CITY COUNCIL

CITY OF NEW YORK

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TRANSCRIPT OF THE MINUTES

Of the

COMMITTEE ON WOMEN AND GENDER EQUITY

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MONDAY, SEPTEMBER 18, 2023

Start: 10:17 A.M. Recess: 12:21 P.M.

HELD AT: COUNCIL CHAMBERS - CITY HALL

B E F O R E: HON. TIFFANY L. CABÁN, CHAIR

## COUNCIL MEMBERS:

JAMES F. GENNARO JENNIFER GUTIÉRREZ KRISTIN RICHARDSON JORDAN KEVIN C. RILEY ALTHEA V. STEVENS

OTHER COUNCIL MEMBERS ATTENDING:

AMANDA FARÍAS CARMEN DE LA ROSA

## COMMITTEE ON WOMEN AND GENDER EQUITY

## APPEARANCES

Melanie Weniger,

Deputy Executive Director for Policy and Programs at the New York City Commission of Gender Equity

Roman Gorman,

Citywide Chief Procurement Officer from The Department of Citywide Administrative Services

Kat Thompson,
Chief of Staff at Department of Correction

Chelsea Chard, Senior Policy Advisor from the Department of Correction

Despina Zaharakis, Senior Executive Director of the Office of School Wellness Programs from New York City Public Schools

John Shea,

Chief Executive Officer of the Department of School Facilities from New York City Public Schools

Gabriela Lopez,

Representing Youth Advisory Council at the Organization of Period

Marni Sommer,

Professor of Sociomedical Sciences at The Mailmen School of Public Health Columbia University

Jennifer Weiss-Wolf, Representing NYU Law

Suzanne Herman, Legal Director at Period Law

## COMMITTEE ON WOMEN AND GENDER EQUITY A P P E A R A N C E S (CONTINUED)

Laura Stausfeld
Executive Director of Period Law

Tiffany Jade Monroe, Trans Justice Coordinator for Caribbean Equality Project 2.2

SERGEANT LYNCH: This is a microphone test for the Committee on Women and Gender Equity. Recorded in the chambers by Layla Lynch on September 18, 2023.

SERGEANT AT ARMS: Good morning, and welcome to the Committee on Women and Gender Equity. At this time, would everyone please find their seats. We are ready to begin.

At this time, we ask if you could please place all electronic devices to vibrate or silent mode.

While the hearing is in session, we ask that nobody approach the dais at any time. Thank you for your cooperation.

Chair, we are ready to begin.

CHAIRPERSON CABÁN: Thank you.

[GAVELING IN] [GAVEL SOUND]

Hello, and welcome everyone. My name is Tiffany Cabán, my pronouns are she/her, and I am the Chair of the Committee on Women and Gender Equity. Today we are here for hearing entitled, Oversight - Menstrual Equity in NYC - Update.

In 2016 this council became the first U.S. city to pass comprehensive legislation to increase access to menstrual products. However, advocates had highlighted flaws in the implantation of the 2016

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laws. And, today, we are here to revisit these laws

and highlight the potential shortcomings and

implementation to ensure we address them adequately

to meet the needs of people who menstruate in this

Additionally, we will hear five pieces of legislation:

Introduction 1055-2023, sponsored by Chair Cabán, is a Local Law to amend the administrative code of the city of New York, in relation to menstrual products, which, as I mentioned, I am proud sponsor.

Introduction 1056-2023, which is a Local Law to amend the administrative code of the city of New York, in relation to the provision of feminine hygiene products in schools, sponsored by Council Member De La Rosa.

And three pieces of legislation sponsored by Council Member Farías:

Introduction 1057-2023, a Local Law to amend the administrative code of the city of New York, in relation to requiring The Department of Correction to report on its distribution of feminine hygiene products to female incarcerated individuals and

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city.

COMMITTEE ON WOMEN AND GENDER EQUITY 6 female individuals arrested and detained in the custody of the department for at least 48 hours.

Introduction 1058-2023, a Local Law to amend the Administrative Code of the city of New York, in relation to education on feminine hygiene products.

Introduction 1059-2023, a Local Law to amend the Administrative Code of the city of New York, in relation to including menstrual cups in the definition of feminine hygiene products and the provision of such products.

An estimated 26 percent of the total population is of reproductive age. Most people of reproductive age will menstruate each month for between two and seven days. Unfortunately, the stigma associated with menstruation continues to exist and is amplified by various sociocultural factors. To combat these challenges, it is essential that people who menstruate have access to menstrual products.

The average person who menstruates spends \$9.00 per month -- I will say I spend more than that, for sure -- on period products. And in order to have a fully equitable and participatory society, we must have laws and polices that ensure menstrual products

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COMMITTEE ON WOMEN AND GENDER EQUITY 7 are safe and affordable and available for those who need them.

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According to a survey of 1,010 U.S. teens who menstruate between ages 13 to 19 commissioned by Thinx and PERIOD, "period poverty," or the inability to access menstrual hygiene, has jumped to nearly a quarter of all U.S. students, an increase from one in 5 in 2019. We will look at the legislation that has already into consideration some of these concerns, and we hope to hear from The Administration and members of the public about the utility of these updates to the law.

And before closing, I would like to note for the record that in both my capacity as the chair of this committee, and co-chair of the LGBTQIA+ Caucus, that the 2016 legislation, path breaking as it was, contained language that we would seek to edit were we considering the legislation today. In 2023, this committee is determined to use gender expansive language that acknowledges that not every women or girl menstruates, and that everyone who menstruates is a woman or girl. Throughout this hearing, let us keep trans, non-binary, intersex, and other gender expansive New Yorkers in our minds and hearts.

of the Women's Caucus serve as an important

COMMITTEE ON WOMEN AND GENDER EQUITY recommitment to menstrual equity in a time when a states across the nation tried to ban even saying the word "period". The majority of this body, and likely this room as I am looking around, has personally experienced how inaccessible period products are throughout our city. This is an issue of public health and equity that continually needs to be addressed and adapted. Women know talking about menstruation as young person is limited. And the only time we are really talking about access to it is when we are asking someone in a restroom, workplace, or school if they have one to share. We in The Council are working diligently to present a package of bills to continue remedying that historical neglect. Menstrual equity is centered on removing barriers to access and removing the long and grave stigma surrounding our periods, who uses them, and how available they are to us.

Thank you to my colleague, Chair Cabán, for you leadership in holding today's hearing, and to the dedicated sponsors of this package, Speaker Adrienne Adams, Council Member De La Rosa, Council Member Brooks-Powers, Council Member Stevens, Council Member

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Menin, Council Member Hudson, and Council Member

Abreu, and Public Advocate Williams.

Finally, thank you to the super majority of my colleagues, the 35+ sponsors of these bipartisan bills for reinstating our city's commitment to public health, basic peoples' needs, and to hopefully soon put an end to the stigma women, young girls, men, and gender non-binary folks experience every month along their period. As the prime sponsor on Introductions 1057, requiring the Department of Correction to report on its distribution of feminine hygiene products; 1058 requiring The Department of Health and Mental Hygiene to create written materials containing information on menstrual products including a description of each, information on how to use each product, any health risks associated with the each product; and 1059 which would expand the definition of menstrual products to include menstrual cups a Local Law.

And as the co-prime sponsor of Introduction 1055 and 1056, I look forward to working with all of my colleagues and agency partners to make these critical pieces of legislation a reality, thank you.

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COMMITTEE ON WOMEN AND GENDER EQUITY 1 11 CHAIRPERSON CABÁN: Thank you, and I would like to 2 3 acknowledge that Council Member Riley has joined us. And I will turn it over to the committee counsel 4 to administer the oath. COMMITTEE COUNSEL: Thank you, Chair. Just as a 6 7 reminder, for those wishing to testify in person, please see the Sergeant At Arms in the back of the 8 hearing room to fill out a testimony card. For those testifying via Zoom, your name will be 10 11 called and you will be prompted to unmute. 12 All those who wish to submit testimony you may do so at testimony@council.nyc.gov. 13 14 We will now hear testimony from members of the 15 Administration. Will you please raise your right hand? Do you 16 17 affirm to tell the truth, the whole truth, and nothing but the truth, before this committee, and to 18 19 respond honestly to council member questions? 20 [ADMINISTRATION AFFIRMS] 21 COMMITTEE COUNSEL: Thank you, you may begin when 2.2 ready. 2.3 MELANIE WENIGER: Good morning Chair Cabán and members of the Committee on Women and Gender Equity. 24

My name is Melanie Weniger, and I am the Deputy

COMMITTEE ON WOMEN AND GENDER EQUITY 12 Executive Director for Policy and Programs at the New York City Commission on Gender Equity or CGE. CGE works to advance gender equitable policies, practices, and programming within New York City government and across the city at-large. In this role, I lead the team that monitors policy and legislation, develops and implements programming, and conducts research related to our three areas of focus: Economic Mobility and Opportunity, Health and Reproductive Justice, and Safety. In particular, our office focuses on the needs of, and inequities faced by, women, girls, transgender, intersex, and gender expansive New Yorkers, using an intersectional lens and a human rights framework.

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CGE sits within the Mayor's Office of Equity

(MOE), the City's first centralized equity office,

which the Adams Administration launched last year.

MOE works to foster a fairer, more equitable city

through policies, practices, and programs across the

City's agencies and systems.

I am joined today by Roman Gofman, Citywide Chief Procurement Officer from the Department of Citywide Administrative Services (DCAS), Kat Thompson, Chief of Staff and Chelsea Chard, Senior Policy Advisor, COMMITTEE ON WOMEN AND GENDER EQUITY 13

both from the Department of Correction (DOC), and

Despina Zaharakis, Senior Executive Director of the

Office of School Wellness Programs and John Shea,

Chief Executive Officer of the Department of School

Facilities, both from New York City Public Schools

(NYCPS), to answer your questions.

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The Adams Administration is committed to gender equity and meeting the health needs of women, girls, and gender-expansive people. Earlier this year, the Mayor announced his plan to develop New York City's first-ever Women's Agenda and hosted a Women's Health Summit at Hunter College to focus on dismantling decades of systemic inequities that lead to racial disparities in health outcomes. The Administration has also worked to protect access to reproductive healthcare, abortion, and gender-affirming care in New York City through Executive Orders and initiatives like the Abortion Access Hub.

Menstrual equity laws and policies are geared towards ensuring that menstrual products are safe, affordable, and available to those who need them.

Menstrual inequity disproportionately affects marginalized girls, women, and trans and gender expansive people who experience poverty, housing

committee on women and gender equity 14 insecurity, are justice involved or in the child welfare system. New York City led the charge toward menstrual equity in 2016 by codifying Local Laws 82, 83 and 84 to ensure products are available at no cost to students in grades six through 12 in public and charter schools, people served by homeless shelters, and people who are incarcerated.

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Many other cities and states, including New York, have since passed or proposed dozens of laws that aim to provide menstrual products in certain locations or to certain populations, and to repeal taxes on period products. New York City's menstrual equity laws have allowed more menstruating people to access products and manage their cycle in a dignified and comfortable way.

In the school setting, menstrual products, specifically pads and tampons, are available for free in dispensers in girl's and single-occupancy restrooms in all public and charter school buildings with grades six and up. Custodial staff are responsible for monitoring the restrooms and restocking products as needed. NYCPS recently announced that this program has been expanded to school buildings with grades four and five in

COMMITTEE ON WOMEN AND GENDER EQUITY 15 recognition of the fact that some younger students also menstruate, and dispensers for pads were installed in single-occupancy bathrooms in these schools in advance of the new school year.

Menstrual products are also provided in shelters, including domestic violence shelters, single adult shelters, family shelters, and HIV/AIDS services housing. Clients have multiple opportunities and areas where they can access menstrual products. Based upon the shelter operations, products are left in easily accessible locations such as the front desk or shared pantries. Certain shelters distribute additional products during outreach events. Case managers in all shelters are available to clients for questions about the resources available to them, including menstrual products, and clients receive packets with this information during intake.

Menstrual products, both pads and tampons, are also available at the Rose M. Singer Center on Rikers Island to people in City custody. Products are either freely available or available by request, depending on the housing area. Menstrual products are also available to people in DOC facilities within

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COMMITTEE ON WOMEN AND GENDER EQUITY 16 courthouses, both post-arraignment and for those who have a court appearance.

Individual agencies purchase menstrual products for their respective clients, though some agencies receive donations of menstrual products that they then distribute to clients. DCAS maintains a supply of pads in its warehouse that agencies can request and access if needed.

CGE leads the Menstrual Equity Workgroup as part of our Health and Reproductive Justice portfolio. The Workgroup has been active since late 2021 to support the implementation of the Local Laws and to address any existing or future gaps in implementation.

Workgroup members include DCAS, NYCPS, DOC,

Department of Homeless Services, Department of Social Services/Human Resources Administration, Department of Health and Mental Hygiene and other agencies with a role to play in achieving menstrual equity. We use an expansive definition of gender and recognize that not all women menstruate and that trans men and gender expansive people may also experience periods. Together, the Workgroup has conducted research and worked across agency partners to better understand

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COMMITTEE ON WOMEN AND GENDER EQUITY 17 menstrual product procurement and distribution policies and practices.

