CITY COUNCIL CITY OF NEW YORK -----Х TRANSCRIPT OF THE MINUTES Of the COMMITTEE ON AGING JOINTLY WITH SUBCOMMITTEE ON SENIOR CENTERS ---- X March 23, 2015 Start: 10:14 a.m. Recess: 1:38 p.m. HELD AT: Council Chambers - City Hall B E F O R E: MARGARET S. CHIN PAUL A. VALLONE Chairpersons COUNCIL MEMBERS: Maria del Carmen Arroyo Karen Koslowitz Deborah L. Rose Chaim M. Deutsch Mark Treyger World Wide Dictation 545 Saw Mill River Road - Suite 2C, Ardsley, NY 10502

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COMMITTEE ON AGING JOINTLY WITH 5 THE SUBCOMMITTEE ON SENIOR CENTERS 1 2 [sound check, pause] 3 [gavel] 4 CHAIRPERSON CHIN: Good morning. 5 CHAIRPERSON VALLONE: Good morning. 6 AUDIENCE: Good morning. 7 CHAIRPERSON CHIN: Josan [sic]. 8 [Applause/laughter] Good morning. I'm Margaret 9 Chin, Chair of the Committee on Aging, and welcome to 10 the Fiscal 2016 Preliminary Budget Hearing for Aging 11 Committee have joined me with the Subcommittee on 12 Senior Centers Chaired by Council Member Paul 13 Vallone. Today, we will hear testimony from the 14 Department for the Aging, also referred to as DFTA, 15 on its Proposed Budget for Fiscal 2016 and General 16 Agency Operations within its proposed \$257.3 million 17 budget as well as performance indicators for aging 18 services with in the Fiscal 2015 Preliminary Mayor's 19 Management Report. It is often said that the City's 20 priorities are reflected in its budget, and when 21 presenting his Fiscal 2016 Preliminary Budget, the 22 Mayor repeatedly touted that this budget is fiscally 23 responsible, progressive and honest. It is hard for 24 me to agree that this budget is responsible 25 considering that seniors are one of the most

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2 vulnerable populations. Yet, no new needs or additional baseline funding was added to DFTA's 3 Fiscal 2016 Preliminary Budget. Seniors are one of 4 the fastest growing populations in the city. There 5 are 1.4 million adults aged 60 and over in New York 6 7 City totaling more than 17% of the city's residents. By 2030, the number of seniors will grow by nearly 8 50% and comprise 20% of the city's total population. 9 The increase in the senior population puts further 10 pressure on the Department for the Aging to provide 11 12 quality services and programs for older adult 13 population in the city. The Department for the Aging 14 Fiscal 2016 Preliminary Budget totals approximately 15 \$257.3 million, a decrease of \$23.4 million or 8.4% 16 when compared to the Fiscal 2015 Adopted Budget. Now, 17 the majority of the decrease can be attributed to the 18 absence of one-time Council funding for senior services in Fiscal 25--2015. The Council allocated 19 20 almost \$20 million to DFTA in Fiscal 2015, of which the majority supported core services that the agency 21 2.2 provides and are inadequately funded such as senior 23 centers, elder abuse, and meals.

It is time that the Administrationbaselined Council funding for core services that DFTA

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2 provides instead of relying on Council funding year after year to fill the gaps in the agency's budget. 3 4 Many seniors heavily depend on services provided 5 through DFTA's network especially since a majority lives on fixed or low incomes. Seniors also 6 7 contribute to the city in many ways, including volunteering their time to serve community members 8 and being caregivers for grandchildren and other 9 relatives. It is time that we recognize what all 10 seniors do to make this city great and the 11 12 Administration must make senior issues a priority. Before I introduce Council Member Paul 13 Vallone, the Chair of the Subcommittee on Senior 14 15 Centers, I'd like to thank the committee staff for 16 their work in preparing for this hearing. Tahini Sompura [sp?], Senior Legislative Finance Analyst 17 Eric Bernstein, the counsel to the Committee, and 18

James is not here today because his wife is having a baby right now. [laughter] And we will hear from Council Member Vallone followed by DFTA Commissioner Donna Corrado. Council Member Vallone, thank you. CHAIRPERSON VALLONE: Thank you. Good morning fellow Chair Council Member Chin and in

Subudhi, Policy Analyst to the Committee.

2 short, I echo the concerns. I don't think there's much that we can be happy about this morning. 3 We don't have new funding. So as we champion, as we 4 5 always do for our seniors, and we're also championing for our fair share of what we believe is not enough. 6 7 So I will give a very brief statement on that. Thank 8 you.

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The core of DFTA's Service Portfolio is 9 the a department citywide network of 250 senior 10 centers, which includes 16 innovative senior centers, 11 12 which offer older New Yorkers hot meals and opportunities for socialization and recreation 13 through a wide array of activities designed to 14 15 improve the health and quality of life. I would once 16 again like to echo the sentiment of our Chairwoman expressed this morning regarding the Fiscal 2016 17 18 Preliminary Budget. Seniors are the fastest growing population in this city. It is imperative now more 19 20 than ever to provide these services for this special population. The lack of additional funding in DFTA's 21 2.2 Fiscal Budget seems to reflect that seniors and 23 senior issues are not a top priority for this Administration. 24

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2 It is time the Administration increased 3 baseline funding for senior centers, including transportation costs, space costs, and meal 4 5 reimbursements that adequately address this need as we have heard time and time again over our hearings. 6 7 This Committee advocated for increased baselined funding for senior centers last fiscal year, and are 8 once again asking DFTA and the Administration for 9 more funding for these centers. As Chair of the 10 Senior Center Subcommittee, I'm concerned that the 11 12 fate of New York City Housing Authority, NYCHA senior centers that were slated to close once again in 13 Fiscal 2015, but were saved by the Council. Although 14 15 these centers are not a part of DFTA's network, they 16 still fall under my purview for oversight. It is 17 time that the Administration has a thoughtful 18 approach when addressing this issue. In particular, if there are some NYCHA senior centers that meet the 19 20 qualifications to be converted into a Naturally Occurring Retirement Community. Our NORCs that 21 2.2 Margaret and I have once again championed and looked 23 to expanding.

And before we are about to hear from our Commissioner, I don't think this is a time or the

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 10 1 2 place ever to shortchange our seniors. And Margaret and I will always stand united, as with this Council, 3 to make sure that every penny goes to the fasted 4 5 aging and the fastest part of the population of city 6 and probably our country. It's just something that 7 we will stand with you, Commissioner, hopefully as you make the fight for additional funds. So now 8 we'll hear from our Commissioner Donna Corrado. 9 CHAIRPERSON CHIN: Before the 10 Commissioner starts, I would like to introduce the 11 12 council members of the Committee that joined us, Council Member Rose from Staten and Council Member 13 Koslowitz from Queens. So I would like to ask Matt 14 15 Carlin. Matt, are you substituting to help us swear in the Commissioner before she testifies. 16 17 LEGAL COUNSEL CARLIN: [off mic] I am. 18 [laughter] 19 CHAIRPERSON CHIN: Thank you. 20 LEGAL COUNSEL CARLIN: My chair doesn't make me do this. [laughs] Commissioner, do you 21 2.2 affirm to tell the truth, the whole truth, and 23 nothing but the truth in your testimony before this committee, and to respond honestly to council member 24 questions? 25

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3 COMMISSIONER CORRADO: I do. Good 4 morning, Chairperson Chin, Chairperson Vallone, 5 members of the Aging Committee, Council Members and stakeholders, executives of agencies, our senior 6 7 constituents, and just the staff. I am Donna Corrado, Commissioner of the New York City Department 8 for the Aging, and I am joined today by Joy Wang, 9 Assistant Commissioner for Budget and Fiscal 10 Operations to discuss DFTA's Preliminary Budget for 11 12 Fiscal Year 2016. I would like to share DFTA's 13 Fiscal Year '16 priorities, which build upon the agency's accomplishments. In Fiscal Year '16 the 14 15 DFTA Budget had a modest increase. The Fiscal Year 16 '15 Budget included \$3.3 million to address rising 17 food costs for congregate and home delivered meals; 18 \$2.6 million for case management services; \$2.3 million for innovative senior centers, \$1.5 million 19 to support French Cross and Home Care Workers. Also, 20 DFTA received \$472,000 to expand the Grandparent 21 2.2 Resource Center Program to provide outreach in 15 New 23 York City Housing Authority developments, which are the focus of the Mayor's Action Plan for Neighborhood 24 25 Safety.

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2 We applaud Chairperson Chin, Chairperson 3 Vallone and the members of the Aging Committee 4 together with Speaker Mark-Viverito, and Finance Chairperson Ferreras for securing \$20.6 million in 5 Council funding for senior services last fiscal 6 7 Important initiatives such as expanding NORCs year. Naturally Occurring Retirement Community programs 8 supporting senior centers needs, responding to 9 seniors that require home care. Providing services 10 to the LGBT community in every borough and enhancing 11 12 elder abuse services were all made possible because of your efforts. So thank you. After sustaining 13 14 budgets in previous fiscal years, the increased 15 funding in '15 reversed a decade long down funding 16 trend. And this increase helped reverse this trend, 17 and we have begun to rebuild the critical 18 infrastructure within DFTA programs. As we prepare for the aging boom, it is 19 20 our hope that resources will meet or exceed the

22 population of older New Yorkers. In Fiscal Year 2016 23 Preliminary Budget projects \$257.3 million in 24 funding. The budget includes allocations of \$114 25 million to support senior centers; \$34 million for

demand in order to adequately address the diverse

COMMITTEE ON AGING JOINTLY WITH 13 THE SUBCOMMITTEE ON SENIOR CENTERS 1 2 home delivered meals; \$24 million for case management; \$18 million to support home care for 3 homebound seniors who were not Medicaid eligible; and 4 \$6.5 million for NORC programs, and \$4 million for 5 6 caregiver support services. This fiscal year, DFTA 7 is exploring needs in geriatric mental health services, case management, home care, and home 8 delivered meals. Earlier this month we joined the 9 First Lady Chirlane McCray in launching here Mental 10 Health Initiative to shatter this stigma. Together 11 we held round table discussions at DFTA's sites and 12 13 visited a senior center and a geriatric mental health 14 clinic to focus on the mental health needs of older 15 adults. In addition, with the continued rise in the 16 older adult population, issues of poverty and frailty are increasing. And consequently, the demand for 17 18 case management services, home delivered meals has 19 grown. 20 Among DFTA's accomplishments in Fiscal Year 15, are the implementation of Grandparent 21 Resource Center Outreach Initiative in NYCHA 2.2 23 developments; the reduction of case management 24 caseloads; the integration of a bill payer program;

25 | the administration of New York Connects; and the

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 14 1 2 procurement of elder abuse prevention and intervention services; and the release recently of a 3 concept paper for transportation services. 4 5 DFTA's Grandparent Resource Center established in 1994 and the first of its kind in the 6 7 nation provides information, assistance and supportive services to older adults who are raising 8 grandchildren and other young relatives. As I 9 referenced earlier, the GRC Program expanded last 10 July under the Mayor's Action Plan for Neighborhood 11 12 Safety. In order to serve some of the neediest kinship caregiver families in 15 NYCHA developments. 13 14 Through this initiative, the GRC Community Advocates 15 work with the residents and kinship caregivers for 16 children under 18 years old providing information, education, trainings, and peer support for children 17 18 raising children. [coughs] I'm sorry, for grandparents raising children. The program also 19 20 serves as a resource link for senior New York City residents to access services for older adults. The 21 2.2 NYCHA developments include Brownsville, Bushwick, 23 Ingersoll, Red Hook, Tompkins, Van Dyke in Brooklyn, Polo Grounds, Saint Nicholas, and Wagner in 24

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 15 1 2 Manhattan, the Queensbridge in Queens, and Stapleton in Staten Island. 3 4 Reducing high case management caseloads 5 has been a priority for DFTA. The additional \$2.6 6 million for case management services this fast fiscal 7 year helped bring caseloads down closer to 65 per case manager. Previously, caseloads were nearly 80 8 per case manager, and we are continuously look for 9 10 creative ways to decrease and manage caseloads. The Bill Payer Program is now integrated into DFTA's Case 11 12 Management system, and permanently funded. Screened and trained program volunteers assist low-income 13 14 older adults with monthly bill paying tasks. The 15 volunteers meeting one-on-one with seniors in their 16 own homes, and help them organize documents; create and follow a budget; balance their checkbooks; and 17 18 write checks. Senior volunteers sign the checks and assist the senior with making financial decisions. 19 20 Volunteers also determine if the senior might be eligible for benefits and entitlements such as the 21 2.2 Senior Citizen Rent Increase Exemption or SCRIE. The 23 Supplemental Nutritional Assistance Program or SNAP, and the Home Energy Assistance Program, HEAP. 24

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2 New York Connects is a statewide locally 3 based point of entry systems that provides one-stop access to free, objective, and comprehensive 4 5 information and assistance on long-term care services 6 and support for people regardless of age, disability 7 or diagnosis. The strength of New York Connects network is the rollout of the No Wrongdoer Single 8 Entry Point system, which allows access to more than 9 19 different services regardless of payment source. 10 In New York City, DFTA will have oversight and 11 12 monitoring responsibility as the local administration agency for New York Connects. In this role, DFTA 13 14 will be working with the New York City Human 15 Resources Administration, the Mayor's Office for 16 People with Disabilities and other stakeholders to establish a no wrong doer hub. This hub will provide 17 18 information on long-term care services and supports, and connection to community resources; screening 19 20 assistance; coordination and application for public benefits; and linkage to comprehensive assessments 21 2.2 process for all populations as appropriate. And DFTA 23 has received \$6.8 million to launch New York Connects locally. 24

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2 Last October, DFTA issued a request for 3 proposal for an elder abuse prevention and intervention services. The Elder Abuse Services 4 Program has a dual mission. First, assisting and 5 ensuring the safety of older adults age 60 and over 6 7 who have been abused. And secondly, to prevent further abuse by raising awareness of these issues 8 through outreach and education to individuals and 9 group. The selected providers are: Neighborhood 10 Self-Help By Older Persons Project in the Bronx; JASA 11 12 or Jewish Association Serving the Aged for Brooklyn and Queens; the Carter Burden Center for the Aging in 13 Manhattan; and the Community Agency for Senior 14 15 Citizens or CASC for Staten Island. These providers 16 will continue to offer services such as case assistance, emergency shelter referrals, safety 17 18 planning, legal advocacy, support groups, medical referrals, financial assistance, and educational 19 20 workshops. The contracts are expected to start this July. 21 2.2 In advance of the forthcoming 23 Transportation Services RFP, the Department a concept paper last month. Currently, DFTA sponsors 24 individual transportation, which assists seniors in 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 18 1 2 getting to and from places they need to go in their communities. DFTA also funds group transportation to 3 4 enhance community engagement for older adults by offering recreational, social, and educational trips. 5 6 The concept paper highlights some of defined and 7 developing parameters; expectations and standards for transportation programs funded by DFTA. It is our 8 plan to test new transportation models that will 9 explore the technologies of today to broaden the 10 scope and increase the efficiency of a very limited 11 service. 12 13 We will be accepting comments from 14 interested parties until 5:00 p.m. on April 16th 15 2015. DFTA plans to take into consideration 16 suggestions and comments on crafting the RFP for the solicitation of transportation. And we expect to 17 18 issue this solicitation this summer for contracts beginning July of 2016. I would like to thank you 19 20 for this opportunity to testify about DFTA's Preliminary Budget for Fiscal Year 2016, and I look 21

forward to continuing the partnership with the City
Council in these efforts. And I am pleased to answer
any questions that you might have.

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2 CHAIRPERSON CHIN: Thank you, Commissioner. We've been joined by Council Member 3 4 Rodriguez from Manhattan. We're going to start off 5 with some questions. I'm going to start off with a 6 couple, and then I'm going to pass it on to my 7 colleagues. So, Commissioner, from your testimony, last year was the fist time that DFTA has gotten more 8 money, right? 9 COMMISSIONER CORRADO: Uh-huh. 10 CHAIRPERSON CHIN: So we're on track back 11 12 to where DFTA used to be. So what is DFTA's longterm strategy in addressing the needs of seniors in 13 this city? Especially, which programs would the 14 15 agency like to expand or create? 16 SERGEANT-A-ARMS: [of mic] [interposing] Quiet down. 17 18 CHAIRPERSON CHIN: What is your wish list? 19 20 COMMISSIONER CORRADO: Oh, my wish list? [laughter] Well, you know, it's not reflected 21 2.2 necessarily as this is just a Preliminary Budget so 23 we're hoping that some of these--of the wish list items will be realized in the Executive Budget. But 24 my wish list, of course, includes expanding case 25

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2 management, and strengthening senior centers. And 3 continuing to build back the infrastructure that was 4 pretty much decimated over the last decade in senor 5 services.

CHAIRPERSON CHIN: Now, ideally, how 6 7 much--how much more money would the agency need to do what you're talking about, to really go back and fix-8 -rebuild the infrastructure. And also to expand some 9 of these programs. I mean \$257 million is kind of 10 small, right comparatively to other agencies? 11 12 COMMISSIONER CORRADO: Relative to other agencies it's small, but it leverages a great deal. 13

14 And, of course, we were always looking for other 15 opportunities to expand programming to seniors. And 16 we're hoping that this would be reflected in the 17 Executive Budget.

18 CHAIRPERSON CHIN: Yeah, in my conversation with the Mayor when he was doing his 19 20 presentation, I did ask him. I said, when are you going to baseline all this new money that we got so 21 2.2 we could fight for more? And said, well, in the 23 Executive Budget. So I'm going to--we're going to 24 make sure that a lot of the programs that you talked about will be included in the Executive Budget. I 25

2 know some of my colleagues are going to ask about NORC. The other question I have is that we just 3 recently passed, the end of last year, we passed the 4 5 Bill on Social Adult Day Care. So how much is DFTA 6 estimating it would cost for the agency to regulate 7 these pop-up social adult day cares as required by the law, and when do you think that this funding will 8 be added to your budget? 9

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10 COMMISSIONER CORRADO: We're taking a wait-and-see approach. We're still writing the rules 11 12 for that bill, and once it's enforced, we'll be asking naturally for some funding. But we don't 13 14 know. We're estimating it might be half million. Ιt 15 may be more than that, but we're going to take a 16 wait-and-see and very judicious on that--on that budget ask. 17

18 CHAIRPERSON CHIN: Okay, because we have 19 to make sure that the money is included in the budget 20 because we want to make sure that we could implement 21 this law because ewe need to regulate the social 22 adult day care that's been popping up all over the 23 city. I'm going to turn it over to some of my 24 colleagues who have questions, and I can come back

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COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 22 1 2 and ask more. Council Member Rose. I know you have questions about Long Island. 3 COUNCIL MEMBER ROSE: [laughs] Yeah, I 4 5 do have questions about Staten Island, and Council 6 Member thank you so much because often times I feel 7 that our voice isn't heard. And that, you know, there is a dearth of services on Staten Island, or 8 that I am now-- My focus is trying to bring the level 9 10 of services for my seniors to a comparable level of the other boroughs. And so, you know, one my really 11 12 important priorities has been the NORC, and the fact that Staten Island now does not have one. And I know 13 14 that there was a planning grant that was put into the 15 last budget period. So I was wondering what is the 16 status of the NORC--the NORC Planning Grant for Staten Island? And does the budget reflect any 17 18 outcome for us? And yeah, could you sort of give me the status for that? 19 20 COMMISSIONER CORRADO: Well, thankfully that work is well underway. There was money in last 21 2.2 year's budget to do an evaluation of Staten Island. 23 And we awarded a contract to CRE, which is Community 24 Resource Exchange, which is doing a very comprehensive analysis of Staten Island. They will 25

determine for us, and make a recommendation as which areas in Staten Island would be conducive for a NORC. So they're out interviewing stakeholders, looking at the demographics. They've gathered quite a bit of information, and that final report is due by the end of this fiscal year.

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8 COUNCIL MEMBER ROSE: And has there been 9 any discussion in modifying the program in a way that 10 could serve neighborhood in Staten Island that don't 11 have condensed buildings, but rather, you know, 12 possess a sprawl of, you know, senior occupied 13 single-family homes.

14 COMMISSIONER CORRADO: Correct. Staten 15 Island is unique in that sense, and yes that is part 16 of the planning process. So they will be looking 17 different models and make a recommendation.

