CITY COUNCIL CITY OF NEW YORK -----X TRANSCRIPT OF THE MINUTES of the COMMITTEE ON HEALTH COMMITTEE ON AGING -----X June 19, 2013 Start: 1:10 p.m. Recess: 4:08 p.m. HELD AT: Council Chambers City Hall BEFORE: MARIA DEL CARMEN ARROYO JESSICA S. LAPPIN Chairpersons COUNCIL MEMBERS: Inez E. Dickens Mathieu Eugene Julissa Ferreras Helen D. Foster Rosie Mendez Joel Rivera Peter F. Vallone, Jr. Albert Vann Deborah L. Rose James G. Van Bramer Gale A. Brewer Vincent J. Gentile Melissa Mark-Viverito

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A P P E A R A N C E S

COUNCIL MEMBERS:

James Vacca Margaret S. Chin Peter A. Koo David G. Greenfield

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Christina Cam Program Director Café Social Adult Daycare Center

Jim Forat Concerned Citizen

1	COMMITTEE ON HEALTH 5
2	CHAIRPERSON ARROYO: Good
3	afternoon, everyone. Welcome. Thank you all for
4	being here on such a beautiful afternoon. I think
5	we can rather be doing something else with sand
6	involved, right? That would be a beach and getting
7	some sun. don't get it twisted. Good afternoon.
8	My name is Maria del Carmen Arroyo. I chair the
9	Committee on Health and today we are holding a
10	joint hearing with the Committee on Aging, and my
11	colleague Council Member Jessica Lappin who chairs
12	that committee is running a little late, but we
13	didn't want to delay the proceedings any further.
14	She will join us momentarily, and we will hear
15	from her when she arrived. Today we are holding a
16	hearing on Intro number 1052, which seeks to
17	regulate social adult daycare providers in new
18	York City. Social adult daycare programs are
19	supposed to provide functionally challenged
20	individuals including those suffering from
21	Alzheimer's, dementia and other chronic health
22	conditions with very specialized services for
23	older adults in a protective setting with
24	appropriately qualified staff for part of the day.
25	While these are essential services for a

1	COMMITTEE ON HEALTH 6
2	vulnerable population, many private centers
3	operate largely without oversight, and we can
4	disagree or agree about who is responsible for
5	that, but there is currently eight programs funded
6	by the New York City Council through our
7	discretionary dollars, which must follow
8	regulations issued by the New York State office
9	for the aging; however, there are hundreds of
10	private facilities that are not required to follow
11	any regulation. New York State does not require a
12	license, certification, registration or any other
13	formal document to operate these centers. Through
14	that scheme the operators of these centers are
15	able to collect Medicaid reimbursement for each
16	participant enrolled by recruiting seniors that do
17	not require the level of care that social adult
18	daycare programs are designed to provide. Like
19	many of my colleagues, I am greatly disturbed by
20	the growth of the number of facilities. Our best
21	count to date is about 200 over the last year.
22	Something that has happened very, very rapidly and
23	I believe they are not done. We will see more
24	open, and the potential for Medicaid is incredibly
25	high and the potential for something much worse to

1	COMMITTEE ON HEALTH 7
2	happen to an individual serviced by those
3	providers is really our largest concern. We don't
4	want Medicaid dollars to go to waste. We need
5	Medicaid dollars to go for services that are
6	necessary for individuals and that those services
7	be available provided in the appropriate setting
8	by the appropriate professionals as the state on
9	regulations require. To the end of trying to get
10	a handle on this issue, we have introduced this
11	legislation, which seeks to impose the same
12	standards apply to government funded programs to
13	all social adult daycare centers in the city
14	ensuring that only functionally impaired adults
15	attend these programs and that these participants
16	receive appropriate services in a safe
17	environment. I am proud to sponsor this
18	legislation that will protect older adults from
19	social adult daycare center operators who engage
20	in deceptive practices. Our seniors deserve the
21	highest quality service that we can provide and we
22	must ensure that nothing interfere with our
23	ability to offer our seniors the best care
24	possible. I want to thank and commend Council
25	Member Jessica Lappin for co-sponsoring this

1	COMMITTEE ON HEALTH 8
2	legislation with me. I want to thank the
3	advocates of our city for their work on this bill
4	with us and for their commitment to protecting
5	older New Yorkers. There are some really good
6	programs in our city. We want more of those to
7	operate in our city and we want to make sure that
8	those who do operate all adhere to the same
9	standard of care and those that operate currently
10	that are regulated very much want to function on a
11	level playing field, and right now the field is
12	not level at all. I want to thank the Committee
13	staff, who have worked overtime on everything that
14	we are going to talk about todayfirst, Kelly
15	Taylor [phonetic], counsel to the Committee on
16	Aging and my committee staff, Dan Hayfitz
17	[phonetic], counsel to the committee, to my left,
18	Crystal Goldpon [phonetic], policy analyst and
19	Krillian Francisco [phonetic], who handles the
20	financing issues. Before I introduce the panel, I
21	want to make sure that any of you who are here to
22	testify you have to fill out a form, give it to
23	the sergeant at arms, otherwise we will not know
24	that you are here and want to say something and we
25	very much want to hear from you. I would like to

1	COMMITTEE ON HEALTH 9
2	introduce my colleagues who are joining us this
3	afternoon: Council Member Peter Koo, Council
4	Member Vallone, Council Member Chin and
5	Greenfield, and I am not sure what committees they
6	sit on since we have both, so thank you all for
7	being here, and other members will come in and
8	out. We are in the middle of some budget
9	conversations that are very important, and they
10	kind of distract us a little bit, but rightfully
11	so. At the panel we have Andrea Cohen
12	representing the Mayor's Office, Caryn Resnick
13	from the Department for the Aging, Eileen
14	Mullarkey Department for the Aging and Assistant
15	Commissioner Frank Cresciullo from the Department
16	of Health and Mental Hygiene. I think you guys
17	have done this before. You can choose whichever
18	order, identify yourself for the record and you
19	may begin when you are ready.
20	ANDREA COHEN: Thanks for inviting
21	us to speak to you today about Intro 1052, a
22	proposal to create an oversight function at the
23	Department of Health and Mental Hygiene for social
24	adult daycare programs operating in the city and
25	an ombudsperson function at the Department for the

1	COMMITTEE ON HEALTH 10
2	Aging. I am Andrea Cohen, director of health
3	services in the Mayor's Office. I'll be giving
4	the testimony today, but I am joined at the table
5	by Caryn Resnick as you mentioned from DFTA,
6	Eileen Mullarkey, the assistant commissioner of
7	long term care at DFTA and Frank Cresciullo who
8	are here to answer any questions along with me.
9	We share the concerns prompting the introduction
10	of this bill. I want to start with thatstrongly
11	share those concerns namely the recent opening of
12	large numbers of new social adult daycare programs
13	in the city and some evidence that some of the new
14	programs are not providing quality services which
15	is of great concern, but are aggressively
16	recruiting participants away from high quality
17	providers; however, recognizing that these
18	programs are paid for almost entirely through
19	state Medicaid managed care arrangements and that
20	city agencies lack the infrastructure and funding
21	to oversee potentially hundreds of these programs
22	in the city, we don't support the specific
23	approach set out in this legislative proposal. In
24	addition we understand that the state has taken
25	some specific actions to address reported abuses

1	COMMITTEE ON HEALTH 11
2	among social adult daycare programs and we will be
3	watching those extremely carefully to determine
4	whether those actions are having the intended
5	affects. Let me first describe the current
6	financing and regulatory arrangements for social
7	adult daycares in New York City and the reasons
8	for a spike in new program openings. As you know,
9	the Council funds approximately eight social adult
10	daycare programs as you mentioned Chairperson
11	Arroyo, which serve about 80 New Yorkers through
12	contracts with the Department for the Aging. As
13	part of these contracts, the social adult daycare
14	programs are required to meet the standards that
15	are set out in the State Office for the Aging or
16	SOFA regulations and DFTA provides oversight in
17	the form of contract enforcement on those
18	standards for the eight programs. Social adult
19	daycare is also a covered benefit, but only under
20	Medicaid managed long term care plans. I am going
21	to call them MLTC plans. Sorry for all the
22	acronyms, but it is a long phrase. It is also a
23	benefit under the smaller Medicaid waiver program
24	known as the Lombardi program, or nursing home
25	without walls, and I think it is a less used

1	COMMITTEE ON HEALTH 12
2	benefit under that program. it is primarily a
3	benefit under Medicaid managed long term care. As
4	a result of changes made through the governor's
5	Medicaid redesign team process many more Medicaid
6	beneficiaries needing long term care services
7	while they live in the community are enrolling in
8	these Medicaid MLTC plans, and therefore, they are
9	newly becoming eligible to receive social adult
10	daycare services. For example, since May 2011
11	enrollment in Medicaid MLTCs in New York City has
12	nearly tripled from fewer than 30,000 individuals
13	to almost 90,000 enrollees today. Those are
14	approximate numbers. To serve this influx of new
15	enrollees Medicaid MLTC plans are quickly
16	expanding their capacity by contracting with new
17	community based long term care service and support
18	providers like social adult daycare providers, and
19	it has been reported that some are also using
20	social adult daycare centers as recruiting centers
21	for their managed care plans. It is a very
22	competitive environment between these plans.
23	Because these new social adult daycare providers
24	are being paid for and contracted through the
25	state Medicaid program we believe that the state

1	COMMITTEE ON HEALTH 13
2	should be responsible for ensuring the quality of
3	the services provided and the integrity of the
4	taxpayer funded program. we are in discussions
5	with the state about steps they are taking to
6	address reported problems with the surge in
7	programs and potential quality issues with
8	programs, and we will continue to monitor the
9	impact of the recent steps they have taken. So I
10	want to first talk about some steps that the state
11	has already taken in the Medicaid program. So
12	first they have formally required the Medicaid
13	managed long term care plans to attest in order to
14	be eligible plan that all of their contracted
15	social adult daycare providers meet SOFA
16	requirements, so you can sort of say a backend way
17	of getting the SOFA regulations that currently
18	apply to SOFA funded or AAA funded or programs
19	that those regulations would also apply to the
20	Medicaid contracted programs. Another action that
21	the state has already taken is they are modifying
22	eligibility for the managed long term care plans,
23	and therefore for social adult daycare programs so
24	that Medicaid beneficiaries whose only long term
25	care need is light housekeeping services cannot be

1	COMMITTEE ON HEALTH 14
2	automatically eligible for managed long term care
3	plans any more, and then the last step that they
4	have already taken is they are auditing and
5	requiring plans to also do self-audits on
6	eligibility for enrollees who were referred to the
7	managed long term care plan by a social adult
8	daycare center so their first entry was to the
9	social adult daycare center and then to the plan
10	or for whom social adult daycare is the only
11	service on the individual's care plan, so we are
12	hopeful that these actions as well as additional
13	proposals that are being debated in Albany right
14	now to provide more active regulation and
15	oversight of social adult daycares by or funded by
16	the state will curb the abuses that have been
17	reported. I want to note, and this is in my
18	written testimony because this is sort of a minute
19	by minute sort of update. There is a bill that is
20	pending in Albany in this session right now. It
21	has passed the assembly and I believe is on the
22	Senate calendar, which would give SOFA the
23	authority to regulate all social adult daycare
24	centers regardless of funding source, so there is
25	a least a reasonable chance that that will be

1	COMMITTEE ON HEALTH 15
2	passed in the next couple of days, again, already
3	passed by one chamber and on the calendar for the
4	other. So while we actively engage with the state
5	to urge them to regulate SADCs, social adult
6	daycare centers and Medicaid managed long term
7	care plans more comprehensively, we have serious
8	concerns about the city unilaterally taking on
9	this responsibility. Presently, the Health
10	Department lacks the infrastructure and the
11	expertise to oversee a new large inspection
12	program involving overseeing, inspecting and
13	regulating reimbursable social and cognitive
14	therapeutic services by a provider type social
15	adult daycare that they don't current interact
16	with. DOHMH would incur a substantial expense.
17	We have roughly estimated it at about a million
18	dollars per year. Once the inspection program was
19	up and operational there would also be significant
20	startup expenses and delay associated with
21	developing a brand new oversight and registration
22	program, including cost accrued writing [phonetic]
23	regulations, hiring staff and allocating space for
24	a new unit of the Department, so it is a very
25	major undertaking. Another concern is that the

1	COMMITTEE ON HEALTH 16
2	Health Department would lack any effective
3	mechanism to enforce its rules and oversight.
4	While the current Intro 1052 would authorize the
5	Health Department to impose new civil penalties on
6	non-compliant social adult daycare centers, it
7	doesn't provide a mechanism to enforce payment of
8	the penalties. The Department would not have
9	contract enforcement authority that DFTA currently
10	has with the programs that it funds. In its
11	current inspection programs like restaurants and
12	childcare and Frank Cresciullo can speak more
13	about this, the Health Department issues permits,
14	and then can suspend or refuse to renew those
15	permits when violations are present or fines go
16	unpaid, and ultimately they can even seek the
17	revocation of those permits for establishments
18	that persistently fail to comply with regulations,
19	but because there isn't a permitting regime in
20	Intro 1052 poorly operated social adult daycare
21	centers could continue to operate and the
22	Council's expectations of effective oversight
23	might be unrealized. The Department for the Aging
24	would also have to expand from its role enforcing
25	contract terms for eight programs and 80

1	COMMITTEE ON HEALTH 17
2	individuals to serving as an ombudsperson or
3	entity for 200 programs and thousands of
4	participants. This could also be a costly
5	expansion. We will continue to monitor this
6	issue, engage with the state and work with you to
7	identify alternative approaches to addressing
8	these recent problems; however, at this time, we
9	do not support incurring substantial cost and
10	taking on major new regulatory roles that can and
11	should be the responsibilities of the state in our
12	view. Thank you and I am happy to take questions
13	as well as the other experts at the table.
14	CHAIRPERSON ARROYO: No one else
15	testifying on the panel? Okay. We have been
16	joined by Council Member Mark-Viverito. So we are
17	hopeful that the state absolutely does what we
18	hope it would do, and it preempts us from having
19	to further this conversation on this introduction;
20	however, in the event that that does not happen,
21	we are going to pursue this conversation, and I
22	thank you for the insight on some of the things
23	that you find problematic with the legislation
24	because that informs us better and helps us figure
25	out how to get through it. The notion that the

1	COMMITTEE ON HEALTH 18
2	Department of Health and Mental Hygiene doesn't
3	have the mechanism to enforce civil penalties is
4	something that I find very conflicting. That is
5	what the Department of Health does for a lot of
6	other types of services and goods that this city
7	has oversight of, so my hope is that given that
8	you have so many smart people in that agency that
9	that is a process that we can figure out without a
10	great deal of pain and stress. I mean we do it
11	for restaurants in our city and apparently, we do
12	it so well that the civil penalties that they
13	incur are a significant source of revenue for the
14	city, and while this introduction is not looking
15	to increase revenue for the city, it does provide
16	for the opportunity for us to generate the revenue
17	necessary to set up the appropriate oversight and
18	mechanism to ensure that those providers in our
19	city that are engaged in the social adult daycare
20	market are doing so appropriately, that the
21	Department of Health doesn't have the mechanism to
22	provide oversight for the regulatory requirements
23	is another one that I am conflicted about. It is
24	the New York City Department of Health, and you
25	guys are very, very good at oversight. You guys

В

1	COMMITTEE ON HEALTH 19
2	are very, very good at ensuring that what
3	regulations exist regardless of the market or the
4	industry that we regulate that those regulations
5	are followed and if they are not, there are
6	punitive measures available to the city to deal
7	with operators that do not adhere to those
8	regulations, so on the record, we disagree whether
9	or not the Department of Health has the mechanism,
10	can establish a mechanism, can follow a mechanism
11	through our process to ensure that these operators
12	are regulated appropriately and as I said at the
13	beginning if the state acts and preempts then we
14	have all gotten together here to have a very nice
15	conversation about a very important topic, and I
16	think that is a good way to spend some time.
17	Council Member Vallone, do you have questions
18	before I keep going on my tirade? We have been
19	joined by Council Member Vacca. Council Member
20	Chin?
21	COUNCIL MEMBER CHIN: Thank you,
22	Madam Chair. I am listening to the city's
23	testimony. Do you agree with us that this is a
24	problem that all of a sudden in a two year period
25	that so many of these adult daycare centers have

1	COMMITTEE ON HEALTH 20
2	popped up all over the city?
3	FEMALE VOICE: I might just start
4	by saying I don't think the fact that there are
5	new entrants providing valuable is by itself the
б	problem, but there has definitely been evidence
7	that it hasn't been well managed, and that some of
8	the new entrants are not quality providers, so the
9	concern isn't the number, but the concern is poor
10	quality and inappropriate recruiting and other
11	things like that, so yes, I think the Department
12	for the Aging and the Administration definitely
13	perceives this as a problem.
14	COUNCIL MEMBER CHIN: And this is
15	what we have been hearing from constituents, the
16	senior centers in our district and also with the
17	discussion with the Department of Aging, and that
18	is why the City Council waiting for the state to
19	do more decided if they are not going to move, we
20	have to do something to have some regulations
21	because all of these centers that start up, do
22	they have to register? Do they have to let the
23	city know that they are starting up this business?
24	FEMALE VOICE: No. Currently, they
25	do not.

