CITY COUNCIL
CITY OF NEW YORK

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TRANSCRIPT OF THE MINUTES

Of the

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS

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March 4, 2016

Start: 10:25 a.m. Recess: 2:28 p.m.

HELD AT: Council Chambers - City Hall

B E F O R E:

MARGARET S. CHIN

Chairperson

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Chaim M. Deutsch

Mark Treyger
Paul A. Vallone

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Susan Choy Volunteer Korean American Senior Citizens Society of Greater New York

Sonia Vaserina Assistant Director Korean American Senior Citizens Society of Greater New York Senior Center

Debbie Quinones Vice-Chair Community Board 11, East Harlem

Rosa Concepcion West Harlem Group Assistance Advocate Communities for Healthy Food

Dr. Cynthia Maurer Visiting Neighbors

Melinda Howard

[gavel]

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CHAIRPERSON CHIN: Good morning.

[background comments] Welcome. I'm Margaret Chin,
Chair of the Committee on Aging; welcome to the
Fiscal 2017 Preliminary Budget hearing for the Aging
Committee, held jointly with the Subcommittee on
Senior Centers, chaired by Council Member Paul
Vallone. Today we will hear testimony from the
Department for the Aging, also referred to as DFTA,
regarding the agency's operation within its \$279.7
million proposed budget for Fiscal 2017, as well as
performance indicators for aging services within the
Fiscal 2016 Preliminary Mayor's Management Report.

Nearly one year ago we were talking about DFTA's Fiscal 2016 Preliminary Budget, a \$257.3 million budget that presented no new funds for seniors. Today I'm pleased to say that the Fiscal 2017 Preliminary Budget presents \$5.3 million in new needs for senior services, including a stable source of funding for elder abuse prevention that our seniors can count on for years to come.

In light of a recent study by LiveOn New York that found that over 100,000 low-income seniors have been languishing on wait lists for affordable

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housing for an average of seven years. I'm happy that Mayor de Blasio's housing plan aims to improve housing options as well as increase the supply of housing for seniors.

In the last round of budget negotiations, this administration met the Council on several issues and added additional funds for elder abuse and homecare wait lists; even with this additional funding, we cannot ignore the fact that DFTA's budget does not fully address the challenges presented by the growing number of seniors in our city.

In the Mayor's Housing Plan, he notes
that seniors constitute the fastest growing segment
of New York City's population, contributing to the
increased need for senior housing. The plan noted
that in the next 25 years New York City will have
over 1.4 million individuals over the age of 65.
Unfortunately, while the poverty rate for older
adults is decreasing nationally, the rate in New York
City is increasing. The Mayor stresses the
importance of maintaining a responsible government
and responsible budgeting, but the failure to fully
fund DFTA's core operation is not consistent with the
progressive values that our city seeks to embody.

Our mayor emphasized that this budget is making targeted investment in New York City's future.

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As Chair of this Aging Committee I share that goal; however, it is the Council that has stepped up to provide an increasing percentage of the share of DFTA's budget. While the administration's allocation for senior funding has remained mostly flat, we know that New York City's future has a much older population and that the number of seniors will only continue to grow. When we talk about making targeted investment in New York City's future, we must recognize the role that seniors play in our everyday lives; they are our friends and neighbors that look out for one another, they are volunteers who give their time to senior centers and civic associations and they are caregivers, taking care of their grandchildren when mom and dad are at work. Investing in our seniors is investing in our city. It's wrong to think that increasing DFTA's budget would only affect seniors; DFTA provides services that impact the caregivers and families of seniors; for this reason and many others, it's time we make investment in DFTA. Council funding currently supplements over 10 percent of the department's

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 9

budget; this is unacceptable, ongoing core operation should not rely on year to year Council discretionary

4 funding.

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As I stated last year, a responsible budget for our city must include a consistent and predictable funding stream for DFTA and its network; seniors rely on these services to remain healthy and age with dignity in the neighborhoods that they helped build. By keeping our seniors happy and healthy, our city will save money in the long run and that is truly responsible budgeting.

Before I introduce Council Member Paul
Vallone, Chair of our Subcommittee on Senior Centers,
I'd like to thank the Committee staff for their work
in preparing -- Brittany Morrissey, our Legislative
Financial Analyst; Dohini Sompura, our Finance Unit
Head; Eric Bernstein, Counsel to the Committee, and
Vincent Thang [sp?], the Director of Legislation and
Budget in my office. We will now -- oh, we are
joined by Council Member Treyger in our committee and
we will now hear from Council Member Vallone and
followed by DFTA's Commissioner, Donna Corrado, so
Council Member Vallone.

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CHAIRPERSON VALLONE: Thank you, Madame
Chair. Good morning to our super seniors; I see you
all out there; there we are. I feel like we have the
orange team, the blue team and the red team ready to
go, and I'm not gonna say who's gonna win; we're all
gonna win. The UPS has nothin' on you guys, right;
through wind, through rain, through snow and you all
made it.

You know in short, Margaret and I have done amazing things together with our super team for seniors in just two years and we plan on continuing that for as long as you'll have us and we want the most for you and our job is to try to ascertain the most money that we can get for all of our senior services and work with the administration to do that. Our great Commissioner here, Donna Corrado is doing her best and we are always on our side to help you, but then we're also here to push and get more, because that's what it's all about; we'd love to fund everything in the world we can, but we really think there are certain things that can be tweaked and be changed to make a huge impact on the largest demographic that our city has; that's still amazing that just in 10 years 50 percent of the city will be

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 11 more seniors, double; crazy stuff, just 10 years. So to us a budget must reflect that, you know it can't stay the same and can't just do miniscule increases; if you have 50 of the seniors that are gonna be doubled, you have to have a budget that reflects that and if it doesn't, we're always gonna be short, right, that's pretty much what's gonna happen, so we need to be able to be on top of that instead of stretching \$10.00 from here and \$10.00 from there to try to make things work. For me, on senior centers, it's really unfair what's happening there, how they have to try to use the core monies received to keep the doors open, pay the overhead, pay the utilities, pay the rent, pay the staff and then have \$5.00 left for lunch and programming; it doesn't work. So we're always trying to balance that, increase that, get the staffing and that's what you're gonna hear today, you're gonna hear words from a vision from the Commissioner and we as the Council who want to fight for more and I think that's in short what my statements will be and I look forward to working with the Commissioner and her staff and hearing their vision and thank you for coming out to this week's town hall; all of Northeast Queens was very thrilled

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 12 2 to see your whole team out there, so Madame Chair, 3 I'll turn it back to you. CHAIRPERSON CHIN: The counsel will swear 4 5 the panel in. COMMITTEE COUNSEL: Do you affirm to tell 6 7 the truth, the whole truth and nothing but the truth 8 in your testimony before this committee and to 9 respond honestly to council member questions? DONNA CORRADO: I do. 10 11 Good morning Chairperson Chin, 12 Chairperson Vallone, members of the Aging Committee; 13 Council Member Treyger. All of our seniors, we're all on the same team, remember, but thank you for 14 15 coming out in this inclement weather to be here to 16 support the Department for the Aging in the City of 17 New York; you're the reason why we're here today. 18 I am joined on this panel by Joy Wang, 19 our Associate Commissioner for Budget and Fiscal 20 Operations and Deputy Commissioner Caryn Resnick. Under the de Blasio Administration, more 21 than \$30 million of additional funding was baselined 2.2 2.3 in the department's budget. The baseline funding increases go towards core services at DFTA; this 24

includes congregate meals, home-delivered meals and

case management, new initiatives, such as the expansion of DFTA's Grandparent Resource Center, provides outreach to 15 New York City Housing Authority developments, which are the focus of the Mayor's Action Plan for Neighborhood Safety and also resulted in additional baseline funding.

In Fiscal Year 2016 the administration added \$3.2 million to DFTA's baseline budget as part of ThriveNYC, Mayor de Blasio's and the First Lady McCray's plan of action to guide the city towards a more effective and holistic system to support the mental wellbeing of New Yorkers. This funding will provide geriatric mental health services in senior centers and help combat social isolation experienced by homebound seniors through a friendly visiting program.

DFTA is also pleased to have increased its investment in elder abuse services citywide from \$800,000 to \$4.3 million this year. This unprecedented investment will allow for the deployment of multidisciplinary teams citywide to address the most complex elder abuse cases. We are grateful to the administration and to the Council for

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 14
their support of these efforts to serve some of our

must vulnerable seniors.

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The Fiscal Year 2017 Preliminary Budget projects \$279.7 million in funding; the budget includes allocations of \$121 million to support senior centers, \$36 million for home-delivered meals, \$24 million for case management services, \$18 million to support homecare for homebound seniors who are not Medicaid eligible, \$6.5 million for NORC programs, \$4 million for caregiver support services, \$3.2 million for ThriveNYC geriatric mental health initiatives, and \$4.3 million for elder abuse services.

We applaud Chairperson Chin, Chairperson
Vallone and the members of the Aging Committee,
together with our Speaker Mark-Viverito and the
Finance Chairperson Ferreras-Copeland for securing
more than \$30 million in Council funding for senior
services in Fiscal Year 2016, important initiatives,
such as expanding naturally occurring retirement
community programs, supporting our senior centers,
addressing case management wait lists, enriching
senior center programs serving immigrant populations,
providing services to LGBT seniors in every borough,
increasing arts opportunities for senior center

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 15

participants, enhancing elder abuse services were all made possible because of your efforts and your partnership with the administration to support these

5 important programs.

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Reducing high case management caseloads has been a priority for DFTA; the additional \$2.6 million for case management services this fiscal year helped bring caseloads down to 60 per case manager; previously caseloads were nearly 80 per case manager. In Fiscal Year 2016 the administration added baseline funding of \$1.8 million to expand the capacity of home-delivered meals by 5 percent. This funding led to an additional \$200,000 home-delivered meals for seniors in need. Also, DFTA utilized additional funding of \$4.3 million to address the waiting lists for DFTA's homecare programs. At the end of Fiscal Year 2015, DFTA case management agencies reported 316 clients on waiting lists for DFTA-funded homecare services; after a concerted effort on behalf of community providers to enroll clients and to expand hours for existing homecare clients, there is no longer any wait list for homecare services. This has been a great accomplishment, considering the process

to refer clients for homecare is comprehensive and time-intensive.

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As I referenced earlier, Mayor de Blasio and First Lady McCray released ThriveNYC: A Mental Health Roadmap for All New Yorkers last year. ThriveNYC includes two initiatives that focus on geriatric mental health; one initiative is to embed mental health practitioners in up to 25 senior centers, these mental health professionals will assist senior center members with issues ranging from depression and anxiety to highly disruptive behaviors. DFTA staff is developing the three-year pilot, which will be released this fall. DFTA budget includes \$1.4 million annually for the geriatric mental health and senior centers initiatives; in addition, DFTA is investing \$1.8 million to reduce social isolation and enhance vital social connections, as well as help identify possible social, health and mental health needs, which require a higher level of intervention. With this funding, DFTA will establish a friendly visiting program within our case management agencies and through the friendly visiting program a case management client who is socially isolated would be paired with a

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 17
trained volunteer who will visit the client for an

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hear at least two times a month. The home visits will be supplemented with a weekly phone call by the volunteer; these regular home visits will provide meaningful social contact and identify possible

issues requiring greater follow-up.

One key Medicaid redesign effort is known as Delivery System Reform Incentive Program (DSRIP). DFTA has actively engaged in planning efforts with the New York City Health and Hospitals on their DSRIP initiative, known as OneCity Health with the goal to reduce hospitalizations and improve population health outcomes; it is DFTA's objective to become an integral part of Health and Hospitals' network of safety net providers via evidence-based health programming, care transition initiatives and other supportive services. The initial focus on achieving linkages with Health and Hospitals through DSRIP is the establishment of a Care Transition Program at several Health and Hospitals' hospitals. program, DFTA-funded providers will work with the hospital staff to identify patients about to be discharged who could benefit from post-discharge assistance and support from our DFTA providers; such

assistance includes ensuring that the patient is taking their prescribed medications, following through on medical appointments and living safely at home. Health and Hospitals and the department have signed a Management Service Agreement to commence this work together and we expect to implement a Care

Transition Program later this year.

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON

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DFTA received a three-year grant totaling \$1.8 million from the Federal Transit Administration to provide application-based on-demand transportation services for seniors with disabilities in high-need areas. The membership-based service will use mobile technology to facilitate point to point trips in real time, similar to e-Hail, through a smartphone application or through a 24/7 dispatcher service. The service will guarantee roundtrip availability and users will have several options for requesting a ride from any location in the target area to any other point in New York City. Rides will be provided by commercial transportation services employing their own drivers. The Mayor's Office for People with Disabilities is a program partner for this grant and we are consulting with the New York City Department of Transportation on various program elements.

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As you know, SU-CASA is a community arts engagement program sponsored by the New York City Council, DFTA and the Department of Cultural Affairs. We thank the Council for their \$1 million in discretionary money in Fiscal Year 2016 which supported this program. Through the SU-CASA Initiative, artists and nonprofit arts organizations are placed in residence at senior centers across the five boroughs, providing arts programming for older adults. Artistic partners work in a variety of disciplines, including music, theatre, dance, poetry, ceramics, photography, writing, and many other activities. Each SU-CASA program engages participating seniors in an art project or a series of cultural programs throughout the course of a sixmonth residency. Each residency also includes a culminating public program component at the senior center, such as exhibits, reading, performances, open houses and other cultural interactions open to surrounding community. Continuing in the tradition of the highly successful Senior Partners with Artists Program Citywide (SPARC), SU-CASA greatly expanded art opportunities for seniors. In Fiscal Year 2016 102 artists and arts organizations were placed in

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 20 senior centers, which is more than double the number of the previous year's placements. We look forward to continuing the successful partnership with the Council and the Department of Cultural Affairs in the

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years to come.

DFTA is developing a bus and subway advertising campaign to increase elder abuse awareness and to promote its NY Connects Program. The elder abuse awareness campaign focuses on how all New Yorkers can recognize the physical, emotional, mental, and financial signs of elder abuse and report these incidences to 911, 311, to DFTA or our elder abuse providers. The subway and bus advertisements will be placed throughout the public transportation system scheduled for April 18th through May 22nd of this year. NY Connects: Choices for Long Term Care is a statewide system that provides comprehensive information on long-term care services and supports regardless of age, income, disability, or diagnosis. DFTA now has oversight and monitoring responsibility as the local administrative agency for NY Connects in New York City. The NY Connects advertising campaign will highlight the populations served by the system, the types of services provided and how to contact the

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program for more information. We expect that these bus and subway advertisements for NY Connects will run from July and again in October of this year. For both of these campaigns, posters will also be placed in 25 bush shelter panels and 25 kiosks citywide.

Seniors present the fastest growing segment of New York City's population, as was mentioned, and increasing the supply of affordable housing for seniors will become ever more important. The Mayor's Housing New York Five-Borough Ten-Year strategy includes a plan for senior units and to support senior housing nationally, President Obama's budget proposal for Fiscal Year 2017 also allocates \$505 million, which is an increase of \$72.3 million or 16 percent for Section 202 housing for the elderly program. We support the Mayor on all of its housing initiatives and very pleased that this administration is taking this head-on; it's the number one issue for seniors in this city.

Central to DFTA's mission is to meet the broad and wide-ranging needs of New York City's large and diverse older adult population; of the approximately 1.4 million older New Yorkers, more than 750,000 or 55 percent are immigrants. For 45

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 22 percent of New York City's ethnically diverse 2 3 seniors, English is not a primary language. 4 Immigrant seniors also comprise 65 percent of all 5 seniors living in poverty. To ensure all seniors have access to the comprehensive array of services 6 7 and opportunities within our network, we have 8 required that all DFTA-sponsored programs to submit a language access plan. We are also grateful to the Council for funding senior center services targeted 10 11 at immigrant older adults. This funding assisted 12 over-utilized DFTA-sponsored senior centers serving 13 large immigrant populations, such as Hamilton-Madison Housing City Hall Senior Center in Lower Manhattan 14 15 and Neighborhood Self-Help by Older Persons Project 16 Casa Boricua Center in the Bronx. In addition, non 17 DFTA-sponsored senior center providers serving 18 emerging immigrant populations received funding 19 through this initiative, including India Home, 20 Homecrest Community Services in Brooklyn, the Chinese-American Association and the Council of 21 2.2 People's Organization. 2.3 I thank you for this opportunity to testify about DFTA's Preliminary Budget for Fiscal 24

Year 2017; I look forward to our continued

partnership with the City Council and I'm here to answer your questions. Thank you.

[applause]

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CHAIRPERSON CHIN: Thank you. We've gotta do this; we can applaud, we've gotta do this. So we are also joined by Council Member Koslowitz from Queens.

Thank you for your testimony,

Commissioner; I'm gonna start off with a few

questions and then I'm gonna turn it over to Council

Member Vallone and my other colleagues.

I wanna start with a question about DFTA, in terms of your long-term strategy and outlook.

What is DFTA's long-term strategy in addressing the needs of seniors in this city; specifically, which program would the agency like to expand or create and ideally, how much more money would the agency need to expand or increase these programs? I think I asked you that last year too, your wish list... [crosstalk]

DONNA CORRADO: I think you could ask that any time; you know we can never have enough money, especially with an expanding population, but we feel with the programming that we have now we have adequate funding and we're certainly open to

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 24 increasing and expanding that funding and we really do appreciate the support of the City Council; this

is truly a partnership and we could not do this

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In terms of a vision for the department, it's certainly about capacity-building in the future; not only with core services, but developing new funding revenues and funding streams, really partnering with healthcare organizations and really developing senior services for the future and that includes really leveraging technologies as they -that there exist and they're growing and coming to be and we will be able to expand capacity hopefully much more efficiently using this new technology in the future. So yes, core services in terms of case management, I think that is the underpinning of senior services, certainly senior centers, homedelivered meals, transportation, so our core services will continue to expand, but how we deliver that really remains to be seen because we have to do it in this brave new world.

CHAIRPERSON CHIN: But really looking ahead though, in your testimony you focus a lot on what the FY16 budget allow you to do, but really,

looking ahead, some of the programs that you're talking about building capacity, there's gotta be a dollar amount attached to it; you wanna help the network of providers to be able to provide for more services; what I hear from providers is that they're really struggling, they have to raise money on their own to provide core services and they rely a lot on

10 use more resources so that they could provide better

volunteers, which is great, but they can definitely

11 services.

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DONNA CORRADO: They can; right? So we're in negotiations with the City Council and with OMB to support those services and the portfolio services we currently offer, in addition to providing additional funding for more services, yes.

CHAIRPERSON CHIN: Well let me move to the elder abuse prevention program. I know that we are very happy that in the preliminary budget it was baselined; we didn't have to struggle like last year, which we were not that happy because the money wasn't there, so in the Fiscal 2016 Adopted Budget, the Council added \$335,000 for elder abuse prevention and negotiated a one-time mayoral addition of \$2 million; now the Fiscal 2017 Preliminary Budget includes an

initiative that added \$3.5 million for elder abuse prevention; now this action baselined the \$2 million one-time mayoral allocation on top of the \$800,000 in existing baseline funds and added \$1.5 million to support the multidisciplinary elder abuse team, the MDT in every borough for a total of \$3.5 million. So what does the \$2.8 million for elder abuse prevention, excluding the funds for the MDT, currently support; how many contracts?

DONNA CORRADO: The \$2.8 million funds five elder abuse contracts operating at 12 locations and they provide services to an estimated 1,444 elder abuse victims. There is one contract per borough and the providers are Neighborhood SHOPP in the Bronx,

JASA LEAP in Brooklyn, The Carter Burden Center for the Aging in Manhattan, JASA LEAP in Queens, and The Community Agency for Senior Citizens on Staten

Island, also known as CASC. So far the programs have provided services to 644 new clients and to increase public awareness to the silent epidemic of elder abuse and highlight the services available, we are launching the elder abuse campaign that I mentioned earlier, so we're very excited about that.

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CHAIRPERSON CHIN: Now in terms of the multidisciplinary elder abuse team, what borough or part of the city has previously been served by this team and where in the city are the highest incidents of elder abuse?

DONNA CORRADO: You know this is a silent epidemic, so that's a question I cannot at this time answer; I would venture to say that every borough has incidents of elder abuse. Currently there is a multidisciplinary team that operations in Manhattan and Brooklyn and this funding will help us spread that to every borough.

CHAIRPERSON CHIN: Now what does the funding for the multidisciplinary team; what do they primarily support?

DONNA CORRADO: So the purpose of the additional \$1.5 million in new baseline funding is to expand the MDT model, which basically, the multidisciplinary team consists of a geriatrician, generally a social worker, a geriatric psychiatrist, and a forensic accountant and they are a team that basically consults on very difficult cases, so it's an essential coordinating role and it's essential to really deal with the issue in a real way.

CHAIRPERSON CHIN: So is DFTA gonna release an RFP for the MDT?

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DONNA CORRADO: I don't believe we're gonna issue an RFP, but we're working on developing our next steps and a plan for this.

CHAIRPERSON CHIN: Okay. In terms of case management and the Preliminary Mayor Management Report, now in order to address the case management wait list for nearly 2,000 seniors, the Council allocated \$3 million in Fiscal 2016 to DFTA, now these funds are utilized to supplement current funding to existing case management contracts in the department's budget, so what is the current case management wait list and what do you anticipate the wait list to be for Fiscal 2017 and how much funding is required to address the wait list?

DONNA CORRADO: Okay. You know we're very grateful for the \$3 million in discretionary funding that really address the wait list in Fiscal Year 2016, and this money has been used to serve 1,400 on the case management wait list since July of 2015; however, there still remains a wait list of 1,500 for case management services, and a key problem for addressing the wait list has to do with unstable

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 29 2 staffing and that's across the network; case management agencies are experiencing alarming staff 3 4 turnover rates due to low salaries, which is further exacerbated in some positions by not knowing whether 5 funding will exist for the jobs from year to year. 6 7 Systemwide, the average salary for a bachelor level 8 case manager is \$35,000 and the average salary for a supervisor is \$48,000. True for both case managers and supervisors, 32 percent of all case management 10 11 staff leaves their positions within one year and 12 nearly 50 percent of staff leaves their positions in 13 less than two years. If case management agencies 14 were fully staffed with a stable workforce, the 15 current wait list would be closer to 450 rather than 16 If the case management agencies do not have 17 Council funding in Fiscal Year 2017, we would expect 18 that this wait list will increase to approximately 19 1,100 and the average caseloads to rise from 60 per 20 case manager to at least 70 or more. And as of March 21 2016, DFTA has 20,500 clients, 19,000 active clients 2.2 and 1,500 clients on their wait list. 2.3 CHAIRPERSON CHIN: This is really

unacceptable; I mean no senior should be on wait

lists; that's what we were talking about last year

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 30 when we were fighting to eliminate the wait list on homecare, so this is also -- the case management is also connected with the homecare wait list because that funding is not baselined, the funding that we got from the administration last year, 4.25, right, to take care of the homecare wait list and that money was not baselined in the Preliminary Budget. these are core services, right, so when I asked my first question about ideally, you know how much more money DFTA would need, that should be added in there; right? And when you're talking about case management and really building up that workforce, there's gotta be a dollar amount to it; right?

