

CITY COUNCIL
CITY OF NEW YORK

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TRANSCRIPT OF THE MINUTES

Of the

COMMITTEE ON HEALTH

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March 30, 2023
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HELD AT: Committee Room, City Hall

B E F O R E: Lynn C. Schulman, Chairperson

COUNCIL MEMBERS:

Joann Ariola
Charles Barron
Crystal Hudson
Julie Menin
Mercedes Narcisse
Marjorie Velázquez

A P P E A R A N C E S (CONTINUED)

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Assistant Commissioner
Bureau of Equitable Health Systems
New York City Department of Health
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Assistant Commissioner
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Community Advocacy Director
New York City
American Heart Association

Richard Flores
Resident of New York City

Joe Tolano
Senior Policy Manager
Primary Care Development Corporation

2 SERGEANT AT ARMS: Hello everyone. Welcome to
3 today's New York City Council hybrid hearing of the
4 Committee on Health. Place all electronic devices to
5 vibrate or silent mode. If you wish to submit
6 testimony, you may send it to
7 testimony@council.nyc.gov. Again that's
8 testimony@council.nyc.gov. Chair, we're ready to
9 begin. Thank you for your cooperation everyone.

10 [GAVEL]

11 Good morning. I am Councilmember Lynn Schulman,
12 Chair of the Committee on Health. I want to thank
13 all of you for joining us for today's oversight
14 hearing. The purpose of today's hearing is to
15 discuss and evaluate the city's efforts to improve
16 and expand access to in-community health care, and to
17 allow New Yorkers to make informed decisions about
18 their health. There is longstanding deep inequity in
19 access to health care in New York City. At the
20 borough level, Manhattan has 1200 General
21 Practitioners per 100,000 residents, while Queens is
22 only 365 practitioners per 100,000 residents, and the
23 Bronx has only 225. There is an insufficient number
24 of primary care providers citywide with 52% of all
25 primary care located in Manhattan and Brooklyn.

2 When people have to travel further for care, they
3 are less likely to access that care because of having
4 to miss work, obtain child care, or because a
5 disability or chronic condition makes travel
6 difficult. The lack of in-community care options,
7 gaps in access to public transportation, and the lack
8 of culturally and linguistically competent care at
9 the community level excludes many New Yorkers from
10 the healthcare system and denies them the ability to
11 take control of their health.

12 More than 40% of adults in our state of chronic
13 health conditions. rates of heart disease and
14 hypertension in New York, are well above the national
15 average. With the current crisis of healthcare
16 staffing, and an aging population that is
17 experiencing worsening health outcomes, we must do
18 everything we can to educate our communities about
19 managing their health, and we must take steps to
20 reduce the burden on our strained healthcare system.

21 As Chair of this committee, I have continually
22 emphasized the need for equity in healthcare, and
23 that starts with equity in access to education,
24 primary care, life-saving medicines, and medical
25

2 devices to help individuals monitor their health and
3 manage chronic conditions.

4 Today, we are hearing a suite of bills designed
5 to bring care closer to home. These bills seek to
6 expand access to care, allow New Yorkers to make
7 informed decisions about their health, and learn
8 skills to help neighbors in need of emergency
9 assistance. My bill, Intro 975, would require the
10 Department of Health and Mental Hygiene to post
11 information about free CPR courses available to the
12 public in New York City, and to update this
13 information regularly to ensure that New Yorkers know
14 when and where these courses are offered.

15 According to the American Heart Association, CPR
16 has been shown to increase the chance of survival in
17 individuals who experience sudden cardiac arrest.
18 The first few minutes after a person goes into
19 cardiac arrest are the most critical. Bystanders who
20 witness or encounter a person in cardiac arrest are
21 the ones who can maintain blood flow to the vital
22 organs, by performing chest compressions before
23 trained medical professionals arrive, improving a
24 person's chances of survival.

2 With my legislation, we will better connect
3 people with free CPR courses in their communities,
4 and empower them to take action and save lives. I've
5 dedicated my personal and professional life to
6 healthcare advocacy.

7 As someone who has had firsthand experience
8 working in the healthcare field, I believe that
9 education and easy access are critical tools in
10 ensuring that New Yorkers have the information and
11 resources they need to live healthy and happy lives.

12 We continue to be in desperate need of additional
13 hospital capacity, and we must strive for more
14 community-based primary care that is culturally and
15 linguistically tailored to each community.

16 Healthcare is a human right, and your status,
17 financial circumstances, and zip code should not
18 determine the quality of care you receive and how
19 quickly you receive it.

20 I want to conclude by thanking the committee
21 staff for their work on this hearing, committee
22 counsel Sarah Sucher, and Chris Pepe, and Policy
23 Analyst Mahnoor But, as well as my team chief of
24 staff Jonathan Boucher, and Legislative Director
25 Kevin McAleer.

2 I will now turn it over to Councilmember Narcisse
3 for a statement on her legislation being considered
4 today. Thank you.

5 COUNCILMEMBER NARCISSE: Good morning. As a
6 nurse-- My name is Mercedes Narcisse, and I
7 represent the 46th district, which covers the
8 Canarsie area, Flatlands area, and those areas known
9 to have-- I mean, to get the brunt of anything, and
10 the pandemic hit us hard. It has been difficult.

11 So I'm here to address the inequities not only in
12 the 46th district, but throughout New York City. As
13 chair of the Hospitals Committee in New York City
14 Council here, I'm looking forward to listen to see
15 how the best way we can address the inequities.

16 My community, I have seen and worked in my
17 community for many decades, tried to do the best I
18 can on my own platform. But it's not enough. I
19 believe New York City, like Chair Schulman said, is a
20 right. Folks should have access to quality health
21 care no matter what zip code you live in.

22 So as a nurse for three decades, I have worked in
23 a hospital where the inequities was just in your
24 face. You could not turn your back. Elmhurst
25 Hospital. And I have a chance to do home care for

2 visiting nurse services, for Girling homecare, and I
3 had worked in rehabilitation as well.

4 So what I'm here is to listen to you, and talk,
5 and have a conversation, and have a plan and a
6 strategy. All the bill that we're introducing today
7 is a bill to address-- I mean, legislation to address
8 the problem that we have in New York City. It should
9 not be based on your zip code, like we said. All the
10 bills from 0.25, 0096. Those are things that we
11 should have done before. We should not be taking so
12 long. We have to lead by example. New York City is
13 a place that we say welcome for everyone. And we
14 have to lead us such providing health care is a
15 right. And I'm looking forward to listening to you,
16 and to see how the best way we can address the
17 inequities in our city. So thank you Chair Schulman.

18 CHAIRPERSON SCHULMAN: Thank you, Councilmember
19 Narcisse. I also want to acknowledge that we've been
20 joined by Councilmembers Crystal Hudson and Julie
21 Menin. So I'm going to ask the Counsel to administer
22 the oath.

23 COUNSEL: Good morning everyone. Please raise
24 your right hand. Do you swear to tell the truth, the
25

2 whole truth, and nothing but the truth and to respond
3 honestly to Councilmember questions?

4 ALL: I do.

5 COUNSEL: Okay. You may proceed with your
6 testimony. Thank you.

7 ASSISTANT COMMISSIONER MARU: Good morning. And
8 Amen to those words, Councilmembers Mercedes
9 Narcisse, and Council Chairperson Lynne Schulman it's
10 really an honor to be here today. My name is Dr.
11 Duncan Maru. I am an internal medicine and pediatric
12 doctor. I also practice and teach at H+H Elmhurst
13 Hospital, and I serve as the Assistant Commissioner
14 for the Bureau of Equitable Health Systems here at
15 the New York City Health Department. I'm joined by
16 my two wonderful and creative colleagues, Emily
17 Ashton, who is the Assistant Commissioner for Family
18 and Child Health Administration and Strategy, along
19 with our Deputy Commissioner for Environmental
20 Health, Corinne Schiff.

21 And this topic is very clearly quite personal for
22 all of you, and all of us as we try to memorialize,
23 and recover, and reimagine our communities and health
24 of our communities at this moment.

2 The Health Department's mission is to protect and
3 improve the health of all New Yorkers so that
4 everyone can realize their full health potential,
5 regardless of who they are, how old they are, where
6 they are from, or where they live. Our work is broad
7 ranging. You see us in the inspection grades at
8 restaurants, the low-to-no-cost health clinics,
9 neighborhoods, and birth certificates for your
10 children. We are also behind the scenes
11 investigating clusters of illnesses, studying the
12 patterns, causes, and effects of health and disease
13 conditions in New York city neighborhoods. We also
14 work to address enduring gaps in health between white
15 New Yorkers and communities of color, as you both
16 just mentioned.

17 Structural racism is at the root of these health
18 inequities, which is why we have made racial justice
19 a foundation of all the work that we do.

20 A key pillar in our approach is providing
21 targeted services in the most historically
22 marginalized communities in our city, and which also
23 experience the highest rates of illness and premature
24 death.

2 We have established Neighborhood Health Action
3 Centers in the Tremont neighborhood of the South
4 Bronx, in East Harlem, and in Brownsville, Brooklyn.
5 These Neighborhood Health Action Centers include co-
6 located community-based organizations, and provide a
7 one stop shop for critical services and supports that
8 serve the needs of their neighborhoods. This
9 includes primary mental health care, referral to
10 networks of neighborhood resources, health and
11 wellness classes, workshops, and activities.

12 In 2021, we also launched the Public Health
13 Corps, which strengthens the city's public health
14 infrastructure by partnering with community groups
15 and community health workers. The initial work of
16 the Public Health Corps is focused on outreach and
17 education to eliminate COVID-19 inequities. However,
18 the work goes beyond COVID-19, providing communities
19 with education and connections to resources on other
20 issues, such as chronic diseases. These are just a
21 few ways in which the health department is focused on
22 providing neighborhood-based programming that
23 addresses the health of our communities.

24 I'll now turn to the bills under consideration
25 today. Regarding Intro 975, the Health Department

2 supports the intent of Intro 975, which would provide
3 information on free cardiopulmonary resuscitation
4 courses to the public. When the cardiac arrest
5 occurs outside of a hospital setting, the risk of
6 mortality significantly increases. According to the
7 American Heart Association, 9 in 10 people who
8 experience out-of-hospital cardiac arrest have
9 unfortunately fatal outcomes. Fortunately, as
10 council member mentioned, administration of
11 cardiopulmonary resuscitation can double or triple a
12 person's chance of survival if performed within the
13 first few minutes of cardiac arrest. Further,
14 individuals from low-income, predominantly black and
15 Hispanic neighborhoods are less likely to receive CPR
16 from bystanders than people in higher income and
17 majority white neighborhoods. Common barriers to
18 bystander-administered CPR our fear of causing
19 additional injury, or concerns about inadequate
20 skills. We would like to highlight that the fire
21 department, FDNY, offers free hands-on CPR classes to
22 New Yorkers through their FDNY Free CPR Program, and
23 FDNY Teens Take Heart CPR Program. And we certainly
24 encourage New Yorkers to take advantage of this
25 wonderful resource.