1	COMMITTEE ON HEALTH 21
2	COUNCIL MEMBER CHIN: So that is
3	one of the issues that we are raising in this
4	legislation that first they should minimally at
5	least have to register until we know, who is
6	running these kinds of operations, so my question
7	to the Department of Health is that right now, is
8	it true that you already inspect our senior
9	centersthe senior centers that have kitchen
10	facilities that the Department of Health do come
11	and inspect our senior centers?
12	FEMALE VOICE: So kitchens.
13	COUNCIL MEMBER CHIN: I have from
14	our center they have to do a lot to make sure they
15	comply. So you already do that type of
16	inspection, right?
17	FEMALE VOICE: Yes, but the SOFA
18	regulations would require very different kind of
19	oversight inspection and would go to staffing the
20	programs and activities that were done the
21	oversight, the nutrition, there is not currently a
22	nutrition component to the inspections. It is
23	cleanliness and hygiene.
24	COUNCIL MEMBER CHIN: But the
25	Department of Aging do that kind of inspection,

1	COMMITTEE ON HEALTH 22
2	right, regulate all of the senior centers?
3	Department of Aging has to look over their
4	nutrition, their menus and staffing and all of
5	that, right? You guys do that?
6	FEMALE VOICE: Correct, we do.
7	COUNCIL MEMBER CHIN: So you
8	already have that expertise?
9	FEMALE VOICE: We do that in our
10	over 200 senior centers, and we do that in the
11	eight social day programs.
12	COUNCIL MEMBER CHIN: So you have
13	the capacity. You might need more now.
14	FEMALE VOICE: But we would not
15	have the capacity to do over 200 social daycares.
16	COUNCIL MEMBER CHIN: You have to
17	train and you have the expertise, right?
18	[crosstalk]
19	FEMALE VOICE:that do that kind
20	of oversight.
21	COUNCIL MEMBER CHIN: And you need
22	to just expand in terms of number of staff that
23	can help to do this oversight?
24	FEMALE VOICE: In terms of the
25	programmatic piece, I mean one of the big issues I

1	COMMITTEE ON HEALTH 23
2	think, and it is why we think we should be
3	deferring to the state is that this really results
4	from the Medicaid reform work and so, the
5	potential abuses really revolve around Medicaid,
6	which we have had absolutely no interaction and
7	interface with the Medicaid system, so when it
8	comes to actually being able to enforce, we would
9	have no authority. We could simply say yes, you
10	are or you are not adhering to the SOFA regs, but
11	then whether that MLTC or SADs provider is
12	inappropriately billing Medicaid and potentially
13	committing fraud, we would have no say in that.
14	That is really a State Department of Health only
15	role.
16	COUNCIL MEMBER CHIN: We agree with
17	you that the problems started from the state level
18	with the Medicaid reform that all of these centers
19	popped up. I mean granted there were some good
20	ones, but more and more are just getting out of
21	hand, and I think even amongst some of the
22	providers they themselves are helping to push for
23	regulations because some of them, if they are
24	doing the right thing, they also want to pick out
25	the bad actors in this scenario. We will continue

1	COMMITTEE ON HEALTH 24
2	to work with you to push the state, but if they
3	keep dragging their feet, the city has to assume
4	some responsibility to start monitoring all these
5	centers that are in our neighborhood and I know
б	that commissioner from the Department of Aging she
7	is very concerned about this issue, so I think we
8	are asking you to work with us to see how we can
9	at least start doing some oversight, what part of
10	the legislation that you think we can at least
11	administratively do without a law or what we can
12	do to work together to make sure that everything
13	that we have raised, all the concerns are being
14	addressed.
15	FEMALE VOICE: We can do that. I
16	think what is happening at this state is very much
17	in flux. There is significant attention to it.
18	We repeatedly direct their attention to it. They
19	are aware of this hearing today, and we hope that
20	they will take the actions that they need to, but
21	we are prepared to be in consultation with you if
22	that does not happen.
23	CHAIRPERSON ARROYO: Thank you,
24	Council Member Chin. The issue, Deputy
25	Commissioner Resnick, is that we understand that

1	COMMITTEE ON HEALTH 25
2	you have no authority as the Department for the
3	Aging. We also understand that the Department of
4	Health has no authority because there is no local
5	law that empowers either one of the agencies to
6	act. That is why we are having this conversation
7	today. I think and I will reiterate, and then I
8	will turn it over to Council Member Vaccaand we
9	have been joined by Council Members Rose and
10	Council Member Dickens. Thank you for being here.
11	We as a city I believe have the wherewithal to put
12	the appropriate mechanisms together to get a
13	handle on oversight of social adult daycare
14	programs in our city. We need to be prepared to
15	do that in the event that the state actions do not
16	move forward, and I think the clock is ticking up
17	there, and I believe that they are leaving this
18	Thursday, tomorrow or Friday from their
19	legislative session, so it is again, my hope that
20	we do get the appropriate legislation in place at
21	the state, but in the event that we do not, we
22	will move forward. Council Member Vacca?
23	COUNCIL MEMBER VACCA: Yes. Thank
24	you, Chair Arroyo. You know, I am not content
25	with waiting for the state. We all know how slow

1	COMMITTEE ON HEALTH 26
2	the legislature there moves, and now that they are
3	adjourning they won't be back until January, so
4	the issue becomes what can we do in the city, and
5	some of the testimony given concerns me greatly.
6	When you indicate on page 2 DOHMH lacks the
7	infrastructure and the expertise to oversee a new
8	large inspection program, well, if you lack the
9	infrastructure and the expertise and you think
10	that it is important, which I think your testimony
11	does allude to on page 1, then you get the
12	expertise and you create the infrastructure. You
13	may lack it now, but what we in the Council want
14	is we want oversight to protect the people. We
15	have hundreds of these places now and they are
16	opening increasingly so you don't like the
17	legislation we are proposing, but we want to work
18	with you and modifying the legislation because we
19	feel the Council has a role and that the city of
20	New York has a role. You indicate that if
21	violations were given, there is no enforcement
22	entity to enforce the violations. Well, then we
23	have to look at the enforcement entities we now
24	have in place in our city, and we have to define
25	what entity we want to use. Now the Health

1	COMMITTEE ON HEALTH 27
2	Department uses largely ECB so does the buildings
3	Department. I am not saying ECB is the place to
4	go, but I will tell you that the Health Department
5	has a lot of people out there who you say obtained
6	an expertise when it comes to restaurant
7	inspections. Some people will say they have not,
8	but I will acknowledge that some do. Those people
9	obtained an expertise after you trained them,
10	after you gave them the lay of the land, and this
11	is something similar, so I join with my colleague.
12	I don't accept the excuse that we just can't do
13	it. We have to find a way to do it. We, and I
14	speak for myself, but I co-sponsor the bill with
15	other members, we always look to the
16	administration for input on how to modify a bill
17	and we are open to modifications, but to say that
18	this is the state's responsibility and we are
19	going to wait for the state I don't accept that.
20	FEMALE VOICE: So in response to a
21	number of the concerns that you mentioned, so we
22	are hopeful, but we don't know this until it
23	actually happens. It may have happened in the
24	last hour, but I don't know that that is the case
25	that there may actually be legislative action in

1	COMMITTEE ON HEALTH 28
2	Albany this session I mentioned. I think before
3	you came in that the Assembly has already passes a
4	bill and the companion is pending in the Senate,
5	so it really may happen before the end of this
6	session. Some other regulatory actions have
7	already been taken. I think it is fair to say we
8	don't yet know what impact that will have. We
9	believe the state has some other regulatory steps
10	that it could take. In terms of the Department's
11	ability to pick up a new area and your concern
12	about speed and waiting for the state, the Health
13	Department we think is excellent at what it does
14	and the inspections that it does, but you can't
15	create something quickly, immediately where there
16	is no sort of infrastructure for it. It is
17	certainly possible that in the absence of some
18	other action that a city agency could take on this
19	responsibility. I think the question that we are
20	asking is the expense, the time that it would take
21	to do it, and the fact that there is a much more
22	logical and empowered government entity there
23	simply because they are the bill payer and the
24	regulator already. It makes sense for us to
25	really push them to do the job that they should be

1	COMMITTEE ON HEALTH 29
2	doing and to use our city role in that way. So it
3	is notI am not trying to suggest that a city
4	agency could never come up with a new area to
5	inspect or that it shouldn't. what I am saying is
б	that under the circumstances right now where you
7	have state agencies responsible for this and
8	paying for this they have many tools that they
9	could use, and we need to pressure them to use
10	them more effectively, and we think that that can
11	work more quickly and probably more appropriately
12	than us starting up something new right now.
13	COUNCIL MEMBER VACCA: I do want to
14	conclude and say Albany has many one house bills,
15	so if that is the case, then we have to get our
16	heads together, ask for your help. If this is a
17	one house bill, we will know by Friday, and then I
18	do think we have to say where can we step in
19	effectively and do what we have to do? But we need
20	your commitment. We need your expertise because
21	your agencies both have expertise in dealing with
22	issues affecting the elderly, contracting out to
23	non-profits, contracting out to senior centers,
24	daycare centers. Where can we use that expertise,
25	replicate where we have to, bring in new people

1	COMMITTEE ON HEALTH 30
2	with a different skillset should we have to do
3	that because I think the cost to society is much
4	greater if we don't. The cost in money is nothing
5	compared to the cost to families and individuals
6	if we let a segment serving the elderly just
7	continue as it is. Okay. Thank you.
8	CHAIRPERSON ARROYO: Council Member
9	Dickens?
10	COUNCIL MEMBER DICKENS: Thank you
11	so much, Madam Chair, and thank you for your
12	testimony. I agree with my colleague, Council
13	Member Vacca, that this is something that city of
14	New York needs to be duly concerned about, but
15	having said that and knowing that this is a
16	segment of population that we cannot allow to just
17	wander off without any control or limits. There
18	is a budget analysis that has to be considered.
19	Can you get to the Chair a cost analysis after
20	Friday after you know what legislation comes out
21	as to the number of additional personnel for
22	inspections, for cost of, including healthcare
23	benefits and staffing, technology, et cetera that
24	would be required in order to do an effective job
25	because there is no point of even the City Council

1	COMMITTEE ON HEALTH 31
2	putting in legislation that has no teeth and
3	absolutely no meaning. So if we are going to
4	protect the people instead of doing legislation
5	that is paper, we would need to do legislation
6	that is paper with currency, and that means that
7	we would have to put some additional funding in
8	unless you have got some leftover revenue, which
9	we would like to know about, and so, is it
10	possible that after Friday because Council Member
11	Vacca said Friday, that you could get to the chair
12	a cost analysis as to how the impact would be upon
13	the budget?
14	FEMALE VOICE: We have done a rough
15	and quick cost analysis.
16	COUNCIL MEMBER DICKENS:
17	[interposing] I don't mean a rough and quick. We
18	have an idea of how many people you would need to
19	do an effective knowing how many of these sites
20	has popped up in the five boroughs because if we
21	are going to protect people, then we need to be
22	effective in protecting them and not fooling
23	people.
24	FEMALE VOICE: Right.
25	COUNCIL MEMBER DICKENS: I don't

1	COMMITTEE ON HEALTH 32
2	believe in lying to people. I don't believe in
3	fooling them. If we are going to do this, then we
4	really need to do it properly and effectively to
5	protect this population, so if you can get
б	together in a timely fashion the cost analysis as
7	to the impact on the budget that I am asking that
8	you get to my Chair the information that can be
9	disseminated to the members. Can that be done?
10	FEMALE VOICE: Yes.
11	COUNCIL MEMBER DICKENS: How long
12	would it take?
13	[crosstalk]
14	FRANK CRESCIULLO: I would just
15	like to add that it can be done, some rough
16	estimates, but without knowing the total number of
17	programs that will be regulated, it is going to be
18	very difficult to give an exact cost.
19	COUNCIL MEMBER DICKENS: Maybe this
20	Committee can provide some information, some of
21	the community based organizations certainly has
22	information to some of these sites that have
23	cropped up that we can get an idea, and if we say
24	there is 200 sites that has cropped up within the
25	five boroughs then we can do it based upon 200

1	COMMITTEE ON HEALTH 33
2	sites, and it doesn't mean that it has been
3	written in stone. It means it gives an idea as to
4	a cost analysis.
5	FEMALE VOICE: We can give you a
6	cost analysis and we will let you know what some
7	assumptions are so if it turns out that there is
8	something outside our control, the number of sites
9	you will be able to sort of factor that in.
10	COUNCIL MEMBER DICKENS: Thank you.
11	Thank you very much.
12	CHAIRPERSON ARROYO: Thank you,
13	Council Member, and I think a part of what needs
14	to be factored into the calculation or the
15	estimate, the number of individuals, and I think
16	that statement about the Department of Health does
17	not have a mechanism is something that you know,
18	you do childcare centers, and they have to go
19	through a litany of things and regulations in
20	order for you to permit them, and I know that
21	there is great concern among the provider
22	community that we can't make this process so
23	difficult for our providers that we just add a
24	great deal more cost to everybody concerned. That
25	is not the goal here, but we regulate daycare

1	COMMITTEE ON HEALTH 34
2	centers in our city, and we are talking about
3	centers that provide for an age group on the
4	opposite side of the spectrum that the Department
5	of Health does not have a mechanism to provide
6	oversight on regulation penalties and all of those
7	things. we just need to look inside the agencies
8	and model some of this after some things that you
9	know work and then use this as an opportunity to
10	improve what doesn't work in the existing
11	mechanisms in our city, the number of staff that
12	are required to inspect and what kind of expertise
13	staff will need to have so that if we are looking
14	at an individual's record, a participant's record
15	to determine that that individual is indeed
16	eligible for the services that are being provided
17	that requires an individual with expertise to be
18	able to identify that, and again, I have really,
19	really deep confidence in that whatever mechanism
20	is necessary if the state does not preempt what we
21	are trying to accomplish here that we have the
22	ability to create that mechanism and that yes, it
23	is going to cost, but we are going to be able to
24	balance that with ensuring that penalties are
25	paid, enforcement is done appropriately and we are

1	COMMITTEE ON HEALTH 35
2	not going to hear again that you don't have the
3	mechanism and that you don't have the oversight
4	because that is exactly what we are having a
5	conversation about creating here. So setting up
6	the new program to monitor and fine this type of
7	business, fine as in violations, what do you
8	expect the cost implementing the legislation would
9	be? What are the costs associated with following
10	sections of the bill, registration requirements,
11	responding to complaints and ensuring compliance
12	with the program standards, the ombudsman program?
13	How many inspectors do you think you will be
14	necessary assuming 200 is the number that we are
15	looking at. How long would it take for inspectors
16	to be properly trained or to create the job
17	descriptions for lack of a better term so that we
18	know what kind of qualified individuals or the
19	qualifications of individuals. Consider again the
20	existing mechanisms that the city already has to
21	provide oversight and inspection processes and do
22	we charge for the registration? How much can we
23	generate from the requirement of the legislation,
24	but more importantly how much can wewe don't
25	want to generate revenue because people are not

1	COMMITTEE ON HEALTH 36
2	following the law. We want to be able to create a
3	mechanism that people will follow, but that those
4	that don't pay a heavy price for not doing so, and
5	how quickly we can ramp up to make sure that that
б	mechanism is identified, created and implemented,
7	and I think that is aboutthat is enough.
8	Questions? Okay. Give me a second. Why I sound
9	so smart is because the staff is good at what they
10	do. I did mention the using ofwhat inspectors
11	do you have in the system already for the
12	different types of inspections that are done
13	throughout the city, how many of those could be
14	utilized in the training of new ones, but also can
15	you explain to me what would be different with a
16	social adult daycare except that we don't have the
17	authority at this point and how that differs from
18	the oversight that we do provide for childcare in
19	the city?
20	FRANK CRESCIULLO: Sure, I would be
21	happy to. So the Bureau of Childcare is primarily
22	responsible for licensing and oversight of all
23	regulated childcare facilities in the city as you
24	know. We issue operating permits. We conduct

25 field inspections. When necessary we take
1	COMMITTEE ON HEALTH 37
2	enforcement action against non-compliant
3	facilities. We review physical conditions.
4	We look at staffing qualifications, clearances,
5	staff ratios and the overall safety and
6	supervision of children. The Bureau has no role
7	in the funding of childcare programs or the
8	allocation of public funds to childcare services,
9	so it is not part of operation structure. We do
10	not evaluate fraud or how public funds are
11	allocated to childcare services whether they are
12	being used appropriately or if the intent of the
13	population of children's services the children are
14	receiving the intended funds. So
15	CHAIRPERSON ARROYO: [interposing]
16	But you do have oversight.
17	FRANK CRESCIULLO: We have
18	oversight responsibility to maintain that the
19	programs are in compliance with the health code.
20	Yes. But it does not include things like the
21	assessment of the population being serviced, so
22	whether or not the target population is receiving
23	the public funds intended for them to receive and
24	whether or not it is achieving its intended
25	outcome is not part of our current operation, and

1	COMMITTEE ON HEALTH 38
2	that is a very big difference between what the
3	provisions of this bill and what we currently
4	doing. It is going to require specialized staff.
5	When you asked how many of our current inspectors
6	could train additional inspectors there really
7	aren't any. We don't have staff who have the
8	skills necessary to implement a lot of the
9	provisions of this bill, so I think that is the
10	biggest difference. So from the Department for
11	the Aging, you do have the expertise in reviewing
12	case management programs and ensuring that
13	individuals that are enrolled with the case
14	management programs are absolutely receiving the
15	services that according to our care plan or some
16	formal documentation. Am I incorrect in stating
17	that?
18	FEMALE VOICE: You are correct. We
19	do do that for the SADs programs that you, the
20	Council, provide funds for.
21	CHAIRPERSON ARROYO: So the
22	question here is not whether DOHMH has the
23	expertise or would be able to have that oversight,
24	but with the combination of city agencies working
25	in tandem that we can absolutely provide the

1	COMMITTEE ON HEALTH 39
2	oversight on the clinical requirements for the
3	services that are supposed to be provided by
4	social adult daycare programs. Is that correct?
5	FEMALE VOICE: Potentially, and
б	with additional resources. I mean now staffing
7	pattern for the eight SADs is what? A few
8	individuals, which would not be sufficient.
9	CHAIRPERSON ARROYO: We agree so we
10	would not use the logic of we don't have enough
11	resources as an impediment to implementation. We
12	agree that you do not have, neither one of you
13	have the resources necessary to ramp up an
14	oversight program for a social adult daycare, and
15	the responsibility that we have here is to make
16	sure that in doing so in providing the
17	legislation, the authority to both of you or one
18	of you or maybe an additional agency that there
19	are resources that have to be brought to the table
20	in order for either one of the agencies concerned
21	to do their job appropriately and well. That is
22	what we are looking for here. So resources and
23	mechanisms I don't want to hear again.
24	FEMALE VOICE: Okay.
25	CHAIRPERSON ARROYO: Okay, because

1	COMMITTEE ON HEALTH 40
2	we are just going to make me crazy, and I like to
3	be a nice lady. So as a city DOH, what mechanisms
4	do we have that allow you to intervene on a
5	complaint based type of program or oversight? 311
6	gets a call. The guy in the corner is doing X, Y
7	and Z.
8	FRANK CRESCIULLO: Another big
9	difference between what we do with childcare and
10	this bill is that we issue operating permits to
11	the childcare centers in New York City. We have
12	full authority to enter a childcare center.
13	Anytime we have a concern about its operation all
14	records need to be made available to us, all staff
15	need to be made available to us. So that is a
16	very big part of the leverage that we have to make
17	sure that programs stay in compliance. A
18	registration doesn't have the same legal weight as
19	a permit issuance.
20	CHAIRPERSON ARROYO: Okay. Point
21	well taken. Thank you. So is there a mechanism
22	in the city that is driven by complaints, that
23	triggers DOH or some other agency to intervene
24	because there is a complaint logged by someone
25	somewhere?