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DONNA CORRADO: We're in negotiations with OMB at this time, really asking for additional funding to shore up the case management staffing issue, as well as for core funding.

CHAIRPERSON CHIN: So would that take care of the wait list for the case management?

DONNA CORRADO: Of course it would, yes; it would go a long way in dealing with that. You know there's always a balance between hiring staff to have a stable workforce and having services on the other end, so if you have a case management and they

have assessed the client, for example, and they assess that they need homecare or some other service, having funding to provide that service as well, so they go hand in glove and we need to shore up the staffing patterns so that even if we have money to provide the service, if we don't have the case management, it's for not and those wait lists will continue. So we need to do both of them simultaneously and we're currently in negotiations with the administration to provide the funding to do that also for additional core services, but more

CHAIRPERSON CHIN: Now have you also discussed with OMB about the homecare wait list?

importantly, I feel, to shore up the staffing.

DONNA CORRADO: At this time, yes we have and at this time I'm really happy to report that there is a great diminishment in the homecare wait list, so we're very grateful that the City Council providing funding to eliminate that wait list and we've accomplished that goal.

CHAIRPERSON CHIN: Well but my issue with that though is that if the money is not baselined, do we put the senior back on the wait list?

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 32 DONNA CORRADO: You know I'm hoping that 2 3 you would continue to support senior services in that way... [crosstalk] 4 5 CHAIRPERSON CHIN: Well we are, but this money, the 4.25 came from the administration; we took 6 7 care of the case management wait list, so I expect the administration, I expect OMB that they really 8 9 need to baseline this number, because we don't wanna put seniors back on a wait list. 10 11 DONNA CORRADO: On one wants to do that. 12 CHAIRPERSON CHIN: Yeah. And the same 13 thing with the case management, it's a core service, so it really doesn't make sense for the Council to 14 15 have every year to do discretionary funding; I mean 16 DFTA, we love you, but you are a mayoral agency, 17 you're not a Council agency, so when I first asked 18 you about, you know, the amount of funding that you 19 really need, that should be included in there. 20 CHAIRPERSON VALLONE: Margaret's fired up; you're in trouble now, Donna; I'm just saying, 21 2.2 when Margaret gets fired up, you'd better just be 2.3 careful. CHAIRPERSON CHIN: No, because ... 24

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[interpose]

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 33 2 DONNA CORRADO: Those conversations are 3 ongoing, 'cause you know we're actually on the same 4 page here, so those conversations with OMB are 5 ongoing. CHAIRPERSON CHIN: Well I just wanna let 6 7 Director Dean Fuleihan know we're on it again, you 8 know because we're not gonna allow seniors to go back on wait lists and these are basic core services --[interpose, applause, background comment] these are 10 11 basic core services that the administration should be 12 funding and I hope to see that in the Executive 13

Budget and I think with our conversation earlier that it's not just enough to have \$3 million for the case management, right, 'cause what is the total amount that you think will make that whole in terms of helping to build capacity and stabilize the workforce

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for case management?

DONNA CORRADO: Well naturally, the \$3 million, as you mentioned, but also around \$11.5-12 million to stabilize the workforce.

CHAIRPERSON CHIN: So altogether, about \$15 million...

DONNA CORRADO: That's correct.

CHAIRPERSON CHIN: for case management?

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 34 2 DONNA CORRADO: Yes. 3 CHAIRPERSON CHIN: And the homecare, 4 4.25; is that enough? DONNA CORRADO: To stabilize it and to 5 continue as we are now, yes. 6 7 CHAIRPERSON CHIN: Okay. So we are gonna add all that together; minimal, that should be in the 8 Executive Budget, okay. I'm gonna take a break; I'm gonna turn it 10 11 over to Council Member Vallone. 12 CHAIRPERSON VALLONE: Well I was just 13 gonna jump in, since we're talking about case 14 management, so instead of reinventing the wheel each 15 time. So Commissioner, thank you. 16 On the 17 casement, let's just -- since we're talking about 18 that and services really start when 311's called for 19 the first time and that opens up the door to a whole 20 myriad of questions that come in on support of our 21 seniors, and then we were talking about even last year how best to deal with that and we had a task 2.2 2.3 force that we led to talk about case management and Adult Protective Services (APS) and the correlation 24

between the agencies and at that time it showed that

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we were short, that we could do more and so that's why Chairman Chin and I are fighting for the baselining aspect of it, 'cause to have the fight every year for the same — that we all agree on, core service, is tiring; we wanna see that there, but part of the case management is also the staff and the staffing concerns. So from last year to this year, have there been any changes on the type of staff hired and the salaries that are provided?

and there has been no change for many many years and this is the result of many years of disinvestment in human services in general and geriatric services in particular. So the difference I think between this year and last year is that there's market competition, so we're necessarily competing against other service sectors for the same number of social workers and the same number of workers, so now they have opportunities in other sectors so there's greater turnover.

CHAIRPERSON VALLONE: Well that market competition should be addressed and I think at some point we have to talk about salaries for staffing, 'cause when I go into my senior centers and I speak

1	COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 36
2	to my providers, one of their greatest challenges is
3	retaining staff and one of the greatest hurts by the
4	seniors is that they lose someone that has befriended
5	them and helped them.
6	DONNA CORRADO: Nobody wins, no one wins.
7	When when [crosstalk]
8	CHAIRPERSON VALLONE: So
9	DONNA CORRADO: when salaries are so low,
10	the seniors don't win, there's no continuity of care;
11	you can talk about wait lists, but they don't
12	necessarily move off the wait list as quickly as we
13	would like them to do and no one wins, so this is
14	something that needs to be addressed and we're in
15	discussions with OMB to just address that issue.
16	CHAIRPERSON VALLONE: So would the \$15
17	million then, if we're talking about numbers that
18	would kind of satisfy that, I don't think that would
19	include salary increases, would it?
20	DONNA CORRADO: Yes it would.
21	CHAIRPERSON VALLONE: It would. So if we
22	were able to fight for that extra \$15 million, then
23	we could be able to take care of and get some much-
24	needed raises for our staff?

DONNA CORRADO: I believe so, yes.

CHAIRPERSON VALLONE: Well that's a good fight to have.

DONNA CORRADO: Uhm-hm.

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CHAIRPERSON VALLONE: We wanna help to fight these fights; that's what we're here for; we wanna make sure, but we wanna see you take the lead, especially, you know in Preliminary Budget; we wanna make sure that during exec time we can get these things added in.

Lots of good things that you outlined in your testimony, but what we wanna do is make sure that we fully understand what each one of these are. So the one that got my eye, because it's the one in — my district is Northeast Queens and I don't think my district is different from many of the outer borough districts and the lack of transportation alternatives, not just for seniors, but just the entire district; the trickle-down effect of that is I have landlocked seniors who can't get to the very few senior centers I have and can't get to the places and the doctors that they'd like to go to and the family they'd like to see, so you've put broadening transportation options for our seniors and I think you have also something that's being released next

1	SENIOR CENTERS 38
2	week on a transportation plan; is there anything that
3	you can tell us in anticipation of that report that
4	we can further what we're gonna do here?
5	DONNA CORRADO: Sure. This
6	transportation RFP is now under review with the
7	accelerator program and it'll be released soon; this
8	is the you know DFTA has a small transportation
9	component to it, it's not the paratransit system, as
10	you know; these are the stand-alone transportation
11	contracts; that is in the system right now and that
12	will be released soon; we're trying to you know
13	we've… [interpose]
14	CHAIRPERSON VALLONE: Do we have better
15	than soon?
16	DONNA CORRADO: What?
17	CHAIRPERSON VALLONE: Do we have a better
18	definition of soon [crosstalk]
19	DONNA CORRADO: Well it should be it
20	should
21	CHAIRPERSON VALLONE: next week; this
22	week?
23	DONNA CORRADO: Within the next few weeks
24	I would say. I mean I have no control over it
25	CHAIRPERSON VALLONE: Before spring then?

DONNA CORRADO: Before spring.

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CHAIRPERSON VALLONE: Before...

DONNA CORRADO: Yes. And this RFP amount increased by \$400,000 and it will offer more flexibility and increasing the geographic range, so I believe at one of these other hearings last year one of the major complaints was the restrictiveness of that particular transportation program, so we've really opened up those geographic areas and I also mentioned that we received some federal funding to pilot some new initiatives around transportation using mobile technology.

CHAIRPERSON VALLONE: So even though it'll be released in the next couple weeks; when will we actually start to see some of these...

DONNA CORRADO: In July 2017 those contracts will begin. We currently have a system, it's not perfect; this hopefully will improve that transportation option that we have, but there is always need for additional transportation and especially in Northeast Queens, where you know we have people who relay on transportation in order to get from here and there, so that's always been an issue; this is just one step in the right direction.

CHAIRPERSON VALLONE: Yeah, we don't even have a train out by us, so...

DONNA CORRADO: I know.

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CHAIRPERSON VALLONE: it's tough to get around.

DONNA CORRADO: And it's hard to get workers, actually.

CHAIRPERSON VALLONE: Well that came up in another hearing; not only is it difficult for the seniors, but the staff from the City agencies have a very difficult time providing those HRA services or DFTA services to our districts out in these landlocked districts, so they can't get there or it takes two hours to get there. On that front; will the employees be able to benefit by making downtiming the amount of time it takes to get to these seniors, 'cause that's also another problem; I have staff that gets lost in the woods trying to get to my district and my seniors?

DONNA CORRADO: This particular option is for seniors and not necessarily for staff; I mean I think that's an ongoing conversation that we should have because you know, if staff can't get to work, that's a problem and certainly homecare workers can't

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 41 get to clients, it's very difficult, so we do have a 2 3 gap in terms of our homecare agencies, there are certain areas that even though we have funding to 4 provide the services, we cannot get workers there, so I think that's a future discussion; we have to tackle 6 that head-on... [crosstalk] CHAIRPERSON VALLONE: Is that tracked 8 9 now? A homecare worker... [interpose] DONNA CORRADO: Yes. 10 11 CHAIRPERSON VALLONE: if a senior or a 12 citizen is waiting for a homecare worker and they're 13 an hour or two hours or don't show up; is that data available now? 14 15 DONNA CORRADO: It's through the homecare 16 agencies. Yes, they do track that. 17 CHAIRPERSON VALLONE: So I see Margaret, 18 we have something for a future conference that we can 19 tackle; I think that that is something that we hear

As you know, we championed for elder abuse last year; we're happy to see the money back; I know it's not baselined, but we want to continue that; when you hear the testimony from the district attorneys, it's not good; the district attorneys

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often on that.

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 42 throughout the city all agree that elder law abuse is one of our number one crimes and fiscal abuse always tends to be up there at the top and as an elder law attorney for almost 25 years, I can't tell you how many of my seniors have come to me and brought that up. I still don't think it's enough; I think we need an overall plan in conjunction with the criminal system to bring awareness; I'm happy about the advertising, I think that's a great step, because I think a lot of people aren't aware what to do about it and that's why APS keeps coming into this, because if there is a senior that is being abused and there is no one to protect that senior; that's where Adult Protective Services gets involved to take a look at it and that brought their case management through the roof too, so all of that's connected. Can you tell us anything here for maybe the next steps on this program for... [interpose]

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DONNA CORRADO: Well I think it's a learning process for us as well, we have five community provider agencies that now have more funding and better staffing to deal with the legal issues as well and they're building capacity within those programs, so I think we'll learn with them

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS

43
together; certainly the multidisciplinary teams, as they are formed and we find out more and serve more clients, we'll be able to grow the program appropriately.

CHAIRPERSON VALLONE: Well we wanna work with you on that; I think that's an area that needs to be expanded.

Supporting affordable senior housing, I don't think there's one council member who says they have enough, so we're with you on that. I think unfortunately the component of the Mayor's ZQA and MH1; we had many conversations with the providers on that; this was the best part of it, but so many of the arguments against it had nothing to do with this, so we were trying to find a way to resurrect and fight for this aspect of it if there were other concerns that really had nothing to do with senior housing, and I think we may need to revisit that, depending on whatever happens with the vote coming up, that this issue itself can stand alone and not be packaged in anything else, because it's enough to fight for just by itself, so you'll have our support to try to work on that.

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It's funny; every time we had council members who were voting against something, no one voted about this component -- oh yeah, we all want senior housing, but it's stuck in with everything else, so it was getting pushed to the back and that's where our hands were tied.

DONNA CORRADO: Well we appreciate that support.

CHAIRPERSON VALLONE: The immigrant seniors, 55 percent of our seniors are immigrants, so again, I use Northeast Queens as a great example because I have a huge Asian population with Korean and Chinese immigrants, Mr. Kim over at KCS is my guiding light there, and I see you put language access plans, so can you explain that part to me? It's a DFTA-sponsored program to submit language access plan. Because simply, the number one ask I get when I go to my immigrant senior centers is they don't have a DFTA employee that speaks their language, period. They don't want a translator service; they want someone to speak Korean, they want someone to speak Chinese; they want someone to speak their language so that -- translating, it gets lost. I think the first... the easiest step we could do is to

hire enough staff for all of the amazing languages that are spoken here in the city to deal with it.

DONNA CORRADO: Right, ideally that would be the ideal situation where they have staff that speaks the language and in those instances where they do not speak the language, and many centers are multicultural, right, so they have staff and more languages, for example in Sunset Park, I went to a senior center and they had different parts of the center where different cultural groups congregated and they were all doing the same activities, but they had translation of programming and what was going on sort of in the center stage of the senior center. So ideally they would have multiple staff speaking many languages, but in those instances where they do not, they have to have some plan so that they can have translation of some sort... [crosstalk]

CHAIRPERSON VALLONE: So when does that... When do those plans get submitted to you then?

DONNA CORRADO: This will be -- beginning in July we'll be assessing; we've already put out the notice to the community service providers and we'll be assessing that next year.

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CHAIRPERSON VALLONE: Is that gonna result in any additional RFP or anything or is that just gonna be handled internally?

DONNA CORRADO: That'll be handled internally. That's just the plan for everyday operations for our centers.

CHAIRPERSON VALLONE: So you hear that, they're waiting for input from our providers by July 1st, so get on that everybody out there; my orange, blue and red teams, they wanna hear which languages work the best with translators.

My last point for now, so we can give some of the other council members chances on the NORCs; I am a, as I think we all are, a huge proponent of our Naturally Occurring Retirement Communities; I don't think we have enough, I don't think we do enough for the ones that we have; I don't think we can rely on the State to provide the Neighborhood NORC system alone. We were just talking about it with Margaret's last hearing about separating ourselves from the State and what we can do as a city, especially for the Neighborhood NORC model. Again, Northeast Queens, like all of the other boroughs, is a good example of a neighborhood

SENIOR CENTERS 47
that doesn't have the classic NORC, but fits more of
the models of a Neighborhood NORC and then we get

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON

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4 told, well the State does that and you know, you get

5 | your -- my Sicilian side gets all riled up and says

6 hey, I wanna be able to do more for our Neighborhood

NORCs. Are there any plans or thoughts for expanding

8 the Neighborhood NORC program on a city level?

DONNA CORRADO: On a citywide level there are some plans to expand NORCs; as you know, in Staten Island and Queens -- thank you for that -- you know we're taking it on a case by case basis and we are hoping that we can work with the Council for the Council to identify those areas where a NORC would thrive, so it's about community organizing, so if you have suggestions, you know we will work with you; it's a process and the first part of that process is identifying where it makes sense to put a NORC and making those connections and doing some of that community organizing, because you know better than we do what the sum total of community groups and partnerships that can be made in particular communities, because it is very local.

CHAIRPERSON VALLONE: But didn't we do that when we launched the last RFP; didn't we create

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS

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the list of neighborhoods that would need a NORC and for lack of funding there were certain neighborhoods that just didn't get picked up? We have that list, so… [interpose]

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DONNA CORRADO: You have the list.

CHAIRPERSON VALLONE: so if we were to throw a magic number -- I don't know, \$15 million's been a good number so far -- if we were to create another \$15 million -- or what number would we need to get to the Neighborhood NORCs or the NORCs that were not picked up during the last RFP that were approved and were vetted and were good providers, but just for funding didn't get picked.

DONNA CORRADO: Yeah. Some... some didn't... [crosstalk]

CHAIRPERSON VALLONE: So to me that's like the group we could immediately hit.

DONNA CORRADO: Right. Some didn't get picked and the additional \$4 million, we were able to pick up several others. I believe you're referencing those that were outside of the RFP; for whatever reason were found unresponsive, and the Council had to pick up. They will continue to have to be funded by Council in order to continue with those NORCs,

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 49 2 only because we have no procurement mechanism to take them on, if the funding was baselined. 3 CHAIRPERSON VALLONE: Well that's what I 4 5 So if we were to say funding was available -mean. this is what I just wanna get to -- how many of those 6 7 NORCs are left to be picked up that have already been 8 identified as approved? 9 DONNA CORRADO: We would have to issue a new RFP, a brand new RFP... [crosstalk] 10 11 CHAIRPERSON VALLONE: The last one was three years ago... 12 DONNA CORRADO: for those -- were they 13 four, four NORCs I believe that were on that list 14 15 that the Council's currently funding; I believe we'd 16 have to RFP for them... [crosstalk] CHAIRPERSON VALLONE: And... 17 18 DONNA CORRADO: and they may not -- you 19 know, may lose in the RFP process; that's the risk 20 there. 21 CHAIRPERSON VALLONE: Well I don't mind 2.2 that, you know, but it gives a chance for these new 2.3 neighborhoods that the council members have been fighting for, new models to be created; expand the 24

model that's been working, listen to our seniors and

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 50 saying what works and how to age with dignity at home and how we can get services in that type of environment, since many of our seniors can't get to a senior center, so we have to bring the services home and that Neighborhood NORC really, to me, is the future of where our seniors are gonna be, because we wanna keep them where they wanna be and that's home; that's our first choice...

DONNA CORRADO: Agree.

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CHAIRPERSON VALLONE: dignity. So if we can get services there, like we did with the Virtual Senior Center, we were able to expand services to the seniors who couldn't get to the senior center; those are the types of programs I think we can, in the short, expand... [interpose]

DONNA CORRADO: I agree and you know, there's many different models and based on the community and based on the providers in there, there are many different models; the NORC is one model, Neighborhood NORC is a different one; we have some very indigenous groups that start their own NORCs basically from nothing, neighbors helping neighbors and whatnot and there are so many more that, you know we don't hear about them, but they're out there and

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 51 we need to look at, you know, different ways that we

CHAIRPERSON VALLONE: So lastly, the reimbursement for senior centers for their core services, you know we established that the staff hasn't had raises and that we'd like to get staffing [inaudible] for years, so we're losing our staff.

When was the last time there was an adjustment to the senior centers for their core services that they get reimbursed for by the City? And do we have an estimate as to what that average amount is?

DONNA CORRADO: [background comments]

JOY WANG: Sure. So I think the

Commissioner had said previously that since the de

Blasio Administration, DFTA has received \$30 million
in baseline funding and of that \$30 million baseline
funding -- just give me a second -- over \$10 million
has gone toward senior centers. Currently as well,
there's the 2.5 percent COLA funding, which senior
center staff would also be eligible for. In
addition, there's a State direct service worker
increase of 4.5 percent and that's gonna go towards
staffing as well, direct service workers.

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can serve seniors.

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON
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    SENIOR CENTERS
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                CHAIRPERSON VALLONE:
                                      One more time with
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    that. So what was the increase; I was having a
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    microphone change here?
                JOY WANG: Oh. So since the de Blasio
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    Administration, DFTA has received $30 million
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    baseline funding; of that, over $10 million has gone
    toward senior centers. In addition, in terms of
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    wages, the City has put up 2.5 percent for the City
     COLA, raising the base wage no lower than 1150 [sic]
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    per worker. DFTA is also receiving this year a State
     direct service worker increase of 4.5 percent for
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     direct service workers.
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                CHAIRPERSON VALLONE: So those increases
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     are for staff increases?
                JOY WANG: That's right.
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                CHAIRPERSON VALLONE: Is there anything...
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     [interpose]
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                          Uh no, for... I'm sorry, over
                JOY WANG:
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     $10 million is for senior center programming and a
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    lot of the programs have decided to put towards
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     staff, so it wasn't designated for salaries.
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                CHAIRPERSON VALLONE: Do we know what
    that comes out to as an average senior center
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     reimbursement for their overhead?
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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS JOY WANG: There's a huge range in senior 2 3 center reimbursement; I know that with the City's 4 support from the rent money that right now rent is no more than 28 percent of the total budget, so other than that, almost all the money goes towards food or 6 7 staff. 8 CHAIRPERSON VALLONE: Has there been a 9 change -- when's the last time there's been a change on that percentage? 10 11 JOY WANG: Last year, with the City Council support for rent monies. 12 13 CHAIRPERSON VALLONE: Well that's with 14 our... 15 JOY WANG: Yeah. Yeah. Yes. 16 CHAIRPERSON VALLONE: with our help, but what about on the DFTA side or on the administration 17 side? 18 19 JOY WANG: It's from the \$10 million, 20 that basically, when the money went in for senior centers, the senior centers used it and a lot of 21 2.2 money went towards retaining staff, increasing 2.3 salaries. CHAIRPERSON VALLONE: Well what I'd like 24

to do and I think this is how I'll end it; is if we

1	COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 54
2	could follow up on where we are on the current
3	reimbursement level on services that we are
4	reimbursing for and what the senior centers are
5	providing their list of expenses and how they've
6	grown from overhead, insurance, salary cap, staffing,
7	programs, and where the shortfall is made up.
8	JOY WANG: Yes.
9	CHAIRPERSON VALLONE: Thank you very
10	much.
11	CHAIRPERSON CHIN: Thank you. We also
12	have been joined by Council Member Deutsch; we have
13	questions by Council Member Koslowitz.
14	COUNCIL MEMBER KOSLOWITZ: Thank you,
15	Madame Chair and it's good to see you, Commissioner.
16	Council initiatives; are there any that
17	can be baselined more?
18	[background comments]
19	DONNA CORRADO: So as I said, you know
20	there was a at the end of the Bloomberg
21	Administration there was a huge baselining and since
22	then, you know those were baselines; that was \$20
23	million in baseline funding, and then some of the

Council initiative monies were absorbed in that

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON
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    SENIOR CENTERS
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    baseline and then as Council gave new monies for new
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     initiatives, they are not baselined, no.
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                COUNCIL MEMBER KOSLOWITZ: Do you see any
     that can be?
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                DONNA CORRADO: Oh I'm sure if we went
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     through the list there are some that conceivably can
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    be, but we really do count on the Council's support
     from year to year; this is a partnership; we would
     not be able to do what we do without the Council's
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     support.
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                COUNCIL MEMBER KOSLOWITZ: I know, but is
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     there any that you would like to see baselined that
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     you can't get our support?
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                DONNA CORRADO: I would have to go
     through the list and I'm sure there are some.
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                COUNCIL MEMBER KOSLOWITZ: Can you let us
     know?
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                DONNA CORRADO: I will do that, yes.
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                COUNCIL MEMBER KOSLOWITZ: Okay. Also,
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     why does it take so long for contracts to go through?
                DONNA CORRADO: Because this is a
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    bureaucracy, unfortunately and it's not a perfect
     system, but it's something that I think, you know,
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     Council Member Rosenthal is working on how to shore
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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 56

up the whole contracting system and it really is just something that could use some improvement and there are ways that -- we like to expedite projects, so don't necessarily, I wouldn't say by pass that contracting system, but with our new initiatives we're trying to find the most expeditious ways to get the services to our seniors and not necessarily have to go through that long-drawn-out procurement process when we can, but still keep it in a way that's legal and fair and ethical.