2 Regarding the pre considered Intro regarding
3 hypertension, our health department very much
4 supports the intent of providing people with
5 hypertension the ability to monitor their blood
6 pressure outside of clinical settings. Hypertension,
7 or high blood pressure, is a major risk factor for
8 cardiovascular disease and a leading cause of death
9 in New York City. We are happy to share that we
10 convened the city's first comprehensive population-
11 wide initiative focusing on preventing and
12 controlling High Blood Pressure called Take The
13 Pressure Off New York City. The initiative is led by
14 a coalition of faith and community-based
15 organizations, employers, healthcare systems,
16 pharmacies, organized labor, health insurance payers,
17 government agencies and other stakeholders.

18 In regard to monitoring blood pressure, our focus
19 has been on addressing the gaps and identifying the
20 barriers to accessing at-home blood pressure
21 monitors. Cost is an enormous barrier for use of
22 these machines, and there has been work to address
23 this, including distribution of home blood pressure
24 monitors to providers and residents located in
25 marginalized neighborhoods, including those

2 designated by the task force on racial inclusion and
3 equity, TRIE neighborhoods. These promote self blood
4 pressure monitoring.

5 Expanding blood pressure kiosks is another model.
6 However, not everyone is willing or able to check
7 their blood pressure in public. And one might not
8 always get an accurate reading in that setting,
9 because the person must rest quietly for five minutes
10 before using the kiosk.

11 Confirming the diagnosis and monitoring blood
12 pressure also requires frequent checks, which can
13 make use of these kiosks a barrier. Because of this,
14 the Health Department is working to better address
15 barriers in obtaining at-home blood pressure monitors
16 as the best available care. We are happy to continue
17 discussions on this bill and the best ways to address
18 blood pressure monitoring for the public.

19 Now, regarding Intro 96. The department
20 recognizes the importance of ensuring vision testing
21 for low-income New Yorkers. As part of last budget's
22 negotiation, the department was asked to pilot a
23 program that would create a mobile vision program to
24 enable free eye exams and glasses for low-income New
25 Yorkers. The demonstration project will be released

2 shortly and the \$1.4 million contract will last for
3 three years.

4 This pilot will be evaluated to determine if the
5 project should be continued or expanded.

6 Health + Hospitals also provides eye care for
7 children, adolescents, and adults through eye care
8 clinics located throughout New York City. H+H
9 services include at include conditions like
10 cataracts, glaucoma, retinal disorders, in addition
11 to eyeglass prescription, and these are often filled
12 on site.

13 We are happy to discuss with the Council further
14 the intent of this legislation, given that low cost
15 eyecare is available through H+H, and while the pilot
16 is presently underway.

17 Regarding Intro 325: Intro 325 aims to maintain
18 a list of pediatric emergency rooms, including
19 information about their locations and available
20 medical services. The Health Department recognizes
21 the intent of this bill. However, we believe that a
22 primary care doctor remains the best resource for
23 families to receive information regarding pediatric
24 care facilities. A primary care doctor should guide
25 parents and guardians on where to go in the case of a

2 true emergency, such as where the provider has a
3 hospital affiliation to ensure continuity of care.

4 Additionally, it would be difficult to accurately
5 provide the list of services pediatric emergency
6 rooms provide since services can change with hospital
7 designations, available consults, and a variety of
8 other operational reasons, and we're certainly happy
9 to discuss this further.

10 Finally, regarding Intro 814: To issue a report
11 on the quantities and locations of automated external
12 defibrillators, or AEDs, placed in public places. We
13 would like to discuss with Council the goals of this
14 legislation and options on how to meet these goals.
15 We would like to include our Emergency Medical
16 Services colleagues, EMS, since these devices are
17 used in emergency situations. As written the bill
18 would require resources to identify and monitor the
19 location of AEDs in public places. There are also
20 training considerations for AEDs to ensure that they
21 are used properly.

22 I will now turn it over to Deputy Commissioner
23 Schiff to discuss regulations around the use of x-ray
24 equipment.

2 DEPUTY COMMISSIONER SCHIFF: Thank you. Good
3 morning. I'm Corinne Schiff, Deputy Commissioner for
4 Environmental Health. The Health Department is
5 charged with permitting and inspecting radiation
6 emitting equipment such as x-ray machines and CT
7 scans in the healthcare setting. Exposure to
8 radiation is a cancer risk, and the risk accumulates
9 over a lifetime. It is important then for all of us
10 individually and in public health to reduce radiation
11 exposure. The New York City Health Code sets out
12 requirements that do just that, with protections for
13 patients, workers and others who may be in or near
14 the facility. Of course, the x-ray is also useful
15 for a healthcare provider making a diagnosis or using
16 it therapeutically, and so our goal is to balance the
17 potentially significant risk of radiation exposure
18 with the importance of this tool.

19 The principle that guides this balance is to
20 achieve an exposure that is as low as reasonably
21 achievable or ALARA. In other words, at every step,
22 the goal is ALARA: A radiation exposure that is as
23 low as possible to meet the healthcare need. That is
24 true no matter where you receive the x-ray, whether
25

2 in the hospital, a standalone radiological facility,
3 an urgent care, or a provider's office.

4 The New York City Board of Health updated the
5 health code in 2019 to align its requirements with
6 updated industry standards and following robust
7 engagement with stakeholders, including the greater
8 New York Hospital Association, the New York State
9 Radiological Society, the Greater New York Chapter of
10 the Health Physics Society, and the Radiological and
11 Medical Physics Society of New York.

12 The final rule incorporated the feedback from
13 these stakeholders.

14 The updated health code rule includes, as
15 relevant to this hearing limits on the use of mobile
16 x-ray equipment. Mobile x-ray equipment creates
17 specific risk of radiation exposure because, for
18 example, it may be used in a room not meeting the
19 construction mandates that control exposure, and
20 because it tends to produce a lower quality image
21 that can result in the provider having to take
22 multiple images, when otherwise fewer would be
23 needed. Fewer images means less radiation exposure.

24 As dictated by ALARA the protective approach is
25 to use mobile equipment only when needed for patient

2 health. That is to use equipment that can be brought
3 to the patient only when the patient cannot
4 reasonably be brought to the equipment. Accordingly,
5 the health code limits use of mobile x-ray units to
6 hospitals for emergency rooms, trauma centers, and in
7 house patients who are not ambulatory, as well as for
8 house calls and in long term health care facilities.
9 Other locations must use fixed x-ray equipment with
10 all of the protections that accompany it.

11 This health code rule mirrors the recommendation
12 of the Conference of Radiation Control Program
13 Directors, the industry standard setting
14 nongovernmental organization, and other jurisdictions
15 including the US Food and Drug Administration, and
16 the Environmental Protection Agency, and states
17 around the country. Thank you for your time and
18 consideration today. We are happy to take your
19 questions.

20 CHAIRPERSON SCHULMAN: Thank you very much for
21 this comprehensive testimony. Before we get to
22 questions, I'm going to ask Councilmember Krishnan to
23 make a statement about his-- his bill that he's
24 introducing.

2 COUNCILMEMBER KRISHNAN: Good morning, everyone.
3 Thank you so much, Chair Schulman, for today's
4 hearing, for giving me an opportunity to speak on my
5 legislation. It's so good to see you all today from
6 the Health Department too, and Assistant Commissioner
7 Maru, it is very nice to see you as a constituent,
8 and someone who does great work both in our
9 neighborhood and around the city and the country for
10 health care access. So thank you for your testimony.
11 Very nice to see you.

12 I wanted to say a few words on my legislation,
13 Intro 814, regarding having more data available, and
14 sharing more information about the existence of
15 automatic external defibrillators, or AEDs, across
16 New York City.

17 One thing we know for sure, in the medical
18 context, and we've seen over and over again, when it
19 comes to public health. The two most effective ways
20 to address-- address health crises and medical
21 problems in our healthcare system is, one, of course
22 prevention, and two is education: Making sure that
23 patients and individuals know the availability of
24 healthcare, healthcare resources and services to them
25 as a tremendous benefit in both. If not, if we're

2 increasing preventative responses, but for responding
3 in the situation as it's occurring.

4 When it comes to cardiac arrest, we know that
5 this is a condition that affects so many Americans
6 across the country. And it's one where every minute,
7 every second of an abnormal heartbeat rhythm or
8 cardiac arrest matters in chances of survival.

9 We don't need to look any further than just this
10 past January when Buffalo Bills Safety Damar Hamlin,
11 gave us all an incredible shock and scare around the
12 country when he went into cardiac arrest on the
13 football field. Thankfully, he's making an
14 incredible recovery, and we need to make sure that
15 every single New Yorker knows the resources available
16 to them to assist in those situations.

17 Just yesterday, Majority Leader Chuck Schumer in
18 the United States Senate unveiled legislation called
19 the Access to AED act, with Safety Damar Hamlin,
20 addressing on the federal level the way in which to
21 expand access to AEDs for-- for schools.

22 Our bill on the citywide level would require the
23 city of New York, in collaboration with you all, to
24 compile information on the existence of AEDs
25 currently across New York City. Whether that data is

2 shared through a new system created by our Health
3 Department or whether it's done through putting it on
4 the city's open data portal as well, the point of the
5 legislation is to make sure that every New Yorker
6 knows where the life saving equipment is, God forbid
7 there should be any situation where anyone needs it
8 and goes into cardiac arrest. Again, a situation
9 where every second in response time matters. And it
10 also can give us an ability to, one, make sure that
11 every New Yorker knows in language accessible-- once
12 we know the-- the existence and location of all the
13 AEDs throughout our city, then we can ensure that
14 every New Yorker is, through an extensive public
15 education campaign, both that is culturally and
16 linguistically accessible, knows where the resources
17 are, knows how to access them in a time of emergency.
18 And we can also identify places that are AED deserts,
19 where we need to have AEDs that don't currently
20 exist, and come up with an action plan to make sure
21 that everyone has access to AEDs.

22 But the one thing that we do know, and that we've
23 seen over and over again is expanding access,
24 expanding education efforts can go an incredibly long

2 way in both preventing situations, or addressing them
3 in times of crisis.

4 According to the US Centers for Disease Control,
5 and preventative Division for Heart Disease and
6 Stroke Prevention, placing AEDs at public locations
7 where cardiac arrest is likely to occur have been
8 found to increase out-of-hospital cardiac arrest
9 survival, improved neurological outcomes for patients
10 and increased rates of return of spontaneous
11 circulation or the resumption of sustained heart
12 rhythms. We know these solutions work, and this
13 legislation will help us tremendously in making sure
14 that everyone has both the knowledge of where AEDs
15 are currently located, and we can improve and expand
16 upon access for every New Yorker. So no New Yorker
17 has to suffer a cardiac arrest or abnormal heart
18 rhythm without knowing whether there is resources on
19 the other side available to them.

20 I would like to thank in particular, Jackson
21 Heights resident-constituent, Sumana Harihariswara,
22 who has brought this issue to our attention from her
23 own personal experience, knowing that it could have
24 also saved her father's life as well. It's something
25 that both is personally very impactful to me, and is

2 a reason why we wanted to push forward this
3 legislation as well.

4 So thank you all. Thank you Chair Schulman. I'm
5 looking forward to continued conversation to make
6 sure we get the legislation enacted and implemented.

7 CHAIRPERSON SCHULMAN: Thank you. Before I
8 begin, I want to acknowledge we've been joined by
9 Councilmembers Barron and Ariola, and earlier this
10 morning, Councilmember Velázquez.