1	COMMITTEE ON HEALTH 41
2	FRANK CRESCIULLO: Yeah, our
3	internal policies are when we get a complaint
4	depending on severity level of the allegations we
5	respond. We respond within 24 hours or three days
б	depending on the
7	CHAIRPERSON ARROYO: So the inserts
8	is yes?
9	FRANK CRESCIULLO: We have policies
10	in place and of course some regulations to support
11	our policies.
12	CHAIRPERSON ARROYO: Okay. So
13	where we had a process prior to regulation or
14	oversight, do you have something that we can
15	compare the before and the after in terms of
16	quality of care and/or service prior to a
17	regulation being implemented and after a
18	regulation being implemented and seeing a
19	difference in the number of complaints being
20	reduced in a particular service area?
21	FRANK CRESCIULLO: We have at DOH
22	have plenty of data in the Childcare Bureau that
23	shows sort of before and after performance for the
24	bureau itself as well as for the regulated
25	entities. We have dating back years, and you can

1	COMMITTEE ON HEALTH 42
2	see trends in violations and numbers of
3	complaints. Basically the number of complaints
4	have dropped over time in comparison to the
5	increase in our inspection schedule.
6	CHAIRPERSON ARROYO: So from the
7	data that you have we can safely say that what we
8	monitor ultimately service improves and/or
9	complaints are reduced.
10	FRANK CRESCIULLO: Well, if you
11	believe a lower number of complaints is indicative
12	of a more quality program, then yes.
13	CHAIRPERSON ARROYO: But you can
14	compare a restaurant over time after a certain
15	number of inspections receiving less violations?
16	FRANK CRESCIULLO: Yes, in theory.
17	I don't know if that is a trend you will see in
18	restaurants, but sure.
19	CHAIRPERSON ARROYO: You don't know
20	that that is the trend you will see?
21	FRANK CRESCIULLO: In restaurants
22	CHAIRPERSON ARROYO: [interposing]
23	When we had a hearing here about letter grading,
24	we heard you guys
25	FEMALE VOICE: Frank oversees

1	COMMITTEE ON HEALTH 43
2	childcare.
3	CHAIRPERSON ARROYO: We heard very
4	loudly from the administration that once this
5	increased enforcement around health, safety
6	standards around our restaurant industry that you
7	are seeing improvement or less violations being
8	issued to our operators.
9	FEMALE VOICE: Correct. That is
10	true.
11	CHAIRPERSON ARROYO: So it is safe
12	to say that what we monitor
13	FEMALE VOICE: I think we would
14	love to say that anything we monitor improves. I
15	think we probably
16	[crosstalk]
17	FEMALE VOICE: We can say that in
18	the case of restaurants that the change to
19	CHAIRPERSON ARROYO: [interposing]
20	And the daycare centers?
21	FEMALE VOICE: And Frank can
22	comment to the data on that, but obviously it
23	depends somewhat on the regime and whether the
24	oversight regime and whether it is one that it is
25	in the context as well designed and executed.

1	COMMITTEE ON HEALTH 44
2	CHAIRPERSON ARROYO: Okay.
3	FRANK CRESCIULLO: We have seen a
4	lot of improvement in the operation of childcare
5	centers as well as home based providers in New
6	York City, and it corresponds to our field
7	operations. You will see a very big increase over
8	the years in the number of inspections we conduct,
9	and yeah, I do believe that low number of
10	complaints is an indication of quality services.
11	we in fact in New York City have the lowest number
12	of complaint reports in the entire state, and I
13	attribute that to our inspection schedule.
14	CHAIRPERSON ARROYO: Okay.
15	Colleagues, any other questions? We have been
16	joined by Council Member Rivera and Mendez and
17	Council Member Brewer and Van Bramer was here.
18	Okay. Well, thank you for your testimony. Oh, I
19	am sorry, Gale. I didn't know.
20	COUNCIL MEMBER BREWER: Thank you.
21	A couple of questions. Number one is how many of
22	the pop ups have relationships either directly or
23	indirectly that you know of regarding non-profits?
24	Are they working with a non-profit, are they a
25	non-profit are they combining? 'Cause my

1	COMMITTEE ON HEALTH 45
2	understanding is
3	FEMALE VOICE: [interposing] The
4	majority we believe are for profit.
5	COUNCIL MEMBER BREWER: But my
6	understanding is there are some that are working
7	with non-profits. Do you know how many?
8	FEMALE VOICE: No. I am looking at
9	the association to see if they know. We don't
10	know.
11	COUNCIL MEMBER BREWER: We don't
12	know. Okay, and does that change the situation at
13	all in terms of whatI mean whether it is a good
14	thing or a bad thing or we don't know? We don't
15	know?
16	FEMALE VOICE: I don't think we
17	know. The oversight question is that as we have
18	explained we have oversight over those we are
19	contracting with, so as far as whether they are
20	for profit or not for profit, and we don't have a
21	contractual relationship it just makes it more
22	difficult.
23	COUNCIL MEMBER BREWER: Okay, but
24	you could ask some of the nonprofits 'cause you
25	know them all that you contract with are they

1	COMMITTEE ON HEALTH 46
2	doing any kind of partnering, right?
3	FEMALE VOICE: Yes.
4	COUNCIL MEMBER BREWER: Number two,
5	I would just give the whole thing to Elizabeth
6	McGee [phonetic]. I would just put her in charge,
7	and she is of course, the head of the Mayor's
8	Office of everything, and she is phenomenal, so is
9	there a reason not to do that, Andrea? I am
10	serious. She is already doing it for making
11	buildings safe and she knows exactly what to look
12	for. She has got PD, DOB and she can add staff
13	from your office or whatever and she is ready to
14	go. Why duplicate that kind of investigation
15	which is an overall joint taskforce?
16	ANDREA COHEN: The principles of a
17	joint taskforce might work. She definitely
18	COUNCIL MEMBER BREWER:
19	[interposing] She walks on water.
20	ANDREA COHEN: She has her hands
21	full. She does an excellent job
22	[crosstalk]
23	COUNCIL MEMBER BREWER: Wait a
24	minute. I know that your commissioner does also,
25	but McGee isshe is amazing. She has got all of

1	COMMITTEE ON HEALTH 47
2	the pieces and she just makes our city a better
3	place, so I am just saying why duplicate what is
4	her responsibility? I am asking if that would make
5	sense.
6	ANDREA COHEN: I think in all
7	likelihood it probably would not, and the reason
8	is that the area that she is working in mostly has
9	to do with facilities, and infrastructure and the
10	operations around that and obviously has done an
11	excellent job.
12	[crosstalk]
13	ANDREA COHEN: This is about the
14	provision of services for very vulnerable people,
15	and it is just a very different arrangement, a
16	different expertise required, a different kind of
17	inspector, different operational setup.
18	COUNCIL MEMBER BREWER: I just
19	think that they are already are in a lot of
20	facilities. Sometimes there is a facility aspect
21	and certainly the illegal hotels are similar in
22	the sense that you are dealing with tourists or
23	students or vulnerable people.
24	FEMALE VOICE: To the extent that
25	there could be facility issues

1	COMMITTEE ON HEALTH 48
2	[crosstalk]
3	COUNCIL MEMBER BREWER:a whole
4	new system, but to piggyback to complement with
5	social services experts would use her multi-
6	agencyPD you might need.
7	FEMALE VOICE: Special enforcement.
8	To the extent that there might be facility issues,
9	yes, we could definitely think about that and talk
10	to her about that. That was another angle into
11	the problem.
12	COUNCIL MEMBER BREWER: Alright.
13	Thank you very much. Hyman and McGee, they are
14	fabulous. Good bye.
15	CHAIRPERSON ARROYO: Thank you,
16	Council Member. Thank you for your testimony. I
17	think we have gotten more information from the
18	administration on this issue in the last 45
19	minutes than we have had over the last couple of
20	months in having conversations about how we can
21	put language and teeth into oversight of social
22	adult daycare. I cannot tell you how frustrating
23	that is the amount of time that we have lost where
24	we could have had much improved language and
25	legislation that we need to enact in the city if

1	COMMITTEE ON HEALTH 49
2	the state does not act. So I can't let you leave
3	this room without telling you that that is wholly
4	unnecessary, and I resent that deeply that the
5	staff of these two committees have been working
6	with the administration engaging in conversation
7	and that the information that comes forward in the
8	testimony that you provide today was not
9	information that we got before today. I find it
10	offensive and disrespectful. Now the next panel
11	FEMALE VOICE: [interposing]
12	Chairperson, if I could just
13	CHAIRPERSON ARROYO: No, we are not
14	going to debate that. Thank you. Christopher
15	Nadeau [phonetic], Elizabeth Geary [phonetic],
16	Bobbie Sackman [phonetic], Cara Berkowitz
17	[phonetic]. So it's Cara, Bobbie, Elizabeth and
18	Christopher. And for the administration as
19	always, we are going to leave somebody in the
20	room, right?
21	FEMALE VOICE: Yes.
22	CHAIRPERSON ARROYO: Okay. Thank
23	you. I know that I butchered most of your names,
24	so you are going to identify yourselves for the
25	record and begin your testimony when you are

1	COMMITTEE ON HEALTH 50
2	ready. I called four people and I see five at the
3	table.
4	CATHY FITZGIBBONS: I don't think I
5	was called, Council Member, but we are together.
6	CHAIRPERSON ARROYO:
7	CATHY FITZGIBBONS: Cathy
8	Fitzgibbons.
9	CHAIRPERSON ARROYO: You guys know
10	how to do this. Speak into the mic, identify
11	yourselves for the record, and begin you are
12	ready.
13	ELIZABETH GEARY: Good afternoon.
14	My name is Elizabeth Geary, and I am the president
15	of New York State Adult Day Services Association,
16	an umbrella group for providers of both social and
17	medical model programs in New York State. You
18	have really adequately I think described the
19	service, and so I don't want to repeat that again,
20	but I do want to say that the result of social
21	model adult day service programs that operate
22	according to the regulations is a significant
23	benefit to all New York State residents and
24	families. Since 1978 NYSADSA's mission has been
25	to develop, promote and enhance adult day services

1	COMMITTEE ON HEALTH 51
2	as an integral part of the continuum of care
3	through providing training, information and public
4	education for the adult day services industry. In
5	collaboration with the New York State Office for
6	the Aging and the New York City Office for the
7	Aging NYSADSA has sponsored four full day
8	trainings in New York City so that those who
9	wanted to understand the New York State minimal
10	standards and regulations would have access to
11	that information. More than 300 individuals,
12	programs and managed care organizations
13	participate in these trainings and some came
14	multiple times in order to understand what they
15	should be doing. In the near future as a result
16	of funding from the state budget, NYSADSA will
17	launch even broader training and technical
18	assistance efforts in order to ensure that
19	existing SADs programs, social adult day programs,
20	those were in development and other entities
21	contracting with them including Medicaid managed
22	care organizations have access to accurate
23	information about the implementation standards and
24	regulatory requirements for SADs programs
25	operating in New York State. We are very

1	COMMITTEE ON HEALTH 52
2	grateful, Council Member Arroyo and members of the
3	City Council for your focus on developing
4	legislation that clarifies the expectations of
5	those who market their services as social adult
6	day and for creating a mechanism to ensure that
7	these expectations are met. The importance of
8	right sizing care and ensuring that public and
9	private dollars are spent appropriately cannot be
10	exaggerated. Social adult day programs are not
11	intended to serve the generally healthy senior
12	population. Senior centers are established for
13	that purpose. According to New York State
14	statistics, historically more than one-third of
15	those who attend social adult day programs need
16	hands on assistance with toileting, mobility,
17	eating and 67 percentand that number is ever
18	increasingneed constant supervision and
19	monitoring as a result of dementia. As you said,
20	they are a very frail population, but that said,
21	in New York City many neighborhoods have been
22	underserved. Culturally sensitive SADs programs
23	will enable those who attend to remain at home in
24	the community while their family caregivers
25	continue to work or manage other family concerns.

1	COMMITTEE ON HEALTH 53
2	In some ways the increased interest in developing
3	new SADs programs is also a testimony to community
4	needs. For more than 35 years, SADs programs have
5	emerged in response to community needs. In the
6	last 1970s ARC Fort Washington [phonetic]
7	developed the first program for physically frail.
8	Riverstone adult day services in Washington
9	Heights developed a program for Spanish speaking
10	residents with Alzheimer's disease. Self-health
11	an agency with a special focus on Holocaust
12	survivors developed an Alzheimer's program.
13	Visions developed a program for the blind.
14	Village Care developed a program for those with
15	HIV, AIDS and the list goes on. This is because
16	elder law Title 9 Section 6654.20, minimal
17	standards and regulations for SADs enables
18	programs to have the flexibility of design in
19	order to meet specific emerging community needs;
20	therefore, NYSADSA is especially supportive of the
21	proposed Intro 1052's mandate that all programs
22	operate according to the New York State
23	regulations. Thank you again. In the current
24	environment, and with the rapid expansion of SADs
25	programs, we also support the registry that the

1	COMMITTEE ON HEALTH 54
2	Intro 1052 establishes. We believe it will not
3	only be a necessary first step in a broader
4	oversight plan, but that it will also facilitate
5	referrals to well run programs throughout the
6	city. The registry will ensure that no program
7	will operate beneath the radar and at the same
8	time will support the flexibility of current
9	regulations. NYSADSA also thinks that this will
10	work well in tandem with the Savino Millman
11	[phonetic] bill that has already passed the State
12	Assembly and is currently being considered by the
13	Senate. This bill prohibits the use of the term
14	social adult day services and social adult daycare
15	if programs do not meet the definitions in the
16	statute. NYSADSA however respectfully recommends
17	to the City Council that in the end oversight of
18	all programs operating in New York State should
19	come from the State Office for the Aging. The
20	Savino Millman bill will establish that, and we
21	are concerned that within the Department of Health
22	Mental Health there is a leaning in the direction
23	of medical models that might result in
24	medicalizing [phonetic] social adult day programs
25	or possibility creating a layer of burdensome

1	COMMITTEE ON HEALTH 55
2	requirements that are not consistent with the
3	intentions of New York State social model
4	regulations. Last year, the governor sage
5	commission issued their final report and noted
6	that as a result of the overarching medical model
7	of the Department of Health in related federal law
8	and guidance programs that are administered by the
9	Department of Health are generally far more
10	expensive and in many cases less attractive to the
11	older New Yorkers who need the services than
12	comparable programs offered under the authority of
13	the Office for the Aging. We think that there is
14	a parallel consideration to be taken when we look
15	at oversight through NYC DOH and Mental Health.
16	We do support the core concept of penalties for
17	non-compliance because we think that stiff
18	penalties will eliminate programs that do not meet
19	the regulations; however, at the same time we
20	caution that program audits must be consistent
21	with the New York State regulations and not
22	overstep those requirements and jeopardize
23	longstanding community based programs that may be
24	unfamiliar with formalized program audits and may
25	or may not have Medicaid or other government