COUNCIL MEMBER ROSE: And I know right now NORCs do not apply to senior citizen housing, specific senior citizen housing like NYCHA facilities. Is it possible to have that conversation? Because in Staten Island, we have identified senior housing, but it falls into that category of NYCHA funded or private funded. So--

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COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 24 1 2 COMMISSIONER CORRADO: [interposing] 3 Right. 4 COUNCIL MEMBER ROSE: --I--I really would 5 like to take a comprehensive look at Staten Island--6 COMMISSIONER CORRADO: [interposing] 7 Okay. COUNCIL MEMBER ROSE: --where our senior 8 population really is residing, and to tweak the 9 programs so that it fits those--those communities. 10 COMMISSIONER CORRADO: Yes. Thank you, 11 12 Council Member Rose. Just as a point of clarification, there are several NORCs in other 13 14 borough that are in NYCHA buildings, and serve NYCHA 15 residences. There was at one time a Requirement that 16 a NORC would constitute a NORC. Or the definition of 17 a NORC could not be a building that was built 18 specifically for seniors. So, it was more of an aging in place model. So it became sort of a senior 19 20 residence just by virtue of the fact that people moved in decades ago, and they aged in place. So 21 2.2 that is one of the reasons why it's--you won't see a 23 NORC necessarily in a senior housing as we know it. COUNCIL MEMBER ROSE: I would love to--24

COMMITTEE ON AGING JOINTLY WITH 25 THE SUBCOMMITTEE ON SENIOR CENTERS 1 2 COMMISSIONER CORRADO: [interposing] That's not to say that in the future--3 4 COUNCIL MEMBER ROSE: [interposing] I 5 would like to have that conversation and see if, you 6 know, we can discuss the -- maybe the validity of 7 looking at, you know, a different model--8 COMMISSIONER CORRADO: [interposing] Uh-9 huh. I agree. 10 COUNCIL MEMBER ROSE: -- to included that housing. And one of the unintentional or unintended 11 12 consequences of baselining is the RFP process. And some groups that traditionally provided services may 13 not be selected. So, are you providing technical 14 15 assistance or other support for groups that have 16 traditionally provided these services so that they can be competitive for--for these grants that are now 17 18 being given out by RFP? COMMISSIONER CORRADO: Uh-huh. 19 We--the 20 Department provides technical assistance to our grantees that currently hold contracts. And we see, 21 2.2 you know, there may be a point in the evolution of 23 that particular agency where stumble a bit for whatever reason. An executive director may leave. 24 There may be some dissention amongst the ranks, and 25

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2	we will provide technical support and assistance when
3	necessary. And then it's up to the agency basically
4	to take it from there. We have 600 contracted
5	agencies. We couldn't possibly be out there helping
6	every single agency do their job. But when they
7	stumble, we try to help them and provide that
8	assistance.
9	COUNCIL MEMBER ROSE: And it
10	COMMISSIONER CORRADO: [interposing]
11	Unfortunately, there is so much need so the RFP
12	process is quite competitive. So it is a matter of
13	selection.
14	COUNCIL MEMBER ROSE: Okay, and social
15	day care. On Staten Island I've seen a proliferation
16	of social adult day care. And right now they're not
17	really regulated by State law, if they're not
18	directly funded by the City. So, how much is DFTA
19	estimating it would cost the agency to regulate the
20	social adult day care centers as required by the law?
21	COMMISSIONER CORRADO: Well, we're taking
22	a wait-and-see approach to this because we don't know
23	the level of complaints. And we'rewe're just sort
24	of guessing that the majority of those complaints
25	will come when that law is instituted. And over time

COMMITTEE ON AGING JOINTLY WITH 27 THE SUBCOMMITTEE ON SENIOR CENTERS 1 2 may dissipate the need for that. So we're really taking a wait-and-see approach. 3 4 COUNCIL MEMBER ROSE: So you have not estimated amount that's being considered--5 6 COMMISSIONER CORRADO: [interposing] I 7 mean we have--we've--we've--8 COUNCIL MEMBER ROSE: --with this regulation? 9 COMMISSIONER CORRADO: We're looking at 10 other programs to see and benchmark. I mean similar 11 12 enforcement programs have been put in place, and that's between 250 and half a million. But yet we 13 14 have not made that ask yet. 15 COUNCIL MEMBER ROSE: And when--what's 16 your timeline for adding this funding to the DFTA budget? 17 18 COMMISSIONER CORRADO: If funding is added, it would be in the Executive Budget. 19 20 COUNCIL MEMBER ROSE: Okay, and you mentioned that you're doing a study now for 21 2.2 transportation sort of to enhance transportation for 23 seniors and senior programming. Is there any conversation with the MTA about adding Access-A-Ride 24 to this program, or just improving Access-A-Ride so 25

COMMITTEE ON AGING JOINTLY WITH 28 THE SUBCOMMITTEE ON SENIOR CENTERS 1 2 that, you know, seniors can access programs and appointments--3 4 COMMISSIONER CORRADO: [interposing] Yes. 5 COUNCIL MEMBER ROSE: --in a timely 6 manner? 7 COMMISSIONER CORRADO: Right. The Department does not have any oversight authority over 8 the MTA--9 10 COUNCIL MEMBER ROSE: [interposing] I know that. 11 12 COMMISSIONER CORRADO: -- and Access-A-13 Ride, but that is a frequent mantra about the complaints and the unreliability of Access-A-Ride. 14 15 we've been having those discussions vis-à-vis the 16 Taxi and Limousine, and my fellow commissioners. And 17 they are in conversation with MTA and looking at all 18 kinds of alternatives. So I think that this transportation RFP may see some creative ways to do a 19 20 small amount of transportation relative to the Paratransit system. And, by no means can you even 21 2.2 compare the funding and the ability to move seniors 23 around and people with disabilities as the Access-A-24 Ride program and the MTA's budget as compared to 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 29 1 2 DFTA. But those conversations are--haven't--haven't happened. 3 [sic] 4 COUNCIL MEMBER ROSE: [interposing] How 5 will they access these--these transportation 6 programs? Will it be through senior centers? 7 Through service providers who are providing services 8 currently, or--COMMISSIONER CORRADO: [interposing] All 9 of the above. 10 COUNCIL MEMBER ROSE: All of the above? 11 12 COMMISSIONER CORRADO: Uh-huh. COUNCIL MEMBER ROSE: Thank you. 13 14 COMMISSIONER CORRADO: You're welcome. 15 COUNCIL MEMBER ROSE: Thank you, Madam 16 Chair. 17 CHAIRPERSON CHIN: Thank you Council Member Rose. We're also joined by Council Member 18 Treyger. I'm going to call Council Member Vallone 19 20 next to ask some questions focusing on senior centers. But Commissioner, in your--in your remarks 21 2.2 I only saw one priority, right. I mean you talked 23 about the priority for 2016 as the geriatric mental health. And I know that the first lady--is taking 24 leadership on that, visiting the centers in my 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 30 1 2 district and across the city. And that's great, but we want to see other priorities, and some of them--3 and one of them is senior centers. We want to make 4 5 sure those senior centers are adequately funded. Right, Council Member Vallone. 6 7 CHAIRPERSON VALLONE: That's a very good introduction. 8 CHAIRPERSON CHIN: Okay, next question. 9 CHAIRPERSON VALLONE: That's why we make 10 such a great team. See why? Well, first off, I want 11 12 to thank the--all of the people who came today and the advocates, and those who fight for our seniors 13 14 every day. All the way up in the balcony, too, we 15 thank you. And Commissioner, sometimes I feel like we're the kids in class who came to class, but get 16 yelled out because of the kids who didn't come to 17 18 class. So, I mean you're our link to the Administration. 19 20 COMMISSIONER CORRADO: Uh-huh. CHAIRPERSON VALLONE: So a lot of this is 21 2.2 our hope that things will be picked up as times goes 23 on before the final budget. So, therefore, I hope and quite a bit of it lies with you. I think that's 24 25 your key sentence that you have that you say as the

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2 agency prepared for the aging--aging boom, and the meeting needs of the growing and diverse population 3 4 of older New Yorkers, it is our hope that resources 5 will meet or exceed the increasing demand. But I 6 think therein lies the problem because we ask today 7 on how much of that hope will become reality, and how much of what is stated today will be increased. 8 Whether we fight for schools or senior centers. 9 So many of the council members are disheartened that it 10 comes out of our budgets to do these things. I mean 11 12 it's our belief that the Administration and the City should do these things is right. I mean that's our 13 14 starting point. When we all saw the budget, we were 15 all obviously upset that there was no new money. And 16 this was the only agency that didn't pick it up. With the population that's growing, it's hard for the 17 18 average person to say with the same amount of money 19 we're going to do even more. I mean we do it at my 20 house everyday, but, you know, with the City it's a little bit--a little bit different. Last year we did 21 2.2 quite a bit with case manager. So are you satisfied 23 with the funding that was increased last year to keep it at 65 for a case manager, or do we have to do 24 25 better on that?

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 32 1 2 COMMISSIONER CORRADO: Well, I'm--I'm never completely satisfied, but I am satisfied that 3 it had its intended consequence of reducing caseloads 4 5 down to or nearly down to 65 per case manager. So I think that that's a huge accomplishment. So I think 6 7 the Council for that. However, we also have 2,000 older adults on the wait list. So we will be 8 advocating for more money in order to serve people on 9 our wait list, and build--build back the 10 infrastructure of our case management programs. 11 The 2,000 is that 12 CHAIRPERSON VALLONE: just for this last past year? 13 14 COMMISSIONER CORRADO: That's in the past year. It's current. 15 16 CHAIRPERSON VALLONE: Is that--17 COMMISSIONER CORRADO: [interposing] It's 18 current and--CHAIRPERSON VALLONE: --steady with our 19 20 past increases or --? COMMISSIONER CORRADO: That's a growing--21 2.2 it's a growing wait list, and, you know, wait lists 23 can be argued back and forth. Not every case 24 management agency unfortunately even keeps a wait list in a triage, and--and refer to other agencies, 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 33 1 2 and whatnot or not keep one at all. So, that's a conservative number of 2,000. So yes, we will be 3 4 asking for additional resources--CHAIRPERSON VALLONE: [interposing] Well, 5 I think that's a--6 7 COMMISSIONER CORRADO: --in order to cover that wait list. 8 CHAIRPERSON VALLONE: It's one of those 9 indicator numbers I think that we can use--10 COMMISSIONER CORRADO: [interposing] Uh-11 12 huh. 13 CHAIRPERSON VALLONE: -- to say hey things 14 are coming, things are changing, and we have an 15 increase. 16 COMMISSIONER CORRADO: Yes. 17 CHAIRPERSON VALLONE: So what is the 18 longest then a senior will wait before action is taken? 19 20 COMMISSIONER CORRADO: Well, they-generally they're required to have some telephone 21 2.2 conversation with a senior every two months while 23 they're on the wait list. And many of them do a very good job of triaging. So if there's an emergency 24 situation or a very high needs client, they will 25

2 generally put that person at the top of the list. So
3 two months would be the longest a senior would go
4 without some type of human contact with a case
5 management agency, a case manager.

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CHAIRPERSON VALLONE: Well, I think then 6 7 we need to do more work on getting those numbers down. Two months could be critical in someone 8 facing--depending on what they're facing. And I 9 10 know--Thank you for your help on the task force that's addressing all that also. In fiscal last 11 12 year the senior centers in the baseline funding there was a lot of conversation going back and forth on the 13 different areas that we could ask for additional 14 15 funding. Some of it happened. Some of it didn't. 16 Some of those that we're fighting for were space costs, transportation costs, reimbursement plans for 17 18 the meals. Reallocating an additional \$20 million in DFTA to help support those core services. 19 So what 20 is your plan on asking the Administration for increasing this baseline funding for our senior 21 2.2 centers; the space costs; transportation costs. 23 Giving up the baseline funding doesn't really 24 adequately address all those needs?

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COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 35 1 2 COMMISSIONER CORRADO: That's correct. So this is the Preliminary Budget, and we remain 3 4 hopeful that some of that or all of that will be 5 reflected in the Executive Budget. 6 CHAIRPERSON VALLONE: [laughs] That's a 7 lot of hope going out there. COMMISSIONER CORRADO: We're doing a lot 8 of praying. 9 10 CHAIRPERSON VALLONE: [laughs] We're going to need some numbers on that. So I mean--11 12 COMMISSIONER CORRADO: [interposing] 13 Yeah. 14 CHAIRPERSON VALLONE: -- this gets back to 15 Council Member Chin's original question. If that 16 wish list, hope list comes in, what would be the 17 additional funding that you think would cone in? 18 What are we fighting for? COMMISSIONER CORRADO: We're for expanded 19 20 resources. So not only the baseline funding, but additional resources to help us with everything that 21 2.2 we do, senior centers, NORCs, home care wait lists, 23 case management wait lists. There's a--a growing need as you know from the -- Just from the Baby 24 25 Boomers along, and the aging demographic is one

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 36 1 2 thing, but there is a need to build back the infrastructure of DFTA programs and services. 3 CHAIRPERSON VALLONE: Well, there's a 4 5 list here of pretty much everything that we're going 6 to talk about today. Case management; permeable 7 reimbursement; Meals on Wheels capacity; NORCs; senior centers rent; innovative senior centers; elder 8 abuse victimization assistance; NORCs again; adult 9 10 day care services; six weekend congregate meals; transportation; citizenship classes; social workers 11 12 in senior centers; caregiver support. Each one of those could have their own hearing, and hours and 13 14 hours of testimony. And that's what so difficult--15 COMMISSIONER CORRADO: [interposing] 16 Yes. 17 CHAIRPERSON VALLONE: -- for today because 18 we all have specific items and districts. But I think this is more of a citywide approach. Everyone 19 20 of those for sure, and it's hard to wrap your hand around any of them. Is there any of their additional 21 2.2 information you can give us beyond the hope that 23 fighting with the Executive Budget is going to give us some additional funding for these? 24 25 COMMISSIONER CORRADO: I remain hopeful.

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 37 1 2 CHAIRPERSON VALLONE: [laughs] I hope so. All right, go ahead, Margaret. 3 4 COMMISSIONER CORRADO: You can be assured 5 that you have a good advocate. CHAIRPERSON CHIN: So Commissioner, I 6 7 mean it will help us to sort of like know the range where we're--I mean the advocates have their numbers 8 and usually, you know, advocates we're asking for 9 really much more. But in terms of in your discussion 10 11 with the Administration what is--you know, what is 12 your request to them in terms of increase. Like 13 you're talking about there's 2,000 people on the case 14 management wait list. And last year we got 2.6 15 million. So how much more should we ask for at least 16 minimally to cover the wait list? Another 2.6? 17 Another 5? 18 [background comment] COMMISSIONER CORRADO: We're asking for 19 20 an additional \$3 million. CHAIRPERSON CHIN: An additional \$3 21 2.2 million? 23 COMMISSIONER CORRADO: To cover the wait 24 list, yes. 25

1	COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 38
2	CHAIRPERSON CHIN: To cover the wait list
3	for case management?
4	COMMISSIONER CORRADO: Uh-huh.
5	CHAIRPERSON CHIN: And what about the
6	question that Council Member Vallone asked like for
7	senior centers. How do we help support the senior
8	centers, the seniors that are here today, right? And
9	I'm not talkingI know that Council Member Rodriguez
10	was asking about capital to help fix up our centers,
11	and But even just on the price for meals,
12	transportation, staff support. I mean a lot of the
13	seniorsthe senior relies on volunteers, and
14	volunteers contribute quite a bit. I mean if we put
15	that into dollars and cents I think we'll be all
16	amazed how much volunteer time that are contributed
17	to the senior centers. But for the senior centers
18	and meals, how much more are you asking?
19	COMMISSIONER CORRADO: Well, just if I
20	can touch on the point about the volunteers because
21	it is a significant in-kind contribution, and I think
22	it's around half a million hours. So if you multiply
23	that by the minimum wage, you're talking about over
24	\$5 million in in-kind contribution from volunteers.
25	So one of DFTA's priorities in terms of programming
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COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 39 1 2 is to really help our sponsoring agencies leverage those volunteer opportunities, and support 3 4 volunteerism. So that's been a big push in DFTA, and it will continue in the next fiscal year as well. 5 6 CHAIRPERSON CHIN: That's good. 7 COMMISSIONER CORRADO: Uh-huh. 8 CHAIRPERSON CHIN: But my initial question is for senior centers. I mean last year we 9 10 got an increase to support our senior centers. 11 COMMISSIONER CORRADO: That's correct. 12 CHAIRPERSON CHIN: So are we asking for 13 5% more, 10% more because in your testimony when you 14 talked about the funding, you said \$114 million to 15 support senior centers. So that's just basic, right? 16 That's supporting them where they're at now, correct? 17 COMMISSIONER CORRADO: Correct. 18 CHAIRPERSON CHIN: So fiscal--but going forward in the Executive Budget, how much more are we 19 20 putting in that pot to help our senior centers? 21 COMMISSIONER CORRADO: Our plan is to--is 2.2 to take over the NYCHA social clubs. So we'll be 23 inheriting an additional 38 programs. And that--that ask alone is upwards of \$6 million. 24 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 40 1 2 CHAIRPERSON VALLONE: So you are--you are 3 asking then for the NYCHA to take those over? 4 COMMISSIONER CORRADO: Yes. 5 CHAIRPERSON VALLONE: Okay. 6 CHAIRPERSON CHIN: But what about the 7 existing program? The program that we have right 8 now? COMMISSIONER CORRADO: I remain hopeful 9 10 that in the Executive Budget that those senior centers--the increase in funding will be baselined. 11 12 CHAIRPERSON CHIN: [interposing] Well I hope so. I mean the one that we got last year that 13 14 would be baselined. [laughs] Because we want more 15 than that. I mean that's the message we're sending 16 to the Mayor. Whatever we got last year, has to be 17 baselined. We're not starting from last year, right? 18 We're not starting from zero. So I mean we're there to support you. 19 20 COMMISSIONER CORRADO: Yes, I know. CHAIRPERSON CHIN: Commissioner--21 2.2 COMMISSIONER CORRADO: [interposing] And 23 I appreciate that and--24 CHAIRPERSON CHIN: Yeah, and whatever you ask, we're going to be asking on top of that to make 25

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2 sure that you get what you ask for. So I mean we really have to make sure that the Administration and 3 4 the mayor they recognize that this is a growing population. Seniors contribute so much to our city, 5 6 and asking, you know, more support for this center. 7 And not every senior goes to the Center. So just the basics for the seniors that really needs these 8 centers, we've got to give them more support. And 9 they're getting a lot of in-kind contribution. 10 Ιf not for those in-kind contributions of the 11 12 volunteers, I don't think our centers could survive. 13 COMMISSIONER CORRADO: They could not survive. That I can attest to. It's a--it's 14 15 basically volunteer one model in our senior centers. 16 And the increase in asking for geriatric mental 17 health and a social worker in every center is an 18 important one. And it really cannot be minimized because the degree to which many of our older adults 19 20 that we see in our senior centers, their mental impairments are growing. And often times there's not 21 2.2 enough--23 CHAIRPERSON VALLONE: [interposing]

24 Cowboys [sic].

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2 COMMISSIONER CORRADO: --professional 3 staff within the center to deal with those issues. We see depression. We see, you know, older people 4 that experience a lot of loss, and sometimes they 5 need some assistance. We see a lot of substance 6 7 abuse, a lot of depression. We've done some work over the years on identifying those that have 8 depression or that have mild cognitive impairments 9 that get progressively worse. But unless you have 10 professional staff to follow through with some 11 12 intervention, identifying a need is just that. You're identifying your need but you have no--nothing 13 to remedy it with. So we're really concentrating on 14 15 addressing those mental health needs in our centers 16 as well. 17 CHAIRPERSON CHIN: So do you have a 18 projection if you put a social worker in every center how much that would come up to? 19 20 COMMISSIONER CORRADO: Approximately \$11 million. 21 2.2 CHAIRPERSON CHIN: Okay. 23 CHAIRPERSON VALLONE: And that's part of 24 your ask? 25 COMMISSIONER CORRADO: Yes, sir.

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2 CHAIRPERSON VALLONE: Thank you. 3 COMMISSIONER CORRADO: You're welcome. CHAIRPERSON VALLONE: I mean I join with 4 our Chair of all the hard work that you've done. 5 Ι 6 mean, like I said it's the kids that showed up at the 7 class that get yelled at. You are not one of the ones that would upset up me. I mean you and your 8 staff have been always any question we've had and any 9 hearing we've had you've been very--fighting. 10 We just need you to take this fight to the next level. 11 COMMISSIONER CORRADO: Yes. 12 CHAIRPERSON VALLONE: You also changed I 13 14 guess, which is important for the first time this 15 year, the indicators on how you actually account for 16 the amount of seniors coming to the senior centers. 17 So it's not based on meals any more. It's actually 18 based on the seniors attending. So with that change-19 20 COMMISSIONER CORRADO: [interposing] That's correct. We're able to capture numbers that 21 2.2 we were never able to capture before because many 23 things go on in a senior center. While means and 24 nutrition is important and it's something that as

long as there is the senior center, they'll always

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 44 1 2 have meals. And that's how we're funded. That's through nutrition programs through the federal 3 government partially. The number of activities in 4 5 the center we're able to capture with the new 6 computer based system that we have, which is, you 7 know, we've had a painful birth, but it's being used nearly 100% now in our senior centers, and the 8 utilization. We get better data, we can give it back 9 to you, and use that to advocate for more resources. 10 CHAIRPERSON VALLONE: So the--the data is 11 12 still forthcoming? COMMISSIONER CORRADO: The data is there. 13 14 We're able to give you those numbers. 15 CHAIRPERSON VALLONE: Do we know like the 16 difference already in this year versus the seniors based on last year with the meals? 17 18 COMMISSIONER CORRADO: We're collecting baseline data. 19 20 CHAIRPERSON VALLONE: Okay. Now you also did I guess on that same line a survey for seniors on 21 2.2 whether there's demand for the six-day meal, and you 23 mentioned that. 24 COMMISSIONER CORRADO: Yes, we do. 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 45 1 2 CHAIRPERSON VALLONE: So can we have that 3 information on the--4 COMMISSIONER CORRADO: [interposing] We 5 have--there was-- You know, surprisingly, there wasn't as much demand at the time that we asked for 6 7 it than I would have liked. But it's I think 59 centers that said that they would be interested in a 8 six-day meal. So that was given out. It was 9 10 implemented. A couple of surveys never came back when we--when we surveyed our provider agencies 11 12 whether or not they wanted it, maybe one or two got lost in the process. And we are advocating for 13 14 additional monies actually to be baselined again this 15 year for that six-day meal. 16 CHAIRPERSON VALLONE: Thank you. That's 17 important. I think every dollar that we can get into 18 our centers to help them off-cost their baseline even Sometimes we forget that that's 19 for overhead. 20 included from their insurance, their rent. And the last thing before I--we turn it over. There is so 21 2.2 much talk now expanding like we did last year the 23 elder abuse programs. And it goes over such a long 24 variety of different plans. When you talk to the 25 district attorneys and you talk to the advocates,

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 46 1 2 it's an area that keeps growing. Whether it's financial abuse, guardianship, you name it--3 4 COMMISSIONER CORRADO: [interposing] Uhhuh. 5 6 CHAIRPERSON VALLONE: --it's there. So 7 what is your plan on increasing or asking for additional funds for elder abuse? 8 COMMISSIONER CORRADO: We are asking for 9 additional funds. We actually issued an RFP and--and 10 got some very well regarded sponsors, one in each 11 12 borough to carry out a more robust elder abuse program. So we have asked for additional funds. I 13 believe \$2 million additional elder abuse services. 14 15 CHAIRPERSON VALLONE: So when is the RFP, 16 when is the process expected to conclude, and you actually start the --17 18 COMMISSIONER CORRADO: [interposing] It's already concluded. These new programs will be 19 20 starting this July. CHAIRPERSON VALLONE: In July. Okay. 21 2.2 Thank you, Chair. 23 CHAIRPERSON CHIN: Okay. Thank you. I'm going to ask Council Member Rodriguez, do you have a 24 25 question?

