COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 CITY COUNCIL CITY OF NEW YORK -----Х TRANSCRIPT OF THE MINUTES Of the COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION ----- X March 21, 2024 Start: 10:17 a.m. Recess: 5:37 p.m. COUNCIL CHAMBERS - CITY HALL HELD AT: BEFORE: Lynn C. Schulman, Chairperson for Committee on Health Linda Lee, Chairperson for Committee on Mental Health, Disabilities and Addiction COMMITTEE ON HEALTH COUNCIL MEMBERS: Joann Ariola Oswald Feliz James F. Gennaro Kristy Marmorato Julie Menin Susan Zhuang COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION COUNCIL MEMBERS: World Wide Dictation 545 Saw Mill River Road - Suite 2C, Ardsley, NY 10502 Phone: 914-964-8500 \* 800-442-5993 \* Fax: 914-964-8470

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COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 2	
Shaun Abreu Erik D. Bottcher Tiffany Cabán Shahana Hanif Kristy Marmorato Darlene Mealy	
OTHER COUNCIL MEMBERS ATTENDING:	
Jumaane Williams, Public Advocate	

# COMMITTEE ON HEALTH JOINTLY WITH

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### A P P E A R A N C E S

Dr. Ashwin Vasan, Commissioner of the New York City Department of Health and Mental Hygiene

Aaron Anderson, Chief Financial Officer of the New York City Department of Health and Mental Hygiene

Deepa Avula, Executive Deputy Commissioner for Mental Hygiene at the New York City Department of Health and Mental Hygiene

Corrine Schiff, Deputy Commissioner for Environmental Health at the New York City Department of Health and Mental Hygiene

Dr. Jason Graham, Chief Medical Examiner for New York City Office of Chief Medical Examiner

Robert Van Pelt, Chief-of-Staff for the New York City Office of Chief Medical Examiner

Yvonne Williams, Deputy Commissioner of Administration and Finance at New York City Office of Chief Medical Examiner

Monica Rahman, Director of TOP Clubhouse in the Upper West Side

Glenn Mejia, Goddard Riverside

Charles de San Pedro, Goddard Riverside

Dice Cooper, Program Director of Lifelinks Clubhouse at Amherst Hospital

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 4 A P P E A R A N C E S (CONTINUED) Maria Leon, Citiview Connections Clubhouse Leon Sims, Greater Heights Clubhouse Abby Jeffrey, Assistant Vice President of Behavioral Health and Wellness at JCCA Elinor LaTouche, Executive Director of the Epilepsy Foundation of Metropolitan New York Greq Mihailovich, Community Advocacy Director for the American Heart Association Rachel Benner, social work student intern at United Neighborhood Houses Shannon Rockett, Associate Director at Carnegie Hall Juan Pinzon, Director of Government Relations at the Community Service Society JiHoon Kim, inaugural CEO of InUnity Alliance Dana Zakharova, Lifelinks Clubhouse Murphy Halliburton, professor at CUNY at Queens College and the CUNY Graduate Center Marcos Stafne, Executive Director of GallopNYC Ronnell Lovett

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A P P E A R A N C E S (CONTINUED)

Eric Rosenbaum, President and Chief Executive Officer of Project Renewal

Shams DaBaron, on the Board of Project Renewal

Joelle Ballam-Schwan, Supportive Housing Network of New York and Correct Crisis Intervention Today

Jane Ni, Assistant Director of Policy at the Community Healthcare Association of New York State

Caitlin Garbo, National Alliance on Mental Illness of New York City

Marg Curran, social worker and an employment specialist at the Center for Urban Community Services Career Network

Sophia Perrotto, case manager at the Center for Urban Community Services

Donald Nesbit, Executive Vice President for Local 372, DC37 and AFSCME

Sheina Banatte, Justice for Eudes Pierre Coalition

Chaplain Dr. Victoria Phillips, Mental Health Project at Urban Justice Center and Chief Executive Officer and founder of Visionary V Ministries

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A P P E A R A N C E S (CONTINUED)

Carmen Garcia, Community Health Worker Supervisor at Make the Road New York

Karina Albistegui Adler, Co-Director of Health Justice at the New York Lawyers for the Public Interest

Laura Jean Hawkins, Advisory Board Chair of Astoria Queens SHAREing and CAREing

Sakeena Trice, Senior Staff Attorney with the Disability Justice Program at New York Lawyers for the Public Interest

Stephen Risi, self

Jeemin Cha, Data Policy Coordinator at the Coalition for Asian American Children and Families

Edmond Loi, Grants Manager at the Charles B. Wang Community Health Center

Alice Bufkin. I'm the Associate Executive Director of Policy at Citizens Committee for Children

Brianna McKinney, Chief Advancement Officer at Project Guardianship

Dr. Maurice Franken, Professor of Public Policy Chair for 100 Black Men's Health and Wellness Committee and Vice-Chair of Community Board 10 Health and Human Services Committee

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 7 A P P E A R A N C E S (CONTINUED) Jordyn Rosenthal, Advocacy Director at Community Access Erin Verrier, Manager of Policy and External Affairs at Community Healthcare Network Jim Bohovich, peer support specialist Scott Daly, Senior Director of the New York Junior Tennis and Learning Rauly Chero, licensed mental health counselor and Coordinator of Wellness Services at Northern Manhattan Improvement Corporation Helen "Skip" Skipper, Executive Director of the NYC Justice Peer Initiative (testimony read by Grace Ortez) Grace Ortez, Freedom Agenda Ashley Santiago, Freedom Agenda Jay Edidin, Director of Advocacy at the Women's Community Justice Association Shakima Hill, Program Director for Emerson Davis Family Residence at the Institute for Community Living

Dash Yeatts-Lonske, Policy Analyst at Urban Pathways

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 8 A P P E A R A N C E S (CONTINUED) Maryam Mohammed-Miller, Director of Government Relations at Planned Parenthood of Greater New York Gabriela Sandoval Requena, New Destiny's Director of Policy and Communications Faith Behum, Senior Advocacy and Policy Advisor at UJA Federation of New York Alex Brass Kayt Tiskus, Collective Public Affairs Ruth O'Sullivan, Center for Justice Innovation Emily Miles, Executive Director of the New York City Alliance Against Sexual Assault Ronni Marks, Founder of the Hepatitis C Mentor and Support Group Robert Desrouleaux, Programs Manager at the Hepatitis C Mentor and Support Group Mohamed Attia, Managing Director of the Street Vendor Project Rosa Chang, Co-Founder and President of Gotham Park Jennifer Parish, Urban Justice Center Mental Health Project and member of the Jails Action

Coalition and the HALT Solitary Campaign

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 9 A P P E A R A N C E S (CONTINUED) Lily Shapiro, Policy Counsel of the Fortune Society's David Rothenberg Center for Public Policy Casey Starr, Co-Executive Director of the Samaritans of New York Kumarie Cruz, Director of Education and Bereavement Services at the Samaritans of New York Fiodhna O'Grady, Director of Government Relations for the Samaritans of New York Suicide Prevention Center Chris Norwood, Executive Director of Health People Meihua Yang, Entitlement Benefit Specialist at Chinese American Planning Council Jason Cianciotto, Vice President of Policy and External Affairs at GMHC Yuna Youn, Director of the Mental Health Clinic at Korean Community Services Zarin Yaqubie, Mental Health Program Manager at the Arab American Family Support Center Lisa Farmer, Lifelinks Clubhouse

Danny Lam, Director of Government Contracts and School Partnerships at New York Edge

COMMITTEE ON HEALTH JOINTLY WITH  $\blacksquare$ OMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 10 A P P E A R A N C E S (CONTINUED) Myra Batchelder, COVID Advocacy Initiative and COVID Advocacy New York Julie Lam, founder of Last Together America Paul Hennessy Anna Pakman Jennifer Pozner Amanda Granger, Senior Director of Communications at CASES Joy Cambe, Program Coordinator for Empire Liver Foundation Sylvia Pizarro, Lifelink Clubhouse Dr. Lucky Tran, scientist and public health communicator who works at Columbia and member of COVID Advocacy New York Alina Neganova, New York City nurse Liliana Rasmussen Robyn Saldino Elana Levin Neil Corrado May Schotz

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A P P E A R A N C E S (CONTINUED)

Kyron Banks, Manager of Policy and Advocacy at Callen-Lorde Community Health Center

Christina Boynes, community health worker and patient navigator under the Viral Hepatitis Initiative at BronxCare Health System in the Department of Family Medicine for both Hepatitis C and B

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 12 1 2 SERGEANT-AT-ARMS: This is a microphone 3 check for the Committee on Health, recorded by Layla Lynch on March 21, 2024, in the Council Chambers. 4 5 SERGEANT-AT-ARMS: Good morning, and 6 welcome to today's New York City Council Preliminary 7 Joint Hearing for the Committee on Health, Mental 8 Health, Disabilities, and Addiction. 9 At this time, we ask that you silence all 10 cell phones and electronic devices to minimize 11 disruption throughout the hearing. 12 If you have testimony you wish to submit 13 for the record, you may do so via email at 14 testimony@council.nyc.gov. Once again, that is 15 testimony@council.nyc.gov. 16 At any time throughout the hearing, 17 please do not approach the dais. 18 We thank you for your kind cooperation. 19 Chair, we are ready to begin. 20 CO-CHAIRPERSON SCHULMAN: [GAVEL] Good 21 morning and welcome to the City's Fiscal 2025 2.2 Preliminary Budget for the New York City Department 23 of Health and Mental Hygiene. I'm Council Member Lynn 24 Schulman, Chair of the Committee on Health. I would 25 like to thank my fellow Council Member, Chair Lee,

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 13 1 2 for holding this joint hearing. I would also like to 3 thank everyone who has joined us today and acknowledge Council Member Darlene Mealy, and we're 4 joined by Public Advocate Jumaane Williams. 5 DOHMH Fiscal 2025 budget totals nearly 2 6 7 billion dollars, which represents approximately 2 8 percent of the City's budget. This budget includes 1.2 billion for the City's public health services, 9 which comprise 442.8 million dollars for personal 10 11 services and 773.6 million for other-than-personal services. In the Preliminary Plan, funding for public 12 13 health was reduced by 120 million dollars while the headcount decreased by 202 positions. In addition, 14 15 the plan includes a Program to Eliminate the Gap of 16 26.8 million in Fiscal 2025 that will certainly 17 impact services and operations for the public health 18 area. While the Council is optimistic for Healthy NYC 19 and its results, we are also wary about some 20 reductions in DOHMH's budget and headcount. One 21 program area, disease prevention and treatment, has 2.2 130 fewer full-time employees now than it had at 23 adoption. It is concerning to see a reduced headcount in any program area, but this is the largest decrease 24

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 14 1 in headcount in any of the program areas followed 2 3 only by environmental health with 42 fewer positions. 4 We will also focus on DOHMH's vacancy rate. There are currently 344 vacancies in public 5 health and 183 vacancies in mental hygiene, which is 6 7 on top of the routine vacancy reductions that the 8 City has seen. I want to make it clear that vacant 9 positions do negatively impact agencies' operation, especially in the health sector, and DOHMH must fill 10 11 those positions to further improve the services that 12 they provide. DOHMH strives to keep all New Yorkers 13 healthy, despite the disparities that some New 14 Yorkers face with their health. The life expectancy 15 rate has been gradually declining in recent years 16 and, while the COVID-19 pandemic played a role in 17 this decrease, it was only one factor that affected 18 the decrease. Diabetes, cancer, and maternal 19 morbidity have always been issues in the city and are 20 several of the disparities that will be addressed in 21 Healthy NYC. Local Law 46 is an extension of Healthy 2.2 NYC, and it requires DOHMH to develop a five-year 23 health agenda that will ultimately increase the city's life expectancy rate. The Council looks 24 forward to hearing strategies that DOHMH will roll 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 15 1 out to raise the life expectancy rate beyond what it 2 3 has ever been. Before we begin, I would like to thank 4 the Committee Staff for their work, including 5 Danielle Glants, Florentine Kabore, Christopher Pepe, 6 7 Sarah Sucher, and Mahnoor Butt. I would also like to thank my Chief-of-Staff, Jonathan Boucher, and my 8 9 Legislative Director, Kevin McAleer, along with my legislative fellow, Andrew Davis. 10 11 Before I turn it over to Chair Lee, I want to thank Commissioner Vasan and his team for all 12 13 your work on Healthy NYC and everything else to keep 14 our city healthy. 15 I will now turn it over to Chair Lee for 16 her opening remarks. 17 CO-CHAIRPERSON LEE: Good morning, 18 everyone. My name is Linda Lee. I'm Chair of the 19 Mental Health and Addictions and Disabilities 20 Committee so I just wanted to welcome all of you to today's hearing for the City's Fiscal 2025 budget. 21 I would also like to thank Chair Schulman 2.2 23 for co-hosting this hearing with me, and I would also like to thank Commissioner Vasan, your team, everyone 24 25 who is here today.

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DOHMH's budget for mental health services 2 3 alone is 748.4 million dollars, which includes about 4 63 million for personal services to support 683 fulltime positions. The budget also includes nearly 686 5 million for other-than-personal services. The mental 6 7 health services that the City provides are immensely crucial to New Yorkers, but some important areas tend 8 9 to slip between the cracks. We held a roundtable last month on the needs and concerns that mental health 10 11 providers have, and youth mental health and maternal 12 mental health were among the most concerning topics 13 we heard, which is what our roadmap will focus on this year. Our youth need mental health services in 14 15 their schools. Pregnant people need doulas and 16 postnatal mental healthcare. During this hearing, we 17 will examine DOHMH's mental health budget and how it 18 addressed the needs of those in need. We will also review the Fiscal 2025 Program to Eliminate the Gap, 19 20 PEG, savings of 12.4 million to ensure that any 21 reduction will not impact programs and services, 2.2 especially now as we continue post-COVID recovery. 23 Another service that the City should

24 invest in is access to Clubhouse. DOHMH released a 25 request for proposal in October 2023 to expand the

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 17 1 total number of Clubhouse in New York city. However, 2 3 the RFP's guidelines will exclude several of our 4 smaller Clubhouse that have been serving the population in need. Clubhouse expansion is part of 5 the Council's mental health roadmap from last year, 6 7 and we're interested in partnering with DOHMH to increase the number of Clubhouse in the city instead 8 9 of decreasing them, and I understand that the totality and the number of people served in your new 10 11 RFP proposal are higher, but I'll ask some questions later about the size of the Clubhouse. 12 13 Among other topics, I would like to discuss the Mayor's Office for People with 14 15 Disabilities, which I know is not you all, and ensure 16 that we are not cutting their budget. Last year, I 17 brought up concerns about MOPD's budget; however, the 18 Preliminary Plan reduced this office budget to be about one half of what it was one year ago, and we're 19 talking about an agency that serves 1 million people 20 21 in New York City that have various different types of disabilities so we need to make sure that those 2.2 23 services continue as well. I would like to thank the Committee 24 25 Staff, Florentine Kabore, Danielle Glants, Sarah

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 18 1 2 Sucher, Cristy Dwyer, for all of their hard work as 3 well as my staff as well. 4 We've also been joined by Council Member Menin on Zoom as well as Council Member Ariola. 5 Now, I would like to introduce our Public 6 7 Advocate, Jumaane Williams, who has come here to 8 testify as well. 9 PUBLIC ADVOCATE WILLIAMS: Thank you so much, Madam Chair. As mentioned, my name is Jumaane 10 11 Williams. I'm the Public Advocate for the City of New 12 York. I want to thank Chairs Schulman and Lee, the 13 Members of the Committees on Health and Mental Health, Disabilities, and Addiction for holding this 14 15 hearing today and allowing me an opportunity to give 16 a statement. 17 In any given year, more than one in five 18 New Yorkers experience psychiatric illness with low-19 income people of more color often unable to access any treatment or support. Barriers to effective care 20 21 include a host of issues related to a lack of 2.2 adequate insurance, stigma, and discrimination, lack 23 of access to stable housing, among others. The increased visibility and vulnerability of these 24 individuals compounded with a decrease in resources 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 19 1 2 as cities around the country struggle to meet demand 3 have devastating consequences. The death of Jordan 4 Neely last year, an unhoused person experiencing a mental health crisis on the subway, is just one 5 example. Programs like B-HEARD launched in 2021 to 6 7 address mental health crisis caused with non-police response cover only a quarter of mental health calls 8 9 made in the city. B-HEARD teams are established in only 31 of the City's 77 police precincts. One of the 10 11 primary challenges has been hiring enough social workers and EMS staff for B-HEARD teams at a time 12 13 when EMS staff are already overstretched. The lack of adequately trained staff has led to continuous cuts 14 15 to the program's budget. Peer support specialists and 16 other embedded mental health infrastructure could 17 help fill these gaps. The City's Overdose Prevention 18 Centers, or OPCs, which opened in 2021, and in their first six months of operations helped prevent over 19 20 300 overdoses, is another program that could address 21 serious healthcare gaps in NYC. 2.2 I want to echo the Progressive Caucus' 23 request last year for 20 million dollars to shift the City's two existing OPCs in Manhattan to 24/7 24

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COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 20 1 operations and to open four additional centers, one 2 3 in each borough that does not have an OPC. 4 In addition to these requests, I want to 5 highlight and reiterate my support for a few recommendations from my office's report, Improving 6 7 New York City's Responses to Individuals in Mental Health Crisis, released in October of 2019. The 8 report updated and re-issued in November was informed 9 by conversation with and the work of mental health 10 11 and justice advocates want to uplift the need for 12 respite centers. They are an alternative to 13 hospitalization for those in crisis and serve as 14 temporary stays in supportive settings that allow 15 individuals to maintain their regular schedules and 16 have guests visit? Currently, there are four Health 17 Department Community Partners operating respite 18 centers serving adult New Yorkers, a drop from eight centers in 2019. ACS also operates a respite program 19 20 for youth, and increasing supportive housing. 21 Supportive housing is affordable housing with 2.2 supportive social service in place. Currently, the 23 City is lagging behind in providing supportive housing with a long and often delayed application 24 process. This should include supportive housing for 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 21 incarcerated individuals and individuals re-entering communities post-release.

Further, I would highlight the need for expanded STI testing and sexual healthcare centers, and recent data from DOHMH shows that the number of sexually transmitted diseases has spiked across the city with rates of chlamydia, syphilis, and gonorrhea skyrocketing across demographic groups.

Finally, when I highlight all the recent 10 11 and planned hospital closures over the past 25 years, 12 we've had a total of 20 hospital closures. These 13 closures have disproportionately impacted communities of more color who often bear the burden of adverse 14 15 health effects. By closing hospitals, we're losing 16 access to beds and precious resources, and we cannot 17 afford to go backwards. The COVID-19 pandemic 18 exacerbated health outcomes and further contributed 19 to (INAUDIBLE) shortages and high rates of turnovers. 20 It's our responsibility now to realize the reforms 21 needed and act swiftly to prevent more suffering and 2.2 loss.

I look forward to engaging with thisCouncil, the Adams' Administration, including H and

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COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 22 1 2 H, Department of Health and Mental Hygiene, and 3 communities across the city to address the issues. 4 The last thing I wanted to mention was 5 that yesterday the NYPD mentioned the need for the type of overtime dollars that they have to address 6 7 issues and, as an agency, I understand agencies want to make those asks. I don't know if I'll be here to 8 9 ask questions, Madam Chair, but I would like to know if DOHMH has the same access to overtime they think 10 11 they need to address mental health issues that arise 12 when the City needs it. Thank you. 13 CO-CHAIRPERSON SCHULMAN: Thank you, Public Advocate, and I'll leave that to Chair Lee 14 15 when it comes up for her to ask questions. I'm going to start with the questioning, 16 17 Commissioner, and I'm going to ask about Healthy NYC first. 18 19 Oh, that's right. I'm sorry. We're a 20 little discombobulated today. I'm so sorry. Give your 21 testimony. 2.2 COMMISSIONER VASAN: It's all right, 23 Chair. Should I be sworn in, maybe? COMMITTEE COUNSEL PEPE: Good morning, 24 Commissioner. Right here. 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 23 1 2 COMMISSIONER VASAN: Hello. 3 COMMITTEE COUNSEL PEPE: Hi, good morning. 4 If you could please raise your right hand, you as well. 5 Do you swear to tell the truth, the whole 6 7 truth and to respond honestly to Council Member 8 questions? 9 COMMISSIONER VASAN: Yes. CHIEF FINANCIAL OFFICER ANDERSON: Yes. 10 11 COMMITTEE COUNSEL PEPE: You may proceed. 12 COMMISSIONER VASHAN: Okay, good morning. 13 Good morning, Speaker Adams, Chairs Schulman and Lee, 14 Mr. Public Advocate. I'm Dr. Ashwin Vasan, I'm the 15 Commissioner of the New York City Department of 16 Health and Mental Hygiene. I'm glad to be here today, 17 joined by our Chief Financial Officer Aaron Anderson 18 and members of our senior leadership team. Thank you for the opportunity to testify on the Department's 19 20 Preliminary Budget for Fiscal Year '25. 21 I want to start by acknowledging the Speaker's State of the City address last week. We are 2.2 23 so grateful to have a Speaker and a Council focused on areas that are important to New Yorkers' health 24 and well-being, like youth mental health, maternal 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 24 1 health and chronic disease prevention. It's certainly 2 been a busy year. The Health Department continued to 3 4 manage COVID-19 through the end of the federal public health emergency while defining a new strategy and 5 ambitious goals for healthier, longer lives. Last 6 7 November, we launched Healthy NYC, an ambitious citywide strategy to improve and extend the lifespan 8 9 of all New Yorkers by addressing the leading causes of death and premature death in New York City. We 10 11 know COVID-19 took a major toll. In 2020, the city 12 saw the biggest and fastest drop in lifespan in a 13 century, dropping 4.6 years to just 78 years. This was the largest drop in our history and the largest 14 15 drop anywhere in the U.S. or the world in 2020. In 16 encouraging news, though, the city gained back 2.7 years in 2021. However, aside from COVID, the leading 17 18 causes of death of New Yorkers are moving in the wrong direction and, like in so many issues, the 19 decreases in life expectancy have not been 20 21 experienced equally. The largest decreases were 2.2 amongst Black and Latino New Yorkers with the 23 disproportionate burden of premature death, death before the age of 65, falling on these communities. 24 These are also the deaths that, of course, contribute 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 25 1 2 most to life expectancy loss. To address these 3 declines, the Health Department and this 4 Administration have advanced the implementation of 5 Healthy NYC to increase the life expectancy of New Yorkers to its highest ever level, 83 years, by 2030 6 7 with equity at the center of all of our work. To achieve this goal, we have set very specific targets 8 to reduce mortality from the leading issues killing 9 New Yorkers, chronic and diet-related diseases, such 10 11 as diabetes and heart disease, screenable cancers, 12 mental health including overdoses and suicides, and 13 violence including gun violence. Healthy NYC also sets targets to address COVID-19-related deaths and 14 15 the unacceptable disparities in black maternal 16 mortality while addressing crosscutting issues, 17 including access to healthcare and the impacts of 18 climate change on health. If the city is successful in reaching each of these targets, we will not only 19 achieve a life expectancy in New York City of 83 20 years or more, we also estimate that we will stop 21 2.2 well over 7,000 preventable deaths. That's 7,000 23 mothers, fathers, siblings, friends, and loved ones who would otherwise be taken from us too soon. 24 Ultimately, Healthy NYC is an organizing principle 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 26 1 toward a future where New York City is the healthiest 2 3 big city in the nation and the world. Too often in 4 government, we are afraid to set big, tangible, measurable goals and to hold ourselves accountable to 5 them. Instead, we set smaller ones, maybe ones that 6 7 are easier to achieve in a few months or a few years, but complex, long-term challenges, like improving the 8 9 health of our city, requires long-term vision and near-term action towards that vision. It requires 10 11 everyone pulling in a common direction, not one 12 agency alone, but one city. We will get there by 13 investing more in prevention and upstream care, earlier intervention and support, and ensuring access 14 15 to services that meet New Yorkers' health and social 16 needs, and we will get there by responding with 17 intentional action and planning and repeating this 18 year after year. Healthy NYC is the first of its kind agenda in the city and in the nation. I am grateful 19 to the Mayor for his support and proud of my team for 20 building out this campaign and working together to 21 2.2 organize our city around these goals. I'm grateful to 23 my fellow Commissioners and City leaders who continue to endorse and embrace this agenda and to our 24 25 partners in the non-profit, private, and

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 27 1 2 philanthropic sectors who continue to engage with us. 3 I also want to thank the New York City Council, 4 particularly the Speaker and Chair Schulman, for enshrining in local law the requirement for the city 5 to ensure that Healthy NYC will endure for decades to 6 7 come and will not be subject to the whims of electoral cycles and political cycles. The health of 8 9 New Yorkers is foundational to New York City and our world. There's no wealth, no prosperity, no equity, 10 11 and no safety without health at the core. 12 The Health Department also remains 13 focused on addressing the second pandemic of mental health issues. As we would say in medicine, this 14 15 crisis is acute-on-chronic. We had growing mental 16 health needs long before COVID-19. Mental health 17 systems were chronically underinvested in, and the 18 pandemic was an acute stressor that made everything worse. Last year, we announced a comprehensive mental 19 20 health plan to alleviate and prevent emotional 21 suffering and to save lives. This plan will continue 2.2 to guide the city's future actions to improve mental 23 health. The Health Department has executed on several commitments in our plan in the last year. 24 Importantly, we transitioned NYC to 9-8-8 to ensure 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 28 1 that these three digits become the go-to resource for 2 3 all New Yorkers for mental health concerns and for 4 crisis response. We launched NYC Teenspace, the city's pioneering, no-cost digital mental health 5 service available on mobile devices to all New York 6 7 City teenagers between the ages of 13 and 17. I'm 8 pleased to report that after just five months, we 9 have seen thousands of teenagers sign up. Moreover, this Fiscal Year, we distributed more than 280,000 10 11 naloxone kits, expanded our emergency room, peer-led 12 overdose response program, supported syringe service 13 providers in all five boroughs, increased access to 14 buprenorphine in primary care, emergency departments, 15 and in harm reduction sites and in homeless outreach settings and much, much more. 16 17 Finally, in early 2024, the Health

18 Department and the Mayor made two key announcements 19 that will have important impacts on thousands of New 20 Yorkers. First, we will invest 18 million dollars 21 over three years to relieve over 2 billion dollars in medical debt for hundreds of thousands of working-2.2 23 class New Yorkers. Throughout my career as a doctor, I've seen firsthand how high healthcare costs and 24 medical debt can force patients to make impossible 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 29 1 choices and, as we all know too well, medical debt is 2 3 the number one cause of bankruptcy in the United 4 States and disproportionately affects uninsured, underinsured, and low-income households. The city's 5 program will wipe out medical debt for up to 500,000 6 7 working-class New Yorkers. Second, the city set out 8 to address the mental health impacts of unregulated 9 social media on our youth. This included a Commissioner's Advisory declaring social media an 10 11 environmental toxin and a historic lawsuit against four of the largest social media platforms. As a 12 13 parent, I want to keep my children safe, and that includes the use of interaction with social media. 14 15 This Administration and this Health Department are committed to leading on this issue. 16 17 And there is so much more. As New 18 Yorkers, we know that everyone deserves the right to 19 make their own healthcare decisions and to control 20 their own bodies. New York City has continued to 21 lead, ensuring that our city is a safe haven for

22 reproductive healthcare and abortion access. Over the 23 past year and a half, the Health Department has 24 expanded medication abortion access in our public 25 health clinics, the first in the nation to do, and COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 30

2 have strengthened the abortion access hub, which 3 ensures anyone from anywhere in this city or country 4 can access reproductive healthcare in New York City 5 when they need it.

We've also strengthened the Department's 6 7 internal capabilities, including our data systems, by building the new Center for Population Health Data 8 Science to bring together health and social services 9 data into a single view to enable citywide planning 10 11 for New Yorkers' health and to ensure resources and 12 services are getting to the communities who need it 13 most. The Department has also started a Response Readiness Initiative our station to ensure we're 14 15 better prepared for the next health emergency, 16 whatever or whenever it might be, and the Department 17 has invested in our staff by expanding our worksite 18 wellness programs and by centering mental health in the process. Our most recent workforce survey shows 19 that more than 75 percent of our Health Department 20 21 staff are satisfied with their work at the agency, a 2.2 significant increase from past years when morale was 23 low in the face of crisis and constant attacks on our work. 24

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Before I talk about the budget, I want to 2 take a moment to thank my team, and that includes 3 those here with me today, my senior leadership team, 4 and the staff who helped prepare for this hearing. It 5 also includes those back at our offices and those on 6 the ground running everything from public health 7 8 clinics to health inspections, community health work, 9 and disease investigations. My colleagues make me so proud to come to work every single day. We continue 10 11 to do this work because we are here to save lives, to 12 prevent suffering, and to ensure that every New 13 Yorker can live a healthy life. Public health is often an invisible shield, stopping bad things from 14 15 happening before they occur and responding when they 16 do but, even if our work is invisible to some, every 17 single employee of the Department of Health deserves 18 recognition and thanks for a job well done.

Now, I'll take a few moments to speak to our Preliminary Budget. The Department has approximately 7,000 employees and an operating budget of 2 billion dollars for Fiscal Year '25, of which approximately a billion is city tax levy. Over half of our budget is comprised of federal, state, and private funding. We are pleased that our Preliminary COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL1HEALTH, DISABILITIES AND ADDICTION32

Budget continues funding for many of the agency's priorities and allows us to execute on activities to address the goals we've laid out in Healthy NYC. We look forward to answering your questions on our Preliminary Budget.

7 Now I'll turn to the state budget. The Governor's Fiscal Year 2025 Executive Budget proposes 8 significant investments in mental health, maternal 9 health, and the well-being of children and families. 10 11 These investments all align with the City's Healthy 12 NYC goals. On mental health, the executive budget 13 seeks to improve access to mental health services by raising the minimum reimbursement rate for commercial 14 15 providers. I am pleased to see the Senate has included this in their One-House Budget and urge the 16 17 Assembly to accept this policy. The Executive Budget 18 also includes the Stop Addictive Feeds Exploitation, or SAFE for Kids Act, which is an ambitious first 19 20 step in regulating social media companies and 21 complements the City's work to address the health 2.2 threats posed by social media. Unfortunately, the 23 State Legislature rejected this language. I urge them to pass this as part of their final budget. The 24 Department supports other actions in the Executive 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 33 1 2 Budget that are there to support maternal health. 3 Governor Hochul included language establishing paid 4 prenatal leave for medical appointments. The Senate and the Assembly have versions of this in their 5 budgets, and we hope they can resolve their 6 7 differences. The budget also establishes a statewide 8 policy which will allow all birthing people to access 9 doulas as well as includes language providing for breast milk expression breaks. Unfortunately, the 10 11 Assembly omitted these items from their bill, and the 12 Department strongly urges them to reconsider. We also 13 firmly support investments in child and family health 14 established by continuous Medicaid enrollment for 15 children from birth to age six. We are pleased both 16 Houses have included this vital policy. 17 The Governor's budget demonstrates a commitment to public health and health equity. 18 19 However, the budget fails to address a key issue

20 which undermines New Yorkers' health, gains in health 21 equity, and our core public health infrastructure. It 22 is not acceptable that New York City continues to be 23 denied its fair share of public health resources from 24 the State. Five years ago, New York State cut Article 25 6 public health funding to New York City from a 36

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 34 1 percent match on the dollar to 20 percent. This cut 2 3 was to New York City only. At the time, the 4 justification was that the City receives funding directly from the federal government, but these 5 federal funds are for specific issue areas, not for 6 7 general public health support. If parity was restored 8 for Article 6 funding, we project the City would 9 receive an additional 90 million dollars to support critical public health services. These are funds that 10 11 can be used to address rising rates of vaccine 12 preventable diseases, sexually transmitted 13 infections, and tuberculosis, many diseases that we thought we had relegated to the past as well as the 14 15 growing crisis in overdose rates and black maternal health, these amongst other essential and mandated 16 17 public health services. New York State has an 18 obligation to support the health of all new Yorkers, 19 including those who live downstate in the five 20 boroughs. At least 50 percent of the Medicaid 21 recipients in New York State live in New York City, 2.2 and most of the people of color and low-income people 23 in the state called New York City home. This is a health issue, this is an equity and racial justice 24 issue, and it is an issue of basic fairness and good 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 35 1 2 governance. This means that New York City must be 3 funded at the same rate as every other county in the 4 state. Today, I'm asking all of you to urge your State Colleagues to reinstate New York City's Article 5 6 reimbursement in the State's Adopted Budget. 6 7 Finally, I'd like to make a few comments on the federal budget. We thank President Biden, 8 9 Leaders Schumer and Jeffries, and the New York Congressional Delegation, and Health and Human 10 11 Services Secretary Becerra for their consistent support. We are, however, concerned with budget cuts 12 13 for critical, federally supported public health services and infrastructure. Federal funding makes up 14 15 almost 20 percent of the Health Department's budget. 16 The Health Department has long expressed concern 17 about the federal government's continued cuts to the 18 prevention and the federal public health emergency 19 preparedness and hospital preparedness programs. It's 20 essential for the federal government to focus the 21 necessary attention and resources to ensure the 2.2 country has a robust health security infrastructure 23 that can meet the scale and scope of threats we face in our rapidly changing world. Additionally, while we 24 25 are all grateful COVID-19 is no longer an all-hands-

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 36 1 2 on-deck emergency, the federal funding that boosted so much of the response has expired with the end of 3 the federal emergency. This loss of supplemental 4 funding is impacting our disease surveillance and 5 response infrastructures well beyond COVID-19 work. 6 7 We are in a critical moment with federal and state 8 investment in public health. As I previously 9 mentioned, over half of the Department's budget is from state, federal, and private funding. We must 10 11 learn from the lessons of the last four years and 12 ensure that there is strong investment in public 13 health infrastructure by our state and federal colleagues. We invite the Council's partnership in 14 15 advocating for more state and federal investment into 16 public health. I know many of us are fatigued of 17 thinking about the public health emergency, but 18 ignoring and disinvesting in public health only makes 19 us more vulnerable to the next threat. 20 As I wrap up, I want to thank the Health 21 Department staff once again for their steadfast 2.2 commitment to the health of this city. I look forward 23 to continuing to work arm-in-arm with them and with you to improve life expectancy through Healthy NYC 24

and to face our public health challenges head on. I

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2	thank Mayor Adams for the resources dedicated to this
3	Department in his Preliminary Budget. I thank you to
4	the Speaker, to the Chairs, to the Members of the
5	Committee for your partnership and dedication to the
6	health and being of all New Yorkers, and now I'm very
7	happy to take your questions.
8	CO-CHAIRPERSON SCHULMAN: Thank you,
9	Commissioner.
10	First, I want to acknowledge we've been
11	joined virtually by Council Member Caban. We're
12	joined in-person by Council Members Abreu and Feliz.
13	I'm going to ask you some questions. I'm
14	going to start easy and then get harder, like Proud
15	Mary. In 2020, due to the pandemic, the City's life
16	expectancy dropped from 82.6 years to 78 years. The
17	Council passed Local Law 46, which would require
18	DOHMH to develop a five-year health agenda with the
19	goal of increasing the average lifespan of New
20	Yorkers to 83 by 2030. This is part of the Healthy
21	NYC campaign to increase the City's life expectancy.
22	In what Fiscal Year will funding for Healthy NYC be
23	included in DOHMH's budget going forward?
24	COMMISSIONER VASAN: Thanks, Council
25	Member, for the question. Healthy NYC is, of course,

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 38 1 2 subject to investment, but it isn't a program like 3 any other. It is very much our strategy, it's our 4 North Star, it's the framework under which all of our work is done. In fact, we have not only set these 5 goals out for the public and for our external work, 6 7 but we've realigned our agency and our internal 8 performance and our KPIs to align with this, so it's 9 much, much more than just a line item in a budget. We are obviously looking towards the kinds of 10 11 investments we need to build a program around it as 12 well, but this is about really achieving our Healthy 13 NYC goals with leadership from all of our divisions 14 throughout. 15 CO-CHAIRPERSON SCHULMAN: And is there an operating budget or, you don't, for Healthy NYC? 16 17 COMMISSIONER VASAN: Yeah, we're still 18 working through those details. 19 CO-CHAIRPERSON SCHULMAN: And when you 20 have that, please share it with us. We'd like to help with that. 21 2.2 COMMISSIONER VASAN: Happy to. 23 CO-CHAIRPERSON SCHULMAN: What funding sources will be used to fund Healthy NYC? Again, the 24 same thing I'm assuming. Okay. 25

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 39
2	Have there been discussions with our
3	state or federal counterparts regarding Healthy NYC?
4	COMMISSIONER VASAN: Yes. They're well-
5	aware of this and very supportive. In fact, we've had
6	discussions about these goals with both federal
7	counterparts and state counterparts, and that's
8	particularly interesting and important as we consider
9	new initiatives like the Medicaid waiver and where
10	does the Healthy NYC goals align with our downstate
11	goals in terms of health and health equity so we're
12	in active discussions now.
13	CO-CHAIRPERSON SCHULMAN: Okay, so
14	diabetes is a major health concern, one that can
15	result in multiple lifelong health conditions. The
16	PMMOR states that diabetes management has increased
17	slightly among adult New Yorkers. The goal of Healthy
18	NYC is to reduce the prevalence of diabetes in the
19	city by 5 percent by 2030. How many people in the
20	city currently have diabetes in Calendar Year 2023,
21	and how does that number compare to the last five
22	years?
23	COMMISSIONER VASAN: Thank you for the
24	question. I'm happy to get you specific
25	epidemiological details, but I will say that, yeah,

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 40 1 the goal of reducing diabetes and cardiovascular 2 3 disease deaths by 5 percent by 2030, it may, on its surface, not sound like a large goal, but it's a 4 massive goal because we've seen diabetes deaths 5 increase, we've seen cardiovascular disease deaths 6 7 stay extremely high as the leading cause of death of New Yorkers, and we've struggled to make a dent, and 8 part of the reason we've struggled to make a dent as 9 a society is that our society is perfectly set up to 10 11 create diabetes, whether it's processed foods, poor 12 diets, lack of green space for activity so these are 13 all areas that we are focused on as well as connections with our healthcare systems who do so 14 15 much work in both screening for diabetes early and 16 ensuring that people get evidence-based care. One of 17 the things we're most proud of with our diabetes work 18 is that we have the largest diabetes prevention program in the country, which means we bring together 19 community stakeholders to really advance what better 20 21 lifestyles look like, what better health looks like, 2.2 and we're also very excited about our Public Health 23 Corps program, which puts community health workers into high-need neighborhoods and advances health 24

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 41 1 coaching, lifestyle change, and connections into 2 3 primary care amongst other things. 4 CO-CHAIRPERSON SCHULMAN: How many people have passed away from diabetes in 2023, and how does 5 that number compare to previous years if you have it? 6 7 COMMISSIONER VASAN: I'm happy to get you the epidemiological details. 8 9 CO-CHAIRPERSON SCHULMAN: And strategies you kind of went over. What is your current five-year 10 11 timeline to ensure that this goal is reached by 2030? 12 COMMISSIONER VASAN: We're very proud that 13 we're in the midst of, and we're approaching the end of, a citywide Chronic Disease Prevention Task Force, 14 15 which has convened all City agencies around our Healthy NYC goals, both for heart disease and 16 17 diabetes as well as for screenable cancers, because 18 we know the same risk factors are associated with the development of many diet-related and other related 19 cancers so we will be publishing a full strategy, but 20 21 it really focuses on the use of place-based 2.2 strategies, especially leaning into community health 23 workers, the saturation of high burden neighborhoods with evidence-based group interventions like the 24 25 diabetes prevention programs, added support and

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 42 1 connection to our Safety Net Primary Care Facilities, 2 3 partnering with H and H, but the many FQHCs and 4 safety net providers around our city, and making sure that we invest in health-related social needs and 5 nutrition security as well as addressing the 6 7 commercial determinants of health and really looking at the role that industry plays in shaping our diets, 8 9 our activity, and our exposure to unhealthy foods. CO-CHAIRPERSON SCHULMAN: Do you believe 10 that the goal is realistic for diabetes? 11 12 COMMISSIONER VASAN: I believe it is, yes. 13 CO-CHAIRPERSON SCHULMAN: Okay so, if so, what is your ultimate diabetes reduction goal past 14 15 2030? 16 COMMISSIONER VASAN: That's a great 17 question. As I said, we haven't set that goal out 18 beyond 2030. Obviously, we want to get that number as low as possible. What we want to show with this goal 19 of a 5 percent reduction is that we can actually act 20 21 in coordinated ways as a city. You know as well as I 2.2 that we are so siloed as a city, as a state, as a 23 country, and what we did is, this is not just the Department of Health's plan, this is the New York 24 25 City plan and the Administration's plan and the

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 43 1 2 cross-Administration plan to improve health because we need everyone pulling in the same direction, 3 whether it's our healthcare systems that the City 4 5 runs, healthcare systems that are private and nonprofit and academic, and also community organizations 6 7 as well as City agencies pulling in the same 8 direction. CO-CHAIRPERSON SCHULMAN: Last year, the 9 Council passed Local Law 52 of 2023, which would 10 11 require DOHMH to develop and implement a citywide 12 diabetes reduction plan. By April 1st, DOHMH should 13 have a plan to identify a goal percent and timeline for the reduction of diabetes cases, and I understand 14 15 this overlaps with Healthy NYC, and timeline for the reduction of diabetes cases include strategies that 16 17 the Department will use to reach these goals and post 18 those findings in a report on their website. What's the status of the report? 19 20 COMMISSIONER VASAN: We are analyzing that data now, and we are on track to finalize the 21 2.2 diabetes incidence and reduction plan, and the data 23 for this report is on track to be submitted in the coming weeks. 24

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2	CO-CHAIRPERSON SCHULMAN: It's like a
3	week. Just FYI.
4	COMMISSIONER VASAN: We're on track.
5	CO-CHAIRPERSON SCHULMAN: Okay. Have you
6	had any challenges in preparing the report?
7	COMMISSIONER VASAN: It's always
8	challenging in bringing together data in this city.
9	As I said, we are a siloed city, we have siloed data,
10	and that's why we built our Center for Population
11	Health Data Science to create a single data hub for
12	our city where we can bring together health, social
13	services, community, institutional data, and match
14	it, and then do citywide analytic. We've never had
15	anything like this. You'll all recall that during
16	COVID, like me, the first place I went to every
17	morning was the DOHMH webpage to look at the cases.
18	That was the result of data coming from every single
19	health facility, every single lab facility, even
20	community-based programs, and that was built on the
21	back of my staff working overtime, extra days, seven
22	days a week, 18-, 15-, 20-hour days. That's not
23	sustainable and, in an era of technological
24	advancement and AI and technology and advanced
25	informatics, we should not accept as a city that we

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 45 1 2 have these data silos, and so that's what we're 3 building with the center. 4 CO-CHAIRPERSON SCHULMAN: No, and I 5 appreciate that, and we're trying to do what we can to be helpful to you in that regard. 6 7 COMMISSIONER VASAN: We appreciate it very much. 8 9 CO-CHAIRPERSON SCHULMAN: How does the diabetes reduction plan relate to Healthy NYC's goal 10 11 to lower diabetes cases? 12 COMMISSIONER VASAN: Yeah, it's one and 13 the same. 14 CO-CHAIRPERSON SCHULMAN: Okay, great. So 15 I'm going to ask about Rest in Peace Debt, a couple 16 of questions, the medical debt relief program. As you 17 indicated in your testimony, on January 2, 2024, 18 DOHMH announced a medical debt relief program that would invest 18 million dollars over three years to 19 20 relieve 2 billion dollars of medical debt, and I just 21 want to make a comment that that's actually the 2.2 largest program in the country because other states 23 have announced programs and said, oh, they're wonderful and this and that and they're a fraction of 24 25 what this is so I want to commend you for that. This

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 46 1 is a one-time program that will launch soon and run 2 for three years. When will the program begin? 3 COMMISSIONER VASAN: We're in discussions 4 5 now with RIP Medical Debt to organize the program and to make sure that we have data access, and the 6 7 amazing thing that RIP Medical Debt does is really 8 bring together data that you have to have very 9 specific knowledge to understand. You need to understand actuarial tables and insurance data, and 10 11 they have it because it was an organization built by 12 two former insurance executives, and so they 13 understand hospital billing and payment really well so we're working with them closely to finalize the 14 15 details of that contract and we should be getting off the ground. 16 17 CO-CHAIRPERSON SCHULMAN: Can you tell us 18 what the eligibility criteria for the program is? 19 COMMISSIONER VASAN: Yeah, I'll get you 20 very specific information, but it is related to the 21 federal poverty line or the percentage of income that 2.2 debt represents in your household, but it does vary 23 by individual or family so I'll get you the details. CO-CHAIRPERSON SCHULMAN: Now, is this 24 funding housed under DOHMH, H and H? 25

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2	COMMISSIONER VASAN: Yes.
3	CO-CHAIRPERSON SCHULMAN: DOHMH?
4	COMMISSIONER VASAN: It's our funding.
5	CO-CHAIRPERSON SCHULMAN: I'm going to go
6	on to something else. DOHMH's headcount in the
7	Preliminary Plan for Fiscal Year 2025 is 196 less
8	than its headcount in Fiscal 2024 at adoption. The
9	program area with the largest difference in headcount
10	is disease prevention and treatment, which has 130
11	fewer full-time budgeted employees in Fiscal Year
12	2025 than it did in Fiscal Year 2024 at adoption.
13	DOH's overall headcount was impacted by a PEG
14	reduction of 18 positions in Fiscal Year 2024 and
15	2025 in the Preliminary Plan and 29 positions in
16	Fiscal 2024 and 2025 in the November Plan. Were there
17	any headcount reductions in the disease prevention
18	and treatment program area between Fiscal Years 2024
19	and 2025?
20	COMMISSIONER VASAN: Yeah, thanks for the
21	question. Just to be clear, that number 196 doesn't
22	account for grant lines
23	CO-CHAIRPERSON SCHULMAN: Okay.
24	COMMISSIONER VASAN: So many of those
25	positions are actually grant-funded but, as you know,

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 48 1 2 in the Prelim Budget, it doesn't represent federal 3 grants at this stage because of the Fiscal Year 4 cycles. 47 of those 196 were from the November and 5 January Plans which represents about 24 percent of the total vacancy reductions, not inclusive of 6 7 grants, of course. Those reductions, we took every 8 effort to ensure that they were spread throughout the agency so that one group didn't face a 9 disproportionate burden. 10 11 CO-CHAIRPERSON SCHULMAN: Yeah, you can 12 understand my concern that these disease prevention 13 and treatment is at the heart of Healthy NYC so we want to make sure that you have the positions that 14 15 you need to undertake the program. 16 COMMISSIONER VASAN: Thank you. 17 CO-CHAIRPERSON SCHULMAN: Sexual health 18 clinics. I understand recently a number of sexual 19 health clinics across the city have closed. How many 20 sexual health clinics have closed? 21 COMMISSIONER VASAN: Actually, we've re-2.2 opened several. We have eight sexual health clinics 23 across our city. Six of them are open, only two are closed, and we've been able to re-open them, and 24 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 49 1 2 we're working hard to get the final two re-opened as 3 well. 4 CO-CHAIRPERSON SCHULMAN: What are the 5 challenges there in re-opening them? COMMISSIONER VASAN: As you can imagine, 6 7 we face challenges with labor markets and salaries. 8 We face challenges with hiring, and we've had long-9 term challenges with our sustainability of our public health clinics, but they represent a critical part of 10 11 our public health infrastructure, and we are very 12 much committed to them. I know OMB is also very much 13 committed to them, and we're grateful for that partnership, and we continue to work on a long-term 14 15 plan for sustainability. CO-CHAIRPERSON SCHULMAN: Two questions I 16 17 have, which ones closed, and why did they close? 18 COMMISSIONER VASAN: They didn't close, just to be clear, they didn't recently close, they've 19 been closed. 20 21 CO-CHAIRPERSON SCHULMAN: Right, 2.2 understood. 23 COMMISSIONER VASAN: I believe it's Washington Heights and one other, but I'll get you 24 25 the details.