COUNCIL MEMBER KOSLOWITZ: Also, senior centers; how many senior centers have opened in the past two or three years?

DONNA CORRADO: In the past two or three years I don't believe we opened any new senior centers in my administration, but those innovative senior centers at the end of the Bloomberg Administration -- well the innovative centers were the last ones, but we did assume sponsorship of 15 NYCHA senior clubs that was, I would say -- they're not new, but they were new to DFTA and DFTA assumed sponsorship of those existing centers and we're currently evaluating the balance of 17 centers;

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 57 whether or not it's viable for DFTA to take those 2 3 over as well. 4 COUNCIL MEMBER KOSLOWITZ: Alright, I 5 have a very large Bukharian community in my district; it's Forest Hills, Rego Park, Kew Gardens, and 6 7 Richmond Hill. When they go to the regular senior centers they just sit there because there's no one 8 there that communicates with them, so basically they'll come to lunch, have lunch and then they 10 11 leave, because there's nothing else they can partake 12 in. Is there anything I could do to get the 13 administration to open another senior center in my community? 14

DONNA CORRADO: Of course you can always advocate for that, but I don't necessarily...

[crosstalk]

COUNCIL MEMBER KOSLOWITZ: I'm been advocating for that for...

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DONNA CORRADO: no offense... but if... what you can do is, you can work with a constituent group to start to build capacity so that they can conceivably manage a senior center in the future; it's not like, you know here's a senior center, you can do it; you have to have a community provider

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON
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    SENIOR CENTERS
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     who's willing and able to manage a government
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     contract and as you know, that takes time and it
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     takes some capacity to do that, so I think that it's
     a process. You can look for other -- and we can help
     you with this and look at other community service
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    providers that are willing to work along with this
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    new emerging group...
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                COUNCIL MEMBER KOSLOWITZ: Yeah, I'm sure
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     I can get that.
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                DONNA CORRADO: Yeah, so we should be in
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    more conversation; we'd like to do that, we've done
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     it... [crosstalk]
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                COUNCIL MEMBER KOSLOWITZ:
                                            Okay.
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                DONNA CORRADO: many many times.
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                COUNCIL MEMBER KOSLOWITZ: Thank you and
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     thank you.
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                CHAIRPERSON CHIN: Council Member
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     Treyger.
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                COUNCIL MEMBER TREYGER: Thank you, Chair
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     Chin and Chair Vallone for your leadership and
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     advocacy year after year for city's seniors.
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     Welcome, Commissioner; I wanna first say that your
     office and the Deputy Commissioner's and your staff
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have been very responsive to whenever I reach out

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with questions or sometimes bug them; they get back and I do appreciate that.

I have a couple of questions first relating to the level of discussions, coordination with DFTA and I quess the Mayor's office with regards to the housing plan, we're hearing that with, you know ZQA and others, the whole push is to try to expand the number of senior housing units across the City of New York, which is a very noble goal; the question I have is that if we have existing capacity issues with DFTA, what assurances do we have that we're gonna accommodate the growth of senior housing, because more senior housing will mean that there will be more needs on-site; it is the ideal picture that new senior buildings that will be built will have centers in place or have facility spaces in place that could accommodate the needs of those seniors, so what discussions or what assurances can you give us that planning for more senior housing is hand in hand with building capacity for DFTA to meet the needs of those seniors as well?

DONNA CORRADO: Well we could never have enough senior housing, so these seniors exist and they're currently on wait lists or they're

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 60 languishing somewhere in apartments and not being 2 3 able to afford rent or in not ideal living 4 situations, so building senior housing has really nothing to do with the department, but how we support 5 them; those resources are currently available in the 6 7 community through existing senior centers and through our existing portfolio of services, so we feel we 8 have adequate resources to take care of anyone in the 9 five boroughs, so building senior housing is really 10 11 not part in parcel. What we can do, and I believe 12 with the new senior housing, as it's being built, 13 there is more community space in anticipation of putting in or moving in an existing senior center in 14 15 that community into some very nice space in new 16 buildings, so where we can do that we will do that 17 and we are -- you know, we assess that community by 18 community if there is an opportunity to move a center 19 that's in the neighborhood already and is in space 20 that could better be accommodated within new senior 21 housing, we'd love to do that. It's not necessarily 2.2 when you build the senior housing those supports 2.3 become more and more essential; the longer that senior housing building exists, so it may not be in 24

the first year or two or five years, but certainly as

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 61

these seniors continue to age in place, having senior services on-site becomes more and more paramount, so we'll deal with that on a case by case basis, but we can never have enough senior housing.

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think that senior housing is one of the most pressing needs we have in this city; every day calls go into my office about the need for senior housing; it's just that it's my view that seniors are not just sardines being stuffed into a building; we need to make sure that their needs are being met day in and day out, so you know and that -- I just expect our government to kinda talk to each other and make sure that if there's a plan for a senior building to be built up that the community space be used for seniors and not for something else and that we're building capacity.

I just also wanna just say that we've received news that social security, fixed income, it's not being reflective of the cost of living really for our seniors, social security really remains flat, but the cost of living continues to rise and there is, my sense, greater social insecurity for our seniors and most vulnerable in our

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 62 city and across our country. What can we do to help offset as much as possible the day to day cost of living for our seniors? I know the Council funds and the administration also funds, for example, Meals on Wheels; I do believe that that's like only one meal although per day; what can we do to help provide even more meals -- breakfast, dinner, weekends -- what can we do and how much money will it take to make sure that we try to offset all of these costs of food? Food is something that we can be very helpful in, but what can we do to -- has there been an analysis done of where we could step in to help offset the rising cost of living for our seniors?

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DONNA CORRADO: Well I think the number one thing that you can do is access to benefits, so where those seniors, if they come into your office and your neighborhood, is to make sure that they are getting everything it is that they're entitled to or that they can access. So access to benefits is the number one thing; certainly we can help with food and security by sending them to a senior center and introducing them to a senior center if they don't already go to one or if they're homebound, we can provide home-delivered meals; certainly that does

offset the cost. But I would say the number one thing is if they are eligible to get their rent frozen, that they participate in any number of the SCRIE program or [inaudible] and certainly any other benefit that they're entitled to, so we can help you with that; you can call 311 or call DFTA directly and we'll be able to provide that screening for you or if you have any questions in your office -- and I know

you do this already, but you know there are many many

seniors out there that are not accessing benefits and

that could be, so that's the number one way.

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON

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COUNCIL MEMBER TREYGER: Alright. And I just think that we could do more; certainly I'd like to work with my colleagues in the Council on expanding and building the Meals on Wheels program or home delivery programs, because I think that we should and we could do more.

And I also just wanna also mention; we hear data about the growing immigrant senior citizen population; I just wanna make sure that our contracts are reflective of that growing demographic. One of the groups that serves my district and I think it serves my colleague's, Councilman Deutsch's as well and others, it's an organization called Homecrest,

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 64 which, talk about capacity, they are at capacity, their two centers are at capacity, but they only have a contract for one of their centers and not for the other and when you do an analysis of these organizations that serve predominantly immigrant communities, they're hurting and they constantly rely on Council discretionary funds just to make ends meet. Are there any plans to expand or to open up new contracts to meet this growing need? I mean their centers are at capacity and they are growing and the demographic continues to grow; matter of fact, there was an article in the Times that Southern Brooklyn, Bensonhurst community; it's probably one of the fastest growing immigrant communities right now across the city, but I think our contracts need to catch up with that; I'm just curious to hear your thoughts on that.

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DONNA CORRADO: Well, very similarly; with Homecrest Community Services, they're a wonderful organization; they've been providing this, you know, outside of the DFTA world for many many years and fortunately, with the Council's support, they got an additional \$75,000 this year and last years, so thank you for that and we need to be in

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 65 discussions about funding emerging immigrant groups and expanding that pot of money and eventually RFP for those emerging groups. So those are future

5 discussions I'd be happy to facilitate...
6 COUNCIL MEMBER TREYGER: Yes, I... I...

7 [interpose]

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DONNA CORRADO: which is very important.

COUNCIL MEMBER TREYGER: would definitely like to work with my colleagues on these matters and not just for future discussions, but even for current discussions, to make sure that we're meeting needs I am very pleased with all the providers we have in my district; I'm just naming a -- if I name one, I have to name them all; they do wonderful work, but capacity-building is critical because many of our centers, as you know, Commissioner, they're one-stop shops for many different things; many of the seniors don't just come there for a meal; they get served in many different ways, especially the immigrant community, not always sure of all these benefits and rights. My office will always do outreach, but we can never do enough as much as the center can help us with. So whatever we can do from this Council's end to increase capacity, let us know; we are on your

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 66 side, we are on the side of our seniors and we will fight tooth and nail for them. Thank you very much for your time.

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DONNA CORRADO: Thank you.

CHAIRPERSON CHIN: Thank you. Council Member Deutsch.

COUNCIL MEMBER DEUTSCH: Thank you, Chair. Good afternoon... [crosstalk]

DONNA CORRADO: Good afternoon.

COUNCIL MEMBER DEUTSCH: almost. Good morning, Commissioner. First of all I wanted to bring up that when a senor center needs to be approved by the Department of Aging, they have to meet certain criteria, like for example, handicap accessibility and so on and so forth, so I have a proposed leg [sic] that I'm putting in that also will mandate DOT to ensure that the surrounding area of any approved senior center should have handicapped accessibility ramps that are not in disrepair, because I have found that the seniors that come to these senior centers without transportation, walking a short distance, from a block or two, they have problems sometimes with the canes, with the walkers, with the wheelchairs to get up these handicap ramps,

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 67 so aside from our senior centers, ensuring that they are accessible to our seniors, we have to make sure the surrounding areas are accessible; that the seniors can properly attend these senior centers without taking the chance of falling, 'cause we all know when a fall during the snow season or even a fall during nice weather, you could take a wrong turn for the worse and end up in the hospital for many many months, and especially when it comes to seniors, so that is very important to make sure the surrounding areas.

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And secondly, I have a piece of

legislation at the City Council which hopefully I'm

gonna see it's gonna pass, so I'm co-sponsored by The

Speaker and my colleague Rafael Espinal, which will

do an educational outreach to people 60 or over on

phone scams. Our seniors worked very hard throughout

their lives and then when they retire they sometimes

end up giving away their entire life savings to these

phone scams, so it will mandate Department of

Consumer Affairs to reach out to people 60 or over,

as well as their caregivers to alert them of such

scams. But I would also like to see Department of

Aging mandating the senior centers to do -- they have

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 68 different activities in senior centers; they should have outreach with the local precinct to alert these seniors of such scams; we can't always wait for legislation to be passed, so this is something very

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In addition to that, I have approximately 10 senior centers throughout my district and just most recently -- the Brighton Beach Library is closed for renovations for seven months and they get over 175,000 visitors each year and many of them are senior citizens, they come and utilize the computer services and just a place to meet and mingle, so usually when a library is closed up, we refer them to the closest library, so which is about .5 miles away, too far for a senior to walk. So I was thankful to, first of all, Department of Aging as well as I was able to get from the Brooklyn Public Library 12 computers and got access to -- actually, acquired a space on the same block as the Brighton Beach Library, where we have 12 computers five days a week and it's attended by a person from the Brighton Beach Library and as well as I compiled a list, a pamphlet; I made thousands of copies that were binded [sic] with all the senior centers in my district, all the

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 69

activities, the lunch programs and everything, so

everything the senior needs and I also fund private

transportation for senior citizens to get to these

5 senior centers and especially during the seven months

6 of this library closure.

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So I see now, more than ever, how important these senior centers are, because we're getting more and more from this 175,000 plus people that utilize the Brighton Beach Library and they're now going to the local senior centers to use their facilities and activities and so everything, so on and so forth. So it's so important that we continue to make sure the funding process is there for the new fiscal year and it's not only about the funding process; it's also the competent work of Department of Aging that makes that funding better utilized. So I wanna thank you, Commissioner for everything you do, for being responsive to my district, you and your staff and thank you so much for everything you do. Thank you.

DONNA CORRADO: Well I appreciate that and I appreciate your support, you certainly do a lot of good work and you're a champion of seniors in your district and I read your newsletter regularly because

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON
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    SENIOR CENTERS
    my 80-year-old dad lives in your district, so I keep
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     on top of it and you really have gone above and
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    beyond in response to the senior needs in your
     community, so thank you for that partnership and
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    continue to do that; we'll work with you.
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                CHAIRPERSON CHIN: Thank you, Council
    Member Deutsch; we also get your Deutsch report, so
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    we know all the good things that you're doing ...
     [crosstalk]
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                DONNA CORRADO: Uhm-hm, the Deutsch
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    Report.
             Yeah, we all wanna come to Ellis Island and
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     Governor's Island, your trip in the summer.
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                CHAIRPERSON CHIN: Yes.
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                COUNCIL MEMBER DEUTSCH: I'm looking
     forward to that, yeah.
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                CHAIRPERSON CHIN: Yeah, Governor's
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     Island's in my district, but we love to host your
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     seniors.
               [laughter]
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                COUNCIL MEMBER DEUTSCH: Well Chair, my
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    pin says "New York City Council," doesn't say 48th
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     [sic].
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                [laughter]
                CHAIRPERSON CHIN: Okay. Commissioner,
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let's go back to -- in your testimony, in terms of

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 71
partnering with New York City Health and Hospitals in
that one city health program, you talked about in the
testimony that DFTA-funded providers will work with
hospital staff to identify patients about to be
discharged; now will the providers that are working
in this program receive additional funding?
[background comment]
DONNA CORRADO: If they participate in
this particular care transition program, yes they
will.
CHAIRPERSON CHIN: Okay.
DONNA CORRADO: So we're going to build
those partnerships.
CHAIRPERSON CHIN: Okay. So it's not
that they are volunteering their service… [crosstalk]
DONNA CORRADO: They're not volunteering
their services, they will be funded and we hope that
eventually this is in pursuit of new revenue from
Health and Hospitals and from the Medicaid healthcare
system, so it's building capacity towards that end as
well.
CHAIRPERSON CHIN: Okay. So this

increase in their work will not impact in terms of

their case management, enrollment numbers, because you're... you're getting... [crosstalk]

DONNA CORRADO: No, this will be building capacity above and beyond that.

CHAIRPERSON CHIN: Okay. The other follow-up question is; when we were going back and forth about, you know building the capacity for the provider that provides case management and we were talking about the \$15 million, now with that, how much of an increase are you looking at in terms of for case manager; what do you think is the ideal salary range that this funding will bring them up to?

DONNA CORRADO: You know we did some work in relation to what other human service agencies are hiring at in their programs, for example, Department of Homeless Services and ACS, and we based our comparables on that. So I'll let Joy, actually, comment on the methodology we used, but that includes a salary increase to some level of parody in addition to what it would cost to increase the overhead based on those contracts and the fringe benefits as well, so it's all encompassing.

[background comments]

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JOY WANG: So the bulk of the money would be -- as the Commissioner had said before, the typical case manager salary is \$35,000, so we would love to see it at \$55,000 for a case manager; currently the typical supervisor salary for case management is around \$48,000; we would love to see that at \$65,000.

CHAIRPERSON CHIN: And you're saying that's really comparable to what other agencies are providing for their providers?

DONNA CORRADO: From the homework that we did, yes; I mean it may not be what the National Association of Social Workers is suggesting; that would even be better; it would cost an additional investment, but we just wanna play on an even playing field at this point... [crosstalk]

CHAIRPERSON CHIN: I agree with you. I mean why should DFTA providers, staff, case manager get less than what case managers are getting in other agencies, right, so we agree with you on that, and we've gotta make sure that OMB knows that, because it's not right that same staff, doing the same work — equal pay for equal work, right, we have...

[crosstalk]

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DONNA CORRADO: And those... And those discussions are ongoing.

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CHAIRPERSON CHIN: Good. In your testimony about the ThriveNYC Friendly Visit Initiative that DFTA added \$1.8 million to employ a 12 case management agency to connect up to 1,200 clients, now will DFTA have to be issuing an RFP for this ThriveNYC?

an RFP because as the council member mentioned before, the contracting process and procurement process is quite lengthy and cumbersome, so what we're going to do is we're exploring the use of other procurement mechanisms and most likely we'll be doing a demonstration project and amending services into existing contracts, but we're using some very stringent criteria of which community providers that we actually will work with and to ensure the most success of that programs.

CHAIRPERSON CHIN: Now you already have some providers that used to get money from DFTA that do similar things, like for example, Visiting Neighbors, they used to get funding from DFTA many many years ago...

DONNA CORRADO: Right.

CHAIRPERSON CHIN: and they sort of provide these friendly visits and they organize volunteers to do that, so will some of these community-based organizations be able to access funding...? [crosstalk]

DONNA CORRADO: So we're trying to build capacity of the network, so we've been in conversations, not necessarily with that particular organization, but many of them that do provide some type of friendly visiting, we're looking at best practices and we're looking to either A., build capacity of those existing agencies and also to bring in new agencies that don't provide the service but having the existing providers that really do a good job of it helping train other agencies to do this. So it's about funding volunteer coordinators, for example, and then having the agency recruit volunteers and train them and develop and expand capacity throughout the network. So yes, we've been in conversation with some of those sort of premier agencies that do just friendly visiting and have built up excellent models over the years.

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CHAIRPERSON CHIN: So how will the volunteers be trained; is it gonna be centralized to be trained by... [crosstalk]

DONNA CORRADO: Yes, we will be awarding contracts just for training and then we're going to build capacity within the department as well.

CHAIRPERSON CHIN: Okay. I just have a question about the senior meals, on the PMMR indicators that... the PMMR reports that the four-month actual for the number of total meals served, both home-delivered and congregate meals already surpass the four-month actual from the 515 [sic], so has DFTA experienced a higher demand for senior meal services in 2016?

JOY WANG: Yes. For home-delivered meals, we anticipated this increase in need and last year we received \$1.8 million to increase homedeliver meal capacity for home-deliver meal programs, so we're able to actually provide the services this year.

CHAIRPERSON CHIN: Okay. But in the FY17, are you anticipating additional funding that can cover the increase?

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1	SENIOR CENTERS 77
2	JOY WANG: We believe that we could
3	probably cover the rate of increase in '17 with the 5
4	percent we received this year.
5	CHAIRPERSON CHIN: Okay.
6	JOY WANG: With additional money we had
7	built in some growth to allow the expansion.
8	CHAIRPERSON CHIN: Okay. In terms of
9	SNAP outreach, seniors eligible for Supplemental
LO	Nutrition Assistance Program, it remains under-
11	enrolled in the city, so how many seniors are
L2	currently enrolled in SNAP and how many seniors are
L3	estimated to be eligible that haven't enrolled?
L 4	[background comments]
15	DONNA CORRADO: According to HRA, as the
L 6	Deputy Commissioner is telling me, 365,000 are
L7	currently enrolled, according to HRA.
L 8	CHAIRPERSON CHIN: 300 and
L 9	DONNA CORRADO: 65,000.
20	CHAIRPERSON CHIN: Do we have an estimate
21	of how many more could be enrolled?
22	DONNA CORRADO: Well I don't have that,
23	but I can get that information to you.
24	CHAIRPERSON CHIN: Now in partnership
25	with HRA and the Robin Hood Foundation of the 100,000

seniors that with outreach efforts seek to target, how many seniors have been targeted?

[background comments]

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DONNA CORRADO: I'm being told that it was several thousand that were additionally enrolled.

CHAIRPERSON CHIN: Uhm... [crosstalk]

DONNA CORRADO: You know that was a project that we had learned many lessons and one of them being that we involved our senior centers in that project and in doing so we learned that our senior centers had historically been doing a very good job, so we had to sort of course-correct. So using senior centers as the base of enrolling thousands and thousands of many more people may not have been the methodology that we should have used, because if they were in senior centers, they were already enrolled in SNAP benefits.

about earlier that a lot of senior volunteers in our senior centers and at other programs, does DFTA track the number of volunteers; does the senior center give you numbers of volunteers that they use and also, how do you equate this to the amount of money that the volunteers equal, that the center actually, you know,

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 79 saved this amount of money because they were able to

3 utilize volunteers?