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2 COUNCIL MEMBER RODRIGUEZ: Yes. First of 3 all, I'd like to tell you that there's no--there's 4 not anybody else that I have seen fighting with the Council in the Budget Administration that works so 5 hard, and fights harder than the Chairman of this 6 7 committee. So in Margaret you have someone that is really going the extra mile to be sure that we put 8 every single dollar that is needed to maintain, and 9 expand the program that benefit our seniors. In her 10 approach, in our approach, is when we're talking 11 12 about investing in our senior citizens what we are saying is we are investing in the generation that has 13 built our city. So, it's all about paying back for 14 15 all those decades of services that you have spent. 16 And that's our approach. That's how much we value 17 all the contributions that you have made, and we will 18 always under Margaret's leadership will continue to identify other areas on how we can continue expanding 19 20 the investment that we have do new. And that the future generation would do on us when we reach that 21 2.2 age. And many of us are almost getting there. So I 23 think that with that understanding, we know that there are many services that we've been able to 24 25 maintain. Many areas where we were able to put the

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2 money, restore the funding. But besides being able to restore, as Margaret said, programs that are 3 4 important to us right now we also want to look 5 forward to the future. And I know that, you know, 6 you have a big heart. You care for the citizens, and 7 this is an area that you have done it before to 8 become a commissioner. So, we see each other as allies on this. 9

One of my questions is again as someone that my parents--my other is 84 and my father he's passed also like three years ago. So both of them lived those years while needing services in our city. What percentage of senior citizens in New York City has a space--a space where they can provide fitness activities?

17 COMMISSIONER CORRADO: In our full 18 fledged senior centers many of them lack full space. Especially some of the older senior centers that have 19 20 to do with a lot of creative programming in order to move out one group and move in another group. 21 So 2.2 that they can have those fitness activities. The 23 space issues it's a huge issue. When we--when we 24 release and RFP we put minimum requirements for 25 facilities. And to ensure that they have the square

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 49 1 2 footage to actually provide health and wellness activities and fitness would fall into that category. 3 So most of them manage to do it somehow even if they 4 5 don't have the space, they'll usually partner with an 6 agency. For example, in the community that they can 7 provide those activities. So it may be that next door there might be space. For example in a library 8 meeting room, and they have come up with creative 9 ways to ensure that every facility has some type of 10 health and wellness programming. 11 12 COUNCIL MEMBER RODRIGUEZ: How much money on capital do we have right now? 13 14 COMMISSIONER CORRADO: Let me check. 15 [background conversation, pause] 16 COMMISSIONER CORRADO: We have \$30 million in capital funding, most of which is discretionary. 17 18 COUNCIL MEMBER RODRIGUEZ: Okay. I just--I just think that we have to take a different 19 20 approach on how much capital we invest. Again, from both sides. From growing as an administration, and 21 2.2 also look at all the colleagues that are here, and 23 ask those to put capital. Because I believe that that we need to increase capital, and to see -- we need 24 to see the investment on capital to make those 25

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2 facilities. To improve those facilities where senior citizens they spend a lot of hours during the day. 3 Ι believe that to have top quality fit in this room, 4 5 it's important. Again, I saw my father, before known 6 to be an independent guy, spending a lot of time in 7 the park doing things by himself. And then spending his last ten years of his life he was going to the 8 senior center around 108 in the Barrio. So when I 9 have visited some of the senior centers in my 10 community, you know, that's really citywide. I just 11 12 hope that we can provide the privacy that they need in those areas where they go and do some sport 13 14 activity and some fitness activity. And for me, I 15 see that particular component as important as 16 investing on all this other. [sic] Because I think that, you know, keep our senior citizens active--17 18 active in the sports is very important for them. So if we can continue, you know, with our Chairman and 19 20 see how we can identify some areas to improve on capital. And especially be sure that the fitness 21 2.2 area provide the privacy that they need. That it is 23 not only like an open area in the corner when they have three or four machines. And then this sounds 24

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1	COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 51
2	like a great improvement that we can bring to the
3	center. [sic[
4	COMMISSIONER CORRADO: We agree.
5	COUNCIL MEMBER RODRIGUEZ: At the local
6	level, as you know, I brought to your suggestion when
7	we met, in Northern Manhattan we have we have one of
8	theI guess one of the best senior centers, which is
9	Ark at 174174 between Broadway and Fort Washington.
10	COMMISSIONER CORRADO: Uh-huh.
11	COUNCIL MEMBER RODRIGUEZ: And Ark is
12	located in thein a building that was supposed to be
13	the tallest building in New York City. There is even
14	a book about the City that couldn't be. And that
15	building has like four floors in the basement, and
16	there's a whole infrastructure for the pool. And the
17	seniors in my community they don't have an indoor
18	pool in the whole community of Borough 12. And I
19	know that you were open. I know that we committed to
20	continue talking. But I would like to continue that
21	conversation with the Chairman and you, and see how
22	we're speaking to confirm [sic] our senior center and
23	sort of advancing an institution in our community and
24	in the city. We should be able to identify the
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COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 52 1 2 possibility to provide a pool at that senior center 3 at Ark at 174. COMMISSIONER CORRADO: So I look forward 4 to realizing the vision. 5 COUNCIL MEMBER RODRIGUEZ: [interposing] 6 7 Thank you. My last question. COMMISSIONER CORRADO: Seniors love--love 8 their aquatic events. When they have access to a 9 facility and access to swimming, they utilize that a 10 great deal. So that I know. So we look forward to 11 12 working with you and the sponsors up in the Bronx--13 COUNCIL MEMBER RODRIGUEZ: [interposing] 14 Great. 15 COMMISSIONER CORRADO: -- or up in 16 Northern Manhattan to get that done. 17 COUNCIL MEMBER RODRIGUEZ: Great. Μv 18 last questions is about those--the senior seniors in the city has all the resources to--I mean the human 19 20 resources to coordinate initiatives so that every senior citizen that can take advantage of a SCRIE 21 2.2 gave all the information? And do we have a plan? Do 23 we know how many senior citizens who are enrolled in our senior centers what percentage that qualify are 24 25 taking advantage of the SCRIE program?

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2 COMMISSIONER CORRADO: I think that they have better access to someone who is going to sit 3 down with them either vis-à-vis our volunteers that 4 5 have been trained and deployed to those centers. 6 There's been a huge effort in this past year to 7 enroll seniors in benefit programs. HRA is doing a great deal of work in that regard as is the Medicaid 8 Rights Center. We've gotten some foundation funding 9 with Samuels Foundation, and we have resources and 10 have been doing along wit other agencies a full court 11 12 press around signing up for benefits. Again, it gets back to the human resources in centers. That should 13 14 be given that once a client is registered or walks 15 through the doors of the senior center if there are 16 some benefits that they're entitled to, they should get those benefits. So certainly there's--there 17 18 should always be a knowledgeable person either on staff or that is deployed there from either a 19 20 volunteer or from the Department. So, I'm more confident that our senior center members have access 21 2.2 to those resources. But not necessarily the general 23 public. And we are doing more work in that regard, and will continue that throughout this year. 24

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COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 54 1 2 COUNCIL MEMBER RODRIGUEZ: Thank you, 3 Commissioner. COMMISSIONER CORRADO: You're welcome. 4 5 COUNCIL MEMBER RODRIGUEZ: Thank you. 6 CHAIRPERSON CHIN: Thank you, and we've 7 been joined by Council Member Deutsch from Brooklyn. Next is Council Member Koslowitz. 8 COUNCIL MEMBER KOSLOWITZ: Thank you. 9 10 The meals, the extra meal on the weekend, how is that going and how many senior centers have applied for 11 12 it. 13 COMMISSIONER CORRADO: We surveyed 14 everyone of our 250 senior centers, and 59 came back 15 that they would like to participate in that program. 16 COUNCIL MEMBER KOSLOWITZ: Do you have 17 the senior centers that applied let say in Forest 18 Hills and Rego Park, if any? COMMISSIONER CORRADO: We could get that 19 20 information to you. COUNCIL MEMBER KOSLOWITZ: Okay. I would 21 2.2 appreciate that. 23 COMMISSIONER CORRADO: Sure. 24 COUNCIL MEMBER KOSLOWITZ: Also, how many frozen meals are given out? 25

COMMITTEE ON AGING JOINTLY WITH 55 THE SUBCOMMITTEE ON SENIOR CENTERS 1 2 [background comments] 3 COUNCIL MEMBER KOSLOWITZ: And also like 4 where are they getting them? 5 COMMISSIONER CORRADO: In general or for those six meals? 6 7 COUNCIL MEMBER KOSLOWITZ: No, general. ASSISTANT COMMISSIONER WANG: [off mic] 8 9 About 2,000 of those meals are--are frozen. 10 COMMISSIONER CORRADO: Home delivered meals it's 2,000 I'm being told. 11 12 COUNCIL MEMBER KOSLOWITZ: 2,000--COMMISSIONER CORRADO: [interposing] A 13 14 day, a day. 15 COUNCIL MEMBER KOSLOWITZ: --a day frozen 16 meals? 17 COMMISSIONER CORRADO: Yes. 18 COUNCIL MEMBER KOSLOWITZ: And where-where is that given? 19 20 COMMISSIONER CORRADO: I would say I don't know. Well, mostly in the Bronx, right. 21 2.2 COUNCIL MEMBER KOSLOWITZ: And how is 23 that working out? 24 COMMISSIONER CORRADO: That's working out very well, and from my going around to different 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 56 1 2 centers and speaking to seniors, they actually prefer frozen meals. So that number will continue to grow. 3 COUNCIL MEMBER KOSLOWITZ: What about the 4 5 care that is given to a senior who doesn't get frozen meals that someone knocks on their door, and they 6 7 know if the person is okay. 8 COMMISSIONER CORRADO: But a frozen meal is--is just that. It's a meal. So if someone needs 9 10 some human contact, there are other ways that they can get human contact. So I'm a big proponent of 11 12 frozen meals for those that choose a frozen meal, right. So that's another issue is if someone is 13 14 socially isolated, and they need that contact, there 15 may be other ways to get that accomplished other 16 than, you know, by one meal at a time having somebody 17 knock on the door. That is important for a small 18 number of seniors, but not for everyone. So it's a one-size-fits-all approach, and I think there is a 19 20 room--there is room in our repertoire for frozen meals. 21 2.2 COUNCIL MEMBER KOSLOWITZ: How many meals 23 total are given out, home delivered meals? [coughs] 24 COMMISSIONER CORRADO: 17,600 meals are 25 delivered daily each day.

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 57 1 2 COUNCIL MEMBER KOSLOWITZ: So 2,000 out 3 of that number gets the frozen meals? 4 COMMISSIONER CORRADO: That's correct. 5 That's right. 6 COUNCIL MEMBER KOSLOWITZ: And then the 7 ones, the remaining 15,600 get regular meals delivered to them daily. 8 COMMISSIONER CORRADO: One meal at a 9 time. Yes. 10 11 COUNCIL MEMBER KOSLOWITZ: Daily? 12 COMMISSIONER CORRADO: Daily. Yes. COUNCIL MEMBER KOSLOWITZ: So you don't 13 think that the other 2,000 people deserve that 14 15 contact? I remember when frozen means started, and I 16 really thought it was a very, very bad idea. 17 COMMISSIONER CORRADO: [interposing] Oh, 18 well--COUNCIL MEMBER KOSLOWITZ: Because a lot 19 20 of seniors live alone. I know where I live there are a lot of seniors who are alone. [coughs] And they 21 2.2 have no contact. Their family doesn't live close to 23 them. I have like three seniors in my building--COMMISSIONER CORRADO: [interposing] Uh-24 25 huh.

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 58 1 2 COUNCIL MEMBER KOSLOWITZ: --that are 3 over 90 years old. 4 COMMISSIONER CORRADO: Right. 5 COUNCIL MEMBER KOSLOWITZ: And they're alone, and they don't get frozen meals, but I'm sure 6 7 in other places there are seniors who are, you know, older--8 COMMISSIONER CORRADO: [interposing] 9 10 Right. COUNCIL MEMBER KOSLOWITZ: -- and don't 11 12 have family living near them that could use that 13 human--14 COMMISSIONER CORRADO: Right, and--and 15 there are other ways to achieve that end. I think 16 that, you know--17 COUNCIL MEMBER KOSLOWITZ: [interposing] 18 How? COMMISSIONER CORRADO: Many, many other 19 20 ways, friendly visiting. There are ways to get -- if -if they are able to, to go out to a senior center, 21 2.2 and to connect with another human being. Now, I--I--23 COUNCIL MEMBER KOSLOWITZ: [interposing] But these seniors who get homebound meals--24 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 59 1 COMMISSIONER CORRADO: [interposing] 2 Uh-3 huh. COUNCIL MEMBER KOSLOWITZ: -- don't get 4 5 They're home. They don't get out. out. 6 COMMISSIONER CORRADO: Some of them are 7 and some of them are not. And I would respectfully disagree only because it's the senior's choice. 8 Every senior has a choice whether they want a hot 9 meal at this point in time or a frozen meal. And 10 those that get frozen meals choose to get frozen 11 12 meals, and that's their preference. So there will come a day, hopefully in the future, that the vision 13 is every senior will have choice as to what they want 14 15 to eat, when they want to eat it. And be delivered 16 in a method that is conducive to serving many more people instead of one hot meal at a time. And I'm--17 18 and I'm going out on a limb here because I know that in the Bronx that was not popular. But it's a decade 19 20 and a half later, and we're learning that people do want choice and that they--they would like to choose. 21 2.2 For example, if it's Tuesday and they feel like 23 meatloaf, they can take it out and defrost meat loaf. And not just 17,000 people eating the same meal 24 25 because that's what the home delivered meal provider

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 60 1 2 is cooking that day. So I think that there room in the inn for everyone, and hopefully we'll be able to 3 advance using some of the technologies that are 4 available today where seniors can actually choose 5 what their menu is. But that's for future 6 7 discussions. So what I'm saying is a senior is assessed, and it's their choice. So whoever is 8 getting a frozen meal it's because they choose to at 9 this point in time. 10 11 COUNCIL MEMBER KOSLOWITZ: Well, when the 12 program started, and the first place it started was the Bronx, the people had no choice. 13 14 COMMISSIONER CORRADO: I know. 15 COUNCIL MEMBER KOSLOWITZ: They were 16 given frozen meals. 17 COMMISSIONER CORRADO: Yes. 18 COUNCIL MEMBER KOSLOWITZ: So they really had no choice. Maybe they didn't change, but they 19 20 had no choice. COMMISSIONER CORRADO: You're correct. 21 2.2 COUNCIL MEMBER KOSLOWITZ: I remember I 23 was fighting that. COMMISSIONER CORRADO: I remember I went 24 25 through that as well. So, at this--at this point in

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 61 1 2 time and for the last several years, they've had that choice so--3 4 COUNCIL MEMBER KOSLOWITZ: Okay, it's--5 COMMISSIONER CORRADO: [interposing] 6 Yeah, it's--it's growing. It's getting more popular. 7 I realize that at one time it was--we were-we were-many of us were projecting our own desires and 8 preferences on the seniors who taught us differently 9 that many of them really do prefer a frozen meal. 10 COUNCIL MEMBER KOSLOWITZ: Okay, I mean I 11 12 can go on for a long time. thank you. 13 COMMISSIONER CORRADO: Thank you. 14 CHAIRPERSON CHIN: [laughs] Let's not 15 argue over that. We've got bigger--bigger things. 16 Next we have Council Member Treyger followed by Council Member Rose. She has another question. 17 18 COUNCIL MEMBER TREYGER: Thank you, Chair Chin and as well to Chair Vallone for really doing 19 20 outstanding work on--on this critical issue in our city. It's a moral issue, and it's the right thing 21 2.2 to do to advocate for our seniors. Commissioner, we-23 -I chair a different committee, and Recovery and Resiliency, and we heard some very disheartening 24 25 testimony from people about the evacuations that took

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2 place post-Sandy, during Sandy, and after Sandy where seniors were literally dumped at the door of a 3 hospital without any types of name tags. Without any 4 5 types of notice of what medical they're on, and that 6 is when the city at that time issued an, you know, an 7 evacuation order and so forth. I know that you had mentioned at previous hearings that there have been 8 some studies done. There has been a report issued. 9 There's been some discussions with the OEM. 10 What steps have been taken to make sure that that never 11 12 happens again where literally I would say hundreds if not thousands of seniors were just dumped at the 13 14 doors of hospitals without any types name tags, 15 notifications or information about what services or 16 what medication they need. What has the City done to 17 have better coordination with our senior care 18 providers in the event of a future emergency? COMMISSIONER CORRADO: 19 I'm not an expert 20 on disaster management by any means, and our Assistant Commissioner for Disaster Management is not 21 2.2 here. But I know from the table top exercises that I 23 have attended over at OEM that they have taken many 24 of those things into consideration in terms of

25 medication management. And it's unfortunate that

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 63 1 2 people are brought into hospitals. And I know the Department of Health now has a registry for seniors 3 4 especially if they're on life support, and things 5 like that. So this is being managed. I just can't 6 speak as an expert--7 COUNCIL MEMBER TREYGER: [interposing] 8 Right and this is--COMMISSIONER CORRADO: --when I have 9 10 spoken with you. COUNCIL MEMBER TREYGER: -- of course, 11 12 not on you because you were not there at the time as Commissioner, and I just -- And the hospitals are not 13 14 saying we're not going to serve them, but they're 15 saying tell us who they are. Tell us what their 16 needs are. 17 COMMISSIONER CORRADO: Yes. 18 COUNCIL MEMBER TREYGER: And that--that was not responsible planning just to dump people off 19 and not even know their name, contact information and 20 whatnot. And this came out of hearings that we held 21 2.2 separately from the committee, and I just wanted to 23 make sure that I bring it to your attention, and that-- Has OEM reached out to you, and are they 24 having conversations with you and making sure that 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 64 1 2 these things don't happen again? Is that at least 3 happening now? 4 COMMISSIONER CORRADO: Yes, and I--we have an Assistant Commissioner who does this, you 5 know, five days a week, [coughs] 40 hours a week. 6 This is all she--she works on is disaster management. 7 8 COUNCIL MEMBER TREYGER: Right, and I imagine as far--for the senior providers they need 9 capacity building on this. They need some 10 information sharing and training. Are there 11 12 resources available for senior providers to make sure that everyone is on the same page, and we're better 13 14 prepared for future emergencies? 15 COMMISSIONER CORRADO: We do have a staff 16 at DFTA that go around to senior programs, and teach them on emergency management procedures and policy. 17 18 COUNCIL MEMBER TREYGER: And do you feel that that's sufficient? 19 20 COMMISSIONER CORRADO: At this moment in time it is. 21 2.2 COUNCIL MEMBER TREYGER: All right. 23 COMMISSIONER CORRADO: But--but, you know, we have the DFTA Service Network is not the 24 Nursing Home Network, and it's not necessarily 25

1 THE SUBCOMMITTEE ON SENIOR CENTERS 65 2 touching all of the seniors that can--you know that 3 live in the City of New York. There's 1.4 million 4 seniors. So is it sufficient to work with the 5 programs that we currently have? Yes. Is it 6 sufficient to work with every single senior in the 7 city? No.

COMMITTEE ON AGING JOINTLY WITH

8 COUNCIL MEMBER TREYGER: And the reason why I mentioned this is because my district and 9 others we--we have a significant number of senior 10 citizens over in our districts. In addition, we're 11 12 one of the most vulnerable areas prone to emergencies as far as coastal storms and floods and other types 13 of things. And whenever I hear talk of mandatory 14 15 evacuations, or evacuations and emergency planning, I 16 think we really need to make sure that--that we're on 17 the same page and that we're much better prepared. 18 And that does not just involve DFTA, by the way. I mean that also involves other agencies here as well. 19 20 I just want to be clear.

Commissioner, a few months back this committee held a hearing about age-friend district initiatives. I wanted to know what's the status of that Age-Friendly District Initiative. Where are we at?

