CITY COUNCIL
CITY OF NEW YORK

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TRANSCRIPT OF THE MINUTES

Of the

COMMITTEE ON AGING

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FEBRUARY 24, 2015 Start: 1:18 p.m. Recess: 3:52 p.m.

HELD AT: Committee Room - City Hall

B E F O R E: MARGARET S. CHIN

Chairperson

COUNCIL MEMBERS:

Maria del Carmen Arroyo

Karen Koslowitz Deborah L. Rose Chaim M. Deutsch Mark Treyger Paul A. Vallone

A P P E A R A N C E S (CONTINUED)

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Board of Directors, Cooper Square Committee
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Joanne Chiu Director Hamilton-Madison House Joyce Brown
Retired Community Health Nurse

Mary Springer
Director
Hamilton-Madison House-Knickerbocker-Village (NORC)

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2 [sound check, pause]

CHAIRPERSON CHIN: Good afternoon. Council Member Margaret Chin, the Chair of the Aging Committee. I'm pleased to be joined today by my colleagues on the Aging Committee. They'll be joining us shortly, but we have a visiting council member, Council Member Helen Rosenthal from the Upper West Side joining us today. Today, the Committee will explore the city's natural--Naturally Occurring Retirement Communities better known as NORCs. AARP has found that almost 90% of older adults prefer to live in their home as long as possible aging in place in their communities. NORCs play a significant role in allowing older New Yorkers to age comfortably and with the supportive services necessary to promote independent aging. NORC Supportive Services Program, NORC-SSPs provide health and case management services, and are specially tailored to the residents of the particular community. New York City has long been at the forefront of these programs with the country's first NORC program having been developed in 1986 at the Penn South Houses right here in Manhattan.

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2 Today, NORCs and New York City serve 3 communities in the Bronx, Manhattan, Brooklyn, and Queens. These include the 28 NORCs funded through 4 DFTA's latest RFP as well as those NORCs that have 5 received additional support by the Council. 6 7 [background comment] CHAIRPERSON CHIN: Technical 8 9 difficulties. 10 [pause, background comments] CHAIRPERSON CHIN: And if you want to 11 12 testify today, make sure you fill out a form, okay? 13 [pause] 14 CHAIRPERSON CHIN: Hello, everybody heard 15 me earlier. [laughs] 16 [pause, background comments] 17 CHAIRPERSON CHIN: All right, we're 18 having a problem with the audio. They can see us, but they couldn't hear us, but we're all right. So 19 20 we're like we're going to have to do sign language. 21 [background comments] 2.2 CHAIRPERSON CHIN: I know we already have 23 a lot of people sign up to testify. So if anyone

else wants to testify, make sure you fill out one of

the slips with the sergeant.

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2 [background comments]

CHAIRPERSON CHIN: All right. So we're waiting for a technical problem to resolve with the sound system. So I guess we'll take a break for ten minutes. Thank you.

[pause]

CHAIRPERSON CHIN: Okay. We're good to go. [laughs]

[background comments]

[gavel]

SERGEANT-A-ARMS: Quiet please.

FEMALE SPEAKER: Quiet please.

I'm Council Member Margaret Chin, the Chair of the Aging Committee. I'm pleased to be joined today by my colleagues on the Aging Committee Council Member Arroyo, Council Member Treyger, and Council Member Rosenthal who's visiting us. [laughs] Today, the Committee will explore the city's Naturally Occurring Retirement Communities better known as NORCs. The AARP has found that almost 90% of older adults prefer to live in their own homes as long as possible aging in place in their communities. NORCs play a significant role in allowing older New Yorkers to age

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comfortably and with the support services—supportive services necessary to promote independent aging.

NORC Supportive Services Program, NORC-SSPs provide health and case manager—case management services, and are specifically tailored to the residents of a particular community. New York City has long been at the forefront of these programs, with the country's first NORC Program having been developed in 1986 at

the Penn South Houses right here in Manhattan.

Today, NORCs in New York City are serving communities in the Bronx, Manhattan, Brooklyn and Queens. These include the 28 NORCs funded through DFTA's latest RFP, as well as those NORCSs that have received additional support by the Council. While these programs have been successful in benefiting those seniors who live in those particular communities, it is important that we build on the success of this—of these existing NORCs and ensure that they can expand to other neighborhoods. This means looking beyond the existing NORC model and aiming for flexibility in defining a particular community as a NORC. New York City already provides a more flexible definition of a NORC than the federal and state government. Yet, there are still

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communities that are left out. It also means looking at expanding the partnership between DFTA and NYCHA to provide services to those seniors living in public housing. New York City can continue to lead the way in this area, and provide all seniors the chance to age in place comfortably. The Committee looks forward to hearing from DFTA, NORC providers and advocates on the successes and challenges of the current NORC program, and how we can support the growth of NORCs in New York City.

We've also been joined by Council Member
Vallone from Queens, Chair of our Subcommittee on
Senior Centers. And I want to especially thank our
committee staff, Eric Bernstein our Counsel; James
Subudhi, our Policy Analyst, and welcome back Dohini
Sompura our Finance Analyst. So we will start with
our representative from the Department for the Aging,
Karen Taylor the Assistant Commissioner for the
Bureau of Community Services. And the General
Counsel will swear you in. Thank you.

COUNSEL BERNSTEIN: Can you raise your right hand, please? Do you affirm to tell the truth, the whole truth, and nothing but the truth in your

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2 testimony before this committee, and to respond
3 honestly to Council Member questions?

ASSISTANT COMMISSIONER TAYLOR: [off mic] Yes, I do.

[pause]

ASSISTANT COMMISSIONER TAYLOR: think it's on now. Can you hear me? Good afternoon Chairperson Chin and members of the Aging Committee. I'm Karen Taylor, Assistant Commissioner for Community Services at the Department for the Aging or And on behalf of Commissioner Donna Corrado, I'd like to thank you for this opportunity to discuss Naturally Occurring Retirement Communities in New York City. The term Naturally Occurring Retirement Community describes the demographic phenomenon. was coined in the 1980s by a professor at the University of Wisconsin when he observed that certain housing communities had evolved into communities with a large concentration of older people. Definitions vary somewhat throughout the country, but Naturally Occurring Retirement Communities are defined in New York City principally through their geographic boundaries and their population of seniors. As you know, the city is defined in NORCs as residential

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locations either single buildings, housing developments, or clusters of buildings within a neighborhood that are neither age restrictive nor built specifically for seniors. Over time as residents have aged in place, these housing locations have become home to significant concentrations of older adults. Throughout the last two decades, a number of NORCs have received funding from city and state programs and private foundations to provide support services to senior residents. These programs are called (beep) or SSPs. DFTA funded NORC programs are structured to promoted shared responsibility, and participation in program design and operation. Through a partnership among senior NORC residents, the NORC housing entity, a social service provider, and health care provider at a minimum. A little bit about NORCs in New York City

Housing is a primary concern for seniors in New York City, as we all know. Most older New Yorkers, as you mentioned earlier, prefer to continue living in their present homes and communities as they grow older. As the population of older New Yorkers continues to increases, homes and communities become more and more important in the aging process as well.

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Ready access to a range of coordinated support services and opportunities is essential for successful aging in place. Furthermore, seniors benefit when these services and opportunities are an integral part of their surroundings and daily life.

Which is one of the unique advantages of a NORC program. NORC-SSPs address the preference of seniors to age safely in their own homes and communities, and respond to their consequent support needs. NORC-SSP.

The NORC-SSP movement began right here in New York City.

As was mentioned earlier, in 1986 the Consortium of UJA-Federation agencies established the first government supported NORC-SSP in the nation, the Penn South Program for Seniors. Throughout the 1980s and '90s, the need for services and NORCs became more and more apparent as residents and housing management in other New York City developments began to realize that the older resident population in their community was growing. And that some elderly neighbors needed assistance with daily activities. Some of the early efforts to address this growing concern included on-site volunteer programs that gained a strong foothold in the housing

community before public funding was available.
Collaborations between forward thinking housing
entities and service providers also emerged. Which
often received needed support from philanthropic
funders. In all cases, housing representatives as
invested partners were fundamental to the success of
these on-site supportive service programs. These
early efforts thrived and rapidly, and in fiscal year
2000, the City appropriated funding for its first New
York City NORC initiative. One of the essential
hallmarks of the City's NORC program is the match
requirement so that public dollars leverage private
funding, and contributions from a number of committed
foundations and organizations especially from health
care providers and philanthropic community. This
support has been critical in allow NORC-SSPs to
flourish, to enhance services and complement city
funding.

For DFTA Funded NORCs, There are five primary objectives. All NORC programs should provide supportive environments that allow seniors independence as they age in place. But they should engage residents and facilitate linkages within the community. A need to assess the needs of the senior

	residents, and offer supportive services on those
	assessments, and build strong and meaningful
	communities that cultivate new roles for community
	members. To strengthen the NORC network in providing
	supportive services and facilitating community
	linkages, DFTA issued a Request for Proposals in June
	2013. The RFP required that the NORC housing entity
	or entities must have a minimum of 350 seniors and/or
	at least 40% of the household in the NORC with a
	senior in residence. DFTA continues to fund the
	current NORC program model described earlier in
	testimony, which is referred to as a classic NORC.
	In addition, under the RFP, DFTA expanded this
	classic NORC model to include the option of a hybrid,
	which establishes a formal relationship between a
	DFTA funded senior center located within the NORC
	property. The purpose of formalizing this
	partnership was to facilitate service coordination
	between the two programs and to allow the NORC and
	senior center to benefit mutually from resources such
	space, staff, and programming.
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contracts in the Bronx, Brooklyn, Manhattan, and Queens for a term that began last July. The DFTA

In January of 2014, DFTA award 28 NORC

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budget for NORC programs is \$6.5 million. These communities are located in public housing, low to moderate-income co-ops, and low to moderate income private rentals. The NORC contract awards included funding to enhance services such as case management for homebound and non-homebound seniors; assistance with accessing public benefits; and an increased emphasis on wellness, chronic disease, risk assessments, and healthcare management.

As a growing number of older adults age in place and a response to broad based community efforts to meet the needs of this population, NORC models continue to develop and evolve. We are pleased that the Council allocated a total of \$2.5 million in the adopted budget for FY15 to fund NORC services including a million dollars for neighborhood NORC initiatives. Through a Council funding planning grant, DFTA is working with community resource exchange to assess neighborhood NORC opportunities in Far Rockaway and Staten Island. DFTA is supportive of the neighborhood NORC model while recognizing that these models require an infusion of resources.

In conclusion, I want to thank you again for this opportunity to testify on Naturally

- 2 Occurring Retirement Communities in New York City.
- 3 In partnership with the Council, DFTA looks forward
- 4 to supporting the overall NORC network and it's
- 5 capacity to enhance the lives of seniors. I am
- 6 pleased to answer any questions you may have.

7 CHAIRPERSON CHIN: Thank you. We've also

8 been joined by Council Member Koslowitz from Queens;

9 Council Member Rose from Staten Island; and Council

10 Member Rose from Queens. We just--yeah, we can start

11 off with a couple of questions, and I'll pass it over

12 | to my colleagues. I know that we talked about--in

13 your testimony last year we were very excited that we

14 were able to allocate more funding to the NORC

15 program especially \$2.5 million for the Fiscal Year

16 2015. And with that money, and the million dollars

17 | for Neighborhood NORC program, we were able to fund

18 | more NORC programs that didn't get funded through the

19 RFP process, right?

ASSISTANT COMMISSIONER TAYLOR: Yes.

21 CHAIRPERSON CHIN: So the whole--so how

22 many more NORC programs were you able to fund with

23 | the additional funding? Is that included in your 28?

24 | I don't think so, right?

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ASSISTANT COMMISSIONER TAYLOR: No, the
28 are the recipients of the contracts through the
RFP process. Bear with me. I just need to count.
[laughs] I believe there are 13 classic NORC
programs that were funded through the Council. The
\$1.5 million and there are I believe nine that were
funded through the Neighborhood NORC Initiative.
Actually, one of those was I think funded on both
lists. So NORCthat would be NORC as well. So i
was a substantial number.

CHAIRPERSON CHIN: Yeah, I know for this year if we're able to get more money from the Administration—I hope the representatives are sitting here—then we can actually go further down the list, right. Because there were other NORC applicants that applied?

ASSISTANT COMMISSIONER TAYLOR: There were some-there were some additional applicants.

Yes, I guess that would be discussed later. Should funding become available, we'd be happy to discuss that.