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2 CO-CHAIRPERSON SCHULMAN: Okay. I want to 3 ask a question that kind of has been asked in the 4 past about the public health library, if you recall that issue. The William Hallock Park Memorial Public 5 Health Library, located in Long Island City, had for 6 7 decades provided DOHMH epidemiologists and the public with access to peer reviewed medical and public 8 health journals, databases, books, and other research 9 materials on site and electronically as well as via 10 11 loans. Unfortunately, DOHMH closed this facility to 12 the public and canceled its medical journal and 13 database subscriptions last year citing budget cuts. At a time when our city is recovering from a global 14 15 pandemic, we should be prioritizing access to the 16 latest medical research to better inform the city's 17 public health strategies. Who ordered the closing, 18 and what is being done to sustain that level of 19 research?

20 COMMISSIONER VASAN: Yeah. As someone who 21 has an academic background or at least partly an 22 academic background and continues to maintain an 23 academic appointment, it's very important to me that 24 my staff have access to the latest academic research 25 in order to inform evidence-based public health

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 51 1 2 programs. We're very proud of the public health 3 library. I just want to be clear. It was never really 4 designed to be public-facing. It was designed to 5 really serve our staff and so, while we've had to make difficult decisions in the process of these 6 7 PEGs, we have taken pains to ensure that we maintain access to key research for our staff through other 8 means. I will say this, this is part of a broader 9 trend of the cost of journal access. We're seeing 10 11 even universities cancel journal subscriptions due to 12 rising costs of journal access, and it's becoming 13 somewhat unsustainable to continue to pay these higher and higher prices. In fact, over the time of 14 15 the existence of the public health laboratory, the budget has had to fund fewer and fewer journals 16 17 because the cost of each journal is going up, and so 18 we've been discussing at length with our academic partners in the city, particularly the academic 19 schools of public health, and we've really encouraged 20 21 them to step into this with us. They have access to 2.2 all of these journals, and we work already extremely 23 closely with them. We'd like to build on that partnership with them and to rebuild this service. 24

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1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 52
2	CO-CHAIRPERSON SCHULMAN: You mentioned
3	there were other means. What are the other means that
4	are being used to access the research.
5	COMMISSIONER VASAN: A lot of it is
6	finding resources to fund priority journals, to
7	essentially make choices, tough choices, but really
8	asking our staff what's most important to them in
9	terms of research access, and so we've tried to
10	maintain some of that and increasing our academic
11	partnerships. Many of our staff have voluntary zero-
12	salary appointments at academic institutions across
13	the city, and we're really leaning on our academic
14	partners who have a lot of resources to help us in
15	this effort.
16	CO-CHAIRPERSON SCHULMAN: Are DOHMH staff
17	paying out of pocket to access subscription-based
18	public health research?
19	COMMISSIONER VASAN: No.
20	CO-CHAIRPERSON SCHULMAN: Okay. What is
21	the cost of the health library on an annual basis?
22	COMMISSIONER VASAN: We're happy to get
23	you a budget number.
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1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 53
2	CO-CHAIRPERSON SCHULMAN: If you can get
3	me the budget number, because we can see if there's
4	anything that can be done on the Council end.
5	I have one other question before I hand
6	it over to Chair Lee, and I also want to acknowledge
7	we've been joined by Council Members Hanif, Zhuang,
8	Bottcher, and Marmorato.
9	DOHMH intends to award a contract to
10	Lifeguard Digital Health for the Lifeguard Light
11	Pilot Program which is a physical timer that can be
12	activated to self-monitor drug use. Residents can set
13	the timer for a couple of minutes at a time or
14	manually turn it off and if they don't respond to the
15	prompts, an alert will be sent to check on the
16	resident and alert 9-1-1. Can you provide additional
17	information on this program?
18	COMMISSIONER VASAN: Thanks for the
19	question. We haven't awarded anything yet. We're just
20	in early stages of exploration and procurement, but
21	you said it yourself, we are in an overdose crisis.
22	We're losing a New Yorker less than every three hours
23	to a fatal overdose. Those numbers continue to
24	increase quarter on quarter year on year, and I
25	struggle to understand why people are fighting

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 54 1 2 between different solutions when we are losing this 3 fight. We have to have an all-hands-on-deck approach. 4 We know that the vast majority of overdoses happen 5 alone in housing when people don't have access to help and they can't call for help so Lifequard is an 6 7 evidence-based program that has been used in Toronto 8 and British Columbia and we're piloting it here. We 9 are always open to trying innovative approaches to save lives because we are losing this fight. We don't 10 11 have time for petty arguments around which approach 12 is better, especially petty arguments that aren't 13 grounded in evidence, and I feel very strongly about 14 this issue because we spent too much time fighting 15 over which approach is better than another because of politics and because of, frankly, personal views on 16 17 stigma and discrimination against people who use 18 drugs. We need to save lives. People are dying, and I expect the Council and I hope the Council and 19 everyone else will band together and try to join us 20 21 in this fight, and we're going to try everything we 2.2 can. 23 CO-CHAIRPERSON SCHULMAN: Can you tell me what the funding source will be or are you still 24

25 working that out?

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 55 1 2 COMMISSIONER VASAN: We're still working 3 all the details out. 4 CO-CHAIRPERSON SCHULMAN: Okay, when you 5 have that, let us know too because obviously that 6 goes to the budget of the agency. 7 COMMISSIONER VASAN: Absolutely, yep. CO-CHAIRPERSON SCHULMAN: With that, I'm 8 9 going to turn it back over to Chair Lee. Thank you very much. 10 11 CO-CHAIRPERSON LEE: Thank you. I'll use 12 the same approach as Chair Schulman, where we start 13 easy and then do a little musical crescendo and then go back down, but I wanted to start off with a couple 14 15 of things related to what was addressed in the 16 Speaker's State of the City, which are the next stops 17 of the roadmap that we want to address. More 18 specifically, wanted to start off with youth mental 19 health services. There is a lack of focus on youth 20 mental health, and I think many parents, including 21 the ones I know at my sons' schools, they don't know the specific services that their children's schools 2.2 23 provide, and there are also concerns about schools receiving budget cuts which will force social workers 24 and clinicians to do additional jobs on top of their 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 56 1 regular duties which I know happens at my son's 2 school because they technically have a social worker 3 4 and guidance counselor but then, because of cuts there, they're moving them around within the school 5 so what is the current budget in the Fiscal 2025 6 Preliminary Plan for youth-specific mental health 7 services, and how does that number compare to the 8 9 budget during adoption? COMMISSIONER VASAN: Thank you for the 10 11 question. We're happy to get you specific budget details for that area of work. It is a priority for 12 13 us, and I'm sorry to hear that you believe that it isn't well understood. I will agree with you that 14 15 this is a hard area for all parents, I'm a parent, and I have had to seek mental health services for my 16 own children and it's really hard, and so I empathize 17 18 with everyone facing this challenge. We have made 19 this a priority in a few ways. Both within school and 20 outside of school and in partnership with the state, 21 we're very happy that five new school-based mental 2.2 health clinics were opened in 2023. There are another 23 25 pending and expected to be licensed, obviously licensing happens by the State. That is a big 24 25 expansion and we're grateful both to the Governor for

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 57 1 2 additional resources but, also, we've made a 3 commitment in this space as well, but we hear you and 4 we heard you on this issue and we've heard this issue for a long time that school administrators are saying 5 it's very challenging for us to do this on top of our 6 7 day jobs of teaching our children and keeping them safe, and that's why we built Teenspace. That's why 8 9 we built a self-empowered digital mental health platform in the palm of the hands of up to 400,000 10 11 New York City teenagers ages 13 to 17, at least 12 that's the universe of who can access it, and that 13 program allows them to self-direct their care, to normalize the act of asking for help, to actually 14 15 receive help when they ask, and to do that 16 independent of a teacher or an adult or anyone else 17 in between, to basically bring the front door of our 18 very complicated mental health system to the people who need it the most, our teenagers, our young 19 people, and so, as I mentioned in my remarks, we're 20 21 only five months in. We'll be putting out some 2.2 preliminary evaluation data in the coming months, but 23 we're so excited that it appears that not only thousands of students have signed up but that the 24 majority of them are coming from low-income 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 58 1 2 neighborhoods, from neighborhoods that are mental 3 health professional shortage areas, and they are 4 coming from our TRIE neighborhoods, the Task Force on Racial Inclusion and Equity neighborhoods, so we're 5 getting to the right, most vulnerable children in 6 7 addition to expanding access to all children if they 8 should choose it and so I ask everyone to really disseminate Teenspace, talk about Teenspace, empower 9 our young people to ask for help, and normalize it. 10 11 CO-CHAIRPERSON LEE: Thank you. To your 12 point about silos, which is also one of my pet peeves 13 in government is all the different silos that we have, thank you for that because I know that some 14 15 people may go to the DOE site first, some people may go to the DOHM website first so depending on that, 16 17 hopefully they'll be able to get to the same place in 18 terms of what services are available for their kids. 19 Speaking of Teenspace, can you go into a 20 little bit why, because I know that there's a ton of 21 non-profits that are also in this room and partners 2.2 that we have that do a lot of peer-to-peer services

as well as programs in schools, after school programs, and so just wondering what the rationale was in terms of how you chose Teenspace cause it is a

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 59
2	for-profit company and why not utilize also and
3	incorporate some of the community partners that we
4	have already here.
5	COMMISSIONER VASAN: It's not a choice
6	between one or the other. Teenspace is a very
7	specific intervention, and it's built by an
8	organization that has those very specific skills. Our
9	non-profits don't have those technological skills. I
10	ran a community-based mental health non-profit for
11	years prior to becoming Commissioner. We did not have
12	those skills and we were one of the better, stronger,
13	more well-resourced non-profits in our city. With
14	forgiveness from all of my non-profit brothers and
15	sisters, we just don't have those skills in
16	technology and innovation and digital health. We just
17	don't, but that doesn't mean we aren't also
18	partnering with our community-based providers, our
19	Article 31 clinics, all of those school-based mental
20	health centers that I described are run by community
21	providers. They're not all run by big health systems,
22	and so we believe strongly in a both/and approach.
23	It's not one or the other.
24	CO-CHAIRPERSON LEE: So are there
25	opportunities then for some of these non-profit folks

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 60 1 to get trained in making sure that they're aware of 2 3 Teenspace and how that connects with the work that 4 they're doing on the ground? COMMISSIONER VASAN: Yeah, the contractor, 5 the vendor has done a good job of marketing so far. 6 7 We will continue to market this everywhere and anywhere we can so that we increase enrollment. 8 9 CO-CHAIRPERSON LEE: Okay. COMMISSIONER VASAN: Including our non-10 11 profit. 12 CO-CHAIRPERSON LEE: Okay. The Mental 13 Health Continuum is a cross-agency partnership 14 between DOHMH, DOE, and H and H to provide mental 15 health support to students. What is DOHMH's current role in the Mental Health Continuum, and what is the 16 budget as well as how does DOHMH partner with DOE and 17 18 H and H to provide those services because I know 19 that's a huge, important program? 20 COMMISSIONER VASAN: Yeah, it's a big 21 question. We're happy to get you details on the 2.2 budget. I would say that the mental health continuum 23 is really focused on children with severe and extreme emotional disturbance and need and, as you can 24 imagine, those children need clinical care, or 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 61 psychiatric care, or at least advanced psychological care, and most of that is run by our health systems, H and H specifically in this program, and they take on the disproportionate share of that work in the mental health continuum.

7 CO-CHAIRPERSON LEE: Okay. Is there a focus, and this is one of my, and I know some of my 8 9 Colleagues share this priority about hiring bilingual clinicians or clinicians that speak multiple 10 11 languages, which I understand were at a dearth to 12 begin with, there's very few of them, we need more 13 and we need to build that pipeline, but the ones who are bilingual, what is the effort that's being made 14 15 to hire those clinicians and also which languages are 16 being prioritized and what languages are the most 17 challenging to hire for?

COMMISSIONER VASAN: We can get you 18 details on the languages. Language access is such a 19 huge issue. We are obviously committed to it as an 20 agency. We expanded language access during COVID to 21 2.2 beyond the sort of 33 recognized in New York City, 23 but it's a huge issue in mental health specifically. What we've tried to do is recognize there is such a 24 25 dearth of providers and really trying to expand

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 62 1 2 cultural competence. One of the ways we've done that is through our API-focused programs promoting mental 3 4 health in AANHPI communities where we've developed a curriculum to work with community providers and to 5 work with communities to break down stigma and 6 7 discrimination but to also increase cultural 8 competence, and language is a big portion of that, 9 and so we've partnered with 10 AANHPI-serving organizations around our city and it's a start. It's 10 11 not sufficient, but it's necessary, and we're just 12 getting started in that space. 13 CO-CHAIRPERSON LEE: Okay. Great. In the State of the City, Speaker Adams introduced peer-to-14 15 peer wellness groups for students which will include support from CUNY social work students. Has DOHMH 16 17 held conversations with DOE and CUNY on these 18 programs, and what is DOHMH's timeline to implement 19 wellness groups within the schools? 20 COMMISSIONER VASAN: Thank you for the 21 question. We're eager to learn more about that model 2.2 that the Speaker mentioned. We are very committed to 23 peer-based services. We implement peer-based services throughout our mental health programs, I ran an 24 25 organization that was built on peer-based services,

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 63 1 so we know how important our peer workforce is. We're 2 3 grateful that we're in a state, one of the few states, that actually has recognized State-licensed 4 peer clinicians, and so we're committed to doing this 5 6 and eager to learn more about what the Speaker has in 7 mind. 8 CO-CHAIRPERSON LEE: Okay. In the State of 9 the State, Governor Hochul announced the funding of a school-based mental health clinic in any school that 10 11 desires one. Have you held any conversations with the 12 State on when the City will receive these school-13 based mental health clinics, and when do you believe the funding for these programs will be reflected in 14 15 the City's budget? COMMISSIONER VASAN: Thank you for the 16 17 question. I can defer on the budget questions, but we 18 are seeing it in the numbers. Five new clinics opened in last Calendar Year alone and 25 are pending, so 19 the money is flowing. We're in close partnership with 20 21 the State. We're very excited about this expansion. 2.2 CO-CHAIRPERSON LEE: Okay, and then moving 23 on to maternal mental health, just a few questions. Maternal mortality and morbidity are pressing 24

concerns in the city, but one aspect of this issue

25

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 64
2	that often is not discussed as much is maternal
3	mental health. The Fiscal 2025 budget added 1.9
4	million for maternal mental health services,
5	including doula services, which is great to see that,
6	and what is DOHMH's total budget for maternal mental
7	health and what specific maternal mental health
8	programs is DOHMH going to offer?
9	COMMISSIONER VASAN: Thanks for the
10	question. Our maternal mental health work is spread
11	across multiple divisions. We don't organize it in
12	one division, and so we're happy to get back to you
13	with some estimates there, but it's a massive issue.
14	Suicide and overdose remain the leading causes of
15	death for pregnant and postpartum women in New York
16	City. Of course, that affects women of color at
17	higher rates who also experience higher rates of
18	postpartum depression and lower rates of access to
19	care after pregnancy so our perinatal mental health
20	initiative supports training and capacity for Health
21	Department teams who serve pregnant and birthing
22	women such as doulas, nurses, home visitors, and
23	social workers. We have a very robust home visiting
24	program through our nurse family partnership, our
25	newborn home visiting program, our new family home

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 65 1 visiting program, all of which are intended to really 2 3 serve women in that critical period, that first year after delivering, and so that's a lot of our focus. 4 5 Happy to get you more details, but it remains a big 6 issue. 7 CO-CHAIRPERSON LEE: Okay. Yes, and if you could get specific numbers, if you have them now, 8 9 great, if not, about the budget for the doulas and also how many doulas currently are working for DOHMH. 10 11 COMMISSIONER VASAN: I'll kick it to my 12 CFO, Aaron Anderson, for any details he can provide. CHIEF FINANCIAL OFFICER ANDERSON: Good 13 morning. Just give me one second. The current budget 14 15 for doulas is a 4.5 million dollars. CO-CHAIRPERSON LEE: And do you know how 16 17 many that equates to in terms of numbers of people? 18 CHIEF FINANCIAL OFFICER ANDERSON: I think 19 we'll have to get back to you on the specific number 20 of folks. 21 CO-CHAIRPERSON LEE: Okay. Yes, please. 2.2 Okay, great. 23 Next, I just wanted to quickly go to workforce retention, which we know is a big problem 24 25 across all of our agencies and sectors so right now

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 66 1 2 there are currently, if I'm not mistaken, correct me 3 if I'm wrong, 183 vacancies for mental health 4 employees at DOHMH. What is your current retention 5 rate with the mental-health-focused employees, and what are some of the reasons or challenges that 6 7 you're facing in terms of the retention issues? 8 COMMISSIONER VASAN: We have an overall 9 vacancy rate. We don't really calculate it out separately for mental health. We have an overall 10 11 vacancy rate of 10 percent. That's down from past 12 years. We were 12 percent last year and, 13 encouragingly, for the first time in four years, we 14 have more onboards than separations from the agency. 15 That's a big change. We saw a massive turnover over 16 the last four years with the public health emergency, 17 with federal grants expiring, with, frankly, trauma, 18 low morale, and issues around equity and pay and telework. The telework has been a big step forward. 19 Grateful to our partners in labor and our office of 20 21 labor relations and others, DCAS, for negotiating a 2.2 telework option because that's been massive in terms 23 of retention. We are now in step and in line with the rest of the labor market, and so that's been a big 24 25 deal. We do everything we can to retain workers,

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 67 1 particularly in mental health. I think my focus and 2 3 the Agency's focus on mental health has actually been 4 really good in terms of attracting new talent into our mental health work. There's always more work to 5 do. I'm very proud of the investments that we made 6 7 into worksite wellness. One of the first things I did when I arrived more than two years ago was expand the 8 budget of work site wellness offerings, knowing that, 9 of course, each initiative is just one offering, but 10 11 we had to expand the kinds of offerings, whether it's 12 meditation programs, wellness programs, connections 13 into mental healthcare as well as we worked very closely with our OLR to really look at our mental 14 15 health benefits within the plans that we were 16 negotiating as a city. We're trying to prioritize 17 mental healthcare for our workforce, but also 18 prioritize the offerings we make in-house for our 19 staff. 20 CO-CHAIRPERSON LEE: Thank you, and if you could actually give us a breakdown later of that 10 21 2.2 percent overall, that would be great in terms of the 23 mental health versus other staff. Thank you for that. Also, did you provide COLAs to the mental 24 25 health employees? Is that also part of the budget?

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 68 1 2 COMMISSIONER VASAN: I can kick it to 3 Aaron for more specifics, but the COLAs I believe 4 were focused on the human service sector, which are 5 contracted vendors for a lot of DOHMH programs, and that's a great thing. We are very supportive of what 6 7 the Mayor and the Speaker and the Budget Director did to expand that. I'll kick it to Aaron for any more 8 9 details. CHIEF FINANCIAL OFFICER ANDERSON: Yeah, 10 11 nothing more to add, but we're absolutely thrilled 12 about the new announcement (INAUDIBLE) 13 CO-CHAIRPERSON LEE: Great. I had a couple of questions around B-HEARD. I don't know if we're at 14 15 quorum right now, but I know that some of our other 16 Council Members later also have questions about this. 17 I'm just going to go ahead and ask questions, a few, on B-HEARD, and I know that this is an interesting 18 program because it does involve so many different 19 20 agencies. It is a collaborative effort by DOHMH, 21 FDNY, NYPD, H and H, and OCMH to address mental 2.2 health emergencies. B-HEARD responds to emergency 9-23 1-1 calls with two EMTs and one mental health professional from H and H so what is DOHMH's direct 24 25 role with B-HEARD?

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 69
2	COMMISSIONER VASAN: We are very
3	supportive of B-HEARD. Both professionally,
4	personally, and otherwise as an institution, we are
5	very supportive of health-first responses to mental
6	health crisis. As of today, we don't have a role in
7	B-HEARD so I would direct your questions to OCMH who
8	oversees the program and the agencies directly
9	involved. We do not have a direct role.
10	CO-CHAIRPERSON LEE: Okay. Does B-HEARD
11	have Medicaid reimbursement that you know of?
12	COMMISSIONER VASAN: I'll just direct you
13	to OCMH and others to answer.
14	CO-CHAIRPERSON LEE: Okay, so can you
15	answer any questions about the B-HEARD program?
16	COMMISSIONER VASAN: We do not have a
17	direct role in B-HEARD in any way.
18	CO-CHAIRPERSON LEE: Okay. Interesting.
19	Okay. I'm going to come back to this actually. Okay,
20	I just want to note for the record that this is a
21	hearing we've been requesting for a while for B-HEARD
22	so hopefully it is something that we'll be able to
23	get on the calendar very soon. Just want to make a
24	note of that.
25	

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 70 Okay. Next, I wanted to actually go into guestions about Clubhouse, and I'm going to go a

4 little off script here because this actually worked out timing-wise where I had a site visit planned at 5 one of the smaller Clubhouse that was on the books 6 7 for yesterday, and it was Lifelinks, which is 8 actually located in Elmhurst Hospital, actually, 9 which is great because they have an inpatient psych unit. They have all supportive services within the 10 11 hospital setting. I had the opportunity to go there 12 yesterday with Council Member Krishnan, since it's in 13 his District in Elmhurst, and this public hospital serves over one million residents across Queens and, 14 15 as we all know, Elmhurst Hospital was the epicenter 16 of the epicenter when it came to COVID, and the 17 reason why I'm going off script a little bit is 18 because I have to admit I got in tears and very emotional yesterday listening to some of the stories 19 20 of people who go to these Clubhouse and their family 21 members, and some of the stories that we heard that 2.2 were very hard-hitting was a father who was there 23 speaking on behalf of his son who died two months earlier that loved the Clubhouse and said his son 24 would have lost his life sooner if it were not for 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 71 1 the Clubhouse. There was a man who was suicidal that 2 3 was there showing us his scars and how important this 4 Clubhouse meant to him in terms of his daily struggle with mental illnesses and his recovery. A number of 5 individuals there were there with several social 6 7 anxiety disorders. There was a son there actually, 8 which was amazing for me to see personally, of Asian descent where his parents were with him to support 9 him so they actually come with him and take time off 10 11 from work to support their son at this Clubhouse, and 12 they were crying because they were so grateful, and 13 some of the things that they urged us was that 14 nationally I think the average daily attendance of 15 Clubhouse across the nation is about 100 people, and 16 they felt very strongly that the smaller Clubhouse setting for them, especially those dealing with 17 18 social anxiety disorders, was so important, and the new RFP that came out, the minimum number that is 19 20 required is 300, and so they're worried that their Clubhouse will not be able to exist because of this 21 2.2 minimum requirement, and so I think my series of 23 questions that I wanted to ask, if you could just simply respond with yes or no, that'd be great, and I 24 25 just wanted to ask a series of questions. After

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 72 1 2 hearing some of the stories and hearing some of the 3 essence of their stories that tell you how much these 4 programs matter and how they feel seen, do you believe that small Clubhouse have a role to play in 5 our mental health system? Yes or no? 6 7 COMMISSIONER VASAN: I'm sorry, but I'm not going to answer your questions as yes or no. 8 9 CO-CHAIRPERSON LEE: If you could answer 10 just yes or no, that'd be great. 11 COMMISSIONER VASAN: These are not yes or 12 no... 13 CO-CHAIRPERSON LEE: These are very simple 14 questions that are yes or no. If you believe that 15 smaller Clubhouse have a role to play in our mental 16 health system? COMMISSIONER VASAN: I believe that 17 18 everyone with serious mental illness who is in need of a powerful rehabilitative effects of a community 19 20 deserves access to a ... 21 CO-CHAIRPERSON LEE: Okay, so I'm assuming 2.2 that's a yes. Do you believe that individuals with 23 social anxiety disorder will feel comfortable in Clubhouse that are much larger? Yes or no? 24 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 73 1 2 COMMISSIONER VASAN: I'm not going to 3 comment. I don't have a comment. CO-CHAIRPERSON LEE: Okay, because that's 4 5 what some of the folks were telling us yesterday. From a narrative perspective, that's what these 6 7 people are telling us, and is it your belief that these individuals will matter and will feel seen in 8 9 Clubhouse that are far bigger than where they are 10 now? 11 COMMISSIONER VASAN: Our goal is to make 12 sure everyone feels that they matter. 13 CO-CHAIRPERSON LEE: Yes or no. Okay. Do you believe removing a Clubhouse from a public 14 15 hospital like Elmhurst, the epicenter of the COVID pandemic nationally, will improve the mental health 16 17 and well-being of those who visit the hospital and 18 this program? Yes or no. 19 COMMISSIONER VASAN: I think that 20 expanding access to the Clubhouse model remains my 21 goal, our goal. This model hasn't been expanded in 35 2.2 years. 23 CO-CHAIRPERSON LEE: Okay, so then to that point, let me ask, if we're talking about expansion, 24 25 why can we not expand on top of what is already

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 74 1 existing as well as slowly trying to push people 2 3 towards different models, because I think there's something to be lost, because we're not talking 4 5 about, as you said, we're talking about individual people, we're talking about someone who is a human, 6 7 as a whole person, they are not a number, they are not dollar signs, and this is something that we need 8 9 to make sure that we're addressing so I understand that in the budget, maybe there's efficiency purposes 10 11 or something that is there, but I refuse to support a 12 notion that some of the smaller groups are not 13 effective and impactful in the community because, as someone who came from the non-profit sector for 20 14 15 years that ran social service agencies as well, I will say that some of the groups that we worked with 16 17 are smaller non-profits that have linguistic, 18 cultural-specific skills, and they are having a huge impact on the community because of their reach into 19 20 specific niche populations, and so my last and last 21 final question, which hopefully will be an easy yes 2.2 or no, is will you join me in a visit to the Elmhurst 23 Hospital Lifelinks Clubhouse and hear directly from the patients and the clients themselves? 24

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 75
2	COMMISSIONER VASAN: Happy to talk about
3	that with you.
4	CO-CHAIRPERSON LEE: Okay. Thank you.
5	Okay, so going to the questions now around more
6	details about how the RFP was drafted. Were you able
7	to consult the Council's Mental Health Roadmap to
8	ensure that the changes and services recommended
9	within this RFP were in line with the Roadmap's
10	priorities because what we had said during our
11	Roadmap is we want to add five more Clubhouse, but
12	that was under the former RFP, which had the minimums
13	of Clubhouse attendance much lower. I guess my
14	question is did you consult with the Council's Mental
15	Health Roadmap to ensure that these changes were
16	taken into consideration?
17	COMMISSIONER VASAN: As you know, we
18	launched a Mental Health Plan last year, which
19	committed to expanding access to Clubhouse for the
20	first time in 30-plus years, and so that's our focus.
21	We, of course, are aware of the Council's priority on
22	this. Ultimately, the proof is in the pudding, which
23	is are New Yorkers with serious mental illness
24	actually getting access to this model? One of the
25	things that I've struggled with in working in this

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 76 1 space directly and watching people's, for every story 2 3 you've just told, I've heard 10 more in this very 4 same model of care, visiting every single Clubhouse around the city, and the hardest thing for me to 5 accept is that we unintentionally constrain access to 6 7 this life-saving model, as a loved one of family members who died from serious mental illness, who 8 growing up with people in my culture and in my family 9 with serious mental illness, they never had access to 10 11 a Clubhouse and they would have been saved, and so my 12 sole goal is to ensure that this model is available 13 to everyone and anyone who needs it and wants it and, in order to do that, we need to start organizing 14 15 ourselves a little bit more smartly, better, and 16 collecting data on impact. It really matters. I know 17 it's about people, but we have to hold ourselves 18 accountable. That's good governance. It's not just about the single person's story. It's about many 19 20 people's stories. 21 CO-CHAIRPERSON LEE: I agree. 2.2 COMMISSIONER VASAN: And the fact that for 23 every story you're telling, there are tens of thousands of people who don't have access to a 24 Clubhouse because of decisions you've made, we've 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 77 1 2 made, this City has made to constrain access to this 3 model. 4 CO-CHAIRPERSON LEE: So then my question. 5 COMMISSIONER VASAN: We've got to get sharper and smarter about this. 6 7 CO-CHAIRPERSON LEE: Okay, so then my question though to your point that you're bringing up 8 is, when you're talking about access, why is it that 9 the total number now is less or decreasing versus the 10 11 previous one, and also, when we're talking about 12 access, I would think that we would want to expand 13 these programs in different community groups, in different neighborhoods across New York City, because 14 15 right now the neighborhoods around the city are 16 decreasing and so I'm just wondering if there are 17 communities in the city, how the numbers, if they're 18 decreasing, how is that increasing access. And also, my second question is around the RFP, right, because 19 if you're talking about, yes, I agree, metrics, 20 21 dollar amounts, they're all important, right, but my 2.2 question is were those metrics applied to and asked 23 of community groups previously that were contracted with, so in other words if you're only asking for the 24 25 daily average attendance, that's what they're going

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 78 1 to give you, right, but if you challenge them and ask 2 3 them for other metrics, I guarantee you all these 4 non-profit groups and community groups and Clubhouse will be able to provide that. I want to know how 5 deeply and, this goes to my next question, is how 6 7 deeply were the non-profits and the community groups consulted in this RFP process? 8 9 COMMISSIONER VASAN: I can't really comment on the RFP, right? It's an open RFP. We're at 10 11 the final stages. 12 CO-CHAIRPERSON LEE: But it is an RFP that 13 you drafted, correct? 14 COMMISSIONER VASAN: I certainly did not 15 personally draft this RFP. 16 CO-CHAIRPERSON LEE: Your Department 17 drafted it, yes. 18 COMMISSIONER VASAN: But our Department 19 drafted it and, yes, we've been working with 20 Clubhouse, funding Clubhouse, for 40-plus years or 21 more, and so we're intimately familiar with this 2.2 model. We convened the Clubhouse Coalition, which is 23 a coalition of all the providers. We've heard these challenges and complaints for years, and ... 24 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 79 1 2 CO-CHAIRPERSON LEE: Can you go more 3 specifically into the challenges and complaints that 4 you're talking about? COMMISSIONER VASAN: We have convened the 5 Clubhouse Coalition of every single contracted 6 7 Clubhouse provider for more than 20 years, and we consult with them on a regular basis and so, from 8 9 that, we glean a lot of data, a lot of information around their challenges. One of the core issues here 10 11 is how do you compare the rehabilitative quality, 12 which is really an important point of a program that 13 has three staff and 25 people attending with a program that has more staff and the ability to offer 14 15 more rehabilitative services. This isn't about just bringing people to a site and then letting them hang 16 17 out. This is about active rehabilitative services, 18 and it's about active engagement. I know this model very well, Council Member. You cannot tell me, and 19 20 the data doesn't bear it out either in New York City 21 or elsewhere, that outcomes are comparable between 2.2 programs. You have to offer the right levels of 23 rehabilitative service and quality in order to get the outcomes we want. I'm going to kick it over to 24 25 our Executive Deputy Commissioner ...

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 80 1 2 CO-CHAIRPERSON LEE: Okay, but before, I'm 3 sorry, before we move on. Just to your point, you're saying if there's a staff of three and of 25. In the 4 5 previous RFPs, were there not requirements of what services they need to offer, and also, I will say 6 7 that, to your point, each program, each individual is 8 different, right, so maybe I don't need the extreme set of rehabilitative services that a group of 500 9 members in a Clubhouse would have, right, and so my 10 11 question is, to your point earlier, why does it have to be 'or'? It could be 'and', right? So is there a 12 13 place, and this is going back to my one of my original questions is that I do believe there is a 14 15 place for smaller Clubhouse in smaller settings that 16 still provide quality services, and this is the 17 notion that I'm trying to get at is the underlying 18 notion that I'm hearing is that the smaller Clubhouse, if you're 25, 50, 100, in my opinion, it 19 doesn't matter. If I'm getting help at this Clubhouse 20 and I feel heard and I feel seen, how are you to tell 21 2.2 me that is not having an impact on my mental health 23 recovery? COMMISSIONER VASAN: I'm going to kick it 24 25 to Deepa for more.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 81 1 2 EXECUTIVE DEPUTY COMMISSIONER AVULA: 3 Deepa Avula, Executive Deputy Commissioner for Mental 4 Hygiene. 5 COMMITTEE COUNSEL PEPE: Sorry, Executive Deputy Commissioner, could you please raise your 6 7 right hand? 8 Do you swear to tell the truth, the whole 9 truth, and to respond honestly to Council Member questions? 10 11 EXECUTIVE DEPUTY COMMISSIONER AVULA: Yes. 12 COMMITTEE COUNSEL PEPE: You may proceed. 13 EXECUTIVE DEPUTY COMMISSIONER AVULA: Thank you. Council Member, thank you for your 14 15 questions. I wanted to address a couple of things 16 about the RFP and the process because, obviously, our 17 Commissioner is not involved in the details of 18 developing that and working with stakeholders. One of 19 the things that we are required to do when we put out 20 an RFP is we are first required to put out a concept 21 paper. That concept paper was actually much more 2.2 ambitious than what we ultimately landed in the RFP. 23 Based on feedback from providers, so there's a public comment period, the providers can comment, members of 24 the public can comment, anybody can comment during 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 82 1 2 that period. Those comments were very carefully 3 reviewed, and edits and course corrections were made in our RFP development. Once the RFP, itself, was 4 posted, we then do conference calls and webinars with 5 potential applicants, with again members of the 6 public, anybody can join these calls. Based on 7 feedback from those calls, the RFP was further 8 9 edited. A couple of the edits that were made were things like people thought our calculation on average 10 11 daily attendance was too rigorous. We pulled it back. 12 We wanted originally 40 percent of active membership. 13 It's now 30 percent. We wanted people to reach their active membership target in a shorter period of time. 14 15 We said originally 6 to 10 months. We extended that 16 time period for a ramp-up period of two years based 17 on the feedback that we got from providers. People 18 said you haven't given us long enough time to apply for this, we need to extend the deadline. We extended 19 the deadline. I wanted to make sure that feedback 20 21 that was received by providers, by potential 2.2 applicants throughout the process was incorporated to 23 the greatest extent that we could while still being held to the rigor that we ultimately wanted for this 24 25 population in this model.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 83 2 CO-CHAIRPERSON LEE: Okay, so I just want 3 to clarify that the amendments mostly that were made were to increase the tiers of the number of the 4 5 Clubhouse and so, again, my question is, because what we've heard from the community groups on the ground 6 7 is something very different than what you're describing and what they urge us to urge you on is 8 the fact that they needed the numbers to be lower 9 than 300 because, as I mentioned earlier, the 10 11 national average of Clubhouse attendance is about 100 12 so my question is, and I would love to see which 13 groups commented, who gave feedback on what, because what I'm hearing is very different, and I'm just 14 15 telling you from a person who has been on the ground 16 talking to a lot of these advocates, and I get that 17 you come and I understand that we're all agreeing to 18 the same holistic goal that this program is important. We don't want to let it see it die, but 19 20 coming from a smaller non-profit I feel very 21 passionately about this issue, not just about 2.2 Clubhouse but the way that our City sees these 23 smaller agencies that have a huge impact in the communities that they serve and, just because they're 24

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 84 2 not meeting all these perfect metrics, doesn't mean 3 that the work they're doing is not valued. EXECUTIVE DEPUTY COMMISSIONER AVULA: 4 5 Sure. No, and we understand that, and I don't think 6 anybody is saying that services are not valuable. I 7 think we, as public stewards, also have to make sure that the services are as high quality and evidence-8 based and rigorous as possible and also really carry 9 the fidelity to the Clubhouse model and the standards 10 11 so, as you note, if 100 is the average across 12 national Clubhouse, we have an active membership is 13 300, that's our requirement. Average daily attendance is 30 percent of that number so it's actually 90 14 15 people so the standards that we've put out are very 16 doable based on even the information you're sharing 17 so one of the things that we have really tried to do 18 because we care so deeply about individuals with serious mental illness and because we want them to 19 get the best care possible, we had to put some 20 21 standards to ensure that we were meeting the needs, 2.2 right? There are 240,000 people with serious mental 23 illness in our city. Only 5,000 of them currently access Clubhouse services. 24

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 85 1 2 CO-CHAIRPERSON LEE: So that goes to my 3 last question on this topic, and I'll move on to 4 something else, but the law that we had, Local Law 119 of 2023, which was something that came out from 5 the Council's Roadmap, it required the Mayor's Office 6 7 to establish an additional five Clubhouse in the city 8 on top of the ones that were currently there so do 9 you think that you can do that and that you will reach that goal, and my question is, to your point, I 10 11 know some Clubhouse that actually did not apply 12 because they didn't meet that minimum number, and so 13 the question is, the messaging obviously didn't get reached to all the groups that were current and 14 15 previous Clubhouse providers, and so my question is 16 what is also then going to be the next steps to make 17 sure that they're still included into the mix. 18 EXECUTIVE DEPUTY COMMISSIONER AVULA: So again, right now we're in the middle of the sort of 19 20 active review process. Once we know where the final awardee pool will land, we will then reach out to all 21 2.2 of the applicants, whether or not they received an 23 award, they will hear from us, and we will work with individual applicants who either did not receive an 24

award or did not apply for one to ensure that there's

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 86
2	proper either transition of their membership or that
3	there's linkages that we can help support, but we
4	don't have specific answers to that right now because
5	we just don't know where the ultimate pool will land.
6	CO-CHAIRPERSON LEE: Okay, I just had a
7	few followup questions on B-HEARD. I know that it's
8	mostly sitting with OCMH, although it's interesting
9	because when we've asked them about it, they tend to
10	defer to other City agencies. Does DOHMH plan to
11	liaise with OCMH in the near future to oversee the
12	coordination of B-HEARD?
13	COMMISSIONER VASAN: We don't have that
14	sort of inroads into that program. We don't control
15	B-HEARD's budget. We don't see anything about B-HEARD
16	operations because we don't have an active role in
17	the program.
18	CO-CHAIRPERSON LEE: But the DOHMH website
19	says that you guys are involved with B-HEARD, so I
20	think this is where a lot of the confusion is right
21	now because the website says that you guys are
22	involved and, according to everything that we're
23	seeing, there is a role for DOHMH, so I'm just
24	curious to know how deep or wide is that role?
25	

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 87
2	EXECUTIVE DEPUTY COMMISSIONER AVULA: Just
3	to clarify, so we have no involvement at all in the
4	administration or management of B-HEARD. Our teams
5	cross refer so we refer to one another so B-HEARD may
6	refer to our co-response team, we may refer to them.
7	We have involvement in other crisis teams but, as for
8	the management and administration of the B-HEARD
9	program, DOHMH has no involvement in that.
10	CO-CHAIRPERSON LEE: Okay, do you believe
11	that a peer-led workforce could aid in mental health
12	non-police crisis responses?
13	COMMISSIONER VASAN: Yes.
14	CO-CHAIRPERSON LEE: Okay. Thank you for
15	saying that for the record.
16	The last question I'll ask before I hand
17	it off to my Colleagues is just one question around
18	supportive housing programs, and I wanted to talk
19	specific about supportive housing, but I'll focus
20	specifically on the New York City 15/15 program. This
21	program was launched in 2015 with the goal of
22	constructing 15,000 units of supportive housing over
23	15 years. Halfway through that time frame though,
24	which we're in, we're not keeping pace with the goal
25	so I understand that DOHMH, HRA, and HPD are

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 88 1 2 currently in conversations with OMB about the future 3 of the program and how to restructure it so do you 4 have any information or updates to provide on the restructuring of the New York City 15/15? 5 COMMISSIONER VASAN: Thanks for the 6 7 question. We can't comment specifically on any restructuring, but I can tell you our role and what 8 we have done recently. We focus our work on the 9 services. We run the service contracts associated 10 11 with supportive housing sites so we focus entirely on 12 what are the supportive services, clinical services 13 and otherwise, that people who are in supportive housing get so we're not really involved in the units 14 15 or the construction or that piece of it. That, as you 16 said, is our partners at HRA and DSS. There are currently a total of about 12,000 supportive housing 17 18 units in New York. 76 percent of those are 19 congregate, and 24 percent are scattered site. In 20 FY23, we opened 724 new units for people experiencing 21 homelessness, mental illness, and substance use disorder. 2.2 23 CO-CHAIRPERSON LEE: Okay. One more question, sorry, about opioid settlement funding. I'm 24

25 curious to know what you all know, because we're not

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 89 1 seeing a lot around this or we're not given a lot of 2 3 information, but I know the State has reached 4 multiple settlement agreements from the opioid manufacturers and distributors and, according to the 5 State Fiscal 2025 Executive Budget, the State expects 6 7 to receive more than 2 billion dollars through 2040, 2 billion dollars, I just want to say that again. 8 9 DOHMH has 14.6 million, OCME has 800,000, and H and H has 14.6 million in opioid settlement funds so if you 10 11 could explain a little bit more about how you've spent the settlement funds up to date and is there 12 13 collaboration with OCME and H and H on the opioid settlement funding? 14 15 COMMISSIONER VASAN: Yeah, thank you. 16 There is collaboration on the funding. We have set 17 out a target of reducing fatal overdoses by 2030 by 18 25 percent. In order to get there, as I said 19 passionately in a previous response, we're going to 20 need every tool in our toolkit to get there. We can't 21 take anything off the table. We have been allocated 2.2 one tranche of the opioid settlement funds, and the 23 numbers you stated I believe are accurate. That tranche awarded in June 2022 was used to both extend 24 25 and expand wraparound services and hours of operation

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 90
2	at our two existing overdose prevention centers.
3	Because we know they're saving lives and interrupting
4	overdoses, we heard very clearly that people wanted
5	those to be open for expanded hours, weekend hours,
6	after hours, and to offer a wider suite of services.
7	We recently announced that an additional 3 million
8	dollars per year would go to Staten Island providers,
9	and we're in current discussions with OMB around the
10	use of any subsequent tranches of funding.
11	CO-CHAIRPERSON LEE: Okay. Thank you, and
12	is there any talk of anticipating receiving more
13	funds in the near future?
14	COMMISSIONER VASAN: I believe we
15	anticipate receiving more funds, and we are in
16	discussions with OMB about how those will be used,
17	but we are working in a unified way towards that goal
18	of 25 percent reduction by 2030.
19	CO-CHAIRPERSON LEE: Okay, great.
20	CO-CHAIRPERSON SCHULMAN: Commissioner, I
21	just want to ask a couple of more questions and then
22	we're going to give it over to our Colleagues. One is
23	people that have contracted COVID-19 are susceptible
24	to developing long COVID in which they have the same
25	symptoms that they had when they first tested

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 91 1 positive for weeks or even months after they tested 2 3 negative. How many cases are there of long COVID, I'm 4 going to ask these in a row so that we can go through these, and what parts of the city is long COVID most 5 prevalent, and the city received funding for COVID-19 6 7 prevention and treatment services. Was any of this funding allocated to treating long COVID? 8 9 COMMISSIONER VASAN: Thanks for the question. I think we're actually really early in our 10 11 understanding of what long COVID is. We know it's 12 real but, because COVID is such a new virus, the 13 actual case definition of what is long COVID is changing rapidly. We are very grateful to our 14 15 partners at H and H for standing up some long COVID 16 standards of excellence where people can get their 17 concerns heard and to get care in specialized centers 18 that focus entirely on long COVID, but one of the 19 things we need to do in our job at the Health 20 Department is to really advance understanding about 21 this illness, and so we're very proud to have 2.2 announced a new long-term observational research 23 study, a long COVID cohort study, built similarly to how we do the World Trade Center registry. We're 24 25 going to be building a long COVID cohort study to

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 92 2 really study what are the long-term impacts of long 3 COVID on health and to come to some clear 4 understanding of what is long COVID, what is that case definition and what's included, what's excluded, 5 and how it's impacting New Yorkers so once we have 6 7 that study up and running, which is federally funded, not city funded, we will be able to provide clear 8 9 answers on who has and who doesn't have long COVID. CO-CHAIRPERSON SCHULMAN: Okay, so I want 10 11 to ask a couple of questions on the animal care 12 centers, which we haven't asked about. DOHMH's 13 Preliminary Fiscal 2024 to 2028 Capital Commitment Plan includes 521.8 million dollars for various 14 15 capital projects. What are the major capital needs 16 for public health? 17 COMMISSIONER VASAN: We're very excited 18 for the new animal shelters that we're constructing, 19 particularly the one in Queens which we're very grateful that is going to be renamed after your late 20 21 Colleague, our late Colleague, Paul Vallone. I'll 2.2 kick it to my colleague, our CFO, for any details on 23 the capital expense. CHIEF FINANCIAL OFFICER ANDERSON: Yeah, 24 25 thanks for the question. There's about 164 million

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 93 1 2 dollars budgeted for various animal care center 3 projects going on. We're delighted to say that the 4 Queens shelter is opening this year and the Bronx shelter is under construction and we expect 5 substantial completion to occur next year. 6 7 CO-CHAIRPERSON SCHULMAN: Okay. What is the current operating budget for ACC's broken down by 8 9 location? If you don't have that, you can send it to 10 us. COMMISSIONER VASAN: Yeah. The total is 34 11 12 million dollars in FY25. We'll get you the details. 13 CO-CHAIRPERSON SCHULMAN: Please, and are there any new capital projects for ACC's or just 14 15 basically what you spoke about? 16 COMMISSIONER VASAN: Yeah, the 17 continuation of all the existing. 18 CO-CHAIRPERSON SCHULMAN: Okay, and my last question is about Legionnaires disease. I know 19 that there have been several cases in and around the 20 city recently. As you know, Legionnaires is a rare 21 2.2 form of pneumonia caused by Legionella bacteria, 23 which is found in freshwater environments. How many cases of Legionnaires have there been in the past 24 25 year?

