

CITY COUNCIL  
CITY OF NEW YORK

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TRANSCRIPT OF THE MINUTES

of the

COMMITTEE ON HEALTH

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April 23, 2009

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HELD AT:                   Hearing Room  
                              250 Broadway, 14<sup>th</sup> Floor

B E F O R E:                   JOEL RIVERA  
  Chairperson

COUNCIL MEMBERS:  
                                  Kenneth Mitchell  
                                  Helen Sears  
                                  Kendall Stewart  
                                  Mathieu Eugene  
                                  John C. Liu  
                                  Rosie Mendez  
                                  Inez Dickens  
                                  Helen D. Foster

## A P P E A R A N C E S

Marjorie Cadogan  
Executive Deputy Commissioner  
Human Resource Administration's Office of Citywide  
Health Insurance Access

Lois Uttley  
Chair, Policy and Legislative Committee  
Public Health Association of New York City

Iesha Pandit  
Director of Advocacy  
Raising Women's Voices

Sara Siegel

Red Samaniego

Sara Collins  
Assistant Vice President  
Commonwealth Fund

Arianne Garza  
Community Service Society of New York  
Health Care For All New York

Heidi Siegfried  
New Yorkers for Accessible Health Coverage

Jessica Silk  
Graduate Student  
Hunter College

David Marcus  
Board Member / Chief Operating Officer  
Physicians National Health Program / Brooklyn Free  
Clinic

Dana Czuczka  
Assistant Vice President of Government Affairs  
Planned Parenthood of New York City

## A P P E A R A N C E S (CONTINUED)

Robin Vitali  
American Heart Association  
American Stroke Association

Arthur Stringer  
Lay Advocate  
People with Disabilities

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2 CHAIRPERSON RIVERA: Ready? Okay.  
3 Okay. One second. Okay. Good afternoon, ladies  
4 and gentlemen. My name is Joel Rivera. I'm the  
5 Chair of the Health Committee here in the City  
6 Council. We are here today to conduct an  
7 oversight hearing on the health insurance options  
8 for young adults.

9 In the United States, young adults,  
10 ages 19 to 29, represent one of the largest  
11 populations of individuals without health  
12 insurance. In 2006, young adults accounted for  
13 13.7 million of the nearly 47 million uninsured.  
14 In New York State, there are approximately 800,000  
15 uninsured young adults. In New York City, one out  
16 of every four young adults between the ages of 18  
17 and 24 do not have health insurance.

18 Young adults face particular  
19 barriers to receiving health insurance that are  
20 unique to their age groups. One major factor why  
21 young adults do not have health insurance is  
22 because of their families' socioeconomic status.  
23 Half of young adults' families below 100% of the  
24 Federal poverty level do not have health  
25 insurance. Young adults that do not have health

1  
2 insurance have a family median income three times  
3 less than those that have private health  
4 insurance.

5 Another major contributing factor  
6 to the low health insurance rates is employment  
7 status. Generally, when young adults enter the  
8 job market, they begin in entry level positions.  
9 They may also work for smaller employers who are  
10 not necessarily mandated to provide coverage.  
11 Both the entry level factor and trades the young  
12 adults are employed in directly affect the low  
13 rate of health insurance access.

14 Young adults also face a seemingly  
15 surprising hurdle; their age. Age is a  
16 significant factor that results in young adults  
17 losing their dependency status under their  
18 parents. When an individual turns 18 or 19, and  
19 does not enroll in college, they face a host of  
20 new income and eligibility standards. This is  
21 also true for young adults upon graduating from  
22 college. These barriers are evident in both  
23 public and private health insurance.

24 Due to these factors, young adults  
25 may seek care in unconventional ways. This can

1  
2 lead to do-it-yourself health care, including  
3 using the internet to diagnose ailments, using  
4 friend's old prescription medication and, in some  
5 extreme cases, setting their own broken bones.  
6 This represents-- yeah, I know. It's surprising.  
7 I can only imagine. This represents the extreme  
8 that some will go to, as a result of not having  
9 health insurance coverage.

10 Today, we will examine these  
11 particular barriers the young adults face in  
12 accessing health insurance coverage. We will also  
13 explore the viable options young adults have and  
14 consider what policy action can be taken to expand  
15 their access to care. This topic is particularly  
16 significant in our current fiscal situation, given  
17 the high unemployment figures and the associated  
18 impact on individuals and families.

19 I would like to thank the staff of  
20 the Committee for their hard work and, being that  
21 they're the ones that are joining me here today.  
22 Before we hear from our first panel, I want to  
23 welcome, you know, the Council Members that will  
24 be joining us, you know. I'm pretty sure there  
25 are other hearings taking place here today.

1  
2 So, with that being said, we'll  
3 call the first panel to come forward. And, it's  
4 Marjorie Cadogan from the Office of Citywide  
5 Health Insurance Access. Thank you very much,  
6 Marjorie. Just state your name for the record and  
7 you can proceed with your testimony. If you have  
8 any written testimony, just give it to the  
9 Sergeant of Arms and he'll present it to us.

10 MARJORIE CADOGAN: Thank you very  
11 much, Chairman. I think we provide the written  
12 testimony already.

13 Good afternoon, Chairman Rivera and  
14 soon to be full members of the Committee and  
15 staff. I'm Marjorie Cadogan, Executive--

16 CHAIRPERSON RIVERA: Marjorie, real  
17 quick. The staff is the one that does all the  
18 work anyway. So, don't worry about it.

19 MARJORIE CADOGAN: Well, that's why  
20 I'm recognizing them, as you did. --Executive  
21 Deputy Commissioner of the Human Resource  
22 Administration's Office of Citywide Health  
23 Insurance Access. First, let me thank you for the  
24 opportunity to join you today in this important  
25 discussion on health insurance options for young

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adults.

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Although they are not often the first group that comes to mind when people talk about the uninsured, young adults are a critical population without coverage, as you've already noted. Nationally, they are one of the largest and the fastest growing segments of the uninsured. Here in New York City, as you said, one out of four young adults was uninsured in 2007. These approximately 450,000 young adults, between 19 and 35 years of age, account for half of all uninsured non-elderly adults in the City.

Expanding access to health insurance is a priority for Mayor Bloomberg and, under his leadership, New York City has seen significant increases in the number of individuals who have coverage. As of January 2009, approximately 2.7 million New York City residents were enrolled in public health insurance programs. Since the Mayor took office, enrollment in public health insurance has increased by 37%. These gains are a result of State coverage expansions and enrollment and renewal simplifications, as well as City efforts to maximize the enrollment and

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2 retention of eligible residents through HRA's  
3 Medical Assistance Program and, coordinated by my  
4 office, the HealthStat Initiative, with offers  
5 enrollment opportunities in neighborhoods across  
6 all five boroughs.

7           Mayor Bloomberg has also sought to  
8 increase access to private health insurance. In  
9 2007, direct negotiation with insurance companies  
10 resulted in the offering of domestic partner  
11 coverage by all major insurance companies in New  
12 York City's small group insurance market. My  
13 office also has worked to expand insurance  
14 brokers' awareness of, and quoting of, lower-cost  
15 health insurance options, including Healthy New  
16 York, the State-subsidized program for low-income  
17 workers, sole proprietors and qualifying small  
18 businesses. For example, we have added Healthy  
19 New York to HealthConnect, the online insurance  
20 quoting tool used by most brokers, and we've  
21 sponsored continuing education seminars where  
22 brokers learn about Healthy New York and public  
23 health insurance options. We're happy to report  
24 that during the last two and half years, New York  
25 City has experienced a 40% increase in enrollment

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in Healthy New York.

Nonetheless, there's still a million uninsured non-elderly adults in New York City, a number that's likely to grow as a result of the current recession. According to New York City Department of Health and Mental Hygiene's 2007 Community Health Survey data, young adults are the single most likely age group to be uninsured in the City. Twenty-eight percent of young adults 19 to 25 are uninsured and a quarter of young adults remain uninsured up to age 35. It is not until we get to ages 36 to 45 that the uninsured rate drops below 20% in the City.

Looking at the profile of young adults in New York City and their health insurance coverage reveals a number of disparities, some of which you've alluded to, and suggests some of the reasons why so many young adults are uninsured. Overall, there are 1.8 million young adults, 19 to 35 in New York City. Most are employed and have incomes at or above 200% of the Federal poverty level. There are about as many men as women and approximately as many living in households with children as without. About 33% of young adults

1  
2 are Hispanic; 30% are White; 23% are Black; 12%  
3 are Asian.

4 In terms of health insurance, the  
5 majority of young adults in the City are employed;  
6 many are lower income, with incomes less than 200%  
7 of the Federal poverty level. They are  
8 predominantly male and many are Hispanic.

9 Some segments of the young adult  
10 population are at much greater risk for being  
11 uninsured than others. Disparities in health  
12 coverage can be seen along income, employment,  
13 sex, racial and ethnic lines. I'm going to point  
14 to those disparities; specifically, you will see  
15 the percentages clearly noted in the testimony.

16 Young adults who are not employed  
17 are much more likely to be uninsured and much less  
18 likely to have private coverage than their  
19 employed counterparts. Those with lower incomes  
20 are also more likely to be uninsured and much less  
21 likely to have private insurance than those at or  
22 above 200% of the Federal poverty level. Young  
23 adult males are much more likely to be uninsured  
24 and much less likely to have public coverage than  
25 females. And, nearly 40% of Hispanic young adults

1  
2 are uninsured and only 33% have private coverage.  
3 In contrast, 76% of White non-Hispanics, 51% of  
4 Black non-Hispanics and 53% of Asians have private  
5 insurance.

6 Overall, young adults are at a  
7 great risk of being uninsured for three main  
8 reasons; changes in public and private health  
9 insurance eligibility rules when they reach 19; a  
10 lack of access to employer-sponsored insurance and  
11 the high cost of individual/direct pay health  
12 insurance. Let me walk through some of the  
13 available options and barriers to insurance for  
14 young adults.

15 First, in New York City, the  
16 uninsured rate drops from-- jumps, excuse me, 8%  
17 to 25% for young adults; 8% for children and 25%  
18 for young adults. The jump is due, primarily, to  
19 the fact that when young adults reach age 19, as  
20 you've noted, they're no longer eligible for  
21 public coverage. Under Child Health Plus, they  
22 can get coverage if their family income is up to  
23 400%. There are a few instances where young  
24 adults with higher incomes can access public  
25 benefits, such as the Family Planning Benefit

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2 Program. In general, however, eligibility for  
3 public coverage drops to 100% for childless adults  
4 and 150% for parents. Undocumented young adults,  
5 those without legal immigration status, face even  
6 greater barriers to coverage. While undocumented  
7 children are eligible for Child Health Plus up to  
8 age 19, undocumented young adults are not eligible  
9 for public health insurance, regardless of their  
10 income. Only undocumented pregnant women and  
11 persons permanently residing under the color of  
12 law, or PRUCOLs, are eligible for public coverage.  
13 Medicaid also pays for emergency medical care for  
14 undocumented adults.

15           Similarly, after age 19, most  
16 private insurers' eligibility rules change. The  
17 majority of insurers in New York City do not allow  
18 young adults to remain as dependents on their  
19 parents' plan past age 19, unless they're full-  
20 time students. Once they turn 23, students  
21 usually become ineligible for dependent coverage,  
22 as well.

23           Second, while most adults get  
24 coverage through their jobs, the jobs available to  
25 young adults 19 to 25-- 19 to 29, excuse me, are

1 typically lower wage and offer fewer benefits.  
2 National data shows that low-wage workers are more  
3 likely to be uninsured. This is particularly  
4 important in New York City, where there are  
5 860,000 fulltime workers who are considered low-  
6 wage, meaning that they earn \$11 an hour or less,  
7 which corresponds to 125% of the Federal poverty  
8 level, and 400,000 of those are uninsured.  
9

10 As new workers in the labor force,  
11 young adults also tend to be employed in smaller  
12 businesses and, especially low-income young  
13 adults, work in industries such as hospitality,  
14 food service or entertainment that have high  
15 uninsurance rates. They often face waiting  
16 periods or are employed in temporary or part-time  
17 positions where they are not eligible for  
18 coverage, even if the employer offers it. A  
19 survey of low-income 19 to 20-year-old young  
20 adults found the vast majority did not have access  
21 to job-based coverage, and when they did, only 16%  
22 declined the coverage, primarily because they  
23 could not afford it.

24 Third, young adults needing to seek  
25 coverage on their own have few affordable options.

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2 Healthy New York is an option for eligible lower  
3 wage workers and sole proprietors with incomes up  
4 to 250% of the Federal poverty level. In  
5 addition, freelancers and part-time workers in  
6 certain industries can access lower cost plans  
7 through associations, such as Freelancers Union.

8           However, not all young adults  
9 qualify for these lower cost plans, and health  
10 insurance in the individual/direct pay market is  
11 too expensive for most young adults. Half of  
12 uninsured young adults have lower incomes, meaning  
13 less than 200% of the Federal poverty level,  
14 somewhere around \$1,800 a month. Single premiums  
15 for individual/direct pay plans in New York City  
16 range from \$752 to \$2,676 a month, or about 42 to  
17 148% of these young adults' income. For families  
18 at the same income level, the cost of family  
19 coverage is much higher, consuming 71 to 226% of  
20 the family's monthly household income.

21           Before I discuss opportunities to  
22 increase access to coverage for young adults, let  
23 me acknowledge that the problem of young adults  
24 and their lack of insurance is a national problem.  
25 Hopefully, as we speak, long-term solutions are

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2 being developed that will involve Federal and  
3 State governments, as well as the private sector.

4           Mayor Bloomberg has called on the  
5 Federal government to address health care reform  
6 urgently and has voiced his support for the Obama  
7 Administration health reform principles, which  
8 include aiming toward universal health insurance  
9 coverage. Yet even as these reforms are being  
10 developed, New York City is working to improve  
11 access to coverage for young adults.

12           Through HealthStat, my office  
13 continues to facilitate the enrollment of eligible  
14 uninsured adults into public health insurance on  
15 select CUNY campuses. In conjunction with CUNY,  
16 we developed a health insurance tutorial for  
17 students and are currently working closely with  
18 the health professionals and student health  
19 advocates on each campus to better understand the  
20 health insurance needs of their students and  
21 improve enrollment of those eligible for publicly  
22 sponsored coverage.

23           The City also has worked to make  
24 public coverage readily available to adults,  
25 including young adults, through the internet.

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2 ACCESS NYC allows residents to screen themselves  
3 and start an application for public coverage  
4 online. HRA is also working jointly with the  
5 City's HHS-Connect initiative to offer an on-line  
6 public health insurance option for renewal. This  
7 summer, HRA will launch a new website developed by  
8 my office, NYC Health Insurance Link, which will  
9 be an important resource for young adults.

10 Many young adults are not aware of  
11 their health insurance options, limiting their  
12 ability to make informed choices about which plans  
13 are most affordable. NYC Health Insurance Link  
14 will educate them on their options. It will allow  
15 them to find and compare health plans that they  
16 may be eligible for, including lower cost plans,  
17 such as Healthy New York. They can learn which  
18 insurers allow parents to keep their children on  
19 their health plans through age 25. And, they can  
20 learn about ways to make private insurance more  
21 affordable by pairing it with public coverage for  
22 children or by enrolling in the Family Health Plus  
23 premium assistance program, which helps low-wage  
24 workers pay for job-based coverage.