CHAIRPERSON CHIN: Yeah, so that's where-that's where we're really looking towards because as
the aging population grows, there is such a great

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- need. And it is a very successful program, and we're
 looking at, you know, the model that you're talking
 about the classic NORC and the Neighborhood NORC.

 Can you elaborate a little bit more on the hybrid
- Can you elaborate a little bit more on the hybrid
 version to see how we can do that to really create
 more NORCs, but also provide more resources--
- 8 ASSISTANT COMMISSIONER TAYLOR:
 9 [interposing] Yes.

CHAIRPERSON CHIN: --with the--with the hybrid model of the senior center and-- So how many hybrid models do we have?

ASSISTANT COMMISSIONER TAYLOR: Oh, you know, I didn't bring the exact number. I would say it's probably about half a dozen, about six or so. And these were programs where the NORC program was actually—in some cases actually located in the same building in some developments as a senior center. And in other cases in the same development, but maybe in another location. But we do have some, and we're—we're working with those program. The contracts just started in July and so we're working with them as they develop their own relationship with each other. So we're hoping that that will also help boost both types of programs.

CHAIRPERSON CHIN: Okay, I think we would
love to have more up to date reporting on the hybrid
model. But also, we've been joined by Council Member
Deutsch from Brooklyn. I know Council Member Rose is
going to ask this question because webecause last
year, we also included Staten Island, right? Because
Staten Island was indeed served. So put aside money
for the planning grant especially for Staten Island,
and then later on another council memberI think it
was Council Member Richards, "What about Far
Rockaway." So we were able to utilize the resource
that we were able to get to do that. So do you have
any update for Council Member Rose of what's going on
with that planning grant? Are we going to be able to
start a NORC in Staten Island? So that we could,
right? I'm asking this question, right, Council
Member Rose? Is that we want to make sure that when
we fight for more funding that we will be fighting
for funding to begin to run a NORC in Staten Island.
ASSISTANT COMMISSIONER TAYLOR: We have

as we said earlier, been working with CRE. It's been very, very interesting. They have been doing extensive data analysis of the demographics in both communities. And have also been interviewing and

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meeting with various stakeholders. They've met with existing NORC programs. They've met with and are still in the process of meeting with community organizations throughout Staten Island in this case. They will probably be contacting your offices. They do plan to have a conversation with at least the two Council people that are representing those areas. And coming up with some—like a full picture of where in the—in the area are the ideal, perhaps ideal places to start. Because beyond the demographics, it also requires a community investment—an investment from the community. And so, we want to make sure that there are energy and stakeholders and, you know, organizations that can support the—you know, the program.

CHAIRPERSON CHIN: You know, I think the other question that I have or the last question before I pass it on, is that I mean looking at the different models, right—we have a classic NORC, we have Neighborhood NORC. But in areas where we might not have the conditions to meet those requirements, I mean we're looking at another, you know, another hybrid model where you can kind of combine high-rise with the low-rise within the same geographic area.

2	Where you might not have enough seniors in the high-
3	rise building, but you have senior living in the
4	homes and surrounding areas. So that a combination
5	of another hybrid model can work because I think as a
6	city as the older population grows, we have to be a
7	little bit more creative in terms of how do we
8	ASSISTANT COMMISSIONER TAYLOR:
9	[interposing] Right.

CHAIRPERSON CHIN: --get this going.

Because I have a similar situation in my district

where the largest complex in Chinatown they don't

have-- This is true, they don't have enough

population to qualify as a NORC within its own

complex. But there is a neighborhood NORC so there's

a way to--for them to collaborate and share

resources. That would be a model that the other

communities can also follow.

 $\label{eq:assistant_commissioner_taylor:} Absolutely.$

CHAIRPERSON CHIN: Next, I'd like to call on Council Member Koslowitz for questions.

COUNCIL MEMBER KOSLOWITZ: I-- Thank you. I know NORC was started in the 1990s when we

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2	first started talking about NORCs. How many NORCs
3	are three throughout the entire city?
4	ASSISTANT COMMISSIONER TAYLOR: How many
5	NORC programs are funded or how many communities?
6	COUNCIL MEMBER KOSLOWITZ: How many
7	communities, NORC communities are there?
8	ASSISTANT COMMISSIONER TAYLOR: We really
9	don't have that data. I mean it's a A number of
10	demographic analyses have been done in just where the
11	concentrations of seniors are. Throughout the city
12	there are
13	COUNCIL MEMBER KOSLOWITZ: [interposing]
14	I know but some areas have more than others.
15	ASSISTANT COMMISSIONER TAYLOR: Right.
16	COUNCIL MEMBER KOSLOWITZ: Like I have.
17	ASSISTANT COMMISSIONER TAYLOR: We canI
18	can certainly get back to you with some data on
19	where, you know, the largest concentrations of
20	elderly are throughout the city. Whether, you know,
21	if you're a Whether they need the definition of
22	our previous RFP criteria or not, I mean that would
23	depend on specific communities in the housing

institutes. But there are clearly many, many areas

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2 throughout the city where the concentrations of 3 seniors are very significant.

COUNCIL MEMBER KOSLOWITZ: I have NORC in my community that's a housing project.

ASSISTANT COMMISSIONER TAYLOR: Uh-huh.

that's fine. It does very, very well, but I know there were times when they talked about it when NORCs were first—they were coming into being is that they were going to take buildings— Like I live in a very high density area. It's Forest Hills I'm talking about in Rego Park and Kew Gardens, and it's mostly apartment buildings. And they talked about joining those buildings. For instance, if you took four buildings in my community where I live, you would have enough seniors to create a YORK—a NORC. So, have we been trying to bring this to fruition talking to the landlords because, of course, you're doing with four different landlords.

ASSISTANT COMMISSIONER TAYLOR: We actually a NORC in Manhattan that follows that model. We call it a Cluster NORC.

COUNCIL MEMBER KOSLOWITZ: Right.

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2	ASSISTANT COMMISSIONER TAYLOR: It's
3	three buildings on the Upper West Side that together
4	form a NORC program, and serve those seniors and
5	those residents. So, yes, that's possible.

COUNCIL MEMBER KOSLOWITZ: How come it hasn't been done? I mean we talked about this in the '90s. How come it has not been done, you know, reaching out to different communities to see where-where it can happen?

ASSISTANT COMMISSIONER TAYLOR: To landlords you mean or to--?

ASSISTANT COMMISSIONER TAYLOR: Well, we have been fairly public about our funding opportunities. We don't-- You know, through the RFP process we do let people know when there's an available funding and tell people about that. We also have-- Anyone who contacts us, we have resources that we can offer you. We have other organizations that have a lot of information on how to start preparing for a NORC program. It takes--it takes preparation, and it takes sometimes some advance work. But, both the Department for the Aging

1	COMMITTEE ON AGING 25
2	and some philanthropic organizations have a number of
3	resources. So we would be happy to share that with
4	anybody who reaches out.
5	COUNCIL MEMBER KOSLOWITZ: But you don't
6	reach out to anybody? You don't like look for places
7	to build NORCs.
8	ASSISTANT COMMISSIONER TAYLOR: We do
9	when we have funding. When we have funding
10	available, we will reach out to everyone and let them
11	know.
12	COUNCIL MEMBER KOSLOWITZ: How much have
13	you lost in funding?
14	ASSISTANT COMMISSIONER TAYLOR: I'm
15	sorry, what?
16	COUNCIL MEMBER KOSLOWITZ: How much have
17	you lost in funding?
18	ASSISTANT COMMISSIONER TAYLOR: Lost. We
19	havefor the NORC programs we have not lost funding.
20	What?
21	[background comment]
22	ASSISTANT COMMISSIONER TAYLOR: No, we
23	haven't lost any funding.

give you a list of all 28 if you'd like them?

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is--isn't a drop in the bucket, you know. I mean if
we asked any council member we would--

[applause]

SERGEANT-A-ARMS: [interposing] Quiet in the Chambers, please.

CHAIRPERSON CHIN: --we would--all of us, all of us would have proposals for where we want to have NORCs. And one of the interesting things in preparing for this hearing -- And I urge my colleagues to also reach out to NYCHA if you have public development in your district, to find out the aging population, the senior population in those buildings. Every single one of my developments they're not senior housing. Some of them have 60% and some of them have 40 some percent. They have a large number of seniors living in those buildings because a lot of them moved in them when they were young or when they had children, and now they are seniors. They're living in NYCHA developments. And it would be great that if we could have a NORC in every single one of those developments. And that's something that we can all work together on, and we've got to increase the budget for DFTA. So Karen, we're going to have to work on that together.

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2 COUNCIL MEMBER KOSLOWITZ: Okay. I'm in.

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CHAIRPERSON CHIN: Okay.

COUNCIL MEMBER KOSLOWITZ: Thank you.

ASSISTANT COMMISSIONER TAYLOR: Great.

CHAIRPERSON CHIN: Council Member Rose.

Oh, yeah, Council Member Vallone. Okay.

COUNCIL MEMBER VALLONE: [off mic] Okay.

CHAIRPERSON CHIN: Sorry. So, we're

skipping you.

with me. Thank you for your testimony. Thank you,

Madam Chair. I also echo, you know, the \$6.5 million

and how much that Margaret and I and the rest of the

Council fought last year to get the extra funding is

a step in the right direction. But it's a direction

we need to go much more. As we've all heard many

times from all the advocates sitting behind you and

those in our community, the senior community is

rising faster than any. And I don't think we're

doing enough to address that. We need to take the

steps now to prepare for that, and I think NORCs play

a critical role in that process. And I think our

neighborhood in Queens is a very good representative

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of what the future of a lot of senior communities are going to look like as seniors fight to stay home.

ASSISTANT COMMISSIONER TAYLOR: [interposing] Uh-huh.

COUNCIL MEMBER VALLONE: The dignity of staying in their own home is the lack of having affordable housing to use and to go to doesn't really give a lot of options. So the expansion of a Neighborhood NORC or a Hybrid NORC. You have given a sentence here at the end, and it's almost like it's cursory, but I'd like you to go more into it. It says, "DFTA is supportive of the Neighborhood NORC while recognizing that these models require an infusion of resources." Could you expand on that?

-the Neighborhood NORC model is new to New York City.

The State has been funding Neighborhood NORCs for a while. I'm not really sure what their budget is for the NORCs that they provide. I can certainly find out. So part of the planning grant that we're working on, which will focus on Staten Island and Far Rockaway will also-- they'll be looking at kind of what it takes to run and operate these kinds of programs. Currently, in the DFTA funded New York

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- world, the classic NORCs, the largest DFTA allocation is \$275,000. That's the max, and there are some programs that funded considerably at lower levels. So this is a very modestly funded initiative altogether. So, we will need to-- And I--but I do think one of the things to keep in mind is that NORCs are partnerships, and they do require other stakeholder's contributions. And this is really one of the reasons it's been so successful. It's not just putting a program with some money in a community. It's actually getting the community to be involved in helping to really drive the program, and of course, you need as much support as you can get. But you also need input and commitment, and investment from the community itself.
 - COUNCIL MEMBER VALLONE: So, will we see a change maybe in the next RFP on the type of NORCs that will be solicited or reached?

ASSISTANT COMMISSIONER TAYLOR: You know, we just finished an RFP, and we just started the contracts. We will definitely be learning as we go for the next RFP. Should we get additional--

COUNCIL MEMBER VALLONE: [interposing]

25 | Which will be when?

2	ASSISTANT COMMISSIONER TAYLOR:
3	baseline funding, and, you know, we'll be rethinking
4	whatever we need to do. But, yes, we certainly
5	welcome your thoughts and your comments on that.
6	COUNCIL MEMBER VALLONE: So, when we went
7	through the budget last year, Margaret and I and the
8	rest of the committee for increased funding Of
9	course, a lot of it went for case management, which
10	we're thankful for, but a lot of it didn't go to
11	anything else. The operating costs and all of the
12	actual programming, and things that were cut or to
13	shift around. Is there any talk about allocating
14	resources this year for those that weren't picked up
15	last year?
16	ASSISTANT COMMISSIONER TAYLOR: I really-
17	-I'm not sure about the budget process or the new
18	needs. Is there a
19	[background comment]
20	ASSISTANT COMMISSIONER TAYLOR: Yeah,
21	nothing at this point that I could
22	CHAIRPERSON CHIN: It's up to us.
23	[laughs] When the Mayor was doing the preliminary
24	budget, right

COUNCIL MEMBER VALLONE: Yeah.