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The Workgroup is also collaborating to develop policy interventions to better understand client needs and preferences and improve implementation where necessary. For example, we are working with NYCPS to explore different avenues to get student feedback on menstrual products and access. We are also working with NYCPS to develop materials for students about menstruation and their rights to access products, which could potentially be leveraged by other agencies. We are also collaborating with agencies to explore opportunities to increase the variety of products offered to clients in certain settings. In addition, we are partnering with the Office of Labor Relations on programming related to menstruation and menopause for City workers. We will continue to work together to develop policy and programming around menstrual equity for New Yorkers.

The Administration appreciates the intent of the legislative package and looks forward to discussing these bills further with Council. We have a few comments on the bills within the package:

Introduction 1055-2023:

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This bill would require NYCPS to produce an annual report on the provision of menstrual products to students. It would also require that the City use the term "menstrual products" in all laws, documents, and materials, rather than "feminine hygiene products." The Administration supports the use of the gender-neutral term "menstrual products." The Administration also recognizes the importance of increasing product access to students and is happy to discuss our shared goals further with Council.

Introduction 1056-2023:

This bill would expand the schools in which NYCPS is required to provide menstrual products to grades four to 12. The Administration has already taken steps to expand product access to schools with grades four and five, as dispensers for pads have been installed in single-occupancy restrooms in NYCPS schools.

Introduction 1057-2023:

This bill would require DOC to produce an annual report on the provision of menstrual products to incarcerated individuals. The Administration has concerns about requirements to track and report the use of menstrual products on an individualized basis.

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We would like to talk with Council further about the goals of this legislation and options to meet that intent.

Introduction 1058-2023:

This bill would require DOHMH to create written materials with information regarding menstrual products and provide the written materials to NYCPS for dissemination to students in grades six to 12.

The Office of School Wellness Programs already disseminates a brochure called Period Facts to schools. This information is circulated to principals and schools can request these brochures for their students. As mentioned earlier in the testimony, the Menstrual Equity Workgroup is working on developing more materials for students on these issues.

Introduction 1059-2023:

This bill would add menstrual cups to the definition of feminine hygiene products and require these products to be distributed. The Administration recognizes that menstrual cups can be a sustainable alternative to disposable tampons and pads but acknowledge that there may be health and safety concerns in distributing these products in a broad

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COMMITTEE ON WOMEN AND GENDER EQUITY 20 array of settings. We would like to discuss this bill further with Council.

The Adams Administration recognizes that access to period products, particularly for vulnerable New Yorkers, is a vital step toward gender equity. We look forward to working with the Council to improve conditions for menstruating New Yorkers so that they can move through the world with dignity.

Thank you for the opportunity to testify on this important subject today. We look forward to your questions and to continuing to work together to advance menstrual equity in New York City.

CHAIRPERSON CABÁN: Thank you, so, to begin, I have a series of questions that I think I would love for each agency present to address. So, maybe we should go agency by agency, but there will be a little bit of repetition here. And starting just from the most general place, I know it was mentioned in the testimony, but I would like to hear what types of menstrual products are currently being provided? And what are the biggest challenges to the provision of those menstrual products in your respective agencies?

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I guess we could start with one agency. I will go through all of the questions, and then we'll move onto the next.

ROMAN GORMAN: Thank you, Chair. I will start for Department of Citywide Administration Services.

So, under Local Law 83, we were only required to supply... store and supply sanitary napkins on behalf of the City. So, DCAS itself does not store these types of items for the agency's use, but it is available for other agencies' distribution.

CHAIRPERSON CABÁN: Okay, to be clear, if somebody calls up DCAS the only thing available to them would be pads not tampons?

ROMAN GORMAN: Correct.

CHAIRPERSON CABÁN: Okay, uhm, and have you all had an internal discussion about adding tampons and other products to be available?

ROMAN GORMAN: So, we have not started... We have internal discussions overall on the type of products available, uhm, if a requirement for DCAS to store and supply these products is made clear. We would precure as needed. Agencies to have the ability to buy these products themselves directly from the Preferred Source Program New York State. I believe

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that is what is happening currently. But if DCAS is
required to store it for distribution, we would be
able to do that.

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CHAIRPERSON CABÁN: Okay, so if they request from DCAS, they get the, uhm, the pads for free or is it... Is that what you are saying? And, then, if they want tampons they have to purchase from a vendor?

ROMAN GORMAN: So, it isn't free from DCAS. So, w have a central storehouse catalogs for a variety of commodities including sanitary napkins. We purchase it on behalf of the City, and, then, if an agency requires us to distribute it to them, then reimburse us for the cost that we paid.

CHAIRPERSON CABÁN: And this might end up being a question for other folks, but if I am looking at the approved vendors for the City, and I am looking at tampons and pads, right? And, then, I look to you guys, is the price that you guys have for the pads lower than what's available through the vendors?

ROMAN GORMAN: Uhm, it depends. Pricing is different across the City, because it is different specifications of the type of pads that agencies are requiring.

ROMAN GORMAN: So, under our specifications that we precured in 2016, uh, the pad prices that we have are current, and we negotiate time and time. It depends on volume that we purchase on behalf of the City. But that could be different across the agencies based on their needs for their client base.

CHAIRPERSON CABÁN: And I do know that the quality of items differs across agencies, so I am sure that we will touch on that today.

Could you also talk to me a little bit about distribution, and how your agency provides guidance to your staff? You know, whom, where, and when to provide access to these products? Does your agency monitor and/or enforce the proper distribution at each agency? Is there a way for the particular population served by your agency to relay issues with the distribution and quality, like, a systematized way to do that?

ROMAN GORMAN: So, DCAS does not have authority to oversee the distribution directly to the client base. We do it... to the agency specifically.

CHAIRPERSON CABÁN: Yes.

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ROMAN GORMAN: We do have an online catalog for a variety of commodities for regular City operations.

We do have communication with the Purchasing

Department of each agency to understand what's in our catalog and what the time frame is for turnaround for us to deliver. But, we do not oversee where it goes after they agencies purchase it for themselves.

CHAIRPERSON CABÁN: And you touched on this a little bit, but, uhm, you said that you negotiate pricing based on different places. How is the decision made to purchase, in addition to price, the product that your agency distributes, such as just pads?

ROMAN GORMAN: So, DCAS is not the [INAUDIBLE]
expert in this item, along with any other item, we
really work with our either sponsoring agencies or
partnering agencies to draft up specifications of
that they would like to see for us to carry. So,
this was done back in 2016. But, we could have
further conversations if need be if we want to change
specifications around what we're providing to City
agencies or even to increase the catalog that we
provide.

CHAIRPERSON CABÁN: Well, can you elaborate on what considerations were made in determining the quality of the products that you all acquire?

ROMAN GORMAN: I personally cannot. Back in 2016, the department or agency that sent us the specifications, they would have made the determination. It would not have been inhouse in DCAS. I can follow up to see where it came from and who made the determination back then. But, as of now, I don't have that answer.

CHAIRPERSON CABÁN: Yes, I would love to get the information on what kinds of conversations are being had about what things are being considered before deciding on what products to purchase.

I am assuming, then, you couldn't speak to the considerations that were made in determining the size of the products that are made available? Do you have multiple sizes and types available?

ROMAN GORMAN: I believe we do, but I could follow up and send everything that we have in our catalog.

CHAIRPERSON CABÁN: Okay. And can you also send a copy of the catalog to us?

ROMAN GORMAN: Yes.

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distribution?

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ROMAN GORMAN: So, during the pandemic the central store house was open and operating. We focused a little bit more on COVID personal protective equipment and things of that nature. I think there was an impact in certain products where, since agencies were not in the office, that they were not ordering as much whether it's this product or cleaning products and things of that nature. So, we did switch gears during COVID to focus more on PPE, but operations were 24 hours a day.

CHAIRPERSON CABÁN: How does the distribution of menstrual products to the various agencies currently Like, do you deliver it or do they have to pick up their allotment?

ROMAN GORMAN: We deliver.

CHAIRPERSON CABÁN: Okay.

ROMAN GORMAN: So, we get a requisition in our system for the number of cases needed, the location that it is to be delivered, and I believe within 24 hours we would have our trucks out there delivering to those specific agencies.

CHAIRPERSON CABÁN: And, I mean, in addition to the agencies that are present here, what other agencies are participating in the distribution?

conversations that happen, but I am still wondering

COMMITTEE ON WOMEN AND GENDER EQUITY 29 is it in a survey format? Are you collecting the data? Or...

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ROMAN GORMAN: So, for Citywide Procurement overall, not just general to this product, we have an open line of communications with all agencies for anything we precure on their behalf. If there is any type of feedback that is required for us to take action on towards the vendor, they would come to us. If it is just general to understand if people are liking the product or things of that nature, that is not something in our purview.

CHAIRPERSON CABÁN: Okay, thank you.

I would love to be able to move over to DOC. I have a few questions, and I imagine that Council Member Farías will also have questions, so I will pass it to her afterwards.

So, what type of products are currently being provided, and what are the biggest challenges to the provision of those products in our jail system?

KAT THOMPSON: Good morning, Kat Thompson, Chief of Staff with Department of Correction. Great question. So, what we are currently offering, readily available, and we have Always size 5 heavy pads, we have Always size 2 regular pads, we have

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TAMPAX tampons, those are available in our housing

areas, in A stations as well as at intake and in

5 can purchase... People in custody can purchase

our court commands. There is also commissary. You

6 Playtex tampons, unscented regular 40-count, as

7 | well as TAMPAX tampons in regular 10-count, as well

as Stayfree maxi pads in a 10-count through our

9 commissary system.

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CHAIRPERSON CABÁN: Okay, so, in terms of... Now obviously they're available in the housing areas, what are some of the reasons why somebody might opt to buy those products through commissary?

MAT THOMPSON: We don't collect data necessarily on why people choose to purchase, but they are readily available in those housing areas, and in their buckets in the intake, and are very much available. So, the actual reason why someone would choose to purchase currently is not something that I have information on at this point.

CHAIRPERSON CABÁN: And if.. If DOC is making menstrual products readily available for free on demand, uhm, what is the need to have them for purchase at commissary?

1 COMMITTEE ON WOMEN AND GENDER EQUITY 31 2 KAT THOMPSON: That's a good question. So, we do 3 have tampons at commissary currently, they were temporarily not readily available, but they are now 4 back in and available. So, I think that is part of why tampons have been ordered through commissary of 6 7 late in the last three years. But, now all the tampons are back and available at Rosie's. 8 CHAIRPERSON CABÁN: So, when they're not available, when the City is not providing a free 10 11 provision of tampons, then folks who are 12 incarcerated have to purchase them? 13 KAT THOMPSON: That was available through 14 commissary, correct. Now, they is security... 15 [CROSS-TALK] 16 CHAIRPERSON CABÁN: No, but I just that... 17 terms of my question... 18 KAT THOMPSON: Yes... 19 CHAIRPERSON CABÁN: I just want to make sure that 20 I am understanding that, is that correct? KAT THOMPSON: So, say your question one more 21 time? 2.2 2.3 CHAIRPERSON CABÁN: If tampons are not, for whatever reason, at any given moment, readily 24 available for free provision in a housing area, and 25

1 COMMITTEE ON WOMEN AND GENDER EQUITY 32 2 an incarcerated person needs them, they then have 3 to buy them from commissary, correct? KAT THOMPSON: If they are available through 4 commissary, and the history of tampon availability has been subject to security, you know, 6 7 availability. So, at the current time, tampons are available both readily available in the housing 8 areas as well as through commissary. CHAIRPERSON CABÁN: But, you did mention that 10 11 there was a period of time... [CROSS-TALK] 12 KAT THOMPSON: Yes... CHAIRPERSON CABÁN: where they were not available 13 14 for free. And the option was to purchase through 15 commissary? KAT THOMPSON: The option became available, I 16 believe in 2022... [CROSS-TALK] 17 18 CHAIRPERSON CABÁN: Okay. 19 KAT THOMPSON: I have to come back to you with 20 the exact date of which they were available through 21 commissary, but not readily available through the housing areas. So, we are rectifying that now, and 2.2 2.3 appreciate an opportunity to talk about it here. So, tampons are now available in the housing areas 24

just as freely as they are with pads.

- 1 COMMITTEE ON WOMEN AND GENDER EQUITY 33
- 2 CHAIRPERSON CABÁN: Okay... [CROSS-TALK]
- 3 KAT THOMPSON: And...

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CHAIRPERSON CABÁN: And when did that... But, and you said in 2022 is when that became a reality?

[CROSS-TALK]

KAT THOMPSON: In 2022 they were... basically 2021 and 2022, and 2023 the availability of tampons was no longer in the housing areas. But, starting in what looks like 2022, they are available by commissary. So, we will get back to you with the specific data as to when tampons were now being sold through commissary.

CHAIRPERSON CABÁN: Okay. Okay, and, so, how much do they cost in commissary?

KAT THOMPSON: In commissary? We have currently Playtex tampons, uh, \$15.60 for a 40-count, and TAMPAX tampons for a 10-count at \$3.90.