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 94 1 2 COMMISSIONER VASAN: Every year, we have 3 about 300 to 500 cases per year. It's a seasonal 4 illness in some ways because it's associated with 5 water tanks, water cooling systems, which are in greater use, of course, during hotter weather. It's a 6 7 very low risk for the general public, but people who are more susceptible are people over age 55 and those 8 9 who have underlying chronic conditions. We have a very robust surveillance system. We work very closely 10 11 with landlords, building owners, and operators to do that surveillance and to monitor for cases and also 12 13 to track for community clusters and to do building level investigations. 14 15 CO-CHAIRPERSON SCHULMAN: Can you tell us how many building evaluations has DOHMH conducted due 16 17 to confirmed cases of Legionella? 18 COMMISSIONER VASAN: We're happy to get back to you with details. 19 20 CO-CHAIRPERSON SCHULMAN: Okay, and how often do building owners need to test for it? 21 2.2 COMMISSIONER VASAN: Happy to get back to 23 you with that. There's a routine protocol. We'll send you what is the percentage of building owners that 24 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 95 1 are up-to-date with their inspections, but how does 2 3 DOHMH ensure compliance? That you can answer, right? 4 COMMISSIONER VASAN: We do it through 5 routine inspection, reporting. I'm happy to kick it to my Deputy Commissioner of Environmental Health, 6 7 Corinee Schiff, for more details. 8 CO-CHAIRPERSON SCHULMAN: OK, thank you. 9 She has to be sworn in. COMMITTEE COUNSEL PEPE: Please raise your 10 11 right hand. Do you swear to tell the truth, the whole 12 truth and to respond honestly to Council Member 13 questions? 14 DEPUTY COMMISSIONER SCHIFF: Yes. 15 COMMITTEE COUNSEL PEPE: Thank you. You 16 may proceed. 17 DEPUTY COMMISSIONER SCHIFF: Corinne 18 Schiff, I'm the Deputy Commissioner for Environmental Health at the Health Department, so your question was 19 20 about our investigations. When we determine that 21 there are two cases of Legionnaires disease within 12 months at a shared address where there's a shared hot 2.2 23 water system. That's what triggers a building level investigation. When we do that, we direct the 24 25 property owner to do water sampling and remediation.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 96 1 2 If Legionella bacteria are found, we provide 3 technical assistance to that property owner to stay 4 on track with that order, and then they come out from under that order only when their remediation is shown 5 to have succeeded in addressing the Legionella 6 7 bacteria. CO-CHAIRPERSON SCHULMAN: Okay, and how do 8 9 you ensure compliance by the landlords, building owners? 10 DEPUTY COMMISSIONER SCHIFF: There's a 11 12 water sampling protocol and they follow that and, 13 when the results of their sampling show that the Legionella bacteria have been addressed, then that is 14 15 demonstrating compliance and they've satisfied the 16 order. 17 CO-CHAIRPERSON SCHULMAN: Thank you. I 18 want to thank my Colleagues for indulging us Chairs 19 on this line of questioning. 20 We've been joined by Council Member 21 Gennaro virtually. First is Council Member Ariola. 2.2 23 COUNCIL MEMBER ARIOLA: Thank you so much, Commissioner. I just would like to know how much 24 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 97 1 2 DOHMH is spending on advertising for people from 3 other states to come to our city for abortions. 4 COMMISSIONER VASAN: Thank you for the 5 question. I'll send it to my CFO for specifics, but I don't believe we're currently doing that right now. 6 7 COUNCIL MEMBER ARIOLA: You aren't, because I think that money might be better spent on 8 9 building the library that Chair Schulman was talking about. 10 11 COMMISSIONER VASAN: I'll kick it to my 12 CFO. 13 COUNCIL MEMBER ARIOLA: Okay. CHIEF FINANCIAL OFFICER ANDERSON: Yeah, I 14 15 think we'll have to get back to you on the specifics. 16 COUNCIL MEMBER ARIOLA: Okay, great. I 17 just want to go back to what Chair Schulman was 18 talking about with the anti-OD life alert device. I 19 read the article. It said that will be paid for by 20 taxpayer dollars and we also talk about overdose 21 interruption centers, but nowhere in your testimony 2.2 do we talk about any drug treatment and outreach 23 programs, which is really another way to save lives, and that is the main focus of this Health Committee. 24

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 98 1 2 What is DOHMH's plan to expand drug treatment 3 programs and outreach for those programs? 4 COMMISSIONER VASAN: I just want to 5 correct the record. My testimony is very clear that we are supporting buprenorphine access in the 6 7 community, buprenorphine being medication-assisted treatment for opioid use disorder. We're doing that 8 9 in primary care settings. We're doing expansion of naloxone, and we are connecting people who have 10 11 experienced a non-fatal overdose, which is the 12 highest risk group, if you've experienced a non-fatal 13 overdose, you're at risk of having a fatal one, connecting them into treatment as well as other 14 15 supports so the idea that we are only doing one thing 16 is just not accurate. 17 COUNCIL MEMBER ARIOLA: What I think we're 18 doing is more enabling, and naloxone I think it's 19 great, we have to do it. I think we have to do all 20 these things, but they're enabling people to do 21 drugs. I came from a hospital setting, as you well 2.2 know, and there a very few drug treatment programs in 23 our hospitals. What are we doing to expand those programs in hospitals, both city, not-for-profit, and 24 for-profit as well as doing outreach where people 25

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 99
2	know they can go to a hospital for short-term
3	treatment and then long-term treatment for their drug
4	addiction disease.
5	COMMISSIONER VASAN: We agree that
6	treatment is a crucial strategy. Treatment is also
7	extremely difficult. The failure rates of treatment
8	are very high for opioid use disorder, particularly
9	in the era of fentanyl. We're very glad that our
10	partners at H and H are actually using their portion
11	of the settlement dollars to expand access to
12	treatment while we are expanding access to community-
13	based treatment, including working with primary care
14	centers to expand access to medication-assisted
15	treatment like buprenorphine. As you know, methadone
16	and other forms of hospital-based or clinical-based
17	treatment is overseen by the state.
18	COUNCIL MEMBER ARIOLA: Yes, but I would
19	love to see people go into treatment and become drug
20	free. Thank you so much
21	COMMISSIONER VASAN: As would I.
22	COUNCIL MEMBER ARIOLA: Your testimony.
23	COMMISSIONER VASAN: Thank you.
24	CO-CHAIRPERSON SCHULMAN: Council Member
25	Zhuang.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 100 1 2 COUNCIL MEMBER ZHUANG: Thank you, Chair. 3 I actually want to thank to Chairs, ask really good 4 questions. The question I want to ask, you guys 5 already asked, but I have couple additional question. What resources you guys give for new immigrants group 6 7 for the drug addiction because in my District, I see a lot of new immigrants, especially the one doesn't 8 speak English, have drug addiction problem, but never 9 know where to get help. 10 11 COMMISSIONER VASAN: It's a great 12 question, Council Member. As you know, the city has 13 faced an incredible influx of asylum seekers in the last two years as well as new immigrants that always 14 15 come to our city, and those new New Yorkers have 16 faced incredible journeys to get here and are often 17 subject to trauma and mental health concerns due to histories of violence and other forms of oppression. 18 They are at risk, especially with fentanyl involved 19 in over 80 percent of our fatal overdoses, so this 20 21 remains an area of work that we are interested in 2.2 building out. Currently, we focus a lot of our mental 23 health outreach in linguistic and cultural minorities in the areas that I mentioned in particular our work 24

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 101
2	with faith-based organizations as well as the API
3	community work that I mentioned.
4	COUNCIL MEMBER ZHUANG: And how much you
5	willing to increase invest in this area in your
6	budget? How much percentage?
7	COMMISSIONER VASAN: We can get back to
8	you with further details, thank you.
9	COUNCIL MEMBER ZHUANG: And also I really
10	Chair Linda Lee ask about Clubhouse. I did a little
11	research. In our community, we don't have any.
12	Actually, the people in our community really need
13	some. Is anything you guys already did in Southern
14	Brooklyn? I did not know about the Clubhouse, the
15	mental resources they can use and especially in
16	different language, how much resources you got put in
17	different language.
18	COMMISSIONER VASAN: Yeah, it's a great
19	question. One of the areas in the RFP for Clubhouse
20	is not just expanding the number of sites or
21	expanding the number of people served, it is really
22	about making sure that those sites are also in the
23	highest need communities, which is also I believe the
24	spirit of or specifically stated in the Council's
25	bill on Clubhouse expansion so we have a zip code

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 102 1 based criteria or at least considerations where those 2 3 zip codes are aligned with the greatest need in mental health crisis, lack of access to care, and so 4 language and cultural competency remains a huge piece 5 of this. Ultimately, the Clubhouse model and 6 7 Clubhouse across this country have been relatively constrained in their funding, and so we're trying to 8 9 grow that base of funding. COUNCIL MEMBER ZHUANG: You answered how 10 11 you agree with me, but you did not answer how you're 12 going to expand and how much you expanded. 13 COMMISSIONER VASAN: Yeah, we doubled the 14 funding for Clubhouse in this RFP so that's the first 15 major expansion of funding for Clubhouse in decades. 16 COUNCIL MEMBER ZHUANG: And how much did 17 you invest in minority group? COMMISSIONER VASAN: We can get back to 18 19 you with specifics. 20 COUNCIL MEMBER ZHUANG: Okay. I'm looking 21 forward for the data. 2.2 CO-CHAIRPERSON SCHULMAN: Council Member 23 Hanif. COUNCIL MEMBER HANIF: Thank you, Chairs 24 25 and Commissioner Vasan. Great to see you.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 103 1 2 Commissioner Vasan, can you walk us through the public health strategies in place for 3 4 disease prevention and mental health services for immigrant communities and particularly for South 5 Asian older adults, and I'd love to know if there's 6 7 disaggregated health data available on Asian 8 ethnicities and how you're adjusting your work, and 9 if there's data on the NYC CARE enrollment and outcomes. 10 11 COMMISSIONER VASAN: Okay. Let me try to 12 flag all your questions. I can answer the easiest one 13 first. NYC Care is a program run out of the Health 14 and Hospital system, so not ... 15 COUNCIL MEMBER HANIF: I guess, walk me through the disease prevention part, because in my 16 17 community, I think the outreach isn't reaching folks 18 who now have illnesses that could have been prevented, and that's a big issue. What is the City 19 20 doing to ensure that our communities that are working 21 very hard, long hours, now have high blood pressure, 2.2 high cholesterol, diabetes that could have been 23 prevented are now suffering? COMMISSIONER VASAN: Yeah, one of the 24 25 programs we're most excited about in that vein is

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 104 1 Public Health Corps, and this is a perfect example of 2 3 a program that was built during COVID with emergency 4 dollars that we're working hard to figure out a longterm funding solution for, but it is based on 5 community health workers using in group ways and 6 7 door-to-door and working through community-based organizations to engage people with chronic diseases 8 9 in high-need neighborhoods, mostly focusing on our TRIE neighborhoods that have been historically 10 11 disadvantaged due to legacies of racism. 12 COUNCIL MEMBER HANIF: So at this time, 13 does the City have any protocol or programming geared 14 toward outreach. 15 COMMISSIONER VASAN: That's sort of what 16 I'm describing. The community health workers, boots 17 on the ground. 18 COUNCIL MEMBER HANIF: That exists? 19 COMMISSIONER VASAN: That exists today, 20 and we're exploring ways to transition it from 21 emergency funding, federal emergency dollars, to 2.2 sustain... 23 COUNCIL MEMBER HANIF: And what's the funding allocated for that? 24 25

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 105
2	COMMISSIONER VASAN: We will get back to
3	you on details. We're still in discussions with OMB
4	and other
5	COUNCIL MEMBER HANIF: And this is an
6	existing program that will continue on and you're
7	expanding.
8	COMMISSIONER VASAN: We can't make any
9	commitments right now. We're in discussions with OMB,
10	but it is a priority. It was funded with federal
11	emergency dollars, and that represents a big
12	challenge as that money expires. How do you build
13	permanent programs with temporary emergency dollars?
14	It's a…
15	COUNCIL MEMBER HANIF: I'll be following
16	up, yeah, and the public health of all New Yorkers is
17	critical, particularly at this moment when we've
18	welcomed so many asylum seekers and, coming out of
19	COVID, I appreciated Chair Schulman's question about
20	the study for long COVID, the health of New Yorkers
21	should be our utmost priority.
22	My second question is, is there a
23	specific funding allocated to DOHMH for subway
24	safety? Based on the 2022 Subway Safety Plan, there
25	was a line item about Neighborhood Response Unit
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COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 106 1 Teams, 12 Neighborhood Response Unit Teams, which 2 3 would include medical staff, clinicians, peers, which would provide services, and I think this is a really 4 great opportunity for mental health services within 5 our subway system, and this was included in the 6 7 Subway Safety Plan. Is that still the case? Are we at 8 12 units? Have we implemented this plan or have we 9 increased the number of units? How much funding has gone into this? We're spending 155 million for police 10 11 overtime. How much have we spent on the Neighborhood 12 Response Teams? 13 COMMISSIONER VASAN: Yeah, thanks for the 14 question. We are very committed to partnering with 15 our partners in the Department of Homeless Services and law enforcement with the core response model that 16 17 the Subway Safety Plan. 18 COUNCIL MEMBER HANIF: Commissioner Vasan, 19 how much have we spent on ... 20 COMMISSIONER VASAN: Yeah, we'll have to get back to you on details. 21 2.2 COUNCIL MEMBER HANIF: Does this exist? 23 The Neighborhood Response Teams? COMMISSIONER VASAN: Yeah, so this was a 24 25 program that was designed and launched towards the

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 107 1 2 end of the last Administration. We have a range of 3 outreach teams. Most of them designed to do very 4 specific functions and, when the Subway Safety Plan was launched, we redirected a lot of their work 5 towards the work underground and then, of course, 6 7 above ground as well. 8 COUNCIL MEMBER HANIF: Got it. Thank you. CO-CHAIRPERSON SCHULMAN: Council Member 9 Bottcher. 10 11 COUNCIL MEMBER BOTTCHER: Good afternoon. 12 It's no secret that we're failing as a society in 13 addressing the mental health crisis and you don't have to go far in New York City to see how badly 14 15 we've been failing with people dying of untreated 16 mental illness on the streets and in the subways in 17 the richest country in the richest city in the world. 18 New Yorkers see this more than anywhere on the subway system, and I would love to give you an opportunity 19 20 briefly to tell New Yorkers what steps are being 21 taken to address mental illness on the subways. We 2.2 hear a lot about police officers. We have troops in 23 camo. Most New Yorkers do not see mental health outreach teams engaging with the person who's in the 24 25 subway car with them who has severe mental illness.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 108 1 If you could talk about, briefly, what the plan is 2 3 now, what's happening now, and what the top barriers are to engaging with the person? How do you feel 4 about getting a handle on this problem? 5 COMMISSIONER VASAN: It's a very 6 7 challenging problem. I'm grateful to the 8 Administration for prioritizing it from early January 9 of 2022. We made this a priority, but it is a challenging one. The subway work that we launched 10 11 then was largely focused on being stationary at 12 certain key locations throughout our subway system, 13 and that's with Department of Homeless Services outreach workers, social workers as well as our 14 15 clinicians and other staff. Recently, you may have 16 heard the Governor announced the expansion of a pilot 17 we started called the SCOUT program, which is more 18 about, I think what you're describing, which is mobile teams that are actually riding the subway as 19 it's moving, going station to station and staffed 20 21 with clinicians, homeless outreach workers, social 2.2 workers and really trying to start with this 23 engagement-first approach sometimes and, you know very well Council Member having been engaged in this 24 work for a long time, it can take multiple 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 109 1 engagements to build just that modicum of trust to 2 3 get someone to accept services or to come in from the 4 subway system to shelter or to respite or to the 5 hospital or anywhere else, and so I'm always impressed every time I go out with my colleagues at 6 7 DHS as well as our clinicians, I'm incredibly 8 impressed with the care and the attention to give to 9 people as human beings and really working in that engagement-first approach. 10 11 COUNCIL MEMBER BOTTCHER: How many SCOUT 12 teams are in the system at any one time? 13 COMMISSIONER VASAN: Right now, it's a pilot, but the Governor just announced that the State 14 15 was going to be putting in more funding. That's also 16 a partnership with MTA just to be clear. We can get 17 you details on what she announced. I don't have that 18 on the top of my ... 19 COUNCIL MEMBER BOTTCHER: Why do we need a 20 pilot for a program like the SCOUT team? We know that 21 this is how you address it. Why isn't the City and State flooding the subway with mental health 2.2 23 professionals and outreach teams? COMMISSIONER VASAN: I think we have some 24 25 big challenges. Number one, I don't know that we know

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 110 1 exactly what will make a difference because otherwise 2 3 we would have solved it already. This is a growing 4 problem, it's a longstanding problem as well, and this Administration has put its attention on it in a 5 way that I don't believe others have, and so we are 6 7 actively trying to problem solve as we go and learn as we go and collect data as we go and to improve, 8 9 number one.

Number two, I think that we have to get 10 11 down to the root of the fact that we have a massive workforce crisis as well. The idea that there are 12 13 droves of mental health workers sitting on a shelf not working in the subway, ready to go into the 14 15 subway is just not accurate. It's not representative of what the state of the mental health workforce is, 16 17 which is why it's so important what the City Council 18 did, what the Mayor did last week to increase the COLA for human service agencies. So much of this work 19 20 is run by human service agencies that are in contract 21 with the City and, having run one, I know how much we 2.2 struggled with recruitment and retention, 23 particularly of social workers and clinicians, and so this goes a long way to improving that. This is long 24

work. I often think about it as in medicine we have

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 111 1 2 something called refeeding syndrome. If someone is 3 chronically malnourished, you don't just pour food into them immediately. You feed them slowly and bring 4 them back to life. You can actually make them sicker 5 by giving them too much food too soon. Our mental 6 7 health system has been chronically undernourished in this country, the city is no exception, but we are 8 bringing it back to life with the investments that 9 the Governor has made, the City has made. Year on 10 11 year, we're going to see floor-on-floor of this 12 system that we've always needed, always deserved, but 13 never had.

COUNCIL MEMBER BOTTCHER: Thank you for 14 15 identifying for New Yorkers one of the big challenges 16 we're facing, which is a shortage of mental health 17 workers and social workers. I have a bill that would 18 put social workers in police precincts to intervene in a positive and meaningful way when people are 19 20 brought into a police precinct, but we don't even 21 have enough mental health professionals to service 2.2 the bills that we've already passed, the programs 23 that we've already funded, so that's a big problem that we have to address, but we have to address it 24 25 and we have to address it very quickly because New

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 112 1 Yorkers, they've really lost patience, and I don't 2 3 blame them, and people are dying, people are hurting. 4 You have our partnership here to help address this, but I really would like to talk about what we can do 5 to upscale the teams on the subway and do it much 6 7 quicker than we have been. 8 CO-CHAIRPERSON SCHULMAN: Council Member 9 Marmorato. COUNCIL MEMBER MARMORATO: Thank you, 10 Chair. Hi. Good afternoon. 11 12 I would like to discuss the Zadroga 13 program. My family included, many of my constituents 14 have worked down at Ground Zero, and it's not an 15 assumption that people are getting sick and dying and being diagnosed with cancer. We're seeing it when we 16 17 go to the supermarket. My father sees his co-workers, 18 and they're discussing their health issues and what's 19 happening. I wanted to know, did you document how 20 many individuals have become ill in the past few 21 years from long-term effects of working down at Grand Zero? Do you have a number associated with that? 2.2 23 COMMISSIONER VASAN: Not on my head but, Council Member, we are so proud of our World Trade 24 25 Center Health Registry. People think that research is

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 113
2	just research. It's not. It affects people's lives.
3	As a result of us building that registry, we have
4	unlocked disability payments for your family, for
5	families who are at and near Ground Zero. We have
6	changed federal laws. The data that we produce has
7	led to massive advocacy for Ground Zero families and
8	victims and loved ones and, yes, we collect that data
9	all the time and happy to get back to you with
10	COUNCIL MEMBER MARMORATO: Is there a way
11	that the public can access that information?
12	COMMISSIONER VASAN: It's a great
13	question. We're happy to get back to you.
14	COUNCIL MEMBER MARMORATO: Okay. I do see
15	that there is a change in budget, let me see here,
16	from 2024 there was a savings of 17 million. In 2025,
17	it looks like 24 million. What is happening here? Why
18	is there a change in the budget and is it to improve
19	services, is it because of, can you just elaborate
20	why there is a change?
21	COMMISSIONER VASAN: I'm going to ask my
22	CFO to comment.
23	CHIEF FINANCIAL OFFICER ANDERSON: Yeah,
24	thank you for the question. So this is basically a
25	re-forecasting based on actual costs that we've seen

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 114 1 2 over the last few years so it's really just a 3 technical adjustment. COUNCIL MEMBER MARMORATO: Is there just 4 5 change in services? Are you changing what you're covering or? 6 7 CHIEF FINANCIAL OFFICER ANDERSON: I don't believe there's been any change in that. It's really 8 9 just to reflect what the actual costs have been. COUNCIL MEMBER MARMORATO: Okay. Thank 10 11 you. 12 Just another thing I wanted to touch on 13 is I see that there is an ask for about 300,000 due to congestion pricing. What are those funds going to 14 15 be used for? COMMISSIONER VASAN: Thanks for the 16 17 question. I'll bring in my Deputy Commissioner for 18 Environmental Health to comment more specifically. 19 DEPUTY COMMISSIONER SCHIFF: Hi, Council 20 Member. Our work on congestion pricing is we are 21 working very closely with the Department of 2.2 Transportation and with MTA to do an evaluation of 23 the air quality changes that happen once congestion pricing is implemented. 24

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 115 2 COUNCIL MEMBER MARMORATO: Okay, so this 3 is just for research purposes. 4 DEPUTY COMMISSIONER SCHIFF: That's right. 5 COUNCIL MEMBER MARMORATO: Okay. CO-CHAIRPERSON SCHULMAN: Council Member 6 7 Bottcher had one followup question. 8 COUNCIL MEMBER BOTTCHER: Commissioner, is 9 the 9-8-8 number under your purview? COMMISSIONER VASAN: It is. 10 11 COUNCIL MEMBER BOTTCHER: Could you talk 12 about how you see the 9-8-8 number with respect to 13 teams to respond to mental health crises, and I know that the B-HEARD program isn't under your purview, 14 15 but do you think that the 9-8-8 number could be used 16 as a number for people to call to dispatch teams like 17 the B-HEARD teams? 18 COMMISSIONER VASAN: You know, over time we want those three numbers to be the go to resource 19 20 for all New Yorkers, for all Americans, and we're 21 very proud to be working as a part of this larger 2.2 national Landscape of 9-8-8 so it becomes our 9-1-1. 23 Right now, 9-1-1 is still the place where people go for help, but we want 9-8-8 to be that. The vast 24 25 majority of people who call 9-8-8 nationally as well

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 116 2 as in New York and that called NYC Well in the past, 3 are really not looking for crisis services but, over time, I think that certainly is a hope and a goal. 4 I'll kick it to Deepa for further. 5 EXECUTIVE DEPUTY COMMISSIONER AVULA: Yes, 6 7 so while the Commissioner is correct that the vast majority, so 96 percent of people who call 9-8-8, 8 their issue can actually be addressed on the phone, 9 which is what we want. We want you to call 9-8-8 as 10 11 early as possible so that you're actually not at the 12 moment of a crisis but, when individuals are at the 13 moment of a crisis, exactly what you described as what we do. 9-8-8 deploys a mobile crisis team to go 14 15 to wherever that individual is so whether it's their 16 home, whether it's the street, wherever that 17 individual is, generally it's from a residence and, 18 based on the last year of data which comprised about 420,000-plus calls to 9-8-8, 13,000 of them received 19 a mobile crisis treatment visit. 20 21 COUNCIL MEMBER BOTTCHER: What progress is 2.2 being made to getting to the place that you want to 23 go when 9-8-8 can be used as a number for people to call with emergency response? 24

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 117 1 2 COMMISSIONER VASAN: Just broadly, and 3 I'll kick it to Deepa for more, we are seeing 4 incredible progress, but lots of challenges, and they come down to some of the issues we already talked 5 about, workforce. On the back end of 9-8-8 has to be 6 7 expert clinicians, people who are trained to manage a range of mental health needs and, while we are very 8 9 glad and proud of our partnership with organizations like Vibrant and otherwise, that call line, there's 10 11 work to do. There's work to do on that back end of workforce. 12 13 EXECUTIVE DEPUTY COMMISSIONER AVULA: One of the things that we've done in New York City really 14 15 to be an exemplar to really realize the ultimate promise of 9-8-8, which is that anyone across the 16 17 country can dial these three numbers, you don't have 18 to remember a local number, and you'll get mental health crisis support immediately so that's why we 19 also sunset our local 10-digit number, and then the 20 21 other thing that we've done with our mobile crisis 2.2 teams, over the past couple of years, those teams 23 actually took longer to respond, so it was more like a 24-hour response or not a true crisis response. Our 24 25 teams are now responding within two hours of time so

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 118 1 2 we've really seen very clear improvements locally, 3 and we're hoping to expand on those improvements as 4 well. 5 COUNCIL MEMBER BOTTCHER: A 9-8-8 dispatcher gets a call from someone and, in the 6 7 judgment of the 9-8-8 dispatcher, it requires an emergency team response, a B-HEARD-type response. 8 9 What is the sequence of events that happens in that 10 case? 11 EXECUTIVE DEPUTY COMMISSIONER AVULA: So B-HEARD is not routed via 9-8-8? DOHMH runs mobile 12 13 crisis teams. Those are teams that are clinician health led teams or clinician pair teams. Those are 14 15 the teams that are routed. If there is an emergency 16 need where a person needs to be there right away 17 because we are worried that there is an imminent 18 threat or an imminent harm, then we are routing to 9-1-1. We are currently working on an algorithm to also 19 work with 9-1-1 to do the reverse so that if they're 20 getting a call where clinicians can handle it, we are 21 2.2 going to be routing our clinicians as well so we're 23 in conversations right now with PD on how best to route those calls for both of us. 24

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 119 1 2 COUNCIL MEMBER BOTTCHER: What's the 3 timeline with that referral from 9-1-1 to 9-8-8? 4 EXECUTIVE DEPUTY COMMISSIONER AVULA: 5 That's currently in process. We're still working on exactly how that would work because the systems right 6 7 now are different. 8 COUNCIL MEMBER BOTTCHER: You're meeting 9 about it. You're talking about it. Is that something that we could potentially see in 2024? 10 EXECUTIVE DEPUTY COMMISSIONER AVULA: I 11 12 don't know that you, in 2024, there should be a good 13 solid plan for it, but obviously that takes time because of technology and other things as well. 14 15 COUNCIL MEMBER BOTTCHER: And the 16 technology is needed because it's more than just a 17 phone call. It's a computer. 18 EXECUTIVE DEPUTY COMMISSIONER AVULA: It's 19 a dispatch, correct. 20 COUNCIL MEMBER BOTTCHER: It's a dispatch. 21 EXECUTIVE DEPUTY COMMISSIONER AVULA: 2.2 Yeah. 23 COUNCIL MEMBER BOTTCHER: And you're using external vendors to help you with the technology or 24 is the City Department of Technology involved? 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 120 1 EXECUTIVE DEPUTY COMMISSIONER AVULA: So 2 the vendor that operates our 9-8-8 system here in New 3 4 York City as well as nationally is Vibrant Emotional 5 Health, and I defer to PD on the system that they're 6 using. 7 CO-CHAIRPERSON SCHULMAN: Council Member Bottcher, we appreciate your questions. If you want 8 9 to talk to them separately, you can. Thank you very 10 much. 11 I have one quick question and then I'm going to close it out and Chair Lee will close it out 12 13 as well. The question I have is going back to Healthy NYC, the Office of the Chief Medical Examiner, 14 15 everybody thinks of them as just doing autopsies, but 16 don't they have a role in the data collection for 17 Healthy NYC? 18 COMMISSIONER VASAN: Yes, particularly. CO-CHAIRPERSON SCHULMAN: Can you describe 19 20 that? 21 COMMISSIONER VASAN: Yeah, very much so. Our Healthy NYC program is based on a counting of 2.2 23 life and death in New York City, and that is grounded in our Vital Registry. For over 200 years, we've been 24 collecting vital records, and that has massive 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 121 1 implications on funding, on census tracts, but also 2 3 on disease control activities, and all of the data in 4 Healthy NYC is based on data that is collected on death certificates which are certified by the New 5 York City Office of the Chief Medical Examiner so 6 7 they are very close partners with us. In particular, 8 I would say overdoses are a place where we partner 9 very closely because it can take time to really certify what was the cause of death when someone 10 11 experiences a drug overdose. 12 CO-CHAIRPERSON SCHULMAN: Okay. Thank you. 13 I want to thank you and your team for testifying today. I do want to say somewhat disappointed that 14 15 there weren't exact figures used in terms of budget figures so we're going to follow up with you and your 16 17 CFO on that so we'd like to get that moving forward 18 but, like I said, really appreciate it, very happy to 19 partner with you on Healthy NYC and other programs 20 and thank you for testifying today. 21 COMMISSIONER VASAN: Thank you. 2.2 CO-CHAIRPERSON LEE: Yeah, I just want to 23 echo the same sentiments. Thank you for being here today, and I sort of think of myself today as a 24 little Sour Patch Kid because I know I was sour 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 122 1 before but now I'm going to end a little sweet, which 2 3 is to say that, I want to be very clear, I do see us as partners because the City and the people in this 4 5 city, especially those suffering with mental health, are really looking to us to help them with their 6 7 recovery, to help them fix their issues, and I actually appreciate these kind of conversations 8 because that's how we get to a better solution, is 9 that we need to hear all sides, whether we want to 10 11 hear it or not, we have to hear it, and we need to 12 make sure we take all that into consideration, so I 13 really, really hope that we will continue the conversations and be partners. I know that I am very 14 15 appreciative of the work you're doing around diabetes 16 especially because that's a huge issue that impacts 17 our communities as well as us, and I will try to push 18 the Article 6 on my end as well because I do think that's super, super important and we need to get that 19 funding from the State so those are things that we 20 will definitely try to push, but my sort of earlier, 21 2.2 is, I don't get like that often, people who know me 23 know I don't get like that often, but when it has to do with issues that I really care about and feel very 24 25 passionately about, I can't help but dive a little

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 123 1 2 deeper into some of these questions so I really, 3 really hope that you'll come with me to Elmhurst and 4 visit LifeLinks, and I promise I won't bite, but I 5 really want you to hear the stories of the people who are really impacted especially from the smaller 6 7 Clubhouse that really feel the services every day, or 8 just to visit any sites across the city, impacting folks with mental health, whether it be the opioid 9 treatment centers, the needle exchange programs. I'd 10 11 be more than happy to go with you to some of these 12 because I think they're doing such incredible work so 13 I just wanted to thank you and your team for really being here and listening to all of our questions so 14 15 thank you. 16 CHIEF FINANCIAL OFFICER ANDERSON: Thank 17 you. 18 CO-CHAIRPERSON SCHULMAN: Thank you. Just so everyone knows, we're going to 19 20 take a five-minute break and then we're going to hear 21 testimony from the Office of Chief Medical Examiner 2.2 and then go to public testimony. Thank you. 23 SERGEANT-AT-ARMS: Can I have your attention, please? Can I have your attention, please? 24 25 Quick announcement. If you were here for the

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 124 1 Committee on Parks, once again, if you were here for 2 3 the Committee on Parks, that hearing is going to be next door in the Committee Room. Please use the 4 double doors and on your lefthand side. Thank you. 5 Ladies and gentlemen, good afternoon. 6 7 Please find your seats. Please ensure that all cell 8 phones and electronic devices are set to silent or 9 vibrate. Thank you for your kind cooperation. We 10 11 shall be resuming momentarily. 12 CO-CHAIRPERSON SCHULMAN: Hi, I'm Council 13 Member Lynn Schulman, Chair of the Health Committee. 14 We'll now turn our attention to the Office of the 15 Chief Medical Examiner, OCME, who provides forensic 16 research and investigates mortalities in the city. 17 OCME's Fiscal 2025 budget is 100.1 million dollars to 18 support 753 full-time positions. This budget was 19 reduced by 3 million dollars when compared to the 20 Fiscal 2024 budget adoption. The budget headcount has 21 remained unchanged, and OCME is among the fewer 2.2 agencies that were exempted from a Program to 23 Eliminate the Gap. Despite their smaller budget, OCME's work 24 is immensely important to the city's well-being, and 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 125 1 2 the autopsies they provide bring closure to the 3 families of thousands of decedents. In addition, the 4 data they provide is helpful to DOHMH in building strategies for disease prevention and will have a 5 specific role in the rollout of Healthy NYC. At this 6 7 hearing, I would like to make sure that OCME is adequately funded to provide effective services. In 8 9 addition, we will discuss some of the results of OCME's Preliminary Mayor's Management Report, 10 11 specifically the rates of completion for their DNA 12 cases and autopsies. OCME has historically provided 13 excellent results with their work, but there are 14 still improvements they can make. I would also like 15 some updates on their Gun Crimes Unit, which came 16 into effect in December 2022. We see noticeable 17 improvements with the gun crime cases turnaround due 18 to this program and would like to learn more about 19 the services provided. 20 Once again, I would like to thank Chair 21 Lee along with my Committee Staff and my own Staff 2.2 for their work on preparing this hearing. I would 23 also like to thank OCME for the work that they do. I will now turn it over to Dr. Graham for his opening 24 25 remarks.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 126 1 2 CHIEF MEDICAL EXAMINER GRAHAM: Good 3 afternoon, Chair Schulman, Chair Lee, and Members of 4 the Committee on Health and the Committee on Mental 5 Health, Disabilities, and Addiction. Thank you for 6 the opportunity ... 7 COMMITTEE COUNSEL PEPE: Chief Medical Examiner, I'm sorry to interrupt you, but we do need 8 9 to swear you in. Please raise your right hand. Do you swear to tell the truth, the whole 10 11 truth, and to respond honestly to Council Member questions? 12 13 CHIEF MEDICAL EXAMINER GRAHAM: I do, yes. 14 COMMITTEE COUNSEL PEPE: Thank you. You 15 can continue. 16 CHIEF MEDICAL EXAMINER GRAHAM: Thank you. 17 Thank you for the opportunity to testify here today. 18 We at the Office of Chief Medical Examiner value your leadership and thank the City Council for its 19 20 partnership in support of our mission to serve the 21 people of New York City. My name is Dr. Jason Graham, and I'm the Chief Medical Examiner for New York City. 2.2 23 Attending with me from the Office of Chief Medical Examiner, or the OCME, are to my right, Robert Van 24 Pelt, our Chief-of-Staff, and to my left, Yvonne 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 127 1 2 Williams, our Deputy Commissioner of Administration 3 and Finance. 4 The OCME has two mission-critical roles, to protect public health and to serve impartial 5 justice through forensic science and medicine. Our 6 7 agency's core purpose is to provide answers in 8 support of families and communities during times of 9 profound need. Today, I'm fortunate to lead the nation's finest forensic medical legal institution, 10 11 impartial, immune from undue influence, and as 12 accurate as humanly possible, qualities that go to 13 the core of why we exist and upon which the integrity 14 of our science relies. 15 I'd like to now turn to our budget. The 16 New York City OCME has 753 budgeted employees and an operating budget of, as Chair Schulman said, 100.1 17 18 million dollars. This has been both a rewarding and 19 challenging year for OCME and the city. Our agency 20 continues to see a sustained approximately 30 percent 21 increase in our caseload since the pandemic, fueled by the national fentanyl crisis, among other factors. 2.2 23 Despite the demands and pressures of this moment, we continue to fulfill our solemn and vital 24 responsibilities to families in the city and maintain 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 128 1 our position as a leading institution for forensic 2 3 science and medicine in the world. Over the past 12 4 months, we've made progress toward the innovations that I shared with you last year, providing 5 increasingly advanced services to assist communities 6 7 suddenly faced with the most challenging 8 circumstances and also building upon our 9 groundbreaking work moving beyond the traditional role of the medical examiner in providing expanded 10 11 care to families we serve. Our continued success on 12 this dual track is due in great part to our uniquely 13 dedicated staff who day-in and day-out embrace the urgency and importance of our mission. I'm grateful 14 15 and inspired by them and look forward to sharing this update on their work with you. 16 17 I want to begin with a report from our 18 Forensic Pathology Department, where it's long been 19 our goal to move our 24/7 operations in Manhattan 20 from the aging facility we've occupied since it 21 opened more than half century ago in 1960. In 2022, 2.2 plans were announced by Mayor Eric Adams and Governor 23 Kathy Hochul for the Science Park and Research Campus or SPARC at Kips Bay and now, with the master project

plan underway, we're thrilled that our new state-of-

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COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 129 1 the-art forensic pathology center will be housed on a 2 3 first-of-its-kind health and science campus, 4 integrating public health institutions, public education, and private industry. The addition of 5 OCME's Forensic Pathology Center to the campus as a 6 7 training institution and a national leader in forensic science and medicine will enhance SPARC's 8 9 purpose to support public health and fortify New York City's place as a leader in life sciences innovation. 10 11 Now I want to add a few thoughts about our distinguished medical examiners. There are under 12 13 1,000 board certified forensic pathologists in the entire United States, a crisis level shortage, and 32 14 15 of these highly trained physicians are here at the 16 New York City Office of Chief Medical Examiner. The 17 OCME has developed its own pipeline for medical 18 examiners with a renowned forensic pathology 19 fellowship program that's trained a significant 20 portion of the top medical examiners working in the 21 country today. Most of our current staff at the OCME 2.2 have been hired through this program, which has 23 enabled us to endure through the national shortage in an increasingly competitive environment. With that 24 25 said, we know that we're not immune from the larger

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 130 1 forces at work in the market, and this is especially 2 3 true in retaining our more experienced senior staff 4 medical examiners who are coveted and indispensable teachers in the training program. We're hopeful that 5 ongoing collective bargaining will help to retain 6 7 these elite professionals who continue to be highly sought after by medical examiners offices across the 8 9 country. In the meantime, to meet the increased demands of the past year, we've added capacity to our 10 11 fixed mortuary facilities and refocused and streamlined some of our internal forensic operations 12 13 to lend greater support to the medical examiners, 14 bolstering their ability to manage significant 15 caseloads with scientific thoroughness and precision. 16 Within the coming months, we'll be integrating 17 postmortem computed tomography, or CT scanners, into 18 all three of our forensic pathology centers across the city. This technology will provide a level of 19 20 detail that will assist the medical examiners in 21 several ways, including investigations involving 2.2 suspicious infant and child fatalities, in honoring 23 religious objections to autopsy, and with increasing the number of potential eligible tissue donations. 24

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I want to turn to our forensic biology 2 3 laboratory, recognized as the largest and most 4 advanced public DNA crime lab in the United States. Our 200-plus scientists engage in the identification 5 of human remains, including missing persons and 6 7 perform the entirety of DNA testing for the criminal 8 justice system in New York City. The first-in-the-9 nation DNA Gun Crimes Unit announced by the Mayor in June of 2022 is fully operational and has 10 11 consistently achieved our goal of a 30-day turnaround 12 time for testing evidence in gun crimes cases, the 13 fastest of any major jurisdiction in the nation. OCME forensic DNA scientists continue to identify remains 14 15 of the victims of the 9/11 World Trade Center 16 attacks. This ongoing effort is the largest and most 17 complex forensic murder investigation in the history 18 of the United States. In the days after 9/11, we made a sacred promise to the families that we would not 19 stop until we've identified every person lost on that 20 21 day. Since the beginning of Fiscal 2024, OCME has identified 47 additional remains of the 9/11 World 2.2 23 Trade Center attacks, including the remains of three previously unidentified individuals, whose families 24 can now, if they choose, finally hold a funeral 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 132 1 service and a burial, and find some degree of closure 2 3 and hopefully peace after over 20 years of 4 uncertainty. Let's now shift to the significant work 5 of our Distinguished Molecular Genetics Laboratory, 6 7 the only lab of its kind within a medical examiner's 8 office in the nation. This unique lab supports 9 medical examiners by conducting postmortem molecular genetic testing to investigate the sudden, 10 11 unexpected, and unexplained deaths of apparently 12 healthy New Yorkers of all ages, including the very 13 young. After analyzing the relevant gene panels, our team, which is led by a Board-certified medical 14 15 geneticist physician and a skilled genetic counselor, 16 alerts surviving family members so that any loved 17 ones at high risk for a sudden death due to an 18 inherited disease can be tested and receive 19 potentially life-saving treatment. 20 I'd also like to highlight our work 21 regarding the national overdose emergency, which is driven by the illicit opioid fentanyl in the drug 2.2 23 supply. As I've said before, excluding the impact of the COVID pandemic, the national surge in 24 unintentional drug overdose deaths would constitute 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 133 1 the greatest public health crisis of our time. Our 2 Forensic Toxicology Laboratory is a national leader 3 4 in addressing the growing universe of substances associated with this nationwide opioid epidemic. 5 Through the tireless work of our dedicated 6 7 scientists, the lab conducts tests for over 50 8 illicit and prescribed opioids, their metabolites, 9 and potentially hundreds of other drugs and chemical toxins. The workload of the forensic toxicology 10 11 laboratory is the highest it's ever been, and the 12 toxicology lab has continued to stay at the forefront 13 of this crisis to support our medical examiners and, more broadly, to aid our public health and public 14 15 safety partners in the city and the region. 16 Unfortunately, as you know all too well from your own 17 communities across the city, for every overdose 18 death, there are loved ones left behind and affected by the loss, some families now more than once, and 19 many of whom remain vulnerable to a range of 20 21 unaddressed needs. In recognition of this underserved 2.2 population, and as an innovative new way to fight 23 this national emergency on a new front, the OCME created our Drug Intelligence and Intervention Group, 24 25 or the DIIG. The DIIG is a first of its kind model

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 134 1 for expanding comprehensive death investigations 2 3 that's coupled with navigation to care and services 4 for family and social network members surrounding fatalities related to the opioid crisis. DIIG started 5 on a very small scale as a pilot initiative, and I'm 6 7 proud to now report that it's fully staffed and 8 operational. Through this initiative, when someone 9 dies from an overdose, the OCME's investigation and response now includes skilled social workers to 10 11 engage with that person's family and friends who also may be at risk and to provide support and a warm 12 13 handoff to potentially life-saving interventions. The 14 wide-ranging services and referrals include grief 15 counseling, substance use services, housing 16 assistance services, healthcare, and more. The DIIG 17 is showing promising results. Social workers are 18 successfully reaching 73 percent of the people they 19 attempted to contact, and 78 percent of the people 20 they've spoken with have been provided or referred to 21 at least one service. We anticipate and are on track 2.2 for reaching over 1,000 people by the end of the 23 first quarter of this Calendar Year. I offer, finally, as an example of our work, a case from this 24 25 past year. A family member that our DIIG team reached

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 135 1 had lost his sister to a drug overdose. After his 2 3 sister's death, her brother, our client, took custody 4 of her two young children and was also helping the decedent's husband receive treatment for serious 5 illness. The decedent's husband was himself a person 6 7 who uses drugs and therefore also at risk of a potentially fatal overdose. Our client was 8 9 overwhelmed with assisting his brother-in-law and was struggling financially to provide for the children. 10 11 Our DIIG team social worker was quickly able to 12 arrange for him to receive financial assistance, and 13 she also connected the family to a post-overdose response program, which assigned a peer navigator to 14 15 the family and helped the decedent's husband receive the care and substance use disorder treatment he 16 17 needed, including accompanying him to appointments. 18 This amazing social worker also provided a referral to a summer camp designed specifically to support 19 children who have lost a parent to substance use. 20 21 Potentially life-saving interventions that, were it 2.2 not for our work and the dedication of every employee 23 at OCME who contributes to our mission, might not have been realized. 24

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 136 1 Thank you very kindly, and I look forward 2 3 to your questions on the budget or any other topics. 4 CO-CHAIRPERSON SCHULMAN: Thank you very 5 much, Dr Graham, and thank you very much for you and your staff and the work that they do. People don't 6 7 realize the amount of work and also how important that is to the running of our city so I wanted to 8 9 acknowledge that. In your testimony, you said you had a 30 10 11 percent increase in caseload since the pandemic. Have 12 you gotten commensurate funding with that? CHIEF MEDICAL EXAMINER GRAHAM: We have 13 adequate staffing, and we've made adjustments 14 15 internally to accommodate this excess in volume, and 16 that includes efficiencies that we've gained by 17 supporting our medical examiners and changing some of 18 our forensic operational areas, but we're adequately staffed, and our ability to handle that sustained 19 20 increased caseload is due to the dedication of our staff who steps up uniformly because they're behind 21 2.2 our mission and we're accommodating that increase in 23 case volume. CO-CHAIRPERSON SCHULMAN: Okay, and then 24 you talked about the new postmortem computed 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 137 1 2 tomography or the CT scanners. Where is that funding 3 coming from? 4 CHIEF MEDICAL EXAMINER GRAHAM: That was a 5 capital project that we're realizing fully this year. All of the procurements are in place, and we will be 6 7 outfitting the three forensic pathology centers with CT scanners later this year. 8 CO-CHAIRPERSON SCHULMAN: Okay, great. 9 Healthy NYC is an initiative which is primarily led 10 11 by DOHMH with the goal of increasing life expectancy 12 rates in the city over the next five years. The 13 program includes the investigation of mortality trends in the city to attempt to determine the 14 15 reasons why the life expectancy rate has decreased in recent years. What role will OCME play in the Healthy 16 17 NYC program? 18 CHIEF MEDICAL EXAMINER GRAHAM: I'm thrilled to be, as an agency, part of Healthy NYC, 19 and we absolutely fully support the Health Department 20 and the ambitious goals of increasing the life 21 2.2 expectancy of New Yorkers. There are several critical 23 areas in which the OCME directly contributes to this mission. First and foremost is in the form of a 24 source of data. Our death certificates are a very 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 138 1 2 powerful data tool that allows public health 3 officials to direct funds appropriately, change 4 policies, adjust programming based on information that they're provided through our death certificates, 5 and I don't just mean death certificates involving 6 7 violent deaths. The deaths that occur, sudden 8 unexpected natural deaths in individuals that have 9 chronic diseases that are of great public health concern, hypertension, other types of heart disease, 10 11 diabetes, obesity. All of these chronic natural 12 conditions, that data coming from our death 13 certificates will be critically important, and it's data not just from the death certificates but also 14 15 from the work of our death investigators, our medical legal investigators in the field that are collecting 16 17 really rich public health data that is available to 18 help achieve this mission. 19 Aside from the data, I think that we are

20 also in a much more active way than we historically 21 have, we're reaching out to engage in many of the 22 mission areas of Healthy New York City. Healthy NYC 23 around gun violence, for example, our Gun Crimes Unit 24 that we have invested in, and the return on that 25 investment is continually growing. We are

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 139 1 participating through the Gun Violence Prevention 2 3 Task Force under the First Deputy Mayor's leadership 4 in Handle with Care, a program to get children who have adverse childhood experiences in the setting of 5 a death referred to get the appropriate support that 6 7 they need with our partners at DOE, DYCD, and NYPD 8 and then, of course, the work around opioids and our Drug Intelligence and Intervention Group, the social 9 workers who are engaging with these families, and 10 11 this is, in my view, active, life-saving work that's 12 going to help reduce the number of overdose 13 fatalities in the city and address also the very broad-reaching mental health component of Healthy NYC 14 15 from grief and bereavement counseling to support in 16 many ways providing a warm handoff to care so we're 17 very invested in Healthy NYC, and I'm looking forward 18 to continuing to work with Commissioner Vasan and the 19 Council to move that initiative forward. 20 CO-CHAIRPERSON SCHULMAN: Great. You 21 mentioned the Gun Crimes Unit, which was initiated in December 2022. The unit focuses solely on gun crimes. 2.2 23 The Mayor's Preliminary Management Report states that

25 crime case decreased from 65 days in Fiscal Year 2022

the average number of days to complete a DNA gun

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 140 1 2 to 24 days in Fiscal Year 2023. How many cases has 3 the unit completed in the past year? 4 CHIEF MEDICAL EXAMINER GRAHAM: I will have to get back to you on the exact number of gun 5 crimes cases that has been processed, but we have 6 7 consistently hit the target and more recently 8 surpassed our target in terms of the turnaround time 9 that puts results in the hands of our stakeholders, recently within 22 days, but certainly within our 30-10 11 day target. 12 CO-CHAIRPERSON SCHULMAN: No, it is really 13 amazing. How many criminalist positions have been 14 hired and onboarded in the past year? 15 CHIEF MEDICAL EXAMINER GRAHAM: The 16 original number of criminalists was 24, and those were brought on board, and they have been trained and 17 18 integrated into the unit so there are rotations that 19 occur within that unit, but the 24 new criminalists 20 have been brought on board, trained, and integrated into that work. 21 2.2 CO-CHAIRPERSON SCHULMAN: Is there any 23 plan to increase that number moving forward? CHIEF MEDICAL EXAMINER GRAHAM: We have to 24 25 remain flexible and respond to the needs of the city.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 141 1 We're currently maintaining our target turnaround 2 3 time with the staff that we have. However, if the 4 case volume changes or the circumstances in the city shift in a direction that requires us to add more 5 staffing, we're prepared to explore those 6 7 possibilities. 8 CO-CHAIRPERSON SCHULMAN: Great. What is 9 the Gun Crimes Unit budget in Fiscal 2024 and Fiscal 2025? 10 11 CHIEF MEDICAL EXAMINER GRAHAM: I think the specific budgeting for the Gun Crimes Unit, we'd 12 13 would have to get back to you. 14 CO-CHAIRPERSON SCHULMAN: Okay, please. Is 15 there a need for a larger budget to expand the services of that unit? 16 17 CHIEF MEDICAL EXAMINER GRAHAM: Again, I 18 think at the moment we have what we need, but we're 19 going to continue to closely monitor that going 20 forward. 21 CO-CHAIRPERSON SCHULMAN: All right. Thank 22 you very much. That's the questions I have. 23 Chair Lee, do you have any questions? Okay. 24 25

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2 CO-CHAIRPERSON LEE: Just wanted to say 3 hello and thank you because I think every year I 4 continue to learn more things that you all are doing 5 that are very much beyond the scope of what I think people think when they think of your office, and so 6 it's actually really incredible to hear about the 7 work that you're doing. Just a really quick question 8 9 on the opioid front. Does OCME receive any funding from the opioid settlement funds because I would 10 11 imagine that that could contribute to a lot of the 12 work that you do or help.