2	CHAIRPERSON CHIN:when I asked him,
3	did you baseline everything that we wanted last year,
4	and he did kind of hedge and say, Well, theit might
5	be in the Exec Budget. Because we weren't going to
6	fight for more because I mean we were very happy that
7	we're able to supplement some of the Neighborhood
8	NORCs, and do the planning grant. But we want to do
9	more planning grants. We want to really start more
10	NORCs throughout the city, and we want to be able to
11	support them. And as you said the model is very good
12	because you bring in the community partnership. And
13	I think every council member will want to do that. I
14	remember last year people were asking me, you know,
15	what about my district? [laughs] So, we're going to
16	get a lot of interest, and we definitely willwill
17	do that. And there were also people I mean NORCs
18	that apply for funding for the RFP that didn't get it
19	because there was not enough funding. They went down
20	the list a little bit more with the \$2.5 million that
21	was added. But definitely we will have to push more
22	on this. Now, when you talked about the Cluster NORC
23	in the Upper West Side, was that also funded by the
24	RFP, the one that you were?

2	ASSISTANT COMMISSIONER TAYLOR:
3	[interposing] The one thatthe Cluster NORC, yes.
4	Uh-huh.
5	CHAIRPERSON CHIN: Okay, that's
6	ASSISTANT COMMISSIONER TAYLOR:
7	[interposing] It has been funded through the City
8	since the early days, 2000. You know, for quite a
9	while.
LO	CHAIRPERSON CHIN: So some of the model,
L1	Council Member Koslowitz, like we already have those
L2	models so
L3	ASSISTANT COMMISSIONER TAYLOR:
L4	[interposing] Uh-huh.
L5	CHAIRPERSON CHIN:we just have to get
L6	the funding to be able to start one in her district.
L7	ASSISTANT COMMISSIONER TAYLOR:
L8	[interposing] And this is the first one and I think
L9	you know, there's another one on the Lower East Side
20	that over time has also become the same sort of
21	situation where you have several housing entities
22	that are not necessarily owned by the same
23	organization. But they've come together and they

they make a NORC.

2	CHAIRPERSON CHIN: Next, we want to call
3	on Council Member Rose.
4	COUNCIL MEMBER ROSE: I want to thank
5	Chair Chin for, you know, for really spearheading the
6	additional funding for the planning grant for Staten
7	Island and Far Rockaway. I know everybody is tired
8	of hearing that Staten Island doesn't have
9	COUNCIL MEMBER VALLONE: [interposing]
LO	People and programs. [sic]
L1	COUNCIL MEMBER ROSE: [laughs]the
L2	issue [sic]. It's the reality, and I want to thank
L3	you for all your efforts on behalf of, you know, my
L 4	constituents. And I want to thank you for starting
L5	the conversation about Staten Island. And just to
L 6	follow up on Chair Chin's remarks, when you said that
L7	all NORCs have to have resources, what kind of
L8	resources are you looking for? I know you do an
L 9	assessment, and you assess the demographics. But you
20	also said that there has to be resources or
21	stakeholders.
22	ASSISTANT COMMISSIONER TAYLOR:
23	[interposing] Within the community, right.

COUNCIL MEMBER ROSE: What are they?

ASSISTANT COMMISSIONER TAYLOR: For the
for the Classic NORCs, and sort of what we're
learning from the Neighborhood NORCs, there needs to
be Well, in the Classic NORCs it's a little
simpler because you have a housing development or a
housing entity whether it's NYCHA or whether it's
Mitchell-Lama or whatever. And you also haveyou
have the housing entity, but you also have the
seniors. That's a really important component
[laughs] to the NORC program to make sure that you
have a seniorthe seniors represented in the process
as well. There's social service provider, and the
way we have ourstructured our NORC programs is a
social service provider as well as a healthcare
partner. Some of the NORC programs over time have
increased that to more than one healthcare partner,
or more than one service provider. This is sort of
really the minimum model, so to speak.

With the Neighborhood NORC it's a little more complicated because you don't have one housing entity. You might have single-family homes, or a mix of the different kinds of housing. In some cases, I think they've--they've worked with block associations or neighborhood committees to try to help organize on

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2	that end. But again, you would also need social
3	services, a social service provider as well as a
4	healthcare partner, which will really come together,
5	and other community stakeholders. This is the
6	minimum. You really want to engage as many entities
7	in the community as possible, your businesses, the
8	other city-funded resources, the libraries or
9	whoever. It really can be as creative and as, you
10	know, extensive as the community can
11	COUNCIL MEMBER ROSE: So, onwith the

COUNCIL MEMBER ROSE: So, on--with the Neighborhood NORC model the study that you're doing on Staten Island what type of NORC are we looking at developing?

ASSISTANT COMMISSIONER TAYLOR: Okay, what we're looking at is where in Staten Island-First of all, there are concentrations-COUNCIL MEMBER ROSE: [interposing]

Right.

ASSISTANT COMMISSIONER TAYLOR: --of older people. Where there are--and we're looking at that in relation to what kind of housing is there.

We're looking at that in relation to income level.

And other kinds of factors that might indicate the need for a program. On top of that, we're going to

be looking at the various stakeholders in each of the
communities. We're going to be lookingwe're
probably going to try and identify a few communities
that we can really drill down into to do an analysis
of who's there, who's What does the community
want? I think that's one of the things that we also
have to remember is that these programs need to
really tap into the community to find out what it is
they want. This is all a model. We have a model,
but ultimately it's the users of the services, and
the community itself that designs the specific
program.

COUNCIL MEMBER ROSE: So, we're looking at possibly more like a hybrid, a HYBRID NORC or-ASSISTANT COMMISSIONER TAYLOR:

[interposing] It could be. I mean, we're not--

COUNCIL MEMBER ROSE: --where we have a concentration or a development, it would be more like a Classic NORC?

ASSISTANT COMMISSIONER TAYLOR: Well, I think in Staten Island the Classic NORC has not really, at least based on the RFPs that we've issued, we've never received a Classic NORC proposal from Staten Island. But it may be that that borough is

residence is not--it would not qualify--

large populations of West African immigrants, and

I said, I believe the Community Resource Exchange

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2 researchers will probably be wanting to talk further with you and, you know, your staff to get a better 3 idea of what you're looking to do. [sic]

5 COUNCIL MEMBER ROSE: [interposing] We have had a preliminary discussion. Yes. So, thank 6 7 you. Thank you, Chair.

CHAIRPERSON CHIN: Council Member Treyger.

COUNCIL MEMBER TREYGER: Thank you, Chair, and kudos to you as well as the Subcommittee Chair, Council Member Vallone. You've done really an outstanding job in advocating the needs of more NORCs and funding NORCs and the needs of seniors. Thank you and kudos to both of you. So just a couple of questions. I appreciate your testimony here today, and I agree with 100% that we need a lot more than \$6.5 million. First of all, I want to--I want to commend the NORC that I have in my district is Wabasse.

> COUNCIL MEMBER ROSE: Oh, yes.

COUNCIL MEMBER TREYGER: Their job is outstanding. I mean the work they do is so critical and meaningful. My first question relates to as part of the list of services I've been very concerned

- 2 about making sure that our city is working with
- 3 partners, and emergency planning and preparations.
- 4 Can you speak to how you utilize NORCs to turn key in
- 5 the way critical information for emergency readiness
- 6 in the event of any type of emergencies?
- 7 ASSISTANT COMMISSIONER TAYLOR: That
- 8 became, you know, incredibly apparent during the
- 9 Sandy and the post-Sandy periods of time. And some
- 10 | of the NORC programs were really the big stars of
- 11 some of their communities--
- 12 COUNCIL MEMBER TREYGER: [interposing]
- 13 Yes.
- 14 ASSISTANT COMMISSIONER TAYLOR: --in
- 15 reaching out to residents and binding together
- 16 everyone in the community. So definitely. We
- 17 | haven't-- There are-- I guess there are several
- 18 | initiatives that have come up. It wasn't really a
- 19 part of the RFP, but something our Emergency
- 20 | Management Unit is certainly looking at, and not just
- 21 NORCs but all of our community based programs. But I
- 22 | think NORCs are in a particularly unique position
- 23 | because of their location in the housing itself, and
- 24 working so closely with Housing Management. Unlike
- 25 | the news, [sic] we do feel it's very important. I

1	COMMITTEE ON AGING 44
2	don't have a lot of specifics on what's being done,
3	but I can certainly get back to you
4	COUNCIL MEMBER TREYGER: [interposing]
5	All right.
6	ASSISTANT COMMISSIONER TAYLOR:and we
7	can, you know
8	COUNCIL MEMBER TREYGER: [interposing] I
9	think it might be
10	ASSISTANT COMMISSIONER TAYLOR:
11	probably go into that a little bit further.
12	COUNCIL MEMBER TREYGER: I think it might
13	be meaningful for the RFPs as well because Council
14	Member Rose and Council Member Richards represent
15	areas that certainly need NORCs.
16	ASSISTANT COMMISSIONER TAYLOR:
17	[interposing] Uh-huh.
18	COUNCIL MEMBER TREYGER: But also, we're
19	also affected by
20	ASSISTANT COMMISSIONER TAYLOR:
21	[interposing] Right.
22	COUNCIL MEMBER TREYGER:coastal
23	events. So, I think it'sit's really important that
24	we you know cover that and

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	COMMITTEE ON AGING
2	ASSISTANT COMMISSIONER TAYLOR:
3	[interposing] I think some of the other
4	organizations that are going to be testifying today
5	may also be able to speak to that. They have
6	COUNCIL MEMBER TREYGER: [interposing]
7	Right.
8	ASSISTANT COMMISSIONER TAYLOR:first
9	hand experience.
10	COUNCIL MEMBER TREYGER: And I think as
11	partas we enter the budget process here, and I
12	think these are conversations we should have about
13	making sure that our district as well as the Chair
14	who is impacted. You know, NORCs play a critical
15	role, and I think in also streamlining key
16	information
17	ASSISTANT COMMISSIONER TAYLOR: Uh-huh.
18	COUNCIL MEMBER TREYGER:more somore
19	so than others can. Secondly, let me also advocate
20	for another part of my district that I think needs
21	greater attention as far as the communities in
22	Southern Brooklyn, Bensonhurst and Gravesend. We
23	have seen a tremendous, tremendous boom in the

immigration in the past decades, but the past decade

in particular. Being a public school teacher I saw

first hand the wave of immigrants coming into our
community. There's a booming, growing Asian-American
community in the Gravesend-Bensonhurst part of
Brooklyn, and almost And the Chair has been around
my district as well. She can speak to that. I see
at every event I go to a packed house. Everything.
And I just think that we need to kind of look at that
as far as how can we connect the dots there as well.
Because NORCs play a critical role in helping
families, seniors, you know, get streamlined
services, have a chance to socialize and get
meaningful services. But I think that this is a
critical thing to do in areas that are seeing an
influx of immigration as well as Council Member Rose
mentioned in her district. So I would like to work
with DFTA in assessing the needs of the Gravesend-
Bensonhurst communities as well. There is a
tremendous boom in the senior citizen population with
immigrant influx. And to see what we can do to
expand the program there as well.

ASSISTANT COMMISSIONER TAYLOR: And many of our providers in that area, you know, we've spoken with them as well. And we're very pleased that we were able to open some new senior centers. So with

that population.

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- city is just with the senior center RFP. So there
 might be a way of doing a NORC model there to service
 those communities. Because I know you've put a lot
 of discretionary funding to really help them. But
 that might be a way to sort of develop a Neighborhood
 NORC or a Hybrid NORC or whatever to really serve
 - One of the follow-up questions that I have is the-- Oh, Council Member Deutsch, you have a question?
- COUNCIL MEMBER DEUTSCH: [off mic] Yes.

 CHAIRPERSON CHIN: Why don't you go

 first.
 - COUNCIL MEMBER DEUTSCH: Thank you,

 Chair. Thank you very much. Yes, I'm looking to be
 a model to that entire city so we could use all the

 funds. I think we're \$60 million. [laughter] But
 anyway, I do have a very high population of senior

 citizens in my district. And first I want to ask you

 Commissioner if we could get a--if I could get a

 list, an updated list of all the NORCs in my

 district. It doesn't have to be now. If you could

 send it, if you wanted to have your staff send it to

 my office. I fund many programs that assist. During

for NORCs that it should be less than the six years.

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It should be like a type of time to re-evaluate to make sure that the NORCs are doing the jobs for all the senior, every single senior in that area. But if you have it for six years straight, then, you know, we don't know what happens over the six years. We need to make sure that our senior citizens are well taken care of all around.