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2 COMMISSIONER CORRADO: The vision, of course, is to have an Age-Friendly district in every 3 City Council district. And that commission is being 4 5 receipted, and you'll be hearing a lot more about it. I know the Council issued a letter--the Speaker of 6 7 the Council and--and Chairperson Chin I saw a letter last week about Age-Friendly. And reviewing the 50 8 initiatives that were formerly on that Age-Friendly 9 10 listing and to see which ones can be purged. Which ones can be added, and I know there is an ask for 11 12 some additional resources that at least, what ten 13 Council Districts can be dealt with this year in terms of identifying projects for Age-Friendly 14 15 districts in those Council Districts. 16 COUNCIL MEMBER TREYGER: So is this initiative still alive? 17 COMMISSIONER CORRADO: It's getting 18 resurrected. Someone is resuscitating it as we 19 20 speak. COUNCIL MEMBER TREYGER: Is that being 21 2.2 done at the admin side, Council side, both? 23 COMMISSIONER CORRADO: It's being done by Council. It's being done by the New York Academy of 24 25

COMMITTEE ON AGING JOINTLY WITH 67 THE SUBCOMMITTEE ON SENIOR CENTERS 1 2 Medicine with lead from the Council I believe and DFTA as well. 3 COUNCIL MEMBER TREYGER: And there will 4 only be ten districts chosen, is that correct? 5 COMMISSIONER CORRADO: Well, I think it's 6 7 going to be a rollout. I don't think that there's the wherewithal to do every single Council District 8 all at once. 9 COUNCIL MEMBER TREYGER: All right. 10 Well, these are conversations we should definitely be 11 12 continuing to have. Also, I'll bring--Council Member 13 Koslowitz mentioned I think a very important point 14 about, you know, we certainly have to support and do 15 more for our seniors visiting senior centers. There 16 is no question about that. But do you have data on 17 how many--and this is including or not including those who might be on the program to get homebound 18 meals. How many homebound seniors do we have in New 19 20 York City? Do we have data on that as far as--21 COMMISSIONER CORRADO: I couldn't 22 possibly give you exact numbers--23 COUNCIL MEMBER TREYGER: [interposing] 24 Right. 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 68 1 2 COMMISSIONER CORRADO: -- of how many 3 homebound seniors we have. 4 COUNCIL MEMBER TREYGER: Right. 5 COMMISSIONER CORRADO: It also depends on 6 how you define homebound. 7 COUNCIL MEMBER TREYGER: Right. Meaning that they have a disability. They for whatever 8 reason cannot--they're not physically well or could 9 emotionally or mentally I'm not sure well. But 10 people that are receiving really care at home. Do 11 12 you have any figures on that? COMMISSIONER CORRADO: No, we can only 13 14 tell you who's being--receiving care in the DFTA 15 Network. 16 COUNCIL MEMBER TREYGER: Okay. 17 COMMISSIONER CORRADO: Not necessarily--I 18 mean there are over--you know, there's private care providers. There's Medicaid funded providers. 19 20 There's the DFTA network, and there's-- Most of it is really provided by--by family caregivers. So if we 21 2.2 ever took family caregivers out of the equation, we'd 23 really be--have a big issue on our hands. 24 COUNCIL MEMBER TREYGER: [interposing] 25 Well, I thin you--

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2 COMMISSIONER CORRADO: Because those 3 provide, you know, foremost.

4 COUNCIL MEMBER TREYGER: I think you hit 5 it on the nail because that's what that's about, the family caregivers, volunteer caregivers, people who 6 7 check in. But I do think that they deserve our support, and our help as well. Because I--I believe 8 that there are many people that we have not been able 9 10 to identify and reach that are at home not aware of all these services that they are actually entitled to 11 12 and available to them. And so, I think that we need to really do a better job as far as resources and 13 14 support. And again, I know that you are an advocate 15 on this. I know that we're not speaking against each 16 other here. We're on the same page. But we really need to step up here. Because I believe that there 17 18 are countless numbers of seniors who are not visiting the senior centers for whatever reason, and I worry 19 20 about them, too.

21 COMMISSIONER CORRADO: Yes, I do as well, 22 and, you know, let's--let's be honest. Not every 23 senior wants to go to a senior center, and we--we 24 serve a small segment of that senior population. But 25 it's a very important segment. And the demographics

COMMITTEE ON AGING JOINTLY WITH 70 THE SUBCOMMITTEE ON SENIOR CENTERS 1 2 show that the seniors that go to centers are the ones that really need to go to centers for various 3 reasons. So, I couldn't agree with you more, but I 4 5 think that, you know, there's a continuum of interest 6 in terms of seniors, and some like-- You know, as my 7 dad says, you know, I wouldn't be caught dead in a senior center. That's only because he's never been 8 to one, and he doesn't know how great they are. 9 But 10 certainly, you know, we need to reach seniors especially those that are homebound and socially 11 12 isolated. And we need to do a better job. Therefore, more resources into this network is 13 14 extremely important. So thank you for bringing that 15 to our attention. 16 COUNCIL MEMBER TREYGER: Thank you and just two quick--more quick points. Before Council 17 18 Member Ydanis Rodriguez mentioned about capital budget. You mentioned that most of it is 19 20 discretionary. Describe to me where the line ends as far as what DFTA is responsible for, and what a 21 2.2 landlord or owner of a property is responsible for as 23 far as the maintenance and upkeep of a physical 24 structure?

2 COMMISSIONER CORRADO: We have 250 3 centers, and we have 250 permutations on the theme. 4 It all depends on how the lease is negotiated, when it was negotiated, and the type of landlord. 5 Some 6 are very good about it. Some are third-party leases, 7 or what we call a triple net leases where the 8 department or the sponsoring agency is responsible for any repairs that need to be done. Generally, 9 it's the internal and external. So if it's internal 10 to the center, it's the center that needs to fix it. 11 12 If it's in the walls or on the external--exterior, the envelope as they say, it's generally the 13 14 landlord. But there are exceptions to all of those. 15 So there is no one--one type of lease. Although 16 there is a facilities unit at the department that helps negotiate those leases, but a lot of them are 17 18 legacy leases as well.

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19 COUNCIL MEMBER TREYGER: And have you--20 I'm sure the answer is yes. So how many cases have 21 you encountered? Is there an estimated number of 22 landlords that have just been in non-compliance with 23 their end--end of the lease leaving seniors 24 vulnerable and unsafe?

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2 COMMISSIONER CORRADO: There are many less than stellar landlords in the equation yes. 3 4 COUNCIL MEMBER TREYGER: Yeah, and I 5 think that we really need to put pressure and expose 6 them because they are leaving people in a very vulnerable and unsafe conditions. I speak of 7 obviously in my district as well. But, you know, we-8 -the City has a list of some of the worst landlords 9 in the City of New York. Well, if they're also 10 leaving our seniors unsafe and vulnerable, we should 11 12 know that, too. Because these are the same people who apply for programs and funding for other things. 13 And we should keep a registry for our own records to 14 15 make sure that they do not get any additional city 16 benefits until they cure all violations that leave our seniors at risk. And I'll close by saying, 17 Commissioner and, of course, I'll speak up for my 18 district here again. The areas, communities of 19 20 Bensonhurst, Graves End and even up to Council Deutsch's area at Sheepshead Bay these are-- They are 21 2.2 tremendously growing Asian-American communities, 23 really booming. And one of the things that we've identified I think is the need for a NORC there as 24 25 well. Because whenever I visit events and senior

COMMITTEE ON AGING JOINTLY WITH 73 THE SUBCOMMITTEE ON SENIOR CENTERS 1 2 centers there, it is standing room only. Standing room only. And I really believe that we do have the 3 metrics and meet the criteria of an additional NORC 4 there in Southern Brooklyn. And I would like to work 5 with your office to discuss that further. Thank you. 6 7 COMMISSIONER CORRADO: Okay. 8 COUNCIL MEMBER TREYGER: Thank you Chair. CHAIRPERSON CHIN: Thank you. 9 I think one point I wanted to add is that Commissioner 10 because a couple of council members asked about 11 12 homebound seniors. And I know that among the advocates and providers I met with Selfhelp, and they 13 tried to tell me about their innovative center where 14 15 they have virtual centers to really reach the 16 homebound seniors. So in the budget are you looking 17 at requesting more funding for innovation centers, 18 and all new senior centers? COMMISSIONER CORRADO: In terms of 19 20 innovative centers, no we're not asking for additional funding for innovative senior centers. 21 2.2 Only because every center needs additional fund. So 23 we would like every center to be an innovative 24 center, and get just a dignified amount of baseline 25 funding. So that they can run, and have the

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2 opportunities that other centers have. And, you know, like was brought up, it is basically about 3 space. And it's about money. So, all--all of our 4 5 centers need additional resources. So we're really 6 concentrating on that. And serving some underserved 7 groups that, you know, are bursting at the seams that we need to address the new New Yorkers. And at some 8 point in time we'll be focusing our energy on getting 9 funding, and advocating for funding. So that we can 10 11 serve new groups.

12 CHAIRPERSON CHIN: And we agree with you that every center needs more money, and we have a lot 13 14 of centers that are innovative at doing creating 15 things. They're just not called innovative centers, 16 and didn't get the funding. It might have been a way 17 to start some new senior center with that funding. 18 And hopefully, we can get more money to the centers. Council Member Rose, do you have a follow-up 19 20 question? Council Member?

COUNCIL MEMBER ROSE: Council Member Chin, we were on the same page. My original question was about the innovative center. But I also would like to ask the Commissioner about the Supplemental Nutrition Assistance Program. It's been under-

2 enrolled in that I know that when Commissioner Banks testified before us, he talked about putting together 3 a partnership where they would do outreach to 100,000 4 senior who have Medicaid but not SNAP. So could you 5 6 give us an update on how many seniors are currently 7 enrolled in SNAP, and how many seniors are estimated to be eligible for the SNAP benefit, but not 8 enrolled? 9

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COMMISSIONER CORRADO: I know that HRA 10 has been doing a lot of work in this regard, as has 11 12 DFTA staff. So I don't have those numbers. HRA does have them, and we can get them to you. But I think 13 14 the important piece is that they're for the first 15 time doing targeted outreach by getting and using 16 other lists that they know vis-à-vis that an X number of seniors are eligible for SNAP. And, they're doing 17 18 some direct mail to their homes. So those lists have been made available through some collaboration 19 20 between agencies.

21 COUNCIL MEMBER ROSE: And since there 22 seems to be such a large number who are eligible, but 23 are not enrolled in that program, do you think that 24 that's justification to reinstate the weekend meals

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COMMITTEE ON AGING JOINTLY WITH 76 THE SUBCOMMITTEE ON SENIOR CENTERS 1 2 based on the fact that people are not taking advantage of the SNAP reduction? 3 4 COMMISSIONER CORRADO: You know what, I wouldn't draw a direct conclusion because we don't 5 6 know exactly why they're not taking advantage of it. 7 But I know that there are people who are eligible for SNAP and we need to really educate them that they are 8 able to do that, and provide the assistance that they 9 need. So there is some effort in those particular 10 senior centers that have been identified with the 11 12 biggest demographics of conceivably eligible or potentially eligible seniors. So there's an 13 initiative. I think there are 15 senior centers 14 15 involved with HRA, and other agencies and the 16 foundations. So we're doing a full court press in those centers in particular. So I don't know, you 17 18 know, this is a trend that's been going on for a number of years. So I can't make the direct 19 20 correlation. COUNCIL MEMBER ROSE: So any--anything 21 2.2 that you've seen that would justify reinstating the 23 weekend meals? COMMISSIONER CORRADO: There is a weekend 24 25 meal in terms of a congregate meal, and our seniors

COMMITTEE ON AGING JOINTLY WITH 77 THE SUBCOMMITTEE ON SENIOR CENTERS 1 2 in the home delivered meals program do have access to home--to weekend meals vis-à-vis City meals who 3 4 provides them and pays for those weekend meals. 5 COUNCIL MEMBER ROSE: And are they the 6 seniors that traditionally get the meals, the full 7 week? 8 COMMISSIONER CORRADO: Yes. 9 COUNCIL MEMBER ROSE: And I know you 10 provide emergency meals on weekends if someone is in 11 need of it? 12 COMMISSIONER CORRADO: We have a wonderful collaboration with City Meals on Wheels, 13 14 and DFTA pays for and delivers meals Monday through 15 Friday, and then again on weekends with a--with the 16 funding from City Meals on Wheels who also does emergency meals and holiday meals. So they've been a 17 18 terrific partner, and they've been doing a lot of emergency meals around every single snowstorm that 19 20 we've had. And our staff have been terrific in terms of going out and delivering extra meals and 21 2.2 anticipating snowstorms, and making it as easy as 23 possible for seniors and as safe as possible. So that in the event of a snow storm that they don't 24 25 have to get to the store. And everyone was very well

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 78 1 2 served that's on our program this winter. So I'd like to congratulate all of those hardworking home 3 4 delivered meals providers and drivers that really 5 went above and beyond the call of duty. 6 COUNCIL MEMBER ROSE: Does any part of 7 your budget contribute to the City Meals on Wheels Program? 8 COMMISSIONER CORRADO: It's not a City 9 10 Meals on Wheels Program. It's a DFTA Meals on Wheels Program that City Meals provides funding so that we 11 12 can leverage what it is that we do. 13 COUNCIL MEMBER ROSE: Okay. 14 COMMISSIONER CORRADO: So--15 COUNCIL MEMBER ROSE: Okay, and--16 COMMISSIONER CORRADO: [interposing] We 17 do--we do-- Our Assistant Commissioner is whispering 18 in my ear [laughs] that we pay for City Meals on Wheels. We contribute to their administrative costs. 19 20 COUNCIL MEMBER ROSE: And what would that amount be? 21 2.2 COMMISSIONER CORRADO: \$1.8 million. 23 COUNCIL MEMBER ROSE: And--and you've 24 requested that amount in this budget also, or an 25 increase?

1	COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 79
2	COMMISSIONER CORRADO: Thatthat amount
3	in particular is baseline. What we are asking for is
4	extra funding for overutilization of meals. So that
5	we can build capacity at the rate of 5%. So as we
6	build capacity, there is some recognition that they
7	will need additional admin money as well, because we
8	work hand in glove.
9	COUNCIL MEMBER ROSE: Thank you so much.
10	COMMISSIONER CORRADO: You're welcome.
11	CHAIRPERSON CHIN: Next, Council Member
12	Deutsch.
13	COUNCIL MEMBER DEUTSCH: Thank youthank
14	you, Chair. First of all, I'd like to commend you,
15	Commissioner, for all that you do. You'veyou've
16	been working very closely with our office. And in
17	regards to Age-Friendly liked today I had my second
18	SCOPE meeting in my district. And I'm going to have
19	a third one I believe next week. And then in mid-
20	April I'll be having a town hall meeting with the
21	Age-Friendly with the senior citizens in my
22	community. So I want to commend you and your staff
23	and Age-Friendly New York in working with my office.
24	In addition, I want to thank your staff. I did have
25	a Caregivers Forum about a month ago where it was

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2 well attended by seniors. And a matter of fact, the 3 Speaker of the City Council attended the Caregivers 4 Forum. And I felt it was very beneficial for the 5 people to get information, as much information as 6 possible. You have many caregivers in my district 7 and the neighboring districts. So I want to thank 8 you for that.

On another note, just a little over 40 9 10 hours ago, I had a tragic fire my district where seven young--seven young children perished. 11 12 Basically, almost the entire family was taken away from the community, from their friends, from the 13 schools. And we all--we all feel it's not just my 14 15 community. It's not just my district. It's every--16 every member, every resident of the City of New York felt this. And when we talk about seniors and you're 17 18 talking, you're speaking about caregivers, you know the grandparents who take care of the grandchild or 19 20 just a senior living alone, I would like to see more preventive measures and outreach. Because no one 21 2.2 know our seniors better than the organizations, the 23 community centers, the NORCs in the district. And 24 one senior may not have a sense of smell. Another 25 may not see well, and no one knows these seniors

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2 better than the people working with them each and 3 every day. When you talk about the good meals, the 4 hot meals, the cold meals and everything else nothing 5 means anything if we don't protect our seniors where 6 they reside.

7 So, what I'm asking is if we could look into or if you would work with the City Council to 8 have something in the funding for this year, this 9 10 fiscal year to make sure that there are proper smoke detectors. If a senior is hard of hearing, there 11 12 should be a different type of smoke detector where they would be able to, if they're hearing impaired. 13 We have to make sure that our seniors are well 14 15 protected where they reside. I don't want to see 16 another fatality, and we've been through enough the last 24 to 36 hours. And this is something I'm 17 18 looking to advocate for this fiscal year. I hope, you know, you can work with us and my colleagues and 19 20 the City Council to see whatever preventive tools that we can give to our senior population we should 21 2.2 do. Tomorrow evening I had a pre-arranged fire safety 23 event in my district, which is going to be tomorrow evening. And this is that--this is because every 24 25 time I get an email from the Fire Department that

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2 there was a fire, even without a fatality, it really 3 struck me. And that's what initiated me to do this 4 fire safety, and now this.

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So I am working with my colleagues, the 5 6 borough president, the Brooklyn Borough President and 7 the Controller, and the Speaker, and many of my colleagues, and the City Council and Congressional 8 Districts and the State Assembly to make sure that we 9 10 get this information out to the public. To make sure and also to ensure everyone has the smoke detectors--11 12 the smoke detectors that they need. We can--we cannot always leave a family--leave it to them to 13 14 purchase a smoke detector because sometimes a family 15 may not be able to afford it. But we need to take a 16 proactive approach to makes sure that everyone is 17 protected. And God forbid if a--if a fire strikes 18 their homes, because fires don't discriminate if it's a vacant home ore someone resides there. 19 So once 20 again, I want to ask you if we could work together in making sure that our senior population is well 21 2.2 protected. Thank you so much. 23 COMMISSIONER CORRADO: Thank you.

25 Member Deutsch. I think, you know, we all share with

CHAIRPERSON CHIN: Thank you, Council

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 83 1 2 you the concern about fire safety. And I think recently the FDNY has been sending around, you know, 3 to all Council Members. I've gotten a lot. You 4 5 know, every time there's a fire, we know about it. 6 But we've got to do everything we can to protect our 7 seniors especially in their senior centers. Commissioner, I'm just going to ask you one last 8 question. On agency efficiency, the Mayor has stated 9 10 that he is requesting agencies to seek out budge efficiency in such a way that the level of service 11 12 that the agency provides is not diminished. So has DFTA applied such efficiencies to its budget for 13 Fiscal 2016, and if so, how? 14 15 COMMISSIONER CORRADO: I'd like to that, 16 you know, we're a lean and mean shop. So there's not a lot of fat in the budget. All of the fat is 17 18 basically on my body. [laughs] So we actually did institute a voiceover internet network, where we--and 19 20 we worked with the Department of Information and Technology, DOITT, to realize some significant 21 2.2 savings of around a half a million dollars. Just by 23 weeding out old telephone lines that are no longer in service. There's quite a few of them, and putting in 24 25 a VOIT system.

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 84 1 2 CHAIRPERSON CHIN: Okay. I just needed to get that on the record. I know that DFTA is lean 3 and mean and tough. [laughs] But we want to get 4 5 the-- You know, we want to get the paddings back. 6 COMMISSIONER CORRADO: Yes we do. 7 CHAIRPERSON CHIN: So we have to continue 8 to advocate--COMMISSIONER CORRADO: [interposing] 9 What 10 a budget that is. [sic] CHAIRPERSON CHIN: And we have, you know, 11 12 a whole list of questions in terms of a particular program that we'll be sending--sending to you, and I 13 14 hope that you will answer those questions with more 15 specifics. So that we know what's the total amount 16 that you are requesting from OMB and from the Administration so that we can really help advocate 17 18 for the increase in funding. Because going forward I think we are moving ahead to make sure that we take 19 20 care of the agency and build it back and build it stronger. So, we're not going backwards. We're not 21 2.2 accepting cuts. And it is not enough for the City 23 Council putting in money every year. I mean the City Council we're willing to work with you, and put in 24 funding for new programs, innovative programs. You 25

2 know, developing more NORCs around the city. But 3 basic core services, that's the Administration's 4 responsibility. That's the Mayor's responsibility. 5 So, we will continue to work with you to make sure 6 that he hears us loud and clear because he's almost 7 there, too. You know, so we have to make sure that 8 he's going to be part of the aging population.

## COMMISSIONER CORRADO: Yeah.

CHAIRPERSON CHIN: And we want to make 10 sure that we get adequate funding from the City. So 11 12 with that, I thank you for coming today to testify, and we have a lot of senior centers, advocates, 13 14 providers that are here today, and I want to thank 15 all of them for being here. And we are going to 16 start hearing their testimony. I'm going to have to step out at noon for about 15 minutes because I have 17 18 to be at a rally for my plastic bag legislation. But I will be right back, and Council Member Vallone will 19 20 take over as Chair.

