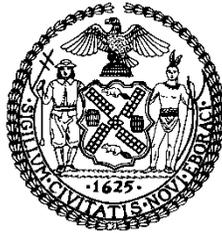


Committee Staff:
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THE COUNCIL

COMMITTEE REPORT OF THE HUMAN SERVICES DIVISION

Robert Newman, Legislative Director

COMMITTEE ON MENTAL HEALTH, MENTAL RETARDATION, ALCOHOLISM,
DRUG ABUSE, AND DISABILITY SERVICES

Hon. G. Oliver Koppell, Chair

September 24, 2012

PROPOSED RES. NO. 1229-A:

By Council Members Levin, Oddo, Arroyo, Comrie, Crowley, Dromm, Eugene, Ferreras, James, Koo, Koppell, Lander, Recchia, Rose, Williams, Wills, Mark-Viverito, Palma, Rivera, Fidler, Brewer, Sanders Jr., Koslowitz, Rodriguez, Vacca, Jackson, Foster, Nelson, Van Bramer and Halloran

SUBJECT:

Resolution recognizing September as Suicide Awareness Month in New York City and calling upon government agencies and non-governmental organizations to focus on teen suicide prevention.

INTRODUCTION

On September 24, 2012, the Committee on Mental Health, Mental Retardation, Alcoholism, Drug Abuse, and Disability Services, chaired by Council Member G. Oliver Koppell, will hold a hearing on Proposed Res. No. 1229-A, a resolution recognizing September as Suicide Awareness Month in New York City and calling upon government agencies and non-governmental organizations to focus on teen suicide prevention.

PROPOSED RES. NO. 1229-A

Proposed Res. No. 1229-A would note that according to the American Association of Suicidology, in 2008, someone died from suicide every fifteen minutes, and there were eleven youth suicides daily in the United States. The Proposed Resolution would also state that each year approximately 475 New Yorkers commit suicide.

The Proposed Resolution would state that in 2009, 10% of New York City public high school students reported attempting suicide in the past year, and 3% reported an attempt that required medical care. The Proposed Resolution would also note that of the New York City teens who reported attempting suicide, 61% reported feeling sadness every day for two weeks or more in the last year, 27% reported having been bullied online in the last year, and 25% reported having been physically hurt by a boyfriend or girlfriend in the last 12 months. Proposed Res. No. 1229-A would explain that the rate of attempted suicide among LGBTQ teens is particularly high, according to a 2008 New York City Vital Signs Report which found that 31% of LGBTQ teens attempted suicide in the previous year. The Proposed Resolution would note that according to a 2009 CDC survey, attempted suicide is also a significant problem in the Latina community, with 15% of New York City Latina teens attempting suicide that year.

Proposed Res. No. 1229-A would explain that in 2010, 56 people between the ages of fifteen and twenty-four committed suicide in New York City, making suicide the third leading cause of death for people in this age bracket.

The Proposed Resolution would note that according to the New York State Office of Mental Health, 90 percent of teens who die by suicide have a diagnosed mental disorder at the time of their death, with the most common being mood disorder, conduct disorder, and alcohol or drug abuse. Proposed Res. No. 1229-A would also explain that according to the New York State Office of Mental Health's Suicide Prevention Initiative, depression and other mental illnesses begin in the teen years, and early treatment can have a real impact on disease progression.

Proposed Res. No. 1229-A would state that the New York City Department of Health and Mental Hygiene's recommendations on how to reduce suicide risk state that community organizations should promote seeking help, dispel misconceptions about mental illnesses, and reduce social isolation among those struggling with depression. The Proposed Resolution would explain that health experts assert that there are many warning signs that someone is contemplating suicide, including depression, talking or writing about dying, talking about feeling hopeless, withdrawal, taking part in risky behavior, seeking access to pills or weapons, and excessive rage. The Proposed Resolution would also note that according to The Samaritans of New York, a non-profit organization that provides support to individuals in crisis, the most effective way to prevent suicide is to recognize these warning signs and take them seriously, as approximately 75 percent of people who attempt suicide do something to let others know of their intentions before they act.