13 CHIEF MEDICAL EXAMINER GRAHAM: Yes. Thank you for that question. We did receive funding through 14 15 the 2022 tranche of opioid settlement dollars, and that provided for really the full establishment of 16 17 our Drug Intelligence and Intervention Group. That 18 initiative was in a very small-scale pilot form. We now through that funding have a full-time program 19 20 manager. We have seven social workers. We have two 21 family support coordinators and three epidemiologists 2.2 comprising this team. Again, it's something that I 23 believe is, as you mentioned, going beyond the traditional role of the Medical Examiner's Office, 24 25 but I think that it's very active, life-saving work,

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 143 1 2 not from just the outreach standpoint, but also from 3 the additional data contribution. 4 CO-CHAIRPERSON LEE: Okay. Can you just describe the types of equipment used in the forensic 5 toxicology lab, specifically the equipment and 6 7 instruments used to detect low levels of drugs that are still very potent? 8 CHIEF MEDICAL EXAMINER GRAHAM: I'm a 9 physician. I'm not a forensic toxicologist, but I 10 11 have general familiarity with the toxicology 12 laboratory equipment. There are multiple types of 13 equipment that is used to perform both screening tests and then perform confirmatory tests on samples 14 15 that are taken by our doctors at autopsy, and that 16 type of testing is more complicated than simply 17 testing a drug that may be recovered from drug 18 paraphernalia at a crime scene. These are biological 19 samples, and they have to be prepared, and the 20 portions of those samples that contain the drugs have 21 to be separated so there is equipment in the 2.2 laboratory that's used to process and extract the 23 relevant portions from those biological samples then there are screening instrumentations such as the 24 25 ELISA type tests, the enzyme-linked immunoabsorbent

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 144 1 assays, the screening tests, and then there are the 2 3 larger pieces of equipment that are used in actually 4 identifying what specific drugs and in what quantities are in a particular sample, such as liquid 5 6 chromatography and gas chromatography, gas 7 chromatography coupled with mass spectrometry and 8 often tandem mass spectrometry so we would say GCMSMS 9 because there are pieces of equipment that fit together so there's an entire range of very 10 11 sophisticated instrumentation that enables our 12 toxicology lab to identify the range of compounds 13 that we're able to see, and that really informs our 14 medical examiners in terms of what ends up on the 15 death certificate, what combinations of drugs are out there and what's killing people. 16 17 CO-CHAIRPERSON LEE: Thank you. I'm 18 actually really excited to hear about this DIIG 19 program. It sounds very holistic and amazing, 20 actually. Just wanted to know because I know it's 21 still a pilot program from what you had mentioned, 2.2 right, or did it go into? 23 CHIEF MEDICAL EXAMINER GRAHAM: I think we've certainly gone beyond the pilot stage, but it's 24 now our goal to reach every family that has lost 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 145 1 2 someone to a drug overdose and we're on target, as I 3 said, to have contact with over 1,000 families by the 4 end of this quarter, and so the other encouraging factor is the idea that so many people we are able to 5 reach, and among those we reach, so many are 6 7 accepting services and getting the help they need. 8 CO-CHAIRPERSON LEE: Which other city 9 agencies do you partner with because I would imagine they probably need a whole host of services, so how 10 11 does that work in terms of connecting them and doing the referrals? 12 13 CHIEF MEDICAL EXAMINER GRAHAM: Yes, so we have many partners, and I would say a centerpiece to 14 15 our partnership in this effort is the City's RxSTAT 16 initiative, which is a public health, public safety 17 partnership that started with just a very few 18 partners and now is over 30 agencies at all levels, local, state, and federal, including the local Health 19 Department, the State Health Department, the 20 21 treatment community, law enforcement, and so we have 2.2 a rich network of partners that has been built 23 through that initiative, and so our social workers work with those partner agencies to tailor the 24 specific needs of their clients and provide them a 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 146 1 warm handoff to those services, and this has ranged 2 3 from the obvious substance use treatment referrals, 4 grief support provided directly by the social workers 5 to housing instability issues to literacy. If you're unable to read, you can't fill out a job application 6 7 and get a job, and so that entire range of needs exists in this population, and we fortunately have 8 9 our partners around the RxStat table to turn to for that help. 10 11 CO-CHAIRPERSON LEE: That's awesome. Where 12 are the programs currently offered or where is it 13 housed? 14 CHIEF MEDICAL EXAMINER GRAHAM: The DIIG 15 is headquartered at our 421 East 26th Street 16 headquarter office so all of our social workers as 17 well as the program administration and our 18 epidemiologists are there. 19 CO-CHAIRPERSON LEE: Okay, great. Thank 20 you. 21 CO-CHAIRPERSON SCHULMAN: Okay, I actually have one other question, which is that there was an 2.2 23 issue a few months ago about criminalists approving their own work. I know that you did an investigation 24 25 and that there was a comprehensive report issued. Can

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 147 1 you just summarize the findings, number one, and 2 3 number two, let us know if any new procedures were 4 implemented as a result of that. CHIEF MEDICAL EXAMINER GRAHAM: Yes. Thank 5 you, Chair Schulman. This incident you're referring 6 7 to involved an internal breach of laboratory 8 protocol, which we internally identified and 9 immediately launched a full-scale investigation, reported immediately to our oversights as well as our 10 11 stakeholders. We removed the individuals involved 12 immediately from case work. There is an active 13 ongoing investigation on the part of officials external to the OCME, including the City's Department 14 15 of Investigations that's actively occurring. We performed a full-scale investigation. We have 16 17 absolutely no reason to believe that this has an 18 impact to any case in the criminal justice system. 19 The reports that were involved in this particular 20 incident were promptly reviewed, and the science had 21 no compromise of its integrity, the results were not 2.2 affected, and the partners in the criminal justice 23 system, based on all we know at this point, it has had no impact and we, based on everything we know, 24

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COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 148 1 2 have confidence that this has not gone beyond the 3 three individuals involved. 4 With respect to changes, internally, we 5 use every one of these situations as a learning opportunity. It's a chance for us to internally 6 7 reaffirm our values around integrity. We're going to 8 implement a broadening of our ethics trainings, which 9 was already robust within the laboratory, but we're going to add to the ethics training that we provide 10 11 to our laboratory scientists, and we're going to look 12 more broadly across the entire agency as to an ethics 13 program that would be applicable across all of our operational areas. I think that that's a general 14 15 approach. I think there are specific changes we're 16 going to implement, particularly from an IT 17 infrastructure standpoint, that will prevent this 18 from happening in the future and make it impossible 19 to occur in the future based on provisions that we 20 will implement in our IT structure, within the 21 laboratory information management system in our lab. 2.2 CO-CHAIRPERSON SCHULMAN: Thank you very 23 much for that comprehensive answer and thank you again for everything that you do. 24 25 Chair Lee, you have any? No?

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 149 1 I want to thank you. You're a well-kept 2 3 secret in city government, and we really appreciate you coming here today, and we look forward to doing 4 some other things with you in the future so thank 5 6 you. 7 CHIEF MEDICAL EXAMINER GRAHAM: Thank you. We're very grateful to you and the Council, Chair 8 9 Schulman and Chair Lee, and there's a standing invitation to visit any time for any Member of the 10 11 Committee. Thank you very much. COMMITTEE COUNSEL: Thank you, Members of 12 13 the Administration. 14 We will now open the hearing for public 15 testimony. 16 I want to remind members of the public 17 that this is a formal government proceeding and that 18 decorum shall be observed at all times. As such, members of the public shall remain silent at all 19 20 times. 21 The witness table is reserved for people who wish to testify. No video recording or 2.2 23 photography is allowed from the witness table. Further, members of the public may not 24 present audio or video recordings as testimony but 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 150 1 may submit transcripts of such recordings to the 2 3 Sergeant-at-Arms for inclusion in the hearing record. 4 If you wish to speak at today's hearing, please fill out an appearance card if you have not 5 already with the Sergeant-at-Arms and wait to be 6 7 recognized. When recognized, you will have a strict two minutes, we have over 100 people registered to 8 9 testify so we will be enforcing this strictly, twominute time to speak today on the hearing topic, 10 11 which is the Preliminary Budget Hearing for Mental Health, Disabilities, and Addiction, as well as the 12 Committee on Health. 13 14 If you have a written statement or 15 additional written testimony that you would wish to submit for the record, please provide a copy of that 16 17 testimony to the Sergeant-at-Arms. You may also email 18 written testimony to testimony@council.nyc.gov within 19 72 hours of this hearing, and we review all written 20 testimony in full, and audio and video recordings 21 will not be accepted. 2.2 I will now be calling the first in-person 23 panel. We'll have Monica Rahman, Dice Cooper, Charles de San Pedro, Glenn Mejia, Maria Leon, and Leon Sims. 24

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2	CO-CHAIRPERSON SCHULMAN: Please make sure
3	your microphone is on before you speak.
4	MONICA RAHMAN: Good afternoon. My name is
5	Monica Rahman. I'm the Director of TOP Clubhouse in
6	the Upper West Side, and I have worked in several New
7	York City Clubhouses over the last six years and,
8	before I jump in, I think Leon Sims might be joining
9	us virtually so I wanted to mention that but, for
10	anyone unfamiliar with the Clubhouse model of
11	recovery, Clubhouse are a non-clinical program for
12	adults living with mental illness that provide an
13	opportunity to participate in meaningful work, be
14	part of a caring community, access essential
15	services, and education and employment support.
16	First, I want to say that we commend the Mayor's
17	historic investment of 30 million dollars in
18	Clubhouses and City Council and DOHMH's effort to
19	expand Clubhouse membership. However, the Clubhouse
20	community has some concerns about how the City plans
21	to use the money or how it's going to be spent. In
22	order to get a new Clubhouse contract, the City is
23	requiring Clubhouses to have 300 active members and
24	an average daily attendance of 90 and, according to
25	Clubhouse International, which governs Clubhouses

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 152 1 2 around the world, the average daily attendance for 3 Clubhouses around the world is 31 and active 4 membership is 109, and most New York City Clubhouses fall within that range so the new DOHMH requirements 5 would be tripling in size for most current New York 6 7 City Clubhouses. Clubhouses that can't meet those requirements would be forced to shut down and 8 9 transition its members to larger, more centralized locations, and the impact of this is breaking up 10 11 existing Clubhouse communities, some of which have been around for over 30 years, and this will be 12 13 devastating for the members who have found these communities to be so meaningful, providing structure, 14 15 support and friendship. A one-size-fits-all approach does not work for our members. Many members prefer 16 17 smaller, more intimate communities where everybody knows each other's name. Some members feel 18 overwhelmed and anxious in crowds, and they thrive in 19 a more intimate, closeknit environment. A lot of 20 21 members describe their Clubhouses as their family, 2.2 and they feel that they will lose this vital support 23 if their Clubhouse doesn't meet the requirements in the RFP. 24

25

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 153
2	CO-CHAIRPERSON SCHULMAN: Can you wrap it
3	up, please?
4	MONICA RAHMAN: Yeah.
5	CO-CHAIRPERSON SCHULMAN: Thank you. You
6	can submit that too so we're going to read it.
7	MONICA RAHMAN: And so also just in part,
8	in addition to my testimony, we submitted a petition
9	that has 5,000 signatures that shows all of the
10	people that care deeply about this issue, and I'm
11	going to turn it over to other members of the
12	Clubhouse community to share their thoughts.
13	GLENN MEJIA: Hello. My name is Glenn
14	Mejia. I'm a member at TOP Clubhouse. The reason why
15	I do not want the smaller Clubhouses to close is
16	because it gives me structure, it gives me something
17	to do every day. I feel that when I go to the
18	Clubhouse, I feel that not only I'm helping myself,
19	but at the same time, I'm helping out my fellow
20	members, and this helps me feel like I'm making a
21	difference in someone's life. Also, when I'm in the
22	smaller Clubhouse where I go to, I feel like I'm part
23	of something. I feel like I am part of the community
24	here. I feel appreciated, comfortable, and valued.
25	When I help out, because we're not only helping

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 154 1 2 ourselves, but at the same time helping our fellow members. Also in the smaller Clubhouses, we all know 3 4 each other and the staff knows us and they help us 5 work on our goals, and I think if we have to go to a larger Clubhouse, I don't think those means will be 6 7 met. Another reason why I would not go to another 8 Clubhouse is because the location won't be the same, and it's going to be a lot more people, and that is 9 why I believe that they should keep the smaller 10 11 Clubhouses open. 12 CO-CHAIRPERSON SCHULMAN: Thank you. 13 GLENN MEJIA: You're welcome. CHARLES DE SAN PEDRO: Hi, good afternoon. 14 15 My name is Charles de San Pedro, Jr., and a few 16 reasons why I want small Clubhouses to stay open is 17 it's become like a family to me, TOP Clubhouse. I 18 really like going out on outings with some of the members, even on the weekends, and TOP Clubhouse 19 20 helped me get a job at the U.S. Open last year, which 21 I was really happy with, and I feel special over 2.2 there. There are no member or staff only places, so I 23 feel like an equal, and I really love helping out cooking and setting up for events, and it's just I've 24 25 been a part of this Clubhouse for about five years

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 155 1 now and I want to be a member for the next 10, 20, 30  $\,$ 2 3 years. I love my Clubhouse and I really want it to 4 stay open. You're welcome. 5 DICE COOPER: Hi. My name is Dice Cooper, and I'm the Program Director of Lifelinks Clubhouse 6 7 at Elmhurst Hospital, and I want to thank Council 8 Member Linda Lee and Shekar Krishnan for visiting our 9 Clubhouse yesterday and actually listened to our members and their voices and what's happening now. 10 11 I've spent the past 23 years working in the 12 Clubhouse. I worked at a mega Clubhouse for a decade, 13 and I visited other Clubhouses, smaller Clubhouses around the city and, during those visits, I saw the 14 15 need, and I left that mega Clubhouse and went to a 16 small Clubhouse and today I see (INAUDIBLE). A lot of 17 our members just need a place to go. Many are not 18 looking for the mega Clubhouse to be at, but they 19 need a place where they can get the support. In a small Clubhouse, that support is there. The model of 20 21 recovery works not because of the big fancy building, 2.2 the numbers. It works because of meaningful 23 relationships. Many of our members who work in the Clubhouse have been there for over 30 years, and many 24 have built meaningful relationships that have helped 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 156 1 2 in their recovery. A Clubhouse protects members from 3 social isolation. It protects them from unstable housing, homelessness, suicide, incarceration, and 4 even death, and I hope that there will be something 5 done so that our members who feel that they don't 6 7 need to be in a mega Clubhouse can be able to 8 (INAUDIBLE) the small Clubhouses where they'll have 9 the services that they need. Thank you. MARIA LEON: Good afternoon, everyone on 10 11 the City Council. My name is Maria Leon, and I have been a member of Citiview Connections Clubhouse that 12 13 is located in Long Island City, and it's very accessible to everyone. There's a train station right 14 15 there on 36th Street. I've been a member since 2015 and, with all due respect to the ones that have 16 17 decided to complicate funding for small Clubhouses, I 18 speak for all of our members. We are very happy to 19 come to a Clubhouse that makes us feel very special, 20 and we feel comfortable and we're like family. 21 Really, I heard what you said to the other person, 2.2 and he was so evasive. He couldn't even answer you, 23 because you said something about 100 members or less, and he couldn't even answer the question. That's 24 25 wrong. We need your help. We need small Clubhouses.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL 157 HEALTH, DISABILITIES AND ADDICTION 1 2 They are extremely important to all of us, in every 3 borough, everywhere. Thank you. CO-CHAIRPERSON LEE: Thank you all so much 4 5 for your testimony, advocacy, and for sharing your personal stories. We really appreciate all of you, so 6 7 thank you. 8 CO-CHAIRPERSON SCHULMAN: Yes, very much 9 appreciated. Thank you so very much. COMMITTEE COUNSEL: This panel can stay 10 11 for a second. We're just going to go to Leon on Zoom. 12 Leon, please wait until the Sergeant cues 13 you and please accept the prompt to be unmuted. 14 SERGEANT-AT-ARMS: Time has started. 15 LEON SIMS: Okay, can I begin now? 16 COMMITTEE COUNSEL: Yes. 17 LEON SIMS: Okay, my name is Leon Sims, 18 and I'm representing Greater Heights Clubhouse, and I just want to say the Clubhouses, smaller Clubhouses, 19 is more than just a hangout spot. It's more like if 20 we was to go to larger Clubhouses, I feel like a lot 21 2.2 of members would consider that as a hangout spot. In 23 our Clubhouse, every member contributes to maintaining a clean, therapeutic environment. Some 24 people can't even afford meals, and they come to our 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 158 1 2 Clubhouse and they get provided breakfast, lunch, and 3 dinner. Clubhouses are made to fit members' needs, so 4 why aren't our needs being taken into consideration, and it affects not only members, but it affects 5 families of members because the Clubhouse helps 6 7 provide jobs, schooling, benefits, responsibilities, a safe haven, a therapeutic environment, and it's a 8 9 better connection because we get the individual attention that we need, and we should be treated as a 10 11 member, not instead of a number. As you can see, 12 there are many people who feel like smaller Clubhouse 13 is the way to go, and disability is not inability, and we know what's best for us. So I beg you to 14 15 empathize and acknowledge, when I say we, I mean 16 members and staff, how we benefit from smaller 17 Clubhouses and feel like it's a place where we can go to and feel we could be ourselves and have a family. 18 I have had many experiences with mental, I was once a 19 danger to myself and others at one point, but now I 20 21 have a goal to lead in the right direction and make 2.2 sure people don't follow my mistakes. Our Clubhouse 23 also has a DTR group, which I'm a member who runs that group. It's in a lot of Clubhouses. Basically 24 25 what I do, I teach people with dual diagnoses to

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 159 1 avoid substances. As far as suicidal ideation, I have 2 3 had a suicide attempt. I know the best way to prevent 4 suicidal prevention is not to wait until the 9-8-8 5 number is called, it's to teach coping skills so we won't have to reach that point, and our Clubhouse 6 7 enable us to do that. I would compare it to a classroom. If you have 300 students with one teacher, 8 9 you're not going to get the individual attention that you need opposed to having one teacher with 100 10 11 students, they get more attention paid to them to 12 help our needs. As a member, we have so many programs 13 that prevent us from using substances, that helps give us something to do positively, we engage in 14 15 groups, and it's very therapeutic, and I would just 16 like to use this last comparison. I love basketball 17 so I use this analogy. It's basically saying that an 18 owner of a team knows what's best for the players, so they make moves but, if you're a player, you know 19 what's best for yourself so I would just like to cut 20 it brief and I'd like to thank everybody (INAUDIBLE) 21 2.2 it means a lot to us, and I really hope small 23 Clubhouses stay open. CO-CHAIRPERSON SCHULMAN: We appreciate 24 25 your testimony. Thank you.

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 160
2	CO-CHAIRPERSON LEE: Good to see you. Two
3	days in a row, Leon. Sorry about that.
4	COMMITTEE COUNSEL: Thank you so much to
5	this panel. We're going to move to our next panel,
6	which will be also a hybrid panel of in-person and
7	Zoom. Will Abby Jeffrey, Elinor LaTouche, David
8	Freudenthal, Rachel Benner, Greg Mihailovich, and
9	Chris Norwood please come to the table, and then Juan
10	Pinzon on Zoom, you will testify after they are done.
11	Abby, you may begin when ready.
12	Oh, just make sure to turn on the mic,
13	sorry.
14	ABBY JEFFREY: Okay. Good afternoon, Chair
15	Schulman, Chair Lee, and Members of the Health and
16	Mental Health, Disabilities and Addiction Committees.
17	Thank you for inviting JCCA to testify on behalf of
18	the children and families to whom we provide
19	behavioral and mental health services. My name is
20	Abby Jeffrey, Assistant Vice President of Behavioral
21	Health and Wellness. I am an LCSW with over 15 years
22	of experience. JCCA provides behavioral health,
23	foster care, residential prevention, and educational
24	services to young people across the five boroughs and
25	Westchester. JCCA's wellness supports for young

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 161 1 2 people struggling with emotional challenges are 3 critical to preventing and addressing family 4 instability. Thank you for funding City Council initiatives that serve young people with mental 5 health needs. JCCA runs two, our court involved youth 6 7 and mental health initiative for justice-involved youth and our opioid prevention and treatment program 8 9 for Orthodox and Bukharian youth in Queens. My written testimony describes their successes, so I'll 10 11 use this time to discuss programs that could use additional support. JCCA provides a continuum of 12 13 other behavioral and mental health programs, an Article 31 clinic with school satellite, a youth ACT 14 15 team, Health Homes case management for children, community and family treatment support services, home 16 17 and community-based services among others. We face the same workforce challenges as other providers. 18 Reimbursement rates are so low that we struggle to 19 keep programs financially solvent. In fact, we are 20 21 considering decertifying our HCBS program because we 2.2 are running a deficit. The State recently added 23 additional hurdles for high-needs children, further reducing access and forcing JCCA to disenroll a 24 number of children. Children and youth in 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 162 1 marginalized communities need mental health services, 2 3 but we cannot accept all eligible referrals because 4 we do not have enough staff to serve them. JCCA has waitlists for our Article 31 clinic, CFTSS, HCBS due 5 to workforce issues. In the past year, our behavioral 6 7 health team saw many resignations. Our Health Home program lost four workers in less than two months. 8 When staff leave, they go to work in hospitals, 9 private practice, telehealth, and schools. Most JCCA 10 11 programs are community-based, where clinicians travel 12 to clients' homes, often in evenings after school. 13 It's hard to compete with jobs that offer remote work from home or comfortable office and school settings. 14 15 When staff leave JCCA, clients are deeply impacted. 16 Young people lose continuity of care and may struggle to trust a clinician, particularly when they are 17 18 working to overcome trauma. What can New York City do? Work with State partners to streamline access to 19 mental health systems. Each year, the State 20 21 introduces increasingly complex regulations, 2.2 particularly from Medicaid programs targeted to 23 underserved populations then fewer children are eligible for services. Encourage State partners to 24 increase contractual and Medicaid encounter-based 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 163 1 reimbursement rates to fund programs for high acuity 2 children and youth in hard-to-reach populations. 3 4 These include youth ACT teams, Article 31 clinics, CFTSS, HCBS, and Health Homes. The majority of our 5 workforce is comprised of women of color. We ask that 6 7 the City reduce barriers for aspiring clinicians and 8 provide tuition assistance and loan forgiveness and 9 subsidize test prep for licensure exams. We want to thank you for the 3-percent COLA that was given to us 10 11 for the next three Fiscal Years, and thank you for 12 allowing me to testify. 13 CO-CHAIRPERSON SCHULMAN: Thank you very much. I just want to remind people that we have now 14 15 over 110 people that have asked to testify. Please keep it to the two minutes. You can submit the 16 17 testimony. The staff is going to go through it all, 18 and we're going to have more hearings in April so thank you. 19 20 COMMITTEE COUNSEL: Elinor, you may begin. 21 ELINOR LATOUCHE: Hi, good afternoon. I'm 2.2 grateful to Council Member Schulman and Lee and the 23 Staff who put this opportunity together for us. Thank you that I can come and talk about how the Epilepsy 24 25 Foundation of Metropolitan New York wants to

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 164 1 2 underscore the City's mental health roadmap. The 3 Epilepsy Institute doing business as EFMNA has been in business since 1967. We are New York City's only 4 social service agency specializing in the treatment 5 of the needs of people living with and impacted by 6 7 epilepsy. Since COVID-19, our staff had noticed an 8 increase of reports of anxiety, isolation, depression 9 from clients living in all five boroughs. Our therapists routinely need to set aside mental health 10 11 treatment modalities to address more pressing needs of housing, food insecurity, and access to 12 13 healthcare. We see our role as improving integration and coordination. By linking clients to resources 14 15 that make them part of their community, we can improve outcomes. Community is the way to build 16 17 stronger public health. Some of our objectives for 18 2024 are to increase the attention to barriers for 19 accessing mental health supports and addressing 20 social determinants of health. Those might include 21 stigma, employment, culture, access, etc. We want to 2.2 promote our focus on vocational intervention to help 23 clients prepare for and exceed as a part of New York City's workforce. We want to provide 10 trainings to 24 law enforcement on epilepsy first aid. It's a 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 165 1 national initiative to have better outcomes when 2 3 there's interaction between law enforcement and 4 people with epilepsy. We employ a trauma-based 5 treatment team to meet the needs of clients whose mental health is a barrier to their overall well-6 7 being. By preserving and increasing New York City's 8 funding, we can ensure better lives for all New 9 Yorkers. Thank you. CO-CHAIRPERSON SCHULMAN: Thank you. 10 11 Greq, you may begin. 12 GREG MIHAILOVICH: Okay, thank you, Chair 13 Schulman, Chair Lee. My name is Greq Mihailovich. I'm 14 the Community Advocacy Director for the American 15 Heart Association here in New York City. AHA is dedicated to fighting heart disease and stroke, and I 16 17 want to touch on two City programs that will 18 hopefully help us do that. First, self-monitoring 19 blood pressure. Now, high blood pressure or 20 hypertension is a key risk factor for cardiovascular 21 disease and stroke, and often there are no symptoms 2.2 that people are suffering from it, and monitoring 23 your blood pressure numbers outside of a clinical setting, self-monitored blood pressure is a validated 24 approach because often the numbers differ between 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 166 1 home and away. There's white coat hypertension, mask 2 hypertension, and it's tied to lower hypertension and 3 4 better management of hypertension, but there are financial barriers involved. Now last year, the 5 Council passed legislation that says DOHMH is going 6 7 to provide self-monitoring devices at no cost to 8 high-need areas subject to appropriation so that 9 means there's going to be some money hopefully, but a question of how much. We ask and recommend that it's 10 11 at least 1 million dollars in the budget to support 12 the self-monitoring blood pressure program. 13 Secondly, smoking cessation. Smoking is still the number one preventable cause of death in 14 15 the United States. One out of four deaths for cardiovascular disease and stroke can be tied to 16 17 smoking. In New York City, 13 percent of adults still 18 smoke, but two-thirds of them try to quit every year. Also, there are ongoing efforts at federal, city, 19 20 state level about removing menthol cigarettes from 21 the market. A recent study shows that if menthol was 2.2 removed from the market, a full quarter of menthol 23 smokers would try to quit rather than switch to nonmethylated products so if that happens in New York 24 City, quit attempts are going to go up. Studies show 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 167 1 that when someone trying to quit gets help from a 2 3 healthcare provider, it doubles their chances of 4 success so we're asking the City to invest an additional 1 million dollars in their smoking 5 cessation programs to help New Yorkers live tobacco-6 7 free. Thank you for everything you do to protect our physical and mental health and happy to work with you 8 9 going forward. Thanks. CO-CHAIRPERSON SCHULMAN: I'd like to ask 10 11 you a question. It's confusing to me and I'm sure 12 it's confusing to other people in terms of blood 13 pressure, like you get different readings, even when you do it yourself so are there any materials that 14 15 the American Heart Association has to give to people 16 about how to do that because not everybody does it 17 the way it's supposed to? I'm including myself in 18 this. 19 GREG MIHAILOVICH: We have a lot of 20 information, but that's part of why the self-21 monitoring blood pressure is important because people 2.2 are either tense in the hospital so the idea that if 23 you know your number is going along that you get that bigger picture as opposed to that once a year, twice 24 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 168 1 2 a year you're checking the blood pressure, but I'm 3 happy to share with your office and the Committee. 4 CO-CHAIRPERSON SCHULMAN: Because I'd love to send it out to my constituents as well. 5 GREG MIHAILOVICH: Yeah, I'll send that to 6 7 you. 8 CO-CHAIRPERSON SCHULMAN: Great. Thank you 9 so much. COMMITTEE COUNSEL: We'll now move to 10 11 Rachel. 12 RACHEL BENNER: Thank you for the 13 opportunity to testify. My name is Rachel Benner. I'm 14 a social work student intern at United Neighborhood 15 Houses. UNH is a policy and social change 16 organization representing neighborhood settlement 17 houses that reaches over 765,000 New Yorkers. Our 18 members provide a variety of mental health and 19 substance abuse services to their communities, such 20 as Article 31 mental health clinics, Article 32 21 substance abuse treatment programs, PROS programs, 2.2 geriatric mental health, and others. This testimony 23 will focus on three key recommendations for the FY 2025 budget, restoring all funding for the Council's 24 mental health initiatives at 25.5 million dollars, 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 169 1 creating a new 3-million-dollar youth mental health 2 3 Council initiative, and investing 3.75 million 4 dollars to expand school-based mental health clinics. Our first recommendation is the restoring 5 of 25.5 million in funding to all nine of the 6 7 previously funded DOHMH mental health Council 8 Initiatives. We greatly appreciate the Council's 9 longstanding support for these programs that bring mental health services to vulnerable populations. 10 11 Every year, these initiatives provide crucial funding 12 to non-profit providers to offer services in non-13 clinical community settings. Although the funding must be restored each year by the Council instead of 14 15 being on more stable multi-year contracts, the 16 funding is flexible and allows providers to meet 17 their hyper-local needs. Funding levels for these 18 initiatives fluctuated over the last few years. FY24 overall funding was reduced by a million dollars so 19 20 it is crucial that the Council at a minimum restore all this funding in the FY 2025 budget. 21 2.2 We also recommend creating a 3-million-23 dollar million youth mental health Council initiative. This would provide flexible mental health 24 services for youth programs run by CBO's like 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 170 1 Beacons, Cornerstones, Compass, Sonic with a focus on 2 3 out-of-school time. Programs would be able to hire 4 mental health professionals who are trained to engage young people and test other innovative tailored 5 solutions to young mental health needs, much in the 6 7 same way that the geriatric mental health initiative functions for older adults. 8 9 And then our final recommendation is investing 3.7 million dollars to bolster 50 existing 10 school-based mental health clinics with each clinic 11 12 receiving 75,000. Thank you. 13 CO-CHAIRPERSON SCHULMAN: Thank you. COMMITTEE COUNSEL: David Freudenthal and, 14 15 if it is not, please state your name for the record. 16 SHANNON ROCKETT: Hi, just a bit of 17 housekeeping, Sergeant, before my time starts. David 18 Freudenthal had to step away. I'm Shannon Rockett, I 19 work on his team at Carnegie Hall so I'd like to 20 testify on his behalf if that's okay. 21 COMMITTEE COUNSEL PEPE: If you could fill 2.2 out an appearance card, that would be ... 23 SHANNON ROCKETT: Yes, of course. 24 COMMITTEE COUNSEL PEPE: Thank you. 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL11HEALTH, DISABILITIES AND ADDICTION171

2 SHANNON ROCKETT: Good afternoon, Chair 3 Schulman, Chair Lee and Members of the Committees. My 4 name is Shannon Rockett, and I'm here today on behalf of Carnegie Hall. As a member of the Cultural 5 Institutions Group, Carnegie Hall takes seriously its 6 7 compact of public service to our city's residents and believe music can play a meaningful role in people's 8 9 lives, including those in high-need situations. Carnegie Hall is a leader in creating far-reaching 10 11 music education and social impact programs that 12 inspire the next generation of music lovers, nurture musical talent, and contribute to the evolution of 13 music education. Because our own work has focused so 14 15 heavily on mental health and well-being, we were very 16 encouraged to hear Speaker Adams inclusion of arts 17 and culture and maternal and youth mental health 18 initiatives among her priorities for the year ahead. 19 The Speaker's focus here calls out the "arts and" 20 approach to which our city's cultural organizations 21 ascribe. With the City Council's support, culture has 2.2 been a highly effective resource to address many 23 human services needs. For this reason and many more, I urge the Council to restore the devastating cuts to 24 culture that have been enacted this year and called 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 172 1 2 for in the next year. Carnegie Hall has invested 3 deeply in the programming and research of music and 4 mental health for more than a decade and seeks to both broaden and deepen our citywide impact with the 5 Council's initiative support in FY25 for our Lullaby 6 Project and Well-Being Concert Series. The Lullaby 7 8 Project connects new parents and caregivers and their 9 newborn babies with professional artists to compose original lullabies, meeting families where they are 10 11 in public hospitals, high schools, shelters, and 12 other community centers. Piloted this year, our Well-13 Being Concert Series offers thoughtfully curated concerts that bring people together for an experience 14 15 that builds connection and celebrates our shared 16 humanity, regardless of socioeconomic circumstances 17 or background. In addition to public concerts, a 18 significant proportion of the program invites 19 specific groups to attend without cost. These include 20 healthcare workers, students, and clients of H and H 21 and DOHMH, veterans invited through the New York 2.2 State Department of Veterans Services and Black 23 Veterans for Social Justice, individuals and families impacted by the justice system, and older adults. Our 24 impact and partnerships throughout the city 25

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 173
2	demonstrate that investment in arts and culture is a
3	compound investment in human services and our
4	communities. Cuts to arts and culture therefore have
5	a compound negative effect on our communities. We
6	urge the Council to prioritize and protect funding
7	for arts and mental health programming in the year
8	ahead and thank you for your time.
9	COMMITTEE COUNSEL: Thank you. We will
10	Juan Pinzon on Zoom. Please wait until the Sergeant
11	cues you and accept the prompt to be unmuted.
12	SERGEANT-AT-ARMS: Time is starting. You
13	may begin.
14	JUAN PINZON: Thank you, Chairs Schulman
15	and Lee. Thank you for the opportunity to testify.
16	I'm sorry that I couldn't be there today. I'm the
17	Director of Government Relations at the Community
18	Service Society, and I'm today testifying in support
19	of the Managed Care Consumer Assistance Program. This
20	is a program that started in 1998 with a large
21	network of 26 CBOs administered by the Community
22	Service Society to help New Yorkers navigate the
23	healthcare system, troubleshoot any problems that
24	they may have with their health insurance.
25	Unfortunately, we lost funding in 2010, and we were

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 174 1 2 able to restore some of the funding in 2019, but the 3 funding is not really adequate to help all New 4 Yorkers who need help. This is a program that is really important when consumers receive an insurance 5 notice that they don't understand, when they get a 6 7 medical bill that they're not able to afford, or maybe the insurance company is denying a benefit and 8 9 they need help, appealing that insurance. This is really the only place where they can turn to for help 10 11 so we are asking for an expansion of the program to 12 be able to bring some of the CBOs that we lost back 13 in 2010. We need a network of at least 26 CBOs providing services on the ground. Since we relaunched 14 15 the program in 2020, we have been able to serve 16 14,000 clients and we have been able to save those 17 clients almost 800,000 in healthcare-related costs. 18 We've also been very busy in the last year helping Medicaid consumers and also people who have essential 19 plan, recertify their coverage. We can also help them 20 21 explore different coverage options if they're not 2.2 eligible for public health insurance during this end 23 of the public health emergency and we, in fact, have seen a 72 percent increase in those type of cases so 24 I'm asking the Council to restore funding for the 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 175 1 program. We need at least 2.3 million dollars to be 2 3 able to bring an additional 15 CBOs into our network 4 and, with that funding and with that level of capacity, we should be able to serve an additional 5 3,000 New York City residents through our program so 6 7 I think that's all I have and thank you so much for your time and again for the opportunity to testify 8 9 virtually. COMMITTEE COUNSEL: Thank you, Juan. Thank 10 11 you so much to this panel. 12 We will now move on to our next panel, 13 which will also be a mix of in-person and Zoom. Will 14 Marcos Stafne, JiHoon Kim, Dana Zakharova, Catherine 15 Laino (phonetic), Sylvia Pizarro (phonetic), and 16 Murphy Halliburton, and then we'll have Ronnell Lovett on Zoom, so you will testify after the in-17 18 person. Thank you. 19 JiHoon Kim, you may begin. 20 JIHOON KIM: Good afternoon, Chair 21 Schulman, Chair Lee, and Members of the Health and 2.2 Mental Health Committees. My name is JiHoon Kim, and I am the inaugural CEO of InUnity Alliance, which was 23 created by the merger of the Coalition for Behavioral 24 Health and the Alcoholism and Substance Abuse 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 176 1 2 Providers of New York. We represent more than 250 3 addiction and mental health agencies across the state 4 with a significant footprint in New York City. First, it is vital that we invest in the human services 5 workforce, and we join the City Council in 6 7 celebrating the 741-million-dollar COLA announced 8 last week and thank you for your continued advocacy 9 for this essential workforce. Next, I want to emphasize the pressing need to destigmatize mental 10 11 illness and substance use disorder. Stigma continues 12 to contribute to significant challenges for my member 13 agencies when launching services in communities that are disproportionately impacted by the overdose 14 15 epidemic and the mental health crisis. InUnity 16 Alliance is committed to building bridges to ensure 17 that prevention, treatment, and recovery services are 18 available to all residents of New York City. InUnity Alliance fully supports restoring the City Council's 19 20 mental health and substance use portfolio to Fiscal Year '23 levels and increasing, in particular, the 21 2.2 opioid prevention and treatment initiative. As we're 23 all aware, New York City experienced record high drug-related deaths last year with a disproportionate 24 impact on black New Yorkers. Relatedly, we commend 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 177 1 the City Council's advocacy on encouraging the 2 3 Administration to release opioid settlement funds as it is doing on Staten Island, supporting community-4 based organizations with additional resources will 5 undoubtedly save lives and mitigate impacts on 6 7 individuals and their families. Finally, another critical issue that requires on going attention from 8 9 the City Council is contract delays. These delays have hindered our ability to deliver timely and 10 11 effective care to New Yorkers. These processes need 12 to be streamlined and expedited so that organizations 13 can focus on their core mission of delivering highquality care, rather than navigating bureaucratic 14 15 hurdles. I appreciate this opportunity to present 16 this testimony on behalf of InUnity Alliance, and I 17 look forward to strengthening our partnership with 18 the City Council. CO-CHAIRPERSON SCHULMAN: Thank you. You 19 may begin. 20 21 COMMITTEE COUNSEL: Just make sure your 2.2 mic's on. 23 DANA ZAKHAROVA: Hello. Good afternoon. My name is Dana Zakharova, and I have been a member of 24 25 the Lifelinks Clubhouse for the past six years. I

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 178 1 enjoy every minute of it. Lifelinks Clubhouse helped 2 3 me to get education, job, and friends. I learned 4 about being a mental health peer mentor, someone with a lived experience who helps other people with a 5 mental health diagnosis through the Clubhouse. I 6 7 received my training through it. I was able to get a full-time employment as a peer specialist because of 8 9 my training. I got inspired to return to school to work on finishing my bachelor's degree because of a 10 11 continuing education program I learned about and 12 attended through my Clubhouse. I'm now going to be 13 attending Hunter College to pursue my dream career in theater, dance, and Slavic studies. I met so many new 14 15 friends through my Clubhouse, friends that I shared 16 my life's moments with and who have been with me for 17 years. I have a place to socialize and call my own 18 because of my Clubhouse. I have friends because of 19 the Clubhouse, I have a career, college, and I'm 20 forever grateful to my Lifelinks Clubhouse. Thank 21 you. 2.2 COMMITTEE COUNSEL: Thank you so much. You 23 may begin when ready. Just make sure, yep, mic is on. MURPHY HALLIBURTON: Thank you. My name is 24 25 Murphy Halliburton. I'm a professor at CUNY at Queens

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 179 1 2 College and the CUNY Graduate Center. My specialty is medical and psychological anthropology, and I look at 3 social and cultural issues related to mental health 4 5 mostly, and I'm currently doing a research project on the Hearing Voices Movement, and my testimony is 6 7 related to others here who will also speak to the Peers Not Police efforts. Hearing Voices Movement is 8 a peer-led group where basically experienced voice 9 hearers, some of whom have mental illness diagnoses 10 11 like schizophrenia and some of them don't, help train 12 more inexperienced people on how to handle the 13 voices, and all the people I've interviewed have said that the medications didn't help them and they didn't 14 15 get rid of voices. What they said made the difference 16 was being involved in hearing voices groups, these 17 peer groups. They said that they don't get rid of the 18 voices. They change their relationships to the voices, and negative antagonistic voices are modified 19 or resolved and sometimes go away. I asked several of 20 these people I interviewed who had been arrested by 21 2.2 the police for not doing anything threatening, but 23 behaving strangely in public basically, what if a peer, say a voice-hearer, had come instead of the 24 25 police during this behavior, what do you think would

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 180 1 have happened, and they always had this reaction 2 like, oh my God, that would have been amazing. One 3 4 woman said when she first had this happen to her she was just wondering what was happening and she wanted 5 someone to explain why she was having this 6 7 experience, and the police couldn't explain that to 8 her but, no doubt, peers would have been more 9 effective so I guess I'm speaking to the choir a little bit because I did hear concerns about B-HEARD 10 11 today so I just want to encourage you to continue to 12 pursue groups like that to become involved in using 13 peers rather than police. 14 MARCOS STAFNE: Honorable Chairs and 15 Members of the Committee, my name is Marcos Stafne, 16 Executive Director of GallopNYC. I'd like to express 17 my sincere gratitude for your support of the City 18 Council's Autism Awareness Initiative, vital for New Yorkers on the autism spectrum. Over one-third of our 19

20 participants have autism, emphasizing the need for 21 targeted interventions. Therapeutic horseback riding, 22 and being in the presence of horses profoundly 23 benefits individuals with disabilities and their 24 families. We prioritize serving low- and middle-25 income families, ensuring accessibility without

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 181
2	formal diagnosis requirements. City funding sustains
3	our operations, providing therapeutic riding, and
4	scholarships essential for our extensive 1,000-person
5	waitlist. We advocate for the reinstatement of
6	124,916 dollars in autism awareness funding. I invite
7	Committee Members to witness our program's
8	transformative impact in Queens and Brooklyn with
9	plans for expansion in Staten Island. Your continued
10	support enables GallopNYC to serve our city with
11	excellence. Thank you for your time and
12	consideration.
13	CO-CHAIRPERSON SCHULMAN: I also want to
14	say that GallopNYC is in my District, and they're
15	amazing. I would encourage my Colleagues to go and
16	visit and see what they do with the horses and the
17	people that need assistance.
18	MARCOS STAFNE: Thank you.
19	COMMITTEE COUNSEL: Before this panel
20	concludes, we're going to move to Ronnell Lovett on
21	Zoom. Please wait until you are unmuted, accept the
22	prompt, and wait until the Sergeant cues you.
23	SERGEANT-AT-ARMS: You may begin.
24	RONNELL LOVETT: Good afternoon. My name
25	is Ronnell Lovett, and <u>(INAUDIBLE)</u> Clubhouse, and I

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL 182 HEALTH, DISABILITIES AND ADDICTION 1 want to make this statement briefly. Why my Clubhouse 2 3 is very important to me, (INAUDIBLE) Clubhouse is my second home. Keep my Clubhouse open and don't shut us 4 down. I'll agree we make sure more New Yorkers like 5 us have access to Clubhouses, but making big 6 Clubhouses (INAUDIBLE) small Clubhouses like mine 7 8 (INAUDIBLE) our struggle to do the best job for 9 members. We need our Clubhouses to be in our communities and, if they are no options for small 10 11 Clubhouses, where does that leave us? Please make 12 sure you keep my Clubhouse open in my community. 13 Thank you very much. 14 COMMITTEE COUNSEL: Thank you. 15 CO-CHAIRPERSON LEE: Thank you, everyone, 16 and before we dismiss this panel, I just wanted to 17 say for the record right now, but also hopefully 18 we'll remember this in the future, but there is an incredible amount of talent in this room right now, 19 and have the fortune to get to know and visit all of 20 you guys at your different sites, GallopNYC, InUnity, 21 2.2 that merger is huge, because as we know, comorbidity 23 exists, we need the research, we need community, we need all of these partners on the ground, UNH, 24 25 whoever, if the social work intern's here, don't

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 183 1 2 leave, please, the industry because we need more social workers, but I just want to say this because I 3 4 feel very humbled to be in the presence of such great leaders who are doing the work on the ground in the 5 community, and what I wanted to say is I want to 6 7 encourage you guys to also exchange information with each other because there is such a wealth of 8 9 knowledge in this room, and I just wanted to state that for the record and recognize it and really hope 10 11 that you all also get to exchange information. If you 12 guys want to reach out to our offices, sorry, John, 13 I'm giving you guys more work on my Staff but, if you guys want to reach out to our offices as a resource, 14 15 I really encourage you to do that because I just 16 really want you all to get connected to each other because there's so much room for collaboration so 17 18 just wanted to say that. COMMITTEE COUNSEL: Thank you, Chair, and 19 20 thank you so much to this panel. 21 Moving along to our next panel, which 2.2 will be in-person. Will Eric Rosenbaum, Shams 23 DaBaron, Jane Ni, Caitlin Garbo, Anne Casper, and Joelle Ballam-Schwan. 24 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL 1 HEALTH, DISABILITIES AND ADDICTION 184

2 ERIC ROSENBAUM: Good afternoon. Thank you 3 to Speaker Adams, Health Chair Lynn Schulman, Mental Health Chair Linda Lee, and the entire Council for 4 5 the opportunity to testify. I'm Eric Rosenbaum. I'm the President and CEO of Project Renewal. For over 55 6 7 years, we've provided shelter, housing, healthcare, 8 employment services to hundreds of thousands of New 9 Yorkers experiencing homelessness. Let me start by saying thank you for this COLA. It's a big, big deal. 10 11 Our workers, our professionals, they provide care, 12 compassion, and renewal. This COLA is a big step 13 towards, although it doesn't get all the way there, a living wage so on behalf of our nearly 1,000 staff, 14 15 thank you.

