were to request a budget estimate of the cost of expanding these programs I'm sure that the Health Department and the Department of Education would be happy to provide the estimate of that cost.

COUNCIL MEMBER CUMBO: And then just finally because I know we have a lot of colleagues

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that have questions... Council Member King talked about this but wanted to find out in the education of this how heavily would you say abstinence in the education process is brought up? How often is marriage, family values, love, relationships... all of these different types of elements other than just the... the technical aspects of having sex... is there anything in terms of moral values? Is there anything in terms of family values that are brought into this? Because I feel like just giving our young people so many of the... the technical aspects of how to take birth control or how to use a condom could potentially override the... the main purpose and function of what relationships are intended to do.

LINDSEY HARR: Sure. Yes, our health education lessons in our recommended curricula are... are very skills focused in line with the state's guidance and standards around things like self-management, healthy relationships, communication, goal setting, decision making, self-advocacy. You know I think that our goal in comprehensive health education is to really give students not only the medically accurate knowledge they need but really

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the skills to make healthy decisions and to live
healthy lives to take care of themselves, to take
care of their families, their communities, their
partners, whether they have partners now or will in
the future. And so that's a lot of the focus of our

health... of our recommended curriculum.

COUNCIL MEMBER CUMBO: Okay. Well thank you. I'm going to allow opportunities for my other colleagues to ask questions. And I look forward to a continued testimony. Thank you.

CHAIRPERSON DROMM: Just before we turn it over to Council Member Johnson. So an interesting thing... observation from me as an LGBT person is that we couldn't get married in New York state until about four years ago. Now finally in the United States of America we are allowed to get married. How are you dealing with the marriage question in terms of your sex education classes around gay marriage?

LINDSEY HARR: So that's certainly that could... a topic that could absolutely and I think often does come up in health education class. I mean I think it fits again with the overall framework of teaching our students that they live

2 LINDSEY HARR: ...on your question, I'm
3 sorry.

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CHAIRPERSON DROMM: I'm sorry?

LINDSEY HARR: I'm not quite clear on your question.

it? Well if you're... if you're telling students that marriage is you know important in terms of their decision making process about you know whether or not they enter into a sexual relationship with people and abstinence is the only means of you know ensuring that you don't have sexually transmitted diseases or unwanted pregnancies then I would assume marriage would equate equally across the board to both heterosexual and homosexual students and that we would be promoting gay marriage in the classroom as much as we are promoting heterosexual marriage.

about and want to make sure that students
understand that abstinence is the only 100 percent
way to be sure that... to avoid unintended
pregnancies and STIs we're not telling them that
they need... that they necessarily need to wait until

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marriage to be sexually active. We know that young people make different decisions. Some will wait till marriage, some will not. Our focus is really making sure that whenever those students become sexually active they have the knowledge and skills to keep themselves and their partners safe.

CHAIRPERSON DROMM: Okay thank you. It's an interesting question though and interesting perspective. Thanks. Council Member Johnson.

Dromm. Thank you Doctor Platt. Thank you all for being here. I appreciate your testimony. There was one thing that really was concerning to me that you had mentioned which is you said that the DOE centralized scheduling system, STARS, provides data on when students are scheduled for health education. You mention that you recommend that schools schedule health education in sixth or seventh grades and ninth or 10th grades as I mentioned in my opening statement in high school to ensure students get this information... important information when it's most useful. STARS, the scheduling system shows that in the 2014 2015 year more than half or 56 percent of high school

students were scheduled for a semester of health		
education, 56 percent, ninth or 10 th grade. Among		
middle school students 70 percent received health		
education. Those numbers are bad. Those are		
disappointing numbers. And you go on and you say		
that there's no indication on whether or not		
comprehensive sex education is even included in		
that health education. So it's not broken out that		
way. So even if it's if I think I think 56		
percent and 70 percent is actually low and what		
those students should be receiving even within		
those numbers I'm sure there's even a greater drop		
off on the number of students who are actually		
receiving comprehensive sex education. So who do we		
hold accountable for this?		

DOCTOR PLATT: Under the current DOE organizational structure principal support to... report to the superintendent. And it is the superintendents who are responsible for... [crosstalk]

COUNCIL MEMBER JOHNSON: Who's holding them responsible.

DOCTOR PLATT: Well superintendents report to a Senior Deputy Chancellor.

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COUNCIL MEMBER JOHNSON: And what is the Senior Deputy Chancellor doing about this? Which senior deputy chancellor is in charge of holding superintendents accountable on this issue.

DOCTOR PLATT: Well there is only one senior deputy chancellor... [cross-talk]

COUNCIL MEMBER JOHNSON: Who is that?

DOCTOR PLATT: ...my knowledge sir. Her name is Dorita Gibson and she of course reports to Chancellor Farina.

COUNCIL MEMBER JOHNSON: And can you tell me about what she is doing on holding superintendents accountable who are then hopefully holding principals accountable and making sure that the mandate is followed?

DOCTOR PLATT: Well this... this
information is relatively new information. I can't...
I have not personally had a conversation with
Superintendent Gibson... Deputy Chancellor Gibson
about this... this issues. We will certainly go back
and relay your concerns about it. I would agree
with you that we are not where we would like to be
ensuring that health education is being taught in
the New York City public school system.

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numbers are at 56 percent for high school students and 70 percent for middle school students and that's just for health education and there's no further breakdown in percentages related to comprehensive sex education you mentioned the national biannual youth risk behavior survey which you were gleaning some type of numbers from in saying what young people are reporting. But we don't have a further breakdown out of the 56 percent and 70 percent of how many are actually receiving comprehensive sex ed.

DOCTOR PLATT: Yeah let me... let me just clarify something about the 56 and 70 percent numbers. The... the... those numbers reflect health education in the recommended grades. They don't reflect all health education. So the number of middle school students receiving health education is higher than 70 percent because it does not include those who are receiving the course in the eighth grade. And similarly the 56 percent number does not include students who are receiving the instruction in the 11th and the 12th grade. Never the less we are in agreement that we need to

offering.

continue to strengthen the health education program

at the New York City public school system is

that I... I appreciate that and I appreciate the statistics but I think we're going to hear from advocates relatively soon who in my understanding about what they're hearing from young people it's that even though there is the 6th and 7th grade requirement there are plenty of young people who are actually not getting any type of education in this area until eighth through 12th grade.

DOCTOR PLATT: Yeah let... let me just say that the sixth or seventh grade is a recommendation not a requirement. The... the requirement is the state requirement that the course be taught in middle... middle school.

COUNCIL MEMBER JOHNSON: It's a recommendation.

DOCTOR PLATT: It's a... So I just want to just to make that distinction. But I... I don't disagree with you. I think that DOE can and should be doing a better job of making sure that all of its students... [cross-talk]

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2 COUNCIL MEMBER JOHNSON: So what are you doing to make sure DOE is doing a better job?

DOCTOR PLATT: Our role... our office's role is to be available to provide recommendations about curriculum and to provide technical education. We do... So... so that's, that's the answer. I think that the... the line of accountability is clear. We have a new structure. I completely understand your concern. And I think after this new structure has had a little time to mature it would be quite appropriate to ask somebody who is in the direct chain of responsibility for ensuring that curriculum requirements are met how to answer those questions.

COUNCIL MEMBER JOHNSON: That's not a...

for me and this is not personal towards you Doctor

Platt because I think you do a very good job in

your role and I enjoy working with you. That's not

a sufficient or good enough answer for me.

DOCTOR PLATT: I understand.

COUNCIL MEMBER JOHNSON: We need some accountability. Recommendations exist for a reason. Requirements exist for a reason. The numbers are far too low. I applaud the mayor and the chancellor

for the changes they've made related to empowering
superintendents and bringing more power back down
to the local level to give superintendents the
ability to actually make a difference. But there
needs to actually be some real accountability here.
And I'm happy to look forward to hopefully having
a conversation with the senior deputy chancellor
who can maybe give me more information on what
we're actually doing to get these numbers up. But
you know a day wasted is potentially and I'm not
saying this to be melodramatic or or hyperbolic
but a day wasted is potentially a day that a young
person who's not getting comprehensive sex
education is getting exposed to gonorrhea,
chlamydia, syphilis, HIV and AIDS, teenage
pregnancy the list goes on. And that is why it is
I think critical that we actually get these numbers
up to what the recommendations are and what the
requirements are. And I know you agree with me on
that. So I'm not trying to hammer you here but I
want us to actually have greater accountability and
I look forward to having that conversation with

you.

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HEALTH AND COMMITTEE ON WOMEN'S ISSUES 1 2 COUNCIL MEMBER JOHNSON: So... and I'll 3 finish with this because I know there are other 4 people with questions. There is a mandate as you mentioned in your testimony on HIV and AIDS 5 prevention programs high schools are required to 6 7 have health resource rooms where free condoms health... health information and health referrals are 8

made available to students in grades nine through

12 by trained staff at least one male and one female staff person in each school. Do all high

schools in New York City currently have the

13 required health resource room?

> DOCTOR PLATT: I would say 99 percent at least. I don't... I can't swear that there isn't... aren't one or two or three schools that don't have an active program. But it... it is a very successful program and a very well implemented program. I'm going to see if Lindsey wants to add to that.

COUNCIL MEMBER JOHNSON: In... [crosstalk]

2.2 DOCTOR PLATT: Nothing to add.

> COUNCIL MEMBER JOHNSON: In the case of co-located schools do schools on campus share a

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2 single health resource room or are they required to have their own.

DOCTOR PLATT: They may share. It's their choice but if they don't want to share then they have to have their own.

COUNCIL MEMBER JOHNSON: Do all high schools have both the male and female required staff person for their HR?

DOCTOR PLATT: Once again I... I think the... the percentage would be very high. I can't sit here and... [cross-talk]

COUNCIL MEMBER JOHNSON: So I'd like to get the numbers on... on...

DOCTOR PLATT: We... we will. We will look at... at the data that we have and provide you with information on the staffing of our... of our resource groups.

COUNCIL MEMBER JOHNSON: Chair Dromm had mentioned the condom demonstrations and you had mentioned in your testimony that Chancellor Farina and Commissioner Basset sent a letter out allowing these to happen in classrooms now. Do we know how many schools who participate in classroom condom demonstrations this year?

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DOCTOR PLATT: No I don't know the

answer to that. I think probably premature to try

to collect that information. But I have no doubt

that at some point we should be collecting it and...

6 and if we collect it we should report it.

COUNCIL MEMBER JOHNSON: And in the condom distribution program we're not just distributing male condoms, we're also distributing female condoms as well?

DOCTOR PLATT: Correct.

COUNCIL MEMBER JOHNSON: Good. Thank you very much Chair Dromm.

CHAIRPERSON DROMM: Thank you. And just before we go to Council Member Gibson I just wanted to follow up a little bit on what you had begun to address sort of Council Member Johnson. In meeting that we had recently prior to this hearing it was stated that the Office of Academic Policy in a newly appointed regulatory taskforce headed by Deputy Chancellor Weinberg would be working with the Borough of Field Support Staff and superintendents to provide support and hold schools accountable for teaching sex ed. Does that still stand or does it go to Deputy Chancellor Gibson? Or

does Deputy Chancellor Gibson oversee Deputy

Chancellor Weinberg?

 $$\operatorname{\textsc{DOCTOR}}$ PLATT: I'm going to ask Katy to respond to that.

KATIE HANSEN: So the ... the role of the ... of the task force is to make sure that schools are implementing the required courses and for graduation that students are taking their required exams. So to the extent that health is a required course it would be monitored by the task force especially at the high school level since it's a graduation requirement. As an example of that as part of that oversite work we do do annual random audits of representative samples of high school graduates. And 99.7 of them in our most recent audit of the high school students had completed the health education course. So that's one example of how that oversight looks. Sometimes it's through a central audit. And if there are any policy implementations, concerns that are discovered the borough center and the superintendent will work to support the school and make sure they're implementing those...

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2 CHAIRPERSON DROMM: So what is Deputy
3 Chancellor Weinberg's role in this?

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KATIE HANSEN: As I said it's overseeing that students are receiving the required courses that the state regulation say they are entitled to receive.

CHAIRPERSON DROMM: So can you just tell me the latter of accountability there?

KATIE HANSEN: Sure. So I think... I think we have sort of covered that the principal is accountable to the superintendent, superintendent is accountable to... to Dorita Gibson, the role of Deputy Chancellor Weinberg is to provide structures for the oversight activities to occur, and my office is beneath him and so we support the borough field center staff in the on-the-ground technical assistance, making sure schools understand the policies and... and the content pieces.

CHAIRPERSON DROMM: Okay thank you. Council Member Gibson.

COUNCIL MEMBER GIBSON: Thank you very much Chair Dromm. And good afternoon. Thank you for being here, for your presence. I just had a couple of questions that I wanted to focus on the actual

2	curriculum and the instruction for sex ed teachers.
3	In your testimony you talked about you know number
4	one having 160 certified health education teachers
5	for middle and high schools I think we can all
6	acknowledge is insufficient. So as we at the
7	council begin to have budget conversation I think
8	this is something that is very important to raise
9	to us in the council. I don't remember budget
10	conversations this year around DOE coming to us
11	saying that we needed more money to hire more sex
12	ed teachers. So I'm making sure that you understand
13	that as we have conversations about the next FY
14	budget it's important to understand what numbers
15	we're talking about. 160 is not enough. You
16	indicated that there are non-certified instructors
17	that are permitted under certain circumstances to
18	teach health education. So two questions. I'd like
19	to know do you know how many non-certified
20	instructors we have in the department? And also
21	what are the certain circumstances that allow these
22	teachers to administer sex ed?

DOCTOR PLATT: As I mentioned the number of teachers who are not licensed in health education who are teaching health education courses

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is substantially larger than that 160 number. I 3 can't give you an exact number today but it is much 4 larger. My understanding of the law is that teachers can teach outside of their area of expertise for up to 40 percent of their time for up 6 7 to two years. So that's problematic obviously in a 8 couple of respects. One is they're... they're really not health education specialist and teaching some of this material is challenging. And second they 10 11 can't continue to do this for an extensive period

of time so that we have a new flow of people

13 teaching out of license every year and we have to

14 train them up. So we certainly would agree that

15 that is not the ideal way to teach health

16 | education.

acknowledge that there are much more than 160 non-certified teachers. So we could have right now in our schools art teachers, gym teachers, and others that are possibly non-certified but administering sex education. Is that correct?

DOCTOR PLATT: That is... that is correct. Now there was decades ago a combined health

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2 education and physical education license. But...
3 [cross-talk]

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COUNCIL MEMBER GIBSON: ...state right?

DOCTOR PLATT: ...that... that... that
license... right that license has not been offered in
decades. But there's still I think often a feeling
well physical education teachers can teach health
education. And so we believe although I don't have
the data that a very large percentage of the nonlicensed individuals who are teaching health
education are actually physical education teachers.

COUNCIL MEMBER GIBSON: Okay. And both certified and non-certified teachers can receive a number of different training options and support staff from the Office of School Wellness. Is any of that mandated or is it highly suggested?

DOCTOR PLATT: Well it's certainly suggested but it's not mandated.

COUNCIL MEMBER GIBSON: Okay. So I think that gets to some of the challenges that we're facing and the reason why we're having this hearing on these three bills. Number one I'm very pleased to see that the Department is supporting the three bills and will be in compliance with the bills if

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passed and put into law. You know but obviously it's really concerning that we have so many non-certified teachers that are in our schools administering sex ed based on highly suggested curriculum that's not mandate, that many of us don't know in terms of what's going on. So who has oversight over the non-certified instructors? Is it the School of... of Wellness? How does that work?

are responsible to the principal. The principal is responsible to the superintendent. We are really... you should really I think consider our office as a... a technical support and training office. We don't have line management responsibility for the teaching of health education. That responsibility as I mentioned rests with the principals and the superintendents.

COUNCIL MEMBER GIBSON: Okay. And with the enhanced responsibility of all of our superintendents they already have oversight over principals and the level of instruction that their teachers are administering. So with this added responsibility are we going to see any changes moving forward in making sure that the curriculum,

2 the training is actually being provided to our 3 teachers in sex ed?

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DOCTOR PLATT: It would certainly be my hope and certainly I would personally advocate for seeing improvements both in terms of greater training and in terms of the hiring of additional health education instructors. The DOE has many responsibilities and has to make many choices and they're responsibly for making those choices as I mentioned rests with at the regional level with the district superintendents and high school superintendents and it's a large and diverse group. So I think this is going to be a process and that we're going to see overtime what the rate of improvement is. I think we're headed in the right direction. I think we've been headed in the right direction for years. I think what's an issue here largely is their rate of progress.

COUNCIL MEMBER GIBSON: Okay. Well no as I wrap up and you know understand that we here at the council certainly understand the challenges facing the Department of Education. That's why we're partners in this process. When the DOE needs help they always reach out. Last year we put in 25

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million dollars to higher more certified art 2 3 teachers because we're not in compliance with state 4 law around that. And so we expect the DOE to reach out when it's necessary but we don't want to wait. It is very alarming the fact that we don't have 6 7 enough certified teachers. We have too many noncertified teachers. And it's just not acceptable 8 when we're talking about young peoples' lives. And so that's why we speak with such aggression because 10 11 we want to make sure we can help the department. We 12 don't want to hurt the department we want to help 13 you in this process. If we need to change state law 14 and make sure we're in compliance, we will help you 15 with that. But we just need to understand what's 16 happening. And that's why we propose these types of 17 bills because we don't know. The 160 teachers we 18 have we don't know where they're dispersed in middle and high schools. I represent school 19 20 district nine in the Bronx and I have a lot of school based health centers Montefiore Bronx 21 2.2 Community Health Network, Morris Heights Health 2.3 Center. And they have come in to help my schools where they have struggled. And... and so we're trying 24

to you know put all of the ingredients together but

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you know the number one thing we have to be cognoscente of is first and foremost we need more certified teachers. That's the bottom line. We cannot accept 160. We should not accept 160. And even in some of the curriculum you have health teacher for elementary grades, middle school health smart for six to eight, and high school health smart. I mean many of us don't know what that curriculum is. It would be great if you know the department could share that with the council so that we could better understand what's being taught of our children and what's being expected of them so that we can help them in this process.

DOCTOR PLATT: We would be happy to review those curricula with you in a separate meeting at whatever length you'd like to do.

COUNCIL MEMBER GIBSON: Thank you very much. Thank you Chairs.

DOCTOR PLATT: Thank you Council Member Gibson. Council Member Cumbo has a follow-up.

COUNCIL MEMBER CUMBO: Just quickly two questions. Wanted to know... do we have an annual report that comes out or an understanding of how

many teenagers each year in the city of New York are diagnosed as HIV positive?

DOCTOR PLATT: I don't know if the data is formulated in that way but I can certainly find out and get back to you. That would be done by the Department of Health and Mental Hygiene, probably the Bureau of HIV/AIDS. We'll check on that and get back to you.

COUNCIL MEMBER CUMBO: Do you feel comfortable making an assessment or a... a ballpark of what that figure could look like each year.

 $$\operatorname{\textsc{DOCTOR}}$ PLATT: I'd prefer to wait and see the data.

COUNCIL MEMBER CUMBO: Okay. Here's my other question with that. When a young person, a teenager, in our city is diagnosed and they're HIV positive or they have an STD who then covers the cost for the medicine. Let's say if it's a... if it's something like gonorrhea or chlamydia that can be treated with a onetime treatment versus something like herpes or genital warts or other things that are repetitive or HIV related who covers the cost for that?

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DOCTOR PLATT: Unfortunately, I don't have that information at my fingertips. I will consult with my colleagues in the Bureau of HIV/AIDS and get that information to you.

COUNCIL MEMBER CUMBO: That would be very important for us to know in determining how to move forward. Thank you.

Want to thank the panel for coming in and for sharing the information that you've shared with us today. We look forward to continuing to work with you. And as Council Member Gibson said it really is a matter of trying to provide you with additional resources so that the job that you do can be done in a... in a broader and better sense. And we appreciate that we're moving in the same direction but necessary to get you those additional resources. Thank you very much.

DOCTOR PLATT: Thank you.

CHAIRPERSON DROMM: ...next one. Mm-hmm.

Okay the next panel will be Lily Hershey Webb who is a student, glad to hear the student's perspective, Sola Sam the New York Lawyers for the Public Interest, Arden Dressner Levy NYCLU, and

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Catherine Bodde NYCLU as well. Okay thank you. I'm
going to ask the people at the table to raise your
right hand. I have to swear you in. Do you solemnly
swear or affirm to tell the truth, the whole truth,
and nothing but the truth and to answer council
member questions honestly? Yes? Okay. Thank you.

want to start just push the button so the red light comes on.

ARDEN LEVY: Alright thank you.

CHAIRPERSON DROMM: Okay good. Thanks.

ARDEN LEVY: My name is Arden Dressner

Levy. I am a 16-year-old junior in high school and
a member of the New York Civil Liberties Union Teen

Activist Project, TAP. TAP is a youth program that
engages New York City teens as organizers and peer
educators on civil rights and civil liberties.