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CARYN RESNICK: Through our partnership with NYC Service we have begun to build capacity both within the Department for the Aging and have developed a volunteer resource center to help with existing volunteer programs directly operated by the department and also to work in coalition with all of our community partners and their volunteer efforts. So we have begun to work together to track those numbers, which as you could guess are in the thousands. We have not yet put a price tag on that we have not yet completed being able to fully count and track, but we're gonna be hosting a summit actually in June; we will invite you to join; we are going to be working with all the community partners, focused on tracking; how do we track and evaluate volunteer services in our network.

CHAIRPERSON CHIN: Good; I'm looking forward to that because I think it's a huge number and so we will continue to work with you on that.

Now the Mayor's Office of Management and Budget (OMB) stated that it is requesting that agencies identify savings in their budget for Fiscal

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 80 2017; now does DFTA plan on submitting any savings 2 and has DFTA identified any savings? 3 4 DONNA CORRADO: You know we just got this 5 memo last night, so I can say that I did toss and turn over that memo and certainly we'll be mulling it 6 7 over and be in discussions with OMB, so at this point in time no, we did not offer up anything, but you 8 know that's an ongoing discussion. CHAIRPERSON VALLONE: Good, while you're 10 11 tur... [crosstalk] 12 CHAIRPERSON CHIN: Well keep it that way; 13 right? CHAIRPERSON VALLONE: Yeah, while you're 14 15 tossing and turning, toss it out too while you... 16 CHAIRPERSON CHIN: Yeah, you could just 17 throw it, [background comment] because we were not 18 happy that you had to turn in some so-called savings, which is not savings; that money should have been 19 invested back in DFTA's program and already, in the 20 21 budget meeting with the OMB director, I told him I 2.2 will advise DFTA not to turn over anything, so I'm 2.3 glad that you haven't done that... [crosstalk] CHAIRPERSON VALLONE: That might be the 24

first time I'm arrested for social disobedience if

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 81 2 that happens. My father will kill me for that one 3 [sic]. CHAIRPERSON CHIN: Good. 4 Well we have a 5 lot of people waiting to testify, so Commissioner, we thank you for being here today and there are some 6 7 questions that we wanna follow up with you which we will send over and we look forward to working with 8 9 you to make sure that we get the resources that we need for senior services and for DFTA, so we'll be 10 working very closely together. Thank you... 11 [crosstalk] 12 13 DONNA CORRADO: Thank you; I appreciate 14 your support, all of you. Thank you. 15 [applause] 16 CHAIRPERSON CHIN: Alright, we're gonna 17 call up our first public panel. Bobbie Sackman for 18 LiveOn NY; Leo Asen from AARP; Diane... Diane; what's 19 your last name, from AARP? [background comments] 20 Joga [sp?]? [background comments] 21 CHAIRPERSON VALLONE: Shame on you. 2.2 CHAIRPERSON CHIN: And Sandy Myers from 2.3 Selfhelp Community Services. [background comments]

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[pause]

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Okay, please find a seat. [background comments] So we're gonna have to put you on a clock, around five minutes, you know, we'll see how that goes, because we have a lot of people waiting to testify. So Bobbie, would you like to start?

BOBBIE SACKMAN: Bobbie Sackman, Director of Public Policy with LiveOn NY. First wanna thank City Council for holding this hearing and being very serious about issues that affect older adults and although some folks have had to leave, unfortunately, to go back for lunch, I wanna thank everybody that came out today; they came from senior centers across the city and some of them travelled quite a distance, so in absentia I wanna... if that's the word, I wanna thank them... [interpose]

CHAIRPERSON CHIN: No, thank you, Bobbie and I really... [crosstalk]

BOBBIE SACKMAN: No...

CHAIRPERSON CHIN: also wanna thank all the seniors for coming out and I know that it's snowing and everything, but thank you for being here; if you have to leave to go to lunch; it's fine.

BOBBIE SACKMAN: So just a quick few points, but I couldn't resist; I actually looked up

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 83

the definition of progressive, according to Webster and the definition of progressive is: change, improvement or reform as opposed to maintaining things as they are on a political level; literally said that, and on a community level, progressing towards better conditions for its residents. Given waiting lists for services and chronically underfunded services and salaries, it is clear that the City's aging policy has work to do to be more progressive on behalf of older New Yorkers. We need to use that word really carefully and truthfully.

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So a lot of what I was gonna talk about you've covered; we have LiveOn NY's \$34 million budget ask; without money being baselined, we can't continue services. I also would like to add; I think this just sends a loud message from the administration, this isn't about the Commissioner; from more inside City Hall, that the lives of seniors are not valued enough, that they're not worth an investment to have services, whether it's at a senior center or NORC, in their home, transportation, family caregivers, sort of goes on and on and every year we fight this uphill battle. What other group of people, if you brought 300 people every year, would

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 84

you have to be fighting this hard for money? Why

does it happen with older adults? There's something

4 wrong with the message that we're hearing from the

5 other side of City Hall.

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I want to applaud the Commissioner for talking about salaries; one of the attachments you have in our testimony is by case management contracts, so it's by City Council District; the level of turnover rate and as you'll see, which supports what the Commissioner said; every year a third of the staff leaves, every two years half of the staff leaves. Now you're -- I'm assuming you're all retirees at this point and you've worked; can you imagine wherever you worked that one-third of the staff in your organization left every year and half left every two years; you'd go out of business or you certainly couldn't do your job in the best way you'd like to do it. So this is a structural problem; according to our figures attached, it's a \$12 million fix; now \$12 million actually in the budget of the City of New York is not a lot of money and it's a systemic game-changer; where can we get a systemic game-changer for \$12 million? We would bring down waiting lists, we would have well-paid staff that

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 85 would be trained to work with older adults; we need to train a workforce and treat them respectfully. So we greatly support this effort and I know you'll do whatever you can do to as well.

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We have attached our housing waiting list broken out by City Council Districts; there are over 200,000 seniors waiting for housing when you extrapolate -- we got a 43 percent response rate -- and so here we go, we have waiting lists for case management, we have waiting lists for housing; why do we have waiting lists? I think if there were other populations in this city with these huge waiting lists we would hear a cry, we don't even have press here today. So I mean why is this so invisible and I think this is important as the numbers are, is to open up the invisibility of older adults in this city and that it gets very tiring.

And I think what I also wanted to add is in the language -- the senior centers would like to provide services in every language they could; obviously it's a resource problem, but now they have an unfunded mandate to pay for language translation services when according to information some of my colleagues have gathered, the Department of Homeless

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 86 Services and DYCD, they pay for it; not the 2 3 nonprofits they contract with. So DFTA should not be 4 given and the nonprofits an unfunded mandate and then somehow it comes back that senior centers really 5 don't do their best in serving a diverse population; 6 7 that's unfair. 8 And I'm just... [bell] okay, I'm done. 9 [laughter] CHAIRPERSON VALLONE: Bobbie, you're 10 11 never done. [laughter] [applause] 12 CHAIRPERSON CHIN: We know you're not 13 done, Bobbie; right? [background comments] Yeah, [background comments] we'll ask you some questions. 14 15 Thank you. 16 LEO ASEN: Good afternoon, Chairwoman 17 Chin and Councilman Vallone and members of the Aging 18 Committee; my name is Leo Asen and I am the state 19 President of AARP New York. On behalf of our 800,000 20 members, age 50 and older in New York City, I wanna 21 thank you for the opportunity to talk about some 2.2 important provisions in the Mayor's FY17 Preliminary 2.3 Budget. Let me mention elder abuse victims 24

assistance, it's been covered a lot this morning;

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AARP applauds the Mayor and his administration for baselining previous funding in this year's budget and making an additional investment of up to \$1.5 million to establish citywide specialized teams that will address complex cases.

The second item is adult day services.

Family caregivers provide an invaluable resource in caring for their loved ones at home, many on call 24 hours a day, seven days a week; this labor of love is worth more than \$30 billion in unpaid care each year statewide. Thanks to family members' commitment, millions of older people are able to live at home rather than in costly institutions like nursing homes. While family caregivers wouldn't have it any other way, it's a big job and once in a while they need a break and that's why respite care programs are so important.

Last year this social adult day group of programs was funded at \$950,000 and this funding was not baselined. AARP is requesting \$2.3 million of baselined funding for social adult day services in the FY 2017 City budget to bring funding back to its original level and to meet the growing need of a rapidly aging population.

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The third item is case management; that's been discussed a lot, and we believe that \$3 million needs to be baselined to ensure continuity from year to year.

The fourth item is caregiver support and respite care and this is really a major part of our programs. As stated earlier, family caregivers are a vital part of the caregiving continuum; statewide, 2.6 million family caregivers provide over \$30 billion of unpaid care to their loved ones. AARP believes we must look for opportunities to support our family caregivers. As the baby boom generation ages and the number of younger people proportionately decreases, more of us will need care, but there will be fewer family caregivers to provide it. Already, the number of caregivers in New York has grown to 32 percent from 25 percent in the 1990s. A recent AARP report found that while there were 6.6 potential caregivers age 45-64 for every person in the highrisk years of 80 plus in New York in 2010, there will be just 4.8 in 2030 and only 3.5 in 2050; 85 percent of the care receivers are age 75 or older and average 82.3 years of age; of those with at least one health problem; Alzheimer's or another form of dementia, was

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 89 the most prevalent condition. Lack of adequate support for caregivers can be costly not only to families and taxpayers, but to employers; a 2006 MetLife study found that nationally, businesses lose as much as \$33.6 billion annually in worker productivity because of employees' caregiving obligations. AARP believes it is important to establish city funding to support caregivers; providing supportive services for family caregivers is essential to the wellbeing of the caregiver and the person for whom care is provided. Supports include respite care, homecare or temporary placement to allow the caregiver to take care of themselves and AARP is requesting \$5 million in baseline funding in the FY 2017 budget to establish a program dedicated to caregiver supports and services.

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Finally, NORCs -- and again, that was discussed -- in a rapidly aging city, the NORC program has proven to be a model of successful again in place through the coordination of health and other social services that keep our older adults thriving in their communities. AARP believes that investments in the NORC model are a sound investment for the city and is asking the administration for an additional \$4

million in FY 2017 to fund NORC programs that weren't available for DFTA's RFP, plus some additional

4 Neighborhood NORCs.

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Finally, Chairwoman Chin and members of the Aging Committee, I wanna thank you for the opportunity to highlight a few of the many needs for New York City residents as they age. We strongly urge the Mayor and his administration to increase funding for aging-related programs and services that support New York City's older residents. Thank you.

[applause]

CHAIRPERSON CHIN: Sandy... [crosstalk]

is Sandy Myers; I'm from Selfhelp Community Services, and on behalf of the 20,000 older adults in New York that we serve and the 25 or so we had and still have here today, I wanna thank you for your work every day, both at City Hall and your districts, for constantly keeping the needs of seniors in mind. So I'm just gonna highlight a few key things that are in my testimony that we wanna be sure stay at the top of your minds in the next few months.

So first we would like to see a renewal in the City Council's advocacy around the Holocaust

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Survivor Initiative. As I'm sure many of you know, Selfhelp was initially founded in 1936 to serve people who were fleeing Nazi persecution; it's still be a big part of the 20,000 people we serve at around 5,000 a year and we have a wait list in Brooklyn in particular of about 200 survivors that we wanna serve with a continuation of this funding, and these are survivors who are living in poverty; about 30,000 of the 60,000 that live in New York are living at or below the poverty line, so we are committed to continuing to serve this population and would love

the Council's support on that.

With case management, obviously that was brought up a lot and I really wanna echo what Bobbie stated about this and what we heard from the DFTA commissioner; that we have real concerns about the staff turnover rates and we really wanna see an investment by DFTA in helping us maintain our staffs; the statistic about 50 percent turner every two years or in under two years is pretty staggering and we see the impact of this on our clients directly when there's a constant change in their staff and the need to retrain them, it really poses a real challenge in terms of our ability to provide high-quality

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS

92 services. And that being said, I do wanna thank the Council also for their allocation that allowed us to lower the caseload and really address our wait list, and that was very helpful and much needed.

In terms of senior centers, and I know

Council Member Vallone in particular has been a real
advocate in chairing the Subcommittee; we would love
to see additional investments around transportation,
around more staff and around the rental costs; that
\$1.1 million in particular that was included year,
we'd love to see that baselined; rents continue to go
up for every piece of real estate in the city, but
for our senior centers that are really looking at
line by line with their budget, this is really
critical.

With transportation, as I know you've both pointed out, a lot of our centers and most of our programs are in Queens; some of them are not in areas that are very accessible with mass transit and we know that this is a critical way for clients to get to and from the center, to and from doctor's appointments and we really wanna see a more robust investment in that.

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Around housing and NORCs, I wanna mention

-- so I know some of you have heard me testify on

this around ZQA in particular; I just wanna state

again, that Selfhelp, along with many of our

advocates, are very much in support of this; we have

4,000 people on our wait list for our senior housing

that we really wanna be able to accommodate; there's

a LiveOn study, we found 200,000 citywide; if you

haven't seen it already, through Bobbie's work we

were able to break this down district by district, so

we're happy to provide that information again.

Similarly, with NORCs, we have four NORCs throughout Queens that we would really love to see continued investment in, as this is a really critical way to help our seniors age in their communities and stay at home -- quick time-check.

Then lastly are two other things around mental health. So I testified again on behalf of Selfhelp at the hearing about ThriveNYC and again, we're grateful for the City's investment in this, but we still remain concerned about the lack of focus around senior needs in particular in this plan, and even to quote from the City's own RFP -- so I'm just gonna read two lines here. In the recent RFP that

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 94 they issued through DOH, Decreasing Depression and Increasing Social Connectedness Among New York City's Older Adults -- that's just the name of the RFP -they note that 15-20 percent of U.S. residents age 65 and older experience depressive symptoms. specifically point out that homebound older adults are more likely to suffer from depression when compared to their mobile peers and referring homebound older adults to specialty mental health services rarely succeeds, due to inaccessibility, shortage of geriatric mental health providers and cost. So we see a major need here with serving older adults through mental health services, Selfhelp partners with CAPE, which is a program through the Samuel Field Y where they provide services, so we do a lot of the initial assessment and then refer to CAPE as needed, but we know that for not only the seniors who are coming to our centers who might be more active, but in particular those who are homebound have real needs that we're afraid are not gonna be addressed in this plan, so we wanna be sue that there's adequate funding for mental health services where seniors are, whether it's in the

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 95 senior centers, in housing, in NORCs, or those who

I'll just mention caregiving, so we were really excited to see that The Speaker announced this in her State of the City last month and we noticed that it was Int. 1081 that was introduced, in terms of requiring DFTA to collect information about this, so we're excited to see where this goes; we know that caregiving is a really critical part when you think about senior services comprehensively; in our case we have a SHARP program in Council Member Vallone's district that serves individuals with Alzheimer's and other dementia disorders and for that population in particular it's really critical to make sure that the needs of caregivers [bell] are taken care of. I'll

[background comments]

CHAIRPERSON CHIN: Thank you. [clapping]
So Bobbie, thank you... [interpose, background
comments] thank you for your testimony. I know that
you always give us your wish list, but what do you
think is the adequate funding for DFTA?

[background comments]

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stop there.

are homebound.

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BOBBIE SACKMAN: The whole city budget, right. [background comments, laughter] It's a start. Actually, a year or two ago I put together -- I haven't released anything and it probably needs to be tweaked, but I put together a \$100 million budget and I went into some detail of how money could be spent. So without every detail, of course, I think -- there's huge things and we've heard a lot of it today, and I think the first thing is opening up, frankly, a political space that the lives of older adults are valuable and that they need to be fund... you know, services need to be funded.

I don't want any waiting lists, you know, enough with case management waiting lists, and I know it's a fast-growing population, so let's keep it as close to zero as, you know, reality we can. I want salaries that honor the workers and honor the people that they work with. I want universal adult day care. You know we have universal pre-K now and we have after school programs [background comments] and these are wonderful things -- no, I'm really serious about this -- and these are wonderful things, because they allow obviously for children to blossom, but they allow for young mothers, usually it's the

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 97 mother, to go to school or to go to work and better herself or just to do things she needs to do during the day, so we've heard here about caregiving in testimony of my colleagues; why are we not offering that same respite to older adults who might be a spouse or a 50-year-old woman who's trying to figure out if she could even stay in the workforce anymore because of the stress she's under taking care of an older -- you know, her parent or somebody. universal adult day care, good programs, not these pop-ups, but good programs; that means that you -- we hear stories of one daughter who for years has been driving her mother, or take a train; I don't even know, an hour from Jamaica, Queens to the Ridgewood Bushwick area of Brooklyn, leaving her all day in an adult day care program and then her daughter, this woman's daughter, picks her up and takes her home. Really, that's the best we can do? So why don't we have universal adult day care in this city; why don't we have that SCRIE is as well-known as universal pre-K; it's been around for 30 years and people don't get on it fast enough; they get on it, they're paying over 50 percent of their income in rent, so why don't we have money that does a sustained robust public

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 98 awareness campaign targeting older adults and their families? If I saw something that said, "Wanna freeze mom's rent?" I'd be writing very quickly how to do that. So that would show respect and it's very practical. I would want the meals to be -- every year, let the meal costs go up with inflation so that Citymeals and home-delivered meals and congregate meals at the senior centers -- we're always behind the eight ball and you know what, you get what you pay for, and so I know that they do a yeoman's or yeowoman's [sic] -- I don't know -- job in preparing wonderful meals, trying to meet the diversity; we wanna get more into therapeutic meals, so if somebody is diabetic or has other special needs we could actually give them food they can eat, but you can't do that when the numbers don't go up, when you don't keep pace with inflation. So I can go on and on -elder abuse, we just showed a little tip, and I thank you for that, 'cause it's your work, but you know it's the tip of the iceberg, so why don't we have a more robust elder abuse network system throughout this city; why don't we do -- I know they're doing an awareness campaign in April; why don't we do more of that to show -- you know when you do ads, you've

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 99

gotta show faces of the people you're trying to reach or they're not gonna ever respond. Caregivers has been well-covered.

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And then transportation -- and one other thing, and we have a hard time with this -- some of these senior centers are falling apart and that's why people don't go, they don't look good and we can't get capital dollars in because they're in a church or they're in a synagogue and we run into this impossible wall that we can never overcome, yet we're willing to fund these programs while they're not handicap-accessible, they can't get around, so let's get an expense budget that funds it, you know let's find a solution, but this has been going on for years and people will vote with their feet, you know they love the centers, they love the programs, but they don't love the way the place looks and it's depressing sometimes.

So this is a piece of what I have in mind and if some day somebody gives me the ability to sign a check or whatever it takes or hit the right button in the computer, I guess. And then finally what I would do is, I would make sure that the money gets out in a timely fashion to the nonprofits, that

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 100 they're not sitting in February, March and April, May 2 and June; sometimes even the next fiscal year, they 3 have to front this money, they have to pay their 4 staff, they have to pay for the meals and all the services and they can't get money from government; 6 7 it's so dysfunctional and it's very irresponsible. So if I ruled the world, that's a beginning step, and 8 9 thank you for asking me... [crosstalk] CHAIRPERSON CHIN: Thank... Thank you, 10 11 Bobbie; I know you would enlighten us to show us the 12 row ahead and we will work with you to get as much as 13 we can. 14 Also, I have a question for Mr. Asen, 15 Asen... 16 LEO ASEN: Asen. 17 CHAIRPERSON CHIN: since you are the New York State President for AARP, what's happening with 18 the State budget and what do you think that the 19 Council can work with you to really advocate for more 20 21 State funding? 2.2 LEO ASEN: Well we were in Albany with a 2.3 number of our colleagues earlier this week, in our annual advocacy day, and we were looking at -- just 24

to answer your question very directly -- increasing

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 101 home and community-based services, the State office budget, and again, wait lists are an issue as well as funding for caregiver respite services, respite supports, and I think in total it was an ask of \$30 odd million between those sofa wait list services, and then again, this is statewide; obviously not just New York City, and respite services. So those are areas that I think, to Bobbie's point, about why do we have wait lists; why should we have wait lists, regardless of the political entity, whether it's in the City or in the State or some part of the State; I mean those are things that we feel very passionately I think also, caregiving and that gets to the paid family leave, which you know, the Governor spoke passionately about in his State of the State speech. We had a press conference Tuesday and we had two of our volunteers who participated in this press conference talking about paid family leave and they described what it was like to be a caregiver in the current environment and you know when you hear these stories, and I'm sure you've heard them as well from your travels through the senior services community, they really tear at your heart strings and it's just -- you know, it's just unconscionable that we have

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 102 people that have to make a decision between going to work or taking care of mom. In one case, the woman's father was dying and you know she had to figure out how to be there without necessarily losing her job and you know, so when you think about that and you think about the priorities, some of the issues certainly Bobbie has talked about, you know you think that we should be at a better place as a society where these kinds of needs can be addressed in a seamless way, without putting people through all kinds of trauma in their personal lives; to deal with a larger trauma. So caregiving, wait lists; those are areas that are really important to us.

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CHAIRPERSON CHIN: Thank you. I wanted to thank all of you for your advocacy and look forward to working with you on this budget process and get the best we can.

Chair. You're that quick to get up, Bobbie; you get another round. So Bobbie, Leo; Sandy, thank you, as always; I think even on the Council level there shouldn't be a committee that doesn't have every hearing with a component for seniors; there's not a committee, there's not an issue that doesn't deal

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 103 with seniors and I think every time I sit on a different committee, the back of my head is saying, well what about the seniors. So you're right, and I think, Bobbie, your first point is, where is the press; where's the noise; why are we having these discussions for fighting for critical, critical services and it's not just seniors, it's our caregivers, it's our children, it's our grandchildren; they are the matriarchs and patriarchs of every family, so they deserve to be treated that way, so to sprinkle pennies and try to say we have an inclusive budget; that's Band-Aids; it's not a sinking ship, but it's certainly a ship that needs some repairs. So we agree with you and all of the studies that the three of you always give to us go right to Margaret and I and the staffs and we look at them and we figure out legislation requests and funding requests and resos on the state level. would be another wish for me is to have better coordination on the state with us so that we would not have to constantly, you know who's doing it -well that's a state issue, that's the city level, well I can't help you -- why; it's the same people, but yet we have to constantly get these roadblocks

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 104

put in front of us because no, that's a Neighborhood

NORC; State has to do deal with them. Yeah, but

4 there are city services in there too, so that was

5 part of the fight I was saying.

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So let me just ask you this; on the transportation and on the caregivers, I think there is -- and I know we have the SHARP program and I know there's so much more that Bobbie had talked about even last year on caregiver attention and programs. Are any of the three of your organizations trying to expand the caregiver, respite programs that are existing now?