1	COMMITTEE ON HEALTH 56
2	funding of any kind. We think it would be a
3	disservice to everyone if the reaction to what the
4	press calls pop ups results in a very burdensome
5	process that is costly for programs that already
6	operate on very tight budgets. Finally, in the
7	same way we agree that the New York City
8	Department for the Aging would be the appropriate
9	place for an ombudsman if the New York State
10	Office for the Aging is not given statewide
11	oversight for all programs. In closing, I want to
12	state again NYSADSA's core principles related to
13	the operation of social model adult day services.
14	Number one, that all SADs programs regardless of
15	funding source should operate according to elder
16	law Title 9, new York State Regulations. Number
17	two, that a mechanism for consistent statewide
18	oversight must be established and Intro 1052 may
19	take us closer to that goal, and number three,
20	programs that inappropriately determine
21	participant eligibility or do not deliver all SADs
22	core services or meet the administrative standards
23	of New York State regulations should feel the
24	effect of enforcement oversight and action up to
25	and including forced closure. NYSADSAand I say

1	COMMITTEE ON HEALTH 57
2	this eagerlystands ready to assist the New York
3	City Council and all other government bodies in
4	their role of ensuring that both public and
5	private funds are utilized to the best advantage
6	of our aging population. We thank you for seizing
7	the moment to work to ensure that only high
8	quality SADs programs operate in New York City and
9	beyond. Thank you.
10	CATHY FITZGIBBONS: Good afternoon.
11	My name is Cathy Fitzgibbons. I am senior policy
12	analyst for elderly welfare from the Federation of
13	Protestant Welfare Agencies. We are doing
14	testimony on behalf of FPWA, the Council on Senior
15	Centers and Services, the Human Services Council.
16	UJA Federation of New York and United Neighborhood
17	Houses. Together we represent hundreds of
18	agencies providing social services to thousands of
19	New Yorkers in all five boroughs. We share a
20	particular concern for the elderly and have
21	advocated for social adult say services for many
22	years. we would like to thank Council Member
23	Lappin, Council Member Arroyo, and all of the
24	Council Members here today for your work on social
25	adult day services and for holding this important

1	COMMITTEE ON HEALTH 58
2	hearing. We appreciate the opportunity to testify
3	on Intro 1052. First though we would like to
4	thank the City Council for restoring 400,000
5	dollars in funding for SADs programs in the FY
6	2012-2013 budget. We hope these funds remain in
7	the Department for the Aging budget and are
8	increased to 2.3 million to further support
9	existing or new social adult day service programs.
10	This funding stream allows seniors who are not
11	eligible for Medicaid, but do not have the
12	financial means to pay out of pocket to access
13	social adult day services. it also helps greatly
14	their family caregivers. I will now turn it over
15	to my colleagues, Bobbie Sackman and Cara
16	Berkowitz to talk about our specific thoughts and
17	recommendations on Intro 1052 for our SADs system.
18	BOBBIE SACKMAN: Hi. Good
19	afternoon. My name is Bobbie Sackman, Director of
20	Public Policy with the Council of Senior Centers
21	and Services. I also want to join in with what
22	everyone else has said. Our job as advocates is
23	to complain about things going on and so to have
24	City Council respond is very gratifying, so I do
25	want to start with that because this problem is

1	COMMITTEE ON HEALTH 59
2	not going away, and I suspect will get worse
3	before we possibly see the end of it. So I wanted
4	to go throughyou will see that there is some
5	recommendations, and Cara and I are going to go
6	through those. I do want to say as they all have
7	said that we want to use SOFA's regulations as the
8	basis of what gets used to measure and to have
9	oversight of adult day programs. I also want to
10	add though that we are pleased that Intro 1052
11	does not support the licensure of social adult day
12	services and we are concerned that licensing
13	requirements would jeopardize the viability of
14	these programs, and I know that there is some
15	discussion with the folks from City Hall and DOH,
16	and I think sometimes it skirts that because I
17	don't know under the childcare world. I know
18	there is licensure, and we don't want to put good
19	programs out of business which they could because
20	they don't have the infrastructure for as much
21	licensure. In terms of the oversight by DOHMH and
22	as I think Betsy was also saying that we need more
23	clarification in terms of not only the fear or the
24	concern of medicalizing, but how it would work
25	from the viewpoint of a provider. Are you going

1	COMMITTEE ON HEALTH 60
2	to have oversight by the Department for the Aging
3	and DOH? Will you have more than one site visit,
4	and then you will see the next one has to do with
5	the impact on the vendex, which you know is what
6	providers live by because they get very nervous
7	obviously if they don't have a good vendex rating
8	for their organization. so some of it has to do
9	with how would the responsibilities be divvied up
10	so it doesn't become burdensome and then the next
11	one was also number three about the concern about
12	medicalizing social adult day. There actually is
13	section 17-502b gives authority to the DOHMH
14	Commission to "establish additional requirements
15	for social adult daycare programs operating under
16	this chapter." I don't know if that would lead to
17	allowing for additional regulation or not, so I am
18	just raising that question, and I think it is just
19	something to get talked about but we actually
20	would look at it from the opposite as it says it
21	is to build protection against moving towards a
22	more medical model and to keep the social model
23	intact, and then in terms of Medicaid funding and
24	social adult daycare how would Medicaid funded
25	programs be monitoredwell, that is what I just

1	COMMITTEE ON HEALTH 61
2	said. Will they both havewill there be a
3	delineation in terms of what their roles are and
4	their oversight, so we don't sort of drive the
5	agencies crazy and we get them to do their jobs.
6	CARA BERKOWITZ: Thank you. My
7	name is Cara Berkowitz. I am the director of city
8	and federal affairs at UJA Federation of New York.
9	This was already covered a little bit, but we also
10	want to talk again about how the city could handle
11	and regulate social adult day centers. The first
12	one on our list is financial penalties. While
13	imposing these penalties makes sense, it isn't
14	clear per the testimony from the city whether DFTA
15	or DOHMH would be responsible for the audits. We
16	would also like to know beyond that what is the
17	threshold for non-compliance that will trigger
18	financial penalties? We think that is really
19	important to know so these programs can be
20	properly regulated. Next, we recommend that DFTA
21	have an ombudsman role . we are pleased that DFTA
22	will be given authority to play this role, but we
23	are concerned about as the city already said,
24	financial and staffing resources required of them
25	to carry this out adequately. Clarification is

1	COMMITTEE ON HEALTH 62
2	also needed of the section of the health code
3	talking about making recommendations to the DOHMH
4	commissioner about improving social daycare
5	programs. There is a lot of concern as we heard
б	about quality, and we are concerned about that,
7	and also regardless of which agency takes it on
8	about people having a direct portal at the city
9	level if there is a concern to be able to address
10	it adequately and not having it as Bobbie would
11	say fall into a black hole. Finally nutritional
12	regulation. We recommend that language be
13	included, which would require all social adult day
14	services comply with DFTA nutritional regulations
15	for all meals served at the program. we think
16	this is another big step to ensuring quality and
17	making sure that these programs are serving
18	seniors appropriately. So we also do support the
19	role of DFTA to house a registry for all social
20	adult day programs so we can adequately know what
21	is happening in the city. We believe this
22	registry would be a good resource for those
23	seeking these services and for simply keeping
24	track of them as well. So in conclusion, we
25	believe that these programs have been proven to be

1	COMMITTEE ON HEALTH 63
2	a sound investment in the lives of older adults
3	and their care givers and it is imperative to
4	continue supporting and adequately funding these
5	programs. We believe that the city legislation
6	would help protect vulnerable older adults and
7	their families who depend on these services. we
8	hope you would consider incorporating our concerns
9	and suggestions into the final version of Intro
10	1052. Thank you very much for the opportunity to
11	testify.
12	CHRISTOPHER NADEAU: My name is
13	Christopher
14	CHAIRPERSON ARROYO: [interposing]
15	Christopher, I am sorry. We have been joined by
16	Council Member Foster, Council Member Lappin.
17	Thank you for being here.
18	CHRISTOPHER NADEAU: I am departing
19	from my colleagues. Normally I wear the New York
20	State Adult Day Services Day Association hat among
21	others as vice president of the board, but I am
22	really speaking today as a provider, as the
23	executive director of New York Memory Center.
24	Prior to my leadership when I took over six years
25	ago, the organization name was Park Slope

1	COMMITTEE ON HEALTH 64
2	Geriatric Day Center. We were the first city
3	Department for the Aging funded social model day
4	program. So my perspective is a little bit
5	different than my colleagues speaking as a
6	provider, but I think there is definitely three
7	things that we can agree on, and that is that is a
8	better system of oversight is needed for social
9	adult day that the state minimal standards and
10	regulations for social adult day should be
11	enforced, should be the vehicle to enforce that,
12	and that social adult day stands as the least
13	expensive community based service to tax payers
14	that allows vulnerable adults to remain vibrant
15	members of our community while avoiding
16	unnecessary institutionalization. If we project
17	that 7 to 8,000 older adults will be serviced
18	within 200 social adult day centers in New York
19	City within the next year and if they all meet the
20	minimum standards of care, we are talking about a
21	total gross revenue to Medicaid managed long term
22	care plans of approximately 364 million dollars.
23	Under current rules and regulations each of the
24	over 20 Medicaid managed long term care plans in
25	New York City is a required to provide separate

1	COMMITTEE ON HEALTH 65
2	oversight, ensure the quality of care provided
3	under the SOFA minimum standards, and since my
4	center is contracted with approximately 12 plans
5	that would require me to make myself and my staff
б	available for oversight by each of these providers
7	including my state Office for the Aging contract,
8	which is another oversight. And each plan would
9	need to hire staff, train them, supervise them,
10	develop internal policies and procedures for
11	oversight and monitoring and create a system of
12	enforcement. If you are beginning to feel
13	exhausted, so am I. there is another way, it is
14	not licensing, it is certification. Of the
15	hundreds of millions of dollars Medicaid is
16	spending in New York City if we dedicated only a
17	small fraction of that to certified social model
18	day programs Medicaid funded or not we can provide
19	for less time consuming less intrusive and less
20	costly way to provide oversight to ensure quality.
21	It is estimated that approximately five million
22	dollars would cover the cost of providing a
23	statewide system of certification for social model
24	day programs. Keep in mind that other community
25	based long term care services in New York State

1	COMMITTEE ON HEALTH 66
2	require some form of licensing or certification
3	whether it's adult day healthcare, personal care,
4	home care, and the question is what makes social
5	adult daycare any different? We provide feeding,
6	toileting, assistance with ambulation,
7	socialization, counseling, nutrition and other
8	services. I think now is the time to act and we
9	should accept responsibility for this call to
10	action to do it right, to not professionalize this
11	service through a quality and efficient oversight
12	system would be a decision to continue to
13	marginalize the importance of this critical
14	service. There is many different ways we can
15	structure this, and I don't want to go into that.
16	Maybe we can start a conversation, but we can do
17	it cost effectively. We do need to keep in mind
18	that social adult day service programs are small
19	by nature, they are specialized and structured
20	with very little ability to bear the cost of
21	certification. Senate bill 5397 and Millman's
22	bill 7736 being read forwell, passed in the
23	Assembly is encouraging that there is a provision
24	in the bill requiring the director of the state
25	Office for the Aging to study and report on

1	COMMITTEE ON HEALTH 67
2	projected costs and benefits and establishing
3	uniform standards and requirements and regulations
4	and the provider report by the end of the calendar
5	year. We need to look at best practices in other
6	states as it relates to ensuring quality standards
7	within social day centers are carefully consider
8	the options. Thank you.
9	CHAIRPERSON ARROYO: Thank you all
10	for your testimony, for your feedback. We really
11	do appreciate it, and that unlike the experience
12	that we have had with the administration has been
13	very readily available to us. So I thank you for
14	that. Christopher, you indicate at the end of
15	your testimony that we need to look at best
16	practices in other states as it relates to
17	ensuring quality standards for SADs. Do you have
18	examples of what states might have, a mechanism
19	that we can examine?
20	CHRISTOPHER NADEAU: I don't.
21	There is a state association for adult day, and we
22	can inquire in terms of what other states are
23	doing and try to get a sense of how other states
24	are providing oversight. I do know that there is
25	a federal bill in the House of Representatives

1	COMMITTEE ON HEALTH 68
2	where they are considering reimbursement for adult
3	day services under Medicare and every year it gets
4	more sponsors and it doesn't pass, but I know
5	having met with colleagues in other states that a
6	lot of the other states moved towards either
7	licensing or certification so that should that
8	ever pass Congress that they would have access to
9	Medicare dollars.
10	CHAIRPERSON ARROYO: On the panel
11	you are the only provider?
12	CHRISTOPHER NADEAU: I am the only
13	provider, yes.
14	CHAIRPERSON ARROYO: Okay. so I am
15	going to go back and forth between the advocates.
16	CHRISTOPHER NADEAU: Oh, I am
17	sorry. Betsy is a provider as well. I apologize.
18	ELIZABETH GEARY: I am a provider,
19	but not New York City.
20	CHAIRPERSON ARROYO: So on the
21	provider end, do youI think you are now
22	currently dealing with the mandate of the state
23	regulations given that you are both providing
24	services under state funded programs. What is
25	your experience regarding how that impacts your

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1	COMMITTEE ON HEALTH 70
2	of light that keeps us on track from year to year
3	so that we stay within those boundaries and exceed
4	those boundaries. They are minimum standards, but
5	it has served the state well for many, many years.
6	ELIZABETH GEARY: I would like to
7	go back to the state issues. I believe it is
8	Wisconsin a couple of years ago we did look at all
9	of those comparisons, and I believe it is the
10	state of Wisconsin where programs are certified
11	initially, and then the state agency or whatever
12	oversight body there would be goes out only if a
13	complaint is registered. It works on the basis of
14	there is an initial certification, and then there
15	is an annual paper review where the documents have
16	to be submitted and they are reviewed in the state
17	office, and then if there is a complaint, an
18	investigator goes out, so I don't know if that is
19	helpful to the conversation.
20	CHAIRPERSON ARROYO: On the
21	advocate front, and maybe the providers as well,
22	have you noticed any drop off in the attendance of
23	the senior centers that are operating in the city
24	given what is happening?
25	BOBBIE SACKMAN: Yeah, I don't know

1	COMMITTEE ON HEALTH 71
2	if she is testifying today, but we have a senior
3	center director here from Brooklyn, who has
4	actually been on the forefront of a lot of this.
5	Yes. What is still happening is that somebody
6	calling themselves an adult day program will
7	literally take seniors from a senior center
8	whether it is through aggressive advertising, a
9	site that might look nicer, he I will give you 50
10	or 100 dollars, if you bring your friend over, and
11	so we have no reason to believe that that has
12	stopped. So it impacts theeverything has a
13	ripple effect, so it impacts how many people are
14	coming to your senior center, which not only just
15	hurts the environment of the center itself, but
16	then you are not going to meet your DFTA numbers.
17	You don't serve the same number of meals, they
18	don't come to your classes. So again, everything
19	hasand it is not for anything wrong that a
20	senior center has done, and so yes, this still
21	exists. What I haven't quite figured out about
22	all of this and how it is going to shake out is I
23	don't know and maybe 'cause you have more of a
24	state wide view than I do and national, I don't
25	know how anyone makes a profit out of adult day

1	COMMITTEE ON HEALTH 72
2	and I mean that seriously 'cause it is only
3	supposed to be 20 people or 15 people that you
4	serve in a day, so maybe a little bit more if you
5	have a morning and an afternoon for example. It
6	is not a senior center, which is what these folks
7	think it is where you can ring in 200 people and
8	then maybe you do make a profit but that is not
9	legitimate, so I haven't quite figured out where
10	that profitable side is unless maybe you are a
11	chain. I just I don't quite get that, and what I
12	wanted to just reiterate which Cara raised from
13	our testimony
14	CHAIRPERSON ARROYO: I don't want
15	to read into what you are saying, so the fact that
16	they are popping up, and I am not sure that that
17	is the press' phrase.
18	[crosstalk]
19	CHAIRPERSON ARROYO: That so many
20	are operating. Obviously somebody is making a
21	profit otherwise they wouldn't be doing what they
22	are doing?
23	BOBBIE SACKMAN: [off mic]
24	CHRISTOPHER NADEAU: I am making a
25	profit. I am a charity though, a 501(c)3. When I
1	COMMITTEE ON HEALTH 73
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2	took over the agency six years ago I moved away
3	from government funding as much as possible given
4	the environment with the economy and our
5	relationship with the last commissioner.
6	Historically there has been cuts and unfunded
7	mandates with social adult day and then of course,
8	the city exited the field of social adult day and
9	now we are back in it, but most of our income was
10	from private pay clients on a sliding scale, and
11	then we made up the difference through foundation
12	funding and corporate funding. What you are
13	seeing now is you are seeing providers have
14	developed a business model around it much more
15	fine-tuned than what I have done, which is
16	realizing that once you reach a threshold of about
17	40 folks a day, you are generating income, and if
18	you have a morning and an afternoon shift program
19	then you are generating income off of that without
20	any other funding.
21	BOBBIE SACKMAN: What I was trying
22	to say and maybe I am not correct about this is I
23	was thinking of the Medicaid funded side, not the
24	private pay. If you are in a community and for

some reason you could have enough private pay

25

1	COMMITTEE ON HEALTH 74
2	folks, God bless you because that is not the
3	majority of the population or families out there
4	that can afford it. So I was wondering if you are
5	going to eventually try to get Medicaid funding
б	where the profit is if you are only going to serve
7	as you should a very small number of people, but
8	you know
9	[crosstalk]
10	CHAIRPERSON ARROYO: [interposing]
11	I just wanted to be clear, but I appreciate the
12	BOBBIE SACKMAN: [interposing] What
13	I was trying to get to is I think there is still
14	going to be a shake out where folks who thought
15	they were going to make a profit are going to
16	discover it is not the world that they thought
17	they were walking into.
18	CHAIRPERSON ARROYO: And then they
19	will close and then seniors are going to be left
20	dangling with no alternative or service to turn
21	to.
22	BOBBIE SACKMAN: Well, some might
23	have a local center to go back to.
24	[crosstalk]
25	CHAIRPERSON ARROYO: Assuming DFTA