25 The website will also include

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2 information on health care resources, such as HHC  
3 Options, a program that provides uninsured  
4 residents who are not eligible for public health  
5 insurance with access to free or reduced-cost  
6 care. Once the new website is launched, my office  
7 will expand our outreach efforts to include web-  
8 based outreach, such as marketing on websites that  
9 serve young adults and their employers.

10           Looking ahead, as Federal health  
11 reform and the State's own reform initiative, New  
12 York City Partnership for Coverage, take shape, I  
13 want to briefly mention a few items likely to be  
14 on the Federal and State agendas that could help  
15 make coverage accessible to young adults. Let me  
16 start by mentioning an important consideration for  
17 health reform, which is the role of personal  
18 responsibility in reducing the number of the  
19 uninsured.

20           Clearly, one of the primary goals  
21 of comprehensive health reform is to ensure the  
22 maximum number of people obtain affordable  
23 coverage. When segments of the population are  
24 left out, such as young adults, it adversely  
25 affects everyone, making health insurance markets

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2 less efficient and creating an added drain on  
3 public resources. In addition to making coverage  
4 more affordable, educating young adults about the  
5 value of health insurance can enable them to make  
6 informed choices about coverage. Finally,  
7 recognizing the budgetary and fiscal constraints  
8 that exist, safeguards should be in place to  
9 ensure that limited public dollars are available  
10 and reserved for those truly in need.

11 Now, let me raise a few reform  
12 items particularly relevant for young adults in  
13 New York City. First, there is an emerging  
14 consensus that changes are needed to New York's  
15 individual/direct pay health insurance market. As  
16 it exists now, the individual market is not  
17 accessible for most uninsured residents. There  
18 are a number of proposals on the table for  
19 reforming this market to make it more affordable.  
20 In considering these reforms, it will be important  
21 to ensure that they protect access to affordable  
22 coverage for older and less healthy individuals,  
23 as well as young adults in need of individual  
24 coverage.

25 Second, early this year, Governor

1  
2 Paterson said he would introduce legislation to  
3 allow young adults to remain on their parents'  
4 health plan up to age 29, with the full cost to be  
5 paid by parents. Depending on the specifics of  
6 the proposal, this legislation could potentially  
7 expand coverage among young adults entering the  
8 labor market who do not have access to employer-  
9 sponsored coverage. At a minimum, the State  
10 should encourage insurers to treat young adults  
11 equally and permit them to remain on their  
12 parents' health plans through age 25, regardless  
13 of their student status.

14 Third, there is a need to increase  
15 access to coverage for undocumented workers among  
16 the young adult population. Undocumented workers,  
17 of whom there are approximately 400,000 in New  
18 York City, are a substantial and significant  
19 segment of the workforce. With the exception of  
20 treatment for an emergency condition and two  
21 groups that I've mentioned, pregnant women and  
22 PRUCOLs, undocumented residents are not eligible  
23 for public insurance. Increasing access to  
24 private insurance is necessary to reduce the  
25 number of uninsured, especially young adult,

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undocumented workers.

Finally, for very low income young adults, private coverage may never be affordable. At a minimum, Family Health Plus should be expanded to align income levels for childless adults and parents to help cover uninsured young adults very near poverty.

Thank you once again for the opportunity to testify here today. I welcome any questions that you may have at this time.

CHAIRPERSON RIVERA: Thank you very much. Before we go about the questions, just let me introduce the Committee members who have joined us. As you can see, we've increased significantly in size in the past ten minutes. We have been joined by Council Member Mitchell, Council Member Sears, Council Member Stewart and Council Member Eugene. And, we do expect other members to join us, as well.

I want to thank you for your testimony. We, obviously, know that, you know, lack of health coverage is something that is a significant issue, not only for the City and the State, but for, also, for our nation. Preventive

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2 care, primary care, these are, you know, steps  
3 that people can take to, you know, better  
4 themselves and their lives. Now, couple of  
5 questions that I have is, you know, I turn on TV.  
6 I see advertisement for the tobacco, anti-tobacco  
7 programs and other, you know, great advertising  
8 that the City puts forward. Is there any  
9 advertising that we put out to the market to let  
10 people know of the benefits that they are entitled  
11 to? Those who are currently qualified, 'cause I  
12 do know that, you know, the numbers are staggering  
13 for the amount of people who are qualified for  
14 these services, but are unaware, you know, that  
15 are unaware that these services are available to  
16 them. So, has there been any proactive effort on  
17 behalf of the City?

18 MARJORIE CADOGAN: There's a number  
19 of things going on at the City level. And,  
20 certainly, Chairman, and members of the Committee,  
21 you may have heard and seen some of the  
22 advertisement the State has done recently with  
23 regard to public health insurance coverage,  
24 particularly focusing on the expansion that the  
25 State adopted last year with regard to Child

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2 Health Plus, expanding it up to 400% of the  
3 Federal poverty level. And, that has had some  
4 benefit in terms of getting the word out about  
5 available coverage.

6 But, I believe, as you know, the  
7 Council, at the inception of the Bloomberg  
8 Administration, adopted Local Law 1, which is a  
9 piece of legislation that requires a number of  
10 agencies to provide very accessible information  
11 about public health insurance. And, some of those  
12 agencies include the Department of Education, the  
13 Administration for Children's Services and others  
14 that made that information broadly available.  
15 Certainly, the other way that information is  
16 broadly accessible to New Yorkers is through  
17 ACCESS NYC, as I mentioned, the ability to screen  
18 oneself for, not only health insurance, but about  
19 35 other benefits. And, our website, which gets a  
20 volume of hits per month and per year, is also  
21 another source of information on public, as well  
22 as private, coverage. So, there are mechanisms  
23 for folks to get information.

24 In addition, this summer, with the  
25 website that I mentioned, New York City Health

1  
2 Insurance Link, there will be even more of a  
3 vehicle for individuals who are trying to  
4 understand what their options are, both on the  
5 private and the public side, but, more  
6 importantly, on the private side, really trying to  
7 get a sense of how they can pick the most  
8 affordable plan. We'll have some tools to do  
9 that.

10 CHAIRPERSON RIVERA: Okay. I mean,  
11 I think that's definitely a step in the right  
12 direction. Now, the new City Health Insurance  
13 Link, is that going to team up, or in some way,  
14 shape or form, advertise on, you know, digital  
15 avenues, such as FaceBook, MySpace--

16 MARJORIE CADOGAN: [Interposing]  
17 We're looking, from your lips to somebody's  
18 pocketbook and other places. We're looking into  
19 those opportunities because, certainly, in this  
20 electronic age, and when you are talking about  
21 young adults, some of the standard media outlets  
22 that some of us who are more mature, I won't say  
23 older, are not necessarily the ones that will be  
24 convincing, appealing, effective. So, trying to  
25 use the web media to reach young adults,

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2 certainly, hopefully, to educate them about the  
3 value of health insurance, but also to enable them  
4 to know that they have some affordable options  
5 that are within their, or their parent's, grasp.

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CHAIRPERSON RIVERA: Perfect. Now,  
7 we know that one of the options that most  
8 uninsured individuals use is the emergency room,  
9 you know. Instead of going to primary care  
10 physician, they just go to the emergency room.  
11 And, we know that, ultimately, that costs more per  
12 visit than if someone had health insurance. Now,  
13 when a person visits a hospital, when a person  
14 visits an emergency room, is there any  
15 documentation that they're provided with that's  
16 required by the City of New York to, you know,  
17 like a questionnaire, or information on-- to  
18 gather information to see if they qualify for any  
19 of these public health insurance and to have any  
20 follow up so that way, in the future, they would  
21 not have to utilize the emergency room?

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MARJORIE CADOGAN: To my knowledge,  
23 Chairman, I really can't speak to what goes on in  
24 the broader City health care system and the many  
25 hospitals that comprise the health care system in

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New York City. I know, specifically, with regard to the public hospital system that every attempt is made with patients, both in the emergency and other in-patient settings, as well as the out-patient setting, to try to connect people with coverage where they're eligible. And, to the extent that that's possible, I know that HHC does everything within their power to educate and both facilitate, with the help of HRA, because, as you know, there are Medicaid offices in all of the public hospitals, to facilitate that kind of enrollment.

CHAIRPERSON RIVERA: Now, with ACCESS NYC, how many New York City residents have we been able to get signed on to health insurance?

MARJORIE CADOGAN: That is a question that I cannot answer for you right now. I can find that out from the Department of Information, Technology and will get back to you on that number.

CHAIRPERSON RIVERA: Perfect. Then, last but not least, we know that, you know, I know the New York City Health Link website that you're talking about is a great opportunity to

1  
2 reach out to the younger generation. But, what  
3 other avenues can we try to locate because we do  
4 know there still exists a digital divide in some  
5 communities in the City of New York? So, besides  
6 the health insurance website, what else can we do  
7 to target the younger generation?

8 MARJORIE CADOGAN: Well, I think,  
9 you know, part of what we are beginning to think  
10 about with New York City Health Insurance Link, as  
11 we've thought about it, long over time with our  
12 overall HealthStat initiative on public health  
13 insurance enrollment assistance, is how do you  
14 find where the population is that you are trying  
15 to ensure and then, how do you engage them.  
16 Health insurance is not, as I'm going to say, the  
17 sexiest topic to get people's attention on.

18 But, I think we will be looking at  
19 some of the same kind of partners that we've had  
20 for a while in the public health insurance front,  
21 even with New York City Health Insurance Link, for  
22 example, and particularly as it relates to  
23 immigrant and undocumented families, working with  
24 community-based and faith-based organizations to  
25 spread the word about the availability of this

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2 tool; to work with social ministries in those kind  
3 of organizations or other kind of case management  
4 entities that will be able to use the tool to help  
5 individual young adults and, also, working with  
6 City agencies who serve young adults, like DYCD.

7           We have some HealthStat partners  
8 there that work in a number of community-based  
9 organizations that are specifically geared to help  
10 to educate both the individuals they serve in  
11 their organizations, but the community at large  
12 about health insurance options. And, we would use  
13 them also as kind of emissaries of New York City  
14 Health Insurance Link to those who may not have  
15 the internet, you know, at hand.

16           CHAIRPERSON RIVERA: Okay. Last,  
17 but not least, just wanted to find out what's the  
18 general cost, or the average cost, for health  
19 insurance for a 19 to 23-year-old?

20           MARJORIE CADOGAN: It depends on  
21 what marketplace you're talking about. In terms  
22 of what they could purchase in the individual/  
23 direct pay market, I've run through those numbers,  
24 you know, going from \$752 to I believe \$2,600 a  
25 month on the individual side. On the individual

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side, this is the individual/direct pay market.  
When you're talking about some of the-- yes,  
exactly.

CHAIRPERSON RIVERA: Now,  
[crosstalk] I mean, that goes up significantly  
with 30, 40--

MARJORIE CADOGAN: Exactly.

CHAIRPERSON RIVERA: -- 50.

MARJORIE CADOGAN: I guess those  
numbers need to be repeated for them to make the  
case of how the individual market is really out of  
reach for most young adults. When you're looking,  
there are, again, lower-cost options. Health of  
New York is one of them. And, the average  
premiums would run anywhere in the upper 200s to  
the low 300s a month for individual coverage.  
Freelancers Union, again, which is a very helpful  
option for the audience that they serve, is a  
little bit lower. But, again, it is targeted to  
certain industries that doesn't cover all of the  
young adults that we need to reach.

So, there is an array and still  
more to be done. As I mentioned, extending  
dependent coverage, where parents could have a

1  
2 role in helping to cover their young adult's care  
3 could really provide a potential option to address  
4 both some of the affordability issues, as we talk  
5 about this individual/direct pay scenario, as well  
6 as addressing the population of young adult  
7 uninsured.

8 CHAIRPERSON RIVERA: I'm just  
9 looking at the page 11 here of your testimony.

10 MARJORIE CADOGAN: Um, hm.

11 CHAIRPERSON RIVERA: It gives the  
12 chart that shows it could be, for HMO, it could be  
13 750 to 2230 and--

14 MARJORIE CADOGAN: Correct.

15 CHAIRPERSON RIVERA: -- for POS,  
16 it's 1178 to 2676. Is that generally for the  
17 young adult population? Or, is that just overall?

18 MARJORIE CADOGAN: That would be  
19 pretty much standard for--

20 CHAIRPERSON RIVERA: [Crosstalk]

21 MARJORIE CADOGAN: -- individuals,  
22 whether-- yeah, because we have community rating  
23 in New York City, so you're not-- there's not a  
24 special kind of age band rating.

25 CHAIRPERSON RIVERA: And, again,

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2 that's per month?

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MARJORIE CADOGAN: That is--

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CHAIRPERSON RIVERA: Up to \$2,600

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per month?

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MARJORIE CADOGAN: That's what I

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said, Chairman.

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CHAIRPERSON RIVERA: And, that's -

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- universal health care.

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MARJORIE CADOGAN: Well, as I said,

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we need Federal, State and private sector support

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to get where we need to be so that not only young

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adults, but all of us have affordable coverage.

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CHAIRPERSON RIVERA: Exactly.

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Well, thank you. I'm going to open up to my

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Committee members. Council Member Stewart, then

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followed by Council Member Eugene, and then--

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Council Member Stewart.

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COUNCIL MEMBER STEWART: Good

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afternoon.

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MARJORIE CADOGAN: Good afternoon,

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Councilman Stewart.

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COUNCIL MEMBER STEWART: How are

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you today?

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MARJORIE CADOGAN: Very well, thank

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COUNCIL MEMBER STEWART: I have a couple questions that really to clarify some of your policy. How do you find the young adults? How do you reach out to young adults that you want to deal with this insurance that you spoke about earlier?

MARJORIE CADOGAN: Um, hm. I think you have to reach them through organizations that they are comfortable with or in venues where you can find them. Certainly, school is one place. And, we have a relationship with the Office of School Health right now. And, ways in school to reach, not so much children, 'cause their parents are their decision-makers, but parents, and ask them whether they are uninsured and whether they'd like help with public health insurance. And, we provide that.

We work with the Department of Youth and Community Development with, right now, about nine coordinators, who are stationed in a number of community-based organizations across the five boroughs. And, they provide education, workshops and other kinds of activities to provide

1  
2 information about options that are available; but  
3 then, also to work with managed care plans or  
4 community-based facilitated enrollers to actually  
5 enroll. We would look to those same kind of  
6 partnerships with New York City Link, Health  
7 Insurance Link, to try to find the other venues  
8 where we could find the young adults.

9 COUNCIL MEMBER STEWART: All right.  
10 Well then, what is your ad budget? What is your  
11 budget like? What's the figures?

12 MARJORIE CADOGAN: We do not have--

13 COUNCIL MEMBER STEWART: Roughly.

14 MARJORIE CADOGAN: We do not have a  
15 fixed budget, nor do I have that in my head right  
16 now because it's another division of the agency.  
17 But, we look at a lot of different sources in  
18 terms of helping to fund our kind of outreach  
19 needs.

20 COUNCIL MEMBER STEWART: The reason  
21 why I ask that question and we often find that the  
22 local media is not involved. They're not engaged.

23 MARJORIE CADOGAN: Um, hm.

24 COUNCIL MEMBER STEWART: And, we  
25 talk about reaching out to the folks that

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desperately need this help.

MARJORIE CADOGAN: Um, hm.