CHAIRPERSON CABÁN: And how much do those same products cost at a local Dwayne Reed or Walgreens or whatever?

KAT THOMPSON: I don't have that in front of me here. But certainly we can look it up and get back to you on that one.

2 CHAIRPERSON CABÁN: Okay. What is the wage right

3 | now for work done while incarcerated?

KAT THOMPSON: The wage is ranging anywhere between I think around 55¢ to \$1.55. There are three wage structures currently. So, we can get the exact numbers. But it ranges from .55¢ an hour to \$1.55 or a \$1.45 an hour.

CHAIRPERSON CABÁN: Okay, so if a person who menstruates needs to buy tampons, they would have to possibly work 15 hours to afford one box of tampons? And that is not including maybe getting the extra calories that they need through commissary, or other hygiene products, or anything else that they might need to acquire through commissary that they can't get through the jail? Is that all correct?

KAT THOMPSON: Now, remember, we do have pads available, and they have not been available. So, those are available. But, with change [INAUDIBLE]... [CROSS-TALK]

CHAIRPERSON CABÁN: I just want to know if that's all correct. If that's the right math... [CROSS-TALK]

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4 pads available.

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CHAIRPERSON CABÁN: Okay.

So, I mean, I have to say that I think that the wage does not reflect the need to have sufficient funds to cover the cost of what are necessary products. And I think the choice in product is incredibly important for folks. And I... [CROSS-TALK]

KAT THOMPSON: I concur... [CROSS-TALK]

CHAIRPERSON CABÁN: And I think it's a problem.

KAT THOMPSON: So, just to address that, we are actually looking at the price that is charged currently, and I have asked personally that that been looked at and possibly brought down. If we can't bring it down to a better number, what we're gonna do is just simply provide them for free.

They are now for free available. So, I agree with you, and that is something that we are certainly working on right now.

CHAIRPERSON CABÁN: Yeah, I mean, I think it is a matter of basic... I am sure Council Member Farías will have more to say about this. But, the fact

COMMITTEE ON WOMEN AND GENDER EQUITY 36
that we have them in some of our... We have them
downstairs in our bathroom. We have both options
in our schools. And the fact that incarcerated
people are being denied that option or have to work
15 hours to afford a box, uhm, is pretty upsetting.

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Can you talk a little bit about some of the security concerns with tampons?

understanding. So, the security concerns with tampons and their removal from free distribution, starting at around 2021, were related to issues of contraband, uhm, secretion as well as use of the string for, I think, lighting drugs potentially, and those are the security concerns. So, that is why the pads were kept as the main option -- Right? -- the only option really -- and the two different sizes of pads in our facilities... [CROSS-TALK]

CHAIRPERSON CABÁN: Now for secretion couldn't an option be to purchase tampons that don't have applicators, like, the paper or plastic applicators? Because, there are like OB tampons, for example, that don't have an applicator that could be used. Could possibly take care of that security concern... [CROSS-TALK]

with tracking are that we are fully stocked, that

1 COMMITTEE ON WOMEN AND GENDER EQUITY 38 2 they are readily available to our people in custody 3 when needed/as needed no matter where they are. 4 they are definitely in intake now, in large buckets, 5 ready to go. They're in every cell and intake. are in our housing areas, fully stocked -- they 6 should be. Our warehouse has about a quarter of million tampons on-hand, because we did have them 8 previously... They have a five-year shelf life with them. Those are delivered and stored at the 10 11 facilities as well -- at Rosie's. So, they're in our 12 storehouse as well as in our facilities. We have no 13 plans currently to make any procurement for tampons, 14 because we have enough at the moment. Same thing 15 with pads. They are readily available. 16 So, in terms of... And we do know what we spend

So, in terms of... And we do know what we spend every year. We are happy to share those numbers with you and Chelsea's got them.

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COUNCIL MEMBER FARÍAS: Yes, that would be great, thank you.

CHELSEA CHARD: Yes, and I would just add that, as the Chief of Staff has said, women in the housing areas and in the intake areas, people in custody, whoever may need them, can freely access them. And in order to track specifically,

COMMITTEE ON WOMEN AND GENDER EQUITY individually, how many we are giving out to any one person who may need them, we would have to actually restrict the access that is available in order to , you know, count those products, track those products, and have people in custody ask for them specifically. So, as they are now, how we have operationalized it, we don't want to have to be tracking , you know, how many menstrual products a person may be asking for and may be using at any one time. Because we don't want to discourage them perhaps from taking those products freely, incase, for whatever reason , you know, they feel nervous about asking for them or they ,you know, I can understand why it may feel uncomfortable with the

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So, as it stands, we distribute them freely in a manner that would actually make us have to restrict them in order to track them sort of on that individualized basis.

department or some other agency tracking how many

products they are using.

COUNCIL MEMBER FARÍAS: And, then, in terms of like the massive purchase order that you have made and have a full stock of, how do we... You said a five-year shelf life? Is there expiration date?

COMMITTEE ON WOMEN AND GENDER EQUITY 40

How are folks monitoring that and tracking that per se?

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KAT THOMPSON: Our Executive Director of Warehouse, you know, took a look specifically in our prep for this, so he advised that we are within shelf life on everything we've got. And I am assuming it is on the packaging. I don't have that answer for you right now.

terms of... I think, for me and for other folks, we are trying to figure out... I mean, hearing from DCAS earlier, of how they order, where we have stock, where don't, and ,you know, understanding where the money is going and how it is used. I went on the tour recently of Rosie's; I appreciated that when we walked through, folks could just go and grab what they needed when they needed it. Whether they needed it, whether they anticipated having to need it, or whatever it was, the accessibility was there.

But, on the other, like, governmental expense end of it, I guess I am interested in seeing how we are managing that and how the City itself might be over purchasing or not managing proper use of or getting use of the products that we have in stock. Hearing a

COMMITTEE ON WOMEN AND GENDER EQUITY 41 five-year shelf life, as a woman, is like, that's a lot of product to have. But, I understand the focus that folks have in terms of wanting to have it fully available.

And, then, in terms of concerns around access to providing an option for menstrual cups?

KAT THOMPSON: Okay, so, menstrual cups are not currently offered.

COUNCIL MEMBER FARÍAS: I know.

KAT THOMPSON: I think it would obviously require a discussion through our security, deputy commissioner, et cetera, [INAUDIBLE] to look at the security concerns. Now, the one issue that is a concern is just the sanitation of... We don't have access to boiling water to sanitize these things in our housing areas for obvious reasons. If you want me to elaborate I can. So, that would be a reason why they probably wouldn't work in our setting. But, I think we're open to having a discussion and thinking of ways in which we could look at this. So, it is something that we could consider, but, for now, the security and sanitation concerns are a reason why they are not available at this time.

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COUNCIL MEMBER FARÍAS: Okay, I would love to keep talking about that further, seeing if there are ways that we can use disposable cups and/or looking at the discharge or release planning process with DOC to see if the City can make it available then. I think when we are looking at a cost effective option, both internally within the agency and also when folks are leaving and reentering our communities, it could be a great option.

Okay, thank you so much. I am going to try to do this quickly for the other folks.

With DOHMH, for Introduction 1058, there with The Office of School Wellness, I wanted to know if this is policy to offer the brochures and *Period Facts* to schools or is this currently mandated?

DESPINA ZAHARAKIS: Hi, good morning.

COUNCIL MEMBER FARÍAS: Good morning.

DESPINA ZAHARAKIS: I am really happy to be here having this conversation.

The Office of School Wellness Programs is the program office for health education. So, health education is where students are taught the knowledge and the skills to be able to take care of their wellbeing. And part of that well-being being menstrual

committee on women and gender equity 43 equity. So, they are taught about puberty, they are taught, uh, starting in sixth grade and up, about the types of menstrual products available, their use, right? And, then, sort of having that knowledge, uh, also being able to have the conversation with a health professional or a family member, as to which of the products the students will use.

COUNCIL MEMBER FARÍAS: Sure.

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DESPINA ZAHARAKIS: In 2016, when we rolled out sort of menstrual products in schools in grades sixth through 12, our office worked with an organization called ETR to develop this Period brochure. It has a lot of information about puberty. It has information about product. We made it available to schools and it is still available. So, every year, we have a notice in our sort of weekly principal's digest -- Right? -- that says, hey, ,you know, make sure that we are implementing our menstrual products for our students who menstruate in schools. And here is a way for you to order additional brochures for your students.

This was before my time. But, when I looked into it... we need to update things. When we first produced that, uh, we bought it from ETR, so it's not

1 COMMITTEE ON WOMEN AND GENDER EQUITY 44 2 an inhouse brochure. And it's only in English and 3 Spanish, not in the DOE languages. So, the... 4 members sit on the Menstrual Equity Workgroup. 5 sit on the Sex Ed Task force. They work with The Commission on Gender Equity. So, the task for 6 7 creating updated materials focusing on menstrual 8 equity will be developed at the Menstrual Equity Workgroup with members of all agencies and multiple 10 DOE offices represented. 11 So, that is planned, and our health team is also thinking about how to boost lessons in fourth and 12 13 fifth grade that talk mostly about developmental sort 14 of growth to really also include menstrual product 15 information. 16 COUNCIL MEMBER FARÍAS: Sorry... So, in every DOE 17 school this education is happening with The School of Wellness? 18 19 DESPINA ZAHARAKIS: Health Education is mandated 20 by New York State. Every year in grades K through 5... 21 COUNCIL MEMBER FARÍAS: Mm-hmm? 2.2 2.3 DESPINA ZAHARAKIS: one semester or 54 hours -that can be one semester, it can be two periods... 24

[CROSS-TALK]

1 COMMITTEE ON WOMEN AND GENDER EQUITY 45 2 COUNCIL MEMBER FARÍAS: Or spread [INAUDIBLE]... DESPINA ZAHARAKIS: A week, right. For a year. 3 So, it is mandated for 54 hours at the middle school 4 5 level and 54 hours at the high school level. Our recommendation is that students get health 6 7 education in sixth grade and eighth grade. And that is something that we really push for. Although, 8 unfortunately, most students are getting it in 8th grade and 12th grade. 10 COUNCIL MEMBER FARÍAS: Sure. 11 DESPINA ZAHARAKIS: So, that is something we are 12 13 working on. COUNCIL MEMBER FARÍAS: Okay. And, then, so, I 14 15 appreciate that you are saying that you are looking 16 to update the materials and it is clear that, 17 regardless of this Workgroup functioning for however 18 long it has been functioning, we have not updated it 19 in the DOE languages. And now this is sparking to 20 update it in the DOE languages. That's great. I'm looking forward to seeing all of those materials. 21 How frequently are principals asking for these 2.2 2.3 period products or period factsheets for the schools? DESPINA ZAHARAKIS: So, the last notice or the 24

notice for this year went out on August 29th...

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         COMMITTEE ON WOMEN AND GENDER EQUITY
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        COUNCIL MEMBER FARÍAS: Okay.
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        DESPINA ZAHARAKIS: announcing the expansion to
     grades 4 and five, and also reminding principals to
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     ask for brochures... [CROSS-TALK]
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        COUNCIL MEMBER FARÍAS: Okay.
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        DESPINA ZAHARAKIS: As of Friday of last week, I
    believe eleven schools have reached out and asked...
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     [CROSS-TALK]
        COUNCIL MEMBER FARÍAS: Eleven out of the entire
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     city?
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        DESPINA ZAHARAKIS: Sorry?
        COUNCIL MEMBER FARÍAS: Eleven out of the entire
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     city?
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        DESPINA ZAHARAKIS: Yes.
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        COUNCIL MEMBER FARÍAS: Okay, so we're not doing a
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     great job there. We have to be able to... So, I
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     guess this goes back to my question, is this policy
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     to create these facts sheets or is it mandated?
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        DESPINA ZAHARAKIS: So... [CROSS-TALK]
        COUNCIL MEMBER FARÍAS: It has been mandated since
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     2016?
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        DESPINA ZAHARAKIS: No, it was not mandated.
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     wanted to support the educational piece... [CROSS-
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     TALK]
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COMMITTEE ON WOMEN AND GENDER EQUITY 47

COUNCIL MEMBER FARÍAS: Okay, so, it's just

policy...

DESPINA ZAHARAKIS: of the rollout.

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COUNCIL MEMBER FARÍAS: Okay, great. So, it's just internal policy to do this, because it is part of growing up and developing, and we want students... So, it sounds like a law to mandate it is probably extremely necessary, especially if we need to have access to the languages. If not ,you know, we can get a different administration or a different council means people can change priorities, and then this could wiped away overnight. Got it.

DESPINA ZAHARAKIS: I think it is something that... Sorry, we are committed to... [CROSS-TALK]

COUNCIL MEMBER FARÍAS: For sure...

DESPINA ZAHARAKIS: and ,you know, for... There's a re-energizing short of around making sure that our students have the information they need around menstruation for all students who menstruate. I think that expanding at the fourth and fifth grade charged it up a little bit. And I think the Menstrual Equity Workgroup is also really focused in on this. So, there is a re-energizing around this topic.