ASSISTANT COMMISSIONER TAYLOR: Well, there are—there's ongoing evaluations, assessment evaluations throughout this whole period almost constantly. But certainly officially at least once a year every program is evaluated. And, if there are nay real, you know, problems those are addressed. And we give assistance with the programs to make sure that they're meeting the—

example in my district we have the NORC, which is they have the programs let's say in a building where senior citizens may have to cross the street and they have to walk. So it should be rotated, and we have to make sure that every—every building gets an equal amount of services and older seniors are happy. And they even have a forum to speak with the senior citizens to get feedback. It's not only—it's not

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just speaking to the provider, but also listening to the senior citizens by having outreach, but doing outreach. And just by listening, are you satisfied with the NORC in this district because it's coming up to the time for re-evaluation. We want to know. We want to get feedback. So I think the outreach is extremely, extremely important—

ASSISTANT COMMISSIONER TAYLOR: [interposing] Uh-huh.

COUNCIL MEMBER DEUTSCH: --to get the feedback from the people, and to have a forum within the districts, within the NORC communities. So I strongly--I strongly recommend this. Also, when you have a private--private property owners are very able to start a NORC being the process of an RFP. So, what type of incentive and why should a private--a private land owner--a building owner have to come out and say, you know, I want to start a NORC?

ASSISTANT COMMISSIONER TAYLOR: Well, in-we have a couple of NORCs where the housing entities
actually are contractors. They have formed their own
501(c)(3). This is the case of Penn South and-- Oh,
I'm blanking on a--on recalling another one. But
it's certainly possible. It's an advantage to the

housing entity in that if First of all, it's a good
thing for their community. It's a community asset to
have a NORC program onsite. And if they are
experiencing an increase in the number of older
adults that are living in their housing community,
the NORC program can First of all, it can save
time for their maintenance staff, theirtheir
building staff. Many of our NORC programs work very
closely with the Housing staff to You know, to try
to identify problems with specific tenants or
residents before they get too serious. There are
It's interesting and some of the housing providers
are very invested

COUNCIL MEMBER DEUTSCH: Do you have literature for property owners to let them know what the incentives are for them that we could—that we as elected officials can go around and publicize this. And let property owners know that yes, you know, these are the incentives. We want you to be part of it. We have a very large senior population, and we encourage you to be part of the NORC.

ASSISTANT COMMISSIONER TAYLOR: We can do that. We don't have funding right now to--available to put out for that, but we can certainly talk

the outreach to the property owners and we give them

does DFTA collect any data to see whether there are

overlaps of seniors that participate in NORC and

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senior centers?

senior population?

ASSISTANT COMMISSIONER TAYLOR: We are
able to do that now with our new STARS system. It's
been terrible from one behind me. But, yes, the
datathe programs all are on the same data system.
So we may not be able to do that today, but as the
programs, you know, are getting more familiar with
the database, we will be able to get that information
for sure.
CHAIRPERSON CHIN: I think that's
important. I meanI mean once again the number of
seniors that participate in senior centers, right.
remember from all the hearings that I've been here in
the last five years, it's a very small number, a
small percentage of seniors, right. I mean right
now
ASSISTANT COMMISSIONER TAYLOR: The
percentage just seems like a big number, but it's
CHAIRPERSON CHIN: [interposing] It's
still a very small
ASSISTANT COMMISSIONER TAYLOR:
percentage wise I guess we shouldwe should call it.
CHAIRPERSON CHIN:rate. But I mean
the percentage is what about 10% or evenof the

help us to see how we can provide more services like

SHELLY HOLTZBERG: Okay.

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1	COMMITTEE ON AGING 59
2	CHAIRPERSON CHIN: Who's your Council
3	Member?
4	SHELLY HOLTZBERG: Steven Levin.
5	CHAIRPERSON CHIN: Oh.
6	SHELLY HOLTZBERG: But he suggested I
7	come.
8	CHAIRPERSON CHIN: Oh, yes.
9	SHELLY HOLTZBERG: So I'm here.
10	CHAIRPERSON CHIN: That's good. You're
11	in good hands.
12	SHELLY HOLTZBERG: I handed out some
13	demographics of our building. I'm very different
14	than anybody who is probably going to speak, or did
15	speak or who has spoken. I thank you for listening
16	to me, and giving me the time. I want to talk about
17	what we're doing, and I don't know if this the right
18	arena, but you can listen and tell me that. We're a
19	Mitchell-Lama building. We have quite a senior
20	population. The building is aging both physically
21	and structurally. If you look at those numbers,
22	we've had a 100th birthday party and the whole co-op
23	came out for that lady. Over the last five years, I

and the president of the board have arranged for the

visiting nurse to come in free. And that program

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kind of chaca. Recently, I got bewish home bile care
to give us a nurse one day a week, and that program
seems to be shaky. He was with us for six months. I
have brought in speakers, JASA, Jewish Home Life Care
and Heissom Hill [sic] are coming to talk to us about
the resources. But with a building that needs some
sort of work that was described we need some sort of
health service. We need some sort of social. I've
given you a budget. It's nominal. It's a beginning.
It's the beginning of a NORC. I'm not sure I want to
call it a NORC, and I've listened to this room. And
one of the drawbacks is that older people don't want
to be called older people. But they need the
services. So I call it a NORC like program, and what
I'm asking for is about \$40,000, part for a nurse,
and part for a social worker. And my co-ops and some
on the board has agreed to kick in \$10,000. And I
think that's about it unless you have questions of
me, and I thank you.

CHAIRPERSON CHIN: Thank you for coming here. We will be talking with your council member, Council Member Levin because part of this is how this will related to what we're talking about today. It

Good afternoon all--

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2 CHAIRPERSON TREYGER: Could you turn on 3 the mic?

SERGEANT-A-ARMS: Turn on the mic.

JASMINE GARCIA: Good afternoon all.

Thank you for the opportunity to testify on behalf of our increasing senior needs for service. I'm

Jasmine Garcia and I am on the Board of Directors of the Cooper Square Committee. I'm a member of our

Senior Help and Advocacy Program known as SHARP. At present, SHARP is a committee led by seniors living in our section of the East Village in the Lower East Side. And lots of our members live between Stanton Street and East 5th Street east of the Bowery.

Senior at age 60 and over comprise 30% of the heads of households in the six-block area totaling over 500 senior heads of household in this densely populated area.

We started SHARP two and a half years ago because we recognize that growing number of seniors are aging in place in our community, me being one of them. [laughs] And the Cooper Square Committee did not have a program specifically designed to address the needs of seniors. Seniors stated meeting to discuss issues we are facing from the difficulties

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dealing with rising cost on a fixed income. And needs for more social connections and activities to prevent feelings of isolation. And in the case of some [sic]seniors help with daily tasks like grocery shopping, doing laundry and keeping our apartments free of clutter and managing health issues.

Since forming, we have held many social gatherings from potluck dinners to movie and game nights. Over a year ago, the Cooper Square Committee got a one-year grant to hire a program coordinator for SHARP. And she organized a series of workshops about topics like fall prevention, medication, safety, the Affordable Care Act, creating health directives, and last wills and testaments and more. SHARP members have benefitted a lot from these workshops. For example, when we did a workshop on advanced health directives or a health proxy, we found that only one-third of seniors have one. As a result of the workshop, a lot of SHARP members felt one out. It's been shown that these events help directives save Medicare a lot of money. investment in empowering seniors to programs such as SHARP can help improve the quality of life for seniors, and would be money well spent.

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2	We are in need of more services for
3	seniors in our part of the neighborhood because we
4	really don't have a senior center between East
5	Houston Street and East 10th Street. We encourage
6	the city to look for ways to fund programs that help
7	seniors live independently at home for as long as
8	possible instead of an assisted living. Because I
9	believe this type of funding would cost effectwould
10	be cost-effective. Thank you.
11	CHAIRPERSON CHIN: Thank you.
12	JASMINE GARCIA: Do you have any
13	questions for me?
14	CHAIRPERSON CHIN: We have Jasmine and we
15	heard her testimony. Anybody want to say a few
16	words? Let them do that first.
17	JASMINE GARCIA: Let them do that first,
18	but I Okay. I'm sorry. What would you do that
19	first?
20	CHAIRPERSON CHIN: Oh, it doesn't matter.
21	Push the mic over. Yes.
22	LUCILLE CARACARA: Oh, thank you. Thank
23	you. I'm [laughs] Thank you. I'm Lucille

Caracara [sp?], and I'm on the Board of Directors of

the Cooper Square Committee. I'm also 88 years old,

and I'm a member of our Senior Health and Advocacy
Program. We're known as SHARP. SHARP is a committee
led by seniors living in our section of the East
Village and the Lower East Side. A lot of our
members live between Stanton Street and 5th Street
east of the Bowery. We started SHARP two and a half
years ago because we recognized that a growing number
of seniors are aging in place in our community, and
the Cooper Square Committee did not have a program
specifically designed to address the needs of the
seniors. Seniors started meeting to discuss issues
we're facing from the difficulties of dealing with
rising costs on a fixed income. The need for more
social connections and activities. Since forming, we
have held many social gatherings from potluck dinners
to

JASMINE GARCIA: [interposing] That's right.

nights. Some of our members including myself host events for seniors in their apartments. I'm a big opera buff, and every month, once a month SHARP members are invited to my apartment to listen to a recorded opera. One of our other members has a great

deal of British comedy programs. These types of
events have helped to build stronger connections
among our seniors. And with more resources we could
build upon this model. Over a year ago, Cooper
Square Committee got a foundation grant to hire a
program coordinator for SHARP. And she organized a
series of workshops about topics like fall
preventions, medication safety, the Affordable Care
Act, creating health directives and last will and
testaments. And we had essential case management
assistance. However, that grant ended, and Cooper
Square Committee has not found a replacement for the
funding. Though SHARP is operating as a volunteer
led effort at present. We are in need of more
services for seniors in our part of the neighborhood
because we really don't have a senior center between
East Houston Street and East 10th Street. We
encourage the city to look for ways to fund programs
that help seniors live independently at home for as
long as possible instead of an assisted living.
Because I believe that type of funding will be cost-
effective, and I thank you for listening to me.

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1 COMMITTEE ON AGING 67 2 CHAIRPERSON CHIN: Thank you, Lucille. 3 Thank you for coming out. And Jasmine, do you want to talk about your experience? 4 5 JASMINE GARCIA: Oh, no. CHAIRPERSON CHIN: No, Jasmine already 6 7 did. Gloria. Gloria. Sorry. GLORIA WHITMAN: [off mic] My name is 8 9 Gloria--10 CHAIRPERSON CHIN: You have to turn on the mic, Gloria. They have to turn on the mic for 11 12 you. You can't hear me? 13 14 CHAIRPERSON CHIN: No, we can't. 15 LUCILLE CARACARA: Gloria, we hear you 16 now. [laughter] 17 GLORIA WHITMAN: Well, that's the first 18 time that's ever happened. [laughter] Okay, I will speak up a little more. I'm the member of the Cooper 19 20 Square Committee, and have been most of the time that I-- The 25 years that I have lived on East 4th 21 2.2 Street. I am also 85 years old, and a member of the 23 SHARP committee, which you've heard all about. I

think I started working with them pretty much as they

began. And have been involved in many of their

programs, and it has been very helpful. I have
gotten to know many of my neighbors, which I never
would have before. So, I feel infinitely more
connected to my neighborhood. If there were more
possibilities for things like this, we would all be
much more connected. The more connected we are, the
more we are aware of what is happening with everyone.
And we can help them if need be. I think you've
heard also pretty much all the reasons that there are
to fundhelp fund services for this group of people.
More and more people in our neighborhood are aging.
They aren't all 30-year-old business people. There
are many people who staying on in their apartment
after they retire because they can't afford to move.
There is no place any cheaper anywhere in the city.
They would have to leave. Occasionally, they do
leave the city. But many of us would prefer to stay
here, but in order to do that, we are going to need
some help from city services. Thank you.

CHAIRPERSON CHIN: Thank you and thank you all three of you for being here. My suggestion is that start working together with your Council rep and also-- Because what you're talking about is really a Neighborhood NORC. You want to fit into

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that category. But this is what we're talking about, the services, the program. So we have to put together a program so that we can help develop one of

JASMINE GARCIA: [off mic] I wanted to add that--

those Neighborhood NORCs in your -- in your area.

SERGEANT-A-ARMS: Go to the mic, please.

Wanted to add that in our community we are in desperate, desperate need of a social service provider. You know for—in the office of the Cooper Square Committee. It's desperately needed. Thirty percent of our—of our tenants— While I worked with the Mutual Housing Association, the—the people that we service I—I had to do—provide service for them as a building manager because there was no other where—no other place. Yeah, a retirement person would be referred to—downstairs to the Cooper Square Committee where I'm—where I'm a member but—

CHAIRPERSON CHIN: What I would recommend is that we will have budget hearing starting to come back to do that. Especially look at the different topics where it is the aging or social service.