1	COMMITTEE ON HEALTH 75
2	doesn't reduce the funding for those centers
3	because the seniors are not going so do we have a
4	sense of what the centers are experiencing as it
5	relates to lost participation
6	BOBBIE SACKMAN: Again, I don't
7	have the numbers, but what I can tell you, and
8	actually I think Councilwoman Chin has seen this I
9	know in her district and is here from
10	Brooklyn, Amico, they literally are watching
11	people walk out their doors, so it is happening.
12	CHAIRPERSON ARROYO: I know that
13	you as the Council of Senior Centers and Services
14	if you can help us get a handle on what our DFTA
15	funded centers are experience, and do we need to
16	prepare for one of the consequences being not
17	enough participation and then DFTA is going to
18	have to make decisions about the size of the
19	contract that providers are
20	BOBBIE SACKMAN: [interposing] I
21	will tell you what we might have to prepare for,
22	and I don't know if you wanted to say something.
23	I don't think centers are going to close
24	because of this, but if you don't spend all your
25	money you have accruals at the end of the year,

1	COMMITTEE ON HEALTH 76
2	and in the good old days, DFTA reinvested those
3	accruals within the system. DFTA now takes the
4	accruals and they go in the budget somewhere, so
5	it goes into other spending, and so DFTA and
6	probably other city agencies we are always losing
7	money because nobody spends 100 percent, some of
8	it because they get it so late in the fiscal year
9	as well. So my concern is losing money to the
10	system, the providers being calling out on their
11	vendex ratings by DFTA that you are not meeting
12	your numbers when they are caught up in this
13	situation. Did you want to add something?
14	FEMALE VOICE: I wanted to
15	reiterate the point. One is beyond the sheer loss
16	of people attending the centers I have heard in
17	our network that for people who are renting out
18	the space where they operate the senior centers
19	that someone else will come along and say to the
20	landlord we are so much more viable and
21	profitable, we will be. I think that is what we
22	are hearing, as Bobbie mentioned as speculation
23	about what will happen even though we can't figure
24	out how it would work, please at the end of your
25	lease terminate the current senior center and give

1	COMMITTEE ON HEALTH 77
2	it to us, so that is also, Domenic actually helped
3	avert a situation in Coney Island already where
4	this was going to happen, but I am sure there are
5	other places because we are hearing a lot that
6	people are being approached about taking over.
7	From my guess the for profit perspective it's
8	enticing because the population is already there.
9	It is already set up, so that is another concern
10	about these centers being taking over wholesale
11	and something that should be looked into.
12	CHAIRPERSON ARROYO: Council Member
13	Lappin?
14	CHAIRPERSON LAPPIN: I did have one
15	question for whomever on the panel wants to
16	address it. One council member who said to me
17	that they represent an area where there are not a
18	lot of DFTA funded senior centers, so isn't this a
19	great thing is there is a pop up that is then
20	serving a population that was in need even if they
21	are not cognitively impaired kind of who cares,
22	there is now a center and they need a center, and
23	so what is the response to that?
24	FEMALE VOICE: I just want to say
25	that eligibility is a key criteria for us to get a

1	COMMITTEE ON HEALTH 78
2	good handle on. In social model adult say, it is
3	very clear that the general senior center
4	population is not appropriate for a billable
5	service like social model adult day that they
б	either need to have a cognitive impairment or a
7	need for assistance with an activity of daily
8	living.
9	CHAIRPERSON LAPPIN: I understand
10	that is what is supposed to be happening, but you
11	know, it is not happened, and sort of in a sense
12	to play devil's advocate, so what is the harm if
13	this senior is getting a place to go and I think I
14	know the answer, but I want you to tell me.
15	BOBBIE SACKMAN: Give us 2.3
16	million dollars so we can open up more social
17	adult daycares, but also, and not being so
18	facetious what is so ironic about thisby the way
19	you said that Arc Fort Washington was the first
20	adult day program in the city I directed
21	that program in the 1980s, but I only point that
22	out that this service has been in the wilderness
23	for decades. We could never get anybody's
24	attention
25	[crosstalk]

1	COMMITTEE ON HEALTH 79
2	BOBBIE SACKMAN: There needs to be
3	more adult day.
4	CHAIRPERSON LAPPIN: But this is
5	not a population that needs a social adult day.
6	This is an argument that here is an able bodied
7	senior who wants to go to a senior center
8	BOBBIE SACKMAN: [interposing]
9	in their neighborhoods.
10	CHAIRPERSON LAPPIN: Right, but
11	there isn't one, and if we can access Medicaid
12	money to essentially create one, what is the harm?
13	BOBBIE SACKMAN: The harm is that
14	we are not using public dollars as precious as
15	they are properly and legally, and I would sit
16	here as an advocate saying we cannot defend the
17	improper use of public dollars.
18	CHAIRPERSON LAPPIN: I would agree,
19	and I would also ask.
20	[crosstalk]
21	CHAIRPERSON LAPPIN: In terms of
22	the individual isn't there a set number of
23	Medicaid hours that that individual is entitled
24	to?
25	CHRISTOPHER NADEAU: In a day

1	COMMITTEE ON HEALTH 80
2	program?
3	BOBBIE SACKMAN: In home care?
4	CHAIRPERSON LAPPIN: Well, if you
5	are accessingif I get enrolled, and I am an able
6	bodied senior in a program, a social adult daycare
7	mode, doesn't that count sort of towards my
8	individual Medicaid dollarsit is not unlimited
9	the amount of money the state will spend on me?
10	CHRISTOPHER NADEAU: So the plans
11	get 3800 dollars a month, and they then determine
12	the clinical needs in coalition with the
13	individual and the family and then determine the
14	care and how they are going to spend it together.
15	Some clients they will go over that 3800. Some
16	clients they will spend under. In terms of the
17	social day programs, they will contract with the
18	Medicaid managed long term care plan however they
19	agree upon. Some plans contract for four or five
20	hours a day, some go into the evening, and some
21	have weekend hours.
22	FEMALE VOICE: I think there might
23	also be a per day rate of reimbursement.
24	CHRISTOPHER NADEAU: Some have a
25	per day, some have a per hour.

1	COMMITTEE ON HEALTH 81
2	CHAIRPERSON ARROYO: So the
3	provider gets 3800 per member per month.
4	CHRISTOPHER NADEAU: The Medicaid
5	managed long term care plan.
6	CHAIRPERSON ARROYO: Right. Per
7	month.
8	CHRISTOPHER NADEAU: Per month.
9	Yes/
10	CHAIRPERSON ARROYO: We are doing
11	some quick math. I am not really good at it, but
12	that is a lot of money for an annualon an
13	annualized basis, Council Member Lappin's question
14	is regardless of the level of service and care of
15	the individual requires in this program for these
16	services it is technically unlimitedthe provider
17	is not going to get more than 3800 dollars per
18	month to provide the services to an individual.
19	So I can go to the social adult daycare seven days
20	a week or two days a week, so it really doesn't
21	address the amount of service units or what things
22	that I can do as a recipient.
23	CHRISTOPHER NADEAU: My past life
24	at Montefiore Hospital running a mental health
25	managed service organization where we contracted

1	COMMITTEE ON HEALTH 82
2	with sometimes you spend more than what you
3	are given to manage that population, and you hope
4	that some folks will need less care and you will
5	spend less and other folks will require more, so
6	you could conceivably spend way more than what you
7	are given from the state
8	CHAIRPERSON ARROYO: [interposing]
9	I am sorry, Council Member Lappin. But the issue
10	here for us is that who we see being enrolled in
11	these programs are individuals that are fairly
12	healthy and are able to take care of themselves
13	with no help. So if I am enrolling that type of
14	senior into my program, it is going to cost me
15	less to provide the services to that individual,
16	so there is the profit. If I am enrolling the
17	healthy people
18	BOBBIE SACKMAN: [interposing]
19	Legitimately.
20	CHAIRPERSON ARROYO: Well, but I
21	think the issue here is who is being enrolled or
22	individuals that do not require social adult
23	daycare services, so if it is a healthier senior
24	the provider technically is spending less on the
25	service provided to that individual.

1	COMMITTEE ON HEALTH 83
2	BOBBIE SACKMAN: If I could just
3	respond for a moment. I think one of the other
4	things this state moved towards after that New
5	York Times article that this really happened
6	is they came out and they said that social daycare
7	cannot be the primary treatment. In other words,
8	you really have to be a homecare client, and what
9	is going to happen under Medicaid managed care as
10	we all know is they are simply going to cut the
11	hours that people are going to be able to get
12	certainly moving forward if not the current
13	clients, and so one of the waysand it might be
14	totally appropriate. I am not saying it is all
15	bad. Might be that somebody participates in adult
16	day because maybe they are not getting as many
17	homecaremaybe they didn't need as many homecare
18	hours. It is an alternative, but it can't be the
19	primary so I think what we are beginning to see is
20	how this is going to bump up against this whole
21	Medicaid redesign, which I don't think has shaken
22	out yet. I think the next whatever year or two
23	when we see what happens to the level of service
24	people get, not just adult day, but homecare
25	especially, I think a lot of this is going to

1	COMMITTEE ON HEALTH 84
2	shake out more. But right now, what was happening
3	I guess is that people were using adult day as the
4	primary walk through my door, and you will become
5	my member of my MLTC, and I think that was one of
6	the first things the state sort of came down on.
7	CATHY FITZGIBBONS: I think also
8	because one thing we are really really concerned
9	about at FPWA is there is going to be such a rapid
10	growth of the Alzheimer's population within the
11	coming years and these sorts of programs are just
12	vital, social adult day are vital programs for
13	that population and they are so we are just
14	looking at it as we need as many of these good
15	programs around for the future.
16	BOBBIE SACKMAN: Out of the 200, 50
17	or 100 of them turn out to be legitimate, it is
18	wonderful. It is a good thing.
19	CHAIRPERSON ARROYO: Council Member
20	Brewer followed by Council Member Chin.
21	COUNCIL MEMBER BREWER: I just had
22	a question about the services because my
23	understanding is in some of the more questionable
24	programs, not the great ones that you described,
25	people are being tested for high blood pressure

1	COMMITTEE ON HEALTH 85
2	and so on much more frequently than any human
3	being would need for obvious reasons, so couldn't
4	one of the reviews be the kinds of services that
5	you get for your 3800 dollars? I am just wondering
6	if that is the way to look at some of these
7	things. What are you getting for your
8	FEMALE VOICE: Who is the
9	appropriate person and are they getting the
10	appropriate services.
11	COUNCIL MEMBER BREWER: Is that
12	something that is already done or is that
13	something that should be done? I am asking in
14	terms of these centers.
15	FEMALE VOICE: I think it is part
16	of what will be a monitoring process and that
17	monitoring is currently assigned to the MLTCs, the
18	Medicaid managed long term care, and what they are
19	basically charged with doing is in terms of the
20	services verifying that four core services are
21	indeed being provided to every individual based on
22	an individualized care plan, so those four core
23	services include assistance with activities of
24	daily living, and that is one of the places where
25	it is ambiguous in terms of eligibility whether

1	COMMITTEE ON HEALTH 86
2	people have been going to social model instead of
3	senior centers because of the lack of senior
4	centers in the neighborhood because of the
5	aggressive marketing, et cetera, et cetera, et
6	cetera.
7	COUNCIL MEMBER BREWER: That needs
8	to be clarified on the State level.
9	FEMALE VOICE: One of them, I know
10	that DOH at the state level is absolutely
11	qualifying eligibility and I think that there is
12	an aggressive inspection of social model programs
13	going on as well as MMLTCs to just look at that
14	eligibility criteria, but there are four core
15	servicesassistance with activities of daily
16	living, nutrition, supervision and monitoring.
17	Excuse me.
18	COUNCIL MEMBER BREWER: So
19	obviously one could determine from the state level
20	that you are getting too much or you are not
21	getting the kinds of services that you need
22	because obviously I just think there is a lot of
23	overbilling going. That is what I am understand.
24	FEMALE VOICE: They are not billing
25	on a per service basis. They are billing on a

1	COMMITTEE ON HEALTH 87
2	daily basis or an hourly basis.
3	COUNCIL MEMBER BREWER: The city
4	says they can't find them all, but why can't the
5	state?
6	FEMALE VOICE: Because there hasn't
7	been a registry.
8	COUNCIL MEMBER BREWER: I know, but
9	someone is billing for some
10	[crosstalk]
11	COUNCIL MEMBER BREWER: Are they
12	billing from the clouds?
13	[crosstalk]
14	CHRISTOPHER NADEAU: The state can
15	ask the plans who they are contracted with and we
16	can get a master list of all of the day programs.
17	BOBBIE SACKMAN: I think again that
18	is why it can't be left up to providers,
19	advocates, council members to say okay, here is my
20	latest five pop ups I have heard about. It needs
21	to be a
22	COUNCIL MEMBER BREWER: Yeah, that
23	is why I was asking if it is traceable. My other
24	question is similar. These are all for profits I
25	assume for the best of your knowledge. We don't

1	COMMITTEE ON HEALTH 88
2	know?
3	FEMALE VOICE: I don't know but I
4	do know that during the training sessions that we
5	held with the Department for the Aging both city
6	and state that there were not for profits from
7	diverse communities across New York City who
8	participated in those trainings. For many of them
9	they were not yet up and running, but they were
10	interested in understanding the regulations. That
11	said, the majority are definitely for profit.
12	COUNCIL MEMBER BREWER: And so is
13	it I know this may be an out of turn question but
14	is it possible to state that everybody has to be a
15	non-profit or that is not kosher?
16	CHRISTOPHER NADEAU: I will just
17	speak as a provider. I visited a few new programs
18	that are for profit, and some of these centers not
19	only what they have designed clinically in terms
20	of meeting the SOFA standards, but the centers
21	that they have designedand I have only visited a
22	few, the few that I have visited were incredibly
23	impressive programs for the community, and what is
24	interesting is what is happening is is that we are
25	serving underserved populations now that we have

1	COMMITTEE ON HEALTH 89
2	never servedwell, not that we have never served
3	beforethat have been underserved. So the
4	Hispanic, Latino community, the Asian American
5	community. We are seeing those folks fitting and
6	trying to meet those needs, so I would say for
7	profit or not certainly there are folks that are
8	designing some good programs.
9	COUNCIL MEMBER BREWER: Okay, I
10	appreciate it. And then finally. I obviously
11	know project pilot and I have been there many
12	times, and that is one example of how to do it
13	right, and I think Nancy Harvey does an amazing
14	job, but again, could it just be the state because
15	I know somebody mentioned earlier, we don't want
16	an oversight situation that makes it burdensome,
17	but you wanted oversight. What do you think it
18	should belike you said the state doing it, and
19	how would that communicate to the city if you
20	think that that would be the appropriate level?
21	These are hard questions. I don't know the
22	answer.
23	FEMALE VOICE: I am not sure an
24	answer about how it would be communicated.
25	[crosstalk]

1	COMMITTEE ON HEALTH 90
2	FEMALE VOICE:the state is
3	sharing its monitoring tool if a program is funded
4	by New York State. They are sharing their
5	monitoring tool with the
6	COUNCIL MEMBER BREWER: City
7	agencies?
8	FEMALE VOICE: Medicaid managed
9	long term care, who are then supposed to certify
10	that their programs are in compliance with the
11	•
12	COUNCIL MEMBER BREWER: I am just
13	asking because the world is siloed [phonetic]
14	often, and I am trying to make sure that this
15	isn't one more example.
16	FEMALE VOICE: Yeah, and a couple
17	of the things that Bobbie and I were talking about
18	as the commissioners were up here talking was it
19	is important in the city to have a point person,
20	the ombudsman role is perfect for that as well as
21	some registry. Those are the two keys that at a
22	minimum we should have going on in the city right
23	now.
24	COUNCIL MEMBER BREWER: Okay. I am
25	always nervous about siloes. Thank you very much.