11 So I just want to ask some general questions
12 about Urgent Care Centers and in-community care. The
13 New York City Health Department clinics offer
14 patients sexual health, immunization, and
15 tuberculosis services regardless of immigration
16 status by operating a number of sexual health
17 clinics, immunization clinics, and TB chest centers
18 across New York City. Can you elaborate on what
19 services each clinic provides, and what are their
20 limitations in terms of services?

21 ASSISTANT COMMISSIONER MARU: Thank you for that
22 question, Chair Schulman. Our sexual health clinics
23 provide STI services, HIV services, contraception
24 services, medication, abortion, EMPOC services, and
25 urgent care follow up for some patients. Our

2 immunization clinics offer all scheduled vaccines for
3 Children ages four to eighteen, and vaccines for
4 adults. We are happy to get you a full list of
5 vaccines offered separately.

6 The TB chest centers offer TB testing, chest x-
7 rays, medical evaluations for TB treatment, social
8 service referrals, HIV counseling and testing and
9 other services, and for a complete list of services
10 we do provide those online.

11 CHAIRPERSON SCHULMAN: So what are the what are
12 the limitations in terms of services? By the way, I
13 also would like for you to mention the new rapid
14 testing that you-- you're going to have for STIs if
15 you want to elaborate on that?

16 ASSISTANT COMMISSIONER MARU: Yes. So in terms
17 of our limitations, we are proud to offer an array of
18 services that we provide our clinics. The, you know,
19 we do have-- there is a very particular role of
20 public health clinics that meet certain needs with
21 respect to-- that complement and meet gaps that are
22 not filled by the healthcare delivery system,
23 including the extensive public services that we're
24 very fortunate to have through H+H. And with respect
25 to the-- your other question regarding rapid testing

2 for STIs. I actually don't-- I think we'll have to
3 have to get back to you on that.

4 CHAIRPERSON SCHULMAN: Okay, that's-- that's
5 fair. How many sexual health clinics are located
6 throughout New York City?

7 ASSISTANT COMMISSIONER MARU: There's five of the
8 sexual health-- eight sexual health clinics are
9 currently operational. These are Chelsea, Fort
10 Greene, Morrisania, Jamaica, and Corona. The closed
11 clinics are Crown Heights, Central Harlem, and
12 Riverside.

13 CHAIRPERSON SCHULMAN: Are there any plans to
14 open more sexual health clinics?

15 ASSISTANT COMMISSIONER MARU: Not-- Not at this
16 time.

17 CHAIRPERSON SCHULMAN: Okay. How-- How many
18 immunization clinics are there?

19 ASSISTANT COMMISSIONER MARU: Currently, we have
20 the Fort Greene Health Center, which offers
21 immunization at no cost regardless of immigration
22 status for all people, ages four years and older.

23 CHAIRPERSON SCHULMAN: And the number of TB
24 chest centers.

2 ASSISTANT COMMISSIONER MARU: There are four
3 chest centers at Morrisania, Fort Greene, Washington
4 Heights, and Corona.

5 CHAIRPERSON SCHULMAN: Now going back to the
6 sexual health clinics. There's been-- or it's been
7 reported to us, there's a little bit-- or there seems
8 to be a little bit of a rise in HIV and AIDS, STIs,
9 especially post COVID. Because you have a limit--
10 you have a limited amount of Central Health Clinics,
11 do you cross over and do work with H+H around that?
12 Or how do we-- how do we expand services for people
13 that need to be tested and get treatment?

14 ASSISTANT COMMISSIONER MARU: That's a wonderful
15 question. You know, we certainly have many forms in
16 which we tried to align our services with H+H, again,
17 recognizing our role as a public health department
18 vis-a-vis New York City Health+Hospitals as a
19 healthcare delivery system. And we're certainly
20 happy to have followup conversations about how to
21 better align those and identify the gaps you're--
22 you're talking about.

23 CHAIRPERSON SCHULMAN: Besides DOHMH run clinics,
24 what are the benefits associated with having

2 community health centers in multiple locations across
3 New York City?

4 ASSISTANT COMMISSIONER MARU: Another wonderful
5 question. The-- It's vital, especially at this
6 moment in our city and nation's history to have a
7 physical presence of public health in neighborhoods.
8 And so it's vital both for providing services and for
9 our staff to have eyes and ears on the ground,
10 listening to community members, and being able to
11 amplify their voices and help us do our job better.

12 CHAIRPERSON SCHULMAN: How do community health
13 centers differ from urgent care centers, such as
14 CityMD in terms of types of services offered? And I
15 just want to express that what's upsetting to me is
16 that in my community, we have a-- we have a number of
17 urgent care centers like CityMD, which, when I go
18 around, and I talk to people in the community, they
19 tell me that that's what they use as their primary
20 care, as opposed to having a community health center.
21 So that's why I'm asking that question.

22 ASSISTANT COMMISSIONER MARU: Absolutely. And
23 thank you for elevating this issue. The urgent care
24 center ecosystem, if you will, is rapidly expanding

2 in New York City. And I certainly think it's a it's
3 a very important healthcare delivery question.

4 They-- The idea of urgent care, is that they
5 provide some immediate services outside of a-- an an
6 emergency department, to-- that enables more timely
7 care, and helps to decrease the burden on our
8 emergency departments. And especially given the, as
9 you already-- you have mentioned, the-- the real
10 inequities and lack of primary care centers in New
11 York City, urgent cares do fill a certain gap for
12 providing a number of urgent services outside of
13 that-- that our primary care system is not-- is not
14 currently providing.

15 And-- And I think just to your point about cost
16 and affordability, I certainly, again, I mean, this
17 is largely a-- New York state regulates this, but it
18 is a-- it's an enormous equity issue, both for safety
19 net primary care providers who are trying to care for
20 and provide medical homes, and-- and are in a sense
21 getting-- are competing with these urgent care
22 centers. And, and also for the fact that many urgent
23 care centers do not accept certain forms of
24 insurance.

2 CHAIRPERSON SCHULMAN: So how can access --
3 again, sort of wrapping this line of questioning --
4 How can access to in-community healthcare in any form
5 be improved throughout New York City, especially in
6 high-need areas such as health deserts? Hard
7 questions.

8 ASSISTANT COMMISSIONER MARU: Yeah. I'd love to,
9 you know, we'd love to talk with this much more
10 extensively offline with you all.

11 CHAIRPERSON SCHULMAN: Okay.

12 ASSISTANT COMMISSIONER MARU: I mean, I think
13 just the one line here is: How do we all work
14 together to make a more robust primary care system
15 where every New Yorker has a medical home where--
16 that you know, your providers, your providers know
17 you, and you have-- you can access those services in
18 a convenient way, in a person-centered way, and at
19 minimal cost to you as a user of those services. And
20 as you well know, we have a very far way to go.

21 CHAIRPERSON SCHULMAN: Yeah. So I have in my
22 district, and I have one of the highest number of
23 older adults in the city and older adult population
24 is get increasing. So how do you reach out to them?
25 What kind of services? Do you work with DFTA around

2 this issue? Because a lot of them don't have access,
3 and these are the people that I'm talking to in my
4 community that are going to city MD and-- and places
5 like that. So they need to have, especially with
6 chronic disease, especially there, there are issues
7 in terms of when one's getting older and everything
8 else so...

9 ASSISTANT COMMISSIONER MARU: Yeah. Another
10 really important question. The-- We are-- We
11 certainly have-- We have a number-- a group-- a
12 health aging unit at our health department, and we
13 are collaborating with DFTA on a number of
14 initiatives, and we're taking part in the cabinet
15 for-- New York City's Cabinet for Older Adults, and
16 certainly our Mayor and Deputy Mayor are prioritizing
17 how do we-- different agencies, work together on
18 these-- these very intersectional issues related to
19 health and well-being, and social safety. And we're
20 very keen to continue-- to continue that dialogue
21 with you all and with our partners at DFTA.

22 CHAIRPERSON SCHULMAN: Yeah. One of the things I
23 would like to do during my time in the Council and as
24 Health Chair, is to try and pull all this together so
25 that our seniors and everybody else, and including

2 what my-- what Chair Narcisse had said about zip
3 code, that we have to make sure that healthcare is
4 accessible and affordable. So I'll be-- I'm hoping
5 to work with you guys moving forward on that. I-- I
6 will now turn it over to Councilmember Barron, to ask
7 some questions.

8 COUNCILMEMBER BARRON: Thank you very much. Do
9 you all go to Commissioner School on how to answer
10 our questions. Because you always say, "Thank you
11 for that question. What a wonderful question." All
12 the commissioners say that. Do you really think all
13 of our questions are wonderful? Or is it
14 Commissioner School that you go to, when you address
15 the Council? Make sure you thank them for that
16 question. [LAUGHTER]

17 ASSISTANT COMMISSIONER MARU: Thank you for that
18 question. [LAUGHTER]

19 COUNCILMEMBER BARRON: When I hear our
20 commissioners say, "I agree with the intent of a
21 bill." That's a red flag for me. These bills to me
22 are no-brainers. Even if you're doing equitable
23 services, we're not doing enough. So whether we're
24 about defibrillators, or whether it's about vision
25 care. I don't understand the just out-and-out

2 support of the bill -- not just the intent, because
3 that really means nothing; it doesn't tell whether
4 you are supporting the bill. You all usually say, "I
5 support the intent of the bill, but we need to have
6 more discussions." This-- These bills are so-- so
7 no-brainers to me that at least say you support the
8 bill. And we'll talk about ways that we can
9 implement these bills with some concerns we have.
10 But at least say you support the bill. And that's
11 number one. Good question?

12 Number two, how impacting is the mayor's cuts?
13 Did you did get cuts to your agency, I think 3%
14 across the board? Correct?

15 ASSISTANT COMMISSIONER MARU: I would have to
16 defer to our OMB colleagues on that one.

17 COUNCILMEMBER BARRON: You don't know whether
18 your agency's budget was cut?

19 DEPUTY COMMISSIONER SCHIFF: This panel doesn't
20 have the budget information.

21 COUNCILMEMBER BARRON: Excuse me?

22 DEPUTY COMMISSIONER SCHIFF: This panel here
23 doesn't have the budget information. I know we were
24 here last week at our budget hearing.

2 COUNCILMEMBER BARRON: You're assistant
3 commissioners, right? So you don't know what your
4 agency budget is, and whether it was cut by the mayor
5 or not? Come on now. Stop it. You were. And my
6 concern is that we have the rhetoric in place, but
7 the reality is that the dollars are not committed
8 there. Even when you say we have a center in
9 Brownsville to deal with the racism, and one in the
10 Bronx and-- You know, woefully inadequate, what's
11 happening in our communities. That's lip service,
12 and a pittance, you know, in terms of what you're
13 putting in our communities.

14 Most of our primary care doctors is the emergency
15 room for our communities. That's the primary care.
16 The emergency room. These are deeply, deeply rooted
17 racist problems that we have in our-- in our
18 districts. And I just think that there has to be
19 more meat, have to be more in-depth commitment to
20 resources. We do have a urgent care. You know,
21 Brookdale hospital is in my area. And I know that's
22 not under you. But Brookdale, that's a voluntary
23 hospital. It has an urgent care. We have a family
24 care and all of that. And we have a Betty Shabazz
25 Medical Center that my wife and I, Inez Barron, when

2 she was a councilmember, we had come in. But it
3 still does not come near meeting the needs.