25 | Because we have to fight for more funding, but we

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start.

2 CHAIRPERSON CHIN: Do you want to grab
3 one of those folding chairs, Andy. Bobbie, you can

BOBBIE SACKMAN: Okay. My name is Bobbie Sackman, Director of Public Policy of Live On New York formerly Council of Senior Centers and Services. We're proud to have a new name, and I think the testimony you heard today shows you why we changed it to Live On New York because people are living on and that's what it's about. So in terms of the NORC program first I do want to thank the Council for adding additional funding. I join your sentiment that it would be nice to see money baselined, and additional money so that the needs of other parts of the city can get met. Obviously, this is a successful model. So we should all work together to make sure that this is sufficient funding for NORCs.

So Live On New York was looking at you need NORCs everywhere. That's clear. We were looking in particular at NYCHA developments just because the needs are so great there. It's the largest houser of poor elderly in the city. And I was thinking when you were talking about Staten Island, someone mentioned Stapleton Houses. And we

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were thinking that as you know it's been an issue that there are thousands of older adults who live in large apartments. And if NYCHA came up with a humane policy, not to just push them, that actually NORC could be very helpful in terms of any kind of transition. Because one, this has worked successfully. It's usually because there are social services that come along with it. And so, we would like to-- We have a budget priority list, and among it is asking for a million and a half dollars for NYCHA/NORC development.

The thing I also want to add is about the current NORC contracts. My understanding, and this is not an exact number, but they're approximately 25% underfunded. Because what's happened over time, especially with the health indicator side, is that groups like the DNS [sic] and MLTCs, which provided free nursing services or health related services, they've pulled out. And so, the funding hasn't kept up with the loss of that. I also understand that after the new RFP and all the contracts were signed I guess in February recently, DFTA has asked all the programs that by June they have to do a whole slew of

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2 other health indicator surveys. And this is a non-3 funded mandate without additional staff.

So the biggest concern that comes is that you want to keep that balance of the health side and the social service side as one of the strengths of this model. And it's going to get imbalanced with the lack of funding, and it's not cheap to bring in nursing or health related services. So I just wanted to raise that. I don't have an exact dollar figure of what is needed. We can certainly take a look. The largest contract was \$275,000, as Karen mentioned, so that would be \$70,000, but that's the largest contract apparently that exists. And then just finally I agree with everything that's been said about how we need a more flexible model. We can't move forward. Even an existing NORC can't apply for an RFP because they're slightly below a certain percentage or something to that effect. Which is what happened last time. So the more flexible we can be with this program I think we'll serve older adults better throughout the city. Thank you.

[pause]

RHONDA SILVERMAN: Hello, my name is Rhonda Silverman. I'm from the Visiting Nurse

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Service of New York, and I also represent the Chinatown Neighborhood NORC. I'd like to thank the members of the New York City Council, and Margaret Chin, the Aging Committee Chair, for providing me with this opportunity to speak on behalf of strengthening New York City NORCs and new models of NORCs. More specifically, I'd like to focus today on the importance of expanding the current NORC funding stream to include our Naturally Occurring Retirement Communities' supportive service programs. Building on the partnership model of NORCs' supportive service programs, Neighborhood NORCs have succeeded in their important work with community residents by empowering them to take an active role in their health and social needs. While supporting them to handle the many challenges they face daily as they age in place. Neighborhood NORCs are community building programs, encouraging neighbors to help neighbors while uniting agencies as partners to identify and act together in an effort to address the needs of individual residents as well as the community that make up the Neighborhood NORC.

For the past six years, the Visiting

Nurse Service of New York has been the lead agency

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for a Neighborhood NORC in Manhattan's Chinatown community. Funded in part by the New York City--New York Office for the Aging, the State Office for the Aging, and several foundations. And I want to take this moment to thank the City Council for recognizing the important work that we did, and for allocating discretionary money from the budget in 2014 to June 30th, 2015. These monies were really instrumental in helping us to fill some financial gaps while allowing us to further enhance our program and expand our reach in the community. While the program always seeks to find additional funding sources, we believe that enduring, consistent and sustainable funding is truly essential for a Neighborhood NORC program, and really any NORC for that matter to succeed and exceed in its mission to service its community. Without this financial foundation, the program is as fragile as some of the residents that we serve.

Visiting Nurse Service of New York has also partnered with NORC programs since the inception of these special supportive programs in New York City as Bobbie has noted, and with changing and funding and reimbursement there has been some withdrawal of our ability to continue to provide our nurses at the

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same level that we did in the past. Our embarkment over time has provided us with the experience and perspective about what is required to promote and achieve the goals and objectives that lead to successful aging in place programs. We've had the opportunity to experience and understand the pitfalls, and use our experience to refine our approach. And this is what we have learned:

Firstly, funding must be available on an ongoing and consistent basis to provide security and credibility of these programs in a given community. Next, each community must have time to conduct a baseline assessment of community needs, map the available resources. Identify the important strengths and gaps within the community and engage the community both residents and providers in designing a program that is culturally appropriate. The community should be assessed for their ability to financially support the program as well. For example, in Chinatown, which is considered a very low income by HUD standards, they need to be exempt because they don't have those financial resources provide matching funds, which are critical in some of the Class NORCs.

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Successful NORC programs are also able to organize, collaborate and integrate resources and providers in their communities to address the identified needs in their community. This community organizing function is critical to the success of the program. And leverages additional resources that without this collaborative may not be available to community residents. Programs also need to be appropriately staffed in order to effectively address the community needs. And I think what Bobbie said about the balance between healthcare and social services is really critical because you can't do one without the other.

The approach needs to integrate not only those services, but the funding of those services through NORC programs traditionally have not funded nursing services and that's where the problem started. These programs must also address the wide spectrum of seniors within their community, the most healthy with preventative approach, and the frailest and homebound with supportive service integration. The core services that the program provides, which includes case management, case assistance, healthcare management, healthcare assistance and other. It also

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includes recreational services and education in both health and social services. And should incorporate intergenerational programs. And obviously volunteer support and empowerment link residents to their neighbors providing an opportunity to harness human capital and a wide expertise. Volunteers can also fill the gaps that are not available when funding is a challenge. Currently, there are communities in needs who would most certainly benefit from both traditional and Neighborhood NORCs. And I want to mention Staten Island in particular because we've been lobbying to try to get something in State Island for a very long time. As well as Far Rockaway, and have spoken with community in those districts to try to see what we can do to help.

As we move forward, the parameters of participation need to be closely reviewed to ensure that opportunities are inclusive for all regions of our city. As the senior and immigrant senior community grow each day Neighborhood NORCs provide a viable option to maintaining residents in the comfort of their home and community. This long-term perspective can serve New York City as it becomes known as the city where its residents can age

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successfully. We urge the City Council to advocate for the incorporation of Neighborhood NORCs into a successful ongoing funding model of NORC-SSPs, which have current oversight through the New York City Department for the Aging. This formalized process will ensure that NNORCs are sustainable, provide continuity and standardization of the NORC model. In addition, obviously the Department for the Aging will need additional funds to support the monitoring and oversight of that program as well. I thank you so much for giving me this opportunity and for your attention today.

MOLLY KRAKOWSKI: Hi, my name is Molly
Krakowski. I'm the Director of Legislative Affairs
at JASA, and on behalf of the Board, the staff, and
the 43,000 older adults we thank the Chair and we
thank the Council and the Committee for holding the
hearing today. JASA is involved in providing social
services to ten NORC programs throughout the City and
Long Island. We directly sponsor five public funded
NORC programs, one in the Bronx, four in Brooklyn.
The four in Brooklyn are TRUMPS United, Warbasse
Cares, Coney Island Act of Aging, Co-Op City Service
Center in the Bronx. So they're primarily DFTA and

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2 NYSOFA. One program, Bushwick Hylan in Williamsburg is solely funded by NYSOFA. And JASA provides social 3 services and health services and educational, 4 recreational and group services to 6,000 senior 5 community residents through these NORC programs.

We have heard a lot obviously about I'm not going to go into all the details of what our goals are. NORC goals I think are commonly shared. I do want to highlight some of the initiatives that we've worked on in the various NORCs. Community building. As part of the Bronx Initiative in Co-Op City, we initiated a program called Gate Keeper Trainings, and this is really to educate the Co-Op City community at large about the need of older adults, and accretive public safety officers, lobby attendants, housing staff. Really everybody that comes into contact with the people living in that NORC. The partnership development, which really got stated in 2010 where we created senior leaders in the various NORCs. There's Senior Leadership Council for the presidents and participant leaders of all the JASA and NORC programs. We do the specific trainings with those leaders within the NORCs.

2	Emergency Response. And I know that			
3	Council Member Treyger spoke about this earlier. E			
4	in the aftermath of the hurricane, there were 2,58			
5	apartment and Warbasse houses that were without po			
6	for more than two weeks. We worked very closely w			
7	FEMA. We worked closely with the city. We worked			
8	closely with management. We had volunteers, hundre			
9	of volunteers working, walking up staircases,			
10	bringing services. Knocking door to door. Really			
11	doing everything possible, and provided really the			
12	contact that the family needed in order to make sure			
13	that the family members were safe. We were really			
14	seen I think as a resource within the community.			
15	This is something that we've continued doing, and			
16	continued building within the NORCs, specifically to			
17	make sure that we have a very intact emergency			
18	response program. Integrate in			
19	CHAIRPERSON CHIN: [interposing] Excuse			
20	me. In that program, is there a NORC in that			
21	building?			
22	MOLLY KRAKOWSKI: Warbasse. No.			

MOLLY KRAKOWSKI: Yeah. Sorry. Yeah,

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Warbasse is one of the NORCs that we--that we have

CHAIRPERSON CHIN: Oh, okay.

responsibility for, integrated and comprehensive
client supports. And there's a case here that I put
in, which I think is a good sense of what it is that
can be done. So, in this particular case in Bushwick
Houses in the NYCHA Bushwick Houses, somebody in his
mid-60s suffering from diabetes and heart disease
had heart surgery, several toe amputations, visited
JASA's new NORC program. And inquired about home
delivered meal services. So it sort of starts this
chain reaction of an interface with social services
with our provider, you know, of these types of
services. So during the assessment he said something
about a close friend who payshelps pay his bills.
You know, once we dug deeper it seems that there is
actually an elder abuse situation. And so we were
able to refer him to Brooklyn LEAP Staff, JASA's
Legal Elder Assistance Program. And so, really by
having this type of service in house and where you
have this contact. And somebody who is actually
checking in and getting a little bit more of a sense
of who these people are within a massive NYCHA
setting. We were able to really get a lot of the
situations that this particular client was facing

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2 under control. And I think it's a good example of 3 that integrated client support.

I want to just highlight a few of the challenges that I think that we and others are facing and that have been mentioned. We're participating obviously in a Health Indicators Program, which we think is very valuable, and obviously there's both social service and health concerns. And that's a direct part of the model of the NORCs. But one of the things that is challenging is the unfunded mandate to implement this Healthy Indicators Program. And so, as Bobbie mentioned, and you'll see in the testimony, one of the things that can cause some challenges is that we have these visiting nurses or various programs that we work with to provide the nursing in kind. But that means that it's not steady always, and sometimes we need to fill in blanks in And if we were to really be able todifferent ways. -to handle the needs of that Healthy Indicators Project that may come as a result of reducing some of the other programs that we actually feel are really crucial to providing some of the social service end of what a NORC provides. In order to make sure that meet all of the requirements. Another challenge is

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the changing demographics where you have, as you know, and there have been many hearings about it, this disparate in aging cohorts. So you have a lot of people who are the older old as we call it. So in Co-Op City where there are 12,000 individuals age 60 and older, 3,000 are 85 and older. So the services and the needs of the 85 plus are very different than the service needs of those other individuals. And with limited budgets, it's really challenging to serve everybody.

JASA seeks to strategies to maximize service opportunities, and we're very pleased that DFTA offered the new Hybrid NORC service model promoting the partnerships between NORCs and senior centers. And we also see a lot of opportunities to expand service areas with interdisciplinary approaches. So, for example, individuals who don't live in a designated NORC, but are in the community and need those services, should be somehow able to access some of those services. Again, lack of funding is the impediment to do doing that. And we appreciate this opportunity. We'd be happy to talk more about anything having to do with NORCs. Funding is always the key. Thank you.

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2 CHAIRPERSON CHIN: Thank you.