21 CHAIRPERSON VALLONE: Now, we're in 22 trouble.

23 CHAIRPERSON CHIN: So thank you,24 Commissioner.

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1	COMMITTEE ON AGING JOINTLY WITHTHE SUBCOMMITTEE ON SENIOR CENTERS86
2	COMMISSIONER CORRADO: And thank you, and
3	I appreciate your advocacy and support, and I really-
4	-I am very hopeful that we'll come back for the next
5	budget hearing with some specifics. So thank you.
6	CHAIRPERSON CHIN: Yeah, we're looking
7	forward to the Executive Budget, but we want to make
8	sure it's in there before, right?
9	COMMISSIONER CORRADO: Yes.
10	CHAIRPERSON CHIN: So, I am also going to
11	be meeting with the Deputy Mayor to continue to push.
12	COMMISSIONER CORRADO: Okay.
13	CHAIRPERSON CHIN: So thank you,
14	Commissioner.
15	COMMISSIONER CORRADO: Thank you.
16	CHAIRPERSON CHIN: We're going to call up
17	the next panel. Bobbie Sackman from Live On New York
18	with Andrea Vinay [sp?]; Loris Guevara, and also Tova
19	Klein from Selfhelp.
20	[pause, background comments]
21	CHAIRPERSON CHIN: [off mic] I guess I'll
22	step out now. I'll be back. Thanks.
23	[background comments, pause]
24	CHAIRPERSON VALLONE: Good morning our
25	esteemed ladies.
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COMMITTEE ON AGING JOINTLY WITH 87 THE SUBCOMMITTEE ON SENIOR CENTERS 1 2 Hi. 3 CHAIRPERSON VALLONE: If we could all just introduce each one, and get started from left to 4 5 right. 6 BOBBIE SACKMAN: Oh, you want us--Okay, 7 you've got to introduce yourself. Say you're a senior. 8 9 LORIS GUEVARA: I am starting? 10 BOBBIE SACKMAN: Just say your name. LORIS GUEVARA: My name is Loris Guevara. 11 12 I am born in Sunny--13 CHAIRPERSON VALLONE: [interposing] If we 14 could have some quiet in the Chambers. Our first 15 panel is talking. 16 LORIS GUEVARA: On the Sunnyside 17 Community of Queens. 18 CHAIRPERSON VALLONE: Thank you. BOBBIE SACKMAN: Bobbie Sackman, Director 19 20 of Public Policy, Live On New York. 21 ANDREA VINAY: [off mic] My name-- [on 2.2 mic] Okay, my name is Andrea Vinay. I'm with Live On 23 New York as a Senior Activator. 24 CHAIRPERSON VALLONE: Good morning SERGEANT-A-ARMS: Keep it down, please. 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 88 1 2 TOVA KLEIN: My name is Tova Klein. I'm 3 the Vice President for Senior Communities at 4 Selfhelp. 5 CHAIRPERSON VALLONE: Good morning, Tova. 6 TOVA KLEIN: Okay. I'm good. 7 CHAIRPERSON VALLONE: Go ahead Bobbie. 8 You can start. BOBBIE SACKMAN: Okay, you have a packet 9 10 in front of you. I'm not going to read the whole thing. You've already touched on a lot of the 11 12 issues, and I thank you. There were very good questions today. So I just want to highlight a few 13 things. The Commissioner mentioned that \$6.8 million 14 15 is being put in New York Connects, which is state 16 funding. Also know as No Wrong Door. There are also 2,000 people on waiting lists for case management. 17 Ι 18 think it's about 250 for home care, and we're at 100% utilization in the Meals on Wheels system. 19 So 20 there's a tipping point that's going to happen. So imagine you come to be assessed, which is what New 21 2.2 York Connects is with No Wrong Door. And they say 23 fine. We just assessed you, and there is no door. You're on a waiting list. It's only to increase 24 frustration obviously, and it's only going to show in 25

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2 more glare--in a more glaring way that the city is not stepping up to the plate on serving these 3 seniors. So, of course, our hope is that this No 4 5 Wrong Door process was put to place one is that they'll talk to the community so we know what the 6 7 process is. And two, that they'll take care of waiting lists because otherwise what's the sense of 8 assessing people and telling them when they're 80 9 years old or older to go sit on a waiting list. 10

Secondly, we're disappointed that the 11 12 Department for the Aging and the Commissioner is not asking for new money for innovative senior centers. 13 14 While we agree that senior centers need to increase 15 their baseline funding across the board I think that 16 it's obvious. The innovative senior centers, the original proposal, which live on and the Council of 17 18 Senior Center proposed was to touch certain communities. And one them were communities of 19 20 immigrants that are underserved. And to date the majority of the innovative senior centers, while 21 2.2 they're great programs, they're not serving 23 predominantly in immigrant communities. They serve communities, but not predominantly immigrant. So we 24 25 do have some space there to move ahead, and give good

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2 funding and creativity to more innovative senior 3 centers.

And let's see. What else did I want to 4 5 I want to get back also to NYCHA, the NYCHA add. senior centers. So what I remain unclear about is 6 7 the City Council put in a lot of money to the NYCHA Senior/Community Centers last year. And apparently 8 there's \$6 million according to what the Commissioner 9 said today. And I don't know--has there been an 10 evaluation of these centers? Are they up to part to 11 12 be a senior center? And we have a \$4 million request for NORC funding, a million and a half of that is new 13 14 money and two and a half was put in last year, to 15 target NYCHA developments. So would there be a way 16 to look at what existing funding are in these NYCHA senior centers. Look at maybe there needs to be 17 18 additional NORC funding. I think the worst thing would be in a starved system would be to lose this 19 20 money to aging. And I could see that happening because we don't have a strong Administration on 21 2.2 aging issues. [bell] And just finally, Live On New 23 York has a very robust program to sign seniors up for SCRIE and SNAP. But we need a public awareness 24 25 campaign like the Pre-K public awareness campaign

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2 like the home-based homeless campaign. That's called 3 a public awareness campaign. We've never had that 4 for SCRIE in this city. And it's just as important 5 as those other programs. Thank you.

CHAIRPERSON VALLONE: Since Bobbie was 6 7 the first, did we put on the clock. We have over seven panels for today. So we want to make sure 8 everybody gets a chance to speak. But in no way will 9 we cut you off of important topics. If there are any 10 questions, which you always are very good at getting 11 12 to us, we're going to have a formal response, Margaret and I sent back to the Mayor for additional 13 14 funding. We'll add your concerns just like Ms. 15 Sackman brought up now. I think you brought up a 16 very good point about our immigrants, and I think that's one of our largest growing demands. And a 17 whole host of issues that come along with language 18 services and cultural based foods and additional 19 20 programs that they bring. So thank you. 21 BOBBIE SACKMAN: Thank you. CHAIRPERSON VALLONE: 2.2 Okay. 23 ANDREA VANAY: My name is Andrea Vinay, 24 and I appreciate the opportunity to testify on behalf 25 of Move On today. I am proud to be a New York Move

2 On activator. Move On New York has trained me and other older adults to advocate on behalf of community 3 based aging services. We understand well the meaning 4 of unmet needs and baselining funds. It is clear 5 that while our numbers are growing rapidly, funding 6 7 is way behind leaving waiting lists insufficient funding for existing programs and lack of funding for 8 additional services needed. We appreciate City 9 Council's historic support of senior services. The 10 time to adequately fund aging services is long 11 12 overdue, as you well know. Live On New York formed formerly Council for Senior Centers and Services--13 14 [background comments] 15 ANDREA VANAY: In terms of the funding,

16 number 1 is Per-Meal Reimbursement of \$3.3 million. Access to nutritious, affordable food is-- I'm 17 18 sorry, nutritional--nutritiousness--affordable food is key to both preventing and treating hypertension, 19 20 diabetes, heart conditions, and other illnesses of aging. Additional funding would bring the meal 21 2.2 reimbursement rate closer to the goal of \$3.35 per 23 meal to provide health means that are compliant with the City's own nutrition standards. Currently, 24 reimbursement is \$2.45 per meal for kosher and non-25

kosher congregate meals and non-kosher home delivered meals. And \$2.70 for kosher home delivered meals. In order to provide a variety of meals to meet the needs of an increasingly immigrant and diverse older adult population, additional funding is necessary. \$3.3 million would add 25 cents more per meal, plus additional funds for kosher home delivered meals.

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Increase Meals on Wheels Capacity to 9 2. \$1.8 Million. The current Home Delivered Meals 10 program, HMDL is at 100% utilization. There have not 11 12 been waiting this for Meals on Wheels in many years. Surely, City Council and the Administration to not 13 14 want to allow waiting lists to start again. 15 According to the Department for the Aging in order to 16 prevent waiting lists for Home Delivered Meals for frail homebound seniors, \$1.8 million is needed to 17 18 increase citywide capacity by 5% or 230,000 meals 19 annually.

3. Six Weekend Congregate Meal \$500,000. Live On New York thanks City Council for
 bringing this important meal program back. Dozens of
 senior centers citywide have opted to utilize this
 additional funding to provide one takeaway meal from

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COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 94 1 2 the senior center. We would like the funding to be restored. 3 Caregiver Supports and Respite - \$3 4. 4 In New York State family members taking 5 million. 6 care of elderly parents, spouses, partners and others 7 provide \$32 billion worth of free care to the State, but they need help. Access to affordable elder care 8 and caregiver supportive services are the workforce 9 issues of the 21st Century, particularly for women. 10 Studies report that women lose over \$600,000 in 11 12 compensation over their career due to loss of salary, lack of job promotion, changing to part-time work, or 13 leaving the workforce due to care giving 14 15 responsibilities. [bell] And in addition to lower 16 Social Security pension payments and out-of-pocket costs for care giving. \$3 million would provide 17 18 services to the caregivers such as information about services, counseling and support groups, and respite 19 20 care giving a break to work or do other things. Respite includes home care, adult daycare and 21 2.2 facilities where their loved ones can stay overnight, 23 if necessary. Thank you for the opportunity to testify today. Live On New York and the Senior 24 Activators look forward to working with the City

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2 Council to ensure that there is sufficient funding for older New Yorkers and their family caregivers. 3 And I'm afraid I get a little emotional because I had 4 5 to take care of my mother for four years at the end of her life. And I had an awful to learn, and I 6 7 never regretted a minute of. But when I thought back over the weekend of my life was in 2002 as opposed to 8 where it was after 2006, it's a massive difference. 9 And it is just amazing. And I did receive and I was 10 so grateful for the support of neighbors, and also my 11 12 employer. But the realities are that there is a big difference in what my future will carry. Thank you. 13 14 CHAIRPERSON VALLONE: Your mother is 15 smiling on you now. 16 ANDREA VANAY: I feel that very strongly.

17 CHAIRPERSON VALLONE: You know it's those 18 personal experiences that probably of everyone in the room because as an elder attorney, these are the 19 20 things and the stories that we hear everyday. So it's the actions we take today to prepare to make 21 2.2 sure that those don't happen again in the future. 23 You brought up some very good points. Caregivers really aren't in this budget, and I hope to fight for 24 25 that and if not then for next year put a platform

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2 together. Because the reality is there is a whole new generation that's has taken care above and below 3 4 as well as their spouses. And there are really no services unless it's Selfhelp or some other groups 5 6 that are doing it on their own. And the question I 7 wanted to ask all of you at the table because it came And thank you Commissioner for staying. 8 up--It's always nice to have you here to listen. It seemed 9 10 like there wasn't a big response on that six-day questionnaire. And I'm just wondering if that maybe 11 12 just wasn't the outreach was good enough. But to me when I go throughout the senior centers, and 13 14 especially in my district, I have yet to hear one 15 tell me they wouldn't like an additional meal for the 16 weekend. And it seems like less than 30% of the senior centers said yes. Any thoughts on that? 17 18 ANDREA VANAY: I have a contribution. Ι

actually volunteered at a--it was Saint Luke in the Fields in Greenwich Village at the peak of the AIDS crisis. And it was a 2,000 calorie meal that we prepared, and provided to people of the community to bridge the gap between Friday and Monday where God's Love we Deliver provided. So that people would not have to go without. And if they were too sick for

COMMITTEE ON AGING JOINTLY WITH 97 THE SUBCOMMITTEE ON SENIOR CENTERS 1 2 the meal, we also prepared a very nutritious and enriched soup to come as close as we could to that 3 4 2,000 calories. And if it was the only meal that 5 they could have, at least they would have that one meal on the weekend. And I--6 7 CHAIRPERSON VALLONE: [interposing] Okay. ANDREA VANAY: --also home delivered 8 meals to those that were too sick to come in. 9 CHAIRPERSON VALLONE: So you're 10 supporting it, which is what I assumed. 11 12 ANDREA VANAY: [interposing] Absolutely. 13 CHAIRPERSON VALLONE: Right. Yes. 14 ANDREA VANAY: Absolutely. 15 CHAIRPERSON VALLONE: I think we may have 16 to go back to that. [laughs] I think those numbers are a little bit off. I would think that across the 17 18 board everyone is asking me for that. Thank you for your testimony. Tova, sorry for stepping in, but you 19 20 can start your three minutes. And thank God for--I was going to say Selfhelp, which in my district is 21 2.2 the best. Thank you very much. 23 LORIS GUEVERA: Okay. Thank you for this 24 opportunity to appear here at the City Hall. Also, we recognize the opportunities and for your help in 25

1	COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 98
2	the past year during this time. Now, please the
3	seniors need about \$33 million to better our service,
4	and quite right. And advocate for it. We manage
5	really for meals and to make sure no seniors on
6	waiting list. We don't want to ignore them. [sic]
7	Really, we need love, compassion, and peace in our
8	lives. Ourthrough our Mayor de Blasio
9	opportunities we are requesting your help one more
10	time because the seniors we are a priority here
11	around and close in New York City. Thank you for
12	hearing me and God bless you.
13	CHAIRPERSON VALLONE: God bless you.
14	TOVA KLEIN: Hi, good morning. My name
15	is Tova Klein and I'm the Assistant Vice President
16	for Senior Communities at Selfhelp. I want to thank
17	you for the opportunity to present this testimony to
18	you. I feel also like I don't know who is the more
19	outstanding advocate here. I'm sitting here with
20	Bobbie and you and there's the Commissioner. I mean
21	we're all ready preaching to the choir. So I'm very
22	grateful to have
23	CHAIRPERSON VALLONE: [interposing]
24	We're hoping the choir is listening. That's the
25	point. [laughs]

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2 TOVA KLEIN: Yes, yes. Last year, funding was added for case management to allow us to 3 4 reduce the case loads to 65 and that's had a really 5 profound effect on our ability to do service, to provide service. We're not able to call clients once 6 7 a month. We're able to provide services that we couldn't provide before, more intensive case 8 management. And that's been a really great thing. 9 The problem is and the Commissioner knows this 10 herself. She brought it up herself. There are over 11 12 2,000 people on the waiting list right now to get case management services. An individual will call 13 14 and say I need help, and basically be put on the 15 waiting list and told you've got to wait. And in our 16 project pilot office alone, we've got over 250 people on the waiting list, which is a tremendous strain on 17 18 the staff and on the clients. And so, we applaud the commissioner for stating that this is a high priority 19 20 and we--we certainly back that.

21 Speaking of new staff, the other piece 22 that I just wanted to raise is our budgets are so 23 tight that when we do hire new staff, for the most 24 part we're not able to hire MSWs. Our staff are BA 25 level social workers. And the salaries that we're

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2 able to pay them are embarrassing. And the reason that we can only pay them that amount is because 3 4 we've got X budget. We have to serve X clients, and 5 that's what we've got. We urge everyone to really think about giving us the funding to be able to hire 6 7 professional staff. The turnover is ridiculous, and it's a tremendous strain on the staff itself. 8 We applaud the Commissioner for advocating for mental 9 health services, for the homebound isolated elders. 10 We would like to urge all of you to consider the 11 12 Virtual Senior Center, which is a way to bring homebound elders very, very actively into the senior 13 14 centers services. We would like to suggest 15 integrating that into each of the centers so that 16 it's not outside of it, but more inclusive, and the centers could get credit for the units. I wanted to 17 18 say thank you and we'll be talking to you some more. CHAIRPERSON VALLONE: Well, last year 19 20 [bell] I argued for the credentials of who is actually being hired. Because it's one thing to have 21 2.2 someone hired at basic right above minimum wage, and 23 someone bringing social workers and those with 24 clinical degrees. It makes quite a difference. Ιt 25 must be very frustrating to train the new staff, and

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 101 1 2 then within probably three to six months lose them or have to go through the process all over again I would 3 4 imagine. TOVA KLEIN: It's very frustrating. 5 It's also very disruptive to the clients. Very disruptive 6 7 to the clients. There's-there's no relationship. I 8 mean we've been very, very fortunate, but the turnover is huge. 9 10 CHAIRPERSON VALLONE: What do you attributed the increased demand I quess as the calls 11 12 in the case management is increasing over this year? Even with the budget that was increased, you still 13 14 have an increased demand on case management. 15 TOVA KLEIN: Absolutely. I mean, you 16 know, we're all--we're all aging. There's more--17 there's more elders out there. 18 BOBBIE SACKMAN: [interposing] Can I just please add something? Thanks, Tova. I think last 19 20 year's money is targeted bringing down the waiting-I'm sorry. The caseload size, and it went from 80 to 21 2.2 65, which is good news, but we all probably recognize 23 it should be even lower than 65. Truthfully, one call a month to a homebound person is better than it 24 25 was, but it's not ideal. And so, the waiting list

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 102 1 2 grow and so you have a numbers game because there's not enough money. You have high caseloads or 3 4 slightly lower waiting lists, or you have higher 5 waiting lists and slightly lower caseloads. There is 6 only so much you can do because the money is so 7 insufficient. In the packet that I gave you, I just wanted to draw to your attention there's a list 8 broken out by City Council District by caseload size 9 and waiting list. Which actually DFTA gave us, and I 10 thank them for that. And so in essence, there is 11 12 just not enough funding. And just one final thing, we support Live On New York. The Human Services 13 14 Council Initiative for COLA increases for sort of the 15 professional mid-level kind of work. Which is 16 exactly what Tova is talking about. In all our 17 budget requests that concerns--includes senior 18 centers, it's at a compensation level of--for MSW. We need a trained workforce and we need people that 19 20 wills stay.

21 CHAIRPERSON VALLONE: Well, we join you 22 in that fight, and we will continue to do that. So 23 thank you for your testimony, and we will continue 24 on. Thank you, ladies. So the next panel is Pu Ling 25 Ming from Grand Street. Valentine Coto from 106th

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 103 1 2 street, Ming Ling Si from Mott Street, Helen is her 3 first name? Connie Sue Poking or Poking from the North Forest Hills Co-op. So there should be one, 4 two, three or four. Pu Ling Ming, Valentine Coto, 5 Ming Ling, and Bonnie Sue Poking. 6 7 [pause] CHAIRPERSON VALLONE: Thank you guys for 8 9 making it today. You have three minutes so--10 SERGEANT-A-ARMS: [interposing] Would you keep it down, please? 11 12 CHAIRPERSON VALLONE: I recognize you. 13 It's good to see you again. So you can be the first 14 one to start. 15 PO-LING NG: [off mic] Seeing you is 16 always good. 17 CHAIRPERSON VALLONE: [laughs] That's a 18 good thing. PO-LING NG: [off mic] Good morning. 19 20 Thank you and--CHAIRPERSON VALLONE: Is your microphone 21 22 on there? Is the red light on? Push the red button 23 right in front of you there. 24 25

PO-LING NG: Good morning and Chairman
Vallone, you are very good. I love you, but you
always to say yes to okay us money. [laughs]
CHAIRPERSON VALLONE: [interposing] It's

6 like my children.

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7 PO-LING NG: So that's why I see you every year, and our lovely Commissioner of the Department 8 for the Aging. Today, our group be here very early. 9 10 That's means Open Door seem they are very clear of their program. Open Door, open our doors since the 11 12 1972. This year is our 43rd Anniversary. We did we did a wonderful job, wonderful job, you know, for the 13 14 seniors population. First of all, thank you City 15 Council. Thank you our Department for the Aging 16 strongly supporting Open Door. So we are an are the very successful senior center in the whole wide world 17 18 not only in the city. But the one thing I really thank you, you know is our lovely Chairperson and our 19 20 members are really concerned about the seniors. How to provide the great quality and quality services for 21 2.2 our seniors. You were earlier about the senior 23 health and talking about Meals on Wheels. Talking about the complicating bill. I will tell you true 24 25 Open Door try to get any funding that is

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2 governmental. Why? Well, we don't worry about how helpful our job. Our goal is really to provide quick 3 4 services for our seniors. But the one thing that we 5 know only for the seeking Meals on Wheels. I quess 6 the way you interrupt them is Meals on Hills because 7 the government don't give us enough money. So we should use our hill to deliver meals and like in two 8 hours. So that's why, you know, and all our clients 9 10 love us. The one thing we service, you know, Meals on Wheels seven meals a day. Everything but 11 12 unfortunately they make us to deliver the frozen The seniors doesn't like the frozen food, but 13 food. 14 what could we do? Our center is only open five days 15 a week. So that's why no choice. The weekend we 16 should deliver, you know, and the frozen food. And also I thank you, you know, and they're talking about 17 18 six weekend congregate meals. But the one thing is our center is only open five days a week. But right 19 20 now I have a good idea. Because the seniors always complain. No place to go during the weekend. 21 Thev 2.2 need to socialize. They need hot food. Could you give us more money, and thank our seniors to go to 23 the restaurant and let them socialize and enjoy their 24 hot tea and dim sum and the different kinds of mango 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 106 1 2 [sic]. I think is very, very, very good for them. So I thank you, but not also not only talking about 3 4 Meals on Wheels and Congregate meals. But I know 5 everyone hear of us. Right now I really want to talk 6 about the Capital Budget. Thank you, you know, the 7 Department for the Aging for providing us a very great facility. Unfortunately, our windows are all 8 broken. Especially during the wintertime. Wow, we 9 have very good air conditioning. Let everyone get 10 sick. So that's why I really like give us the 11 12 capital budget and fix the windows. Let our staff and the members really enjoy their life. 13 14 CHAIRPERSON VALLONE: Thank you, my dear 15 PO-LING NG: Not only that. 16 CHAIRPERSON VALLONE: The good--the good news is the Commissioner definitely heard you. 17 18 [laughs] PO-LING NG: Yeah, not only that--19 20 CHAIRPERSON VALLONE: I'm going to have to ask you to kind of wrap it up a little people. 21 2.2 PO-LING NG: Yeah, because I have a lot 23 of seniors over there a long time. CHAIRPERSON VALLONE: [interposing] 24 I 25 know they're all in their hats and I see them, and

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 107 1 2 they've been here since early this morning. So thank you guys for being here. Open Door is really worth 3 4 the 5 PO-LING NG: Also--also, you know, 6 support us 11:30 to 1:00. You see all our seniors so 7 really strong support. They come here from 9:00 something. They still are here. They sit there. 8 Why they come over here? On behalf of the Open Door 9 10 members, and us our lovely Chairperson Vallone. Promise to give us more money. Let us run the center 11 12 more successful. If you not promise us, we don't 13 leave. 14 CHAIRPERSON VALLONE: [laughs] Well, you 15 are going to--we are with you, my dear. That was 16 quite--quite informing and I thank you for that, and you passion is why we're all here. So thank you. 17 18 Dim sum at the Open Door for everyone I think. HELEN MENG SI: [laughs] Okay. I just 19 want to say I echo Po-Ling, you know, she good. 20 We admire her in the community, and really-- You know, 21 2.2 what she is saying is really true, and all the 23 seniors, you know, really that live in the community there are programs and leadership. And so, I wanted 24 25 to say today my name is Helen Meng-Si. I'm from the

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2 Chinatown Neighborhood NORC Program and thank you Councilman Vallone and the Aging Chair Committee. 3 You know you let me testify on behalf on New York 4 5 City's NORC and Nurse program. And there are three areas they would like to focus on today. Funding of 6 7 current NYC Neighborhood NORC program and the expansion of the new Department [sic] Program. 8 The importance of helping NORC and Nurse allocated funds 9 that originated from the City Council they slide into 10 the Department for the Aging's NORC Supportive 11 12 Service Program. And the most important allocation of ethical funds to supporting rising service in 13 14 NORCs. And I know there are times where you are 15 short. [sic] Actually, our program, you know, based 16 on their funding and the New York State Office for Aging. However, only since 2006 they give us 17 \$143,000 and periodically they cut down our budget. 18 You know, each year we receive \$20,000 less than the 19 20 usual fund. And then, you know, last year they talk about, you know, the nursing. They require us to 21 2.2 have a half-time nurse, which is close to \$80,000. 23 So you can do the calculation. You know, we don't have much budget to do all this operation. However, 24 25 our program serves over 1,000 seniors in our area.