4 So I would like to see in my beloved East New
5 York a greater commitment to primary care, a greater
6 commitment to the resources that are needed to deal
7 with the deeply rooted racism in the healthcare
8 delivery system and New York and all throughout black
9 communities in America.

10 [BRIEF SILENCE]

11 Now's the time to say something. Now you can
12 say, "I really like that."

13 ASSISTANT COMMISSIONER MARU: Well, thank you for
14 that. And-- And I think you know, we'd certainly
15 agree with much of your assessment, and I think it
16 resonates with our-- the Board of Health Resolution
17 relating to structural racism as a public health
18 crisis.

19 I think one of the challenges we have is-- is
20 really the-- much of the regulatory authority with--
21 with respect to health care delivery lies at the New
22 York State. And-- And so it really continues-- eager
23 to continue this conversation about-- about what we
24 together can do.

2 COUNCILMEMBER BARRON: Well that just means
3 things that you can do within the confines of your
4 authority, not reaching out to New York State. But
5 there's some things that you can do in the confines
6 of your authority, because I don't want you to throw
7 us to the State and then State throws us back to you.
8 And then we don't go anywhere.

9 So just in the context of your resources, your
10 authority, your ideas, you know, we are woefully,
11 inadequately addressing the needs of particularly
12 black and brown low-income communities, and that
13 needs to change radically.

14 CHAIRPERSON SCHULMAN: Thank you, Councilmember.
15 I'm now going to turn it over to Councilmember
16 Narcisse for her questions.

17 COUNCILMEMBER NARCISSE: Good morning, and thank
18 you again, chair. I believe in preventive care,
19 because preventive care can help us right?
20 Hypertension affects an estimated 1.8 million adults
21 in New York City, and is a leading risk factor for
22 heart disease and stroke. We must provide New
23 Yorkers -- wouldn't you say that we must provide New
24 Yorkers? -- with every available resources that we

2 can give them to keep folks alive and maintaining
3 their lives? Yes.

4 Blood-- For the blood pressure being a homecare
5 using them, we call them sphygmomanometer, right?
6 Based on your knowledge and expertise. What can you
7 tell us about the use of blood pressure monitors in
8 our homes or in public places? Are they useful,
9 and/or sufficiently accurate? You, I mean, are
10 familiar with the different type of personal blood
11 pressure machines or sphygmomanometers.

12 ASSISTANT COMMISSIONER MARU: Thank you so much,
13 Councilmember Narcisse. And again, it's wonderful to
14 have a Councilmember who is a nurse and healthcare
15 provider and advocate.

16 So first on the-- the use and utility of self-
17 monitored blood pressure or home blood pressure
18 monitors. Certainly, as you mentioned, evidence
19 shows that measuring out of blood pressure-- out of
20 office blood pressure, outside of a primary care
21 clinic is a very useful way, an important way to
22 identify certain important types of hypertension,
23 including white coat hypertension and masked
24 hypertension. And we believe that using expanding
25

2 home self-monitored blood pressure is-- is certainly
3 a public health priority.

4 We continue to work to address gaps and identify
5 barriers to accessing blood pressure monitors in
6 areas with the highest prevalence of hypertension,
7 such as your own constituents. Limited funds do
8 constrain our ability to expand access to home blood
9 pressure monitors. And-- and then your final
10 question about the types of blood pressure monitors.

11 COUNCILMEMBER NARCISSE: Are they useful? That
12 is what I want to hear.

13 ASSISTANT COMMISSIONER MARU: Oh. Yeah. They
14 are-- We agree that they're useful and they're--
15 they're a definitely an evidence based component of
16 comprehensive management of blood pressure by people
17 who are living with-- with high blood pressure.

18 COUNCILMEMBER NARCISSE: But as a nurse, what we
19 do, the doctors usually send a note for us to
20 document the blood pressure throughout. Or
21 sometimes, like if you're not seeing the client on a
22 regular basis, they will have a home blood pressure
23 kit. So when you're not there for them to take their
24 own blood pressure because if the doctor has to make
25 a decision in changing medication, they need to know

2 what is the blood pressure, the average per each day,
3 but since the nurses not that every day, so they will
4 have a monitor. So I find that they were useful.
5 You find them useful.

6 ASSISTANT COMMISSIONER MARU: I completely agree.

7 COUNCILMEMBER NARCISSE: So which type of blood
8 pressure machine that you recommend for them to use
9 at home?

10 ASSISTANT COMMISSIONER MARU: I-- You know, we
11 would defer that-- the question about which specific
12 type of blood pressure monitor, we would defer that
13 to discussions between, you know, individual care
14 seekers and their care providers or nurse clinicians,
15 their doctors.

16 COUNCILMEMBER NARCISSE: So you're not familiar
17 with them? With a blood pressure machine, a
18 sphygmomanometer.

19 ASSISTANT COMMISSIONER MARU: Well, as a
20 clinician, certainly I am familiar with them. I'm
21 just saying that I don't-- I don't think that we as a
22 health department are not recommending any particular
23 brand or make of a home blood pressure machine.

24

25

2 COUNCILMEMBER NARCISSE: Okay. What is the
3 average cost of a blood pressure monitor? Would you
4 know?

5 ASSISTANT COMMISSIONER MARU: I mean, they're
6 highly variable in terms of the end cost to the user
7 because it depends upon the, again, the brand and
8 type, and then various electronic sort of bells and
9 whistles, but anywhere between \$10 and \$500. I mean,
10 in terms of the cost to the user.

11 COUNCILMEMBER NARCISSE: It's not that, \$10 to
12 \$5-- But anyway, we can do more research on that, to
13 see the average, because lately I've not been in the
14 market buying them, but I know they pretty decent,
15 reasonable price, that you can get a blood pressure
16 machine.

17 How often must blood pressure monitors be
18 replaced? Do you know?

19 ASSISTANT COMMISSIONER MARU: That depends on
20 their use and the type of blood pressure monitor.

21 COUNCILMEMBER NARCISSE: Averaging? Can you take
22 a shot of it? No? No.

23 Okay, can you elaborate on the tools available
24 through DOHMH Hypertensive Action Kit?

2 ASSISTANT COMMISSIONER MARU: So thank you for
3 that for that question. The-- our Health
4 Department's Hypertension Action Kit provides
5 resources for providers including guides on
6 hypertension, management, coaching, self-measured
7 blood pressure monitoring as we were talking about,
8 and other references to support person-centered
9 hypertension care. The kit also includes clinical
10 tools for providers to educate and empower their
11 patients, such as a planner, medication adherence
12 assessment, blood pressure tracking card, and
13 educational information regarding sodium intake.
14 Finally, the kit includes patient education
15 materials, including educational palm cards on salt,
16 blood pressure, and posters on how to take one's
17 blood pressure. All these resources are intended to
18 support providers and help educate on blood pressure
19 management, and they're available online.

20 COUNCILMEMBER NARCISSE: You see the tracking you
21 mentioned, the cards, those are all the things that
22 the people can use so, as well-- that people at home.

23 ASSISTANT COMMISSIONER MARU: That's correct.

24

25

2 COUNCILMEMBER NARCISSE: Folks at home. Is there
3 any information in the kit that relate to self-
4 measured blood pressure monitoring?

5 ASSISTANT COMMISSIONER MARU: That's correct.

6 COUNCILMEMBER NARCISSE: Okay, if so, what
7 information is specifically provided to the public?

8 ASSISTANT COMMISSIONER MARU: Specifically, how
9 one can take the blood pressure at home using a blood
10 pressure monitor, and safely and accurately interpret
11 that.

12 COUNCILMEMBER NARCISSE: Is there guidance on how
13 to take your blood pressure?

14 ASSISTANT COMMISSIONER MARU: Yes.

15 COUNCILMEMBER NARCISSE: According to the DOHMH
16 website, local data suggests that the rate of
17 controlling blood pressure among patients diagnosed
18 with hypertension is lowest among black adults at
19 59%, compared to whites 73%, Asian 73%, and Latino
20 adults 69%. How is DOHMH working to address the rate
21 of control blood pressure among patients,
22 particularly black New Yorkers diagnosed with
23 hypertension?

24 ASSISTANT COMMISSIONER MARU: Thank you again for
25 elevating this vital public health and racial justice

2 issue. The two areas that we are in particular
3 working on: One is as I mentioned through Take The
4 Pressure Off New York, which is a multistakeholder
5 coalition to address comprehensively hypertension,
6 screening prevention, and treatment. And the second
7 is that we work with our network of small primary
8 care, and primary care clinic, and federally
9 qualified health center partners in supporting their
10 use of tools such as a hypertension action kit, and
11 other tools to improve the quality of-- of hyper
12 hypertension management that they provide.

13 COUNCILMEMBER NARCISSE: Thank you. Does DOHMH
14 have access to the locations of all public blood
15 pressure monitors in New York City right now?

16 ASSISTANT COMMISSIONER MARU: We do not.

17 COUNCILMEMBER NARCISSE: Hmm?

18 ASSISTANT COMMISSIONER MARU: We do not.

19 COUNCILMEMBER NARCISSE: Many patients suffering
20 from hypertension have a difficult time finding a
21 blood pressure machine monitor with a cuff that fits
22 their arms. I always had that problem as a homecare
23 nurse. I always have to have a different one, right?
24 Do you know what cuff sizes available to the public
25 and how they can access them?

2 ASSISTANT COMMISSIONER MARU: Well, I can
3 definitely-- I definitely share your the challenge
4 there, both when I care for kids and for adults on
5 this issue. There's-- there's sort of four main
6 categories: One, the pediatric cuff, the adult
7 cough, the large adult cuff, and the thigh cuff. And
8 then a number of special specialized ones that are
9 used in different circumstances, particularly in a
10 hospital setting. And again, the the proper sizing
11 of those cuffs, we recommend to be in consultation
12 with nurses and clinicians.

13 COUNCILMEMBER NARCISSE: Consultation with the
14 nurses. We're the one that actually takes the blood
15 pressure all the time, right? The doctors rarely do
16 that. They only do it when the nurse is not around.

17 Studies have shown that older adults are more
18 likely to get inaccurate measurements from their at-
19 home blood pressure monitors. Is DOHMH working with
20 the New York City aging population to ensure that
21 they are properly educated on how to use the BPMs and
22 how to read the measurements?

23 ASSISTANT COMMISSIONER MARU: At this time, we
24 don't have specific programming around that.

2 COUNCILMEMBER NARCISSE: So. So now I hope that
3 you can join me in what I'm asking for. Because when
4 you don't know, you don't-- I mean, individually,
5 it's so hard, because people have different size of
6 arms. But if you know that person, you give them
7 that cuff, that measurement for themselves, you can
8 automatically know how to measure.

9 One of the thing for my experience-- one of my--
10 one of the experiences that I have, when you go to
11 take the blood pressure and they are borrowing from
12 somebody else, it cannot fit, you cannot get a proper
13 reading. You know that, right? If the cuff is not
14 fitting, right?, you get-- the reading is going to be
15 inaccurate. So I'm hoping that you can join me,
16 whatever, that we can have the discussion to make
17 sure that we address it properly. But it will save
18 lives. That what at the end of the day, all right?
19 In helping keeping those folks that are at risk,
20 because we know predisposition for all the disease,
21 especially during COVID. When COVID hit most of the
22 folks that end up dying are the one that suffer
23 either heart problem, hypertension, diabetes. So
24 therefore hypertension, if we can address
25 hypertension, you have more people right now walking

2 around with hypertension that have no knowledge, no
3 clue, every day, because it's a silent killer.
4 That's what we call it. So I'm hoping that you can
5 join me in addressing that. And that would be a
6 start for us to keep New Yorkers healthy, healthy as
7 well. Thank you, Chair.