Thank you for the opportunity to testify at this
hearing. Many other policy members would review

legislation like this without ever hearing from the
perspective from a young person is actually going
to effect. However, I would like to point out that
due to the timing of this hearing I am having to
miss school today. I'm lucky enough to have

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teachers and parents who understand how important it is for me to be here however, I should not have to sacrifice my education in order to have my voice heard on an issue that affects me. You see my body and my relationships can be very confusing. I've only been around for about a decade and a half so I'm still figuring it all out. And don't even get me started on my sexuality, I have no idea what's going on with that. So all this means is that I'm looking for guidance and accurate information. Comprehensive sexual education in school is what can give me that knowledge and that guidance. I believe that knowledge is power. Being educated about my body and my relationships and my sexuality only leads me to making more educated and informed choices and it is the same for all my peers. My friends have had pregnancy scares because they didn't know where they could get cheap confidential access to birth control. My friends have had pregnancy scares because no one ever taught them to check the expiration date on a condom. My friends have exposed themselves to sexually transmitted infections because they weren't taught they had the power and the right to ask their partner to use

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protection. And my friends have had sexual 2 3 encounters where consent was not really present 4 because they weren't taught that their active consent was important or even necessary. And I know of peers who have dropped out of high schools in 6 7 New York City after getting pregnant. And guess what they came from schools that weren't offering 8 any form of sexual education. We deserve to be equipped with a knowledge to protect ourselves from 10 11 these situations. We should know how to protect 12 ourselves from STIs, unwanted pregnancies, and 13 unhealthy relationships. We deserve to understand what consent is. You see this I think is important 14 15 because it's not something that has been thoroughly 16 mentioned in this hearing so far. The conversation 17 about consent is something that's happening a lot 18 in our colleges and universities right now but 19 that's way too late to learn about what consent 20 actually is. I've heard people in my own high 21 school talking about how oh if someone was coerced 2.2 and manipulated into saying yes but they did 2.3 eventually say yes that's still consent. That's terrifying to me as a teenage girl and makes me 24

feel unsafe in my own communities. Additionally, we

2	deserve to know about sex and sexualities that are
3	not just between heterosexual and fish gendered
4	people. It is important to note that I am growing
5	up in the age of the internet. There's a lot of
6	good content on the internet but there's also a lot
7	of misinformation. And that's why it's so crucial
8	that you don't leave it up to students to educate
9	themselves about this. The information young people
10	are getting about their bodies and relationships
11	needs to be valid and easily accessible. We need to
12	be getting it from a young age and it needs to be
13	normalized. Unfortunately, today teens in New York
14	City don't always get this type of information and
15	comprehensive sex education. Every student deserves
16	it and it can start with the city council and the
17	Department of Education. However, that isn't
18	enough. We need to push for a K through 12 sexual
19	education. It needs to be mandatory and it needs to
20	be comprehensive because only then will young
21	people like me be able to make healthy informed
22	choices about our sexuality, our bodies, and our
23	relationships. Thank you.

CHAIRPERSON DROMM: Thank you very much.

[applause]

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2	CHAIRPERSON DROMM: You're a very
3	forceful advocate and sorry that I missed your
4	speech outside because we have that here as well.
5	And I want to thank you for that. I think you may
6	have to leave if I'm not mistaken. Are you going
7	to… are you able to stay?
8	ARDEN LEVY: Oh yeah I can [cross-talk]
9	CHAIRPERSON DROMM: Okay good so you're
10	able to stay, okay. Just wanted to be sure that if
11	you had to leave I was going to say then go. If not
12	stay here and we'll talk more in a minute. [cross-
13	talk]
14	UNKNOWN FEMALE: It was awesome.
15	CHAIRPERSON DROMM: I I guess I
16	missed it. Yeah.
17	ARDEN LEVY: Thank you very much.
18	CHAIRPERSON DROMM: Thank you. Next
19	please.
20	LILLY HERSHEY-WEBB: Thank you Chairman
21	Dromm, Chairman Johnson, Chairwoman Cumbo, and
22	members of the committees for the opportunity to
23	speak this afternoon about sex education in my
24	schools. My name is Lilly Hershey-Webb and a

sophomore at Millennium High School, a public

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school located in the financial district in lower 2 3 Manhattan. As a teenager I know I need education 4 that helps me make healthy decisions about sex, birth control, and pregnancy. I attended Saltz [sp?] School of Science for middle school which is 6 7 a public school in partnership with NYU Medical 8 Center. In middle school a small team of college kids spent a few weeks talking about reproductive health and sex education. In ninth grade at 10 11 Millennium High School I again was taught one 12 semester about sexually transmitted diseases, how 13 they're transmitted, and how to protect myself from contracting one. Over those two sessions I learned 14 15 about methods of contraceptives and how to protect 16 myself from unintended pregnancy and STDs. But sex 17 education should teach a lot more to help students 18 develop healthy relationships, build self-esteem, 19 and positive body image, and learn about keeping a 20 healthy lifestyle. These things were not fully 21 taught to me in middle school or the one semester 2.2 of sex education in high school. Teachers need to 2.3 be sensitive to the different sexual orientation of students including those who are still trying to 24 25 figure out their identity. We should be taught that

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when we're in a relationship and if we choose to 2 3 have sex we should talk with each other about what birth control method works for both of us. We need 4 to understand what a bad relationship looks like, that it includes more than unwanted pressure to 6 7 have sex. It also includes things like emotional and digital abuse like when a partner posts private 8 information or pictures of that other person without their consent. Sex education should also 10 11 teach teens that New York state ensures that teens 12 have access to confidential family planning 13 services and reproductive health care including abortions even without parents' consent. I feel 14 15 that my teachers in middle and high school did 16 their best to teach me about the basics of sex, 17 contraceptives, and sexually transmitted diseases 18 including HIV and AIDS. But spending just a few weeks on this material is not enough time. I 19 20 believe sex education be more meaningful and help teenagers grow into healthy and responsible persons 21 2.2 if it also encourages them to develop healthy 2.3 attitudes about their bodies, sexual orientation, gender roles, and real life relationship 24

challenges. Thank you for your time.

CHAIRPERSON DROMM: Thank you. Another powerful... testimony.

[applause]

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UNKNOWN FEMALE: We clap in the city council like this but I hear you. I don't know how we laugh.

[laughter]

SOLA STAMM: Good afternoon Chairman Dromm, Chairman Johnson, and Chairwoman Cumbo. And thank you for the opportunity to provide testimony today. My name is Shola Sam and I am a Health Justice Community Organizer at the New York Lawyers for the Public Interest, NYLPI, a non-profit civil rights organization. NYLPI's health justice program uses a wide range of advocacy tools including community organizing, coalition building, individual representation, impact litigation, and legislation advocacy to challenge health disparities. These advocacy strategies aim to eliminate racial discrimination and systemic barriers that limit universal access to health care as well as address social determinates of health so that New Yorkers can live a healthy life. Advocacy around the pursuit for holistic health and wellness

for New Yorkers can be seen through our support of 2 3 city council legislation on Intro 644. This 4 legislation promotes children's health, focus, and academic performance through... through physical 5 education. Organizing around intro 644 led to 6 7 NYLPI's partnership with SEANYC and its work to 8 promote comprehensive medically accurate age appropriate sexual health education throughout New York City public schools. While New York City is a 10 11 leader in many areas of reproductive health 12 advocacy and the Department of Education recommends 13 that middle and high school students receive sexual 14 health education it has been reported that some 15 students have not received any form of sexual 16 health education. With this in consideration it's 17 clear that measures need to be taken to ensure that 18 New York City youth are receiving the sexual health 19 education that they deserve and that the 20 implementation of the recommended curriculum is 21 meaningful and consistent. The goal of the bill 2.2 before you of course is to ensure that New... New 2.3 York City health education is properly tracked and evaluated. Passing these bills would be a proactive 24 25 first step to ensuring that sexual health education

is in fact taking place in our schools. It would 2 3 also ensure that critical health information 4 reaches all New York City youth regardless of what borough... what school they attend or what boroughs they live in. So that's... sorry. We are encouraged 6 7 by the administrative and city council efforts to improve access to sexual health education 8 throughout the city such as the de Blasio's administration's commitment to... to new resources 10 11 that support educators, professional development, and school wellness councils. We are also 12 13 encouraged by the ... today and hope that future efforts will be made to address the need for 14 15 comprehensive sexual health education that reflects 16 the reality of New York City youth. NYLPI echoes 17 NARAL Pro-Choice in recommending that Chancellor 18 Farina pass a chancellor's regulation requiring 19 comprehensive sexual health education that reflects 20 the national sexuality education standards for kindergarteners through 12th graders. Further NYLPI 21 2.2 supports the comprehensive sex education 2.3 legislation that is inclusive to all sexualities and genders is taught by trained instructors, 24 connects students to local health care and centers 25

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and resources... competent medically accurate and provides guidance to the topics of autonomy and healthy relationships. The New York City Council has demonstrated its commitment to reproductive health advocacy through the introduction of bills such as these ones. Passage of these bills was a necessary preliminary measure to ensuring that appropriate sexual health education is delivered to all students. The New York Lawyers for Public Interest thanks the council for holding this hearing and for its commitment to New York City youth.

CHAIRPERSON DROMM: Thank you very much.

KATHARINE BODDE: Good afternoon. My name is Katharine Bodde. I'm a Policy Counsel with New York Civil Liberties Union. The NYCLU is the state affiliate of the ACLU. We have 50,000 members in New York state and we work to advance civil liberties and constitutional rights. I want to thank the council members here today for putting this hearing on. As you can see it is very much a topic that people want to be talking about. The NYCLU is here today in support of policies that further comprehensive sex education. We believe

that individuals' ability to make meaningful 2 3 decisions about their lives and futures requires 4 creating a society in which people have access to information, resources, and services they need to make informed supported decisions about their 6 7 bodies and their relationships. So we echo SEANYC's recommendations, the Sex Education Alliance of New 8 York City's recommendations and call on the mayor and the chancellor to pass a regulation that 10 11 requires comprehensive sex education in grades K 12 through 12. The need for comprehensive sex ed as 13 you have heard is explicit and urgent. There has been surveys that have happened in the Bronx. We 14 15 are clear that this is not happening in New York City schools. And I think we just heard from the 16 17 Department of Education and we have further 18 confirmation that New York City students are not getting the education that they need. And that 19 20 means that students are receiving little education 21 or instruction that fosters tolerance, awareness, 2.2 or support of non-traditional sex roles and gender 2.3 models. It means that LGBTQ student receive little or no relevant information on safe sex and healthy 24 25 relationships. And it means that physical health

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and sexual and emotional wellbeing of New York ... 2 3 students is being compromised. While New York state 4 requires all public school students to learn about HIV and AIDS it does not require general sexual 5 health education. And that leaves vast gaps in 6 7 skills, awareness, and knowledge. The NYCLU put together a report in 2010 called bees and bias... a 8 birds bees and bias; how absent sex ed standards fail New York students. And that showed... that was a 10 11 review of curriculum across New York state and 12 showed that sex ed instruction was inaccurate, 13 incomplete, and biased. The bills in front of us today are reporting bills and transparency is very 14 15 important. It is important to know what's going on 16 in schools. But approaching the problem from 17 transparency without a foundational underlying 18 policy that the New York City Department of 19 Education needs to put in place to secure 20 comprehensive sex ed K through 12 is not enough. I 21 want to mention just a few comments in regard to 2.2 Intro number 771 and Intro number 952. As we've 2.3 heard today if I may have... As we've heard today confidentiality safeguards are very important for 24

our young people. They ensure that our young people

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can get the health care that they need especially when it's sensitive health care like sexual and reproductive health care. We encourage council members to make more explicit in those bills the existence of confidentiality protections. To conclude we thank the council for being a leader on comprehensive sex ed and... and we look forward to working further with you. And we urge the chancellor and the mayor to make comprehensive sex ed a priority. Thank you.

CHAIRPERSON DROMM: Let me just start off by saying I think Lilly and Arden were two lucky students because at least they got something but not much luck. What I'm curious about can you describe to me what was mentioned about LGBT students?

LILLY HERSHEY-WEBB: In my school, for Millennium High School, there was some... there was... it was brought up, not thoroughly. Marriage... marriage was not brought up in our school. There was like healthy relationships was kind of brought up but there wasn't the specifics of the LGBTQ and...

CHAIRPERSON DROMM: There wasn't?

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been.

LILLY HERSHEY-WEBB: No, there wasn't.

They went over it briefly but that was just one day.

CHAIRPERSON DROMM: So you mean like they say something like oh there... there are LGBT folks and...

LILLY HERSHEY-WEBB: Yeah... [cross-talk]

CHAIRPERSON DROMM: ...and this applies to them too or something like that.

LILLY HERSHEY-WEBB: Yes, but it wasn't...
it wasn't necessarily like specified. It was very
brief.

CHAIRPERSON DROMM: And what... what's the students' reactions when they do that?

not a very like diverse school when it comes to the LGBTQ community but I can definitely say that the sex education in my school was kind of a laughing stock because it wasn't thorough. It wasn't demonstrated in a concise way especially for LGBTQ people. And a certain kid in my school was actually like taken aback by the fact that they didn't necessarily like represent it as it could have

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CHAIRPERSON DROMM: Arden.

arden Levy: At my school we actually got very lucky. So we have a gender and sexuality line. It's a student run club that's started every year. And on their initiative they actually organize with our health teachers for them to come into 10th grade health classrooms and spend one 40 minute period, occasionally two if students request it specifically, talking about specific LGBTQ plus issues.

CHAIRPERSON DROMM: Alright. Well Council Member Cumbo.

thank you all for your testimony and I... I definitely want to thank you all for taking time out of your school day to be here because you are really speaking for thousands of young people all across the city. And that is so critical and so important. And as I look in the audience I mean I see the sprinkling of a few men here but this is an issue that impacts both genders. And so we need to really pull in more of the male voice here because they are critical to this conversation. So know that today you're speaking for both genders but we

need to get both of them here to have this very important conversation. Thank you.

CHAIRPERSON DROMM: Okay. And thank you to the panel for coming today. And we're going to call our next panel. Thank you very much. Next panel will be Danielle Castaldi-Micca... Meeka [phonetic] from NARAL, Michael Chaskes from GMHC, Caroline Sacerdote from Lamda Legal, Fiola or Fiyora [phonetic] Richardson I'm sorry from... a high school student I guess. Okay and I'm going to ask you all to raise your right hand. Do you solemnly swear or affirm to tell the truth, the whole truth, and nothing but the truth, and to answer council member questions honestly? Okay who'd like to start? Alright.

FIOLA RICHARDSON: Okay good afternoon.

My name is Fiola Richardson. I'm 16 years old. I'm a junior.

 $\label{eq:CHAIRPERSON DROMM: Can you pull that } \mbox{mic a little closer because...}$

FIOLA RICHARDSON: I'm sorry.

CHAIRPERSON DROMM: Hard to hear you.

24 Yeah, okay.

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FIOLA RICHARDSON: Yeah. Good afternoon. I'm Fiola Richardson. I'm 16. I'm a junior at Urban Assembly School for Law and Justice. I like to start basically saying that sex education is a very sensitive topic to many people and... such as parents, teachers, and those who are also religious. Sometimes just the thought of having to teach students about sex education causes a lot of discomfort and embarrassment resulting in parents and teachers only teaching about abstinence or not teaching anything at all when it comes to that topic. We... one thing I've learned since being a part of TORCH which is a organization which teaches other teens all over the five boroughs about sexual education it helps teens learn and understand information about our bodies. And as we get older our bodies mature causing us to have hundreds of questions. And without the answer to those questions we tend to be very confused and those confused make us go towards... and with all the... this confusion we deserve to be educated on what's going on. So because... without the education we are easily influenced by any false information we see and this also causes even more confusion and more discomfort

when it comes to speaking and learning about our 2 3 bodies. Everyday sex is advertised all over; TV 4 shows, movies, cartoons, music, magazine, etcetera. So we're taught abstinence is the way to go but when we step outside and look around that's all we 6 7 see is sex advertised all over therefore leading to 8 even more confusion. So without the proper educations teens look at the media for guidance. And this causes them to do and hear almost 10 11 everything that the media teaches them. And as we 12 know that the media does not always provide 13 accurate information. And sometimes that accurate information... that inaccurate information can be 14 15 passed onto teens all over. The media does... the 16 media doesn't really teach us anything. They're not 17 realistic at... at all as a... as I said. The media 18 doesn't show us how to put on condoms, they don't tell us about STIs. They make sex seem as though 19 it's very easy and that there isn't any 20 21 consequences when you're not being careful when it 2.2 comes to sex. So with that being said TORCH has 2.3 helped me realize that there are so many different types of contraceptions... contraceptions I 24 25 apologize. When I first walked in I only knew about

condoms and birth control honestly because my 2 3 school has not really provided much education when 4 it comes to that. But now that I've been educated I now know that there is stuff such as IUVs, the 6 patch, implants... etcetera. And with the spreading 7 of the knowledge we can have a positive effect on 8 society and there can be fewer teen pregnancies and fewer STIs being spread. With the teaching of sex education, it doesn't only mean that we're 10 11 educating on different type of contraceptions but 12 we're also educating on healthy relationships. So 13 having a healthy relationship is extremely important because we can only... because we can all 14 15 be heavy... heavily affected physically and also mentally. There are many teens who are in abusive 16 17 relationships because they don't know that... they 18 don't know what a healthy relationship is because they weren't taught. So these relationships result 19 in a lot of physical and mental damages like I said 20 before to many teens. There are only a few... these 21 2.2 are only a few reasons why sex education classes 2.3 are important but there are many many more as you know. So these classes will be ... will allow 24 25 teenagers to be aware all over and also allows to

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spread the accurate information that is needed for us to learn and to be able to understand our bodies and our set... and our mindset.

CHAIRPERSON DROMM: Okay thank you very much.

CAROLINE SACERDOTE: Okay. Thank you Chairpersons and members of the committees for the opportunity to speak this morning. My name is Caroline Sacerdote and I'm a Ford Fellow at Lambda Legal the oldest and largest national legal organization whose mission is to achieve full recognition of the civil rights of LGBT people and people living with HIV through impact litigation, education, and public policy work. Lambda Legal supports efforts to implement and monitor a comprehensive K through 12 sex education curriculum for New York City schools. We believe that to mean that each student receive fact based age appropriate lessons that aid not only their personal growth but foster a school climate that is respectful and reflective of the diversity of our city inclusive of respect for sexual orientation, gender identity, gender expression, and HIV status. The students in New York City public schools come

from all walks of life. And it is imperative that 2 3 all students and families feel that their 4 identities are recognized, celebrated, and valued. 5 Additionally, we are particularly aware of the 6 negative consequences on the ability to learn on 7 wellbeing when students are unsupported or even targeted for their orientation or identity or for 8 that of their parents. The dignity for all students act mandates that New York City public schools must 10 11 include instruction that supports the development of a school environment free of discrimination and 12 13 harassment. Comprehensive sex health education is a vitally important component of that directive 14 15 whether it be access to Kindergarten level library 16 books describing the life of a child with gay 17 fathers, a fourth grade lesson about challenging 18 stereotypes in gender presentation, or high school instruction on making healthy choices for your body 19 with a sexual partner. Lambda Legal believes that 20 demystifying these issues is the best way to 21 2.2 destigmatize them. Further when children learn from 2.3 an early age that being LGBT is completely normal and healthy we give them the tools to grow into 24 tolerant and compassionate young adults to value 25

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fellow students who have been traditionally 2 marginalized. The Department of Ed initiative to 3 4 end bullying in schools will be greatly strengthened when our students as a matter of course have an understanding that diversity of 6 7 identity is part impartial of our city and our 8 school. At Lambda Legal we have been supporting efforts to implement and monitor comprehensive sex education curriculum for many years. Several years 10 11 ago we represented a local PFLAG chapter and 12 litigation centered on the sex health curriculum on 13 Montgomery County Maryland public schools. The circuit court agreed with us supporting schools 14 15 implementation of a medically accurate sexual 16 health curriculum including lessons on respecting differences in human sexuality. Additionally, we've 17 18 partnered with GLSEN to address issues with the 19 students right to participate in the national day 20 of silence. Students who reach out for help were as young as 11 years old. That too as ... indicates a 21 2.2 growing need for L... for education in our elementary 2.3 and middle school. Lambda Legal urges the city council to move forward a comprehensive sex health 24

education program in all of New York City public

schools is truly important to our children, their

families, and the future generations with children

CHAIRPERSON DROMM: Thank you. Next.

who follow them. Thank you.

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MICHAEL CHASKES: Good morning. My name is Michael Chaskes and I'm the Director of Public Policy and Affairs at the Gay Men's Health Crisis, GMHC. GMHC is the world's first AIDs... organization. Today we serve over 93 hundred clients throughout New York City. GMHC is here today to support intro number 952, 967, and 771. According to the CDC over 50 percent of youth with HIV in the United States do not know they are infected. And a majority of 15 to 24 year olds in the United States have responded to surveys saying they were not concerned about becoming with HI... infected with HIV. This is extremely concerning to us at GMHC. We believe that schools are vital partners in helping young people take responsibility for their own health. Without being a vital partner young adults can receive partial information or information driven by ideology of ... rather than public health and in turn continue not to use condoms or not get tested.

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Properly implemented school health programs can 2 3 help youth adopt lifelong attitudes and behaviors 4 that support overall health and wellbeing including behaviors that can reduce the risk of HIV and other sexually transmitted diseases. A review of 48 6 7 research studies by the CDC found that... found that about two-thirds of HIV and STD prevention programs 8 studied had a significant impact on reducing sexual risk behaviors including a delay in first sexual 10 11 intercourse, a decline in number of sex partners, and an increase in the use of condoms and 12 13 contraceptive use. In the long term these programs are also equate to cost savings. The CDC is 14 15 reported that in one school based sexual risk 16 reduction program for every dollar invested in the 17 program two dollars and 65 cents was saved in 18 medical cost and lost productivity. We also in regards to Intro 967 Council Member Gibson's bill 19 we learned here today that for optimal performance 20 21 in our city schools we have to actually learn how 2.2 many teachers were actually trained and with 2.3 schools where these schools... where these teachers are being sent and with... what the... what 24

superintendents are bringing schools into

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2	compliance. Finally, Intro 771 sponsored by Council
3	Member Johnson will provide critical information we
4	believe to help bridge the health care divide in
5	our city. We know there are still uninsured and
6	underinsured individuals across the city. And by
7	determining how school health service organizations
8	are being utilized, what services are being
9	utilized, what medications are being distributed we
10	will be able to identify gaps in service. As an HIV
11	and AIDs service provider we know that detection
12	and treatment of a medical condition early on is
13	critical for care for both the individual and the
14	community at large. For anyone infected with the
15	HIV virus it is important to be connected to a
16	health care provider immediately to begin treatment
17	to help stay healthy as early as possible as well
18	as prevent HIV from passing on to others. Treatment
19	can help people living with HIV live longer
20	healthier lives and it should have been shown to
21	prevent sexual transmission of HIV by six by 96
22	percent. In closing we'd like to thank the
23	committees on health, education, and woman's issues

for today's hearing. And we look forward to working

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with everyone on the topic of sex education in New
York City public schools. Thank you.