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Also, I know that folks ask, well, how do students know? And we sort of had left that at the local school level. Right? Principals informing students, and the students can see the dispensers in the restrooms. We know that that is also an area that we need to sort of push a little bit. So, we are creating a flyer that will be available in all languages -- and principals will be able to print and post them -- that will inform students that there are

free products and where they are available.

actually going to be my final question. Every single time I visit a school in my district, I ask to go into one of the bathrooms, particularly the ,you know, girls bathrooms. And there are always empty pad and tampon dispensers. I read in testimony that the custodians are supposed to be in charge of restocking. But if the custodians are not doing it, and the students don't know where to go or are still going to the nurses office to request that -- and clearly then nurses in our schools are not flagging, "Students are still coming to me, maybe the bathroom is empty." But, when I mean I have gone into every bathroom in the school that I visited, and there is

not a single menstrual product available. I mean, my question lies with ,you know, how are we actually enforcing it and ensuring that principals understand that free accessible products are indeed mandated by law for our students? And it needs to be followed.

DESPINA ZAHARAKIS: I'm sorry that that has been your experience. And I'm sorry the students in that school have to deal with that. Right? I'll let John talk in terms of the distribution piece. But, you know, in my mind.. I was a principal, and I had my school aides, and they were responsible for making sure that conditions were up to speed in the school. Bathrooms were stocked; hallways were clean; classrooms were clean. Right? And they got my intel, and I met with the custodian weekly to make sure that we are on the same page and conditions were where they should be. And that's what we assumed was happening. But, obviously it's not. dispensers were empty, that is the first thing I would do, reach out to my custodian engineer, say, what's going on here? And if I wasn't satisfied at that level, we have Deputy Director of Facilities that principals can always reach out to when there is

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COMMITTEE ON WOMEN AND GENDER EQUITY 50

an issue at the school level, and they will be able

to resolve it.

That is sort of my school experience, my instructional piece... [CROSS-TALK]

COUNCIL MEMBER FARÍAS: Sure.

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DESPINA ZAHARAKIS: But, John can speak to the distribution.

COUNCIL MEMBER FARÍAS: Yes, and I do want to say that we know principals are doing all the things all do. So, I get that. But, I want to get in on how we are making sure that they're stocked.

JOHN SHEA: Sure, and thank you for the question, Council Member. Before I answer, I just wanted to express on behalf of Chancellor Banks, his strong support for the menstrual equity efforts of the Council. And we are happy to answer your questions here, so thank you for having us.

I will start by saying that if there are dispense... Custodian engineers have clear direction that they are supposed to maintain stocks of all of these products at all times in their bathrooms.

What you have described is unacceptable. If there is an issue with dispensers not being

Stocked, as Despina said, there is an escalation process that starts with the school, but if that is not successful then people can always escalate that beyond the school, uh, to my office, and we will ensure... And we have in the past, not just for this, but for other facilities' related issues.

Anyone on the Council can reach out to me and my office, and we will address those on a case by case basis. We need to know that information, and that is helpful to us if that is not happening. We

COUNCIL MEMBER FARÍAS: For sure, thank you so much, and thank you, Chair for the very generous amount of time.

appreciate that support.

CHAIRPERSON CABÁN: I would like to pass it over to Council Member De La Rosa.

COUNCIL MEMBER DE LA ROSA: Thank you, and I think Council Member Farías did a great job asking some of the questions I had as well.

But, I did want to ask about those students who are yet in sixth grade, uhm, I understand that there's an education component, but if one of those students does have a need during the school day for

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COMMITTEE ON WOMEN AND GENDER EQUITY 52 menstrual hygiene product, what is the protocol

right now at this moment?

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DESPINA ZAHARAKIS: So, if the student does not have Health Education in sixth grade, they are not getting the product instruction from their school.

The products are available to the students, but questions about the product... And access to the product is free access. Right? Students can go to the dispenser and pick it up. But, information needs to come from family members, needs to come from questions to the nurse maybe, questions to a health professional. That is why we think it is key for students in sixth grade to have Health Education.

Unfortunately, that is a state requirement. It is anytime sixth through eight. But, in all of the trainings we do for Health teachers, and all of our conversations with principals, it is sixth grade. We are really pushing sixth grade, eighth, and ninth grade.

COUNCIL MEMBER DE LA ROSA: I hear you. What I am asking is if ,you know, someone is menstruating, and they need... they have an emergency, and they need access, and they are not in sixth grade, what is the protocol? Is then the instruction administered to

1 COMMITTEE ON WOMEN AND GENDER EQUITY

2 that child by a nurse, or is the child kind of left

3 on their own to figure out how to use the product?

DESPINA ZAHARAKIS: I don't know what the protocol at the school level is, because that would be considered sort of a health emergency...

COUNCIL MEMBER DE LA ROSA: Mm-hmm

DESPINA ZAHARAKIS: Right? I don't if the protocol would be for the child to go to their homeroom teacher, the nurse, uh, call family, I don't know. There is no standard protocol that we have in place. But, that is something that we can definitely think about and take a look at and pose to schools. Right? Think about how we are guiding schools that are not providing health education to their students at sixth grade, but will have students who menstruate.

COUNCIL MEMBER DE LA ROSA: Absolutely, I think that that is important to have a plan and a protocol, because especially if the bill that I am sponsoring today passes, then ,you know, that age goes down to fourth grade. And, so, to have a child be put in a situation where they won't have anyone to instruct them or even have access to a product, it is

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COMMITTEE ON WOMEN AND GENDER EQUITY 54

important. I think that a procedure and a protocol

is needed.

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And, then, the other question that I had was, how is accountability ensured? It seems to me from the line of questioning that both the chair and our colleague had, there isn't sort of honed in formula for who is accountable for kind of making sure that product is replaced and that it is constantly available.

DESPINA ZAHARAKIS: That would... John...

JOHN SHEA: Sure, thank you for the question.

And, again, if the custodian engineers have been given direction to maintain these stocks, and if there was an issue at the school that that was not being done, that would generally start with the principal having a conversation with the custodian engineer. And if that was not successful, then it should be escalated up. And we will take care of those issues. But we need to know that. So, again if you have... [CROSS-TALK]

COUNCIL MEMBER DE LA ROSA: Okay.

JOHN SHEA: schools in your district that you have issue specifics for, we would want to know that, and we... [CROSS-TALK]

all bathrooms be serviced?

COUNCIL MEMBER DE LA ROSA: And are all bathrooms going to be serviced? If the law passes, are all bathrooms going to be serviced? I know I have visited schools where they have, like, a little kid bathroom and a bigger kid bathroom. As a mother of a very big nine year old, I know that there is flexibility with which bathrooms are used. But, will

JOHN SHEA: So, currently all single occupancy restrooms and all girls restrooms in schools with children sixth through 12th have dispensaries for both pads and tampons. And in fourth and fifth grade, this summer, we are happy to report that we have rolled out pads in all of the single occupancy restrooms in school buildings with students fourth and fifth grade.

COUNCIL MEMBER DE LA ROSA: Oh, great, thank you so much for your questions, and I am looking forward to continuing the dialog.

CHAIRPERSON CABÁN: Thank you, I just want to ask a couple of follow up questions on Council Member De La Rosa's questions, and then I am going to pass it to you, Jen.

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getting that kind of education, uhm, some of the

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         COMMITTEE ON WOMEN AND GENDER EQUITY
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     places that they might get it is at home with their
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     family or a school nurse, right?
        DESPINA ZAHARAKIS: That's my understanding,
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     but... [CROSS-TALK]
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        CHAIRPERSON CABÁN: All right. Okay.
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        DESPINA ZAHARAKIS: each school is going to be
     different. I don't know if... [CROSS-TALK]
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        CHAIRPERSON CABÁN: But...
        DESPINA ZAHARAKIS: it's going to be...
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     child goes to a guidance counselor... [CROSS-TALK]
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        CHAIRPERSON CABÁN: [INAUDIBLE]
        DESPINA ZAHARAKIS: if a child goes to a teacher.
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     I mean, a child would go to a trusted adult...
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     [CROSS-TALK]
        CHAIRPERSON CABÁN: Yeah.
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        DESPINA ZAHARAKIS: or a nurse.
        CHAIRPERSON CABÁN: Yeah. I mean, it seems like a
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     nurse would a good option as a health professional.
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     How many of our schools have a nurse?
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        DESPINA ZAHARAKIS: I would need to... [CROSS-
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     TALK]
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        CHAIRPERSON CABÁN: A full-time nurse?
        DESPINA ZAHARAKIS: get back to you on that...
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     [CROSS-TALK]
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2 CHAIRPERSON CABÁN: But, it's not all of them?

DESPINA ZAHARAKIS: My understanding is that certain... Schools with certain grades do, but I can't speak for ,you know... But, I... We can certainly get back to you on the number of schools that have a school nurse.

CHAIRPERSON CABÁN: Okay. I mean, I... I'm pretty sure it's not all of them. So, I think that is a problem in support and care.

And, then, this was mentioned... I mean, do you agree that we should have protocols for a student that experiences, like, beginning their... their, uhm, their period, like, unexpectedly that we should have protocols for that?

DESPINA ZAHARAKIS: I would need to talk to my

team about that and see what can be put in place and
how to appropriately guide principals -- talk to the

Office of School Health. You know, really have a

conversation. But, I can certainly start that

conversation. And I think the Menstrual Equity

Workgroup would also be very happy to undertake

thinking through what that could look like at the

school [INAUDIBLE]... [CROSS-TALK]

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CHAIRPERSON CABÁN: I... I just think that my point is, is that it was described as a health emergency. And this is not an emergency, it's something that happens to many of us on a cycle every month. Yeah, maybe we're off by a few days, whatever... whatever it might be, but this idea that we can't account for it seems a little bit absurd to me. I am going to be honest. And I do think that, like, from a health standpoint, schools have protocols for stomach aches, they have protocols for bloody noses, I don't understand why there isn't a set protocol for a person who starts their period.

So, it would make sense to me that would be something that the department should, uhm, should seriously consider doing or should do.

I am going to hand it over to my colleague, Council Member Gutiérrez.

DESPINA ZAHARAKIS: I sorry... Just if you...

Chair, if I can, I was just informed that all schools have a nurse. So...

CHAIRPERSON CABÁN: All schools have the... A full-time nurse or are supposed to have... [CROSS-TALK]

1 COMMITTEE ON WOMEN AND GENDER EQUITY 60 2 DESPINA ZAHARAKIS: That's what I was informed... 3 [CROSS-TALK] CHAIRPERSON CABÁN: There's not a single nurse 4 5 vacancy in not a single school in our city? DESPINA ZAHARAKIS: I would not be able to respond 6 7 to that. That's what I was told. I'm sharing with you what I was told. But, I will certainly follow 8 up...[ CROSS-TALK] 10 CHAIRPERSON CABÁN: Okay. DESPINA ZAHARAKIS: As I said I would. 11 12 CHAIRPERSON CABÁN: Okay, thank you. 13 DESPINA ZAHARAKIS: Now... [CROSS-TALK] 14 COUNCIL MEMBER GUTIÉRREZ: Thank you, Chair. 15 I have a couple of questions for DOE and them 16 DOC. So, I will start with DOE. Obviously I am just 17 18 also wanting to double down on what all of my 19 colleagues have said. I also visit with my schools. 20 I also will time to time even do a little pop in with 21 custodial staff, uh, where they will share with me 2.2 their challenges that they have. And ,you know, I am 2.3 going to start keeping count, but I can guarantee you

that these dispensers are empty or either... broken.

empty. That seems to be very unclear.

And I think something that I would love to see you all work into the system is informing children of who they can notify when it's broken or when it's

And you can certainly understand why it is uncomfortable for a young student to look for a custodian to be, like, hey, we're missing pads and tampons in the girls' bathroom. So, that was something that has never been clear to me. So, I wanted to double down on that.

Uh, on the education piece, is that something's that accessible to all students? Or is it students and families who opt in for ,you know, uh, like, for the use of products, but the education piece, is that for everybody?

DESPINA ZAHARAKIS: Health Education is mandated for all students. There is no opt out... [CROSS-TALK]

COUNCIL MEMBER GUTIÉRREZ: But, the piece about menstrual cycles, is that... is also included?

DESPINA ZAHARAKIS: That is part of Health

Education. There is no opt out.

COUNCIL MEMBER GUTIÉRREZ: Wonderful.

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I was a staff member during the pandemic, and we got approached from many families who were concerned about, uh, the inability of other... of students to retain products... menstrual products while they were learning remotely. I know that it is still a challenge. Is there a system or a policy in place for students seeking to get products over the weekend or over holidays -- You know, essentially, in some kind of bulk fashion, where they are not trying to fenagle one product at a time? Is there something in place at every school where they can do that?

DESPINA ZAHARAKIS: I will let John speak to the access and the numbers. Right, students... Yep... John?