BOBBIE SACKMAN: Well you know we don't do direct service, so we're a membership organization and so the reason we're working with AARP and Selfhelp and other colleagues is that the City has gotten through federal funding \$4 million through the Older Americans Act forever; I mean that money was initially, literally put in under the Clinton administration, just FYI, and so we want the City to have some skin in the game and they have no skin in the game, so I think the best way we can answer your question is how do we get some funding for caregiver services in there. You know, not baselining, for

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 105 example, case management or certainly homecare, that affects, you know caregivers as well, so I think we're trying our best to have like a systemic change and say that this needs to be recognized. And I just wanted to add one thing that I'm not sure any of us actually raised and I know you questioned the Commissioner; I'm very nervous when I hear Dean Fuleihan, you know say, well we're not gonna impose any cuts, but we want efficiencies and if you want any new program, you should find it in bottom line of your agency. Well you give no money to DFTA and then you tell them to find something in their bottom line while we're sitting here saying there's not enough money, so that tells me that -- first of all, I don't know what an efficiency in DFTA even means, but that tells me that you've just said to the Department for the Aging, you're stuck, you're lucky if you hold onto what you have, with everything we talk about today to try to move forward, you're stuck, because where are they gonna find more money in their bottom line; the administration's given them a tiny amount of money and now they're supposed to play on the same level, some kind of field as though they were HRA or

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you know, Department of Health or something bigger...

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CHAIRPERSON VALLONE: Especially when DFTA doesn't even have an increase, so...

BOBBIE SACKMAN: Well that's my point and they have no money to move around. So that makes me very nervous because under the former administration we used to hear, oh it's only a 5 percent across the board cut, but a 5 percent cut to DFTA was often a 30 percent cut to one particular service, like homecare, that happened to homecare, 'cause they had nowhere to go. So please, we have to -- and I know you know this, but I just wanna say it, we have to really remain vigilant because generic statements about efficiencies, and I know City Council has asked for some plans; it devastates the Department for the Aging.

CHAIRPERSON VALLONE: Last year we added funding for the sixth day meal; I would say that went over universally very, very well; correct?

BOBBIE SACKMAN: Yes.

CHAIRPERSON VALLONE: Right; wanna do that again. So Leo, you were gonna...

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2 LEO ASEN: Yeah, I just wanted to add 3 onto what Bobbie said, but this time from the 4 perspective of a retired service provider; I was Selfhelp's chief innovation officer for a number of 5 years before I retired, and so I had responsibility 6 for the home and community-based services of which 8 all of these fall in and I was thinking about the case management discussion and through the last administration and all the pegs and all the budget 10 11 reductions and the like, you know those kinds of 12 things show up in the direct service piece and maybe 13 they're not as visible immediately, but they sooner 14 or later do emerge and so you know, you see people's 15 salaries being eroded, you see staff turnover, you 16 see degraded services, you see a lack of innovative 17 services; you know, all kinds of things result from 18 these budget cuts and I think that you know we're 19 kinda stuck with it right now until we can find the 20 funding to restore appropriate levels, as was 21 discussed earlier today, in terms of salaries and reducing some of the staff turnover and then 2.2 2.3 beginning to introduce innovative new services into

the aging services continuum. I think, you know

there most likely are opportunities to look for

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things, we heard some initiatives from DFTA this morning that sound interesting in the transportation arena, but I think, you know we have to look for those kinds of opportunities as well, but not always, you know take the meat axe approach to a budget like DFTA's, which isn't all that large to begin with in the over all scheme of things. So I think if we really care about our seniors and we really care about the staff who serve our seniors, and these people really do yeoman's work, and it's really hard work, believe me, you know we have to be respectful and we have to look for these budgets.

CHAIRPERSON VALLONE: Well and I think the last thing for me is; I guess Sandy, you could speak for this, is to sound the alarm on the dramatic increase on overhead costs at our centers and that there hasn't been any allocation for increase for that and the end result is a cut -- something's gotta come from somewhere...

SANDY MYERS: Right.

CHAIRPERSON VALLONE: so the rent's going up and insurance is going up and compensation's going up; where's it coming from if the City's not giving you the funding?

SANDY MYERS: Yeah, I would agree and I also wanna thank you for asking that question of the Commissioner, because hearing the potential for more cuts certainly will trickle down to those same things that you just laid out, Council Member.

And the other point, which I know Bobbie raised that I wanna underscore, but the issue around prompt payment is very problematic. We have one contract in particular that we haven't actually been paid for yet through a Council initiative and now we're in March and in theory we have to spend this in four more months and the later these contracts come through, the harder it is to do so in a way that we're doing the best by the client and we're doing our best, but as we face more cuts and delayed contracts it becomes harder and harder as a direct service organization to provide those high-quality services. So I just... [interpose]

CHAIRPERSON VALLONE: Do we have a number that has been agreed upon would be an acceptable amount of an increase for the core services for the senior centers?

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON
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    SENIOR CENTERS
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                SANDY MYERS: I don't think we have an
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    overall number. Bobbie, do we have... [interpose,
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    background comment] for centers?
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                BOBBIE SACKMAN: No. We have that's a
    good question, actually. We have sort of pieces of
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    it, because when we talk about meals and
    transportation and some other programmatic stuff, but
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    we don't have... [crosstalk]
                CHAIRPERSON VALLONE: Maybe we could try
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    to put a group...
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                BOBBIE SACKMAN: a senior center budget
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    thing per se in there.
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                CHAIRPERSON VALLONE: that would include
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    all of them. I think that might be a good idea if we
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    were to include those numbers and show the true
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     shortfall; I know we break them out individually and
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    then Speaker or Mayor or a council member likes one
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    particular component of it... [crosstalk]
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                BOBBIE SACKMAN:
                                 Right.
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                CHAIRPERSON VALLONE: but doesn't really
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    take over... but thank you very much, all of you.
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                BOBBIE SACKMAN: Okay.
                CHAIRPERSON VALLONE: Thank you, Madame
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Chair.

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 111 CHAIRPERSON CHIN: Thank you. I just 2 3 wanted to highlight something, that in this year's 4 the Mayor's proposed budget for the whole city is \$82.1 billion and then we heard DFTA's budget is 5 \$279.7 million; that's less than half a percent of 6 7 the City's budget. 8 BOBBIE SACKMAN: And it hasn't ... you know, 9 before Bloomberg became mayor, it was up closer to \$300 million, so not only between inflation and cuts, 10 but that's how far back we are. Yeah. 11 12 CHAIRPERSON CHIN: Yeah and that's why we 13 need to fight to really increase DFTA's budget, especially the senior population is increasing and 14 15 we've gotta increase with it. So we've got a lot of 16 work to do on this. 17 BOBBIE SACKMAN: A lot of work to do. 18 CHAIRPERSON CHIN: Well thank you very 19 much. BOBBIE SACKMAN: Thank you. 20 21 LEO ASEN: Thank you. 2.2 CHAIRPERSON CHIN: And we're gonna call 2.3 up the next panel, Christian Gonzalez-Rivera, from the Center for Urban Future; Nora Moran, United 24

Neighborhood Houses; Rachel Sherrow, from Citymeals

on Wheels; Harnet [sic] Blank from OHEL. [pause]
Okay, please begin.

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CHRISTIAN GONZALEZ-RIVERA: Alright, good afternoon. My name is Christian Gonzalez-Rivera and I'm a Senior Research at the Center for an Urban Future, a nonpartisan public policy think tank based here in Manhattan that publishes studies about how New York can expand economic opportunity while growing its economy.

In 2013, we published the "The New Face of New York's Seniors," which is the first comprehensive study documenting the rapid growth of New York City's older immigrant population. As part of that report, we interviewed more than 60 people who work in the field of aging, ranging from caseworkers in community organizations who work with older immigrants, all the way to the Commissioner of DFTA at the time, and we interviewed people who work in every major ethic community in the city and found that many of the services that New York City has available for older people were not actually reaching older immigrants. And so I'd like to share with the Council today some of the recommendations that we believe should make it into DFTA's budget if the

agency is to be empowered to respond effectively to the increasing diversity of New York seniors.

So you've heard the numbers already many times, so you know that foreign-born seniors account for close to half of the 65 and older population in the city and almost all the growth in the senior population is actually through the immigrant population. So it's therefore clear that older immigrants are not a niche population; in fact we can't talk about older people in New York City without talking about immigrants.

That being said, we have three specific sets of recommendations about what the City should prioritize in DFTA's budget. The first is to establish a baselined permanent funding stream at DFTA for neighborhood-based NORCs; the second is to strengthen the ability of organizations based in ethnic communities to work with seniors, either through more robust subcontracting or through disaggregating large contracts, and the third is to support a stronger role for public libraries in the deliver of services to immigrant seniors. So I'll go through each one.

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So the first -- establishing the baselined funding stream at DFTA for Neighborhood NORCs.

As we heard last week during testimony and we've heard already in previous testimony, NORCs are a very straightforward and very effective way to bring social and healthcare services to where the seniors are; they serve as a safety net and a first defense for New Yorkers who are aging in their communities and growing increasingly dependant on the services that are right near where they live. Because of this, NORCs are an infinitely adoptable model that is suitable for any neighborhood and any cultural ethnic group, but the population size and density requirements for the classic NORCs currently funded by DFTA, exclude less dense areas where older immigrant populations are growing, making it crucial for the City to invest in neighborhood-based NORCs. And moreover, while the classic NORCs are currently serving some immigrant groups that have been here for a long time in neighborhoods such as Manhattan's Chinatown, newer groups such as those for instance from Bangladesh that are located far from existing

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NORCs and are spread throughout many lower-density neighborhoods don't have such supports.

So the second -- strengthening the ability of ethnic organizations that work with seniors.

Adequately serving the growing older immigrant population will involve bringing together the knowledge and expertise of large, general senior services organizations that have held DFTA contracts for many decades with the culture and linguistic competencies of smaller organizations that do not have the resources to compete for a DFTA contract, and this could be done through the DFTA RFP and contracting process.

One way to do this would be to build in projections of subcontractors whose budgets are usually the first to be cut when there are shortfalls and this is so they can -- I mean as has been said before, so that they can have more predictable funding and so that they can make long-term staffing and strategic decisions.

The second way would be to disaggregate subcontracts by unbundling some services so this would allow for some discreet services that can be

2 contracted separately to competing small

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The third recommendation is supporting a stronger role for libraries. The public library is an indispensable and trusted institution for immigrant neighborhoods, as evidenced by the fact that of the 10 branches in New York with the highest circulation, 6 are in neighborhoods with large numbers of immigrant seniors. So while support for libraries is not currently a specific DFTA budget line item, increasing the agency's budget and issuing a mayoral directive to bolster partnerships with the three public library systems is a great way to support seniors. The City has already worked through MOIA, through the Mayor's Office of Immigrant Affairs to create New Americans Corners at public library branches. DFTA could form a similar partnership with the libraries deliver services and information about services directly to libraries' local older adult following.

So basically, the point is that DFTA has the potential to be the nation's model area agency on aging when it comes to immigrant seniors. One out of every ten foreign-born seniors in the nation lives

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here in New York City. For most places in the country, a future where immigrants are a large part of their older adult population is far into the future, but in New York that future is today. What DFTA does here can become a blueprint for how other American cities can make it easier for immigrants to age in a country [bell] that they have made their home, but it all starts with providing DFTA with the resources it needs to respond to a new and more diverse face in New York seniors. Thank you.

NORA MORAN: Thank you for convening the hearing this morning. My name is Nora Moran and I'm a... [bell] woe... [background comments, laughter] dang [laughter]. Okay.

My name is Nora Moran and I'm a Policy

Analyst at United Neighborhood Houses for the

Federation of New York City settlement houses and

community centers, 38 members working with half-a
million New Yorkers each year, but in particular, our

members provide services, NORC senior centers home
delivered meal programs to over 70,000 older adults

in New York City every year.

At UNH we really believe that the potential of older New Yorkers to share their

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS

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experiences and their skills with their communities
is only limited by the degree to which the City
provides the tools that they need to age in place.
We applaud the administration for baselining and increasing funding for elder abuse services, but
we're concerned to see little new investment in any other services in the Preliminary Budget.

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Our members are really aware of the gaps in services and they've noticed increases in program participation in the last year. Just to give one example, one of our members has seen an additional 100 individuals attending their senior center every month for the past year and without additional resources to support and expand services, providers are pressed to serve more individuals with stagnant funding.

So based on the collective experience of settlement houses serving older adults, we recommend the following investments in the Department for the Aging's budget: Restore \$1.9 million for NORC SPP programs or classic NORCs; there are several NORCs throughout New York City who are not awarded contracts under the 2014 DFTA RFP process; we urge City council to continue supporting those programs.

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 119 And additionally, given the impact in New York City of proposed cuts to NORCs in the State Executive Budget, it's really imperative for the City and the Council to continue its strong support of these programs. Restore baseline \$1.95 million for the Neighborhood NORC program. As others have mentioned, having a baselined steady funding stream for this program would allow more Neighborhood NORCs to be developed, especially in outer boroughs and you know the point about the State budget, applies for Neighborhood NORCs as well. We also recommend restoring and baselining \$1.2 million for an additional weekend meal, either in the home or in a senior center; this was funded last year as a Council initiative and as we know, instability, especially in terms of food programs and food access is important; baselining this money would help ensure that those services can continue. Alright. We also recommend restoring and baselining \$3 million for DFTA's case management program, echoing all the points that were made here earlier today about case management and the need to grow the funding for that program. very grateful for the Council's strong support of this program over the past couple years and we've

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 120 heard from our members that run case management; this has allowed them to increase their staff capacity, address wait lists and baselining these funds will allow them to continue to do that, and also really to attract, train and retain high-quality staff, which is always a challenge. Restore and baseline \$1.1 million for space cost per senior centers; costs for senior center facilities continue to rise; rent is expensive for everybody in the city, especially for senior centers and these programs really are the cornerstone of community-based services for older adults. And finally, though this does not fall within DFTA's purview, but we urge the City Council to continue its Geriatric Mental Health Initiative that it's funded for the past couple years. program was baselined in 2014, but the current RFP from DOHMH disqualifies many of the current providers from receiving contracts, it also shifts the scope of services to emphasize in-home services and while that's important, we feel that we need a blend of interventions based on community need and preference in order to promote mental health and increase access to treatment.

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Alright, one minute left. I'm gonna end there and turn it over to my other colleagues, but thank you for your time; we really appreciate it.

RACHEL SHERROW: Thank you. Hi, my name is Rachel Sherrow; I'm the Associate Executive Director at Citymeals on Wheels; I would like to thank Council Members Chin and Vallone for holding this hearing and for really being passionate consistently about our aging population and the aging services that we all provide. I'm not gonna go into such detail; again, as my colleague Nora, I'll give you back some time. You know Citymeals on Wheels, what we do; I think -- and I'm also not gonna go on about how much you've all heard and know about how large this population is and how it's going to keep growing and increasing and they need food and we need to guarantee a meal and what our program, what Citymeals on Wheels does is it fills in the City's gap, so DFTA funds all the meals that go out Monday-Friday; Citymeals steps in with private funding weekends, holidays and emergencies, because someone who needs a meal during the week needs it on the weekends, everybody needs to eat seven days a week, and especially with this population, bringing a meal

to the home not only is a way to check in on the person but also prevents other issues and malnourishment, hospitalizations, which actually cost the City much more. So we're asking to make sure that we are remembered in your funding; we do raise private dollars, but clearly it's not enough and we wanna make sure that we can continue serving our most vulnerable, those who can't come out to the hearings because they're stuck in their homes, so we wanna be able to serve them; there are over 18,000 of our homebound elderly throughout the five boroughs and we'd like to be able to continue to support them. So thank you very much and just don't forget about us and our meal recipients. Thank you.

CHAIRPERSON VALLONE: So it's an extra 200,000?

RACHEL SHERROW: It's an extra \$200,000 in addition to the \$600,000 from last year because they keep coming onto the rolls, which is fantastic and we don't want any wait list and we certainly don't wanna be able to tell someone that they have to cut up their meal on Friday and wait until Monday for their next meal.

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CHAIRPERSON VALLONE: So we're happy about that, so that's good.

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RACHEL SHERROW: And I appreciate that.

HARRIET BLANK: All ready for me? And I probably can even do this in this timeframe. So I just first of all wanna thank everyone for...
[interpose]

CHAIRPERSON VALLONE: Can you just put the mic closer, please?

HARRIET BLANK: oh, sorry... thank everyone for this opportunity to speak at the Council and to say that my name is Harriet Blank and I come from OHEL Children's Home and Family Services, and I really want to take time to really especially thank — he's not here — Councilman Andrew Cohen and the Committee on Mental Health for the ongoing support and of course I thank Council Member Margaret Chin and we really do applaud your ongoing support, 'cause without the help of our private partnerships and our governmental funds and all these kinds of helps, none of us would be here.

So just briefly; OHEL Children's Home and Family Services is a community-based social service agency with a more than 40-year history of providing

SENIOR CENTERS 124 a broad range of mental health and social services. Our geriatric mental health initiative continues to serve seniors in a variety of physician offices; we were able to expand to new offices, provide mental health, depression screening, advocacy, a lot of case management, a lot of case management and a lot of home visiting, and though we applaud the RFP that has come out, when I looked at the CZ that it looks at, I say to myself, wait a second, we're in 21 doctors offices and I'd say about half of the offices we are in are not included in the CZ; I mean, in this RFP, which makes me wonder, what am I gonna do about all those hundreds of families and seniors that we touch both at home as well as in their primary care offices. So I hope that we'll be somehow baselined sort of by your guys if they're not part of the RFP, but don't forget the older people that don't live in the correct CZ.

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON

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We know that the elderly patients often report to their physician physical symptoms that are masking depression and concern; some of the elderly people who come in are depressed, lonely and anxious and are seeking emotional support; not really asking for mental health, and we speak as an agency that

works with families and we've been talking about

families and caregiver services throughout the day

and all the needs, and case management is really also

a family event, and so we at OHEL started out

6 obviously as children and now have embraced the needs

7 of older adults.

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Just to let you know that for us, our workers do partner and provide short-term counseling, since we saw the need for home visiting once it was taken away from many programs; we've added it all together. The doctors' offices, which is a great idea for integrating mental and physical health, decreases the stigma in obtaining mental health services and eases the patient's first step and what we've really been finding -- we've been doing this for nine years through the good graces of City Council -- is that the physician, the mental health worker and the patient work in one office, we're colocated and people come to us; there are times when a patient calls a doctor; let's say they're coming up for a workup for Alzheimer's disease; the first person they'll see is no longer the physician or the PA; they will put in the social worker to kinda get a good assessment about what's going on with the

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family, what's going on with the patient and then help them to develop appropriate, both medical as well as psychosocial care.

The provision of mental health services to the aging New Yorker is of great importance as this population continues to grow; seniors are often living home alone in isolation and have suffered numerous losses and may lack the appropriate coping skills and resiliency to now deal with these issues. We recognize that there is more than one approach to reaching the seniors in the community and again, hopefully working collaboratively will help us. innovative initiative has allowed OHEL to educate seniors' families and providers, which we've done as part of this initiative. Psychoeducation and screening will only help to reduce stigma and allow people with mental health issues not to hide in their doctors' offices, but to be able to go for appropriate care.

We at OHEL appreciate the opportunity to participate in these innovative programs; we look forward to doing more; we applaud again the Council for addressing the needs of the whole people; we have started programming which we hope to expand as more

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 127 and more seniors are coming through our doors; we 2 3 need to return to our old fashioned social work 4 roots, which is going where the clients are; we 5 continue to provide caregiver support groups and 6 vital aging programs because as important as senior 7 centers are, not everyone is in a senior center; people are looking for other programs and we are very 8 happy that we've been able to ask the seniors that come to us for certain mental health counselor what 10 11 programs they want and examples of iPad versus, you 12 know, tablet; tell me what we wanna hear. So we've 13 been able to address those needs and then come up 14 with for our seniors carpooling [bell]. So again, 15 today we're all learning how to manage complex needs 16 of seniors and their families; we know we need to 17 collaborate and we thank you in advance for your 18 foresight and responsiveness. 19 CHAIRPERSON CHIN: Thank you. Thank you 20 all for the great work that you do and thank you all 21 for coming to this Preliminary Budget Hearing and we

[background comment]

Thank you.

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process.

CHAIRPERSON VALLONE: Thank you guys.

look forward to working with you on this budget

1	COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 128
2	CHAIRPERSON CHIN: Maryann Tutau [sp?]
3	from Hudson Guild Senior Center; Julia Martin, also
4	from Hudson Guild; Bonnie Nesbitt from LISC, and
5	Rhonda Soberman from [background comment] Chinatown
6	NORC, Neighborhood NORC. I'll be right back.
7	[background comment]
8	CHAIRPERSON VALLONE: Bonnie; are you
9	here?
10	BONNIE NESBITT: Yeah.
11	CHAIRPERSON VALLONE: So can we let
12	Bonnie go first so that we can get you going?
13	BONNIE NESBITT: Sure, thank you.
14	CHAIRPERSON VALLONE: Sure. And then
15	we'll work our way down there. See, now you threw my
16	whole plan out the window, 'cause you [interpose]
17	BONNIE NESBITT: You do whatever you
18	want, I'll
19	CHAIRPERSON VALLONE: Bonnie, go ahead.
20	BONNIE NESBITT: Okay. Thank you, Chair
21	Chin and members of the Committee on Aging for the
22	opportunity to testify [bell] on the FY17 Preliminary
23	Budget.
24	My name is Bonnie Nesbitt; I am a

Community Development Officer for the Local

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Initiative Support Corporation's New York City

program. I am submitting this written testimony on
behalf of LISC New York City.

LISC equips struggling communities with the capital, strategy and know-how to become good places to work, do business and raise children. Working with the local stakeholders, we invest in housing, health, education, public safety, and job creation. During the last 30 years we have worked with community-based organization to address local challenges and incubate new solutions. In New York City alone, LISC and its affiliates have invested over \$2 billion, leveraging over \$5 billion for lowand moderate-income communities, resulting in over 36,000 units of affordable housing and over two million square feet of retail and community space. As part of this housing work, we have supported the development and rehabilitation of hundreds of senior apartments directly and through our affiliate, the National Equity Fund.

LISC New York City asks for the Council's support for additional discretionary funding for our Communities for Healthy Food program, which we believe is a powerful too to address healthy food,

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access issues and food and security issues faced by many seniors.