COUNCIL MEMBER STEWART: They're not going to read the New York Times. They're not going to, you know--

MARJORIE CADOGAN: [Interposing]

Point taken.

COUNCIL MEMBER STEWART: -- in

other words--

MARJORIE CADOGAN: [Interposing]

Point taken.

COUNCIL MEMBER STEWART: And, the

fact is the local media are not being engaged.

And, to me, we are, yes, we may spend a lot of money on advertisement, but the fact is it's not really getting to where we want it to get.

MARJORIE CADOGAN: Well, your point

is well taken, Council Member, in that it's

sometimes really not the size of the budget, but how it's used.

COUNCIL MEMBER STEWART: Yeah.

MARJORIE CADOGAN: And, we have, in

the past, used local media and community-based media, such as local newspapers, neighborhood

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newspapers and other kinds of media. In fact, most recently, I appeared on a cable program that one of your colleague Council Members, Council Member Brewer, had on the topic of health insurance that was available to those who had, you know, public cable access in Manhattan. And, I would be happy to do that with other Council Members to the extent that they would like to do that with regard to young adults.

COUNCIL MEMBER STEWART: All right.

My last question is in terms of options. Ever since we had the changes in terms of having the insurance, different type of insurances that have been dealt with now, where you have to be within that network or be participating within that HMO, as you may call it, it seems to have created a lot more problems for people to be able to reach providers. And, I wanted to know what are you doing, as far as trying to make it easier for folks who may want to have treatment from a provider? Let me clarify--

MARJORIE CADOGAN: Um, hm.

COUNCIL MEMBER STEWART: -- that a little bit more--

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MARJORIE CADOGAN: Yeah.

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COUNCIL MEMBER STEWART: -- so that

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you--

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MARJORIE CADOGAN: [Interposing]

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I'm not quite sure where you're going--

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COUNCIL MEMBER STEWART: Well--

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MARJORIE CADOGAN: -- with the--

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COUNCIL MEMBER STEWART: -- let me-

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MARJORIE CADOGAN: -- concern.

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COUNCIL MEMBER STEWART: -- clarify

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that. You know, one may participate with in an

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area. They have so many options. And, they,

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let's say, they engage with MetroPlus, but they

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can't--

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MARJORIE CADOGAN: [Interposing]

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On the public health insurance side, you're

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talking about.

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COUNCIL MEMBER STEWART: Right.

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MARJORIE CADOGAN: Okay.

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COUNCIL MEMBER STEWART: But, they

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can only go to specific places.

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MARJORIE CADOGAN: That are within-

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COUNCIL MEMBER STEWART: With

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Metro--

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MARJORIE CADOGAN: -- that are

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contracted with--

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COUNCIL MEMBER STEWART: And, even

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if--

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MARJORIE CADOGAN: -- MetroPlus.

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COUNCIL MEMBER STEWART: And, even

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if there's an emergency that they think that is

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emergency, they can only go to that particular

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facility that they are engaging or help or

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whatever. The fact is I want to know what you're

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doing to make it easier for the folks to be able

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to get treatment. And, the engagement is that if

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you sign up now, you might have had a provider

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that you've been using for years. And, all of a

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sudden, that provider is not in the HMO, not

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participating with the HMO. But so, that patient

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may not be able to be treated. And so, they have

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to go to someone across town that might be

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participating.

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So, I want to know if there's

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anything that you're doing to really make it

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easier for patients to be able to get treatment

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without going through the hassle of not knowing that they sign up the wrong thing and they have to wait a year to be change.

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MARJORIE CADOGAN: Well, you point to a piece of work that I believe happens at the kind of initial stage where someone is being enrolled and screened for public health insurance by most facilitated enrollers, in terms of trying to get a sense of who the providers are that the individual is connected to because, as you know, Dr. Stewart, most physicians are connected to some insurer network. Many try to avoid that. But, most are connected to some insurer network.

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So, it's important, kind of as a personal decision, for those who are enrolling in public health insurance, or any health insurance, to be clear about what their needs are, what their affiliations are in terms of their providers, their need for specialty care, their need for prescription drugs and that level of care before they take that step of enrolling.

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Once they're enrolled with a plan that has a specific network and, unless that plan is a PPO or a POS, where they have some discretion

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2 about going out of network, they are bound by the  
3 terms of the plan. Now, if there are real  
4 complaints in terms of their medical needs, there  
5 are avenues both with the City Department of  
6 Health, the Bureau of Health Care Access or at the  
7 State level that they can address those needs, or  
8 with their own plan.

9 COUNCIL MEMBER STEWART: All right.  
10 Thank you.

11 MARJORIE CADOGAN: You're welcome.

12 CHAIRPERSON RIVERA: Okay. Before  
13 we go on to the next Committee Member, if anyone  
14 has joined us that wants to testify before the  
15 Committee, just make sure you sign in with the  
16 Sergeant of Arms. Fill out the registration form  
17 and then, you'll be able to testify before us.

18 So, next, Council Member Eugene.

19 COUNCIL MEMBER EUGENE: Thank you  
20 very much, Mr. Chair. Thank you very much for  
21 your testimony. First and foremost, I want to  
22 congratulate you, congratulate and thank the  
23 Chairman for this hearing because, as we know,  
24 health is such, you know, is so important, you  
25 know, to everybody, because without health, there

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2 is nothing is possible, regardless if you have  
3 money, power. I believe that health is a human  
4 right issue or maybe a social right issue. And,  
5 we come a long way in term of insurance for people  
6 in New York because before I, you know, I became  
7 elected, I was an community activist and I know  
8 that, at the time, there was no insurance for  
9 children. There was no insurance for certain  
10 people. We had the insurance Health Plus, Family  
11 Plus. And, after that, you know, now we get the  
12 insurance for adult and we got insurance for even  
13 children, regardless of the immigration status.  
14 This is wonderful.

15 But, much more need to be done,  
16 because a good nation like United States, we all  
17 know that, you know, if we don't take care of  
18 people, we don't prevent people to be sick, we are  
19 going to pay more money and it's going to be more  
20 difficult for us. And, I believe that preventive  
21 medicine is one of the best medicine-- is the best  
22 medicine. And, access to health coverage would  
23 give people access to quality of care.

24 My question is that we know that  
25 young people, a lot of young people are-- I'm

1  
2 sorry, you know, I was late. I don't know if you  
3 address that before that. We know that a lot of  
4 young people, they don't have medical insurance;  
5 that don't have medical insurance. And, this is a  
6 big issue. Is there any policy, any proposal, any  
7 effort in term of, you know, extending the medical  
8 insurance to the young people who don't have  
9 access to medical insurance?

10 MARJORIE CADOGAN: There are three  
11 points that I alluded to in the testimony. And,  
12 let me kind of go through them for you. In terms  
13 of things that we can do, or the Council can help  
14 do, there are really three. One is to encourage  
15 the State to encourage insurers to treat young  
16 adults equally in terms of their access to  
17 dependent coverage, up to age 25. There is a real  
18 set of vagaries between the insurance companies  
19 that operate in New York City about how long one  
20 can have dependent coverage and what status,  
21 whether you're a student or not, fulltime student.

22 Consistency there would, I think,  
23 go a long way to potentially open the door for  
24 further coverage among young adults, certainly,  
25 for lower income young adults. We need to look at

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2 aligning the income eligibility levels for parents  
3 and childless adults in public health insurance so  
4 that we are able to extend that to young adults  
5 who are very near poverty.

6 Also, you may be aware that the  
7 Governor mentioned earlier in the year, a proposal  
8 to extend dependent coverage up to age 29, with  
9 the cost being borne by parents. Depending on  
10 some of the details of that proposal, that, in  
11 itself, could have the potential to, again, open  
12 the door to ways to make coverage affordable for  
13 young adults, certainly with their parents'  
14 engagement.

15 COUNCIL MEMBER EUGENE: Thank you  
16 very much. My last question is we know that many  
17 people, they are working. They are very hard  
18 working people. But, their employers cannot  
19 afford to pay insurance for them. But, they are  
20 paying taxes. They are contributing to the  
21 system. And, is there anything available for  
22 them, also, any proposal?

23 MARJORIE CADOGAN: There are a  
24 number of options that are available, again, that  
25 they have eligibility requirement that do not

1  
2 embrace everybody. For example, Healthy New York  
3 is a program that's State-subsidized, an insurance  
4 program, that's available for the young adult  
5 population. It is available for individuals and  
6 self-proprietors who earn up to 250% of the  
7 Federal poverty level; so, somewhere around \$2,200  
8 a month. They can get health insurance coverage  
9 under that program.

10 There is also Freelancers Union  
11 available for those who work a designated amount  
12 of hours in certain industries. But, again, as  
13 you can tell by what I've said, it doesn't cover  
14 every industry and doesn't cover many industries  
15 in which young adults are now working.

16 So, there are some options. But,  
17 we kind of need a comprehensive picture with the  
18 proposals I mentioned, plus those, to at least  
19 start to make a way with regard to the young adult  
20 population.

21 COUNCIL MEMBER EUGENE: Thank you  
22 very much. Thank you, Mr. Chair.

23 CHAIRPERSON RIVERA: Thank you very  
24 much. Before we move on to the next one, I just  
25 had a follow-up question. Healthy New York, with

1  
2 the small business industry within the City of New  
3 York, what are the average rates, you know, that  
4 are given to small business owners through Healthy  
5 New York?

6 MARJORIE CADOGAN: I'm going to  
7 have to get back to you. I don't want to misquote  
8 something.

9 CHAIRPERSON RIVERA: Okay.  
10 Perfect. Okay. Next, we have Council Member  
11 Helen Sears.

12 COUNCIL MEMBER SEARS: Thank you.

13 CHAIRPERSON RIVERA: And, joined by  
14 Council Member John Liu.

15 COUNCIL MEMBER SEARS: Thank you,  
16 Mr. Chair. I just have one question,  
17 Commissioner. You know what, I don't think this  
18 one is working. I have a cold, so I really don't  
19 want to bother you. She'll have to use the next  
20 one. Okay. I think that one has never worked. I  
21 think that's better. I just want to know if you  
22 could share with us what some of the health needs  
23 are for the young adults.

24 MARJORIE CADOGAN: Well, I'll take  
25 a stab at that, even though I'm not the Health

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Department, Council Member. I would think, certainly, what would be as important to young adults as it would be to older, seasoned adults, would be access to primary and preventive care. Certainly in the age range that we're talking about, 19 to 35, reproductive health issues would be important, particularly for women. I also have seen statistics about growing populations of those affected by HIV and AIDs in this age group. So, certainly the access to drugs and care for that disease, as well as other chronic conditions. So, those would be some of the things that I would think would be relevant.

COUNCIL MEMBER SEARS: Okay. I thank you for that. But, since we are looking at that age group and doesn't have the coverage that it does, I'm not so certain that some of the areas that you mentioned are covered by insurance that has minimal coverage. That's why I raised that issue.

MARJORIE CADOGAN: Point taken.

COUNCIL MEMBER SEARS: All right.

Thank you very much.

MARJORIE CADOGAN: I--

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COUNCIL MEMBER SEARS: Yeah.

MARJORIE CADOGAN: With regard to the plans that I mentioned, Healthy New York, certainly covers reproductive health services, as I believe does the range of plans that Freelancers Union makes available.

COUNCIL MEMBER SEARS: Thank you.

MARJORIE CADOGAN: You're welcome.

CHAIRPERSON RIVERA: Thank you, Council Member. Are there any other questions from the Committee members? Seeing none, thank you very much. Thank you.

MARJORIE CADOGAN: Thank you.

CHAIRPERSON RIVERA: Next, we have Lois Uttley from the PHANYC; Iesha Pandit from Raising Women's Voices and Sara Siegel from Raising Women's Voices and Emily Red Samaniego from Young Adults. I apologize if I butchered your name. And, if Jessica Silk [phonetic] is here, also, she can join us on the panel.

Lois Uttley: She's not here.

Thank you very much, Chairman Rivera. Jessica Silk is not here at the moment. We will try to work her in as she arrives.

1  
2 CHAIRPERSON RIVERA: Okay. Just  
3 state your name for the record--

4 LOIS UTTLEY: Yes.

5 CHAIRPERSON RIVERA: -- and  
6 proceed.

7 LOIS UTTLEY: My name is Lois  
8 Uttley. I'm here representing the Public Health  
9 Association of New York City, as chair of PHANYC's  
10 Policy and Legislative Committee. Our  
11 organization and the American Public Health  
12 Association, with which we are affiliated, are  
13 both strong and active supporters of expanding  
14 health coverage to all Americans.

15 Today, though, I wanted to focus on  
16 health insurance for young adults. We're doing a  
17 much better job as Americans, and as New Yorkers,  
18 in making sure our young children have health  
19 insurance. The recent re-authorization of the  
20 Children's Health Insurance Program was another  
21 important step in that progress. But once these  
22 children turn 19, they age out of CHIP. And, a  
23 similar thing happens to children from families  
24 with private health insurance. They age out and  
25 they lose eligibility for dependent health

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2 insurance through their parents. So, when it  
3 comes to health insurance, we, as a society, are  
4 turning our backs on our young children when they  
5 become young adults.

6 And, of course, the results of that  
7 are not surprising. I'm sure you've have other  
8 speakers talk about the high rates of uninsurance  
9 among this group. It's 28% in New York State.  
10 And, disproportionately uninsured are those young  
11 adults living in poverty or near poverty and those  
12 who are African-American and Hispanic.

13 Someone just a moment ago, I  
14 believe maybe it was Councilwoman Sears, was  
15 asking about the public health consequences of  
16 lack of health insurance. And, there are many.  
17 This is a time of life when young people are just  
18 starting college, beginning their work lives,  
19 forming personal relationships and, in some cases,  
20 starting to have children. A recent Commonwealth  
21 Fund analysis of this age group found that 54% of  
22 uninsured young adults did not see a doctor or go  
23 to a clinic when they had a medical problem,  
24 compared to only 18% who did have health  
25 insurance. The same study found that 41% of these

1  
2 uninsured young adults were not able to fill  
3 prescriptions they were given, and 40% skipped  
4 recommended medical tests, treatment or follow-up.

5           And, you know, we know what happens  
6 when you avoid or delay treatment because you  
7 can't avoid it. You might get lucky and recover.  
8 But, more often you don't. And so, you're going  
9 to school or work while you're still sick. You're  
10 passing around infectious diseases, like the flu  
11 or strep throat, to your classmates or co-workers,  
12 or the people that sit next to you on the subway.

13           So, what kind of services does this  
14 age group need in addition to just basic primary  
15 care? This age range has a high rate of exposure  
16 to sexually-transmitted diseases and unintended  
17 pregnancy. It's also the age range when, as we  
18 can recall, it's when you may be experimenting  
19 with drugs or abusing alcohol. There's a high  
20 rate of mental health problems, like depression  
21 and anxiety in this group.

22           And, increasingly, here in New  
23 York, unfortunately, this age group has a rising  
24 rate of obesity, which can lead to diabetes, a  
25 very serious condition that must be addressed

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2 quickly through a medical intervention.

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So, I wanted to talk about two of the current health insurance options that we have available for young adults. One is the dependent coverage through parents' policies. And, as you know, here in New York, you're only able to stay on your parents' policy up to age 23, if you're in college. That's much lower than in Connecticut, where it's 26 and New Jersey, where it's 30. So, we strongly support the idea of raising that age up to 28, as I believe Governor Paterson is going to propose.