CHAIRPERSON DROMM: Thanks. Danielle.

DANIELLE CASTALDI-MICCA: Hi. I want to thank all of the members of the committee, especially you two who are still here for chairing it and also for the opportunity to speak this afternoon. My name's Danielle Castaldi-Micca. I'm here representing NARAL Pro-Choice New York and the National Institute for Reproductive Health. We work in New York State and across the country to ensure that every woman has the right and ability to make the reproductive health decisions that are best for her life and her family. This includes preventing unintended pregnancy, bearing healthy children, and choosing safe and legal abortion. We're also the proud home of the TORCH program and so many of our young people have submitted testimony here today and we're really so excited about that. Comprehensive sexuality education which gives young people the tools they need to navigate decision making when it comes to sex and relationships and health over the course of their lives is a core part of our mission. We're also part of the

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Sexuality Educational Alliance of New York City, 2 SEANYC, which is a coalition of dozens of advocacy 3 4 and direct service organizations that support 5 comprehensive sex ed for all New York City students. And you're going to hear that hopefully a 6 7 lot today because a lot of our members have turned out. In 2011 when then Chancellor Walcott announced 8 that New York City would require middle and high schools to incorporate sex ed into each of their 10 11 one semester of already health... required health education we were... we were thrilled. We cheered 12 13 this development as an important first step. Although we now believe that starting in middle 14 15 school is not nearly early enough. Research shows 16 that comprehensive sexuality education delays 17 sexual activity among young people and increases 18 rates of contraceptive use. The most effective sex ed programs begin at kindergarten and go well 19 beyond the discussion of puberty anatomy and 20 21 pregnancy prevention to include lessons in 2.2 communication and consent, healthy relationships, 2.3 gender and sexual identity, and the importance of communicating with trusted adults. Sex education is 24

overwhelmingly supported across New York City and

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state and yet students throughout the city continue 2 to report that they're not receiving it and I think 3 4 we heard some of the reasons why earlier today. Alarmingly, a recent survey from Connect to Protect Bronx Coalition reported that fewer than two-thirds 6 7 of Bronx High School students said they learned 8 about healthy relationships. And just 37 percent learned communication skills when it comes to sex. The bills before you that have been proposed 10 11 require better tracking and evaluation of sexuality 12 education and health care which is an incredibly 13 important step in helping us understand who is receiving what education and when. We support them 14 15 as a preliminary measure although we ask to ensure that they include protections for student 16 17 confidentiality in some of those conversations. 18 However, we can't track what's not being taught. We recommend that the chancellor pass a chancellor's 19 regulation, something binding, requiring 20 21 comprehensive and development... developmentally appropriate sexual health education that reflects 2.2 2.3 the national sexuality education standards. And we recommend that there's a meaningful implementation 24 plan and tracking system that goes along with that.

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We've been encouraged by developments. We're
thrilled that condom demonstrations are finally
allowed in New York City schools after so many
years. But we hope that the mayor and his
administration make this a priority and start by
implementing that chancellor's regulation. Thank
you again for the time.

CHAIRPERSON DROMM: So thank you very much. And just to... one... maybe just kind of an announcement as well and then a question. You know we've been successful in providing funding through the city council for an LGBT liaison within the Department of Education. And it's my hope that the LGBT liaison once hired, and that should happen within the next few weeks, will also be able to have some input into this comprehensive sex education program that we'd like to see within the DOE specifically as it relates to LGBT folks. And so we have two LGBT organizations, Lambda and GMHC. I'm wondering what your relationships are like with the schools. And have you had any resistance to going into schools? Or how do you get students to know about your programs in the schools?

MICHAEL CHASKES: I mean in in general		
I'd like to say we'd like to have a stronger		
relationship with DOE and generally we have a very		
strong relationship with both the Office as well as		
specific staff members who work with the LGBT		
community for instance at the Department of Health		
and HRA. At GMHC a lot of our clients might be		
coming to us for instance because they they're not		
able to find the services elsewhere. So maybe		
they're not getting the proper LGBT instruction or		
off being offered HIV testing and easy easily		
accessible and accommodating environment so they're		
coming to GMHC. But we… we're more than happy and		
we'd really like to strengthen our relationship I		
think with DOE. And so we're very happy about the		
addition of a specific staff member which		
replicates something that a number of other		
agencies have started under this administration.		

CHAIRPERSON DROMM: Lambda.

CAROLINE SACERDOTE: And as for Lambda so we're a national organization and a lot of work focuses on LGBTQ youth. I don't have the information in front of me what our relationship is

with New York City public schools but I would be happy to look that up and provide that.

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CHAIRPERSON DROMM: So I hate to be like regional or territorial but what I found for my own experience as having been a New York City public school teacher for 25 years is that often times sex education in particular about LGBT issues in general never really get out to the boroughs. And so schools like you know Francis Lewis [sp?] perhaps or you know maybe Flushing or places like that, that's where I'm finding a real gap exists. And I... I just really want to encourage people to push and to move forward with the programs. And if they're having a problem to let me know about it from their particular schools because I had a school in my district that wouldn't let PFLAG come in. Somebody mentioned the PFLAG program and you did a lawsuit on it as well. And the principal was nervous about having a PFLAG group speak to the 9th graders. That's outrageous you know. I mean parents how could you you know say that it's not appropriate for a mother of a gay kid to come in and talk about her experiences. So there's that level of homophobia and this is by the way within

the last three years. If there's that level of
homophobia in our school system you know a lot of
this other stuff isn't getting taught you know. So...
but thank you. Council Member Cumbo any comments

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Member Dromm. Wanted to just follow up with a question that I had asked earlier but wanted to see if I could get some further clarity on it. The question was in relation to if a young person is HIV positive perhaps they find out about it at our... at their school or find out about another STD.

Michael can you talk about it in the sense of can they come to organizations such as yours for free medical assistance, the ability to pay for a treatment plans, drugs, and that other thing to address the issue.

MICHAEL CHASKES: So the short answer is yes they can come to us. We'd also love to you know be able to be an organization that can serve every individual who needs that service which is obviously where there's a gap. But anyone who comes to GMHC you can get tested. If you're... if you test negative, we discuss the possibilities of linking

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individuals to prevent... preventative medicines depending on how old they are such as prep and discuss the use of PEP [sp?]. But then if you test... if you test positive we have a great relationship with Mount Sinai and so we have a GMHC staff member that's basically a... social workers who work with the individual, bring them to Mount Sinai to meet with a doctor to get them set up on medication. And actually last year in 2014 we opened a partnership... Duane Reade Walgreens Pharmacy on site it ... at GMHC so individuals can also go there to get help with prescription needs. And it's also in terms helped our linkage navigation specialist as well as the actual pharmacy help in terms of finding out if someone has insurance, finding out if we can help them get them on certain programs or even directly working on... in some medications, with the actual pharmaceutical companies to actually just directly get them the medications. And so we're able to do that. There are a number of other organizations that do that. But also there's still... there's still gaps in services about linking the individual with the actual organization.

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COUNCIL MEMBER CUMBO: Just follow-up to that. Do young people that are under 18 years of age, do they usually come to you because they are referred from their school or is it that they come to you directly on their own?

MICHAEL CHASKES: It's my... mine... it's my personal impression that they come to us because they found out about us... found out about us and were not referred to us. So whether it's they've read about us somewhere, they've heard about us somewhere, or heard it from a friend but aren't really receiving referrals from the school system. Some cases it might be from their doctor or walk in medical center or something like that but not from the actual schools.

other questions quickly. Is it... is it just understood, and please educate me on this, if you're under the age of 18 is it just understood that in some way you would be eligible for free medical services if you are HIV positive? That's the first question. Well you can start there.

MICHAEL CHASKES: I can't fully speak to that. I... I don't think if... The... the problem is that

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I don't ... you're not ... from my understanding you're not fully eligible for full coverage of treatments and everything. What the redeeming factor in terms of regardless of age is given the system of medical care and the cost of prescription drugs in this country there are some insurance companies as well as directly some pharmaceuticals that are working to get medications at reduced cost to those who need it. But it's still a hodge-podge of ... a hodgepodge of trying to jump through hoops even for a young person. And so... and we have staff members at GMHC who work with clients to get them through those hoops but it can still be that you might be able to get access to the drugs at a low or reduced rate or even for free but then you're still getting... you may have gone somewhere for a blood test not at GMHC and receive a bill for that that you still have to pay. And so it's ... it's still very difficult in terms of there are some coverages. But it's... it's still not the easiest. And even though for those with health insurance who are youth there are still some restrictions in terms of you... maybe you have to go to a certain blood lab and you

might... they may not be as culturally competent to

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be honest with you. And so... but that's the one that covered by your insurance.

COUNCIL MEMBER CUMBO: And can you do all of this if you're under 18 without parental consent or do you need parental consent?

MICHAEL CHASKES: I can't fully speak to it but there are portions of it that you can do without parental... there are portions that you can do without parental consent. For instance, I believe you can for instance get a blood test but in terms of the treatment or for instance... for instance in terms of the treatment if you test positive or for instance let's say you are... test negative and want to know about prep [sp?] which is the daily preventative treatment you can't do that right now without parental consent. So obviously there's... but... some of my colleagues might be able to...

CAROLINE SACERDOTE: [cross-talk] Sorry

I just also want to add that's absolutely right.

And the fact that you can get tested but not

treatment is a real problem. Because getting a

positive diagnosis that you've gotten independently

is not particularly helpful if you can't then get

Yuan Louis Rodriguez from the Center for HIV Law

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and Policy, Marge Ives from the Women's City Club

New York, and Carlton Mitchell from Inwood

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House.

COUNCIL MEMBER CUMBO: Good afternoon.

If I could swear you all in before you begin your testimony. If you could please raise your right hand. Do you swear or affirm to tell the truth and answer council member questions honestly? Thank you and we... we can start on the left. Right, my left your right.

YOLANDA MCBRIDE: Good afternoon. My
name is Yolanda McBride and I want to... from the
Children's AID Society. I'm the Director of Public
Policy there. And I just want to thank you Council
Member Cumbo... Council Members Johnson and Dromm for
just having this hearing on this important topic.
As one of the nation's largest and oldest community
based organizations the Children's AID Society
helps children in poverty to succeed and thrive. We
act on this mission by building, implementing, and
always improving comprehensive support and play
space initiatives from Cradle Through College to
children and their families and targeted resource
limited New York City neighborhoods and schools.

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Our network of community centers, community 2 3 schools, and health clinics is organized into 4 service hubs concentrated in the South Bronx, Harlem, Washington Heights, and northern Staten Island. Citywide we offer more than 100 programs in 6 7 45 sites where we provide various services from Cradle Through College. As an agency with a strong 8 advocacy agenda we are also a member of in support the platform of the Sex Education Alliance of New 10 11 York City, SEANYC. At children's age a sexuality 12 education is a key component of our comprehensive health and wellness services. We strongly believe 13 that children and adolescents should receive 14 15 holistic sexuality education at the early stage 16 possible we operate sexual and reproductive health 17 programs in public schools, school based health 18 centers, and community clinics. From our perspective the breadth and depth of the service is 19 20 currently provided by the Department of Education 21 are not adequate in evaluation of our signature 2.2 even space program [sp?] the Carrera Adolescent 2.3 Pregnancy Prevention Program found that older teenagers in the program who had already had sexual 24

experiences were more difficult to engage to reduce

1 risky behaviors. And we actually changed our... our 2 3 model to start younger in order to... for the impact 4 young people. So overall we do support all three bills; into number 952, 957, and 771. And we have a couple of recommendations. Some of them have 6 7 already been discussed so I just only wanted to 8 focus on two of them. In terms of training parents and guardians on how to support health conversations in sexual education in... in the home. 10 11 We believe that any implementation planned that 12 comes out of the... the schools, the Department of Education, should have a deliberate focus on 13 training parents and families on how to support 14 15 healthy conversations around gender identity, 16 reproductive health, bullying, and health 17 relationships with their children. We actually 18 operate a program called the parent and family life 19 education program which facilitates parents' 20 conversations and their abilities to do this. We also wanted to expand school based health centers 21 2.2 as well. We've found that in the high... in the 2.3 school based health centers that we've... that we operate which... that high school students are able 24

to receive a wide range of services which have

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already been discussed around reproductive health
services including on site dispensing of
contraceptives and referrals for long acting
reversible contraceptive in addition to pre and
posttest counselling for STI and HIV and pregnancy
test and other services as well. So just thank you
for the opportunity to testify and I welcome your
questions.

Chairperson Dromm, Chairperson Cumbo, and Chairperson Johnson and your committees we thank you for this opportunity to advocate for much needed reform for sex education in the New York City public schools. I am Marge Ives, member of the Women's City Club of New York and Co-chair of the Women seated club Sex Education in New York City Public Schools Taskforce. The WCC is a century old organization that shakes public policy through education, issue analysis, advocacy, and civic participation. I'm going to eliminate some of the factual stuff here. The Women's City Club has created the sex education in the New York City Public Schools Task Force amid concern that the

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2011 sex education recommendation or requirement 2 3 had not been accomplished... had not accomplished its 4 intended goal to provide comprehensive sex education to middle and high school students. Today I am testifying... testifying on behalf of our 600 6 plus membership to ensure that New York City public 7 schools are in fact providing that comprehensive 8 sex education to our children. We all know that students are getting pregnant, STIs, and HIV. The 10 11 teen pregnancy rates that we are currently seeing as well as the rates of STIs and HIV demonstrate 12 13 the urgent need to educate our young women on safe sex practices. The women city club commends the 14 15 mayor and the New York City Department of Education 16 or commended the mayor and the New York City 17 Department of Education when it issued its 2011 18 recommendation for universal standards of sex education as we felt it indicated the department's 19 commitment to meeting the needs of our youth. 20 Unfortunately, since that recommendation was issued 21 2.2 the Women City Club has failed to ... to find 2.3 qualitative and quantitative data to act... to assess the recommendations' effectiveness. In our efforts 24

to collect such data we have probed multiple access

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points including a freedom of information act 2 3 request to the Department of Education. In addition to the individual efforts of the task force the WCC 4 also worked as a member... works as a member of the sex alliance... Sex Education Alliance of New York 6 City, SEANYC, to advocate for the release of data 7 related to the sex education recommendation. To 8 date neither the task force nor SEANYC has been able to obtain from the Department of Education any 10 11 quantitative data on ed... on educator training, curricula or utilization, or amount of classroom 12 time devoted to sex education. This lack of 13 information regarding compliance of the 2011 sex 14 15 education recommendation is concerning. Because 16 without the accountability mechanisms to ensure 17 compliance schools may be side stepping their 18 responsibility of providing every middle and high 19 school students' vital health information. The 20 three bills being discussed today seek to remedy 21 this deficiency. And we thoroughly support them. We also ask for a chancellor's regulation that will 2.2 2.3 put in... to codify the... the requirement for sex education. And we also recommend that the DOE 24

expand age appropriate medical... medically accurate

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sex education grades Kindergarten through 12th grade to ensure continuity and a full comprehensive education. And we ask for a timeline to... to comply with this. Thank you.

COUNCIL MEMBER CUMBO: Thank you. Next.

TUTEEZ RODRIGUEZ: Good afternoon. Thank

you Chairperson and committee members. My name is Tuteez Rodriguez. And I am pleased to offer this testimony on behalf of the Center for HIV Law and Policy, a national legal and policy resource and advocacy center working to end HIV discrimination. I coordinate CHLP's Teen Sense Initiative which works to secure the rights of system involved youth to comprehensive LGBTQ inclusive sexual health care and sexual health literacy programs. This includes ensuring that staff of foster care, detention, and other government operated and regulated youth facilities are trained to understand and respond to the needs of all youth in their care regardless of sexual orientation, gender identity, gender expression or HIV status. CHLP supports the committee's efforts to ensure transparency in the areas of student health services, comprehensive health education, and sexual health education

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training. I urge the committees to expand such 2 3 efforts to benefit all young people, particularly 4 LGBTQ and system involved youth. CHLP supports LGBTO inclusive sexual health care and sexual literacy programs. And we urge the committees to 6 7 consider similar policies for the benefit of our 8 youth under state care. Increasing young peoples' sexual health knowledge and ensuring access to sexual health services and programming are critical 10 11 prevention strategies to help stop sexual violence 12 and promote healthy sexual attitudes and behaviors. 13 The length between sexual health and safety is the foundation for our work in New York. The need for 14 15 dissemination of sexual health knowledge and access to sexual health services is all the more urgent 16 17 for our youth living with HIV and our LGBTQ youth. 18 As many as 82 percent of LGBTQ youth experience some form of mistreatment in the classroom. When we 19 provide sexual healthcare and literacy programs 20 21 that do not account for their specific needs we are 2.2 complicit in such mistreatment. This is no less 2.3 true for our youth under state care. Youth of color, youth from low income backgrounds, LGBTQ 24

youth, and youth survivors of sexual violence are

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significantly overrepresented in state custody 2 3 settings. Youth entering the system often present 4 with histories of abuse, neglect, and family instability. Sexually abused girls and young women are significantly more likely than their non-abused 6 7 peers to enter care and once there often experience greater risk of sexual violence. For some the 8 pathway into state custody includes periods of homeless and high risk sexual behavior often in 10 11 exchange for shelter or food. Youth and out of home 12 care face significant threats to their sexual 13 health and wellbeing including higher rates of sexually transmitted infections, HIV, unintended 14 15 pregnancy, and substance abuse. Some youth who 16 identify or are perceived as LGBTQ may have... may 17 have experienced family rejection, abuse, or 18 neglect prompting the state to remove them from their home. A recent DOJ report surveying over 87 19 hundred adjudicated youth and juvenile facilities 20 across the United States found that nearly 10 21 2.2 percent of youth reported experiencing one or more 2.3 incidence of sexual victimization by another youth or staff within the last 12 months. LGBTQ youth 24

were nearly seven times as likely to report youth

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on youth victimization as heterosexual youth. In 2 3 light of this data I urge the committees to review 4 our teen sense model policies and standards on sexual health care for youth in state custody. A New York City council resolution expressing the 6 7 need for written policies guaranteeing 8 comprehensive LGBTO inclusive sexual health... sexual and reproductive health services and programing to the youth under its care would provide this public 10 11 policy issue the urgency and platform it deserves. Thank you for your time. 12

COUNCIL MEMBER CUMBO: Thank you.

CARLTON MITCHELL: Good afternoon. Thank you Chairman Dromm, Chairman Johnson, and Chairwoman Cumbo and members of the committee for the opportunity to testify today. I am Carlton Mitchell. I'm the Interim Executive Director at Inwood House. We're established in 1830 and are an internationally recognized leader and innovator in teen pregnancy... pregnancy prevention, youth development and teen family services. We were amongst the first to address the connection between poverty and teen pregnancy as well as the first to provide mother child foster homes, deliver ongoing

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family support services after childbirth, engage 2 3 teen fathers, and bring asset building 4 comprehensive sexuality education and prevention programming to schools and engage young boys in 5 pregnancy prevention programming. Inwood House is 6 one of the many organizations that comprise of 7 Sexuality Education Alliance of New York City and 8 applauds the introductions of these bills as an important step to helping young people take charge 10 11 of their health and their lives. But we recommend 12 that language be added to strengthen the privacy protections so that no student's confidentiality is 13 14 violated and none of the data that is collected is 15 misused. It's time to make sexuality education a 16 priority for all of our students on a continuum of Kindergarten through 12th grade. Too often students 17 18 are no provided any of the required HIV/AIDs lessons that are mandated and health classes 19 20 include little or no sex education. Even more 21 egregious as we've heard there are the countless 2.2 examples of factually inaccurate information being 2.3 given to students by ill prepared teachers. Recently we conducted an informal survey of 24

students that we serve. And they overwhelmingly

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2	believe that good comprehensive sex education
3	should be available to all youth preferably before
4	they have sex. They want to receive this
5	information in a non-judgmental caring way and not
6	based on fear tactics. They want to learn
7	communication skills, the differences between
8	healthy and unhealthy relationships. The difference
9	is sex between sexuality and sexual orientation
10	between assault and consent. And how to approach
11	situations they face such as bullying and peer
12	pressure, violence and trauma, substance abuse and
13	daily stress. They want good tools that will assist
14	them to negotiate these realities, constant
15	insecurities, and gain the self-epitaxy needed to
16	remain safe and centered in their own identity. We
17	thank you for recognizing the holistic development
18	of all students and urge you to pass these
19	critically needed pieces of legislation. Thank you.
20	CHAIRPERSON DROMM: Well I I didn't I

CHAIRPERSON DROMM: Well... I... I didn't... I had to step out for a little while to take care of a couple of things like going to the men's room.

But Marge your numbers are astounding. And just bear repeating. The current rate of sexually transmitted infections among New York City Youth is

2 25 percent. Nearly 20,000 15 to 19 year olds in New

3 York City have Chlamydia. And nearly 3,000 have

4 gonorrhea. Moreover, although Herpes and Human

5 Papillomavirus are not reportable they are... common.

6 Overall among sexually active adolescents one in

7 | four will have an STD by 21. With one in two

sexually active people having an STD by age 25.