And this is limited budget. We revise, you know, our schedule. And also, you know, the manpower. And especially we want to create the social services and nursing together. This is a successful to our program, but we felt that one day we cannot do it.

7 And then also the other thing is that thank you that the City Council give us the money 8 last year for the Fiscal Year 2014-2015. We can 9 have--otherwise we will have 2000--100--a 200,000 10 deficit. And then that's very important that, you 11 12 know, the money really is make us survive, and benefit the whole community. And then, our community 13 14 is low-income and all the immigrants, you know. And 15 also after all the program pallets, you know, the 16 other programs, then we can, you know, make a committee to be a better, you know, aging in place. 17 18 And then, NNORC a member a member of good stability, and then what we find is a separate team over the 19 20 wider borough. [sic] In addition, we urge the City Council to post baseline of the Neighborhood NORC 21 2.2 Program, expansion of NORC and In NORC and the most 23 important is the nursing service provided in NNORCs. 24 Thank you very much.

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COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 110 1 2 CHAIRPERSON VALLONE: Thank you. Go 3 ahead. 4 [background comments] 5 CHAIRPERSON VALLONE: Just turn that mic 6 on. 7 BARBARA SUPACORNI: My name is Barbara Supacorni [sic] and I am a client of Forest Hills 8 North for the last past 11 years. I am virtually 9 housebound and due to the services of NORC it has 10 enabled me to remain in my home. One of the services 11 12 that NORC offers is that they have a nurse once a 13 week. It used to be twice a week, but recently has been cut in half. With the nurse available, I am 14 15 able not to have to make as many trips to my primary 16 doctor. The nurse will monitor my blood pressure and I will notify my doctor. In addition, I have other 17 18 medical conditions, and the nurse has been extremely helpful. When we had a nurse twice a week, not only 19 20 could I be monitored twice a week, but the nurse was able to do multi-session workshops. For example, I 21 2.2 participated in a workshop for heart care and for 23 diabetes. These sessions were not only educational, but it showed us how to maintain our health. 24

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2 NORC has many programs. For example, 3 approximately once a month there's a program on brain health, which includes exercises. Once a week 4 5 there's balance class to learn how to maintain your 6 balance and fall prevention. There is just not 7 enough time to list all the classes offered. Because I am homebound, getting fresh food is difficult. 8 NORC has a program that has teenagers who would call 9 everyday. They would get my medicines and pick up 10 such items as fresh fruit and dairy. Sadly, this has 11 12 been defunded. NORC also has a housekeeper who helps us. She will clean the house, do laundry and the 13 14 service is free unless you wish to make a donation. 15 Finally, NORC is a long friendly 16 organization who knows their clients. One day I was

unable to reach a neighbor all day. The next morning 17 18 I notified NORC. Since NORC knew this person, they immediately understood that there was something 19 wrong. If I had called the police, they would have 20 knocked on the door, received no answer and left. So 21 2.2 I went to NORC and they responded. After verifying 23 she was not in the hospital, NORC went to management, they broke down the door and found her semi-conscious 24 25 on the floor. NORC is a vital support to the seniors

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 112 1 2 in my development. Their services are invaluable to seniors, and helps keep them safe, healthy and 3 4 active. It has had a profound affect upon my life, 5 and it is important that NORC be continued and 6 funded. 7 CHAIRPERSON VALLONE: Your stories are 8 exactly why Margaret and I fight so hard with the rest of the Council. So thank you for sharing. Sir, 9 10 did you want to speak? VALENTINE COTO: Hi. My name is 11 12 Valentine Coto. I belong to the Center Oak, Red Oak, 135 West 106th Street. I heard before that any center 13 14 that has the space available we have. We have the 15 space available for a gym. Also, we need dinging 16 tables, the ones that fold and with wheels on. Because the ones that they have now they are very old 17 18 and the people there the staff are working very hard to try to get them to work. But they haven't had 19 20 time doing so. This is--the staff of this place is very nice people. They just happen to--they help you 21 2.2 on anywhere they can. They are very polite. The 23 food is great. The area is very nice, and I was 24 going to be very brief about this. I don't know how 25 much to say, but they really need a space--they have

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 113 1 2 plenty of room for a gym and also the dining tables 3 that's the most. That is all I have to say. 4 CHAIRPERSON VALLONE: Well, the 5 Commissioner is nodding her head behind you so I 6 think you're going to get some dining room tables for 7 that. And I see her smiling, so you're a very good 8 advocate. Good. CHAIRPERSON CHIN: Thank you. Thank you 9 10 for coming and I urge you, sir, to talk to your local Council Member. Do you know who your Council Member 11 12 is? 13 VALENTINE COTO: [off mic] No, ma'am. 14 CHAIRPERSON CHIN: Huh? 15 VALENTINE COTO: [off mic] No, ma'am. 16 CHAIRPERSON CHIN: Well, we had better 17 help you check it out. We have your address. We had 18 better look it up for you right away, because your local Councilperson can also help you get those 19 20 dining room chairs--dining room tables, and also for other capital projects. As the Commissioner said 21 2.2 earlier, a lot of the capital dollars are 23 discretionary, which means that it came from the City Council. 24 25 CHAIRPERSON VALLONE: Right.

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 114 1 2 CHAIRPERSON CHIN: But I hope that going 3 forward that DFTA can also, you know, do a survey of 4 what the capital needs are for each center, and 5 really incorporate that as part of their budget. And I know I miss Po-Ling Ng's testimony. 6 7 CHAIRPERSON VALLONE: Oh, yeah, she testified. It's okay. It's okay. 8 CHAIRPERSON CHIN: She was going to 9 testify from Open Door. Thank you for being here, 10 but she always talks to me every time I see her--11 12 PO-LING NG: [interposing] Oh, yeah, every time. 13 14 CHAIRPERSON CHIN: --in Chinatown. But I 15 heard that you did not mention the issue about staff 16 support. 17 PO-LING NG: Yes, yes. 18 CHAIRPERSON CHIN: Right, so I think that's important. 19 20 PO-LING NG: Because, Vallone-- I want to speak. Vallone said that the time out. [laughs] 21 2.2 CHAIRPERSON CHIN: But I think that's one 23 point that pulling ways that's important for our senior centers, Commissioner, while you're still 24 25 here. Is that we want to make sure that keep the

2 staff that we have in these centers. So the fact that a lot of them haven't gotten any kind of pay 3 increase or don't have, you know, good health 4 5 benefits or pension, that is something that the 6 Administration and City Council really need to 7 address. Because we want to make sure that we keep the workers that we have who are so dedicated to help 8 our seniors and to take care of our seniors. And we 9 cannot take care of them. So I think going forward 10 we really need to know how to, you know, work on this 11 12 issue to make sure that we adequately compensate the workers in our senior centers. So thank you all for-13 14 -for coming today. And hopefully by the Executive 15 Budget we will have better news for you. All right, 16 thank you. 17 FEMALE SPEAKER: [off mic] 18 CHAIRPERSON CHIN: Thank you. [laughter] Thank you. So we are going to call up the next 19

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20 panel. Mallory Nugent from the Federation of 21 Protestant and Welfare Agencies; Leo Asen from AARP; 22 Laura Thompson from SAGE; and Kevin Douglas from the 23 United Neighborhood Houses.

[background comments]

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COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 116 1 2 SERGEANT-A-ARMS: May we have it quiet, 3 please? Quiet down, please. 4 [background comments, pause] 5 CHAIRPERSON CHIN: Okay, you can begin. 6 LEO ASEN: I'll turn this off again. 7 Good afternoon, Chairwoman Chin, Councilman Vallone and Commissioner and members of the Aging Committee. 8 My name is Leo Asen, and I'm the State President of 9 AARP. On behalf of our State Director Beth Finkel 10 and nearly 750,000 members age 50 and older in New 11 12 York City--CHAIRPERSON CHIN: [interposing] Excuse 13 14 me. Can you put the mic closer? 15 LEO ASEN: Oh, sorry. 16 CHAIRPERSON CHIN: Yeah, so there we go. 17 LEO ASEN: Okay. I want to thank you for 18 the opportunity to talk about some important topics related to caregiving 19 20 SERGEANT-A-ARMS: [interposing] All quiet, please. Quiet, please. Thank you. 21 2.2 LEO ASEN: Family caregivers provide an 23 invaluable resource in caring for their loved ones at home. It's a big job and once in a while they need a 24 25 break. That's why respite care programs such as

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 117 1 2 Social Adult Day are so important because they provide a social environment for older adults with 3 4 Alzheimer's, Dementia or physical disabilities. 5 During 2013, AARP along with Live On New York and New 6 York State Caregiving and Respite Coalition and 7 others convened 14 listening sessions across New York Stated and learned that caregivers are in desperate 8 need of respite services. In FY15, the City Council 9 allocated \$600,000 for Adult Day Services. 10 This allocation was not baselined. AARP supports the full 11 12 request for \$2.3 million in the FY16 Budget. And finally, family caregivers are a vital part of the 13 14 caregiving continuum. Statewide--statewide 4.1 15 million family caregivers provide over \$32 billion of 16 unpaid care to their loved ones. As the Baby Boom generation ages, more of us will need care. A recent 17 18 AARP report found that in New York in 2010, there were 6.6 potential caregivers age 45 to 64 for every 19 20 person in the high-risk years of 80 plus. In 2030, there will be just 4.8. The typical caregiver in New 21 2.2 York is 64-year-old woman who has either a high 23 school or some college education and spends more than 40 hours providing care to her mother. Businesses 24 also lose as much as \$33.6 billion annual in worker 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 118 1 2 productivity because of employees' caregiving 3 obligations. In 2014, AARP surveyed New York City 4 voters over the age of 50. Nearly half of working 5 voters are caregivers or have been a caregiver in the 6 7 past five years. Among those working caregivers, two-thirds report a good deal to overwhelming levels 8 of strain from caregiving responsibilities. AARP 9 believes it is important to establish city funding to 10 support caregivers. Providing supportive services is 11 12 essential to the wellbeing of the caregiver and the 13 person for whom the care is provided. Supports might 14 include respite care, home care, or a temporary replacement to name three, to allow caregivers to 15 16 take care of themselves. And AARP supports a request of \$3 million in the FY16 Budget for caregiver 17 18 supports [bell] and services. Chairwoman Chin and members of the Aging Committee, thank you for the 19 20 opportunity to highlight a few of these critical 21 needs. 2.2 KEVIN DOUGLAS: Good morning. My name is 23 Kevin Douglas. I am Co-Director of Policy and Advocacy for United Neighborhood Houses of New York. 24 We are an association of settlement houses and 25

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2 community centers across the city. Including several of which you've heard from today, Grand Street 3 4 Settlement, Queens Community House and Henry Street Settlement. These 30 agencies serve half a million 5 6 New Yorkers a year in comprehensive neighborhood 7 based services from Early Childhood Education all the way through senior centers and other supports. Among 8 this continuum of services those older adults are 9 10 among the most popular and important in the network. Every year our agency services 71,000 older adults in 11 12 New York City providing meals. About three million every year to older adults, about a million home 13 14 delivered meals. And we employ a lot of folks that 15 work in the sector. We have 5,700 home care aids 16 that support this population. So this is the--you know, the aging issues that we're looking at are very 17 18 important to us. And we're going to really essentially support a few of the issues that have 19 20 been raised today as well as focus on some of the bigger sector wide issues we think really underscore 21 2.2 the conversation for aging as it sits in the human 23 services continuum.

24 So two of the areas we really just wanted 25 to focus on are case management and NORCs. In the

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2 preliminary budget the is \$2.6 million, and we appreciate the Council's work to get that funding 3 4 increased last year, and we would ask for an 5 additional \$400,000 this year. You heard earlier today that there are almost 2,000 seniors on wait 6 7 lists for these services around the city. And we really would encourage the Council to work with the 8 Administration to increase the amount of funding to 9 bring it down to this wait lists. For NORCs, this is 10 a really integral part of the work that our members 11 12 and others throughout the city do. Really taking a 13 comprehensive neighborhood based approach to serving 14 older adults that are concentrated in geographic 15 clusters. We know that there is money in the budget 16 right now, \$2.5 million and we would really like to see the number of NORCs in the city increased. We're 17 18 asking for an additional \$1.5 million to focus on expanding NORC services in the New York City Housing 19 Authority's domain. 20

So those are two of our main asks in the aging area, and I want to take the last minute to really talk about some of the broader sector wide issues we think are important. You heard a discussion earlier today about the inability of

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 121 1 2 providers to really hire the most qualified staff and must use others to serve their constituents. And 3 4 really the reason is because the City, State and 5 other contracts don't adequately reimburse them to be 6 able to do that. So in partnership with many of the 7 other advocates you hear from today, we are really encouraging the Council to look at implementing 10% 8 COLA, a Cost of Living Adjustment over the next two 9 fiscal years. To allow older adult providers as well 10 as others to really increase the salaries that they 11 12 are able to provide to cover other increased costs, rent, healthcare, et cetera. So they can really 13 14 provide quality services without having to deal with 15 the massive turnover that the sector currently has 16 because the rates are so low. And that 10% we encourage you to do 5% this fiscal year and 5% the 17 18 next fiscal year.

Before COLAs could really be effective, though, we need to make sure that the wage floor is established at a level that actually makes sense. Because if we just do COLAs on top of insufficient contracts that doesn't really get us anywhere. So in terms of wages we're recommending that the City create a wage floor of at \$15 an hour for the lowest

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 122 1 2 paid in the sector who are charged with caring for older adults. And we want to make sure that we're 3 4 able to attract and maintain the most gualified 5 people to do that. And if we don't have the wages to 6 do so, then the older adults in their care are going 7 to be the most that really suffer. So in addition to 8 the really specific again ask for NORCs in case management, we really would encourage the Council to 9 10 look at COLAs and wage floors for the lowest paid workers in the sectors to make sure we're doing a 11 12 qood job. Thank you. MALLORY NUGENT: Hello. Thank you to the 13 14 Chairs and the Council for taking the time today to 15 hear our testimony on these important issues. My 16 name is Mallory Nugent, and I'm the Policy Analyst at the Federation of Protest Welfare Agencies. FPWA is 17 18 an anti-poverty organization with a membership network of nearly 200 human service faith based 19 20 agencies many of whom serve New York seniors. We know that by 2030, New York City's over 60 population 21 2.2 will increase by approximately 47%. We feel strongly 23 that now is the time to strengthen the systemic 24 infrastructure to meet the needs of this population 25 that brings so much to this city. We support our

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 123 1 2 fellow advocates in their desire to strengthen current senior serving programs through funding 3 restoration and enhancements. To programs like 4 Social Adult Day Services, NORCs, Meals on Wheels and 5 6 case management. FPWA also strongly supports 7 innovative investments to build the capacity of the current case management system to meet the growing 8 number of seniors with intensive needs. 9 FPWA would like to see an LMSW added to 10 each case management agency, with a recommended 11 12 caseload cap of 25 seniors. The social worker would 13 take on high-need time intensive cases such as seniors with impending eviction, unsafe living 14 15 situations, or cognitive decline without formal 16 supports such as families and friends. By creating a 17 new nuanced tier to the current system, case 18 management agencies will be better able to assist these seniors aging in place, which is both cost-19 20 effective and provides dignity to those seniors. This addition would better meet the intensive needs 21 2.2 of seniors while also freeing up the time for general 23 case managers to assist seniors with lower needs like connections to Meals on Wheels and other services. 24 So we hope that the Council will continue to be such 25

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2 strong advocates for investment in this important 3 sector, and we hope that we can provide a resource 4 and innovative ideas to make the sector stronger. 5 Thank you.

6 REVEREND THOMPSON: Hello, Chairperson 7 Chin and members of the New York City Council Committee on Aging. My name is Reverend Nora Ann 8 Thompson, and so you know immediately that I can't 9 talk as fast as them. [laughter] I'm here on behalf 10 of SAGE, Services and Advocacy for Gay, Lesbian, 11 12 Bisexual and Transgender Elders. I'd like to thank you for holding this budget hearing on behalf of my 13 self, and the LGBT Older Adults in New York City whom 14 15 I represent today. SAGE is the country's largest and 16 oldest organization dedicated to improving the lives of Lesbian, Gay, Bisexual and Transgender older 17 18 individuals and has provided comprehensive social service and community building programs for LGBT 19 20 older adults in New York City for more than 30 years. In June of 2014, the LGBT Caucus of the 21 2.2 New York City Council generously provided SAGE with 23 funding to do what we had dreamed of since our 24 inception, to create LGBT senior centers in all of 25 the boroughs of New York City. Allowing the older

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 125 1 2 adults like myself to have access to safe, affirming programs and meals in our own communities. LGBT 3 4 older adults live in every neighborhood of New York 5 City, and the City Council and the Department of 6 Aging has been partners with us helping to envision 7 and support--and innovating programming that will allow LGBT older adults to age in their own 8 communities. We know it says that LGBT older adults 9 are more likely to live alone and to live without the 10 caregiving support that adult children and other 11 12 family members so often provide. The senior centers that have opened in the Bronx, Brooklyn, Harlem and 13 14 on State Island provide vital services such as access 15 to LGBTQ healthcare, case management support, daily 16 meals and legal and financial resources. 17 With the expansion of SAGE's sites into 18 new communities, SAGE is for the first time able to serve participants right where they live personifying 19 20 the idea of aging place. My center, SAGE Harlem,

21 primarily sees underserved LGBT elders of color from 22 Central Harlem, West Harlem, and East Harlem. SAGE 23 believes that elders of color living in Harlem, 24 Brooklyn and the Bronx deserve culturally and 25 linguistically competent services in their home

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2 neighborhood. Our programs are designed around our needs, and the needs of the community [bell] focusing 3 on issues such as financial literacy and security and 4 5 health disparity that are prevalent in our community. Case managers across all of SAGE centers work with 6 7 older adults one-on-one with their housing and financial concerns of security access to SCRIE, the 8 Senior Citizen Rent Increase Exemption, Medicaid, 9 Medicare, homecare services, veterans benefits, SNAP, 10 and health bucks at Farmer's Market to improve 11 12 nutrition and employment programs such as SCSEP.

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Staff accompanies clients to Housing 13 14 Court; provide referrals to housing programs, and 15 secure legal services and financial aid with the help 16 of community partners. SAGE has always recognized the importance of partnership and we're grateful to 17 18 the support we receive from our community partners. Our Brooklyn Center the SAGE Griat [sp?] Center is 19 20 collaboration from SAGE and Griat Circle who have worked for decades to support LGBT elders of color as 21 2.2 well as the Staten Island Pride Center. Who are our 23 wonderful partner on Staten Island providing LGBT 24 older adults with the welcoming and vibrant space in 25 which to gather. We hope that the Committee on Aging

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 127 1 2 and all members of the City Council will continue to support Lesbian, Gay, Bisexual, Transgender older 3 4 individuals across New York City and prioritize these 5 funding areas in the next budget. On behalf of the 6 LGBT older adults who rely on SAGE's senior centers 7 and myself, your support is greatly appreciated. Thank you for this opportunity. 8 CHAIRPERSON CHIN: Thank you, Ms. 9 And thank you--10 Thompson. CHRISTOPHER JONES: Christopher Jones. 11 12 I'm the Site Manager for the Harlem Center. CHAIRPERSON CHIN: Okay, thank your for 13 14 being here and thank you all for coming to testify, 15 and thank you for your suggestion especially talking 16 about COLA and increase for our workers and the baseline in terms of wages. That is something that 17 18 we'll be working on, too. So thank you very much for coming today. 19 20 CHAIRPERSON VALLONE: Thank you, guys. CHAIRPERSON CHIN: Okay, our next panel. 21 2.2 Eric Munson Can Met Council on Jewish Poverty; Molly 23 Krakowski from JASA; Deborah Pollock, Community for 24 Healthy Food; and Rachel Sherrow, City Meals on Wheels. 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 128 1 2 [background comments, pause] 3 RACHEL SHERROW: Hi. I'm Rachel Sherrow, Associate Executive Director for City Meals on 4 5 Wheels. I want to thank both of you for having us 6 here, and for taking the time to hear all of us. I'm 7 not going to go through my whole spiel I know that you know very well that we have a very--8 CHAIRPERSON VALLONE: [interposing] We 9 10 like your spiel, Rachel. RACHEL SHERROW: Well, I appreciate that, 11 12 but I don't want to keep everyone else waiting. We have a very good public-private partnership with the 13 14 Department for the Aging. They deliver the meals 15 Monday through Friday. We step in weekends, holiday 16 and emergencies. What we want to make very clear is our ask this year along with DFTA we know from all 17 18 the stats, everybody has repeated them over and over, our aging population is growing, growing, growing. 19 20 The need is growing. Meals on Wheels is at capacity. We all want to increase the rolls by nearly a 21 2.2 thousand new clients. DFTA has asked for \$1.8 23 million in the Executive Budget. Therefore, City 24 Meals needs to make sure that we can pay for those clients to get weekend, holiday and emergency meals. 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 129 1 2 We are respectfully asking Council for a million dollars to cover that request. 3 We're also asking for \$500,000 to 4 5 continue a program that was also not discussed at all. We have a collaboration with Live On New York 6 7 where we fund a social worker to go into homebound client's homes who are wait listed for case 8 management-- As we've all heard it's about 2,000 9 There are 2,000 people on a wait list for 10 people. casa management. They are currently getting meals, 11 12 but they are not--they have not been assessed for benefits. Our one social worker has so far reached 13 14 out to over 700 meal recipients. Been in over 250 15 homes, and as of the end of February 103 of those 16 people actually have the SNAP benefits in hand. The average monthly benefit is \$107, which is extremely 17 18 important to these meal recipients who are most at need for malnutrition. We call food and security. 19 20 It's really hunger. So part of that money is to continue to 21 2.2 fund that social worker. Those are the clients that

23 cannot go to one-stops, single-stops. They cannot go 24 to their local senior center or even their NORCs. We 25 also want to be able to increase our mobile food

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 130 1 2 pantry to make sure that those clients are getting supplemental food. Again, our recipients cannot wait 3 on pantry lines. They cannot schlep the food home. 4 We need to make sure that they have food on hand in 5 addition to the one meal that they get a day. 6 So 7 I'll end there and I-- Just to add, we also 8 absolutely, extremely support the case management ask. Again, it's playing with number. We can lower 9 10 the caseloads, but it will just increase the wait list. So we want to make sure that we're putting in 11 12 the money for the infrastructure there.