I also want to talk about college health insurance plans. About 20% of fulltime students, age 19 to 23, rely on college health insurance. And, it's helpful that that option is available. But, these plans are often flawed. And, I want to offer, as an example, the City University of New York plan offered through GHI. It has a number of positive aspects, but here are the unfortunate aspects. There's a clause that denies coverage for 11 months for preexisting conditions. And so, although the plan states, for example, that diabetes management care is covered

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2 in full. In fact, it's not until after 11 months  
3 if you join the plan with preexisting diabetes.  
4 There's no coverage for dental or vision care.

5 The co-pays are pretty large for  
6 someone who's a fulltime student. And, even the  
7 premium itself is pretty high for a low-income  
8 college student. For a single individual, it's  
9 \$665 per quarter or \$221 a month. And, for a  
10 young family, \$630 a month. So, it can be  
11 unaffordable.

12 Even that, though, is better than  
13 nothing. A lot of the technical and vocational  
14 schools that you might see advertise in the subway  
15 do not offer their students college health  
16 insurance. Just this morning, an intern from my  
17 office called the Berkeley College, which is a  
18 business-oriented school with seven locations in  
19 New York and New Jersey, and asked about health  
20 insurance and was told no, they don't offer any  
21 health insurance to their more than 7,000  
22 students. And, I'm sure that's not an unusual  
23 example.

24 So, we have three recommendations  
25 for you from the Public Health Association, aside

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2 from, of course, supporting State and national  
3 efforts to get affordable quality health insurance  
4 for everyone. In the meantime, we'd like to see  
5 you support raising the age to which New Yorkers  
6 can stay on their parents' health insurer's  
7 policies up to 28; working to improve the  
8 availability, quality and affordability of those  
9 college health insurance plans. At minimum, they  
10 should be prohibited from refusing or delaying  
11 coverage for preexisting conditions. And, there  
12 should be meaningful standards for what coverage  
13 should be. As well, we'd like to see those  
14 vocational and technical schools begin to offer  
15 insurance to their students.

16 And, lastly, as is going to be  
17 recommended by Health Care for All New York, of  
18 which we are a member, we'd like to see the Family  
19 Health Plus buy-in program opened up to offer  
20 comprehensive coverage to young adults and  
21 affordable rate. Thank you.

22 CHAIRPERSON RIVERA: Thank you.

23 IESHA PANDIT: Hi. My name's Iesha  
24 [phonetic] Pandit. I work with the Raising  
25 Women's Voices project, which is a national

1  
2 initiative. And, we work as part of the Health  
3 Care for All New York campaign here in New York.  
4 So, our goal is to talk about young women and  
5 young women's particular needs in relation to  
6 health care and health services. And, I'm going  
7 to speak really briefly and then, turn it over to  
8 two young women who'll share their personal  
9 stories with you.

10 So, Raising Women's Voices, just a  
11 little background, is a collaboration between the  
12 MergerWatch project here in New York, the National  
13 Women's Health Network in Washington, D.C. and the  
14 Avery Institute for Social Change in Boston.  
15 And, our focus is to bring women's perspectives  
16 into the health care reform debate. And, that's  
17 what we're doing now.

18 So, women, in particular, are  
19 really vulnerable, especially young women. Women  
20 ages 18 to 29 are the most likely age group to be  
21 uninsured. That age group of women is the most  
22 likely to not be covered at all and the least  
23 likely to have job-based coverage. Women are more  
24 likely than men to have part-time jobs, part-time  
25 employment, making them less likely then to have

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2 employer-based coverage.

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And, part of what Lois mentioned just now applies in greater intensity to women, who are more likely to sort of have a patchwork of jobs and more likely to need services. So, because of all these challenges and especially given the current economic realities, young women who are entering the workforce after high school or college or graduate school are less likely to get consistent care. And, it's really important. The previous speaker, we just caught the tail-end of it, was mentioning the access to reproductive health care. And, that's one of the really important features that young women, in particular, need access to because of these entry-level, low-wage and temporary jobs that don't necessarily offer coverage. And, if they do, it's not necessarily good coverage.

So, in particular, in thinking about reproductive health care, there are 3.5 million pregnancies a year among the 21 million women ages 19 to 29. And, this is significant because if you lack early and adequate prenatal care, as you become pregnant, you're more likely

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2 to have devastating and costly birth outcomes,  
3 including low birth weight, preterm birth, higher  
4 risks of neonatal infant and maternal mortality.  
5 And, I mention this because it's not just in the  
6 moment of pregnancy and during the months of  
7 pregnancy that health is important for young  
8 women. Women who would like to become pregnant  
9 and have children in the future need health care  
10 before, during and after that experience.

11 In addition, women need consistent  
12 and appropriate access to the full range of  
13 reproductive health services, including  
14 contraception, abortion, family planning services.  
15 All women are affected by their ability to access  
16 reproductive health care. But, low-income young  
17 women and young immigrant women encounter  
18 significant barriers in this.

19 And, we held a speak-out at the  
20 beginning of April here in New York, in  
21 Morningside Heights. And, we had women come and  
22 share their experiences. And, one young woman  
23 told us about, she actually spoke, started  
24 speaking in a language and we all sort of were  
25 looking around. Nobody spoke it. And then, she

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then began speaking in English because she's learning English. She was speaking in Mixteca, which is neither Spanish, nor English, nor a language that anybody in the hospital that she walked into spoke and said well, that's what it feels like to me when I go into the hospital. And, that burden of being ill and not being able to have anyone understand what you are saying is one that we think is, you know, an unreasonable one.

And, we had another young woman spoke. She was an advocate for young African women in the Bronx. And, she spoke about a woman that she worked with who had faced a sexual assault and couldn't find anyone who spoke her language to administer care to her immediately afterwards. Nor, could she afford the \$2,000 that was for the recommended HIV Prophylaxis treatment afterwards. So, we see access and affordability sort of coming together very clearly here.

And then, just before I close, I'd just like to say that in our work with all these, we work with a lot of young women and we ask them for their perspectives. And, they're all from

1  
2 different backgrounds and different life  
3 experiences. But, none of them takes health care  
4 lightly. And, none of them think of themselves as  
5 invincible, as we'll hear. Insurance companies  
6 and folks sort of try to label this group of  
7 people as folks who don't care about health care.  
8 They're often making very difficult choices about  
9 whether to pay for health care, health coverage or  
10 their rent or to pay for school or to get access  
11 to the health care that they need.

12 So, I think I'll turn it over with  
13 that to two of our women here with us today.  
14 Sara, do you want to go first?

15 SARA SIEGEL: Hi. My name is Sara  
16 Siegel. I was diagnosed with juvenile diabetes on  
17 January 20<sup>th</sup>, 1989, which was the same day that  
18 George Bush was inaugurated President of the  
19 United States.

20 At four years old, my diabetes was  
21 more my parents' disease than my own. Both of my  
22 parents worked hard to ensure that I had as normal  
23 of a childhood as possible. On my father's end,  
24 this meant waking up early the morning after I  
25 slept at a friend's house to drive over and give

1  
2 me my morning shots before I could do so myself.  
3 And, on my mother's end, it entailed coming to  
4 school every single day to give me a blood test  
5 during lunch, as well as figuring out how I could  
6 eat cake at birthday parties, no matter what.

7           When I was younger, in the '80s and  
8 the early '90s, it seemed like nobody knew what  
9 diabetes was. I was the only person all of my  
10 friends knew that had diabetes, and because it was  
11 such a non-important part of my personality,  
12 though, I was never known as the diabetic one.  
13 Now that I'm older and Type II diabetes is  
14 somewhat of an epidemic in this country, it feels  
15 like everyone I come into contact with knows at  
16 least one other person who's diabetic.

17           But all of this was basically  
18 irrelevant to my life until my early twenties.  
19 When I graduated college, I continued my health  
20 insurance coverage under COBRA through my father's  
21 employer, which was \$700 a month. Because I'm  
22 diabetic, my parents were willing to spend this  
23 much to ensure that I had the best coverage. And,  
24 I'm lucky that they can afford it. My brother,  
25 who's three years older and not diabetic, traveled

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2 after school without any insurance. But, when he  
3 returned to New York, he started Healthy New York,  
4 and pays \$168 a month.

5 My parents and I figured that I  
6 would find a job that would provide insurance soon  
7 enough. But I'm 24 now. I'm a writer and I have  
8 not had a steady job since graduation. I intern  
9 at Raising Women's Voices and other women's rights  
10 organizations and I work strictly for-the-money  
11 jobs otherwise. Seven hundred dollars a month is  
12 too much for my parents to keep paying, and it's  
13 way too much for me to pay. And so, we began the  
14 process of looking for affordable insurance.

15 Because I don't make a sizable  
16 income, Family Health Plus is an option. But, the  
17 endocrinologist I've been seeing for seven years  
18 does not accept their overage, making Healthy New  
19 York my only affordable option. But, because I am  
20 on the high premium, low-deductible plan with  
21 prescriptions, because I have several, several  
22 prescriptions, I pay \$294 a month to my brother's  
23 \$168 a month.

24 I understand that I'm a greater  
25 liability than he is, even though, aside from

1  
2 diabetes, I am one of the healthiest people I  
3 know. But, it does seem like this whole system is  
4 built backwards. Because Healthy New York is HMO-  
5 based, I chose a doctor I've seen twice to be my  
6 primary care physician. Every six months, I have  
7 to get referrals from her to see the same  
8 endocrinologist I've been seeing since I was 17.  
9 I also need to get bi-annual referrals to see my  
10 diabetic ophthalmologist, who's in the same  
11 practice with my endocrinologist, because I have  
12 to be careful with my eyes as a diabetic.

13           On top of which, health insurance  
14 companies seem to want to cover you only when  
15 you're young and not a risk, namely when you don't  
16 have a preexisting condition. I need health  
17 insurance. People like my brother should have it  
18 just in case, but he doesn't need it the way I do.  
19 So, why is it so much harder for me? Why do I  
20 have to work harder to figure out what insurance I  
21 can get? Why do I have to continually get  
22 referrals for a condition that is not going  
23 anywhere in six months? Why do I have to pay more  
24 per month when I already have to pay more out of  
25 pocket for co-pays at doctors I see more often, as

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well for my part of prescription costs, as well as for glucose tablets and juice, which are not covered at all?

By chance of my genes and environment, I got diabetes. This is unfortunate, but I'm lucky that I take good care of myself and that my parents are around to support me both financially and emotionally. But, health insurance is not governed by chance. It's governed by people who have the ability to make it easier for someone like me; someone who is young and has a preexisting condition that is not her life, but takes over more of it when dealing with health insurance. Thank you.

RED SAMANIEGO: My name is Red Samaniego. I'm 20 years old and I'm already in a lot of medical debt. I am a Barnard College student and I have health insurance during the school year through my college. I'm not covered by my parents' health care plan and I am financially independent.

This past summer, while visiting a friend in Westchester, we went swimming in the lake by her house and we decided to jump off of

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2 some rocks into the water like we had seen other  
3 people doing during the day. And, I went first,  
4 and my jump didn't go very well. I hit the water  
5 a little bit crooked and the skin on the back of  
6 my legs came off. My friend's parents made me go  
7 to the emergency room, even though I told them  
8 that I couldn't, which I understand.

9

And, nurses there took my blood and  
10 a doctor examined my pelvis and ribs for possible  
11 bone fractures or breaks. At first, I refused the  
12 x-rays the doctors suggested because I knew that  
13 my health insurance through the school did not  
14 extend into the summertime. And, the doctors  
15 would also-- they weren't able to tell me how much  
16 the x-rays would be. When my blood work came  
17 back, my levels were abnormal and the doctors told  
18 me that I might be internally bleeding. This made  
19 me afraid enough to accept the x-ray tests, as  
20 well as several other tests. The doctors also  
21 suggested that I take painkillers for the pain  
22 that I was experiencing. But, I was hesitant to  
23 do this because, in the past, they have made me  
24 feel very woozy and nauseous.

25

Long story short, the painkillers

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2 made me vomit several times. And, the doctors  
3 didn't want to let me leave. But, after several  
4 tests, I ended up signing a waiver, that said that  
5 I was leaving against the guidance of the doctors,  
6 because I was afraid of the medical expenses for  
7 staying overnight. It turned out that I actually  
8 did not have any internal damages or any broken  
9 bones. The medical injury that I had was just the  
10 damaged skin on the back of my legs, which I had  
11 treated with an over-the-counter anti-bacterial  
12 cream.

13 The bill came in the mail a couple  
14 months later for \$7,000. I didn't have money to  
15 pay it and so, I applied for financial aid through  
16 the hospital, which took a long time and was  
17 extremely complicated. Calling the financial  
18 assistance help line was confusing, and each time  
19 I had to speak to a different person and explain  
20 the situation. Many of the documents needed for  
21 the financial aid applications, I did not have,  
22 such as proof of residence because I live in a  
23 college dorm and I don't really get many bills  
24 sent there or anything. I finally received  
25 financial aid, but I still owe the hospital around

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2 \$700 dollars. And, this is double the amount of  
3 money in my bank account. I don't know who to go  
4 to for help.

5 This accident really changed me.  
6 I'm afraid of what the hospital bills will do to  
7 my credit and I don't know when I will be able to  
8 pay them. I didn't really think I would have to  
9 worry about health insurance so early. I'm only  
10 20 and I am just trying to get through college. I  
11 already have taken out loans to go to school and,  
12 being so young and already in so much debt, is  
13 pretty terrifying.

14 Now, I'm overly cautious about  
15 everything I do. I don't run anymore or play  
16 sports anymore because I am afraid of an injury.  
17 The bills that come in my campus mailbox remind me  
18 monthly of my situation, and I feel anxious and  
19 stuck. And, I just wanted to say that I think my  
20 story is important because it shows that these  
21 health care issues really apply to everyone,  
22 including young women. So, thank you.

23 CHAIRPERSON RIVERA: Thank you.  
24 First, I want to say to you Red and to Sara, I  
25 want to thank you for your courage, you know,

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2 coming here today and, you know, telling us your  
3 stories. I think it's important for us, you know,  
4 the Councilmen, the Committee members to really  
5 hear, you know, these real-life experiences and  
6 these stories because, you know, you got to put a  
7 face to it. And, you are those faces. And, I  
8 think that, you know, while us, as elected  
9 officials, we always talk about, you know, the  
10 importance of health insurance, the importance of  
11 making sure everyone has access to it, you know.  
12 We need to always be reminded of that. And, I  
13 thank you for coming out here today.

14           You know, I can't agree more with  
15 Lois and everybody that, you know, we have to  
16 raise the age, you know, to the 28. I'm, you  
17 know, shocked to hear that Connecticut and Jersey  
18 and other, you know, states have, you know, are  
19 far, you know, more, you know, friendly when it  
20 comes to health coverage. And, you know, certain  
21 aspects I'm, you know, it's shocking to hear that,  
22 you know, in the summertime, you're not covered,  
23 you know, with health insurance if you are going  
24 to CUNY and, you know, we have to look at why is  
25 that. How can we extend that to a full year, you

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2 know, 12 months out of the year type of service?

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And, you know, we have to

reevaluate the charity fund that exists with the State of New York for those who are unable to pay, you know, for emergency medical care when they go to a hospital and find out, you know, it's only for public health. It's only for public hospitals, the charity care? Or, is it for private, as well? Yeah, so we have to identify what are the guidelines, as well, because I do know that the charity care is available in public and private, you know, hospitals. And, what can we do to make sure that everyone's aware? I know that we required, about two years ago, that all hospitals post up signage in the hospitals to make sure that everyone's aware that the service exist.