16 Project Renewal houses about 5 percent of 17 the single adults in New York City's shelter system. 18 Our population is the most challenged by mental illness, substance use, criminal justice involvement, 19 and, if we're really honest, racism. Our services go 20 21 far beyond City-funded shelter and housing. We 2.2 provide primary healthcare, psychiatry, substance use 23 treatment, dental care, occupational therapy. Our workforce development programs are uniquely 24 successful at bringing our clients into the workforce 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 185 1 2 and provides a ladder to a true living wage. Our 3 scale and our cross-functional behavioral health 4 expertise is the secret sauce that makes the difference in the lives of our population. Consider 5 the state-of-the-art 16-bed Support and Connection 6 7 Center in Council Member and Deputy Speaker Ayala's 8 East Harlem District, which this year provided 9 engagement, stabilization, and treatment services for 800 adults with mental health or substance use needs 10 11 and is an effective alternative to incarceration and 12 hospitalization. Our occupational therapy program is 13 integrated across all of our shelter and housing programs, and it helps the bridge that connects that 14 15 makes clients help get the skills they need to build 16 a fulfilling and stable life. This comprehensive 17 support means faster, more effective care, and it 18 changes lives. We're really proud to have your support through the Speakers Initiative and the 19 20 Homeless Prevention Service for Veterans Initiative. 21 We hope to count on your continued investments in our 2.2 mission to end the revolving door of emergency room, 23 jails, shelter, and the streets. Thank you. SHAMS DABARON: Thank you to Speaker 24 25 Adams, Deputy Speaker Ayala, Health Chair Schulman,

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 186 1 Mental Health Chair Linda Lee, the Committee Members 2 3 and the entire City Council for the opportunity to 4 testify. My name is Shams DaBaron. Today I'm proud to serve on the Board of Project Renewal, a shelter 5 provider whose shelter I once slept in. But when I 6 7 first came to Project Renewal, leadership wasn't on my mind. I was unhoused, deeply depressed, and 8 9 wondering whether I could go on. Life, for me, ain't been no crystal stair and, at that point, I was ready 10 11 to give up on life because I couldn't take it no 12 more. Many of the shelters I've been in were so 13 inhumane, I preferred to sleep in the streets. It was at a Project Renewal shelter that I was given more 14 15 than a bed. In their shelter, I received therapy, 16 treatment for alcohol abuse, and wraparound support. 17 I participated in occupational therapy groups to 18 develop skills to navigate challenging situations. Within months, I knew I had a life worth living and 19 20 wanted to make a difference. That's where the 21 homeless hero was born. Today, I'm proud to be a 2.2 leader for others who need care and support. My 23 advocacy is rooted in my personal experience. To make stories like mine possible, partnership with the New 24 York City Council is crucial. Project Renewal and 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 187 1 2 other providers need your continued support to ensure 3 that thousands of New Yorkers get the integrated care 4 they need. I asked for the Council support to expand initiatives like Project Renewal support and 5 connection centers, Clubhouses fund job training 6 7 initiatives like its culinary arts program and embrace a food-as-medicine policy in all shelters. 8 9 Thank you for the opportunity to testify and your continued partnership. 10 11 COMMITTEE COUNSEL: Thank you. 12 JOELLE BALLAM-SCHWAN: Hello. My name is 13 Joelle Ballam-Schwan and I'm with the Supportive Housing Network of New York and Correct Crisis 14 15 Intervention Today, CCIT-NYC. Chair Lee, thank you so 16 much for all your support around NYC 15/15 and thank 17 you to the entire Council for the COLA. We look 18 forward to learning more details and ensuring that it covers all supportive housing programs. As you know, 19 20 we are concerned that the NYC 15/15 initiative is 21 falling short of its goal to create 15,000 units by 2030. NYC 15/15 relies on the scattered-site model 2.2 23 where non-profits rent units on the private market and bring services to tenants, but private market 24 25 units aren't there. The Housing and Vacancy Report

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 188 1 2 showed the vacancy rate at just 1.4 percent. This, 3 along with inadequate service rates, has resulted in 4 only 17 percent of scattered-site units awarded after eight years when the City should be at or above 50 5 percent. This is also a racial equity issue. Black 6 7 people who are over-represented in supportive housing 8 applicants make up the majority of tenants. The 9 network has developed a plan to improve NYC 15/15 and ensure the City reaches its target so we seek to 10 11 reallocate the 6,220 unawarded scattered site units 12 as follows. Develop additional congregate units, 13 develop only a limited number of scattered site units, develop a supportive housing preservation 14 15 program, and investigate the overlay model. We also 16 ask to increase and align all NYC 15/15 service and 17 operating funding to ensure parity across the 18 programs and expand eligibility to folks exiting jail 19 or prisons and survivors of domestic violence, and 20 we'll provide more details in our written testimony. 21 As part of CCIT-NYC, we're advocating for a peer-led 2.2 non-police mental health crisis response system. The 23 current City pilot program, B-HEARD, omits peers from the response teams. We ask that the Council adopt 24 25 best practices and features of CCIT-NYC model by

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 189 2 focusing on placing trained peers on B-HEARD response 3 teams as well as restore prior B-HEARD PEG cuts. Thank you. 4 5 COMMITTEE COUNSEL: Jane Ni, you may begin 6 next. 7 JANE NI: Good afternoon. My name is Jane Ni. I also go by Ni Xiaowei, which is my Chinese name 8 or Wei for short, and I am the Assistant Director of 9 Policy at the Community Healthcare Association of New 10 11 York State, New York's primary care association 12 representing more than 70 federally qualified health 13 centers, also known as community health centers, across the state. On behalf of CHCANYS and New York 14 15 City's health centers, I thank the New York City Council for convening this important Preliminary 16 17 Budget hearing on Health. In New York City, community 18 health centers serve more than 1.2 million patients at 490 sites across the city. Health centers serve as 19 the backbone of New York's healthcare safety net, 20 providing high-quality primary and preventive care to 21 2.2 all, regardless of their ability to pay, insurance 23 coverage, or immigration status. Many of our health centers' patients are from black and brown and 24 25 underserved communities that have historically faced

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 190 1 2 systemic barriers in accessing quality healthcare. 3 CHCANY has three Fiscal Year 2025 budget priorities 4 for the New York City Council. First is to invest in 5 primary care and community health centers, second is the support of programs that strengthen and reinforce 6 7 the healthcare workforce and, finally, that the Council ensure all New Yorkers have access to care. 8 We have submitted detailed written testimony, which 9 you have before you, which does a deep dive on each 10 11 of these topics, but I will now share a brief comment 12 on each of these priorities. It is crucial that the 13 Council invest in primary care. Primary care is the cornerstone of our healthcare system, but it has been 14 15 long underfunded. Increased targeted investments in 16 primary care and to support the critical role of 17 health centers are needed and will enhance preventive 18 efforts while addressing health disparities prevalent in underserved communities, including maternal 19 mortality, COVID-19, and cardiovascular diseases. 20 21 Health centers are the primary care safety net for 2.2 New York City and are pivotal in advancing health 23 equity and tackling disparities. Over the years, health centers have expanded their services to 24 25 encompass comprehensive primary care, including

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 191 1 2 addressing social needs like housing and food 3 insecurity. However, rising costs are far exceeding 4 health center reimbursement rates that were set over 20 years ago. According to the analysis conducted by 5 the Urban Health Institute, on average, costs are 44 6 7 percent higher than the maximum allowable CHC 8 Medicaid rate. This puts immense strain on their 9 ability to recruit and retain a diverse workforce. Finally, we hope to see the swift implementation of 10 11 the expansion of the New York City CARES program to 12 include health centers that was enacted by the 13 Council in 2021, which would really greatly help 14 alleviate the financial burden of uncompensated care, 15 particularly for vulnerable populations such as 16 asylum seekers and undocumented individuals. In the 17 past, the Council has adopted resolutions calling on 18 the New York State legislature to pass legislation 19 that would expand health insurance coverage to 20 undocumented individuals. We look again to the New 21 York City Council to support healthcare coverage 2.2 expansion to all New Yorkers, regardless of 23 immigration status. Thank you again for the opportunity to testify today. I'm happy to answer any 24 questions. 25

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 192
2	COMMITTEE COUNSEL: You may begin when
3	ready.
4	CAITLIN GARBO: Good afternoon, Chair Lee
5	and Chair Schulman and Members of the joint
6	Committees. My name is Caitlin Garbo and I'm speaking
7	on behalf of the National Alliance on Mental Illness
8	of New York City, NAMI-NYC. For over 40 years, we've
9	provided renowned peer- and evidence-based services
10	led both for and by individuals and families affected
11	by mental illness all across New York City and all
12	free of charge. NAMI-NYC sees families as the thread
13	across a fractured system of New Yorkers living with
14	SMI. We want families to be known as those who are
15	first dealing with those changes in their loved one's
16	behavior and mood. Maybe some of you up here even
17	identify with being a family member in this capacity.
18	When given proper tools and adequate support,
19	families can intervene and improve mental health
20	outcomes for peers. To highlight this, I'd like to
21	share an anecdote about two NAMI-NYC community
22	members who, when they fell in love, no one told them
23	that mental health challenges would be so integral to
24	the strength of their relationship. When Felix
25	confided in Keisha about his mental health condition,

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 193 1 2 she wanted to help, but didn't know how. However, 3 when Felix was in crisis, she came across NAMI-NYC's 4 helpline and, from there, she was connected to our support groups. During the pandemic, she took our 5 family-to-family course. She helped be a better 6 7 caretaker, partner, and friend for Felix. Keisha 8 better understood what he was going through, their 9 communication improved, their relationship was strengthened, and this just shows how not just Keisha 10 11 and Felix are unique with this story, right? So many 12 people across our community and across New York City 13 broadly deal with mental illness and have difficulty navigating so we know that when a family member is 14 15 involved, emergency room visits and psychiatric 16 hospitalizations decrease and there's greater 17 engagement with community mental healthcare. NAMI-NYC 18 is the only non-profit that is offering direct and extensive supports to family members in New York City 19 20 involved in the life of someone living with SMI. For 21 this reason, our organization is asking the City 2.2 Council to follow through on its commitment towards 23 family and peer support services listed in its first stop on the mental health roadmap by making a 24 250,000-dollar investment in our one-of-a-kind 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 194 1 evidence-based care for mental healthcare-givers' 2 3 program, which will be critical to helping New 4 Yorkers affected by mental illness. We really hope we 5 can get your support. We thank you for your consideration, and we hope to continue to work 6 7 together on mental health issues. Thank you. 8 COMMITTEE COUNSEL: Thank you so much to 9 this panel. We'll now move to our, oh, did you want to say something? 10 11 CO-CHAIRPERSON LEE: No, I just want to 12 say you guys all rock. Thank you. 13 COMMITTEE COUNSEL: We'll now move to our next in-person panel. It'll be Marg CURRAN, Emily 14 15 Smith, Sofia Perrotto, Donald Nesbit, Sheina Banatte, 16 and Dr. Victoria Phillips. 17 MARG CURRAN: Good afternoon. My name is 18 Marg Curran. I'm a social worker and an employment 19 specialist at the Center for Urban Community Services 20 Career Network where I provide supportive employment 21 services to low-income New Yorkers living with severe 2.2 mental illness. This involves helping my clients 23 create a resume, apply for jobs, and retain that job after they're hired as a part of their mental health 24 25 recovery. I am also a proud member of DC37. I was

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 195 1 involved in organizing a union at CUCS with my co-2 3 workers, and we are currently negotiating our first 4 contract with CUCS management. Across CUCS, my coworkers show up every day for people living with 5 mental illness and dealing with extreme poverty. At 6 7 Career Network, I assist people with serious mental illness who sometimes have not worked in over 20 8 9 years due to homelessness, incarceration, substance use, and long-term psychiatric hospitalizations. My 10 11 clients gain a greater independence by working on their employment goals with me, working to help my 12 13 clients feel a sense of purpose and belonging in the wider community, which in turn supports their 14 15 recovery. We are City-contracted workers facing chronic low wages. Far too often, my co-workers who 16 17 are passionate about their job leave CUCS because we 18 are not paid enough. Low wages have led to high turnover at CUCS, which ultimately hurts the people 19 we serve. Across our 20-plus programs, we lose caring 20 21 workers all the time because of wages. Our clients 2.2 feel the brunt of this turnover, and our work is only 23 as valuable as the connections we form with the people we serve, and those relationships are severed 24 25 every time we lose another worker to low pay. We are

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 196 1 committed to the work we do, and united in the fight 2 3 for fair compensation and dignity in our city contracts. We thank you for the COLA that was 4 5 announced by the Mayor last week, and we continue to advocate for an increase in the DOHMH budget to 6 7 invest in workers and keep the City's mental health services running. Thank you for your time. 8 SOFIA PERROTTO: Good afternoon, everyone. 9 I'm Sophia Perrotto. I work for the Center for Urban 10 11 Community Services as a case manager at a supportive 12 housing site in Brownsville, Brooklyn, and I'm a 13 proud member of our workplace union through DC37. I'm here today to join the call for increased funding for 14 15 New York city's human services above and beyond a 16 cost-of-living adjustment. Supportive housing is 17 affordable housing with on-site social services. All 18 of the tenants in my building are people who were previously chronically street homeless and live with 19 either a severe mental illness, HIV, or both. Our job 20 21 as social service staff is to help people re-enter 2.2 the community. We help people look for jobs, fill out 23 benefit applications, enroll in classes, and perhaps most importantly, we provide stable, healthy 24

relationships because sometimes, having consistent,

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COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 197 1 meaningful contact with another human being is just 2 what people need to thrive. It's so fulfilling to 3 4 watch my tenants grow, but the reality is that the job is grueling and traumatic. In just my first six 5 months on the job, my team lost eight tenants to 6 7 overdose-related death. All day long, we are around maladaptive substance use, weapons, serious illness, 8 9 and violence, and we are severely, chronically underpaid. I have co-workers who are on SNAP, co-10 11 workers who have to choose between feeding their 12 children and going to the doctor, and co-workers who 13 are quite literally homeless themselves. None of us can afford the therapy we need to prevent burnout and 14 15 secondary trauma. Talented, dedicated social service 16 workers leave this field all the time because they 17 can't make ends meet. This is sad for the field of 18 human services and also interrupts the continuity of care for our clients. When staff keep having to move 19 on because we can't pay our bills, it means service 20 consumers are endlessly abandoned by the most core 21 2.2 supports in their lives. The increased cost of living 23 adjustment announced by Mayor Eric Adams is certainly a start, but it's unfortunately far from enough. I 24 invite you to invest generously in the social service 25

1COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL<br/>HEALTH, DISABILITIES AND ADDICTION 1982workers who uphold the most vulnerable New Yorkers,3because we cannot continue to do the vital work that4we do if we ourselves are struggling to survive.5Thank you so much.6DONALD NESBIT: Good afternoon, Chair

7 Linda Lee. I am Donald Nesbit, Executive Vice President for Local 372, DC37 and AFSCME. I am here 8 today to provide testimony on behalf of the 24,000 9 members that we represent, including the substance 10 11 abuse prevention and intervention specialists, SAPIs. 12 Local 372 respectfully requests the City of New York 13 to fund the SAPIs program through a dollar-to-dollar match and our request in Albany is 6 million dollars 14 15 this year. New York City children are in a crisis and continue to be impacted by the lingering effects of 16 17 COVID-19. New York City schools are grappling with a 18 spike in discipline problems among children, disturbances and that educators and advocates say 19 show that many students are still dealing with the 20 21 hard emotional stress of the pandemic, over 14,000 2.2 school safety incidents last year and, according to 23 the Police Department' data, that is over 3,000 more incidents than 2018-2019. This proves that there is a 24 need for mental health services. According to the CDC 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 199 1 report, we need to monitor children's mental health, 2 3 promote coping with resilient skills, services to 4 support children's overall mental health, juvenile Justice Department and delinquency prevention. Also, 5 their evidence suggests that programs implemented in 6 7 the early stages of a child's life may provide 8 effective prevention and create behavior adjustments. 9 SAPIs are like New York City educational firefighters, often the first to respond to students 10 11 in need. The situation at hand might involve 12 substance abuse, risky behaviors, a school fight, a 13 failed test, or simply times when teachers, parents, 14 and students don't see eye-to-eye. Each and every 15 day, caring SAPIs put out fires, providing the supporting guidance to help modify behaviors. 16 17 Substance abuse is a crisis among our young people. 18 Just yesterday, during a Public Safety Committee hearing, we heard of a 14-year-old at Brooklyn Tech 19 High School, who unfortunately overdosed from taking 20 21 drugs. SAPIs provide this prevention every day in our 2.2 school system, but there are just not enough SAPIs in 23 our school system. Quite often, they are made to go from one school to another, to three, to four, and 24 25 now it's just expanding to more and more schools.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 200 1 What that simply means is a SAPI on a daily basis, if 2 3 they are moved to another location, a student that is at risk at one school, their services are removed and 4 taken away from them to provide for others. It just 5 simply should not be a choice between the two. Local 6 7 372's goal this year is to partner with the City 8 Council, as we have done in the past, to make a smart investment towards the quality of life towards our 9 New York City students, their families, and the 10 11 entire community at large. The Council has been a 12 leader in prioritizing opportunities for children. 13 However, we must combat today's urgent mental health crisis. Local 372 requests that the City Council 14 15 ensures that the SAPIs' fund is properly accounted 16 for also in the City budget, as sometimes it is a 17 difficult time to navigate and see where the money 18 has actually went. I thank you, Chair Lee, and I'm available for questions after. 19 20 SHEINA BANATTE: Good afternoon, Chair Lee 21 and Committee, and thank you for listening to my 2.2 testimony. My name is Sheina Banatte. I'm 23 representing Justice for Eudes Pierre Coalition, and I also am a member of CCIT, Correct Crisis 24 Intervention Today, advocating for peers, not police. 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 201 1 2 What we believe to be a solution to a public health 3 issue, to a public health crisis, a true non-police response to people experiencing crisis. My why for 4 being here is Eudes Pierre. Eudes Pierre is my cousin 5 and was only 26 years old when he, himself, placed a 6 7 call to 9-1-1, what we believe to be his cry for help. Police showed up with their uniforms and their 8 9 hostility and their commands and callousness and their flashing lights and their tasers and their guns 10 11 and now Eudes is dead. In that moment, Eudes was not 12 provided care. He was not provided understanding or 13 the gift of life. There is no aftercare past that moment of crisis for Eudes and, in an apparent moment 14 15 of crisis, police did not provide the emotional 16 intelligence needed to Eudes. He was not treated with 17 dignity, which is why we say peers, not police. Peer-18 led crisis response teams offer an alternative instead of the system that's been running for so long 19 and one that proves to be so deadly and so fatal. 20 Peers are culturally responsive, trauma-informed, and 21 2.2 well-trained individuals with personal experience, 23 person-centered so when, in crisis, we are validated, heard, supported, a human connection, compassion, the 24 25 ability to keep breathing and living beyond crisis.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 202 1 Peer-led crisis means meeting those in crisis where 2 3 they are at and helping them pass that moment so 4 peers in essence means the ability to keep breathing and living beyond crisis. Our objective today, a 5 transformative goal for reform and recovery, removing 6 7 police from mental health crisis response. The next steps have to be a journey of transformation, reform 8 9 and recovery. Please support efforts in your District and in the City for real reform and change. Support 10 11 transparency and effectiveness to B-HEARD. More than 12 85 percent of calls default to police. Enhance 9-8-8 13 for those in distress or experiencing crisis. Put the money where it matters. Invest and fund human lives. 14 15 As we speak in New York, there's Daniel's Law on the 16 State level that is ready to start a pilot program, 17 which aims to do just this in honor of Daniel Prude, 18 who was killed by Rochester police, which in two days 19 will mark four years since he was murdered while in 20 while too was in crisis. What will be done today on 21 the City level? Thank you. 2.2 DR. VICTORIA PHILLIPS: Peace and 23 blessings, everyone. Thank you, Chairs, for having this meeting today. I'm Chaplain Dr. Victoria 24 25 Phillips, and I work at the Mental Health Project at

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 203 1 Urban Justice Center for about a decade now, and I'm 2 3 also the CEO and founder of Visionary V Ministries 4 and, for over 20 years, I've worked in nursing, cognitive behavioral therapy, I've monitored those 5 with serious mental illness in New York City 6 7 Department of Corrections, and I've done some forms 8 of chaplaincy in jails and prisons nationwide, actually. I'd just like to say in New York City, 9 black and Latinx people make up 52 percent of the 10 11 general population, yet make up almost 90 percent of 12 those admissions in 2021 New York City Department of 13 Corrections, 1,526 dollars per day is spent to incarcerate one person on Rikers, over half a million 14 15 per year, and yet we know 80 percent of the women on 16 Rikers right now have a mental health concern. Over 17 50 percent of the entire population in DOC has a 18 mental health concern. We also know that one out of four women in Rosie's are non-gender-conforming 19 people right now go into incarceration being a 20 survivor of sexual assault. We also know that 77 21 2.2 percent of them in Rosie's right now are primary 23 caregivers, and I'm giving these things for a reason. What happens to families that they leave behind in 24 the community, right? We know that one out of five 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 204 1 kids in foster care actually end up with a conviction 2 3 as adults so what are we doing? Where are those 4 programs going? There's a saying I like to say, when 5 a student makes a poor choice, it is a conversation, not the consequence, that makes all the difference. 6 Yesterday, the DA actually sat in the Public Safety 7 meeting and said she wished her office had access to 8 9 things like school records. As a mother myself who stayed on the PTA in a leadership position until my 10 11 son actually graduated out of high school, I know all 12 too well that bias reporting goes on in DOE so I know all too well how dire it is for social workers to be 13 expanded in that budget. The school-to-prison 14 15 pipeline is very real. From my years in nursing, I'm 16 aware that invisible disabilities and concerns are 17 often similar amongst our society, yet the human 18 responses are not. Can I just get through it one second? If Clubhouses close, what does that mean for 19 20 those of us with disabilities? Would they be forced to travel? How far? Would it be safe in certain 21 2.2 neighborhoods? And individuals, like myself, I live 23 in an area with no trains, if I took a bus to the train, there's no elevator. I had brain surgery. I 24 25 have my own disabilities. What does that look like

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 205 1 for people that need access to the Clubhouses? And I 2 3 want to also remind people that substance abuse and 4 misuse is indeed still part of the DSM-V. It's a mental health concern. Mental health is health. So we 5 have to address it, and B-HEARD program doesn't even 6 7 have a 24/7 response. The City needs to address that because in nursing, tell me what ER in New York City 8 9 closes at 9 p.m. or 11 p.m. They all stay open. So mental health is a crisis that needs to be addressed 10 11 24/7, and I'll finish by saying, from advocating to 12 save my own life and previous work, I know that 13 racial disparities exist in medical access and treatment. I'm also a member of the Brooklyn 14 15 Borough's President's Maternal Health Task Force Mental Health Committee. I thank this Committee for 16 17 including those questions around doulas and access to 18 them today, and I'll end by saying, as a crisis response chaplain, I encourage this Council to 19 20 support deaf doulas and midwives as well. I assist 21 law enforcement, the community, and so many others, 2.2 and I know all New Yorkers are hurting. Treatment 23 looks different and feels different to individuals and, Chair Lees, this is why I love your response to 24 25 DOHMH today, when you said, why not do both? See, we

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 206 1 2 don't have to put ourselves into a box. We can deliver the services that the people actually need 3 4 and respites need to be increased because they allow the people in the community to actually remain 5 independent and not be hospitalized while seeking 6 7 care and Clubhouses allow those coming home, reentering, to receive the care they need and to feel 8 supported and have friends and to be successful. 9 Lastly, I'll say as an Army brat, with a mother 10 11 buried in a military cemetery, my mother is not there 12 for the illusion of that equity. We all deserve equal 13 rights and access to care on domestic soil and people deserve to be treated, you know that song, that old 14 15 show where everybody knows your name, so small 16 Clubhouse deserve to be funded. 17 CO-CHAIRPERSON LEE: Thank you so much to 18 this panel. Thank you all so much, and thanks for 19 sharing your story, Sheena, and always, Dr. Victoria

Phillips bringing the spice and the energy, and I love it, and I just want to thank all the folks at DC37 in labor, and thank you so much for advocating because the COLAs, we need to pay people for the work that they're doing and pay them a living wage, more than a living wage, like you said, and I think both

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 207 1 of you also highlighted the tremendous challenges 2 3 because of all the silos, and there's no reason why 4 Rikers Island should be the third largest mental health institution in the entire nation, and that is 5 something that we need to fix and there's a lot there 6 7 we need to get at the root at, and we're not utilizing treatment courts enough so if anyone here 8 9 is interested in changing professions, I encourage you to do that because we need more of these folks 10 11 serving the community, but I just want to thank you all. 12 13 COMMITTEE COUNSEL: Thank you so much. We'll now move to our next panel. It'll be Sakeena 14 15 Trice, Karina Adler, Laura Jean Hawkins, Anna Krill 16 (phonetic), Carmen Garcia, and Steven Risi. 17 SERGEANT-AT-ARMS: If your name was 18 called, please come up to the table. If you have any 19 statements, we'll take them now. 20 CARMEN GARCIA: Good afternoon. My name is 21 Carmen Garcia, and I'm a Community Health Worker 2.2 Supervisor at Make the Road New York. Make the Road 23 New York has served New York immigrant and workingclass families for over 25 years and has a membership 24 25 of 27,000 and only we can connect 9,000 people to

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 208 1 2 health services and provide wraparound resources to 3 low-income immigrants and uninsured people. We ask 4 Council to use every available tool to reverse budget cuts to DOHMH and NYC Health and Hospitals that would 5 harm the vital health services for the thousands of 6 7 working class and immigrant New Yorkers. Any cuts to 8 Health and Hospitals could impact healthcare access 9 for our community members. Most of them are ineligible for health insurance, and it will reduce 10 11 the number of available care facilities for them. Our 12 Make the Room New York services impacted by cuts 13 could include SNAP and health insurance benefit outreach, enrollment and navigation through community 14 15 health worker services (INAUDIBLE) access services. 16 Make the Road relies on the funding initiatives 17 neighbor law to provide the services to immigrant 18 communities in New York City. We request the Council supports in maintaining or expanding the following 19 20 programs to help us on meet urgent needs in Fiscal 21 Year '25. Increase overall funding for the MCCAP 2.2 Initiative to 2.3 million with (INAUDIBLE) for Make 23 the Road New York to provide cultural competent assistance to low-income immigrant New Yorkers to 24 25 enroll and use healthcare coverage; increase overall

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 209 1 funding for the Access Health Initiative to 4 million 2 3 and renew 110,000 to Make the Road for peer-to-peer 4 outreach and public education on healthcare access and coverage, particularly for the uninsured and 5 underinsured; renew funding for 75,000 to Make the 6 7 Road under Ending of Epidemic initiative to support prevention, education, and outreach on HIV 8 9 prevention; renew funding for 80,000 for Make the Road under Immigrant Health Initiative; maintain 10 11 funding for 9.75 million for NYC benefit programs; 12 and create funds and sustain a community health 13 worker project to fund CBOs to hire community health workers who partner with clinical facilities and 14 15 provide one-on-one assistance, helping individuals navigate the health system and access to care. Thank 16 17 you for standing against short-sighted budget cuts 18 and your support of immigrant and working-class New 19 Yorkers.

20 KARINA ALBISTEGUI ADLER: Thank you for 21 the opportunity to speak today, Chair Lee and Chair 22 Schulman. My name is Karina Albistegui Adler. I'm the 23 Co-Director of Health Justice at the New York Lawyers 24 for the Public Interest. The City Council's generous 25 support of our Immigrant Health Initiative has

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 210 1 allowed my team to continue to meet the most pressing 2 3 needs of long-time immigrant communities and members 4 of the recently arrived migrant groups. Your continued support as we seek a reinstatement and 5 enhancement in our funding will be crucial to meeting 6 7 the ongoing needs of our client communities. We serve 8 clients across the spectrum of identities and 9 healthcare needs that include gender-affirming care for transgender and gender-nonconforming asylum 10 11 seekers as well as transplant access for noncitizens. Our work has increased access to healthcare for 12 13 hundreds of new Yorkers thanks in large part to our collaboration with providers in the City public 14 15 hospitals and SUNY Downstate Kidney Transplant Program. We've had the honor of helping to save the 16 lives of a growing number of formerly uninsured 17 individuals who would otherwise be shut out of the 18 organ transplant process due to their immigration 19 20 status. As you work to address the healthcare needs 21 of our city, I ask that you continue to center the 2.2 understanding the needs of the most vulnerable people 23 in our communities. Concrete actions along these lines would be to support the robust funding of the 24 proposed Office of Transplant Equity that Council 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 211 1 2 Members Narcisse, Hanif, Schulman and Louis have 3 championed; careful oversight of the proposed 4 restructuring of SUNY Downstate, which would involve 5 merging services at H and H sites in particular, ensuring that New Yorkers from across the city who 6 7 largely rely on SUNY as the only safety net transplant program in the city continue to have 8 access to kidney transplants; investment in quality 9 data collection systems to track access to specialty 10 11 service, services that would only be available at the 12 city's voluntary hospitals for H and H patients and 13 Medicaid recipients; use of any tools available to our city to ensure that voluntary hospitals use 14 15 hospital financial assistance programs to provide 16 medically necessary specialty care to qualifying 17 patients. I thank you again for your continued 18 support and look forward to continue to collaborate. 19 Thank you. 20 LAURA JEAN HAWKINS: Good afternoon, Chair 21 and Committee Staff and Committee Members. My name is 2.2 Laura Jean Hawkins. I am the Advisory Board Chair of

Astoria Queens SHAREing and CAREing, dba SHAREing and CAREing. Our President and Founder, Anna Kril, was tied up today with one of the cancer survivors we

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 212 1 assist and could not join us, but I did submit her 2 3 testimony. I appear today as a woman who has been an 4 ally for and an advocate on behalf of the cancer community for over two decades. I am also a woman who 5 was recently diagnosed with a reoccurrence of 6 7 endometrial hyperplasia, and I'm awaiting my biopsy 8 results. I am a woman whose future will be changed one way or another once those results come in, and I 9 am a woman who is afraid of that future right now. 10 11 Thankfully, I have the support of Shareing and 12 Careing's wonderful staff and volunteers, and I can 13 lean on them and they can guide me on this journey. I share my story because that's only one of the stories 14 15 that Anna and her team deal with every day and help 16 with every day at Shareing and Careing. From the 17 person awaiting test results like myself, from the 18 cancer survivor undergoing treatment who needs emergency needs assistance to the cancer survivor who 19 20 needs counseling and support or to the community member who needs accessible healthcare information 21 2.2 about cancer screening, health and wellness. Those 23 are the folks that Shareing and Careing helps every day. My fellow board members and I are so grateful 24 for the Council's continued support under the Cancer 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 213 1 Services Initiative. We've been fortunate to receive 2 3 that funding since the initiative was created. 4 However, that initiative has not received any increase in funding since it was created. As board 5 chair, I know how hard it is to raise funding for a 6 7 boots-on-the-ground, community-based organization. Many of the private foundations and grants out there 8 9 are for cancer research, not for supportive services, which is what is so desperately needed, especially 10 11 since the pandemic. Thank you for your support. I 12 urge you to support increased funding for the Cancer 13 Services Initiative and to support our request of 200,000 dollars. Thank you again. 14 15 SAKEENA TRICE: Good afternoon. My name is Sakeena Trice, and I am a Senior Staff Attorney with 16 17 the Disability Justice Program at New York Lawyers 18 for the Public Interest. Thank you for the opportunity to present testimony today on behalf of 19 20 NLPI. NLPI is deeply concerned about the City's 21 practices relating to the involuntary removal of individuals perceived to have mental illness 2.2 23 diagnosis for psychiatric evaluation. Additionally, NLPI urges the City Council to mandate significant 24 changes in the B-HEARD program as it is a deeply 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 214 1 2 flawed pilot, which merely purports to be a non-3 police response to people experiencing mental health 4 crisis but, in fact, is part of the long tradition of policing, criminalizing, and underserving and mis-5 serving people with mental disabilities. Funding B-6 7 HEARD in its current quise diverts money from what we need, a true non-police crisis response system that 8 9 dispatches a team of peers, those with live mental health experience. There must be peer involvement in 10 11 all aspects of planning, implementation, and oversight. Police officers are trained to uphold the 12 13 law and order. They are not suited to deal with mental health crisis. New York's history of police 14 15 killing 19 people in the last eight years is a sad 16 testament to that. There must be changes to B-HEARD. 17 Those changes include using emergency medical 18 technicians who are not City employees. There must be 24/7 operating hours. All calls must be routed 19 20 through 9-8-8 and, above all, B-HEARD must prioritize 21 the self-determination of people with mental 2.2 disabilities. Thank you. 23 STEPHEN RISI: Hi, how everybody's doing in Council today? Good? Okay. My name is Stephen 24 25 Risi, and I have a history of serious mental illness.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 215 After I came out the Army in 2006, but today I want 2 3 to get straight to a story I want to speak about. My 4 girlfriend, Dr. Shoshannah Pearlman, who is a 5 psychiatric mental health practitioner and (INAUDIBLE) doctor nurse in practice. She has degrees 6 7 from Yale and Columbia and Swarthmore and Hunter 8 Bellevue and, right now, she has a private practice and she's not turning anybody away. She's taking all 9 Medicaid patients, and she's almost at close to 10 11 poverty for doing so, so she has mental illness also. 12 My diagnosis is bipolar disorder. Hers is ADHD and we believe she has PTSD from the effects of what 13 psychiatric medication did to me. So Shoshannah, Dr. 14 15 Pearlman, had an incident that I had to call 9-1-1 because she was having suicidal ideation and, when 16 17 law enforcement came, NYPD, they didn't understand 18 her illness. It was just NYPD and EMS, I believe, the 19 ambulance. They didn't understand her illness and 20 they're trying to talk to her. She was easily 21 distractible. She's getting agitated. She couldn't 2.2 focus. She wasn't listening. She got ADHD. What 23 happened was, they told her, asked her for her ID, and she wanted to argue with them. She thought she 24 25 was a lawyer so she wanted to argue with the police

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2	and eventually, when she realized that they asked for
3	the ID, she reached for her bag and they grabbed her
4	and roughed her up and they handcuffed her and took
5	her to Elmhurst CPEP, Elmhurst Hospital, and she got
6	scars on her wrist because of that, and I believe
7	that a non-law enforcement first responder would be
8	vital for people like Shoshannah.
9	CO-CHAIRPERSON LEE: Thank you so much
10	and, Laura Jean, we are praying for some good results
11	for you so please keep us posted, and thank you all
12	for being here today.
13	COMMITTEE COUNSEL: Thank you so much to
14	this panel. We'll now move to our next panel. The
15	Jeemin Cha, Christine Sargenian (phonetic), Edmond
16	Loi, Alice Bufkin, Brianna McKinney, and Dr. Maurice
17	Franken, and I apologize for my pronunciation.
18	You may begin when ready.
19	JEEMIN CHA: Good morning. My name is
20	Jeemin Cha, and I'm the Data Policy Coordinator at
21	CACF, the Coalition for Asian American Children and
22	Families. Thank you very much to Chair Schulman and
23	Chair Lee for holding this hearing and providing this
24	opportunity to testify and for your extraordinary
25	commitment to making sure New Yorkers can access

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 217 1 2 health services they need, including supporting 3 Access Health NYC for the past nine years. Founded in 4 1986, CACF is the nation's only pan Asian children and family's advocacy organization and leads the 5 fight for improving equitable policies, systems, 6 7 funding, and services to support those in need. We urge the Council to enhance Access Health NYC to 4 8 9 million dollars in the Fiscal Year 2025 budget. Access Health fills a critical information gap and 10 11 provides outreach and education to hard-to-reach 12 populations across NYC who are experiencing barriers 13 to healthcare access and coverage, such as those who are uninsured, who are undocumented, who have limited 14 15 English proficiency, have disabilities, are LGBTQI+, 16 and who are unhoused. Enhancing Access Health can 17 bring additional support for emerging health concerns 18 and connect vulnerable communities such as asylum 19 seekers to critical information and referrals. As one 20 of the lead organizations of the Access Health NYC 21 initiative, CACF urges the Council to enhance Access Health to 4 million dollars and ensure that New York 2.2 23 City communities of color and immigrant communities have much needed linguistically, accessible, and 24 culturally responsive information and services, which 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 218 Access Health NYC organizations provide. We also like 2 3 to uplift the mental health needs of our AAPI 4 community in New York City. The lack of 5 linguistically accessible and culturally responsive mental healthcare plays a large role as to why AAPI 6 7 New Yorkers do not seek nor receive treatment for their mental health issues. This is why we ask that 8 9 the following City Council initiatives are funded. LGBTQ Youth (INAUDIBLE) Mental Health Initiative, 10 11 Mental Health Services for Vulnerable Populations, which include the Samaritan Suicide Prevention 12 13 Hotline, Mental Health Continuum, 6 million dollars more to fully implement Local Law 118 supporting the 14 15 establishment of four new crisis respite centers, 6 16 million more to fully implement Local Law 119 17 supporting the establishment of five new Clubhouses. 18 Overall, we see a need for more intentional 19 collaboration between the City and community-based 20 organizations to better identify language access and 21 mental health services gaps in our communities and to 2.2 find to implement solutions that will have a direct 23 positive impact on the well-being of all our communities. Thank you very much for your time. 24

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2 EDMOND LOI: Good afternoon, Chair 3 Schulman, Chair Lee, and Members of the joint 4 Committee. My name is Edmond Loi, and I'm testifying on behalf of the Charles B. Wang Community Health 5 Center. We are a federally qualified health center 6 7 with locations in Manhattan and Queens. In 2022, we served approximately 55,000 patients, 80 percent of 8 whom are limited English proficient, and 90 percent 9 of whom have household incomes at or below 200 10 11 percent of the federal poverty guideline. For the 12 past four years, the COVID-19 pandemic and the surge 13 of anti-Asian violence have impacted Asian American communities' access to health services. Despite these 14 15 barriers, even during the height of the pandemic in 16 early 2020, we remained open for our patients and 17 community members and maintained many of our health 18 and outreach programs. This was only possible in part because of support from the City Council 19 discretionary funding. I'm testifying today to ask 20 21 for continued support for several initiatives so that 2.2 we can continue to serve vulnerable New Yorkers. The 23 Check Hep B program under the Viral Hepatitis Initiative provides culturally and linguistically 24 competent health education, patient navigation, and 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 220 1 care management services for New York City residents 2 3 with chronic hepatitis B. In New York City, an 4 estimated 243,000 New Yorkers are living with this disease. At our health center, one in eight adult 5 patients have chronic hepatitis B. If left 6 7 unmonitored or untreated, hepatitis B can severely damage the liver, potentially causing liver failure 8 9 or liver cancer. The Check Hep B program has a strong record of success with 98 percent of participants 10 11 completing a Hepatitis B medical evaluation through 12 this program. Through the Access Health Initiative, 13 we provide education to Asian American community about health insurance coverage, aiming to increase 14 15 vulnerable New Yorkers' access to healthcare 16 services. Lastly, through the Cancer Services 17 Initiative, we increase awareness of risk factors, 18 symptoms, and treatment options for breast and 19 colorectal cancers. City Council's support would 20 increase cancer screening through patient navigation for several hundred members of the Chinese American 21 2.2 community, many of whom are uninsured and face 23 numerous barriers to healthcare. With continued funding and resources, our initiative can continue to 24 25 address the health disparities and inequities

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 221 1 experienced by the communities we serve. Thank you 2 3 for your time and for the opportunity to testify 4 today. ALICE BUFKIN: Good afternoon. Thank you 5 for this opportunity to provide testimony today and 6 all your support on these important issues. My name 7 is Alice Bufkin. I'm the Associate Executive Director 8 9 of Policy at Citizens Committee for Children. I'm going to focus my testimony today on the urgent needs 10 11 for children's youth mental health services. I also 12 want to flag that we at the state level are 13 advocating for some really transformative rate reforms for outpatient services for children. We 14 15 really hope we can see some support from the City Council to push that at the state level because it 16 17 will fundamentally impact New York City as well. 18 At the city level, we're calling for restoration of funding for the City Council's mental 19 20 health initiatives. These initiatives have always 21 been an essential backbone of community-based behavioral health services in the city. They offer a 2.2 23 level of targeted and flexible funding that's often hard to get from the State. Unfortunately, as you 24 know, those initiatives experienced a cut of nearly 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 222 one million dollars last year. Those have impacted initiatives like Children Under Five, Autism Awareness, Mental Health for Vulnerable Populations so we really urge you to restore those funds. They really provide a vital service.

7 I second want to echo what I know you've heard repeatedly, which is continuing and baselining 8 9 the Mental Health Continuum. It's a model that's led to an unprecedented collaboration, I think, as you 10 11 know, between DOE, H and H, and DOH. We know it's at risk because of the loss of federal funding and 12 really want to echo what I know others have said 13 about the importance of that program. Finally, I want 14 15 to draw attention to the unique and important role of 16 school-based mental health clinics. They provide on-17 site services to children during school day, 18 including diagnosis, psychiatry, individual and family counseling. We're appreciative of rate 19 increases and startup funds proposed by the Governor, 20 21 but the reality is the funding structure of these clinics make some difficult to maintain often, and 2.2 23 it's something like 25,000 startup fund may not be sustainable enough to keep a clinic open. A lot of 24 this is because these clinics are funded through 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 223 1 2 Medicaid, which is somewhat limited. For example, 3 Medicaid doesn't cover services for children without 4 a diagnosis, those without health insurance, clinicians aren't paid if they spend three hours de-5 escalating and keeping police from being involved. 6 7 that's not compensated, and that's where we feel the City can step in. Wraparound funding for existing 8 9 clinics, specifically 75,000 dollars per clinic, would really allow a more inclusive array of 10 11 services, ensure fiscal stability so we'd like to see 50 schools receive that, and that would lead to 3.75 12 13 million dollars. Thank you so much for your time. 14 CO-CHAIRPERSON LEE: Thank you. 15 BRIANNA MCKINNEY: Thank you, Chair 16 Schulman, Lee, and Committee Members for the 17 opportunity to testify today. My name is Brianna 18 McKinney. I'm the Chief Advancement Officer at Project Guardianship. Project Guardianship provides 19 20 court-appointed guardianship services to New Yorkers 21 in need of a surrogate decision maker. We are also 2.2 operating a guardianship prevention helpline to help 23 New Yorkers access critical resources, including health and mental health services, prior to 24 25 guardianship. Doing so ensures that guardianship

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 224 1 remains a tool of last resort, as it is intended to 2 3 be. The people for whom we serve as guardian have 4 experienced an event in their lives that caused them to lose decision-making capacity. This event could be 5 the onset of disability, dementia, serious mental 6 7 illness, traumatic brain injury, and other conditions that impact their ability to manage daily activities. 8 9 According to the Office of Court Administration, 14 percent of quardianship petitions are brought by 10 11 hospitals, and 25 percent are brought by nursing 12 homes. The overwhelming majority of our clients are 13 older adults who are aging alone. This reflects a national trend. According to the U.S. Census Bureau 14 15 today, more than a quarter of older adults are aging 16 alone. Further, our clients have no funds to pay for 17 a private guardian with 96 percent of them living 18 below 80 percent of the area median income. These 19 three factors, loss of decision-making capacity, 20 social isolation, and a lack of funds make our 21 clients among the most vulnerable residents of our 2.2 city. As such, it is essential that they have 23 advocates looking out for their health, safety, and dignity. Unfortunately, judges across our state and 24 25 especially here in the five boroughs cannot find

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 225 1 2 quardians to appoint for low-income people in need. 3 Many non-profit guardians are, like us, at capacity, 4 and private practicing guardians have stopped taking "no pay cases." We recently heard that city judges 5 cannot find guardians for roughly half of the cases 6 7 that they see each day. This shortage of guardians is 8 a crisis that threatens the health, safety, and human dignity of New Yorkers who need a decision maker, a 9 segment of the population that is growing alongside 10 11 that of older adults. As stewards of the health and 12 mental health of the city's residents, we look to you 13 for leadership on the following issues. One, New York City needs more guardians. Non-profits are ready and 14 15 willing to do this work, but they need adequate funding. Two, less restrictive alternatives such as 16 17 services that help New Yorkers with healthcare 18 proxies, advanced directives, and powers-of-attorney 19 are critical to preventing unnecessary guardianships and helping New Yorkers maintain autonomy as they 20 age. Guardians need proper training, technical 21 2.2 assistance, and quality assurance to do the job well. 23 Finally, the guardianship workforce must be fairly compensated to do this challenging work. As you 24 25 prepare for budget negotiations, we ask that you

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 226 1 2 remember older New Yorkers and those with 3 disabilities in need of quardians. Thank you for your 4 time. 5 DR. MAURICE FRANKEN: Good afternoon, Chairs, and thank you for the opportunity to speak to 6 7 you this afternoon. I'm Dr. Maurice Franken, Professor of Public Policy Chair for 100 Black Men's 8 9 Health and Wellness Committee and also Vice-Chair of Community Board 10's Health and Human Services 10 11 Committee. At a recent committee meeting, we learned 12 that while there are three Health Department Offices 13 up in Harlem, two of them are located on Lexington Avenue, the Center of Health Equity and Wellness is 14 15 on Lexington, one in 110th Street, and the other at 16 115th Street. The 137th Street and 5th Avenue office 17 is located, it's in Central Harlem, but it's had very few services. It's limited. The recent rescissions of 18 Health Department services in Central Harlem has 19 raised concerns among residents and community 20 21 leaders. The reduction in funding and resources have resulted in a decline in the quality of accessibility 2.2 23 and central healthcare services in the area. Residents, particularly those from marginalized 24 25 communities, are facing challenges in accessing

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 227 1 2 primary care, preventative services, and health 3 education programs. The consequences of these 4 rescissions are evident in the increasing rates of preventable disease, lack of timely medical 5 interventions, disparities in health outcomes. 6 7 Vulnerable populations such as low-income families and individuals without health insurance are 8 9 disproportionately affected by the lack of adequate healthcare services. The closure of health clinics 10 and reduction in staff levels of the 5th Avenue 11 12 office is in crisis for us. Community organizations 13 and advocacy groups are mobilizing efforts to address the gaps in healthcare services and advocate for 14 15 increased funding and support for the Health 16 Department's overall. budget, particularly on the 5th 17 Avenue office. It's imperative for government 18 officials and policymakers to prioritize the 19 restoration of Health Department services in Central 20 Harlem to improve the health and well-being of 21 community, increase investment in healthcare 2.2 infrastructure, workforce development. Health 23 promotion programs are essential to address the current healthcare disparities and ensure equitable 24 access to quality healthcare for all residents in 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 228 central Orleans. With my 22 seconds, Chairs, I'd just 2 3 like to mention that on March 11th as the Mayor 4 unveiled a Healthy NYC plan and the plan to increase life by five years that there's a direct connection 5 between access and those indicators that indicate 6 7 quality of life and sustainability, and so we see 8 that as a direct connection to increasing the 9 services at Central Harlem. Thank you. COMMITTEE COUNSEL: Thank you so much to 10 11 this panel. 12 Moving on to our next in-person panel. We 13 will hear from Jordyn Rosenthal, Jim Bohovich, Malika (phonetic) Lee, Rauly Chero, Erin Verrier, and Scott 14 15 Daly. 16 SERGEANT-AT-ARMS: You can proceed when 17 ready. 18 JORDYN ROSENTHAL: Thank you. I'm actually not going to read my testimony and be really quick. 19 Hi, Chair Schulman and Honorary Chair Lee, even 20 21 though she has stepped out. My name is Jordyn 2.2 Rosenthal. I'm the Advocacy Director at Community 23 Access, a supportive housing provider, and a proud member of CCIT-NYC. Basically, what I'm here to say 24 25 is what many of my colleagues have said, peers, not

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 229 1 2 police. We really need to have peers on B-HEARD 3 teams, and a lot of what we've been talking about, 4 and I think one of the things that no one has brought up that is so crucial, is that a lot of the 5 individuals who've interacted with B-HEARD systems 6 7 previously have had negative interactions with our 8 government so we're operating from a negative 9 standpoint space to begin with. When they see things like uniforms, people are going to start to get 10 11 escalated to begin with so, when we're talking about 12 the changes of the program, it's not necessarily oh, 13 this program is bad, burn it down, but there are a lot of changes that could really enhance and change 14 15 outcomes to really lessen our impact on unnecessarily 16 hospitalization, and that brings me to my next point. 17 Crisis respite centers. So important. Continue to 18 invest. Come to Community Access, come see our crisis respite center. It is such an amazing place for 19 20 people to go and have a soft, warm welcome where you 21 still have autonomy instead of a place like a psych 2.2 ward where you are stripped of your identity. Last 23 but not least, I would just say IMT teams, keep on funding them, more access to urgent care, mental 24 25 health. But again, really for CCIT, what we're asking

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 230 1 2 for is just we need peers on these B-HEARD teams. I 3 really think it'll make a difference in not only the 4 outcomes, but also being able to staff these teams 5 properly and then secondly, reverse the PEG cuts. Reversing PEG cuts just makes sense, and I'll be 6 7 really quick, in the sense of we cannot continue to 8 ignore our mental health system. Thank you. 9 ERIN VERRIER: Hi, and thank you all for having me to present today. My name is Erin Verrier, 10 11 and I'm the Manager of Policy and External Affairs at 12 Community Healthcare Network, also known as CHN. CHN 13 is a federally qualified health center with 14 sites citywide that provide critical primary care and 14 15 social services for over 50,000 patients across New 16 York City. While our services are many, I'm here 17 today to speak about the work we do for maternal 18 health and mental health, acknowledging the ways in which the Council has made this a priority. Our 19 20 Women's Health Department provides gynecological 21 services, family planning, prenatal and postpartum 2.2 care, and, thanks in part to the City's Maternal and 23 Infant Health Initiative, we are able to provide prenatal coordinators to our patients who are 24 pregnant. These prenatal program coordinators offered

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COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 231 1 tailored, individualized assistance with pregnancy 2 and childbirth education, community referrals, and 3 care coordination to ensure a healthy pregnancy. Our 4 5 prenatal coordinators work to understand each patient's journey, their community, and be 6 7 collaborative in ways that ultimately enhance maternal and child health outcomes. They make the 8 care integrative, linking maternal health to 9 behavioral health, from social work to psychiatry, as 10 11 well as pediatrics, dentistry, and so much more that 12 individuals and families need. By providing 13 coordination services not only through pregnancy, but through initial postpartum period, CHN's Prenatal 14 15 Coordination Program provides support into the critical fourth trimester when new parents are often 16 17 facing the challenges of postpartum depression and 18 anxiety. Ultimately, we look to expand our Prenatal Coordinator Program and hope to see, in the coming 19 years, continued and additional support from the City 20 21 to do. Time permitting, I'd also like to mention 2.2 CHN's work to expand our Reach at Large. I'll close 23 it there, I'll leave it to the maternal health piece, yeah. 24

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 232
2	CO-CHAIRPERSON SCHULMAN: Thank you. You
3	know that's very important to the Council, very
4	important to me, and I think the fact that we had
5	these the doula programs, which we're looking to
6	expand further has been a great help with that.
7	ERIN VERRIER: Absolutely, thank you.
8	JIM BOHOVICH: Good afternoon. My name is
9	Jim Bohovich. It is an honor to provide testimony to
10	you today. I'm here to encourage you to put trained
11	peer support specialist onto the B-HEARD crisis
12	response system. I am a peer support specialist. This
13	means that I used my lived experience with bipolar
14	disorder, PTSD, and alcohol use disorder to attempt
15	to help people on their recovery journey. Peer
16	support is magical. I've seen what peer support can
17	do. Peer support specialist goals are simple. Connect
18	with the client, develop a rapport, and figure out
19	what might help the client. We use a person-centered
20	approach, basically identifying ways in which the
21	client can help themselves. Peer support specialists
22	don't diagnose people or prescribe medication. Thus,
23	the power differential between the client and the
24	peer support specialist is intentionally greatly
25	diminished. This, combined with our willingness to

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 233 1 2 share our lived experience, can help us to form a 3 connection on a different level. Mobile crisis teams 4 are magical. I've worked on one. Mobile crisis teams are multidisciplinary teams. Current B-HEARD crises 5 consist of EMTs and social workers. They do amazing 6 7 work. Peer support specialists would be a great 8 addition to these teams. Having a peer support specialist on the team is vital. Two mental health 9 work experts, working in cohesion is an incredibly 10 11 powerful force. We can bounce ideas off each other, 12 double our observation and listening capacity, and 13 greatly increase our chances of building rapport quickly with the client. Crisis work is hard. You 14 15 walk into an unknown situation, you're in the 16 community, and you're encountering someone who you 17 typically have never met before. Crisis work is hard. 18 Your timetable is dramatically reduced. Crisis interactions only last a few hours. Everything 19 20 happens really quickly. It requires skill, teamwork, 21 and a variety of professionals. The addition of peer 2.2 support specialists to the B-HEARD teams will 23 exponentially increase their effectiveness. Basically, peer support specialists and mobile crisis 24 25 teams go together like peanut butter and jelly.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 234 1 2 CO-CHAIRPERSON SCHULMAN: Thank you. 3 COMMITTEE COUNSEL: Thank you so much. Go 4 ahead. 5 SCOTT DALY: Good afternoon, everyone, Chair Schulman. My name is Scott Daly and I'm Senior 6 7 Director of the New York Junior Tennis and Learning, commonly known as NYJTL, throughout the city. We are 8 9 present in all five boroughs. We operate all 12 months of the year in every Council District 10 11 throughout the city. The opportunity to testify at 12 this Health Committee at these hearings is an honor 13 because what we do for these kids, we allow the kids to be kids. We get them outside. Nobody can deny the 14 15 benefits of outdoor activity and physical activity 16 for these children. We were there during the 17 pandemic. We came right back out with the city's help 18 in August of 2020. We provide an opportunity of free 19 programming for all kids, regardless of race, creed, 20 or color. We are there right now, we hit, over 70 21 percent of the kids that we actively engage are 10 2.2 years old or younger. The ethnic background, 40 23 percent Asian, 20 percent African American, 20 percent Hispanic. We hit the targets. We are funded 24 25 under the Council's Physical Education, Fitness

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 235 1 2 Initiative. As a result of this funding, we are asking this year for 1 million dollars. We've been 3 funded at the rate of 800,000 dollars for the last 16 4 years. I don't have to tell anyone on this panel 5 what's happened to prices in the last 16 years, and 6 7 yet we continue to provide the services throughout 8 the city. The increase in funding that we're seeking 9 and, please, we're asking to be brought up to a million dollars, will allow us with the rising staff 10 11 costs, court costs, the hours that we can be at a 12 location, the number of sites, the more hours, the 13 more sites, the more kids we can hit. We reach over 90,000 kids, not only through the community tenants, 14 15 but also through the schools' programs that we run. I 16 just want to thank everyone here for the continued 17 support over the years of NYJTL, and I look forward 18 to many more years of working with you. Thank you. COMMITTEE COUNSEL: Thank you. I'm going 19 20 to have our last panelist. You may begin when ready. 21 RAULY CHERO: Good afternoon, members. My 2.2 name is Rauly Chero. I am a licensed mental health 23 counselor and Coordinator of wellness services at Northern Manhattan Improvement Corporation, better 24 known as NMIC. On behalf of our agency and the 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 236 1 communities we serve, we thank you for providing us 2 3 the opportunity to present our testimony on the need 4 for increased stable funding for mental health services. NMIC is a community-based settlement house 5 founded in 1979, which has grown into a leading 6 7 multiagency serving all of New York City with the 8 focus on upper Manhattan and the Bronx. NMIC's wellness program provides free bilingual English and 9 Spanish mental health counseling services to the 10 11 Latinx and BIPOC community. To remove barriers to mental healthcare and increase the number of 12 13 community members seeking services, we screen for depression, anxiety, substance use, and trauma. Last 14 15 year, we provided counseling services to 118 out of 16 667 community members we screened. This year alone, we have provided 1,269 counseling services to our 17 18 community members. When we promote mental health, we not only help people improve their overall health, 19 20 but we help them cope better with the life 21 challenges, whether it be due to homelessness, food 2.2 insecurity, lack of employment, fear because of their 23 immigration status or domestic violence. We remind them of their value as individuals and let them know 24 25 we care. We also acknowledge the commitment of our

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 237 1 helping professionals and the work that they do. In 2 3 addition to mental health services, NMIC's wellness 4 program is focused on improving a broad range of 5 health access issues and outcomes for community members, increasing connections to health insurance 6 7 through the MCAP program and collaborating with 8 community partners, including New York Presbyterian 9 and many more. While we are proud of our accomplishments so far, the need in our community 10 11 remains incredibly high. Our ability to sustain and 12 support the development of future mental health 13 programs can only be guaranteed through sources of increased and stable City funding. To meaningfully 14 15 support the current and future mental health 16 challenges of New Yorkers, NMIC and other agencies 17 require reliable baseline to funding to develop a 18 secure infrastructure and support. We request a deeper investment into community-based health 19 20 programs, like Connections to Care and Thrive, which 21 are no longer even funded. Thank you again for your 2.2 time and support. 23 CO-CHAIRPERSON SCHULMAN: Thank you very

24 much.