9 That is scary. That... [cross-talk]

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MARGE IVES: Mm-hmm.

think that in and of itself, just that little piece... proves why sex education is so vitally important because all of those are preventable. And if we had comprehensive education. And I tried to make that connection but Doctor wouldn't have it... wouldn't have it. But I believe that there's a connection between education and a reduction in sexually transmitted diseases. So thank you for that. Okay. So we're going to go to the next panel. We have so many more people. I'm sorry Cumbo... sure. Mm-hmm.

COUNCIL MEMBER CUMBO: Just wanted to... I just have one question before you all go as well.

Because I was trying to get this information in the

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other panel, the original panel where equally as 2 council Member Dromm brought up you stated between 3 2002 and 2011 the number of males between the ages 4 of 15 and 24 living with HIV increased by 258 percent, is that accurate? Mm. What do you 6 7 understand is being done about this rapid growth throughout our communities? Are you seeing anything 8 that has shown or demonstrated that some efforts are being made towards addressing this? Have you 10 11 seen anything in your work that would point us in the right direction? 12

MARGE IVES: I couldn't answer that but I can ask the... you know the people back at the Women's City Club if they have any more data about that.

all for your testimony. It's also great to hear from some male perspectives and voices on this as well. But I think you bring up an additional layer to the panel discussion. Because when we're talking about sex education and we're talking about our young people we're talking about it from the standpoint of it being consensual and this is something that they have decisions that they are

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going to make or not going to make. But so many 2 3 young people from a very young age are coming to us 4 already being violated in such a way. And that needs to be brought into the conversation because 5 what about molestation in our communities. What 6 7 about rates in our communities? How do we utilize a sex education tool to identify those young people 8 and provide the health and assistance that they need in support? So I really thank you all for the 10 11 work that you're doing and I thank you all for 12 testifying today.

[background comments]

CHAIRPERSON DROMM: Okay thank you. Our next panel is Kyla Serall or Sierel [sp?] Sadie

Nash Leadership Project, Bianca Lopez from

BOOM!Health, Tara Abrol from Big Talks Workshops,

and May Vutrapongvatana Vutrapongvatan [sp?]...

Vatana. No problem. Okay I'm going to ask you all

to raise your right hand. And do you solemnly swear

or affirm to tell the truth, the whole truth, and

to answer council member questions honestly?

[combined affirmations]

CHAIRPERSON DROMM: Very good. Thank you. Who would like to start?

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TARA ABROL: Hi, good afternoon. Thank you for the opportunity to speak this afternoon. My name is Tara Abrol and I am here today representing the young people and families with whom I work. I am a clinical social worker providing therapy and also the founder of Big Talks Workshops. Big Talks provides workshops and training for young people and adults around adolescent relationship issues including holistic sexuality education. I am also a member of SEANYC and the Women's City Club. The Department of Education recommends that student receive the sexual health education for part of the semester in middle school and for a semester in high school. As part of the women's city's club sex education task force I can attest to the difficulty in identifying whether or not students are actually receiving this important information, who is teaching this information, the level of training these educations have received and... and exactly how and what is being taught. As a therapist and youth advocate I would like to share my professional experience which illustrates the imperativeness that students immediately begin receiving comprehensive sexuality education throughout their

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entire school career. As a clinician I currently 2 serve multiple teenage clients exploring topics 3 4 related to sexuality education. These include healthy dating relationship dynamics, witnessing parental domestic violence, communication 6 7 strategies around sexual consent and safe sex practices, gender rolls within familial dynamics, 8 shaming behavior around female sexuality, and online sexual harassment. In essence I as a 10 11 clinician am providing these teenage clients with sexuality education. The number of teens that 12 13 require this information as part of clinical work illustrates the necessity of comprehensive 14 15 sexuality education for young people. I quickly 16 just wanted to share a story of a young woman who I 17 began seeing last year. She was 15 years old when 18 she came to me and she was experiencing suicidal ideation. Just because the year before she had been 19 20 with a partner who had pressured her to send him 21 nude pictures of herself and as a 14-year-old she 2.2 had complied. After she broke up with him she found 2.3 these pictures on online pages called exposed pages. And two years later even though the police 24

had become involved because her mother had set up

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an investigation she's continually being exposed on different pages because once you take down one of the pages another page pops up and these pictures are... are found again. Fortunately, she's no longer experiencing suicidal ideation but this continuous harassment has has... has had long term effects on her self-esteem, her sexual development, and has created questions for her around self-worth and female sexuality. Above is just one example of a teens life that has been severely affected by a lack of information around sexuality. She has suffered and she says... she says this herself in session because she didn't know any better. Young people need to be engaged in dialogue around sexuality multiple times so that they can begin to form healthy concepts of their own sexuality and that of their peers. We need to talk to young people about what is going on in their sexual lives even if it makes us as adults feel uncomfortable. And we need to make sure that the people take... talking to youth are qualified because as the above case illustrates much is at stake.

COUNCIL MEMBER CUMBO: Thank you.

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2 TARA ABROL: I urge you to pass these 3 pieces of legislation. Thank you.

COUNCIL MEMBER CUMBO: Thank you. Next presenter.

MAY VUTRAPONGVATANA: Thank you Chairwoman Cumbo, Chairman Dromm, Chairman Johnson, and members of the committees for the opportunity to speak to you today. My name is May Vutrapongvatana. I am currently a student at New York University and a former youth advocate for the Young Women of Color HIV/AIDS Coalition. I am representing YWCHAC today to... to provide the council with my testimony on the importance of sex education in New York City public schools and the significant impact that can result from the three bills on the floor today. As a former student in the New York City public schools I can attest the conditions of sex ed in our schools. I was fortunate enough to have gone to a high school new explorations into science technology and math which provided their students with comprehensive sex ed and had an instructor who was trained. After the implementation of the NESTM continues to improve its sex ed by using the recommended health smart

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curriculum. Unfortunately, the situation is not the 2 3 same at other schools in the city. Although the 4 mandate has an instrumental part in the improvement of sex ed in our schools this does not necessarily mean all instruction is created equal. STD rates 6 7 are still increasing in the city particularly around young women ages 15 to 24 and in low 8 socioeconomic neighborhoods. It is necessary we support these bills today. We need regulation and 10 11 training for instructors to ensure that every 12 student regardless of what school they attend 13 receive the same comprehensive knowledge regarding their sexual health. We need reporting from schools 14 15 to ensure that the mandate is being implemented and 16 that students are getting the education they need. 17 Finally, we need funding to support effective 18 implementation and evaluation. Allow me to leave the council with one final thought. Sex is an issue 19 highly stigmatized in our society. However, to deny 20 21 an individual information that can be life saving for their health is considered a human rights 2.2 2.3 violation. We need to debunk the idea that sex ed is a tool used to encourage individuals to engage 24

in sexual behavior but rather looking it as... look

at it as a tool of prevention, a tool to protect 2 oneself, and even a tool to empower oneself. Once

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4 again, I would like to thank the council for

hearing my testimony and I hope it is taken into 5

consideration as decisions are made in regards to 6

7 the bills on the floor today. Thank you.

BIANCA LOPEZ: Thank you Chairman Dromm, Chairman Johnson, and Chairwoman Cumbo, and the members of the committees for the opportunity to speak this afternoon. My name is Bianca Lopez and I'm the Vice President of Prevention Programs at BOOM! Health. We are a non-profit organization that... the Bronx where every youth and adult served will be put on a path to realizing his or her full potential beginning with comprehensive care and supportive services. We recognize the importance of ensuring age appropriate sexual health education is delivered to all students. BOOM! Health delivers a range of prevention and behavioral health and wellness services to the hardest reached communities in the Bronx. Our sexual health education programs maintain a strong and vibrant youth component because from the very beginning of our relationship we encourage open communication in

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a non-judgmental environment. We offer specific 2 3 programming to both young women and LGBT youth. We 4 have observed a 65 percent increase in... on the 5 number of youth we have served in the past year which demonstrates the success of our youth 6 7 engagement efforts. BOOM! Health acknowledges that the population of the Bronx is negatively impacted 8 by numerous stressors such as poverty which impacts youth revide... who reside in the borough making this 10 11 group extremely vulnerable and that increased risk 12 of acquiring HIV and sexually transmitted diseases. 13 In a recent ranking of New York state counties, the Bronx ranked dead last for both socioeconomic and 14 15 health indicators. Finding poverty and unemployment, limited access to healthcare plague 16 17 the boroughs' residents. Many of the zip codes in 18 the borough have high HIV diagnosis rates as well as they're among the highest poverty rates in the 19 20 city. One zip code alone, 10457, has the highest 21 number of people afflicted by two of the following 2.2 the conditions; HIV, Hepatitis B, Hepatitis C, 2.3 Gonorrhea, Syphilis, Chlamydia, and TB according to the New York City Department of Health and Mental 24

Hygiene. All seven diseases are epidemic in 10457

1 with infection rates for all conditions in the top 2 3 20 percent of cases citywide. BOOM! Health is a 4 member of the Sexuality Education Alliance of New York City that supports comprehensive sexuality 5 education for all New York City students. We're 6 7 here to support these bills to require the Department of Education to better track and 8 evaluate sexuality education that is happening in schools which would be an important step in 10 11 ensuring that appropriate sexual health education is delivered to all students. We recommend to the 12 chancellor... regulation requiring comprehensive and 13 developmentally appropriate sexual health education 14 15 that reflects the national sexuality education 16 standards for all public school students from Kindergarten through 12th grade. The Department of 17 18 Education also needs to create a meaningful 19 implementation plan that ensures that all New York 20 City public school students receive sexual health 21 education and include provisions to protect student confidentiality. By passing these bills all public 2.2 2.3 school students including the vulnerable Bronx youth served by BOOM! Health will be better equipped 24

to make healthier decisions thereby improving not

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only their own sexual health outcomes but to help disparities that persist in the borough. Thank you

so much for allowing me to testify this afternoon.

COUNCIL MEMBER CUMBO: Thank you for your testimony. Thank you.

BIANCA LOPEZ: Mm-hmm.

KYLA SERALL: Good afternoon. First I'd like to thank the committees on health education and women's issues for the opportunity to... to engage a public conversation about sex education. My name is Kyla Serall and I'm here as an educator and a faculty member with the Sadie Nash Leadership Project. Sadie Nash provides education and leadership programming to young women in New York and Newark. Through Sadie Nash I have taught sex education in every New York City borough in public schools, community centers, and through our summer leadership institute where my class focuses exclusively on reproductive justice. The schools I have taught in are vastly different. One has a clinic with comprehensive sex education programming. Another school is under the guidance of a principal steadfast in his belief that no young person should be exposed to sex education

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beyond the biology of fetal development. Although 2 3 comprehensive sex education that continues 4 throughout adolescence is a critical support... source of support students in New York are not receiving the same level of access to information 6 7 about sex and reproduction. At the beginning of 8 each of my classes I ask students to report and discuss where they get most of their information about sex from. The most common responses are 10 friends and television. Then we talk about what 11 12 information they have. They have some thorough and 13 accurate information. Among other things though students have shared the following. If you stand up 14 15 while having sex, you can't get pregnant. 16 Ejaculation into the mouth causes pregnancy. 17 Drinking bleach induces miscarriage. Douching with 18 bleach prevents the development of sexually transmitted infections. Hitting your stomach 19 induces miscarriage. And if you are on your period 20 you cannot contract a sexually transmitted 21 infection. So there is the basic issue of 2.2 2.3 misinformation. And then the second issue which is perhaps even more crucial to who is... who young 24

people can speak to and where they receive support.

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2	I respond to dozens of phone calls and text
3	messages each year about where to find health
4	services, how to get free emergency contraception,
5	and where to go for confidential pregnancy testing
6	and abortion services. Every single student who
7	asks me for this information tells me they have no
8	one else to ask. Students have shared with me time
9	and again that comprehensive sex education not only
10	informs them about their bodies and relationships
11	but improves their ability to seek care and to
12	reach out for more information. This type of
13	education in schools facilitates a culture of
14	health literacy, personal advocacy, resource
15	sharing, and perhaps most importantly peer support.
16	Increased sex education training, pedagogy, and
17	evaluation will strengthen New York City schools,
18	support the choices and boundaries of young people,
19	and reinforce the availability of free and
20	confidential care throughout the city. Thank you.
21	CHAIRPERSON DROMM: Thank you very much

uch to this panel. I just want to also read something from May Vutrapongvatana... vatana?

MAY VUTRAPONGVATANA: Vatana.

CHAIRPERSON DROMM: Vatana.

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MAY VUTRAPONGVATANA: Yes.

to debunk the idea that sex education is a tool
that is used to encourage individuals to engage in
sexual behavior. Unfortunately, I heard some of
that today on this panel from Council Members. And
so that job is so big ahead of us because that's
constantly used as the reason for not putting sex
education into schools and I'm really glad that you
addressed it May. [cross-talk]

MAY VUTRAPONGVATANA: Thank you.

CHAIRPERSON DROMM: Thank you very much.

And... and thank you to all the panel as well.

Council Member Cumbo.

council Member Cumbo: I just want to say there's something so powerful about dynamic women raising their voices and speaking on behalf of thousands. And I believe this is really going to have an impact in New York, across the nation, and all over the world. I appreciate your courage. And I appreciate your tenacity and your strength. You all are really powerful.

[cross-talk]

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CHAIRPERSON DROMM: Alright our next

panel Andrew Leonard from the Children Defense Fund, Rachel Pulfitzer from PTNYC Activist Council, Renee Christian from Housing Works, and Joanna Mcclintic from the LGBT Center. Okay if you would all raise your right hand. Do you solemnly swear or affirm to tell the truth, the whole truth, and nothing but the truth and to answer council member questions honestly? Okay. And where should we

ANDREW LEONARD: I can begin.

CHAIRPERSON DROMM: Toss a coin.

ANDREW LEONARD: Alright.

start? Over here or there, or in the middle?

CHAIRPERSON DROMM: Thank you.

ANDREW LEONARD: Hi, good afternoon. My name is Andrew Leonard and I am the Senior Policy Associate for Health, Housing, and Income Security at the Children's Defense Fund in New York. Thank you to Chairs Johnson, Dromm, and Cumbo and to the members of the Health, Education, and Women's Issues Committees for the opportunity to testify today. CDFNY has a strong history of supporting access to healthcare services in schools. And we've worked closely with schools and providers to

1 protect and expand important efforts to address 2 3 health inequities while promoting enhanced 4 opportunities for learning. In May of this year we released a report entitled Health Plus Education 5 Equals Opportunity; An Equation That Works that 6 7 details the school health system in New York City and suggests ways that the already robust system 8 can be sustained and expanded to ensure even greater access to care. The school health system in 10 11 New York City plays a crucial safety net role in 12 securing the academic and health care needs of New 13 York's children. School have recently become increasingly important healthcare access points for 14 15 children and as a fully integrated part of the 16 healthcare delivery system schools can play a 17 strong public and primary healthcare role for 18 children improving both individual student and schoolwide population health. Children with unmet 19 20 healthcare needs are far less likely to succeed in 21 schools. The presence of unmanaged health 2.2 conditions in children were shown to be highly 2.3 correlated with negative performance on math and reading standardized tests. Without proper school 24

based health support children lose significant

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2	academic seat time. Without the appropriate school
3	health support an asthma attack that could be
4	properly managed in a clinic or prevented with
5	health education and self-management instruction
6	becomes an emergency room visit that takes the
7	student away from the school for at least the rest
8	of the day. A school that can better manage the day
9	to day healthcare needs of its students will enable
10	the best educational outcome. With this
11	understanding of the need for school based health
12	services TDFNY would like to express its support
13	for Introduction number 771 of 2015, a bill that
14	would require the Department of Education to report
15	to the council on student health and student health
16	services. Accurate and population wide data are the
17	foundation of an efficient and comprehensive school
18	health system making available a universal method
19	for tracking district level data points will help
20	identify those schools and communities most
21	vulnerable to negative educational outcomes and
22	poor adult health that stem from untreated
23	pediatric needs. The reporting called for in this
24	bill will additionally demonstrate the need for

expanding school health services to all children in

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need throughout the five boroughs. The analysis of 2 3 this data will facilitate, will further demonstrate 4 the existing health disparities facing children in our city. Schools typically receive more intensive healthcare services based on the number of students 6 7 in each school, the presence of school... of students with special healthcare needs, a principal's desire 8 to have enhanced health services, and the availability of a willing provider and adequate 10 11 space within a school. While all schools have high needs certain schools will stand out as having 12 13 greater need for more intensive services. More readily accessible data reporting will assist the 14 15 Department of Education in making the most 16 strategic choices when allocating health resources. 17 This bill will help capture the strength of the 18 existing school health system while better positioning schools to meet the long term health 19 and wellness needs of the student. We thank Council 20 Member Johnson for introducing this bill and the 21 2.2 committees present here for prioritizing children's

RACHEL PULFITZER: Thank you all for the opportunity to speak this afternoon. My name is

access to needed school health services. Thank you.

Rachel Pulfitzer. I'm here today because I've been 2 3 a resident of New York City for seven and a half 4 years and I volunteer with Planned Parenthood of New York City Action... Activist Council for nearly three. I care deeply about supporting complete 6 7 comprehensive medically and scientifically accurate 8 sex ed in schools. The Department of Education recommends that students receive sexual health education for part of a semester in middle school 10 11 and for a semester in high school. I had a similar 12 education when I was in school. Every other day for 13 one semester of my eighth grade year the gym teacher would teach us the basics of male and 14 15 female anatomy and a few different forms of birth 16 control. I was told never to have sex without a 17 condom but I was never actually shown a condom let 18 alone taught how to use one. The culmination of the semester was a showing of the miracle of life 19 20 designed to show us how painful childbirth looked 21 in an effort to terrify us out of having sex. No 2.2 discussion followed. While my sex education was 2.3 better than nothing it included absolutely no discussion once so ever about sexuality, consent, 24 communication, or relationships. I was left to fill 25

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in the blanks for myself from what I could glean 2 3 from 17 and later Cosmopolitan magazine. As you can 4 imagine and as I learned from experience what sells magazines and what serves as quality guidance on interpersonal communication do not always align. 6 7 The bills before you today are an important preliminary step to ensuring that students today 8 receive better sexuality education than I received many years ago. I support these bills though would 10 11 like to add that it's important to protect student 12 confidentiality as many others here have said today. Additionally, I believe it's incredibly 13 important to require comprehensive and 14 15 developmentally appropriate sexual health education 16 that reflects the national sexuality education 17 standards for all public school students from Kindergarten through 12th grade. Expanding 18 sexuality education to elementary school will allow 19 students to develop a deeper understanding of 20 21 autonomy, healthy relationships, and consent over time. The Department of Education also needs to 2.2 2.3 create a meaningful implementation plan that ensures all New York City public school students 24

receive sexual health education. Sex ed is about so

much more than sex. Teaching kids about the full
spectrum of human sexuality experience including
sexuality, gender inclusivity, sexual orientation,
consent, and communication will create a stronger

6 and healthier community for all of us. Thank you

7 | for your time today.

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JOANNA MCCLINTIC: Good afternoon members of the Committee on Education, Health, and Women's Issues. My name is Joanna McClintic and I'm the Sexual Health Specialist at the LGBT Community Center where I provide comprehensive and LGBT affirming sexual health curriculum to LGBT youth and their allies between the ages of 13 and 22 years old. As part of this work I teach a CDC approved curriculum called Personal Opinion Leader, POL, to over 40 LGBT youth annually about HIV specific safety and we practice how to negotiate a sexual situation to incorporate barriers and methods of protection and then we practice using those methods of protection. I also lead a weekly group for all youth members to drop in and attend to speak about sexual health topics and in these weekly groups many youth come and youth education and sexual education in schools is a frequent topic

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of our discussion. I work with many LGBT young people of color who either have an HIV diagnosis or have a close friend who has an HIV diagnosis. Data question is vital to determining how to meet the needs of today's youth so I applaud the council for introducing these three bills to be discussed today. I support the bills however my recommendation is rather than simply tracking how many lessons were taken, how many health educators... health educators a school has and how many encounters a school nurse has these bills should also track what curriculum was used in the instruction, if the curriculum has LGBT specific information, and where and how being tested for HIV will be available for young people. And how many instructors have received LGBT affirming trainings and feel comfortable with presenting and discussing these identities. And then how many lessons are demonstrative. So how many lessons speak about practicing both how to speak honestly and openly to a partner about incorporating barrier methods and how skill wise to use those methods. It was said in the GMHC testimony that over half of young people under 25 do not know their HIV status. And that's

2	the group of people whom are contracting HIV as an
3	unknown status, not a positive status. So young
4	people who get HIV tested regularly and feel
5	comfortable doing that is vitally important to
6	decreasing overall HIV transmissions. And the final
7	thing I'll say is many young people report to me
8	that while they may have received instruction the
9	instruction is highly emphasizing, eliminating teen
10	pregnancy which doesn't feel LGBT inclusive because
11	that speaks to only one kind of sexual behavior.
12	And this could be simply normalized by having
13	instructors include the range of sexual acts that
14	could be taking place because young people come to
15	me and say they don't feel like they're able to
16	find someone at their school whom they can really

RENEE CHRISTIAN: Thank you Chairman

Dromm, Chairman Johnson, Chairman... Chairwoman Cumbo

and members of the committee for the opportunity to

speak this afternoon. My name is Renee Christian

and I'm here today representing Housing Works.

Housing Works is a healing community of people

living with and affected by HIV and AIDs. Our

Yes. Thank you very much.