But, you know, your stories are very important. I want to thank you for coming out because before this, you know, we hear about it. We talk about it. But, we sometimes don't always see it. So, thank you. Thank you.

We've been joined by Council Member Rosie Mendez. And, are there any questions on behalf of the Committee? Yes, Kendall Stewart.

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2 COUNCIL MEMBER STEWART: I just  
3 wanted to know, we know that some, like Jersey, is  
4 up to age 28, you said. But, is that a fixed  
5 number that you think that we should just look at  
6 28? Why not 30?

7 LOIS UTTLEY: Why not?

8 COUNCIL MEMBER STEWART: That's  
9 what I'm...

10 LOIS UTTLEY: Yeah. I mean, it  
11 could be higher. There are other states that are  
12 higher. For whatever reason, the Governor has  
13 chosen 28. But, I'm sure he's open to suggestions  
14 from other public officials, like yourselves.

15 COUNCIL MEMBER STEWART: And, why  
16 not have it whereby to the extent that it is the  
17 student is in school until the time they finish  
18 school? Some people, they go to graduate school  
19 and you may end up in graduate school and you're  
20 up to 34 years old, or whatever.

21 LOIS UTTLEY: Yes.

22 COUNCIL MEMBER STEWART: But, the  
23 fact is we need some sort of relief or some sort  
24 of help to help those folks who may not be able to  
25 have the resources to carry health coverage. So,

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2 if they are in some sort of a institution where  
3 they are studying, maybe that, to that extent,  
4 that we should look at that.

5 LOIS UTTLEY: Yes, I can't agree  
6 more. And, a young woman will be here shortly,  
7 Jessica Silk, who is, in fact, a Master's in  
8 public health student in the CUNY system, who  
9 cannot afford the monthly coverage for that  
10 college health plan through CUNY. And, she'll  
11 tell you why. And, you know, I think we just need  
12 to make it more affordable and better quality.  
13 And, we shouldn't allow the kind of thing like  
14 happened to Red where her plan lapses during the  
15 summer when she's not in school. That's crazy.  
16 How can you get health insurance for two months in  
17 the summer? That needs to be yearlong. And,  
18 we're sorry that happened to you.

19 CHAIRPERSON RIVERA: Yeah, and I  
20 think that's important because the fact of the  
21 matter is you cannot, you know, choose when you  
22 get hurt or when you get sick. So, it doesn't  
23 make sense that you only have coverage for a  
24 certain portion of the year. And, if you pay for  
25 something, you should have it, you know, for the

1  
2 life of the year. So, we'll talk to CUNY. We'll  
3 find out what the rationale is and how we can try  
4 to bridge that gap because I think it's, you know,  
5 it's important that yearlong coverage is  
6 available. And, you know, how can we expand it  
7 to, you know, to 7,000 students that are currently  
8 not getting it, that I see here? And, how can we  
9 get the vocational and technical schools, as well,  
10 because, you know, that's a catch basin. You see  
11 the advertisements all over the place, you know,  
12 for these different, you know, schools. But, you  
13 know, you don't realize the difference in service  
14 - - .

15 LOIS UTTLEY: It's--

16 CHAIRPERSON RIVERA: That's  
17 important.

18 LOIS UTTLEY: It's the low-income  
19 students, frankly, who are in many of those  
20 vocational and technical schools and, cannot  
21 afford health insurance otherwise. And so, it's  
22 really important that we make it available to  
23 those students.

24 COUNCIL MEMBER STEWART: Have you  
25 looked at any of the State-sponsored HMOs, if they

1  
2 will grant it to students who are in school, that  
3 because of the fact that they might be making, or  
4 they may have some sort of income, but, the fact  
5 is they're in colleges all over the state and the  
6 country. But, they can't get some of these state-  
7 sponsored HMO.

8 LOIS UTTLEY: Yeah.

9 COUNCIL MEMBER STEWART: Those that  
10 we have with children and we have with the very  
11 low income, but the fact is students may need  
12 these insurance just the same. And, I wanted to  
13 know if you did look into that to see if they--  
14 there's a possibility that students can get those  
15 type of insurance in colleges?

16 LOIS UTTLEY: Well, New York State  
17 does have programs like Family Health Plus. And,  
18 I believe the speaker, who, maybe she's already  
19 spoken or is going to speak, from Health Care for  
20 All New York, is going to talk about an idea-- are  
21 you here? Yeah. Okay. -- going to talk about an  
22 idea to allow students to buy into that program.  
23 So, I won't say more about it, 'cause I don't want  
24 to preempt her testimony.

25 COUNCIL MEMBER STEWART: But, a lot

1  
2 of times, you say buy in, but the fact is they may  
3 not-- I was wondering if they can be granted that  
4 type of-- mere fact that they should take tuition  
5 costs--

6 LOIS UTTLEY: Um, hm.

7 COUNCIL MEMBER STEWART: -- into  
8 consideration so that they don't have to really  
9 buy in. They should be able to be granted that  
10 type of insurance, while in college.

11 LOIS UTTLEY: I love that idea.  
12 Let's see if we can make it go.

13 CHAIRPERSON RIVERA: Any other  
14 questions? Well, ladies, thank you very much.

15 LOIS UTTLEY: Thank you.

16 CHAIRPERSON RIVERA: The next panel  
17 that we have is Sara Collins, Heidi Siegfried, as  
18 well as Arianne Garza. Again, if you have any  
19 prepared testimony to be distributed, just give it  
20 to the Sergeant of Arms. He'll pass it out to us.  
21 And, you can choose who goes first. Just state  
22 your name for the record and your affiliation.

23 SARA COLLINS: Yes. My name is  
24 Sara Collins. I am Assistant Vice President at  
25 the Commonwealth Fund, which is based here in New

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2 York. Thank you, Mr. Chairman, and members of the  
3 Committee, for this invitation to testify on  
4 health insurance options for young adults. The  
5 Committee is to be commended for exploring ways to  
6 stem the growing tide of uninsured young adults.

7           Adults 19 to 29 are among, this has  
8 been stated several times today, among the largest  
9 and fastest growing segment of the population  
10 without health insurance in the United States.  
11 There are 13.2 million uninsured young adults  
12 nationwide. This is the latest available Census  
13 data from 2007. And, there are an estimated  
14 750,000 to 800,000 uninsured young adults in the  
15 State of New York. Young adults are  
16 disproportionately represented among people who  
17 lack health insurance, accounting for nearly 30%  
18 of the 45 million non-elderly uninsured adults  
19 nationwide, even though they comprise just 15% of  
20 the population.

21           The most gaping hole, as we've  
22 heard today in the compelling testimony, hole in  
23 our voluntary, employer-based health insurance  
24 system occurs when people don't have access to  
25 employer coverage and have incomes that are too

1  
2 high to qualify for Medicaid and the State  
3 Children's Health Insurance Program.

4           The individual insurance market has  
5 proven to be largely inadequate substitute for  
6 employer coverage because of underwriting and the  
7 fact that people face the full cost of the  
8 premium. Young people making the transition from  
9 childhood to adulthood fall into this gap in  
10 greater frequency than any other age group. Young  
11 adults are at risk of losing access to employer  
12 coverage or public insurance programs at two  
13 critical transition points; their 19<sup>th</sup> birthdays or  
14 graduation from high school, as well as graduation  
15 from college. Young adults covered as dependents  
16 on their parents' employer policies often lose  
17 eligibility for that coverage at 19 or upon  
18 graduation from high school, particularly if they  
19 don't go on to college. We have found, through  
20 our surveys, that nearly two in five young adults  
21 who graduate from high school, but do not go on to  
22 college, are uninsured for some time during the  
23 year following their graduation. This is more  
24 than twice the rate for adults, young adults, who  
25 attend college.

1  
2 Medicaid and SCHIP reclassify all  
3 teenagers as adults on their 19<sup>th</sup> birthdays,  
4 meaning that most young adults lose coverage on  
5 their birthdays from, if they had been insured as  
6 children under either one of those programs. As a  
7 result of these changes, uninsured rates jump  
8 sharply at age 19, rising from 11%, among children  
9 nationwide under 18 and under to 29% among young  
10 adults 19 to 29. Low-income young adults are  
11 particularly at risk of losing coverage; among  
12 those in families with incomes under poverty, more  
13 than half are uninsured, compared with about one  
14 of five low-income children.

15 Among young adults who go on to  
16 college, the year following their college  
17 graduation, can also be perilous. As new entrants  
18 to the labor force, they confront hazards that  
19 reduce their likelihood of having coverage,  
20 similar to those faced by high school graduates;  
21 waiting periods, temporary positions, lower-wage  
22 jobs, employment in small firms, and job turnover.  
23 Of those college students who graduated between  
24 2001 and 2003, more than a third were uninsured  
25 for at least part of the year, part of the time in

1  
2 the year following graduation, with 13% uninsured  
3 for six months or more.

4           While young adults are on average  
5 in better health than older adults, losing  
6 insurance disrupts their access to health care and  
7 leaves them, and their families, at risk for high  
8 out-of-pocket costs in the event of a serious  
9 injury or illness, as we heard from the two  
10 witnesses just on the previous panel.

11           Health risks that are prevalent  
12 among young adults include obesity. Twenty-eight  
13 percent of 18 to 29-year-olds are overweight, and  
14 a quarter are obese. Over the past 30 years,  
15 obesity among this age group has increased by a  
16 factor of three. There are 3.5 million  
17 pregnancies each year among the 21 million women  
18 ages 19 to 29. One-third of all HIV diagnoses are  
19 made among young adults. Injury-related visits to  
20 emergency rooms are far more common among young  
21 adults than they are among either children or  
22 older adults.

23           The Commonwealth Fund Biennial  
24 Health Insurance Survey found that two-thirds of  
25 uninsured young adults, ages 19 to 29, who were

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2 uninsured because of cost, either had failed to  
3 fill a prescription, had not gone to a doctor or  
4 specialist when they were sick, skipped a  
5 recommended medical test, treatment, or follow-up  
6 visit. Just two in five uninsured young adults  
7 have a regular doctor. This is compared to four  
8 in five among those who are insured all year.

9           Nearly half of uninsured adults in  
10 the Commonwealth Fund survey reported problems  
11 with medical bills including having trouble making  
12 payments, being contacted by a collection agency,  
13 significantly changing their way of life in order  
14 to pay their bills, or paying off medical debt  
15 over time.

16           Federal or State action to expand  
17 affordable, comprehensive coverage to all would  
18 help ensure that young adults would avoid gaps in  
19 their health insurance. Massachusetts has led the  
20 nation on expanding health insurance to all and  
21 has included policies targeted to ensure that  
22 young adults stay enrolled. In addition, 25  
23 states have passed legislation that increases the  
24 age of dependency for young adults for purposes of  
25 private insurance coverage. New ages of

1  
2 dependency range from 24 in four states to age 30  
3 in New Jersey. Governor Paterson, as we discussed  
4 in this hearing, has proposed increasing the age  
5 to 29 in New York. Sixteen states have settled on  
6 age 25.

7           In the absence of universal  
8 coverage at the federal level, there are three  
9 targeted policy options that would help cover more  
10 adults. Extending eligibility for Medicaid and  
11 SCHIP beyond age 18; this would have by far the  
12 biggest impact on reducing the number of uninsured  
13 young adults. If we extended this age to 25  
14 nationwide, 3.6 million uninsured young adults  
15 ages 19 to 25 with incomes under 100% of poverty  
16 would gain coverage; 7.6 million uninsured young  
17 adults ages 19 to 25 with incomes under 200% of  
18 poverty would potentially gain coverage.

19           Extending eligibility for  
20 dependents under private coverage beyond, you  
21 know, beyond 18 or 19, as 25 other states have  
22 done. This would increase the age to, even to 23  
23 could cover an estimated 1.4 million unmarried,  
24 dependent young adults; extend it to 25 could  
25 cover 1.9 million dependent young adults.

1  
2 And, States could also ensure that  
3 colleges and universities require fulltime and  
4 part-time students to have health insurance, and  
5 that they offer health insurance coverage to both.

6 It is imperative that the nation  
7 move affirmatively to address a situation that has  
8 become clearly tragic for millions of families by  
9 expanding affordable and comprehensive health  
10 insurance coverage to everyone. Thank you.

11 CHAIRPERSON RIVERA: Go ahead.

12 ARIANNE GARZA: Oh, you want to do  
13 the whole panel.

14 CHAIRPERSON RIVERA: Yeah, we'll do  
15 the whole panel.

16 HEIDI SIEGFRIED: Why don't you go  
17 first, 'cause then I can [off mic]?

18 ARIANNE GARZA: Okay. Hi. My  
19 name's Arianne Garza. I am testifying today on  
20 behalf of the Community Service Society of New  
21 York. We are a 160-year-old organization which  
22 advocates for New York's working poor and middle-  
23 income families. A large part of our organization  
24 is actually our Managed Care Consumer Assistance  
25 Program, which provides assistance for New Yorkers

1  
2 in the five boroughs, who are looking to get,  
3 manage or keep their health insurance coverage.

4 I am also testifying today on  
5 behalf of the Health Care For All New York  
6 campaign. We are a state-wide coalition of over  
7 70 organizations dedicated to winning affordable,  
8 quality health care for all New Yorkers. And,  
9 lastly, I am testifying on behalf of myself, as a  
10 young adult.

11 I already submitted my rather  
12 lengthy testimony. So, I'm not going to wow you  
13 by reading the whole thing out loud. I just  
14 basically want to go over a few points. You guys  
15 already know by now, in this conversation, that we  
16 have a lot of uninsured young adults in New York  
17 State and that they're more likely to be uninsured  
18 and the reasons why they're uninsured. So, I'm  
19 not going to go over that right now. I am going  
20 to talk about a little bit what the options are  
21 for young adults who are uninsured out there, who  
22 aren't covered under their parents' plans, who  
23 aren't covered under their employer-sponsored  
24 plans.

25 Basically, you know, option number

1  
2 one for people looking for health insurance, we  
3 have the direct pay market. You can get fabulous  
4 comprehensive coverage on direct pay market if you  
5 can afford it, which is the catch. New York  
6 County, and this is from the State Department of  
7 Insurance website, the average rate for an  
8 individual premium is about \$1,000 per month,  
9 which is more than my rent, I might add. The  
10 cheapest is \$750, which I found last week. For  
11 somebody earning fulltime, minimum wage earnings,  
12 this would be about 66% of their pretax income,  
13 which is ridiculous.

14 Option number two is Healthy New  
15 York. Basically, if you earn less than \$27,000 a  
16 year, you are possibly eligible to join Healthy  
17 New York. This is a cheap plan. I've heard  
18 different numbers for premiums. What I found last  
19 week, again, was around \$300 for a basic plan with  
20 drug coverage. This is not a comprehensive plan.  
21 There are limits on preexisting conditions, like  
22 asthma, diabetes, cancer, even pregnancy. The  
23 benefits really are pretty limited. There's a  
24 \$3,000 cap on prescription drugs, which is not  
25 going to help you if you happen to get really

1  
2 sick, if you get cancer or anything. The benefits  
3 are really only good for people who are healthy  
4 already and are lucky enough to stay that way  
5 while they're enrolled in the program.