ROSE ARIANO: Good afternoon. My name is Rose Ariano. I'm the Program Director of the Selfhelp Northbridge/Brulene/Southbridge NORC Program. 1999, the New York City Council Members provided funding to initiate a new NORC at Northbridge/Brulene/Southbridge with Selfhelp as the service provider. At first, only two co-ops were part of the NORC. As the program grew, four additional co-ops joined the NORC and 2009 the last two joined. As you know, in 2014 the New York City Department for the Aging did not renew the contracts of some of the NORCs, ours being among them. The New York City Council responded by allocating the funding so that these programs could continue to provide vital services to the residents of these NORCs. I would especially like to thank my Council Member Danny Dromm and also Julissa Ferreras, for all of their efforts in getting us funding.

The strenuous funding has enabled us to continue providing case management through programming to address issues of health and wellness, personal emergency response systems, transportation to medical appointments, entitlement application

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2	assistance, financial assistance, and supportive			
3	counseling for the elders of this community. It's			
4	hard to imagine what things would have looked like			
5	for the elders of this community had the City Council			
6	not stepped in as it did. As this new fiscal year			
7	approaches, we respectfully ask the City Council to			
8	advocate with the New York City Department for the			
9	Aging to restore baseline funding for these NORCs.			
10	Thank you for giving me the opportunity to present			
11	this testimony.			
12	CHAIRPERSON CHIN: Can I just want to ask			
13	you a brief question. Did Selfhelp apply through the			
14	RFP?			
15	ROSE ARIANO: Yes, we did. We did apply.			
16	We did receive funding. Selfhelp has four NORCs. Sc			
17	we did receive funding for three of the four NORCs			

CHAIRPERSON CHIN: Oh, and then the City Council stepped and--

ROSE ARIANO: Yes.

CHAIRPERSON CHIN: [interposing] --funded the other one.

ROSE ARIANO: Correct.

SANDY MYERS: Hello, everyone. Good afternoon. Thanks for sticking around. So my name

2 is Sandy Myers. I'm testifying on behalf of UJA Federation of New York. I also want to focus on the 3 4 Neighborhood NORC structure. But before I delve into 5 that, and I know we've heard a lot about it so I'll be brief and just highlight a couple of things. 6 7 want to thank the Council for their leadership last year in supporting NORC. It really allowed a lot of 8 the programs within the UJA Federations Network as 9 10 well as the NORCs at large to support core nursing and social work services. So we're really grateful 11 12 for that support. So as you started hearing about, 13 Neighborhood NORCs are certainly another model that 14 would be worth looking at. We know that the 15 Neighborhood NORCs are housed, and those communities 16 are housing the rapidly growing foreign born senior 17 populations. And the majority of Stated funded 18 Neighborhood NORC programs have been actually organized in communities where large immigrant senior 19 20 populations live such as Chinatown, South Brooklyn, and Washington Heights. Also, we know more that the 21 2.2 demographics of the city's senior populations are 23 changing with an increasing percentage of older immigrants constituting about half of the senior 24 population in the city. There's a report by the New 25

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School a couple years ago that found that 21 out of the city's 55 census defined neighborhoods immigrants already accounted for a majority of the senior population. And in Queens, which will be of interest to Council Member Vallone, it's true for 10 out of the 14 neighborhoods. The seniors are more vulnerable, as we know. Often times living in greater poverty, and are sometimes unable to take advantage of the other safety net services that are accessible to other seniors who may have been born here. Additionally, many of them might lack English proficiency. So it poses another barrier to accessing these services, and will be beneficial if they were—came to them where they lived.

So we would really like to work with the Council to form a similar program to the traditional NORC model structure around the same way as the Classic NORC fund. But we would like to underscore that as much as we appreciate the Council's support in creating the initial fund, the initial program we want this to be housed within DFTA. We know that these programs take a long time to be built and created, and you need the stability of consistent funding and the technical assistance that DFTA can

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provide in creating such a program. So we want to
work with the Council as thought partners in this,
and definitely want the support. And since it's
definitely of interest to the three of you up there
as well as the Council at large, we want the Council
to be involved. But we do want to underscore that
given the complexity of these programs and the need
for continued funding, it's important that it also be
housed within DFTA. With that, I'm happy to take any
questions, and thank you again for listening and
hosting the hearing.

CHAIRPERSON CHIN: Thank you. Council Member Vallone.

COUNCIL MEMBER VALLONE: I just wanted to give a general thank you to this panel for guiding us this past year. And I know that the Chair and I have listened to you on numerous occasions. In fact, the task force that we put together is based on Mr. B and all of the things that he has to face. So we look forward to working with you, expanding the world of NORCs and getting them funded. Thank you.

SANDY MYERS: Thank you.

CHAIRPERSON CHIN: I concur. I mean there is just so much experience. The suggestion

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State funding.

2	CHAIRPERSON CHIN: Well, the State with	
3	the NORC, what is the baseline funding that they have	
4	for each Neighborhood NORC.	
5	ROSE ARIANO: Well, you're asking about	
6	the baseline funding?	
7	CHAIRPERSON CHIN: Yeah, whatever the	
8	the amount of funding that is in the RFP?	
9	ROSE ARIANO: It wasI don't know	
10	exactly what it was, but varies. It's not a	
11	consistent	
12	CHAIRPERSON CHIN: [interposing] It's	
13	not likeBecause New York right for the Classic NORC	
14	the maximum is the largest contract. It's up to	
15	\$275,000. Right, that's the New York City Classic	
16	NORC. That's the highest amount.	
17	ROSE ARIANO: Okay.	
18	CHAIRPERSON CHIN: So the State is there	
19	like	
20	ROSE ARIANO: We have to get that later.	
21	CHAIRPERSON CHIN: Yeah, if you can give	
22	us that information to look at. And also like in	
23	recreating a New York City program, how does fit in	
24	with the State because we don't want to lose the	

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2	ROSE ARIANO: Well, even in the Classic			
3	NORCs, there are NORCs that get State and City			
4	Funding. So theyit's definitely we don't lose			
5	that. We're trying to maintain that by using both of			
6	those resources.			
7	RHONDA SILVERMAN: I think it's to be			
8	really clear that you don't want the city. You don't			
9	want to supplant the State funds with the City funds.			
10	So when you're negotiating with the City it's we want			
11	more money for NORCs, but don't You know, if we			
12	get the State funding, we don't want you to take the			
13	State funding and supplant it over city funding.			
14	CHAIRPERSON CHIN: Well, I mean we, like			
15	for example, we started last year where we put in a			
16	million dollars for the Neighborhood NORC to			
17	supplement some of the Neighborhood NORCs. So			
18	whether youwhat you're looking is to increase that			
19	pile of money and looking to get a baseline			
20	ROSE ARIANO: Right.			
21	CHAIRPERSON CHIN: So that down the road			

CHAIRPERSON CHIN: So that down the road we could RFP out Neighborhood NORCs, right.

ROSE ARIANO: Right exactly. And the State has not opened up the RFP process so there-there hasn't been any opportunity for more

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2	Neighborhood NORCs through the State or even
3	additional funding. They have actually reduced
4	funding over time. And that's causes some of the
5	Neighborhood NORCs great hardship in being able to
6	manage.

CHAIRPERSON CHIN: Okay. I mean definitely we're going to look at that. I mean last was really getting the funding to help supplement the Neighborhood NORC that we have. And from your testimony you've heard and also Council Members' interest. There is a lot of interest in creating more Neighborhood NORCs throughout the city. So we need a funding stream for that. So the Council could start-

ROSE ARIANO: Yep.

CHAIRPERSON CHIN: And then get the Administration to do the right thing after we start it. [laughs] So thank you to this panel.

 $$\operatorname{\mathtt{ROSE}}$$ ARIANO: Thank you very much for your support and advocacy. Thank you.

CHAIRPERSON CHIN: The next panel is a

Janet Fischer from--Janet your last name is so long

[laughter] Industry Settlement; Christopher Jones,

Sage Service; and also Gregory Greeley from Harlem

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2 Sage; Joanne Chiu from Hamilton Madison House; and 3 Suzanna Levitt for Shorefront NYWHA.

SERGEANT-A-ARMS: Quiet please.

[background comments]

JANET FISCHER: This is on? Okay, I'm

Janet Fischer, Chief Administrative Senior Services

at Henry Street Settlement and I'm with my colleague

Betsy Smith who is the Director of the Vladeck Care

NORC's Supportive Service Program.

SERGEANT-A-ARMS: Quiet please.

operating Vladeck Care's NORC since 1994. On behalf of Henry Street, I would like to thank the members of the City Council Committee for providing us with an opportunity to share our experiences and vision at this hearing on new models for NORCs. Vladeck—our Vladeck Care is situated in NYCHA Vladeck Houses on the Lower East Side. And it is one of the first NORCs to be located in low-income public housing projects. Today, we are being distinctive by serving one of the most racially and ethnically diverse populations in the city. With direct supportive services infused with culture, health and wellness programming. I'd also like to comment that we are

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one complex. But within the same street, Madison

Street, there are other NYCHA facilities that do not
have NORCs and many of the seniors will come to the

Vladeck Car's NORC asking for assistance. And by

contract we're limited to just information referral.

So again, there's a tremendous inequity.

We're in one corner where the NYCHA facility has a NORC, and then halfway down the block they do not have NORCs. Basically what we're going to say is going to reinforce and piggyback some of the wonderful points that were made by the last panel. From the start Vladeck Care has provided free on-site nursing to our NORC clients. One of our founding NORC partners was the Visiting Nurse Service of New York, who provided us with in-kind nursing support. This in-kind nursing has historically been an essential component of our NORC program providing daily health assessments and screenings, home health consultations, group health education programs. has assisted in home care services. Working in collaboration with our case management staff, these nurses make assessments, service plans and also not health trends among our seniors. In addition, NORC staffing use these nurses for in-depth nursing

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2 assessment to determine what extent clients need additional home care and/or support to prevent their 3 costly hospitalization or institutionalization.

This service is particularly critical for our multi-culture low-income seniors many of whom suffer from diabetes, and potential obesity. DFTA recognized the critical importance of nurses at NORCs when in their 2013 they expanded their requirements This included an increase in the for our programs. number of nursing hours, and a more in-depth care management requirement. At Henry Street we welcome these changes in a very positive -- we feel it's a very positive move that will benefit older adults in our community and fit perfectly into our holistic program model. Now the NORCs are required to create evidence-based institutionalized healthcare plans for the seniors. In our NORC focus groups and client surveys, our seniors also request many, many more nursing services. This is absolutely wonderful, but unfortunately due to the changes in the healthcare marketplace, the Visiting Nurse Service of New York as well as other nursing care providers have been forced to cut back their in-kind nursing hours for

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Vladeck care, and many other NORC sites around the city.

Now, we are forced to find a new way to get the crucial nursing services to our seniors that meet the minimum of the 21 hours per week set by DFTA, for which we will give them no additional funding. As we began this very challenging process of fundraising for the NORC nurse, we also used this opportunity to re-think how to most effectively utilize the nurse so we can maximize the services we offer to another -- to other NORC seniors. Another concern we have with the in-kind nurse was that they were not directly accountable to us and, therefore, were not fully integrated with our staff. Also, as the in-kind nurse cut back on their hours the services became more reactive than proactive. For example, they no longer have the capacity to run health presentations or create the DFTA mandated evidence based individualized care plan. We became convinced that hiring an additional nurse, who was part of the our staff would be a core component to the Vladeck Care's NORC.

In response to this need, Henry Street chose to hire a one day a week bilingual nurse, which

we are temporarily paying for out of our own general		
operating funds. This nurse has in just a few months		
become instrumental in implementing our DFTA mandated		
Health Indicator Survey, which, of course, is not		
funded. She has also been able to develop		
individualized health intervention plans with each		
client that includes goals, milestones, and action		
steps. The nurse also followed up with clients once		
a month to monitor outcomes and/or to modify goals		
and able to make recommendations for further health		
interventions based on her findings. The added value		
of having the nurse is that she is able to help		
clients establish goals, and follow through with them		
to achieve outcomes through consistent monitoring.		
She is also able to do this in a large number by		
devoting seven hours weekly direct service. Based on		
the successes and the enhanced services we have		
experienced from this new in-house nurse, we		
definitely see the need and benefit to increasing the		
hours.		

Recently we reached out to our fellow

NORCs and discovered that the vast majority of these

programs were in the same position as Henry Street.

In that they believed that their seniors would

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benefit from more in-house nursing hours. Attached to your testimony, there is a copy of the survey that we did. It was a pretty lengthy one. A copy of this survey is attached to the testimony so that the members of this committee can see the exact extent of the need. The one factor that is holding back all the NORCs in meeting their nursing needs is money. As I mentioned previously, currently there is no funding allocations from the city for nursing services. Without additional support from the city, it is going to be a tremendous challenge to meet the nursing and healthcare goals set by DFTA. without these additional nursing hours we will be short changed by--short changing our NORC clients especially the most vulnerable ones who depend on us for all range of health and social services.