13 MOLLY KRAKOWSKI: Hi, Molly Krakowski 14 from JASA. Nice to see you. I will also amend my 15 testimony. I'm going to jump to a handful of the 16 things we're looking for this year. And I was very pleased to hear that the Commissioner mentioned that 17 18 they're looking add \$3 million for case management. That's one of the areas that we are also looking to 19 20 increase. You said \$3.3 million, but really it's been contested that we're able to lower the number of 21 2.2 cases per social worker. But there is still just 23 such a need, and the number of people that we could reach if, in fact, we had that additional funding 24 25 would be significant. The senior centers as Council

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 131 1 2 Member Vallone mentioned--the senior centers are providing a tremendous amount beyond obviously the 3 meal, all those additional programs and services. 4 We have 21 senior centers in the Metropolitan area in 5 addition to some senior centers out in Long Island. 6 7 But most of the programming that goes on in the senior centers is not funded. 8

And so, there's a constant challenge to 9 actually be able to provide all the services that we 10 want. To provide in order to continuously attract 11 12 and maintain and serve all of those individuals who come in the best possible way. We're looking for the 13 Council obviously to restore the \$800,000 for the 14 15 rent that goes for subsidizing some of the rents that 16 was cut in this year's budget by the Mayor. And, although that doesn't go towards a lot of our senior 17 18 centers, it's significant across the board in terms of providing some of the assistance of rent, which 19 20 will otherwise just take away from programming that the senior centers have to provide. We're on board 21 2.2 on with Live On New York's idea of putting additional 23 social workers into senior centers and into senior housing. What currently goes on and we have a number 24 25 of housing sites, we have people who are doing

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 132 1 2 programming on the sites, but they're not social workers. And so, it really doesn't replace one with 3 the other. 4 5 Any social work, any staff assistance at any of the senior centers would be welcome. 6 7 Certainly, a social worker would be fantastic. We 8 are very appreciative for the funding that was added for culturally appropriate meals in last year's 9 budget. It really did a lot to help us with the 10 kosher meals that we deliver in home delivered meals. 11 12 But even with that assistance, this year we're looking at \$300,000 deficit just for proving the 13 14 culturally appropriate meals. So any revisiting of 15 how we go about doing reimbursement rates for 16 culturally appropriate meals would be welcome. NORCs again it was mentioned that I think a Chinatown NORC, 17 18 a Neighborhood NORC that funding for nursing services is something that's a continuous struggle. 19 I think 20 you all know and we had the hearing recently about NORCs that there is the match between the community 21 2.2 or the management and the providers. There's an 23 unfunded mandate to provide nursing services. And so, there's a constant problem that arises when the 24

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 133 1 2 nursing component isn't able to be provided. And how do we make up for it without funding? 3 4 The last two things that I want to just mention, affordable senior housing, which is 5 6 obviously on the Mayor's agenda as affordable 7 housing. Affordable senior housing is something that continuously is not on the radar, and we have, you 8 know, a 15-year wait list in our Senior Section 202 9 Housing. There's a constant flow of phone calls to 10 our help line, and from council members asking us if 11 12 there isn't anything we could do to find housing for older adults. There is nothing that we could do 13 14 currently. So we really want to see more senior 15 affordable housing, and certainly we want it as part 16 of a discussion. But we also want to make sure and there's been a lot of talk about the right to counsel 17 18 and eviction proceedings. And so Intro 214 is something that we're very supportive of. We want to 19 20 see people at least represented in court. Finally, I'll just skip to one last 21 2.2 piece. Elder abuse we always want more funding for 23 and mental health. We obviously support anything that can be done in terms of geriatric mental health 24 initiative whether or not it's a staff person in each 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 134 senior center I'm not sure. But we would even say that that's necessary as much as ensuring that there is more funding for geriatric mental health services, and especially in-home services, which is very hard

6 to come by.

7 CHAIRPERSON VALLONE: Well, Rachel, let me just quickly interject what you just outlined is 8 the importance of the things like rent and 9 electricity and insurance and unfunded mandates. 10 They have to get paid from somewhere and that's what 11 12 we, Margaret and I and the rest of the Council have been arguing that those should be baselined. They 13 14 should be included because otherwise the program gets 15 cut, and then it's the seniors who are hurt. So 16 thank you for that.

17 DEBORAH POLLOCK: Thank you. Good 18 morning Chair Chin and Aging Committee Members. Thank you for considering this testimony on behalf of 19 20 a program, a new program called Communities for Healthy Foods. We are for community based 21 2.2 organization, Cypress Hills in East New York, New 23 Settlement in the Bronx, Northeast Brooklyn in Brooklyn, and I'm from West Harlem Group Assistance 24 25 in New York. My name is Deborah Pollock, and the

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2 Director of West Harlem Group Assistance known as WHGA located in the Bronx. We started Communities 3 4 for Healthy foods about three years ago with seed funding and our partner in this is LISC. 5 It's a place based initiative that integrates access to 6 7 healthy and affordable food into every aspect of our community development work. What's interesting about 8 this is that we took a vacant commercial storefront 9 of one of our properties and we made it into a 10 community hub. The community hub house a food pantry 11 12 for all people, but we've also established a day for 13 seniors.

14 We run a mental health program, and two 15 shelters, but seniors can't get around like everyone 16 else. They can't their way through crowds. They can't wait in lines. So we've established the one 17 18 day for a choice food pantry for our seniors. Interestingly enough, too, it's also very important 19 20 to note that food and security is not answered with just giving somebody a meal. So the hub answers all 21 2.2 the other needs. Why are people insecure? So 23 together with our partners from the food bank we work on the Tens Program and have wraparound services, 24 which include mental health services. Questions like 25

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2 is there a domestic violence issue in the house? Is there elder abuse in the house? What else is going 3 4 on in the household that has led the person to need the food pantry. So it's access to--it's access food 5 6 with our partner in the CSA. It's education. It's 7 awareness. And again, most importantly, it's access to wraparound services that are getting cut as we all 8 heard. I don't have to dovetail on that. Getting 9 cut throughout the City of New York. 10

We've asked for \$760,000 which will go to 11 12 all four groups. Our CVF partner in Brooklyn is part of the Aging Improvement District Consortium in 13 14 Bedford-Stuyvesant, and their health food work is 15 incorporated into their neighborhood. We are 16 building on existing community resources that we don't have to represent. We create the wheel. We 17 18 are a ready trusted resources in our communities. We break down barriers and create easy access. 19 We 20 started with 50 people a week in our choice food pantry, and I don't have to tell you how quickly that 21 2.2 number jumped. We are the only food pantry besides 23 the food bank in that area of West Harlem. West and Central Harlem does not have a great deal of wealth 24 25 in finding healthy foods. We don't have food stands

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on every corner. So it's our goal to grow our Communities for Healthy Food into a place where people can come to not only learn about how to get healthy food. But to come and have that discussion about food and security, food justice, and how do we grow as a community together to solve some of the problems that are facing [bell] all of us.

ERIC MUNSON: Good afternoon, Council 9 Members Chin, Vallone, and Cornegy. Thanks for 10 inviting me to testify today. I'm Eric Munson. 11 I'm 12 the Chief of Staff at Met Council on Jewish Poverty. First, I'd just like to thank you for the past 13 14 support. In prior years, you funded our ACES 15 Program, ACES to Crisis Emergency Services and also 16 Project Metro Pair, which are two Council Initiatives. So thank you very much for that 17 18 support. We're asking for you to sustain that funding into Fiscal 16. Attached to my testimony are 19 20 service numbers from the prior year, which I think are really terrific. And then I wanted to spend the 21 2.2 rest of my time just talking about the program 23 improvements we've done over the past year with that funding that you gave us. First and foremost, 24 25 particularly with regards to this committee, the

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 138 1 2 first thing that we did was we focused more and more on aging services at Met Council. 3 And the first way that we did that was we 4 hired a Geriatric Service Manager, someone named 5 6 Susan Biaritz, whose name you should get to know. 7 She's really terrific. So we basically decided that Susan was going to be coordinating service across Met 8 Council at our housing sites and our food program, 9 10 and social services program and Metro Pair. Everything across the agency she would be sort of the 11 12 ombudsperson for our senior issues. In addition to that, we also hired more case workers, or sorry. 13 More handymen rather for Project Metro Pair. So we 14 15 have I think it was 2,600 repairs to senior's homes 16 last year alone under the Council initiative. So thanks again for that support. We've also hired more 17 case workers to focus on Holocaust services because 18 there are 30,000 Holocaust survivors in New York City 19 20 who are at or below the poverty line. So we've been working closely with them. And we also ask this year 21 2.2 as part of the a new initiative with the Coalition 23 of Survivor agencies to create an initiative for-called the Survivor Initiative for providers of 24 Holocaust services. 25

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2 We also completed construction on Council Towers 7 in an affordable housing development in the 3 Bronx by our Co-op City. That brings our number to I 4 5 believe 1,077 units under management for seniors. So it's really terrific. We also held these program 6 7 SCRIE Enrollathons, which are real exciting. Basically, we went to all of our housing sites, and 8 informed all of our tenants about SCRIE. And sine we 9 have the leases it was really a seamless program. 10 We just provided them with the paperwork they needed to 11 12 fill out have the Department of Finance who is always really cooperative. They came and helped us out as 13 well. We increased some of our donations of food. 14 15 We actually added protein to the kosher food network 16 thanks to a generous donor. So now we've been doing chickens around the holidays, and we already started 17 18 last week, but within the coming couple of weeks we're going to be doing 2.1 million pounds of food in 19 20 advance of Passover. So that's really terrific. We also added two caseworkers to our Family Violence 21 2.2 Program, which is great as well. So thanks again for 23 the support, and I appreciate it. Thanks. 24 CHAIRPERSON CHIN: Thank you very much

25 for your testimony, and for the great work that you

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 140 1 2 all have done. And we look forward to seeing you in this budget process here, and we also are joined by 3 Council Member Cornegy, and Council Member Arroyo. 4 5 CHAIRPERSON VALLONE: And before you go, 6 we just are also celebrating this year the 100th 7 Anniversary of the Armenian Genocide. So maybe the groups can work together April 26th in Times Square. 8 I know they could use your guidance and help in 9 10 putting all those resources and reaching out to everyone because you've been such a leader in that. 11 12 So thank you. 13 CHAIRPERSON CHIN: Okay, our next panel 14 is Rovella Levine from Queens Community House; Linda 15 Hoffman, New York Foundation for Senior Centers--16 Senior Citizens; Janet Fisher, Henry Street Settlement; and Bonnie Limongi [sp?] from Education 17 18 Alliance. You could correct my pronunciation when you introduce yourself again. Thank you. [laughs] 19 20 [pause] CHAIRPERSON CHIN: Okay. You may begin. 21 2.2 Whoever wants to go first. 23 CHAIRPERSON VALLONE: If you could just 24 push through here. 25

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2 DR. REBELLO LEVIN: Good morning. My 3 name is Dr. Rebello Levin. I am a senior and a psychotherapist. I treat seniors and the disabled 4 5 psychotherapeutically without referring patients for drugs. As we discovered just by looking around, we 6 7 see that people are living considerably longer than was true when we were young. It is no longer an 8 anomaly to read in an obituary page of people live 9 well over 100. Consequently, there are more of the 10 aging who need our services. Of course, that 11 12 requires more financing, far right politicians notwithstanding. Many clients are unaware that 13 contrary to their experience, people no longer just 14 get old and die shortly thereafter. We need to help 15 16 the aging to understand that they may very well live well over 65 and be unable to work. They are 17 18 surprised to find that their bodies deteriorate slowly, but do not cease to exist. As a result, they 19 20 have no plans for their old age.

That is one reason we need to have more case managers, and more money to pay them. As was mentioned, we have over 2,000 patients on the waiting list. This seems to me not at all unlikely a patient who needs a kidney transplant. The need is so great,

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 142 1 2 the donors so few that they patient may die before he or she gets the kidney. Without a case manager the 3 4 patient may wander around without a map in the jungle 5 of providers. You more sophisticated people may take 6 for granted that there is help to be gotten and where 7 to go for it. But most people don't There were many valuable things I didn't know until David Trier 8 [sp?], my case manager, told me about them. We 9 certainly don't want it to be on our consciences to 10 hear about an elder person freezing to death, 11 12 starving to death or dying alone of a heart attack or stroke. Clients need to know that we will try to 13 offer them that most important of assistances, relief 14 15 from anxiety as their health deteriorates and they 16 become more helpless.

17 One way we could do that is to substitute 18 Meals on Wheels. Because of that agency the patient can be assured she won't starve to death even if she 19 can't move. Probably second to this physical 20 deterioration is the loneliness problem. It appears 21 to be the time of life most vulnerable to that 2.2 23 feeling. And very probably the cause to the high rate of suicide of the elderly. For that reason the 24 existence of senior centers are essential for aging. 25

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2 Seniors can make friends through their meetings and get various other kinds of help. But I understand 3 4 they are woefully underfunded. So I'm asking you to fund these important agencies according to their need 5 to help people who are living far beyond their 6 7 expectations and don't want to commit suicide. Let us try to preserve our democracy and our civilization 8 in the midst of fighting barbarism to whatever extent 9 our abilities will allow us. Thank you. 10

BONNIE LIMONGI: Good morning. I'm 11 12 Bonnie Limongi and I'm Council Member Chin, you said it right and I want to thank you all for having this 13 14 hearing today, and allowing us the chance to speak. 15 As said before, I represent Education Alliance, which 16 is a multi-service agency located on the Lower East Side of Manhattan. We are pleased to be a partner 17 18 with the City Government in operating neighborhood senior centers and an innovative senior center and an 19 20 Natural Occurring Retirement Supportive Service Program. We have in our view benefitted many 21 2.2 thousands of seniors and their families in the city 23 in the most profound ways. We look forward to 24 working together to ensure that these programs and services remain strong and relevant far into the 25

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2 future with the Department for the Aging. In this spirit, we would like to bring to your attention an 3 issue that we believe is not only relevant to us but 4 all providers of services that are funned throughout 5 the government--through government contracts, and 6 7 that's the fact that senior centers and NORC contracts are mostly six-year contracts with no 8 provisions for COLA, and health insurance increases. 9 10 As you have already said, costs increase every year in all areas. As a consequence of this, the contract 11 12 stays flat, and the amount of funds available to provide the services gets smaller. And yet the 13 14 deliverables for the contracts remain the same. This 15 places heavy burdens on sponsoring agencies, workers 16 who provide valuable services to the most frail and 17 needy. And the sponsor in our City receives no COLA 18 increases over the lifetime of the contract. And with the continued rise in healthcare premiums, not-19 20 for-profit agencies are expected to supplement government contracts. This is something we just 21 2.2 cannot do any more.

23 We urge the City Council to work with the 24 Mayor and to invest more deeply in providing 25 increases to multi-year contracts. Our older adults

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2 are continuing--counting on us to continue services.
3 We are counting on you to ensure that we can continue
4 to afford to provide these services. Thank you very
5 much.

LINDA HOFFMAN: Good afternoon, Chairman 6 7 Chin, Chairman Vallone and members of the Aging Committee. I will tell you, you are a very 8 impressive group. I think that the elderly of the 9 City of New York are very fortunate to have such a 10 staunchly caring and such an enormously advocating 11 12 group of elected officials that I've ever seen in a long time. I'm Linda Hoffman. Good afternoon. 13 I'm 14 President of New York Foundation for Senior Citizens. 15 On behalf of our board of directors, I am requesting 16 and would be deeply appreciative of an allocation from each of your discretionary funds plus your 17 18 support of the provision of a minimum of \$100,000 from the Speakers Citywide Fund. To ensure the 19 20 continuation of our Citywide Home Sharing and Respire Care Program in the City's Fiscal Year 2016 Budget. 21 2.2 Respite care, these are the two kinds of 23 services that everybody keeps talking about are

24 needed, and we are the only group that provides it.
25 Respite care provide affordable short-term in-home

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2 attendant care at a low cost of \$8.75 an hour for frail elderly who are attempting to manage at home 3 with the help of others. Thereby, preventing the 4 need for their premature institutionalization. 5 So 6 the caregivers and the frail elderly are able to 7 receive help even if they're above the Medicaid level. The program's respite care service also 8 provides free temporary in-home care for caregivers 9 of the frail elder who experience a sudden inability 10 to provide care on week days after 5:00 p.m. On 11 12 weekends, holidays and in emergencies. Priority for this services is given to caregivers who are 13 providing assistance to frail elderly with incomes of 14 15 \$40,000 or less. During the past two decades we have 16 provided over 6,782 frail elderly, and there are many more thousands of their caregivers with respite care 17 18 services. Our free home caring service matches adult hosts who have extra space in their apartments or 19 20 houses to share with responsible compatible adult quests in need of affordable housing. And we know 21 2.2 all of us who care about seniors that the top 23 priority of needs in city is affordable housing. One of the match mates in a home sharing 24

living arrangement must be 60 years of age or over.

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 147 1 2 During the past two decades, we have successfully matched 1,670 persons and 835 shared living 3 4 arrangements. Our program's Home Sharing Program and 5 Respite Care Services, the only ones of their type in 6 New York City help seniors of all ethnic, racial, 7 religious and income background with sexual orientations maintain their independence and 8 alleviate the stress of financial hardship and 9 prevent feelings of isolation and loneliness. 10

A recent foundation cost benefit analysis 11 12 for the three-year period between October 1, 2010 and June 30, 2014 shows that our program saved New York 13 City and State over \$29 million in Medicaid expenses 14 15 by keeping people out of institutions. Over the 16 years, the New York City Department for the Aging has stressed the vital need for and importance of both 17 18 our Home Sharing and Respite Care services. And, therefore, on behalf of New York Foundation for 19 20 Senior Citizens Board of Directors I urge to provide an allocation from your discretionary fund as well as 21 2.2 the provision of a minimum \$100,000 from the 23 Speaker's Citywide Fund toward this program. Thank you so very much. 24

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2 JANET FISHER: Good afternoon [coughs]. My name is Janet Fisher and I'm the Chief 3 4 Administrator for Senior Services, Henry Street Settlement. We have three DFTA Contracts: Meals on 5 6 Wheels, Our Good Companion Senior Center, and Vladeck 7 Care NORC. Historically, NORCs in New York City are a collaboration of three partners, the CBOs, housing 8 partner and healthcare partners. In the case of 9 10 Vladeck Cares, our health partners, a visiting service of New York, who has provided us with in-kind 11 12 nursing support. These nurses have been invaluable, and an essential component of the NORC program. 13 14 These services not only provide assessments, in-home 15 assessments and service plans. Nurses work in 16 coordination with the case managers, coordinate medication and so forth. 17

18 The services are particularly critical for a multi-cultural low income, high-risk seniors 19 20 many of whom suffer from diabetes, hypertension or obesity. Unfortunately, due to the change in the 21 2.2 healthcare marketplace, partners like V&S has been 23 forced to cut back in their own kind nursing hours at NORCs throughout the city. [coughs] Many NORCs are 24 25 struggling to provide the required 21 hours per week

2 set by DFTA for which we are given no additional funding. Recently, we reached out to our sister 3 4 NORCs, and we did a survey which is attached to this 5 testimony for you to explore. The one factor that's 6 holding back all the NORCs in meeting the nursing 7 needs is money. Based on an hourly rate of \$75 per hour, we believe that by providing \$1 million in 8 additional support for nursing at the NORCs in the 9 New York City Fiscal 16 Budget, we will be able to 10 meet the nursing and health goals set by DFTA. 11

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12 Equally important, without these additional nursing hours, we will be short changing 13 14 our NORC seniors, especially the most vulnerable ones 15 who depend on us for a whole range of health 16 services. However, with additional nursing funds we will be able to help seniors age in their home, age 17 18 with dignity, improve the quality of life and at less costs than institutionalization. We respectfully 19 20 believe that these funds will allow the NORCs in New York City to support in expanding the nursing. We 21 2.2 would also like to reinforce what a number of my 23 colleagues have said, the importance of a COLA. Unfortunately, when a COLA is given by many agencies 24

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COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 150 1 2 like Henry Street, it comes out of the program bottom line. Obviously, programming to sacrifice. 3 I'd like to make a couple of additional 4 points quickly. [bell] The Commissioner noted that 5 part of the model of senior centers is working on 6 7 volunteers. We come from a neighborhood and a community that is very ethnically diverse, an 8 immigrant community where volunteerism has a totally 9 different definition than perhaps mainstream America. 10 And we feel that we really need to have funding for--11 12 to span this gap and not depend on volunteerism, which is not an appropriate way to run a professional 13 14 program especially with the demands made by DFTA. 15 The other thing is we've heard so much 16 talk about putting social workers in senior centers. 17 That's wonderful, and we have one at the expense that 18 Henry Street is incurring. I think we also need to look at putting social workers back in Meals on 19 20 Wheels, which can take the burden off some of the case management to deal with low risk situations, 21 2.2 turns meals on, do minimal and maintain some 23 benefits. And, of course, I must leave you with my favorite subject and reinforce what everybody said 24 about mental health. The need for geriatric mental 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 151 1 2 health within the specified area of senior services is a must that's been neglected terribly. Thank you 3 4 so much for allowing me to express these ideas. 5 CHAIRPERSON CHIN: Thank you, Janet. 6 Thank you all for the great work that you do, and a 7 lot of the services that you've talked about. It's something that the Administration should have 8 baselined. It should be part of the core program, 9 and I think we hear you about the COLA. Because we 10 want to be able to make sure that we have the workers 11 12 that are really taking care of our seniors continue to be able to support their own family. So we will 13 14 definitely look into that issue. Thank you again for 15 being here today. 16 JANET FISHER: Thank you. 17 CHAIRPERSON CHIN: Okay, we have two more 18 panels. Howard Shih from Asian-American Federation along with--Let's see, Adelphine Petechiae. 19 20 [background comments] CHAIRPERSON CHIN: Okay, you can correct-21 2.2 -you can identify yourself better. Betty Ann 23 Leiberwitz [sp?] from--Betty Ann Lieberwitz; Mohammed Raji [sp?]. I think he submitted testimony for the 24 25 record. Raymond Ramon Balito.