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COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 238 1 2 COMMITTEE COUNSEL: Thank you so much to 3 this panel. 4 We'll now move to our next panel. It will be Shakima Hill, Ashley Santiago-Conrad, Jay Edidin, 5 Helen Skipper. Oh, I always pronounce, Siobhan 6 Hanselar (phonetic), I'm so sorry, I know I 7 8 mispronounced that, and Grace Ortez. 9 Okay, and we can start with you and then we'll just go down the table if that's okay. All 10 11 right. Thank you. GRACE ORTEZ: Skip was here waiting. Shes' 12 13 the Director. She's my boss. I have a testimony as well. Would it be possible to do her testimony for 14 15 her and then do mine? COMMITTEE COUNSEL: Sure. Did you fill out 16 17 an appearance card as well? 18 GRACE ORTEZ: Yes. 19 COMMITTEE COUNSEL: You did? Okay, then 20 yes. 21 GRACE ORTEZ: I'm Grace Ortez, this is 22 Skip. 23 COMMITTEE COUNSEL: Great. 24 25

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 239
2	GRACE ORTEZ: Thank you so much. So I'll
3	start with Skip's testimony. Thank you again for the
4	chance to speak.
5	Again, I'm speaking on behalf of Helen
6	"Skip" Skipper, the Executive Director of the NYC
7	Justice Peer Initiative. My name is Helen Skip
8	Skipper. I am an Executive Director of the NYC
9	Justice Peer Initiative. I'm also a proud member of
10	the Justice for Women Task Force, WCJA, CCIT-NYC, and
11	the Treatment Not Jail Coalition. I thank you for
12	giving me the opportunity to speak today about the
13	need for NYC to decarcerate women and gender-
14	expansive folks and build appropriate supportive
15	mechanisms and to build decriminalization pathways
16	for behavioral health and additional offerings from
17	the criminal legal system so that we prioritize peer
18	support and community-based treatment over
19	incarceration. Let me be clear and intentional about
20	where I'm coming from. I spent 25 years, starting at
21	17 years old, cycling through the criminal justice,
22	mental health, homelessness, and substance abuse
23	systems. I'm heavily impacted by these many systems
24	of oppression. All along, it should have been obvious
25	to anyone who took one look at me that I was in

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 240 1 2 desperate need of help. I was suffering from 3 untreated mental illness that I was self-medicating 4 through illicit substances. I was arrested on dozens of occasions for drug and theft offenses, and yet at 5 no time in this extensive period was I ever offered a 6 7 meaningful chance to get connected to the treatment and services I need to safely exit from the criminal 8 legal system, to treat these root causes, and to 9 recover from the decades of trauma that these systems 10 11 had inflicted. Instead, for over 25 years, I was 12 shuffled off to the next, only to rinse and repeat 13 the same cycle over and over again. It was as if I wasn't a person, just a defendant and an addict, a 14 15 criminal. Finally, in 2007, at 43 years old, after 16 being arrested on misdemeanor, the court allowed me 17 to go into a program. To be specific, it was a 18 residential drug treatment program in Suffolk County. For the first time in my adult life, I got the 19 treatment I needed. It changed my life. I haven't 20 been arrested or used any illicit substances since 21 2.2 then, for over 16 years. Today I'm a Master's student 23 in Criminology at John Jay College of Criminal Justice and pursuing a PhD. I became a Certified Peer 24 25 Specialist with the Office of Mental Health and

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 241 1 Certified Peer Recovery Specialist with the Office of 2 3 Addiction Services and Support and been using my 4 experience to help pull others out of these cruel, oppressive, and traumatizing systems that I myself 5 experienced. Seeing the profound impact of my peer 6 7 work, I helped found the NYC Justice Peer Initiative 8 to bring more individuals into this field, which she 9 provided copies of more information about our work and a little bit more about what we do and what she's 10 11 fighting for so thank you again for letting me speak on her behalf today. 12 13 CO-CHAIRPERSON SCHULMAN: Thank you. Did you do both or you're going to do hers now? 14 15 GRACE ORTEZ: I'm going to do mine now. 16 CO-CHAIRPERSON SCHULMAN: You're going to 17 do my yours now. 18 GRACE ORTEZ: No, thank you. I really 19 appreciate it. 20 Good afternoon, my name is Grace Ortez, 21 and I'm a proud member of Freedom Agenda, the Campaign to Close Rikers, and I work to uplift 2.2 23 directly impacted advocates at the NYC Justice Peer Initiative. Survivors of violent crime are more than 24 25 two times more likely than the general population to

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 242 1 2 support rehabilitative responses to acts of violent 3 crime and diversion from incarceration. The reason 4 for this is simple. We know that treatment works. We 5 believe in peer-led supportive social services, mental health treatment, and rehabilitation because 6 7 in the aftermath of victimization, we bet our own very lives on treatment, recovery, and redemption 8 9 every single day. I'm here today as an advocate for the incarcerated and for restorative justice because 10 11 I'm a survivor of repeated sexual violence throughout 12 my childhood. The aftermath of my trauma has put me 13 on a lifelong path of healing from long-term serious mental illness and substance use disorder. These 14 15 experiences have led me to a long journey of 16 therapeutic and psychiatric care as well as 17 rehabilitation from alcohol and drug addiction. In 18 these therapeutic spaces, I've found myself sharing space and healing alongside people with criminal 19 20 records, people who have committed acts of violence 21 just like those I have been on the other side of, and 2.2 I've seen their road to redemption and rehabilitation 23 up close and personal. As you know, it costs over half a million dollars to detain just one person at 24 25 Rikers for just one year. As someone who has had to

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 243 1 2 navigate the personal cost of psychiatric care, rehab 3 and medication for myself my entire life, I assure 4 you that we could spend a fraction of that money to ensure outcomes that address the root causes of 5 violence. People can't be the product of a better 6 7 environment until we give them the chance to exist in that environment. Survivors of Rikers have told us 8 9 that even the guards called Rikers a gladiator arena. It is clear that this is an environment that leaves 10 11 everyone worse off when they arrive. For everyone 12 that believes restorative approaches are soft on 13 crime, let me make something completely clear. Rikers and the Department of Correction are not tough on 14 15 crime. They are completely and shamefully ineffective 16 on crime. Our current dependence on incarceration is 17 directly the reason for the crime rates we are 18 experiencing today. Recidivism rates reflect the 19 cycle of harm that Rikers perpetuates. I just want to 20 end with rest in peace to the 30 New Yorkers who have 21 died on Rikers Island in the short and devastating 2.2 two years that Mayor Adams has been in office. 23 CO-CHAIRPERSON SCHULMAN: Appreciate your 24 testimony. Thank you. 25 GRACE ORTEZ: Thank you.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 244 1 ASHLEY SANTIAGO: Good afternoon, Chair 2 3 Lee, Chair Schulman and Committee Members. Thank you 4 so much for allowing me to testify today. My name is Ashley Santiago, and I'm testifying on behalf of 5 Freedom Agenda and as a member of the Campaign to 6 7 Close Rikers Island and a native New Yorker. For the past 31 years, I have watched neglected communities 8 9 in this city push and pull for system transformation. Yet, we continue to overly invest in systems of 10 11 punishment like the Department of Corrections instead 12 of systems of healing and true rehabilitation. My 21-13 year-old nephew, Michael, who has been diagnosed with 14 developmental disabilities, autism, and disruptive 15 mood dysregulation disorder, sat on Rikers Island for two and a half years in dire need of mental 16 17 healthcare and healing. Instead of getting that care 18 and treatment that could address the root causes of his behavior, the real mental health crisis that my 19 20 nephew often experienced there were labeled as 21 tantrums by correction officers who were not trained to respond to his clinical needs. At the cost of over 2.2 23 half a million dollars to keep someone on Rikers for a year, New York spent over 1 million to keep Michael 24 at Rikers. That is more money that this city has ever 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 245 1 invested in his well-being but, despite all that 2 3 money spent, he has gotten no substantial 4 rehabilitation or treatment. We heard a lot today 5 about premature deaths and how they disproportionately impact black and Latina 6 7 communities, but premature death doesn't just happen 8 at the stop of a heartbeat. Premature health concerns 9 and stressors that lead to death come from stressors like poverty, unstable housing, disproportionate 10 access to healthy food, generational mass 11 12 incarceration, and underlying mental health that often leads to self-medicating. Trauma isn't created. 13 It's always political. Coming from a low-income 14 15 Latina neighborhood in Queens, it created a lot of 16 barriers to adequate treatment for my nephew and, 17 even though he struggled with the mental health 18 challenges from a young age, I'll be fast, so I just 19 want to say with this written testimony that I 20 submit, I included a full budget analysis, but we need to close Rikers and we need to fulfill the 21 2.2 commitments that will actually help Rikers get 23 closed, which is 380 more units of justice-involved supportive housing areas, funding to establish five 24 25 more FACT teams to provide mental health support to

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 246 1 people returning from jail and prison, and funding to 2 3 create four more crisis respite centers and five more 4 Clubhouses. Everyone here knows today that jail is not the environment to inspire restoration and 5 healing. It's insane to keep doing the same thing 6 7 over and perpetuating the same cycles of trauma on our loved ones and then blaming them for the trauma. 8 The City's legal and moral obligation to close Rikers 9 is also an obligation to invest in community-based 10 11 treatment, and the City Council must ensure that this 12 budget does that. Thank you for allowing me to 13 testify. JAY EDIDIN: Thank you, Chair Schulman, 14 15 Chair Lee, and Members of the Committee. My name is 16 Jay Edidin. I'm the Director of Advocacy at the 17 Women's Community Justice Association, an 18 organization that works with and on behalf of women and gender-expansive people impacted by mass 19 20 incarceration. I'm also here as a constituent of 21 Chair Schulman's, and I'm here to speak about and on 2.2 behalf of the people incarcerated at Rikers Island, 23 and specifically, this Women's History Month, I want to bring your attention to the budget's impact on a 24 25 population that frequently gets left out when we're

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 247 1 talking about people involved in the criminal legal 2 3 system, those being the women and gender-expansive 4 people incarcerated at the Rose M. Singer Center. As 5 you likely already know, the Adams Administration's plans for the upcoming Queensborough jail more than 6 7 triple the agreed upon number of beds for women and 8 gender-expansive people, from 126 to 450. This is happening at a time when mass incarceration of women 9 is rising at double the rate of incarceration of men 10 11 and wholly disproportionately to the rate of criminal offense. Nationwide, nearly 70 percent of 12 13 incarcerated women have mental health concerns, again nearly twice the rate of incarcerated men and, at 14 15 Rikers Island, that number is even higher. Over 80 16 percent of the women and gender-expansive people 17 incarcerated at RMSC have mental health issues, and 18 nearly 30 percent have a serious mental health 19 diagnosis. Between 45 and 93 percent have experienced 20 domestic or sexual violence, and over one in five were unhoused at the time of their arrest. That last 21 2.2 statistic is current as of this week. The Mayor would 23 like us to believe that the increase in the number of beds in the Queen's Jail, the planned increase of the 24 25 number of women and gender-expansive people the City

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 248 1 chooses to cage, is a neutral and inevitable product 2 3 of simple math and beyond his Administration's 4 control. It is not. It is the predictable result of the deliberate and ongoing criminalization of mental 5 illness and poverty, the prioritization of mass 6 7 incarceration over desperately needed community care and resources, and the entrapment of our city's most 8 vulnerable populations in cycles of trauma and 9 punishment. Mass incarceration is a public health 10 11 crisis. The mass incarceration of women and gender-12 expansive people even more so. I call on this Committee to resist the Administration's 13 fearmongering and to prioritize community resources 14 15 and alternatives to incarceration, resist the growing 16 sprawl of the borough jails as imperative for the 17 health and mental health of New Yorkers. Thank you 18 for your time. 19 CO-CHAIRPERSON SCHULMAN: I just want to say that, one, I've done a lot of work, I still do, 20 21 with the Fortune Society. The other is that if you 2.2 saw in the increase in the beds for the facilities, 23 they're also taking away the mental health pieces to it all as well so that's not something that we can 24

tolerate so I just want you to be aware of that.

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COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 249 1 2 JAY EDIDIN: Thank you so much. 3 SHAKIMA HILL: Good afternoon, Chair Schulman, Chair Lee, and Members of the Committee on 4 Mental Health, Disabilities, and Addiction. Thank you 5 for the opportunity to testify today. My name is 6 7 Shakima Hill, and I'm the Program Director for 8 Emerson Davis Family Residence at the Institute for 9 Community Living, or ICL. ICL is one of the city's largest providers of housing and behavioral services 10 11 for children, adults, and families. We serve 13,000 people annually through our 140 programs across all 12 five boroughs, including clinics, shelters, 13 14 residences, and community-based programs. People get 15 better with ICL because our whole-health approach 16 addresses all aspects of well-being and reduces 17 health disparities. First, thank you to the New York 18 City Council for your commitment to human service 19 workers. The COLA is greatly appreciated. I'm here 20 today to talk to you about the city's mental health 21 crisis, particularly among mothers and families and 2.2 viable solutions for supporting them to stay 23 together. Mothers with significant mental health challenges who do not have the necessary support they 24 need are often separated from their children. This 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 250 1 has a particular impact on communities of color who 2 3 are disproportionately represented in New York City's 4 welfare system. Parents with serious mental health challenges often face obstacles in rebuilding their 5 lives because of navigating the temporary housing and 6 foster care system. By supporting mothers struggling 7 8 with serious mental health challenges, we can help 9 families together. That's the goal of the Institute for Community Living's Emerson Davis Family 10 11 Residence, a one-of-a-kind residence for single parents seeking to regain custody of their children 12 or at risk of losing custody. I've been with this 13 program for nearly a decade and can tell you that it 14 15 works. ICL provides families with a safe and 16 supportive environment that gives them an opportunity 17 to build the essential skills to stay together and 18 move to more permanent housing. When I started at Emerson, over nine years ago, a mother had not been 19 20 with her child for several months. Through the 21 support at ICL, the child was permanently returned to her mother's care and eventually moved to supportive 2.2 23 housing. The son is now entering junior high, and they are thriving. Because of Emerson, the family was 24 able to reunite and stay together, but we had to 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 251 1 2 close Emerson because the building was in disrepair. 3 We are close to having all the financing to renovate, 4 but we need the Council support to get it over the finish line. We are asking for 1.5 million dollars in 5 capital funding from the City Council for this vital 6 7 program along with funding from the Borough President. Mothers with serious mental health 8 9 challenges deserve to raise their children and, more than that, keeping mothers and children together has 10 11 proven crucial for improving a child's development 12 and improved outcomes later in life. Thank you. 13 CO-CHAIRPERSON LEE: Thank you so much and thank you for each of you for sharing your stories 14 15 and for also reading on behalf of the other person 16 who could not make it so thank you all and we love 17 ICL and the work you guys do. 18 COMMITTEE COUNSEL PEPE: Thank you so much to this panel. We'll be moving to our next in-person 19 20 panel, and I apologize in advance for 21 mispronunciations of any names. Maryam Mohammed-2.2 Miller, Patricia Loftman, Gabriela Sandoval Requena, 23 Faith Behum, Dash Yeatts-Lonske, and Alex Brass. Please come up to the table. 24 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 252 1 2 Just a gentle reminder to folks 3 testifying that we do have a lot of people wishing to 4 testify so please be mindful of the two-minute time limit when you are delivering your testimony. Thank 5 you so much. 6 7 When you are ready, we can just start from this side of the table and we'll just go down, 8 9 please. DASH YEATTS-LONSKE: Good afternoon, Chair 10 11 Lee, and Members of the Committees. My name is Dash 12 Yeatts-Lonske, and I'm a Policy Analyst at Urban 13 Pathways. Thank you for the opportunity to testify at today's hearing. Urban Pathways is a non-profit 14 15 homeless services and supportive housing provider 16 serving over 2,000 single adults annually. First, I'm 17 not the first person to say this today, nor will I be 18 the last, but thank you for the COLA. We'd like to echo the call from previous panels for further 19 20 investment in the sector. I'm here to testify about 21 the need for increased rates for justice-involved 2.2 supportive housing, JISH, and the NYC 15/15 scattered 23 site supportive housing initiative as well as for the restoration of the PEGs to the B-HEARD program in the 24 25 Fiscal Year 2025 budget. The JISH program contracted

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 253 1 by DOHMH serves adults who are frequently in and out 2 3 of City shelters and jails and are living with a 4 serious mental illness or substance use disorder. JISH is the only designated supportive housing 5 program for people leaving Rikers Island. We are one 6 7 of the three providers of it currently. Individuals 8 served by JISH have complex needs, but the current service funding is just 10,000 per unit annually for 9 scattered site. Comparatively another high-need 10 11 population, NYC 15/15 for young adults receives 12 25,596 per unit annually. While the need for more 13 JISH units is high, there has been only one award for a mere 24 units on the 2019 RFP that seeks to expand 14 15 it by 380 units. We request that JISH rates are 16 raised to 25,596 dollars per unit annually to match 17 other high-need populations so those units can be 18 created. Next, NYC 15/15 Supportive Housing Initiative has only awarded 17 percent of scattered 19 site as opposed to 80 percent of congregate. We 20 21 request that the City reallocate funding to increase service rates for existing scattered site units to 2.2 23 match the rate in congregate settings. Finally, the B-HEARD program is the main alternative to police for 24 mental health crisis. We call on the City to restore 25

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 254
2	the PEGs that were made to the B-HEARD program,
3	including the PEGs that will delay its expansion, and
4	to create a training program for peers to allow them
5	to fill the mental health roles on the B-HEARD teams
6	to meet staffing needs and expand capacity. Thank
7	you.
8	MARYAM MOHAMMED-MILLER: Good afternoon,
9	everyone. My name is Maryam Mohammed-Miller, and I'm
10	the Director of Government Relations at Planned
11	Parenthood of Greater New York, or PPGNY for short. I
12	would like to thank the Chairs, Council Member
13	Schulman and Council Member Lee, for holding this
14	important hearing for the FY25 City budget. Also want
15	to thank the Council and the Council Members in
16	particular here today for supporting sexual
17	reproductive healthcare access throughout our city.
18	Planned Parenthood of Greater New York has been a
19	trusted provider of sexual reproductive healthcare
20	for over a hundred years and, in 2023, we provided
21	care to almost 70,000 patients throughout New York
22	City, providing the full range of reproductive
23	healthcare services to individuals, no matter their
24	immigration status, identity, or their ability to pay
25	for healthcare services. Again, I want to reiterate

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 255 1 my thanks to the Council and the Chairs of the 2 3 Committee. Given the ever-changing national landscape 4 of sexual reproductive healthcare, attempts to restrict access to care nationally, we appreciate the 5 Council's support legislatively and to providing 6 7 funding to reproductive healthcare providers to 8 continue to serve all New Yorkers. Today, I just want 9 to urge the Council to support initiatives that fund reproductive healthcare throughout our city, several 10 11 of which Planned Parenthood of Greater New York receives funding to continue to provide services, 12 13 first of which is the Sexual Reproductive Healthcare Initiative. This is funding that we use to continue 14 15 to provide care through our health centers, making 16 sure folks are able to secure care, again without 17 fear of being able to pay, their immigration status, 18 their identity. Also, urging the Council to support 19 and continue to support the Abortion Access Fund 20 which supports individuals living in New York City to 21 secure abortion care, no matter their ability to pay, helping with travel and care coordination. We're also 2.2 23 urging the Council to support the Trans Equity Initiative supporting individuals who are transgender 24 and gender nonbinary. We provide care at our health 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 256 1 2 centers, providing gender-affirming services again to all New Yorkers in need, and urging the Council to 3 support the Dedicated Contraceptive Fund, which 4 Planned Parenthood is able to provide free, long-5 acting, reversible contraceptive services to all 6 7 individuals, again no matter their ability to pay or their insurance status. Thank you for the opportunity 8 9 to testify. CO-CHAIRPERSON SCHULMAN: I have a 10 11 question for you. What's Planned Parenthood's role 12 with the new initiative by the Governor that people 13 can just go in a drugstore and get birth control? Not birth control. I'm sorry. Abortion medication. 14 15 MARYAM MOHAMMED-MILLER: We have been 16 supporting advocacy efforts to expand medication 17 abortion care on various levels and can speak more to 18 that. CO-CHAIRPERSON SCHULMAN: Do you refer 19 20 people, and are you going to be referring people? I 21 know the program just started, right? 2.2 MARYAM MOHAMMED-MILLER: We offer 23 medication abortion care so we're talking through ... CO-CHAIRPERSON SCHULMAN: Okay, got it. 24 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 257 1 2 MARYAM MOHAMMED-MILLER: And what that 3 looks like on the state level. 4 CO-CHAIRPERSON SCHULMAN: Okay, thank you 5 very much. GABRIELA SANDOVAL REQUENA: Good 6 7 afternoon, Committee Chairs Lee and Schulman and Council Staff. Thank you for holding this Preliminary 8 9 Budget hearing and the opportunity to testify on behalf of New Destiny Housing. My name is Gabriela 10 11 Sandoval Requena, and I am New Destiny's Director of Policy and Communications. New Destiny's mission is 12 to end the double trauma of abuse and homelessness 13 among domestic violence survivors. We develop 14 15 supportive housing for survivors in shelter, we 16 assist those who are fleeing to obtain subsidies and find safe new homes, and we advocate for more housing 17 18 resources. New Destiny is also a co-convener of the Family Homelessness Coalition and a member of the 19 20 Supportive Housing Network of New York. So why do we 21 do this work? Because despite the fact that only 50 percent of domestic violence cases are reported, in 2.2 23 2022, the NYPD filed one domestic violence incident report every two minutes. In other words, since this 24 25 hearing started, more than 150 survivors have called

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 258 1 the police because of abuse and countless others have 2 3 suffered in silence. Domestic violence continues to 4 be a main cause of homelessness in New York City, and access to safe and affordable permanent housing will 5 determine whether survivors leave their abuser, 6 7 survive, and rebuild their lives. We submitted extended written testimony so I'm going to use this 8 9 time to focus on our number one priority. That's opening NYC 15/15 supportive housing to domestic 10 11 violence survivors. We were asking that you help 12 survivors get access to City-funded supportive 13 housing. Unlike the State programs, NYC 15/15 does not include domestic violence survivors as an 14 15 eligible population. Family supportive housing units 16 are harder to fill. We are confident that this is one 17 of the reasons why. Supportive housing is a lifeline 18 for survivors who struggle with long-lasting physical and psychological conditions stemming from the abuse. 19 20 We know this because we have State-funded supportive 21 housing and we see year after year the long-term 2.2 stabilizing effect our supportive services have on 23 both survivors and their children that experience or witness the violence. I just have a couple more 24 points if I just may finish. Thank you. Survivors are 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 259 1 31 percent more likely to develop cardiovascular 2 3 disease and 51 percent more likely to develop type 2 diabetes. At least half of survivors experience post-4 traumatic stress disorder and depression. Moreover, 5 survivors can sustain head trauma more often than 6 7 football players, but they're rarely diagnosed. In 8 fact, the Centers for Disease Prevention and Control 9 now recognizes intimate partner violence as a leading cause of traumatic brain injury. New Destiny also 10 11 supports the network's recommendations to improve NYC 12 15/15. With the housing vacancy rate at 1.4 percent, 13 the City must develop additional congregate units above the original commitment of 7,500 homes. Thank 14 15 you for your time, and I can answer any questions you 16 may have. 17 FAITH BEHUM: Thank you, Chairperson 18 Schulman, Lee, and Members of the Committees of Health, Mental Health, Disabilities and Addiction for

Health, Mental Health, Disabilities and Addiction for holding this hearing and for the opportunity to testify. My name is Faith Behum, and I'm a Senior Advocacy and Policy Advisor at UJA Federation of New York. Established more than a hundred years ago, UJA is one of the nation's largest local philanthropies. Central to our mission is to care for those in need,

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 260 1 identifying and meeting the needs of New Yorkers of 2 3 all backgrounds and Jews everywhere. UJA supports an 4 expansive network of nearly 100 non-profit organizations serving those that are most vulnerable 5 and in need of programs and services and allocates 6 7 over 180 million dollars each year. The Fiscal Year '24 budget cut the City Council Mental Health 8 9 Services initiatives by over 900,000. The Fiscal Year '25 budget must restore and maintain funding for 10 11 these initiatives. Council funds go directly to community-based organizations. UJA's non-profit 12 13 partners receive funding through seven mental health 14 initiatives, and the UJA network alone, the impact of 15 these programs is great. Using this funding, 16 community-based organizations provide a social and 17 educational outlet for individuals with autism and 18 support parents and caregivers of these individuals. 19 They provide an opioid prevention and treatment 20 program to Jewish, Orthodox, and Bukharian youth in 21 Queens who are at risk for or engaging in opioid 2.2 abuse and use this funding for a part-time mental 23 health practitioner who works with children and staff in a preschool program. This is just a small sampling 24 of the services CBOs provide to their communities 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 261 1 2 using this funding. Without this support it would be 3 incredibly difficult for these non-profits to meet 4 the unique needs of the communities they serve. UJA urges the Council to restore and maintain funding for 5 the mental health initiatives. Please let me know if 6 7 you have any questions.

8 ALEX BRASS: Thank you, Chairperson Lee 9 and Schulman and the Committee Council as well as everyone else who gave amazing testimony today. My 10 11 name is Alex, and a little over two years ago I had 12 an encounter with the police after my parents called 13 9-1-1 and interpreted I was suicidal. I made it less than 30 blocks before the police caught me. I was 14 15 eventually force-injected with medicines and thrown 16 inside the loony bin. Thankfully, inside of there, 17 while I left worse than I came out, all starting with 18 this negative police interaction, I did meet a good friend inside and, unfortunately, she's not here to 19 tell her story and she called me about two months ago 20 21 after her 13th stay inside of the hospital and this 2.2 time she was getting triggered by her parents and she 23 called 9-1-1 and she wanted to discuss this sexual abuse she experienced earlier in her life. 24

25 Unfortunately, as soon as the police arrived, she was

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL 262 HEALTH, DISABILITIES AND ADDICTION 1 automatically labeled an emotionally disturbed person 2 3 and, instead of speaking to her like the vulnerable, 4 loving individual that she is, she was immediately 5 taken away and thrown into the hospital once again. I'm here advocating on behalf of CCIT and the peers, 6 7 not police model, which there's a lot of people who discussed it here today and, how important it is and 8 9 how necessary this is, and we're just furthering, hurting people's lives when people deserve to be 10 11 treated like the beautiful souls that they are. Also, as someone with a substance abuse disorder and mental 12 13 health recovery who almost traded my life for two dollars of fentanyl, I just think we need to have 14 15 more creative solutions to address both of these 16 issues as well as to eliminate stigmas so people are 17 not in shame and have the courage to speak out. Thank 18 you. CO-CHAIRPERSON LEE: Thank you, Alex, for 19 sharing your story and for being here again. I had a 20 21 couple of questions actually for some of the 2.2 panelists. 23 For Dash, can you repeat those stats again? 17 percent was for, that's only the 24 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 263 1 congregate. They've only reached 17 percent and then 2 3 what was the other one? I'm sorry. 4 DASH YEATTS-LONSKE: It was two things. So 5 for NYC 15/15, 17 percent of the scattered site units have actually been allocated. 6 7 CO-CHAIRPERSON LEE: Got it. DASH YEATTS-LONSKE: We're, as a sector, 8 9 having trouble actually filling this as opposed to 80 percent congregate. 10 11 CO-CHAIRPERSON LEE: Got it. One quick 12 question, followup for Gabriela. Can you just say 13 again, because I missed it really quickly, but why is it again that DV is not eligible for the 15/15? Why 14 15 is that? 16 GABRIELA SANDOVAL REQUENA: It's just not 17 one of the eligible populations. Families, 18 technically a domestic violence survivor could qualify, but they would have to meet the chronicity 19 20 requirement, which is twofold. They have to have 21 stayed at least a year in shelter, and that's usually 2.2 DHS shelter, doesn't usually count HRA, domestic 23 violence shelter stays, and also the head of household has to have a diagnosis ability, and we 24 know survivors usually for variety of reasons are 25

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 264
2	afraid of getting that diagnosis because of fear of
3	losing their kids to the abuser. There is no point.
4	They survived the abuse. Why should they go back and
5	get a diagnosis that's saying that? Supportive
6	housing should be something they're eligible for,
7	just like the State recognizes it.
8	CO-CHAIRPERSON LEE: That's so
9	interesting. Okay. I want to look into that more.
10	My final question for Faith, actually. I
11	have a growing Bukharian community in my District in
12	Queens, and I sat with a bunch of them in someone's
13	home because, again like many communities, there's a
14	lot of shame and stigma around drug addiction issues,
15	opioid issues, mental health issues, and they were
16	having a very honest conversation, mostly mothers, to
17	be honest with me about how to better educate their
18	community on what some of these issues are and so
19	just curious to know what some of the resources are
20	that you have to reach into these communities because
21	I think a lot of them don't want to talk about it
22	publicly and so, if you have any recommendations,
23	that'd be great.
24	FAITH BEHUM: I can definitely get back to
25	you on specific recommendations. I actually have a

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 265 1 colleague who works directly with the Bukharian 2 3 population, someone who was born and raised in Queens 4 and still interacts with them. I'm definitely going to ask him to ask for any resources that we can 5 provide. I know JCCA had testified earlier today, and 6 7 they're the ones who oversee that program so they're also a really good resource to reach out to as well. 8 9 CO-CHAIRPERSON LEE: Okay, awesome. Thank 10 you. 11 COMMITTEE COUNSEL PEPE: Thank you very 12 much to this panel. We'll be moving to our next in-13 person panel. Please come up to the table if you hear your name called. Robert Desrouleaux, Ronni Marks, 14 15 Ruth O'Sullivan, Kayt Tiskus, Emily Miles, and Mohamed Attia. 16 17 When you're ready, we'll start from this 18 side of the table and we'll just go down the line, 19 please. Thank you. 20 KAYT TISKUS: Thank you, Chairs and 21 Council Members, for making the time to hear from all 2.2 of us today. My name is Kayt Tiskus. I work with 23 Collective Public Affairs, and I wanted to highlight the work that some of the initiatives supported by 24 Council's discretionary funding do to work in tandem 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 266 1 with agencies supported by the Executive Budget and 2 3 remind you of the importance of making sure that 4 those services are supported as we move forward in the budget season this year. The first initiative I 5 want to highlight is the initiative to combat sexual 6 7 assault. Those folks are dealing with a larger number of victims and providers who need to be educated in 8 how to correctly take rape kits and to treat those 9 victims but have been held steady on funding for 10 11 quite some time, I think since pre-pandemic even 12 though the demand is ever-growing and the sort of 13 false fiscal emergency in which we find ourselves is one reason that they've been held at the same service 14 15 level. It's something that we really need to make a 16 change to. Another health initiative or, what I think 17 of as a health initiative that I'd like to highlight, 18 is the Trans Equity Initiative. We all know that it's a really dangerous time to be a trans person, a trans 19 New Yorker, and a trans everywhere elser, as many new 20 21 New Yorkers join that community so the connectivity to health services that that Initiative manages can't 2.2 23 be overstated. Similarly, with the initiative that is support for persons involved in the sex trades, 24 connectivity to health services, wraparound services, 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 267 1 2 housing, things that are very important parts of 3 healthcare, and I know I don't need to tell the 4 Chairs today that we'd love your continued support 5 with the ambitious Marsha and Sylvia Plan and its various health initiatives as well. Thank you so 6 7 much.

8 RUTH O'SULLIVAN: Good afternoon, Chair 9 Schulman and Chair Lee. Thank you for having me today and esteemed Members of the Committee. My name is 10 11 Ruth O'Sullivan. I currently serve as a Project 12 Director for the Brooklyn Mental Health Court, and 13 I'm here today on behalf of the Center for Justice Innovation. Each year, thousands of people with 14 15 substance use disorders, mental illness, and other 16 treatable issues cycle through our city's jails. 17 According to recent data, the number of people in New 18 York City jails diagnosed with a serious mental illness has increased by 45 percent since 2022. We 19 recognize that even a short period of incarceration 20 can have detrimental effects that reverberate for 21 2.2 years, resulting in a costly and largely ineffective 23 revolving door justice system. The Center is committed to identifying effective and humane paths 24 25 to producing public safety. We also work with the

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL 268 HEALTH, DISABILITIES AND ADDICTION 1 2 justice system partners to build programs that 3 address both the psychosocial needs of justice involved individuals as well as the need for 4 5 accountability. Today, I'd like to focus on some of the Center's programs that address the mental health 6 7 needs of New Yorkers. Many individuals who come into contact with the criminal legal system have been 8 exposed to significant trauma and have untreated 9 mental health conditions. Mental health courts play a 10 11 vital role in connecting individuals to supportive 12 services, such as housing, job opportunities, and 13 treatment, offering a powerful foundation on which to 14 build a stronger, more resilient, game-changing 15 response to the cross-cutting crisis of mental health 16 and public policy. The Brooklyn Mental Health Court 17 was launched in 2002. It was the first mental health court in New York City and one of the first mental 18 19 health courts in the United States to accept 20 individuals with serious mental illness facing felony 21 charges. Currently, over 55 percent of our population 2.2 has been charged with a serious violent felony. 23 Housed in Brooklyn Supreme Court, Brooklyn Mental Health Court offers a very different experience of 24 25 our court system. At BMHC, every candidate is

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 269 2 afforded a comprehensive evaluation by an experienced 3 licensed clinician. Once our client's needs have been 4 identified, a treatment plan is developed and the 5 client is connected to the appropriate treatment providers in the community. The treatment team 6 7 monitors each client for the duration of their mandate and offers support, advocacy, and resources. 8 Participation in the program can last on average from 9 12 to 24 months. Brooklyn Mental Health Court has a 10 11 dedicated court staff who've been trained in trauma-12 informed care and practice. We've worked hard to 13 create a courtroom that's warm and supportive. Clients get phases as they move through their 14 15 mandates and, with each phase awarded, the courtroom 16 claps. This communal experience has had the 17 unintended consequence of fostering a sense of 18 community in the courtroom, which we now know is an essential component of lasting change. Public safety 19 needs are addressed by having regular court dates in 20 21 which the parties are provided updates about how a 2.2 client is doing. BMHC clients are held responsible 23 for engaging in their identified treatment. To date, over 1,300 participants have received treatment, 24 satisfied program requirements, and graduated, all 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 270 1 2 outside of the carceral setting. The Center for 3 Justice Innovation also now operates the Manhattan 4 and Brooklyn Misdemeanor Mental Health Courts, which are new courts operating under the same model as the 5 Brooklyn Mental Health Court. These courts have 6 7 served over 280 individuals in programming since their inception, which was only two years ago. In 8 9 seeking to address the conditions that underlie and result from justice system involvement, we can forge 10 11 new innovative approaches to difficult cases where 12 social, humane, and legal problems intersect. The 13 Center looks forward to continued partnership with the Council to continue to transform the justice 14 15 system to cultivate vibrant, prosperous communities 16 that center public safety and security for all its 17 members. Thank you for the opportunity to testify 18 today.