JOHN SHEA: Sure, thank you for the question. So, you mentioned during the pandemic. We did, even though schools were closed, we had a number of our school that were distribution sites for a variety of things, food in particular. But, we also distributed menstrual products from existing stock to the community. We do not currently have a process for providing products to people outside of school hours. But, we are happy to continue that conversation with

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COMMITTEE ON WOMEN AND GENDER EQUITY 63
the Council and the Workgroup to, uh, to see what's possible... [CROSS-TALK]

COUNCIL MEMBER GUTIÉRREZ: So, a student, right now, in a Friday, before a holiday weekend, can they go somewhere to pick up more than one product before they leave? I am referring to students.

JOHNE SHEA: Sure. So, my response to that would be that they are really provided in the existing bathrooms in the school. They would be able to take what they needed, uh, from those dispensers.

with you, very, very seldom are these dispensers working and ,you know, again, this is not blanket, but, they're not... But, in that instance, where do they know where to go? Where do they go? Do they go to a nurses office? Do they go to their homeroom teacher? Is there a place where they can go in the event that they want to walk out with 10 products and they don't want to be seen by everybody. What is that system?

JOHN SHEA: Sure, and that's a great question.

And, again, I would say that that's on a school by
school basis where the school principal would manage

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COMMITTEE ON WOMEN AND GENDER EQUITY 64 who that escalation should be within their individual building.

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COUNCIL MEMBER GUTIÉRREZ: Can I ask, this is from personal experience in my youth. I felt comfortable with a particular teacher. This particular teacher would give out menstrual products. Do teachers have a pathway to be reimbursed for the stuff that they provide to students at their own will, and their own discretion? But, do they have, uh, do they have that pathway?

JOHN SHEA: Yeah, I am not aware of one. But we can certainly get back to you with [INAUDIBLE]...

[CROSS-TALK]

COUNCIL MEMBER GUTIÉRREZ: But, do you... I can't be the only one. I think there are many teachers who are doing this for their students -- providing those for their students. Has this ever been a topic of discussion?

DESPINA ZAHARAKIS: I don't know about a topic of discussion, but to your point, I know our students...

Our teachers do provide for our students. When they see a need and we are not meeting that need, they do provide. I think there are avenues for teachers getting reimbursed for the money that they put out,

1 COMMITTEE ON WOMEN AND GENDER EQUITY

but I would need to confirm whether a SIP, a small

3 | item purchase, can be for all... [CROSS-TALK]

COUNCIL MEMBER GUTIÉRREZ: [INAUDIBLE]...

DESPINA ZAHARAKIS: All products or for some products. Right? So, I can follow up on that question. But, to your point about dispensers, I think now that we are developing ,you know, the poster to inform students that free products are available and where they are available, I think we need to double down, both on the custodian and [TIMER CHIMES] the principal end to ensure that products getting stocked is a priority for all schools.

Because, I have heard it -- and I hear it -- and that is not the position we want to be in. We don't want to rollout a Menstrual Initiative, Menstrual Equity for thinking about our students who menstruate, and be told that there are no products.

So, we will double down on that with the publication of this flyer. And it will also be information for students, like, here are free products for you. Students can then say, "Well, I don't have them," right? So, it will be more informational, but also motivational.

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I think that we are going to take that

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opportunity to really work together to make sure both

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principals and custodial engineers -- but, also

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everyone is supposed to be reading P Digest,

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including superintendents and their teams. Right?

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So, really making sure that we have that

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understanding across the system -- Free products are

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available. Period.

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COUNCIL MEMBER GUTIÉRREZ: Wonderful, thank you.

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Uhm, thank you so much.

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My last question is for DOC. In speaking with

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Council Member Farías, I am in full support of her

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bill, and I know that you mentioned some challenges

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about potentially sterilizing menstrual cups.

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Can you just describe for me, are there

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incarcerated individuals who do use.. Like, do

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they... Do they use menstrual cups? Or is it

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something that is band?

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KAT THOMPSON: They're currently not available, so

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there should not be... There should not be...

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[CROSS-TALK]

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COUNCIL MEMBER GUTIÉRREZ: Oh, so, they're not

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even... They're not... They're not allowed to have

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them... [CROSS-TALK]

1 COMMITTEE ON WOMEN AND GENDER EQUITY 67 2 KAT THOMPSON: [INAUDIBLE] not allowed to have 3 them... Yeah, that's correct. COUNCIL MEMBER GUTIÉRREZ: At all? 4 And, is the piece about sterilization just the 5 boiling aspect of the cup? Which, to my 6 7 understanding is not a 100 percent necessary. It is 8 just strongly advised. KAT THOMPSON: Right, that would be a concern. So, it is something that we... I think we need to 10 11 take a look at. Right? And come to a conclusion. 12 We don't have that in the moment. So, but at this 13 time, there are no cups available. COUNCIL MEMBER GUTIÉRREZ: And are there any other 14 15 challenges that you are debating? 16 KAT THOMPSON: Right now, the conversation with 17 this administration hasn't happened -- in terms of 18 cups -- that I am aware of. So, I think it is yet to 19 be discussed. COUNCIL MEMBER GUTIÉRREZ: Okay. 20 21 KAT THOMPSON: And Chelsea may have some additional ... 2.2 2.3 CHELSEA CHARD: I would just add that , you know, sort of what was, uh, laid out in testimony is ,you 24 25 know, there are certain settings that it is

1 COMMITTEE ON WOMEN AND GENDER EQUITY 68 2 challenging to maintain the menstrual cups in a 3 hygienic way. And, so, there is not the boiling 4 water available, and I think something we also have to consider for us, is that most of the bathroom 5 facilities that we have for folks in custody are 6 7 common areas, common bathroom use areas. 8 may also be another challenge just for hygiene purposes. And we , you know, we of course want to make sure that if we are providing those products 10 11 that people who need them can clean them appropriately so that they can stay safe and healthy 12 13 while they are using those products. So, as the Chief of Staff said, it is not a full discussion we 14 15 have had at this point, just because this is the fist 16 time that it is being brought to us. But, there 17 certainly would be some barriers with kind of 18 maintaining the hygiene off those products of ... 19 [CROSS-TALK] COUNCIL MEMBER GUTIÉRREZ: 20 Thank you. 21 CHELSEA CHARD: for the people who would want to 2.2 use them. 2.3 COUNCIL MEMBER GUTIÉRREZ: I can understand that. And with existing products that are made 24

available to individuals like you mentioned, pads and

COMMITTEE ON WOMEN AND GENDER EQUITY 69
tampons? What are some of the steps that are taken
to ensure hygiene in those instances?

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KAT THOMPSON: Ensure hygiene? So, products are separately contained in bins in the A stations in those housing areas, they're packaged, and then they're handed out. So, that's how they... They are coming in boxes, they're unboxed, they're put into the bins in the intakes, et cetera. But, they are packaged, obviously, in their packaging when they are going out and distributed to our people in custody.

COUNCIL MEMBER GUTIÉRREZ: Yeah, how do they dispose of it... [CROSS-TALK]

KAT THOMPSON: For disposal? [CROSS-TALK]

COUNCIL MEMBER GUTIÉRREZ: In a way that it is hygienic?

CHELSEA CHARD: We would have to get back to you on that.

COUNCIL MEMBER GUTIÉRREZ: Okay, so I am just trying to... And they are different, they are different products a 100 percent. Uhm, but I am just trying to see if what you are raising about hygiene with the menstrual cups is starkly different that what is accessible with existing products. And if that is an area for improvement as well. But, I

COMMITTEE ON WOMEN AND GENDER EQUITY 70 think, uhm, however you all can continue to engage on that conversation is certainly helpful. Thank you.

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CHAIRPERSON CABÁN: Thank you. I want to move back to Department of Education again for a few questions.

Also, I just wanted to take a second to shoutout to the Brooklyn Girl Scout Troops, because, as some of you may know, between 2018 and 2020, Brooklyn Girl Scout Troops identified several issues at schools including four out of 23 not meeting the standards of providing both sanitary bins in each stall, and free menstrual products in the restrooms, and fourth and fifth graders who are not included in that Local Law 84 of 2016.

But, I just want to say, like, how cool is that that young folks put together this study and collected the data, and identified a gap. But, it is also very clear that there still exist a gap. And, so, you know, we need work together to make sure that we are filling it.

Uhm, I wanted to go back to some of the testimony around the products being available in girls' bathrooms and single occupancy bathrooms. I know that my colleagues hit on just how critical it is

COMMITTEE ON WOMEN AND GENDER EQUITY 71

that students know where to find them. And certainly

I think that it would be especially important for
, you know, gender expansive folks, trans students,

for example, to know where to find these products,
especially because they may be using certain

bathrooms over others.

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So, can you talk to me a little bit about how nonfemale identifying individuals who require these products are identified. And describe how a trans or nonbinary individual, for example, is supposed to access these products. And that is also a question that expands to DOC as well. So, I would love to hear you weigh in on that.

And, then, also, shelters, I haven't asked any questions around our shelters yet, but I would like to.

And how do you ensure equitably distribution of products to nonfemale identifying individuals?

DESPINA ZAHARAKIS: So, I think I would need to talk with DSF to see what the rational was in how they rolled this out in terms of deciding on girls' bathrooms and the single occupancy bathrooms.

Theoretically, the thinking was that... Is that right? That's how they would...

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JOHN SHEA: Sure. So, as I mentioned, the single occupancy restrooms are actually designated as gender

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neutral.

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CHAIRPERSON CABÁN: Mm-hmm?

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JOHN SHEA: And those students that want to use those restrooms would have those products available

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3 in those spaced.

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if there is a, uh, a trans male student, who wants to

CHAIRPERSON CABÁN: Well, my question to you, is

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use the boys bathroom, how does that trans male

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student, for example, know where to access period

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3 products and get them?

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JOHN SHEA: That question, I apologize, I do not have an answer for. But, we can get back to you with

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what the policy is on that.

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CHAIRPERSON CABÁN: Okay.

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I mean, I think that it, again, I just think some

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of the... And I just think some of the lack of

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answers speaks to sort of how gender expansive folks,

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trans folks, are not being centered in these

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policies. And, they should be, because it guarantees

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I would move over to DOC to answer the same

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questions?

access to everybody.

| _  | COMMITTEE ON WOMEN AND GENDER EQUITE /3               |
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| 2  | CHELSEA CHARD: Sure, and thank you, it is an          |
| 3  | important question. So, for DOC, uh, when             |
| 4  | transgender, gender nonbinary, or gender expansive    |
| 5  | folks, uh, intersex folks are coming into custody,    |
| 6  | they are Our LGBTQ+ Affairs staff meet with them,     |
| 7  | and they do have an intake form. And on that intake   |
| 8  | form, one of the questions that can ask, or a box     |
| 9  | that the person in custody can check off is whether   |
| 10 | they do need menstrual products. And, so, for those   |
| 11 | individuals who may be housed in a male facility, we  |
| 12 | would potentially know who those individuals are, but |
| 13 | if we don't, and they do end up needing them, they    |
| 14 | have several options. They can ask, if they are       |
| 15 | comfortable, the staff on the housing area. If        |
| 16 | they're not [comfortable] they can get a hold of our  |
| 17 | LGBTQ+ staff in many different ways discreetly or by  |
| 18 | asking for them, as well as [INAUDIBLE] staff and     |
| 19 | program staff. And they all that information readily  |
| 20 | available to them, in so much that if someone asks    |
| 21 | for those products, the LGBTQ+ staff keep those       |
| 22 | products in their office, in the male facilities, and |
| 23 | so, they can distribute them if they are not          |
| 24 | available in the facility. There are many other       |
| 25 | folks that they can get ahold of within the facility, |

COMMITTEE ON WOMEN AND GENDER EQUITY 74

again whether it is program staff or uniform staff to
go and get those products and bring them to the
person discreetly should they need them.

CHAIRPERSON CABÁN: Thank you.

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And can anybody speak to what the case is in the shelter system?

MELANIE WENIGER: Sure, I am happy to speak to that. So, the city agencies that oversee shelters take very seriously their legal obligations to provide products and uphold the dignity of clients. And menstrual products are available in the shelter setting. As I mentioned in my testimony, they are available in different kinds of shelters. And the agencies -- DHS, DSS, HRA -- they work in partnership with DCAS and the Human Services providers that they work with to make sure that those products are in those sites. And, as I also mentioned in testimony, they are available, depending on the specific shelter in different places, so some shelters have them available, for example, at the front desk. Other shelters have them in pantry areas where there are other kinds of products that are also made available.

CHAIRPERSON CABÁN: Uh, and they just as readily available in our respite centers or any of the

COMMITTEE ON WOMEN AND GENDER EQUITY 75 locations that are housing newly arrived asylum seekers?

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MELANIE WENIGER: Absolutely. So, menstrual products are available at the Humanitarian Emergency Response and Release Centers, the HERRCs, which are managed by New York City Health + Hospitals. And those products are available, alongside other kinds of personal hygiene products, in supply rooms on site. And, then, uh, sanitary pads are available in the respite centers, which are run by New York City Emergency Management as well.

CHAIRPERSON CABÁN: And that was going to be my followup question in terms of what those products are. So, there are some disparities. So, you're saying some locations have both pads and tampons, and some just have pads, or?

MELANIE WENIGER: So, that's something I would have to follow up and get back to you. My understanding is that menstrual products... Is that menstrual products, I believe that means both pads and tampons are available in HERRCs. I need to follow up about what exactly is available in the respite centers.