During City Fiscal Year 2016, Communities for Healthy Food received \$500,000 from the City Council to deliver services in the Mount Eden section of the Bronx, West Harlem, Cypress Hills/East New York and Bedford-Stuyvesant.

For City Fiscal Year 2017, we request additional discretionary funds in the total amount of \$1.3 million to heighten program impacts in these neighborhoods and to expand the program into the Hunts Point section of the Bronx and the Rockaway section of Queens.

is an innovative, place-based initiative that integrates access to healthy, affordable food in underserved neighborhoods across New York City where residents have higher rates of diet-related diseases like obesity and diabetes, high levels of poverty, chronic unemployment, long-term reliance on public assistance, like SNAP benefits and low levels of fruit and vegetable consumption.

LISC New York City has partnered with several community-based organizations in this program

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 131 with deep roots in their neighborhoods who own and 2 3 manage affordable housing, commercial spaces, 4 community centers, and deliver an array of social and economic development services. Our community partners include Cypress Hills Local Development 6 7 Corporation, Northeast Brooklyn Housing Development 8 Corporation, West Harlem Group Assistance, who is also here today, New Settlement Apartments, Banana Kelly Improvement Association, and the Ocean Bay 10 11 Community Development Corporation. These program partners in turn work with resident groups as well as 12 citywide organizations, such as City Harvest, Just 13 Food and Corbin Hill Farm to deliver a set of bundled 14 15 services that include neighborhood outreach, 16 nutrition education, cooking classes, the improvement 17 or creation of healthy food outlets, such as food 18 hubs and pantries, and the fostering of good food 19 sector jobs. 20 As we've heard a lot today, seniors 21 remain a vulnerable population in New York City. 2.2 According to the DFTA Annual Plan Summary released in 2.3 September 2014, New York City's older adults experience an increase in poverty over the last 20 24

years from a little over 16 percent to about 19

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percent; in that plan it also said that more than 1 in 3 New York City resident older adults experience difficulty affording food, about 35 percent and that was a 40 percent increase since 2003.

We believe that the Communities for Healthy Food program is strengthening the food infrastructure system in our catchment neighborhoods, positively impacting both families and seniors. Since the program implementation began in 2014, the following resources and units of service have been deployed across our target neighborhoods, with roughly one-third of program participants and recipients being seniors. The program has provided over 750,000 pounds of emergency food for close to 50,000 food pantry clients. The program has connected directly with almost 15,000 residents through neighborhood outreach and awareness campaigns, enrolled 1,350 households in the Supplemental Nutrition Assistance program, created 10 new farmers markets, farm shares and gardens, trained close to 1,300 residents on healthy food resources, basic nutrition and gardening skills, held program activities for over 13,000 neighborhood residents, including nutrition, classes, urban farming, grocery

1	COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 133
2	store tours, and culinary training workshops, and the
3	program has trained 72 neighborhood [bell] residents
4	to become community chefs.
5	CHAIRPERSON VALLONE: So Bonnie, since
6	you got cut off, it's \$1.3 million that would be able
7	to bring services throughout the whole city; is that
8	what
9	BONNIE NESBITT: No, we would like to
LO	continue with the four original neighborhoods that we
11	started with and add two new neighborhoods.
12	CHAIRPERSON VALLONE: Which would be
L3	where?
L 4	BONNIE NESBITT: The two new
L5	neighborhoods are in the Hunts Point/Longwood section
L 6	of the Bronx and Far Rockaway in Queens.
L7	CHAIRPERSON VALLONE: And where are the
L 8	existing four?
L 9	BONNIE NESBITT: They are in Bedford-
20	Stuyvesant, Cypress Hills/East New York, Mount Eden
21	in the Bronx, and West Harlem.
22	CHAIRPERSON VALLONE: Is there any other
23	type of agency or group that's doing similar what you
24	are in other areas throughout the city, since Queens
25	wasn't on it? [sic]

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 134 I mean there's a lot of 2 BONNIE NESBITT: 3 healthy food work going on, but it's not necessarily 4 coordinated in the way that this program is and it's 5 not place-based in the way that, you know, a community-based organization who has been in these 6 7 neighborhoods for decades who have long-term relationships with residents, who have the trust and 8 legitimacy of the community to really sort of integrate and infuse these programs and activities 10 11 into their comprehensive community development. CHAIRPERSON VALLONE: Well if there's 12 13 ever a chance to expand, let me know; we'll try to 14 help. 15 BONNIE NESBITT: Okay. 16 CHAIRPERSON VALLONE: Thank you. 17 BONNIE NESBITT: Thank you. 18 CHAIRPERSON VALLONE: Whoever wants to go 19 next. 20 JULIA MARTIN: I've come not to ask for 21 money, but to tell you where you can save a great deal of money, millions if not billions of dollars. 2.2 2.3 CHAIRPERSON VALLONE: Alright, we're

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listening.

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JULIA MARTIN: The seniors are put at constant risk by bicycles that run lights, that knock us down, that put us in the hospital and those bills, per senior, can run a half-a-million dollars...

CHAIRPERSON VALLONE: And your name, my dear?

JULIA MARTIN: And the ice and snow that don't get shoveled, if we fall it's gonna cost another half-a-million per senior. Also, dental care; if we don't get dental care we get heart conditions and that costs a lot of money; the buses also don't run in a timely way, so have trouble coming to the senior centers and we're asking for you to think out of the box and get statistics from the hospitals, pressure the Mayor; the Mayor says the bikes are not a problem because seniors are not killed, while the fact that we're not killed, we're costing a lot of money because we need a lot of medical care.

I'm also asking that the -- there are ways that these meetings can be held and everybody can understand and hear what's happening; there are listening and translation devices that are available that museums use that we can use at City Council

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 136 meetings and at other meetings and at senior centers 2 3 so that we can all be part of what's going on. 4 asking the City Council to ask for hearings about the bikes and about other safety issues; we've had a few meetings in the communities, hundreds of people have 6 7 showed up and there has been no action. We are at risk and we wanna stay healthy and we wanna stay 8 safe. I've spoken to many of my neighbors in their 90s and they say that they have not had any problems 10 11 until they reached their mid 90s; therefore, many of us can stay healthy and safe for 30 or 40 years if 12 13 we're not knocked down by a bicycle. Thank you very 14 much. 15 CHAIRPERSON CHIN: Can you please identify yourself? 16 17 JULIA MARTIN: I'm Julia Martin; I'm 18 President of the Senior Advocacy Committee at Hudson 19 Guild Senior Center in Chelsea or 9th Avenue. 20 CHAIRPERSON CHIN: Great, thank you. 21 MARYANN VITARO: Hi, I'm Maryann Vitaro [sp?] and I am with the Health and Nutrition 2.2 2.3 Committee and I periodically give out health articles related to food in a dining experience. I would like 24

to see an increase in our budget for nutrition

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because it is a known fact, according to my research, that more greens and fruits, such as berries, added to the diet benefit the mind, the body and the immune system and keeps us healthy. Okay.

And also I would like to address the fact that because of budget cuts at our center, which is the Hudson Guild, we just lost one of our... [pause] [background comments] dear and beloved members of the staff, which was Frederick and he was amazing; he brought in so many activities and programs to our center and I express the feelings of the majority of our members and I was wondering if corporate America — I know they donate volunteers to come to our centers, like the social work interns, but what about maybe if they dug into their pockets and gave us some money to help with our monetary problem; now why not maybe we could start a letter-writing campaign? And I think that addresses all my concerns. Thank you.

CHAIRPERSON CHIN: Thank you, Maryann and thank you, Julia. I also urge you to reach out to your representative; I think you're in Council Member Corey Johnson's district, so... [crosstalk]

MARYANN VITARO: Correct. Yes, I helped him to be elected.

CHAIRPERSON CHIN: definitely work with him and so we can work on this issue together.

nonstop for four years, after I was almost knocked down by a bike; I had -- they see me coming and they go under their desks; nobody will take this issue on because Transportation Alternatives says no, we just need more bike lanes and the bikes will learn to behave themselves; they will not.

CHAIRPERSON CHIN: But we will work with you, okay?

JULIA MARTIN: Thank you.

CHAIRPERSON CHIN: Our committee will work with you because we wanna make sure that seniors are safe, so we will take this up together. Okay, thank you.

RHONDA SOBERMAN: Hi. My name is Rhonda
Soberman; I may look familiar, since I was here last
Friday and spoke with you, so I am going to limit
some of my comments; you have the information about
who we are; I'm representing the Visiting Nurse
Service of New York Chinatown Neighborhood NORC, and
I'm going to sort of not go through, you know what

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our community looks like, since you're aware of it and it's in my written testimony.

But I do wanna say that based on our conversation last week I did bring an article for you to read on the Chinatown NORC and its partners with New York City and the colon cancer screenings that we did as a part of a collaborative down in the Chinatown area, because I thought it would really highlight what these Neighborhood NORCs and NORC programs can do.

regarding NORCs and NNORCs, I wholeheartedly agree with; I also just wanted to bring a little bit more clarity by telling you that the current funding level that we get at our NORC and many other NORCs, right now we're getting some money from New York State Office for the Aging, which has been reduced several times since the year 2006 due to State budget cuts, and we also receive your City Council discretionary funds and without that we would not be able to operate. Our program services over 1,100 residents in this [sic] 2,000 seniors in our 24 square blocks. These funds, through foundations and all that, as I explained last time, are time-limited and we're

unable to broker on those funds because we can't prove that we have sustainability.

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The residents in our community can't participate because they are very low-income and they don't have any financial way of giving money towards the NORC services and today's funding doesn't allow us to properly staff for the number of seniors that come into our office every single day. So at this point, for example, we need an additional 2.7 full-time equivalents that equates to about \$127,000 in order for us to have what we believe would be a minimum staffing level to service the number of people that we are trying to service.

Also, we want to again reinforce what others have said before me, that NORCs are an effective strategy towards stabilizing the health and wellbeing of residents, especially in this immigrant and aging community and we want you to consider pressing for continued funding of NORCs through the regular NORC-SSP funding for years to come, increasing the base funding; we really need it baselined and we also need more money. You know, to go and start new programs, and Visiting Nurse Service of New York is involved with programs throughout the

city as the health partner, but when programs are given minimal funds, they can't reach the potential that they can -- living on a shoestring budget doesn't allow you to reach the outcomes that have been expected, so to give some money and not enough to really provide a viable program is not a service to the community, it's not a service to the people who are trying to operate these programs; it's not a

service to the city at all.

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON

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Lastly, we do believe that it's important to expand NORC communities throughout the city in areas that have the need and meet the qualifications and to give them the money they need to, at least initially, do the research that's required to understand what the needs of the community are; to just give people money and say go and serve people, people need to understand what their community's all about and where they can really make a difference.

So thank you again for your vision and your support of NORC programs and NNORC and we really count on you to help support us moving forward. One other thing I did wanna mention about what was said before is about the timing of how the money comes in and when you get that money, it's really really very

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS
very difficult; when June 30th comes and we don't
know whether or not on July 1st the program's gonna
continue there are very difficult decisions that have
to be made regarding staffing and whether we can
continue service. So you know these communities
count on us to be there for them, but we have to
count on the funding to be there for us so that we
can deliver the service in a meaningful way and the
stop and the start and the anticipation of will we be
able to continue [bell]; won't we be able to continue
is really difficult. Thank you again for today.
CHAIRPERSON CHIN: Thank you. I mean
that's what we are gonna be working very hard to try
to get that amount of money baselined, because the
Council provides support, but these are core
services, so we will continue to… [crosstalk]
RHONDA SOBERMAN: [inaudible]
CHAIRPERSON CHIN: advocate on that.
RHONDA SOBERMAN: Thank you.
CHAIRPERSON CHIN: Thank you for coming
in to testify today. We're gonna call up the next
[crosstalk]

CHAIRPERSON VALLONE: Thank you guys.

1	COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 143
2	CHAIRPERSON CHIN: panel Carolyn
3	Colen Co [background comments] Cull Cowen,
4	Federation of Products and Welfare Agency; Rena
5	Resnick, Metropolitan Council on Jewish Poverty; we
6	have Gladys Gladys still here, Solano, from 94 East
7	1st Street senior building, and Carl Gol… Goldfarb.
8	CHAIRPERSON VALLONE: Carl's on the move.
9	CHAIRPERSON CHIN: Oh you're okay.
10	[background comments]
11	CHAIRPERSON VALLONE: Thank you for your
12	patience and making it to the 1:00 hour.
13	CHAIRPERSON CHIN: Please start and
14	identify yourself.
15	GLADYS SOLANO: Okay. Good afternoon.
16	My name is Gladys, Gladys Solano and I'm a member of
17	the senior
18	CHAIRPERSON CHIN: Gladys, you have to
19	talk to the mic, talk into the mic.
20	GLADYS SOLANO: Oh here. Okay. Sorry.
21	My name is Gladys, Gladys Solano and I'm a member of
22	the University Settlement at 189 Allen Street and I'm
23	also a senior center, senior council for the center.
24	I'm here to ask for help, okay, maybe in
25	three issues. We have first issue is that we need

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 144 social workers at the center, we only have just one social worker for more than 10 seniors that come for help and by the time it's time to go home, half of those seniors haven't gotten the help that they need and they've gotta go back home without the help and it makes it very difficult for them to come back because some of them, they can't walk very well and they have disabilities in traveling and actually we hope that we could get more social workers at the center to get the help that they need.

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The second issue is that we need vans to get the seniors from their homes to the center because without them they won't be able to get out and some seniors, they need to get out for a couple of hours to enjoy other companies around them. So we'd appreciate that if we could get some vans to get the service for them.

The other issue is that we can't be waiting on lists for meals; they keep telling us we have to wait to get the meals to the seniors at home; there are times that seniors can't cook for themselves and they don't have anybody to attend for them so they provide and they wait for those meals to come to their homes. But without those vans and

1	COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON
0	SENIOR CENTERS 145
2	those meals, we can't get to them, so I appreciate it
3	if you, you know, you would help in those issues on
4	us.
5	CHAIRPERSON CHIN: Thank you. I just
6	wanna make sure that you talk to the director that
7	runs the senior programs at University [crosstalk]
8	GLADYS SOLANO: Oh yes, we we
9	CHAIRPERSON CHIN: and make sure that
10	they contact us directly
11	GLADYS SOLANO: I will.
12	CHAIRPERSON CHIN: then we can work on,
13	in terms of the budget…
14	GLADYS SOLANO: Yeah.
15	CHAIRPERSON CHIN: especially for like
16	transportation or van; some of them might be capital
17	dollars, so… [interpose]
18	GLADYS SOLANO: We appreciate it very
19	much
20	CHAIRPERSON CHIN: so definitely they
21	will help you reach out [sic] [crosstalk]
22	GLADYS SOLANO: thank you.
23	CHAIRPERSON CHIN: But thank you for
24	being here.

GLADYS SOLANO: Thank you.

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CARL GOLDFARB: Yes. My name is Carl Goldfarb; I have been tending University Settlement senior center at 189 Allen Street for over two years now; I am a volunteer there and I have been a Jazz Volunteer for the last 15 years at Jazz at Lincoln Center, Arts for Art Vision Festival and Greenwich House Now.

As Max Roach once said, "We insist for more funding" for the FY17 budget. Mayor de Blasio has no additional funding planned in the Preliminary Budget, as [inaudible] in the LiveOn NY sheet, except for elder abuse and funding additional social workers in senior centers. I would insist more funding for meal reimbursement; giving senior citizens more funds for meals means my fellow senior citizens and I can continue to enjoy meals at our centers. Many of our seniors have only [inaudible] meals at University Settlement; they need better food, better appetites and we know we want to improve all of this.

Finally, the additional funding for social workers in our senior centers means we can call to qualified professionals right here in our community for help those people may need. We need senior social workers to help people that don't have

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family nearby to help them out and they need to have someone, just have someone to talk to and knowing that we have someone to help them can really bring peace of mind to their seniors.

I have been attended [sic] to Community
Board 3 members where I live; I wanna say that our
community has improved, but it had many problems over
the last 10 years. There are more students that are
nonresidents and many more bars with people that are
intoxicated and disturbing the neighborhood; it makes
it very hard for seniors to get around the senior
centers they need. I finally wanna say that as
Pharoah Sanders once said about 50 years ago, "The
creator has a master plan, peace and happiness for
every man throughout the lands." Thank you very
much.

CHAIRPERSON CHIN: Thank you Carl for being here and thank you for your volunteer service at the senior centers.

is Carolyn Cowen and I'm a Policy Analyst at The
Federation of Protestant Welfare Agencies. I'd like
to thank the Council Chair Chin and the members of
the Committee on Aging for the opportunity to testify

today and your leadership on important issues affecting older adults in New York City.

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FPWA is an anti-poverty, policy and advocacy organization, with a membership network of nearly 200 human service and faith-based organizations in New York City, FPWA strives to build a city of equal opportunity that reduces poverty, promotes upward mobility and creates shared prosperity for all New Yorkers.

We urge the Council to invest in the vital human service programs for older adults to ensure that all aging New Yorkers have access to opportunity and upward mobility.

New York City is home to 1.3 million older adults over the age of 60; by the year 2030, the estimated number of older adults is 1.8 million, which would account for around 20 percent of the New York City total population. As the older adult population is increasing, so is the rate of older adults living in or near the poverty level. In 2013, for example, 20 percent of older adults in New York City were living below the poverty line. FTWA's recommendations not only seek to address the immediate need that older adults face now, but also

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 149 work to support the shifting aging population through investing in future-facing infrastructure, services and programs. New York City can help begin this process with the following recommendations, which I'll outline: Restoring funding for case management to \$3 million; enhance funding for adult day services to \$2.3 million; enhancing funding for senior centers to \$8 million, and increasing funding for caregiver supports and respite by \$3 million; restore \$3 million in funding towards case management.

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As the older adult population grows, so should services that provide comprehensive support. Case management services currently allow social workers to assess the safety and quality of an older adult's living; increased funds to \$3 million towards case management for older adults will enhance New York City's capacity to address a growing wait list and growing caseloads. These funds will promote seniors' ability to live in their communities rather than be placed in expensive and potentially isolating nursing homes.

Enhance funding for adult day services to \$2.3 million. Adult day services gives older adults with dementia, Alzheimer's or physical disabilities a

SENIOR CENTERS 150 safe environment to interact with other older adults and their communities. In addition to the

supportive, safe environment they provide for older

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON

5 adults themselves, they also provide respite and

6 peace of mind to caregivers.

Enhance funding for senior centers to \$8 million. \$8 million should be included to enhance the availability of social work services and increase the number of culturally competent, skilled social workers in senior centers. This is a proactive measure for older adults to age successfully, as social workers are trained to intervene before a potential crisis can transpire, as well as to provide mental health services.

Lastly, increase funding for caregiver support and respite to \$3 million. Caregiving is an increasingly important topic, as adults in the prime of their careers, especially women, struggle to meet the needs of growing children and aging parents at the same time. By supporting caregivers with services such as respite care, support groups, homecare and others, we are supporting New York City's workforce as well as future growth.

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We thank the Committee on Aging for the opportunity to testify; we hope you will consider our budget priorities and recommendations for older adults during this year's budget negotiation process. Thank you for your time.

CHAIRPERSON VALLONE: Well as you heard by our questions of the Commissioner, we completely agree with you, so thank you very much.

RENA RESNICK: Thank you, Chair Chin and Council Member Vallone for inviting us to speak My name is Rena Resnick and I'm from Met today. Council on Jewish Poverty. Met Council supports and champions seniors, families and adults living in poverty and near poverty through a myriad of social services. Particularly vulnerable are senior immigrants whose median income is only about \$9,000 compared to \$18,000 for native-born seniors. Although native-born seniors may have worked their entire lives, they still may not have a deep enough safety net and are unaware that they are qualified government benefits. These challenges will only increase as more seniors age, as has been discussed earlier.

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City Council is vital in enabling Met

Council to assist seniors and other vulnerable New

Yorkers. In addition to individual number items for

our food, social services and handyman programs, Met

Council is supported through the following City

Council initiatives:

ACES or Access to Crisis and Emergency
Services underwrites the cost of caseworkers who help
clients under threat of eviction or utility shut-off
and those who cannot pay their medical bills.

Handyman services or like we call Project Metropair, provides free handyman services and home repairs to low-income seniors, enabling low-income adults to continue to live in their homes safely and independently.

Continued funding for Holocaust Survivor

Initiative, which supports Met Council's fourth week

home-delivered meals which will purchase groceries

for survivors who are SNAP recipients during the

fourth week of each month.

Finally, ESP or Extended Services

Program, together with our local network of Jewish

Community Councils, are the frontline of defense for

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those in need and provide essential anti-poverty services in all five boroughs.

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In conclusion, Met Council cannot continue providing vital social services to thousands of needy senior New Yorkers each year without our vital partnership with New York City Council. We deeply value your leadership and look forward to working together to help the needy throughout New York City. Thank you.

CHAIRPERSON CHIN: Thank you all for coming to testify today.

[background comments]

We're gonna call up the next panel -
Tanya Krupat from The Osborne Association Elder

Reentry Program; D. Alexandra Dyer, Healing Arts

Initiative; Linda Hoffman, New York Foundation;

Jackie [inaudible] -- if I mess up your name, please

correct me later -- Local 372 and Omar Bosher [sic],

Butcher [sic]... [background comments] Local 372. When

you identify yourself you can [background comments]

do it. Thank you.

[background comments]

JACKIE FEBRILLET: Good afternoon. Good afternoon Chairwoman Chin and Councilman Vallone. My

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 154

name is Jackie Febrillet; I'm the Political Director for Local 372 and I wanna thank you for giving us the opportunity to testify. I'm here to provide testimony on behalf of Local 372 seniors who are part-time workers who represent about 9,413 seniors who were former DOE employees; we're talking about school crossing guards, school aides, school lunch workers, and currently we're facing a big situation with our seniors.