6 A third option, which Lois talked  
7 about, is a student health plan. If you are in  
8 college fulltime and if your school offers it, you  
9 generally have the option of joining the student  
10 health plan, which is usually more inexpensive  
11 than what you might find on the direct pay market.  
12 But, like Healthy New York, these generally have  
13 some sort of combination between benefit limits or  
14 limits on preexisting conditions. I actually  
15 attended NYU and I had a student health plan,  
16 which was pretty cheap. I think it ended rounding  
17 out to about \$115 per month, which you paid up  
18 front, of course. The problem with it was is that  
19 it had a lifetime maximum of \$250,000. So, that  
20 pretty much would have put me out of luck if I  
21 actually got hit by that cab or if I got cancer or  
22 anything else. It wouldn't last very long.

23 And, basically, the last option, if  
24 you aren't covered under your parents' plans, if  
25 you don't have employer-sponsored insurance, if

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you make too much for Healthy New York or are too sick for Healthy New York, if you're not in college is basically to stay uninsured. Eat your vegetables, look both ways before crossing, hope for the best.

So, this is a problem. Iesha already talked about, you know, there's a misconception that young adults aren't buying insurance because they don't want it. They think they're invincible. This is not true. Young adults need just as much preventative care as anybody else. We need just as much financial protection against illness and injury as anybody else. You don't reach 19 and suddenly become this, you know, mythical being. Young adults also want insurance. This is not something that we're shunning, you know, out of principal.

CSS recently did a statewide poll and found that health care and prescription drugs are the top personal worry for young adults, particularly not having insurance. It's also the top issue that they want their elected officials to act on. In New York City alone, in the past two and a half years, we've had 930 young adults

1  
2 phone into our Managed Care Consumer Assistance  
3 program looking to find or keep health insurance.  
4 This is not indicative of a population who does  
5 not want health insurance. We want health  
6 insurance. And, we want good health insurance.

7           So, how can we fix it? So,  
8 Governor Paterson is set to release legislation  
9 that would allow young adults to stay on their  
10 parents' employer-sponsored plan until the age of  
11 29, through a kind of COBRA-like program. This  
12 sounds good. We haven't seen legislation yet.  
13 We're not really sure what it will entail. But,  
14 one thing we do know it's going to entail is the  
15 use of age rating. This will basically allow  
16 insurance companies to offer cheaper plans to  
17 young adults by hiking up the price of insurance  
18 for people who are older.

19           This is essentially, you know,  
20 robbing Peter to pay Paul or Mary or whoever. We  
21 don't think this is a good option. It's a  
22 dangerous. It's a discriminatory move. It'll  
23 basically make it harder and harder for people to  
24 afford insurance the older they get. And it will  
25 disproportionately hurt smaller employers who have

1  
2 an older worker base. So, this is not the  
3 direction we really want to go.

4 The Health Care For All New York  
5 campaign actually has a couple of recommendations  
6 on better ways to fix this issue; one of which, I  
7 believe Lois talked about, would be to extend the  
8 current law, which allows parents to keep their  
9 kids on to the age of 23 and let them keep them on  
10 to the age of 28 or 29, 30, even, you know, by all  
11 means. But, basically let them stay on longer and  
12 without the COBRA program with age rating.

13 The second option, which we love,  
14 would be to utilize the existing Family Health  
15 Plus buy-in program. This program is currently  
16 open to employers and unions. It hasn't been  
17 fully implemented. There's a pilot program  
18 happening, I think, with 1199 health workers. It  
19 should be happening for more employers and unions  
20 by the end of the year. This is a better and  
21 cheaper program than anything else in the market  
22 for young adults right now. It has substantial  
23 benefits, both in-patient and out-patient  
24 services, prescription drug benefits, mental  
25 health, substance abuse benefits. And, it has

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none of the hidden costs or unintended effects of age rating. So, that's basically it. Thank you.

CHAIRPERSON RIVERA: [Off mic]

Thank you. - - order right there.

HEIDI SIEGFRIED: Oh, yeah. Good afternoon. My name is Heidi Siegfried and I'm here today representing the interests and concerns of New Yorkers for Accessible Health Coverage. And, we are a member of Health Care For All New York. But, we're a coalition belonging to a coalition. But, our coalition is 50 New York State organizations that provide services counseling, education and outreach to New Yorkers with serious illnesses and disabilities. So, that's what we represent is people that have high health care needs. We're a project of Center for Independence of the Disabled. And, we appreciate that you're holding this hearing today.

I think, you know, we just all rely on Commonwealth Fund and other organizations for their statistics on the disproportionate uninsurance of people in this age group of 19 to 29. You know, I've also used some of their work to come up with the different diseases and things

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that people encounter.

But, in addition, NYFAHC has monthly roundtable meetings where we bring in experts, and we have brought Commonwealth Fund is as one, to talk about different issues. And, in February, we had Joel Cantor, who is from Rutgers Center for State Health Policy come to our monthly roundtable meeting. And, they're in the process right now of doing a study of dependent coverage expansion. So, they're going to be looking at the implementation and the unintended consequences and what kind of results they get when the different states. There's 25-- well, it depends on how you define it. I mean, some people say there are 30 states. Some people say there are 25 states that have expanded or extended dependent coverage.

So, he just put out there, you know, some of the arguments for it are that more young adults would be covered; that you would have more healthier lives and the risk added to the risk pool; that there's no need for State resources when you're just expanding dependent coverage; that there would be little or no burden on employers and that it would be a voluntary

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program.

Now, the first thing, the idea that more young adults will be covered, now, he's going to be getting more information in the fall about whether or not this is really true, but in New Jersey, the gains have really been modest at best. So, after three years, only 15,000 of approximately 360,000 uninsured young adults had enrolled. So, you know, whether or not that's going to happen is, you know, not clear.

Now, last December, Governor Paterson announced a forthcoming proposal to extend dependent coverage to 19 to 29-year-olds, regardless of student status or actual dependency. And, we haven't, again, we haven't seen any language for this proposal. But, it has been described as a COBRA-like benefit, which would age rate these people in a separate pool in order to achieve lower premiums. This proposal does not support the second argument for expanding dependent coverage, which is that we would add healthy lives to the risk pool. And, we are very concerned about it being the first step in eroding community rating, which is what the woman from the

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2 City agency mentioned, that we have pure community  
3 rating in New York State, which means we do not  
4 discriminate on the basis of age, gender, health  
5 status. And, the health status, of course, is  
6 particularly important to New Yorkers for  
7 Accessible Health Coverage since we represent  
8 people that have health status that they could be  
9 discriminated against because of.

10 So, we're proud of community  
11 rating. And, we think that we're concerned about  
12 the inequities of this proposal eroding it even  
13 further. For example, what you're going to have  
14 is a 19 to 29-year-old employee and the employer  
15 is going to be paying a higher premium than  
16 another employee is paying to cover his 19 to 29-  
17 year-old child. And, this will be unfair. So  
18 then, they'll say well, why can't we have age  
19 rating for our employees, not just the children of  
20 our employees? And, in fact, this is what, you  
21 know, actually happened in New Jersey.

22 So, we don't have any objection to  
23 expansion of dependent coverage. But, we believe  
24 it should be done by including the dependent child  
25 in the larger risk pool, as other states have

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2 done. The premium setting rules in 12 states have  
3 the cost averaged into the group family premium.  
4 And, eight states establish premiums for new  
5 dependent enrollees with many requiring a rate of  
6 100 to 102% of the child dependent rate.

7

8 We think the Legislature should  
9 seek other ways of covering this group, such as  
10 Family Health Plus and Family Health Plus buy-in.  
11 This year, in our New York State budget, we went  
12 up to 200% of poverty for all adults, contingent  
13 on getting a federal waiver. And, we hope we get  
14 that federal waiver. Seventy-two percent of  
15 uninsured young adults, aged 19 to 29, have  
16 incomes below 200% of poverty. So, this would be,  
17 you know, a good way to cover them.

17

18 And, I also agree, we're very  
19 concerned about the discrimination that was  
20 mentioned by the City agency woman between parents  
21 and single adults. So, single adults remain at  
22 100% of poverty right now. But, parents, they  
23 just got an increase in this year's budget from  
24 150 to 160% of poverty.

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25 So, I mean, you know, this kind of  
discrimination results in like weird behavior,

1  
2 like what would you do, go out and have a child in  
3 order to get health coverage? I mean, you know.  
4 It drives, you know, strange-- it could. It  
5 could. Really, honestly. I mean we see that  
6 people, there's this concept of bug chasing, where  
7 people deliberately go out and become HIV positive  
8 because of the access to benefits that they get.  
9 That's a factor in it. So, that's just an aside.

10 But, anyway, so, you might notice  
11 also that I haven't mentioned Healthy New York.  
12 We don't think this is a good product or a good  
13 way to go. I was hearing that we had a 40-- that  
14 the HRA office has expanded this coverage by 40%.  
15 I mean, you know, it's good for some things. But,  
16 the restrictions that Arianne mentions, such as  
17 the \$3,000 on the prescription drugs, it's very  
18 skimpy coverage, so that if you actually get sick,  
19 it's not good. And, we've, you know, we've been  
20 up in the Legislature quite a bit this year and  
21 the Assembly, talking to them about, you know, how  
22 we would not like to see Healthy New York  
23 expanded. And, we would like to see more  
24 subsidization of the direct pay market.

25 And, of course, what we're talking

1  
2 to is legislative aides who are 19 to 29. And,  
3 but, we have found people, legislative aides, 19  
4 to 29, who were diabetic and without coverage and  
5 went and used Healthy New York. And, they  
6 understand, you know, why Healthy New York is not  
7 a good product.

8 So, thank you for holding this  
9 hearing and giving us the opportunity to weigh in.

10 CHAIRPERSON RIVERA: Thank you very  
11 much. You know, before I go on with my  
12 statements, I want to urge all New Yorkers, don't  
13 set your own bones and don't, please do not try to  
14 get a serious illness to get health insurance.  
15 That's something that we have to send out there.

16 That being said, I want to thank  
17 you for your testimony because, you know, you  
18 learn something new every day. And, you know,  
19 learning the stats, you know, about the fact that  
20 if a person earns \$30,000 a year and they pay  
21 \$1,000 per month, it can be, you know, 20 to 66%  
22 of their income, you know. Other stats show that  
23 people are paying more than 50% per month for  
24 their rent. So, you combine the two and over 100%  
25 of your income is going towards health care and

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2 your rent. How can you afford to eat? So, you  
3 can't buy the vegetables. You can't buy the  
4 fruits. You can't buy the whole grains.

5 So, I think, you know, these are  
6 the key reasons why this meeting today is  
7 extremely important and why the information is  
8 important for us to go to the State. And, while  
9 we agree we have to extend it, you know, we got to  
10 make sure it's community rating, not age rating,  
11 that'll be utilized because, you know, the reality  
12 is most young people, ages 19 to, you know, 29,  
13 are relatively fit, relatively healthy. And, you  
14 know, we know that, as you get older, there is an  
15 increase in chance for different illnesses and  
16 ailments that come about. So, it does, in some  
17 way, shape or form, discriminate based on age.

18 So, I want to thank you. You know,  
19 you mentioned Massachusetts as getting health care  
20 for-- is that for everyone, universal health care  
21 coverage that Massachusetts is proposing?

22 SARA COLLINS: Yes.

23 CHAIRPERSON RIVERA: What is the--

24 SARA COLLINS: The law was passed  
25 in 2006. And, what Massachusetts has done is

1  
2 build on their existing system so it's similar to  
3 what proposals that we're seeing at the federal  
4 level, where they have an employer-- require  
5 employers to offer coverage or pay a fee. They  
6 expanded their Medicaid program to children. And  
7 then, they have merged their small and individual  
8 insurance markets into what they call a connector,  
9 insurance exchange or connector exchange is the  
10 terminology we're hearing; we heard from President  
11 Obama during the campaign; what we're likely to  
12 hear in Congress is this year. But, they merged  
13 those markets. They provide premium subsidies to  
14 people who earn under 300% of poverty to buy  
15 private insurance coverage through that merged  
16 market. It's a regulated market, community rated,  
17 guaranteed issue. The plans have to provide  
18 comprehensive coverage. There's some regulations  
19 as to terms of what those benefits are.

20 So, it builds on the existing  
21 system. And, the other piece I left out is there  
22 is an individual mandate. So, everyone is  
23 required to have insurance coverage. But, they've  
24 been able to lower their uninsured rate to just  
25 over 2% with that structure. It was passed in a

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2 bipartisan way. It was passed when Mitt Romney  
3 was Governor; strong support from both democrats  
4 and republicans. And, really, you know, a model  
5 for federal, what we're likely see in some of the  
6 federal legislation introduced this summer.

7 CHAIRPERSON RIVERA: And now, what  
8 is, I mean, obviously, we're the City Council.  
9 We're not the State Legislature. But, you know,  
10 looking at here in New York State, what would that  
11 mean? What would the process be? What would the  
12 fiscal impact be? What would the process be to  
13 get it done in the State side? Do you have the--  
14 has there been calculations to see, you know, what  
15 that would be here?

16 SARA COLLINS: You know, there has  
17 been some work that United Hospital Fund has done.  
18 And, they have estimated what a similar proposal  
19 would cost in New York. So, that would be an  
20 important report to look at. I think they call  
21 it, what's called a Blueprint for Health Reform in  
22 New York. And, that would be a great document to  
23 look at in terms of the number of people  
24 potentially covered; how the premiums could be--  
25 premium subsidies could be structured according to

1  
2 a sliding scale and the cost of that, potential  
3 cost of that. But, having a strong employer role,  
4 you know, requiring employers to offer coverage or  
5 pay into a pool to partly finance that coverage,  
6 having individuals there pay, at least according  
7 to their income. Affordability is a really key  
8 part of this.

9 So, and then, Massachusetts went  
10 ahead with universal coverage; didn't address some  
11 of the cost issues. They're now addressing some  
12 of the health system reform issues that could  
13 potentially lower cost. Those lower costs could  
14 feed in to offset the cost of expanded coverage in  
15 the state, as well.

16 CHAIRPERSON RIVERA: And, they're  
17 not bankrupt, obviously.

18 SARA COLLINS: And, they're not  
19 bankrupt.

20 CHAIRPERSON RIVERA: I mean, 'cause  
21 that's what you hear more often from people who  
22 are anti-universal health care, the fact that  
23 it'll bankrupt the nation, bankrupt a state. I  
24 mean, you know, I saw the movie Sicko. And, I  
25 think that every elected official should watch

1  
2 that movie because it's a very well balanced  
3 documentary talking about, you know, different  
4 systems around the world. And, you know, it goes  
5 into universal health care; how Canada is doing;  
6 how Cuba did it-- is doing it, and how other  
7 nations in Europe are doing it. And, you know, I  
8 think it's, you know, it's something that we  
9 should explore. And, I believe that, you know,  
10 it's an investment. The reality is, you know, the  
11 people who have health insurance tend to, you  
12 know, see the doctors more often, tend to take  
13 better care of themselves and tend not to get as  
14 sick in the long term as someone who may, you  
15 know, be crossing their fingers and not going to  
16 the doctor, not finding out whether or not they're  
17 diagnosed with, you know, can't get diagnosed with  
18 something.