CHAIRPERSON CABÁN: Thank you.

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So, a question I have for... a question I have for essentially, uh, everybody, uhm, because I have heard different things about the quality of products available at the different sites.

Are... You know, what are the considerations that were made in determining the quality of products?

And just to give some examples from multiple reports that we have gotten, uhm, some made by students, who were provided with inappropriately adult-sized products for example; some by incarcerated individuals who have received pads more suitable for wounds than menstruation; and some by shelter clients who have used... Have had to use multiple products at once in order to prevent leakage. And, so, there has been a real concern about a lack of quality or poor quality of the free period products.

Uh, has anything been done to rectify these issues?

MELANIE WENIGER: Well, I can speak first and then defer to my colleagues for more specific answers.

So, in terms of the types of products and the variety of products, that is something that we are

actively looking into about what the agencies are providing and how we can provide more variety to meet more New Yorkers' needs. So, we are looking at developing new product specifications that can guide purchasing in the future to provide more variety, so that people... clients are receiving products that are aligned with their needs or more aligned, for example, with their preferences, their age, et cetera.

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CHAIRPERSON CABÁN: And I think that it... If I may, the... that is not just a question being provided with more variety, but raising the floor and making sure that at the most basic level that the quality of the products are good enough to serve their function.

With... Would the other agencies also be able to answer that, please?

JOHN SHEA: Sure, so it was actually when we first rolled this program out many years ago, uh, it was with partnership of the Council. We did a pilot program in Council District 21, uh, and got feedback through a survey of the principals for the products that we had provided, and got positive feedback.

But, since then.. [CROSS-TALK]

1 COMMITTEE ON WOMEN AND GENDER EQUITY 78 CHAIRPERSON CABÁN: From the principals, not the 2 3 students? JOHN SHEA: We wouldn't reach out directly to the 4 students. We would expect that the principals would have gotten that information from the students. 6 Uh... [CROSS-TALK] CHAIRPERSON CABÁN: So, it... and, I'm sorry, but 8 it... JOHN SHEA: Sure... 10 11 CHAIRPERSON CABÁN: Just to be... Like, do you 12 know for a fact that the principals were giving 13 feedback based on engaging with students, or whether 14 the principals looked at the products and, said, hey, 15 I think these are fine? [CROSS-TALK] 16 JOHN SHEA: Sure. So, that was the intent. But, 17 my point is, we had sent that survey to the 18 principals... [CROSS-TALK] 19 CHAIRPERSON CABÁN: Okay. 20 JOHN SHEA: to get that feedback from the students. But, our information was from the 21 principals. Uh, and, again... [CROSS-TALK] 2.2 2.3 CHAIRPERSON CABÁN: Okay, but do you know that that's what happened? I guess, I would just like 24 more details. You know, when you sent this out to 25

COMMITTEE ON WOMEN AND GENDER EQUITY 79
the principals, did it specifically say, hey, what
you're required to do is survey your students to find
out what they think? Or was it just a, like, a, hey,
tell us what you think?

JOHN SHEA: Oh, excellent question, and I can get back to you with that information.

But, I will say that we have definitely heard the concerns about both quality and variety of products that are being provided. And was mentioned by my colleague, we are actively engaged with The Menstrual Equity Group to have those conversations and to see what else we could do.

CHAIRPERSON CABÁN: Yeah. Because, I will tell you, students will tell you. I mean, students are probably one of the most active participants in our participatory budgeting processes. Students, when we did, at least in my district, an education town hall, students came in and were talking exactly about that. Not a single parent mentioned ,you know, some of these things, but it was students who were bringing them up talking about their experiences. And, so, if it not coming directly from students, there is definitely a [INAUDIBLE]... [CROSS-TALK]

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1 COMMITTEE ON WOMEN AND GENDER EQUITY 80 2 JOHN SHEA: Uh, I can tell you the best part of my 3 job is actually engaging with the students. [INAUDIBLE]... [CROSS-TALK] 4 CHAIRPERSON CABÁN: I'm sure! JOHN SHEA: the issues for me. Because, I know I 6 7 am going to get straight feedback, that's for sure... 8 [CROSS-TALK] CHAIRPERSON CABÁN: That's right. And, DOC, please? 10 KAT THOMPSON: Sure. So, our people in custody do 11 12 have the ability to make complaints. So, we pulled our complaint history just for calendar 2023. 13 14 have five complaints that were in the categories of 15 supply, uhm, there was a complaint regarding inappropriate search, that must have intersected with 16 17 some menstrual products; a lack of information; a 18 mandated service; and then another jurisdictional 19 complaint. Every complaint is looked into by our Office of 20 Constituent Grievance Services and followed up on. 21 Separate to that, I think, just in terms of our 2.2 2.3 supply, like I had already gone through what we have currently available, certainly variety I think is 24

important. Every human being is a different, unique

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COMMITTEE ON WOMEN AND GENDER EQUITY 81 individual. So, all of the different reasons why ,you know, difference and options matter, I think are important.

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So, our current level of options is not just one or two. We have couple -- more than two. But, I think, uh, certainly it is a great point. And, so, we will be happy to look into that further as well.

CHAIRPERSON CABÁN: Okay. And I want to stick with, uh, you all at DOC for a moment. There was an April 20 of 2017 New York Times article reporting on issues related to product quality and barriers to access. You talked about it a little bit more broadly, but can you go into a bit more of detail on the guidance that both jails, and if you can speak to police stations, or anywhere a person might be in custody with regard to period products?

Like, where... Where do those guidelines live? What do they include? Like, what are the specific directives that employees are given?

KAT THOMPSON: So, I don't know specific guidance per se, whether it is in any of our polices or directives. I do know that in the intake, we say two are available per PIC. However, there are buckets of them there. So, if you need more, you could certainly

COMMITTEE ON WOMEN AND GENDER EQUITY 82 get more. Uhm, and I am going to ask Chelsea to comment as well, she has more information....

[CROSS-TALK]

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CHAIRPERSON CABÁN: Well, and I... And I certainly, I want to give Chelsea that opportunity to comment. But, I will say that I have concerns about a policy that is, like, in writing, what is memorized is two per person incarcerated -- which is not enough product obviously -- but, we give as needed rather than codifying or memorizing a policy that makes certain a person's need is met and is not , you know, reliant on the common sense of the person who is charged with their custody or the... I don't even want to say generosity, because it shouldn't take generosity to be able to access these products. But , you know, like, why is that? Why is it that is what written is two, but then sort of the unwritten, unspoken policy is, but if they more... I just think that's the... it doesn't make sense to me. So, I am wondering if you can make sense of it?

CHELSEA CHARD: Yes, I would just clarify that the... The number two kind of that quantity is what we are directly providing immediately upon intake to anyone.

2 CHAIRPERSON CABÁN: Mm-hmm?

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CHELSEA CHARD: So, that is just to make sure that everyone has some immediately -- more than one ,you know, some accessible number. And, then, if you need more beyond that, you can ask. And, then, again, as we discussed, once you are in the housing area, people are taking those freely. So, we are not limiting the number of products that we are distributing to them or giving out to them. Because we are not just giving products to them piecemeal. That specific number was just, let's get... Make sure people... [CROSS-TALK]

CHAIRPERSON CABÁN: Yeah.

CHELSEA CHARD: have something immediately, and, then, they can continue to ask or grab from [INAUDIBLE]... [CROSS-TALK]

CHAIRPERSON CABÁN: And... And for a bit more clarity, when you said that an incarcerated individual can take them freely, are they available somewhere they can grab, or do they have to be requested by a... to a corrections office or some other DOC employee to get those?

KAT THOMPSON: Okay, so, right now, if you walk in an intake, and I think, like, you said, you have been

1 COMMITTEE ON WOMEN AND GENDER EQUITY 84 2 in, right, Council Member to take a look? There are 3 buckets of pads right there on site for the officers 4 to distribute. But, there are also propped up and available with each cell. They're in the clinics, in the nursey, the infirmary. But, they're also in the 6 7 housing area, inside our A station, and, then, 8 through actually, you just make a request, and then that A station officer is just passing it through to the people in custody who are asking. 10 In some 11 housing areas, they are outside any housing area [INAUDIBLE]... [CROSS-TALK] 12 CHAIRPERSON CABÁN: A station is The Bubble, yeah? 13 KAT THOMPSON: The Bubble... [CROSS-TALK] 14 CHAIRPERSON CABÁN: Okay, so, they would have 15 16 to... In order... So, if they are not in the 17 infirmary -- actively in the infirmary -- or they are 18 not in a certain center or something like that, in 19 order... And they are just in their housing, they 20 would have to ask, uh, the Bubble Officer to give 21 them products?

KAT THOMPSON: Inside of that scenario or they are outside in the housing area and just readily available.

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CHAIRPERSON CABÁN: And, do we know, like, where that is the case and how that is determined? Why they would be out and readily available in some housing units, and in the Bubble in other housing units?

KAT THOMPSON: And Chelsea in her preparation did look into this matter a little. So, I would like you to take that one Chelsea, thanks

CHELSEA CHARD: Sure, so, uh, some of the determination is made kind of on a housing area basis, like, that have to do with classifications. It can also have to do, if certain people are misusing the products in some instances, and, so, again, they are not be restricted in that we are restricted the number of people can have. Uhm, but we are just sort of monitoring a little more closely if people are misusing them. In some of the A stations, depending on the configuration of it, even if it is kept in the A station, people can kind of reach into a window and still freely grab them. But, some of that is made on security determinations and the classification of the individuals in those housing areas.

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You're in a... You're in gen pop, and on the floor

is... I'm just going to give an example, there...

that you're on, you... There is... The officers on 5

shift think that there is some sort of heightened 6

7 security concern, and, so, the menstrual products in

the Bubble and we have to ask for them, right? What 8

are the consequences, because we have heard these

reports before, for a corrections officer who 10

11 withholds period products from incinerated

12 individuals? And how can those incarcerated

13 individuals find recourse? Now, I know that you had

14 mentioned that constituent sort of complaint process,

15 but what is... What is the disciplinary side of

16 that?

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CHELSEA CHARD: So, I am not aware of that scenario. Certainly that would be... It would be...

19 We would have an issue with that. I mean, this...

20 You... If you need a product you should have access

21 to it just like toilet paper. So, I will look into..

We will take a look at, if there is a specific 2.2

example and come back to you in terms of when that

happened, what was actually done in terms of

discipline. 25

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CHAIRPERSON CABÁN: I almost can't help but say, but it's... when you say toilet paper, because there have been times that I have visited that folks did not have access to toilet paper or toothpaste or hygiene products or cleaning supplies or lots of other things.

Could you tell me what facilities concurrently have? I know that you have brought said they are kind of available everywhere. But, if you could be more specific on where these products are available. You know, does it include every male facility, every female facility? Does it include SHU, right? it include RMAS? Like, do... Could you just break down all of the different types of housing and whether or not menstrual products are available in those locations? And if it is, uh, a particular area, like, protective custody or something like that, like, it... Exactly how it is available and what the process is for accessing?

KAT THOMPSON: So, throughout Rosie's uh, we have got all of our buildings supplied within there, the infirmary, the nursery, the intake. That is where you are going to see those supplies. In the courts, and Chelsea can talk a little further on that.

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Separately, if people are ordering them through commissary, they're going to come with the commissary

delivery, which is weekly.

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CHELSEA CHARD: Right, as I spoke to earlier, for the male facilities, we do have them available through the LGBTQ+ staff offices. And so folks can ask for them. Again, right, they have the tablets, so can discreetly message folks or they can ask officers or counselors or anyone on the housing area that they encounter if they... If they are not seeing an LGBTQ+ staff soon and know that they may need them, so they are not available in the housing areas per se in the male facilities, but they are available by requests and they will bring them ,you know, as many as they need, uh, as frequently as they need... [CROSS-TALK]

CHAIRPERSON CABÁN: And that will be the same product, uh, process if somebody was in protective custody or was in... found themselves in solitary, or?

CHELSEA CHARD: Yes, so, we don't have solitary confinement, but if someone was in protective custody or one of those other areas, then that would be the same process. They could request in those manners.

CHAIRPERSON CABÁN: I won't argue with you on that one. It's not the focus of this hearing. But, uhm, thank you.

Uh, just give me a moment here. Let me see if...

Does anybody have... Do you have followups?

Can folks also describe some of the outreach efforts to inform eligible individuals to access free menstrual products? You know, during the pandemic, uh, in other languages, how... efforts to address the stigma around menstruation is incorporated into those things?

MELANIE WENIGER: I can start. I think in terms of outreach, every agency is doing what it needs to do to ensure that their clients know about their rights to access products. So, whether that is ,you know, at intake, in the shelter context, uh, in the school context I think, uhm, they are available in the school bathrooms. And as [INAUDIBLE] spoke to, like, are students are being taught about health education, informed about ,you know, they see the dispensers in the bathrooms. I.. We recognize that this is something that we would like to do more of and do a better job about making sure that people know about their right to access products and where

COMMITTEE ON WOMEN AND GENDER EQUITY 90
those products are available. And we are working to
do that now in terms of developing materials and
making sure that those materials are going to be in
many different languages -- all of the City's
official languages.