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related fund which provides supplemental funding for prescription drugs for the retirees and for their spouses and their dependants; because of many factors, including the increased cost of prescription drugs, loss of jobs and increase in age of retirement, the fund has been depleted and we're not talking about well-to-do retirees here, we're talking about some of the lowest-paid Board of Education workers; these are the people that prepare the lunches for our kids in the schools; these are the people that take are of our kids in the cafeterias and the yards to make sure that they are safe; these are the seniors that we're discussing; they're in senior

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 155 housing; they're in NYCHA; they're struggling as it is and because of several factors this fund has been depleted and we're here to ask for assistance. Currently the fund is in a \$6 million deficit, but the 372, along with DC 37, is working on repleting the fund; however, we need your assistance; we're asking for a \$3 million budget line in order to restore the safety net; if this safety net is not restored -- currently the retirees who are not eligible have to pay a \$55 COBRA payment; after July or June there's a possibility that the COBRA payments will increase to \$150 to \$200 a month. Now for such low-paid retirees, this is detrimental. We're asking the City Council and the Mayor to assist us with a budget line of \$3 million to really assist to keep this fund going. Again, we're talking about former school aides, former school crossing guards and school lunch workers, part-time employees, their pension is very small; many rely on social security and after spending so many times working for the Department of Education and working to take care of our most precious commodities, our children, it would be detrimental if at the later years we cannot do everything possible to make sure that as retired

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individuals that they can afford the medicine that they need. Thank you and I will let Omar Boucher from my department also speak briefly on it.

OMAR BOUCHER: Thank you, Chairwoman Chin and Councilman Vallone. My name is Omar Boucher and as the Political and Legislative Coordinator for Local 372, I must say that I am a senior myself and so I can see the impact that is happening to our These members are faced with an increase, members. as my colleague says, in July, where their COBRA payment for their spouse might quadruple and in such a case this will affect their ability to feed themselves as well as pay their rent, so we face a dilemma. Our members have stepped up to the plate, the present workers, by agreeing to increase their contribution to the fund so that this would help to bring it back to the level that will be able to sustain our retirees. But one of the factors that has caused the delay in being able to bring it up is the fact that the City, which has an agreement with the Local and DC 37, has not increased their contributions since the 80s and that is -- I think right now they're contributing 17 cents per hour. inflation is factored in, they're paying less than 5

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 157 cents towards this fund and there's no way, as my colleague says, that the increase in prescription drugs and the other medical benefits that our members have to face each day, that they will be able to cope, so we're asking for a \$3 million injection to stabilize the fund so that we are able to restore the spouses back to [inaudible], as they deserve it; they -- many of their members -- as a matter of fact, some of our members are putting back retiring in order to make sure that their spouse -- because if they're working it doesn't affect them, it's only when they retire, so they are now putting back -- they are 72, 73 and older; they still have to work because the fund is not able to sustain their spouse. So we are asking for your help and we ask that you consider --I know this is not normal, but we are not facing a normal situation. Thank you very much.

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JACKIE FEBRILLET: Thank you.

[background comments]

TANYA KRUPAT: Thank you for the opportunity to speak with you today. My name is Tanya Krupat; I'm the Director of the Center for Justice Policy and Practice at The Osborne
Association and I'm here today to speak with you

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 158

about the pressing and compelling needs of seniors

returning home prison to New York City and about a

4 promising program called the Elder Reentry Initiative

for which we are seeking City Council funding.

In 2014, Osborne issued a report called
"The High Cost of Low Risk: The Crisis of America's
Aging Prison Population," which documents this
crisis. Seniors are the fastest growing segment of
prisoners, yet the City's geriatric service providers
do not have adequate experience to meet the unique
needs of these seniors and criminal justice providers
offer few services for this population.

Each year some 1,500 men and women age 60 or over leave state prison and return to New York
City; these formerly incarcerated senior citizens are at very low risk of recidivism but at very high risk of falling through the cracks in our social safety net. Elders released in New York City have distinct and complex circumstances upon reentry, including homelessness, unemployment, increased anxiety, fragmented community and family ties, and chronic medical conditions. To address these needs, The Osborne Association piloted the Elder Reentry

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Initiative last year with private funding from the Florence V. Burden Foundation.

The Elder Reentry Initiative was developed in partnership with many organizations and experts and grew out of the work of the City's Interdisciplinary Aging Reentry Task Force. The Elder Reentry Initiative has an in-prison component and a community component and I'd like to talk about the community component for which we are seeking City Council support in the amount of \$185,000 to provide case management and discharge planning to the most high-need returning seniors while also working to build partnerships and build capacity among service providers, including senior centers, medical providers, nursing homes, and others.

Currently there are no specialized services to meet the geriatric needs of this population who also face employment discrimination, trauma, stigma and isolation of a unique nature and magnitude; Elder Reentry Initiative staff are equipped to assess and assist with these numerous challenges.

New York City has the unique opportunity to set the standard for successful reintegration of

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 160 seniors by bringing together New York City senior centers, nursing homes, assisted living providers, doctors, and geriatric specialists. In our outreach to senior centers we have been encouraged by the positive response; many are aware of the toll that high rates of incarceration have taken on their communities and are also aware of grandparents raising children whose parents are incarcerated.

Mass incarceration affects the senior population in myriad; often invisible ways.

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The pilot year of the program has proven effective and we're pleased to share that it has the support and approval of the New York City Department for the Aging and both City and State Corrections

Departments. We have a moment in time to come together and address this growing crisis.

I'll close by sharing Jerry's story, which speaks to the needs and the possibilities.

Jerry enrolled in our Elder Reentry

Initiative three weeks before his release date at age
61 after serving 30 years in prison. He was
paralyzed with fear; he had no one to list as an
emergency contact, having told his family 30 years
ago to move on without him. He had worked as a cook

2 in the prison for over 10 years with a flawless

3 disciplinary record, but he worried he'd never find a

4 | job with his criminal record; he had no place to

5 live; he cried almost every time our staff met with

6 | him to develop a transition plan.

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We worked with Jerry before and upon his release and helped him set up and learn to use a cell phone and MetroCard, as well as assisted him with housing, a job and healthcare. We are working to help him rebuild and reconnect with his family and navigate a world he left behind decades ago and which has changed so dramatically.

Thank you for consideration and support of those like Jerry who need assistance and deserve a chance to live out the remainder of their lives in the community as healthy and happily as possible.

With the Council's support we hope to be able to make the Elder Reentry Initiative, take it to scale and to see New York City build a nationally replicable model for addressing this growing crisis. Thank you very much.

LINDA HOFFMAN: Good afternoon, Chairman Chin. Council Member Vallone, I feel I know in fact that I am preaching to the choir. Every year I'm

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here on my knees begging for funding for a program that you all know about, you all support and we are all, from the Board of Directors, staff and all of our clients and caregivers and everyone in the city who we're serving by our citywide home sharing and respite care program; we really really appreciate your support.

I don't even know that I have to get into great detail because you all know that home sharing really assists people who are over the age of 60, at least one of them, to find an appropriate, compatible share mate for their home as an affordable housing option. When it is so difficult to get housing in the City of New York, here we are saving homes, saving people from homelessness, moving people from homelessness into home sharing situations.

The other component of this program is respite care and I heard Bobbie Sackman talking about not having respite care in New York City and I was surprised because I thought she did know about our respite care program, which is providing short-term in-home care for frail elderly through certified home attendants at \$9.00 an hour, when all of these for-profit agencies are providing this care for \$18.75 to

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 163 \$22.00 an hour; it's providing care for frail elderly and hundreds of them each year citywide, as well as thousands of their caregivers and loved ones to be able to take breaks so that these caregivers can continue to take care of them and prevent them from premature institutionalization.

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So our program is really saving funding and Medicaid spending for the city and the state and last year, during last fiscal year, we've done an analysis that shows we saved \$39 million by keeping people in their own homes, moving people out of homeless shelters, preventing institutionalization and preventing unnecessary Medicaid home care for those in this particular two-pronged program, the only one of its type in the City of New York.

We are asking again to please, please, please, please provide us with individual funding, delegation funding in the boroughs and support as you've done, both of you have done, actually, in our request for funding from The Speaker. We're again very, very grateful to each of you for your ongoing support; we invite you on March 15th -- it won't be bad Ides of March, it will be the good Ides of March; we will have an annual home sharing and respite care program

1	COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 164
2	meeting, planning meeting that we will hold at
3	noontime at 11 Park Place in our offices and we
4	invite you and other members of the committee to
5	please join us and/or your representatives; we're
6	right around the corner from City Hall. Thank you so
7	much for your ongoing support.
8	CHAIRPERSON VALLONE: Did you actually
9	put your title and name on the record? We know who
10	you… [interpose]
11	LINDA HOFFMAN: I'm Linda Hoffman; I am
12	President of New York Foundation for Senior Citizens.
13	CHAIRPERSON VALLONE: See, now the world
14	knows what we know, which is good. Thank you very
15	much.
16	LINDA HOFFMAN: Thank you.
17	CHAIRPERSON CHIN: Thank you. I think
18	Linda, part of your testimony you talked about how
19	much money you're helping the City save; I think
20	that's something that you know, we wanted to be
21	able to do that, you know all the senior center
22	programs and senior services, you know by keeping our
23	seniors healthy and strong and happy, ultimately
24	we're saving taxpayers dollars in the long run

LINDA HOFFMAN: That's right.

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 165 2 CHAIRPERSON CHIN: so you know, please 3 share that information with us. 4 CHAIRPERSON VALLONE: And Tanya, thank 5 you for the information on the reentry program for 6 the pilot program, that was very eye-opening, so 7 thank you. 8 Thank you and I did wanna TANYA KRUPAT: 9 add; we've connected with five senior centers in the Bronx, five in Manhattan, including the Mott Street 10 11 Senior Center in Council Member Chin's district, five 12 in Brooklyn, and three in Queens and we're working on 13 Queens to increase... [crosstalk] 14 CHAIRPERSON VALLONE: And we're always 15 fighting for our DC 30s [sic]. [background comments] 16 CHAIRPERSON CHIN: Great. Thank you for 17 being here today. 18 LINDA HOFFMAN: Thank you. 19 CHAIRPERSON CHIN: We're calling up the 20 next panel -- Jo-Ann Yoo from Asian American 21 Federation; Susan Choy [sp?], Japanese American 2.2 Association of New York; from India House -- gotta 2.3 help me with your pronunciation -- Lakshman... [background comments] I couldn't do that last name 24

though. Well he'll identify himself.

[background comments]

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JO-ANN YOO: Good afternoon, thank you,
Chairwoman Chin and the members of the Committee on
Aging for convening this important hearing. Usually
Howard does the duties, but he's at home with a sick
child. I... [interpose]

CHAIRPERSON VALLONE: Introduce yourself...

JO-ANN YOO: Sorry. My name is Jo-Ann
Yoo; I'm the Executive Director of the Asian American
Federation; we work with over 60 nonprofit
organizations that serve the Asian American community
and of those 60, there are about 10 groups that serve
seniors specifically.

As some of you -- I'm sure both of you know because you have been huge champions of our community -- from 2010-2014 the Asian senior population grew at an annual average rate of 6.6 percent compared to the 2.5 percent of the overall senior population; over 134,000 Asian seniors reside in the five boroughs. Our recent analysis of the Asian population in each of the 51 City Council Districts shows that Asians represent at least 10 percent of the populations in at least half the City Council Districts. Some of our seniors are some of

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 167 the poorest seniors and Council Member Vallone, you talked about sprinkling pennies and I will tell you how true that is for our community because according to our social services report, all the City funding from 2002-2014, of the 5,000 DFTA contacts totaling \$2.5 billion, the social services organizations that serve the Asian American community received 189 contracts, totaling \$81 million; this in short, the Asian Community share was 2.7 percent of the total contract dollars. We talked earlier about -- I know there have been speakers, colleagues that talk about the low-paying -- the pay disparities, the lack of innovation because of that, but I will tell you that with my member agencies and the groups that serve seniors that's not the case actually; despite the fact that there's turnover, I think they constantly do an amazing job, they create amazing innovation; they continue to serve their seniors; every program that they have -- senior services programs, senior meal programs -- I think those programs are vital services for our seniors and they operate at a loss but they know that they can't continue, because without that, where would the seniors be?

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Some of our recommendations, we request 2 the protection of the subcontractors be put in place; 3 4 I know that we have talked to both of you before about this, that Asian American -- for instance, Asian homebound meals, nobody has a direct contract, 6 7 so they're getting cut when the main agency gets cut 8 and so you know that's why they're operating at a loss; we're asking for, as new housing gets built --I know that affordable housing's a hot topic in the 10 11 city right now; we ask that when we do talk about 12 affordable housing we talk about senior housing; we 13 need to talk about community spaces that could potentially be senior centers; seniors are spread all 14 15 throughout the five boroughs and we need to figure 16 out how do we create spaces for them. We -- sorry, 17 [background comment] We wanna thank you for the past 18 couple years that you've been such wonderful 19 champions, making sure that there's more money for 20 senior programs; I know that one of our member 21 agencies Kopo [sp?] has been able to open the very 2.2 first halal meal center in the city; this year we're 2.3 looking at India Home, next thing; they do an amazing program, but they don't have a center, so their 24 25 program is basically nomadic, so they go where they

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 169 can and that is a travesty to the community; you have to think about, you know how do you deliver consistent programming if there isn't a site. So we need to think about creatively how do you make capital funding available to these groups. You know from what I understand with the budget experts, they say you can't apply for capital funding unless you have all the money and there are still a few Asian agencies that can't even apply, so we need to figure out how do we make some of those changes. With that I will stop and thank you for this opportunity. LAKSHMAN KALASAPUDI: Hello. My name is Lakshman Kalasapudi; I am Program Manager at India

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Home; thank you Councilwoman Chin and Council Member Vallone for giving me the opportunity to testify.

I was here last week and India Home, as you know, is a nonprofit that serves South Asian seniors around Queens with senior center programs, recreational activities and advocacy efforts, thanks to people like Jo-Ann Yoo and the Asian American Federation.

So we definitely thank Councilwoman Chin for the immigrant senior centers initiative that helped us and Kopo, Homecrest and so many other

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 170 smaller innovations and really, as I mentioned last week, it's been the first year that we've been fairly adequately funded, but just as we have been adequately funded, we keep getting requests from the Afghani community, the Indo-Caribbean community and smaller South Asian communities that aren't even really covered in any kind of census profile or data that any of our advocate groups put out. So we've really only touched the brink of the iceberg. Home does do innovative services, like Jo-Ann mentioned; we give meals according to the [inaudible] dietary restrictions, vegetarian dietary restrictions and halal dietary restrictions, which I think it's hard enough to get a local senior center to do more than one dietary restriction; we're doing three every week and we provide a lot of services that aren't in the Mayor's budget for FY 2017, like ESL classes, citizenship classes, connecting our seniors to legal services and like a lot of the larger agencies say that their seniors expect their senior centers to be a one-stop shop and we are very much ready to provide these services, but there is not enough funding for social workers, there is not enough funding for staff and that's a huge unmet need; in fact, earlier when

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we were talking about SNAP enrollment and how it's underenrolled in elderly, per Jo-Ann's numbers, one-third of [inaudible] seniors are in poverty and that's to say nothing of Indo-Caribbean seniors and other smaller groups. And so you know there's underenrollment because there's not enough social workers to enroll our seniors into these programs and

so you really have to invest in where the

demographics are changing.

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON

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And so we wanna thank you for all your hard work that you've done already; we're trying to provide transportation in Eastern Queens; Council Member Vallone, you would appreciate this. We did do a community-funded transportation program throughout Queens, but particularly was most useful for the Bellerose neighborhood and Glen Oaks neighborhood, but we had to cut it because we were getting no funding at all for that program and right now we're only able to fund through discretionary funding salaries and meals programs, and we serve 400 meals a week, at least.

So these are really huge needs for our community; a lot of our seniors, they try to use Access-A-Ride, other public transportation systems

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 172 and it just doesn't get them to the senior centers; 2 3 service is very spotty or they have to go through 4 these Medicaid-funded transportation programs that 5 are again very spotty and... [crosstalk] CHAIRPERSON VALLONE: How were you 6 7 providing the transportation before it was... 8 LAKSHMAN KALASAPUDI: We used to... So we 9 got a bus from a private donor back in 2008 and that was really kind of the first leg up for India Home 10 11 and we just -- it was community donations; it was all individual contributions. And then in 2014 we were 12 13 looking at our books and we really ran into huge losses and we had to cut it; it was... [crosstalk] 14 15 CHAIRPERSON VALLONE: So it was your own 16 bus, contract... [crosstalk] 17 LAKSHMAN KALASAPUDI: It was our own... It 18 is... it still is our own bus and we applied for 19 capital funding in 2013 and we're getting a second 20 bus finally, but we have absolutely no expense money 21 to operate them and so... [crosstalk] 2.2 CHAIRPERSON VALLONE: We're trying to 2.3 create -- Margaret and I were talking about some type

of separate fund to allow each of the groups to have

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their own individual transportation needs met, since they have the best way to ascertain...

LAKSHMAN KALASAPUDI: Yeah.

CHAIRPERSON VALLONE: the best way to do that instead of using one of the providers, so...

[interpose]

anecdote, to our predominantly Bangladeshi, Bengalispeaking center in Jamaica, we get seniors from
Cypress Hills, Brooklyn, Westbury, Long Island,
Flushing, Queens; I even heard of one or two times
they came from the Bronx. So we have that draw that,
you know, even if you're in a neighborhood like
Cypress Hills, if you don't have the culturallyappropriate [bell] senior center, it just doesn't
work out. So thank you so much and we really do need
all your help. Thank you.

example; we ran into an elected official from Nassau

County that had created a fund to subsidize and pay

for all senior rides, whether it was a green car, an

Uber, it didn't matter, but to have all rides

subsidized and paid for from that fund so that

seniors [inaudible] and it was a tremendous success

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON
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    SENIOR CENTERS
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     and now that program is being looked at nationwide as
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     a transportation alternative to my favorite,
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    Access-A-Ride, that I always blast, and not a senior
     on the planet is happy with it, so gotta start
    thinking out of the box; gotta start finding ways --
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     if all this money's going and we're still not
    creating a property transportation alternative,
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    especially in Queens, 'cause they're trapped, we have
     to do it this way, so I'm open to any way to do it.
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                LAKSHMAN KALASAPUDI:
                                      Thank you.
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                CHAIRPERSON CHIN: Well thank you; I'm
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     glad to see you back from last week; sorry for it
     [sic] to be at these budget hearings, so we will be
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    working together. Thank you.
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                LAKSHMAN KALASAPUDI:
                                      Thank you.
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                JO-ANN YOO: Thank you.
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                CHAIRPERSON CHIN: Next is Jennifer
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    Lynch; Sonia Wincerin [sp?] and Mohamed Razi [sp?].
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     [background comments]
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                MALE VOICE: 'Kay. Thank you, thank you
     Council Member Vallone and Chairman Chin. So real
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    quickly, as I mentioned at the last testimony, so we
    are the first halal-serving center in Brooklyn for
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the South Asian/Muslim community; we do provide

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 175 multiple service, including the transportation and actually we welcome the idea that you're putting that into a separate budget. Most importantly, as Jo-Ann mentioned and others have mentioned, you know the Asian population represents 15 percent of the city or more; however, we only received 2.7 percent of the resources and the South Asian/Arab/Muslim community that we serve, we get .0000001 percent. It is a community that is growing and you know, we are thankful for, again, the initiative that you place with DFTA and were able to support us for the first time; we received not \$10,000, but we received \$75,000 and because of that, actually our senior center expanded tremendously because all the people that we were serving. We were supposed to serve only about 5,000 meals, but because of the people, when they found out, we're ending up serving almost 11,000 meals and we are really having our board members' and others' private donations trying to help us and it's working out very well.

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One of the most important things we wanna talk about and I mentioned before, is many large groups and organizations, senior centers claim that they are servicing our community; whether it's the

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 176

South Asian/Muslim community or whether it's the

Latino or other community groups and that they are

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the experts at it; I'm pretty sure they are, god bless them, but however, you don't need to have a

6 medical degree; we are not performing heart surgery.

This is the key -- the services that we would like to

8 provide we would like to be given a chance also to

9 provide those services to our community. Yes, our

10 community members have different cultural aspects and

11 | we are familiar with it and I'm sure other groups,

12 | they are familiar with their cultural aspects and I

do feel that the smaller Neighborhood NORCs might be

14 a good way to go and we do definitely support that.

15 In addition to that, we would like to request further

16 services, resources, you know not to be .0001 percent

of the budget line; the diversity of our city cannot

18 be represented by one large group, it's not possible,

19 | it's not a melting pot anymore, it's a salad bowl,

20 every community has their differences and their

21 cultures and they are keeping their cultures.

Current large contracts which are already in place, we would request, again, as others have mentioned, the contracts to have initiatives where policy and procedures so if there are budget cuts,

2 the subcontractors who are receiving \$5,000 or

3 \$10,000 aren't the first ones to go or let go.

4 Contracts we're requesting to be smaller; we request

5 that we have a fair share as other groups resources

6 for our communities and most importantly, let us

7 serve our community. Thank you.

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SUSAN CHOY: Good afternoon City

Committees. My name is Susan Choy; I'm a volunteer
and she is with Miss Sonia Vaserina [sp?], Assistant

Director from KASCS Senior Center. We are
representing Korean senior center; it's an acronym
for Korean American Senior Citizens Society of

Greater New York.

First of all, we would like to thank you so much for your incredible care and hard work for all our seniors regardless of races and regions throughout the whole senior community in general.

Thank you again and thank you for giving us this opportunity to participate in FY17 Preliminary Budget Hearing.

And just letting you know, we were... this is like the first time attending this budget hearing and so we weren't informed of the procedure, so we couldn't make plenty of copies for all of you, so if

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 178

you'll allow us, for the public record, we can send out by the e-mail, you know, as they gave us the e-

4 mail address, we'll definitely give it out to you for

5 the public record again.

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Okay. And on behalf of our president,

Mr. Peter [inaudible] and I'm just gonna read from

the statement. Don't worry; it'll be within like two
minutes.

Okay. Again, we are from Korean American Senior Citizens Society of Greater New York or you may simply call KASCS. Our office is located in Queens, New York but we have registered members from all over the New York area. Basically we would like to bring to your attention one of the main points and ask for your kind support and assistance.