We respectfully believe that supporting an expanding nursing role is essential to strengthening NORCs, and can be included in any new models that are developed by the committee. Thank you again for the opportunity to testify. I'd just like to add a couple of adlib comments to this. We thing NORC is the best thing since white bread. We think they're fabulous. They answer all kinds of

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social, psychological issues and they're wonderful.

And we endorse expanding them to every possible arena. But if current NORCs aren't properly funded and we just take the pot and stretch it out, many NORCs will not be successful because if a NORC-
Each NORC they're built on the same foundation. So it's very diverse communities with diverse needs, and if you don't have sufficient staff, especially within the immigrant population, bilingual staff. And you don't have proper nursing staff that's funded in the contracts, and you cannot be dependent in this age on in-client, although it sounds beautiful and

idealistic, it's not going to work. So thought we

want to expand NORCs, we want current NORCs to be

properly funded as well as new NORCs.

The other comment I want to make is about the Hybrid NORCs. We at Henry Street we have a senior center, we have Meals on Wheels, and we have NORC, which works beautifully in tandem with each other to create the most—to maximize services for seniors in needs. The Hybrid enables us to really open up resources in both directions. So if a NORC client comes to see a case manager, and we feel the—You know, they have diabetes or they're not eating

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properly, we refer them to the senior center for a good nutritious meal. We create many programs jointly, which Betsy could talk about and so forth. The problem the city has one definition of a hybrid, which is a wonderful definition. We love it. the State says, Uh-uh. If you even mention using State funds for anything but your NORC, you will be penalized. And in reality it's very confusing. That's what it is because when you do schizophrenic. a report to the State, which is all the time, if you even mention the relationship to a senior center you will be penalized. But on the other hand, in the city a hybrid is a very successful combination and model. So again, there's a lot of confusion going on about what is the definition of a NORC. And there should be better communication between State and City to come up with a beautiful working model. So we need more funding. We need nurses to be accountable to the program, be part of the budget, and we'd love to see it expanded especially in NYCHA facilities and the immigrant population.

And again, I think as someone said before, there are so many different groups of seniors. There are young seniors. There are frail

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2 seniors, in between seniors. So programming is very 3 complex, and again funding is three.

CHAIRPERSON CHIN: Yeah, what I would urge all the advocates here is that when we have the preliminary budget hearing, I would urge all of you to attend, but also bring some concrete suggestions. Because when you're talking about the need for including the nursing service, how much does it cost, right? And also the other aspect of the essential service part--service that you have to provide is the So that we have a better picture in terms of what is the funding request that we're asking for. And I think that will be the most appropriate place to really come, and to testify. And so that we can start working on in terms of increasing the money. Last year the Neighborhood NORC Initiative was something that we were pushing for. We were happy, very happy that we were able to get a million dollars. But it was -- it was not organized in a way that we sort of know what to put in. We just know that we have to fill some gaps. So I think in this budget hearing, I really urge all of you to make sure.

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2		BETSY SMITH: And we do have those
3	figures.	We do have those figures to provide to you.
4		CHAIRPERSON CHIN: Yeah, share with us in

advance, but definitely come to the budget hearing, okay? Thank you.

JANET FISCHER: [off mic] And the survey, should we give you a copy of it also?

CHAIRPERSON CHIN: Yeah, we--we have the

copy of the survey. We'll look at it and if we have questions, we will reach back.

JANET FISCHER: And we'll send some financial information also.

CHAIRPERSON CHIN: Yeah, sure. I mean, any--any information that you can send to us to help us make some strong case for more funding is appreciated. Next. Take the mic. [coughs]

CHRISTOPHER JONES: Good afternoon.

Chairperson Chin and members of the New York City

Council Committee on Aging on behalf of Sage Services

and Advocacy for Gay, Lesbian, Bisexual, and

Transgender Elders, and the older adults we serve, I

would like to thank you for holding this oversight

hearing on NORCs in New York City. My name is

Christopher Jones, and I'm the Site Manager for the

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Harlem.

2 NORC at Sage Harlem. My colleague Gree Greeley, Director of Sage Centers Citywide joins me. Sage is 3 the country's largest and oldest organization 4 dedicated to improving the lives of LGBT older 5 adults, and has provided a comprehensive social 6 7 services and community built-in programs for LGBT older adults in New York City for more than 30 years. 8 Responding to an express need in the community, the 9 Sage Harlem NORC program launched early in 2004, and 10 has been growing in the decades since. Sage Harlem 11 12 NORC and the Sage Harlem Innovative Senior Center are 13 completing a move from our small space in the 14 historic Teresa Hotel to the Oberia Dempsey Multi-15 Service Center and HRA Building in the heart of

The new space is nearly three times larger to accommodate increased demand and provide a greater array of health and wellness and lifelong learning programs. The space includes access to a full kitchen and we are thrilled to now provide daily hot lunches to LGBT older adults in our NORC. The full-time center is open 10:00 a.m. to 6:00 p.m. Monday through Friday with occasional special events and programs in the evening and on weekends. As a

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Naturally Occurring Retirement Community, Sage Harlem provides programs and services to residents right where they live personifying the idea of aging in place. As a NORC based on affinity and geography, Sage Harlem primarily sees marginalized and underserved LGBT elders of color from Central Harlem, West Harlem and East Harlem. Sage believes that elders of color living in Harlem deserve culturally and linguistically competent services in their home neighborhoods, and that NORC programs and supportive services contributed to their healthier life—healthier aging.

The Sage Harlem program is a Neighborhood NORC, and thus does not have a traditional housing partner. It covers an area where people live in many different types of housing, and is not limited to a cluster of brick and mortar buildings, but rather is defined by shared culture, identity, history, and the desire for healthy active aging in a community of peers. Sage Harlem provides a comprehensive array of services and programs for LGBT older adults in the community and has grown in to a trusted neighborhood resource attuned to community and participant needs. To strengthen service provision for LGBT older

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adults, Sage Harlem regularly collaborates with neighborhood professions, consultants and community stakeholders. Through various outreach, Sage Harlem works to bring LGBT older adults in the community to the center, and to increase their access to resources and helping them age in place. In collaboration with some of these community partners, Sage Harlem provides increased access to quality healthcare through health presentations, health screenings, a daily meal program, nutrition workshops and cohort exercise programs.

Sage Harlem reduces isolation, and increases social interaction for LGBT older adults in the community through a variety of support groups in English and Spanish. These programs include an HIV positive men's group; women's discussion groups; Fabulous Friday Social Groups; and month HEAT, which stands for Harlem Elders Aging Together meetings.

Sage Harlem is bustling with an ambitious schedule of diverse cultural programming. Some current events include a tour of the Schomburg Center for Research in Black Culture; ZoomBigo, Alice the Pharmacist presentations, an Apollo Theater History Tour and Harlem Pride Festivities.

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Improved financial literacy and security is another focus area of Sage--for Sage Harlem. managers and other staff organize financial literacy programs and help older adults one-on-one with their housing and financial concerns by security an access to SCRIE, which stands for Senior Citizens with Rent Increase Exemption; Medicaid, Medicare, home care services, veteran's benefits, SNAP and health books at Farmer's Markets to improve nutrition. employment programs such as CCEP. Staff accompanies clients to Housing Court; provide referrals to housing programs; and secure legal services and financial aid to help--with the help of community partners. The need for these types of supportive programs has continued to grow by requests from Sage Harlem constituents since the program launched.

Sage Harlem NORC brings together a diverse array of supportive services providers, community based organizations, local elected officials, communities of faith, and cultural institutions to help under-served older adults in Harlem. Where there was a dearth of known resources, there is now a strong network of support in Harlem that provides a vital safety net for LGBT older

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adults, older people in the area. The success of this program is seen in the faces of those who turn to Sage Harlem for support each day. And in a shared understanding that community is not necessarily a set cluster of buildings. But also the network of relationships that are being built and strengthened for LGBT older adults, and need to help the active aging and community.

We hope that the Committee on Aging and our members of the City Councils will continue to support LGBT older adults in Harlem and prioritize these funding areas in the next budget. On behalf of LGBT older adults who rely on Sage Harlem work, your support is greatly appreciate. Thank you for this opportunity.

CHAIRPERSON CHIN: Thank you. I just have a quick question. So the--you do have a NORC program--

CHRISTOPHER JONES: Uh-huh.

CHAIRPERSON CHIN: --right? It started out as a NORC program. Now, when you talk about innovative center, senior center, that is--is that the program that was funded last year in the last budget for Sage to open up centers in all five

senior center like Midtown.

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CHAIRPERSON CHIN: Okay, but you also have to have started one in Queens and another one in Brooklyn, right? That was the--that was the whole initiative.

GREG GREELEY: Yes.

CHAIRPERSON CHIN: I just want to make sure because my colleagues could be expecting that--

GREG GREELEY: Yes, they could.

CHAIRPERSON CHIN: --for the other

11 boroughs.

GREG GREELEY: So Staten Island,

13 Brooklyn, Bronx and the expanded center in Harlem.

14 CHAIRPERSON CHIN: Okay. All right,

thank you.

[pause]

SUZANNA LEVITT: Hi. My name is Suzanna

Levitt. I'm the Director of Immigrant and Families

Services at Shorefront Y. And today I stand before

you to discuss the important of NORC in addressing

the needs of the elderly immigrant population in New

York City. I would like express our sincere

appreciation for the Council presiding over this

meeting, and for the commendable efforts made toward

supportive services for the senior population. I

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would like to thank the Chair of the Aging Committee

Margaret Chin, and the members of the committee for

this opportunity to testify.

Shorefront Y serves a predominantly immigrant community of diverse cultures, ethnicities and religions. Surrounding Shorefront Y is our Neighborhood Naturally Occurring Retirement Communities, or NORC. This supportive services program enables hundreds of seniors, the majority of whom are Russian speaking immigrants from the former Soviet Union who have the ability to age in their community. At our program now we have 970 members. The services we provide strengthen the fabric of the community because we help the seniors to maintain and improve their quality of life and protect their health and independence. This ultimately reduces unnecessary hospitalizations, and nursing home Immigrant elderly adults are even more admissions. vulnerable living in great poverty and often unreachable for the problems such as Social Security. Nearly, two-thirds have limited proficiency in English, and this continues exacerbate already existing challenges elderly adults face in New York City.

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The NORC supportive services problems
that shorten while it successfully addresses the
needs of our immigrant population by providing staff
that can not only speak their language, and also
sensitive to the cultural needs of our members. In
collaboration with our partners with our NORC members
we continuously work on being able to provide more
activities and encourage elders to be physically
active and mentally engaged. A social support system
to reduce and prevent isolation and depression,
reliable information about healthcare and
preventative health practices including health
screenings as well as mental health counseling and
support.

In addition, we remain committed to educate and provide information about the aging process to our community members and NORC participants. We are able to continue our NORC services, and build a community for our seniors only through funding. For many of our seniors, NORC continues to be the only access to supportive programming. We strive to ensure that our NORC members have the ability to age in place, try to live on their own, establish and strengthen friendship

with one another, and essentially turn a neighborhood
into a community. Our staff members work hard to
achieve these goals everyday, and with your support
seniors that return to our center can access to
services that allow them to live independently in the
way they never may have thought possible. And the
last year discretionary funds helped us to continue
our NYSOFA funding because we lost our nursing funds.
And also through discretionary funding we were able
to prolong our services. And to serve more and more
and more community members.

CHAIRPERSON CHIN: Thank you and thank
you for your testimony. I mean the oversight
hearing will give us some more information. So
during the budget time we can also continue to
advocate for more funding, not just for the
traditional classic NORC, but also for the
Neighborhood NORC. And I really wanted to thank you
all for your advocacy, but remember to come to the
budget hearing because everyone needs to get it on
the record and to make sure the Administration also
hears the needs in our community.