8 CHAIRPERSON SCHULMAN: You're welcome. I'm going
9 to ask-- First I want to acknowledge we've been
10 joined by Councilmember Gale Brewer, and she has some
11 questions to ask.

12 COUNCILMEMBER BREWER: Thank you. I'm sorry I
13 was late. Um, the issue that I'm concerned about
14 with Councilmember Brannon is pediatrics emergency
15 room. And the reason this came up was: I have two
16 friends, a colleague and a friend. They have three
17 year olds, five year olds. In one case, EMS came
18 very quickly, the child passed out with many, many
19 ailments. Panicked parents. Ambulance comes. And
20 where do you want to go? Which hospital? Which is--
21 I know I've been in an ambulance. They ask that
22 question sometimes. And the parents didn't know. So
23 they picked the hospital where the child had been
24 born. They get to the hospital. And it's not a
25 pediatric emergency. I know they're supposed to take

2 care of everyone. But the mother felt, in two cases,
3 that it wasn't the appropriate place for a child,
4 even in the ER. What the mothers would have liked
5 would be a list of the pediatric emergencies where
6 they could have gone, where they felt they would have
7 gotten better support. Sometimes the hospitals are
8 right near each other. This particular ER told them
9 to go to the pediatric elsewhere.

10 So we need that list. It doesn't exist. So my
11 interns are fabulous. And they made a list of what
12 they think the pediatric emergency rooms are, but
13 there's no such list. So I'm just wondering, is that
14 something that-- would this kind of information,
15 sharing it with 311, whether you think that would be
16 a good idea. Like I said: Then it would be
17 circulated to the schools, and mom emails, and so on
18 and so forth. And I didn't know if you think it's a
19 good idea.

20 And then I think we do need to understand the
21 difference between a pediatric ER and emergency
22 rooms. I must admit, my kids are older, I didn't
23 know that there was a difference, I thought it would
24 all be the same. That is not how parents feel. And

2 actually, that's not how doctors feel, interestingly
3 enough. So I'd like to get your input.

4 ASSISTANT COMMISSIONER MARU: Thank you, thank
5 you, again, for your passion for this issue. I'll
6 share it, just as a, you know, fairly-- fairly
7 recently, as a pediatrician at Elmhurst, again, I-- I
8 had a situation that also highlights the need for--
9 the importance of pediatric emergency rooms and what
10 their role is. You know, I, for many years, prior to
11 coming to New York City, I was I was complex care
12 pediatrician, which cares for kids with various
13 developmental and other complex medical needs. And
14 those kids, as we were talking about, regarding
15 primary care, really need a very comprehensive
16 medical team, clinical team, that interdisciplinary
17 team that cares for all of their needs. And so we
18 admitted a child who had these sorts of complex care
19 needs. And we're talking with a father who happened
20 to be Spanish speaking. And he, he said, you know--
21 you know, I have this issue of my G tube, the
22 gastrostomy tube, because my child doesn't eat, so we
23 have-- he has a G tube. And I have this issue. And
24 whenever-- I can't bring him into the hospital, so I
25 have to call EMS. And so then I call EMS and they

2 say, you know, because you live in the catchment area
3 of Elmhurst Hospital, you have to go to Elmhurst
4 Hospital, which we do have a pediatric emergency
5 room, we do have a pediatric inpatient room, but his-
6 - his care providers are actually a Cohen's, you
7 know, out towards outer Queens, towards Long Island,
8 which has-- they have all the-- all of his primary
9 care providers. And so, you know, I actually, I
10 said, "Look, you know--" His dad was just like, "I
11 want to talk to my GI doc. I want you guys to be
12 able to coordinate care. So we can you transfer me
13 to Cohen's?" I said, "Absolutely," and we arranged
14 for that. And I wrote him a letter that said:
15 Doctor's orders, when EMS comes, hand this to EMS and
16 say, take me to Cohen's.

17 So I-- You know, I think that this issue is-- has
18 many different layers to it. And I, again, I applaud
19 you for, for elevating it. I think-- And, you know,
20 there really is a vital role of pediatric emergency
21 rooms. And I'm not just saying that as a
22 pediatrician. I really do-- As a parent as well, I
23 do think it's vital.

24 In terms of-- of, you know, how do we get the
25 word out about this? You know, one-- one is that,

2 you know, really what we recommend to parents is that
3 you call 911, and EMS direct, as appropriate, because
4 in an emergency, they have to take you to, to really
5 the nearest emergency room, and they can transfer you
6 as-- You know, and I think the other piece is, you
7 know, that-- that there are there are, you know, New
8 York State, which regulates clinical care, they do
9 maintain a website of pediatric facilities. And so,
10 you know, I think what we want to just ensure is
11 that, whatever, you know, that this is timely, up to
12 date, accurate information, that-- that's not
13 conflicting with, with other sources.

14 COUNCILMEMBER BREWER: Well, I mean, these are
15 very sophisticated parents. They know nothing about
16 the state list. So I mean, I think the city should
17 have the same list. And then you should-- there
18 should be a law that says you publicize it, because
19 it's one thing to have a list on the website, but if
20 nobody knows about it-- This ambulance driver, and
21 they're all great, said, "Where do you want to go?"
22 I've had that too, with my kids. "Where do you want
23 to go?" So, I mean, I don't know.

24 I think people should know that there are choices
25 when you have a, you know, a baby, basically. And

2 it's, you know, to transfer is-- is heart wrenching
3 also, because time is of the essence. These parents--
4 - these parents were totally panicked.

5 So I just think you should-- we should have a
6 much more robust information than what we have now,
7 because nobody has told me. This is my negligence,
8 but certainly these parents are, you know, Type A's,
9 as we call them. And they didn't know a thing about
10 the state list, that there is such a thing. You
11 know, I have a list on the interns. Elmhurst is on
12 it, obviously. But, you know, no addresses. Nobody--
13 - Nobody knows what you know.

14 And so the question is: What can Department of
15 Health-- Is that something that you think you would
16 do in terms of publicizing, working with DOE, et
17 cetera, and keeping it up to date on both state and
18 city? Is that something that you would consider?
19 That's my question.

20 ASSISTANT COMMISSIONER MARU: Yes, thank you for
21 that. And I'm certainly happy to discuss further
22 sort of the intent and how we how we get there.

23 COUNCILMEMBER BREWER: Thank you, Madam Chair.
24 I'm very concerned about this issue.

2 CHAIRPERSON SCHULMAN: No, absolutely. I'm going
3 to-- I have some more questions, but I'm going to
4 turn it over to Councilmember Krishnan to ask his
5 questions.

6 COUNCILMEMBER KRISHNAN: Thank you so much Chair.
7 Just a few questions on Intro 814, on AED access. So
8 as we know, the bill would require DOHMH to issue a
9 report on the number and location of AEDs in public
10 places. Does DOHMH currently have a framework or a
11 list of the location of all AEDs in New York City?

12 ASSISTANT COMMISSIONER MARU: We do not.

13 COUNCILMEMBER KRISHNAN: You do not, right?

14 ASSISTANT COMMISSIONER MARU: That's correct.

15 COUNCILMEMBER KRISHNAN: Does DOHMH distribute
16 free or low cost AEDs to public institutions and
17 spaces like schools, houses of worship, nursing
18 homes, not-for-profit organizations, or parks?

19 ASSISTANT COMMISSIONER MARU: We do not.

20 COUNCILMEMBER KRISHNAN: Is there an existing
21 system that keeps track of the number of AEDs that
22 have been issued and to whom?

23 ASSISTANT COMMISSIONER MARU: There is not.

24

25

2 COUNCILMEMBER KRISHNAN: Is there an exact number
3 or estimate on how many AEDs are currently available
4 in public places in New York City?

5 ASSISTANT COMMISSIONER MARU: There is not.

6 COUNCILMEMBER KRISHNAN: Is there a maintenance
7 system in place to regularly check on the condition
8 of AEDs?

9 ASSISTANT COMMISSIONER MARU: There is not.

10 COUNCILMEMBER KRISHNAN: Do we-- So I would
11 assume that we don't know then how many AEDs are in
12 good working condition and ready for use in the event
13 of an emergency?

14 ASSISTANT COMMISSIONER MARU: We do not.

15 COUNCILMEMBER KRISHNAN: What maintenance is
16 typically required for AEDs to make sure they're kept
17 up to code and ready for use?

18 ASSISTANT COMMISSIONER MARU: That's a-- That's a
19 great question. I-- We don't-- You know, we don't
20 have our-- we don't have guidance on that, and we
21 don't-- because we don't monitor or collect
22 information on AEDs. I'm certainly happy to discuss
23 more with you and with fire department and emergency
24 medical services on that topic.

2 COUNCILMEMBER KRISHNAN: Sure. Thank you,
3 Assistant Commissioner. Those are my questions. I
4 just want to end by saying, given all of that, I
5 think the urgency and the need for this legislation
6 to be implemented is-- is very high. I do agree with
7 Councilmember Barron, that these bills are all bills
8 that we should be moving forward expeditiously. We
9 don't want, God forbid, another emergency crisis in
10 the city where resources could have been available,
11 life-saving devices, but we as a city don't have any
12 clue as to whether-- how many are maintained, whether
13 they're in good working order, where they're
14 maintained.

15 So I do appreciate your testimony. But it's my
16 priority to make sure that this legislation both
17 moves quickly, and as implemented quickly. So I know
18 there are things that we want to talk about and
19 discuss as well. But I don't want to slow down the
20 process. Because as we know, this is-- these are
21 life-saving devices. And we as a city have got to do
22 a much, much better job of tracking them, making sure
23 they're in good working order, and finding a place
24 where we actually do need them or they don't
25 currently exist.

2 And so given that we don't have any of those
3 systems right now, it's clear that this legislation
4 fills a glaring void in our healthcare access, for
5 such a crucial life saving instrument. But I know
6 that you all on, under Commissioner Vasan, and
7 Assistant Commissioner Maru, I know you all are very
8 committed to this and that the healthcare access is a
9 top priority for you all, and finding any way to--
10 the data is especially important to you all too. So
11 I look forward to us working together to make sure
12 that we can implement this as quickly as possible.

13 ASSISTANT COMMISSIONER MARU: Thank you.

14 COUNCILMEMBER KRISHNAN: Thank you.

15 CHAIRPERSON SCHULMAN: Thank you, Councilmember.

16 And I want to echo what Councilmember Krishnan said
17 about the AEDs. I used to work in a past life at the
18 emergency medical-- with the emergency medical
19 service. So they do they do look at them, now that
20 it's part of FDNY. They look at the AEDs. One is
21 that, I will tell you that I know from experience
22 that a lot of them are not checked regularly. So
23 we're going to have to-- we're going to have to deal
24 with that. And we also-- It is important to have a
25 list of where they are and so that people can help to

2 maybe save-- save a life here and there. So I think
3 that that's very important.