19 EMILY MILES: Hello. Thank you for the 20 opportunity to testify. My name is Emily Miles. I'm 21 the Executive Director of the New York City Alliance 22 Against Sexual Assault, and I'm here today to talk to 23 you about the Sexual Assault Initiative, which is 24 comprised of five New York City based sexual violence 25 intervention programs. Together, we serve thousands

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 271 1 of victims and survivors annually across the five 2 boroughs fully through funding provided by the City 3 4 Council. Despite our good work, the demand for our services is great and has only increased over the 5 course of the last year, resulting in the need for 6 7 additional resources from the Council. The Alliance's portion of that funding goes to support our Sexual 8 9 Assault Forensic Examiner training program. This training program trains doctors, nurses, physicians, 10 11 assistants to provide competent, culturally 12 responsive care to sexual assault survivors. Many 13 don't know that there's actually no part of standard medical training that prepares doctors or nurses to 14 15 work with survivors of sexual assault. If not for our 16 training program, none of those medical professionals 17 would be able to provide those services to survivors. 18 In a recent survey of New York City hospital emergency rooms, we found that of the 52 emergency 19 20 rooms across the five boroughs, only 21 are SAFE 21 designated, meaning that they provide a higher level 2.2 of care to sexual assault survivors, and yet even 23 among these hospitals, not one, not one had an adequate number of SAFE-trained staff members to meet 24 the needs of the survivors coming into those 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL 272 HEALTH, DISABILITIES AND ADDICTION 1 2 emergency rooms. The further you travel from 3 Manhattan, the less likely a survivor is to be 4 treated by a trained medical professional. This is especially true for communities of color and 5 immigrant communities who, despite facing the highest 6 7 rates of sexual violence, are the least likely to 8 have access to trained examiners. For pediatric survivors, there are even fewer trained SAFE 9 examiners with some pediatric patients having to wait 10 11 hours, sometimes days, for a trained examiner to see 12 them. Our training program hopes to change that. We 13 are only able to provide our trainings because of the City Council, and all of our trainings for this year 14 15 are already full because we cannot meet the demand. 16 The one thing I'll say about Just Pay is that we're 17 so thankful for the COLA for human services workers 18 but, because almost all of the funding for sexual 19 assault services comes from the Council side and not the Executive side, sexual assault advocates will not 20 21 gain anything from that COLA so please keep them in 2.2 mind. Thank you. 23 RONNI MARKS: Good afternoon. I'm Ronni

24 Marks. I'm the founder of the Hepatitis C Mentor and 25 Support Group. I am also a patient. First of all, I'm

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 273 1 sorry, I should have said good afternoon to Chair 2 3 Schulman and Chair Lee and Members. I am also a 4 patient who is cured of Hepatitis C. At HCMSG, we provide education and supportive services for anyone 5 affected by Hepatitis C and living with both HIV and 6 7 Hep C. We're dedicated to eliminating Hepatitis C and 8 addressing healthcare inequities through partnerships 9 with syringe exchange programs, OPCs, clinics, hospitals, and community-based organizations in need 10 11 of our services. We value the wisdom of communities 12 and strive to serve populations who have been most 13 neglected and stigmatized. As of 2022, it is 14 estimated there are 91,000 residents living with 15 chronic hepatitis C. The rate of liver cancer remains 16 high. It is critical for the City Council to continue 17 to support the Viral Hepatitis Initiative. We need 18 increased funding to expand services for hepatitis B 19 and C, peer navigators, harm reduction, syringe 20 exchange services, and more overdose prevention 21 centers. People need to understand this endemic 2.2 connection between substance use and infectious 23 disease. Being cured has been the key to having people start to turn their lives around. Please help 24 us ensure that all New York residents have access to 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 274 1 2 hepatitis C testing, treatment, and care regardless 3 of race, gender, or economic status. Let's make New 4 York City the first city to eliminate hepatitis C, and I don't know if this is the time to bring this 5 up, but I was encouraged by the Speaker's Office to 6 7 relay that our funding has been delayed for the whole initiative and that it's a real problem for people to 8 9 move on. CO-CHAIRPERSON LEE: Yeah, I used to run 10 11 Hep B and C programs through KCS and so it's been 12 quite a challenge, and it almost got cut a few times 13 actually so yeah. Thank you for the work you're doing 14 there. 15 RONNI MARKS: Yeah, thank you very much. 16 ROBERT DESROULEAUX: I guess it's my turn. 17 Good afternoon, Chair Schulman, Chair Lee, thank you 18 so much, and Staff. Appreciate it and thank you for allowing us to speak today. My name is Robert 19 Desrouleaux. I am the Programs Manager at the 20 Hepatitis C Mentor and Support Group, and I've been 21 2.2 working over 10 years on the ground with underserved 23 communities, and I work very closely with the Founder and Director Ronni Marks sitting here to my right 24 25 and, as you heard, together, we provide essential

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 275 1 educational and supportive patient mentoring services 2 3 through partnerships with community-based 4 organizations in need. The critical population we serve includes people with substance use disorder, 5 those co-infected with HIV, the LGBTQ community, 6 7 youth and young adults, baby boomers, and really 8 anyone else affected by Hep C. For some context, 9 hepatitis C is an elusive disease. It's hiding in the shadows with little or no symptoms, growing from 10 11 within, destroying arguably the most function-heavy 12 organ in the body, the liver. And oftentimes when 13 people find out about it, it could be too late as 14 hepatitis C is also one of the leading causes of 15 liver cancer. There are close to 1,000 people 16 diagnosed with hepatitis C in New York City, and 17 thousands more undiagnosed, unaware, and 18 undereducated about it. The irony is there is a cure 19 for this disease. I had a patient once tell me that 20 they were living with hepatitis C for years before 21 they learned that there was even a cure. He said, and 2.2 I quote, "the scientists did their job and now curing 23 people is up to us," and I wanted to make sure to include that quote in my testimony because that 24 25 actually lives with me every single day, every time I

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 276 1 do an event, every time I do a training, every time I 2 do an advocacy, a workshop. Even today, before I 3 walked into this room, I found a mirror and I said to 4 myself, it's up to us, it's up to me, and that kind 5 of drives the passion behind what I do because that's 6 7 what it's about. As an educator in the field and 8 someone who has witnessed the lack of knowledge in the communities, I can tell you firsthand with an 9 impact that this virus has on the lives of those 10 11 affected. We need to increase education and 12 supportive services for hepatitis B and C and 13 increased funding for peer navigation, harm reduction, and syringe exchange services as you heard 14 15 Ronni say a few minutes ago. I just want to take a few minutes just to echo the comment that she made 16 17 calling out the severe delays in the approved 18 funding. Again, just for context, we're currently in 19 the process of applying for funding for Fiscal Year 20 '24, and we're currently nine months into honoring our commitment for Fiscal Year '25, completely front-21 ended by alternative methods to be able to continue 2.2 23 the work on the ground. On top of the fact that we'd like to thank you for continuing to support the Viral 24 Hepatitis Initiative and the work that we do, to 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 277 1 definitely please evaluate the process with which the 2 application is done so that we can expedite the 3 4 funding for future years and such. Thank you. 5 CO-CHAIRPERSON SCHULMAN: Yeah, getting the funding has been a chronic issue, and I know in 6 7 the past couple of years that, because there's two sides to it, there's the Admin side and the Council 8 side, and so we've done a lot to clean up our side of 9 it so we're trying to work that out. 10 11 ROBERT DESROULEAUX: And I thank you. MOHAMED ATTIA: Thanks. I figured I'm the 12 13 last one so should I get 10 minutes? Good afternoon, Chair Schulman and Chair 14 15 Lee. My name is Mohamed Attia. I'm the Managing 16 Director of the Street Vendor Project. Thanks for the 17 opportunity to testify. SVP is a membership-based 18 organization with over 3,000 street vendor members. As the only organization in New York City dedicated 19 20 to serving the street vendor population in the five 21 boroughs, SVP is a centralized hub for street vendors to access resources and receive essential services as 2.2 23 the smallest businesses in our city. We respectfully request support from the City Council to expand our 24 community outreach and education program for street 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 278 1 vendors as the demand of street vending education 2 3 continues to grow, especially for food vendors who 4 are now navigating a new system that was created after the implementation of Local Law 18 to year 5 2021. As we have learned from DOHMH recently, they 6 7 have sent out more than 800 applications for vendors who are eligible to receive these new supervisory 8 9 licenses and, as of last month, only 71 of them were processed completely and received the permits, less 10 11 than 9 percent of the applications sent out. The new 12 system is very complex and thousands of food vendors need education on it. Our team is well-trained and 13 equipped with the tools to run the outreach and 14 15 education program for food vendors across the city. 16 We meet vendors where they're at. They don't come to our office and knock on our doors. We meet them in 17 18 the streets, we meet them in the food carts and 19 trucks, in the garages where they park, anywhere they 20 can be found. We create educational materials in 21 seven different languages that are accessible and 2.2 easy to adjust for the street vendors. We hold 23 monthly meetings and workshops where we educate the vendors on the vending laws. We offer support with 24 business compliance on various levels such as the 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 279 1 2 group workshops, individual consultations, helping 3 them with the permitting process and more. SVP 4 fulfills a critical role since there is no City 5 agency that meaningfully serves street vendors. SVP is eager to increase services to street vendors, but 6 7 we need the City Council support to increase our capacity to meet the demand of the community. Thank 8 9 you so much. COMMITTEE COUNSEL PEPE: Thank you so much 10 11 to this in-person panel. We're now going to be moving 12 on to our next in-person panel. 13 CO-CHAIRPERSON LEE: Thank you so much for 14 all the work you guys do. 15 CO-CHAIRPERSON SCHULMAN: Thank you very 16 much for ... 17 CO-CHAIRPERSON LEE: Same time. Thank you. CO-CHAIRPERSON SCHULMAN: And also having 18 the patience to stay. We have over 100 people who've 19 signed up, and we really appreciate all the work that 20 you do out in the community because it's your work 21 2.2 that makes our constituents better so thank you. 23 COMMITTEE COUNSEL PEPE: Thank you, Chairs. 24 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 280 1 We're going to be moving to our final in-2 3 person panel, Rosa Chang and Jennifer Parrish. And at 4 this time, if you are in Council Chambers and you are wishing to testify in person and you have not heard 5 your name please fill out an appearance card with the 6 7 Sergeant-at-Arms. Again, Rosa Chang and Jennifer 8 Parish. At this time, if you are in Council 9 Chambers and you are wishing to testify in-person and 10 11 you have not heard your name, please fill out an 12 appearance card with the Sergeant-at-Arms. 13 Again, Rosa Chang and Jennifer Parish. 14 Thank you. 15 ROSA CHANG: Hello. Thank you very much 16 for the opportunity to speak to you today. My name is 17 Rosa Chang, and I am the Co-Founder and President of 18 Gotham Park, a grassroots community led non-profit that successfully advocated for the opening of new 19 20 public space beneath the Brooklyn Bridge, just a 21 block away from here so anytime you are free for a 2.2 tour, I welcome you. Three years ago, I reoriented my 23 entire life to build a park underneath the Brooklyn Bridge, and you might ask why. I've been a Community 24 Board member for four years, I've been a downtown 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 281 1 resident for 25, I've been the president of my 408-2 unit condo building for eight years, and I've served 3 on two PTAs. All this is to say that I'm deeply, 4 deeply committed to my community and, when COVID hit 5 in this beloved city that we all call home, it hit 6 7 really hard. We did not feel safe and our density, which was once our strength, suddenly became our 8 weakness, and the only place that we could go to feel 9 safe was outdoors, and that was so critical for so 10 11 many different reasons. Number one was obviously 12 getting fresh air. Number two was that, I always call 13 the Hudson River Park my sanity space because when I felt like the world was falling apart and I could not 14 15 deal with it anymore, I would go for a walk out there 16 and I would feel safe, and in our communities that 17 are disadvantaged, that have been underinvested in 18 for generations, where we do not have open space, sufficient open space to gather. I want to point out 19 that we do not build community in our sidewalks as we 20 pass each other. 21 2.2 CO-CHAIRPERSON SCHULMAN: Excuse me. This 23 is... Oh, you did. All right. I'm sorry. I'm sorry. Go ahead. 24

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 282
2	ROSA CHANG: We build our community in our
3	public spaces, and that is where we build the
4	friendship that we rely on when things are falling
5	apart, and so I would ask you to consider focusing on
6	parks as an essential component of mental and
7	physical health and well-being for our community.
8	Thank you.
9	CO-CHAIRPERSON SCHULMAN: Yeah. No, I'm
10	sorry. My Counsel thought you were at the wrong
11	hearing, but let me just say this to you. I know you
12	read about the Queensway project.
13	ROSA CHANG: Yes.
14	CO-CHAIRPERSON SCHULMAN: And I'm one of
15	the people that started that with Friends of the
16	Queensway so that's my project. I'm really excited
17	about it, and it's going to be amazing. It's going to
18	be amazing in terms of health, and it goes through
19	six communities and all the schools that are involved
20	and everything else. Just wanted to let you know
21	that
22	ROSA CHANG: And can I say an enormous
23	congratulations because I know that was an incredibly
24	heavy lift, the fact that you were able to get 5
25	million and now 117 million dollars in over 15 years

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 283 1 2 that has been an effort, that is going to be so 3 impactful for everybody that lives in the community, 4 and we need that kind of support and ... 5 CO-CHAIRPERSON SCHULMAN: Well, thank you. ROSA CHANG: Everywhere. Thank you for 6 7 getting that done. 8 CO-CHAIRPERSON SCHULMAN: It's really 9 important. It still has people fighting against it, but it's just going to be tremendous and, Queens and 10 11 the boroughs outside of Manhattan haven't gotten the 12 type of funding that Manhattan gets for park space, 13 and this is just so incredibly important for small 14 business. There are lots of the schools, there's tons 15 of schools that are involved in this so anyway, and 16 once they break ground and everything else, I'm going 17 to invite my Colleagues and then we'll invite you 18 out. 19 ROSA CHANG: I've actually been on a tour 20 with Ruben and Carter. 21 CO-CHAIRPERSON SCHULMAN: Okay, that's 2.2 good. 23 ROSA CHANG: I'm familiar with it. 24 CO-CHAIRPERSON SCHULMAN: There you go. 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 284 1 2 ROSA CHANG: I totally support the 3 project, but I would love to go on another tour. 4 CO-CHAIRPERSON SCHULMAN: When we break 5 ground, we'll invite you out. ROSA CHANG: I would be honored. Thank 6 7 you. 8 CO-CHAIRPERSON SCHULMAN: Okay. 9 CO-CHAIRPERSON LEE: And sorry for the confusion. I actually asked Rosa to come testify 10 11 because I saw her at the Parks hearing. ROSA CHANG: No, no, he was just like ... 12 13 CO-CHAIRPERSON LEE: But it's because of 14 the fact that Rosa and I have been having a lot of 15 conversations about how important the park spaces are 16 for mental health, well-being, all of that, 17 especially during COVID, and we had the fortunate 18 opportunity to hear about the presentation yesterday 19 so I was like, oh, come over and talk, and we had 20 Carnegie Hall here earlier and talking about just in 21 general culture, arts, how important all of that is 2.2 so thank you. 23 ROSA CHANG: Can I just add on also, especially our seniors, because what we noticed 24 25 during COVID was that our seniors were hiding in

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 285 1 their apartments and, because they had no social 2 3 interaction, they were falling into depression, and 4 depression and mental health absolutely affects physical health and that absolutely affects 5 mortality. We saw that so clearly and so we need 6 7 these investments in our spaces. 8 CO-CHAIRPERSON SCHULMAN: And this park is 9 going to be very accessible to people and it's just going to be amazing, it's just going to be amazing, 10 11 but thank you. 12 ROSA CHANG: Thank you for all the 13 important work you do. 14 JENNIFER PARISH: Good afternoon. My name 15 is Jennifer Parish. I work at the Urban Justice Center Mental Health Project, and I'm a member of the 16 17 Jails Action Coalition and the HALT Solitary 18 Campaign. Thank you for having me here. My message 19 for your Committees is that the services that you 20 decide to fund, services that support health and 21 mental health for New Yorkers, are what will lead us 2.2 in the recovery from the pandemic, will help New 23 Yorkers health and vitality and community safety on the whole. These are the investments we need along 24 with funds for other community services that 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 286 1 contribute to the social determinants of health. We 2 3 must not turn back the clock and return to mass 4 incarceration and broken windows policing. These are failed policies, will not make New York City a place 5 where people live and thrive by investing in police 6 7 and corrections. We've tried that and it doesn't work. The Council must lead by relying on evidence 8 9 and investing in services that bring about public health and public safety. New York has demonstrated 10 11 that we can reduce incarceration and reduce crime at the same time. The Council should build on that 12 13 record and go much further by investing in the communities that need the most support. We overfund 14 15 the Department of Corrections and the NYPD and, by reallocating just a sliver of their billion-dollar 16 17 budgets, we can fund the resources that New Yorkers 18 need. This is not just the view of people who serve 19 and advocate for people with mental health concerns. 20 Consider the testimony of the Bronx District Attorney 21 at yesterday's Public Safety hearing. DA Clark told the Council that she did not need more resources to 2.2 23 prosecute crimes in the Bronx. What she asked for was for more mental health treatment and other community 24 services that the Bronx needs. This was a law 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 287 1 enforcement executive who was clear that she could 2 3 not prosecute her way out of the current situation 4 and that what's needed is more funding for mental 5 health and other community resources, not money to lock more people up. My written testimony, which is 6 7 based on the Mental Health Project's report about decreasing incarceration of people with mental health 8 9 concerns, describes services that should be prioritized, but I want to highlight one of those, 10 11 and that's justice-involved supportive housing. It is 12 essential for people who are involved in the criminal 13 legal system to have this pathway out. They are not considered to be homeless while they're incarcerated 14 15 so they're excluded from New York 15/15 and other 16 supportive housing programs. JISH was created 17 specifically for them. It was 120 beds that were 18 shown effective and they said they would increase it 19 to 500, but it just hasn't been funded at the level 20 that it needs to so we're asking for 6.4 million 21 dollars to align the supportive housing rates for 2.2 that with what other services that help people with 23 high needs need, and that's just 5 percent of the 556,000 dollars that Department of Corrections spends 24

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COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 288 2 to incarcerate just one person per year so thank you 3 for that. 4 CO-CHAIRPERSON LEE: Thank you, Jennifer. It's always good hearing your testimony. 5 JENNIFER PARISH: Thank you. 6 7 CO-CHAIRPERSON LEE: Thanks for all the work that you do. 8 9 COMMITTEE COUNSEL PEPE: Thank you very 10 much. 11 That was our last in-person panel. We will now be moving to virtual testimony. 12 13 For folks who are wishing to testify virtually, you'll each have two minutes, and you 14 15 should wait for the Sergeant-at-Arms to cue you before you begin your testimony. 16 17 I'm going to call our first virtual 18 panel. Lily Shapiro, Casey Starr, Kumarie Cruz, 19 Fiodhna O'Grady, Chris Norwood, and Meihua Yang, and we will start with Lily Shapiro. Please wait for the 20 21 Sergeant-at-Arms to cue you before you begin your 2.2 testimony. 23 SERGEANT-AT-ARMS: You may begin. LILY SHAPIRO: Thank you, Chair Schulman 24 25 and Lee and Members of the Committee on Health and

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 289 1 Mental Health, Disabilities and Addiction for the 2 3 opportunity to provide testimony here today. My name 4 is Lily Shapiro, and I am Policy Counsel of the Fortune Society's David Rothenberg Center for Public 5 Policy. The Fortune Society is a 57-year-old 6 7 organization that supports successful re-entry from 8 incarceration and promotes alternatives to incarceration, thus strengthening the fabric of our 9 communities. In Fiscal Year 2023, we served over 10 11 11,000 people, including housing around 500 people across our continuum of housing models, including, as 12 13 folks have testified about today, the Justice Involved Supportive Housing Program, which is funded 14 15 by the Department of Health and Mental Health. This program, as you have heard others testify, is 16 17 woefully underfunded. At the Fortune Society, 22 18 percent of our new participants report being 19 homeless, and people released from jail and prison 20 are all too often forced into homelessness. This is a 21 racial justice issue as approximately 80 percent of the 750,000 New Yorkers with convictions are black or 2.2 23 Latinx. This is also a public safety issue, as numerous studies have shown that having a safe and 24 25 stable place to live decreases someone's chance of

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 290 1 2 returning to jail or prison and, in fact, the JISH 3 program was based on an earlier program, the Frequent 4 Users Engagement Program, called FUSE, and a robust 10-year followup report about FUSE participants 5 conducted by Columbia and by the Corporation for 6 7 Supportive Housing showed that "despite intense histories of incarceration and shelter use, the most 8 9 common pattern seen over the 10 years for FUSE participants was no jail or shelter experience after 10 11 an early period of shelter stays" so this is a 12 tremendous public safety win. This is also a huge 13 cost savings for the City and also clearly transformative for the individuals and the families 14 15 of those individuals who are served by FUSE so we know that JISH work. As was just said, the only 16 17 program for people leaving our city jails who would otherwise be homeless and ... 18 19 SERGEANT-AT-ARMS: We thank you for your 20 testimony. Your time has expired. 21 LILY SHAPIRO: Have substance use 2.2 disorders or mental health issues and yet it's 23 service rates for this very vulnerable population have not been raised since program launch in 2015. 24 25 They are simply too low. We have been forced to

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 291 1 supplement the 10,000 per person service rate with 2 3 money that should be allocated for rent, which means 4 that people have to double up in our scattered site housing (INAUDIBLE) is funded by JISH, which is not 5 ideal, so we are asking that the Council negotiate a 6 7 budget that includes expanded funding for JISH by 6.4 8 million, including for existing contracts and to 9 bring the totality of the remaining 380 units online. I will note that none of the three original JISH 10 11 providers, including Fortune, applied for the last 12 RFP because the service rates remained woefully low, 13 and we have to take a long-term perspective on how to enhance public safety and well-being and guarding 14 15 against exacerbating existing racial and economic 16 disparities so I just want to quote one of our long-17 term residents as I close out who recently told some 18 of your Council Colleagues, "supportive housing saved my life," so with thanks to her, with thanks to all 19 20 of you, I will close. Thank you. 21 COMMITTEE COUNSEL PEPE: Thank you very 2.2 much. We will now be moving on to Casey Starr. Please 23 wait for the Sergeant-at-Arms to cue you before you begin your testimony. 24 25 SERGEANT-AT-ARMS: You may begin.

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 292
2	CASEY STARR: Thank you, Chairs Lee and
3	Schulman. My name is Casey Starr. I'm the Co-
4	Executive Director of the Samaritans of New York, the
5	city's only anonymous and completely confidential
6	crisis service. Our hotline alone was contacted
7	50,000 times last year from New Yorkers in crisis.
8	First, I need to respectfully challenge what the
9	Commissioner stated about our city's non-profits.
10	It's clear from the testimony every organization has
11	given today that it's not that we don't have the
12	skills or tools, it's that we do not have the
13	funding. Regarding Teenspace, it was a 26-million-
14	dollar contract. There could have been a number of
15	ways to spend that money that would not entail
16	sending public funds to a for-profit company,
17	especially a company that has class action lawsuits
18	open against it. Bigger is not always better but,
19	from what we've heard from the Department today, for
20	them it is because it is easier, because it means
21	they do not have to meaningfully engage with
22	organizations like Samaritans who are on the front
23	lines doing the work. As a City, we really aren't
24	very good at dealing with mental health crises. Even
25	when we use health-based interventions, there are

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 293 1 major flaws. We heard in testimony earlier today, the 2 3 impact of hospitalization on mental health, and the 4 data and research reflect those personal experiences. In addition to a 12-fold increase in suicide risk 5 post hospitalization, a risk that remains elevated 6 7 for up to five years after discharge, 86 percent of mental health inpatients report that institutional 8 9 practices or events inflict trauma and harm upon them, but what's worse in our city is unlike any 10 11 other health condition, when it comes to mental 12 health crises, law enforcement is still the primary 13 frontline provider. Even 9-8-8 is sending the police and, as they stated, they will continue to do so for 14 15 the foreseeable future because, as of today, their 16 goal is to finish their plan in 2024. That is 17 unacceptable. Samaritans is the only crisis service in the city that does not engage in non-consensual 18 19 intervention making it a critical service. I also represent Samaritans USA on the National Council for 20 21 Suicide Prevention, and today the Department stated 2.2 that only clinicians ... 23 SERGEANT-AT-ARMS: We thank you for your testimony. Your time has expired. 24

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COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 294 1 CASEY STARR: This is not true. The vast 2 3 majority of the crisis centers in the 9-8-8 network 4 use volunteers because studies show that trained volunteers like those answering calls at Samaritans 5 are just as effective, if not more, as their clinical 6 7 counterparts. I want to thank you for your time, for your dedication to the well-being of our city, and 8 9 for the opportunity to speak today. COMMITTEE COUNSEL PEPE: Thank you for 10 11 your testimony. 12 We will now move on to Kumarie Cruz. 13 Please wait for the Sergeant-at-Arms to call time before you begin your testimony. 14 15 SERGEANT-AT-ARMS: You may begin. 16 KUMARIE CRUZ: Thank you, Chairs Lee and 17 Schulman, for the opportunity to speak today. My name is Kumarie Cruz. I am Director of Education and 18 Bereavement Services at the Samaritans of New York. 19 20 Our mission is crucial in combating the rising tide of suicide and mental health crisis, which 21 disproportionately impacts youth, especially within 2.2 23 our city's educational systems and marginalized communities. The growing shortage of mental health 24 professions and resources underscores the critical 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 295 1 2 role of community-based services like ours. We 3 advocate for sustained fundings for the Samaritans 4 and other trusted frontline community organizations who have been doing this work for decades. At 5 Samaritans, we differentiate ourselves by customizing 6 7 our content to address the unique concerns of those we serve. Through strategic collaborations, we create 8 9 programs that are both culturally and contextually appropriate, deeply respecting the unique challenges 10 11 and strengths of each community. Suicide prevention 12 is not one-size-fits-all, and yet there is a trend 13 towards consolidating crisis services under one singular government umbrella. It is important to 14 15 recognize that no single service, including 9-8-8 or 16 NYC Well, can meet the vast and varied needs of those 17 seeking help. As the City grapples with workforce 18 shortages, economic strains, and the lingering effects of the COVID-19 pandemic, our program offers 19 critical support to those in need. Our services break 20 down stigma, offer compassionate space for healing, 21 2.2 and a safe point of entry for most of the vulnerable 23 New Yorkers, those often most wary of seeking help through government channels and those often most in 24 25 need for support. Thank you again for your time.

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 296
2	CO-CHAIRPERSON LEE: Thank you so much.
3	Just want to also give a shout out. I don't know if
4	Lily's still on from Fortune Society, but hello, as
5	well as, of course, Casey Starr, and thank you all
6	for the amazing work you do, and thank you, of
7	course, to Samaritans, we love the work you do as
8	well.
9	I just wanted to give a special shout
10	out. I don't know if you guys can see the Chambers,
11	but we have been joined by Senator John Liu,
12	Professor John Liu, however many hats you wear, and
13	we're joined by the government finance class at
14	Columbia University so just wanted to welcome you all
15	here. Awesome. I'm a Barnard/Columbia graduate of
16	grad school/undergrad so glad that you guys are here.
17	Yay.
18	COMMITTEE COUNSEL PEPE: Thank you very
19	much, Chair.
20	We're now going to Fiodhna O'Grady.
21	Please wait for the Sergeant-at-Arms to call time
22	before you begin your testimony.
23	SERGEANT-AT-ARMS: You may begin.
24	FIODHNA O'GRADY: Thank you, Chair Lee and
25	also Chair Schulman, for the opportunity to testify

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 297 1 today. I'm Fiodhna O'Grady, Director of Government 2 3 Relations for the Samaritans of New York Suicide Prevention Center, New York City's only anonymous, 4 completely confidential suicide prevention hotline 5 and our education programs over the last 40 years in 6 7 all five boroughs. We're asking for the restoration 8 of 312,000 to maintain Samaritan's essential hotline 9 with funding from the Speaker's Citywide Mental Health for Vulnerable Populations. In September 2023, 10 11 three months into this FY24 Fiscal Year, Samaritans 12 was informed by DOHMH that their 63,000 annual hotline funding was cancelled due to an 13 14 administrative error despite us being in contract 15 with them in year three of a three-year contract. We ask that the City Council enhance our funding, 16 17 replacing this missing 63,000 funding in FY25 should 18 the budget allow. We cater to a wide array of 19 individuals who may not otherwise seek help. We offer a fully confidential service that works in contrast 20 21 to and complements the 9-8-8 service. Studies show 2.2 that people access help when they have choices. 23 Giving New Yorkers choices in connecting to and bridging to care is paramount. Our hotline is staffed 24 by volunteers from across all communities, as Casey 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 298 1 2 spoke about, as compared to professionals who are proven to do just as good a job. They donate 20,000 3 4 hours annually valued at 800,000 in kind labor. This close to triples the actual value of your 312,000-5 dollar investment, making Samaritans NYC's most cost-6 7 effective crisis service. The intersection of opioid misuse and suicide is particularly alarming this 8 9 year. Studies show that one in four suicides involves alcohol consumption, one in five involves opioid 10 11 consumption. 12 SERGEANT-AT-ARMS: We thank you for your 13 testimony. Your time is expired. 14 FIODHNA O'GRADY: Replicated research on 15 individuals with a history of non-fatal opioid 16 overdose revealed nearly half reported a desire to 17 die. We do not fully grasp the full scale of this 18 crisis because, if we could accurately account for how many overdoses are intentional, the numbers would 19 20 be almost unimaginable. Continue Samaritan's funding 21 affirming our City's commitment to compassion, 2.2 equity, and the fundamental right to access mental 23 health support and to have choices among these services to better bridge vulnerable populations to 24 25 care. Thank you.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 299 1 2 CO-CHAIRPERSON LEE: Thanks, Fiodhna. It's 3 always great seeing you even if it's through a 4 screen. 5 I'm so sorry to hear about that contract. Can you just remind me again what the number was of 6 7 the contract, I mean, the amount? 8 FIODHNA O'GRADY: Yeah, 63,197 dollars, 9 and that is FY24, year three of three. Therefore, in the FY25 year, we do not see us being asked if that 10 11 three years will continue. That three years is 12 probably the third or the fourth version of a three-13 year contract. It used to be a placeholder so that 14 then the Council could add money because back in the 15 dawn of time over a decade ago, our funding was 16 slashed and the Council and during the time when LifeNet was invented, and that's when the Council 17 18 began to fund us to pick up. 19 CO-CHAIRPERSON LEE: Okay, great. Thank 20 you. 21 COMMITTEE COUNSEL PEPE: Thank you very 2.2 much. 23 We'll now be moving on to Chris Norwood. Please wait for the Sergeant-at-Arms to call time 24 25 before you begin your testimony.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 300 1 2 SERGEANT-AT-ARMS: You may begin. 3 CHRIS NORWOOD: Thank you. I'm Chris 4 Norwood, Executive Director of Health People, a peerdelivered health education organization in the South 5 Bronx. Since we were here last year, some 60,000 new 6 7 people have been added to the almost 1 million in New 8 York already diagnosed with diabetes. At this time 9 last year, the City Council vowed it would finally face the diabetes epidemic and end the horrific 10 11 neglect that has enabled it to destroy so many lives, leaving people to the pain of unnecessary 12 13 amputations, dialysis ... FIODHNA O'GRADY: I just want to say 14 15 (INAUDIBLE) Kumarie. 16 COMMITTEE COUNSEL PEPE: Fiodhna O'Grady, 17 can you please mute yourself? 18 Chris, you can proceed with your testimony. We apologize. 19 CHRIS NORWOOD: Oh no, that's all right. 20 21 We don't know what happens in cyberspace as I always 2.2 say. Tragically, we're here a year later and 23 basically nothing has been done. No funding was allocated by either the City or the Council. Based on 24 the City's continuing failure to decrease blood sugar 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 301 1 2 levels, we will see, as we have seen in the past, some half of these newly diagnosed New Yorkers over 3 4 time will have vision loss and 4 percent will have outright blindness. We will see at least 2,500 every 5 year have disfiguring amputations, which are largely 6 7 preventable with proper care, and at least one-third 8 over time will develop chronic kidney disease, 9 chaining them to dialysis. All this is significantly preventable, but the New York City Council has yet to 10 11 show that it will prevent it for all these years, 25 years of this epidemic, overwhelming black and low-12 13 income neighborhoods, it has not insisted that the New York City Department of Health support the most 14 15 powerful prevention, which is well-evaluated peer 16 delivered self-care and preventive education, and the 17 Council, itself, in more than two decades of this 18 epidemic has never allocated any of its own funds 19 whatsoever to help well-known strategies that clearly 20 help people with diabetes avoid these terrible 21 conditions. We heard the Commissioner say this 2.2 morning that saturating diabetes overwhelmed 23 neighborhoods with this kind of effective education and it should be peer-delivered, I think everyone in 24 25 this room knows what peers do, is the most promising

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 302
2	strategy. That is what Health People and the Black
3	Leadership Commission on Health, both of which worked
4	unstintingly to produce the foundational document for
5	the City's Diabetes Plan, have begged and begged and
6	advocated for years and hopefully that is what the
7	Council will now finally support or we can just keep
8	doubling these numbers
9	SERGEANT-AT-ARMS: We thank you for your
10	testimony. Your time has expired.
11	CHRIS NORWOOD: Oh, thank you.
12	CO-CHAIRPERSON SCHULMAN: Finish your
13	thoughts, Chris. Go ahead.
14	CHRIS NORWOOD: Yeah, or we can just see
15	in the next year another third of people headed
16	toward dialysis, masses more headed toward avoidable
17	blindness. I would like to emphasize that blindness
18	is highly avoidable in diabetes if people are
19	educated early enough to bring down their blood
20	sugar. With kidney disease, people in the Diabetes
21	Self-Management Program, a six-session course, in the
22	next year, they have a 90 percent decrease in new
23	diagnoses of kidney disease, which means if they
24	don't have kidney disease, they will not end up on
25	

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 303 1 2 dialysis. All this we have allowed to go on for 25 3 years. 4 CO-CHAIRPERSON SCHULMAN: Thank you, Chris. I do want to say a couple of things. One is 5 that we've been in office for two years, those of us 6 7 who are here, and the other is that my legislation that was passed last year gives the Department of 8 9 Health up until April 1st, and they testified today that we're going to have it on April 1st. We want to 10 11 see what mechanisms they come up with, and then we 12 will look at it in terms of what appropriate funding 13 should go with it so I do want to say that. 14 COMMITTEE COUNSEL PEPE: Thank you very 15 much. 16 We will now be moving on to Meihua Yang. 17 Please wait for the Sergeant-at-Arms to call time 18 before you begin your testimony. 19 SERGEANT-AT-ARMS: You may begin. 20 MEIHUA YANG: Thank you, Chairs Schulman 21 and Members of the City Council for an opportunity to 2.2 testify today. My name is Meihua Yang. I'm the 23 Entitlement Benefit Specialist at Chinese American Planning Council. CPC is the largest Asian American 24 25 social service organization in the U.S., providing

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 304 1 vital resources to more than 80,000 people per year 2 3 through more than 50 programs and over 30 sites 4 across Manhattan, Brooklyn, and Queens. I'd like to share a story of one community member who I work with 5 was struggling to pay for prescription bill. He is 6 7 76, living in Flushing, suffering from side effects after receiving a booster, and he had to take three 8 types of brand name medication related to mental 9 health. Those tier 4 medicines are expensive. Even he 10 11 applied for EPIC and got approval. One medicine is not covered by (INAUDIBLE) and EPIC. He cannot afford 12 13 these medical bills. We discussed Medicaid and Medicaid Spenddown, which automatically enroll him to 14 15 extra health program. When he came to CPC office, I 16 helped him with Medicaid application, which was 17 conditionally approved one month later. He felt he 18 would be drowning in medical debt, and he shared that no one will have time to help him, sought everything 19 out, and work with him step by step like CPC did. In 20 21 New York City, AAPIs are the fastest growing racial 2.2 growth, and one in five AAPIs do not have access to 23 health insurance. Those numbers get much higher when you look at different racial and ethnic subgroups as 24 well as seniors. It is now more critical than ever 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 305 1 the Council restore and expand fundings Access Health 2 3 NYC at 4 million dollars and continue to support 4 community-based non-profit organizations that fill the gap and provide critical culturally competent and 5 language accessible health outreach and education 6 7 services. 8 SERGEANT-AT-ARMS: Your time has expired. 9 Thank you. COMMITTEE COUNSEL PEPE: Thank you very 10 11 much to this virtual panel. We'll be moving on to our next virtual 12 13 panel. We'll have Jason Cianciotto, Yuna Youn, Zarin 14 Yaqubie, Lisa Farmer, and Danny Lam, and I apologize 15 if I mispronounced any of your names. 16 We'll start with Jason. Please wait for 17 the Sergeant-at-Arms to call time before you begin 18 your testimony. 19 SERGEANT-AT-ARMS: You may begin. 20 JASON CIANCIOTTO: Thank you. Hello, Chair 21 Schulman and Chair Lee. It's good to see you all 2.2 again. At a time when democracy is under attack, I 23 really appreciate the time you've given to all of us constituents to testify today. I'm Jason Cianciotto, 24 the VP of Policy and External Affairs at GMHC, 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 306 1 2 founded in 1982 as Gay Men's Health Crisis, the world's first HIV and AIDS services organization. I'm 3 4 just going to want to touch on a couple of things that haven't been discussed already, and they really 5 center around our primary concern that death by a 6 7 thousand cuts to a budget can also mean not just an increase in HIV infections in our city but also 8 unnecessary deaths for those hardest hit by HIV and 9 AIDS. There's data to support what I'm referring to. 10 11 The data released by NYC DOHMH at the end of 2023 12 found only a 2 percent decrease in HIV infections 13 from 2021 and 2022 compared to an average of 7 to 8 percent for the years prior. Now we know that the 14 15 impact of the COVID-19 pandemic on testing, we may be 16 catching up with that as a city, but now is not the 17 time to play games with the city's HIV and AIDS 18 budget. I know we have your support in that, and so 19 what we're really looking for is at minimum flat 20 funding on City Council initiatives that impact 21 organizations, the ETE initiative, the Trans Equity 2.2 Initiative, HIV and AIDS Faith-Based Initiative, but 23 we're also really concerned about the PEG to DOHMH and how that will affect contracts, including the 24 PlaySure Network 2. 0, which provides PrEP services, 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 307 1 and one that would absolutely cut an entire program 2 3 of ours, our RISE Workforce Development Program. We 4 simply can't achieve our goals of ending the epidemic in the city if we're playing these budget games with 5 this funding. 6 7 SERGEANT-AT-ARMS: Your time is expired. Thank you. 8 9 JASON CIANCIOTTO: Thank you all very 10 much. 11 COMMITTEE COUNSEL PEPE: Thank you for 12 your testimony. 13 We will now be moving on to Yuna Youn. Please wait for the Sergeant-at-Arms to call time 14 15 before you begin your testimony. 16 SERGEANT-AT-ARMS: You may begin. 17 YUNA YOUN: Hi, everyone. Thank you, 18 Chair's, Committee, and Staff for this opportunity. My name is Yuna Youn, Director of the Mental Health 19 Clinic at Korean Community Services, the state-20 21 licensed clinic. As such, we have the same barriers 2.2 other clinics discussed. I'm here to highlight two 23 needs for funding. We need to decrease appointment wait times and augment service capacity as we are a 24 25 part of the continuum of care and provide a critical

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 308 1 linkage to hospitals and receive referrals from 2 3 schools, particularly with parents with limited language proficiency. There is a push and pull of 4 needing to secure funding and navigating insurance 5 reimbursements while providing quality services and 6 7 retaining staff with competitive salaries, 8 particularly for substance use and trauma in the AAPI 9 community. People with decision-making power have tremendous influence on our ability to do our work 10 11 and do it well. Our bilingual clinicians play a 12 critical role in intergenerational healing as well as 13 the many reasons our community suffers in silence. When this happens, it can develop trust in the 14 15 community for institutions that will make it more 16 likely for them to receive treatment to begin with. 17 Secondly, support is crucial for awareness and 18 support of our immigrant communities, communities of color, LGBTQ, and other marginalized communities that 19 20 face greater risk for mental health concerns. While 21 we need to address severe mental health illness, it 2.2 is also innovative programming that brings and heals 23 communities together and gives hope for the future and the next generation. Youth groups such as 24 25 students from Jamaica High School came once to KCS

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 309 1 for a grant-funded project called Kimbap Chronicles 2 3 where they learned how to make kimbap, and clinicians 4 facilitated a group discussion about identity, culture, and ultimately belonging and their mental 5 health. We've been trying to be strategic with grant 6 7 applications as much as involved. If we have more 8 teamwork, I'm hopeful there will be more culturally 9 and linguistically accessible care as well as accessible and appropriate care overall. Thank you so 10 11 much for listening. Please reach out if you have any 12 questions. 13 COMMITTEE COUNSEL PEPE: Thank you for 14 your testimony. 15 We will now move on to Zarin Yaqubie. 16 Please wait for the Sergeant-at-Arms to call time 17 before you begin your testimony. 18 SERGEANT-AT-ARMS: You may begin. 19 ZARIN YAQUBIE: Thank you. I would like to 20 begin by thanking Members of the Committee on Mental Health, Disabilities and Addiction and Committee 21 Chair Lee for holding this hearing and inviting 2.2 23 community-based organizations to testify. My name is Zarin Yaqubie, and I'm the Mental Health Program 24 Manager at the Arab American Family Support Center. 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 310 1 At the Arab American Family Support Center, otherwise 2 3 known as AAFFC, we have dedicated ourselves to 4 creating an inclusive haven for immigrants and refugees since 1994. We promote well-being, prevent 5 violence, and prepare families to learn, work, and 6 7 succeed. Our organization serves all those who are in need but, with over 30 years of experience, we have 8 9 gained cultural and linguistic competency, serving New York's growing Arab, Middle Eastern, North 10 11 African, Muslim, and South Asian communities. As a 12 culturally and linguistically competent traumainformed organization, AAFFC has expanded to offer 13 services at 13 service locations across each of the 14 15 five boroughs. Our staff speak 30 languages, enabling us to serve populations that mainstream providers 16 17 struggle to reach. As one of the only agencies 18 offering free mental health support in languages like Arabic, Dari, Bangla, Urdu, AAFFC is filling a 19 20 critical gap in services. Our clinicians provide 21 unique culturally and linguistically competent support and build trust with clients to foster mental 2.2 23 resiliency and long-term well-being. Over 2023, AAFFC provided long-term individual mental health 24 counseling to 206 clients over 4,716 sessions. Though 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 311 1 AAFC has doubled down on our mental health service 2 and outreach delivery, as community need continues to 3 4 escalate, our program waitlist grows in tandem. Currently, more than 100 community members await 5 services. Due to the limited linguistic and cultural 6 7 capacity of mainstream providers, our agency is often unable to refer clients elsewhere. AAFFC is grateful 8 9 to receive support from New York City Council and the Department of Health and Mental Hygiene for an array 10 11 of our public health programming, yet our mental health initiative has been disproportionately 12 13 underfunded by the City. The Arab American Family 14 Support Center respectfully requests. 15 SERGEANT-AT-ARMS: Your time has expired. 16 Thank you. 17 CO-CHAIRPERSON LEE: You can sum up. Go 18 ahead. 19 ZARIN YAQUBIE: Respectfully request 20 50,000 dollars to support our mental health 21 initiative, which would help to address an urgent gap 2.2 as community project funding secured by the U.S. 23 House Appropriations Committee draws a close this year. We hope we can count on City Council's 24 25 continued support to ensure that we can remain an

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 312 1 accessible resource for the immigrant and refugee 2 3 communities who have come to rely on us after 30 4 years of service. Thank you. 5 COMMITTEE COUNSEL PEPE: Thank you very much for your testimony. 6 7 We will now be moving on to Lisa Farmer. Please wait for the Sergeant-at-Arms to call time 8 9 before you begin your testimony. SERGEANT-AT-ARMS: You may begin. 10 11 LISA FARMER: Hi, my name is Lisa Farmer. I'm a member of the Lifelinks Clubhouse that's 12 13 located at Elmhurst Hospital. I've been in recovery after a partial hospitalization since 2019, and that 14 15 was after approximately seven to eight years of being 16 a shut-in, basically didn't leave the house at all so 17 when the I had the opportunity to attend the 18 Clubhouse, it made a significant difference for me 19 because I was able to act as a peer to other people 20 who were suffering similar problems to myself, 21 especially anxiety issues and dual diagnoses and PTSD, things like that. I don't think I need to 2.2 23 stress how important Clubhouses are because that point seems to have been made with the wonderful 24 25 funding that the City Council and the Mayor has

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL 313 HEALTH, DISABILITIES AND ADDICTION 1 allocated. I think the problem is the definition of a 2 3 Clubhouse because it seems that there seems to be a desire to consolidate all of the smaller Clubhouses 4 5 into some imaginary large unit that might theoretically be helpful, but the problem is that the 6 7 people that are attending the Clubhouses are people 8 that are suffering from severe mental health illnesses, and we rely on one another in a family-9 type environment in order to support each other, to 10 11 educate each other, to help each other register to vote or get their GED or learn about nutrition 12 13 classes or take a budget planning class, like how to 14 do your own budgeting and things like that, and it 15 just wouldn't work. Even if the minimum requirement is 300 people and a 30 percent attendance on a daily, 16 17 that's 90 people. For people like me, five people is 18 a crowd so like when there's 20 people here at the ... 19 SERGEANT-AT-ARMS: Your time has expired. 20 Thank you. 21 CO-CHAIRPERSON LEE: That's all right. Go 2.2 ahead. 23 LISA FARMER: So I just wanted to say that I think that's really important that if the Clubhouse 24 25 model is what you've relied on the data for the last

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 314 1 40 years to allocate this money, then I think it's 2 important to stress exactly what a Clubhouse is 3 4 because there's only one Clubhouse in all of New York City that would even meet that kind of attendance 5 requirement. Thank you. 6 7 CO-CHAIRPERSON LEE: Thank you. COMMITTEE COUNSEL PEPE: Thank you very 8 9 much for your testimony. We will now move on to Danny Lam. Please 10 11 wait for the Sergeant-at-Arms to call time before you 12 begin your testimony. 13 SERGEANT-AT-ARMS: You may begin. 14 DANNY LAM: Chairs Lee and Schulman, I'm 15 here today to ask that you prioritize New York Edge's FY25 citywide funding request. We are seeking 1.2 16 17 million under the City Council's Afterschool 18 Enrichment Initiative, an increase of 200,000 dollars 19 over last year. This will be our first increase in 16 20 years. We are also seeking, for the first time, 21 250,000 under the Council's Social Emotional Support 2.2 for Students Initiative. SEL is integrated into every 23 element of our programming. New York Edge is the largest provider of school-based afterschool and 24 summer programming in New York City, serving almost 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 1 315 30,000 students in over 100 schools and 37 of the 51 2 3 Council Districts throughout the five boroughs. Our 4 mission is to help bridge the opportunity gap among students in under-invested communities. Core 5 components of our programming include STEM education, 6 7 social emotional learning and leadership, visual and performing arts, sports, health and wellness, 8 9 academics, and college and career readiness and summer programs. We are, as identified by Mosaic by 10 11 ACT, the largest afterschool provider in the nation 12 offering SEL supports. We are also one of the city's 13 largest providers of college access programs. Council citywide funding has enabled us to enrich and expand 14 15 our school year and summer programs and has allowed 16 us to develop and implement new, unique, and engaging 17 programs such as our student-led podcast, Formative, 18 winner of the prestigious Anthem Community Voice Award in the education, art, and community category, 19 20 our book publishing program, our heart for art program, our partnership with the Van Gogh Museum in 21 2.2 Amsterdam, and our recently launched Read Across New 23 York Edge program. New York Edge, its students, and families are extremely grateful for the Council's 32 24 25 years of support. Together, we are guiding students

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 316
2	so that they grow up healthy, happy, and empowered.
3	Together, we are creating the next generation of
4	active and productive community members and problem
5	solvers. Together, we are creating New York City's
6	next generation of doctors, mechanics, chefs,
7	writers, engineers, entrepreneurs, and so much more.
8	The time has come, however, where increased funding
9	is vitally needed. Unlike contracts with DYCD and
10	other agencies, Council discretionary contracts
11	SERGEANT-AT-ARMS: Your time has expired.
12	Thank you.
13	CO-CHAIRPERSON SCHULMAN: Finish your
14	thought. Finish your thought. Go ahead.
15	DANNY LAM: City Council discretionary
16	contracts are not eligible for COLA increases. This
17	is making it increasingly difficult for New York Edge
18	to attract and maintain quality staff and to continue
19	to offer the wide array of programs that we are known
20	for. We are now looking to you to meet the needs of
21	the next generation of young people by supporting our
22	funding request. Thank you.
23	COMMITTEE COUNSEL PEPE: Thank you very
24	much to this virtual panel.
25	

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 317 1 We will now move on to our next virtual 2 3 panel. We will be hearing from Myra Batchelder, Julie 4 Lam, Anna Pakman, Paul Hennessey, and Evan Sachs. We'll start with Myra. Please wait for 5 the Sergeant-at-Arms to call time before you begin 6 7 your testimony. SERGEANT-AT-ARMS: You may begin. 8 9 MYRA BATCHELDER: Hi, thank you. My name is Myra Batchelder, and I lead COVID Advocacy 10 11 Initiative and COVID Advocacy New York. We are still in the midst of the COVID pandemic. We are still 12 13 losing around a thousand people in the U.S. every week to COVID. Millions and millions of people in the 14 15 U.S. are struggling with long COVID and other serious 16 health issues brought on by COVID, and the numbers 17 continue to increase daily. As New York City Council 18 discusses the budget, there are a number of things New York City should do regarding COVID prevention 19 20 and long COVID. I'm here today to highlight several. 21 First, New York City Council should provide funding 2.2 and pass Bill Int 0332 2024 that will provide free 23 masks, other PPE, and rapid tests to New Yorkers through the mail. Thank you, Council Member Narcisse, 24 25 for introducing this bill. At COVID Advocacy New

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 318 1 York, New Yorkers have already sent in over 3,557 2 3 letters to the New York City Council in support of 4 this bill. I urge the City Council to pass the bill and specify free high-quality masks will be provided, 5 including N95 and KN95 masks, which are more 6 7 effective than surgical masks against COVID. Everyone 8 should have access to the tools needed to protect 9 themselves and others from COVID. Many New Yorkers can't afford to purchase high-quality masks and 10 11 tests. In 2022, approximately 23 percent of New York City residents were unable to afford basic 12 necessities like housing and food. Your ability to 13 protect yourself and your family from getting COVID 14 15 and to know whether you have COVID should not depend 16 on your bank account. CDC's decision recently to end 17 the five-day COVID isolation guidance puts even more 18 people at risk. Masks and rapid tests should be 19 distributed through the mail so that everyone can access them, including those immune-compromised, at 20 21 higher risk for severe COVID, and avoiding indoor 2.2 public spaces. Federal government ended their free 23 mask and free rapid test program, NYC H and H ended free rapid test distribution, and New York City does 24 25 not have a free mask program for the public. People

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 319 1 2 need to have access to these tools. New York City 3 already provides free condoms and other health tools 4 and should provide free high-quality masks and rapid 5 tests as well. Free masks also help protect people from bad air quality, from wildfire smoke, and other 6 7 impacts. In addition, free high-quality N95 and KN95 masks and rapid tests should be provided ... 8 9 SERGEANT-AT-ARMS: Your time has expired. 10 Thank you. MYRA BATCHELDER: Public locations across 11 12 the city. Free COVID PCR tests should also continue 13 to be made available and, in addition, New York City Council must do everything it can to require masks 14 15 and other COVID prevention efforts in all healthcare 16 settings. No one should have to risk their life and 17 health to access healthcare. Thank you. CO-CHAIRPERSON SCHULMAN: I just want to 18 point out that I'm a co-Sponsor of the Mercedes 19 20 Narcisse bill. MYRA BATCHELDER: Thank you. Thank you 21 2.2 very much. 23 COMMITTEE COUNSEL PEPE: Thank you very much, Myra, for your testimony. 24 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 320 1 We will now move on to Julie Lam. Please 2 3 wait for the Sergeant-at-Arms to call time before you 4 begin your testimony. SERGEANT-AT-ARMS: You may begin. 5 JULIE LAM: Thank you, Chair Lee and New 6 7 York City Council for giving me a chance to testify. 8 We do not forget the lives COVID 19 has destroyed in 9 the past four years. I'm Julie Lam, founder of Last Together America, an advocacy group raising awareness 10 11 since 2020 to support people with weakened immune 12 systems, especially those suffering from long COVID. 13 The pandemic is not over. Cutting isolation 14 guidelines, discouraging testing is taking the 15 country backwards. SARS-CoV-2 is a chronic disease-16 causing virus that's rapidly mutating and spreading 17 globally. New York should pass the Bill 332 to 18 provide COVID-19 tests and N95 respirators. New 19 Yorkers need protection from infection, but they 20 cannot afford the tools. Vaccination and treatment 21 don't stop transmission. Pharmaceutical interventions 2.2 are not applicable to everyone due to their immune 23 systems and medical conditions. We need to promote the usage of non-pharmaceutical intervention to 24 ensure health equity. COVID is a serious threat to 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 321 1 2 the high-risk community which I am a part of. I'm 3 immunocompromised because of an autoimmune chronic 4 kidney disease. An infection had exacerbated my underlying condition. My condition prohibited me from 5 taking mRNA and protein-based vaccines. Many people 6 7 like me can't survive without mask protection. More than 1.1 million Americans have died due to COVID 19, 8 9 including nearly 84,000 New Yorkers. Nearly 70 million people have long COVID around the world. 10 11 COVID is a leading cause of death and severe sickness 12 in children. Children also get long COVID. People 13 suffering from debilitating conditions post COVID are not getting the care they need. I'm suffering from 14 15 two long COVID conditions, and there are no approved 16 treatments or cure. Let's be proactive. Clean air 17 prevents transmission. It's time to make buildings ventilation systems meet the FDA standards ... 18 SERGEANT-AT-ARMS: Your time is expired. 19 20 Thank you. 21 JULIE LAM: To reduce transmission of 2.2 airborne pathogens, especially in hospital, 23 transportation, and schools. New York funding the distribution of free respirators and COVID tests will 24 25 send a strong message to a population of over 8