19 So, you know, that definitely is  
20 something we, you know, I want the State to look  
21 at. But, you know, and also just addressing the  
22 fact that some women are getting, you know,  
23 pregnant just to get health insurance, you know, I  
24 mean that's another-- brings up a whole other slew  
25 of issues with maternity leave that the City and

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State of New York doesn't have universal, you know, a good maternity leave program, you know, for some its employees.

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But, you know, I want to thank you again because a lot of this information is extremely vital, you know, to us. And, you know, we'll be reaching out to the State to urge them, you know, to keep it community rating instead of age rating and to make sure they can do the expansion to 30 years old and not 28 or 29. Are there any questions? I know we've been joined by Council Member Inez Dickens and Council Member Helen Foster. Are there any questions from Committee members? Okay. Thank you very much.

Next panel will include Jessica Silk, Dana Czuczka from Planned Parenthood, David Marcus and Robin Vitali [phonetic] from the American Heart Association. Okay. Whoever wants to go first, you can go ahead, Jessica. Just state your name for the record and proceed with your testimony.

JESSICA SILK: Okay. My name is Jessica Silk. And, I'm here representing myself as a single adult. I'm a graduate student at

1  
2 Hunter College. I'm actually studying public  
3 health. CUNY does not provide or require any sort  
4 of health insurance. And, I currently work part-  
5 time in public health. And, I'm a fulltime  
6 student. And, I am struggling paycheck to  
7 paycheck to pay my bills. I'm worried about rent.  
8 I'm worried about food. And, unfortunately, I  
9 can't cover the premiums for health care.

10 So, I guess from time, you know, it  
11 doesn't actually, like the other woman said, you  
12 just sort of have a eat your fruits and vegetables  
13 kind of approach. However if a problem arises,  
14 you don't know what to do. So, last month, I had  
15 a problem, an injury with my leg. And, I went to  
16 a community health center. They gave me a sliding  
17 scale payment, which was \$50. I went there. The  
18 care was great. The doctors were great. But, the  
19 fact of the matter was, they couldn't figure out  
20 what was wrong with me. They wanted to do tests  
21 on me to see if there was vitamin deficiency or  
22 any sort of other blood work. And, they told me  
23 that if they ordered the tests, I would have a  
24 heart attack because of how much it would cost.  
25 So, I paid \$50 to have somebody tell me they can't

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2 afford to do tests on me. And then, they told me  
3 to go to an orthopedic specialist with a warning  
4 that I probably wouldn't be able to afford that  
5 either.

6 So, a month later, I'm limping and  
7 hobbling around, wanting to run and be fit. But,  
8 I can't. And, I just hope that, when I graduate  
9 this May, that I'll get a job with health  
10 insurance. So, I know that, for me, I chose to  
11 not have health insurance. But, it's not really a  
12 choice. I chose to go back to school to better  
13 myself and also to better the health of New York.  
14 And, this is a consequence of that. I left a job  
15 where I had health care to do so. And so, I just  
16 wanted to give a voice to I know many, many people  
17 in my exact position. So, that's it.

18 CHAIRPERSON RIVERA: Thank you,  
19 Jessica.

20 JESSICA SILK: Um, hm.

21 DAVID MARCUS: My name's David  
22 Marcus. I'm a medical student, a senior medical  
23 student, at SUNY Downstate College of Medicine in  
24 Brooklyn. I'm also a Board member of the  
25 Physicians for National Health Program. And, I'm

1  
2 also the Chief Operating Officer of the Brooklyn  
3 Free Clinic.

4           So, I'm testifying as a young  
5 adult, as a young doctor and, like I said, as a  
6 member and Board member of the Physicians for  
7 National Health Program. Now, we've already heard  
8 great reviews of the numbers, all the statistics  
9 and the huge problem that young adults have  
10 accessing health care. I'm not going to bore you  
11 with repeating those numbers, although you'll find  
12 them in the written testimony.

13           We've heard why something happens  
14 at age 19, why people lose their insurance. I  
15 just want to point out a small irony is that most  
16 low income, uninsured young adults who age out of  
17 SCHIP actually, themselves, aren't eligible for  
18 Medicaid. And, obviously, we also know they can't  
19 afford insurance premiums. So, they're kind of  
20 just thrown out there without any second thoughts.

21           Now, we've also heard it said, and  
22 we've heard a few to that young adults don't  
23 actually feel invincible. We know that's true  
24 just from, again, speaking to people. You'll hear  
25 it. But, also there was a study done that showed

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2 that, you know, only 16% of young adults decline  
3 insurance when offered it through their employers.  
4 And, of all those 16%, only 1% actually said they  
5 thought they didn't need insurance. The rest  
6 simply couldn't afford it. So, really, it's a  
7 fallacy and we have to recognize that.

8           Additionally, we've heard, I think  
9 from the Commonwealth Fund and perhaps also from  
10 our first speaker, about the construction,  
11 hospitality, food service and entertainment  
12 industries, who have very high uninsurance rates.  
13 And, we know this is New York. New York is a big  
14 show town. We have a lot of these people who work  
15 in part-time jobs and, obviously, are uninsured  
16 and perhaps even underinsured, which is something  
17 that I'll get to in a little bit. There was a  
18 nice story in the New York Times recently and I  
19 imagine that some of you may have read it. And,  
20 the musician that was quoted saying this 'It's not  
21 like I think I'm invincible. I'm 29. The world  
22 can't touch me. It's the very opposite of that.  
23 I've got to make rent and to eat.'

24           And, I can tell you from my  
25 experiences with our Free Clinic that sees only

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2 uninsured adults, first of all, a recent sample of  
3 our patients and people who call us showed us that  
4 50% of our patients are actually under age 30.

5 And, that goes to all the people that call us. We  
6 have about a three-month waitlist now, so we can't  
7 even take new patients. But, also, again, we see  
8 these stories every week. - - people come in, why  
9 don't you have health insurance and why can't you  
10 afford health insurance. You know, it's simply a  
11 choice between food and medications.

12 And, I've seen so many diabetics  
13 and I've seen so many psychiatric patients, so  
14 many depression patients, people with real  
15 difficult-to-deal-with, expensive medical  
16 conditions, who are simply losing their  
17 employment, which makes things worse, obviously,  
18 losing their education. We had one young patient  
19 who had to drop out of grad school. She was from  
20 Louisiana. She had no connections in New York.  
21 And, it was because of her depression. She  
22 couldn't treat it anymore. She lost her parents'  
23 coverage. So, she became so depressed, she was  
24 unable to function. Eventually, she found us.  
25 Through our clinic, we were able to offer her a

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2

psychiatric referral and also discounted

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psychiatric medications or anti-depressants. She

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rejoined her place in society, if you will, went

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back to school; got another job and was able to

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continue functioning.

7

So, we see this all the time. Now,

8

as I alluded to, it's not just uninsurance. Forty

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percent of adults are actually underinsured. I

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know the term underinsurance is kind of bandied

11

around. But, what it really means is simply that

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you cannot afford your health care despite having

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health insurance. Depending on your income level,

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it means that your health care expenses are

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basically over 10 or 20% of your income.

16

Now, I wonder how many people here-

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- we've heard the stories already, it might be

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unfair-- have actually had trouble with their

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health insurance. I know I have. And, you know,

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I have asthma. Not a big deal in terms of my

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asthma. It's not so serious. But, I still have

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to pay \$50 a month for my medication. And, being

23

a student, being on student loans, that's not very

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practical. And, I cut my medication, too. As a

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medical student, I still take half the dose that I

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2 should of my asthma meds, just to save a few bucks  
3 every month.

4

5 So, you won't really know that  
6 you're underinsured until you try to use your  
7 insurance. Keep that in mind. Many people think  
8 they're very happy with health insurance. A lot  
9 of people I asked say, yeah, I love my insurance.  
10 It's fantastic. But, they've never really had to  
11 use it. So, you know, that's kind of the key when  
12 you're speaking to people about this issue.

12

13 And, statistics also shows it to be  
14 true across the board. Most underinsured and  
15 uninsured adults skip medication doses or go  
16 without because of their cost. They're more  
17 likely to go with the ER for care of chronic  
18 conditions. I'm not even talking about acute  
19 emergency, simply chronic conditions. And,  
20 additionally, uninsured is also less likely to get  
21 regular screenings for cancer, heart disease,  
22 cholesterol. And, this goes for the underinsured  
23 as well. Eventually, they become sicker. Their  
24 illnesses last longer and their care becomes just  
25 that much more expensive.

25

Now, my position, personally, and

1  
2 our position in PNHP, is that we must end our  
3 reliance on private health insurance. Visions of  
4 free market competition between insurance plans  
5 benefitting the public have not, and will not,  
6 come to fruition due to misaligned accountability.

7           Now, to appreciate this, you just  
8 need to do a little thought exercise. Imagine  
9 you're shopping for a car. You know what you're  
10 going to need the car for. You know you might  
11 need it to carry your kids around. You know you  
12 might need to get to work; maybe carry some cargo.  
13 You know what color you'd like, what the engine  
14 size might be. And, going into the marketplace,  
15 you know exactly what your needs are and how to  
16 balance the cost and amenities.

17           Now, consider health insurance.  
18 Let's say you're shopping for health insurance.  
19 If you have a choice, and 42% of employed people  
20 offered insurance actually don't have a choice,  
21 you'll need to consider benefits. You'll need to  
22 consider deductibles, doctor's co-pays, which  
23 doctors are in and out of network, and, a lot of  
24 people hate to lose their doctors, you know,  
25 prescription coverage, etcetera.

1  
2 Now, you have to make all these  
3 decisions while they're healthy. Now, is there  
4 any way for you to know what your needs are going  
5 to be in a few months or a few years? No. Does  
6 anybody in this room know whether they're going to  
7 get cancer; whether they're going to get a heart  
8 attack, a stroke? No. You simply don't know.  
9 Okay. You cannot predict what your future needs  
10 are going to be. I don't know what my needs are  
11 going to be. Your doctor doesn't know what your  
12 needs are going to be. So, we can't actually shop  
13 for our own insurance.

14 Now, we do know a few other things  
15 based on populations. We know that one-third of  
16 women will develop some type of cancer. One-half  
17 of men will develop cancer. One of out of every  
18 eight women will develop breast cancer. And, on  
19 average, 10% of us will have a serious heart  
20 disease. Again, on a population basis, we know.  
21 The insurers also know this on a population basis.

22 And so, imagine that you're an  
23 insurance executive. What you're going to do, and  
24 this is legitimate, is to try to minimize your  
25 risk. Realize that every dollar you spend on

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health care is one less dollar that goes to your bottom line. And, even though you're reimbursing for medical care, per standards, as a publicly traded entity, your fiduciary responsibility is to your shareholders. It's in your best interest to minimize the amount of money you spend. You have to cut your medical loss ratio; interesting term, medical loss ratio. You lose money on medical care as an insurer.

Now, what insurers do to do this; one thing they do is compete for risk. Or, they compete to decrease their risk by cherry picking the healthier and the lower-risk patients out of the pool. Additionally, there's claims denials. They cut reimbursements. There was actually several anti-trust lawsuits that were brought by a hospital, a New York City hospital network, against a couple of the major insurers because this became so bad. The hospital simply couldn't survive without going to Court against these insurers. And, again, we've heard of ownership plans that were marketed very aggressively and sort of pushed to show the cost sharing to give the patients or the customers more responsibility.

1

2 But, really all it does, and this also has been  
3 shown by research, and the resources are in the  
4 testimony, is it sort of disincentivizes care. It  
5 discourages people from seeking health care.

6

7 Another major issue with private  
8 health insurance is the overhead. Okay. If we  
9 think about the overhead, private insurers run  
10 anywhere from 20 to 30% overhead, which means that  
11 \$0.30 of every single health care dollar that's  
12 put into the health insurers is simply shunted  
13 away or diverted away from actual health care.  
14 Where this money goes, you can think of it. I  
15 mean, there's advertising. There's profits.  
16 There's, you know, underwritings. A lot of things  
17 that cost money that they have to do.

17

18 Now, there are proposals to expand  
19 private insurance. We've heard some of them here.  
20 We've heard about Massachusetts. The issue with  
21 Massachusetts is yes, they have decreased the  
22 number of uninsured. And, to that extent, they  
23 have been successful. But, they haven't achieved  
24 universality. And, they've also found that they  
25 need to exempt certain portions of the population  
from being insured because those people still,

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even under this system, cannot afford to get health insurance.

So, we think of it as a successful program. But, we have to think again. People are being exempted. And, who is it? It's the low income adults; exact people who we're talking about now.

We've also discussed increasing the age of dependency. Governor Paterson, as many people have mentioned it here, using private health insurance to do this, again, does not really solve much of a problem. We've seen from New Jersey and other states that we probably won't reach more than 10% of the uninsured young adults. But, even if you reached 20, 30%, you're still putting more money into a broken system. You're putting more money into private insurers, whose best interest is actually to cut down as much as possible on the care.

Now, what we're proposing is to think of this from a different perspective. Think of building something from the ground up. Think of a system designed to provide care. And, we talk of a single payer system that you may have

1  
2 heard about. The idea basically is we want to  
3 increase the risk pool to the largest extent as  
4 possible, so that everybody is in this together.  
5 We all have basically by increasing the risk pool  
6 to the maximal capacity, we're decreasing our  
7 average individual risk and the cost, basically,  
8 per person for health care.

9 I've seen lots of stories of sort  
10 of how private insurance conflicts with medical  
11 care. I'm not going to go into these. They're in  
12 the testimony. But, I do just want to point out,  
13 again, we have a system that simply grew through  
14 history, through some accidents of history. What  
15 we need to do now is build from the ground up and  
16 actually try to provide care to people. Keep  
17 things simple. Bring down your overhead. If you  
18 expand something like Medicare, and Medicare has  
19 its faults, don't get me wrong, but if you improve  
20 Medicare and expand Medicare to cover everybody,  
21 the overhead there is 3 to 5%. Okay. You're able  
22 to have a lot more money in the end to spend on  
23 health care.

24 Now, we all know the issue in New  
25 York. We all know that in New York we have so

1  
2 many uninsured young adults. All these people are  
3 young professionals or they're artists, perhaps,  
4 or they're academics. But, we have to make sure  
5 that these people can be covered, get the health  
6 care they need so they continue on with their  
7 lives.

8           So, in short, what we're asking  
9 basically is City Council, in considering sort of  
10 local amendments or local improvements, I would  
11 suggest, and sort of agree with what Public Health  
12 Association speaker mentioned before and also  
13 Health Care for All, that expanding the public  
14 health insurance options to more and more people,  
15 or perhaps even having a buy-in, would be great.  
16 But, we would discourage the City, the State and  
17 the nation from continuing to rely on private  
18 insurance.

19           And so, to the extent that the City  
20 Council may have some kind of impact on a national  
21 level, we would also encourage you to take note of  
22 this moment in history where the nation is moving  
23 forward and pass the pending Resolution in support  
24 of HR676, which is the Kucinich/Conyers single  
25 payer bill. Thank you.

1  
2 DANA CZUCZKA: Thanks. Good  
3 afternoon. I'm Dana Czuczka. I'm the Associate  
4 Vice President of Government Affairs at Planned  
5 Parenthood of New York City. I want to thank  
6 Chairman Rivera and the other members of the  
7 Health Committee and the Health Committee staff  
8 for holding this important hearing and allowing us  
9 all to provide testimony today.

10 I think most people know Planned  
11 Parenthood for providing reproductive health care  
12 services. We have three health centers and serve  
13 about 45,000 folks each year. The majority of our  
14 patients do fall into this young adult cohort, the  
15 21 to 29-year-olds.