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 152 1 2 [background comment] CHAIRPERSON CHIN: Huh. 3 4 CHAIRPERSON VALLONE: No question. 5 CHAIRPERSON CHIN: Okay. And Rash Hadi [sp?] from the Senior Center of Sunnyside. 6 7 [background comments, pause] CHAIRPERSON CHIN: Okay. You may begin. 8 Please identify yourself. Yeah. 9 10 ADELPHINE PETECHIAE: My name is Adelphine Petechiae [sp?] So it was very close. 11 12 Thank you so much Chairman Chin for having me--for 13 having me here and, of course, to all of the members 14 of the committee. You have my statement. So I'm 15 going to keep it super short. You know as well, I 16 come from the New York Asian Women's Center and I 17 bring today the lens of elder abuse and abuse in 18 later life when I speak with you. Our agency is the largest in the country that works with Asian 19 20 survivors of domestic violence of human trafficking and of sexual violence. And we have expanded our 21 2.2 services quite intentionally in elder abuse as well, 23 and abuse in later life. So I was here a few months ago giving testimony, and I continue the same 24 statement when I speak with you and ask that the 25

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 153 1 2 committee continues to support the Elder Abuse Enhancement funds that were allocated \$1 million last 3 4 year during Fiscal Year 2015. 5 Secondly, we're requesting your 6 assistance to kindly support our request to the 7 Speaker to please allocated \$200,000 of the Elder Abuse Enhancement Funds to us, to the New York Asian 8 Women's Center, and I will explain why. We heard 9 earlier from the Commissioner and also from other 10 speakers who were giving testimony about the 11 12 importance when it comes to services about engaging 13 elders, about keeping it culturally appropriate or 14 culturally competent. And there has also been 15 passing mention, but occasional passing mention of 16 the importance of considering elder abuse in the 17 spectrum of the work that we do at all of these 18 different agencies. And the reality is that for Asian elders, number one, they are as I understand it 19 the second largest expanding segment of the elder 20 population in New York City. 21 2.2 In the last decade, they've grown by 54%. 23 If you consider the reality that many of these elders live with their families. Many of them are whether 24 25 through documentation status or through language or

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2 through age or through culture highly isolated. We also then realize that for them to actually come out 3 and access services, especially if they are being 4 abused by stressed out caregivers, by systemic 5 issues, it's going to become very hard for us to be 6 7 able to reach out to them. And to provide them the supports that exist, mainstream supports and 8 community based supports. So when we ask you for the 9 \$200,000, we're asking that of you for three basic 10 purposes: One is for us to be able to do culturally 11 12 appropriate sensitive outreach. And that is a very 13 nuanced thing. Please keep in mind that for most of 14 the languages that I represent here on behalf of the 15 agency there is no word for trauma.

There is no word for depression. 16 And 17 language is extremely important because it speaks to 18 the subtlety of the communication especially when someone is suffering from abuse. These are people 19 20 who will prioritize familial piety over their own experience, and will not want to talk about it unless 21 2.2 someone is insistent and kind and understands their 23 language. So we would like to do outreach. [bell] We would like to continue to deepen the services of 24 advocacy in the counseling that we provide to the 25

1	COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 155	
2	elders. And we would like to continue training other	
3	service providers such as JASA. Such as other	
4	community based organizations. Such as law	
5	enforcement and the DA's office on being able to	
6	provide coordinated response to these survivors. So	
7	I ask that you please continue to advocate for us.	
8	And, yeah, hopefully we get the 200K.	
9	CHAIRPERSON CHIN: Next.	
10	HOWARD SHIH: Thank you again to the	
11	committee for the opportunity to testify. My name is	
12	Howard Shih. I'm the Director of Research and Policy	
13	at the Asian-American Federation. We represent a	
14	network of 43 member agencies that provide health and	
15	social services to the Asian community. And we also	
16	work with 15 other affiliates across the country.	
17	Like the other testimony or people on the panel, I'm	
18	also going to shorten my testimony. You have my full	
19	testimony on paper. I want to highlight five	
20	particular points about the Asian community and about	
21	seniors in general. One, we've already heard a lot	
22	that immigrants are becoming a larger and larger part	
23	of the senior population. I think that's going to	
24	have significance in terms of providing services to	
25	that group. Asians are also the fastest growing part	

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 156 1 2 of the senior population. I think the latest statistics are showing that the Asians grew by 80% 3 since 2000, and there are nearly 124,000 Asian in the 4 --Asian seniors in the city now. And then there is a 5 lot of tremendous diversity within that community. 6 7 Even though the Chinese still are the majority of the Asian senior population, we're seeing the fastest 8 growth occurring in the Indian, Filipino, Korean, 9 Bangladesh, Japanese and Pakistani senior 10 populations. 11

12 So as our populations diversity, there is an increasing need to establish new services, new 13 centers to help provide cultural and linguistically 14 15 appropriate services to them. And Asian seniors face 16 a lot of linguistic and economic challenges. The statistics show that about one in four Asian seniors 17 18 are living in poverty. That's even higher for the specific subgroups. 35% of Bangladeshi seniors live 19 20 in poverty and 30% of Asian--Chinese seniors live in poverty. Language barriers are extremely high. 21 2.2 Among Chinese, Bangladeshi and Korean seniors about 9 23 in 10 have limited English proficiency. And we're seeing high rates of English--limited English 24 proficiency even in communities where there are 25

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2 traditionally a high rate of English speaking. For 3 example, Tagalogic speakers from the Philippines 44% 4 of those seniors that speak that language also are 5 limited English proficient.

To sort of jump ahead, we do have some 6 7 recommendations for the -- for the committee and for the City Council. When you look at the rate of 8 growth in the Chinese and Korean senior populations 9 since 2000, funding for senior centers have 10 definitely not kept up. And we request that more 11 12 funding be made available to support the--these important community hubs for our seniors. We also 13 14 support our Meals on Wheels programs. None of the 15 Asian led homebound meals programs receive direct 16 support from the city. They're all subcontracts. We request that contracts [bell] be restructured so that 17 18 those senior centers can directly contract with the city for those meals in order to maintain their--19 20 maintain the integrity of their programs.

21 We also are requesting that the contract 22 process be amended to acknowledge the Asian led 23 agencies provide--providing services directly to 24 Asian seniors are in the best position to use those 25 additional funds cost-effectively. And we support

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2 ongoing efforts to help change that contracting process. We also would like to ask for support in 3 4 conducting research to identify the most effective 5 programs and the best practice models and demographic 6 changes for the Asian senior population. So that we 7 can work together to most effectively reach those seniors and provide for those service gaps. Thank 8 9 you.

CHAIRPERSON CHIN: Next.

BETTY ANN LEIBOWITZ: Hi. Thank you very 11 12 My name is Betty Ann Leibowitz, and I'm a much. client of the Hamilton Senior Center, and the 13 Director asked me Friday afternoon if I could come 14 15 here to represent people who couldn't make it down 16 here. I never did anything like this before. Anyway, the center has been a godsend for me. 17 I had 18 sciatica a couple of years ago, and I've taken up belly dancing, which I figured would be good for my 19 20 back and it really is. So I don't want any of these programs cut. But, you know, we have a problem 21 2.2 because there is a lot of waste, fraud and abuse in 23 the general budget of the city. My boyfriend used to 24 work in the school system and see what a disaster it 25 They'd have like ten--old computers and desks was.

COMMITTEE ON AGING JOINTLY WITH<br/>THE SUBCOMMITTEE ON SENIOR CENTERS1592and all kinds of things line up. And, you know, they3bought too much stuff. Let's put it that way.4Anyway, so you may be wondering where are you going5to get the money that everybody is requesting.

6 And I have some suggestions aside from 7 cutting out the waste, fraud and abuse. For example, the gentleman here talking about fitness centers and 8 pools. There are a lot of health clubs that are not 9 10 being used widely during the day. Maybe our seniors can go there and then the health clubs could get some 11 12 kind of a tax credit or tax break for taking them in to used their facilities. The Chinese woman who was 13 14 very loud suggested something with restaurants. 15 Maybe there can be vouchers. Because a lot of 16 restaurants are going out of business. They don't have enough business. So if seniors can go there 17 18 sometimes maybe for a meal at a very reduced price, maybe that will help the restaurants. Also, speaking 19 20 of small businesses going out of business, we see a lot of empty stores, and you're going to have like a 21 2.2 whole time bomb of these people that are self-23 employed that don't have pensions. And they're going to get older, and they're going to be poor. 24

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2 So, just as the VA allows people now to 3 go to different doctors as opposed to just being stuck in a hospital that can't handle them, people 4 are much better off and it's much more cost-5 effective. Obviously, to have people age in place 6 7 than have all these senior centers, and have all these facilities. As opposed to putting them into 8 nursing homes and then hospitals and the Potter's 9 Field because they can't afford their funerals. 10 I myself am running out of money. The senior center 11 12 has been a Godsend for me because, you know, I can eat there and do some activities. I don't know how 13 14 long I can stay in New York. Because as I said, I'm 15 running out of money. But anyway, so the choice is 16 do we kick the can down the road because we've got the population bomb of seniors coming into--you know, 17 18 aging and getting older and getting, you know, more frail. So can we spend money now to help them stay 19 20 in their homes, stay healthy? Or, are we going to have a mess later as we're going to have more of them 21 2.2 losing their homes, being more homeless and causing 23 more problems and bringing down the city and bringing down everybody? [bell] 24

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2 CHAIRPERSON CHIN: Thank you. Thank you 3 very much to all of you for being here, and as we--I mean we always talk about investing in the senior 4 center, senior services, we're investing in our 5 6 seniors. And every time I go to visit a senior 7 center I'm just amazed that they're so happy and healthy, and they help the city save money. So I 8 think we really need to continue our investment in 9 10 senior services. And thank you all for the great work that you do. 11 12 CHAIRPERSON VALLONE: Thank you. CHAIRPERSON CHIN: Okay. Our last panel. 13 14 Carol--Carol Barn--Ban from Isabella Geriatric 15 Center; Natasha De Leon from Vision Services for the 16 Blind; Tom Connor, Circle in the Square. I think he went--I think he went to lunch at the senior center. 17 18 [background comments] CHAIRPERSON CHIN: Fenninger--Fenninger 19 20 from? FEMALE SPEAKER: [off mic] They submitted 21 2.2 their testimony. 23 CHAIRPERSON CHIN: Oh, they submitted 24 their testimony. A Group from HAI. Are they still 25 here?

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 162 1 FEMALE SPEAKER: [off mic] They 2 3 submitted. CHAIRPERSON CHIN: Oh, they submitted 4 5 testimony. Okay, Bonnie Williams from Penn South Program for Seniors. Oh, okay. Anybody else that 6 7 signed up to testify that we didn't call? Okay, you 8 may begin. 9 [pause] 10 CHAIRPERSON VALLONE: You can just turn the mic on there. 11 12 CAROL BAN: Oh, there we go. Okay. I'm 13 Carol Ban, Director of Aging in Place Programs at 14 Isabella in Washington Heights, and I want to thank 15 both of you and the committee for your incredible 16 commitment to advocating for the seniors. Obviously, you are very in touch with what's going on in the 17 18 city, and we really are grateful to you. I also want to thank the Council for the inclusion of 19 20 discretionary dollars for the current Neighborhood NORCs this fiscal year. And I'm going to speak in 21 2.2 support of baseline the DFTA funding for Neighborhood 23 NORC programs. Washington Heights in Northern Manhattan is home to a very large Spanish Speaking 24 older adult immigrant community striving to survive 25

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2 on incomes well below the poverty line, often under \$10,000. The majority, as you know, never completed 3 elementary school, and face literacy challenges in 4 5 both English and Spanish. They live in poorly maintained six-story tenement walk-up buildings in 6 7 need of major repairs with single rooms, or with large extended families in crowded conditions. 8 And profound challenges in accessing quality healthcare 9 along with other barriers have led to high rates of 10 diabetes and hypertension as compared to other aging 11 12 New York City communities. These seniors live with a lot of stress, which the NORC programs mitigate 13 through their--through individual and group services, 14 15 home visits, activities that provide empowerment, 16 meaning and spiritual sustenance and concrete assistance in everyway possible. 17

18 As we know, low-income immigrant seniors face challenges beyond those faced by the general 19 20 aging population. Navigating the maze of government benefits and entitlements, and navigating the 21 2.2 healthcare system requires the assistance of NORCs 23 and professionals. Many of our clients don't have access to a primary care physician, and by necessity 24 they use the emergency room when systematic. 25 The

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2 complexity of tasks involved in managing one's multiple chronic health conditions, as those of us 3 who have them know, from filling prescriptions to 4 5 taking the meds properly. To knowing that when you 6 need a specialist. Even how to contact your doctor. 7 These are all overwhelming tasks. And require a helping hand that the NORC team of trusted nurses and 8 social workers provide guiding the seniors and 9 10 managing their health on an ongoing basis. And these services are critical to ensuring to ensuring older 11 12 people stay healthy, and medically stable and out of the emergency room and out of the hospital as well. 13 14 As people are living longer, we are really seeing the 15 older population growing in our NORCs, 85 to 100. 16 And many of those frail seniors they may not be eligible for home care services. But they require 17 18 monitoring, and the safety net that the NORC program provides. The Neighborhood NORC also has a unique 19 20 opportunity to keep those living in the shadow engage with others, and encourage an atmosphere of mutual 21 2.2 assistance among neighbors.

Dementia is also on the rise, and we are finding ourselves [bell] increasingly holding case conferences with families. Without us, they wouldn't

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 165 1 2 know where to turn, or even that their family member has dementia. Isolation is very prevalent especially 3 for those, you know, living in upper floors. They 4 start to decline. They can't pay their bills. 5 Thev 6 can't get their benefits. They don't have a phone. 7 It just becomes a nightmare. And we do a lot of outreach initiatives, both the staff and NORC members 8 aimed at identifying the isolated seniors. 9 I just wanted to mention a few more 10 things. Relationship building and cultural 11 12 familiarity is the cornerstone of the NORC. 13 Comprehensive case management and intensive case management have now become essential services to 14 ensure the health and safety of our growing elders, 15 16 and to prevent the increased homelessness, wandering and unnecessary injury or worse that we are bound to 17 18 see among our growing population of cognitively impaired and isolated seniors if there are 19 20 insufficient services to bolster them. Unfortunately, our source funding does not put a dent 21 2.2 in this growing need that I'm describing from 23 comprehensive social work and healthcare services. Our one social service worker provides case 24 management to 200 members annually, and these are 25

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2 ongoing members. The City Discretionary Council Funding was able to--we were able to hire an MSW to 3 4 focus on intensive case management clients, and to 5 make the impression screenings more routine among our general core service clients. But when the funding 6 7 ends in June, these services will also disappear. So we urge you to--urge the city to put more money in 8 and thank you so much for listening. 9

NATASHA DE LEON. Hi. My name is Natasha 10 De Leon and I'm the Volunteer Coordinator for Vision 11 12 Services for Blind and Visually Impaired along with my Director Miller [sic] who wasn't able to be here. 13 So I'm reading her testimony. On behalf of Vision 14 15 Services for Blind and Visually Impaired, I would 16 like to thank you for this opportunity to testify on this important service for city seniors. Vision is 17 18 an innovator of service delivery and we strive to meet the needs of New York City youth, adults and 19 20 seniors living with vision loss. Visions provides free services for the low-income, multi disabled and 21 2.2 ethnically diverse individuals and families. We 23 focus on assisting seniors with vision loss and with developing and maintaining healthier lifestyles. 24 25 Providing an atmosphere that encourages social

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2 connection ensuring they all receive information in their format of choice, and can access counseling and 3 4 support. Support--opportunities for physical 5 education seminars and adaptive technology training, photography, sculpture classes, cultural events, and 6 7 intergenerational services. Visions also sponsors Blind Mind, a database and call center that provides 8 information and referrals to resources and connects 9 blind New York City residents with the New York City 10 Council website. 11

12 Visions is an 88-year old non-profit organization that provides free services to over 13 6,000 individuals giving us direct--direct and 14 15 extensive experience on how Access-A-Ride service 16 impacts our clients. More than half of Vision's 17 clients are over 60, and our majority has low 18 incomes. Through the funding from New York City's Department of Aging and the New York City Council 19 20 members. Vision's Senior Center has over 600 registered participants, and a caregiver support 21 2.2 program with an enrollment of over 750. There is an 23 ongoing growing need for transportation services for our seniors with a vision loss. It's important to 24 note that have hundreds of participants that use 25

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Access-A-Ride, and we have Visions' employees and interns with vision loss that use Access-A-Ride as well.

5 Below are just a few quotes from employees and seniors regarding the problems with 6 7 Access-A-Ride services. You can't rely on them to pick you up on time. There is no way to use GPS to 8 locate the drivers any more. I experienced 9 dispatchers telling me the driver will arrive in five 10 or ten minutes, and it's over an hour later. I think 11 12 drivers need some formal training in how to work with people who are disabled, especially people with 13 vision loss. Drivers need to pay more attention to 14 15 addresses when picking up people. I live in a 16 complex of multiple buildings, and the numbers of drivers are consistently pulling up to the wrong 17 18 building and then complaining that I am not at the right location. I am an elderly woman and I can't 19 20 deal with shared rides, which are extremely long. I have many experiences where drivers pick up people 21 2.2 after me and drop them off first, making me late to 23 my appointment. It might be helpful if the dispatcher plans the routes better, and everyone can 24 25 get to their destinations closer to their times as

COMMITTEE ON AGING JOINTLY WITH THE SUBCOMMITTEE ON SENIOR CENTERS 169 1 2 possible. One example, I was picked up at 7:00 a.m. form Queens Points of Vision at Sellas Manor at 23rd 3 Street in Chelsea, and I did not arrive until 11:30. 4 [bell] The class I attend begins at 10:30. 5 6 Permanent expansion of the Taxi Smart 7 Card to e-hail pilots. While currently a pilot 8 program in just two city neighborhoods, we strongly recommend that the Taxi Smart Card Program or 9 something similar should be made permanent expanding 10 the citywide amenity. Allowing eligible Access-A-11 12 Ride consumers to use Tele-Green Taxi or for hire 13 vehicles where the travel allows for maximum 14 flexibility. Thank you. 15 CHAIRPERSON CHIN: Well, thank you for 16 your testimony. Especially on Access-A-Ride we're going to have a special hearing just on that. So I 17 18 think it's in April, but definitely we will get the information out. It will be together with the 19 20 Transportation Committee. So thank you all for coming today, and we'll look forward to seeing all of 21 2.2 you in the budget--during the budget process, and 23 hope to see back in the Executive Budget hearing and with some good news. So I thank my Co-Chair Council 24 25 Member Peter Vallone. Yes, sir.

COMMITTEE ON AGING JOINTLY WITH 170 THE SUBCOMMITTEE ON SENIOR CENTERS 1 2 MALE SPEAKER: [off mic] 3 CHAIRPERSON CHIN: Why don't we talk afterwards, and we'll take down your questions and 4 we'll find the answer for you. Okay? 5 6 CHAIRPERSON VALLONE: Thank you. 7 CHAIRPERSON CHIN: Thank you, sir. CHAIRPERSON VALLONE: Nothing more to 8 9 say. 10 CHAIRPERSON CHIN: All right. I want to thank all the council members especially my Co-Chair 11 Council Member Peter Vallone for chairing this 12 13 hearing today. 14 CHAIRPERSON VALLONE: [interposing] My 15 brother isn't very happy, Paul. [laughs] 16 CHAIRPERSON CHIN: Paul, Paul. [laughs] 17 You know why? Because it's your--his birthday today. 18 So wish him a happy birthday, and thank Council Member Paul Vallone. 19 20 [background comments] 21 CHAIRPERSON CHIN: And the hearing is 22 adjourned. 23 [gavel] 24 25

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## CERTIFICATE

World Wide Dictation certifies that the foregoing transcript is a true and accurate record of the proceedings. We further certify that there is no relation to any of the parties to this action by blood or marriage, and that there is interest in the outcome of this matter.



Date March 27, 2015