4 I will also say that having I worked at Woodhull
5 Hospital, so at H+H, and to Councilmember Brewer's
6 point about pediatric Eds. We had a pediatric ED
7 there, and it does make a difference. The
8 instruments are different. The care is different.
9 Not that it's different-- that you get better care
10 one way or the other, but it's-- it's a specialty
11 area, so that if you have a child with some acute
12 issue, it's not always picked up in the regular ED.
13 So to that point, I want to echo what-- what that
14 Councilmember said.

15 And then going lastly to the blood pressure cuff-
16 - blood pressure issue. I-- I'm technically an older
17 adult, and when I-- I will tell you that my when my
18 blood pressure is checked by machine, it's 20 points
19 higher always than when it's done manually. And so I
20 think that people really need to be educated. And
21 I'm pretty educated. And I've been working in
22 healthcare for a very long time about how that works,
23 whether we should be alarmed or not alarmed, because
24 I can take it one place, and it's perfectly normal.
25 And in another place, it's high.

2 So I don't know how that's calibrated on the
3 machines. I don't know how that's-- how we get word
4 out to folks, especially older adults. So I'm asking
5 the question.

6 ASSISTANT COMMISSIONER MARU: Yeah, thank you for
7 that. Can you just-- so you're-- Just, can you
8 clarify your specific question?

9 CHAIRPERSON SCHULMAN: My question is: How do we
10 educate people on-- when they get their blood
11 pressure taken, or if they get a screening, whether
12 that's an accurate reading or not? And how can they
13 determine if it is? Like I said, the machines
14 sometimes not calibrated right, depending on what you
15 get, what you don't get. If you buy one, some of
16 them are better than others, some of them have a very
17 vast error rate. So that's the issue.

18 And then why is-- I'm just curious as to why
19 there's a difference between taking the blood
20 pressure manually and doing it with a machine because
21 the tendency is, and I'm told the machines are
22 calibrated higher

23 ASSISTANT COMMISSIONER MARU: Yeah, absolutely.
24 Yeah. I mean, I think this, I very much acknowledge
25 and appreciate your experience here with respect to

2 the discrepancies between different forms of manually
3 and also different forms of automatic blood pressure
4 cuff measurements. And I think it really does, it
5 again highlights the importance of education, as you
6 mentioned, and working with improving Primary Care
7 access, because really having consistency blood
8 pressure monitoring and-- and management is really,
9 for many of us, is a lifelong endeavor, whether we
10 have diagnosed hypertension or not. And so having
11 consistency and regularity with a-- within the
12 primary care system is vital. I'm certainly happy to
13 discuss more how we can work on some of this specific
14 issue of the accuracy and reliability of these
15 different machines with both TPO-- Take The Pressure
16 Off Program and the NYC REACH program.

17 CHAIRPERSON SCHULMAN: No. I-- and I also think
18 it's important for doctors and nurses, everybody that
19 takes blood pressure to sort of be educated about how
20 to do it. Because if you-- when I'm reading stuff, I
21 read that you supposed to be quiet and sit still and
22 your arm is supposed to be elevated and all this
23 other stuff. And that never happens in a doctor's
24 office. Never ever, ever. So I think there needs to
25 be an education. I know that the State does that

2 with, you know-- has responsibility for that with
3 physicians, but I'd like for DOHMH to work with the
4 state on really clarifying and educating the public,
5 and that -- my colleague is smiling -- about what,
6 what is involved here, and so that we can really have
7 people be healthy and be-- be confident in that when
8 they're getting a reading, that it's a certain way.
9 That you know, because I will tell you that a lot of
10 the medications that there are for blood pressure are
11 not the greatest either. And there are side effects
12 to it. So it's a question of, what is it that we
13 have to do? And are we getting-- are we getting good
14 readings from-- just in general? Like what, what the
15 what the practice is, what the standard should be,
16 and everything else? There's a lot of confusion out
17 there.

18 ASSISTANT COMMISSIONER MARU: Absolutely. Thank
19 you.

20 COUNCILMEMBER NARCISSE: I need to spend time
21 with my colleagues on that one.

22 CHAIRPERSON SCHULMAN: Okay, thank you. I don't
23 have any further questions. Does anybody else...?
24 Thank you very much for coming to testify today. We
25 really appreciate it and we'll follow up.

2 COUNSEL: Okay, that concludes testimony from the
3 administration. We are now going to move to public
4 testimony. So what we will do is we will start with
5 public testimony from folks who are in the room, and
6 then we will move to virtual testimony.

7 Just a reminder that if you are submitting
8 written testimony, you have up to 72 hours after this
9 hearing to do that. You can do that at
10 testimony@council.nyc.gov is the email address. And-
11 - and also just Yeah, so why don't we get started
12 then?

13 We will start with the first panel. We're going
14 to be hearing from John Flanagan and Dr. Neal
15 Shipley.

16 And then, just a reminder to speak clearly into
17 the microphone, and you'll press the red-- press the
18 button, wait for the red light before you begin your
19 testimony.

20 MR. FLANAGAN: All set.

21 COUNSEL: You may begin.

22 MR. FLANAGAN: Alright, good morning. Thank you
23 very much. Very nice to be here. Quite educational
24 to be able to listen to the preceding testimony, and
25 it drew my attention to a lot of issues. But my name

2 is John Flanagan. I'm a-- I serve as Senior Vice
3 President for Government Affairs at Northwell Health.
4 And I'm going joined today by Dr. Neal Shipley. Dr.
5 Shipley oversees our GoHealth Urgent Care facilities.
6 And Dr. Shipley is our Medical Director and our
7 Radiation Safety Officer for all of our GoHealth
8 Urgent Care facilities.

9 And I just want to give a shout out to
10 Councilmember Krishnan in particular on AEDs. In a
11 former iteration of my life, I got a chance to work
12 on very extensive legislation that came out of
13 constituent work. A family, the Akanpour's, lost
14 their son many years ago to a tragic lacrosse
15 accident. And they were the genesis for changing the
16 state law. And a lot has happened since then. So
17 that's one thing I very keenly understand.

18 That said, we're delighted to be here. I want to
19 thank all the members, the chair in particular, but
20 all the members of the committee for affording us the
21 opportunity to speak on the issues that are before
22 the committee today for their consideration. And I'm
23 wholly mindful that you're in the middle of the
24 budget process. So the fact that we would be able to
25 be here is equally helpful.

2 I'm going to speak very briefly and then hand it
3 over to Dr. Shipley, just in terms of community care
4 and urgent care in particular, and how we run our
5 operations and the things that we focus on.

6 Our CEO Michael Dowling is heralded as a national
7 healthcare leader. He was voted as the number one
8 healthcare leader in the country. And having worked
9 very closely with him, it's about mission, it's about
10 access, about equity, and about excellence.

11 And I know that factually, because I talk to him
12 all the time, work on issues with him in our
13 hospital-based settings, in particular of course, but
14 outside of that, if you would ask about Northwell as
15 a system, there's a lot more that happens outside the
16 hospitals than happens inside the hospitals, and
17 about 55% of our-- our revenue comes from outside the
18 hospital.

19 The point we want to talk about today relates to
20 urgent care. For efficient operation, flexibility,
21 how we serve people in their time of need, how we try
22 and avoid people coming to the emergency department
23 unnecessarily, and with it's all with an eye towards
24 getting out into the communities and providing the
25 best care possible. We're very confident that Dr.

2 Shipley can articulate it extremely well. He's got
3 decades of experience and it's our frontline
4 personnel on issues involving urgent care. Dr.
5 Shipley. And thank you again.

6 DR. SHIPLEY: Good morning. My name is Dr. Neal
7 Shipley. I'm been in New York City resident for
8 about 35 years. I'm board certified in emergency
9 medicine and I've been practicing in emergency
10 medicine in urgent care since 1993.

11 In 2021, I had the honor and privilege of being
12 sworn in as a New York City honorary police surgeon
13 for our work with the police department in support of
14 the COVID pandemic.

15 For the past seven years, I've been the medical
16 director for a large health system, Northwell Health
17 System affiliated Urgent Care Network. We have 20
18 sites located in New York City.

19 As we know, urgent care centers play a very
20 important role in the New York City Health Care
21 System by improving access and equity of care for
22 thousands of New Yorkers. Eds in New York City are
23 generally overcrowded, long wait times, access to
24 PCPs can be challenging and the cost of an urgent
25 care visit is something like four or five times less

2 than the cost of a visit in the emergency department
3 for the same-- for the same condition.

4 Prior to the urgent care model, really the only
5 place New Yorkers could access immediate unscheduled
6 care was-- was the ED.

7 Another example of the role that urgent cares
8 can, and hope-- we hope to play in avoiding
9 unnecessary ED visits is the upcoming launch of our
10 partnership with CMS and FDNY in a program called
11 ET3. ET3 stands for Emergency Triage, Treat, and
12 Transport. It is a federally sponsored demonstration
13 project that will go live in 2023. And it will allow
14 FDNY EMS crews to bring patients to alternative
15 destinations. Lower acuity patients can be brought
16 directly to the emergency department-- sorry, to the
17 urgent care center instead of the emergency
18 department for diagnosis, evaluation, and treatment.
19 We are very closely aligned with CMS and FDNY on the
20 importance and impact of this demonstration project
21 for New Yorkers.

22 This specific regulation we're discussing today
23 regarding the use of mobile x-rays in the urgent care
24 center is very problematic for us as a business --
25 [BELL RINGS] Is it okay to continue? Thank you. --

2 -- and for our ability to serve this purpose for the
3 New York City community. Our centers were designed
4 to be small, to penetrate retail spaces and be close
5 to public transportation hubs to give patients best
6 access. The cost of the facility modifications alone
7 to convert our sites to fixed x-ray rooms would be a
8 big economic hardship for the business.

9 But more importantly, in having to do so, we
10 would have to eliminate at least one probably two of
11 the existing exam rooms in all of our centers. That
12 would dramatically reduce our capacity and throughput
13 and the ability to see patients and provide them with
14 alternative destinations to the emergency department.

15 I'd like to spend the rest of the time here
16 talking about our quality and safety program for the
17 mobile x-rays.

18 We've been performing them in our centers since
19 we first opened in 2014. Our priority has and always
20 will be patient and staff safety. Since 2014, in our
21 New York City based locations, we have performed over
22 72,000 mobile x-rays. We have a rigorous quality
23 control program that is comparable to the ones in
24 place in hospital EDs and inpatient unit that also

2 use mobile x-ray. I'm going to just highlight two of
3 those programs.

4 Since 2014, no staff member radiology technician
5 has ever received a radiation exposure that reaches
6 or exceeds the maximum occupational dose for either
7 quarterly or annual exposure limits. The folks
8 before us from the Department of Health talked about
9 the ALARA principle, As Low As Reasonably Acceptable.
10 We have never exceeded that once since 2014. Zero.

11 The other thing that was spoken about is the--
12 what's called the R-R Analysis, or Repeat Reject
13 Analysis. Repeat imaging due to improper technique
14 is a leading contributor to unnecessary radiation
15 exposure. The standard for this is less than 5%. We
16 do R-R Analysis quarterly on all of our units and all
17 of our sites. Our performance is well below that.
18 We are consistently at or below 2.0% of images that
19 have to be repeated or rejected due to quality. That
20 is comparable to the R-R rate that is observed in
21 Northwell inpatient and hospital based units.