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And in terms of the shame and stigma, I think we recognize ,you know, shame and stigma is rooted in patriarchy and misogyny, but also in... It can also be sort of addressed with education. And I think that that is something that we are very mindful of, that education helps to do that. And as Despina sort of alluded to, uhm, the City is relaunching the Sexual Health Education Task Force that is going to work to ensure that all New York City students are able to access high quality, comprehensive sexual health education, which includes, obviously, topics of menstruation, but also other kinds of topics beyond just the biological components of health like healthy relationships, medial literacy, and gender identity and expression. And, so, we know that that is going to be part and parcel of this work to reduce shame and stigma and to help more New Yorkers be aware of their rights to access products and where they can find those products available to them.

DESPINA ZAHARAKIS: I think that I would also want

about is the students having direct access to products in well stocked dispensers, taking away the need to ask anybody for a product. That is really important. And that is actually... I meet with the deputy commissioner who heads The Office of School Health every two weeks. And that is a sort of duel officer, he reports to The Department of Health and reports to The Department of Education. And that is one thing that we spoke about, we're adamant about it, it is really taking out the need for students to ask and having free access to the products that they need, and taking away some of the sort of the

CHAIRPERSON CABÁN: Thank you.

embarrassment, the stigma, et cetera.

I just have a couple more questions, and then we will go over to public testimony.

I know that we were not able to get an amount for ,you know, what a single pad or tampon costs the City, because I think you said it varies. Is that correct?

spending on menstrual products was impacted by the

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COMMITTEE ON WOMEN AND GENDER EQUITY

2 pandemic. I know that DCAS mentioned that it went

down, uh, there wasn't a need to order as much, and

4 you were ordering PPE instead. But, what is the case

5 | for both DOC and DOE?

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JOHN SHEA: As you are aware, during the pandemic, the first year schools were closed, and, then, the second year, we were in hybrid, so schools were not fully occupied. So, we did see a decrease, as I mentioned earlier, whatever existing stocks we had we distributed during the pandemic to the community. But after that, it just continued to grow our spending over time.

CHELSEA CHARD: Yeah, so, for us, of course our spending is dependent on the population that is there. The population certainly did dip during the pandemic, because of the first wave of releases related to the pandemic. So, our spending, uh, we don't have the 2020 numbers with us, but I imagine it would have gone down [INAUDIBLE] the distribution...

KAT THOMPSON: Yeah, we have distributions here.

So... Menstrual Product Department Distribution
there. So, we have in 20... Let's say 2019, uh, it
looks like 1,600 regular pads were distributed to

facilities and 267 TAMPAX tampons by 2020, that number dropped down to 709 for the pads, and it stayed in between [600,555,700] for the next four years. And, then the tampons, as we discussed earlier, it's always been consistently around 250. That would probably be cases. I would have to come back and let you know what that number is, too. And, then, we have this period of 2021, 2022, and 2023 where we are... They were on hand, but they were not being put in the facilities until they come through commissary.

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CHAIRPERSON CABÁN: I am a little bit confused by the fluctuation in purchase. Like, one, I think it is great that at intake we are finding whether or not an individual in custody menstruates. Like, I think that that is critical. But, I just ,you know, I think there needs... We need to get to a place where we are absolutely eliminating the need for folks to buy menstrual products through commissary, especially when we are talking about, vast majority pretrial detainees, who are quite literally being paid slave wages. And, so, I... I just... In my mind, there shouldn't be gap, and folks should be getting access to those things.

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But, I want to thank everybody for your testimony today and for taking all of our questions.

And I think we are ready to move on to public...

Oh, no, actually, I have one more question for all of you.

This is probably one of the most important questions before we move to public testimony. I just want to know, like, what are your biggest challenges? And, obviously, this is a priority for our council. And, so, in addition to what are your biggest challenges, what can we do to help?

KAT THOMPSON: First of all, thank you for holding this. I have appreciated this experience. And I think it is a great topic, and I think this absolutely needs to be routinely done. So, from my perspective, it has been very positive to be here.

Now, in terms of our challenges, again, I think we talked a little bit about, right, making sure we have distribution readily available all the time and that we are tracking that. I think that is probably just our most basic logistical challenge. And I think, we'll take a look, but ,you know, certainly we want to talk to you again on the legislation that you've got up and we've expressed our potential

COMMITTEE ON WOMEN AND GENDER EQUITY 96 concerns. But, I think this is... We are in a good place to continue collaborating with you on this matter.

CHAIRPERSON CABÁN: Thank you.

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JOHN SHEA: Yes, so, I also want to thank the committee for the opportunity to talk about this.

For me, I think what you have raised here with ensuring that dispensers are stocked and product is available is certainly something that we need to work on better. Understanding that we want to respect people's privacy, we still want to make sure that we have a way to get the information if there is something that is not available to them. So, I think that would be the biggest challenge, and we appreciate your comments on that. And, again, of anybody has any specific schools, that is what we are here for, and we are going to address those immediately.

DESPINA ZAHARAKIS: Thank you very much for providing this space for this conversation. As I have said before, my health team, my entire office, and I are extremely happy that this conversation is happening. Our focus is health education. And I think we continue to work on the provision and the

COMMITTEE ON WOMEN AND GENDER EQUITY 97 teacher training for quality... quality health education to all of our students. We want to make sure that our resources are match our initiatives. And, so, we are really focused on making sure that we are not just doing a rollout of a product, we are really making sure that our students and our schools have the information that they need in order to access and use the products appropriately. And we continue to have plan for conversations that need to happen at all levels, you know, teacher instruction, principal information, and reiteration of what they need to be doing at the school level, the working groups, and the committees trying to develop, to your point, sort of formalizing requests and hopefully polices for us to implement in schools. But, the cross agency approach, the cross DOE approach is something that will, I believe, and I expect will harvest the results that we want to see... that we all want to see. So, thank you again.

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CHAIRPERSON CABÁN: Thank you.

MELANIE WENIGER: I echo all of my colleagues'

comments. Thank you so much for having this hearing

and having this conversation. I think we recognize

the areas where we would like to do better and exceed

1 COMMITTEE ON WOMEN AND GENDER EQUITY 98 2 our legal obligations. And, so, we are actively 3 thinking about materials, outreach, how to address, 4 as we have talked about already, like, stigma and embarrassment and things like that. I think we 5 recognize, we would like to better understand from 6 7 our clients that we are serving , you know, what is 8 their experience like, what are their preferences? think we recognize and would like to understand more and get some more of that feedback. And, then, also 10 11 just addressing what we discussed earlier about 12 variety, quality, et cetera. So, we really 13 appreciate this opportunity to speak to you all today 14 about these issues. And we appreciate the intent of 15 the legislative package, and we look forward to talking to you about it further. 16

CHAIRPERSON CABÁN: Thank you.

I also want to note for the record that we have been joined virtually by Council Member Gennaro.

Thank you all.

COMMITTEE COUNSEL: Thank you, Chair, and thank you very much, members of the Administration.

We will now hear testimony from the public. I would like to remind everyone that I will call up

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COMMITTEE ON WOMEN AND GENDER EQUITY 99 individuals in panels, and all testimony will be limited to three minutes.

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I would like to note that written testimony, which will be reviewed in full by committee staff, may be submitted to the record up to 72 hours after the close of this hearing by emailing it to testimony@council.nyc.gov.

For the first panel, I would like to call up

Jennifer Weiss-Wolf, Marni Sommer, and Gabriela Lopez

Castillo. You may begin when ready.

GABRIELA LOPEZ CASTILLO: Good afternoon,
everyone. My name is Gabriela Lopez Costilla. I'm a
recent college graduate, and I've had the honor of
being able to work within the menstrual equity
community since 2020 at the Youth Advisory Council
for the Organization of Period.

I wanted to share a little bit of my personal experience growing up with experiencing period poverty and understanding how important menstrual equity is when I was younger and seeing how important it is now.

When I was in the eighth grade, I discovered that the word "period" had immense power. As a kid in a middle school health class, I quickly noticed that

COMMITTEE ON WOMEN AND GENDER EQUITY 100 bringing up "periods" had the power to bring the following: nervous silence, snickers, teasing, and awkward laughter. Not a lot of words can do that, but "period" was able to do so.

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The mere mention of periods, or "I'm having a women's issue", would bring beads of sweat to my male gym teacher's forehead, allowing me to escape class so I could hide away in a bathroom to deal with what was happening to my body every month.

My school didn't provide menstrual products, and my classroom didn't make it a comfortable place to discuss what any of us were experiencing. And because of that, I never talked about my periods to anyone, not even my mom, for over a year. I would steal pads out of her bathroom, hoping that my mom wouldn't notice -- which she did -- and I would secretly stockpile them, hiding them in my pencil case so no one would know the real reason I would leave the classroom for 30 minutes at a time.

When I look back at this time, wondering why I did all of that, I know now that it's because I had cemented the stereotype that periods were embarrassing, a bodily function that for some reason I had to hide away. The stigmas that surround periods

COMMITTEE ON WOMEN AND GENDER EQUITY 101 had subtly ingrained themselves in my 12-year-old mind, and I had no one at the time to reassure me otherwise.

Our society has reinforced social taboos and gender stereotypes that stigmatize menstruation as unclean and undignified. This issue has been prevalent for years, and because society told us that our normal bodily functions are unimportant and shameful, our laws have subsequently reflected that. And that is why we need menstrual equity, and we need these bills to be passed.

Menstrual equity, as we all know here, calls for the ending of period stigmas and pushing for education and access to products for anyone who needs them. Access is vital, and across many demographics, it is our students, our incarcerated persons, and our Black and Brown youth, who have come from low-income backgrounds, who are most ardently affected by a lack of it.

Menstruation is a human rights issue and is an integral part of sexual and reproductive health and rights. And bypassing legislation like the bills discussed today, we can continue to address it as such. We need these bills to provide increased

COMMITTEE ON WOMEN AND GENDER EQUITY 102 education, accountability, and to continue to ensure that menstrual products are provided for all who need them. [TIMER CHIMES]

So, I conclude with this, although I can't help what I went through when I was 12 years old in middle school, I don't want any young person going through menstruation to ever feel like they can't approach their biological functions with the dignity and respect that they deserve. And I know we can all agree on that, thank you.

MARNI SOMMER: Hi, I am Marni Sommer, Professor of Sociomedical Sciences at The Mailmen School of Public Health Columbia University, and it is an honor to be here today.

Thank you to the Council for the opportunity to bring an academic program of research to bear on a pressing social issue. In fact, I will be talking more about the global and scope of what you are doing and where this sits.

The existing impending legislation has begun the effort towards a menstrual equity and menstrual justice in New York City; however, we have a much longer way to go, and New York has the opportunity to

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COMMITTEE ON WOMEN AND GENDER EQUITY 103 continue to lead the country and the even the world on these issues.

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I will speak to two significant gaps that warrant immediate attention and require only minimal resources -- and, in fact, one of them was addressed today.

First, well important to ensure menstrual products are available and easily accessible in elementary, middle school, and high schools in New York City for all who need them, optimal use of resources, as we talked about, requires appropriate education about how to use them, and we are sorely wanting on that score. The absence of mental health education, guidance, and support as a regular feature of school-based socialization leaves too many young people anxious, confused, and often times fearful of their periods. More significantly, it leaves them a prepared to managed their periods confidently both in and out of school, poorly equipped to seek healthcare when they experience menstrual pain and/or heavy bleeding, and ill-informed with respect to their lifelong reproductive and menstrual health and wellbeing. The bill (1058) sponsored by Council Member Farías related to education on feminine hygiene

COMMITTEE ON WOMEN AND GENDER EQUITY 104

products seeks to address part of this gap, but I

think we could do more in terms of providing holistic

menstrual education.

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And I will leave samples just... We did research across the US with girls, so I have copies for everybody, A Girl's Guide to Puberty & Periods, that might well take its spot in school libraries here.

We may have a long way to go for education curriculum, but we can put it in the school libraries similar to books we have done in Africa, Asia, and other parts of the world.

Second, important, this legislation ignores the larger pressing part need for menstrual friendly public toilet facilities for New York residents tourists and commuters. My team and I are wrapping up at six city study around the world: Barcelona; Kampala, Uganda; Manilla, Philippines; New York City; Osako, Japan; and Rio de Janeiro in Brazil, conducting menstrual friendly public toilet audits in business districts, tourist districts, transit stations, and residential park or plaza in each city. By menstrual friendliness, we mean a public toilet that is safe, clean and accessible -- as all those aspects are needed for anyone who menstruates -- but

also has free or low cost menstrual products available and mechanisms for the sweet disposal and waste management. There should be appropriate signage, so an adolescent girl, woman, or anyone else who menstruates doesn't have to frantically search when she feels like it's time to change a pad or tampon.

Regrettably, preliminary analysis has New York

City falling well behind many other cities [TIMER

CHIMES] in low and middle income countries with

respect to both supply in quality. A growing number

of observers has taken note of that disgrace.

We could lead the country on this issue if we put our minds to it - becoming a city that champions the gendered needs of those moving around the city.