1 COMMITTEE ON AGING 2 SUZANNA LEVITT: Also you asked the 3 question about baseline for NYSOFA NORC, we have NYSOFA NORC for six years. It was \$129,000. 4 5 CHAIRPERSON CHIN: Okay. Thank you. Joann Chiu from Hamilton Madison House. 6 7 JOANNE CHIU: Good afternoon and thank 8 9 10 11 12 13

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you Chair Chin and Committee Council. I'm Joanne Chiu, Director for Hamilton-Madison House. This is house is NORC Senior Services, which is funded by NYC Department for the Aging, DFTA. Hamilton-Madison House appreciates the opportunity to present testimony this afternoon to City Hall Council. Hamilton-Madison House and this house is NORC, which is located in NYCHA Upper East and Houses in Lower Manhattan. It works to support elder retiree residents. Through a range of programs and services that increase access to health promotion, nutrition and service benefits empowerment with tri-lingual capacity; English, Spanish, and Chinese languages. Smith Houses NORC [sic] serves about 100 senior members on a daily basis. Seventy-five percent are Chinese populations; 20% are Spanish population; and 5% are others. And it is through this it brings about 1,700 meals on a monthly basis for our elder

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members and homebound clients. It provides social benefits assistances through safety networking and health promotion workshops. Manage education programs for elders to lead their lives independently within the community is our goal. Our program also conducts outreach and develops relationships with community DFTA efforts to support NORC population in old perspective.

In my testimony today, I wish to provide a brief overview of recent property finding among New York City's senior population, and the challenges faced by this vulnerable population. Since this data demonstrates that almost one-fifth or 19% of the city's elderly population ages 65 and above live below the Federal Poverty level. As the Baby Boom Generation ages, the number of elderly New Yorkers is expected to rise dramatically. As the population of New York City's residents age 65 and older rises, it becomes increasingly more urgent to address the challenges and harsh experiences by low-income elderly New Yorkers who makes up the main population we assist on a daily basis since the Smith NORC is located at one of the largest senior populations in NYCHA developments. In collaboration with the local

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health and economic partners, reveals that many elderly residents are forced to make ends meet on low incomes and benefits as the cost of basic necessities rise by turning to basic living cost. The assistance of Smith Houses NORC provides them the environment within entertainment and interaction with others. Furthermore, the program empowers the help and awareness by providing a variety of health promotion activities to keep the elderly active within the community.

Recent challenges rises as we experience a sharp increase in nursing needs for our homebound clients. Our social workers provide weekly home visits, but cannot manage to keep with constant nursing medical needs such as blood pressure needing medication supervision. In addition, we understand that recently DFTA increased the minimal requirement for health indicators base by more than double the number in our RFP contract that was originally accepted. In the past, the nurses assisted with the mandate of health indicators surveys. Now with the reduced hours of our nurses, that will need more support to compete—to complete all surveys by June

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2 30th of this year. Like Bobbie and Molly and Janet mentioned before.

Our goal is to recognize the connector with NORC and the communities throughout the city and developing service that satisfies the NORC's residents' needs. For example supporting NORC's efforts to connect elderly resident to relevant social benefits, group activities, and health promotion empowerment by professional bilingual social workers, Chinese-English and Spanish-English. Developing the old code [sic] networking to help NORC connect elderly residents to other community services. And also making funds available to support increased capacity of onsite related screening services and homebound nursing services. Including the home visits provided by bilingual RN nurses; Chinese-English and Spanish-English. In the long term, serving the elderly population requires expanding with caution in addressing a myriad cautions faced by low-income New Yorkers. That is also the main purpose of NORC. Thank you again for your time.

CHAIRPERSON CHIN: Thank you. I want to really thank the panel for all the great work that

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- you do, and thank you for testifying to day and
 giving us more information that we can use to
 advocate for more funding. And I invite you back to
 our budget hearing. I think we have the last panel.
 Okay. Maria Chenoweth [sic] the NORC at the Folk
 Houses, the Folk Neighborhood. Iman Hatch; Mary
- 9 [pause, background comments]
- JOYCE BROWN: Should I begin?
- 11 CHAIRPERSON CHIN: Yes, please identify
- 12 yourself. Press the button.

Springer, and Joyce Brown.

- JOYCE BROWN: Where's the button. Happy
- 14 | New Year. My name is Joyce Brown, and I'm who the
- 15 | meeting is about. I am a senior citizen who is a
- 16 little old community health nurse. So I'm two in
- 17 one. I'm glad to hear that the panel, the last panel
- 18 considered nurses so important because they are.
- 19 | They provide the car to the seniors, and it's not
- 20 just physical care, it's emotional. The seniors know
- 21 | that someone cares for them, and that alleviates a
- 22 | lot of pain. Okay, I don't want-- I'm tired of
- 23 | hearing people talk so I'll take just five minutes to
- 24 | tell you what I have to tell you. One is that NORCs
- 25 \parallel are important because they're where the seniors live,

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and they are an important resources for emergencies such as Super Storm Sandy. You know the snow, where no one--there wasn't anyone who knew where the seniors were and how to get to them. And they are also a source of mobilization for emergencies. Now, I have some solutions, which I think may help you with the problem with NORCs. There doesn't seem to be too much transparency. Who knew that there was going to be a Request for Proposals from DFTA? one I knew. How was that information transmitted? suggest the City Council Members include what a NORC is and when the agencies that will be transmitted-transmitting these proposals. So that I can, the senior citizen who knows nothing about NORCs, but would like to be in one can get the information. if necessary start talking to the City Council person in order to get one for me and my neighbor. Well, my building is a mess, and we're not going to have a NORC. I know that for sure because it's so fragmented. But others will be able to get NORCs because there is a necessity, because you Committee Council will be aged, and you will want someone to care for you and make sure that you're in good condition. As well as you and me. You and me.

and how to get it.

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You're not always going to be so young. So, believe

I was your age. [laughter] So, let your

constituents know what a NORC is and its importance

Secondly, inform the public about the agencies that fund the NORC programs. I thought it was just DFTA, but apparently there are a number of other agencies that also fund. And, that's not transparent or nor is it broadcast to members of the community. Third, inform the public of the elements involved with the NORC. What is the cost. How many people have to be part of it. Like in my neighborhood the Upper West Side between you and me I think it was ridiculous because you had to have so many seniors in just one area in order to be funded for a NORC. And not many buildings have that many seniors that live in one building. And the seniors are constantly dying or going to assisted living facilities. So the number decreases. Fourth, have a coordinating agency to assist those who want to start a NORC. Show them. The agency should be able to tell them how to do it, the intricacies and -- and the intricacies so that it is transparent and not a few agencies like DFTA who didn't spread the word or

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other agencies that didn't spread the word. Measures

such as these would allow a more equal distribution

of NORCs including places like Staten Island and all

New York City communities and boroughs. Thank you.

MARY SPRINGER: Thank you. Thank you for allowing me to testify today. My name is Mary Springer, and I'm the Director of the Hamilton-Madison House Knickerbocker-Village, Senior Citizen Center, NORC. In order to secure future funding for NORCs and Neighborhood NORCs, we should not only pursue our traditional funding sources. But we must also be creative in reaching out to sources that we have yet to tap that would benefit form this model. Before I entered the non-profit sector 15 years ago, I worked for a prominent New York State real estate firm that owned large midtown commercial high-rises along with residential buildings. I personally witnessed the challenges that owners wrestled with when a large percentage of seniors resided in the residential properties. The common issues arose in regard to dementia, mental or physical health issues, not paying bills, hoarding, safety issues. The gas was left on, water running. Seniors who are unable to maintain their apartment for themselves. These

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particular owners had a tiny bit more compassion than some of their counterparts when dealing with these seniors. Since they have a very successful family business that was built and expanded upon by their older relative some of whom are still living. firmly believe that these owners of the buildings would have been interested in learning more about and exploring the NORC model as a way to efficiently run these properties. And resolve issues that were not only hindering their operations, but adding to their expenses as well. I currently work very closely with the Knickerbocker Village Management, and I'm regular contact with them usually on a weekly basis along with quarterly meetings. We work together to solve issues that arise with our senior population and how best we can utilize our combined resources for favorable short and long-term outcomes.

I have testimony from Vincent Callagy who is the General Manager of Knickerbocker. And this is what he says:

I'm writing to inform you of the importance of services provided by Knickerbocker Village Senior Citizens Center. The programs offered by the center and services prove to our residents are

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invaluable. One of the most important benefits,
however, is the work done to assist our residents in
obtaining entitlements. Working in partnership with
management, more than 350 residents or families
receive SCRIE benefits, easing their financial stress
and ensure that they are able to pay their rent.
Knickerbocker Village Senior Center also provides
support in Section 8 and Social Security matters as
well. The total benefits received by our residents
are nearly \$1 million annually.

Senior Center staff also play a key role in providing assistance and support as our senior suffer with onset of dementia and other such problems. They work closely with Knickerbocker Village management and Knickerbocker Village security to address issues and needs of our seniors including families and relatives. We strongly endorse an increase in funding DFTA programs to enable such work to continue.

So in closing, I cannot say for sure whether real estate firms will partner with DFTA and/or an agency, but I cannot say that they wouldn't. Nor, if they would not also provide financial support towards the NORC model. Why do I

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2 think this should be explored? Because as of April 1st, 2010, there were 40.3 million people who were 65 3 4 and older in the United States. By 2050, the 5 projected population of people 65 and older in the United States is 88.5 million. So this just 6 7 translates into New York City numbers as well on a smaller scale. Obviously not in the United States. 8 How will we house these people? Who will be involved 9 in doing so in the most efficient, safe and effective 10 way? Without expertise and those of the real estate, 11 12 landlords, NYCHA, managing agents a partnership can be developed that will enable us to best support our 13 14 agencies and those we serve. This is a conversation 15 that I think should begin right now as it is a win-16 win for the aforementioned and for our agencies. most importantly for the welfare of our seniors, and 17 18 the future of our aging population, which just happens to include me and you. 19

testimony. And I would love to say that we all get there. Some of us are already there, but others are getting there. So this population is going to continue to grow. And I think that's why we're really taking a serious look at this model. How do

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we expand that so that building, every neighborhood would have a service. Because senior center is not enough, and NORC is right there where they live.

MARY SPRINGER: Right.

CHAIRPERSON CHIN: So we are going to continue to advocate for funding. I know the model and I know the program. It can do very well, and I think they were really helpful especially during the Super Storm Sandy work at that time. So we have to continue to do that, and we'll try get information out to the community, Joyce from your recommendation. so people know what a NORC is about, and we have a more creative model. It doesn't have to be the same traditional model that we have.

JOYCE BROWN: [off mic] No.

CHAIRPERSON CHIN: So, going forward we can really do some different types of models, that we're going to get everyone involved.

JOYCE BROWN: [off mic] Not every one fits the-- Every area has various cultures, and whatever fits the culture you should be able to adapt that yourself.

MARY SPRINGER: And what was brought up previously is that there has to be education. At

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least landlords they should have a pamphlet or
something or form to highlight the benefits to these
landlords. Not just to the service to the tenants,
but for them to be able to work more efficiently
because that's what they're really more interested in
that way. And to be able to run the programs.

CHAIRPERSON CHIN: We'll definitely—— On that I mean immediately I think we're looking at I mean some of the testimony earlier, and to really look at all the NYCHA, the public housing developments that are not senior buildings to make sure that we could start doing some NORC centers right there in those developments.

MARY SPRINGER: Obviously, they're very limited funding, but they don't supply any fund interest for them for our NORCs.

CHAIRPERSON CHIN: So we will continue to explore it to get more funding, and you-- I encourage you to come back during the budget hearings to really stress the importance of this issue. So thank you again.

MARY SPRINGER: Thank you.

JOYCE BROWN: [off mic] Can I bring up--

CHAIRPERSON CHIN: [interposing] Yeah.

1	COMMITTEE ON AGING 12'
2	JOYCE BROWN:one further thing.
3	Council Member Rose.
4	CHAIRPERSON CHIN: You have to speak at
5	the mic. Use the mic, Joyce.
6	JOYCE BROWN: Council Member Rose said
7	that I mentioned this to her. About issuing the
8	information about NORCs in her newsletter. She said
9	yeah. I got the impression that she said yes, and
10	she also said that she would follow up with meetings
11	in various neighborhoods to discuss the NORCs, which
12	I thought was a good idea.
13	CHAIRPERSON CHIN: Yeah, well, stand on
14	them. We're creating the first But she needs to
15	do that.
16	JOYCE BROWN: I felt so bad when I saw
17	that program. It was a panel [sic] only vote that
18	didn't have enough.
19	CHAIRPERSON CHIN: Well, we're going to
20	make that change. So that's why we have a planning
21	grant, and hopefully they will get their very first
22	NORC very soon. So thank you again to everyone for
23	coming.

1	COMMITTEE ON AGING 12	8.
2	CHAIRPERSON CHIN: And the hearing is	
3	adjourned. [gavel]	
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World Wide Dictation certifies that the foregoing transcript is a true and accurate record of the proceedings. We further certify that there is no relation to any of the parties to this action by blood or marriage, and that there is interest in the outcome of this matter.



Date February 26, 2015