22 So let me let me sum up here. We do appreciate
23 the regulatory intent behind this article. Patient
24 and staff safety is our highest priority. But we
25 believe there's a way to preserve that intent by

2 granting waivers to urgent care centers to continue
3 to perform mobile x-rays if they adhere to the
4 similar quality and safety standards that you can
5 find in the hospital setting. We have a very long
6 track record of excellent patient and staff safety.
7 We have a robust quality control program that meets
8 or exceeds all recognized standards, and without our
9 ability to do mobile x-ray, a significant portion of
10 the 72,000 patients would have ended up in an
11 overburdened emergency department or potentially
12 deferred care, leading potentially to worse outcomes
13 or higher costs of care.

14 So giving this ability will help us support this
15 mission of increased access and equity to care for
16 all New Yorkers. So thank you for the opportunity to
17 speak to you on this important issue today. And
18 we're obviously open to answer any questions.

19 CHAIRPERSON SCHULMAN: Before-- I have a couple
20 of questions, but before I do that, I want to
21 recognize my colleague, Councilmember Ariola, who
22 wants to ask some questions.

23 COUNCILMEMBER ARIOLA: Hi, thanks so much for
24 coming to testify today. So just-- I have one
25 question. Do you have any recommendations for the

2 best way to expand care in communities outside of the
3 hospital setting?

4 DR. SHIPLEY: The best way to expand care in any
5 communities? Look, we are not in competition with
6 primary care offices. We complement them, you know,
7 we're open when they're not, on the weekends and
8 evening hours. I think a comprehensive focus on, you
9 know, access to primary care is-- is critical for
10 communities. I think access to urgent care, to
11 unscheduled walk in care should be part of that sort
12 of overall picture. So I think it's a kind of a
13 triad, you need to have a great public health system,
14 public health departments, you need to have a robust
15 emergency department, and you need something-- and
16 you need Primary Care.

17 Urgent Care fits into that space between primary
18 care in the emergency department: Lower cost, easy
19 to access, you don't need to make an appointment.
20 Most of our patients walk in on the same day, the
21 visits lasts 45 minutes to an hour, they cost a
22 fourth or a fifth of the emergency department.

23 So I don't think there's a one size fits all
24 solution. I think it's a combination that has to be
25 multifactorial.

2 COUNCILMEMBER ARIOLA: Thank you very much.

3 MR. FLANAGAN: I'll just add to what the doctor
4 said. You know, we're asking for specific relief in
5 the overall view of healthcare. And I think what
6 we're looking for-- If you-- you can perform these
7 services in somebody's home or in a long term health
8 care facility, you can perform the services in urgent
9 care facilities outside of the city of New York, you
10 can perform them in hospitals all throughout our
11 region.

12 We have zero issue with the notion of standards,
13 Strong oversight, regulatory review, and we adhere to
14 that, and as Dr. Shipley said, we have 100%
15 compliance. We've never had an incident. Our
16 specific ask in terms of the global stuff, as well,
17 is to say, relief here would be very important to our
18 patients. And I would reiterate, we-- we hold our
19 employees to the same standards that we do our
20 patients, meaning that it will we want to do every
21 single thing possible to protect them. This relief,
22 delivers better patient care. Thank you.

23 CHAIRPERSON SCHULMAN: Yeah, I just-- I just want
24 to say, thank you. And, you know, we'll-- we'll take
25 this in, and we have-- If you-- Doctor, I don't know

2 if you summarized your testimony, but you can submit
3 the whole thing because it does get looked at by the
4 committee, and everybody else, and the central staff.
5 I do want to say that I have-- In my district, I have
6 Northwell Forest Hills, and I work closely with them.
7 And the CEO there is great. And so we're trying to
8 do what we can. And I've used the urgent care as
9 well, I just want to be on the record, Northwell
10 Urgent Care. And so-- And gotten, and received good
11 treatment there.

12 But I do want to say-- One of the things I do
13 want to suggest is to talk to the Department of
14 Health and Mental Hygiene, I'm sure that you've gone
15 to them already. But I think that they would be
16 willing to work with you and try to come to some kind
17 of compromise.

18 But you know, so that's-- that's just a
19 suggestion I want to make. But I do want to thank
20 you for coming here and giving the testimony. [TO
21 COUNCILMEMBER NARCISSE: You do?] Okay, I'm going to
22 turn it over to my colleague, Councilmember Narcisse.
23 She has a question.

24 COUNCILMEMBER NARCISSE: Um, I'm trying to
25 understand. Do you have urgent-- how many you have?

2 Do you have urgent healthcare right now that you are-
3 -?

4 DR. SHIPLEY: There are 20 in the New York City
5 boroughs. If you expand the entire size of the
6 footprint which includes Westchester, Nassau, and
7 Suffolk, we have 57 urgent care centers, but 20 are
8 located in the New York City boroughs.

9 COUNCILMEMBER NARCISSE: Okay. How many clients
10 do you see per year? Last year?

11 DR. SHIPLEY: In New York City boroughs, about
12 320,000. Across the entire network about 950,000.
13 Again in 2021, slightly over 1 million patients.
14 During the pandemic, we did about 500,000 COVID tests
15 in the New York City boroughs. We diagnosed about
16 70,000 patients with COVID, treating them and keeping
17 them out of the hospital emergency department
18 flattening the curve. So I don't know if that is
19 answering the question.

20 COUNCILMEMBER NARCISSE: No, that answers the
21 question. Where are you most-- I mean, what my
22 question is, just I want to see how you strategically
23 placed them? Were they throughout Brooklyn,
24 different zip codes, different places in Queens, how
25 you plan to put them?

2 DR. SHIPLEY: We have we have a list which we can
3 submit to show--

4 COUNCILMEMBER NARCISSE: How did you decide-- My
5 question should be: How you decided where to place
6 the urgent care.

7 DR. SHIPLEY: Yeah. So I'm the Medical Director.
8 I'm responsible for clinical quality and safety. I
9 don't make the real estate decisions. I know that we
10 are in, you know, in the New York City boroughs and
11 Westchester, and Staten Island, and-- and Manhattan
12 and Queens, and Brooklyn. But again, I don't play a
13 role in deciding the locations of the centers. My
14 job is to stay focused on clinical quality and
15 patient safety.

16 COUNCILMEMBER NARCISSE: Because I know a lot of
17 people use urgent care. So thank you for your time.

18 MR. FLANAGAN: Councilmember, I'll take a stab at
19 that if it helps. We are-- Our GoHealth operations,
20 the urgent care centers, are a joint venture with
21 Northwell. And I think it's viewed in the context of
22 a couple of different things. Where's our footprint?
23 Where are we growing? And unlike a lot of other
24 healthcare systems, we are continuing to expand. So
25 we have close to 900 facilities outside of the

2 traditional hospital setting. And that's ever-
3 evolving, because of the evolution in healthcare
4 generally, insurance reimbursement issues, and things
5 like that. And some of it is a health-- a healthcare
6 compliant, in terms of where are we providing
7 services? Where do we see healthcare deserts, so to
8 speak, and what are we trying to do about that? So
9 it's a healthcare perspective, combined with a
10 business review.

11 And we can absolutely send you a list of the
12 facilities that we have. And you can let us know
13 what you think.

14 COUNCILMEMBER NARCISSE: Thank you. Thank you
15 chair.

16 DR. SHIPLEY: May I say one other thing? The
17 previous folks who were sitting at this table had
18 some comments about insurance, and I just want to be
19 clear, we accept every insurance that the health
20 system does including Medicaid, Medicare. So again,
21 we believe our centers do improve access and equity
22 to care. And again, reflecting on our strong track
23 record of patient safety and quality, we think that
24 this relief would help us continue to preserve that
25 mission for New Yorkers.

2 COUNCILMEMBER NARCISSE: Thank you.

3 CHAIRPERSON SCHULMAN: Thank you. I have no
4 other questions. Unless... what? Gale, do you?

5 COUNCILMEMBER BREWER: Dr. Shipley is my
6 neighbor. I have no questions. Thank you.

7 CHAIRPERSON SCHULMAN: That's a good thing,
8 doctor.

9 MR. FLANAGAN: What happens on the Upper West
10 Side stays on the Upper West Side, yes Gale?

11 CHAIRPERSON SCHULMAN: All right. Thank you very
12 much for-- for your testimony. We appreciate it.
13 And you know, we can-- we'll certainly work with you
14 to see what we can do to make sure that everybody has
15 access to healthcare, and the healthcare they need.
16 Thank you.

17 COUNSEL: Thank you very much for this panel.
18 Next, we'll be hearing from Greg Mihailovich, please.

19 Just whenever we're ready.

20 MR. MIHAILOVICH: Okay. Hi. Thank you for the
21 opportunity to be here. My name is Greg Mihailovich,
22 I'm the Community Advocacy Director for the American
23 Heart Association here in New York City. I'm very
24 excited for the topics of today's hearing. AHA is
25 the nation's oldest and largest voluntary

2 organization dedicated to fighting cardiovascular
3 disease and stroke. And we talked a lot about CPR
4 and AEDs, and we're very excited for the topic,
5 because CPR saves lives, AED saves lives.

6 And I just wanted to comment, a couple of things.
7 I won't go into the stats, because everyone covered
8 that, and I want to use my two minutes, you know,
9 efficiently.

10 Within Intro 975, with the CPR classes. Yay. We
11 love it. Just a little clarity about training-
12 versus-certification, because we get that kind of
13 question, where training is practicing compressions
14 and situational awareness, where certification is
15 actually like rescue breaths. And also specifying
16 where child and infant CPR classes are, because
17 those-- those are different. And a lot of times
18 they're included in parenting classes, but not
19 always.

20 Intro 814, with the AED reporting. Again,
21 there's some clarity-- clarity there. I'm happy to
22 see that Councilmember Krishnan was talking about,
23 like, upkeep and how often they're doing it. But to
24 your point, Chair Schulman, for children, you know,
25 over the age of eight, you can use a standard AED,

2 but one to eight, you have to use pediatric pads, or
3 AEDs that might have a kid switch that reduces the--
4 the voltage, and children you know, under one have to
5 use, you know, a manual defibrillator. So clarity on
6 on what's available there.

7 And then for the BP kiosks: Were a big fan of
8 Take The Pressure Off NYC. We're on the steering
9 committee. So we're very excited to see this kind of
10 renewed focus. But the kiosks, I think, are kind of
11 a old school way of doing things. I mean, we talked
12 about how self monitoring blood pressure at home is a
13 validated approach to managing your blood pressure.
14 And the kiosks that were placed.

15 It's funny you ask where they were. I actually
16 printed the city's maps, where they were placed. And
17 I'm happy to share it with the Council. I just
18 didn't want to share it before there. The placement
19 was a little uneven. So there were four on Staten
20 Island, none on the North Shore, which is, you know,
21 lower income black and brown communities. I think
22 there was only one in your district Councilmember
23 Ariola. I think there was only one-- there was only
24 one north of 181st street. So kiosks may not be the
25 best way.

2 So we would definitely support ways that we can
3 get BP cuffs into the communities, with community
4 partners, local health clinics for distribution so
5 people can monitor their blood pressure safely at
6 home. And I can leave this if people actually want
7 to see the maps. It's just city-- they put it
8 directly-- Oh, and most of these places have closed
9 by the way, the Rite Aids and everything is closed.