16 In addition to the medical services  
17 we provide and also the education services we  
18 provide, Planned Parenthood is especially proud of  
19 our leadership in expanding access to public  
20 insurance programs. So, at our three health  
21 centers, every uninsured client has the  
22 opportunity to meet with an entitlement counselor  
23 to assess his or her eligibility for public  
24 insurance and then, facilitate enrollment into  
25 those programs, such as Medicaid, the Medicaid

1  
2 Family Planning Benefit program, Prenatal Care  
3 Access, excuse me, Assistance program and Child  
4 Health Plus. And, in 2008, we helped screen and  
5 obtain insurance for almost 6,000 uninsured  
6 clients.

7 I share this background about  
8 Planned Parenthood and our services and our  
9 clients because I think it gives us a unique  
10 perspective as a community-based safety net  
11 provider and as a representative of many uninsured  
12 young adults. I'm going to skip the wonderful  
13 numbers we all have from Commonwealth, but thank  
14 them for their amazing research.

15 I do want to reiterate this concept  
16 that, as a result of no insurance, young adults  
17 often forego care, often forego a prescription,  
18 you know, they don't seek a medical test,  
19 treatment, etcetera. So, as a leading  
20 reproductive health care provider, we really  
21 appreciate that young adults, particularly women,  
22 are in need of regular preventative care. And,  
23 it's important to note that many of our core  
24 services, like family planning, cancer screening,  
25 sexually transmitted infection testing and

1  
2 treatment, these are time sensitive services.  
3 They cannot wait. Reproductive health care  
4 services, including family planning services, are  
5 critical to the health and wellbeing of women and  
6 families of New York. And, oftentimes, these  
7 services are a gateway to other primary care  
8 services.

9           We've heard today the great strides  
10 that the City and the State are making in trying  
11 to close that gap between the uninsured, yet  
12 eligible New Yorkers. We believe the improvements  
13 in the application and recertification process  
14 will have a great impact on increasing enrollment.  
15 We echo the testimony of many here today about,  
16 you know, urging New York State Legislature to  
17 pass the expansion of coverage of dependents to  
18 age 29 or 30 or 34.

19           And, at the City level, we are very  
20 grateful for our partnership that we have with  
21 HRA. Over the course of the past ten years, we've  
22 been doing onsite screening. And, we have  
23 developed an exceptional relationship. Many, I'd  
24 say 99%, of the cases we do at Planned Parenthood  
25 are accepted. But, we contest that 1% that's

1  
2 initially denied and we certainly work closely and  
3 have found great responsiveness and help in sort  
4 of facilitating that process. We've collaborated  
5 with HRA in rolling out new initiatives, like the  
6 Family Planning Benefit program. And, most  
7 recently, we've initiated screening our  
8 applications to HRA. And, this means we receive  
9 approvals very quickly. And, there are fewer  
10 errors regarding denials. And, while this is  
11 great news from an administrative and a financial  
12 perspective, this is even better news for our  
13 patients, who, as a result, receive their cards  
14 faster, are insured more quickly and then,  
15 therefore, have improved access to coverage.

16 Right now, this process is only  
17 available for Medicaid for pregnant women. And,  
18 we really urge HRA to consider expanding that and  
19 to implement that same streamlined process for  
20 things like FPBP.

21 So, a few barriers to access for  
22 young adults that I just want to point out  
23 quickly. One is confidentiality. I think the  
24 confidentiality issue is key to our services at  
25 Planned Parenthood. But, I think it really holds

1  
2 true for all health care services. And, really,  
3 the import of patient attitudes about  
4 confidentiality can't be emphasized enough. Folks  
5 also forego care, not just because of the fiscal  
6 burden, but because they're scared that someone  
7 may find out about the health care they receive.

8           And so, you know, oftentimes, just  
9 because the care is actually confidential, doesn't  
10 mean that the explanation of benefits that are  
11 sent home or the lab results that are sent in the  
12 mail, you know, aren't received by the partner or  
13 the family member, who don't know about the  
14 services they received. And so, we need to make  
15 sure that as we think about expanding coverage in  
16 New York State and across the country that we seek  
17 creative solutions to align consumers' fundamental  
18 need for confidential services with insurance  
19 eligibility and utilization.

20           I just want to quickly mention the  
21 documentation requirements that are very often  
22 onerous on consumers, especially young adults.  
23 Many of our clients opt to enroll in the Family  
24 Planning Benefit program. And, despite that it  
25 has narrower coverage than some of the other

1  
2 programs that we screen for, it's much easier to  
3 get into because it has a shorter application.  
4 There's a quicker turnaround time. And so, it's  
5 just, you know, again, something to really  
6 consider as we move forward in trying to close  
7 that gap between those that are eligible, but  
8 still remain uninsured.

9           One of the things we recommend  
10 doing about this is urging the City and the State  
11 to move forward with this backdoor verification.  
12 So, a lot of the information that consumers are  
13 required to present to enroll in a public  
14 insurance program, the City and the State already  
15 have in different databases. And, if we can sort  
16 of take the responsibility off of the consumer and  
17 see if the City and the State databases can take  
18 care of that, behind the scenes, that would really  
19 go a long way.

20           Also, we need to realize that young  
21 adults are transient and removing this requirement  
22 to apply for public insurance in the county of  
23 residence would be quite helpful.

24           And then, just to echo, again,  
25 what's been said a lot today is that the college

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policies often lack critical reproductive health coverage and other sort of coverage. And, we really need to explore expanding that health insurance coverage for young adults. Many of the folks that come into our health centers are students at local universities and colleges. They may or may not have a plan or even a health center. But, they don't get the reproductive health services they need within that plan or at their health center.

So, again, I thank you for the opportunity to testify again. And, we hope you will call on us if we can be of any assistance moving forward.

ROBIN VITALI: Good afternoon. My name is Robin Vitali. I'm here to represent the American Heart Association, American Stroke Association. I realize that I might be a new face to some of you in the room. And, I'm looking for the opportunity to working with the Chairman and the full Committee and Council, as well as my colleagues in this discussion, as well. So, thank you for this opportunity to address you about this very important issue.

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2           As I'm sure most of us are aware,  
3 heart disease is the number one killer of New  
4 Yorkers. And, obviously, that is a compelling  
5 reason why we're here to talk about health  
6 insurance coverage for those that are fighting  
7 against this disease.

8           Of the adults who report having  
9 heart disease, coronary heart disease,  
10 hypertension or stroke, an estimated 6.5 million,  
11 of 15%, across the country are considered  
12 uninsured. You consider that underinsured  
13 population, mentioned earlier, and that number  
14 rose exponentially. Those with cardiac disease  
15 and stroke are often denied coverage or charged  
16 premiums well beyond their means in the individual  
17 underwritten insurance market. And, particular to  
18 this conversation today, young adult patients with  
19 congenital heart defects face enormous barriers,  
20 particularly when they reach adulthood and no  
21 longer covered when their parents' health plan  
22 would no longer be relevant.

23           One study found that young adults  
24 with congenital heart defects would have that  
25 condition completely excluded from a new insurance

1  
2 policy; thereby, making them completely on the  
3 hook for a very expensive therapeutic procedures  
4 in the future. Clearly, that is our call to  
5 action for being here.

6 I do want to also relate to the  
7 Committee that I'm just newly returned from  
8 Washington, D.C. We had the You're The Cure on  
9 the Hill annual event, our lobby day, where health  
10 care reform was one of our top requests. I  
11 understand from that conversation that we were  
12 having with our Congressional representatives from  
13 New York, they do anticipate having similar  
14 dialogues like this beginning in June or July.  
15 They hope to have some language crafted federally  
16 as early as May, which I think may be a bit on the  
17 ambitious side. I do applaud the Committee for  
18 perhaps spearheading some of that dialogue with  
19 this hearing today.

20 I do want to perhaps put another  
21 additional personal front to this conversation.  
22 And, that really involves many of the volunteers  
23 that did attend our Federal Lobby Day. I had the  
24 privilege of working with some of our wonderful  
25 New York volunteers; one of which is a student.

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She's just turning 18 shortly. Based upon family dynamics, unfortunately is currently living on her own and working two jobs to cover rent and food and basic living necessities. She hopes to go to school next year to become a nurse and is a all around very, very good kid. She's someone that would tug at your heartstrings to listen to her story, as far as wanting to do the right thing and just not able to make ends meet. She's anticipating in the very near future not being able to have health care coverage. And, the thought is certainly frightening based upon her family history of heart disease and stroke.

On the opposite spectrum, we have another volunteer that's very passionate about the issue of heart disease. He is a small business owner. And, he had to make a very difficult decision that, starting next year, he's going to have to cut health care coverage for his employees by 50%. It's devastating to have to have someone, who's so concerned and passionate about the health care coverage, have to make that difficult decision.

One final point about the reason

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why the American Heart Association is so, so concerned about this, we're certainly aware of the childhood obesity epidemic that our City and the State is facing with more than 16% of our children being labeled as obese. We certainly want to advocate for strong preventive measures in health care coverage so that individuals are going to be encouraged to be physically fit, follow proper nutrition and diet, as well as avoid tobacco use. And, obviously, having access to their primary medical providers is one of our number one fronts of delivering that information.

So, with that being said, I also do want to emphasize that the American Heart Association is a member of Health Care for All New York. And, I would just reiterate all of the points that they provide in their initial testimony. Thank you.

CHAIRPERSON RIVERA: Thank you. Well, thank you for your testimony. I really appreciate it. And, you know, the information you provide is truly vital, you know, to our efforts. And, you know, I have a great book over here, The Ten Excellent Reasons for National Health Care.

1  
2 We'll read this and we'll, you know, be doing the  
3 proper Resolutions and trying to find innovative  
4 ways, you know, to fix this issue. Obviously,  
5 there is no perfect system. But, we have to try  
6 to find a way to make sure that we can provide  
7 health care to everyone. Thank you.

8 Our next panel is a panel of one,  
9 Arthur Springer. Thank you. Just state your name  
10 for the record and you can proceed.

11 ARTHUR SPRINGER: Arthur Springer.  
12 I'm a lay advocate for People with Disabilities.  
13 I live at 150 West 80<sup>th</sup> Street, New York, New York  
14 1-zip-zip-24. I think I'm on your list. And, I  
15 did not plan to testify today. But, I was  
16 encouraged by various people.

17 I have to say that I did speak at  
18 your public session on the HHC budget recently.  
19 And, I was surprised and pleased and astonished at  
20 the healthy, positive, cordial atmosphere of the  
21 Committee, with all due respect to your  
22 predecessors. And, it was one of the reasons that  
23 I came back down here today. I think that's an  
24 enormous improvement at precisely the right time  
25 in history to have the kind of atmosphere that you

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2 and your staff have created in the Committee all  
3 too recently.

4

5 I want to support the testimony of  
6 the NYFAHC on the question of community rating,  
7 not age rating. Heidi Siegfried is one of the few  
8 people left in the City, if not on the planet,  
9 who, when you mention risk pools and community  
10 rating, nods her head vigorously instead of  
11 looking baffled. And, I think it's a big plus to  
12 be reminded of that basic community rating issue  
13 as a critique of an otherwise, you know, sensible  
14 proposal.

15

16 My bigger problem with the proposal  
17 is its timing. I was struggling along the  
18 internet, typically at my keyboard, a few months  
19 ago when these proposal-- trying to figure out  
20 what was going to happen with the White House  
21 Summit Conference on health care reform. And,  
22 suddenly these proposals on young adult coverage  
23 started crossing my screen. And, I, frankly, you  
24 know, wondered what the hell was going on. Why  
25 were we having another incremental categorical  
expansion of health care precisely at the time  
that the Obama Administration was trying to

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2 organize a very recalcitrant Congress and the rest  
3 of the country around universal coverage? Just  
4 when we need a broader view, we seem to have  
5 another splinter group making, you know, its usual  
6 excellent splinter group case for, you know, cover  
7 me and not anybody else. So, I think the timing  
8 is really lousy and it's unfortunate that has  
9 happened.

10 I can name any number of uninsured  
11 and underinsured groups in New York City and New  
12 York State that should get in line behind the  
13 young adults, if that's the direction the Council  
14 and others want to take. They include tens of  
15 thousands of people above the age of 65, who have  
16 no Medicare coverage. They include people like  
17 me, who are in the medically needy program under  
18 the Medical Assistance program. And, I'm required  
19 to put up more than a third of my income every  
20 month, while all of the professional lobbyists in  
21 the City are jumping up and down over 200% to 400%  
22 poverty. I have to, my limit is .83% poverty, you  
23 know, like one-fifth of what they're lobbying for.

24 So, you know, if we want to go that  
25 categorical route, there are, you know, a long

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list of groups that we can do. I think the timing stinks. And, that they should step aside or step into the universal coverage movement, at least for the time being, at least for, you know, the year 2009. I personally think the Obama Administration's going to fail. But, I think it should, you know, fail grandly with a lot of support, rather than, you know, just go the way of previous health care reform projects.

The fastest way to get young adult coverage in New York City would be for the Council to think about two steps. The first is to remember what the statute of the Health and Hospitals Corporation say and remove the aura of stigma and the practical obstacles to young adults getting the care they need at HHC facilities.

Fix the glitches. And, deal with questions like the one the lady brought up about being told her extra lab tests would cost so much more in excess of the \$50. The traditional policy at HHC outpatient clinics is one fee covers everything. And, had she gone there, she could have gotten all of her tests for whatever her single sliding scale fee would have been.

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Take ten people. Take ten young adults, you know, disguise them, send them to make appointments at HHC outpatient clinics for the kinds of things young adults have, reproductive rights, broken ankles, whatnot, etcetera, all the things that land them in emergency rooms. See the mess they're going to run into on the bureaucracy and the sliding fee and all of the glitches. You make a list of those. Tell the HHC to work them out. And, tell the young adults to go use that system, because they have a legal right to it, because it's affordable, because the quality of care is incredibly outstanding. And, they're not going to be hassled the way this poor woman was hassled at some federally qualified health center that's in the business of hassling people.

The other thing that I would do is call the colleges in. I mean, I've, you know, known a few people who've had this or that minor or major health problem who are college covered. And, when I look at their health coverage, it's dreadful. It's incredible. We have a bunch of universities in this City with lousy health care coverage for their students; Columbia, CUNY,

1  
2 etcetera. Call them in. Have them testify why is  
3 your coverage so bad? Why is it so expensive?  
4 Here's a group in tremendous need. Why can't you  
5 work with us, the famous, you know, health care  
6 advocacy phrase, to improve things a little bit?  
7 You know, and have them, you know, explain all of  
8 their problems and try to do something about that,  
9 'cause that's an outrageous problem. The coverage  
10 is really terrible if you look at it in any  
11 detail. Thank you.

12 CHAIRPERSON RIVERA: Thank you. I  
13 see no questions and no one else left to testify,  
14 I want to thank everybody for joining us here  
15 today. This hearing is extremely important. And,  
16 we'll continue to move forward and try to find  
17 these innovative ways to tackle this issue. This  
18 meeting's adjourned.

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C E R T I F I C A T E

I, DeeDee E. Tataseo certify that the foregoing transcript is a true and accurate record of the proceedings. I further certify that I am not related to any of the parties to this action by blood or marriage, and that I am in no way interested in the outcome of this matter.

Signature DeeDee E. Tataseo

Date May 5, 2009