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 322 1 2 million that we need to stay vigilant. Most 3 importantly, it will set an example for the rest of 4 the country to follow. Thank you very much. 5 CO-CHAIRPERSON SCHULMAN: Thank you. 6 COMMITTEE COUNSEL PEPE: Thank you very much. 7 8 We will now be moving on to Anna Pakman. 9 Please wait for the Sergeant-at-Arms to call time before you begin your testimony. 10 11 SERGEANT-AT-ARMS: You may begin. 12 COMMITTEE COUNSEL PEPE: Anna, are you on? 13 Okay, we'll be moving on to Paul Hennessy. Please wait for the Sergeant-at-Arms to 14 15 call time before you begin your testimony. 16 SERGEANT-AT-ARMS: You may begin. 17 PAUL HENNESSY: Can you hear me? 18 COMMITTEE COUNSEL PEPE: Yes, you may 19 proceed. 20 PAUL HENNESSY: Hi, I'm calling to support 21 Int 0332. New York needs a free rapid tests and N95 2.2 to prevent against COVID, flu, RSV, measles, TB, and 23 pollution. I find it ironic that the Council is considering funding so many health initiatives 24 without including more protections for COVID, which 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 323 1 2 leads to long-term issues in the cardiovascular, 3 cognitive, nervous systems as well as 4 lymphocytopenia. We must address the root cause of 5 the rise in health issues. Furthermore, we need cleaner air laws and buildings, especially medical 6 7 settings, schools, public spaces, homeless shelters, restaurants, and on buses and trains. BART trains in 8 9 San Francisco upgraded their air filters to MIRV 14 with air changes every 70 seconds. They're also 10 11 attempting UVC lighting. I thought New York was supposed to be better than San Francisco. The MTA's 12 13 abysmal air filters are only MIRV 7, which are barely 14 enough to filter rocks and do very little to clean 15 the air of viruses and pollution. I also find it 16 despicable that the city is making more restrictions 17 to outdoor dining, which provided a safer option for 18 dining and made city blocks more vibrant. Passing Int 19 0332 is important, but you also need to find ways to 20 reduce the spread and prepare for future airborne 21 pandemics. Measles and tuberculosis are on the rise because of all the immune systems damaged by COVID, 2.2 23 so we need to invest in clean air technology yesterday. I also ask that the City Council condemn 24 the CDC's decision to reduce the COVID isolation 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 324 1 policy to one day, which is not based in any science, 2 as COVID is contagious for over 10 days. This 3 4 deplorable policy will result in more infections, disability, and deaths. Thank you. 5 COMMITTEE COUNSEL PEPE: Thank you very 6 much. 7 8 At this time, we will go to Evan Sachs. 9 Please wait for the Sergeant-at-Arms to call time before you begin your testimony. 10 11 SERGEANT-AT-ARMS: You may begin. 12 EVAN SACHS: My name is Evan Sachs, he, 13 him, (INAUDIBLE) and I am here supporting the passage and funding of Int 0332 2024 on behalf of vulnerable 14 15 people like myself and many of my loved ones to 16 provide free high-quality masks and rapid tests to 17 two New Yorkers. Despite an abundance of wishful 18 thinking and post-pandemic language, the pandemic is 19 not behind us. It is still raging (INAUDIBLE) 20 thousands of people, even with the current 21 underreported data since the federal government has 2.2 stopped funding a lot of tracking. We have seen a 23 Groundhog Day-esque cycle of governments dropping their guard as soon as things get even slightly 24 25 better, which in turn contributes to things getting

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 325 1 2 worse again. If we want to meet the Mayor's goal of increasing lifespan, we need to stop this vicious 3 loop as soon as possible, and that starts with 4 5 stopping denying the pandemic that is demonstrably ongoing. A nonsentient virus doesn't care what we 6 7 wish for, and it's still out there causing a 8 pandemic. Thank you so much. 9 COMMITTEE COUNSEL PEPE: Thank you very 10 much. 11 At this time, we are going to go to Anna 12 Pakman again. Please wait for the Sergeant-at-Arms to 13 call time before you begin your testimony. 14 SERGEANT-AT-ARMS: You may begin. 15 ANNA PAKMAN: All right. Thank you. Can 16 everyone hear me? 17 COMMITTEE COUNSEL PEPE: Yes. 18 ANNA PAKMAN: Thank you so much for the 19 opportunity to testify. I work in digital. Sorry. I 20 don't know why my Zoom is not working properly, and I 21 have to say I'm a Columbia grad in case that matters, 2.2 it seems to today, and I happen to be a lifelong 23 disabled New Yorker, and my disability puts me at high risk for COVID. I've had both the great 24 privilege and sacrifice, actually, to be able to 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 326 1 2 purchase an N95 mask, HEPA filters, nasal sprays, all 3 of these things that we can use to keep ourselves 4 safer because we're not on an island, but we'll never 5 be totally safe until everyone is, and I have spent 1,000 dollars on all this stuff in the past year, 6 7 which I'm very lucky to be able to afford. A lot of people in the city, a lot of people who use these 8 services that have been promoted and talked about 9 today can't afford these things. The average New 10 11 Yorker cannot afford these things (INAUDIBLE) the 12 high cost of living. I really appreciate Council 13 Member Narcisse and Schulman and all of the others who are co-sponsoring the bill to make high-quality 14 15 masks, N95 and KN95 masks, and tests available to all New Yorkers because for me to not be isolated, for my 16 17 mental health, I need other people to test to be able 18 to socialize with them and, if that's going to cost them money to do, if that's going to cost me more 19 money to do, that is a cost to my ability to be able 20 21 to be out and to participate in more things. In 2.2 addition, at least the City hospitals should have 23 mask requirements all the time. COVID is not a seasonal virus unless you consider it seasonal being 24 25 every single season. In that case, yes, it is true.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL 327 HEALTH, DISABILITIES AND ADDICTION 1 It is seasonal. It's incredibly important for people 2 3 like myself and people who don't even know that 4 they're disabled yet because COVID has disabled so many people through long COVID to be able to access 5 critical health care at any time of the year. 6 7 SERGEANT-AT-ARMS: Your time is expired. Thank you. 8 9 CO-CHAIRPERSON SCHULMAN: Just wrap up. 10 Just wrap up. Go ahead. 11 ANNA PAKMAN: Thank you so much. Yeah. And 12 I will say also, I don't know if you've actually read 13 the actual CDC long COVID Pulse survey numbers. I have, I crunched them. Again, I have a degree from 14 15 Columbia (INAUDIBLE) I'm able to do that, and 50 percent of disabled people who have long COVID have 16 17 severe life activity limitations. That's a 472 18 percent higher rate than non-disabled people so you 19 guys really need to center the most vulnerable New 20 Yorkers who need your help when you're making these 21 decisions. Thank you. 2.2 COMMITTEE COUNSEL PEPE: Thank you very 23 much to this virtual panel. We will now be moving on to the next 24 virtual panel. We'll be hearing from Jennifer Pozner, 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 328 1 2 Amanda Granger, Joy Cambe, Gita Arbor (phonetic), and 3 Sylvia Pizarro. We will start with Jennifer. Please wait 4 for the Sergeant-at-Arms to call time before you 5 begin your testimony. 6 7 SERGEANT-AT-ARMS: You may begin. JENNIFER POZNER: Hi, my name is Jennifer 8 9 Pozner. I'm a journalist, I'm a media critic, and I'm also somebody who is still taking very active covid 10 11 precautions. My husband has an immune condition and may be immunocompromised. We've basically constricted 12 13 our entire lives the last four years to keep him safe 14 and to keep me safe. I have asthma and some other 15 chronic issues, but we are lucky that we have the financial resources to be able to afford quality N95 16 masks and air filters, HEPA, and rapid tests and PCRs 17 18 when we need them. Many New Yorkers don't have that 19 option, and so I'm encouraging you to support and 20 fully robustly fund the bill 0332 2024 as well as I'd 21 like to just say A-plus to Anna and Paul Hennessey and Myra Batchelder and the comments that we saw on 2.2 23 the last panel. It is not a miracle that I have not gotten COVID. It is the fact that I've worn masks 100 24 percent of the time in every indoor setting since the 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 329 1 2 pandemic started. I'm an extrovert. My life has 3 become so challenging. My mental health has suffered 4 because COVID is still a thing and I'm cut out from a lot of social situations because nobody is masking 5 anymore, and a lot of that has to do with people 6 7 can't afford it. The other thing is, I have 8 personally reduced my access to healthcare because 9 healthcare practitioners are not wearing masks so I'm not seeing the dentist, I'm not getting mammograms, 10 11 I'm not getting my annuals unless I time it for very 12 specific times when the numbers are low, but now we're not tracking so I don't even know when the 13 14 numbers are low other than wastewater. It's not a 15 miracle. I don't have a gene that prevents me from 16 getting COVID. 17 SERGEANT-AT-ARMS: Your time has expired. 18 Thank you. 19 CO-CHAIRPERSON LEE: No, that's okay. Just 20 wrap up. Go ahead. 21 JENNIFER POZNER: Wrap up to say there's this narrative, and I'm a media critic so I'm 2.2 23 professionally trained to debunk these kinds of narratives, there is this narrative that people who 24 don't have COVID must have some sort of gene or 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 330 1 2 predisposition or miracle cure. No, we just take 3 really strong precautions, and I would like the City Council to make it possible for the rest of New York 4 to take those same precautions. Thank you. 5 6 COMMITTEE COUNSEL PEPE: Thank you very 7 much for your testimony. 8 We will now move on to Amanda Granger. 9 Please wait for the Sergeant-at-Arms to call time before you begin your testimony. 10 11 SERGEANT-AT-ARMS: You may begin. 12 AMANDA GRANGER: Thank you. Good 13 afternoon, Chairs Schulman and Lee and members of the 14 Committees on Health and Mental Health, Disabilities 15 and Addiction. My name is Amanda Granger. I'm the 16 Senior Director of Communications at CASES, one of 17 the leading providers of alternatives to 18 incarceration in New York City, serving almost 10,000 New Yorkers every year. CASES Nathaniel Clinic is the 19 20 only outpatient behavioral health clinic in Manhattan 21 and the Bronx specifically designed to support people with criminal legal system involvement. In 2023, the 2.2 23 clinic served over 1,200 people, 18 percent were homeless at clinic admission, 70 percent had a 24 serious mental illness, including nearly one in four 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 331 1 with the schizophrenia diagnosis. I'd like to share a 2 3 story of one of our patients. Her name, not her real 4 name, is Marsha. She's a black woman in her sixties who was referred to Nathaniel Clinic by Manhattan 5 Justice Opportunities. In 2021, she was arrested on a 6 7 misdemeanor assault after an altercation with her 8 only daughter. Marsha had symptoms of major depression. She said she felt scared in her own home 9 because of a conflict with her upstairs neighbors. 10 11 She would cry constantly and have difficulty 12 focusing, and she struggled to connect with family 13 colleagues and friends. Over the past two years, 14 Marsha's psychotherapy treatment has focused on 15 developing coping skills to manage her stressors. 16 She's learned new habits, behaviors, and strategies 17 to improve her mental well-being. She restored her 18 relationship with her daughter, and her fear and 19 anxiety have slowly eased. She's now planning for her 20 retirement and hopes to find new housing in the same 21 Harlem neighborhood that she loves so dearly. The Nathaniel Clinic specialized services are making a 2.2 23 dramatic difference for New Yorkers like Marsha with behavioral health needs and criminal legal system 24 involvement. In 2022, among clients with 25

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 332
2	schizophrenia who access primary care services at the
3	clinic, 85 percent had reductions in ER visits and
4	hospital readmission. In a recent study, 90 percent
5	of people with a serious mental illness who were co-
6	enrolled in our Manhattan Supervised Release Program
7	and the Nathaniel Clinic successfully completed their
8	court requirements. That's compared to about 50
9	percent
10	SERGEANT-AT-ARMS: Your time has expired.
11	Thank you.
12	AMANDA GRANGER: Sorry?
13	SERGEANT-AT-ARMS: Your time has expired.
14	AMANDA GRANGER: Thank you.
15	CO-CHAIRPERSON SCHULMAN: You can wrap up.
16	Go ahead.
17	AMANDA GRANGER: All right. I just wanted
18	to say, sorry, so we just hope that you will fund I'm
19	sorry, the Court Involved Youth Mental Health
20	Initiative, Mental Health Services for Vulnerable
21	Populations Initiative, and the ATI Initiative. Thank
22	you.
23	CO-CHAIRPERSON LEE: Thank you. Especially
24	Court Involved Youth, we definitely need more of
25	those services so thank you.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 333 1 2 AMANDA GRANGER: Thank you. 3 COMMITTEE COUNSEL PEPE: Thank you very 4 much for your testimony. We will now move to Joy Cambe. Please 5 wait for the Sergeant-at-Arms to call time before you 6 7 begin your testimony. 8 SERGEANT-AT-ARMS: You may begin. 9 JOY CAMBE: Hi, my name is Joy Cambe, and I'm the Program Coordinator for Empire Liver 10 11 Foundation. My organization is part of the New York City Viral Hepatitis Initiative, which provides the 12 most innovative and effective hepatitis B, C 13 14 treatment, prevention, linkage to care, and health 15 education and trainings in this country. This year marks 10 years since the New York City Council 16 17 answered the public health need to address viral 18 hepatitis in New York City. We've submitted written 19 testimony, so I just want to highlight the potential 20 impact of the first-ever New York City Viral 21 Hepatitis Elimination Plan and how we could put New York City on the map as one of the first countries to 2.2 23 eliminate viral hepatitis using the existing framework that you as the City Council have put in 24 place. During our educational briefing on a viral 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 334 1 2 hepatitis initiative two weeks ago, sponsored by Eric Bottcher, we showcased just how New York City has the 3 4 capacity to save New Yorkers from liver complications, premature death, and we also showcased 5 our share frustration that New York City hasn't 6 really jumped on the opportunity to make us the first 7 8 city to eliminate viral hepatitis. It is our own 9 Chair, Lynn Schulman, who acknowledged just how important the services that close these gaps in our 10 11 existing healthcare system in New York City are so 12 important, and it meant so much to all of our hard-13 working partners and the community to just show that level of commitment. With that, I want to say that if 14 15 you don't know already, can you believe that it's 16 easier to cure someone from viral hepatitis, like 17 hepatitis C, than it is to control your blood 18 pressure? So it is my opinion that there is no reason 19 why we cannot put forth an initiative that has strong 20 evidence-based policies that are able to bring more 21 people to the point of cure, more people to the point 2.2 of being protected from viral hepatitis, and so we're 23 ready to do this work. We need the funding to get there. So for this year, funding year 2025, we are in 24 need for a minimal investment of 4.24 million dollars 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 335 1 2 to support the necessary work we need to achieve 3 viral hepatitis elimination. Thank you very much. 4 CO-CHAIRPERSON LEE: Thank you very much. 5 COMMITTEE COUNSEL PEPE: Thank you very much for your testimony. 6 7 We will now move to Sylvia Pizarro. Please wait for the Sergeant-at-Arms to call time 8 9 before you begin your testimony. SERGEANT-AT-ARMS: You may begin. 10 11 SYLVIA PIZARRO: Hello, my name is Sylvia Pizarro, and I've been a member of the Lifelinks 12 13 Clubhouse for eight years. I've been in recovery for 14 33 years, and I just want to explain how the 15 clubhouse has helped me. I've developed relationships 16 with the staff who are very courteous, and it's 17 become like a home for me, and I've developed 18 friendships as well, but I think without the 19 clubhouse, I'd be lost. I wouldn't know where to go, 20 what to do, who to turn to so I just want to say that 21 I'm grateful when I have a mental health condition, 2.2 that I'm in a safe place to go. Thank you very much 23 for your time. CO-CHAIRPERSON LEE: Thanks, Sylvia. Good 24 25 to see you again.

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL 336 HEALTH, DISABILITIES AND ADDICTION 1 2 SYLVIA PIZARRO: Good to see you. 3 COMMITTEE COUNSEL PEPE: Thank you very 4 much to this virtual panel. We will now be moving on to our next 5 virtual panel. We will be hearing from Lucky Tran, 6 7 Alina Neganova, Liliana Rasmussen, and Robyn Saldino. We will start with Lucky. Please wait for 8 9 the Sergeant-at-Arms to call time before you begin your testimony. 10 11 SERGEANT-AT-ARMS: You may begin. 12 DR. LUCKY TRAN: Good afternoon. My name 13 is Dr. Lucky Tran, and I am a scientist and public 14 health communicator who works at Columbia, and I'm 15 also a member of COVID Advocacy New York. I'm 16 testifying today to urge the City to continue funding 17 and implementing COVID prevention efforts. I'd like 18 to remind you all that we are still in a pandemic. 19 The WHO has been saying this, the winter COVID peak 20 was the second largest ever according to wastewater 21 data, and we're seeing high levels of death and 2.2 chronic illness caused by COVID. I'm very concerned 23 about COVID budgets being cut and that the City is acting like COVID is a problem that has already been 24 25 solved. COVID hasn't magically gone away. In reality,

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 337 1 2 what has happened is that COVID is now a long-term 3 public health problem. We need long-term sustainable 4 policies to continue mitigating the harm COVID is continuing to cause. Ignoring COVID will cost the 5 city dearly. COVID can cause long-term serious health 6 7 issues such as heart disease, neurological disease, chronic fatigue, diabetes, and more and continues to 8 9 affect many people. In fact, CDC data shows an alarming recent increase in long COVID cases due to 10 11 the winter surge. Researchers estimate that millions of Americans have been unable to work due to long 12 13 COVID, and economists estimate that long COVID will cost the U.S. economy 4 trillion dollars. Ignoring 14 15 COVID has serious impacts on New York City's health, 16 productivity, and economy and, as they say, an ounce 17 of prevention is worth a pound of cure. The City 18 should be providing funding to help all New Yorkers 19 access high-quality masks, tests, and other COVID 20 prevention tools for free in the long term. Many 21 people still want to protect themselves and their 2.2 communities, but they can't afford the tools needed 23 to do so. Access to COVID prevention tools is one of the most important health equity issues we face 24 25 today. Most government programs for masks and tests

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 338 1 have ended, and they weren't sufficient in the first 2 3 place. The City already spends money to provide 4 important health tools like free condoms, hygiene products, and harm-reduction items. This is a good 5 use of public money to address critical long-term 6 7 public health challenges. COVID is also a long-term 8 public health threat. The City should absolutely be 9 continuing to spend money on COVID prevention tools too. I'd also like to point out that masks are also 10 11 (INAUDIBLE) tools for another long-term public health 12 threat, which is climate change. On this, thank you 13 to Council Members Narcisse and Schulman and others for co-sponsoring bill Int 0332, which would provide 14 15 free masks, other PPE, and rapid testing to New 16 Yorkers through the mail. I urged the New York City 17 Council to pass the bill and specify that free high-18 quality masks such as N95s and KN95s be provided as 19 these are more effective than surgical masks against 20 COVID. New York City cannot afford to live in denial 21 about the long-term damage COVID is continuing to 2.2 cause. History has shown us the immorality, the harm, 23 the cost of ignoring transmissible diseases and ignoring the voices of the people who are most 24 impacted by them. I urge you today to choose to 25

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 339
2	listen and choose to make New York City a global
3	leader in public health during this critical and
4	historic time by funding COVID prevention tools for
5	the long term. Thank you for your time, everyone.
6	CO-CHAIRPERSON SCHULMAN: Thank you.
7	COMMITTEE COUNSEL PEPE: Thank you very
8	much for your testimony.
9	We will now move on to Alina Neganova.
10	Please wait for the Sergeant-at-Arms to call time
11	before you begin your testimony.
12	SERGEANT-AT-ARMS: You may begin.
13	ALINA NEGANOVA: Hi, my name is Alina
14	Neganova, and I'm a New York City nurse. I was
15	trained at Columbia, so shoutout. I wanted to first
16	thank the City Council Members Narcisse, Restler,
17	Won, Schulman, and Hanif for helping to sponsor the
18	bill Int 0332-2024. I wanted to encourage the Council
19	to fund and pass this bill. I also wanted to tell you
20	guys a little bit about my story and to tell you just
21	how this can affect one. I was a working New York
22	city nurse. I know that we're concerned about our
23	nursing shortages here, and I was happily working at
24	NYU and I got a COVID infection in December of 2022,
25	and I'm now disabled and unable to work. Allowing me

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 340
2	as well as other New Yorkers like me to have access
3	to high-quality masks as well as rapid tests allow me
4	to access the increased healthcare that I need, as
5	well as the very limited socialization that I am
6	still able to do. Since the rapid tests have stopped
7	being funded, I've been unable to see friends in the
8	ways that I had been due to the lack of funding for
9	the test. A thousand people are still dying of COVID
10	every week, and I think it's really important that we
11	continue to make sure that we fund this ongoing
12	public health crisis.
13	COMMITTEE COUNSEL PEPE: Thank you very
14	much for your testimony.
15	We are now going to go to Liliana
16	Rasmussen. Please wait for the Sergeant-at-Arms to
17	call time before you begin your testimony.
18	SERGEANT-AT-ARMS: You may begin.
19	LILIANA RASMUSSEN: Hi, my name is
20	Liliana, and I'm a resident of Brooklyn. I am
21	testifying today in support of Council Bill Int 0332-
22	2024 that will provide masks, other PPE, and COVID
23	rapid tests to New Yorkers through the mail. Data
24	shows us that each year that COVID-19 has not
25	disappeared. In fact, this year we had the second

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 341 1 highest peak of positive cases since this pandemic 2 3 began in 2020. COVID has been shown to cause a wide range of damage to our bodies, including immune 4 system damage, heart and lung damage, and cognitive 5 impairment. This makes providing free, easily 6 7 accessible, high-quality masks, meaning N95, KF94, 8 and KN95s to New Yorkers incredibly important to 9 individual and community health. Not only would this bill protect our bodies, communities, and economies 10 11 from the lasting impacts of COVID-19, free high-12 quality N95s and K95 masks also protect people from 13 bad air quality, from climate-related things as well 14 as just pollution, and we should be able to access 15 these free masks ahead of time. I urge the New York 16 City Council to not only provide funding for free 17 high-quality masks and COVID rapid tests, but to also 18 distribute them to community groups and at public locations across the city directly to the public. We 19 20 should all have access to the tools needed to protect 21 us and prevent further spread. Many of us also can't 2.2 afford to continue purchasing these masks for daily 23 wear, and studies also show that providing these masks increases the number of people who do wear 24 them, which decreases COVID-19 transmission. This 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 342 1 bill is especially crucial now as the federal 2 3 government ended their free mask and rapid test 4 distribution programs to the public. New York City 5 provides, as mentioned previously, a lot of free items such as condoms and health-related items so 6 7 masks, other PPE, and COVID-19 rapid tests should be 8 included as well. Finally, the New York City Council 9 needs to do what it can to require masks and other COVID prevention efforts in healthcare settings, 10 11 including the settings that New York City Council has 12 oversight of including New York City Health and 13 Hospitals. This point is of personal importance to me as well as I've lost a family member due to them 14 15 contracting an illness at a healthcare facility when 16 receiving care for an injury, and these masks and PPE 17 would also protect people from getting other airborne 18 illnesses, such as measles, which is currently on the 19 rise. Yeah, thank you so much and I appreciate 20 everyone who's been sponsoring this bill. It's very 21 important. Thank you. 2.2 COMMITTEE COUNSEL PEPE: Thank you very 23 much for your testimony. 24 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 343 1 2 We will now move to Robyn Saldino. Please 3 wait for the Sergeant-at-Arms to call time before you 4 begin your testimony. SERGEANT-AT-ARMS: You may begin. 5 ROBYN SALDINO: Hi, my name is Robyn 6 7 Saldino. I'm a long COVID patient and an advocate in 8 the long COVID and COVID-cautious communities, and I 9 work to connect people to free and low-cost COVID safe resources. I'm here to ask you to please fund 10 11 and pass this bill to provide resources via mail to 12 New York residents. The implications go far beyond 13 wearing a mask and taking a test, but I'll try to be brief. There have been more measles cases in the U.S. 14 15 in 2024 than all of 2023, 17 states and counting, and 16 it is only March 21st. New York is one of these 17 states. National surveillance programs noted an 18 increase in mycoplasma pneumonia in the U.S. 19 beginning fall 2023, 93 percent of samples were antibiotic resistant. Globally, whooping cough has 20 21 increased more than 250 percent last year. On January 2.2 2nd, Suffolk County warned of increased cases, 108 23 cases in 2023, which is more than double the number reported in 2022. TB cases were up more than 20 24 25 percent from 2022, nearly 500 active cases in October

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 344 1 2023. The City has temporarily closed one clinic and 2 3 other others are understaffed. Right now, 476 people 4 are being infected with SARS-CoV-2 every minute, and an average of 60 people are developing long COVID 5 every minute. There's clear evidence that higher 6 7 rates of community-acquired SARS-CoV-2 infections 8 lead to increased rates of hospital-acquired SARS-9 CoV-2 infections. There's also clear evidence that hospital-acquired SARS-CoV-2 infections carry a much 10 11 higher rate of morbidity. However, community masking 12 lowers community acquired SARS-CoV-2 infections, 13 which lowers hospital-acquired SARS-CoV-2 infections. If you want to extend life expectancy, fund this mail 14 15 program. Around the world, governments have 16 repeatedly slashed funding for rapid tests, masks, 17 and other PPE. At the behest of corporate giants, 18 public health guidance has been reduced over and over 19 and over again until we're left with nothing more 20 than wash your hands. As these budget cuts take 21 effect, we see highly contagious viruses, infections, 2.2 and diseases tear like wildfire through densely 23 populated public-transit-dependent metropolitan cities. We also see disproportionate rises and 24 hospitalizations and deaths among low-income black 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 345 1 and Latinx residents that have little to no access to 2 3 resources that higher-income white residents have 4 access to. These are the same communities that experience ongoing social inequality that more often 5 leads to long-term disability due to preventable 6 7 illness, medical debt, evictions, unsheltered 8 homelessness, and abuse at the hands of the criminal 9 justice system. We already know that people with long COVID are more likely to be female, non-binary, 10 11 transgender, divorced, widowed, separated, black, Latinx, to have a reported income under 35,000. 12 They're less likely to have a college degree and less 13 likely to have been hospitalized for SARS-2 due to a 14 15 lack of resources and available testing. Many of them 16 will die before ever receiving appropriate or 17 affordable access to timely, safe, equitable 18 healthcare or other needed services. This bill uniquely positions the New York City Council and the 19 20 Members of the Health Committee to make history by 21 continuing to provide simple, effective protection for New York City residents from a continuing 2.2 23 onslaught of contagions. It positions each of you to save lives, to keep hospitals from being overwhelmed, 24 to keep employees at work, and to keep children in 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 346 1 2 school. It positions you to help prevent some of the disability that will inevitably result if residents 3 4 do not have access to high-quality KN95 or N95 respirator masks. If residents do not have the 5 ability to test for COVID so they know when to access 6 7 treatment or when to take other measures, and it positions the Council and this Committee to help 8 9 protect the long-term economic future of the city by keeping residents healthy enough to work, to shop, to 10 11 dine, play, and enjoy the city the way it was meant 12 to be enjoyed. Funding this bill will be a minuscule 13 portion of the City's overall budget, but residents 14 who choose to utilize the service will gain access to 15 protection that would otherwise cost them hundreds or 16 thousands of dollars each year out of pocket. Those 17 dollars could be spent on utility bills, groceries, 18 or other services in the city. History will remember 19 the Health Committee for the decisions made today, 20 both for the lives that are saved and for the impact 21 on the economy. I don't need to remind anyone what 2.2 NYC looked like in the spring of 2020. It's 23 unacceptable to sit there and deny funding to a bill that could save even a single human life. It's 24 25 unacceptable to sit there and deny funding to a bill

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 347 1 2 that could have such a significant impact on the 3 economy of the city. 4 SERGEANT-AT-ARMS: Your time has expired. 5 Thank you. ROBYN SALDINO: And should the Council 6 7 choose to vote no to further deny the residents of 8 New York City these basic life-saving tools, we will 9 see that reflected in an increasing burden on the economy as more workers become disabled, become 10 11 unable to contribute financially to the city, or lose 12 their lives from preventable disease. You can choose 13 to prevent that or history will remember the 14 Committee for that too. Thank you. 15 COMMITTEE COUNSEL PEPE: Thank you very 16 much for your testimony. Thank you to this panel. 17 We are going to move to our last virtual 18 panel. We will hear from Elana Levin, Neil Corrado, 19 May Schotz, Kyron Banks, and Christina Boynes. 20 We will begin with Elana Levin. Please 21 wait for the Sergeant-at-Arms to call time before you 2.2 begin your testimony. 23 SERGEANT-AT-ARMS: You may begin. ELANA LEVIN: Hi. My name is Elana Levin. 24 25 Because I work from home, because I wear an N95 mask

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 348 1 everywhere, I didn't get COVID until December 2023 2 3 and, of course, I got long COVID because that's the 4 freaking way it is, isn't it? The thing is, in all of 5 my medical appointments I've gone to get help and treatment, I have had multiple doctors say to me, 6 7 wow, that N95 mask you have actually looks like it would fit and work a lot better than what I was 8 9 issued by work, and it's true. Your doctors in your public hospitals are using substandard equipment and 10 11 low-income New Yorkers who I see wearing masks in my neighborhood all the time, all wearing substandard 12 13 PPE, and people want PPE. We have had all-volunteer organizations, like Mask Blocks and COVID Advocacy 14 15 New York hand out masks to community members, and 16 people take them and they use them. A friend of mine 17 is a librarian, the library is out of free rapid 18 tests because the program isn't being funded anymore, 19 and so she's had to turn people away who went to the 20 library to get rapid tests. Council Member Narcisse's 21 bill is essential part of public health. The fact 2.2 that the city was getting rid of masks like 23 literally, and community organizers were buying them for pennies off the dime because we've been picking 24 25 up the work that should be done by public health

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 349 1 officials is really disturbing in a city like New 2 3 York so, as we are continually exposed to a disabling 4 illness that is taking a massive toll on the ability to work and function for all kinds of people 5 throughout the city, we need to make it safer for 6 7 people to be in public space, and you can do that by supporting access to masks and by requiring that 8 9 masks be used in healthcare settings. Like so many people with long COVID, I now have all these medical 10 11 needs and, if I try to pursue them, there's an easy 12 chance that I can get COVID again and, at that point, 13 I might become too sick to work, and I don't know what I'm going to do then, because I know lots of 14 15 people who have been disabled by COVID and they can't 16 get disability so you have us trapped in this vicious 17 public health crisis when there could be a necessary 18 intervention to both provide masks to healthcare workers that are quality material, to give free masks 19 and tests to anybody in the city who requests them, 20 21 and you need to be distributing these things in 2.2 advance. When we had the smoke crisis last summer, 23 you guys told people to go to the local fire station or subway, to get on the subway to get N95 masks, 24 25 which meant that people were expected to leave their

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 350 1 house in dangerous smoke to pick up masks. If you 2 3 sent masks to people at home, then we would all have 4 masks in hand in time to use them because the last 5 time you want people running around trying to get a mask is during a crisis so please act proactively to 6 get people masks at home and to make sure that you 7 have a wide variety of equipment because what fits my 8 9 face, I'm a member of Jewish Racial Economic Justice, what fits my face is not necessarily what's going to 10 11 fit the face of everybody else so people need to have choices... 12 13 SERGEANT-AT-ARMS: Your time has expired. 14 Thank you. ELANA LEVIN: And protective masks that 15 16 will fit them no matter what they look like and no 17 matter how much money they earn. Thank you very much. 18 CO-CHAIRPERSON SCHULMAN: Thank you. COMMITTEE COUNSEL PEPE: Thank you very 19 20 much for your testimony. 21 At this time, we are going to be taking a 2.2 three-minute break. We thank you for your patience 23 and we will be back in three minutes. Hello everyone. Thank you so much for 24 25 your patience. We are back.

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 351
2	We're going to resume with our virtual
3	panel. Neil Corrado, May Schotz, Kyron Banks,
4	Christina Boynes. We thank you again for your
5	patience.
6	We will first hear from Neil Corrado.
7	Please wait for the Sergeant-at-Arms to call time
8	before you begin your testimony.
9	SERGEANT-AT-ARMS: You may begin.
10	NEIL CORRADO: Good afternoon. My name is
11	Neil Corrado. I'm here on behalf of my son, Eric
12	Corrado, who unexpectedly passed away on January 22,
13	2024, to advocate for the small community-based
14	clubhouse at Elmhurst that was so important to him.
15	I'm here in lieu of Eric because I know that if he
16	were alive, he would be at your meeting in person to
17	give you the reasons why a smaller clubhouse was the
18	perfect fit for him. Eric, as a result of a fall, was
19	physically disabled. His spine had to be basically
20	reconstructed, and his shattered heel was
21	reconstructed twice. In addition, he had ongoing
22	nerve problems causing him constant pain. He lived
23	alone in Queens and, also, he was diagnosed with
24	schizoaffective disorder when he was 28, and he told
25	me his life ended at 28 for all intents and purposes.
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COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 352 1 It was hard. He lived alone in Queens and, after his 2 3 fall and his numerous stints in rehabilitation 4 facilities, he decided that the stays in the hospitals and rehab facilities combined with his 5 isolation during COVID was hard on his mental state 6 7 and that it would be beneficial to find a support group to help him regain his socialization skills and 8 9 to deal with the paranoia, which prevented Eric from making meaningful friendships. While he was at 10 11 Elmhurst Hospital, his therapist mentioned the 12 clubhouse program, which we had never heard of, so my 13 wife, Eric, and I researched the program, and Eric 14 agreed to give it a try. It was a good choice for my 15 son. His main concern was that his paranoia caused 16 him to be uncomfortable in new situations, as we've 17 heard other people testify for themselves, and in 18 large groups of people. The small clubhouse seemed 19 manageable. He applied, interviewed, was accepted, 20 and began his journey with Lifelinks. Prior to the manifestation of his schizoaffective disorder, Eric 21 2.2 was the youngest editor ever at the University of 23 West Virginia newspaper and, later, he was a reporter for a newspaper that served all of Gloucester County, 24 25 New Jersey, where we resided. He eventually could not

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 353 1 perform his duties due to his mental difficulties. He 2 3 decided to leave home and go to New York City, where 4 he got himself into the Abraham Residence and eventually to an apartment in Jackson Heights, but 5 the voices that were with him led him to a stay in 6 7 Elmhurst Psychiatric. The fact that he could no longer function as a journalist devastated Eric. The 8 9 staff at the Clubhouse knew of his past as a journalist and encouraged him to use his talent to 10 11 help with the Clubhouse newsletter. He agreed, a huge 12 step for Eric and, with their guidance, he began to 13 flourish and smile again. I live 100 miles away and 14 would visit him two to three times a month. Eric 15 would tell me how much he loved the small community 16 where he felt safe and basically valued. He loved his 17 staff and was waiting for his foot to heal so he 18 could return to the clubhouse on a more regular 19 basis. He said he felt safe there and there was a 20 place where the voices that plaqued him rarely 21 manifested. For the first time in years, Eric felt 2.2 that he finally had a feeling of community. The 23 location of the Elmhurst Clubhouse, once he recovered, would allow him to take the short subway 24 ride to the hospital, which he could tolerate both 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 354 1 2 physically and mentally. He now had a purpose. In 3 conclusion, Lifelinks was a lifeline for my son. It gave him a sense of belonging, inclusion and, most 4 5 importantly, community. As a social worker, Anna Torres said to me, the program allowed him to come 6 7 out of his shell and live again. It allowed him to realize that his life did not end at 28 and that he 8 still could make a contribution to society. I believe 9 that if it was a larger venue or located farther away 10 11 due to his difficulties, he would have passed on this 12 wonderful program. As people have said before here, 13 one size does not fit all, and I believe many people will miss out on this opportunity if their Clubhouse 14 15 is removed from their communities. Communities are 16 vital. I grew up in Cannon, New Jersey. I'm 74 years 17 old. My community helped shape who I am today. I 18 realize that many hard decisions have to be made by your Committee. Budget constraints are a reality that 19 force you to make these hard decisions but, if Eric 20 21 was here today, I know what he would say, please keep 2.2 Elmhurst open. Thank you very much for your time. 23 CO-CHAIRPERSON LEE: Hi, Neil. This is Linda. It's so great to see your face as opposed to 24 25 just hearing your voice from yesterday, and ...

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 355 1 2 NEIL CORRADO: I'm making an effort to 3 keep it together today. 4 CO-CHAIRPERSON LEE: Yes. No, I'm just 5 very, thank you so much for just sharing your story again. I know that Eric is living on through folks at 6 7 the Clubhouse, the people he touched, through you, 8 your family, and I just really wanted to thank you 9 for being such an advocate on his behalf, and we will try to do everything we can. Thank you. 10 11 NEIL CORRADO: Thank you, Chair Lee. Have 12 a great day. 13 CO-CHAIRPERSON LEE: You too. 14 COMMITTEE COUNSEL PEPE: Thank you, Chair. 15 Thank you, Neil. 16 We are now going to move on to May 17 Schotz. Please wait for the Sergeant-at-Arms to call 18 time before you begin your testimony. 19 SERGEANT-AT-ARMS: You may begin. 20 MAY SCHOTZ: Hi. My name is May. I'm a 21 resident of Brooklyn. I'm testifying to urge you all 2.2 to pass Int 0332 and, as others have said, robustly 23 fund this bill. Everyone should have access to the tools they need to protect themselves and their loved 24 ones from COVID, including high-quality masks, not 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 356 1 2 just surgical masks, but high-quality masks, COVID 3 tests, and cleaner air. As others have noted, the 4 risks associated with contracting COVID are higher 5 for people who are immunocompromised, disabled, or elderly, but the science is very clear that COVID 6 7 infections can be disastrous and disabling for even people who consider themselves to be healthy, not to 8 9 mention that the risk of long COVID and other serious complications, including cardiovascular disease, 10 11 heart attack, and stroke compound with each 12 subsequent infection. The ongoing COVID pandemic and 13 unchecked transmission is an issue that exacerbates other deep inequalities in New York. Think about who 14 15 has access to remote work when they feel sick or if 16 you know there's too much virus going around, who's 17 able to avoid public transit if they are worried 18 about contracting covid, who can afford to buy rapid tests, masks, air purifiers, and other COVID 19 prevention measures, or to go to the doctor if they 20 feel sick or know that if they go to the doctor and 21 2.2 get sick at the doctor, they can continue to get the 23 care they need. Providing free, high-quality masks and tests is the bare minimum. Like others have said, 24 25 it's vital to require masks in healthcare settings so

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 357 1 2 that people can seek care without further endangering 3 their health and those of their loved ones, to keep 4 the Governor from repealing paid COVID-19 sick leave for health workers, to pass laws that allow outdoor 5 dining to remain and to expand, and to continue to 6 7 educate the people of New York on the risks of COVID and the benefits of reducing transmission, including 8 wearing high-quality masks and the benefits of 9 protecting one another from this serious disease. 10 11 Thanks so much. 12 COMMITTEE COUNSEL PEPE: Thank you very 13 much for your testimony. 14 We will now move on to Kyron Banks. 15 Please wait for the Sergeant-at-Arms to call time 16 before you begin your testimony. 17 SERGEANT-AT-ARMS: You may begin. 18 KYRON BANKS: Good afternoon and thank you to Chairperson Schulman and Chairperson Lee and the 19 20 Members of the Committees. My name is Kyron Banks, and I'm the Manager of Policy and Advocacy at Callen-21 2.2 Lorde Community Health Center. Callen-Lorde is a 23 global leader in LGBTQ+ health, providing sensitive and quality care, servicing over 18,000 LGBTQ+ New 24 Yorkers in the surrounding region, regardless of 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 358 1 their ability to pay. But the planned FY25 cuts DOHMH 2 3 plans to reduce contracts and reduction in positions 4 in the disease prevention and treatment program area. One area that these productions will have a 5 significant impact on is sexual health. According to 6 7 the City's latest surveillance data, sexually 8 transmitted infections increased in New York City from 2021 to 2022. DOHMH attributes this rise to an 9 increase in access to testing and sexual health 10 11 services. However, it's important to note that when 12 we dive deeper into this demographic data, we see the 13 disparities and how disproportionately the increase 14 occurs in black and brown communities. We want to 15 highlight three budget priority areas that we believe 16 are critical in advancing health equity and improving 17 access to care for vulnerable communities. Callen-18 Lorde provides primary care and related services to 19 people who are engaged in sex work through our COIN 20 clinic, named after Cecilia Gentili, a fierce 21 advocate for transgender people and sex workers. The 2.2 support for persons involved in the sex trade plays a 23 critical role in promoting public health by offering access to healthcare, including HIV testing and 24

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COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 359 1 prevention services. We urge the Council to support 2 3 the continued funding level of the initiative. 4 Two, fully fund the ETE initiative. New 5 York City continues to make progress towards the goal of ending the epidemic by 2030 thanks to the 6 7 partnership and investment made by the City, but we 8 still have more work to do in ensuring that we 9 provide services and resources to communities most at risk. It provides critical resources such as HIV 10 11 testing, prevention services, treatment, and support 12 to those affected by HIV/AIDS. We urge the City 13 Council to support the continued funding of 9.3 14 million for the ETE initiative. 15 Third, we urge the Council to continue to support the Trans Equity Programs. Those programs 16 17 enable Callen-Lorde and other organizations to 18 allocate resources towards critical infrastructure, staffing, supporting the sustainability and expansion 19 20 of TGNB surgery navigation services. As one of the 21 largest TGNB healthcare providers in New York State, 2.2 Callen-Lorde has witnessed a surge in demand of 23 healthcare in recent years due to expanded access to medical care for TGNB New Yorkers. We urge the 24

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COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 360 1 Council to support the continued funding level of 3.2 2 3 million of the Trans Equity Program's initiative. 4 In conclusion, we urge the Council to continue supporting critical investments in health 5 and social services to improve access and advance 6 7 equity for all New Yorkers. Thank you. We'll be submitting written testimony for the record. 8 COMMITTEE COUNSEL PEPE: Thank you very 9 much for your testimony. 10 11 Finally, we will hear from Christina 12 Boynes. Please wait for the Sergeant-at-Arms to call 13 time before you begin your testimony. 14 SERGEANT-AT-ARMS: You may begin. 15 CHRISTINA BOYNES: Okay. Just unmuted. 16 Hello. My name is Christina Boynes. I am a 17 constituent in Althea Stevens' District, and I work 18 as a community health worker and patient navigator under the Viral Hepatitis Initiative at BronxCare 19 20 Health System in the Department of Family Medicine 21 for both hepatitis C and B. In this hospital system, we primarily work with patients in Districts 10 2.2 23 through 18 as well as throughout the five boroughs. As a patient navigator under this initiative, my 24 journey started at about the end of 2016, and I've 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 361 1 had the opportunity to touch well over 1,500 people 2 that have had or was tested for hepatitis B and 3 4 hepatitis C. In those cases, we try to make sure that everyone is taken care of. I would also like to say 5 thank you to City Council for the funding as well as 6 7 to Althea Stevens for sending additional funds. 8 hepatitis C and B services are even more important 9 now than they were. There is a cure for hepatitis C and vaccinations and treatment for hepatitis B. The 10 11 vaccination process now for hepatitis B is two doses, 12 which helps to make it so people who can't come back 13 to their clinics can actually finish their vaccines quicker. With the Viral Hepatitis funding, we are 14 15 able to get to the people who need education, 16 testing, and treatment for hepatitis B and C. We do 17 this while identifying barriers to care that may 18 prevent them from getting the help they need. With 19 additional funding, we could have more staff, which 20 means we'll be able to get much closer to eliminating 21 hepatitis C and preventing people from getting 2.2 hepatitis B as well as getting it controlled. As it 23 stands, New York is falling behind in the ending the epidemic for hepatitis, and that's not what we do. 24 This is a city of leaders and innovators for most 25

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL 362 HEALTH, DISABILITIES AND ADDICTION 1 2 things, and we are not meant to follow. I ask that we 3 do the right thing and ensure that health is treated as well and we put an end to hepatitis C and get rid 4 of hepatitis B through vaccination and treatment. 5 Please increase the funding so we can continue the 6 7 great work we do. I just wanted to add a personal note of for me, with hepatitis C and with hepatitis 8 B, I've noticed that the more people that we have 9 staffed, the better care we're able to give and, 10 11 unfortunately, I've seen two patients pass away that 12 could have been prevented if we had additional 13 staffing and, unfortunately, those people were closer than most other patients in our clinics, and I just 14 15 would like to see that we're able to get the people 16 the help that they need when we have the ability to. 17 Thank you. That's all. 18 COMMITTEE COUNSEL: Thank you so much, Christina. We will now call individuals who had 19

Christina. We will now call individuals who had
registered but were not present when initially
called, and we'll do this for the record, so bear
with me while I go through the list of names.
Katherine Laino, Ann Kasper, Anna Kril, Christine
Serdjenian, Mallika Lea, Siobhan Hunzilar, Michael
Petti, Patricia Loftman, Rachana Gurung, Robin Heier,

COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 363 1 2 Marcy Freedman, Carol Lawrence, Tiffany Diane, 3 Rebecca Urena, Jana Ababneh, Maeve Sherry, Eileen 4 Maher, Maria Giffen-Castro, Reed Floarea, Deborah 5 Kaplan, Jediael Shaphir, Lina Akkerman, Arash Diba, 6 Sara Putnam, Mickey G, Nicolette Fitzgibbon, Michelle 7 Chavez, Blair Blue, Gyda Arber, and Rikki Baker 8 Keusch. 9 If either of you are in person or on 10 Zoom, please raise your hand or come to the witness 11 table. 12 If there's anyone present in the room or 13 on Zoom that has not had the opportunity to testify 14 or did not call for the record, please raise your 15 hand. 16 Okay, seeing no one else, I'd like to 17 note that written testimony, which will be reviewed 18 in full by Committee Staff, may be submitted to the 19 record up to 72 hours after the close of this hearing 20 by emailing it to testimony@council.nyc.gov. 21 Chair Schulman and Chair Lee, we have 22 concluded public testimony for this hearing. 23 CO-CHAIRPERSON SCHULMAN: I want to thank 24 everyone who came to testify today. There was a lot 25 of testimony, and I know that testimony will be

1	COMMITTEE ON HEALTH JOINTLY WITH COMMITTEE ON MENTAL HEALTH, DISABILITIES AND ADDICTION 364
2	submitted, and we really appreciate it, and we're
3	going to pull it all together and, like I said,
4	healthcare is a human right and we need to make sure
5	that we have both physical and mental healthcare
6	resources for all New Yorkers. Thank you. Go ahead.
7	CO-CHAIRPERSON LEE: Sorry. I just want to
8	echo Chair Schulman's sentiments. No, no, it's fine.
9	Just say thank you, especially to all the Council
10	Staff. Thank you, guys, so much.
11	CO-CHAIRPERSON SCHULMAN: The Budget
12	hearing for March 21st for the Health and the Mental
13	Health, Disabilities and Addiction Committees is now
14	over. Thank you. [GAVEL]
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## CERTIFICATE

World Wide Dictation certifies that the foregoing transcript is a true and accurate record of the proceedings. We further certiFYthat there is no relation to any of the parties to this action by blood or marriage, and that there is interest in the outcome of this matter.



Date April 23, 2024