10 CHAIRPERSON SCHULMAN: We'll take it, and we'll
11 make sure that we document it.

12 MR. MIHAILOVICH: Yeah. So thank you for your
13 attention all this. Any way we can be a useful
14 partner, we're happy to assist in any way we can.
15 Thank you for the time here today.

16 COUNCILMEMBER NARCISSE: So you encourage the
17 blood pressure-- to have the machine at home.

18 MR. MIHAILOVICH: Yeah. Yeah, I mean-- the
19 kiosk-- we--

20 COUNCILMEMBER NARCISSE: The kiosk is the only
21 one--

22 MR. MIHAILOVICH: Yeah. We think-- I mean, in
23 the DOH-- to the document the DOH was talking about,
24 like the white coat syndrome where people are tense,
25 and the idea that-- I mean, you know, you're a nurse.

2 I feel like I shouldn't be saying this to you. The
3 idea that when more relaxed, they can do this.

4 I mean for personally, we're also seeing this,
5 like greater reliance on remote care because of the
6 pandemic. People are having their Zoom meetings with
7 a doctor. Just like we always said that people
8 should have thermometers at home, or the O2 monitors,
9 the idea that having your blood pressure cuff at home
10 really helps you manage your numbers a little better.

11 So they-- you know, they talk about like it's
12 covered by insurance. Not everyone has insurance.
13 Not everyone's insurance covers it. So the idea of
14 figuring out a way that we can get the cuffs into the
15 hands of people who need it, who maybe aren't going
16 to take a bus and travel for an hour to the nearest
17 pharmacy that has a kiosk, we think is, is meeting
18 people where they are and it really helps people have
19 that kind of health equity issue, and we will happy
20 to talk with you more about this.

21 COUNCILMEMBER NARCISSE: Okay. Thanks.

22 CHAIRPERSON SCHULMAN: Thank you, Councilmember.

23 Councilmember Ariola, do you have any questions?

24 Okay. Thank you.

25

2 COUNSEL: Thank you very much to this panel.
3 We're not going to call up Richard Flores please.

4 You can proceed when you're ready.

5 Hi, are you ready?

6 MR. FLORES: Yeah. I read on the website that
7 they were covering, providing vision testing and
8 eyeglasses to low income individuals, for residents
9 whose annual gross income is within 250% of the
10 federal poverty level. Is that correct?

11 COUNSEL: That's correct.

12 MR. FLORES: I wanted to testify simply, on
13 behalf of a personal reason that I think that the
14 healthcare system is-- is failing.

15 Regarding the urgent care centers, I have to be
16 honest with you, I've never ever gone to the urgent
17 care centers. I've always thought that the better
18 route, despite the budget reasons that you discussed,
19 was simply to go to the hospital to get care, and not
20 have a nurse or someone else see me and then refer me
21 to a hospital. I currently have Empire Blue Cross
22 Blue Shield as my insurance and I have Medicare and
23 Medicaid. So have Part A, Part B, Part C, and Part
24 D.

2 I went to the Eye and Ear Infirmary last Monday,
3 simply to get a test for my vision. I'd like to be
4 really blunt here, and hopefully you can use this
5 data for what it will be used for later.

6 Councilmember Barron may have a few remarks about
7 discrimination and racism in the system and how
8 that's impacting upon the system. The
9 ophthalmologist I saw was-- was this gentleman, Dr.
10 Aaron C. Brown, at the Eye and Ear Infirmary, and he
11 conducted the examination. What I'd like to say for
12 the record here was that he did a very, very poor job
13 of examining my eyes in the room. He didn't tell the
14 truth about any preexisting conditions that I have.

15 CHAIRPERSON SCHULMAN: Sir, if you want to make a
16 statement just about in general about the health
17 care, but if you're talking about a specific doctor,
18 individual, we can entertain that here.

19 MR. FLORES: Right. Well, I thought it would
20 work in conjunction with making the testimony. What
21 I-- What I've seen what my personal experience has
22 been is that there seems to be an endemic corruption
23 in the healthcare system and I'm sure I'm not the
24 only person that's experiencing it. That's even with
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2 the COVID-19 health crisis and other pre-existing
3 conditions that people have.

4 And I think that what that's doing is that's
5 making the system work harder and spend more money
6 and more individuals are sick and more people are
7 ill, as everyone knows, as a result of the fact that
8 the system seems to be not working correctly.

9 The budget proposals that you people make and the
10 policy decisions that you make, understandably, I
11 don't know it's full complexity. You know, a lot
12 more than I do. But I thought simply using my
13 experience, you can use that for your data and all
14 the other individuals that are impacted. And I just
15 wanted to use that example of that.

16 I find it just really kind of strange to be
17 honest with you, as a, as a civilian as a-- as a
18 citizen of the city, that the Committee understands
19 and has knowledge that this kind of thing is
20 occurring. And my question to you -- I'll stop here
21 -- is, what are you prepared to do about it? If you
22 if you can do something?

23 CHAIRPERSON SCHULMAN: This is-- this is a-- this
24 is a hearing for you to just give your thoughts on
25 not to-- we have a process here in the City Council.

2 You should contact your local councilmember, whoever
3 that is, to talk to them specifically about going
4 through that with them.

5 And we appreciate you bringing us the testimony
6 just about the particular place that you were at, and
7 so we'll take that in. We just can't be talking
8 about individual doctors, or individuals--
9 individuals, in general, is not appropriate for this
10 forum.

11 But we'll take in what you said and we encourage
12 you-- I encourage you to talk to your local
13 councilmember who can go through the process with
14 you. Okay, thank you.

15 MR. FLORES: Thank you.

16 COUNSEL: Thank you to this panel. At this time,
17 if there is anyone left in the room who would like to
18 testify, but has not done so yet. Please fill out an
19 appearance card and give it to the Sergeant at Arms.

20 And seeing none. We are now going to move to
21 virtual testimony. We have I believe one registered
22 panelist. So we're going to hear from Dr. Joseph
23 Talano, please.

24 SERGEANT AT ARMS: You may begin.

2 MR. TALANO: Can you hear me? Yes. Great, thank
3 you. And also I want to thank you for promoting me
4 to doctor. I am not a doctor but I appreciate that
5 nonetheless. Lofty goals for one day maybe.

6 But thank you to Chair Schulman and to the
7 Committee for the opportunity to provide testimony
8 today. My name is Joe Tolano. I'm a Senior Policy
9 Manager with the Primary Care Development
10 Corporation, or PCDC. We're a nonprofit
11 organization, US Treasury certified, CDFI, founded
12 located here in New York City.

13 Our mission is to create healthier and more
14 equitable communities by building, expanding, and
15 strengthening access to quality primary care.

16 Since our founding in 1993, PCDC has leveraged
17 more than \$1.4 billion to finance over 218 primary
18 care projects, helping to provide 4.6 million medical
19 visits annually, and creating or preserving more than
20 19,000 jobs in low income communities.

21 Regular access to primary care is internationally
22 recognized as a key social determinant of health, and
23 is associated with positive health outcomes,
24 especially when addressing common chronic conditions
25

2 like heart disease, the leading cause of death in New
3 York.

4 Primary Care reduces overall health healthcare
5 costs and is the only part of the healthcare system
6 that has been proven to lengthen lives and reduce
7 health disparities. PCDC urges the council to center
8 primary care in its efforts to increase access to in-
9 community health care. PCDC also encourages the
10 council to ensure that each health proposal within
11 the budget prioritizes and includes primary care
12 providers, patients, and the workforce.

13 More details are included in my written
14 testimony, but we also urge the council to increase
15 investment overall in primary care and to advocate
16 for related state policies, including restoring the
17 city's Article Six reimbursement rate to 36%.

18 As we continue to navigate the COVID 19 pandemic,
19 the city must think critically about the role of
20 primary care in its resiliency efforts planning for
21 future public health crises and accelerating efforts
22 to address health disparities that had been exposed.

23 Relating specifically to primary care access in
24 the city, PCDC's own research has indicated the
25 critical role of FQHCs in improving and protecting

2 Community Health. In 2021 PCDC conducted research on
3 the role of FQHCs on COVID outcomes and--

4 SERGEANT AT ARMS: Your time has expired.

5 CHAIRPERSON SCHULMAN: : No. Keep going. Go
6 ahead.

7 MR. TOLANO: Great. Thank you so much. I
8 appreciate that, Chair.

9 In 2021 PCDC conducted research on the role of
10 FQHCs on COVID outcomes and concluded that FQHCs
11 helped reduce community level COVID-19 mortality. We
12 encourage the Council to conduct a study of existing
13 FQFC locations to identify whether some areas would
14 benefit from additional facilities.

15 Much is already known about primary care
16 provider's role in the pandemic response. More than
17 a decade ago during the H1N1 crisis, PCDC worked with
18 _____, DOHMH, and City Emergency Management to
19 develop the Primary Care Emergency Preparedness
20 Network in New York City, and various studies suggest
21 that a similar network would have supported a better
22 pandemic response this time around as well.

23 Despite this primary care sector was largely left
24 out of the early COVID-19 planning, service delivery,
25 and mitigation efforts. Eventually FQHCs were

2 included in federal vaccine distribution plan, and
3 PCDC was grateful to play a role by providing pass-
4 through federal funding to FQHC support vaccine
5 outcome, outreach, and distribution.

6 With the much-appreciated support from this
7 Council, PCDC also undertook research regarding
8 access to primary care and the impact of COVID-19,
9 and determined that communities with less access to
10 primary care before the pandemic experienced more
11 COVID-related illness and deaths than communities
12 with better access.

13 My written testimony includes more details and
14 links to the City Council Primary Care Access
15 dashboard, and we're happy to provide additional
16 information.

17 We encourage the Council to support a thorough
18 review of primary care providers experience
19 throughout this pandemic.

20 We are also urge policymakers to ensure that
21 spending of primary care and preventive services
22 meets the demands of their communities so that people
23 can lead healthier lives.

24 We welcome the opportunity to work with Health
25 Committee and the Council to expand access to primary

2 care for all New Yorkers, particularly in those in
3 disinvested underserved communities.

4 We thank you for your consideration of our
5 recommendations and are happy to answer any
6 questions.

7 CHAIRPERSON SCHULMAN: Thank you. I don't I
8 don't have any questions. But we appreciate the
9 testimony.

10 MR. TOLANO: Thank you. And I appreciate the
11 extra time.

12 COUNSEL: All right, thank you very much. At
13 this time, if there's anyone else who would like to
14 testify virtually, but has not had their name called
15 please indicate that you would like to testify using
16 the Zoom raise hand function.

17 Seeing no hands, turning it back to the chair for
18 closing remarks.

19 CHAIRPERSON SCHULMAN: So I want to-- I want to
20 thank everyone today. You know, as I said earlier,
21 healthcare is a human right, but we have to get some
22 of the basics down so we're going to be making sure
23 that DOHMH and other agencies within the city come
24 together so that we can have a cohesive health system
25 that takes care of people regardless of their status,

1 COMMITTEE ON HEALTH

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2 regardless of their finances, and regardless of their
3 zip code. And with that I am adjourning today's
4 hearing of the Health Committee. Thank you.

5 [GAVEL]

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C E R T I F I C A T E

World Wide Dictation certifies that the foregoing transcript is a true and accurate record of the proceedings. We further certify that there is no relation to any of the parties to this action by blood or marriage, and that there is interest in the outcome of this matter.



Date 04/10/2023