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mission is to end the dual crisis of homelessness 2 3 and AIDS to relentless advocacy, the provision of lifesaving services, and entrepreneurial businesses 4 that sustain our efforts. Currently we are working to implement the governor's blueprint for ending 6 7 the AIDS epidemic and comprehensive sexuality 8 education is an integral part of that plan. Each of the bills being considered today would require the Department of Education to better monitor and 10 11 measure sexuality education practices in New York 12 City public schools and provide detailed reports on those practices to city council. This data will 13 enable the council to better understand how the 14 15 city's educating its students and better plan for 16 how to improve those practices and expand sexuality 17 education. We applaud these bills and support their 18 passage. And we urge the council to take further action to expand comprehensive sexuality education 19 in K to 12 schools. The 23rd recommendation in the 20 governor's blueprint is the promotion of 21 2.2 comprehensive sexual health education. It supports 2.3 educating New York state youth in making healthy positive choices about sexual health in order to 24

avoid negative health outcomes such as HIV, STIs,

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and unintended pregnancy. Expanded comprehensive 2 3 age appropriate medically accurate health and 4 sexuality education in KL to 12 schools would increase the number of young people receiving information about HIV and STI prevention tools such 6 7 as condoms, post exposure prophylaxis and pre exposure prophylaxis. Comprehensive sexuality 8 education would also create a foundation of support for HIV testing by providing young people with 10 11 information and messages that encourage and normalize testing. According to the CDC Americans 12 13 ages 15 to 24 make up just 27 percent of the sexually active population but account for 50 14 15 percent of the new STIs in the US each year. Among 16 US high school students surveyed by the CDC in 2013 17 47 percent had had sexual intercourse, 41 percent 18 did not use a condom the last time they had sex, and only 22 percent had ever been tested for HIV. 19 And as was just said the CDC estimates that 50 20 21 percent of youth with HIV do not know that they are 2.2 infected. HIV prevention is particularly important 2.3 for youth populations. As the blueprint explained young men who have sex with men age 13 to 29 make 24

up a considerable percentage of new HIV diagnosis

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in New York state. More than a quarter, 27.9 percent, of new HIV diagnosis in 2013 were among young men who have sex with men. And between 2012 and 2013 young men who have sex with men was the only large risk group where new HIV diagnosis actually increased five percent statewide. Numerous studies have found that a comprehensive approach to sexuality education can help young people delay intercourse, reduce the frequency of intercourse, reduce their number of sexual partners, and increase the use of condoms and other contraceptive methods when they do become sexually active. National state and local polls consistently find the most... that most parents, teachers, medical professionals, and young people want schools to provide comprehensive sexuality education programs and New York City should take necessary steps to best service students and ensure that schools are promoting healthy attitudes and healthy decisions about sex. Housing Works thanks the council for the opportunity to speak here today and for the council's efforts to improve sexuality education in New York City. We urge you to pass these three

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bills and to take further steps to expandcomprehensive sexual education in K to 12 schools.

say with each panel we're given additional information. And when we first conceived of doing this panel we recognized the severity of the issue but with each panel we gain a greater understanding of the complexities of the seriousness of this issue. So I thank you all for bringing further light to this issue on so many different levels. And I thank you so much for your testimony today. Thank you.

Would just like to also add that the testimony from Joanna McClintic was very informative and... and said in a way that I couldn't say to the Department of Education what it is that I wanted to say. So I appreciate that very very much. But you know you know having demonstrations and specific sexual instruction is the only way I think you're going to be able to change behaviors, not just by telling people about condoms and... and you know that they should be used. So thank you for your testimony. Thank you to the whole panel as well. Thank you

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everybody. Our next panel... and we will get to 2 3 everybody but we do have a lot of panels still 4 coming up so bear with us. Lisa Oshiro representing herself, Corey Westover Community Healthcare 5 Network, Margo Lasariene Positions for Reproductive 6 7 Health, and Hasqual Santonez [phonetic] Children's Aid Society. Is Corey here? Lisa? Alright. Margo? 8 Alright. Hasqual? Okay. Alright. So we're going to 9 add Sara Flowers from Love Heals. Is she here? Okay 10 11 good. If I could ask you to raise your right hand 12 and I'll swear you in. Do you solemnly swear or 13 affirm to tell the truth, the whole truth, and nothing but the truth and to answer council member 14 15 questions honestly? Very good. Who'd like to start?

Chairperson... thank you Chair people and members of the committee for the opportunity to speak this afternoon. I'm Lisa Oshiro and I'm a Health and Sexuality Educator. I have my Masters in Sex Education from New York University. I'm passionate about educating young people and helping them to make healthier choices thereby reducing their overall risk. I spend most of my time talking to parents on such topics as consent, reproductive

1 health, preventing infections, and gender. I think 2 3 parents are severely lacking education and the 4 necessary skills to feel comfortable in talking to their children. Comprehensive sexuality education 5 which gives young people the tools they need to 6 better navigate the complex decisions they face 7 when it comes to sex and relationships is extremely 8 important and desperately needed in New York City 9 public schools. I strongly support the bills before 10 11 you to help ensure all students receive sexual 12 health education. Additionally, I recommend that 13 Chancellor Carman Farina pass a Chancellors Regulation requiring comprehensive and 14 15 developmentally appropriate sex education that reflects the national sexuality education standards 16 17 for all public school students from Kindergarten through 12th grade. Expanding sexuality education 18 19 to elementary school students allows them to reap significant benefits from this lifelong learning 20 21 experience and enable them to practice creating and maintaining healthy relationships. When should we 2.2 2.3 start teaching young people about consent, taking care of their bodies, and healthy communications. 24

Should we start freshman year of college or in high

1 school? Imagine the progress our students could 2 3 make if these principals were taught from their 4 beginning of their public school education. The earlier that schools can reinforce the message that 5 all decisions should be consensual the more time 6 7 students would have to master this... these communication skills to properly ask for consent, 8 answer these questions, as well as listen the answers. By starting early, we are giving our young 10 11 people the best opportunity to make healthy 12 decision making part of their daily lives and their 13 habits. I too am encouraged by the recent changes allowing condom demonstrations in the classroom. 14 15 It's promising to see that some things have changed 16 since I first student taught over 15 years ago in a 17 middle school in Greenwich Village. But without 18 these bills we won't know when or if all students are actually receiving comprehensive sexuality 19 20 education that is medically accurate, 21 developmentally appropriate, unbiased, and 2.2 respectful of all people. The New York City Council 2.3 has demonstrated respect for young peoples' health rights and safety time and again through proactive 24

measures like the bill before you today. I thank

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COREY WESTOVER: Sure. Thank you for the opportunity to speak today. My name is Corey Westover. I'm the Family Planning Program Manager at Community Healthcare Network. We've been in existence for over 30 years. We operate a network of 13 federally qualified health centers throughout the Bronx, Manhattan, Queens, and Brooklyn. We have a mobile van and a school based health center as well. We provide comprehensive services including primary care behavioral health and social services to over 85,000 individuals every year. At CHN we have a robust sexual and reproductive health program in which we provide clinical and educational services and counselling. As part of this program we offer no cost sexuality education to schools in community based organizations throughout New York City. So far this year our skilled health educators have facilitated almost 600 workshops in 49 schools and organizations reaching thousands of young people. We're very proud and excited to be reaching so many young people but we're doing the job of our public school. Most of the public schools we work with reach out to us because they do not feel equipped

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to provide this education. And this is because of a 2 3 lack of training, discomfort with the content, or a 4 conflict in... values. For the last few years I have provided education and counselling to patients in our health centers as well as facilitated workshops 6 7 in our... for groups in our schools. And I can tell you that young people want and need this education. 8 One of the tools we use in the classroom is an anonymous question box in which participants can 10 11 safely ask questions about sexuality. For example, 12 participants have asked some of these actual 13 questions. My partner won't use a condom, is it safe to use birth control the first time you have 14 15 sex? Can you skip using a condom because you know 16 your partner and you are clean? How do you know if 17 you're ready to have sex? How do you know if the 18 partner you have right now is the right person for you? These questions can be shocking, amusing, and 19 poignant, but they're honest and they open up a 20 21 safer meaningful complicated conversations around 2.2 sexual decision making, and communication. The DOE 2.3 recommends that students receive sexual health education as one part... part of a semester in middle 24

school and for a full semester in high school but

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many students are not getting this bare minimum. 2 3 There's no system of tracking education services or 4 of training and inadequate sexual education as we've heard today is not only disappointing, it's dangerous. We cannot expect sexually active young 6 7 people to make informed choices about their health 8 without giving them the information and skills to do that. These bills will reinforce the idea that comprehensive sexuality education is critically 10 11 important to healthy adolescent development. On 12 behalf of CHN we fully support the New York City 13 Council in passing the bills before you which would require the DOE to monitor and evaluate the 14 15 provision of sexuality education in our schools. 16 CHN is encouraged by the positive strides that the 17 city is making to improve sexuality education in 18 our classrooms such as the recent memo around condom demonstration. We also urge the Chancellor 19 20 Carmen Farina to pass the Chancellors Regulation 21 adhering to the national sexuality education standards for public school students from 2.2 2.3 Kindergarten through 12th grade. I strongly encourage the council to pass these bills which 24

will enforce transparency and sexuality education

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enabling young people to lead sexually healthy and responsible lives. Thank you.

MARGO LASARIENE: Thank you Chairman Dromm, Chairman Johnson, and Chairwoman Cumbo and members of the committees for the opportunity to speak this afternoon. My name is Margo Lasariene. I'm a Board Certified Family Physician and I've been living and practicing in New York City for five years. I trained at Mount Sinai Beth Israel Residency in Urban Family Medicine and am currently a provider at a community clinic in the Bronx. Prior to medical school I completed a Master's in Public Health at the University of Texas with a focus on international and family health. Two years ago I was a fellow with the Physicians for Reproductive Health, a doctor-led national advocacy organization that uses evidence based medicine to promote sound reproductive health policies. I am here today to urge you to support these bills. I am pleased to see the city council taking steps to implement report... reporting and tracking systems to make sure that each student receives appropriate sexual health education. I am also here to encourage the council to go further, to ensure

2	quality sexuality education in New York. The
3	national sexuality education standards as we've
4	heard recommend comprehensive sex education for all
5	students from Kindergarten through 12 th grade. The
6	New York State Department of Education currently
7	requires only one semester of comprehensive sexual
8	health education in both middle and high school.
9	Starting sexuality education that is
10	developmentally appropriate in Kindergarten helps
11	avoid unintended pregnancy, maternal death, unsafe
12	abortions, and sexually transmitted infection.
13	Numerous studies have found that early
14	comprehensive sex education has positive benefits.
15	For example, the Journal of Adolescent Health found
16	such programs to be effective at delaying or
17	reducing sexual activity and increasing condom use.
18	As a family's… as a family medicine physician I
19	often see young women who think that they are
20	infertile simply because they have not yet been
21	pregnant. They are not using any form of protection
22	during intercourse. When I ask them if they want to
23	be pregnant right now the answer is almost always
24	no. But because they haven't had adequate

information about their menstrual cycle, about the

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basic biology behind fertilization, or about how 2 half of pregnancies in this country are unintended 3 4 they have concluded that they cannot have children. The 15-minute appointment slot that I have with each of these young women is simply not enough to 6 7 adequately teach them everything they need to know. A few months ago I diagnosed a 15-year-old with her 8 first outbreak of genital herpes. She was not using condoms because her male partners told her they 10 11 were uncomfortable to wear. My heart broke as she 12 cried in my office. How did our community fail to 13 give this young woman the resources she needed to protect herself from a diagnosis that she will now 14 15 carry her entire life? I have also had a few 16 success stories. I have seen patients whose peers 17 sent them to me for an IUD or contraceptive 18 implant, the most effective forms of birth control. Empowering young women to take control of their 19 health enables them to put their education first 20 which is something my community in the Bronx 21 2.2 desperately needs. As a provider of comprehensive 2.3 sexual healthcare services I am extremely invested in the sexual health education of students in New 24

York City. While I am glad to see the city council

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taking up this important issue I believe we still
have a long way to go and that the council should
be leaders on this issue. Supporting comprehensive
sexuality education that starts in... in Kindergarten

is inclusive of all genders and sexual orientation

7 and emphasizes strength and resiliency will help

8 New York students thrive in school and beyond.

SARA FLOWERS: Thank you Chairpersons Dromm, Johnson, Cumbo, and members of the committees for the opportunity to speak this afternoon. My name is Sara Flowers and I'm the Director of Youth Initiative for Love Heals, the Allison Gertz Foundation for AIDS education. I'm also the parent of a young daughter who I... will... will one be a consumer in the New York City Department of Education. Love Heals is a leading provider of HIV/AIDS education in New York City. And since 1992 Love Heals has worked to empower young people to become leaders by equipping them ... equipping them with the knowledge, skills, and confidence they need to protect themselves and their communities from HIV. Love Heals Speakers Bureau pairs an HIV positive individual with a health educator to decrease stigma and provide

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2	clear concise HIV prevention and testing
3	information to students throughout New York City
4	and in the surrounding tristate area. Love Heals
5	Leadership Empowerment and Awareness Program for
6	Girls which we call LEAP helps young women of color
7	help to develop knowledge and skills to protect
8	themselves from HIV transmission while learning to
9	recognize and stand up against social drivers that
10	contribute to the very disparities they experience
11	around HIV and sexual health. Two components of
12	LEAP that I want to speak about really quickly
13	include a clinic visit which literally introduces
14	young people to a clinic in their communities that
15	they can get to without having to pay metro fare.
16	There they access youth friendly sexual and
17	directive health services. We also offer an adult
18	child communication workshop which helps parents,
19	guardians, or other adult stakeholders learn how to
20	start conversations around sex and sexuality with
21	their young people. And we have seen a lot of
22	parents come to us at the end of each program and
23	say thank you, I wanted to have this conversation
24	and I didn't know how to get it started.

Furthermore, I just want to speak quickly about

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LEAP. We do do program evaluation and to... to date 2 3 our program evaluation data suggests that 4 comprehensive sexuality education not only equips 5 young people with the tools that they need but also helps build an... an inclusive community and start 6 7 conversations among its members. This year alone Love Heals has reached over 35,000 students through 8 HIV awareness and prevention presentations which was offered at 212 schools and other community 10 11 based organizations across the five boroughs. Love 12 Heals is another membership organization of SEANYC 13 and we stand before you today to lend our support to legislation that... solidify the infrastructure of 14 15 the existing comprehensive sexuality education 16 curriculum mandate in two ways. One, through 17 overall monitoring evaluation. And two, through 18 resource allocation for training and professional development for those educators who are responsible 19 for teaching comprehensive sex education in school. 20 21 These bills also reflect an opportunity to align New York City sex education curriculum with 2.2 recommendations outlined in the national AID 2.3 strategy and Governor Cuomo's blueprint to end the 24

AIDS epidemic in New York state. Currently the New

1 York City Department of Education recommends that 2 young people receive sexual health education for 3 4 one semester of middle school and one semester in high school. And while this requirement is a step in the right direction it exists without oversight 6 7 or specifically designated resources and there may... therefore may often be overlooked. The legislation 8 before you will require the DOE to formally monitor, evaluate, and report on sexuality 10 11 education being taught in New York City schools. 12 And this is a critical stepping stone on the path 13 towards ensuring that all students receive clear, concise, developmentally appropriate, and evidence 14 15 informed comprehensive sex ed. To further bolster 16 the proposed legislation we recommend that the 17 Chancellor Carmen Farina pass the Chancellors 18 Regulation to require comprehensive developmentally appropriate sexuality education for all public 19 school students from Kindergarten through 12th 20 grade as outlined in the national sexuality 21 2.2 education standard. Healthy sexual development is a 2.3 lifelong process. And expanding sexuality education to elementary school will well position students in 24

New York City to avoid unintended health outcomes,

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to learn to communicate effectively about sexuality and sexual health, to develop a sense of autonomy over their own bodies and respect the autonomy of others, to understand and practice consent, and to develop and demonstrate a sense of dignity and respect for all people regardless of sexual orientation or gender identity and speak and behave inclusively as such. In order to implement the suggested recommendations most... most efficaciously the Department of Education will also need to develop a clearly articulated implementation plan. Make it compulsory for all New York City public schools and monitor and evaluate the plan as implemented. Chancellor Farina and Commissioner Vasquez' joint memo from earlier this year allowing condom demonstrations in classrooms is a solid testament to this city's commitment to providing evidence informed skills based learning opportunities to further improve sexual health outcomes. Equally exciting is Speaker Melissa Mark-Vivirito's recent launch of the Young Women's Initiatives which positions key stakeholders to work together to make solid policy recommendations to bridge gaps in services and reduce inequities

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2	experienced by young women across New York City
3	including those related to sexual health. We
4	commend Mayor Bill de Blasio for prioritizing
5	teacher's professional development and hope that
6	his administration will specify support for teacher
7	training around sexuality education in order to
8	ensure the adequate implementation of comprehensive
9	sexuality education curricula across grade level.
10	Again a chancellor's regulation would solidify the
11	mandate and better position the DOE to provide New
12	York City students with a successive comprehensive
13	sexuality education they need. It is clear that the
14	council prioritizes health [cross-talk]
15	COUNCIL MEMBER CUMBO: Thank you.
16	SARA FLOWERS:education for young
17	people. We thank you.
18	COUNCIL MEMBER CUMBO: Thank you so very
19	much. Thank you.
20	CHAIRPERSON DROMM: I I feel a
21	little compelled to tell one of my stories. You
22	know when I was about 13 or so I went to the
23	library because I didn't know what I was or what it

24 was that I was experiencing. And I guess somewhere

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I must have heard the word homosexual. So I went to

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the library and I looked it up and it said something to the effect of a deviant sexual behavior defined as a mental illness you know. And... and I said oh well I don't know, you know. But then it had something like those who are attracted to the same sex or something like that. So maybe that is what I am. So I went to the card catalogue in those days... this is 1969. And the card catalogue had books about being gay but they were under lock and key so you had to ask the librarian for it and I was too embarrassed to ask the librarian. So I grew up with basically nothing you know until I came out in 1973, about four years later. And I'm just glad that we've gone... we've gotten away from those days you know. But I wonder often times how far we've gotten with the stories that I hear and some of the testimony that I'm hearing today as well and some of the questions that our youth still ask so thank you very much to all the panel.

COUNCIL MEMBER CUMBO: I just have one question about Love Heals. When you provide HIV programming or I guess lectures within schools is that what a school will utilize to solidify their requirement to provide HIV classes or education or

be considered following the mandate.

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SARA FLOWERS: Yes.

COUNCIL MEMBER CUMBO: Oh that's very helpful. Do you think that it's a good model for schools to utilize to work with not for profit organizations and providers to fulfill their HIV teaching requirement?

SARA FLOWERS: My sense of... on being a sexuality health educator is that as we've seen tonight sexuality health education is very nuanced. It is very complex. It involves tons of context. So not only do you need information about sex and sexual health but you also need to understand how best to educate your young people in a nonjudgmental inclusive way. And I think that nonprofit organizations who specialize in this are well equipped to both provide capacity building or technical assistance training or provide the service themselves depending on what the need of the agency would be.

COUNCIL MEMBER CUMBO: Okay thank you.

SARA FLOWERS: Thank you.

CHAIRPERSON DROMM: I ...

COUNCIL MEMBER CUMBO: And thank you to all the panelists.

2 COUNCIL MEMBER JOHNSON: I ... I just 3 wanted to make one remark as well. Thank you. All 4 the testimony has been fantastic. So thank you all for being here. I graduated high school a little later than Danny Dromm did but I would say that 6 7 similarly when I knew that I was gay and was really 8 struggling with it I went to the encyclopedia in the local library and I looked up the word gay to try to have some sense of understanding about what 10 11 I was. And at that point it did not say that it was 12 a mental condition but it gave me some at least 13 word to be able to talk about the feelings that I was having. And I came out when I was 16 years old. 14 15 But up until that point and I think my parents did 16 a great job raising me, my parents never once talked to me about sex, ever. They were great 17 18 parents but they... you know Irish Catholic blue collar suburban parents it's not what they want to 19 talk about. And so we actually had in my school in 20 21 middle school and in high school very comprehensive 2.2 health and sex ed classes, I mean very 2.3 comprehensive stuff. And it was helpful because I felt like it was the only place that I could 24

actually talk about it and I would rather have it

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talked about in a classroom I felt that way. I didn't really want my parents to talk to me about it. It made me uncomfortable. So it was better to have a non-judgmental adult who had expertise who talked about it in a factual normal way than me having these uncomfortable conversations with my... with my family. That wasn't in New York City. That was in suburban Massachusetts, about 25 miles north of Boston so it's different. But I just think it's important to raise that. Thank you for your testimony.

approval words being said here today. And... and talk about better talking about sex let's have Megan Rockland Better Sex Talk come up, Ajuah Tetay [phonetic] Planned Parenthood of New York City, Marianne Lacoquie, Laconyik [phonetic] representing herself, Caitlin Johnson. Okay and we're going to add Ennis Anguiano [phonetic] okay. She was on the panel... Okay if you would just raise your right hand. I have to swear you in. Do you solemnly swear or affirm to tell the truth, the whole truth, and nothing but the truth, and to answer council member

questions honestly? Okay thank you very much.