1	COMMITTEE ON HEALTH 91
2	FEMALE VOICE: If I might add
3	'cause Bobbie brought it to my attention to put it
4	on the record that the New York State Department
5	of Health now has in the contract for all MMLTCs
б	that the MMLTC must certify that the programs that
7	they are contracting with are following the New
8	York State regulations. That only got put in so a
9	lot of people came in ahead of time, and now it is
10	being cleaned up.
11	CHRISTOPHER NADEAU: I would just
12	add so imagine having 15 different contracts,
13	running a center, providing caregiver support
14	services and all of this and then being visited by
15	15 different oversights
16	COUNCIL MEMBER BREWER:
17	[interposing] I don't want that. I am just trying
18	to think of how exactly'cause the restaurants
19	experience that, and you don't want it in the non-
20	profit sector too. Thank you.
21	CHAIRPERSON ARROYO: Thank you,
22	Council Member. We were joined by Council Member
23	Eugene, and now Council Member Chin?
24	COUNCIL MEMBER CHIN: Thank you. I
25	think that so far I mean from lately when the

1	COMMITTEE ON HEALTH 92
2	state mandated MLTC kind of takes more
3	responsibility and I think we are seeing some
4	changes with some of the providers, I mean the
5	better ones are actuallyI think some of them are
6	very happy there are some regulations, so that
7	they can at leastpeople can tell the difference.
8	Which one is better? Which one is good? Which one
9	is not? And I think that even the seniors
10	themselves the one that came to my office to
11	complain are the ones that go to these and
12	they know the meals is not good because they
13	contracted with a restaurant. They just go and
14	buy some orders, and then they just serve it. So
15	the seniors themselves are also checking out these
16	places and reporting to us, but I agree with you
17	that we have got to do something in terms of the
18	registration so that at least we know who they are
19	and some of these places are providing services
20	where we don't have it in some communities or in
21	some neighborhoods, and some of the centers that I
22	visited you do see a very small population of the
23	ones that maybe are disabled, and they have
24	special therapists there working with them, but a
25	larger sector of it is actually seniors who should

1	COMMITTEE ON HEALTH 93
2	be going to senior centers, and they are quite
3	happy there, and what they are telling me is that
4	well, this is long term healthcare prevention.
5	They come out and they are active, they are going
6	to be healthier. But I think what is missing in
7	this social adult daycare program that is still
8	not serving the vulnerably population that it was
9	meant to service because these social adult
10	programs are not advertising in the newspaper that
11	they have a special program for people with
12	Alzheimer's or people who need physical therapy or
13	have difficulty walking or whatever. They are not
14	advertising that, and I think that is what needs
15	to change. I mean the most vulnerable population
16	needs the service and they should be getting it,
17	and they are not.
18	FEMALE VOICE: It is a very thin
19	line between marketing and outreach, and so what
20	we call outreach they would probably call
21	marketing and again, I think you are right. At
22	the end of the day this is sort of the special ed
23	of aging services. it is meant to be small. It
24	is meant to have a certain level of care and
25	certain kinds of activities because you are

1	COMMITTEE ON HEALTH 94
2	dealing with either people with dementia or
3	perhaps physical disabilities.
4	FEMALE VOICE: I just wanted to say
5	that I had run a social adult day in New Jersey
6	years ago as a part of my home healthcare agency,
7	and we advertised pretty much according to what
8	the NYSOFA regulations state that our clients were
9	functionally or cognitively impaired, in the
10	latter stages of Alzheimer's. These programs can
11	and should be doing that.
12	COUNCIL MEMBER CHIN: they are
13	advertising the program. you can come and play
14	mahjong and you can play certain sports and get a
15	good lunch. They are not advertising on the
16	special needs, and I think that hopefully, with
17	more regulation from the state that some of these
18	programs can really meet the needs of the
19	vulnerable population, and you know, they could
20	have some regular seniors there too, but the bulk
21	of the people they should be really helping are
22	the ones that really need the help.
23	FEMALE VOICE: I think that is also
24	the answer to Jessica's question about is it
25	should social adult day programs cater to everyone

1	COMMITTEE ON HEALTH 95
2	if there is a need, and I think what you are
3	saying is important because if you can make money
4	off clients that don't have a need because they
5	are healthy it is a huge disincentive to recruit
6	and do outreach with the vulnerable population.
7	So I think it is really beyond that it is
8	fraudulent not to be serving the population that
9	you are supposed to, I think that is a real issue.
10	Why take the sickest and most vulnerable if you
11	can take the healthiest, if you are looking at it
12	from a pure profit perspective? So we agree with
13	you.
14	CHAIRPERSON ARROYO: We can talk to
15	you the rest of the afternoon, but we cannot. So
16	I want to thank you for your testimony. Thank you
17	for your collaboration and certainly we will keep
18	you in the loop on changes of language and ideas
19	and factors that you have pointed out. We thank
20	you for that input. I am going to call up, Sandra
21	Christian [phonetic], Ridgewood Bushwick Senior
22	Citizen Council, Dr. Joan Pastore [phonetic],
23	Amico, David Horne [phonetic], also from Amico,
24	Peter Miuy [phonetic], also from Amico and Joseph
25	San [phonetic]. Make your way up. I hear you

1	COMMITTEE ON HEALTH 96
2	have some stories to tell us. Just pull a chair
3	up close and that's good. Welcome. Identify
4	yourselves for the record, and you may follow
5	whichever order you think fits best.
6	SANDRA CHRISTIAN: Hi. Sandra
7	Christian, Ridgewood Bushwick Senior Citizen
8	Council. Thank you, Council Members, for bringing
9	up this legislation and whether we get it from the
10	state or the city, the need is there. I am not
11	going to reiterate. I actually wasn't going to
12	testify, but when you had some questions about
13	numbers of senior centers, I thought I would also
14	bring that up. I think that the key in whatever
15	we look at is going to be functional status and
16	how that is evaluated and whoever is doing that,
17	that is the key. Just today, I was talking to a
18	couple of the senior centers. One of the centers
19	has a large group of Filipino clients that come
20	every day. Today five to ten of those clients
21	came for breakfast, walked across the street where
22	a new pop up is now picking people up at Wyckoff
23	Hospital, and took them transportation to the
24	center where they go out to a restaurant or the
25	get meals delivered in. They have about five

1	COMMITTEE ON HEALTH 97
2	large screen TVs that will go to a station of
3	their language, so Filipino station, Armenian
4	station, and that is the services they get, and
5	they get nail salons and hair salons. These
6	people are functional. They can go to the center
7	every day. They might need assistance with
8	mobility minor with a cane, but not by person, and
9	I think if the piece about housekeeping is not
10	something that someone could mandatory enroll that
11	will be good. I think the question on the MLTC
12	site is serious in looking at these programs
13	because that is the key the functionability
14	[phonetic]. They go in, they just have to give a
15	Medicaid card. They are being enrolled in
16	programs. They don't know what program they are
17	being enrolled in. they are targeting minority
18	communities, Medicaid minority communities and
19	that is who they want. They can go to a senior
20	center, and they do. I have one client who has
21	gone to a program, they are open Saturdays and
22	Sundays. She has been told she can come Saturdays
23	and Sundays to social adult day. She goes five
24	days a week all day, breakfast, bingo, lunch at
25	her regular center that she has been going to for

1	COMMITTEE ON HEALTH 98
2	ten years. Walks with a cane, lives in the
3	community, ambulates, has no homecare need, and
4	the need for unmanaged long term care 120 days of
5	long term care should be the standard, and it is
6	going to be who is monitoring them. There are
7	some changes I think after the VNS [phonetic]
8	outcry in the paper. People that are contracting
9	them are being looked at more seriously, and there
10	may be change, but at one of my centerswe
11	actually were serving over our numbers and put in
12	an increase in our most recent DFTA contract, got
13	that increase with the new contracts. We are now
14	down to 85 percent largely because of the pop ups
15	in the community. So I just thought I would add
16	that in.
17	FEMALE VOICE: [off mic]
18	CHAIRPERSON ARROYO: Introduce
19	yourself as you begin your testimony. You do it,
20	then he does it, like that.
21	DR. JOAN PASTORE: My name is Dr.
22	Joan Pastore and I am the director of Amico Senior
23	Center located on the borough park borders of
24	Dyker Heights community and Bensonhurst in
25	southern Brooklyn. I also serve as a clinical

1	COMMITTEE ON HEALTH 99
2	assistant professor at Stonybrook University and I
3	am a field instructor for NYU School of Social
4	Work. To my right is Colonel U.S. Army retired
5	Joe San, who is president of the Amico Advisory
6	Board. Next to him is Peter Miuy, also a member
7	of the Amico Advisory Board and a retired
8	businessman in the Dyker Heights community and
9	David Horne, who is a graduate student at NYU and
10	both Peter and David gathered a lot of the
11	information that I am going to president here to
12	you today. In the community where Amico Senior
13	Center is located there is approximately or at
14	least I should say 30 to 40 pop up centers that
15	have opened up since last July when the new
16	managed long term care policies went into effect.
17	We do acknowledge that these policies were very
18	well intentioned to help the frail elderly stay in
19	their homes and communities, and we applaud the
20	governor for addressing the long term needs of the
21	elderly. Unfortunately, today we are seeing the
22	results and damage that has taken place because of
23	a new system that was set up with great
24	intentions, but left unregulated. These social
25	adult daycare centers that were supposed to

1	COMMITTEE ON HEALTH 100
2	provide services to the functionally impaired
3	older adults have instead chosen to aggressively
4	recruit the well elderly out of the New York City
5	Department for the Aging senior centers no doubt
6	for a higher profit through Medicaid
7	reimbursement. These centers are not providing
8	support services for the frail population, but
9	rather providing a non-supervised recreational
10	facility for the well elderly. As a result, we
11	now have many frail older adults still being
12	ignored possibly neglected while the well elderly
13	who could easily go to a DFTA center are going to
14	social adult daycare centers at the cost of 3800
15	dollars per month of Medicaid dollars. These pop
16	up centers are commonly and openly referred to in
17	my community as cash cows and gold mines by local
18	business owners. These practices of unregulated
19	social adult daycare centers has also caused much
20	damage to the Department for the Aging senior
21	center community. At Amico, there has been a 17
22	percent reduction in overall daily attendance.
23	Other senior center directors in southern Brooklyn
24	report even larger percentages of members lost due
25	to the introduction of social adult daycare in the

1	COMMITTEE ON HEALTH 101
2	community. This phenomenon of a lower
3	participation rate of the well elderly can be seen
4	in all New York City Department for the Aging
5	Centers where this influx of pop up centers has
6	occurred. Newer poor immigrant groups who have
7	Medicaid seem to be especially targeted through
8	aggressive and exploitive marketing techniques
9	that include cash incentives for joining,
10	additional cash payments for bringing in new
11	members and gift certificates for regular
12	attendance at the social adult daycare centers.
13	This practice of recruiting newer immigrant groups
14	with Medicaid has also set up a climate of
15	resentment between newer immigrant groups and more
16	longtime citizens who feel new immigrants are
17	taking precious resources away from them. Because
18	of the daily and countless number of complaints
19	which Amico received we started looking into these
20	centers and collecting information to report these
21	pop up centers to local and state agencies, which
22	we thought would have oversight responsibility.
23	We soon learned that there were no agencies
24	whether city or state that had oversight
25	responsibility to these centers, nor were there

1	COMMITTEE ON HEALTH 102
2	any regulations in place to oversee these
3	facilities. Many times these facilities seem to
4	have left no paper trail even to locate except for
5	their numerous advertisements in ethnic newspapers
6	and flyers which most times were written in
7	languages other than English. Having exhausted
8	all other options, we turned to the New York State
9	Attorney General's Medicaid Fraud Division who
10	initially ran into similar obstacles. Today we
11	are grateful to the New York City Council and
12	applaud your efforts to introduce and pass
13	legislation that will regulate pop up social adult
14	daycare centers. It is our hope that with the
15	passage and implementation of this legislation
16	that these fraudulent centers will either be
17	forced to provide the right services to the right
18	population or cease to exist. After reviewing the
19	proposed legislation and guidelines, I would like
20	to make the following recommendations. First,
21	that the Department for the Aging work hand in
22	hand with all state regulatory agencies and be
23	given adequate resources to perform all necessary
24	functions to monitor all aspects of social adult
25	daycare centers as prescribed by the New York

1	COMMITTEE ON HEALTH 103
2	State Office for the Aging. Second, all screening
3	of potential S-A-D or SAD candidates should be
4	checked by qualified independent monitor to ensure
5	honesty in reporting and necessity of need of the
6	older adult and accurate level of functioning.
7	Third, clear definitions and distinctions should
8	be assigned to adult daycare participants by age.
9	Right now the state regulations say adult. I am
10	not quite sure if they mean anyone over the age of
11	21 or if they are specifically targeting older
12	adults age 65 and over, level of impairment, which
13	would include complete assistance withdo they
14	need complete assistance with ADLs and IDLs and
15	then type of impairmentphysical, mental health
16	issues and/or dementia. Older adults should be
17	matched with the proper level of services needed
18	and not grouped together with adults from other
19	age groups or adults who needs are significantly
20	different. Fourth, appropriate staffing should be
21	determined by the level of need of the individuals
22	and the number of participants, not just the
23	assigned random number of two staff per center.
24	Fifth, the term qualified person as director
25	should be more specified, for example, an RN or a

1	COMMITTEE ON HEALTH 104
2	licensed master of social work. Sixth, the amount
3	of social adult daycare centers that are allowed
4	to operate within a given community should be
5	determined by the demographic needs of that
6	community and not the desire of businessmen or
7	businesswomen to make a profit. Finally, there
8	should a central registry and database so that all
9	social adult daycare centers are easily
10	identifiable and located. That is it. I thank
11	you for this opportunity.
12	CHAIRPERSON ARROYO: Thank you. We
13	have been joined by Council Member Gentile. Thank
14	you.
15	JOSEPH SAN: First of all I want to
16	thank the Chairman Lappin and also Chairman Arroyo
17	for giving us the opportunity to speak on our
18	experiences with these pop ups from the
19	perspective of a provider of a DFTA type senior
20	center. I think everybody has gone through what
21	has happened that the population of these pop ups
22	have come up significantly, and in my testimony I
23	am not going to go into it and repeat the same
24	thing that people said before, but we, Dr.
25	Pastore, has said, we have got hit pretty bad with

1	COMMITTEE ON HEALTH 105
2	the participation in our center, but we did have
3	some experiences that I would like to share with
4	you and basically that is some of these members
5	that have joined frequented these pop ups have
6	come back and one of the probably first thing we
7	ask them is well, why did you join? Obviously, the
8	first thing they say is well, it is enticing. We
9	have got free food coupons to buy things. We get
10	free meals. We get transportation. Why should I
11	come to your place? Then after that, we asked
12	again. I said well, what is the requirements for
13	membership? And they said they only take people
14	with Medicaid cards. So these are things like
15	horror stories. One person came back very
16	emotionally upset. They were concerned that their
17	Medicaid card has been misused without their
18	knowledge. They don't know how it is being used,
19	and they are very concerned and they asked us to
20	help them close the account and try and open a new
21	one. They also reported telephone calls from
22	these SADs that they join asking them to sign a
23	statement of the fact that they need special
24	caregiver services, which they don't need because
25	they come to our center before these pop ups and

1	COMMITTEE ON HEALTH 106
2	they are dancers, they play ping pong and
3	whatever. So therein lies the problem I think is
4	because it is so profit driven. We are losing
5	these people because of the free, free, free,
6	which it is not because it is coming out from the
7	government, which my grandchildren will probably
8	have to make up the difference and pay for the
9	bills and the taxes. So in light of all of this
10	information, I think we applaud very much this
11	effort by the City Council and New York State to
12	try and put some kind of control regulations
13	surveillance on these units. The only thing I
14	would like to add on is that in the staffing
15	requirements in the write up that somehow we
16	should put language in there that these people
17	should have qualified staff members that are
18	knowledgeable of the culture that they are working
19	in and the language so that they can communicate
20	the requirements and the conditions of the program
21	to the participants, and also I still would like
22	to seeI don't know if it is possiblebut these
23	adult care centers should be open to everyone, not
24	only because they have to have a Medicaid card.
25	That's it. One of the things I did want to

1	COMMITTEE ON HEALTH 107
2	mentionone experience that I want to ask Peter
3	Miuy to elaborate on is one of these people that
4	joined there had an experience with the doctor, so
5	it is a medical condition, which I think is very
6	significant.
7	PETER MIUY: Good evening. My name
8	is Peter Miuy. I joined Amico about eight years
9	already, but I had a friend of mine also a member,
10	but she told me I quit. I said why. I want
11	to go join the adult care center. Adult care
12	center everything free. I said why? free?
13	Lunch free, trip to Atlantic City free,
14	free, everything is free. We have a coupon. I go
15	to the supermarket 15 to 20 dollars. So why
16	you still go there? I said look, you are our
17	member. You are in good condition. You can play
18	the ping pong. You can play mahjong. You can do
19	everything fine I quit. I go over there. I
20	said okay. She goes there about one year already.
21	All of a sudden she calls me last week I
22	said what happened to you? I tell you truth. I go
23	to see the doctor. The doctor told me you have -
24	Blood pressure high, sugar high and
25	cholesterol is high. I said why? I asked her why

1	COMMITTEE ON HEALTH 108
2	you do that? Because the doctor said adult
3	care center too much because eat the food from
4	the outside Chinese restaurant. I'm like
5	goodness. I said wow. I said look, you better
6	come back to our center because at our senior
7	center we have own kitchen. Most senior centers
8	have their own kitchen. – – Dr. Joan Pastore – –
9	take good care of our people because if they catch
10	everything for low salt, low sugar, low oil, even
11	the butter. We watch everything. We take good
12	care of our center people. I tell her you better
13	come back here. If you go there, you better
14	suicide. Yeah. So truth listen to the
15	doctor. I said look, you have got to be careful.
16	you tell them coming back because everybody is
17	healthyping pong, dancing so hopefully,
18	the City Council watches out for the adult care
19	center own kitchen to take good care of all
20	kinds of people. We need that. Thank you very
21	much.
22	[background conversation]
23	DAVID HORNE: My name is David
24	Horne, and I am a social work intern at Amico. I
25	went to a number of the pop ups in our
1	COMMITTEE ON HEALTH 109
----	--
2	neighborhood once they started to find out what
3	was going on. I think that maybe the most
4	pertinent information that I can give is to circle
5	back to the question of profitability because it
6	seems like their investment is minimal, where it
7	is an empty room, you get a big screen TV, a ping
8	pong table. In order to enter you have to have a
9	Medicaid card that you would immediately hand
10	over, and even though they were kind of cagey
11	about answering any kind of questions about
12	specific programs that they would offer to people
13	that were impaired in any way, it seems like they
14	don't really exist. So once you get your TV and
15	ping pong table going and you order out from the
16	Chinese restaurant everything else is pure profit
17	after that. That is really
18	CHAIRPERSON ARROYO: Council Member
19	Gentile?
20	COUNCIL MEMBER GENTILE: Thank you,
21	and thank you all for being here. I owe a visit
22	to Amico. I need to get back, but I have to tell
23	you that the first time that this issue of adult
24	day care centers and the impact it was having on
25	the DFTA centers was when I visited Amico, and I

1	COMMITTEE ON HEALTH 110
2	walked in and we go way back, many, many years
3	back to before 2000 I have been visiting Amico and
4	packed all of the time. You have two floors.
5	Each of the floors are full of people, and the
6	one-time about a year and a half ago that I got
7	there both floors were basically empty, and I said
8	to Dr. Pastore, I said, Joan, what happened to the
9	people? And the one response she said to me was
10	adult daycare. Adult daycare. That is all she
11	said to me was adult daycare. So if nothing else
12	that had that impact on me on what was happening
13	to the DFTA funded centers and frankly any center
14	that is not adult daycare. What is the difference
15	in reimbursement that you get?
16	DR. JOAN PASTORE: I figured this
17	out several years back excluding our rent and
18	utilities and if I include staff and food and
19	everything else, we basically have four dollars a
20	day to operate for each person, so that includes
21	staff and programs, supplies and food, so four
22	dollars versus 93 dollars reimbursement for
23	Medicaid, so of course they can afford to give all
24	of these free things away. So yeah, you see there
25	is a very big price difference there.