First, within just about a year of 2015
we had about 300 newly registered members to our
center for 20 various activity programs, for example,
of arts and crafts therapy, citizenship and English;
we also have breakfast-lunch meal programs and
additional social services from many volunteers. We
have more than about 100-150 servings of congregated
meals prepared daily at minimum charges; I mean, we
did complete the discretionary award in February 16

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[sic] for Fiscal Year 2017; however, we still feel that we need more than what we originally stated, since we are receiving a higher demand to develop with our meal programs in our center. So originally, before we moved to a larger location in April of 2015 we didn't have to worry about requesting funds, but now, with better setting of kitchen and cafeteria in new location, we're starting to face hardship without any funds and support. And for lunch, just to let you know, we make mostly Korean food with quaranteed nutrition, fresh and warm, delivered to all our members and furthermore, we would like to develop our meal plans to give them more choices, therefore, we wanna request you to consider supporting us with more funding, please.

And in conclusion, please again consider with our KASCS center, acronym for Korean American Senior Citizens Society of Greater New York. I have to repeat this many times because now there's a growing number of Korean senior citizens and we have to be unique and since it's establishment in 1976, celebrating its 40th anniversary this year and in addition, we are planning to expand our mental health workshop and seminars, delivering awareness to our

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 180 senior members and not only that, we're also opening up another citizenship class on Saturdays to mend [sic] our senior members' request and once again, we highly appreciate for your attention and in the meantime, we will continuously seek to reach out to our Korean senior citizens to stimulate and encourage them for a better of quality of life in New York and thank you very much.

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SONIA VASERINA: What Sue explained about our lunch program, I have a copy of what we did last year and this is only from April-December. Our meal allowance that the senior provide was \$22,235.60; food that we get for the meals was \$30,844; salaries and gas equated to \$37,800. So we are like short \$51,400 for last year and we didn't include all of last year. So we need money desperately.

CHAIRPERSON CHIN: Well thank you for testifying. One question is that; are you... do you have a contract with DFTA for your center?

SONIA VASERINA: Yes we do. We did

Fiscal 2017 and I didn't put enough money for meals,

'cause we have like 100-150 people that we provide

meals daily; that's like 700... you know, almost 550 a

week.

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON
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    SENIOR CENTERS
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                CHAIRPERSON CHIN: So I guess -- have you
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     alerted DFTA in terms of the over-served meals that's
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    happening in your center? 'Cause sometimes they have
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     funding that might be able to help... [crosstalk]
                SONIA VASERINA: Yeah, but you know what
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    it is; we don't ... you know this is all new to us,
    because we never really had funds except for
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    discretionary funds and it's all new to us; we don't
     know where to go. I've gone and did grants galore
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    and it's slim pickings.
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                CHAIRPERSON CHIN: Well we will follow up
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    with you to make sure that we connect you with DFTA
     so that they can provide the support and oversight,
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     'kay.
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                SONIA VASERINA: Yeah.
                                         Thank you.
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                CHAIRPERSON CHIN: Thank you for being
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    here today.
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                SONIA VASERINA:
                                 Okay.
                                         Thank you.
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                CHAIRPERSON CHIN: Okay, this is our last
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    panel, but if anyone else wants to testify, please
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     fill out a form. We have Cynthia Maurer of Visiting
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    Neighbors; Debbie Quinones, Community Board;
    Constance... Constance Little [sic] and Rosa
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Concepcion.

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 182

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DEBORAH QUINONES: Good afternoon. My
name is Deborah Quinones and I'm the Vice Chair of
Community Board 11 up in East Harlem, District 8; I'm
also the Chair of the Health and Human Services
Senior Citizen Immigration, Mental Health and Seniors
-- it's all in one shot. I apologize that I do not
have anything written; I work at 90 Church Street and
I just saw an important need to pass by and
demonstrate a concern that we have as a health
committee on the issues that impact senior citizens,
especially in our community in East Harlem.

We have a significant population in East
Harlem that live under the poverty level; as you
know, we've gone through a major East Harlem planning
session, so we have a lot of that information
available to us and the things that we're trying to
do at the Community Board is to have dialogues that
we keep things present and we stay connected and what
we found in the Preliminary Budget discussion was
that senior citizen issues were like down at 57, 58
and we felt that after significant discussion that
the issues that we're concerned about are the mental
health of senior citizens, the issue of HIV and
infection with senior citizens, as well as meals on

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 183 wheels and access to that. We're concerned about the fact that while East Harlem is an age-appropriate district, that we fell that there should be more done to implement those plans. We find that there are a lot of reports and a lot of recommendations, but we don't see them coming to light; instead they end up on shelves. So we'd like to try and work a little bit better with you through the Community Board, through partnership and we just are trying to move forward with bringing more participation here at City Hall, so I just wanted to take a minute to thank you for all the work that you do, invite you to come to our committee, help us navigate through the waters of DFTA and all the other amazing agencies that serve senior citizens and how we can try an move forward to communicate those issues because we have significant immigrants that are seniors, we have issues with mental health; we have issues that are in NYCHA where, as you know, NYCHA has significant problems with repairs, but we don't have a lot of advocates, because they're so busy working so hard that they don't have the time to be at events like this and I just thought that it was important to share our

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 184 concerns, our work and extend an invitation to you to 2 3 help work with us. Thank you. 4 CHAIRPERSON CHIN: We appreciate you 5 being here. Thank you. DEBORAH QUINONES: Thank you so much. 6 So 7 now I have to get back to work. ROSA CONCEPCION: Good afternoon. I 8 9 wanna thank Chair Margaret Chin and the Aging Committee members for considering this testimony, 10 11 supporting Communities for Healthy Food's request for 12 the City Council citywide discretionary fund. 13 Bonnie Nesbitt spoke a little earlier from LISC, we're asking for \$1.3 million as a whole; 14 15 individually we're asking for \$250,000. 16 My name is Rosa Concepcion and I am the 17 Communities for Healthy Food advocate in West Harlem, 18 one of the groups that she had mentioned earlier and I am here today testifying for the whole group, but 19 20 mainly on behalf of West Harlem. 21 West Harlem Group Assistance is a 2.2 community-based development corporation established 2.3 45 years ago and works to revitalize the underinvested West and Central Harlem communities 24

riddled with dilapidated and abandoned buildings.

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 185

In 2014, with the support of LISC New York City, WHGA developed a vacant storefront on Lenox Avenue, between 141st and 42nd and we are now the Communities for Healthy Food hub in West Harlem and we serve as a portal to improve access to healthy food and advance educational prospects related to health and nutrition. Today the hub offers a variety of food resources for West Harlem residents, including our client Choice Pantry, cooking demonstration, nutrition education workshops and affordable community-supported agriculture farm share, assistance with food stamp enrollment and recertification, as well as information on how to find neighborhood resources for eating healthier on a budget, because that is a big problem with our community.

This program is dedicated to engaging youth, families and seniors with WHGA; it started with our WHGA portfolio, but we have expanded to everyone in the neighborhood; we thought that maybe it would just pinpoint those in the portfolio, but we have people coming from the Bronx, Queens, Brooklyn, everywhere to find help, because help is needed.

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Communities for Healthy Food is an innovative approach to expand access to affordable healthy food in the four economically-challenged communities that Bonnie mentioned earlier, which is Cypress Hills in Brooklyn, New Settlement Apartments in the Bronx, Northeast Brooklyn Housing Development in Bedford-Stuyvesant, and of course ourselves in West Harlem.

Since we began in 2014 in that vacant storefront, we've been able to offer the nutrition education things that I mentioned above, but also free tax preparation services, farmers market walks; we're getting our elderly -- we've giving them incentives to come out, we do long walks with them, we talk about nutrition, get them out and active; we do yoga on-site; for those who can't do yoga on mats, our instructor does chair yoga for those who can't do everything that we all do; housing and SCRIE referrals are also done; health screenings and medical insurance information is provided, in partnership with Food Bank for New York City's TEN program, which is the Tiered Engagement Network.

Since the beginning, 2014, West Harlem Group Assistance has been able to enroll 1,500

families in our food pantry; of that, 30 percent are seniors. We've been able to distribute 120,000 pounds of food, which 20,000 pounds are fresh produce, which is very important because 19 percent of West Harlem reports not having any fruit or vegetable daily, so that's our big draw when we get people in the fresh foods and we do have people who will not take any canned items and will come for the fresh foods and meat and the eggs; they love it, and we would love to be able to provide that more

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON

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frequently.

When thinking about ways to better serve our communities we keep in mind that approximately 204,000 New York City seniors rely on soup kitchens and pantries and like I said, in West Harlem we have 30 percent. We do offer our client, Choice Pantry and we've been able to create senior hours so our seniors are not standing in long lines with the rest of the community, they come at separate hours; they are catered to; they have choices, we keep things on the side for them, so if we have milk and it's running out, we make sure we keep milk for the seniors; if we have a limited amount of eggs, we make sure we keep them for the seniors; anything that's

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 188

2 reduced -- sugar, low-sodium, we make sure that we

3 keep for our seniors and it's hard to purchase those

4 | things and they're very hard to come about donated,

5 so we're asking for more funding so we can do that

6 for them.

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In our food and secure communities, our seniors are at high risk of chronic health conditions; 60 percent are likely to experience depression; I mean I have two seniors who live next door and they spend all day in my office, 9-5, just listen to me, they [inaudible] they bring lunch and they eat in the office; they live by themselves and we would love to be able to partner with community organizations that have maybe youth so we can do some intergenerational [bell] programming. So thanks again for listening; again, we're asking for \$250,000, an increase from \$125,000 we received last year in order to help our seniors.

CHAIRPERSON VALLONE: Well you heard us before; we are extremely interested...

ROSA CONCEPCION: Yes.

CHAIRPERSON VALLONE: and we want to find how we can grow and expand this concept to the other five boroughs.

ROSA CONCEPCION: Yeah.

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 190 CYNTHIA MAURER: My name is Cynthia 2 3 Maurer, uh actually, just call me Cynthia... 4 [interpose] 5 CHAIRPERSON VALLONE: Is your mic on, Cynthia? 6 7 CYNTHIA MAURER: [inaudible]... Okay. 8 CHAIRPERSON VALLONE: Now, yeah. 9 CYNTHIA MAURER: My name is Dr. Cynthia Maurer; I'm with Visiting Neighbors and we're an 10 11 agency here representing the oldest old. I mean we work with everyone from 60 to 106 is our eldest, 12 though 70 percent of our clients are over the age of 13 14 85, which we define as the oldest old. 15 Our populations are the people who are not going to go to the senior centers, they're not 16 17 able to go to the senior centers and the ones that 18 do, the youngsters; we take them to the senior 19 centers. Many years ago, back in 2010, we were cut 20 from DFTA's budget as not a core service, when we 21 provide elder abuse prevention, Safe City Safe 2.2 Streets, Friendly Visiting, which is a misnomer by 2.3 the way, and we know you get it and we need you to get other people to get it because our volunteers are 24

eyes and ears for us to be able to watch our seniors

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 191

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in the community, they are there to be a support -anything a friend does is what our volunteers do; a
lot of people don't understand how anyone can be all
alone in a city like New York and we see over 1,000
people a year that are, have absolutely no one.

In terms of cost-effectiveness, three seniors in a nursing home would pay for our entire program, so it just doesn't even make sense that we were cut from the core funding, because when case management, which is important, but when they go in they do their assessment, they leave and who do you think they refer to; us, and we're the ones who are going in there on a regular basis; visiting nurse too, they go in initially; maybe they'll do three visits, if you're lucky; our volunteers will go to seniors when they're in the hospital to make sure that medical staff pay attention, because seniors are often ignored, as you guys know and when having somebody watching makes a big difference. When a senior comes home; what do you need; what do you need to get you through. Safe Streets pedestrian traffic -- not only are bikes an issue, but people on their cell phone; we're getting more instances of people not paying attention 'cause they're walking and

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 192 talking on the darn cell phone; cracks in the sidewalk, changes in lights; getting people to do their shopping. Our program is threefold -- keep people home as long as possible, keeping them out of the nursing home through our support services of shop and escort; also it's tapping into the soul and what we mean; the spirit of the person and that is often neglected too. The concept of having someone have a birthday at 100 -- by the way, we've got 10 this year -- that we can say or have some school children go over with Valentine's cards or birthday cards and say happy birthday when their list of family and friends has been written off 'cause everyone's passed. had a 93-year-old the other day who says, "I need to find a new dentist; where do I find one, 'cause he died?" So this is hard when people are alone and don't have those connections and we have these support systems. Now we are thankful to the Council because we lost our funding from DFTA and we didn't just take a cut, we took a complete elimination from our services. When we did that, it was discretionary funds and the good support of a lot of good people that kept us going because our people had nowhere else to go. We are thankful to Margaret Chin for

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COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 193 being our champion because we'd have no home, but our determined staff was living in a closet before we -literally, 200-square-foot closet -- and literally, before we found a space when we had to downsize dramatically. We are determined to stay here for our people; we are gonna advocate and the third piece is that we are promoting volunteerism 'cause we think volunteers are the heart and soul of our city and we're about representing the best of New York and we're about the age-friendly New York that we're supposed to set an example for, so support programs like us; don't dismiss friendly visiting; help us get back into DFTA's sense of services because we are there to do all the preventative work and keep people from doing that rotation in and out of the hospital, which costs the City a lot of money and gives ratings of the hospitals a bad -- you know, it affects them too. So we do all this stuff and yet we're the unsung heroes, our volunteers are amazing, but without your discretionary funds we wouldn't be here and we need to be here and keep our doors open. CHAIRPERSON VALLONE: Hear, hear to

Margaret Chin. So how many visiting neighbor

volunteers are there?

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1	SENIOR CENTERS 194
2	CYNTHIA MAURER: We have 400 volunteers.
3	CHAIRPERSON VALLONE: And where are they
4	located?
5	CYNTHIA MAURER: We are in Lower
6	Manhattan; for us that's 30th Street, river to river;
7	we cover Community Boards 1-6; we also have a program
8	in Forest Hills, Queens because the Borough President
9	there really supports us.
10	CHAIRPERSON VALLONE: Is it something
11	that can be expanded if other Council Members
12	[interpose]
13	CYNTHIA MAURER: If If we had money;
14	we've gotten cuts and cuts and cuts [crosstalk]
15	CHAIRPERSON VALLONE: Sounds like my
16	house; my [crosstalk]
17	CYNTHIA MAURER: Yes. Yes, absolutely.
18	This is a concept that could be easily implemented.
19	CHAIRPERSON VALLONE: Before DFTA cut the
20	programming, how many volunteers were there?
21	CYNTHIA MAURER: We had 600 volunteers,
22	but we also had other services as well; we had entire
23	intergenerational program; we were the largest
24	intergenerational program the second largest
25	intergenerational program in the city. We had 120

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS

students in a given year from the inner city schools that were working with our seniors; in exchange for doing shopping the seniors would help them with their homework; obviously these were seniors that were able, we have a lot of retired school teachers and it was wonderful, it was a win-win; a lot of these kids were neglected at home, they were in families that were having issues and these kids not only stayed in school; we had a success rate of literally 95 percent that went on to college and many of them that was first generation going to college, and it got completely cut. We don't... [interpose]

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CHAIRPERSON VALLONE: So once again, we are interested. I see that we saved the best for last with the two of you up here, so we're very excited about... [background comments] both of...

[crosstalk]

CYNTHIA MAURER: and also caregiving support. We are doing this without funding for it and we are -- when we say caregiving, we're not referring necessarily to the respite, as many others refer to it when they usually say caregiving, it's kind of synonymous with that; we're referring to when a senior goes into a hospital and a parent has to

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 196 deal with an emergency room, how do you negotiate the 2 3 emergency room situation... 4 CHAIRPERSON VALLONE: Alright, so breathe 5 for a second... I know... [interpose] CYNTHIA MAURER: Yes, I'm sorry, it's... 6 7 I'm trying to get it all in. 8 CHAIRPERSON VALLONE: breathe in and out... 9 we hear you; you don't have to sell us, we're excited. So the other thing you mentioned real quick 10 11 was the ... being the eyes and the ears ... [crosstalk] 12 CYNTHIA MAURER: Yeah. 13 CHAIRPERSON VALLONE: where APS and case 14 management often fail... 15 CYNTHIA MAURER: Yes. 16 CHAIRPERSON VALLONE: so give me a quick 17 scenario of what happens when one of your volunteers 18 goes into an apartment, a home, a co-op, or condo and 19 finds a senior who is not doing well. 20 CYNTHIA MAURER: We had a -- here's a 21 perfect example; we had a young lady actually, she was only 19, and she noticed that a senior who she 2.2 2.3 was friendly visiting with was all of a sudden sort of deteriorating, not doing very well who always kept 24

an immaculate home, all of a sudden things were sort

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 197 of a disarray and wasn't really eating and she called us up and we said listen, we've gotta get her to her doctor or an emergency room and the senior was very stubborn, a lot of people are very afraid of finding out information, we try to express to them knowledge is power, so this young lady said look, I will stay with you, and with the trusted friend that she now had, she went to the emergency room; at the emergency room they put her in a corner and ignored her, but this young lady was very vocal and said, "You pay attention to this woman," who at the time was 95 years old, and this woman is still with us and doing very well; she had pneumonia. The doctor said had she not come in she would have died... [interpose]

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CHAIRPERSON VALLONE: So you'll coordinate the services... [crosstalk]

do provide the direct services and the staff is there to support the volunteers and to listen to what people are asking for, but also to be able to see what's going on. But we can't be everywhere, we're a staff of five and as I said, we serve over 1,000 people in the course of a year. To get out there, those volunteers, which we train, I mean we're a

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 198

volunteer program extraordinaire, that's what it is;

these volunteers are our heart and blood, they're the ones coming back and reporting information and then we as a staff go out there. We have a new program where we're working with NYU where we're coordinating nurses to go in and do blood pressure checks and try to do screenings about medication -- a lot of seniors don't even know if their medication's expired if it's still good and if it can mix with something else and you'd think well the pharmacy would... [crosstalk]

CHAIRPERSON VALLONE: So I'll leave you

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for the tip of the day -- there was a great bunch of high school students that came to my office from Bayside High School, which has over 3,500 students, who wanted to get themselves involved with the seniors and we thought of when Selfhelp was here, the Virtual Senior Center, where they're bringing programming into the seniors' homes that they don't know how to use, well enter the teenagers who know how to use all of this...

CYNTHIA MAURER: Right.

CHAIRPERSON VALLONE: right, so there's a way for us to put folks and the volunteers and the good ideas to work and I challenge all the groups

1	COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS
2	that came today to do those type of approaches with
3	our youth to show them that they can help our senior
4	and very simple ways, in ways they already know and
5	technology is the easiest… [crosstalk]
6	CYNTHIA MAURER: Our senior was thrilled
7	when she had a first she was calling us on a
8	student's cell phone and said, "I'm using a cell
9	phone"
10	CHAIRPERSON VALLONE: Exactly.
11	CYNTHIA MAURER: and then there was a
12	typewriter in the senior's home [crosstalk]
13	CHAIRPERSON VALLONE: My mother still
14	can't send an e-mail, so… sorry, mom, but…
15	CYNTHIA MAURER: and the student asked
16	the senior about the typewriter and said; "Is that
17	one of those SOS machines?" you know, so
18	CHAIRPERSON VALLONE: Yeah, we're not
19	that bad; we'll have to [sic] Thank you very, very
20	much.
21	CYNTHIA MAURER: Thank you.
22	ROSA CONCEPCION: Thank you.
23	CHAIRPERSON CHIN: Thank you, Cynthia for
24	all the great work that Visiting Neighbor does and
25	earlier I did mention you guys, mentioned it up to

1	COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 200
2	the Commissioner, because they're starting this
3	Friendly Home Visit program that they were talking
4	about and I said wait a minute, we have an
5	organization like this in a neighborhood who's been
6	doing this for years
7	CYNTHIA MAURER: 44 years.
8	CHAIRPERSON CHIN: 44 years. So we have
9	to connect you back to DFTA
10	CYNTHIA MAURER: Yes.
11	CHAIRPERSON CHIN: so that you can be
12	part of the core service and so we'll work together
13	on that. Thank you for coming today [crosstalk]
14	CYNTHIA MAURER: Thank you. Thank you;
15	hugs on behalf of everyone that I represent.
16	CHAIRPERSON CHIN: Thank you. Anyone
17	else wanna testify? No? Okay. Well thank you all.
18	Yes? [background comments] Oh, if you wanna
19	testify, you have to fill out a form [interpose]
20	CHAIRPERSON VALLONE: Unless you just
21	wanna come up and talk to us.
22	[background comments]
23	CHAIRPERSON VALLONE: Well it's Margaret
24	and I, so

CHAIRPERSON CHIN: Yeah.

COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON 1 SENIOR CENTERS 201 2 MELINDA HOWARD: Okay. 3 CHAIRPERSON CHIN: Can you identify 4 yourself? MELINDA HOWARD: Yes. My name is Melinda Howard and I was invited not to speak, but just to 6 7 attend the hearing on behalf of Project Find, but I came a little late and so you know... and they left, 8 but I wanted to ask you when I recognized you, Chairman Chin; does your board conduct any type of 10 11 monitoring of how these different funds are distributed; is there a follow-up evaluation? 12 13 CHAIRPERSON CHIN: Yeah, I mean the fund that is allocated by the City, you know for senior 14 15 services are monitored by the Department for the 16 Aging... 17 MELINDA HOWARD: Okay. 18 CHAIRPERSON CHIN: So they do evaluate 19 the program and make sure that they are delivering 20 the services they're supposed to do. 21 MELINDA HOWARD: Okay. I initially met 2.2 you as an APS caseworker and I think in your 2.3 residence we had like two elderly individuals practice... [interpose] 24

1	COMMITTEE ON AGING, JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 202
2	CHAIRPERSON CHIN: Well if you wanna talk
3	about individual cases, we could talk about it
4	MELINDA HOWARD: Oh no.
5	CHAIRPERSON CHIN: offline
6	MELINDA HOWARD: Uhm-hm. Okay, right.
7	CHAIRPERSON CHIN: because this is a
8	budget hearing
9	MELINDA HOWARD: Right.
10	CHAIRPERSON CHIN: so if there is
11	MELINDA HOWARD: So that was my question;
12	I wanted to know if you had a monitoring service; you
13	answered it, and I thank you very much.
14	CHAIRPERSON CHIN: Okay, thank you for
15	being here… [crosstalk]
16	CHAIRPERSON VALLONE: You're very
17	welcome.
18	CHAIRPERSON CHIN: Okay, so the hearing
19	is now adjourned.
20	[gavel]
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World Wide Dictation certifies that the foregoing transcript is a true and accurate record of the proceedings. We further certify that there is no relation to any of the parties to this action by blood or marriage, and that there is interest in the outcome of this matter.



Date March 30, 2016