3 Wherever you'd like to begin.

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MEGHANN RACKLIN: Thank you Chairman Dromm, Chairman Johnson, and Chairwoman Cumbo and members of the committees for the opportunity to speak to you this afternoon. My name is Meghann Racklin and I am here today as the Co-Founder and Director of Advocacy and Policy of Better Sex Talk, an organization that started in New York City and now works across the country to advocate for better sex education that includes information about consent, communication, and healthy sexuality as an avenue to prevent gender based violence. We work primarily with college students who have been continuously confronted by the reality of sexual assault on college campuses. Comprehensive sexuality education is a key part of stopping campus sexual assault because it gives students a tool to build healthy sexual relationships. In a recent survey by the Connect 2 Protect or C2P Bronx Coalition fewer than two-thirds of Bronx high school students said they learned about healthy relationships and just 37 percent learned communication skills when it comes to sex. If we

2	are serious about stopping campus sexual assault
3	all students need to be learning these skills. My
4	little sister is currently in the process of
5	applying to colleges. She deserves to have the
6	space necessary to develop a healthy sense of self,
7	an understanding of what she is and is not
8	comfortable with and she deserves to be taught the
9	tools necessary to communicate that to a partner.
10	Furthermore, she deserves partners who respect her.
11	She deserves partners who know how to communicate
12	and to listen and who care about making her
13	comfortable. She deserves a college experience that
14	I have not had, one that is free from the threat of
15	sexual assault. If that is to become a reality
16	policy making bodies like this council must
17	prioritize comprehensive sexuality education. The
18	bills presented today require the Department of
19	Education to better track and evaluate the
20	sexuality education that is happening in schools
21	which would be an important step in ensuring that
22	appropriate sexual health education is delivered to
23	all students. Better sex talk supports these bills
24	as a preliminary measure. However, we call on
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Chancellor Carmen Farina to pass a chancellor's

2	regulation requiring comprehensive evidence based
3	and developmentally appropriate sexual health
4	education that reflects the natural national
5	sexuality education standards for all public school
6	students from Kindergarten through 12 th grade.
7	Expanding sexuality education to elementary schools
8	will allow us to build a culture that prioritizes
9	consent. Building a consent culture requires giving
10	students a time to develop a deeper understanding
11	of autonomy and healthy relationships over time.
12	The Department of Education also needs to create a
13	meaningful implementation plan that ensures that
14	all New York City public school students receive
15	sexual health education. This will ensure that all
16	students receive this education and will reduce
17	disparities that arise due to differences in
18	location, resources, or the will of administrators.
19	The New York City Council has demonstrated an
20	understanding that young people have a right to
21	information necessary to maintain their physical,
22	emotional, and mental health through a proactive
23	legislation like the bills before you today. Better
24	Sex Talk thanks the council for holding this

hearing today and taking steps to improve

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comprehensive sexuality education in New York City
public schools. We urge you to pass these important

4 pieces of legislation. Thank you.

ADRUA SINCOSIETATAY: Many thanks to the Chairs Dromm, Johnson, and Cumbo for... and the members of the committee convening this hearing today. My name is Adrua Sincosietatay and I'm here today as the co-chair of the Sex Ed Advocacy Committee of the Planned Parenthood of New York City Action Fund Activist Council. In a nutshell the activist council is a ten-year strong team of volunteers that through our individual committees work to protect, uplift, and further planned parenthood of New York City's commitment to sexual and reproductive health, rights, and justice. As the sex ed committee we believe strongly in supporting and embodying comprehensive and inclusive approaches to sexuality education throughout the life course. Because we know that we do not all of a sudden understand things about ourselves and others just because we reach adulthood. We accomplish this by working to increase knowledge and change the culture and political landscape around how people access

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information and services regarding sexuality and 2 3 reproductive health. This happens through a 4 volunteer driven community education event advocacy 5 campaign supporting the work of the sex education alliance of New York City which planned parenthood 6 7 of New York City is a part of. And also safer sex ... 8 outreach throughout the city which we actually luckily have been honored to have some city council members actually support us through and... with us 10 11 when we do outreach around the city. For many of 12 our members what brings them to this work are our 13 own personal experiences with sex ed as young people and how these sex ed experiences or the lack 14 15 thereof have colored how we navigate the world as 16 adults, how our relationships are with our own 17 body, how we experience violence, and our health 18 and wellbeing. And so as such every September the committee celebrates sex ed action month and where 19 20 this year we worked both online and offline to 21 raise awareness about the impact of sexuality 2.2 education on peoples' lives and the need for sex ed 2.3 action to improve the situation in New York City. We closed the month this year with a panel event on 24

the current state of sex ed in New York City and

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the role policy plans in what happens. We were 2 3 joined by an intergenerational panel of experts, 4 some of which have actually spoken today, and of the attendees 140 plus that were there included sexuality educators, teachers, caregivers, and 6 7 concerned community members as well as current students. Through the surveys at the event 8 attendees shared with us their own experiences with sexuality education and how they felt it could be 10 11 better. The stories shared were powerful. A number 12 speaking to a focus mostly on pregnancy prevention 13 and the overwhelming lack of conversation about consent, partner communication, and the emotional 14 15 aspects of sexuality. Some spoke to experiences 16 with dangerous... dangerous medically inaccurate 17 information like that all condoms have holes in 18 them big enough to pass HIV. They also echo... echo that a number of them their sexuality was too 19 little too late with people including native New 20 Yorkers not receiving sex ed until 12th grade. One 21 attendee said what bothered me most was no 2.2 2.3 discussion on why sex what made us feel desire. How do we explore these things respectfully, 24

consensually, and considerately with the partners

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we choose to have sex with? It's one thing to show 2 3 teens how to use protection but to actually talk 4 about the actions that even lead to using protection in the first place is crucial to ensure protection will even be used at all. Overall some 6 7 of the key calls to actions from attendees were one sexuality education that includes conversations 8 about consent, pleasure, partner communication, and health relationships, two, curricula that are 10 11 inclusive of all students including LGBTQ youth, teachers who are better trained and have access to 12 13 ongoing training, programs that are more closely monitored, evaluated, and schools that are held 14 15 accountable and of course the importance of 16 comprehensive age appropriate sexuality education from Kindergarten through 12th grade as is 17 18 recommended by the national sexuality education standards. So over the 10 years of the activist 19 council the sex ed advocacy committee has had over 20 21 600 members that recognize that sexuality education 2.2 is important. And so we see that New York City has 2.3 been making strides to move ahead on this issue with the sexuality education mandate, the new 24

allowance of condom demonstrations, and this

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hearing itself. But we know that there's more work 2 3 ahead. As a sexuality educator myself I see the 4 direct health impacts of too little too late. So we thank the council for taking steps for these... with these proposed bills to strive for a more 6 7 transparent and accountable space with sexuality 8 education but these bills are one step in what we hope will be many to ensure that youth receive the sexuality education they ask... they are asking for 10 11 and deserve. So we ask the council to pass these bills. And thank you. 12

CHAIRPERSON DROMM: Thank you. Next.

CAITLIN JHONSTON: Thank you for the opportunity to speak today. My name is Caitlin Johnston. I am a new member of the Sex Ed Advocacy Group with the Planned Parenthood Activist Council part of the Sexuality Education Alliance of New York City. I'm... grew up in Wisconsin. And while the sexual education offered in my middle school and high school was not very extensive I was lucky enough to receive comprehensive sexual health education from my mother. She was a medical writer for a non-profit organization and when I was seven years old she sat me down in her home office to

begin to talk with me about sex. In addition to the 2 3 logistics of intercourse she explained to me the 4 necessity of consent, the importance of safety and using protection. And when I finally felt ready to become sexually active with my boyfriend in high 6 7 school my mom even took me to the doctor to get birth control. It's now been two decades since that 8 first talk in my mother's office and I've still never gotten pregnant, I've never contracted an 10 11 STI, and I've never had sex without giving and 12 receiving full consent. I realize that I'm very 13 lucky in those respects and unfortunately in the minority among other women my age. I'm in my 20s 14 15 now and I'm appalled at the number of my peers who 16 find consent to be a murky issue because they never 17 really learned what it was. A friend of mine 18 recently told me about falling asleep with her partner and waking up to find him inside her. She 19 20 had consented while she was awake so he thought that consent still applied. According to the recent 21 2.2 survey conducted by the Connect 2 Protect Bronx 2.3 Coalition only 37 percent of students report learning communication skills when it comes to sex. 24 And one in three high school students said they 25

2	have never received sex education at all. Meanwhile
3	according to the 2012 national data from the
4	Centers for Disease Control yearly one in five
5	women are raped at some point in their lives and
6	51.1 percent of the time the perpetrator is an
7	intimate partner. According to that same data from
8	the CDC rape also results in about 32,000
9	pregnancies each year. Consent is crucial and it
10	needs to be taught to our children if we ever want
11	those statistics to improve. The bill that is
12	before you today requires the Department of
13	Education to annually track and evaluate sexual
14	health education for grades six through 12 which is
15	an important step in ensuring that all students
16	receive comprehensive health education including
17	learning about consent. In addition to this I also
18	urge a regulation to require comprehensive and
19	developmentally appropriate sexual health education
20	for all public school students from Kindergarten
21	through 12 th grade. I was fortunate enough to have
22	a mother who taught me about sexual health from a
23	very young age which helped me to develop safe and
24	healthy attitudes about sex as an adult. All New

York school children could be so fortunate if

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sexuality education were expanded to elementary 2 3 school. This hearing today is an indicator to me 4 that we're already headed in the right direction to make New York safer by ensuring that comprehensive sexual health education is delivered to all 6 7 students. Thank you Chairwoman Cumbo, Chairwoman 8 Gibson, and Chairman Johnson for drafting these bills and thank you for listening to my testimony. I urge you to pass these essential pieces of 10 11 legislation as soon as possible so that our 12 children can learn healthy and responsible choices 13 and help create a brighter and safer future.

CHAIRPERSON DROMM: Thank you very much. Next.

INA SANGIANO: Can you hear me? Oh, good afternoon. My name is Ina Sangiano and I was a student at Brooklyn Preparatory High School from 2012 to 2015. And during my time there we only had two advisory sessions regarding sexual health. It was on STIs, one of them, and then the next was pregnancy trimesters. And advisory for anybody that doesn't know it's class of 15 of your peers and you're supposed to get a personal… more personal interaction with one of your teachers. So that was

2	mine. And we were informed that the guidance
3	counsellor gave out condoms and if you wanted to go
4	get condoms you would go to the guidance counsellor
5	and you guys would talk about it before you get
6	your condoms. So I never felt the school was a safe
7	place nor did I learn about my sexual reproductive
8	health or rights until I started working with the
9	TORCH program. The TORCH program educates New York
10	City youth on their sexual reproductive health and
11	rights through peer education. So the peer
12	educators go through a series of training on
13	different topics regarding your sexual reproductive
14	health and rights. And then you go out to the
15	community and you go around the five boroughs
16	facilitating workshops pertaining to sexual
17	reproductive health and rights. And yeah just that
18	experience really opened my eyes about the
19	different myths amongst because I'm black and
20	Latina so like just my and then other peers around
21	New York City, the things that we just didn't know
22	and that we're all going to school every day that's
23	a requirement of us. And we're going out into the
24	world being sexually active, meeting all these
25	people, and we just have all this mis or unaccurate

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[phonetic] information... or inaccurate. So as a peer facilitator I notice the impacts of comprehensive sex ed in our lives. Comprehensive sex ed made us more comfortable with voicing issues regarding our health and demanding the... that despite our age we'd be treated with quality confidential care. You know it's un... it's unfortunate that many students in New York City don't have access or the opportunity to a curriculum that teaches them about their bodies rights and sexual health. That's it. Thank you.

CHAIRPERSON DROMM: Thank you. And it's so amazing to hear Council Member Johnson's and Caitlin Johnston's testimony about the positive experiences that they've had outside of the New York City public school system. And it's always been something that's amazed me because I've heard of positive experiences in places like Syosset and Roslyn in Long Island a few places upstate as well that seem to be so much more advanced in New York City. And you would think in New York City... supposed to be such a liberal and open city and progressive city that we still just can't get it quite right in our New York City public school system around sex education. And hearing Caitlin's

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testimony I'm very... very happy to hear such a 2 3 positive approach, proactive, pro-sex in a sense 4 approach from a woman who is leading the way on that. And I was very very happy to hear your 5 testimony today. As I was all of the others as 6 7 well. So... Council Member? Anything? Yep. Alright 8 thank you to this panel. Alright. Our next panel is Reverend Valarie Ross [sp?] Hudson Memorial Church, Curtis Smith PP... Planned Parenthood New York City 10 11 Teen Advocates, Dulane Powerful NARAL Pro-Choice 12 and herself, and Sarah Cocuzzo Peer... Peer Health 13 Exchange. Mm-hmm. Okay I think we're missing one so I'm going to ask Louise Marchena Planned 14 15 Parenthood. Okay I'm going to ask you all to raise your right hand so I can swear you in. Do you 16 17 solemnly swear or affirm to tell the truth, the 18 whole truth, and nothing but the truth, and to answer council member questions honestly? Very 19 20 good. Thank you. Who'd like to start.

SARAH COCUZZO: Alright. Alright thank you Chairs Dromm, Johnson, Cumbo, and members of the committees for the opportunity to speak today. My name is Sarah Cocuzzo and I'm here today representing Peer Health Exchange, a non-profit

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organization that works in public high schools in 2 3 New York City and across the country to ensure that 4 young people have the knowledge and skills they need to make healthy decisions. We've been working New York City high schools for the last 11 years. 6 And this year we'll be reaching 5,000 9th graders 7 across 40 schools. We work together with the Office 8 of School Wellness and we're also part of the Sexuality Education Alliance of New York City, 10 11 SEANYC. The Department of Education recommends that 12 students receive sexual health education as part 13 of... part of a semester of health in middle and high school. However, many New York City students are 14 15 not receiving the right information at the right 16 time. We don't know what's happening everywhere but 17 in the schools that I work with students don't 18 receive health education until their junior or senior year. A time when they or their peers may 19 have already dropped out or experienced a health 20 crisis. 20,000 New York City public school students 21 have dropped out of high school by 12th grade. And 2.2 23 the largest reason cited by young women is pregnancy. We have heard from students that they 24

learned valuable information in our program. And we

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think that this is information that every student in New York should have access to regardless of what school they go to. To highlight the value in sexuality education I want to share a few highlights from our students about what they took away from their... from the sex ed curriculum that peer health exchange provided. The most important thing I learned was that it's okay to say no. You're entitled to refuse anything. The most important thing I learned is how to avoid getting STIs, how to protect yourself from pregnancy, and how to avoid peer pressure. When I have to make a decision I create a scenario to see what I care about, what are the consequences, identify my choices, and then choose my decision. Something that I learned that I would share with a friend is to end an... an unhealthy relationship. It is affecting you in a bad way. Imagine what might happen if all young people consistently learned about these topics of relationships, consent, and STIs. The bills before you provide the Department of Education with a mechanism for tracking and evaluating the health education that is happening in schools. We would want to be sure that this is

tracked by grade level. Because we know that when
students receive health education matters. And they
should receive age appropriate content when they
most need it. We support these bills as a way to
increase accountability for providing young people
with comprehensive health education. Additionally,
as other members of SEANYC have said we recommend
that the chancellor pass a chancellor's regulation
requiring comprehensive and developmentally
appropriate sexual health education reflecting the
national sexuality health education standards for
all public school students from K through 12. A
chancellor's regulation would create a true mandate
and provide students with the sexuality education
that they desperately need. Both the New York City
Council and the Department of Education have
already repeatedly demonstrated respect for young
people's wellbeing. Peer Health Exchange thanks the
council for holding this hearing today and
committing to improve comprehensive health
education in New York City High Schools we and K
through 12 schools. We urge you to pass these
important pieces of legislation.

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CHAIRPERSON DROMM: Thank you. Next

KURTIS SMITH: Thank you Chairman Dromm, Chairman Johnson, Chairwoman Cumbo, and members of the committees... committees for the opportunity to speak today. My name is Curtis Smith and I am here today as a student and also a teen advocate at Planned Parenthood of New York City. The teen advocate program consists of 10 teens from all over NYC including Brooklyn, the Bronx, and Manhattan. As teen advocates we travel throughout... boroughs and conduct engaging workshops that seek to educate teens about their rights and access to sexual and reproductive health care. In order to help teens overcome barriers and stigma around sexual and reproductive health care we host teen nights where teens can come into our facility, get a tour of the clinic, and receive tips on talking to both their provider and partner. There is also a digital aspect of the program where we create social media content that we feel will resonate with NYC teens and get them to make proud and responsible choices regarding their sexual health. Having attended public schools for prac... for practically my entire

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2 academic career I believe that I am a good 3 spokesperson for the current state of sex ed in 4 schools. With that said I can say that there virtually is none. The DOE requires there to be at 5 least one semester of health in middle school and 6 7 one in high school. Although schools do a pretty 8 good job at sticking to that minimum they do a very poor job at incorporating sexual education. When sex ed is integrated into the curriculum it is 10 11 often very brief and uninformative. Luckily for me 12 my school annually has a whole week where our Phys Ed teachers have to dedicate the entire 40-minute 13 period to talking about HIV and AIDS. The only 14 15 problem is that depending on your schedule you have 16 gym either two or three times that week. It's sad 17 to say that receiving 80 to 120 minutes of sex ed 18 limited to only HIV and AIDs is luck. Another 19 problem with sex ed in schools deals with... not with a regulation already set in place but a lack 20 21 thereof. I believe that all public schools should 2.2 have sex ed integrated into every child's 2.3 curriculum including elementary school students and subjects like trig or geometry students are just 24

expected to walk into class mystically having all

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required prior knowledge embedded into their 2 3 brains. They are taught from a very young age basic 4 principles needed to succeed in these classes. This is the way that sex ed in schools should be taught because it isn't easy to learn and retain all 6 7 information regarding sexual health all in one shot. Implementing all aspects of sexual health 8 over many years of schooling will give the information a deeper meaning to students and help 10 11 them to think of sexual health as a normal part of their life that they should be concerned about. I 12 13 must admit that there has been some changes that encourage me in my push for a better sex ed 14 15 including Chancellor Farina and Commissioner 16 Vasquez... memo last spring that allowed condom demos 17 in classrooms. This is a huge step seen that the 18 proper use of a condom is one of the simplest but 19 also one of the most effective ways in making 20 healthy choices regarding sexual health. Sending 21 some new regulations into... putting some new 2.2 regulations into play will help students who 2.3 receive the sex ed that they truly need. I would like to thank the council for holding this hearing 24

today and committing to improve comprehensive

2 sexuality education in New York City public

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3 schools. And I strongly urge you to pass these

4 important pieces of legislation. Thank you.

CHAIRPERSON DROMM: Thank you. Next please.

DULANE POWERFUL: Hello, my name is Dulane Powerful. And I am here to speak on behalf of my younger self; a sun kissed black girl who didn't learn her body was hers until she hit her 20s. Who didn't realize that being touched and grabbed by men was wrong. Who was silent even when she was screaming inside begging someone to intervene for someone to stop. Who didn't know what consent, who victim blamed herself, who couldn't understand that her parents' relationship wasn't supposed to be full of silent encounters turning to yelling and tears. That the emotional violence that induced her mother's depression was not the fault of her mother. I am here to speak on behalf of my younger self; a sun kissed black girl, and other girls and other boys, and other gender nonconforming folk who are forced to adhere to societal expectations of their assigned gender, girls who are tom boys, boys who are called

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sissies, folks who are called confused because they 2 didn't feel like they fit the... they didn't feel 3 4 like the gender binary for their identity. For those who are afraid to be themselves to step out of their gender roles and remove themselves from 6 7 gender expectations and be free to move on the world. For those girls who are told to put on more 8 clothes so the men outside wouldn't stare or worse because it was up to us to prevent sexual 10 11 harassment not the men doing it. For those boys who 12 like to dance and sing or play with dolls or other 13 humanly things who are trained to be... masculine, and the dangers and violence that are attributed to 14 15 that. For those who didn't know that gender lies on 16 a spectrum and there is no right end of the 17 spectrum. I am here to speak on behalf of my 18 younger self; a sun kissed black girl, who was afraid to explore her sexuality. Who thought she 19 was a lesbian after she... after she kissed a girl on 20 the cheek in the first grade and cried for days. 21 2.2 Who thought a fellow student was pretty or caught 2.3 herself looking at a girl's breasts or was confused and disgusted with herself and was scared to tell 24

anyone. Who didn't know it was okay to question her

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sexuality. I'm speaking for all my LGBTQ friends, 2 3 those who have faced extreme levels of violence; 4 physical, sexual, emotional, and more. Council member's comprehensive sexuality education is more than about sex. It's about consent versus coercion, 6 7 about health relationships, about how to communicate effectively and honestly. It's about 8 learning about your right and ownership over your 9 body. It's about giving students the words to 10 11 describe the discomfort they're feeling when their bodies are discomfort, when their bodies are 12 13 violated. It's about learning about your body, exploring your body, loving your body. It's about 14 15 building positive body image and health self-16 esteem. It's about exploring your sexuality. It's 17 about creating an LGBTQ plus inclusive... climate 18 where students are taught to understand, be tolerant, and adaptive to differences. All this 19 being beneficial and dispelling stigmas and 20 counteracting discrimination. ...the misquided belief 21 2.2 that teaching young people sexual health will 2.3 encourage them to be... encourage them to engage in sexuality activities. Sexuality will not turn a 24

person gay. Instead... introduce the sexuality of the

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spectrum, a human experience... to sexual positivity. 2 3 I'm a sexuality educator professional. I work with 4 a dynamic team of high school students giving comprehensive sexuality education to their peers. We call ourselves TORCH. I also work with an 6 7 incredible unit of 200 activists and organizers around the world fighting for sexual and 8 reproductive health rights under the organization Woman Deliver. I shouldn't have had to graduate 10 11 college and enter the supposed real world in order 12 to learn about the aforementioned things. I 13 shouldn't have spent so many years hating myself, my body, confused and unaware. The learnings of my 14 15 younger self still have detrimental effects on my womanhood. The facts are there; comprehensive 16 17 sexuality education leads to a delay in having sex 18 for the first time, lower unwanted pregnancy, HIV, 19 and other STIs but it does so much more. Sexuality 20 isn't only about sex. Remember that. Thank you. LOUISE MARCHENA: Good afternoon. I'm 21