CHAIRPERSON CABÁN: Thank you, and just very quickly, we are very excited about the homework. I know I have a ready library in our district office, so we would be happy to have that up and available to folks.

I know Council Member Farías has a comment.

COUNCIL MEMBER FARÍAS: First and foremost, thank
you to both of you testifying.

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I just wanted to say thank you for the book. I also am very excited. We love getting stuff that we can refer back to that helps to expand our knowledge base.

But, also, I wanted to just flag it, and if you can take time to look at it and get back to me,

Council Member Menin and I introduced this past

Stated Meeting, Introduction 1179, which is related to menstrual products in City bathroom facilities.

So, that might be hitting your second point. We are constantly and consistently trying to keep adding bills to our menstrual equity package, and answer for some of the larger needs. So, if you can look at that language and let me know what you think of it, I will relay that back to Council Member Menin, thank you.

MARNI SOMMER: Thank you, will do for sure. We were very excited to see that.

JENNIFER WEISS-WOLF: Hi, good morning, everyone. I am actually thrilled to follow both of you. My name is Jennifer Weiss-Wolf. I think I first sat in this room in the spring of 2015 when I brought this issue to the New York City Council. And I was thrilled to work with then council member and

COMMITTEE ON WOMEN AND GENDER EQUITY 107

Finance Chair, Julissa Ferreras-Copeland, to bring to bear the first menstrual equity laws, truly in the world, to consider menstrual and menstrual access under this umbrella of menstrual equity for New Yorkers. New York City has been pioneer, and for that I am always extremely proud.

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I sit here a little frustrated today, too, I guess. I appreciated your questioning. I do wish the representatives from the agencies had stayed to hear from some of the citizen experts who are here. Because, the implementation of these laws over the past, I guess it is seven years now, has been less than full throated. And I think it would be fair to say that folks who prioritize menstrual equity would not necessarily feel that that is reciprocated by how these laws have been implemented and thought through.

So, I would urge all of you as council members to really make this your priority to bring this to bear in terms of follow up with the various agencies.

A Menstrual Equity Workgroup was referenced several times, none of us advocates are aware of that or are participants in that. And I think that

COMMITTEE ON WOMEN AND GENDER EQUITY 108
the city agencies would be wise to bring in the
expertise of folks who are working on this issue,
not just in New York City, but around the country
and around the globe.

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I think also that since , you know, with the New York bills, when they were passed into law in 2016, were imperfect. They were novel at the time. And they were radical at the time. And, again, so much pride that New York City led the way. But, in the seven years that have passed, many jurisdictions, including major cities, uh, states, and even at the federal level in this country and globally, have passed laws and have been successful in implementing them in very creative and innovative ways. I would really urge that the City take on some sort of comparative study, so that everyone isn't shooting in the dark when they are thinking about what a best practice might look like. there is an advocacy community that is very robust and very willing to participate -- as well as leaders, your counterparts in other cities and state legislators around the country.

The last thing I just want to put in the mix is... And I think it became apparent in some of

the answers of the various agency spokes people, that the pandemic really did change the way we do business, the way we look at our cultural obligations, and the ways we can implement the kinds of future [TIMER CHIMES] we imagined with these bills so that we are not necessarily just leaning on public... not just the public agencies in the facilities themselves, but we are thinking of something more expansive when we think about how to reach people. The school building example was the perfect one in the question about what people can bring home with them over the weekend.

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But, anyway, the buzzer rang. I did this free thought as I tend to do. I am happy to always be a resource and answer questions.

CHAIRPERSON CABÁN: Thank you. A couple of things that I would love to share is, one, I share your disappointment that it appears that the Department of Correction left. I will say that CGE and... Are you a DOE representative back there?

Just CGE? So, DOE and DOC left. CGE stuck around, thank you for sticking around.

And, then, the other thing is, I would love to chat if there are legislative interventions, if

1 COMMITTEE ON WOMEN AND GENDER EQUITY 110 there are policies, if there are budget line items 2 3 that we could be advocating for, I am all ears. Please email my office. I would love to put our 4 heads together with myself and my legislative director. We would be happy to be creative and 6 7 explore -- especially all of the legislative interventions that might be available to us at the 8 city level to kind of ,you know, up the ante on 10 expanding access and equity. 11 [PANEL AGREES] 12 CHAIRPERSON CABÁN: Thank you. 13 Does anybody have any questions? 14 Well, thank you all for... 15 COMMITTEE COUNSEL: Thank you. 16 Our next panel will be Suzanne Herman and Laura 17 Stausfeld. CHAIRPERSON CABÁN: Thank you so much you were 18 19 awesome. COMMITTEE COUNSEL: You may begin when ready. 20 SUZANNE HERMAN: Good afternoon, thanks for 21 having me. My name is Suzanne Herman, I am the 2.2 2.3 Legal Director at Period Law. Period Law is a National nonprofit organization, 24 but based here in New Yorker, and we consider

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COMMITTEE ON WOMEN AND GENDER EQUITY 111

ourselves the period equity movement's lawyers

fighting for tax free, toxin free, environmentally

sustainable menstrual products freely available to

everyone who needs them.

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I won't repeat. Obviously, we are fully in support of this package of bills. I am especially here today to talk about 1055, which we completely appreciate the recommitment to making sure that the 2016 laws are implemented.

I guess that I will just say that I was also a little bit concerned by the seeming, uhm, surprise of the DOE administers, uh, seeming to insinuate that they didn't know that dispensers were not working properly or to alert them if a school's dispensers were not working properly. I know anecdotally, and I know you all know that it would be easier to name the schools where they are working properly. Right?

So, we have a student volunteer of ours named Alysa (phonetic) who submitted written testimony, which I would urge you to read, about an experience of hers where she missed class time and actually another student missed class time, because she had to ask her for a pad, which is an extremely common

COMMITTEE ON WOMEN AND GENDER EQUITY 112 occurrence. And it is something that snowballs really easily.

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Period Law launched an anecdotal survey amongst high school students this year. Obviously the school year has just started, so the responses are not really in yet. But, so far, one in seven of the students that we surveyed reported having adequate access to menstrual products in their schools. So, I think that speaks for itself.

Thank you so much for bringing these, again, to attention, especially two years after a Workgroup that ,you know, I know things moved a lot slower the last two years -- another two years -- but every time we bring it up, it can't hurt, so, thank you.

LAURA STAUSFELD: Hi there, my name is Laura
Stausfeld, and I am the Executive Director of
Period Law. And I am began working as a lawyer
committed to achieving menstrual equity with Jen
Weiss-Wolf back in 2016. And we continue as Period
Law, and Jen continues to ideate great policy.
But, we are tasked as the only lawyers who are
continuing this work to follow up on policies
passed and make sure they are enforced.

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So, I am here really with a couple of ideas and concerns. And I echo Jen that we would love very much to be part of the Workgroup for menstrual equity.

And I also want to bring up another concern that Period Law works on and is very close to home for me, is the safety and quality of period products and to begin a conversation with you about making the procurement process in New York City an opportunity to provide 100 percent organic cotton products, which today are the safest available. Because these laws are meant to serve the most vulnerable populations in the City, school children, people who are incarcerated, people who are in shelters who have exposures to all sorts of environment hazards, it is vitally important to provide the best quality products. And in written testimony that I will submit online after this hearing, I will provide some data that we have about some of the pesticides and dioxins and other... PFAS and other concerns about the products that are being supplied.

I also want to mention that New York State has a green purchasing program that I believe may not be,

COMMITTEE ON WOMEN AND GENDER EQUITY 114 uh, be being used or referred to by some of the agencies yet. Because, the, uhm, date that the DCAS... that the procurement folks who are here today referred to 2016 rules. In April of 2022, the Green New York Group added menstrual products, and created new specifications which are quite ... they are strict. It is not clear, and I can get more information about this -- but the products being supplied will meet those specifications. And, again, that is our purview, that is our job as the lawyers for menstrual equity, to make sure those products meet those standards. And we would like your help with getting access to seeing what products are being provided... [TIMER CHIMES] Also to work with you on allowing us to work with the different agencies and report back to you as your partner. So, I would love to be able to speak with you about becoming officially partnered with you to work with the Workgroup and work with The City Council, thank you very much. CHAIRPERSON CABÁN: Thank you so much for your

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testimony.

COMMITTEE COUNSEL: That concludes the in person portion of our public testimony.

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We will now move to remote testimony. If you are testifying remotely, once your name is called, a member of our staff unmute you, and you may begin once the Sergeant At Arms sets the clock and cues you.

Currently, we have person signed up for remote testimony, and that is Tiffany Munroe. Munroe, you may begin once you are unmuted and the sergeant cues you.

TIFFANY JADE MONROE: My name is Tiffany Jade Monroe, a Black trans woman from Guiana, South I am the Trans Justice Coordinator for America. Caribbean Equality Project, an NYC based community organization that empowers, advocates for, and represents Afro and Indo-Caribbean, lesbian, gay, bisexual, transgender, gender nonconforming, and queer immigrants in New York City.

The Caribbean Equality Project is here today to stand with Council Member Amanda Farías our partner in government, to reaffirm our commitment to health equity in New York City.

The proposed period equity package of bills will expand access to period product, care, and dignity

COMMITTEE ON WOMEN AND GENDER EQUITY 116
to all New Yorkers impacted by the criminal justice
system through incarceration.

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In New York City [BACKGROUND NOISE] [INAUDIBLE] are housed by their sex and not their gender when incarcerated. Having a period already causes transgender, nonbinary, and gender expansive people gender dysphoria, but the dysphoria becomes heightened with [BACKGROUND NOISE] [INAUDIBLE] products labeled as "women's health".

Transgender, gender nonconforming, and gender expansive people with menstruating bodies can feel alienating when accessing period products categorized as "women's products", and they may even avoid purchasing them altogether.

Jennifer Weiss-Wolf, founder of Period Equity, which advocates for affordable, accessible menstruation products, says anyone who menstruates needs to be a part of the discussion and decision making about their own health and well-being.

Period equity is gender equity. Women's rights, human rights, LGBTQ+, and racial justice health issues -- this package of bills will provide additional information on period products and menstrual hygiene products to students, expand

COMMITTEE ON WOMEN AND GENDER EQUITY 117

access to free menstrual products to students in
elementary schools and requite the New York City

Department of Education to report on the
distribution of menstrual products in schools.

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We call on the New York City Council to ensure migrants, asylum seekers, and our homeless population also have access to period products.

Homeless transgender men face barriers when accessing period products at shelters. Women's shelters, if they can, will offer the products, while men's shelters will likely have little to no options for those who menstruate.

We applaud the Women's Caucus for advancing legislation to affirm all New Yorkers who have been historically disproportionately impacted by police violence and false arrest -- including black trans people, sex workers, immigrants, [TIMER CHIMES] LGBTQIA+ people, and even protestors.

Period equity is trans equity... [CROSS-TALK]
SERGEANT AT ARMS: Time expired.

TIFFANY JADE MONROE: We must protect the health and safety of all bodies who experience a period, especially many trans and nonbinary people. Thank you.

COMMITTEE ON WOMEN AND GENDER EQUITY 118

CHAIRPERSON CABÁN: Thank you so much, Tiffany,

it is always good to see you even virtually. And I

want to thank you for ,you know, uplifting the need

for gender expansive and inclusive language, as

well as, uh, access in our correctional facilities

-- free access in our correctional facilities. So,

thank you for testifying.

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COMMITTEE COUNSEL: Thank you. If there is anyone present in the room or on Zoom that hasn't had the opportunity to testify, please raise your hand. Seeing no one else, I would like to note that written testimony, which will be reviewed in full by committee staff, may be submitted to the record up to 72 hours after the close of this hearing by emailing it to testimony@council.nyc.gov.

Chair, we have concluded public testimony for this hearing

CHAIRPERSON CABÁN: Thank you. Again, I want to thank all of the staff present here today, and also the folks who work in the background, for helping prepare for and execute this hearing. I want to thank everybody for testifying. I think ,you know, a couple of things we do know -- access, there is a

| 1  | COMMITTEE ON WOMEN AND GENDER EQUITY 119            |
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| 2  | gap in access. And although we have been very       |
| 3  | clear with what our ideal is or, uh, sort of the    |
| 4  | standard we have set for ourselves, we have not yet |
| 5  | met it. And, so, we have a lot of work to do here.  |
| 6  | And, then, the last point is just echoing some of   |
| 7  | the testimony saying that ,you know, we were        |
| 8  | leading the way back in 2016, and there really is   |
| 9  | an opportunity here for us to lead again. There is  |
| 10 | a lot more that we could be doing.                  |
| 11 | So, I am looking forward to reviewing all of the    |
| 12 | written testimony and coming back and continuing to |
| 13 | strive for better.                                  |
| 14 | So, thank you, everybody.                           |
| 15 | [GAVELING OUT] [GAVEL SOUND]                        |
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World Wide Dictation certifies that the foregoing transcript is a true and accurate record of the proceedings. We further certify that there is no relation to any of the parties to this action by blood or marriage, and that there is interest in the outcome of this matter.



Date October 4, 2023