1	COMMITTEE ON HEALTH 111
2	COUNCIL MEMBER GENTILE: You know
3	it is such a disparity that it is clear why it is
4	such a financial moneymaker and incentive for
5	people to do this, but I am wondering now there
6	are so many popping up every other block. Are
7	they not competing against themselves?
8	DR. JOAN PASTORE: What I have
9	heard is they are starting to complain about each
10	other that they are stealing each other's clients,
11	yeah. So we hope they put each other out of
12	business.
13	COUNCIL MEMBER GENTILE: In fact
14	this person will go nameless, but one of them who
15	owns one of the centers called me up about this
16	bill to see if this bill would actually help him
17	with his competition could get in under before
18	this bill took effect.
19	DR. JOAN PASTORE: Is this first
20	initial W?
21	COUNCIL MEMBER GENTILE: I won't
22	tell you. I won't mention names. I am curious.
23	The reporting of the necessity of need you
24	mentioned that the reporting of the necessityis
25	that done by a medical professional?

1	COMMITTEE ON HEALTH 112
2	DR. JOAN PASTORE: It doesn't seem
3	that way.
4	COUNCIL MEMBER GENTILE: Or it's
5	not required to be a medical professional?
6	FEMALE VOICE: It is required for
7	the managed long term care to have a nurse be
8	doing an assessment. These people aren't being
9	assessed by the managed long term care nurse until
10	they need long term home care, and that is not
11	happening.
12	COUNCIL MEMBER GENTILE: So the
13	assessment is being made and not checked, just
14	being accepted?
15	DR. JOAN PASTORE: We were told
16	that a lot of people are being coached on how to
17	pass the medical assessment and there is no real
18	need there, so they are being coached by the staff
19	there how to present false results so that it
20	appears that they need home care when they don't.
21	There should be a medical professional doing an
22	assessment. Part of the problem we don't seem to
23	get a straight answer on this, yes, they should be
24	assessed by a medical professional whether it be a
25	nursing agency or a medical doctor, and that was

1	COMMITTEE ON HEALTH 113
2	my understanding that there are medical
3	professionals eventually or at some point signing
4	off on these, so that is the part where I put in
5	my report that an independent monitor really
6	should be there because who is really screening
7	the people that are screening. Some of the
8	information that I did get back from the attorney
9	general's office is that they found and this is
10	the investigator unofficially telling me that
11	oftentimes there might be a medical person who is
12	a silent partner in these facilities, and often
13	times no one is really going to go up and question
14	their judgment so that becomes a problem if you
15	have people in the medical field who are not
16	accurately or honestly reporting on a person's
17	level of functioning and then you have people
18	intimidated to question a doctor or a nurse's
19	judgment.
20	COUNCIL MEMBER GENTILE: I am
21	curious then also. Right now there is no
22	requirement that a director or a whatever it is
23	called, CEO or director, there is no requirement
24	for that person to have some qualification?
25	DR. JOAN PASTORE: I was going by

1	COMMITTEE ON HEALTH 114
2	the SOFA regulations which I received a copy of,
3	and it basically says the director should be
4	qualified, but what does that mean? RN or
5	social worker, some sort of credential or
6	experience because the SOFA regulations I looked
7	at them and I appreciate that the folks that are
8	doing the legitimate adult daycare feel that they
9	have the latitude but some of them are very loosey
10	goosey [phonetic], excuse that expression, so it
11	doesn't specify what type of qualifications. The
12	specs say a qualified director and one other staff
13	person and they can be a volunteer. How do you
14	run a program for 20 frail older adults with that
15	kind of staffing level? I don't quite get that.
16	COUNCIL MEMBER GENTILE: This
17	really seems the first attempt to try and corral
18	some of this activity going on, so this is I think
19	a great piece of legislation that is coming out of
20	the City Council. I am just curious now you have
21	talked about some that have come back because they
22	thought it was Shangri-La on the other side,
23	right? Have you seen that comeback of members
24	beyond one or two?
25	PETER MIUY: Yeah, I see some of

1	COMMITTEE ON HEALTH 115
2	the people are coming back, but they said they
3	forced me to have home attendant care. If you
4	don't join it, you have to quit, so they said, I
5	feel I don't need it.
б	COUNCIL MEMBER GENTILE: Even
7	though they went out and played ping pong and
8	mahjong, they have a home care attendant.
9	PETER MIUY: You pretend you
10	are sick and then you get home attendant care
11	or maybe you can pretend and go to the bathroom
12	every time, change your diaper and then you need
13	it, the home attendant care. That is how they
14	tell the people to do it, to treat them lie.
15	
16	COUNCIL MEMBER GENTILE: Madam
17	Chairs, if this is not a fleecing of the taxpayer
18	I don't know what is really. Thank you.
19	DR. JOAN PASTORE: Can I just add
20	because I forgot on the Medicaid piece which Chair
21	Lappin asked about, and why it matters, the state
22	is going to pick up the bill on the Medicaid side.
23	It is not a city financial issue, but as we goI
24	run a homecare program as well, and as we
25	transition into mandatory enrollment, and that

1	COMMITTEE ON HEALTH 116
2	period ends next December and people's hours in
3	the Medicaid homecare system go down because they
4	will go down and they are going to have to go down
5	because now you have this whole other population
6	that doesn't need Medicaid homecare services is
7	going to social adult day, costing 85 dollars a
8	day. People are going to start reducing hours
9	more in the Medicaid side, and what could happen
10	on the city side especially in minority
11	populations is you will have increased falls,
12	increased hospitalizations in New York City funded
13	hospitals. There are always costs even if you are
14	shifting it to the state level, so that is
15	important.
16	CHAIRPERSON ARROYO: I think the
17	concerns that you are raising is concerns that we
18	unfortunately are starting to hear more and more
19	as time goes on and as we see more of the social
20	adult day care centers popping up in the
21	communities. In certain areas in my district,
22	there is one on Brockner and Lincoln Avenue, which
23	is primarily an industrial community where seniors
24	would never be able to walk to, but there is a
25	little bus that parks in front every single day

1	COMMITTEE ON HEALTH 117
2	and makes several rounds to pick up and bring
3	people to a location that is clearly not suitable
4	for the kind of programs that are supposed to be
5	provided there. So the fact that we are on the
б	ground and through the input of our advocates and
7	our senior community, we have been talking in this
8	Council since last year about this issue where we
9	had a joint hearing with these two committees
10	where we talked about this issue and what does
11	this mean, and one of the greatest concerns for me
12	was when the Department for the Aging Commissioner
13	when asked well, what can we do about it, as much
14	as I respect her, and I think we all do, but her
15	response was what really triggered the panic when
16	she went, you know that we have a problem because
17	that lady is smart and she has been doing
18	government for a very, very long time. And for
19	her to shrug with no real answer means that we
20	have a real serious problem. I thank you for your
21	time and for your testimony and for staying
22	engaged in the conversation because as we move
23	forward obviously we need to massage some of the
24	language, but we appreciate your input because it
25	is going to greatly inform the outcome of what the

1	COMMITTEE ON HEALTH 118
2	legislation will ultimately be in the event that
3	the state is not proactive and adopts some form of
4	legislation to regulate these providers. Thank
5	you very much. Our next panel Christina Cam
6	[phonetic], Hae Lin Choi [phonetic], Tom Connor
7	[phonetic], Martha Wolf, Jim Mr. Connor
8	left. Tell him we are sorry he did that. Okay.
9	Christopher? Hae Lin Choi. We have three at the
10	table. We have Christina, Martha and Jim. Okay.
11	MARTHA WOLF: My name is Martha
12	Wolf. I am the director of Community Dementia
13	Care at Parker Institute wear a number of
14	hats. I am co-president of NYSADSA's southern
15	region, which is New York City, the five boroughs
16	we are a part of certainly and secretary to the
17	state and sit on the board with Betsy and work
18	very closely with Christopher. Our program has
19	been open going to be 24 years, and you are right.
20	Back in September 2012 in fact I pulled my
21	testimony from 2012, we had the joint Council
22	hearing, I want to thank you again for hosting
23	another one and calling another one so many months
24	later because back then we talked about all our
25	concerns and what our fears were as providers of

1	COMMITTEE ON HEALTH 119
2	quality programs, and for these programs to be
3	calling themselves social adult day when they were
4	not it cast awe knew it was going to cast a bad
5	shadow on all of us, and that is exactly what
6	happened, and so we appreciate the opportunity to
7	come here to clarify a lot of things. I am not
8	going to go through all of my testimony.
9	Everybody has said everything. I mean I certainly
10	support everything my state president has said and
11	Cathy Fitzgibbons and Bobbie Sackman and so on.
12	We do support a registry. We do certainly support
13	the SOFA regulations, and for my program, we have
14	never received NYSOFA funds, but we always
15	followed NYSOFA regulations because it set a
16	standard, and it set a standard of care and
17	quality service. So for those programs in the
18	city that old guard if you will that have been
19	operating for so many years, and my program is
20	open seven days a week, 12 hours a day and serves
21	a late stage dementia population, moderate to
22	later stages. For those of us who have been doing
23	this for so so long and providing this service and
24	know how needed it is, you know, we want to make
25	sure that yes, certainly we want more programs

1	COMMITTEE ON HEALTH 120
2	because they are needed in the city. There are
3	pockets of this city we have known for decades
4	that have not had access to these kinds of
5	programs, but we want them to be quality programs
6	and to be done correctly. One of the things that
7	has happened since we met, there have been a
8	couple of things because there has been so much
9	activity with all of this, but one of the things
10	positively that has happened is that NYSADSA was
11	approached by Department for the Aging and asked
12	to collaborate on a best practices manual on how
13	to work with and negotiate with MLTCs not only for
14	social adult day for those individuals who are
15	interested in doing it right and learning how to
16	do it, for new providers, but also for programs
17	providing meals and also for senior centers
18	because DFTA came to us because their senior
19	center directors were being approached by these
20	Medicaid managed care providers, and they knew
21	what was going to happenthey were going to lose
22	members. So not only has senior centers lost
23	members, quality social model programs have lost
24	participants, medical model programs that are
25	Medicaid reimbursed have lost participants to

1	COMMITTEE ON HEALTH 121
2	these programs, these pop ups that are not
3	providing the services. So everybody had skin in
4	the game. Everybody was seeing the effects of
5	what was happening, and felt that we needed to
6	come together and work together to try to get as
7	much information as we could out there to people
8	who were interested to do it right, and I have to
9	tell you and I am sure Betsy can attest to it and
10	Christopher and so on. DFTA was getting calls
11	from people in the community and the question was
12	I want to open a social daycare, how do I do it?
13	DFTA's response was call Betsy Geary, call Martha
14	Wolf, call Christopher Nadeau. I was getting 15-
15	20 calls a week for individuals saying tell me how
16	to open a center and our response we would discuss
17	this was, I am not doing that. If you want to
18	know how to open a center then we have these
19	trainings coming up, you must meet the NYSOFA
20	regs, you can pull them off the website, you come
21	to the trainings, you learn how to do it. We will
22	provide technical assistance. I am not going to
23	stay on the phone with you and tell you how to
24	open a center. I can't do that, won't do that.
25	There were a lot of people who felt that just with

1	COMMITTEE ON HEALTH 122
2	an idea they could go to an MLTC and say, oh, by
3	the way, I am interested in opening a center, you
4	want to contract with me. No. You have to have a
5	physical space. You have to have your staff. You
6	have to meet standard. You have to meet
7	regulation. You can't be assessed on something
8	that doesn't exist. So there were all sorts of
9	things that were happening. I do want to clarify
10	one statement that was made about the director and
11	qualifications about the director. In the NYSOFA
12	standards, it does say qualified director, but it
13	also states by qualification that education and
14	work experience have to be looked at to meet
15	qualification. So does it say that the person has
16	to be a social worker? No. Does it say the person
17	has to be an RN? No. But what it does say is that
18	the person must have appropriate educational
19	background and work experience, and certainly it
20	is up to the agency or whoever is hiring to hire
21	the right person, someone who is qualified to do
22	the job if you are going to open a program that
23	meets the standard. WhenI have had site visits.
24	I know Christopher has. I know Betsy has. When
25	we have had site visits from some of the MLTCs

1	COMMITTEE ON HEALTH 123
2	'cause we have contracted with them for years,
3	well before Medicaid redesign even came into play,
4	and that was one of the reasons why Department for
5	the Aging asked us to come in because we have had
6	experience, but when we have site visits, the site
7	visit should follow the NYSOFA regulations, and
8	part of what I have to show them is my vitae, my
9	staffing pattern, my job descriptions, my policy
10	procedure manual, my safety regulations, all of
11	it, my nutrition, where we get our meals, how we
12	plan our meals. All of thatand our activity
13	planning, our plan of careall of that. So when
14	it is done correctly, and it should be done
15	correctly it is a cost effective viable service
16	that is necessary for our most frail people in the
17	city and across the state. You know, we have been
18	doing these trainings with NYSOFA as Betsy spoke
19	about. We have another one scheduled July 12^{th} at
20	Parker actually that is an all-day training on
21	NYSOFA regulations, and then it is going to roll
22	out across the state. There is another one
23	scheduled at Fordham for Westchester, Orange and
24	Rockland and then they will go across the state.
25	So we are actively as an association working to

1	COMMITTEE ON HEALTH 124
2	ensure as best we can that the social models that
3	exist and the social models that people are
4	interested in opening do meet NYSOFA regs,
5	and they understand the importance of following
6	those regulations as well as education MLTCs on
7	what you are supposed to look for when you
8	contract with the social model program. Again
9	did I leave anything out guys? I want to thank
10	you. In our program in 2012 we had over 9,000
11	visits, and visits is defined as a number of days
12	a person is there. That is a lot. We were highly
13	utilized because we have all those hours and
14	caregivers need our service. Social model daycare
15	programs are very, very unique and whereas, we
16	have fought for and stand by the need for
17	oversight to make sure that everyone meets
18	standard. We have to be very, very careful about
19	overregulation because like I said, if I was
20	overly regulated, I couldn't be open 12 hours from
21	seven in the morning to seven at night on
22	Saturdays sometimes to 11 pm so caregivers can go
23	to a movie, so that we can provide service and
24	provide care for their family members so they can
25	stay at home. We have to be very, very careful

1	COMMITTEE ON HEALTH 125
2	about moving towards overregulation, but very
3	staunch about quality of care and standard of care
4	and NYSOFA regulations. We are very pleased about
5	the Millman Savino bill. I think Betsy said it
6	passed last night 89 to 0 on the Assembly side,
7	and you know, we are hoping that hopefully by the
8	end of the week that that will be passed totally
9	by the Senate and we can move forward with that.
10	Again, thank you very, very much for having this
11	hearing today.
12	CHRISTINA CAM: I am Christina Cam.
13	I am a program director at Café [phonetic] social
14	adult daycare center. We are located in
15	Chinatown. I would just like to add several
16	things that should be an amendment so that there
17	are some standards for social adult daycare
18	centers, such as physical environment safety, a
19	facility which has sufficient space to accommodate
20	program activities and service, 50 square footage
21	per person – – included because you don't want
22	such a crowded environment for your seniors,
23	especially for people who have wheelchairsall of
24	these pop ups are only 2,000 square footage and
25	they can't really do muchbathrooms that are on

1	COMMITTEE ON HEALTH 126
2	premises. There was a center that had bathrooms
3	located in a mall and a lot of MLTCs actually
4	approved that kind of center and I always wondered
5	how that happened, but I don't know. Everybody is
6	always out for the money. The bathrooms should be
7	handicapped accessible. The ratio should be every
8	15 people to one bathroom. A shower room should
9	be available. A lot of MLTCs insisted that I
10	should have a shower in my center, but when I look
11	at the pop ups across the street they don't have
12	those things, and I always wonder why are these
13	MLTCs coming to my center and demanding these
14	requirements and I see them across the street.
15	There are no requirements for them. I don't
16	understand why my center is being bullied life
17	that. There should be a restroom with a bed just
18	in case something happens to one of my members,
19	and the facility should be compliant to the
20	Americans with Disabilities Act. A lot of centers
21	don't have an elevator or a moving chair going up
22	and down the stairs. Margaret Chin has visited
23	our centers. She has seen that. The building
24	must maintain and operate properly with the fire
25	department. Thank you.