LOUISE MARCHENA: Good afternoon. I'm

Louise Marchen. I'm the Director of Youth Programs

at Planned Parenthood of New York City. I'm... I'm

pleased to be here today to provide testimony in

support of these bills. PPNYC thanks the council

chairs, Council Member Daniel Dromm, Council Member 2 3 Laurie Cumbo, and Council Member Corey Johnson for 4 their leadership in convening this hearing. As a leading sexual and reproductive healthcare provider we see more than 50,000 patients annually in our 6 7 five health centers. Our education department reaches more than 26,000 New Yorkers. PPNYC is also 8 a member of phoenix, a coalition of 50 organizations that support comprehensive sexuality 10 11 education for all New York City students. Currently 12 New York City schools are not required to report on 13 whether sexuality education is provided. As a result, students' experiences vary widely. As a 14 15 trusted health educator people share those stories 16 with us directly. At a recent event on sex 17 education in New York City a PPNYC activist shared 18 my sex ed experience was forgettable. I wish I had learned anything about body positivity, actual 19 intimacy with partners, relationships, what can 20 happen within, around, and beyond sex acts. I 21 2.2 learned most stuff from the internet. The passage 2.3 of the proposed bill would be an important first step in getting a better understanding of the 24 25 current status of sexual education in New York City

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schools. Council Member Cumbo's bill would require 2 3 DOE to report how well each school complies with 4 state requirements. We... we recommend the health education data be disaggregated by grade to better determine how early or late students actually 6 7 receive the curriculum. We also urge strong student confidentiality protection in all data collection. 8 Council Member Gibson's bill would provide an important tool that requires the DOE to track the 10 11 sexual health education training of teachers and middle schools and high schools. Although we don't 12 13 believe every teacher providing sex... providing sex education needs to be certified health educators 14 15 they do need clear guidance, guidelines, and training to teach sex education. Values, 16 17 clarification, and access to a certified health 18 educator to... for technical support in providing curricula that follows a national sex education 19 20 standard. PPNYC also supports bills 771. School 21 based health ... school based health centers provide a 2.2 critical point of access to healthcare for young 2.3 people in New York City and reinforce health lessons taught in classrooms. The bills before you 24

are preliminary measures but the city can do much

New York City for over 15 years I see firsthand the

importance of making sure young people learn the

basics when it comes to sex ed. Our educational

programs provide non-stigmatized skill based tools

in settings that fit the lives of the young people

we serve. Are all of us curriculum is designed as a

holistic sexual health model for LGBTQ youth and

workshops, cover a spectrum of issues that teens

face every day. Starting these topics with such...

at a base upon which to effectively grow more

such as anatomy and personal safety guide students

complex discussions are consent and gender identity

and expression, vital tools in helping young people

in navigating their world in a safer in manner and

positive manner. The DOE must allow and create a

meaningful implementation plan for comprehensive

sex ed. With the already heavy demand on teachers

interact... and are interactive taking care of

1 more. SEANYC recommends that Chancellor Carman 2 3 Farina pass the Chancellor's regulation requiring 4 comprehensive sex ed that reflects the national sex ed standards from Kindergarten to 12th grade. These 5 standards call for sexual education from and build 6 7 upon early grades. As a sexual educator working in

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you.

sexuality education often becomes an afterthought
in schools when there is no… when there's no firm
commitment to enforce it. We applaud the city
council, commitment to addressing and improving
sexual education in the New York City schools and
urge the council to pass these bills… today. Thank

CHAIRPERSON DROMM: Well thank you all again. And just one comment. I noticed that in Dulane's testimony she mentioned that you know the misguided belief that teaching young people sexual health would encourage them to engage in sexual activities. And... and reminds me of something that Harvey Milcorn [sp?] said when he was talking about... you know not talking about LGBT issues in the classroom. And I think to paraphrase what he said was that if you know that was true then there would probably be a lot more nuns in the world. Because in my Catholic school there was an awful lot of talk about nuns and what it meant to become a sister in the world. And... and that didn't happen. Although one such life I did think about becoming a nun but I was rejected. So it's that type of mentality I think that is so crazy and needs to be

pointed out. And as we made a couple of times here
in the testimony today. And I'm really glad to hear

4 that. Council Member...

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COUNCIL MEMBER JOHNSON: Yeah I... I just wanted to say that this testimony from all of these wonderful young people and health educators has been incredibly powerful. And I think it sets an example for civic participation in New York City. And to hear from young people is incredibly important. Sometimes it's easy to get jaded and down on the lack of political engagement. And to have so many young people here today talking about their own experiences is really powerful. I also want to say the young women have sort of stepped up. They are out there. They are active. They are engaged. They are organizing. And there are so many of them here. And so it's nice to see a young man here as well who is... who is taking on leadership and whose testimony was incredibly thoughtful. And we need to engage both genders in this important type of work. And sometimes... this is not me making excuses... but I think that sometimes as was referenced in our hyper masculine society it's sometimes harder for young men to even talk about

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these things and to have these conversations. So to have a young man here today taking time out of his day to be here and going for these programs hopefully sets an example to other young men across New York City about the importance of this. So thank you all for your testimony.

COUNCIL MEMBER CUMBO: Council Member

Corey Johnson just said everything I was about to

say so I'll just go back to Council Member Dromm to

call the next panel. But thank you again for your

testimony today.

CHAIRPERSON DROMM: Thank you. Our next panel is Melissa Tuwalla from her... representing herself and NARAL Pro-Choice, Sharrise Palomino if I'm not mistaken from Bronx Works Sexual Health Program, Zoey Dolothy Star [phonetic] No Year Nine, and Megan Hasiercolm [phonetic] a college student. Okay. Now we're going to add one more person to the panel, Catherine Albergate Davis the TORCH Program.

[background comments]

CHAIRPERSON DROMM: Okay. Alright. Miaja
Juwara... Juwarda Bronx Works Sexual Health. Okay.

I'm going to ask you all to raise your right hand.

And I need to swear you in. Do you solemnly swear

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or affirm to tell the truth, the whole truth, and nothing but the truth, and to answer council member questions honestly? Very good. Sure.

MELISSA TUWALLA: Hello. Good afternoon. My name is Melissa Tuwalla and I stand before you today as someone who was born and raised in the south Bronx, who grew up in a single parent household where domestic violence was present, who was robbed of my body autonomy at the age of six, who was robbed again of my self-worth and body at 18, and who never felt safe to say this out loud. I stand before you all as someone who never received comprehensive sex ed in school, who became pregnant at 18 during my freshman year of college, who walked into a crisis pregnancy center in the Bronx by accident when I was looking for the entrance to Planned Parenthood, who was never told that I had options, who hid my pregnancy for eight months, and who by age 20 became a mother. I stand before you as a single parent of a 10-year-old fifth grade boy at PS71 in the Bronx and the mother of a two-yearold girl. I stand before you as a parent who believes that my children should grow up in a society and be taught in schools where they are

challenged to critically analyze the messages they 2 3 will be socialized to believe around who they should be, who they should be attracted to, how 4 they should act, and what rights they have over their own bodies. I'm here today as the mother of a 6 7 boy and a girl who will receive messages of what it means to be a man and a woman and who may one day 8 hate the parts of themselves that don't fit that definition. I stand before you as a mother who 10 11 teaches her son the importance of being an ally, 12 who sees the importance of raising him as a 13 feminist, who understands the necessity of raising my daughter to believe she is just as valuable in 14 15 the world as her brother. I am here today as the 16 mother of two children that as they continue to 17 grow will have questions about their bodies, about 18 their sexuality, about sex, about relationships, about choice, and who may find out the answers to 19 some of their questions when they find themselves 20 in situations that could have been avoided, have 21 2.2 the people who had the opportunity to equip them 2.3 with information so their urgency to do so in meaningful ways. Lastly I stand before you as the 24 25 youth initiative coordinator and sexuality educator

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2	for the TORCH Program and NARAL Pro-Choice New York
3	and the National Institute of Reproductive Health
4	where I have the opportunity to work alongside some
5	of the most amazing group of peer leaders who go
6	out into their communities to educate other young
7	people on topics like healthy relationships, body
8	image, self-esteem, contraception, abortion, STIs,
9	and more. I see firsthand the impacts that sex
10	positive education has on them and the decisions
11	they make. Comprehensive sex ed is more than just
12	teaching about prevention. It's about empowerment.
13	It's about helping to activate healthy self-
14	concepts, decision making skills, leadership
15	skills, and autonomy. It is about understanding
16	that working from an anti-oppressive intersexual
17	lens requires us to listen to the experts in this
18	matter. And when it comes for the need for
19	comprehensive sex ed in New York City public
20	schools the experts are those students, it's my
21	son, TORCH peer leaders, and all the young people
22	across New York City who have asked you to please
23	enforce the mandate and give them what they need.

CATHERINE DAVIS: Hi, good afternoon.

I'm going to be... My name's Catherine Albergate

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1 Davis. I'm going to be reading on behalf of Megan 2 3 Pendragon who is a former TORCH peer leader and now 4 a college student who couldn't be here today. Throughout my years in grades K through 12 I remember being taught some kind of sexual health 6 7 education once in the sixth group. Our homeroom teacher separated the class, boys in one room, 8 girls in the other. We weren't told what was going on just that a speaker was coming in for two 10 11 periods to give a presentation. Looking back at it 12 now I don't know exactly what the reason was behind 13 concealing what we were about to see. Maybe it was because the faculty felt we were too immature or 14 15 because they wanted this session to be over and 16 done with so we could get back to scheduled 17 programming. Once settled in the speaker turned on 18 an overhead projector and began explaining what happens to our bodies once we hit puberty. I 19 remember the extreme emphasis on our menstrual 20 cycles and the diagrams that were poorly explained 21 2.2 but absolutely nothing else. Regardless sexual 2.3 health education isn't something that should be rushed. It isn't something that we should receive 24

once in our 12 years of schooling like I did or a

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few times per semester upon reaching the 9th grade. 2 3 Comprehensive sexual health education should be 4 taught in grades K through 12 by someone who sees the reaping benefits of the material that they are 5 teaching. Comprehensive sexual health education 6 7 reaps more benefits than science, math, or history. I am no way saying that learning the aforementioned 8 subjects are not beneficial at all but not teaching comprehensive sexual health education is just like 10 11 promoting abstinence only programs. Knowing 12 prevention methods for unintended pregnancies, HIV, 13 and sexually transmitted infections outweighs any mathematic formula in my opinion. I went all 14 15 throughout middle and high school listening to 16 stories from friends and older relatives about 17 their experiences related to sex and dating as did 18 the majority of my friends. A great deal of the advice I solicited ended up being a compilation of 19 facts and myths that were passed down like tall 20 tales. A lot of myths that could have been debunked 21 2.2 if the proper sexual health education was taught 2.3 when it needed to be. During my time in grades six through 12 one of my friends became pregnant. The 24

other was struggling heavily with her sexual

orientation. And my best friend was fighting a 2 3 battle with herself and the mirror. These were all 4 things that we should have been educated on while in school. It only seemed logical to do so since we spend the majority of our time there. A lot of us 6 7 had parents who we barely saw because they were 8 either too busy at work or not willing to answer the questions that we had. Thankfully for the TORCH program ran by the National Institute for 10 11 Reproductive Health and NARAL Pro-Choice New York I 12 now know way more than my peers. If it weren't for TORCH I would still be searching for answers I 13 wouldn't have been able to find unless I utilized a 14 15 search engine on the internet. And what if the 16 internet didn't exist. Unfortunately, not everyone 17 would be granted the opportunity to participate in 18 an amazing program like TORCH and learn as much as I did which is why I think it is beyond necessary 19 to teach comprehensive sexual health education in 20 21 grades K through 12. The topics of the curriculum 2.2 aims to cover desperately need to be taught in 2.3 grades K through 12. If comprehensive sexual education has been proven to be effective by 24 lowering the incidences of unprotected sex, 25

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2 unintended pregnancies, and STI rates why not want 3 what's best for our youth. Thank you.

SHERRISE PALOMINO: Hi, my name is Shareece Palomino and I'm the Program Coordinator for the adolescent sexual health program called the Sexual Health Promotions Through Youth Leadership at Bronx Works. And I'm testifying today because I wanted to talk about my experience providing comprehensive sex education in the Bronx. Along with one of our community partners Montefiore... AIDs Program we led the... Bronx Works led the Connect 2 Protect survey that you heard so many times... mentioned so many times before. And one of the things that I think is really telling is that although we've heard the results of what's not being taught in comprehensive sex education in New York City what the survey doesn't reveal is the lack of skills and the lack of knowledge that our young people have. And I can testify that this summer we had a... a youth program, a service learning project, through our summer youth learn... summer youth employment program. And many of the young people that we encountered had no knowledge about sexual health. They thought that you can get

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a stroke from a hickey. They thought that tampons 2 3 caused HIV. They thought that using birth control 4 could prevent mother to child HIV transmission. One 5 of the young... young women in the program who was 15 years old was under the belief that having sex 6 7 makes your but bigger. And this is what they're not learning in school. You know even after the 8 conversation about you know how this works they still don't have the basic knowledge to comprehend 10 11 some of the things that they should be able to 12 know. The young people that we encounter are making 13 consequential decisions based off of a lack of knowledge and a lack of skill. And one of the 14 15 things that sex education in New York City is 16 lacking is skill building. They need to learn how 17 to navigate sexual pressure and they need to learn 18 how to use a condom properly. They need to learn how to access services. They need to learn how to 19 say no. They need to learn how to hear no. One of 20 the workshops that we do on sexual consent time and 21 2.2 time again a lot of the young people are saying 2.3 what's the point of consent. She can always just lie afterwards anyway so why do I need to ask her. 24

And it's really hard at this stage to get them to

1 understand this because there's no curriculum that 2 3 is teaching them to hear the word no. What does no 4 look like? What does no mean? Because just ... reluctance isn't ... reluctance isn't an agreement. 5 Reluctance isn't a yes. Silence isn't a yes. And 6 7 sometimes some of our young people are taking that to mean consent. And so we need to have 8 comprehensive sex education that not only just teaches what STDs are, how to prevent HIV, how to 10 11 prevent pregnancy but how to navigate sexual 12 pressure... what consent means, what yes is, what no 13 is, and how to hear it and how to say it. And they need to be better equipped in order to make better 14 15 decisions about these consequential choices that 16 they're making. One of the things that I also want 17 to mention is that we heard from the Department of 18 Education. And they were saying that the data isn't available on whether or not there's a correlation 19 between knowledge and behavior and in 2013 the 20 21 California Department of Public Health released a 2.2 report attributing to the 60 percent decline in 2.3 teen pregnancy in California to the passage of comprehensive sex education in the state. We know 24

that sex education is relevant. We know that it

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2 saves lives. We know that it will help our young

3 people make better choices. And we need the city

4 council to urge the Department of Education to

5 provide comprehensive sex education in all schools,

6 | not just in some schools.

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MIAJA JUWARA: Hello, my name is Miaja Juwara. I'm a senior at A. Phillip Randolph Campus High School and a sexual health youth leader at Bronx Works. Before I continue I would like to thank... take a moment to thank Council Member Corey Johnson for meeting with us twice this past year during our out of... campaign, hashtag enforce the mandate and promising that this hearing would happen. So as a youth leader I have been exposed to what proper sex ed looks like. It is LGBT... LGBTQ inclusive, culturally sensitive, does not pre-type hyper masculinity, and does not look at everything through a high... through the... through a heteronormative lens. These are the things that I've learned as a youth leader. At school the sex education I received was so poor that I did not realize I received it until several months later when I asked why I hadn't had it yet. It is not enough to bring in a guest speaker or to show us

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these videos and say that qualifies as 2 3 comprehensive sex ed because it is not. 4 Comprehensive sex ed is interactive, it is hands on, and it starts in Kindergarten through 12th grade. Sex ed looks different... sex ed looks 6 7 different at every school in this city. What you may learn in one school you will not learn in 8 another. And in worst cases the schools that you go to don't even offer sex ed. This is due to the fact 10 11 that the current mandate in place has many recommendations but few requirements if any. It is 12 recommended that schools teach their students how 13 to use a condom but it is not required. It is 14 15 recommended that school teaches students how to hear and say no but it is not required. There are 16 17 too many recommendations and not enough 18 requirements and it is time that we change this. It 19 is also time that we take sex ed out of the hands 20 of our principals just as state tests and regents 21 are not at the principals' discretion sex ed should not be at their discretion either. I am a firsthand 2.2 2.3 witness to what... what is considered sex ed in this city and I can honestly say that it is time to 24

prioritize comprehensive sex ed. We cannot afford

to let this... we cannot afford to let this problem 2 3 grow another year. We owe it to our students to 4 equip them with the proper knowledge and skill sets to make them... to... we owe it to our students to 5 equip them with the proper knowledge and skill sets 6 7 to make the best educated decisions for themselves. As a high school senior it pains me to have to miss 8 a day of school because I know that when I go to class tomorrow morning I'm going to have a ton of 10 11 work to make up. But today is not about me. I am 12 here today on behalf of all the students who have 13 not received comprehensive sex ed, on behalf of the girl in Jackson Heights who cannot differentiate 14 15 between tough love and abuse, on behalf of the boy in Harlem who posts all over social media that he 16 17 does not need condoms because his pull out game is 18 strong, on behalf of the girl at MS118 who does not understand the body... the changes that are happening 19 to her body. I am here today on behalf of all of 20 21 these students and so many more. And on behalf of 2.2 these students I am here today to say do not let us 2.3 down. Pass these bills. Enforce this mandate. Give us the... Pass these... Sorry. I'm here to say do not 24 25 let us down. Allow us to have the comprehensive sex 2 education that we need to better ourselves. Thank
3 you.

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COUNCIL MEMBER CUMBO: Danny we better watch out. We might have some competition in the ... political season. I just want to say that you know I don't have any questions but you know as we say in the hood I really appreciate y'all for tellin' it like it is. Like, you all are just in there. And for women it's always so much more challenging because we are stigmatized for having any sexual experience. And so I really appreciate you all coming forward, telling your story, telling your experience, and really humanizing this issue because we hear about it so much from facts and figures and statistics. But it's really important to understand what your day to day experiences are. And as you spoke your story has been transitioned into a story where now you're able to help others through the work that you do. And that takes a lot of courage. But at the same time when you're able to meet people you're able to really relate to them in a very real way that so many others cannot do. So I really appreciate you and... and the ability to have you in high school to be able to talk about

understand what young people on social media are

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discussing. So I'm really... you know I had no idea that this hearing was going to uncover this amount

this is really very powerful. And... and to

of information and this level of depth. So I really

appreciate you all for your courage, for your

testimony, for coming forward, for telling it like

it is, not holding any punches, and really

challenging us to consider not only the legislation $% \left(1\right) =\left(1\right) +\left(1\right)$

that's been put forward today but I know that the

wheels are turning all across here in terms of what

more can we do because this issue is very serious

and very prevalent in our community. So thank you

all. Thank you.

CHAIRPERSON DROMM: Thank you very much.

And our next panel is our last panel I believe if

I'm not mistaken. Amber Perolta from TORCH, Chris

Creatora from Planned Parenthood, Nelson Santana

Planned Parenthood, Marsh Blackman Planned

Parenthood, and Brenise Sutton Planned Parenthood.

Now is there anybody in the audience who I did not

call but wanted to give testimony? Yeah? Did you

fill out one of the slips? Okay and what's your

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name? I'm sorry? Sergeant... yeah just give it to the Sergeant.

to thank all of you for staying so long. This is really incredible. You all have been here for five hours. Thank you so very much for your patience.

Right. I mean this has been an incredible hearing.

Very informative. But thank you for your patience.

Thank you for taking time out of your day, of your schedule, of your work, of your school. It's really important that you all are here today. Thank you.

CHAIRPERSON DROMM: Okay so I'm sorry did the woman who had raised her hand do you want to sit on this panel as well? Is there one person? Just one more? So come on up to this panel then. Did you give... and this lady here? Did you give in a slip? Yeah okay. And what's your name? Oh okay very good we... Okay. I have to swear you in so just give me one more minute. Anybody else testimony... giving testimony today? Alright very good. So can I ask you all to raise your right hand. Do you solemnly swear or affirm to tell the truth, the whole truth, and nothing but the truth and to answer council

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member questions honestly? Okay very good. Would you like to start? Because I think you are ready?

AMBER PEROLTA: Yeah.

CHAIRPERSON DROMM: Okay.

 $\label{eq:amber} \mbox{AMBER PEROLTA: Well this was meant for} \\ \mbox{the morning so...}$

AMBER PEROLTA: ...you're going to have to

CHAIRPERSON DROMM: Yes.

excuse my speech. Hello, and good afternoon my fellow people. I am excited... I am so excited to be speaking here and given the opportunity to establish my input on health education in school systems. And my name is Amber Perolta. I'm 16. I'm a Junior in Mevad [phonetic] on James Monroe campus and I'm a part of TORCH. So I feel everybody has basic rights as to knowing about health education in general. And everybody... everyone deserves the right to get it as well. You know a lot of people don't have the same advantages. Like in my neighborhood resources are limited and we have to raise money to do things. Growing up in a low income area isn't easy so many of us don't have a basic health class in general. Our health education is what we learn from our friends and their

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experience and also our experiences. In my three 2 3 years of high school I haven't gotten and received 4 a health class. I'm grateful to... to have knowledge on this topic however there are many people who are older and even younger than me that aren't as 6 7 fortunate to have the same knowledge and resources 8 on health. And to be frank it's despicable. By having this information and being trained how to use it it can lower so many statistics and 10 11 stereotypes. At TORCH we learn not only about 12 biological health but we also learn about sexual 13 orientation, healthy relationships, contraception, and more. We also don't judge people based on their 14 15 gender and who they're attracted to. And I'm glad to say that I'm a part of their team and work with 16 17 these lovely and dedicated people as often as I do. 18 I also feel that every child should know... sorry... know this information at a young age so they know 19 who they truly are and attracted to and the 20 21 differences between a unhealthy and healthy 2.2 relationship and the different contraceptions and 2.3 how to use it because as we know children are like sponges. Everyone deserves this knowledge even if 24

they... they're in a area that can't access it

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doesn't mean they don't deserve it because having
this knowledge is something no one can take away
from you. Hashtag pass the bill. Thank... thank you

5 everyone and have a good and blessed day.