Proposed Res. No. 1229-A would explain that suicide prevention methods include enhancing the support systems for vulnerable youth, parent education programs, post-attempt

treatment programs, and school re-entry guidelines for students who have attempted suicide. The Proposed Resolution would also state that recognition of the month of September as suicide awareness month may serve as a springboard for increasing outreach efforts. Finally, Proposed Res. No. 1229-A would recognize September as Suicide Awareness Month in New York City and call upon government agencies and non-governmental organizations to focus on teen suicide prevention.

Proposed Res. No. 1229-A

Resolution recognizing September as Suicide Awareness Month in New York City and calling upon government agencies and non-governmental organizations to focus on teen suicide prevention.

By Council Members Levin, Oddo, Arroyo, Comrie, Crowley, Dromm, Eugene, Ferreras, James, Koo, Koppell, Lander, Recchia, Rose, Williams, Wills, Mark-Viverito, Palma, Rivera, Fidler, Brewer, Sanders Jr., Koslowitz, Rodriguez, Vacca, Jackson, Foster, Nelson, Van Bramer and Halloran

Whereas, According to the American Association of Suicidology, in 2008, someone died from suicide every fifteen minutes, and there were eleven youth suicides daily in the United States; and

Whereas, Each year approximately 475 New Yorkers commit suicide; and

Whereas, In 2009, 10% of New York City public high school students reported attempting suicide in the past year, and 3% reported an attempt that required medical care; and

Whereas, Of the New York City teens who reported attempting suicide, 61% reported feeling sadness every day for two weeks or more in the last year, 27% reported having been bullied online in the last year, and 25% reported having been physically hurt by a boyfriend or girlfriend in the last 12 months; and

Whereas, the rate of attempted suicide among LGBTQ teens is particularly high, according to a 2008 New York City Vital Signs Report which found that 31% of LGBTQ teens attempted suicide in the previous year; and

Whereas, According to a 2009 CDC survey, attempted suicide is also a significant problem in the Latina community, with 15% of New York City Latina teens attempting suicide that year, and

Whereas, In 2010, 56 people between the ages of fifteen and twenty-four committed suicide in New York City, making suicide the third leading cause of death for people in this age

bracket; and

Whereas, According to the New York State Office of Mental Health, 90 percent of teens who die by suicide have a diagnosed mental disorder at the time of their death, with the most common being mood disorder, conduct disorder, and alcohol or drug abuse; and

Whereas, According to the New York State Office of Mental Health's Suicide Prevention Initiative, depression and other mental illnesses begin in the teen years, and early treatment can have a real impact on disease progression; and

Whereas, The New York City Department of Health and Mental Hygiene's recommendations on how to reduce suicide risk state that community organizations should promote seeking help, dispel misconceptions about mental illnesses, and reduce social isolation among those struggling with depression; and

Whereas, Health experts assert that there are many warning signs that someone is contemplating suicide, including depression, talking or writing about dying, talking about feeling hopeless, withdrawal, taking part in risky behavior, seeking access to pills or weapons, and excessive rage; and

Whereas, According to The Samaritans of New York, a non-profit organization that provides support to individuals in crisis, the most effective way to prevent suicide is to recognize these warning signs and take them seriously, as approximately 75 percent of people who attempt suicide do something to let others know of their intentions before they act; and

Whereas, Suicide prevention methods include enhancing the support systems for vulnerable youth, parent education programs, post-attempt treatment programs, and school re-entry guidelines for students who have attempted suicide; and

Whereas, Recognition of the month of September as suicide awareness month may serve

as a springboard for increasing outreach efforts; now, therefore, be it

Resolved, That the Council of the City of New York recognizes September as Suicide Awareness Month in New York City and calls upon government agencies and non-governmental organizations to focus on teen suicide prevention.

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MB/GP/JW
9/21/12