1	COMMITTEE ON HEALTH 127
2	JIM FORAT: My name is Jim Forat
3	[phonetic], and I am a senior. I am also an older
4	adult, but that can be anywhere from the age of 19
5	to 90, and I would really like you to caution all
6	of you to watch the language we are using around
7	seniors and people over 60. I know that ageism
8	exists even amongst ourselves, and people don't
9	like to be called seniors and don't like to have
10	their age known, but this is a reality, and I hope
11	that the City Council will continue to use the
12	word senior, and not this generic older adult,
13	which is quite vague. I am not a professional. I
14	have been on advisory councils of the senior
15	centers that I go to, and a member of one of the
16	innovative programs called sage, and I am very
17	glad to see this bill. I am not going to comment
18	on it because it has been commented on a lot, and
19	everything that has been said is important, but I
20	would like to talk about other issues that I think
21	are equally important. The criteria for
22	admission, who gets admitted and who is rejected I
23	think it has been very clear in the testimony that
24	that is a very critical question. The word
25	social, adult social, I thought and perhaps, I am

1	COMMITTEE ON HEALTH 128
2	wrong, but these centers were supposed to be for
3	populations that could no longer be served by the
4	senior centers, meaningI have been a caregiver
5	in two different instances with early dementia and
6	late stage Alzheimer's so I know it's
7	qualitatively different the needs of the senior.
8	I am going to talk about seniors. I know some
9	adults are under the age of 60 who may qualify
10	under Medicaid for these services, but I am going
11	to focus on this. I know that it is qualitatively
12	different, and I know in the senior centers that I
13	go to we have seen people in various stages of
14	dementia and the staff not knowing what to do
15	about it. I think the commissioner of the
16	Department of Aging has begun a very rigorous
17	program of educating staff, which leads me to my
18	next issue is the criteria of who is hired. I
19	know in my experience that many senior centers
20	have people who are unqualified who have been
21	there for a very long time, but have no real
22	experience or education in how to deal with people
23	like myself who are coming into senior centersI
24	am 72 nowwith a sense of empowerment and do not
25	want to be infantilized. In the situation where

1	COMMITTEE ON HEALTH 129
2	you have early dementia to full blown late stage
3	Alzheimer's it is a very different requirement for
4	who is working there, and I have seen it in very
5	high reminisce in assisted living places with
6	extraordinarily expensive places the kind of
7	staffing that they do there. They have a director
8	who is usually pretty good, and then everyone else
9	is paid about eight dollars an hour, and the
10	qualifications about they are trained and how they
11	treat people in those instances most of them are
12	just given so many chemicals that they just sit
13	there all day. It is almost like control. I
14	worry about mixing early dementia, end stage
15	Alzheimer's or whatever the cutoff point with
16	people who are chronically ill, who are
17	cognitively capable. You are putting them in the
18	same place, and who is going to suffer? I think
19	the cognitively capable person who is chronically
20	ill is going to be very out of place in these
21	centers, and I think that that has not been
22	addressed in the bill, and I would hope that you
23	begin to look at that. There is also the culture
24	in which people come from, and in dementia all the
25	filters go away, and so you get the real person,

1	COMMITTEE ON HEALTH 130
2	what their history is, and let's say I am
3	concerned about the 82 year old whole life lesbian
4	who has only lived around lesbian culture and is
5	used to being who she is, and now she is going to
6	be even with her diminished cognitive ability she
7	is going to be even more so who she is. How does
8	she fit into that population and how is the staff
9	dealing with that population? The culture of where
10	people come from is very important at this stage,
11	and all of the professionals that I have talked to
12	who deal with Alzheimer's and dementia says it is
13	very important that the person feels safe in an
14	environment which recognizes the differences in
15	culture, and that can be an ethnic culture. I
16	gave one example, which is personal to me, but I
17	am talking about any kind of culture. The health
18	of the staffdoes that mean that someone who is
19	HIV positive but is healthy? Will that person be
20	qualified to be hired? I just want to know what
21	the criteria are there. It is listed but it
22	doesn'tI want you to be very careful about how
23	bias can creep in there. The affordable care act
24	was referenced once in the last panel, but what
25	impact will the affordable care act have on I

1	COMMITTEE ON HEALTH 131
2	heard the negative aspect of it, butby negative
3	I mean there will be an increased population that
4	will feel that they are able to go to these places
5	and if the criteria is just anyone who has a
6	Medicaid card, it really diminishes what the
7	actual function of these kinds of centers are. If
8	I am incorrect, Council people, and thank you, my
9	Councilwoman of the senior center that I belong to
10	Margaret Chin for staying through the whole
11	day, I know everyone else is busy, but you have
12	been here all day. I know the chair has to be
13	here, so it is much appreciated. These are the
14	kinds of questions that I think also need to be in
15	the conversation, and I know it is difficult to
16	get to this level of the conversation when you
17	have got to really look at certification,
18	regulation and registering. I think it is
19	abominable and it is really your responsibility,
20	and I think you have stepped up almost to the
21	plate, but these places have to be certified.
22	They have to be registered. We have to know who
23	is behind them. You have taken care of some of
24	those things, but the way it is now, it is wild
25	men out there making as much money as they

1	COMMITTEE ON HEALTH 132
2	possibly can, and that is the American incentive,
3	but we are talking about our seniors. We are
4	talking about our most frail population, and I
5	hope that you will not listen to the lobbyists as
6	much as some people in Albany do, and I am not
7	saying that you do, but those voices are very
8	strong because there is a lot of money on the
9	table. That is what this is all about. It is
10	about how do we make money, and remember that
11	frail person who may be like I amI have no
12	family. I am an only child. I am a gay man who
13	is single. I do not have children, which I guess
14	is an exception to the new myth that all the gay
15	people get married and have children. No, it's
16	not true the people of my generation, and I
17	need to know that if I am in this position that I
18	am going to be in a safe place where people will
19	treat me as equally as any other person there and
20	make my life as good as it can be at this point,
21	at this stage of my life. Thank you.
22	[applause]
23	CHAIRPERSON ARROYO: You know what,
24	Jim? There has been no lobbyists in this
25	conversation whatsoever I think because the

1	COMMITTEE ON HEALTH 133
2	industry has really not taken root. If we leave
3	it out there the way it is today, chances are that
4	lobbyists will become very much a part of this
5	conversation, but at this point, there really
6	hasn't been. Council Member Chin?
7	COUNCIL MEMBER CHIN: Yeah, I just
8	wanted to ask Christinathank you for coming down
9	today, and I visited your center. Do you support
10	the legislation that the City Council is proposing
11	with some of the so called amendments that you
12	wanted to put in?
13	CHRISTINA CAM: Not 100 percent.
14	Just a little iffy about it. There is a lot of
15	aspects. Yes, we do need some regulations. That
16	is for sure, but who is to regulate? The MLTC
17	should be regulating actually because they are the
18	one who comes into the center and looks around and
19	investigates, and I have been through so many
20	inspections for the past couple of weeks, and then
21	ultimately I am still waiting for OMEG [phonetic]
22	to come in, but they haven't came in yet because
23	what happened is that a lot of MLTCs are saying
24	that there are no evidence that these pop ups are
25	giving away kickbacks and coupons and cash, but

1	COMMITTEE ON HEALTH 134
2	everybody knows they are just being like ostriches
3	hiding their heads in the sand. They do know
4	because they send out their outreach managers and
5	their marketing specialists and they do know what
б	is going on. They just keep their mouth shut
7	because they know that if I don't compete with
8	another MLTC the other MLTC is just going to get
9	those members in their own program and eventually
10	they are just going to get the money. So I have
11	lost a lot of members because of that, but right
12	now what is happening is that there is a lot of
13	reassessments going on and now everybody is
14	getting kicked out basically from the MLTC and my
15	members are really upset because they said, okay,
16	initially you said I am incontinent. I need help
17	walking. I need a cane and so forth. Now you are
18	telling me I am too healthy to attend a social
19	adult daycare center and that I am being
20	blacklisted to join other MLTCs. They are coming
21	to me and asking me what should they do, and I
22	don't really have an answer because nobody really
23	knows. If you are blacklisted you can't join an
24	MLTC. Is that true? I don't know.
25	MARTHA WOLF: Christopher wanted me

1	COMMITTEE ON HEALTH 135
2	to just mention the one group that is missing in
3	the room is representatives from MLTCs, and we
4	have had them in our training sessions. I will
5	say that. There is an appeal process that people
6	can go through, so from an MLTC perspective, if
7	you are denied certain things, there is an appeal
8	process and so on, but what is happening is, and
9	it goes back to assessment, which is a key word.
10	Quite honestly, the MLTCs as you mentioned nurse
11	is supposed to do an assessment, the SAMs, really
12	looking at now what kind of assessment they are
13	going to do going to do the SAMs. Based on
14	that assessment they determine a care plan, and a
15	care plan is a living document because people's
16	needs change, so today I might need this and that
17	and tomorrow I need this and that and this six
18	months down the road. So it is a living document,
19	and it should be, and it is a joint effort between
20	should be, between the assessor and the family
21	care giver and the patient if they are cognitive
22	able to participate. If they are not and they
23	have some sort of dementia, then it is just the
24	care giver. But the care giver, the family also
25	has a chance at that point to express their needs

1	COMMITTEE ON HEALTH 136
2	and their concerns and their ability to keep the
3	person at home because that is the whole
4	motivation is to keep the person in the community.
5	So you have got that is supposed to happen. If a
6	person is referred to a social adult daycare
7	program, there is another assessment, which is a
8	key. It is in the minimal standards. There is an
9	assessment for social adult day, so technically a
10	person could be eligible for an MLTC and not
11	eligible for a social adult day program, so the
12	onus originally is on the MLTC and then the onus
13	is on the social adult day to assess the person
14	correctly and to make sure that they are able to
15	provide a) that they qualify and they are able to
16	provide the services that they need, and if they
17	can't, then we know each other well enoughit is
18	a very tight knit community as far as providers
19	we know who to call or tell MLTC you know what, we
20	can't do this, but this program, Christopher's
21	program in Brooklyn, would be able to serve this
22	person better, and we are able to do that because
23	a lot of what we do is case management and care
24	management ourselves, even though we are not
25	recognized for it. So assessment is a big key to

1	COMMITTEE ON HEALTH 137
2	this and looking at all the needs of the person,
3	not just homecare, all the needs of what they need
4	to be supported to keep the person at home. What
5	hasn't happened is the assessment initially and
6	for theseI hate to keep using pop upI will use
7	the word bogus? I don't know. But for these
8	programs that have opened up under the guise of
9	social adult day, which aren't social adult day,
10	they don't do an assessment. There is no
11	assessment. If you do it right, and
12	traditionally, historically social adult day
13	programs were never Medicaid funded programs.
14	Never. We never got funding streams that way
15	ever. We could never bill Medicaid directly, and
16	so social model programs depended on private pay
17	and how they set up a private pay structure. We
18	all still have that. It is not just Medicaid
19	dollars. It is private pay. Many of us if not
20	all of us have sliding scales or subsidy rates,
21	and then you may have contracts with MLTCs so that
22	you can bring people in who have Medicaid and you
23	are not billing Medicaid directly, so there are
24	different ways of receiving
25	CHAIRPERSON ARROYO: [interposing]

1	COMMITTEE ON HEALTH 138
2	Or you are funded by the City Council or some
3	other kind of grant program.
4	MARTHA WOLF: Yeah, or foundations
5	and fundraising and all of that other stuff that
6	all of us do and it is all out together to support
7	these programs. Everybody does it differently.
8	Everybody is supported differently. Parker
9	supports the subsidy program for years. they
10	subsidize up to whatever amount I would normally
11	pay so that the board approved that. So programs
12	find ways to support these programs in various
13	ways, but never was it totally Medicaid dollars
14	and the programs that are doing it right, still it
15	is not total Medicaid dollars. It is only these
16	new programs that have shown up that have
17	CHAIRPERSON ARROYO: 100
18	percent,
19	MARTHA WOLF: 100 percent, and no
20	one pays privately. It is all through Medicaid,
21	and that is where they are feeling they are going
22	to get their bucks and make some money, and like
23	you said, a room with a TV and a ping pong table
24	or whatever, and you are good to go.
25	CHAIRPERSON ARROYO: Jim, you

1	COMMITTEE ON HEALTH 139
2	wanted to make a point?
3	JIM FORAT: I forgot to say two
4	things, but I am very struck by what she has just
5	said. I just want to speak up for poor people.
6	This private pay solution has really created
7	different classes of people that could have the
8	benefit of adult daycare and under the affordable
9	act I happen to be a person that believes in
10	single payer. I think that these things should be
11	available to all people under the federal
12	insurance plan, but the oversight of that planwe
13	are talking about oversight. I am struck with
14	hearing that it is \$4.50 per senior at her senior
15	center and 85 dollars per person at the adult, and
16	so there is another elephant in the room is that
17	we are underfunding seniors, and the seniors say
18	this loud all the time. This is where our younger
19	allies have to step up and say, it has to be a
20	fair amount of payment to take care of the people.
21	CHAIRPERSON ARROYO: We
22	wholeheartedly agree that our senior center
23	infrastructure is severely underfunded and that
24	DFTA at least at the city level given the size of
25	the agency and its budget that it continually has

1	COMMITTEE ON HEALTH 140
2	to deal with a target for a peg to eliminate some
3	funding gap that exists in the city budget. Our
4	argument is always DFTA gets a pass because the
5	services that they are providing they are
6	providing to individuals who otherwise would not
7	be able to afford a senior center or the
8	[crosstalk]
9	JIM FORAT: I kept hearing this
10	figure that 49 percent of the citizens of New York
11	city live on poverty level or below it. That is a
12	hell of a lot
13	CHAIRPERSON ARROYO: [interposing]
14	The rate for seniors is much higher.
15	JIM FORAT: Yes, and I was about to
16	say the rate for seniors is a good percentage of
17	that, but thank you, City Council, for stepping up
18	to the plate when the state has backed off. Thank
19	you.
20	[applause]
21	CHAIRPERSON ARROYO: Christopher,
22	you wanted to make?
23	CHRISTOPHER NADEAU: This gentleman
24	brought up some really great issues, and I don't
25	mean to confuse things anymore but I know that as

1	COMMITTEE ON HEALTH 141
2	we are considering this and if the state doesn't
3	act that we are going to have a continuing
4	dialogue, but just to provide a little bit more
5	confusion to the issue is that this issue of the
6	right folks and the right setting is more
7	complicated than we can possibly imagine. The
8	City Council is taking up an issue now in terms of
9	Alzheimer's in our city, and so one of the biggest
10	secrets in senior centers is that you have a huge
11	population of early, early stage Alzheimer's and
12	mild cognitive impairment in senior centers, and
13	they are managing. They are managing until they
14	can't. Prior to funding for social adult day for
15	years, for the last ten years you have had folks
16	on medical model adult day centers that were more
17	appropriate for social adult day, so all of this
18	rebalancing it's complicated. I just wanted to
19	share that because you are right. We need to
20	figure this out and certainly there is a lot more
21	we can do. I just wanted to share that.
22	CHAIRPERSON ARROYO: I want to
23	thank all of you for your input and for your
24	testimony. As I always say my favorite part of
25	the hearings is the public testimony. We always

1	COMMITTEE ON HEALTH 142
2	leave the room a little wiser than when we walked
3	in. There is a lot of work to be done, and the
4	introduction that we are here considering today is
5	the beginning in a process that if the state is
6	not at a point where we feel confident that the
7	industry that we are discussing will have the
8	appropriate oversight because at the end of the
9	day, we all want the same thing. We need the
10	services in communities. We want to make sure
11	that those services are being provided by
12	appropriately positioned providers, so that when a
13	senior or an individual who is eligible for this
14	service whether it's an age criteria or not that
15	the service is provided appropriately, safely and
16	that the appropriate level staff is providing the
17	services. so we have information that is going to
18	help us the massage the legislation, but at the
19	end of the day if necessary will be more
20	thoughtful and appropriate for what we are trying
21	to accomplish. I want to thank you all for your
22	time and for your focus on this issue. We will
23	talk again because I believe that we need to have
24	another conversation about the language or we will
25	amend and make sure that you are looped into that

-	142
1	COMMITTEE ON HEALTH 143
2	process as we move forward as we always do, and we
3	value your input tremendously so thank you all
4	very much, my colleagues for hanging out. With
5	that, I adjourn the hearing.
6	[applause]
7	[gavel]

CERTIFICATE

I, Kimberley Campbell certify that the foregoing transcript is a true and accurate record of the proceedings. I further certify that I am not related to any of the parties to this action by blood or marriage, and that I am in no way interested in the outcome of this matter.

Kincherley Campbell

Signature

Date <u>7/18/13</u>