CHAIRPERSON DROMM: Alright thank you very very much. That was great. Who'd like to go next?

NELSON SANTANA: Yeah, hi. So good afternoon. Thank you Chairman Dromm, Chairman Johnson, and Chairwoman Cumbo and the members of the committees for the opportunity to speak today. My name is Nelson Santana and I am here as a Sex Educator at Planned Parenthood of New York City where I help educate students on how to make decisions when it comes to sex, relationships, and health over the course of their lives. Planned Parenthood of New York City is part of the Sexuality Education Alliance of New York City which is a coalition of dozens of organizations that support comprehensive sexuality education for all students. Comprehensive sexuality education includes lessons on puberty and anatomy, health relationships and decision making, body image and self-esteem, gender, sexual orientation, gender

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identity and gender expression, methods for preventing unintended pregnancy, HIV and STI infection prevention and treatment, strategies for preventing recognizing and addressing both bullying and sexual violence, healthy relationships consent and respect, and the use of social media in intimate relationships. Now of course this is a lot and as you can imagine it is impossible to go over in enough detail in a time slot of one semester or even a school year. This is why it is important to have a Kindergarten through 12th grade program that spreads out this vital information over time rather than overwhelming the students in higher grades and expecting them to retain all the information. When sex education starts early the lessons build upon and reinforce earlier lessons and provide a cohesive foundation for navigating relationships and decision making. Right now the DOE recommends that students receive sexual health education for part of a semester in middle school and for a semester in high school. This is not happening in many schools. And whether a student receives sex ed at all can depend on where they go to school or their school's resources. Even if this was

1 happening in every school it wouldn't be enough. 2 3 New York City students deserve more. I have been a 4 educator for five years and from my experience as a sex educator at NYC schools I know just how much misinformation is out there, especially about sex 6 7 when you're a young person. And if you don't have a comprehensive sex ed in school or a trusted adult 8 to talk to unfortunately not every young person has someone who they trust and they can talk to about 10 11 these issues, then you're left to try to sort out 12 fact from myth on your own or from... from what you 13 hear from your peers. In addition to being comprehensive sex education must not exclude 14 15 anyone. This means that it must provide medically 16 accurate and age appropriate sexual health information for all students including LGBTO 17 18 students. And we also need to create a safe environment, the LGBTQ youth, by including topics 19 20 like gender identity and sexual expression and sex 21 education. The bills before you require the DOE to 2.2 better track and evaluate the sexuality education 2.3 that is happening in schools which will be an important step in ensuring that NYC students 24

receive sex education. I support these bills as

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initial step and I recommend that Chancellor Carmen 2 3 Farina pass a regulation requiring comprehensive 4 age appropriate sex... sexual health education that reflects the national sexuality education standards for all public schools' students from kindergarten 6 through 12th grade. As a sex educator I cannot 7 8 stress enough the need for though... for thorough sex education in our schools. Without setting a standard that schools are required to meet we lose 10 11 the idea of accountability. We have kids in the 12 same grade with completely different levels of 13 knowledge about sex education because they are not given the same information. With my experience as 14 an educator I have came... I have come across 15 students who are ecstatic that they had a chance to 16 17 be a part of the workshops that we facilitate. And 18 they would thank me and tell me that without this 19 information they will have never known as much 20 about sexual health. I've been at middle schools as 21 well as high schools. And I can say that students really need this information. And when they receive 2.2 2.3 this information they are very grateful. They will have so many questions about sexual health and 24 reproductive issues and even more questions about 25

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the myths that they hear. It feels good to provide them with the factual information offering inclusive comprehensive education in schools that addresses misinformation, stigma, and anxiety around sexual and reproductive health would help reassure students that they have a safe comfortable support system in their schools. I hope that the mayor and his administration will make comprehensive sexuality education a priority. A chancellor's regulation would create a true mandate and provide students with the kind of sexuality education that they desperately need. I thank the New York City Council for holding this hearing today and committing to improve comprehensive sexuality education in New York City's public schools. I urge you to pass these important pieces

CHAIRPERSON DROMM: Thank you. Next please.

of legislation. Thank you.

MARSHA BLACKMAN: Thank you Chairman

Dromm, Chairman Johnson, and Chairwoman Cumbo and

members of the committees for the opportunity to

speak today. My name is Marsha Blackman and I'm

here today as a parent and also as an adult role

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model at Planned Parenthood New York City where I 2 3 help other parents understand how to talk to their 4 children about sexual health. Planned Parenthood of New York City is a part of the Sexuality Education Alliance of New York City which is a coalition of 6 7 dozens of organizations that support comprehensive sexuality education for all students. Sexuality 8 education is important to me not only as a parent and peer educator but because of my own experience 10 11 or lack of experience with sex ed when I was a 12 young child. I wasn't getting my questions answered 13 at home or at my public school in New York City. Sex ed did not go into detail about body image or 14 15 the emotional connection that came along with sexuality. This was two decades ago. But 16 17 unfortunately in New York City many young people 18 still aren't' getting adequate information about sexual health or relationships at school. And like 19 me many aren't getting this information from their 20 parents care... caregivers either. Today young people 21 2.2 are often left unequipped in a world filled with 2.3 distorted sexual messages everywhere from social media to advertisements. That's why it's so 24

important that as a city we prioritize

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comprehensive age appropriate sex ed for all 2 students, kindergarten through 12th grade. We can't 3 assume that young people talk to their parents or 4 trusted adults in their lives about sexual health and relationships. Unfortunately, there are many 6 7 young people who for a variety of reasons are not 8 comfortable speaking to their parents about sex and vice versa. My parents migrated to this country from the Caribbean. And in our culture sex was not 10 11 discussed in detail especially with their 12 daughters. It was a brief topic of doom discussed 13 when a girl began menstruating because now there was fear that she could end up pregnant. She was 14 15 typically warned that if she had sex before 16 marriage the young man was likely to leave which meant she would have to rear the child by herself 17 18 and also with shame. As a teen I was left on my own with myths and unknowledgeable answers from my 19 20 friends to figure sexuality out. Had my parents felt comfortable and had accurate information about 21 sexuality or had I learned much needed information 2.2 2.3 in the New York City school system I believe my sexual experiences would have been filled with 24

fewer heartbreaks and less gloom. Today I go to

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various schools and communities in New York City. 2 3 And I'm still surprised that many parents are still 4 not having these important conversations with their children. It's heartbreaking that so many students still aren't learning essential lessons at home or 6 7 at school. We must prioritize sex ed in New York City schools and encourage parents... adults in the 8 lives of youths to talk to young people about sexuality... earlier and often. The Department of 10 11 Education recommends that students receive sexual 12 education for part of a semester in middle school 13 and for a semester in high school. However, many New York City students are still not even receiving 14 15 that minimum. The bills before you require the Department of Education to better track and 16 17 evaluate the sexuality education now that's 18 happening in our schools which would be an important step. I support these bills as a positive 19 step. Though I ask the council to make sure that 20 21 they include provisions that protect student 2.2 confidentiality. Sex ed must be comprehensive and 2.3 culturally competent and must also start early. I commend... I recommend that Chancellor Carmen Farina 24

pass the chancellor's regulation requiring

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comprehensive and age appropriate sex ed starting
in Kindergarten and through 12th grade reflecting
the national sexuality education standards. I thank
the council for holding this hearing today and
committing to improve comprehensive sexuality
education in New York City public schools. I urge
you to pass these important pieces of legislation.

Thank you.

CHAIRPERSON DROMM: Very good. Next please.

DOCTOR CHRIS CREATURA: Good afternoon.

My name's Doctor Chris Creatura and I'd like to
thank the council for this opportunity to talk
about sex education. I've provided sexuality
education and reproductive healthcare in New York
City for almost 30 years as an obstetrician and
gynecologist and I'm certified in female sexual
medicine by the International Society for Women's
Sexual Health. And as a sexual rights advocate I'm
delighted that our city government is concerned
about the quality of the education programs we
have. I serve on the Board of Planned Parenthood of
New York City and I volunteer in New York City
public and private schools as a sexuality educator.

1 2 I'm also a parent of teenagers who've had a 3 variable experience in their schools with sexuality 4 education. As a public school adolescent in the early 70s I had my own ah-ha moment when Doctor Mary Calderone the founder of SEIC, the Sex 6 Education Information Council, came to speak at my 7 class about sexual health. It seemed clear to me 8 that day that so many of the accidents, misunderstandings, and even the violence that we 10 11 experienced were a result of insufficient sexual 12 health education. And that visit really directed me 13 on my career path. As a physician I experience the effects of inadequate education every day. Well... 14 15 well-informed patients do make better health 16 decisions and... and have better health behaviors. 17 And I think that the impact of a well-timed 18 presentation on one adolescent's right to privacy or her ability in New York state to obtain 19 20 confidential reproductive care can be lifesaving. From... for a student who doesn't learn about this at 21 2.2 home or from her health care provider it's 2.3 essential. One class on accessing emergency contraception in a timely and affordable way can 24

prevent one naïve person from just crossing her

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fingers and waiting for her period to come or not. 2 3 Exercises in assertive behavior can prevent sexual 4 assault, bullying, and high risk sexual and drug use behaviors and they should all be part of an ongoing sex ed program. In their declaration of 6 7 sexual rights, the world association of sexual 8 health includes the right to comprehensive sexuality education. ...life long process from birth throughout the life cycle and should involve all 10 11 social institutions. As part of the curriculum that I designed and I offer to 6th grade students I 12 13 introduce the concept of sexual rights as universal and fundamental human rights and I ask my students 14 15 to write a short paper. I want to give you an 16 excerpt of the work of a 12-year-old because I 17 think that this is probably the age group we're 18 concerned about and we're not hearing from them. This... this student wrote that the right to 19 comprehensive sexuality education is one of the 20 21 most important sexual rights. Many children don't 2.2 have sex ed and the reason this is bad is because 2.3 they don't know what to prepare for when they grow up. They might not know how to put on a condom 24

properly and might risk an unplanned pregnancy. Sex

1 ed prepares you for puberty and becoming an adult. 2 3 If a girl doesn't have this close relationship with 4 her mother or doesn't have a mother she might not know what to do when she gets her period. Growing up can be scary to some people. But if you're not 6 7 prepared it can be downright awful. Before I had this course I didn't understand how much sex 8 education can affect someone's life. Before we started this class I wasn't so comfortable with 10 this sex idea but now whenever someone's talking 11 12 about it I know what they're saying and I can 13 understand the concept. I think sex education is a big privilege that I'm very thankful to receive. 14 15 And without this class I wouldn't be as comfortable 16 speaking to my mom about puberty or my friends at 17 school. Our school gives kids a chance to say what 18 they want and to express our feelings about sex. I won't be repetitive so I'll skip a paragraph. I 19 just want to thank the city council for having the 20 hearing and underscoring New York City's commitment 21 2.2 to investing in our young people so they can live 2.3 to their fullest potential. I'm happy that we all here recognize that sexual rights are human rights 24

and sex education is fundamental to these goals. By

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implementing comprehensive sexuality education and offering it in grades K to 12 New York City's poised to be a leader in this field and take crucial steps towards improving the quality of life and safety of all New Yorkers. Thank you very much.

CHAIRPERSON DROMM: Thank you very much. Next please.

BRENISE SUTTON: Good afternoon. Thank you Chairman Dromm, Chairman Johnson, and Chairwoman Cumbo and members of the committee for the opportunity to speak today. My name is Brenise Sutton and I am here today to talk as a... speak as a parent and also as an adult role model in Planned Parenthood of New York City where I help other parents understand how to talk to their children about sexual health. Comprehensive sexuality education which gives young people the ... excuse me the tools they need to navigate decisions making when they come to... to... when it comes to sex. Relationships and health over the course of their lives is a core part of Planned Parenthood of New York City's mission. And it is very important to me as a parent... planned Parenthood of New York City as a... as part of the Sexuality Education Alliance of

New York City coalition of dozens of organizations
that support comprehensive sexuality education for
all students. The Department of Education
recommends as we've heard the students receive
sexual health education for part of the semester of
middle school and for a semester in high school.
However, many New York City students report that
they have not received any sexual health education
while in school. Our adult role model program
offers a real and safe environment for parents to
express their concerns. I wish I had had these
workshops and trainings raising my own children.
Had my children had an opportunity to sex ed in in
New York City public schools it would have been so
much easier having the tools to discuss any topic
would have eliminated lot eliminated a lot of
embarrassment and misunder misinformation.
However, now I can assist my adult children in
talking to my grandchildren I've become the cool
grandma.

[laughter]

BRENISE SUTTON: Thank you. These three bills require... these three bills require the Department of Education to be better tracked... to

give... to do better track and evaluate the sexuality 2 education that is happening in schools which would 3 4 be an important step in insuring that appropriate sexual health education is delivered to all students. I also recommend that the Chancellor 6 7 Carmen Farina pass a chancellor's recommendation requiring comprehensive and developmental 8 appropriate sexual health education that reflects the national sexuality education standards for all 10 11 public school students from Kindergarten, as young 12 as that, even until grade 12. Expanding sexuality 13 education to elementary school will all... will allow students to develop a deeper understand of the 14 15 autonomy, healthy relationships, and consent over 16 time. The Department of... Department of Education also needs to create a meaningful implementation 17 18 plan that ensures that all New York City public 19 school students receive sexual health education. We need a joint education that involves both parents 20 and students every semester that offers age 21 2.2 appropriate messages. I hope that the mayor and the 2.3 administration will make comprehensive sexuality education a priority. A chancellor's recommendation 24 25 and create a true mandate, provide students with

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the kind of sexuality education they desperately 2 3 need. And lastly the New York City Council has 4 demonstrated respect for young peoples' health, rights, and safety... and safety time and time again 5 through... to pro... proactive legislation, thank you, 6 7 like the bills before you today. I thank the council for holding this meeting and for listening 8 to me. And also I urge you to pass these important pieces of legislature. To make a difference we must 10 11 take a different approach to sex ed in our schools. 12 And I thank you very much.

CHAIRPERSON DROMM: Thank you very very much. And our last but not least. Yeah... Sergeant.

CHANDEERAH DAVIS: Good afternoon

distinguished members of the City Council. My name
is Chandeerah Davis. I am an advocate from Steps to
End Family Violence where I serve as a Youth

Development Specialist. I provide services to young
people between the ages of 12 and 24 who've been
impacted by relationship abuse. But personally I am
a lifelong New York City resident educated solely
in New York from my elementary and middle school
education in Far Rockaway Queens to eventually my
college education at New York's own Cornell

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University and throughout that time received no 2 3 comprehensive sexual health education. I thank you 4 for the opportunity to present my testimony on the impactful legislative bill proposal which speak to the critical need for relevant sexual health 6 7 education in New York City's public school. I'm 8 reading testimony today on behalf of the legislative committee of the Down State Coalition for Crime Victims which acts as a bridge between 10 11 victims of violence and those who make the laws 12 that affect them. Day one which partners with young 13 people age 24 and under to end dating abuse and sexual assault by engaging in community education, 14 15 training, direct legal and social services, 16 technical assistance, and youth leadership 17 development and my own agency Steps to End Family 18 Violence including the school based relationship 19 abuse prevention program which has been providing 20 free programs throughout New York City to address 21 the multiple effects of gender based violence as 2.2 well as to prevent abuse all together. As the 2.3 largest school district in the United States reaching 1.1 million students New York City's 24 Department of Education is in a unique position to

equip young people with the necessary information 2 3 they should have to lead healthy and fulfilling 4 lives. As you are well aware youth receive messages about sexuality from numerous competing forums in our community. Many are misinformed, abhorrent, and 6 7 sensationist [phonetic] yet are often presented in highly communicative styles through social media 8 and popular culture. It's vital however that young people receive age appropriate sexual health 10 11 information to develop practical skills for making 12 safe and informed decisions. Young people need 13 opportunities to learn specifically about consent, healthy communications, and the realities of 14 15 sexuality. They have a right to know about their bodies, how they function. They have a right to 16 17 dispel the myths around largely unaddressed issues 18 including virginity, promiscuity, and commitment. They have a right to know about any sexual changes 19 that are occurring now and any that may occur in 20 21 their lifetime. Educators should provide culturally 2.2 meaningful learning opportunities in a safe and 2.3 non-judgmental environment so that students can learn about sexuality in a positive context. It is 24 25 vital that New York City public schools are

2	equipped with tools and proper training when
3	discussing sexual education, sexual health, and the
4	fluid spectrum of sexuality in general. These are a
5	few of the uncomfortable topics often deemed taboo
6	and about which there is no safe place for
7	discussion in most other parts of young peoples'
8	lives. The classroom has traditionally served as an
9	unsafe zone to converse about sexual education,
10	sexual health, and ultimately sexuality. It is
11	undoubtedly the Department of Education's
12	responsibility among many others to provide and
13	prioritize the holistic development of a student,
14	its future citizens of the city, by providing
15	student health services that address all aspects of
16	student's needs. In fact, comprehensive whole
17	school sexuality education that provides consistent
18	and accurate information that is respectful of
19	diversity can contribute to positive behavior
20	change. Young people can make well informed
21	decisions about their sexual health if teachers are
22	equipped and trained about what education policies,
23	programs, and services are available to them. As
24	far back as 2006 a journal of adolescent health

said that youth ages 15 to 19 who receive sex ed

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are 50 percent less likely to experience unplanned 2 3 pregnancy than those who did only abstinence 4 training. Most experts concur that education about issues like alcohol abuse is most effective if it starts two years before the behavior is likely to 6 7 start. So if children seven and eight years old are not too young to learn about the dangers of 8 substance abuse then surely students beginning in 6th grade are not too young to be educated about 10 11 their own sexuality. Ultimately it is the 12 Department of Education's responsibility to assist 13 in supporting its students towards obtaining selfdetermination and striving to be the best versions 14 15 of themselves. We hope that these legislative bills 16 are accompanied by proper training of school staff 17 and absolute accountability from the Department of 18 Education to ensure that services are being provided and that there are changes occurring 19 within and outside the communities being served. I 20 thank you for the opportunity of hearing testimony 21 2.2 on the critical legislative bill proposals which 2.3 speak to the importance and need for germane sexual health education in New York City and its 24

appropriate training. Thank you.

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CHAIRPERSON DROMM: Okay very good. And great way to close us out here today. Thank you for the testimony. Council Member Cumbo any comments or questions.

COUNCIL MEMBER CUMBO: I just want to say in the almost two years that I've been here this has by far been the most informative, impactful, interesting, and powerful hearing that I've presided over. This has really been the type of conversation that I think should absolutely happen in City Hall, doesn't often happen in City Hall. And I think this was really the kind of conversation that needs to be had. In my district we've actually have had a number of shootings in... in and around our community. And I believe there's like a direct correlation... I can't quite understand it yet but our young people are making such grown up decisions at such an early age and they're faced with so much. And we're not really providing them with the proper tools and the proper resources in order for them to be empowered to make the best decisions on their behalf. And so you know when we... when I was growing up they were talking so much about the sexual revolution which was really the

2	ability to have the freedom to have sex. But I
3	think what we're talking about is the real sexual
4	revolution and that's the ability to talk about
5	sex, the ability to empower our young people with
6	all of the information that they will need in order
7	to make decisions about when they want to create a
8	family, who they want to love, why they love
9	someone, when they want to create a family, how to
10	protect themselves, and how to protect their
11	family. And while this legislation is important I
12	think what also has been uncovered here is that we
13	need to invest on the city, state, and federal
14	level incredible resources into implementing so
15	much of what was discussed. We have to have
16	comprehensive certified teachers in every
17	classroom. Schools shouldn't go without sex
18	education because it's too small of a school and
19	doesn't have the infrastructure. We have to make
20	sure that all of these issues are addressed. So I
21	thank you. You really open the doors wide open in
22	exposing to so many the challenges that we're
23	facing in New York City that we haven't even really
24	quite understood why so many of these systemic

issues are happening. And I think we've just begun

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to peel back the layers of discovering it but also finding the solutions. So I thank Council Member Dromm. I thank Council Member Corey Johnson. I thank all of the staff here today, for you all for being here for five hours to testify and to share your story, and this is really just the beginning. Thank you.

CHAIRPERSON DROMM: So thank you very much Council Member Cumbo. I also want to thank you for the work that you've done on this. I think you've been after me for the full two years that you've been here to hold this hearing and we finally got around to it. And I'm very proud that we were able to do it. I also want to thank our staff for having been here and for really backing us up and providing us with information that we needed to have a educated hearing on this topic. We have a lot of work to do moving forward. I want to thank Council Member Johnson as well before I forget for his leadership on this issue and also Council Member Gibson for her legislation. So we're going to go back. We'll look at it again. We will work with it, amend it, and see what we can come up with. And then hopefully bring it to the floor at

2	some time for a vote all of those three pieces of
3	legislation and an issue that's been really very
4	very important to me as well. Now I have been
5	talking about sex since 9:00 this morning. I
6	started at a forum. And I love to talk about sex
7	but this is a little bit too much. Nah, only
8	kidding. I want to thank all of the advocates as
9	well for pushing us to do this and and for getting
10	this topic out there. It's been a while coming you
11	know. It's been we've needed to talk about this I
12	think for a while and I think that today's hearing
13	went very very well and was very productive so
14	thank you all for coming out and for being with us
15	for the last five hours or so or or more because
16	the… the press conference started I think at 10:00
17	this morning so it's been six hours, yeah. So
18	thank you everybody. And with that this meeting is
19	adjourned at 4:10 in the afternoon.

[gavel]

World Wide Dictation certifies that the foregoing transcript is a true and accurate record of the proceedings. We further certify that there is no relation to any of the parties to this action by blood or marriage, and that there is interest in the outcome of this matter.



Date November 7, 2015